

Prova 34 Masc., 400m Livres Absolutos
02-04-2017 - 11:45 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	POR	Tampere (FIN)	21-07-2009
Rec Nac Jun17	3:57.15	Gustavo Manuel Santa	POR	Helsinki (FIN)	14-07-2010
Rec Nac Jun18	3:58.26	Ivo Emanuel Carneiro	POR	Linz (AUT)	12-07-2002
Rec Nac Sen	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009

CMPL 22 +: 3:48.15 / CMJ_Masc 15 - 18: 3:56.53 / CEJ_Masc 15 - 18: 4:01.28 / FOJE_Masc Juv: 4:08.52 / TAC Sen 50m: 4:12.44 - 25m: 4:04.81; Jun 50m: 4:18.12 - 25m: 4:10.67; Juv A 50m: 4:31.04 - 25m: 4:21.78; Juv B 50m: 4:31.14 - 25m: 4:26.49

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod	Exc	Clube	Tempo final	Pts
1.	Igor Araujo Mogne	96				Sporting	4:02.09	751
	50m: 27.09 27.09	150m: 1:27.48	30.46	250m: 2:28.98	30.71	350m: 3:31.50	31.19	
	100m: 57.02 29.93	200m: 1:58.27	30.79	300m: 3:00.31	31.33	400m: 4:02.09	30.59	
2.	Alexandre Valdagua Coutinho	97				Columbofila Cantanhedense	4:02.43	748
	50m: 27.46 27.46	150m: 1:27.87	30.50	250m: 2:29.37	30.52	350m: 3:32.15	31.56	
	100m: 57.37 29.91	200m: 1:58.85	30.98	300m: 3:00.59	31.22	400m: 4:02.43	30.28	
3.	Tiago Filipe Campos	99				Rio Maior	4:03.50	738
	50m: 27.49 27.49	150m: 1:27.59	30.98	250m: 2:30.31	31.81	350m: 3:33.57	31.79	
	100m: 56.61 29.12	200m: 1:58.50	30.91	300m: 3:01.78	31.47	400m: 4:03.50	29.93	
4.	Jose Paulo Lopes	00				Braga	4:03.90	734
	50m: 27.95 27.95	150m: 1:29.49	30.88	250m: 2:31.84	30.94	350m: 3:34.40	31.13	
	100m: 58.61 30.66	200m: 2:00.90	31.41	300m: 3:03.27	31.43	400m: 4:03.90	29.50	
5.	Joao Pedro Gil	97				Uniao Piedense	4:04.09	732
	50m: 27.92 27.92	150m: 1:28.80	30.84	250m: 2:30.82	31.04	350m: 3:33.85	31.57	
	100m: 57.96 30.04	200m: 1:59.78	30.98	300m: 3:02.28	31.46	400m: 4:04.09	30.24	
6.	Roberto Donald Gomes	00				Alges	4:04.20	731
	50m: 28.06 28.06	150m: 1:29.47	31.04	250m: 2:32.28	31.38	350m: 3:34.63	30.95	
	100m: 58.43 30.37	200m: 2:00.90	31.43	300m: 3:03.68	31.40	400m: 4:04.20	29.57	
7.	Jose Paula Carvalho	98				Uniao Piedense	4:05.20	722
	50m: 28.80 28.80	150m: 1:30.77	31.03	250m: 2:32.03	30.04	350m: 3:34.86	31.57	
	100m: 59.74 30.94	200m: 2:01.99	31.22	300m: 3:03.29	31.26	400m: 4:05.20	30.34	
8.	Tiago Cunha Costa	99				Sporting	4:05.22	722
	50m: 27.44 27.44	150m: 1:28.21	30.69	250m: 2:31.48	31.77	350m: 3:34.97	31.72	
	100m: 57.52 30.08	200m: 1:59.71	31.50	300m: 3:03.25	31.77	400m: 4:05.22	30.25	
9.	Mario Andre Bonanca	90				Sporting	4:05.83	717
	50m: 28.07 28.07	150m: 1:29.19	30.39	250m: 2:31.38	31.12	350m: 3:35.01	32.50	
	100m: 58.80 30.73	200m: 2:00.26	31.07	300m: 3:02.51	31.13	400m: 4:05.83	30.82	
10.	Guilherme Filipe Pina	98				Sporting	4:06.80	709
	50m: 28.53 28.53	150m: 1:29.69	30.79	250m: 2:31.01	30.80	350m: 3:36.92	35.32	
	100m: 58.90 30.37	200m: 2:00.21	30.52	300m: 3:01.60	30.59	400m: 4:06.80	29.88	
11.	Pedro Galvao Gouveia	99				Desportivo Nacional	4:07.78	700
	50m: 28.15 28.15	150m: 1:30.07	31.21	250m: 2:33.62	31.86	350m: 3:37.50	32.17	
	100m: 58.86 30.71	200m: 2:01.76	31.69	300m: 3:05.33	31.71	400m: 4:07.78	30.28	
12.	Francisco Xavier Goncalves	97				Nautico /Urgicentro-Sanfil	4:08.03	698
	50m: 28.12 28.12	150m: 1:30.34	31.44	250m: 2:33.14	31.25	350m: 3:36.63	31.92	
	100m: 58.90 30.78	200m: 2:01.89	31.55	300m: 3:04.71	31.57	400m: 4:08.03	31.40	

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Lugar	Nome do nadador	Ano	Classes	Cod	Exc	Clube	Tempo final	Pts
13.	Rafael Lourenco Gil	96				Benfica	4:08.70	692
	50m: 28.83 28.83	150m: 1:30.72	31.20	250m: 2:33.58	31.32	350m: 3:37.14	32.08	
	100m: 59.52 30.69	200m: 2:02.26	31.54	300m: 3:05.06	31.48	400m: 4:08.70	31.56	
14.	Guilherme Pereira Dias	97				Sporting	4:08.75	692
	50m: 28.54 28.54	150m: 1:30.44	31.14	250m: 2:33.47	31.66	350m: 3:37.32	32.35	
	100m: 59.30 30.76	200m: 2:01.81	31.37	300m: 3:04.97	31.50	400m: 4:08.75	31.43	
15.	Afonso Ribeiro Bate	98				Alges	4:09.38	687
	50m: 28.27 28.27	150m: 1:30.51	31.25	250m: 2:34.19	31.62	350m: 3:38.39	31.59	
	100m: 59.26 30.99	200m: 2:02.57	32.06	300m: 3:06.80	32.61	400m: 4:09.38	30.99	
16.	Duarte Miguel Jorge	01				Galitos / Bresimar	4:09.40	687
	50m: 28.50 28.50	150m: 1:30.76	31.57	250m: 2:34.22	31.85	350m: 3:37.92	31.60	
	100m: 59.19 30.69	200m: 2:02.37	31.61	300m: 3:06.32	32.10	400m: 4:09.40	31.48	
17.	Pedro Miguel Santos	01				Porto	4:10.57	677
	50m: 28.00 28.00	150m: 1:30.02	31.18	250m: 2:34.03	31.57	350m: 3:39.21	31.90	
	100m: 58.84 30.84	200m: 2:02.46	32.44	300m: 3:07.31	33.28	400m: 4:10.57	31.36	
18.	Andre Filipe Farinha	96				Benfica	4:10.79	675
	50m: 28.27 28.27	150m: 1:29.89	30.91	250m: 2:33.27	31.68	350m: 3:37.85	32.38	
	100m: 58.98 30.71	200m: 2:01.59	31.70	300m: 3:05.47	32.20	400m: 4:10.79	32.94	
19.	Miguel Ribeiro Bate	99				Alges	4:10.99	674
	50m: 28.67 28.67	150m: 1:32.01	31.89	250m: 2:35.69	31.81	350m: 3:40.16	32.34	
	100m: 1:00.12 31.45	200m: 2:03.88	31.87	300m: 3:07.82	32.13	400m: 4:10.99	30.83	
20.	Joao Carlos Santos	96				Uniao Piedense	4:11.16	672
	50m: 29.70 29.70	150m: 1:33.12	31.86	250m: 2:36.27	31.39	350m: 3:40.17	31.95	
	100m: 1:01.26 31.56	200m: 2:04.88	31.76	300m: 3:08.22	31.95	400m: 4:11.16	30.99	
21.	Diogo Coelho Jose	01				Columbofila Cantanhedense	4:11.48	670
	50m: 28.90 28.90	150m: 1:31.91	31.57	250m: 2:35.59	31.68	350m: 3:40.12	32.45	
	100m: 1:00.34 31.44	200m: 2:03.91	32.00	300m: 3:07.67	32.08	400m: 4:11.48	31.36	
22.	Andre Vilas Ruivo	00				Sporting	4:12.17	664
	50m: 27.55 27.55	150m: 1:28.82	31.31	250m: 2:33.02	32.51	350m: 3:38.95	33.15	
	100m: 57.51 29.96	200m: 2:00.51	31.69	300m: 3:05.80	32.78	400m: 4:12.17	33.22	
23.	Diogo Barbosa Nunes	00				Fluvial Portuense	4:12.83	659
	50m: 28.19 28.19	150m: 1:30.08	31.13	250m: 2:34.27	32.19	350m: 3:40.51	33.02	
	100m: 58.95 30.76	200m: 2:02.08	32.00	300m: 3:07.49	33.22	400m: 4:12.83	32.32	
24.	Diogo Manuel Marques	98				Columbofila Cantanhedense	4:13.07	657
	50m: 27.92 27.92	150m: 1:31.67	32.08	250m: 2:36.55	32.15	350m: 3:41.15	32.09	
	100m: 59.59 31.67	200m: 2:04.40	32.73	300m: 3:09.06	32.51	400m: 4:13.07	31.92	
25.	Sebastiao Mendes Gomes	00				Pimpoes/Cimai	4:13.33	655
	50m: 29.42 29.42	150m: 1:33.48	32.53	250m: 2:37.60	31.96	350m: 3:42.61	32.61	
	100m: 1:00.95 31.53	200m: 2:05.64	32.16	300m: 3:10.00	32.40	400m: 4:13.33	30.72	
26.	Filipe Miguel Santo	00				Benfica	4:13.34	655
	50m: 28.93 28.93	150m: 1:32.28	32.15	250m: 2:35.84	31.51	350m: 3:40.78	32.81	
	100m: 1:00.13 31.20	200m: 2:04.33	32.05	300m: 3:07.97	32.13	400m: 4:13.34	32.56	
27.	Lucas Pereira Bastos	00				Nautico /Urgicentro-Sanfil	4:13.50	654
	50m: 28.40 28.40	150m: 1:31.03	31.91	250m: 2:34.97	31.94	350m: 3:40.87	33.47	
	100m: 59.12 30.72	200m: 2:03.03	32.00	300m: 3:07.40	32.43	400m: 4:13.50	32.63	

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Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
28.	Diogo Leal Dantas	00			Sporting	4:14.22	648
	50m: 27.53 27.53	150m: 1:30.78	32.13	250m: 2:35.73	32.55	350m: 3:41.82	32.79
	100m: 58.65 31.12	200m: 2:03.18	32.40	300m: 3:09.03	33.30	400m: 4:14.22	32.40
29.	Diogo Santos Cardoso	01			Colegio Monte Maior	4:14.52	646
	50m: 29.64 29.64	150m: 1:34.43	32.71	250m: 2:39.81	32.82	350m: 3:44.02	32.06
	100m: 1:01.72 32.08	200m: 2:06.99	32.56	300m: 3:11.96	32.15	400m: 4:14.52	30.50
	Jose Pedro Fernandes	99			Braga	4:14.52	646
	50m: 27.97 27.97	150m: 1:30.72	31.50	250m: 2:35.01	31.89	350m: 3:40.89	32.72
	100m: 59.22 31.25	200m: 2:03.12	32.40	300m: 3:08.17	33.16	400m: 4:14.52	33.63
31.	Joao Daniel Machado	99			Uniao Piedense	4:14.53	646
	50m: 28.09 28.09	150m: 1:31.35	31.57	250m: 2:36.02	31.85	350m: 3:41.60	32.11
	100m: 59.78 31.69	200m: 2:04.17	32.82	300m: 3:09.49	33.47	400m: 4:14.53	32.93
32.	Antonio Fernando Pinto	99			Lousada SXXI	4:14.98	642
	50m: 28.48 28.48	150m: 1:32.65	32.51	250m: 2:37.22	32.39	350m: 3:43.00	33.11
	100m: 1:00.14 31.66	200m: 2:04.83	32.18	300m: 3:09.89	32.67	400m: 4:14.98	31.98
33.	Ruben Jose Morim	97			Vilacondense	4:16.01	635
	50m: 28.16 28.16	150m: 1:31.59	32.16	250m: 2:36.45	32.28	350m: 3:43.29	33.44
	100m: 59.43 31.27	200m: 2:04.17	32.58	300m: 3:09.85	33.40	400m: 4:16.01	32.72
34.	Rui Jorge Matias	99			Vilacondense	4:16.02	635
	50m: 29.13 29.13	150m: 1:32.98	31.98	250m: 2:38.13	32.59	350m: 3:44.48	32.94
	100m: 1:01.00 31.87	200m: 2:05.54	32.56	300m: 3:11.54	33.41	400m: 4:16.02	31.54
35.	Rui Miguel Pires	01			Nautico Marinha Grande	4:17.24	626
	50m: 29.50 29.50	150m: 1:34.61	32.72	250m: 2:40.59	33.29	350m: 3:46.59	32.86
	100m: 1:01.89 32.39	200m: 2:07.30	32.69	300m: 3:13.73	33.14	400m: 4:17.24	30.65
36.	David Matias Cristino	01			Uniao Piedense	4:17.27	625
	50m: 29.20 29.20	150m: 1:34.62	32.47	250m: 2:40.38	32.33	350m: 3:46.00	32.04
	100m: 1:02.15 32.95	200m: 2:08.05	33.43	300m: 3:13.96	33.58	400m: 4:17.27	31.27
37.	Sergio Filipe Travanca	00			Fluvial Portuense	4:17.37	625
	50m: 28.55 28.55	150m: 1:32.41	32.39	250m: 2:38.08	33.09	350m: 3:44.78	33.02
	100m: 1:00.02 31.47	200m: 2:04.99	32.58	300m: 3:11.76	33.68	400m: 4:17.37	32.59
38.	Bernardo Garcia Perloiro	00			Sporting	4:17.57	623
	50m: 29.33 29.33	150m: 1:33.34	32.08	250m: 2:38.97	32.78	350m: 3:45.15	33.02
	100m: 1:01.26 31.93	200m: 2:06.19	32.85	300m: 3:12.13	33.16	400m: 4:17.57	32.42
39.	Tiago Miguel Vilhena	01			Natacao de Faro	4:17.68	622
	50m: 28.84 28.84	150m: 1:31.55	31.66	250m: 2:35.77	32.21	350m: 3:43.94	34.25
	100m: 59.89 31.05	200m: 2:03.56	32.01	300m: 3:09.69	33.92	400m: 4:17.68	33.74
40.	Jose Henriques Luz	99			Torres Novas	4:18.60	616
	50m: 28.96 28.96	150m: 1:32.97	32.42	250m: 2:39.22	33.20	350m: 3:46.82	33.52
	100m: 1:00.55 31.59	200m: 2:06.02	33.05	300m: 3:13.30	34.08	400m: 4:18.60	31.78
41.	Joao Peixoto Pereira	01			Braga	4:19.02	613
	50m: 29.14 29.14	150m: 1:33.10	32.15	250m: 2:38.64	32.13	350m: 3:45.90	33.35
	100m: 1:00.95 31.81	200m: 2:06.51	33.41	300m: 3:12.55	33.91	400m: 4:19.02	33.12
42.	Pedro Maria Bessa	95			Nautico /Urgicentro-Sanfil	4:20.68	601
	50m: 27.70 27.70	150m: 1:31.58	32.25	250m: 2:38.04	33.16	350m: 3:46.46	34.03
	100m: 59.33 31.63	200m: 2:04.88	33.30	300m: 3:12.43	34.39	400m: 4:20.68	34.22

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Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
43.	Tiago Silva Soares	99			Porto	4:20.89	600
	50m: 26.82 26.82	150m: 1:31.49	32.89	250m: 2:38.18	33.24	350m: 3:47.56	34.69
	100m: 58.60 31.78	200m: 2:04.94	33.45	300m: 3:12.87	34.69	400m: 4:20.89	33.33
44.	Diogo Ramos Lebre	01			Sporting de Aveiro	4:21.80	593
	50m: 29.61 29.61	150m: 1:34.36	32.79	250m: 2:40.71	33.42	350m: 3:48.42	34.34
	100m: 1:01.57 31.96	200m: 2:07.29	32.93	300m: 3:14.08	33.37	400m: 4:21.80	33.38
45.	Nuno Correia Sousa	00			Fluvial Portuense	4:21.85	593
	50m: 29.80 29.80	150m: 1:34.90	32.93	250m: 2:41.73	33.73	350m: 3:49.54	34.04
	100m: 1:01.97 32.17	200m: 2:08.00	33.10	300m: 3:15.50	33.77	400m: 4:21.85	32.31
46.	Tomas Gomes Oliveira	99			Nautico Marinha Grande	4:21.98	592
	50m: 29.56 29.56	150m: 1:33.81	32.29	250m: 2:40.52	33.69	350m: 3:48.88	34.48
	100m: 1:01.52 31.96	200m: 2:06.83	33.02	300m: 3:14.40	33.88	400m: 4:21.98	33.10
47.	Tiago Andrade Machado	02			Sporting de Aveiro	4:22.39	589
	50m: 29.10 29.10	150m: 1:33.82	32.52	250m: 2:40.59	33.34	350m: 3:48.66	33.83
	100m: 1:01.30 32.20	200m: 2:07.25	33.43	300m: 3:14.83	34.24	400m: 4:22.39	33.73
48.	Ivan Emanuel Amorim	02			Fluvial Portuense	4:23.50	582
	50m: 30.10 30.10	150m: 1:37.44	34.39	250m: 2:45.66	34.16	350m: 3:53.42	33.65
	100m: 1:03.05 32.95	200m: 2:11.50	34.06	300m: 3:19.77	34.11	400m: 4:23.50	30.08
49.	Tiago Mendonca Freire	01			Leixoes	4:23.69	581
	50m: 29.60 29.60	150m: 1:35.61	32.81	250m: 2:43.29	33.48	350m: 3:51.24	33.08
	100m: 1:02.80 33.20	200m: 2:09.81	34.20	300m: 3:18.16	34.87	400m: 4:23.69	32.45
50.	Samson Silva Costa	02			Fluvial Portuense	4:23.78	580
	50m: 29.48 29.48	150m: 1:36.62	33.86	250m: 2:44.24	33.82	350m: 3:51.97	33.98
	100m: 1:02.76 33.28	200m: 2:10.42	33.80	300m: 3:17.99	33.75	400m: 4:23.78	31.81
51.	Nuno Filipe Rainho	01			Galitos / Bresimar	4:23.80	580
	50m: 29.25 29.25	150m: 1:35.47	33.79	250m: 2:43.91	33.99	350m: 3:52.68	34.00
	100m: 1:01.68 32.43	200m: 2:09.92	34.45	300m: 3:18.68	34.77	400m: 4:23.80	31.12
52.	Rafael Lino	99			Porto	4:23.98	579
	50m: 28.69 28.69	150m: 1:35.81	34.08	250m: 2:42.93	33.62	350m: 3:51.28	34.01
	100m: 1:01.73 33.04	200m: 2:09.31	33.50	300m: 3:17.27	34.34	400m: 4:23.98	32.70
53.	Bernardo Jorge Simoes	02			Torres Novas	4:24.07	578
	50m: 30.83 30.83	150m: 1:37.55	34.09	250m: 2:45.21	34.24	350m: 3:52.75	33.95
	100m: 1:03.46 32.63	200m: 2:10.97	33.42	300m: 3:18.80	33.59	400m: 4:24.07	31.32
54.	Tomas Antonio Silva	01			Naval do Funchal	4:24.53	575
	50m: 28.95 28.95	150m: 1:35.54	32.93	250m: 2:43.10	33.29	350m: 3:50.88	33.17
	100m: 1:02.61 33.66	200m: 2:09.81	34.27	300m: 3:17.71	34.61	400m: 4:24.53	33.65
55.	Joao Jose Calado	01			Torres Novas	4:24.85	573
	50m: 30.04 30.04	150m: 1:36.20	33.77	250m: 2:43.92	34.32	350m: 3:51.77	33.59
	100m: 1:02.43 32.39	200m: 2:09.60	33.40	300m: 3:18.18	34.26	400m: 4:24.85	33.08
56.	Tomas Penha Monteiro	02			Alges	4:25.05	572
	50m: 29.11 29.11	150m: 1:35.30	33.78	250m: 2:43.33	34.07	350m: 3:51.60	34.03
	100m: 1:01.52 32.41	200m: 2:09.26	33.96	300m: 3:17.57	34.24	400m: 4:25.05	33.45
57.	Paulo Andre Frota	02			Fundacao Beatriz Santos	4:25.76	567
	50m: 30.30 30.30	150m: 1:36.76	33.39	250m: 2:44.64	33.93	350m: 3:52.51	34.46
	100m: 1:03.37 33.07	200m: 2:10.71	33.95	300m: 3:18.05	33.41	400m: 4:25.76	33.25

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Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
58.	Eduardo Gomes Fernandes	02			Hoquei Mealhada/ CA	4:25.77	567
	50m: 28.80 28.80	150m: 1:36.18	34.55	250m: 2:45.29	34.72	350m: 3:54.67	34.99
	100m: 1:01.63 32.83	200m: 2:10.57	34.39	300m: 3:19.68	34.39	400m: 4:25.77	31.10
59.	Francisco Miguel Mendes	01			Nautico /Urgicentro-Sanfil	4:27.23	558
	50m: 29.02 29.02	150m: 1:35.93	34.09	250m: 2:44.19	34.25	350m: 3:53.89	35.08
	100m: 1:01.84 32.82	200m: 2:09.94	34.01	300m: 3:18.81	34.62	400m: 4:27.23	33.34
60.	Jose Maria Pereira	01			Sporting	4:27.56	556
	50m: 29.44 29.44	150m: 1:36.09	33.66	250m: 2:45.07	34.33	350m: 3:54.23	34.35
	100m: 1:02.43 32.99	200m: 2:10.74	34.65	300m: 3:19.88	34.81	400m: 4:27.56	33.33
61.	Andre Botelho Azevedo	02			Nucleo Sportinguista Terceira	4:27.61	556
	50m: 29.27 29.27	150m: 1:36.35	34.17	250m: 2:45.52	35.03	350m: 3:55.14	34.68
	100m: 1:02.18 32.91	200m: 2:10.49	34.14	300m: 3:20.46	34.94	400m: 4:27.61	32.47
62.	Vicente Oliveira Gomes	02			Sporting	4:27.66	555
	50m: 31.01 31.01	150m: 1:40.21	34.76	250m: 2:48.36	33.54	350m: 3:55.33	33.19
	100m: 1:05.45 34.44	200m: 2:14.82	34.61	300m: 3:22.14	33.78	400m: 4:27.66	32.33
63.	Goncalo Carvalho Ferrao	01			Naval Amorense	4:27.84	554
	50m: 29.75 29.75	150m: 1:36.47	33.80	250m: 2:45.23	34.68	350m: 3:54.89	34.73
	100m: 1:02.67 32.92	200m: 2:10.55	34.08	300m: 3:20.16	34.93	400m: 4:27.84	32.95
64.	Joao Ribeiro Sousa	01			Porto	4:27.88	554
	50m: 29.72 29.72	150m: 1:36.52	33.84	250m: 2:45.97	34.42	350m: 3:54.01	33.59
	100m: 1:02.68 32.96	200m: 2:11.55	35.03	300m: 3:20.42	34.45	400m: 4:27.88	33.87
65.	Jose Pedro Pelaio	01			Galitos / Bresimar	4:28.03	553
	50m: 30.14 30.14	150m: 1:37.53	33.57	250m: 2:46.36	34.27	350m: 3:55.25	33.92
	100m: 1:03.96 33.82	200m: 2:12.09	34.56	300m: 3:21.33	34.97	400m: 4:28.03	32.78
66.	Gino Santos Caetano	94	S10	A 9	Galitos / Bresimar	4:28.31	551
	50m: 30.35 30.35	150m: 1:35.68	33.43	250m: 2:44.18	34.41	350m: 3:54.17	35.04
	100m: 1:02.25 31.90	200m: 2:09.77	34.09	300m: 3:19.13	34.95	400m: 4:28.31	34.14
67.	Henrique Gomes Silva	02			Estamos Juntos	4:30.22	540
	50m: 29.52 29.52	150m: 1:36.47	34.40	250m: 2:46.01	35.16	350m: 3:57.81	36.20
	100m: 1:02.07 32.55	200m: 2:10.85	34.38	300m: 3:21.61	35.60	400m: 4:30.22	32.41
68.	Manuel Landeiro Alves	02			Naval Praia da Vitoria	4:30.24	540
	50m: 30.15 30.15	150m: 1:38.50	34.34	250m: 2:47.74	34.49	350m: 3:57.34	34.28
	100m: 1:04.16 34.01	200m: 2:13.25	34.75	300m: 3:23.06	35.32	400m: 4:30.24	32.90
69.	Jose Miguel Cunha	01			Condeixa Clube	4:31.07	535
	50m: 29.63 29.63	150m: 1:34.57	32.74	250m: 2:42.82	34.57	350m: 3:54.97	35.94
	100m: 1:01.83 32.20	200m: 2:08.25	33.68	300m: 3:19.03	36.21	400m: 4:31.07	36.10
70.	David Joao Tinoco	01			Columbifila Cantanhedense	4:31.23	534
	50m: 30.93 30.93	150m: 1:38.37	34.11	250m: 2:47.61	34.44	350m: 3:57.56	34.47
	100m: 1:04.26 33.33	200m: 2:13.17	34.80	300m: 3:23.09	35.48	400m: 4:31.23	33.67
71.	David Realista Grachat	87	S9	1,4	Gesloures	4:31.67	531
	50m: 30.92 30.92	150m: 1:38.27	34.11	250m: 2:47.34	34.59	350m: 3:57.74	35.23
	100m: 1:04.16 33.24	200m: 2:12.75	34.48	300m: 3:22.51	35.17	400m: 4:31.67	33.93
72.	Tomas Galvao Lourenco	02			Natacao Olhao	4:31.69	531
	50m: 29.71 29.71	150m: 1:38.46	34.53	250m: 2:49.00	34.85	350m: 3:58.44	33.80
	100m: 1:03.93 34.22	200m: 2:14.15	35.69	300m: 3:24.64	35.64	400m: 4:31.69	33.25

Prova 34, Masc., 400m Livres, Elimin, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
73.	Joao Leite Saraiva	01			Famalicao	4:32.59	526
	50m: 29.78 29.78	150m: 1:35.70	33.47	250m: 2:45.96	35.75	350m: 3:57.87	36.48
	100m: 1:02.23 32.45	200m: 2:10.21	34.51	300m: 3:21.39	35.43	400m: 4:32.59	34.72
74.	Edgar Filipe Santos	01			Uniao Piedense	4:33.48	521
	50m: 29.98 29.98	150m: 1:37.33	34.60	250m: 2:46.27	34.54	350m: 3:57.51	35.36
	100m: 1:02.73 32.75	200m: 2:11.73	34.40	300m: 3:22.15	35.88	400m: 4:33.48	35.97
75.	Henrique Martins Ferro	01			Naval do Funchal	4:33.52	520
	50m: 29.87 29.87	150m: 1:36.70	34.03	250m: 2:45.49	35.14	350m: 3:57.55	36.98
	100m: 1:02.67 32.80	200m: 2:10.35	33.65	300m: 3:20.57	35.08	400m: 4:33.52	35.97
76.	Diogo Alexandre Araujo	01			Estrelas S. Joao de Brito	4:33.94	518
	50m: 28.62 28.62	150m: 1:35.53	34.51	250m: 2:46.36	35.66	350m: 3:59.16	36.74
	100m: 1:01.02 32.40	200m: 2:10.70	35.17	300m: 3:22.42	36.06	400m: 4:33.94	34.78
77.	Edgar Casimiro Ribeiro	01			Alcobaca	4:35.51	509
	50m: 30.73 30.73	150m: 1:38.25	34.37	250m: 2:49.14	35.76	350m: 4:00.71	35.57
	100m: 1:03.88 33.15	200m: 2:13.38	35.13	300m: 3:25.14	36.00	400m: 4:35.51	34.80
78.	Diogo Franco Martins	01			20Km de Almeirim	4:38.45	493
	50m: 30.45 30.45	150m: 1:37.68	34.31	250m: 2:48.00	35.67	350m: 4:01.88	37.18
	100m: 1:03.37 32.92	200m: 2:12.33	34.65	300m: 3:24.70	36.70	400m: 4:38.45	36.57
79.	Ricardo Luis Leal	01			CLAC-Entroncamento	4:46.52	453
	50m: 29.86 29.86	150m: 1:38.87	35.66	250m: 2:53.59	37.69	350m: 4:09.24	37.97
	100m: 1:03.21 33.35	200m: 2:15.90	37.03	300m: 3:31.27	37.68	400m: 4:46.52	37.28
80.	Ivo Filipe Rocha	90	S6	A 12	Feira Viva	6:13.96	203
	50m: 42.86 42.86	150m: 2:15.23	47.25	250m: 3:50.61	47.97	350m: 5:26.44	48.23
	100m: 1:27.98 45.12	200m: 3:02.64	47.41	300m: 4:38.21	47.60	400m: 6:13.96	47.52
DNS	Joao Carvalho Diz	01			Nautico /Urgicentro-Sanfil		

Prova 34

Masc., 400m Livres

Juniores

02-04-2017 - 11:45

Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Rec Nac Jun17	3:57.15	Gustavo Manuel Santa	POR	Helsinki (FIN)	14-07-2010
Rec Nac Jun18	3:58.26	Ivo Emanuel Carneiro	POR	Linz (AUT)	12-07-2002

CMJ_Masc 15 - 18: 3:56.53 / CEJ_Masc 15 - 18: 4:01.28 / TAC 50m: 4:18.12 - 25m: 4:10.67

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Tiago Filipe Campos	99			Rio Maior	4:03.50	738
	50m: 27.49 27.49	150m: 1:27.59	30.98	250m: 2:30.31	31.81	350m: 3:33.57	31.79
	100m: 56.61 29.12	200m: 1:58.50	30.91	300m: 3:01.78	31.47	400m: 4:03.50	29.93
2.	Jose Paulo Lopes	00			Braga	4:03.90	734
	50m: 27.95 27.95	150m: 1:29.49	30.88	250m: 2:31.84	30.94	350m: 3:34.40	31.13
	100m: 58.61 30.66	200m: 2:00.90	31.41	300m: 3:03.27	31.43	400m: 4:03.90	29.50
3.	Roberto Donald Gomes	00			Alges	4:04.20	731
	50m: 28.06 28.06	150m: 1:29.47	31.04	250m: 2:32.28	31.38	350m: 3:34.63	30.95
	100m: 58.43 30.37	200m: 2:00.90	31.43	300m: 3:03.68	31.40	400m: 4:04.20	29.57
4.	Tiago Cunha Costa	99			Sporting	4:05.22	722
	50m: 27.44 27.44	150m: 1:28.21	30.69	250m: 2:31.48	31.77	350m: 3:34.97	31.72
	100m: 57.52 30.08	200m: 1:59.71	31.50	300m: 3:03.25	31.77	400m: 4:05.22	30.25

Prova 34, Masc., 400m Livres, Elimin, Juniores

Lugar	Nome do nadador	Ano	Classes	Cod	Exc	Clube	Tempo final	Pts
5.	Pedro Galvao Gouveia	99				Desportivo Nacional	4:07.78	700
	50m: 28.15 28.15	150m: 1:30.07	31.21	250m: 2:33.62	31.86	350m: 3:37.50	32.17	
	100m: 58.86 30.71	200m: 2:01.76	31.69	300m: 3:05.33	31.71	400m: 4:07.78	30.28	
6.	Miguel Ribeiro Bate	99				Alges	4:10.99	674
	50m: 28.67 28.67	150m: 1:32.01	31.89	250m: 2:35.69	31.81	350m: 3:40.16	32.34	
	100m: 1:00.12 31.45	200m: 2:03.88	31.87	300m: 3:07.82	32.13	400m: 4:10.99	30.83	
7.	Andre Vilas Ruivo	00				Sporting	4:12.17	664
	50m: 27.55 27.55	150m: 1:28.82	31.31	250m: 2:33.02	32.51	350m: 3:38.95	33.15	
	100m: 57.51 29.96	200m: 2:00.51	31.69	300m: 3:05.80	32.78	400m: 4:12.17	33.22	
8.	Diogo Barbosa Nunes	00				Fluvial Portuense	4:12.83	659
	50m: 28.19 28.19	150m: 1:30.08	31.13	250m: 2:34.27	32.19	350m: 3:40.51	33.02	
	100m: 58.95 30.76	200m: 2:02.08	32.00	300m: 3:07.49	33.22	400m: 4:12.83	32.32	
9.	Sebastiao Mendes Gomes	00				Pimpoes/Cimai	4:13.33	655
	50m: 29.42 29.42	150m: 1:33.48	32.53	250m: 2:37.60	31.96	350m: 3:42.61	32.61	
	100m: 1:00.95 31.53	200m: 2:05.64	32.16	300m: 3:10.00	32.40	400m: 4:13.33	30.72	
10.	Filipe Miguel Santo	00				Benfica	4:13.34	655
	50m: 28.93 28.93	150m: 1:32.28	32.15	250m: 2:35.84	31.51	350m: 3:40.78	32.81	
	100m: 1:00.13 31.20	200m: 2:04.33	32.05	300m: 3:07.97	32.13	400m: 4:13.34	32.56	
11.	Lucas Pereira Bastos	00				Nautico /Urgicentro-Sanfil	4:13.50	654
	50m: 28.40 28.40	150m: 1:31.03	31.91	250m: 2:34.97	31.94	350m: 3:40.87	33.47	
	100m: 59.12 30.72	200m: 2:03.03	32.00	300m: 3:07.40	32.43	400m: 4:13.50	32.63	
12.	Diogo Leal Dantas	00				Sporting	4:14.22	648
	50m: 27.53 27.53	150m: 1:30.78	32.13	250m: 2:35.73	32.55	350m: 3:41.82	32.79	
	100m: 58.65 31.12	200m: 2:03.18	32.40	300m: 3:09.03	33.30	400m: 4:14.22	32.40	
13.	Jose Pedro Fernandes	99				Braga	4:14.52	646
	50m: 27.97 27.97	150m: 1:30.72	31.50	250m: 2:35.01	31.89	350m: 3:40.89	32.72	
	100m: 59.22 31.25	200m: 2:03.12	32.40	300m: 3:08.17	33.16	400m: 4:14.52	33.63	
14.	Joao Daniel Machado	99				Uniao Piedense	4:14.53	646
	50m: 28.09 28.09	150m: 1:31.35	31.57	250m: 2:36.02	31.85	350m: 3:41.60	32.11	
	100m: 59.78 31.69	200m: 2:04.17	32.82	300m: 3:09.49	33.47	400m: 4:14.53	32.93	
15.	Antonio Fernando Pinto	99				Lousada SXXI	4:14.98	642
	50m: 28.48 28.48	150m: 1:32.65	32.51	250m: 2:37.22	32.39	350m: 3:43.00	33.11	
	100m: 1:00.14 31.66	200m: 2:04.83	32.18	300m: 3:09.89	32.67	400m: 4:14.98	31.98	
16.	Rui Jorge Matias	99				Vilacondense	4:16.02	635
	50m: 29.13 29.13	150m: 1:32.98	31.98	250m: 2:38.13	32.59	350m: 3:44.48	32.94	
	100m: 1:01.00 31.87	200m: 2:05.54	32.56	300m: 3:11.54	33.41	400m: 4:16.02	31.54	
17.	Sergio Filipe Travanca	00				Fluvial Portuense	4:17.37	625
	50m: 28.55 28.55	150m: 1:32.41	32.39	250m: 2:38.08	33.09	350m: 3:44.78	33.02	
	100m: 1:00.02 31.47	200m: 2:04.99	32.58	300m: 3:11.76	33.68	400m: 4:17.37	32.59	
18.	Bernardo Garcia Perloiro	00				Sporting	4:17.57	623
	50m: 29.33 29.33	150m: 1:33.34	32.08	250m: 2:38.97	32.78	350m: 3:45.15	33.02	
	100m: 1:01.26 31.93	200m: 2:06.19	32.85	300m: 3:12.13	33.16	400m: 4:17.57	32.42	
19.	Jose Henriques Luz	99				Torres Novas	4:18.60	616
	50m: 28.96 28.96	150m: 1:32.97	32.42	250m: 2:39.22	33.20	350m: 3:46.82	33.52	
	100m: 1:00.55 31.59	200m: 2:06.02	33.05	300m: 3:13.30	34.08	400m: 4:18.60	31.78	

Prova 34, Masc., 400m Livres, Elimin, Juniores

Lugar	Nome do nadador	Ano	Classes	Cod	Exc	Clube	Tempo final	Pts
20.	Tiago Silva Soares	99				Porto	4:20.89	600
	50m: 26.82 26.82	150m: 1:31.49	32.89	250m: 2:38.18	33.24	350m: 3:47.56	34.69	
	100m: 58.60 31.78	200m: 2:04.94	33.45	300m: 3:12.87	34.69	400m: 4:20.89	33.33	
21.	Nuno Correia Sousa	00				Fluvial Portuense	4:21.85	593
	50m: 29.80 29.80	150m: 1:34.90	32.93	250m: 2:41.73	33.73	350m: 3:49.54	34.04	
	100m: 1:01.97 32.17	200m: 2:08.00	33.10	300m: 3:15.50	33.77	400m: 4:21.85	32.31	
22.	Tomas Gomes Oliveira	99				Nautico Marinha Grande	4:21.98	592
	50m: 29.56 29.56	150m: 1:33.81	32.29	250m: 2:40.52	33.69	350m: 3:48.88	34.48	
	100m: 1:01.52 31.96	200m: 2:06.83	33.02	300m: 3:14.40	33.88	400m: 4:21.98	33.10	
23.	Rafael Lino	99				Porto	4:23.98	579
	50m: 28.69 28.69	150m: 1:35.81	34.08	250m: 2:42.93	33.62	350m: 3:51.28	34.01	
	100m: 1:01.73 33.04	200m: 2:09.31	33.50	300m: 3:17.27	34.34	400m: 4:23.98	32.70	

Prova 34 Masc., 400m Livres Juvenis A
02-04-2017 - 11:45 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	POR	Tampere (FIN)	21-07-2009

CMJ_Masc 15 - 18: 3:56.53 / CEJ_Masc 15 - 18: 4:01.28 / FOJE_Masc Juv: 4:08.52 / TAC 50m: 4:31.04 - 25m: 4:21.78

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod	Exc	Clube	Tempo final	Pts
1.	Duarte Miguel Jorge	01				Galitos / Bresimar	4:09.40	687
	50m: 28.50 28.50	150m: 1:30.76	31.57	250m: 2:34.22	31.85	350m: 3:37.92	31.60	
	100m: 59.19 30.69	200m: 2:02.37	31.61	300m: 3:06.32	32.10	400m: 4:09.40	31.48	
2.	Pedro Miguel Santos	01				Porto	4:10.57	677
	50m: 28.00 28.00	150m: 1:30.02	31.18	250m: 2:34.03	31.57	350m: 3:39.21	31.90	
	100m: 58.84 30.84	200m: 2:02.46	32.44	300m: 3:07.31	33.28	400m: 4:10.57	31.36	
3.	Diogo Coelho Jose	01				Columbofila Cantanhedense	4:11.48	670
	50m: 28.90 28.90	150m: 1:31.91	31.57	250m: 2:35.59	31.68	350m: 3:40.12	32.45	
	100m: 1:00.34 31.44	200m: 2:03.91	32.00	300m: 3:07.67	32.08	400m: 4:11.48	31.36	
4.	Diogo Santos Cardoso	01				Colegio Monte Maior	4:14.52	646
	50m: 29.64 29.64	150m: 1:34.43	32.71	250m: 2:39.81	32.82	350m: 3:44.02	32.06	
	100m: 1:01.72 32.08	200m: 2:06.99	32.56	300m: 3:11.96	32.15	400m: 4:14.52	30.50	
5.	Rui Miguel Pires	01				Nautico Marinha Grande	4:17.24	626
	50m: 29.50 29.50	150m: 1:34.61	32.72	250m: 2:40.59	33.29	350m: 3:46.59	32.86	
	100m: 1:01.89 32.39	200m: 2:07.30	32.69	300m: 3:13.73	33.14	400m: 4:17.24	30.65	
6.	David Matias Cristino	01				Uniao Piedense	4:17.27	625
	50m: 29.20 29.20	150m: 1:34.62	32.47	250m: 2:40.38	32.33	350m: 3:46.00	32.04	
	100m: 1:02.15 32.95	200m: 2:08.05	33.43	300m: 3:13.96	33.58	400m: 4:17.27	31.27	
7.	Tiago Miguel Vilhena	01				Natacao de Faro	4:17.68	622
	50m: 28.84 28.84	150m: 1:31.55	31.66	250m: 2:35.77	32.21	350m: 3:43.94	34.25	
	100m: 59.89 31.05	200m: 2:03.56	32.01	300m: 3:09.69	33.92	400m: 4:17.68	33.74	
8.	Joao Peixoto Pereira	01				Braga	4:19.02	613
	50m: 29.14 29.14	150m: 1:33.10	32.15	250m: 2:38.64	32.13	350m: 3:45.90	33.35	
	100m: 1:00.95 31.81	200m: 2:06.51	33.41	300m: 3:12.55	33.91	400m: 4:19.02	33.12	
9.	Diogo Ramos Lebre	01				Sporting de Aveiro	4:21.80	593
	50m: 29.61 29.61	150m: 1:34.36	32.79	250m: 2:40.71	33.42	350m: 3:48.42	34.34	
	100m: 1:01.57 31.96	200m: 2:07.29	32.93	300m: 3:14.08	33.37	400m: 4:21.80	33.38	

Prova 34, Masc., 400m Livres, Elimin, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Cod	Exc	Clube	Tempo final	Pts
10.	Tiago Mendonca Freire	01				Leixoes	4:23.69	581
	50m: 29.60 29.60	150m: 1:35.61	32.81	250m: 2:43.29	33.48	350m: 3:51.24	33.08	
	100m: 1:02.80 33.20	200m: 2:09.81	34.20	300m: 3:18.16	34.87	400m: 4:23.69	32.45	
11.	Nuno Filipe Rainho	01				Galitos / Bresimar	4:23.80	580
	50m: 29.25 29.25	150m: 1:35.47	33.79	250m: 2:43.91	33.99	350m: 3:52.68	34.00	
	100m: 1:01.68 32.43	200m: 2:09.92	34.45	300m: 3:18.68	34.77	400m: 4:23.80	31.12	
12.	Tomas Antonio Silva	01				Naval do Funchal	4:24.53	575
	50m: 28.95 28.95	150m: 1:35.54	32.93	250m: 2:43.10	33.29	350m: 3:50.88	33.17	
	100m: 1:02.61 33.66	200m: 2:09.81	34.27	300m: 3:17.71	34.61	400m: 4:24.53	33.65	
13.	Joao Jose Calado	01				Torres Novas	4:24.85	573
	50m: 30.04 30.04	150m: 1:36.20	33.77	250m: 2:43.92	34.32	350m: 3:51.77	33.59	
	100m: 1:02.43 32.39	200m: 2:09.60	33.40	300m: 3:18.18	34.26	400m: 4:24.85	33.08	
14.	Francisco Miguel Mendes	01				Nautico /Urgicentro-Sanfil	4:27.23	558
	50m: 29.02 29.02	150m: 1:35.93	34.09	250m: 2:44.19	34.25	350m: 3:53.89	35.08	
	100m: 1:01.84 32.82	200m: 2:09.94	34.01	300m: 3:18.81	34.62	400m: 4:27.23	33.34	
15.	Jose Maria Pereira	01				Sporting	4:27.56	556
	50m: 29.44 29.44	150m: 1:36.09	33.66	250m: 2:45.07	34.33	350m: 3:54.23	34.35	
	100m: 1:02.43 32.99	200m: 2:10.74	34.65	300m: 3:19.88	34.81	400m: 4:27.56	33.33	
16.	Goncalo Carvalho Ferrao	01				Naval Amorense	4:27.84	554
	50m: 29.75 29.75	150m: 1:36.47	33.80	250m: 2:45.23	34.68	350m: 3:54.89	34.73	
	100m: 1:02.67 32.92	200m: 2:10.55	34.08	300m: 3:20.16	34.93	400m: 4:27.84	32.95	
17.	Joao Ribeiro Sousa	01				Porto	4:27.88	554
	50m: 29.72 29.72	150m: 1:36.52	33.84	250m: 2:45.97	34.42	350m: 3:54.01	33.59	
	100m: 1:02.68 32.96	200m: 2:11.55	35.03	300m: 3:20.42	34.45	400m: 4:27.88	33.87	
18.	Jose Pedro Pelaio	01				Galitos / Bresimar	4:28.03	553
	50m: 30.14 30.14	150m: 1:37.53	33.57	250m: 2:46.36	34.27	350m: 3:55.25	33.92	
	100m: 1:03.96 33.82	200m: 2:12.09	34.56	300m: 3:21.33	34.97	400m: 4:28.03	32.78	
19.	Jose Miguel Cunha	01				Condeixa Clube	4:31.07	535
	50m: 29.63 29.63	150m: 1:34.57	32.74	250m: 2:42.82	34.57	350m: 3:54.97	35.94	
	100m: 1:01.83 32.20	200m: 2:08.25	33.68	300m: 3:19.03	36.21	400m: 4:31.07	36.10	
20.	David Joao Tinoco	01				Columbofila Cantanhedense	4:31.23	534
	50m: 30.93 30.93	150m: 1:38.37	34.11	250m: 2:47.61	34.44	350m: 3:57.56	34.47	
	100m: 1:04.26 33.33	200m: 2:13.17	34.80	300m: 3:23.09	35.48	400m: 4:31.23	33.67	
21.	Joao Leite Saraiva	01				Famalicao	4:32.59	526
	50m: 29.78 29.78	150m: 1:35.70	33.47	250m: 2:45.96	35.75	350m: 3:57.87	36.48	
	100m: 1:02.23 32.45	200m: 2:10.21	34.51	300m: 3:21.39	35.43	400m: 4:32.59	34.72	
22.	Edgar Filipe Santos	01				Uniao Piedense	4:33.48	521
	50m: 29.98 29.98	150m: 1:37.33	34.60	250m: 2:46.27	34.54	350m: 3:57.51	35.36	
	100m: 1:02.73 32.75	200m: 2:11.73	34.40	300m: 3:22.15	35.88	400m: 4:33.48	35.97	
23.	Henrique Martins Ferro	01				Naval do Funchal	4:33.52	520
	50m: 29.87 29.87	150m: 1:36.70	34.03	250m: 2:45.49	35.14	350m: 3:57.55	36.98	
	100m: 1:02.67 32.80	200m: 2:10.35	33.65	300m: 3:20.57	35.08	400m: 4:33.52	35.97	
24.	Diogo Alexandre Araujo	01				Estrelas S. Joao de Brito	4:33.94	518
	50m: 28.62 28.62	150m: 1:35.53	34.51	250m: 2:46.36	35.66	350m: 3:59.16	36.74	
	100m: 1:01.02 32.40	200m: 2:10.70	35.17	300m: 3:22.42	36.06	400m: 4:33.94	34.78	

Prova 34, Masc., 400m Livres, Elimin, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
25.	Edgar Casimiro Ribeiro	01			Alcobaca	4:35.51	509
	50m: 30.73 30.73	150m: 1:38.25	34.37	250m: 2:49.14	35.76	350m: 4:00.71	35.57
	100m: 1:03.88 33.15	200m: 2:13.38	35.13	300m: 3:25.14	36.00	400m: 4:35.51	34.80
26.	Diogo Franco Martins	01			20Km de Almeirim	4:38.45	493
	50m: 30.45 30.45	150m: 1:37.68	34.31	250m: 2:48.00	35.67	350m: 4:01.88	37.18
	100m: 1:03.37 32.92	200m: 2:12.33	34.65	300m: 3:24.70	36.70	400m: 4:38.45	36.57
27.	Ricardo Luis Leal	01			CLAC-Entroncamento	4:46.52	453
	50m: 29.86 29.86	150m: 1:38.87	35.66	250m: 2:53.59	37.69	350m: 4:09.24	37.97
	100m: 1:03.21 33.35	200m: 2:15.90	37.03	300m: 3:31.27	37.68	400m: 4:46.52	37.28
DNS	Joao Carvalho Diz	01			Nautico /Urgicentro-Sanfil		

Prova 34 Masc., 400m Livres Juvenis B
02-04-2017 - 11:45 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006

CMJ_Masc 15 - 18: 3:56.53 / CEJ_Masc 15 - 18: 4:01.28 / FOJE_Masc Juv: 4:08.52 / TAC 50m: 4:31.14 - 25m: 4:26.49

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Tiago Andrade Machado	02			Sporting de Aveiro	4:22.39	589
	50m: 29.10 29.10	150m: 1:33.82	32.52	250m: 2:40.59	33.34	350m: 3:48.66	33.83
	100m: 1:01.30 32.20	200m: 2:07.25	33.43	300m: 3:14.83	34.24	400m: 4:22.39	33.73
2.	Ivan Emanuel Amorim	02			Fluvial Portuense	4:23.50	582
	50m: 30.10 30.10	150m: 1:37.44	34.39	250m: 2:45.66	34.16	350m: 3:53.42	33.65
	100m: 1:03.05 32.95	200m: 2:11.50	34.06	300m: 3:19.77	34.11	400m: 4:23.50	30.08
3.	Samson Silva Costa	02			Fluvial Portuense	4:23.78	580
	50m: 29.48 29.48	150m: 1:36.62	33.86	250m: 2:44.24	33.82	350m: 3:51.97	33.98
	100m: 1:02.76 33.28	200m: 2:10.42	33.80	300m: 3:17.99	33.75	400m: 4:23.78	31.81
4.	Bernardo Jorge Simoes	02			Torres Novas	4:24.07	578
	50m: 30.83 30.83	150m: 1:37.55	34.09	250m: 2:45.21	34.24	350m: 3:52.75	33.95
	100m: 1:03.46 32.63	200m: 2:10.97	33.42	300m: 3:18.80	33.59	400m: 4:24.07	31.32
5.	Tomas Penha Monteiro	02			Alges	4:25.05	572
	50m: 29.11 29.11	150m: 1:35.30	33.78	250m: 2:43.33	34.07	350m: 3:51.60	34.03
	100m: 1:01.52 32.41	200m: 2:09.26	33.96	300m: 3:17.57	34.24	400m: 4:25.05	33.45
6.	Paulo Andre Frota	02			Fundacao Beatriz Santos	4:25.76	567
	50m: 30.30 30.30	150m: 1:36.76	33.39	250m: 2:44.64	33.93	350m: 3:52.51	34.46
	100m: 1:03.37 33.07	200m: 2:10.71	33.95	300m: 3:18.05	33.41	400m: 4:25.76	33.25
7.	Eduardo Gomes Fernandes	02			Hoquei Mealhada/ CA	4:25.77	567
	50m: 28.80 28.80	150m: 1:36.18	34.55	250m: 2:45.29	34.72	350m: 3:54.67	34.99
	100m: 1:01.63 32.83	200m: 2:10.57	34.39	300m: 3:19.68	34.39	400m: 4:25.77	31.10
8.	Andre Botelho Azevedo	02			Nucleo Sportinguista Terceira	4:27.61	556
	50m: 29.27 29.27	150m: 1:36.35	34.17	250m: 2:45.52	35.03	350m: 3:55.14	34.68
	100m: 1:02.18 32.91	200m: 2:10.49	34.14	300m: 3:20.46	34.94	400m: 4:27.61	32.47
9.	Vicente Oliveira Gomes	02			Sporting	4:27.66	555
	50m: 31.01 31.01	150m: 1:40.21	34.76	250m: 2:48.36	33.54	350m: 3:55.33	33.19
	100m: 1:05.45 34.44	200m: 2:14.82	34.61	300m: 3:22.14	33.78	400m: 4:27.66	32.33

Prova 34, Masc., 400m Livres, Elimin, Juvenis B

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
10.	Henrique Gomes Silva	02			Estamos Juntos	4:30.22	540
	50m: 29.52 29.52	150m: 1:36.47	34.40	250m: 2:46.01	35.16	350m: 3:57.81	36.20
	100m: 1:02.07 32.55	200m: 2:10.85	34.38	300m: 3:21.61	35.60	400m: 4:30.22	32.41
11.	Manuel Landeiro Alves	02			Naval Praia da Vitoria	4:30.24	540
	50m: 30.15 30.15	150m: 1:38.50	34.34	250m: 2:47.74	34.49	350m: 3:57.34	34.28
	100m: 1:04.16 34.01	200m: 2:13.25	34.75	300m: 3:23.06	35.32	400m: 4:30.24	32.90
12.	Tomas Galvao Lourenco	02			Natacao Olhao	4:31.69	531
	50m: 29.71 29.71	150m: 1:38.46	34.53	250m: 2:49.00	34.85	350m: 3:58.44	33.80
	100m: 1:03.93 34.22	200m: 2:14.15	35.69	300m: 3:24.64	35.64	400m: 4:31.69	33.25

Prova 34 Masc., 400m Livres Seniores Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Rec Nac Sen	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009

CMPL 22 +: 3:48.15 / TAC 50m: 4:12.44 - 25m: 4:04.81

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Igor Araujo Mogne	96			Sporting	4:02.09	751
	50m: 27.09 27.09	150m: 1:27.48	30.46	250m: 2:28.98	30.71	350m: 3:31.50	31.19
	100m: 57.02 29.93	200m: 1:58.27	30.79	300m: 3:00.31	31.33	400m: 4:02.09	30.59
2.	Alexandre Valdagua Coutinho	97			Columbofila Cantanhedense	4:02.43	748
	50m: 27.46 27.46	150m: 1:27.87	30.50	250m: 2:29.37	30.52	350m: 3:32.15	31.56
	100m: 57.37 29.91	200m: 1:58.85	30.98	300m: 3:00.59	31.22	400m: 4:02.43	30.28
3.	Joao Pedro Gil	97			Uniao Piedense	4:04.09	732
	50m: 27.92 27.92	150m: 1:28.80	30.84	250m: 2:30.82	31.04	350m: 3:33.85	31.57
	100m: 57.96 30.04	200m: 1:59.78	30.98	300m: 3:02.28	31.46	400m: 4:04.09	30.24
4.	Jose Paula Carvalho	98			Uniao Piedense	4:05.20	722
	50m: 28.80 28.80	150m: 1:30.77	31.03	250m: 2:32.03	30.04	350m: 3:34.86	31.57
	100m: 59.74 30.94	200m: 2:01.99	31.22	300m: 3:03.29	31.26	400m: 4:05.20	30.34
5.	Mario Andre Bonanca	90			Sporting	4:05.83	717
	50m: 28.07 28.07	150m: 1:29.19	30.39	250m: 2:31.38	31.12	350m: 3:35.01	32.50
	100m: 58.80 30.73	200m: 2:00.26	31.07	300m: 3:02.51	31.13	400m: 4:05.83	30.82
6.	Guilherme Filipe Pina	98			Sporting	4:06.80	709
	50m: 28.53 28.53	150m: 1:29.69	30.79	250m: 2:31.01	30.80	350m: 3:36.92	35.32
	100m: 58.90 30.37	200m: 2:00.21	30.52	300m: 3:01.60	30.59	400m: 4:06.80	29.88
7.	Francisco Xavier Goncalves	97			Nautico /Urgicentro-Sanfil	4:08.03	698
	50m: 28.12 28.12	150m: 1:30.34	31.44	250m: 2:33.14	31.25	350m: 3:36.63	31.92
	100m: 58.90 30.78	200m: 2:01.89	31.55	300m: 3:04.71	31.57	400m: 4:08.03	31.40
8.	Rafael Lourenco Gil	96			Benfica	4:08.70	692
	50m: 28.83 28.83	150m: 1:30.72	31.20	250m: 2:33.58	31.32	350m: 3:37.14	32.08
	100m: 59.52 30.69	200m: 2:02.26	31.54	300m: 3:05.06	31.48	400m: 4:08.70	31.56
9.	Guilherme Pereira Dias	97			Sporting	4:08.75	692
	50m: 28.54 28.54	150m: 1:30.44	31.14	250m: 2:33.47	31.66	350m: 3:37.32	32.35
	100m: 59.30 30.76	200m: 2:01.81	31.37	300m: 3:04.97	31.50	400m: 4:08.75	31.43
10.	Afonso Ribeiro Bate	98			Alges	4:09.38	687
	50m: 28.27 28.27	150m: 1:30.51	31.25	250m: 2:34.19	31.62	350m: 3:38.39	31.59
	100m: 59.26 30.99	200m: 2:02.57	32.06	300m: 3:06.80	32.61	400m: 4:09.38	30.99

Prova 34, Masc., 400m Livres, Elimin, Seniores

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
11.	Andre Filipe Farinha	96			Benfica	4:10.79	675
	50m: 28.27 28.27	150m: 1:29.89	30.91	250m: 2:33.27	31.68	350m: 3:37.85	32.38
	100m: 58.98 30.71	200m: 2:01.59	31.70	300m: 3:05.47	32.20	400m: 4:10.79	32.94
12.	Joao Carlos Santos	96			Uniao Piedense	4:11.16	672
	50m: 29.70 29.70	150m: 1:33.12	31.86	250m: 2:36.27	31.39	350m: 3:40.17	31.95
	100m: 1:01.26 31.56	200m: 2:04.88	31.76	300m: 3:08.22	31.95	400m: 4:11.16	30.99
13.	Diogo Manuel Marques	98			Columbofila Cantanhedense	4:13.07	657
	50m: 27.92 27.92	150m: 1:31.67	32.08	250m: 2:36.55	32.15	350m: 3:41.15	32.09
	100m: 59.59 31.67	200m: 2:04.40	32.73	300m: 3:09.06	32.51	400m: 4:13.07	31.92
14.	Ruben Jose Morim	97			Vilacondense	4:16.01	635
	50m: 28.16 28.16	150m: 1:31.59	32.16	250m: 2:36.45	32.28	350m: 3:43.29	33.44
	100m: 59.43 31.27	200m: 2:04.17	32.58	300m: 3:09.85	33.40	400m: 4:16.01	32.72
15.	Pedro Maria Bessa	95			Nautico /Urgicentro-Sanfil	4:20.68	601
	50m: 27.70 27.70	150m: 1:31.58	32.25	250m: 2:38.04	33.16	350m: 3:46.46	34.03
	100m: 59.33 31.63	200m: 2:04.88	33.30	300m: 3:12.43	34.39	400m: 4:20.68	34.22
16.	Gino Santos Caetano	94	S10	A 9	Galitos / Bresimar	4:28.31	551
	50m: 30.35 30.35	150m: 1:35.68	33.43	250m: 2:44.18	34.41	350m: 3:54.17	35.04
	100m: 1:02.25 31.90	200m: 2:09.77	34.09	300m: 3:19.13	34.95	400m: 4:28.31	34.14
17.	David Realista Grachat	87	S9	1,4	Gesloures	4:31.67	531
	50m: 30.92 30.92	150m: 1:38.27	34.11	250m: 2:47.34	34.59	350m: 3:57.74	35.23
	100m: 1:04.16 33.24	200m: 2:12.75	34.48	300m: 3:22.51	35.17	400m: 4:31.67	33.93
18.	Ivo Filipe Rocha	90	S6	A 12	Feira Viva	6:13.96	203
	50m: 42.86 42.86	150m: 2:15.23	47.25	250m: 3:50.61	47.97	350m: 5:26.44	48.23
	100m: 1:27.98 45.12	200m: 3:02.64	47.41	300m: 4:38.21	47.60	400m: 6:13.96	47.52

Prova 34 Masc., 400m Livres Classe S6
02-04-2017 - 11:45 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Rec Nac Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Rec Nac Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	POR	Tampere (FIN)	21-07-2009
Rec Nac Jun17	3:57.15	Gustavo Manuel Santa	POR	Helsinki (FIN)	14-07-2010
Rec Nac Jun18	3:58.26	Ivo Emanuel Carneiro	POR	Linz (AUT)	12-07-2002
Rec Nac Sen	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009

CMPL 22 +: 3:48.15 / CMJ_Masc 15 - 18: 3:56.53 / CEJ_Masc 15 - 18: 4:01.28 / FOJE_Masc Juv: 4:08.52 / TAC Sen 50m: 4:12.44 - 25m: 4:04.81; Jun 50m: 4:18.12 - 25m: 4:10.67; Juv A 50m: 4:31.04 - 25m: 4:21.78; Juv B 50m: 4:31.14 - 25m: 4:26.49

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Ivo Filipe Rocha	90	S6	A 12	Feira Viva	6:13.96	203
	50m: 42.86 42.86	150m: 2:15.23	47.25	250m: 3:50.61	47.97	350m: 5:26.44	48.23
	100m: 1:27.98 45.12	200m: 3:02.64	47.41	300m: 4:38.21	47.60	400m: 6:13.96	47.52

Prova 34, Masc., 400m Livres, Elimin

Prova 34 Masc., 400m Livres
02-04-2017 - 11:45 Classe S9
Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Rec Nac Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Rec Nac Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	POR	Tampere (FIN)	21-07-2009
Rec Nac Jun17	3:57.15	Gustavo Manuel Santa	POR	Helsinki (FIN)	14-07-2010
Rec Nac Jun18	3:58.26	Ivo Emanuel Carneiro	POR	Linz (AUT)	12-07-2002
Rec Nac Sen	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009

CMPL 22 +: 3:48.15 / CMJ_Masc 15 - 18: 3:56.53 / CEJ_Masc 15 - 18: 4:01.28 / FOJE_Masc Juv: 4:08.52 / TAC Sen 50m: 4:12.44 - 25m: 4:04.81; Jun 50m: 4:18.12 - 25m: 4:10.67; Juv A 50m: 4:31.04 - 25m: 4:21.78; Juv B 50m: 4:31.14 - 25m: 4:26.49

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	David Realista Grachat	87	S9	1,4	Geslours	4:31.67	531
	50m: 30.92 30.92	150m: 1:38.27	34.11	250m: 2:47.34	34.59	350m: 3:57.74	35.23
	100m: 1:04.16 33.24	200m: 2:12.75	34.48	300m: 3:22.51	35.17	400m: 4:31.67	33.93

Prova 34 Masc., 400m Livres
02-04-2017 - 11:45 Classe S10
Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Rec Nac Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Rec Nac Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	POR	Tampere (FIN)	21-07-2009
Rec Nac Jun17	3:57.15	Gustavo Manuel Santa	POR	Helsinki (FIN)	14-07-2010
Rec Nac Jun18	3:58.26	Ivo Emanuel Carneiro	POR	Linz (AUT)	12-07-2002
Rec Nac Sen	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009

CMPL 22 +: 3:48.15 / CMJ_Masc 15 - 18: 3:56.53 / CEJ_Masc 15 - 18: 4:01.28 / FOJE_Masc Juv: 4:08.52 / TAC Sen 50m: 4:12.44 - 25m: 4:04.81; Jun 50m: 4:18.12 - 25m: 4:10.67; Juv A 50m: 4:31.04 - 25m: 4:21.78; Juv B 50m: 4:31.14 - 25m: 4:26.49

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Gino Santos Caetano	94	S10	A 9	Galitos / Bresimar	4:28.31	551
	50m: 30.35 30.35	150m: 1:35.68	33.43	250m: 2:44.18	34.41	350m: 3:54.17	35.04
	100m: 1:02.25 31.90	200m: 2:09.77	34.09	300m: 3:19.13	34.95	400m: 4:28.31	34.14