

Prova 18 Masc., 800m Livres Absolutos
31-03-2017 Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Juv B	8:43.31	Duarte Miguel Jorge	CGA	Oeiras	21-07-2016
Rec Nac Juv A	8:23.54	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009
Rec Nac Jun17	8:13.49	Gustavo Manuel Santa	POR	Helsinki (FIN)	17-07-2010
Rec Nac Jun18	8:06.97	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	09-07-2016
Rec Nac Sen	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod	Exc	Clube	Tempo final	Pts
1.	Guilherme Filipe Pina	98				Sporting	8:07.74	796
	50m: 28.21 28.21	250m: 2:29.92	30.88	450m: 4:33.31	31.07	650m: 6:36.84	30.90	
	100m: 58.13 29.92	300m: 3:00.57	30.65	500m: 5:03.95	30.64	700m: 7:07.49	30.65	
	150m: 1:28.78 30.65	350m: 3:31.54	30.97	550m: 5:35.10	31.15	750m: 7:38.27	30.78	
	200m: 1:59.04 30.26	400m: 4:02.24	30.70	600m: 6:05.94	30.84	800m: 8:07.74	29.47	
2.	Alexandre Valdagua Coutinho	97				Columbofila Cantanhedense	8:14.58	763
	50m: 28.42 28.42	250m: 2:33.92	31.71	450m: 4:39.17	30.33	650m: 6:42.81	30.81	
	100m: 59.53 31.11	300m: 3:05.79	31.87	500m: 5:09.87	30.70	700m: 7:13.96	31.15	
	150m: 1:30.87 31.34	350m: 3:37.43	31.64	550m: 5:40.74	30.87	750m: 7:44.74	30.78	
	200m: 2:02.21 31.34	400m: 4:08.84	31.41	600m: 6:12.00	31.26	800m: 8:14.58	29.84	
3.	Jose Paula Carvalho	98				Uniao Piedense	8:18.34	746
	50m: 28.46 28.46	250m: 2:33.74	31.85	450m: 4:41.03	31.55	650m: 6:46.27	31.13	
	100m: 59.32 30.86	300m: 3:05.64	31.90	500m: 5:12.42	31.39	700m: 7:16.71	30.44	
	150m: 1:30.53 31.21	350m: 3:37.41	31.77	550m: 5:43.90	31.48	750m: 7:47.60	30.89	
	200m: 2:01.89 31.36	400m: 4:09.48	32.07	600m: 6:15.14	31.24	800m: 8:18.34	30.74	
4.	Antonio Fernando Pinto	99				Lousada SXXI	8:22.96	726
	50m: 27.92 27.92	250m: 2:34.20	31.79	450m: 4:41.24	31.45	650m: 6:48.67	31.77	
	100m: 59.00 31.08	300m: 3:06.12	31.92	500m: 5:13.34	32.10	700m: 7:20.69	32.02	
	150m: 1:30.60 31.60	350m: 3:37.83	31.71	550m: 5:44.84	31.50	750m: 7:52.05	31.36	
	200m: 2:02.41 31.81	400m: 4:09.79	31.96	600m: 6:16.90	32.06	800m: 8:22.96	30.91	
5.	Mario Andre Bonanca	90				Sporting	8:24.03	721
	50m: 29.01 29.01	250m: 2:34.05	31.32	450m: 4:41.30	31.71	650m: 6:48.90	32.23	
	100m: 1:00.14 31.13	300m: 3:05.51	31.46	500m: 5:13.10	31.80	700m: 7:21.51	32.61	
	150m: 1:31.35 31.21	350m: 3:37.79	32.28	550m: 5:44.70	31.60	750m: 7:53.51	32.00	
	200m: 2:02.73 31.38	400m: 4:09.59	31.80	600m: 6:16.67	31.97	800m: 8:24.03	30.52	
6.	Jose Paulo Lopes	00				Braga	8:24.95	717
	50m: 28.59 28.59	250m: 2:33.72	31.74	450m: 4:41.49	32.21	650m: 6:50.38	32.34	
	100m: 59.51 30.92	300m: 3:05.39	31.67	500m: 5:13.37	31.88	700m: 7:22.71	32.33	
	150m: 1:30.77 31.26	350m: 3:37.50	32.11	550m: 5:45.67	32.30	750m: 7:54.52	31.81	
	200m: 2:01.98 31.21	400m: 4:09.28	31.78	600m: 6:18.04	32.37	800m: 8:24.95	30.43	
7.	Rafael Lourenco Gil	96				Benfica	8:27.46	707
	50m: 28.77 28.77	250m: 2:33.70	31.86	450m: 4:41.65	32.27	650m: 6:51.10	32.70	
	100m: 59.50 30.73	300m: 3:05.63	31.93	500m: 5:13.68	32.03	700m: 7:23.61	32.51	
	150m: 1:30.60 31.10	350m: 3:37.47	31.84	550m: 5:46.18	32.50	750m: 7:56.01	32.40	
	200m: 2:01.84 31.24	400m: 4:09.38	31.91	600m: 6:18.40	32.22	800m: 8:27.46	31.45	
8.	Pedro Galvao Gouveia	99				Desportivo Nacional	8:31.59	690
	50m: 28.32 28.32	250m: 2:34.08	31.77	450m: 4:42.45	32.29	650m: 6:54.17	33.39	
	100m: 59.35 31.03	300m: 3:05.83	31.75	500m: 5:14.96	32.51	700m: 7:27.23	33.06	
	150m: 1:30.92 31.57	350m: 3:38.09	32.26	550m: 5:47.65	32.69	750m: 8:00.27	33.04	
	200m: 2:02.31 31.39	400m: 4:10.16	32.07	600m: 6:20.78	33.13	800m: 8:31.59	31.32	

Prova 18, Masc., 800m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
9.	Duarte Miguel Jorge	01			Galitos / Bresimar	8:36.57	670
	50m: 29.08 29.08	250m: 2:36.59	32.21	450m: 4:46.96	32.71	650m: 6:59.35	33.54
	100m: 1:00.38 31.30	300m: 3:09.21	32.62	500m: 5:19.75	32.79	700m: 7:32.24	32.89
	150m: 1:32.02 31.64	350m: 3:41.76	32.55	550m: 5:52.88	33.13	750m: 8:05.28	33.04
	200m: 2:04.38 32.36	400m: 4:14.25	32.49	600m: 6:25.81	32.93	800m: 8:36.57	31.29
10.	Diogo Manuel Marques	98			Columbofila Cantanhedense	8:36.87	669
	50m: 27.99 27.99	250m: 2:34.72	32.22	450m: 4:46.83	33.17	650m: 7:00.71	33.84
	100m: 58.29 30.30	300m: 3:07.54	32.82	500m: 5:19.96	33.13	700m: 7:33.78	33.07
	150m: 1:30.56 32.27	350m: 3:40.69	33.15	550m: 5:53.59	33.63	750m: 8:07.01	33.23
	200m: 2:02.50 31.94	400m: 4:13.66	32.97	600m: 6:26.87	33.28	800m: 8:36.87	29.86
11.	Miguel Ribeiro Bate	99			Alges	8:36.93	669
	50m: 27.70 27.70	250m: 2:35.67	32.61	450m: 4:47.32	32.83	650m: 7:01.28	33.65
	100m: 58.48 30.78	300m: 3:08.14	32.47	500m: 5:20.38	33.06	700m: 7:34.23	32.95
	150m: 1:30.76 32.28	350m: 3:41.24	33.10	550m: 5:54.10	33.72	750m: 8:07.01	32.78
	200m: 2:03.06 32.30	400m: 4:14.49	33.25	600m: 6:27.63	33.53	800m: 8:36.93	29.92
12.	Filipe Miguel Santo	00			Benfica	8:46.15	634
	50m: 28.40 28.40	250m: 2:37.49	32.62	450m: 4:50.36	33.39	650m: 7:05.58	33.73
	100m: 59.95 31.55	300m: 3:10.63	33.14	500m: 5:24.21	33.85	700m: 7:39.37	33.79
	150m: 1:31.96 32.01	350m: 3:43.50	32.87	550m: 5:57.70	33.49	750m: 8:13.06	33.69
	200m: 2:04.87 32.91	400m: 4:16.97	33.47	600m: 6:31.85	34.15	800m: 8:46.15	33.09
13.	Diogo Barbosa Nunes	00			Fluvial Portuense	8:46.35	633
	50m: 28.90 28.90	250m: 2:38.05	32.52	450m: 4:51.90	33.82	650m: 7:07.93	33.39
	100m: 1:00.95 32.05	300m: 3:10.85	32.80	500m: 5:26.03	34.13	700m: 7:41.50	33.57
	150m: 1:32.85 31.90	350m: 3:44.33	33.48	550m: 6:00.05	34.02	750m: 8:14.45	32.95
	200m: 2:05.53 32.68	400m: 4:18.08	33.75	600m: 6:34.54	34.49	800m: 8:46.35	31.90
14.	Roberto Donald Gomes	00			Alges	9:12.21	548
	50m: 27.29 27.29	250m: 2:31.12	31.50	450m: 4:51.76	44.80	650m: 7:22.68	37.24
	100m: 57.31 30.02	300m: 3:03.78	32.66	500m: 5:30.12	38.36	700m: 7:59.88	37.20
	150m: 1:27.97 30.66	350m: 3:35.61	31.83	550m: 6:08.05	37.93	750m: 8:36.75	36.87
	200m: 1:59.62 31.65	400m: 4:06.96	31.35	600m: 6:45.44	37.39	800m: 9:12.21	35.46

Prova 18 Masc., 800m Livres Juniores Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Jun17	8:13.49	Gustavo Manuel Santa	POR	Helsinki (FIN)	17-07-2010
Rec Nac Jun18	8:06.97	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	09-07-2016

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Antonio Fernando Pinto	99			Lousada SXXI	8:22.96	726
	50m: 27.92 27.92	250m: 2:34.20	31.79	450m: 4:41.24	31.45	650m: 6:48.67	31.77
	100m: 59.00 31.08	300m: 3:06.12	31.92	500m: 5:13.34	32.10	700m: 7:20.69	32.02
	150m: 1:30.60 31.60	350m: 3:37.83	31.71	550m: 5:44.84	31.50	750m: 7:52.05	31.36
	200m: 2:02.41 31.81	400m: 4:09.79	31.96	600m: 6:16.90	32.06	800m: 8:22.96	30.91
2.	Jose Paulo Lopes	00			Braga	8:24.95	717
	50m: 28.59 28.59	250m: 2:33.72	31.74	450m: 4:41.49	32.21	650m: 6:50.38	32.34
	100m: 59.51 30.92	300m: 3:05.39	31.67	500m: 5:13.37	31.88	700m: 7:22.71	32.33
	150m: 1:30.77 31.26	350m: 3:37.50	32.11	550m: 5:45.67	32.30	750m: 7:54.52	31.81
	200m: 2:01.98 31.21	400m: 4:09.28	31.78	600m: 6:18.04	32.37	800m: 8:24.95	30.43

Prova 18, Masc., 800m Livres, Juniores

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
3.	Pedro Galvao Gouveia	99			Desportivo Nacional	8:31.59	690
	50m: 28.32 28.32	250m: 2:34.08	31.77	450m: 4:42.45	32.29	650m: 6:54.17	33.39
	100m: 59.35 31.03	300m: 3:05.83	31.75	500m: 5:14.96	32.51	700m: 7:27.23	33.06
	150m: 1:30.92 31.57	350m: 3:38.09	32.26	550m: 5:47.65	32.69	750m: 8:00.27	33.04
	200m: 2:02.31 31.39	400m: 4:10.16	32.07	600m: 6:20.78	33.13	800m: 8:31.59	31.32
4.	Miguel Ribeiro Bate	99			Alges	8:36.93	669
	50m: 27.70 27.70	250m: 2:35.67	32.61	450m: 4:47.32	32.83	650m: 7:01.28	33.65
	100m: 58.48 30.78	300m: 3:08.14	32.47	500m: 5:20.38	33.06	700m: 7:34.23	32.95
	150m: 1:30.76 32.28	350m: 3:41.24	33.10	550m: 5:54.10	33.72	750m: 8:07.01	32.78
	200m: 2:03.06 32.30	400m: 4:14.49	33.25	600m: 6:27.63	33.53	800m: 8:36.93	29.92
5.	Filipe Miguel Santo	00			Benfica	8:46.15	634
	50m: 28.40 28.40	250m: 2:37.49	32.62	450m: 4:50.36	33.39	650m: 7:05.58	33.73
	100m: 59.95 31.55	300m: 3:10.63	33.14	500m: 5:24.21	33.85	700m: 7:39.37	33.79
	150m: 1:31.96 32.01	350m: 3:43.50	32.87	550m: 5:57.70	33.49	750m: 8:13.06	33.69
	200m: 2:04.87 32.91	400m: 4:16.97	33.47	600m: 6:31.85	34.15	800m: 8:46.15	33.09
6.	Diogo Barbosa Nunes	00			Fluvial Portuense	8:46.35	633
	50m: 28.90 28.90	250m: 2:38.05	32.52	450m: 4:51.90	33.82	650m: 7:07.93	33.39
	100m: 1:00.95 32.05	300m: 3:10.85	32.80	500m: 5:26.03	34.13	700m: 7:41.50	33.57
	150m: 1:32.85 31.90	350m: 3:44.33	33.48	550m: 6:00.05	34.02	750m: 8:14.45	32.95
	200m: 2:05.53 32.68	400m: 4:18.08	33.75	600m: 6:34.54	34.49	800m: 8:46.35	31.90
7.	Roberto Donald Gomes	00			Alges	9:12.21	548
	50m: 27.29 27.29	250m: 2:31.12	31.50	450m: 4:51.76	44.80	650m: 7:22.68	37.24
	100m: 57.31 30.02	300m: 3:03.78	32.66	500m: 5:30.12	38.36	700m: 7:59.88	37.20
	150m: 1:27.97 30.66	350m: 3:35.61	31.83	550m: 6:08.05	37.93	750m: 8:36.75	36.87
	200m: 1:59.62 31.65	400m: 4:06.96	31.35	600m: 6:45.44	37.39	800m: 9:12.21	35.46

Prova 18 Masc., 800m Livres Juvenis A
31-03-2017 Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Juv A	8:23.54	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009

Pontos: FINA 2017

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	100m: 1:00.38 31.30	300m: 3:09.21	32.62	500m: 5:19.75	32.79	700m: 7:32.24	32.89
	150m: 1:32.02 31.64	350m: 3:41.76	32.55	550m: 5:52.88	33.13	750m: 8:05.28	33.04
	200m: 2:04.38 32.36	400m: 4:14.25	32.49	600m: 6:25.81	32.93	800m: 8:36.57	31.29

Prova 18, Masc., 800m Livres

Prova 18
31-03-2017

Masc., 800m Livres

Seniores
Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Sen	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod	Exc	Clube	Tempo final	Pts
1.	Guilherme Filipe Pina	98				Sporting	8:07.74	796
	50m: 28.21 28.21	250m: 2:29.92	30.88	450m: 4:33.31	31.07	650m: 6:36.84	30.90	
	100m: 58.13 29.92	300m: 3:00.57	30.65	500m: 5:03.95	30.64	700m: 7:07.49	30.65	
	150m: 1:28.78 30.65	350m: 3:31.54	30.97	550m: 5:35.10	31.15	750m: 7:38.27	30.78	
	200m: 1:59.04 30.26	400m: 4:02.24	30.70	600m: 6:05.94	30.84	800m: 8:07.74	29.47	
2.	Alexandre Valdagua Coutinho	97				Columbofila Cantanhedense	8:14.58	763
	50m: 28.42 28.42	250m: 2:33.92	31.71	450m: 4:39.17	30.33	650m: 6:42.81	30.81	
	100m: 59.53 31.11	300m: 3:05.79	31.87	500m: 5:09.87	30.70	700m: 7:13.96	31.15	
	150m: 1:30.87 31.34	350m: 3:37.43	31.64	550m: 5:40.74	30.87	750m: 7:44.74	30.78	
	200m: 2:02.21 31.34	400m: 4:08.84	31.41	600m: 6:12.00	31.26	800m: 8:14.58	29.84	
3.	Jose Paula Carvalho	98				Uniao Piedense	8:18.34	746
	50m: 28.46 28.46	250m: 2:33.74	31.85	450m: 4:41.03	31.55	650m: 6:46.27	31.13	
	100m: 59.32 30.86	300m: 3:05.64	31.90	500m: 5:12.42	31.39	700m: 7:16.71	30.44	
	150m: 1:30.53 31.21	350m: 3:37.41	31.77	550m: 5:43.90	31.48	750m: 7:47.60	30.89	
	200m: 2:01.89 31.36	400m: 4:09.48	32.07	600m: 6:15.14	31.24	800m: 8:18.34	30.74	
4.	Mario Andre Bonanca	90				Sporting	8:24.03	721
	50m: 29.01 29.01	250m: 2:34.05	31.32	450m: 4:41.30	31.71	650m: 6:48.90	32.23	
	100m: 1:00.14 31.13	300m: 3:05.51	31.46	500m: 5:13.10	31.80	700m: 7:21.51	32.61	
	150m: 1:31.35 31.21	350m: 3:37.79	32.28	550m: 5:44.70	31.60	750m: 7:53.51	32.00	
	200m: 2:02.73 31.38	400m: 4:09.59	31.80	600m: 6:16.67	31.97	800m: 8:24.03	30.52	
5.	Rafael Lourenco Gil	96				Benfica	8:27.46	707
	50m: 28.77 28.77	250m: 2:33.70	31.86	450m: 4:41.65	32.27	650m: 6:51.10	32.70	
	100m: 59.50 30.73	300m: 3:05.63	31.93	500m: 5:13.68	32.03	700m: 7:23.61	32.51	
	150m: 1:30.60 31.10	350m: 3:37.47	31.84	550m: 5:46.18	32.50	750m: 7:56.01	32.40	
	200m: 2:01.84 31.24	400m: 4:09.38	31.91	600m: 6:18.40	32.22	800m: 8:27.46	31.45	
6.	Diogo Manuel Marques	98				Columbofila Cantanhedense	8:36.87	669
	50m: 27.99 27.99	250m: 2:34.72	32.22	450m: 4:46.83	33.17	650m: 7:00.71	33.84	
	100m: 58.29 30.30	300m: 3:07.54	32.82	500m: 5:19.96	33.13	700m: 7:33.78	33.07	
	150m: 1:30.56 32.27	350m: 3:40.69	33.15	550m: 5:53.59	33.63	750m: 8:07.01	33.23	
	200m: 2:02.50 31.94	400m: 4:13.66	32.97	600m: 6:26.87	33.28	800m: 8:36.87	29.86	