

Prova 1
26-11-2016

Femin., 800m Livres

Absolutos
Resultados

Rec Nac Absoluto	8:32.83	Tamila Hryhorivna Holub	POR	Porto	13-12-2015
Rec Nac Inf B	9:33.95	Filipa Vilas Ruivo	POR	Nazaré	16-05-2009
Rec Nac Inf A	9:03.90	Alexandra Maria Silva	POR	Porto	13-07-1980
Rec Nac Juv B	9:00.27	Alexandra Maria Silva	POR	Antibes (FRA)	20-12-1980
Rec Nac Juv A	8:46.74	Ana Claudia Santos	POR	Cantanhede	19-12-2004
Rec Nac Jun16	8:45.41	Tamila Hryhorivna Holub	POR	Porto	21-12-2014
Rec Nac Jun17	8:32.83	Tamila Hryhorivna Holub	POR	Porto	13-12-2015
Rec Nac Sen	8:33.54	Diana Margarida Duraes	POR	Vila Real Stº Antonio	13-11-2016

Pontos: FINA 2016

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mariana Amaral Mendes	02	123959	Colegio Monte Maior	9:02.86	+0,83	688	25,0(-)
	50m: 30.91 30.91			250m: 2:46.51 34.13	450m: 5:03.74 43.83	650m: 7:21.23 34.32		
	100m: 1:04.78 33.87			300m: 3:20.61 34.10	500m: 5:38.19 34.45	700m: 7:55.64 34.41		
	150m: 1:38.62 33.84			350m: 3:54.46 33.85	550m: 6:12.37 34.18	750m: 8:29.94 34.30		
	200m: 2:12.38 33.76			400m: 4:28.99 25.45	600m: 6:46.91 34.54	800m: 9:02.86 32.92		
2.	Miriam Filipe Marcos	01	121690	Natacao Olhao	9:11.64	+0,79	656	23,0(-)
	50m: 31.47 31.47			250m: 2:49.48 34.83	450m: 5:07.76 34.31	650m: 7:27.42 35.27		
	100m: 1:05.66 34.19			300m: 3:24.13 34.65	500m: 5:42.37 34.61	700m: 8:02.57 35.15		
	150m: 1:39.92 34.26			350m: 3:58.70 34.57	550m: 6:17.15 34.78	750m: 8:37.50 34.93		
	200m: 2:14.65 34.73			400m: 4:33.45 34.75	600m: 6:52.15 35.00	800m: 9:11.64 34.14		
3.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	9:15.17	+0,77	643	22,0(-)
	50m: 31.67 31.67			250m: 2:51.39 35.20	450m: 5:10.95 34.60	650m: 7:30.48 35.25		
	100m: 1:06.37 34.70			300m: 3:26.71 35.32	500m: 5:45.61 34.66	700m: 8:05.73 35.25		
	150m: 1:41.07 34.70			350m: 4:01.62 34.91	550m: 6:20.28 34.67	750m: 8:41.15 35.42		
	200m: 2:16.19 35.12			400m: 4:36.35 34.73	600m: 6:55.23 34.95	800m: 9:15.17 34.02		
4.	Joana Beatriz Bernardo	99	112387	Fundacao Beatriz Santos	9:16.47	+1,03	639	21,0(-)
	50m: 31.73 31.73			250m: 2:50.38 35.07	450m: 5:10.87 35.11	650m: 7:31.77 35.43		
	100m: 1:05.92 34.19			300m: 3:25.37 34.99	500m: 5:45.91 35.04	700m: 8:06.91 35.14		
	150m: 1:40.50 34.58			350m: 4:00.75 35.38	550m: 6:21.08 35.17	750m: 8:42.05 35.14		
	200m: 2:15.31 34.81			400m: 4:35.76 35.01	600m: 6:56.34 35.26	800m: 9:16.47 34.42		
5.	Mariana Santos Ferreira	00	112044	Miranda do Corvo	9:23.34	+0,81	616	20,0(-)
	50m: 32.21 32.21			250m: 2:51.64 35.15	450m: 5:12.61 35.41	650m: 7:36.46 35.86		
	100m: 1:06.79 34.58			300m: 3:26.82 35.18	500m: 5:48.45 35.84	700m: 8:12.34 35.88		
	150m: 1:41.58 34.79			350m: 4:01.80 34.98	550m: 6:24.68 36.23	750m: 8:48.07 35.73		
	200m: 2:16.49 34.91			400m: 4:37.20 35.40	600m: 7:00.60 35.92	800m: 9:23.34 35.27		
6.	Ana Reis Sousa	02	122440	Litoral Alentejano	9:30.24	+0,76	593	19,0(-)
	50m: 31.95 31.95			250m: 2:51.97 35.50	450m: 5:16.82 36.57	650m: 7:42.26 36.43		
	100m: 1:06.37 34.42			300m: 3:27.52 35.55	500m: 5:53.31 36.49	700m: 8:18.73 36.47		
	150m: 1:41.36 34.99			350m: 4:03.72 36.20	550m: 6:29.69 36.38	750m: 8:54.86 36.13		
	200m: 2:16.47 35.11			400m: 4:40.25 36.53	600m: 7:05.83 36.14	800m: 9:30.24 35.38		
7.	Ariana Santos Lopes	00	122846	Estarreja	9:47.88	+0,80	542	18,0(-)
	50m: 32.45 32.45			250m: 2:55.94 36.36	450m: 5:24.02 37.18	650m: 7:55.44 38.07		
	100m: 1:07.39 34.94			300m: 3:32.74 36.80	500m: 6:01.86 37.84	700m: 8:33.63 38.19		
	150m: 1:43.10 35.71			350m: 4:09.49 36.75	550m: 6:39.45 37.59	750m: 9:11.56 37.93		
	200m: 2:19.58 36.48			400m: 4:46.84 37.35	600m: 7:17.37 37.92	800m: 9:47.88 36.32		
8.	Beatriz Neves Cardoso	98	105741	Colegio SMLamas	9:51.29	+0,88	532	17,0(-)
	50m: 32.45 32.45			250m: 2:57.43 37.00	450m: 5:27.06 37.65	650m: 7:59.18 37.97		
	100m: 1:07.93 35.48			300m: 3:34.45 37.02	500m: 6:05.08 38.02	700m: 8:37.80 38.62		
	150m: 1:43.96 36.03			350m: 4:11.86 37.41	550m: 6:43.17 38.09	750m: 9:15.53 37.73		
	200m: 2:20.43 36.47			400m: 4:49.41 37.55	600m: 7:21.21 38.04	800m: 9:51.29 35.76		
9.	Maria Ferreira Moura	04	131382	Geslours	9:55.28	+0,91	522	16,0(-)
	50m: 33.52 33.52			250m: 3:04.68 38.18	450m: 5:36.47 37.68	650m: 8:05.86 37.38		
	100m: 1:10.35 36.83			300m: 3:42.78 38.10	500m: 6:14.15 37.68	700m: 8:43.23 37.37		
	150m: 1:48.18 37.83			350m: 4:20.72 37.94	550m: 6:51.24 37.09	750m: 9:20.35 37.12		
	200m: 2:26.50 38.32			400m: 4:58.79 38.07	600m: 7:28.48 37.24	800m: 9:55.28 34.93		

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Andreia Brito Pereira	00	120002	Condeixa Clube	9:56.48	+0,82	518	15,0(-)
	50m: 32.09 32.09		250m: 2:59.39	37.56	450m: 5:31.25	38.06	650m: 8:04.14	37.97
	100m: 1:07.65 35.56		300m: 3:37.62	38.23	500m: 6:08.84	37.59	700m: 8:42.81	38.67
	150m: 1:44.58 36.93		350m: 4:15.61	37.99	550m: 6:47.59	38.75	750m: 9:20.70	37.89
	200m: 2:21.83 37.25		400m: 4:53.19	37.58	600m: 7:26.17	38.58	800m: 9:56.48	35.78
11.	Rita Guedes Moreira	00	110881	Louletano/Loule Concelho	9:58.36	+0,96	514	14,0(-)
	50m: 34.62 34.62		250m: 3:01.84	36.76	450m: 5:32.01	37.61	650m: 8:05.14	38.44
	100m: 1:11.58 36.96		300m: 3:39.13	37.29	500m: 6:10.30	38.29	700m: 8:43.66	38.52
	150m: 1:48.38 36.80		350m: 4:16.53	37.40	550m: 6:48.40	38.10	750m: 9:21.98	38.32
	200m: 2:25.08 36.70		400m: 4:54.40	37.87	600m: 7:26.70	38.30	800m: 9:58.36	36.38
12.	Constanca Filipa Rodrigues	02	118480	Pimpoes/Cimai	9:59.32	+0,77	511	13,0(-)
	50m: 32.96 32.96		250m: 3:01.96	37.89	450m: 5:33.96	37.85	650m: 8:06.61	38.05
	100m: 1:09.20 36.24		300m: 3:39.98	38.02	500m: 6:12.10	38.14	700m: 8:44.82	38.21
	150m: 1:46.31 37.11		350m: 4:17.99	38.01	550m: 6:50.31	38.21	750m: 9:22.71	37.89
	200m: 2:24.07 37.76		400m: 4:56.11	38.12	600m: 7:28.56	38.25	800m: 9:59.32	36.61
13.	Ana Francisca Goncalves	02	120597	Academico Viseu	9:59.52	+0,96	511	12,0(-)
	50m: 33.99 33.99		250m: 3:04.09	38.23	450m: 5:35.15	37.99	650m: 8:06.73	38.40
	100m: 1:11.08 37.09		300m: 3:41.65	37.56	500m: 6:12.19	37.04	700m: 8:45.02	38.29
	150m: 1:48.46 37.38		350m: 4:19.62	37.97	550m: 6:50.01	37.82	750m: 9:21.97	36.95
	200m: 2:25.86 37.40		400m: 4:57.16	37.54	600m: 7:28.33	38.32	800m: 9:59.52	37.55
14.	Ana Margarida Leite	02	123141	Fafe	10:04.74	+0,84	497	11,0(-)
	50m: 31.94 31.94		250m: 3:02.25	38.48	450m: 5:36.40	38.56	650m: 8:09.82	38.33
	100m: 1:08.00 36.06		300m: 3:40.87	38.62	500m: 6:14.45	38.05	700m: 8:48.47	38.65
	150m: 1:45.55 37.55		350m: 4:19.42	38.55	550m: 6:52.97	38.52	750m: 9:26.83	38.36
	200m: 2:23.77 38.22		400m: 4:57.84	38.42	600m: 7:31.49	38.52	800m: 10:04.74	37.91
15.	Carla Laranjeira Marques	00	109363	Sporting de Aveiro	10:07.14	+0,85	492	10,0(-)
	50m: 32.87 32.87		250m: 3:00.80	38.28	450m: 5:35.04	38.92	650m: 8:11.94	38.96
	100m: 1:08.76 35.89		300m: 3:38.94	38.14	500m: 6:14.19	39.15	700m: 8:51.34	39.40
	150m: 1:45.30 36.54		350m: 4:17.47	38.53	550m: 6:53.46	39.27	750m: 9:30.23	38.89
	200m: 2:22.52 37.22		400m: 4:56.12	38.65	600m: 7:32.98	39.52	800m: 10:07.14	36.91
16.	Carolina Silverio Carpinteiro	02	119481	Natacao do Tejo	10:07.46	+0,73	491	9,0(-)
	50m: 33.14 33.14		250m: 3:02.01	37.61	450m: 5:36.09	39.19	650m: 8:14.24	39.41
	100m: 1:09.18 36.04		300m: 3:39.93	37.92	500m: 6:15.94	39.85	700m: 8:53.24	39.00
	150m: 1:46.93 37.75		350m: 4:17.94	38.01	550m: 6:55.21	39.27	750m: 9:31.86	38.62
	200m: 2:24.40 37.47		400m: 4:56.90	38.96	600m: 7:34.83	39.62	800m: 10:07.46	35.60
17.	Adriana Freixo Barbosa	03	123710	Viana Natacao	10:07.75	+1,01	490	8,0(-)
	50m: 32.48 32.48		250m: 3:02.10	38.18	450m: 5:37.26	38.94	650m: 8:14.61	39.10
	100m: 1:08.79 36.31		300m: 3:40.57	38.47	500m: 6:16.66	39.40	700m: 8:53.35	38.74
	150m: 1:46.08 37.29		350m: 4:18.97	38.40	550m: 6:55.99	39.33	750m: 9:32.05	38.70
	200m: 2:23.92 37.84		400m: 4:58.32	39.35	600m: 7:35.51	39.52	800m: 10:07.75	35.70
18.	Joana Santos Pereira	00	116524	Gafanha da Encarnacao	10:09.25	+0,89	487	7,0(-)
	50m: 35.23 35.23		250m: 3:08.65	38.81	450m: 5:43.50	38.49	650m: 8:17.89	38.55
	100m: 1:12.95 37.72		300m: 3:47.52	38.87	500m: 6:22.34	38.84	700m: 8:56.27	38.38
	150m: 1:51.59 38.64		350m: 4:26.37	38.85	550m: 7:00.53	38.19	750m: 9:33.60	37.33
	200m: 2:29.84 38.25		400m: 5:05.01	38.64	600m: 7:39.34	38.81	800m: 10:09.25	35.65
19.	Cintia Cristina Cruz	02	123674	Alcobaca	10:13.33	+0,85	477	6,0(-)
	50m: 33.89 33.89		250m: 3:06.11	38.57	450m: 5:41.86	39.01	650m: 8:18.13	39.23
	100m: 1:11.35 37.46		300m: 3:45.06	38.95	500m: 6:20.65	38.79	700m: 8:57.31	39.18
	150m: 1:49.47 38.12		350m: 4:23.81	38.75	550m: 6:59.70	39.05	750m: 9:35.77	38.46
	200m: 2:27.54 38.07		400m: 5:02.85	39.04	600m: 7:38.90	39.20	800m: 10:13.33	37.56
20.	Ana Sofia Filipe	95	26887	Nacional de Natacao	10:14.21	+0,89	475	5,0(-)
	50m: 34.15 34.15		250m: 3:04.88	38.75	450m: 5:41.31	39.33	650m: 8:18.82	39.26
	100m: 1:10.82 36.67		300m: 3:43.66	38.78	500m: 6:20.55	39.24	700m: 8:58.59	39.77
	150m: 1:48.23 37.41		350m: 4:22.67	39.01	550m: 7:00.08	39.53	750m: 9:37.33	38.74
	200m: 2:26.13 37.90		400m: 5:01.98	39.31	600m: 7:39.56	39.48	800m: 10:14.21	36.88

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Beatriz Catarino Moura	02	129581	Nautico Abrantes	10:18.35	+0,83	465	4,00-
	50m: 35.13 35.13		250m: 3:08.70	38.33	450m: 5:45.09	39.20	650m: 8:23.01	39.30
	100m: 1:13.39 38.26		300m: 3:47.93	39.23	500m: 6:24.56	39.47	700m: 9:02.66	39.65
	150m: 1:51.59 38.20		350m: 4:26.93	39.00	550m: 7:04.02	39.46	750m: 9:41.50	38.84
	200m: 2:30.37 38.78		400m: 5:05.89	38.96	600m: 7:43.71	39.69	800m: 10:18.35	36.85
22.	Carolina Pereira Pedrosa	02	126677	Vieirense	10:36.09	+0,81	427	3,00-
	50m: 34.88 34.88		250m: 3:09.26	39.25	450m: 5:49.73	40.78	650m: 8:34.43	41.20
	100m: 1:12.65 37.77		300m: 3:49.04	39.78	500m: 6:30.29	40.56	700m: 9:15.33	40.90
	150m: 1:51.34 38.69		350m: 4:29.03	39.99	550m: 7:11.39	41.10	750m: 9:56.96	41.63
	200m: 2:30.01 38.67		400m: 5:08.95	39.92	600m: 7:53.23	41.84	800m: 10:36.09	39.13
23.	Rita Santos Boioes	04	128951	Natacao do Montijo	10:53.57	+0,84	394	2,00-
	50m: 35.31 35.31		250m: 3:18.29	41.83	450m: 6:04.40	41.62	650m: 8:50.47	41.50
	100m: 1:14.78 39.47		300m: 3:59.82	41.53	500m: 6:45.72	41.32	700m: 9:32.58	42.11
	150m: 1:55.42 40.64		350m: 4:41.14	41.32	550m: 7:27.40	41.68	750m: 10:14.09	41.51
	200m: 2:36.46 41.04		400m: 5:22.78	41.64	600m: 8:08.97	41.57	800m: 10:53.57	39.48
24.	Beatriz Bastos Pinto	03	129341	Natacao de Faro	11:25.90	+0,81	341	1,00-
	50m: 36.92 36.92		250m: 3:28.86	43.73	450m: 6:24.01	43.88	650m: 9:18.15	43.58
	100m: 1:18.37 41.45		300m: 4:12.60	43.74	500m: 7:07.44	43.43	700m: 10:01.86	43.71
	150m: 2:01.56 43.19		350m: 4:56.32	43.72	550m: 7:50.89	43.45	750m: 10:45.18	43.32
	200m: 2:45.13 43.57		400m: 5:40.13	43.81	600m: 8:34.57	43.68	800m: 11:25.90	40.72