

Prova 1	Femin., 800m Livres					Absolutos
29-10-2016						Resultados
Rec Nac Absoluto	8:32.83	Tamila Hryhorivna Holub	SCB	Porto		13-12-2015
Rec Nac Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré		16-05-2009
Rec Nac Inf A	9:03.90	Alexandra Maria Silva	FCP	Porto		13-07-1980
Rec Nac Juv B	9:00.27	Alexandra Maria Silva	FCP	Antibbes (FRA)		20-12-1980
Rec Nac Juv A	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede		19-12-2004
Rec Nac Jun16	8:45.41	Tamila Hryhorivna Holub	SCB	Porto		21-12-2014
Rec Nac Jun17	8:32.83	Tamila Hryhorivna Holub	SCB	Porto		13-12-2015
Rec Nac Sen	8:36.74	Diana Margarida Duraes	FCP	Porto		13-12-2015

Pontos: FINA 2016

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Filipa Costa	98	102909	Beja	9:44.28	+0,89	552	
	50m: 32.79 32.79		250m: 2:59.45	37.14	450m: 5:27.85	37.26	650m: 7:57.17	36.83
	100m: 1:09.03 36.24		300m: 3:36.52	37.07	500m: 6:05.26	37.41	700m: 8:33.78	36.61
	150m: 1:45.46 36.43		350m: 4:13.51	36.99	550m: 6:42.74	37.48	750m: 9:09.79	36.01
	200m: 2:22.31 36.85		400m: 4:50.59	37.08	600m: 7:20.34	37.60	800m: 9:44.28	34.49
2.	Soraia Vanessa Ribeiro	92	15857	Estrelas S. Joao de Brito	9:44.52	+0,94	551	
	50m: 32.20 32.20		250m: 2:56.20	36.70	450m: 5:24.02	37.00	650m: 7:54.11	37.61
	100m: 1:07.32 35.12		300m: 3:32.96	36.76	500m: 6:01.46	37.44	700m: 8:31.41	37.30
	150m: 1:43.14 35.82		350m: 4:09.83	36.87	550m: 6:39.11	37.65	750m: 9:08.55	37.14
	200m: 2:19.50 36.36		400m: 4:47.02	37.19	600m: 7:16.50	37.39	800m: 9:44.52	35.97
3.	Beatriz Moreira Carvalho	03	127313	Rio Maior	9:57.93	+0,80	515	
	50m: 33.53 33.53		250m: 3:02.37	36.97	450m: 5:32.82	37.86	650m: 8:04.76	38.26
	100m: 1:10.45 36.92		300m: 3:40.00	37.63	500m: 6:10.27	37.45	700m: 8:43.08	38.32
	150m: 1:47.70 37.25		350m: 4:17.41	37.41	550m: 6:48.09	37.82	750m: 9:21.04	37.96
	200m: 2:25.40 37.70		400m: 4:54.96	37.55	600m: 7:26.50	38.41	800m: 9:57.93	36.89
4.	Joana Daniela Jacinto	01	111230	Propaganda da Natacao	9:59.61	+0,71	510	
	50m: 33.20 33.20		250m: 3:03.89	37.37	450m: 5:34.21	38.00	650m: 8:06.83	38.29
	100m: 1:10.58 37.38		300m: 3:41.18	37.29	500m: 6:12.29	38.08	700m: 8:45.09	38.26
	150m: 1:49.17 38.59		350m: 4:18.57	37.39	550m: 6:50.13	37.84	750m: 9:23.11	38.02
	200m: 2:26.52 37.35		400m: 4:56.21	37.64	600m: 7:28.54	38.41	800m: 9:59.61	36.50
5.	Rute Ferreira Correia	03	126232	Clube de Vouzela	10:09.17	+0,83	487	
	50m: 33.01 33.01		250m: 3:04.32	37.85	450m: 5:37.65	38.53	650m: 8:13.32	38.82
	100m: 1:10.49 37.48		300m: 3:42.31	37.99	500m: 6:16.57	38.92	700m: 8:52.24	38.92
	150m: 1:48.45 37.96		350m: 4:20.56	38.25	550m: 6:55.64	39.07	750m: 9:31.12	38.88
	200m: 2:26.47 38.02		400m: 4:59.12	38.56	600m: 7:34.50	38.86	800m: 10:09.17	38.05
6.	Ines Pugsley Ferreira	97	107414	FC Ferreiras	10:15.31	+0,85	472	
	50m: 33.32 33.32		250m: 3:04.69	38.10	450m: 5:41.64	39.83	650m: 8:19.25	39.37
	100m: 1:10.47 37.15		300m: 3:43.36	38.67	500m: 6:21.18	39.54	700m: 8:58.55	39.30
	150m: 1:48.31 37.84		350m: 4:22.36	39.00	550m: 7:00.44	39.26	750m: 9:37.62	39.07
	200m: 2:26.59 38.28		400m: 5:01.81	39.45	600m: 7:39.88	39.44	800m: 10:15.31	37.69
7.	Margarida Mota Silva	03	122224	Palmela	10:17.48	+0,78	467	
	50m: 33.52 33.52		250m: 3:05.37	38.74	450m: 5:43.42	39.70	650m: 8:21.92	39.25
	100m: 1:10.56 37.04		300m: 3:44.48	39.11	500m: 6:22.70	39.28	700m: 9:01.45	39.53
	150m: 1:48.33 37.77		350m: 4:24.32	39.84	550m: 7:02.73	40.03	750m: 9:40.27	38.82
	200m: 2:26.63 38.30		400m: 5:03.72	39.40	600m: 7:42.67	39.94	800m: 10:17.48	37.21
8.	Mariana Costa Cabral	95	25315	Bombeiros Estoris	10:21.67	+0,94	458	
	50m: 34.27 34.27		250m: 3:07.02	39.29	450m: 5:44.97	39.75	650m: 8:23.97	39.81
	100m: 1:11.14 36.87		300m: 3:46.30	39.28	500m: 6:24.64	39.67	700m: 9:03.55	39.58
	150m: 1:49.16 38.02		350m: 4:25.55	39.25	550m: 7:04.52	39.88	750m: 9:43.31	39.76
	200m: 2:27.73 38.57		400m: 5:05.22	39.67	600m: 7:44.16	39.64	800m: 10:21.67	38.36
9.	Ana Rita Oliveira	04	124995	Naval Povoense	10:22.13	+0,74	457	
	50m: 33.17 33.17		250m: 3:05.83	38.24	450m: 5:43.48	39.88	650m: 8:23.60	40.43
	100m: 1:10.22 37.05		300m: 3:44.42	38.59	500m: 6:23.26	39.78	700m: 9:03.77	40.17
	150m: 1:49.25 39.03		350m: 4:23.74	39.32	550m: 7:03.19	39.93	750m: 9:43.62	39.85
	200m: 2:27.59 38.34		400m: 5:03.60	39.86	600m: 7:43.17	39.98	800m: 10:22.13	38.51

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Laura Andre Catarino	03	126929	CCDSerta	10:25.29	+0,84	450	
	50m: 34.38 34.38		250m: 3:11.49 40.17	450m: 5:53.47 40.46	650m: 8:29.98 38.90			
	100m: 1:11.93 37.55		300m: 3:51.99 40.50	500m: 6:32.80 39.33	700m: 9:09.91 39.93			
	150m: 1:51.60 39.67		350m: 4:32.35 40.36	550m: 7:12.16 39.36	750m: 9:49.24 39.33			
	200m: 2:31.32 39.72		400m: 5:13.01 40.66	600m: 7:51.08 38.92	800m: 10:25.29 36.05			
11.	Ana Carmo Pinheiro	02	124856	Ginasio Santo Tirso	10:26.39	+0,82	448	
	50m: 33.24 33.24		250m: 3:07.96 39.21	450m: 5:48.18 39.83	650m: 8:28.81 40.49			
	100m: 1:11.15 37.91		300m: 3:47.99 39.63	500m: 6:27.98 39.80	700m: 9:08.45 39.64			
	150m: 1:49.77 38.62		350m: 4:28.14 40.55	550m: 7:08.20 40.22	750m: 9:48.63 40.18			
	200m: 2:28.75 38.98		400m: 5:08.35 40.21	600m: 7:48.32 40.12	800m: 10:26.39 37.76			
12.	Nicia Filipa Ferreira	01	112459	Natacao Guarda	10:35.08	+0,99	429	
	50m: 32.99 32.99		250m: 3:06.44 39.51	450m: 5:49.28 41.18	650m: 8:32.10 41.44			
	100m: 1:09.82 36.83		300m: 3:46.41 39.97	500m: 6:30.39 41.11	700m: 9:13.91 41.81			
	150m: 1:47.92 38.10		350m: 4:26.82 40.41	550m: 7:10.85 40.46	750m: 9:56.10 42.19			
	200m: 2:26.93 39.01		400m: 5:08.10 41.28	600m: 7:50.66 39.81	800m: 10:35.08 38.98			
13.	Adriana Robalo Garcia	00	120668	Naval Praia Vitoria	10:36.82		426	
14.	Constanca Basilio Gil	03	125758	CLAC-Entroncamento	10:39.55	+0,82	421	
	50m: 34.26 34.26		250m: 3:11.91 40.41	450m: 5:56.07 41.17	650m: 8:39.82 41.14			
	100m: 1:12.20 37.94		300m: 3:52.90 40.99	500m: 6:36.98 40.91	700m: 9:21.10 41.28			
	150m: 1:51.56 39.36		350m: 4:33.51 40.61	550m: 7:17.46 40.48	750m: 10:02.12 41.02			
	200m: 2:31.50 39.94		400m: 5:14.90 41.39	600m: 7:58.68 41.22	800m: 10:39.55 37.43			
15.	Sara Tavares Baptista	00	123942	Feirense	10:40.29	+0,81	419	
	50m: 34.25 34.25		250m: 3:15.03 40.81	450m: 5:59.25 40.35	650m: 8:42.70 40.71			
	100m: 1:13.03 38.78		300m: 3:56.29 41.26	500m: 6:40.52 41.27	700m: 9:23.61 40.91			
	150m: 1:53.47 40.44		350m: 4:37.64 41.35	550m: 7:20.79 40.27	750m: 10:03.23 39.62			
	200m: 2:34.22 40.75		400m: 5:18.90 41.26	600m: 8:01.99 41.20	800m: 10:40.29 37.06			
16.	Soraia Margarida Carvalho	00	124112	Albicastrense	10:49.61	+0,81	401	
	50m: 34.62 34.62		250m: 3:12.40 39.76	450m: 5:57.26 41.74	650m: 8:45.54 41.70			
	100m: 1:12.50 37.88		300m: 3:53.24 40.84	500m: 6:38.79 41.53	700m: 9:27.36 41.82			
	150m: 1:52.02 39.52		350m: 4:34.31 41.07	550m: 7:20.94 42.15	750m: 10:09.28 41.92			
	200m: 2:32.64 40.62		400m: 5:15.52 41.21	600m: 8:03.84 42.90	800m: 10:49.61 40.33			
17.	Leonor Rebelo Pereira	96	109898	Amigos Montanha	11:07.79	+0,88	369	
	50m: 34.29 34.29		250m: 3:17.49 41.46	450m: 6:07.31 42.66	650m: 8:59.91 43.38			
	100m: 1:14.06 39.77		300m: 3:59.60 42.11	500m: 6:50.29 42.98	700m: 9:43.07 43.16			
	150m: 1:54.92 40.86		350m: 4:41.82 42.22	550m: 7:33.25 42.96	750m: 10:26.28 43.21			
	200m: 2:36.03 41.11		400m: 5:24.65 42.83	600m: 8:16.53 43.28	800m: 11:07.79 41.51			
18.	Filipa Manuela Martins	03	128708	Penafiel	11:10.99	+1,02	364	
	50m: 36.54 36.54		250m: 3:26.92 43.42	450m: 6:17.89 42.47	650m: 9:06.98 41.88			
	100m: 1:17.72 41.18		300m: 4:09.70 42.78	500m: 7:00.73 42.84	700m: 9:48.67 41.69			
	150m: 2:00.59 42.87		350m: 4:52.71 43.01	550m: 7:43.18 42.45	750m: 10:30.86 42.19			
	200m: 2:43.50 42.91		400m: 5:35.42 42.71	600m: 8:25.10 41.92	800m: 11:10.99 40.13			
19.	Maria Madalena Bento	05	127217	BUZIOS-Coruche	11:16.75	+0,87	355	
	50m: 33.64 33.64		250m: 3:34.54 43.21	450m: 6:24.06 42.11	650m: 9:12.90 42.03			
	100m: 1:12.48 38.84		300m: 4:17.35 42.81	500m: 7:06.50 42.44	700m: 9:55.27 42.37			
	150m: 2:02.06 49.58		350m: 4:59.74 42.39	550m: 7:48.62 42.12	750m: 10:36.57 41.30			
	200m: 2:51.33 49.27		400m: 5:41.95 42.21	600m: 8:30.87 42.25	800m: 11:16.75 40.18			
20.	Ana Beatriz Pereira	04	124073	Salvaterra de Magos	11:16.79	+0,88	355	
	50m: 34.39 34.39		250m: 3:18.42 42.67	450m: 6:13.56 43.80	650m: 9:09.39 42.90			
	100m: 1:13.39 39.00		300m: 4:02.04 43.62	500m: 6:58.12 44.56	700m: 9:52.98 43.59			
	150m: 1:53.76 40.37		350m: 4:45.34 43.30	550m: 7:41.90 43.78	750m: 10:35.24 42.26			
	200m: 2:35.75 41.99		400m: 5:29.76 44.42	600m: 8:26.49 44.59	800m: 11:16.79 41.55			
21.	Maiya Kathleen Farrer	00	202379	Lagoa AC	11:38.92	+0,83	322	
	50m: 34.10 34.10		250m: 3:19.70 43.24	450m: 6:20.20 46.08	650m: 9:23.62 45.76			
	100m: 1:13.19 39.09		300m: 4:04.21 44.51	500m: 7:05.41 45.21	700m: 10:09.41 45.79			
	150m: 1:54.36 41.17		350m: 4:49.05 44.84	550m: 7:51.23 45.82	750m: 10:55.91 46.50			
	200m: 2:36.46 42.10		400m: 5:34.12 45.07	600m: 8:37.86 46.63	800m: 11:38.92 43.01			

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
22.	Jessica Sofia Pinto	00	127895	Amarantus	11:47.30	+0,86	311	
	50m: 35.15 35.15		250m: 3:27.07	45.38	450m: 6:29.72	45.56	650m: 9:33.57	46.01
	100m: 1:14.66 39.51		300m: 4:12.81	45.74	500m: 7:15.50	45.78	700m: 10:19.43	45.86
	150m: 1:57.07 42.41		350m: 4:58.37	45.56	550m: 8:01.62	46.12	750m: 11:04.64	45.21
	200m: 2:41.69 44.62		400m: 5:44.16	45.79	600m: 8:47.56	45.94	800m: 11:47.30	42.66
23.	Barbara Garrido Franco	04	128261	Elvense	12:00.19	+0,69	294	
	50m: 36.33 36.33		250m: 3:37.16	45.95	450m: 6:42.76	46.67	650m: 9:50.30	47.15
	100m: 1:19.46 43.13		300m: 4:23.75	46.59	500m: 7:29.59	46.83	700m: 10:34.81	44.51
	150m: 2:05.11 45.65		350m: 5:09.37	45.62	550m: 8:16.49	46.90	750m: 11:19.57	44.76
	200m: 2:51.21 46.10		400m: 5:56.09	46.72	600m: 9:03.15	46.66	800m: 12:00.19	40.62
24.	Matilde Silva Pires	04	130560	Estremoz / Estremozcarnes	13:03.61	+1,00	228	
	50m: 40.63 40.63		250m: 3:59.23	50.18	450m: 7:19.88	50.58	650m: 10:41.11	50.46
	100m: 1:27.28 46.65		300m: 4:48.11	48.88	500m: 8:10.79	50.91	700m: 11:30.23	49.12
	150m: 2:18.36 51.08		350m: 5:38.04	49.93	550m: 9:01.48	50.69	750m: 12:18.83	48.60
	200m: 3:09.05 50.69		400m: 6:29.30	51.26	600m: 9:50.65	49.17	800m: 13:03.61	44.78
25.	Matilde Fava Cordeiro	05	132199	Campomaiorense	13:35.97	+1,01	202	
	50m: 45.91 45.91		250m: 4:10.82	51.76	450m: 7:40.11	52.60	650m: 11:08.28	51.43
	100m: 1:36.89 50.98		300m: 5:02.92	52.10	500m: 8:31.97	51.86	700m: 11:57.67	49.39
	150m: 2:28.08 51.19		350m: 5:55.10	52.18	550m: 9:25.67	53.70	750m: 12:47.31	49.64
	200m: 3:19.06 50.98		400m: 6:47.51	52.41	600m: 10:16.85	51.18	800m: 13:35.97	48.66