

Prova 35	Femin., 400m Livres				Absoluto
23-07-2016 - 18:05					Startlist Final
Rec Nac Absoluto	4:13.34	Diana Margarida Duraes	FCP	Oeiras	12-03-2016
Rec Nac Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	27-07-1979
Rec Nac Inf A	4:31.53	Alexandra Maria Silva	POR	Skovde (SWE)	08-08-1980
Rec Nac Juv B	4:26.20	Maria Francisca Cabral	FCP	Oeiras	26-07-2014
Rec Nac Juv A	4:20.78	Tamila Hryhorivna Holub	POR	Porto	07-06-2014
Rec Nac Jun16	4:20.37	Marta Andreia Ferreira	POR	Berlim (GER)	04-08-2002
Rec Nac Jun17	4:16.77	Tamila Hryhorivna Holub	POR	Hodmezovasarhely (HUN)	06-07-2016
Rec Nac Sen	4:13.34	Diana Margarida Duraes	FCP	Oeiras	12-03-2016

Pista	Nome	Ano	Clube	Tp inscrição	
<b>Final A, Open, 18:05</b>					
0	Avital Flaishman	00	Israel	4:33.86	___:___.
1	Madalena Gomes Azevedo	99	Alges	4:32.79	___:___.
2	Roni Bove	96	Israel	4:29.92	___:___.
3	Tamila Hryhorivna Holub	99	Braga	4:23.48	___:___.
4	Paula Alonso Lorenzo	95	C.N. Parquesol	4:19.03	___:___.
5	Diana Margarida Duraes	96	Porto	4:19.52	___:___.
6	Maria Teresa Amorim	97	Porto	4:28.07	___:___.
7	Ines Jacinto Henriques	00	Pimpoes/Cimai	4:30.49	___:___.
8	Teresa Miguel Veloso	00	Nautico /Urgicentro-Sanfil	4:33.43	___:___.
9	Ana Rita Faria	00	Porto	4:34.96	___:___.

<b>Final B, Open, 18:10</b>					
0	Ana Silva Costa	98	Famalicao	4:40.15	___:___.
1	Eden Rachel Pescara	00	Israel	4:39.18	___:___.
2	Patricia Palmeiro Baeta	00	Scalabiswim	4:37.61	___:___.
3	Barbara Coimbra Teodosio	99	Nautico Marinha Grande	4:35.89	___:___.
4	Mor Jacob	01	Israel	4:35.55	___:___.
5	Beatriz Paulo Ranito	99	Sporting	4:35.63	___:___.
6	Madalena Amaro Machado	98	Academico Viseu	4:37.42	___:___.
7	Ines Figueira Santos	00	Uniao Piedense	4:38.43	___:___.
8	Mariana Santos Ferreira	00	Miranda do Corvo	4:39.75	___:___.
9	Vania Soares Neves	90	Fluvial Portuense	4:40.37	___:___.

<b>Inscrições suplentes, Open</b>					
	Raquel Paulo Ranito	94	Sporting	4:40.50	___:___.
	Miguel Claudia Tierno De	99	C.N. Parquesol	4:42.03	___:___.
	Ana Sequeira Florindo	02	Nautico /Urgicentro-Sanfil	4:44.75	___:___.
	Nina Pinto Ribeiro	02	Foca	4:47.49	___:___.

Prova 35, Femin., 400m Livres, Final

Final, Juvenis, 18:15

0 Luisa Maria Machado	01	Uniao Piedense	4:40.43	__ : __. __
1 Ana Rita Ramos	02	Porto	4:38.11	__ : __. __
2 Maria Carolina Costa	01	Porto	4:37.01	__ : __. __
3 Mariana Fernandes Barbosa	02	Porto	4:35.43	__ : __. __
4 Sara Sofia Alves	01	Columbofila Cantanhedense	4:30.72	__ : __. __
5 Joana Costa Amador	01	Galitos / Bresimar	4:34.33	__ : __. __
6 Isabel Porfirio Pego	01	Porto	4:36.77	__ : __. __
7 Filipa Serrano Rodrigues	01	Uniao Piedense	4:37.38	__ : __. __
8 Mariana Amaral Mendes	02	Colegio Monte Maior	4:38.75	__ : __. __
9 Rita Alexandra Vital	01	Alges	4:44.65	__ : __. __