

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 21 a 24 de Julho de 2016



Prova 46
24-07-2016 - 16:20

Masc., 800m Livres

Open
Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Inf B	9:12.56	Pedro Fontoura Oliveira	CFB	Lisboa	27-07-2003
Rec Nac Inf A	8:54.25	Pedro Fontoura Oliveira	CFB	Lisboa	29-05-2004
Rec Nac Juv B	8:43.31	Duarte Miguel Jorge	CGA	Oeiras	21-07-2016
Rec Nac Juv A	8:23.54	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009
Rec Nac Jun17	8:13.49	Gustavo Manuel Santa	POR	Helsinki (FIN)	17-07-2010
Rec Nac Jun18	8:06.97	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	09-07-2016
Rec Nac Sen	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	8:16.13	+0,71	756	
	50m: 28.36 28.36	250m: 2:31.27 30.74	450m: 4:35.58	31.48	650m: 6:41.14	31.67	
	100m: 58.85 30.49	300m: 3:02.05 30.78	500m: 5:06.83	31.25	700m: 7:12.68	31.54	
	150m: 1:29.76 30.91	350m: 3:33.09 31.04	550m: 5:38.24	31.41	750m: 7:44.86	32.18	
	200m: 2:00.53 30.77	400m: 4:04.10 31.01	600m: 6:09.47	31.23	800m: 8:16.13	31.27	
2.	Joao Pedro Gil	97	Individual ANL	8:22.93	+0,58	726	
	50m: 28.62 28.62	250m: 2:34.74 31.76	450m: 4:43.37	31.90	650m: 6:51.49	31.54	
	100m: 59.58 30.96	300m: 3:06.96 32.22	500m: 5:15.65	32.28	700m: 7:22.86	31.37	
	150m: 1:31.35 31.77	350m: 3:39.16 32.20	550m: 5:47.77	32.12	750m: 7:53.48	30.62	
	200m: 2:02.98 31.63	400m: 4:11.47 32.31	600m: 6:19.95	32.18	800m: 8:22.93	29.45	
3.	Antonio Fernando Pinto	99	Lousada SXXI	8:23.88	+0,77	722	
	50m: 28.46 28.46	250m: 2:33.64 31.49	450m: 4:40.78	31.85	650m: 6:49.54	32.24	
	100m: 59.45 30.99	300m: 3:05.31 31.67	500m: 5:12.81	32.03	700m: 7:21.57	32.03	
	150m: 1:30.88 31.43	350m: 3:37.15 31.84	550m: 5:45.07	32.26	750m: 7:53.58	32.01	
	200m: 2:02.15 31.27	400m: 4:08.93 31.78	600m: 6:17.30	32.23	800m: 8:23.88	30.30	
4.	Andre Filipe Farinha	96	Benfica	8:26.59	+0,61	710	
	50m: 29.26 29.26	250m: 2:36.76 31.97	450m: 4:46.42	32.40	650m: 6:53.82	32.02	
	100m: 1:00.61 31.35	300m: 3:08.81 32.05	500m: 5:18.19	31.77	700m: 7:25.39	31.57	
	150m: 1:32.81 32.20	350m: 3:41.79 32.98	550m: 5:50.26	32.07	750m: 7:57.09	31.70	
	200m: 2:04.79 31.98	400m: 4:14.02 32.23	600m: 6:21.80	31.54	800m: 8:26.59	29.50	
5.	Jose Paula Carvalho	98	Uniao Piedense	8:26.80	+0,72	709	
	50m: 29.39 29.39	250m: 2:36.69 32.10	450m: 4:44.52	31.77	650m: 6:52.95	31.95	
	100m: 1:00.59 31.20	300m: 3:08.69 32.00	500m: 5:16.60	32.08	700m: 7:24.79	31.84	
	150m: 1:32.46 31.87	350m: 3:40.86 32.17	550m: 5:48.96	32.36	750m: 7:56.59	31.80	
	200m: 2:04.59 32.13	400m: 4:12.75 31.89	600m: 6:21.00	32.04	800m: 8:26.80	30.21	
6.	Mario Andre Bonanca	90	Sporting	8:33.63	+0,79	682	
	50m: 28.98 28.98	250m: 2:35.49 31.65	450m: 4:44.75	32.09	650m: 6:56.03	33.39	
	100m: 1:00.17 31.19	300m: 3:07.60 32.11	500m: 5:17.04	32.29	700m: 7:28.69	32.66	
	150m: 1:31.97 31.80	350m: 3:39.93 32.33	550m: 5:49.58	32.54	750m: 8:01.45	32.76	
	200m: 2:03.84 31.87	400m: 4:12.66 32.73	600m: 6:22.64	33.06	800m: 8:33.63	32.18	
7.	Guilherme Pereira Dias	97	Sporting	8:34.72	+0,71	677	
	50m: 29.21 29.21	250m: 2:38.44 32.46	450m: 4:47.83	32.40	650m: 6:58.31	32.44	
	100m: 1:01.02 31.81	300m: 3:10.97 32.53	500m: 5:20.44	32.61	700m: 7:30.78	32.47	
	150m: 1:33.44 32.42	350m: 3:43.29 32.32	550m: 5:53.24	32.80	750m: 8:03.30	32.52	
	200m: 2:05.98 32.54	400m: 4:15.43 32.14	600m: 6:25.87	32.63	800m: 8:34.72	31.42	
8.	Diogo Manuel Marques	98	Columbofila Cantanhedense	8:39.46	+0,71	659	
	50m: 29.45 29.45	250m: 2:38.25 32.80	450m: 4:50.29	32.85	650m: 7:01.68	32.45	
	100m: 1:00.97 31.52	300m: 3:11.11 32.86	500m: 5:23.03	32.74	700m: 7:35.04	33.36	
	150m: 1:32.96 31.99	350m: 3:44.39 33.28	550m: 5:56.18	33.15	750m: 8:07.78	32.74	
	200m: 2:05.45 32.49	400m: 4:17.44 33.05	600m: 6:29.23	33.05	800m: 8:39.46	31.68	



Prova 46, Masc., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Tiago Silva Oliveira	94	Fluvial Portuense	8:42.48	+0,72	647	
	50m: 28.99 28.99	250m: 2:38.56	32.60	450m: 4:50.20	33.03	650m: 7:03.83	33.55
	100m: 1:00.59 31.60	300m: 3:11.35	32.79	500m: 5:23.52	33.32	700m: 7:37.16	33.33
	150m: 1:33.45 32.86	350m: 3:44.13	32.78	550m: 5:56.86	33.34	750m: 8:10.16	33.00
	200m: 2:05.96 32.51	400m: 4:17.17	33.04	600m: 6:30.28	33.42	800m: 8:42.48	32.32
10.	Leonardo Peralta Reis	96	Benedita	8:45.80	+0,75	635	
	50m: 29.73 29.73	250m: 2:40.48	32.62	450m: 4:52.90	33.01	650m: 7:07.06	33.68
	100m: 1:02.29 32.56	300m: 3:13.55	33.07	500m: 5:26.21	33.31	700m: 7:40.60	33.54
	150m: 1:34.92 32.63	350m: 3:46.60	33.05	550m: 5:59.95	33.74	750m: 8:13.50	32.90
	200m: 2:07.86 32.94	400m: 4:19.89	33.29	600m: 6:33.38	33.43	800m: 8:45.80	32.30
11.	Sergio Gomes Abreu	96	Naval do Funchal	8:46.74	+0,69	632	
	50m: 28.41 28.41	250m: 2:39.23	33.33	450m: 4:53.35	33.73	650m: 7:09.07	33.86
	100m: 59.85 31.44	300m: 3:12.52	33.29	500m: 5:27.24	33.89	700m: 7:43.10	34.03
	150m: 1:32.57 32.72	350m: 3:46.03	33.51	550m: 6:01.28	34.04	750m: 8:16.44	33.34
	200m: 2:05.90 33.33	400m: 4:19.62	33.59	600m: 6:35.21	33.93	800m: 8:46.74	30.30
12.	Miguel Ribeiro Bate	99	Alges	8:47.81	+0,71	628	
	50m: 29.45 29.45	250m: 2:40.45	33.17	450m: 4:53.04	33.15	650m: 7:08.54	33.83
	100m: 1:01.64 32.19	300m: 3:14.09	33.64	500m: 5:26.57	33.53	700m: 7:42.19	33.65
	150m: 1:34.34 32.70	350m: 3:47.19	33.10	550m: 6:00.48	33.91	750m: 8:15.01	32.82
	200m: 2:07.28 32.94	400m: 4:19.89	32.70	600m: 6:34.71	34.23	800m: 8:47.81	32.80
13.	Tiago Carlos Santos	98	Uniao Piedense	8:49.76	+0,73	621	
	50m: 29.99 29.99	250m: 2:42.15	33.14	450m: 4:56.40	33.85	650m: 7:11.37	33.46
	100m: 1:02.41 32.42	300m: 3:15.36	33.21	500m: 5:30.07	33.67	700m: 7:45.05	33.68
	150m: 1:35.76 33.35	350m: 3:48.97	33.61	550m: 6:03.83	33.76	750m: 8:18.38	33.33
	200m: 2:09.01 33.25	400m: 4:22.55	33.58	600m: 6:37.91	34.08	800m: 8:49.76	31.38
14.	Afonso Calais Queiroga	98	Uniao Piedense	8:50.17	+0,63	620	
	50m: 31.27 31.27	250m: 2:46.31	33.70	450m: 4:59.15	32.80	650m: 7:11.28	32.91
	100m: 1:04.95 33.68	300m: 3:19.77	33.46	500m: 5:32.37	33.22	700m: 7:44.30	33.02
	150m: 1:38.86 33.91	350m: 3:53.04	33.27	550m: 6:05.41	33.04	750m: 8:17.46	33.16
	200m: 2:12.61 33.75	400m: 4:26.35	33.31	600m: 6:38.37	32.96	800m: 8:50.17	32.71
15.	Joao Carlos Santos	96	Uniao Piedense	8:51.35	+0,66	616	
	50m: 29.34 29.34	250m: 2:40.56	33.56	450m: 4:56.93	34.03	650m: 7:12.90	33.90
	100m: 1:01.36 32.02	300m: 3:14.31	33.75	500m: 5:30.90	33.97	700m: 7:47.41	34.51
	150m: 1:33.66 32.30	350m: 3:48.72	34.41	550m: 6:04.81	33.91	750m: 8:20.15	32.74
	200m: 2:07.00 33.34	400m: 4:22.90	34.18	600m: 6:39.00	34.19	800m: 8:51.35	31.20
16.	Tiago Andre Carvalho	99	Academica de Coimbra	8:55.08	+0,72	603	
	50m: 30.26 30.26	250m: 2:46.49	34.84	450m: 5:02.17	33.50	650m: 7:16.59	33.41
	100m: 1:03.02 32.76	300m: 3:20.34	33.85	500m: 5:35.70	33.53	700m: 7:50.29	33.70
	150m: 1:36.99 33.97	350m: 3:54.66	34.32	550m: 6:09.60	33.90	750m: 8:23.18	32.89
	200m: 2:11.65 34.66	400m: 4:28.67	34.01	600m: 6:43.18	33.58	800m: 8:55.08	31.90
17.	Joao Miguel Cardoso	97	Geslours	8:56.26	+0,76	599	
	50m: 29.53 29.53	250m: 2:42.47	33.42	450m: 4:57.95	33.83	650m: 7:15.15	34.50
	100m: 1:01.88 32.35	300m: 3:16.58	34.11	500m: 5:32.02	34.07	700m: 7:49.67	34.52
	150m: 1:35.32 33.44	350m: 3:50.26	33.68	550m: 6:06.45	34.43	750m: 8:23.66	33.99
	200m: 2:09.05 33.73	400m: 4:24.12	33.86	600m: 6:40.65	34.20	800m: 8:56.26	32.60
18.	Joao Santos Mendes	98	Leixoes	8:56.83	+0,79	597	
	50m: 29.58 29.58	250m: 2:42.47	33.32	450m: 5:00.06	34.34	650m: 7:17.34	33.26
	100m: 1:02.48 32.90	300m: 3:16.76	34.29	500m: 5:35.15	35.09	700m: 7:51.24	33.90
	150m: 1:35.64 33.16	350m: 3:51.06	34.30	550m: 6:09.49	34.34	750m: 8:24.02	32.78
	200m: 2:09.15 33.51	400m: 4:25.72	34.66	600m: 6:44.08	34.59	800m: 8:56.83	32.81

Prova 46, Masc., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	8:58.14	+0,74	593	
	50m: 29.74 29.74	250m: 2:42.67	33.93	450m: 5:00.08	34.77	650m: 7:17.25	33.72
	100m: 1:01.78 32.04	300m: 3:16.46	33.79	500m: 5:34.84	34.76	700m: 7:51.48	34.23
	150m: 1:35.24 33.46	350m: 3:50.87	34.41	550m: 6:09.13	34.29	750m: 8:25.23	33.75
	200m: 2:08.74 33.50	400m: 4:25.31	34.44	600m: 6:43.53	34.40	800m: 8:58.14	32.91
20.	Diogo Rosado Leca	98	Colegio Monte Maior	9:01.32	+0,71	582	
	50m: 30.56 30.56	250m: 2:45.67	34.00	450m: 5:03.03	34.56	650m: 7:21.78	34.93
	100m: 1:03.98 33.42	300m: 3:19.89	34.22	500m: 5:37.28	34.25	700m: 7:55.28	33.50
	150m: 1:37.67 33.69	350m: 3:54.18	34.29	550m: 6:12.07	34.79	750m: 8:29.12	33.84
	200m: 2:11.67 34.00	400m: 4:28.47	34.29	600m: 6:46.85	34.78	800m: 9:01.32	32.20
21.	Pedro Maria Bessa	95	Nautico /Urgicentro-Sanfil	9:01.89	+0,71	580	
	50m: 29.24 29.24	250m: 2:43.08	33.83	450m: 4:59.69	34.35	650m: 7:18.65	35.12
	100m: 1:01.42 32.18	300m: 3:17.03	33.95	500m: 5:34.52	34.83	700m: 7:53.54	34.89
	150m: 1:34.89 33.47	350m: 3:51.07	34.04	550m: 6:08.93	34.41	750m: 8:27.98	34.44
	200m: 2:09.25 34.36	400m: 4:25.34	34.27	600m: 6:43.53	34.60	800m: 9:01.89	33.91
22.	Tiago Douwens Paula	99	Sporting	9:04.09	+0,71	573	
	50m: 30.06 30.06	250m: 2:44.44	34.26	450m: 5:02.82	35.02	650m: 7:21.53	34.81
	100m: 1:02.81 32.75	300m: 3:18.91	34.47	500m: 5:37.14	34.32	700m: 7:56.19	34.66
	150m: 1:36.51 33.70	350m: 3:53.31	34.40	550m: 6:11.95	34.81	750m: 8:30.68	34.49
	200m: 2:10.18 33.67	400m: 4:27.80	34.49	600m: 6:46.72	34.77	800m: 9:04.09	33.41
23.	Luis Pedro Silva	98	Desportivo Nacional	9:07.55	+0,71	562	
	50m: 30.02 30.02	250m: 2:43.68	34.20	450m: 5:02.59	35.16	650m: 7:23.40	35.40
	100m: 1:02.32 32.30	300m: 3:17.93	34.25	500m: 5:37.34	34.75	700m: 7:58.37	34.97
	150m: 1:36.10 33.78	350m: 3:52.61	34.68	550m: 6:12.62	35.28	750m: 8:33.28	34.91
	200m: 2:09.48 33.38	400m: 4:27.43	34.82	600m: 6:48.00	35.38	800m: 9:07.55	34.27
24.	Diogo Rodrigues Freitas	98	Uniao Piedense	9:14.83	+0,73	541	
	50m: 30.65 30.65	250m: 2:46.99	34.73	450m: 5:07.38	34.85	650m: 7:29.52	35.74
	100m: 1:03.80 33.15	300m: 3:21.99	35.00	500m: 5:42.71	35.33	700m: 8:05.45	35.93
	150m: 1:37.55 33.75	350m: 3:57.32	35.33	550m: 6:18.30	35.59	750m: 8:40.73	35.28
	200m: 2:12.26 34.71	400m: 4:32.53	35.21	600m: 6:53.78	35.48	800m: 9:14.83	34.10
25.	Joao Eduardo Ilha	98	Natacao Olhao	9:15.00	+0,82	540	
	50m: 29.99 29.99	250m: 2:48.38	35.25	450m: 5:09.32	34.79	650m: 7:30.41	34.28
	100m: 1:03.67 33.68	300m: 3:23.80	35.42	500m: 5:45.13	35.81	700m: 8:06.07	35.66
	150m: 1:37.66 33.99	350m: 3:58.63	34.83	550m: 6:20.12	34.99	750m: 8:40.98	34.91
	200m: 2:13.13 35.47	400m: 4:34.53	35.90	600m: 6:56.13	36.01	800m: 9:15.00	34.02
26.	Goncalo Manuel Paquete	99	Fluvial Portuense	9:17.66	+0,69	532	
	50m: 30.09 30.09	250m: 2:46.36	34.73	450m: 5:06.96	35.95	650m: 7:30.41	35.96
	100m: 1:03.22 33.13	300m: 3:21.01	34.65	500m: 5:42.83	35.87	700m: 8:06.88	36.47
	150m: 1:36.68 33.46	350m: 3:55.67	34.66	550m: 6:18.65	35.82	750m: 8:42.73	35.85
	200m: 2:11.63 34.95	400m: 4:31.01	35.34	600m: 6:54.45	35.80	800m: 9:17.66	34.93
27.	Renato Torre Oliveira	99	Viana Natacao	9:33.84	+0,72	489	
	50m: 30.99 30.99	250m: 2:50.14	35.52	450m: 5:13.42	35.97	650m: 7:41.80	37.18
	100m: 1:04.70 33.71	300m: 3:25.67	35.53	500m: 5:50.05	36.63	700m: 8:19.34	37.54
	150m: 1:39.45 34.75	350m: 4:01.36	35.69	550m: 6:26.97	36.92	750m: 8:56.92	37.58
	200m: 2:14.62 35.17	400m: 4:37.45	36.09	600m: 7:04.62	37.65	800m: 9:33.84	36.92
DNF	Tiago Filipe Campos	99	Scalabiswim				

Campeonato Nacional de Juvenis
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Oeiras, 21 a 24 de Julho de 2016



Prova 46, Masc., 800m Livres

Prova 46
24-07-2016 - 16:20 Masc., 800m Livres Absolutos Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Juv B	8:43.31	Duarte Miguel Jorge	CGA	Oeiras	21-07-2016
Rec Nac Juv A	8:23.54	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009
Rec Nac Jun17	8:13.49	Gustavo Manuel Santa	POR	Helsinki (FIN)	17-07-2010
Rec Nac Jun18	8:06.97	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	09-07-2016
Rec Nac Sen	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	8:16.13	+0,71	756	
	50m: 28.36 28.36	250m: 2:31.27 30.74	450m: 4:35.58 31.48	650m: 6:41.14 31.67			
	100m: 58.85 30.49	300m: 3:02.05 30.78	500m: 5:06.83 31.25	700m: 7:12.68 31.54			
	150m: 1:29.76 30.91	350m: 3:33.09 31.04	550m: 5:38.24 31.41	750m: 7:44.86 32.18			
	200m: 2:00.53 30.77	400m: 4:04.10 31.01	600m: 6:09.47 31.23	800m: 8:16.13 31.27			
2.	Joao Pedro Gil	97	Individual ANL	8:22.93	+0,58	726	
	50m: 28.62 28.62	250m: 2:34.74 31.76	450m: 4:43.37 31.90	650m: 6:51.49 31.54			
	100m: 59.58 30.96	300m: 3:06.96 32.22	500m: 5:15.65 32.28	700m: 7:22.86 31.37			
	150m: 1:31.35 31.77	350m: 3:39.16 32.20	550m: 5:47.77 32.12	750m: 7:53.48 30.62			
	200m: 2:02.98 31.63	400m: 4:11.47 32.31	600m: 6:19.95 32.18	800m: 8:22.93 29.45			
3.	Antonio Fernando Pinto	99	Lousada SXXI	8:23.88	+0,77	722	
	50m: 28.46 28.46	250m: 2:33.64 31.49	450m: 4:40.78 31.85	650m: 6:49.54 32.24			
	100m: 59.45 30.99	300m: 3:05.31 31.67	500m: 5:12.81 32.03	700m: 7:21.57 32.03			
	150m: 1:30.88 31.43	350m: 3:37.15 31.84	550m: 5:45.07 32.26	750m: 7:53.58 32.01			
	200m: 2:02.15 31.27	400m: 4:08.93 31.78	600m: 6:17.30 32.23	800m: 8:23.88 30.30			
4.	Andre Filipe Farinha	96	Benfica	8:26.59	+0,61	710	
	50m: 29.26 29.26	250m: 2:36.76 31.97	450m: 4:46.42 32.40	650m: 6:53.82 32.02			
	100m: 1:00.61 31.35	300m: 3:08.81 32.05	500m: 5:18.19 31.77	700m: 7:25.39 31.57			
	150m: 1:32.81 32.20	350m: 3:41.79 32.98	550m: 5:50.26 32.07	750m: 7:57.09 31.70			
	200m: 2:04.79 31.98	400m: 4:14.02 32.23	600m: 6:21.80 31.54	800m: 8:26.59 29.50			
5.	Jose Paula Carvalho	98	Uniao Piedense	8:26.80	+0,72	709	
	50m: 29.39 29.39	250m: 2:36.69 32.10	450m: 4:44.52 31.77	650m: 6:52.95 31.95			
	100m: 1:00.59 31.20	300m: 3:08.69 32.00	500m: 5:16.60 32.08	700m: 7:24.79 31.84			
	150m: 1:32.46 31.87	350m: 3:40.86 32.17	550m: 5:48.96 32.36	750m: 7:56.59 31.80			
	200m: 2:04.59 32.13	400m: 4:12.75 31.89	600m: 6:21.00 32.04	800m: 8:26.80 30.21			
6.	Mario Andre Bonanca	90	Sporting	8:33.63	+0,79	682	
	50m: 28.98 28.98	250m: 2:35.49 31.65	450m: 4:44.75 32.09	650m: 6:56.03 33.39			
	100m: 1:00.17 31.19	300m: 3:07.60 32.11	500m: 5:17.04 32.29	700m: 7:28.69 32.66			
	150m: 1:31.97 31.80	350m: 3:39.93 32.33	550m: 5:49.58 32.54	750m: 8:01.45 32.76			
	200m: 2:03.84 31.87	400m: 4:12.66 32.73	600m: 6:22.64 33.06	800m: 8:33.63 32.18			
7.	Guilherme Pereira Dias	97	Sporting	8:34.72	+0,71	677	
	50m: 29.21 29.21	250m: 2:38.44 32.46	450m: 4:47.83 32.40	650m: 6:58.31 32.44			
	100m: 1:01.02 31.81	300m: 3:10.97 32.53	500m: 5:20.44 32.61	700m: 7:30.78 32.47			
	150m: 1:33.44 32.42	350m: 3:43.29 32.32	550m: 5:53.24 32.80	750m: 8:03.30 32.52			
	200m: 2:05.98 32.54	400m: 4:15.43 32.14	600m: 6:25.87 32.63	800m: 8:34.72 31.42			
8.	Diogo Manuel Marques	98	Columbofila Cantanhedense	8:39.46	+0,71	659	
	50m: 29.45 29.45	250m: 2:38.25 32.80	450m: 4:50.29 32.85	650m: 7:01.68 32.45			
	100m: 1:00.97 31.52	300m: 3:11.11 32.86	500m: 5:23.03 32.74	700m: 7:35.04 33.36			
	150m: 1:32.96 31.99	350m: 3:44.39 33.28	550m: 5:56.18 33.15	750m: 8:07.78 32.74			
	200m: 2:05.45 32.49	400m: 4:17.44 33.05	600m: 6:29.23 33.05	800m: 8:39.46 31.68			



Prova 46, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Tiago Silva Oliveira	94	Fluvial Portuense	8:42.48	+0,72	647	
	50m: 28.99 28.99	250m: 2:38.56	32.60	450m: 4:50.20	33.03	650m: 7:03.83	33.55
	100m: 1:00.59 31.60	300m: 3:11.35	32.79	500m: 5:23.52	33.32	700m: 7:37.16	33.33
	150m: 1:33.45 32.86	350m: 3:44.13	32.78	550m: 5:56.86	33.34	750m: 8:10.16	33.00
	200m: 2:05.96 32.51	400m: 4:17.17	33.04	600m: 6:30.28	33.42	800m: 8:42.48	32.32
10.	Leonardo Peralta Reis	96	Benedita	8:45.80	+0,75	635	
	50m: 29.73 29.73	250m: 2:40.48	32.62	450m: 4:52.90	33.01	650m: 7:07.06	33.68
	100m: 1:02.29 32.56	300m: 3:13.55	33.07	500m: 5:26.21	33.31	700m: 7:40.60	33.54
	150m: 1:34.92 32.63	350m: 3:46.60	33.05	550m: 5:59.95	33.74	750m: 8:13.50	32.90
	200m: 2:07.86 32.94	400m: 4:19.89	33.29	600m: 6:33.38	33.43	800m: 8:45.80	32.30
11.	Sergio Gomes Abreu	96	Naval do Funchal	8:46.74	+0,69	632	
	50m: 28.41 28.41	250m: 2:39.23	33.33	450m: 4:53.35	33.73	650m: 7:09.07	33.86
	100m: 59.85 31.44	300m: 3:12.52	33.29	500m: 5:27.24	33.89	700m: 7:43.10	34.03
	150m: 1:32.57 32.72	350m: 3:46.03	33.51	550m: 6:01.28	34.04	750m: 8:16.44	33.34
	200m: 2:05.90 33.33	400m: 4:19.62	33.59	600m: 6:35.21	33.93	800m: 8:46.74	30.30
12.	Miguel Ribeiro Bate	99	Alges	8:47.81	+0,71	628	
	50m: 29.45 29.45	250m: 2:40.45	33.17	450m: 4:53.04	33.15	650m: 7:08.54	33.83
	100m: 1:01.64 32.19	300m: 3:14.09	33.64	500m: 5:26.57	33.53	700m: 7:42.19	33.65
	150m: 1:34.34 32.70	350m: 3:47.19	33.10	550m: 6:00.48	33.91	750m: 8:15.01	32.82
	200m: 2:07.28 32.94	400m: 4:19.89	32.70	600m: 6:34.71	34.23	800m: 8:47.81	32.80
13.	Tiago Carlos Santos	98	Uniao Piedense	8:49.76	+0,73	621	
	50m: 29.99 29.99	250m: 2:42.15	33.14	450m: 4:56.40	33.85	650m: 7:11.37	33.46
	100m: 1:02.41 32.42	300m: 3:15.36	33.21	500m: 5:30.07	33.67	700m: 7:45.05	33.68
	150m: 1:35.76 33.35	350m: 3:48.97	33.61	550m: 6:03.83	33.76	750m: 8:18.38	33.33
	200m: 2:09.01 33.25	400m: 4:22.55	33.58	600m: 6:37.91	34.08	800m: 8:49.76	31.38
14.	Afonso Calais Queiroga	98	Uniao Piedense	8:50.17	+0,63	620	
	50m: 31.27 31.27	250m: 2:46.31	33.70	450m: 4:59.15	32.80	650m: 7:11.28	32.91
	100m: 1:04.95 33.68	300m: 3:19.77	33.46	500m: 5:32.37	33.22	700m: 7:44.30	33.02
	150m: 1:38.86 33.91	350m: 3:53.04	33.27	550m: 6:05.41	33.04	750m: 8:17.46	33.16
	200m: 2:12.61 33.75	400m: 4:26.35	33.31	600m: 6:38.37	32.96	800m: 8:50.17	32.71
15.	Joao Carlos Santos	96	Uniao Piedense	8:51.35	+0,66	616	
	50m: 29.34 29.34	250m: 2:40.56	33.56	450m: 4:56.93	34.03	650m: 7:12.90	33.90
	100m: 1:01.36 32.02	300m: 3:14.31	33.75	500m: 5:30.90	33.97	700m: 7:47.41	34.51
	150m: 1:33.66 32.30	350m: 3:48.72	34.41	550m: 6:04.81	33.91	750m: 8:20.15	32.74
	200m: 2:07.00 33.34	400m: 4:22.90	34.18	600m: 6:39.00	34.19	800m: 8:51.35	31.20
16.	Tiago Andre Carvalho	99	Academica de Coimbra	8:55.08	+0,72	603	
	50m: 30.26 30.26	250m: 2:46.49	34.84	450m: 5:02.17	33.50	650m: 7:16.59	33.41
	100m: 1:03.02 32.76	300m: 3:20.34	33.85	500m: 5:35.70	33.53	700m: 7:50.29	33.70
	150m: 1:36.99 33.97	350m: 3:54.66	34.32	550m: 6:09.60	33.90	750m: 8:23.18	32.89
	200m: 2:11.65 34.66	400m: 4:28.67	34.01	600m: 6:43.18	33.58	800m: 8:55.08	31.90
17.	Joao Miguel Cardoso	97	Geslours	8:56.26	+0,76	599	
	50m: 29.53 29.53	250m: 2:42.47	33.42	450m: 4:57.95	33.83	650m: 7:15.15	34.50
	100m: 1:01.88 32.35	300m: 3:16.58	34.11	500m: 5:32.02	34.07	700m: 7:49.67	34.52
	150m: 1:35.32 33.44	350m: 3:50.26	33.68	550m: 6:06.45	34.43	750m: 8:23.66	33.99
	200m: 2:09.05 33.73	400m: 4:24.12	33.86	600m: 6:40.65	34.20	800m: 8:56.26	32.60
18.	Joao Santos Mendes	98	Leixoes	8:56.83	+0,79	597	
	50m: 29.58 29.58	250m: 2:42.47	33.32	450m: 5:00.06	34.34	650m: 7:17.34	33.26
	100m: 1:02.48 32.90	300m: 3:16.76	34.29	500m: 5:35.15	35.09	700m: 7:51.24	33.90
	150m: 1:35.64 33.16	350m: 3:51.06	34.30	550m: 6:09.49	34.34	750m: 8:24.02	32.78
	200m: 2:09.15 33.51	400m: 4:25.72	34.66	600m: 6:44.08	34.59	800m: 8:56.83	32.81

Prova 46, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	8:58.14	+0,74	593	
	50m: 29.74 29.74	250m: 2:42.67	33.93	450m: 5:00.08	34.77	650m: 7:17.25	33.72
	100m: 1:01.78 32.04	300m: 3:16.46	33.79	500m: 5:34.84	34.76	700m: 7:51.48	34.23
	150m: 1:35.24 33.46	350m: 3:50.87	34.41	550m: 6:09.13	34.29	750m: 8:25.23	33.75
	200m: 2:08.74 33.50	400m: 4:25.31	34.44	600m: 6:43.53	34.40	800m: 8:58.14	32.91
20.	Diogo Rosado Leca	98	Colegio Monte Maior	9:01.32	+0,71	582	
	50m: 30.56 30.56	250m: 2:45.67	34.00	450m: 5:03.03	34.56	650m: 7:21.78	34.93
	100m: 1:03.98 33.42	300m: 3:19.89	34.22	500m: 5:37.28	34.25	700m: 7:55.28	33.50
	150m: 1:37.67 33.69	350m: 3:54.18	34.29	550m: 6:12.07	34.79	750m: 8:29.12	33.84
	200m: 2:11.67 34.00	400m: 4:28.47	34.29	600m: 6:46.85	34.78	800m: 9:01.32	32.20
21.	Pedro Maria Bessa	95	Nautico /Urgicentro-Sanfil	9:01.89	+0,71	580	
	50m: 29.24 29.24	250m: 2:43.08	33.83	450m: 4:59.69	34.35	650m: 7:18.65	35.12
	100m: 1:01.42 32.18	300m: 3:17.03	33.95	500m: 5:34.52	34.83	700m: 7:53.54	34.89
	150m: 1:34.89 33.47	350m: 3:51.07	34.04	550m: 6:08.93	34.41	750m: 8:27.98	34.44
	200m: 2:09.25 34.36	400m: 4:25.34	34.27	600m: 6:43.53	34.60	800m: 9:01.89	33.91
22.	Tiago Douwens Paula	99	Sporting	9:04.09	+0,71	573	
	50m: 30.06 30.06	250m: 2:44.44	34.26	450m: 5:02.82	35.02	650m: 7:21.53	34.81
	100m: 1:02.81 32.75	300m: 3:18.91	34.47	500m: 5:37.14	34.32	700m: 7:56.19	34.66
	150m: 1:36.51 33.70	350m: 3:53.31	34.40	550m: 6:11.95	34.81	750m: 8:30.68	34.49
	200m: 2:10.18 33.67	400m: 4:27.80	34.49	600m: 6:46.72	34.77	800m: 9:04.09	33.41
23.	Luis Pedro Silva	98	Desportivo Nacional	9:07.55	+0,71	562	
	50m: 30.02 30.02	250m: 2:43.68	34.20	450m: 5:02.59	35.16	650m: 7:23.40	35.40
	100m: 1:02.32 32.30	300m: 3:17.93	34.25	500m: 5:37.34	34.75	700m: 7:58.37	34.97
	150m: 1:36.10 33.78	350m: 3:52.61	34.68	550m: 6:12.62	35.28	750m: 8:33.28	34.91
	200m: 2:09.48 33.38	400m: 4:27.43	34.82	600m: 6:48.00	35.38	800m: 9:07.55	34.27
24.	Diogo Rodrigues Freitas	98	Uniao Piedense	9:14.83	+0,73	541	
	50m: 30.65 30.65	250m: 2:46.99	34.73	450m: 5:07.38	34.85	650m: 7:29.52	35.74
	100m: 1:03.80 33.15	300m: 3:21.99	35.00	500m: 5:42.71	35.33	700m: 8:05.45	35.93
	150m: 1:37.55 33.75	350m: 3:57.32	35.33	550m: 6:18.30	35.59	750m: 8:40.73	35.28
	200m: 2:12.26 34.71	400m: 4:32.53	35.21	600m: 6:53.78	35.48	800m: 9:14.83	34.10
25.	Joao Eduardo Ilha	98	Natacao Olhao	9:15.00	+0,82	540	
	50m: 29.99 29.99	250m: 2:48.38	35.25	450m: 5:09.32	34.79	650m: 7:30.41	34.28
	100m: 1:03.67 33.68	300m: 3:23.80	35.42	500m: 5:45.13	35.81	700m: 8:06.07	35.66
	150m: 1:37.66 33.99	350m: 3:58.63	34.83	550m: 6:20.12	34.99	750m: 8:40.98	34.91
	200m: 2:13.13 35.47	400m: 4:34.53	35.90	600m: 6:56.13	36.01	800m: 9:15.00	34.02
26.	Goncalo Manuel Paquete	99	Fluvial Portuense	9:17.66	+0,69	532	
	50m: 30.09 30.09	250m: 2:46.36	34.73	450m: 5:06.96	35.95	650m: 7:30.41	35.96
	100m: 1:03.22 33.13	300m: 3:21.01	34.65	500m: 5:42.83	35.87	700m: 8:06.88	36.47
	150m: 1:36.68 33.46	350m: 3:55.67	34.66	550m: 6:18.65	35.82	750m: 8:42.73	35.85
	200m: 2:11.63 34.95	400m: 4:31.01	35.34	600m: 6:54.45	35.80	800m: 9:17.66	34.93
27.	Renato Torre Oliveira	99	Viana Natacao	9:33.84	+0,72	489	
	50m: 30.99 30.99	250m: 2:50.14	35.52	450m: 5:13.42	35.97	650m: 7:41.80	37.18
	100m: 1:04.70 33.71	300m: 3:25.67	35.53	500m: 5:50.05	36.63	700m: 8:19.34	37.54
	150m: 1:39.45 34.75	350m: 4:01.36	35.69	550m: 6:26.97	36.92	750m: 8:56.92	37.58
	200m: 2:14.62 35.17	400m: 4:37.45	36.09	600m: 7:04.62	37.65	800m: 9:33.84	36.92
DNF	Tiago Filipe Campos	99	Scalabiswim				

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 21 a 24 de Julho de 2016



Prova 46, Masc., 800m Livres

Prova 46
24-07-2016 - 16:20

Masc., 800m Livres

Junior 17
Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Jun17	8:13.49	Gustavo Manuel Santa	POR	Helsinquia (FIN)	17-07-2010

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Antonio Fernando Pinto	99	Lousada SXXI	8:23.88	+0,77	722	
	50m: 28.46 28.46	250m: 2:33.64	31.49	450m: 4:40.78	31.85	650m: 6:49.54	32.24
	100m: 59.45 30.99	300m: 3:05.31	31.67	500m: 5:12.81	32.03	700m: 7:21.57	32.03
	150m: 1:30.88 31.43	350m: 3:37.15	31.84	550m: 5:45.07	32.26	750m: 7:53.58	32.01
	200m: 2:02.15 31.27	400m: 4:08.93	31.78	600m: 6:17.30	32.23	800m: 8:23.88	30.30
2.	Miguel Ribeiro Bate	99	Alges	8:47.81	+0,71	628	
	50m: 29.45 29.45	250m: 2:40.45	33.17	450m: 4:53.04	33.15	650m: 7:08.54	33.83
	100m: 1:01.64 32.19	300m: 3:14.09	33.64	500m: 5:26.57	33.53	700m: 7:42.19	33.65
	150m: 1:34.34 32.70	350m: 3:47.19	33.10	550m: 6:00.48	33.91	750m: 8:15.01	32.82
	200m: 2:07.28 32.94	400m: 4:19.89	32.70	600m: 6:34.71	34.23	800m: 8:47.81	32.80
3.	Tiago Andre Carvalho	99	Academica de Coimbra	8:55.08	+0,72	603	
	50m: 30.26 30.26	250m: 2:46.49	34.84	450m: 5:02.17	33.50	650m: 7:16.59	33.41
	100m: 1:03.02 32.76	300m: 3:20.34	33.85	500m: 5:35.70	33.53	700m: 7:50.29	33.70
	150m: 1:36.99 33.97	350m: 3:54.66	34.32	550m: 6:09.60	33.90	750m: 8:23.18	32.89
	200m: 2:11.65 34.66	400m: 4:28.67	34.01	600m: 6:43.18	33.58	800m: 8:55.08	31.90
4.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	8:58.14	+0,74	593	
	50m: 29.74 29.74	250m: 2:42.67	33.93	450m: 5:00.08	34.77	650m: 7:17.25	33.72
	100m: 1:01.78 32.04	300m: 3:16.46	33.79	500m: 5:34.84	34.76	700m: 7:51.48	34.23
	150m: 1:35.24 33.46	350m: 3:50.87	34.41	550m: 6:09.13	34.29	750m: 8:25.23	33.75
	200m: 2:08.74 33.50	400m: 4:25.31	34.44	600m: 6:43.53	34.40	800m: 8:58.14	32.91
5.	Tiago Douwens Paula	99	Sporting	9:04.09	+0,71	573	
	50m: 30.06 30.06	250m: 2:44.44	34.26	450m: 5:02.82	35.02	650m: 7:21.53	34.81
	100m: 1:02.81 32.75	300m: 3:18.91	34.47	500m: 5:37.14	34.32	700m: 7:56.19	34.66
	150m: 1:36.51 33.70	350m: 3:53.31	34.40	550m: 6:11.95	34.81	750m: 8:30.68	34.49
	200m: 2:10.18 33.67	400m: 4:27.80	34.49	600m: 6:46.72	34.77	800m: 9:04.09	33.41
6.	Goncalo Manuel Paquete	99	Fluvial Portuense	9:17.66	+0,69	532	
	50m: 30.09 30.09	250m: 2:46.36	34.73	450m: 5:06.96	35.95	650m: 7:30.41	35.96
	100m: 1:03.22 33.13	300m: 3:21.01	34.65	500m: 5:42.83	35.87	700m: 8:06.88	36.47
	150m: 1:36.68 33.46	350m: 3:55.67	34.66	550m: 6:18.65	35.82	750m: 8:42.73	35.85
	200m: 2:11.63 34.95	400m: 4:31.01	35.34	600m: 6:54.45	35.80	800m: 9:17.66	34.93
7.	Renato Torre Oliveira	99	Viana Natacao	9:33.84	+0,72	489	
	50m: 30.99 30.99	250m: 2:50.14	35.52	450m: 5:13.42	35.97	650m: 7:41.80	37.18
	100m: 1:04.70 33.71	300m: 3:25.67	35.53	500m: 5:50.05	36.63	700m: 8:19.34	37.54
	150m: 1:39.45 34.75	350m: 4:01.36	35.69	550m: 6:26.97	36.92	750m: 8:56.92	37.58
	200m: 2:14.62 35.17	400m: 4:37.45	36.09	600m: 7:04.62	37.65	800m: 9:33.84	36.92
DNF	Tiago Filipe Campos	99	Scalabiswim				



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 21 a 24 de Julho de 2016



Prova 46, Masc., 800m Livres

Prova 46
24-07-2016 - 16:20

Masc., 800m Livres

Junior 18
Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Jun18	8:06.97	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	09-07-2016

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	8:16.13	+0,71	756	
	50m: 28.36 28.36	250m: 2:31.27	30.74	450m: 4:35.58	31.48	650m: 6:41.14	31.67
	100m: 58.85 30.49	300m: 3:02.05	30.78	500m: 5:06.83	31.25	700m: 7:12.68	31.54
	150m: 1:29.76 30.91	350m: 3:33.09	31.04	550m: 5:38.24	31.41	750m: 7:44.86	32.18
	200m: 2:00.53 30.77	400m: 4:04.10	31.01	600m: 6:09.47	31.23	800m: 8:16.13	31.27
2.	Jose Paula Carvalho	98	Uniao Piedense	8:26.80	+0,72	709	
	50m: 29.39 29.39	250m: 2:36.69	32.10	450m: 4:44.52	31.77	650m: 6:52.95	31.95
	100m: 1:00.59 31.20	300m: 3:08.69	32.00	500m: 5:16.60	32.08	700m: 7:24.79	31.84
	150m: 1:32.46 31.87	350m: 3:40.86	32.17	550m: 5:48.96	32.36	750m: 7:56.59	31.80
	200m: 2:04.59 32.13	400m: 4:12.75	31.89	600m: 6:21.00	32.04	800m: 8:26.80	30.21
3.	Diogo Manuel Marques	98	Columbofila Cantanhedense	8:39.46	+0,71	659	
	50m: 29.45 29.45	250m: 2:38.25	32.80	450m: 4:50.29	32.85	650m: 7:01.68	32.45
	100m: 1:00.97 31.52	300m: 3:11.11	32.86	500m: 5:23.03	32.74	700m: 7:35.04	33.36
	150m: 1:32.96 31.99	350m: 3:44.39	33.28	550m: 5:56.18	33.15	750m: 8:07.78	32.74
	200m: 2:05.45 32.49	400m: 4:17.44	33.05	600m: 6:29.23	33.05	800m: 8:39.46	31.68
4.	Tiago Carlos Santos	98	Uniao Piedense	8:49.76	+0,73	621	
	50m: 29.99 29.99	250m: 2:42.15	33.14	450m: 4:56.40	33.85	650m: 7:11.37	33.46
	100m: 1:02.41 32.42	300m: 3:15.36	33.21	500m: 5:30.07	33.67	700m: 7:45.05	33.68
	150m: 1:35.76 33.35	350m: 3:48.97	33.61	550m: 6:03.83	33.76	750m: 8:18.38	33.33
	200m: 2:09.01 33.25	400m: 4:22.55	33.58	600m: 6:37.91	34.08	800m: 8:49.76	31.38
5.	Afonso Calais Queiroga	98	Uniao Piedense	8:50.17	+0,63	620	
	50m: 31.27 31.27	250m: 2:46.31	33.70	450m: 4:59.15	32.80	650m: 7:11.28	32.91
	100m: 1:04.95 33.68	300m: 3:19.77	33.46	500m: 5:32.37	33.22	700m: 7:44.30	33.02
	150m: 1:38.86 33.91	350m: 3:53.04	33.27	550m: 6:05.41	33.04	750m: 8:17.46	33.16
	200m: 2:12.61 33.75	400m: 4:26.35	33.31	600m: 6:38.37	32.96	800m: 8:50.17	32.71
6.	Joao Santos Mendes	98	Leixoes	8:56.83	+0,79	597	
	50m: 29.58 29.58	250m: 2:42.47	33.32	450m: 5:00.06	34.34	650m: 7:17.34	33.26
	100m: 1:02.48 32.90	300m: 3:16.76	34.29	500m: 5:35.15	35.09	700m: 7:51.24	33.90
	150m: 1:35.64 33.16	350m: 3:51.06	34.30	550m: 6:09.49	34.34	750m: 8:24.02	32.78
	200m: 2:09.15 33.51	400m: 4:25.72	34.66	600m: 6:44.08	34.59	800m: 8:56.83	32.81
7.	Diogo Rosado Leca	98	Colegio Monte Maior	9:01.32	+0,71	582	
	50m: 30.56 30.56	250m: 2:45.67	34.00	450m: 5:03.03	34.56	650m: 7:21.78	34.93
	100m: 1:03.98 33.42	300m: 3:19.89	34.22	500m: 5:37.28	34.25	700m: 7:55.28	33.50
	150m: 1:37.67 33.69	350m: 3:54.18	34.29	550m: 6:12.07	34.79	750m: 8:29.12	33.84
	200m: 2:11.67 34.00	400m: 4:28.47	34.29	600m: 6:46.85	34.78	800m: 9:01.32	32.20
8.	Luis Pedro Silva	98	Desportivo Nacional	9:07.55	+0,71	562	
	50m: 30.02 30.02	250m: 2:43.68	34.20	450m: 5:02.59	35.16	650m: 7:23.40	35.40
	100m: 1:02.32 32.30	300m: 3:17.93	34.25	500m: 5:37.34	34.75	700m: 7:58.37	34.97
	150m: 1:36.10 33.78	350m: 3:52.61	34.68	550m: 6:12.62	35.28	750m: 8:33.28	34.91
	200m: 2:09.48 33.38	400m: 4:27.43	34.82	600m: 6:48.00	35.38	800m: 9:07.55	34.27
9.	Diogo Rodrigues Freitas	98	Uniao Piedense	9:14.83	+0,73	541	
	50m: 30.65 30.65	250m: 2:46.99	34.73	450m: 5:07.38	34.85	650m: 7:29.52	35.74
	100m: 1:03.80 33.15	300m: 3:21.99	35.00	500m: 5:42.71	35.33	700m: 8:05.45	35.93
	150m: 1:37.55 33.75	350m: 3:57.32	35.33	550m: 6:18.30	35.59	750m: 8:40.73	35.28
	200m: 2:12.26 34.71	400m: 4:32.53	35.21	600m: 6:53.78	35.48	800m: 9:14.83	34.10



Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal - OPEN
Oeiras, 21 a 24 de Julho de 2016



Prova 46, Masc., 800m Livres, Junior 18

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Joao Eduardo Ilha	98	Natacao Olhao	9:15.00	+0,82	540	
	50m: 29.99 29.99	250m: 2:48.38	35.25	450m: 5:09.32	34.79	650m: 7:30.41	34.28
	100m: 1:03.67 33.68	300m: 3:23.80	35.42	500m: 5:45.13	35.81	700m: 8:06.07	35.66
	150m: 1:37.66 33.99	350m: 3:58.63	34.83	550m: 6:20.12	34.99	750m: 8:40.98	34.91
	200m: 2:13.13 35.47	400m: 4:34.53	35.90	600m: 6:56.13	36.01	800m: 9:15.00	34.02

Prova 46
24-07-2016 - 16:20 Masc., 800m Livres Seniores Resultados

Rec Nac Absoluto	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007
Rec Nac Sen	8:05.35	Fernando Eurico Costa	LSC	Aveiro	27-07-2007

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Gil	97	Individual ANL	8:22.93	+0,58	726	
	50m: 28.62 28.62	250m: 2:34.74	31.76	450m: 4:43.37	31.90	650m: 6:51.49	31.54
	100m: 59.58 30.96	300m: 3:06.96	32.22	500m: 5:15.65	32.28	700m: 7:22.86	31.37
	150m: 1:31.35 31.77	350m: 3:39.16	32.20	550m: 5:47.77	32.12	750m: 7:53.48	30.62
	200m: 2:02.98 31.63	400m: 4:11.47	32.31	600m: 6:19.95	32.18	800m: 8:22.93	29.45
2.	Andre Filipe Farinha	96	Benfica	8:26.59	+0,61	710	
	50m: 29.26 29.26	250m: 2:36.76	31.97	450m: 4:46.42	32.40	650m: 6:53.82	32.02
	100m: 1:00.61 31.35	300m: 3:08.81	32.05	500m: 5:18.19	31.77	700m: 7:25.39	31.57
	150m: 1:32.81 32.20	350m: 3:41.79	32.98	550m: 5:50.26	32.07	750m: 7:57.09	31.70
	200m: 2:04.79 31.98	400m: 4:14.02	32.23	600m: 6:21.80	31.54	800m: 8:26.59	29.50
3.	Mario Andre Bonanca	90	Sporting	8:33.63	+0,79	682	
	50m: 28.98 28.98	250m: 2:35.49	31.65	450m: 4:44.75	32.09	650m: 6:56.03	33.39
	100m: 1:00.17 31.19	300m: 3:07.60	32.11	500m: 5:17.04	32.29	700m: 7:28.69	32.66
	150m: 1:31.97 31.80	350m: 3:39.93	32.33	550m: 5:49.58	32.54	750m: 8:01.45	32.76
	200m: 2:03.84 31.87	400m: 4:12.66	32.73	600m: 6:22.64	33.06	800m: 8:33.63	32.18
4.	Guilherme Pereira Dias	97	Sporting	8:34.72	+0,71	677	
	50m: 29.21 29.21	250m: 2:38.44	32.46	450m: 4:47.83	32.40	650m: 6:58.31	32.44
	100m: 1:01.02 31.81	300m: 3:10.97	32.53	500m: 5:20.44	32.61	700m: 7:30.78	32.47
	150m: 1:33.44 32.42	350m: 3:43.29	32.32	550m: 5:53.24	32.80	750m: 8:03.30	32.52
	200m: 2:05.98 32.54	400m: 4:15.43	32.14	600m: 6:25.87	32.63	800m: 8:34.72	31.42
5.	Tiago Silva Oliveira	94	Fluvial Portuense	8:42.48	+0,72	647	
	50m: 28.99 28.99	250m: 2:38.56	32.60	450m: 4:50.20	33.03	650m: 7:03.83	33.55
	100m: 1:00.59 31.60	300m: 3:11.35	32.79	500m: 5:23.52	33.32	700m: 7:37.16	33.33
	150m: 1:33.45 32.86	350m: 3:44.13	32.78	550m: 5:56.86	33.34	750m: 8:10.16	33.00
	200m: 2:05.96 32.51	400m: 4:17.17	33.04	600m: 6:30.28	33.42	800m: 8:42.48	32.32
6.	Leonardo Peralta Reis	96	Benedita	8:45.80	+0,75	635	
	50m: 29.73 29.73	250m: 2:40.48	32.62	450m: 4:52.90	33.01	650m: 7:07.06	33.68
	100m: 1:02.29 32.56	300m: 3:13.55	33.07	500m: 5:26.21	33.31	700m: 7:40.60	33.54
	150m: 1:34.92 32.63	350m: 3:46.60	33.05	550m: 5:59.95	33.74	750m: 8:13.50	32.90
	200m: 2:07.86 32.94	400m: 4:19.89	33.29	600m: 6:33.38	33.43	800m: 8:45.80	32.30
7.	Sergio Gomes Abreu	96	Naval do Funchal	8:46.74	+0,69	632	
	50m: 28.41 28.41	250m: 2:39.23	33.33	450m: 4:53.35	33.73	650m: 7:09.07	33.86
	100m: 59.85 31.44	300m: 3:12.52	33.29	500m: 5:27.24	33.89	700m: 7:43.10	34.03
	150m: 1:32.57 32.72	350m: 3:46.03	33.51	550m: 6:01.28	34.04	750m: 8:16.44	33.34
	200m: 2:05.90 33.33	400m: 4:19.62	33.59	600m: 6:35.21	33.93	800m: 8:46.74	30.30



Prova 46, Masc., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Joao Carlos Santos	96	Uniao Piedense	8:51.35	+0,66	616	
	50m: 29.34 29.34	250m: 2:40.56	33.56	450m: 4:56.93	34.03	650m: 7:12.90	33.90
	100m: 1:01.36 32.02	300m: 3:14.31	33.75	500m: 5:30.90	33.97	700m: 7:47.41	34.51
	150m: 1:33.66 32.30	350m: 3:48.72	34.41	550m: 6:04.81	33.91	750m: 8:20.15	32.74
	200m: 2:07.00 33.34	400m: 4:22.90	34.18	600m: 6:39.00	34.19	800m: 8:51.35	31.20
9.	Joao Miguel Cardoso	97	Gesloures	8:56.26	+0,76	599	
	50m: 29.53 29.53	250m: 2:42.47	33.42	450m: 4:57.95	33.83	650m: 7:15.15	34.50
	100m: 1:01.88 32.35	300m: 3:16.58	34.11	500m: 5:32.02	34.07	700m: 7:49.67	34.52
	150m: 1:35.32 33.44	350m: 3:50.26	33.68	550m: 6:06.45	34.43	750m: 8:23.66	33.99
	200m: 2:09.05 33.73	400m: 4:24.12	33.86	600m: 6:40.65	34.20	800m: 8:56.26	32.60
10.	Pedro Maria Bessa	95	Nautico /Urgicentro-Sanfil	9:01.89	+0,71	580	
	50m: 29.24 29.24	250m: 2:43.08	33.83	450m: 4:59.69	34.35	650m: 7:18.65	35.12
	100m: 1:01.42 32.18	300m: 3:17.03	33.95	500m: 5:34.52	34.83	700m: 7:53.54	34.89
	150m: 1:34.89 33.47	350m: 3:51.07	34.04	550m: 6:08.93	34.41	750m: 8:27.98	34.44
	200m: 2:09.25 34.36	400m: 4:25.34	34.27	600m: 6:43.53	34.60	800m: 9:01.89	33.91