

Prova 22
22-07-2016 - 11:55

Femin., 200m Costas

Open
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Inf B	2:33.03	Keissy Joselin Sousa	FCP	Famalicão	27-07-1997
Rec Nac Inf A	2:23.57	Rafaela Gomes Azevedo	POR	Genova (ITA)	20-06-2015
Rec Nac Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoia de Varzim	06-02-2011
Rec Nac Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012
Rec Nac Jun16	2:17.98	Catia Raquel Martinheira	POR	Lima (PER)	18-08-2011
Rec Nac Jun17	2:15.53	Rita Barros Frischknecht	SAD	Coimbra	02-04-2015
Rec Nac Sen	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015

TAC_B-SENF Sen: 2:29.06 / TAC_B-JUNF Jun: 2:32.39 / TAC_B-JUVAF Juv A: 2:45.40 / TAC_B-JUVBF Juv B: 2:45.40

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Jessica Fullalove	96	Co Manch Aq	2:13.28	+0,56	806	
	50m: 30.85 30.85	100m: 1:04.28 33.43	150m: 1:38.76 34.48	200m: 2:13.28			34.52
2.	Shahar Menachem	97	Israel	2:20.83	+0,63	683	
	50m: 33.28 33.28	100m: 1:09.29 36.01	150m: 1:45.80 36.51	200m: 2:20.83			35.03
3.	Catia Raquel Martinheira	95	Louletano / Loule Concelho	2:21.69	+0,58	671	
	50m: 33.07 33.07	100m: 1:09.16 36.09	150m: 1:46.52 37.36	200m: 2:21.69			35.17
4.	Maja Nielsen	96	Denmark	2:22.01	+0,68	666	
	50m: 33.02 33.02	100m: 1:08.57 35.55	150m: 1:45.32 36.75	200m: 2:22.01			36.69
5.	Francisca Gomes Azevedo	97	Alges	2:23.60	+0,64	644	
	50m: 33.50 33.50	100m: 1:10.34 36.84	150m: 1:47.67 37.33	200m: 2:23.60			35.93
6.	Rafaela Gomes Azevedo	02	Alges	2:23.77	+0,71	642	
	50m: 33.40 33.40	100m: 1:11.34 37.94	150m: 1:48.05 36.71	200m: 2:23.77			35.72
7.	Jane Roberts	96	University Dublin	2:23.88	+0,54	641	
	50m: 33.00 33.00	100m: 1:07.82 34.82	150m: 1:44.57 36.75	200m: 2:23.88			39.31
8.	Roni Bove	96	Israel	2:24.07	+0,93	638	
	50m: 34.43 34.43	100m: 1:10.37 35.94	150m: 1:47.41 37.04	200m: 2:24.07			36.66
9.	Ana Raquel Ferreira	98	Ginasio Figueirense	2:25.90	+0,69	614	
	50m: 34.23 34.23	100m: 1:11.07 36.84	150m: 1:48.81 37.74	200m: 2:25.90			37.09
10.	May Lowy	01	Israel	2:25.91	+0,58	614	
	50m: 34.63 34.63	100m: 1:11.52 36.89	150m: 1:49.32 37.80	200m: 2:25.91			36.59
11.	Rita Barros Frischknecht	98	Alges	2:25.97	+0,69	613	
	50m: 33.55 33.55	100m: 1:10.47 36.92	150m: 1:48.62 38.15	200m: 2:25.97			37.35
12.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	2:26.07	+0,84	612	
	50m: 34.83 34.83	100m: 1:11.56 36.73	150m: 1:48.98 37.42	200m: 2:26.07			37.09
13.	Paula Alonso Lorenzo	95	C.N. Parquesol	2:26.46	+0,78	607	
	50m: 34.69 34.69	100m: 1:12.37 37.68	150m: 1:50.09 37.72	200m: 2:26.46			36.37
14.	Beatriz Sousa Grou	96	Tavira Natacao	2:26.55	+0,75	606	
	50m: 32.99 32.99	100m: 1:09.33 36.34	150m: 1:48.21 38.88	200m: 2:26.55			38.34
15.	Filipa Serrano Rodrigues	01	Uniao Piedense	2:26.76	+0,67	604	
	50m: 34.33 34.33	100m: 1:10.69 36.36	150m: 1:48.43 37.74	200m: 2:26.76			38.33
16.	Monica Seara Domingues	00	Nautico Marinha Grande	2:26.86	+0,62	602	
	50m: 34.85 34.85	100m: 1:12.43 37.58	150m: 1:50.70 38.27	200m: 2:26.86			36.16
17.	Alexandra Jesus Santos	00	Leixoes	2:27.70	+0,56	592	
	50m: 33.38 33.38	100m: 1:11.64 38.26	150m: 1:49.76 38.12	200m: 2:27.70			37.94

Prova 22, Femin., 200m Costas, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	Vania Soares Neves	90	Fluvial Portuense	2:28.14	+0,62	587	
	50m: 34.62 34.62	100m: 1:12.21 37.59	150m: 1:50.50 38.29	200m: 2:28.14		37.64	
19.	Maria Beatriz Lopes	00	Benedita	2:29.33	+0,65	573	
	50m: 35.01 35.01	100m: 1:12.17 37.16	150m: 1:50.95 38.78	200m: 2:29.33		38.38	
	Ines Neto Rocha	01	Aquatico Pacense	2:29.33	+0,68	573	
	50m: 35.43 35.43	100m: 1:13.71 38.28	150m: 1:51.87 38.16	200m: 2:29.33		37.46	
21.	Ana Miguel Reis	00	Nautico /Urgicentro-Sanfil	2:29.90	+0,58	566	
	50m: 34.68 34.68	100m: 1:12.74 38.06	150m: 1:51.64 38.90	200m: 2:29.90		38.26	
22.	Maria Ana Monge	99	Sporting	2:30.75	+0,78	557	
	50m: 34.79 34.79	100m: 1:13.01 38.22	150m: 1:52.23 39.22	200m: 2:30.75		38.52	
23.	Maria Dias Neves	99	Miranda do Corvo	2:30.81	+0,62	556	
	50m: 35.45 35.45	100m: 1:13.65 38.20	150m: 1:52.09 38.44	200m: 2:30.81		38.72	
24.	Ana Sequeira Florindo	02	Nautico /Urgicentro-Sanfil	2:31.03	+0,84	554	
	50m: 35.27 35.27	100m: 1:13.89 38.62	150m: 1:53.81 39.92	200m: 2:31.03		37.22	
25.	Filipa Carreira Alves	99	Uniao Piedense	2:31.57	+0,67	548	
	50m: 33.93 33.93	100m: 1:12.55 38.62	150m: 1:52.38 39.83	200m: 2:31.57		39.19	
26.	Madalena Maria Ferreira	02	Sporting	2:31.67	+0,75	547	
	50m: 34.96 34.96	100m: 1:13.10 38.14	150m: 1:52.65 39.55	200m: 2:31.67		39.02	
27.	Bruna Andreia Simoes	01	Vieirense	2:31.70	+0,62	546	
	50m: 35.64 35.64	100m: 1:14.50 38.86	150m: 1:53.65 39.15	200m: 2:31.70		38.05	
28.	Miriam Filipe Marcos	01	Natacao Olhao	2:32.05	+0,57	543	
	50m: 35.29 35.29	100m: 1:13.29 38.00	150m: 1:52.90 39.61	200m: 2:32.05		39.15	
29.	Rosana Marinho Macedo	99	Foca	2:32.42	+0,61	539	
	50m: 34.49 34.49	100m: 1:12.54 38.05	150m: 1:52.31 39.77	200m: 2:32.42		40.11	
30.	Sofia Oliveira Andre	01	Nautico Marinha Grande	2:32.57	+0,65	537	
	50m: 35.75 35.75	100m: 1:13.68 37.93	150m: 1:53.04 39.36	200m: 2:32.57		39.53	
31.	Teresa Isabel Granjeia	01	Galitos / Bresimar	2:32.66	+0,76	536	
	50m: 35.20 35.20	100m: 1:13.39 38.19	150m: 1:53.11 39.72	200m: 2:32.66		39.55	
	Mariana Delicado Correia	01	Sporting	2:32.66	+0,58	536	
	50m: 34.84 34.84	100m: 1:13.46 38.62	150m: 1:53.44 39.98	200m: 2:32.66		39.22	
33.	Anna Baptista Ferreira	01	Alges	2:32.88	+0,71	534	
	50m: 34.89 34.89	100m: 1:14.01 39.12	150m: 1:54.36 40.35	200m: 2:32.88		38.52	
34.	Alice Carmo Lourenco	02	Viana Natacao	2:32.95	+0,71	533	
	50m: 36.62 36.62	100m: 1:15.17 38.55	150m: 1:54.70 39.53	200m: 2:32.95		38.25	
35.	Matilde Pereira Martins	99	Naval de Faro	2:33.07	+0,67	532	
	50m: 34.72 34.72	100m: 1:13.89 39.17	150m: 1:54.88 40.99	200m: 2:33.07		38.19	
36.	Mafalda Pacheco Cunha	02	Fluvial Portuense	2:33.22	+0,57	530	
	50m: 34.74 34.74	100m: 1:13.24 38.50	150m: 1:53.26 40.02	200m: 2:33.22		39.96	
37.	Rita Afonso Belo	02	Benedita	2:34.00	+0,60	522	
	50m: 35.31 35.31	100m: 1:14.06 38.75	150m: 1:54.19 40.13	200m: 2:34.00		39.81	
38.	Filipa Bile Grilo	01	Benfica	2:34.16	+0,62	521	
	50m: 34.86 34.86	100m: 1:12.92 38.06	150m: 1:53.73 40.81	200m: 2:34.16		40.43	

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
39.	Mafalda Joana Oliveira	02	Lousada SXXI	2:34.20	+0,69	520	
	50m: 35.17 35.17	100m: 1:14.12 38.95	150m: 1:54.65 40.53	200m: 2:34.20		39.55	
40.	Nicoleta Lascu	02	Litoral Alentejano	2:34.31	+0,77	519	
	50m: 35.40 35.40	100m: 1:14.02 38.62	150m: 1:54.36 40.34	200m: 2:34.31		39.95	
41.	Marta Silva Felix	99	Sporting de Aveiro	2:35.29	+0,77	509	
	50m: 35.79 35.79	100m: 1:15.06 39.27	150m: 1:55.76 40.70	200m: 2:35.29		39.53	
42.	Joana Nunes Cardeal	02	Academico Viseu	2:35.64	+0,71	506	
	50m: 35.38 35.38	100m: 1:14.65 39.27	150m: 1:55.67 41.02	200m: 2:35.64		39.97	
43.	Ana Rita Ramos	02	Porto	2:35.65	+0,74	506	
	50m: 35.47 35.47	100m: 1:15.18 39.71	150m: 1:55.77 40.59	200m: 2:35.65		39.88	
44.	Carolina Ascenso Santos	01	Individual ANNP	2:36.51	+0,63	498	
	50m: 35.28 35.28	100m: 1:14.95 39.67	150m: 1:56.16 41.21	200m: 2:36.51		40.35	
45.	Mafalda Sofia Dias	01	Naval Setubalense	2:36.60	+0,68	497	
	50m: 35.94 35.94	100m: 1:15.95 40.01	150m: 1:56.80 40.85	200m: 2:36.60		39.80	
46.	Ana Rita Matos	02	Geslours	2:36.71	+0,64	496	
	50m: 35.31 35.31	100m: 1:14.70 39.39	150m: 1:55.71 41.01	200m: 2:36.71		41.00	
47.	Luana Correia Rodrigues	01	Individual ANL	2:37.41	+0,69	489	
	50m: 35.42 35.42	100m: 1:14.59 39.17	150m: 1:56.02 41.43	200m: 2:37.41		41.39	
48.	Maria Mousinho Esteves	02	Amadora	2:37.52	+0,68	488	
	50m: 36.95 36.95	100m: 1:16.94 39.99	150m: 1:58.11 41.17	200m: 2:37.52		39.41	
49.	Ana Margarida Leite	02	Fafe	2:38.46	+0,77	479	
	50m: 36.61 36.61	100m: 1:16.73 40.12	150m: 1:57.83 41.10	200m: 2:38.46		40.63	
50.	Maria Ines Catarino	02	Alcobaca	2:38.55	+0,70	479	
	50m: 36.85 36.85	100m: 1:16.86 40.01	150m: 1:58.11 41.25	200m: 2:38.55		40.44	
	Celeste Santos Ricardo	01	Individual ANL	2:38.55	+0,69	479	
	50m: 37.31 37.31	100m: 1:18.36 41.05	150m: 1:58.71 40.35	200m: 2:38.55		39.84	
52.	Claudia Isabel Madeira	02	Clube de Vouzela	2:38.67	+0,71	477	
	50m: 35.99 35.99	100m: 1:16.22 40.23	150m: 1:58.09 41.87	200m: 2:38.67		40.58	
53.	Rita Alexandra Campos	02	Porto	2:38.82	+0,73	476	
	50m: 37.96 37.96	100m: 1:18.25 40.29	150m: 1:58.81 40.56	200m: 2:38.82		40.01	
54.	Maria Esteves Martins	01	Galitos / Bresimar	2:39.03	+0,64	474	
	50m: 36.62 36.62	100m: 1:16.48 39.86	150m: 1:58.27 41.79	200m: 2:39.03		40.76	
55.	Ines Pereira Silva	02	Condeixa Clube	2:39.15	+0,83	473	
	50m: 37.15 37.15	100m: 1:17.15 40.00	150m: 1:58.19 41.04	200m: 2:39.15		40.96	
56.	Ines Oliveira Teixeira	02	Estarreja	2:39.20	+0,69	473	
	50m: 36.81 36.81	100m: 1:17.26 40.45	150m: 1:58.98 41.72	200m: 2:39.20		40.22	
57.	Mafalda Marques Pinto	02	Individual ANL	2:40.19	+0,65	464	
	50m: 37.89 37.89	100m: 1:19.49 41.60	150m: 2:00.51 41.02	200m: 2:40.19		39.68	
58.	Ana Margarida Branco	01	Alges	2:40.23	+0,74	464	
	50m: 37.87 37.87	100m: 1:19.53 41.66	150m: 2:00.48 40.95	200m: 2:40.23		39.75	
59.	Juliana Goncalves Domingues	01	Benfica	2:40.29	+0,63	463	
	50m: 37.00 37.00	100m: 1:16.70 39.70	150m: 1:58.48 41.78	200m: 2:40.29		41.81	

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
60.	Diana Violante Romao 50m: 37.00 37.00	02	Naval da Nazare	2:40.39 100m: 1:18.04 41.04 150m: 1:59.99 41.95	+0,74 200m: 2:40.39	462	40.40
61.	Ines Ferreira Duarte 50m: 36.17 36.17	01	Natacao do Tejo	2:40.65 100m: 1:15.98 39.81 150m: 1:58.09 42.11	+0,68 200m: 2:40.65	460	42.56
62.	Catarina Trigo Ferreira 50m: 37.77 37.77	02	Amadora	2:40.66 100m: 1:18.26 40.49 150m: 2:00.02 41.76	+0,73 200m: 2:40.66	460	40.64
63.	Ana Lopes Santos 50m: 37.30 37.30	02	Vilacondense	2:40.80 100m: 1:17.47 40.17 150m: 1:59.69 42.22	+0,85 200m: 2:40.80	459	41.11
64.	Joana Sofia Machado 50m: 37.74 37.74	02	Natacao de Valongo	2:41.43 100m: 1:18.08 40.34 150m: 2:00.66 42.58	+0,69 200m: 2:41.43	453	40.77
65.	Jacinta Correia Vieira 50m: 37.16 37.16	01	Alcobaca	2:41.49 100m: 1:17.52 40.36 150m: 1:59.59 42.07	+0,69 200m: 2:41.49	453	41.90
66.	Patricia Goncalves Leal 50m: 36.83 36.83	01	Ba/Bomcar	2:41.69 100m: 1:17.55 40.72 150m: 1:59.86 42.31	+0,62 200m: 2:41.69	451	41.83
67.	Maria Oliveira Queiros 50m: 38.50 38.50	02	Famalicao	2:42.01 100m: 1:19.78 41.28 150m: 2:01.68 41.90	+0,79 200m: 2:42.01	449	40.33
68.	Ana Pedro Santos 50m: 37.60 37.60	02	Sporting de Aveiro	2:42.08 100m: 1:19.07 41.47 150m: 2:00.66 41.59	+0,67 200m: 2:42.08	448	41.42
69.	Ana Sousa Chula 50m: 37.55 37.55	01	Alges e Agueda XXI	2:42.17 100m: 1:19.16 41.61 150m: 2:00.71 41.55	+0,80 200m: 2:42.17	447	41.46
70.	Maria Manuel Mateus 50m: 37.61 37.61	02	Benedita	2:42.21 100m: 1:17.80 40.19 150m: 2:00.21 42.41	+0,65 200m: 2:42.21	447	42.00
71.	Carolina Barros Domingos 50m: 37.91 37.91	02	Sporting	2:42.73 100m: 1:18.99 41.08 150m: 2:00.68 41.69	+0,82 200m: 2:42.73	443	42.05
72.	Carolina Morais Oliveira 50m: 38.78 38.78	02	Amadora	2:43.06 100m: 1:19.79 41.01 150m: 2:02.14 42.35	+0,71 200m: 2:43.06	440	40.92
73.	Barbara Daniela Quaresma 50m: 37.08 37.08	01	Nautica do Seixal	2:43.07 100m: 1:18.04 40.96 150m: 2:01.54 43.50	+0,65 200m: 2:43.07	440	41.53
74.	Ana Beatriz Rodrigues 50m: 36.84 36.84	02	Rio Maior	2:43.38 100m: 1:18.64 41.80 150m: 2:01.65 43.01	+0,64 200m: 2:43.38	437	41.73
75.	Ana Margarida Goncalves 50m: 38.27 38.27	01	Vilacondense	2:43.48 100m: 1:19.51 41.24 150m: 2:01.88 42.37	+1,14 200m: 2:43.48	437	41.60
76.	Beatriz Sanches Infante 50m: 39.69 39.69	02	Alges	2:45.65 100m: 1:22.84 43.15 150m: 2:05.47 42.63	+0,71 200m: 2:45.65	420	40.18
77.	Sofia Gales Pinto 50m: 38.67 38.67	01	Colegio SMLamas	2:45.86 100m: 1:20.81 42.14 150m: 2:03.62 42.81	+0,71 200m: 2:45.86	418	42.24
78.	Joana Mira Pereira 50m: 38.39 38.39	01	Naval Setubalense	2:46.62 100m: 1:20.28 41.89 150m: 2:03.96 43.68	+0,80 200m: 2:46.62	412	42.66
79.	Margarida Rocha Rodrigues 50m: 38.27 38.27	01	Sporting	2:46.65 100m: 1:19.70 41.43 150m: 2:03.47 43.77	+0,64 200m: 2:46.65	412	43.18
80.	Mariana Toscano Belo 50m: 38.75 38.75	02	Fundacao Beatriz Santos	2:49.04 100m: 1:22.00 43.25 150m: 2:05.92 43.92	+0,69 200m: 2:49.04	395	43.12

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
81.	Liliana Simoes Romao	01	Gesloures	2:50.44	+0,75	385	
	50m: 38.40 38.40	100m: 1:21.48 43.08	150m: 2:05.84 44.36	200m: 2:50.44 44.60			
DNS	Maria Joao Carvalho	02	Portinado				

Prova 22 Femin., 200m Costas Juvenis
22-07-2016 - 11:55 Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim	06-02-2011
Rec Nac Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012

TAC_B-JUVAF Juv A: 2:45.40 / TAC_B-JUVBF Juv B: 2:45.40

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafaela Gomes Azevedo	02	Alges	2:23.77	+0,71	642	
	50m: 33.40 33.40	100m: 1:11.34 37.94	150m: 1:48.05 36.71	200m: 2:23.77 35.72			
2.	Filipa Serrano Rodrigues	01	Uniao Piedense	2:26.76	+0,67	604	38.33
	50m: 34.33 34.33	100m: 1:10.69 36.36	150m: 1:48.43 37.74	200m: 2:26.76 38.33			
3.	Ines Neto Rocha	01	Aquatico Pacense	2:29.33	+0,68	573	37.46
	50m: 35.43 35.43	100m: 1:13.71 38.28	150m: 1:51.87 38.16	200m: 2:29.33 37.46			
4.	Ana Sequeira Florindo	02	Nautico/Urgicentro-Sanfil	2:31.03	+0,84	554	37.22
	50m: 35.27 35.27	100m: 1:13.89 38.62	150m: 1:53.81 39.92	200m: 2:31.03 37.22			
5.	Madalena Maria Ferreira	02	Sporting	2:31.67	+0,75	547	39.02
	50m: 34.96 34.96	100m: 1:13.10 38.14	150m: 1:52.65 39.55	200m: 2:31.67 39.02			
6.	Bruna Andreia Simoes	01	Vieirense	2:31.70	+0,62	546	38.05
	50m: 35.64 35.64	100m: 1:14.50 38.86	150m: 1:53.65 39.15	200m: 2:31.70 38.05			
7.	Miriam Filipe Marcos	01	Natacao Olhao	2:32.05	+0,57	543	39.15
	50m: 35.29 35.29	100m: 1:13.29 38.00	150m: 1:52.90 39.61	200m: 2:32.05 39.15			
8.	Sofia Oliveira Andre	01	Nautico Marinha Grande	2:32.57	+0,65	537	39.53
	50m: 35.75 35.75	100m: 1:13.68 37.93	150m: 1:53.04 39.36	200m: 2:32.57 39.53			
9.	Teresa Isabel Granjeia	01	Galitos / Bresimar	2:32.66	+0,76	536	39.55
	50m: 35.20 35.20	100m: 1:13.39 38.19	150m: 1:53.11 39.72	200m: 2:32.66 39.55			
	Mariana Delicado Correia	01	Sporting	2:32.66	+0,58	536	39.22
	50m: 34.84 34.84	100m: 1:13.46 38.62	150m: 1:53.44 39.98	200m: 2:32.66 39.22			
11.	Anna Baptista Ferreira	01	Alges	2:32.88	+0,71	534	38.52
	50m: 34.89 34.89	100m: 1:14.01 39.12	150m: 1:54.36 40.35	200m: 2:32.88 38.52			
12.	Alice Carmo Lourenco	02	Viana Natacao	2:32.95	+0,71	533	38.25
	50m: 36.62 36.62	100m: 1:15.17 38.55	150m: 1:54.70 39.53	200m: 2:32.95 38.25			
13.	Mafalda Pacheco Cunha	02	Fluvial Portuense	2:33.22	+0,57	530	39.96
	50m: 34.74 34.74	100m: 1:13.24 38.50	150m: 1:53.26 40.02	200m: 2:33.22 39.96			
14.	Rita Afonso Belo	02	Benedita	2:34.00	+0,60	522	39.81
	50m: 35.31 35.31	100m: 1:14.06 38.75	150m: 1:54.19 40.13	200m: 2:34.00 39.81			
15.	Filipa Bile Grilo	01	Benfica	2:34.16	+0,62	521	40.43
	50m: 34.86 34.86	100m: 1:12.92 38.06	150m: 1:53.73 40.81	200m: 2:34.16 40.43			

Prova 22, Femin., 200m Costas, Elimín, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Mafalda Joana Oliveira	02	Lousada SXXI	2:34.20	+0,69	520	
	50m: 35.17 35.17	100m: 1:14.12 38.95	150m: 1:54.65 40.53	200m: 2:34.20		39.55	
17.	Nicoleta Lascu	02	Litoral Alentejano	2:34.31	+0,77	519	
	50m: 35.40 35.40	100m: 1:14.02 38.62	150m: 1:54.36 40.34	200m: 2:34.31		39.95	
18.	Joana Nunes Cardeal	02	Academico Viseu	2:35.64	+0,71	506	
	50m: 35.38 35.38	100m: 1:14.65 39.27	150m: 1:55.67 41.02	200m: 2:35.64		39.97	
19.	Ana Rita Ramos	02	Porto	2:35.65	+0,74	506	
	50m: 35.47 35.47	100m: 1:15.18 39.71	150m: 1:55.77 40.59	200m: 2:35.65		39.88	
20.	Carolina Ascenso Santos	01	Individual ANNP	2:36.51	+0,63	498	
	50m: 35.28 35.28	100m: 1:14.95 39.67	150m: 1:56.16 41.21	200m: 2:36.51		40.35	
21.	Mafalda Sofia Dias	01	Naval Setubalense	2:36.60	+0,68	497	
	50m: 35.94 35.94	100m: 1:15.95 40.01	150m: 1:56.80 40.85	200m: 2:36.60		39.80	
22.	Ana Rita Matos	02	Gesloures	2:36.71	+0,64	496	
	50m: 35.31 35.31	100m: 1:14.70 39.39	150m: 1:55.71 41.01	200m: 2:36.71		41.00	
23.	Luana Correia Rodrigues	01	Individual ANL	2:37.41	+0,69	489	
	50m: 35.42 35.42	100m: 1:14.59 39.17	150m: 1:56.02 41.43	200m: 2:37.41		41.39	
24.	Maria Mousinho Esteves	02	Amadora	2:37.52	+0,68	488	
	50m: 36.95 36.95	100m: 1:16.94 39.99	150m: 1:58.11 41.17	200m: 2:37.52		39.41	
25.	Ana Margarida Leite	02	Fafe	2:38.46	+0,77	479	
	50m: 36.61 36.61	100m: 1:16.73 40.12	150m: 1:57.83 41.10	200m: 2:38.46		40.63	
26.	Maria Ines Catarino	02	Alcobaca	2:38.55	+0,70	479	
	50m: 36.85 36.85	100m: 1:16.86 40.01	150m: 1:58.11 41.25	200m: 2:38.55		40.44	
	Celeste Santos Ricardo	01	Individual ANL	2:38.55	+0,69	479	
	50m: 37.31 37.31	100m: 1:18.36 41.05	150m: 1:58.71 40.35	200m: 2:38.55		39.84	
28.	Claudia Isabel Madeira	02	Clube de Vouzela	2:38.67	+0,71	477	
	50m: 35.99 35.99	100m: 1:16.22 40.23	150m: 1:58.09 41.87	200m: 2:38.67		40.58	
29.	Rita Alexandra Campos	02	Porto	2:38.82	+0,73	476	
	50m: 37.96 37.96	100m: 1:18.25 40.29	150m: 1:58.81 40.56	200m: 2:38.82		40.01	
30.	Maria Esteves Martins	01	Galitos / Bresimar	2:39.03	+0,64	474	
	50m: 36.62 36.62	100m: 1:16.48 39.86	150m: 1:58.27 41.79	200m: 2:39.03		40.76	
31.	Ines Pereira Silva	02	Condeixa Clube	2:39.15	+0,83	473	
	50m: 37.15 37.15	100m: 1:17.15 40.00	150m: 1:58.19 41.04	200m: 2:39.15		40.96	
32.	Ines Oliveira Teixeira	02	Estarreja	2:39.20	+0,69	473	
	50m: 36.81 36.81	100m: 1:17.26 40.45	150m: 1:58.98 41.72	200m: 2:39.20		40.22	
33.	Mafalda Marques Pinto	02	Individual ANL	2:40.19	+0,65	464	
	50m: 37.89 37.89	100m: 1:19.49 41.60	150m: 2:00.51 41.02	200m: 2:40.19		39.68	
34.	Ana Margarida Branco	01	Alges	2:40.23	+0,74	464	
	50m: 37.87 37.87	100m: 1:19.53 41.66	150m: 2:00.48 40.95	200m: 2:40.23		39.75	
35.	Juliana Goncalves Domingues	01	Benfica	2:40.29	+0,63	463	
	50m: 37.00 37.00	100m: 1:16.70 39.70	150m: 1:58.48 41.78	200m: 2:40.29		41.81	
36.	Diana Violante Romao	02	Naval da Nazare	2:40.39	+0,74	462	
	50m: 37.00 37.00	100m: 1:18.04 41.04	150m: 1:59.99 41.95	200m: 2:40.39		40.40	

Prova 22, Femin., 200m Costas, Elimin, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
37.	Ines Ferreira Duarte 50m: 36.17 36.17	01	Natacao do Tejo	2:40.65 100m: 1:15.98 39.81 150m: 1:58.09 42.11	+0,68	460	42.56
38.	Catarina Trigo Ferreira 50m: 37.77 37.77	02	Amadora	2:40.66 100m: 1:18.26 40.49 150m: 2:00.02 41.76	+0,73	460	40.64
39.	Ana Lopes Santos 50m: 37.30 37.30	02	Vilacondense	2:40.80 100m: 1:17.47 40.17 150m: 1:59.69 42.22	+0,85	459	41.11
40.	Joana Sofia Machado 50m: 37.74 37.74	02	Natacao de Valongo	2:41.43 100m: 1:18.08 40.34 150m: 2:00.66 42.58	+0,69	453	40.77
41.	Jacinta Correia Vieira 50m: 37.16 37.16	01	Alcobaca	2:41.49 100m: 1:17.52 40.36 150m: 1:59.59 42.07	+0,69	453	41.90
42.	Patricia Goncalves Leal 50m: 36.83 36.83	01	Ba/Bomcar	2:41.69 100m: 1:17.55 40.72 150m: 1:59.86 42.31	+0,62	451	41.83
43.	Maria Oliveira Queiros 50m: 38.50 38.50	02	Famalicao	2:42.01 100m: 1:19.78 41.28 150m: 2:01.68 41.90	+0,79	449	40.33
44.	Ana Pedro Santos 50m: 37.60 37.60	02	Sporting de Aveiro	2:42.08 100m: 1:19.07 41.47 150m: 2:00.66 41.59	+0,67	448	41.42
45.	Ana Sousa Chula 50m: 37.55 37.55	01	Alges e Agueda XXI	2:42.17 100m: 1:19.16 41.61 150m: 2:00.71 41.55	+0,80	447	41.46
46.	Maria Manuel Mateus 50m: 37.61 37.61	02	Benedita	2:42.21 100m: 1:17.80 40.19 150m: 2:00.21 42.41	+0,65	447	42.00
47.	Carolina Barros Domingos 50m: 37.91 37.91	02	Sporting	2:42.73 100m: 1:18.99 41.08 150m: 2:00.68 41.69	+0,82	443	42.05
48.	Carolina Morais Oliveira 50m: 38.78 38.78	02	Amadora	2:43.06 100m: 1:19.79 41.01 150m: 2:02.14 42.35	+0,71	440	40.92
49.	Barbara Daniela Quaresma 50m: 37.08 37.08	01	Nautica do Seixal	2:43.07 100m: 1:18.04 40.96 150m: 2:01.54 43.50	+0,65	440	41.53
50.	Ana Beatriz Rodrigues 50m: 36.84 36.84	02	Rio Maior	2:43.38 100m: 1:18.64 41.80 150m: 2:01.65 43.01	+0,64	437	41.73
51.	Ana Margarida Goncalves 50m: 38.27 38.27	01	Vilacondense	2:43.48 100m: 1:19.51 41.24 150m: 2:01.88 42.37	+1,14	437	41.60
52.	Beatriz Sanches Infante 50m: 39.69 39.69	02	Alges	2:45.65 100m: 1:22.84 43.15 150m: 2:05.47 42.63	+0,71	420	40.18
53.	Sofia Gales Pinto 50m: 38.67 38.67	01	Colegio SMLamas	2:45.86 100m: 1:20.81 42.14 150m: 2:03.62 42.81	+0,71	418	42.24
54.	Joana Mira Pereira 50m: 38.39 38.39	01	Naval Setubalense	2:46.62 100m: 1:20.28 41.89 150m: 2:03.96 43.68	+0,80	412	42.66
55.	Margarida Rocha Rodrigues 50m: 38.27 38.27	01	Sporting	2:46.65 100m: 1:19.70 41.43 150m: 2:03.47 43.77	+0,64	412	43.18
56.	Mariana Toscano Belo 50m: 38.75 38.75	02	Fundacao Beatriz Santos	2:49.04 100m: 1:22.00 43.25 150m: 2:05.92 43.92	+0,69	395	43.12
57.	Liliana Simoes Romao 50m: 38.40 38.40	01	Gesloures	2:50.44 100m: 1:21.48 43.08 150m: 2:05.84 44.36	+0,75	385	44.60

Prova 22, Femin., 200m Costas, Elimin, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DNS	Maria Joao Carvalho	02	Portinado				

Prova 22
22-07-2016 - 11:55

Femin., 200m Costas

Absolutos
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Jun16	2:17.98	Catia Raquel Martinheira	POR	Lima (PER)	18-08-2011
Rec Nac Jun17	2:15.53	Rita Barros Frischknecht	SAD	Coimbra	02-04-2015
Rec Nac Sen	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015

TAC_B-SENF Sen: 2:29.06 / TAC_B-JUNF Jun: 2:32.39

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catia Raquel Martinheira	95	Louletano / Loule Concelho	2:21.69	+0,58	671	
	50m: 33.07 33.07	100m: 1:09.16 36.09	150m: 1:46.52 37.36	200m: 2:21.69			35.17
2.	Francisca Gomes Azevedo	97	Alges	2:23.60	+0,64	644	
	50m: 33.50 33.50	100m: 1:10.34 36.84	150m: 1:47.67 37.33	200m: 2:23.60			35.93
3.	Ana Raquel Ferreira	98	Ginasio Figueirense	2:25.90	+0,69	614	
	50m: 34.23 34.23	100m: 1:11.07 36.84	150m: 1:48.81 37.74	200m: 2:25.90			37.09
4.	Rita Barros Frischknecht	98	Alges	2:25.97	+0,69	613	
	50m: 33.55 33.55	100m: 1:10.47 36.92	150m: 1:48.62 38.15	200m: 2:25.97			37.35
5.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	2:26.07	+0,84	612	
	50m: 34.83 34.83	100m: 1:11.56 36.73	150m: 1:48.98 37.42	200m: 2:26.07			37.09
6.	Beatriz Sousa Grou	96	Tavira Natacao	2:26.55	+0,75	606	
	50m: 32.99 32.99	100m: 1:09.33 36.34	150m: 1:48.21 38.88	200m: 2:26.55			38.34
7.	Monica Seara Domingues	00	Nautico Marinha Grande	2:26.86	+0,62	602	
	50m: 34.85 34.85	100m: 1:12.43 37.58	150m: 1:50.70 38.27	200m: 2:26.86			36.16
8.	Alexandra Jesus Santos	00	Leixoes	2:27.70	+0,56	592	
	50m: 33.38 33.38	100m: 1:11.64 38.26	150m: 1:49.76 38.12	200m: 2:27.70			37.94
9.	Vania Soares Neves	90	Fluvial Portuense	2:28.14	+0,62	587	
	50m: 34.62 34.62	100m: 1:12.21 37.59	150m: 1:50.50 38.29	200m: 2:28.14			37.64
10.	Maria Beatriz Lopes	00	Benedita	2:29.33	+0,65	573	
	50m: 35.01 35.01	100m: 1:12.17 37.16	150m: 1:50.95 38.78	200m: 2:29.33			38.38
11.	Ana Miguel Reis	00	Nautico /Urgicentro-Sanfil	2:29.90	+0,58	566	
	50m: 34.68 34.68	100m: 1:12.74 38.06	150m: 1:51.64 38.90	200m: 2:29.90			38.26
12.	Maria Ana Monge	99	Sporting	2:30.75	+0,78	557	
	50m: 34.79 34.79	100m: 1:13.01 38.22	150m: 1:52.23 39.22	200m: 2:30.75			38.52
13.	Maria Dias Neves	99	Miranda do Corvo	2:30.81	+0,62	556	
	50m: 35.45 35.45	100m: 1:13.65 38.20	150m: 1:52.09 38.44	200m: 2:30.81			38.72
14.	Filipa Carreira Alves	99	Uniao Piedense	2:31.57	+0,67	548	
	50m: 33.93 33.93	100m: 1:12.55 38.62	150m: 1:52.38 39.83	200m: 2:31.57			39.19
15.	Rosana Marinho Macedo	99	Foca	2:32.42	+0,61	539	
	50m: 34.49 34.49	100m: 1:12.54 38.05	150m: 1:52.31 39.77	200m: 2:32.42			40.11
16.	Matilde Pereira Martins	99	Naval de Faro	2:33.07	+0,67	532	
	50m: 34.72 34.72	100m: 1:13.89 39.17	150m: 1:54.88 40.99	200m: 2:33.07			38.19

Prova 22, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Marta Silva Felix	99	Sporting de Aveiro	2:35.29	+0,77	509	
	50m: 35.79 35.79	100m: 1:15.06 39.27	150m: 1:55.76 40.70	200m: 2:35.29		39.53	

Prova 22 Femin., 200m Costas Juvenis B
22-07-2016 - 11:55 Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim	06-02-2011

TAC_B-JUVBF : 2:45.40

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafaela Gomes Azevedo	02	Alges	2:23.77	+0,71	642	
	50m: 33.40 33.40	100m: 1:11.34 37.94	150m: 1:48.05 36.71	200m: 2:23.77		35.72	
2.	Ana Sequeira Florindo	02	Nautico /Urgicentro-Sanfil	2:31.03	+0,84	554	
	50m: 35.27 35.27	100m: 1:13.89 38.62	150m: 1:53.81 39.92	200m: 2:31.03		37.22	
3.	Madalena Maria Ferreira	02	Sporting	2:31.67	+0,75	547	
	50m: 34.96 34.96	100m: 1:13.10 38.14	150m: 1:52.65 39.55	200m: 2:31.67		39.02	
4.	Alice Carmo Lourenco	02	Viana Natacao	2:32.95	+0,71	533	
	50m: 36.62 36.62	100m: 1:15.17 38.55	150m: 1:54.70 39.53	200m: 2:32.95		38.25	
5.	Mafalda Pacheco Cunha	02	Fluvial Portuense	2:33.22	+0,57	530	
	50m: 34.74 34.74	100m: 1:13.24 38.50	150m: 1:53.26 40.02	200m: 2:33.22		39.96	
6.	Rita Afonso Belo	02	Benedita	2:34.00	+0,60	522	
	50m: 35.31 35.31	100m: 1:14.06 38.75	150m: 1:54.19 40.13	200m: 2:34.00		39.81	
7.	Mafalda Joana Oliveira	02	Lousada SXXI	2:34.20	+0,69	520	
	50m: 35.17 35.17	100m: 1:14.12 38.95	150m: 1:54.65 40.53	200m: 2:34.20		39.55	
8.	Nicoleta Lascu	02	Litoral Alentejano	2:34.31	+0,77	519	
	50m: 35.40 35.40	100m: 1:14.02 38.62	150m: 1:54.36 40.34	200m: 2:34.31		39.95	
9.	Joana Nunes Cardeal	02	Academico Viseu	2:35.64	+0,71	506	
	50m: 35.38 35.38	100m: 1:14.65 39.27	150m: 1:55.67 41.02	200m: 2:35.64		39.97	
10.	Ana Rita Ramos	02	Porto	2:35.65	+0,74	506	
	50m: 35.47 35.47	100m: 1:15.18 39.71	150m: 1:55.77 40.59	200m: 2:35.65		39.88	
11.	Ana Rita Matos	02	Geslours	2:36.71	+0,64	496	
	50m: 35.31 35.31	100m: 1:14.70 39.39	150m: 1:55.71 41.01	200m: 2:36.71		41.00	
12.	Maria Mousinho Esteves	02	Amadora	2:37.52	+0,68	488	
	50m: 36.95 36.95	100m: 1:16.94 39.99	150m: 1:58.11 41.17	200m: 2:37.52		39.41	
13.	Ana Margarida Leite	02	Fafe	2:38.46	+0,77	479	
	50m: 36.61 36.61	100m: 1:16.73 40.12	150m: 1:57.83 41.10	200m: 2:38.46		40.63	
14.	Maria Ines Catarino	02	Alcobaca	2:38.55	+0,70	479	
	50m: 36.85 36.85	100m: 1:16.86 40.01	150m: 1:58.11 41.25	200m: 2:38.55		40.44	
15.	Claudia Isabel Madeira	02	Clube de Vouzela	2:38.67	+0,71	477	
	50m: 35.99 35.99	100m: 1:16.22 40.23	150m: 1:58.09 41.87	200m: 2:38.67		40.58	
16.	Rita Alexandra Campos	02	Porto	2:38.82	+0,73	476	
	50m: 37.96 37.96	100m: 1:18.25 40.29	150m: 1:58.81 40.56	200m: 2:38.82		40.01	

Prova 22, Femin., 200m Costas, Elimin, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Ines Pereira Silva 50m: 37.15 37.15	02	Condeixa Clube	2:39.15 100m: 1:17.15 40.00 150m: 1:58.19 41.04	+0,83	473	40.96
18.	Ines Oliveira Teixeira 50m: 36.81 36.81	02	Estarreja	2:39.20 100m: 1:17.26 40.45 150m: 1:58.98 41.72	+0,69	473	40.22
19.	Mafalda Marques Pinto 50m: 37.89 37.89	02	Individual ANL	2:40.19 100m: 1:19.49 41.60 150m: 2:00.51 41.02	+0,65	464	39.68
20.	Diana Violante Romao 50m: 37.00 37.00	02	Naval da Nazare	2:40.39 100m: 1:18.04 41.04 150m: 1:59.99 41.95	+0,74	462	40.40
21.	Catarina Trigo Ferreira 50m: 37.77 37.77	02	Amadora	2:40.66 100m: 1:18.26 40.49 150m: 2:00.02 41.76	+0,73	460	40.64
22.	Ana Lopes Santos 50m: 37.30 37.30	02	Vilacondense	2:40.80 100m: 1:17.47 40.17 150m: 1:59.69 42.22	+0,85	459	41.11
23.	Joana Sofia Machado 50m: 37.74 37.74	02	Natacao de Valongo	2:41.43 100m: 1:18.08 40.34 150m: 2:00.66 42.58	+0,69	453	40.77
24.	Maria Oliveira Queiros 50m: 38.50 38.50	02	Famalicao	2:42.01 100m: 1:19.78 41.28 150m: 2:01.68 41.90	+0,79	449	40.33
25.	Ana Pedro Santos 50m: 37.60 37.60	02	Sporting de Aveiro	2:42.08 100m: 1:19.07 41.47 150m: 2:00.66 41.59	+0,67	448	41.42
26.	Maria Manuel Mateus 50m: 37.61 37.61	02	Benedita	2:42.21 100m: 1:17.80 40.19 150m: 2:00.21 42.41	+0,65	447	42.00
27.	Carolina Barros Domingos 50m: 37.91 37.91	02	Sporting	2:42.73 100m: 1:18.99 41.08 150m: 2:00.68 41.69	+0,82	443	42.05
28.	Carolina Morais Oliveira 50m: 38.78 38.78	02	Amadora	2:43.06 100m: 1:19.79 41.01 150m: 2:02.14 42.35	+0,71	440	40.92
29.	Ana Beatriz Rodrigues 50m: 36.84 36.84	02	Rio Maior	2:43.38 100m: 1:18.64 41.80 150m: 2:01.65 43.01	+0,64	437	41.73
30.	Beatriz Sanches Infante 50m: 39.69 39.69	02	Alges	2:45.65 100m: 1:22.84 43.15 150m: 2:05.47 42.63	+0,71	420	40.18
31.	Mariana Toscano Belo 50m: 38.75 38.75	02	Fundacao Beatriz Santos	2:49.04 100m: 1:22.00 43.25 150m: 2:05.92 43.92	+0,69	395	43.12
DNS	Maria Joao Carvalho	02	Portinado				

Prova 22, Femin., 200m Costas, Elimim

Prova 22
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Femin., 200m Costas

Juvenis A
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012

TAC_B-JUVAF : 2:45.40

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Filipa Serrano Rodrigues	01	Uniao Piedense	2:26.76	+0,67	604	
	50m: 34.33 34.33	100m: 1:10.69 36.36	150m: 1:48.43 37.74	200m: 2:26.76		38.33	
2.	Ines Neto Rocha	01	Aquatico Pacense	2:29.33	+0,68	573	
	50m: 35.43 35.43	100m: 1:13.71 38.28	150m: 1:51.87 38.16	200m: 2:29.33		37.46	
3.	Bruna Andreia Simoes	01	Vieirense	2:31.70	+0,62	546	
	50m: 35.64 35.64	100m: 1:14.50 38.86	150m: 1:53.65 39.15	200m: 2:31.70		38.05	
4.	Miriam Filipe Marcos	01	Natacao Olhao	2:32.05	+0,57	543	
	50m: 35.29 35.29	100m: 1:13.29 38.00	150m: 1:52.90 39.61	200m: 2:32.05		39.15	
5.	Sofia Oliveira Andre	01	Nautico Marinha Grande	2:32.57	+0,65	537	
	50m: 35.75 35.75	100m: 1:13.68 37.93	150m: 1:53.04 39.36	200m: 2:32.57		39.53	
6.	Teresa Isabel Granjeia	01	Galitos / Bresimar	2:32.66	+0,76	536	
	50m: 35.20 35.20	100m: 1:13.39 38.19	150m: 1:53.11 39.72	200m: 2:32.66		39.55	
	Mariana Delicado Correia	01	Sporting	2:32.66	+0,58	536	
	50m: 34.84 34.84	100m: 1:13.46 38.62	150m: 1:53.44 39.98	200m: 2:32.66		39.22	
8.	Anna Baptista Ferreira	01	Alges	2:32.88	+0,71	534	
	50m: 34.89 34.89	100m: 1:14.01 39.12	150m: 1:54.36 40.35	200m: 2:32.88		38.52	
9.	Filipa Bile Grilo	01	Benfica	2:34.16	+0,62	521	
	50m: 34.86 34.86	100m: 1:12.92 38.06	150m: 1:53.73 40.81	200m: 2:34.16		40.43	
10.	Carolina Ascenso Santos	01	Individual ANNP	2:36.51	+0,63	498	
	50m: 35.28 35.28	100m: 1:14.95 39.67	150m: 1:56.16 41.21	200m: 2:36.51		40.35	
11.	Mafalda Sofia Dias	01	Naval Setubalense	2:36.60	+0,68	497	
	50m: 35.94 35.94	100m: 1:15.95 40.01	150m: 1:56.80 40.85	200m: 2:36.60		39.80	
12.	Luana Correia Rodrigues	01	Individual ANL	2:37.41	+0,69	489	
	50m: 35.42 35.42	100m: 1:14.59 39.17	150m: 1:56.02 41.43	200m: 2:37.41		41.39	
13.	Celeste Santos Ricardo	01	Individual ANL	2:38.55	+0,69	479	
	50m: 37.31 37.31	100m: 1:18.36 41.05	150m: 1:58.71 40.35	200m: 2:38.55		39.84	
14.	Maria Esteves Martins	01	Galitos / Bresimar	2:39.03	+0,64	474	
	50m: 36.62 36.62	100m: 1:16.48 39.86	150m: 1:58.27 41.79	200m: 2:39.03		40.76	
15.	Ana Margarida Branco	01	Alges	2:40.23	+0,74	464	
	50m: 37.87 37.87	100m: 1:19.53 41.66	150m: 2:00.48 40.95	200m: 2:40.23		39.75	
16.	Juliana Goncalves Domingues	01	Benfica	2:40.29	+0,63	463	
	50m: 37.00 37.00	100m: 1:16.70 39.70	150m: 1:58.48 41.78	200m: 2:40.29		41.81	
17.	Ines Ferreira Duarte	01	Natacao do Tejo	2:40.65	+0,68	460	
	50m: 36.17 36.17	100m: 1:15.98 39.81	150m: 1:58.09 42.11	200m: 2:40.65		42.56	
18.	Jacinta Correia Vieira	01	Alcobaca	2:41.49	+0,69	453	
	50m: 37.16 37.16	100m: 1:17.52 40.36	150m: 1:59.59 42.07	200m: 2:41.49		41.90	

Prova 22, Femin., 200m Costas, Elimin, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Patricia Goncalves Leal	01	Ba/Bomcar	2:41.69	+0,62	451	
	50m: 36.83 36.83	100m: 1:17.55 40.72	150m: 1:59.86 42.31	200m: 2:41.69		41.83	
20.	Ana Sousa Chula	01	Alges e Agueda XXI	2:42.17	+0,80	447	
	50m: 37.55 37.55	100m: 1:19.16 41.61	150m: 2:00.71 41.55	200m: 2:42.17		41.46	
21.	Barbara Daniela Quaresma	01	Nautica do Seixal	2:43.07	+0,65	440	
	50m: 37.08 37.08	100m: 1:18.04 40.96	150m: 2:01.54 43.50	200m: 2:43.07		41.53	
22.	Ana Margarida Goncalves	01	Vilacondense	2:43.48	+1,14	437	
	50m: 38.27 38.27	100m: 1:19.51 41.24	150m: 2:01.88 42.37	200m: 2:43.48		41.60	
23.	Sofia Gales Pinto	01	Colegio SMLamas	2:45.86	+0,71	418	
	50m: 38.67 38.67	100m: 1:20.81 42.14	150m: 2:03.62 42.81	200m: 2:45.86		42.24	
24.	Joana Mira Pereira	01	Naval Setubalense	2:46.62	+0,80	412	
	50m: 38.39 38.39	100m: 1:20.28 41.89	150m: 2:03.96 43.68	200m: 2:46.62		42.66	
25.	Margarida Rocha Rodrigues	01	Sporting	2:46.65	+0,64	412	
	50m: 38.27 38.27	100m: 1:19.70 41.43	150m: 2:03.47 43.77	200m: 2:46.65		43.18	
26.	Liliana Simoes Romao	01	Gesloures	2:50.44	+0,75	385	
	50m: 38.40 38.40	100m: 1:21.48 43.08	150m: 2:05.84 44.36	200m: 2:50.44		44.60	

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Femin., 200m Costas

Junior 16
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Jun16	2:17.98	Catia Raquel Martinheira	POR	Lima (PER)	18-08-2011

TAC_B-JUNF Jun: 2:32.39

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Monica Seara Domingues	00	Nautico Marinha Grande	2:26.86	+0,62	602	
	50m: 34.85 34.85	100m: 1:12.43 37.58	150m: 1:50.70 38.27	200m: 2:26.86		36.16	
2.	Alexandra Jesus Santos	00	Leixoes	2:27.70	+0,56	592	
	50m: 33.38 33.38	100m: 1:11.64 38.26	150m: 1:49.76 38.12	200m: 2:27.70		37.94	
3.	Maria Beatriz Lopes	00	Benedita	2:29.33	+0,65	573	
	50m: 35.01 35.01	100m: 1:12.17 37.16	150m: 1:50.95 38.78	200m: 2:29.33		38.38	
4.	Ana Miguel Reis	00	Nautico /Urgicentro-Sanfil	2:29.90	+0,58	566	
	50m: 34.68 34.68	100m: 1:12.74 38.06	150m: 1:51.64 38.90	200m: 2:29.90		38.26	

Prova 22, Femin., 200m Costas, Elimin

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Femin., 200m Costas

Junior 17
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Jun17	2:15.53	Rita Barros Frischknecht	SAD	Coimbra	02-04-2015

TAC_B-JUNF Jun: 2:32.39

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	2:26.07	+0,84	612	
	50m: 34.83 34.83	100m: 1:11.56 36.73	150m: 1:48.98 37.42	200m: 2:26.07		37.09	
2.	Maria Ana Monge	99	Sporting	2:30.75	+0,78	557	
	50m: 34.79 34.79	100m: 1:13.01 38.22	150m: 1:52.23 39.22	200m: 2:30.75		38.52	
3.	Maria Dias Neves	99	Miranda do Corvo	2:30.81	+0,62	556	
	50m: 35.45 35.45	100m: 1:13.65 38.20	150m: 1:52.09 38.44	200m: 2:30.81		38.72	
4.	Filipa Carreira Alves	99	Uniao Piedense	2:31.57	+0,67	548	
	50m: 33.93 33.93	100m: 1:12.55 38.62	150m: 1:52.38 39.83	200m: 2:31.57		39.19	
5.	Rosana Marinho Macedo	99	Foca	2:32.42	+0,61	539	
	50m: 34.49 34.49	100m: 1:12.54 38.05	150m: 1:52.31 39.77	200m: 2:32.42		40.11	
6.	Matilde Pereira Martins	99	Naval de Faro	2:33.07	+0,67	532	
	50m: 34.72 34.72	100m: 1:13.89 39.17	150m: 1:54.88 40.99	200m: 2:33.07		38.19	
7.	Marta Silva Felix	99	Sporting de Aveiro	2:35.29	+0,77	509	
	50m: 35.79 35.79	100m: 1:15.06 39.27	150m: 1:55.76 40.70	200m: 2:35.29		39.53	

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Femin., 200m Costas

Seniores
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Sen	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015

TAC_B-SENF : 2:29.06

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catia Raquel Martinheira	95	Louletano / Loule Concelho	2:21.69	+0,58	671	
	50m: 33.07 33.07	100m: 1:09.16 36.09	150m: 1:46.52 37.36	200m: 2:21.69		35.17	
2.	Francisca Gomes Azevedo	97	Alges	2:23.60	+0,64	644	
	50m: 33.50 33.50	100m: 1:10.34 36.84	150m: 1:47.67 37.33	200m: 2:23.60		35.93	
3.	Ana Raquel Ferreira	98	Ginasio Figueirense	2:25.90	+0,69	614	
	50m: 34.23 34.23	100m: 1:11.07 36.84	150m: 1:48.81 37.74	200m: 2:25.90		37.09	
4.	Rita Barros Frischknecht	98	Alges	2:25.97	+0,69	613	
	50m: 33.55 33.55	100m: 1:10.47 36.92	150m: 1:48.62 38.15	200m: 2:25.97		37.35	
5.	Beatriz Sousa Grou	96	Tavira Natacao	2:26.55	+0,75	606	
	50m: 32.99 32.99	100m: 1:09.33 36.34	150m: 1:48.21 38.88	200m: 2:26.55		38.34	
6.	Vania Soares Neves	90	Fluvial Portuense	2:28.14	+0,62	587	
	50m: 34.62 34.62	100m: 1:12.21 37.59	150m: 1:50.50 38.29	200m: 2:28.14		37.64	