

Prova 1
21-07-2016 - 17:10

Masc., 1500m Livres

Open
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Inf B	17:21.58	Pedro Fontoura Oliveira	CFB	Restelo	27-07-2003
Rec Nac Inf A	16:43.48	Pedro Fontoura Oliveira	CFB	Rio Maior	19-06-2004
Rec Nac Juv B	16:30.45	Duarte Miguel Jorge	CGA	Oeiras	21-07-2016
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009
Rec Nac Jun17	15:43.45	Guilherme Filipe Pina	POR	Singapore (SIN)	30-08-2015
Rec Nac Jun18	15:23.46	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	07-07-2016
Rec Nac Sen	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	15:35.17	+0,77	808	
	50m: 28.85 28.85	450m: 4:38.53 30.97	850m: 8:48.04 31.31	1250m: 12:58.62 31.60			
	100m: 59.49 30.64	500m: 5:09.64 31.11	900m: 9:19.32 31.28	1300m: 13:30.01 31.39			
	150m: 1:30.43 30.94	550m: 5:40.90 31.26	950m: 9:50.67 31.35	1350m: 14:01.42 31.41			
	200m: 2:01.98 31.55	600m: 6:11.78 30.88	1000m: 10:21.84 31.17	1400m: 14:32.82 31.40			
	250m: 2:33.08 31.10	650m: 6:43.01 31.23	1050m: 10:53.33 31.49	1450m: 15:04.25 31.43			
	300m: 3:04.67 31.59	700m: 7:14.03 31.02	1100m: 11:24.57 31.24	1500m: 15:35.17 30.92			
	350m: 3:36.01 31.34	750m: 7:45.28 31.25	1150m: 11:55.86 31.29				
	400m: 4:07.56 31.55	800m: 8:16.73 31.45	1200m: 12:27.02 31.16				
2.	Antonio Fernando Pinto	99	Lousada SXXI	15:54.16	+0,86	760	
	50m: 28.94 28.94	450m: 4:41.11 32.12	850m: 8:57.94 32.04	1250m: 13:14.67 32.25			
	100m: 1:00.23 31.29	500m: 5:13.15 32.04	900m: 9:29.56 31.62	1300m: 13:46.85 32.18			
	150m: 1:31.79 31.56	550m: 5:45.60 32.45	950m: 10:01.64 32.08	1350m: 14:19.37 32.52			
	200m: 2:02.89 31.10	600m: 6:17.40 31.80	1000m: 10:33.85 32.21	1400m: 14:51.57 32.20			
	250m: 2:34.46 31.57	650m: 6:49.62 32.22	1050m: 11:06.12 32.27	1450m: 15:23.27 31.70			
	300m: 3:05.67 31.21	700m: 7:21.55 31.93	1100m: 11:38.24 32.12	1500m: 15:54.16 30.89			
	350m: 3:37.44 31.77	750m: 7:53.99 32.44	1150m: 12:10.50 32.26				
	400m: 4:08.99 31.55	800m: 8:25.90 31.91	1200m: 12:42.42 31.92				
3.	Jose Paula Carvalho	98	Uniao Piedense	16:05.76	+0,70	733	
	50m: 28.90 28.90	450m: 4:45.27 32.79	850m: 9:07.08 32.25	1250m: 13:26.35 32.89			
	100m: 59.72 30.82	500m: 5:18.17 32.90	900m: 9:39.49 32.41	1300m: 13:58.73 32.38			
	150m: 1:31.08 31.36	550m: 5:51.33 33.16	950m: 10:11.57 32.08	1350m: 14:31.40 32.67			
	200m: 2:03.06 31.98	600m: 6:24.18 32.85	1000m: 10:43.42 31.85	1400m: 15:03.74 32.34			
	250m: 2:35.23 32.17	650m: 6:57.18 33.00	1050m: 11:15.74 32.32	1450m: 15:35.97 32.23			
	300m: 3:07.42 32.19	700m: 7:30.04 32.86	1100m: 11:47.99 32.25	1500m: 16:05.76 29.79			
	350m: 3:40.03 32.61	750m: 8:02.71 32.67	1150m: 12:20.92 32.93				
	400m: 4:12.48 32.45	800m: 8:34.83 32.12	1200m: 12:53.46 32.54				
4.	Mario Andre Bonanca	90	Sporting	16:06.25	+0,77	732	
	50m: 29.73 29.73	450m: 4:43.93 32.40	850m: 9:04.25 32.84	1250m: 13:26.71 32.67			
	100m: 1:00.98 31.25	500m: 5:16.07 32.14	900m: 9:37.02 32.77	1300m: 13:59.41 32.70			
	150m: 1:32.69 31.71	550m: 5:48.55 32.48	950m: 10:10.10 33.08	1350m: 14:32.19 32.78			
	200m: 2:04.25 31.56	600m: 6:20.93 32.38	1000m: 10:43.00 32.90	1400m: 15:04.62 32.43			
	250m: 2:35.87 31.62	650m: 6:53.41 32.48	1050m: 11:15.99 32.99	1450m: 15:36.96 32.34			
	300m: 3:07.47 31.60	700m: 7:25.95 32.54	1100m: 11:48.79 32.80	1500m: 16:06.25 29.29			
	350m: 3:39.65 32.18	750m: 7:58.78 32.83	1150m: 12:21.57 32.78				
	400m: 4:11.53 31.88	800m: 8:31.41 32.63	1200m: 12:54.04 32.47				
5.	Roberto Donald Gomes	00	Alges	16:09.62	+0,79	724	
	50m: 29.57 29.57	450m: 4:49.44 32.49	850m: 9:08.49 32.72	1250m: 13:29.29 33.01			
	100m: 1:01.24 31.67	500m: 5:21.94 32.50	900m: 9:40.96 32.47	1300m: 14:01.94 32.65			
	150m: 1:33.54 32.30	550m: 5:54.38 32.44	950m: 10:13.67 32.71	1350m: 14:34.60 32.66			
	200m: 2:06.05 32.51	600m: 6:26.60 32.22	1000m: 10:45.98 32.31	1400m: 15:07.08 32.48			
	250m: 2:38.68 32.63	650m: 6:58.93 32.33	1050m: 11:19.29 33.31	1450m: 15:39.53 32.45			
	300m: 3:11.50 32.82	700m: 7:31.24 32.31	1100m: 11:51.61 32.32	1500m: 16:09.62 30.09			
	350m: 3:44.48 32.98	750m: 8:03.60 32.36	1150m: 12:24.17 32.56				
	400m: 4:16.95 32.47	800m: 8:35.77 32.17	1200m: 12:56.28 32.11				

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Jose Paulo Lopes	00	Braga	16:14.26	+0,73	714	
	50m: 29.68 29.68	450m: 4:49.26 32.47	850m: 9:08.78 32.48	1250m: 13:30.45 32.74			
	100m: 1:01.74 32.06	500m: 5:21.98 32.72	900m: 9:41.29 32.51	1300m: 14:03.53 33.08			
	150m: 1:33.80 32.06	550m: 5:54.28 32.30	950m: 10:13.82 32.53	1350m: 14:36.72 33.19			
	200m: 2:06.39 32.59	600m: 6:26.92 32.64	1000m: 10:46.53 32.71	1400m: 15:10.04 33.32			
	250m: 2:38.70 32.31	650m: 6:59.10 32.18	1050m: 11:19.40 32.87	1450m: 15:42.80 32.76			
	300m: 3:11.34 32.64	700m: 7:31.48 32.38	1100m: 11:52.21 32.81	1500m: 16:14.26 31.46			
	350m: 3:44.11 32.77	750m: 8:03.85 32.37	1150m: 12:24.82 32.61				
	400m: 4:16.79 32.68	800m: 8:36.30 32.45	1200m: 12:57.71 32.89				
7.	Duarte Miguel Jorge	01	Galitos / Bresimar	16:30.45	+0,85	680	
	<i>Recorde Nacional, Juv B</i>						
	50m: 29.76 29.76	450m: 4:52.38 33.07	850m: 9:16.81 33.50	1250m: 13:44.74 33.37			
	100m: 1:01.88 32.12	500m: 5:25.12 32.74	900m: 9:50.11 33.30	1300m: 14:18.44 33.70			
	150m: 1:34.31 32.43	550m: 5:58.20 33.08	950m: 10:23.75 33.64	1350m: 14:51.95 33.51			
	200m: 2:06.62 32.31	600m: 6:31.38 33.18	1000m: 10:57.48 33.73	1400m: 15:25.34 33.39			
	250m: 2:39.73 33.11	650m: 7:04.76 33.38	1050m: 11:30.93 33.45	1450m: 15:58.16 32.82			
	300m: 3:12.57 32.84	700m: 7:37.71 32.95	1100m: 12:04.19 33.26	1500m: 16:30.45 32.29			
	350m: 3:45.88 33.31	750m: 8:10.57 32.86	1150m: 12:37.65 33.46				
	400m: 4:19.31 33.43	800m: 8:43.31 32.74	1200m: 13:11.37 33.72				
8.	Pedro Maria Bessa	95	Nautico /Urgicentro-Sanfil	16:35.75	+0,73	669	
	50m: 28.92 28.92	450m: 4:50.15 32.92	850m: 9:18.39 34.18	1250m: 13:50.82 34.00			
	100m: 1:00.39 31.47	500m: 5:23.28 33.13	900m: 9:52.66 34.27	1300m: 14:25.11 34.29			
	150m: 1:32.46 32.07	550m: 5:56.37 33.09	950m: 10:26.23 33.57	1350m: 14:58.61 33.50			
	200m: 2:04.99 32.53	600m: 6:29.59 33.22	1000m: 11:00.79 34.56	1400m: 15:32.62 34.01			
	250m: 2:37.67 32.68	650m: 7:02.64 33.05	1050m: 11:34.67 33.88	1450m: 16:04.90 32.28			
	300m: 3:10.84 33.17	700m: 7:36.40 33.76	1100m: 12:08.54 33.87	1500m: 16:35.75 30.85			
	350m: 3:43.83 32.99	750m: 8:10.23 33.83	1150m: 12:42.62 34.08				
	400m: 4:17.23 33.40	800m: 8:44.21 33.98	1200m: 13:16.82 34.20				
9.	Sergio Filipe Travanca	00	Fluvial Portuense	16:35.80	+0,70	669	
	50m: 29.96 29.96	450m: 4:55.62 33.40	850m: 9:23.51 33.22	1250m: 13:51.08 32.79			
	100m: 1:02.73 32.77	500m: 5:29.30 33.68	900m: 9:57.24 33.73	1300m: 14:24.73 33.65			
	150m: 1:35.11 32.38	550m: 6:02.69 33.39	950m: 10:30.73 33.49	1350m: 14:58.10 33.37			
	200m: 2:08.67 33.56	600m: 6:36.40 33.71	1000m: 11:04.42 33.69	1400m: 15:31.88 33.78			
	250m: 2:41.45 32.78	650m: 7:09.62 33.22	1050m: 11:37.64 33.22	1450m: 16:04.15 32.27			
	300m: 3:15.14 33.69	700m: 7:43.23 33.61	1100m: 12:11.28 33.64	1500m: 16:35.80 31.65			
	350m: 3:48.47 33.33	750m: 8:16.67 33.44	1150m: 12:44.57 33.29				
	400m: 4:22.22 33.75	800m: 8:50.29 33.62	1200m: 13:18.29 33.72				
10.	Filipe Miguel Santo	00	Sporting	16:36.05	+0,84	668	
	50m: 30.40 30.40	450m: 4:51.62 32.75	850m: 9:17.97 33.53	1250m: 13:48.42 33.96			
	100m: 1:02.83 32.43	500m: 5:24.35 32.73	900m: 9:51.81 33.84	1300m: 14:22.35 33.93			
	150m: 1:35.57 32.74	550m: 5:57.24 32.89	950m: 10:25.57 33.76	1350m: 14:56.12 33.77			
	200m: 2:08.31 32.74	600m: 6:30.28 33.04	1000m: 10:59.24 33.67	1400m: 15:29.98 33.86			
	250m: 2:41.10 32.79	650m: 7:03.66 33.38	1050m: 11:33.18 33.94	1450m: 16:03.29 33.31			
	300m: 3:13.48 32.38	700m: 7:37.10 33.44	1100m: 12:06.83 33.65	1500m: 16:36.05 32.76			
	350m: 3:46.13 32.65	750m: 8:10.70 33.60	1150m: 12:40.64 33.81				
	400m: 4:18.87 32.74	800m: 8:44.44 33.74	1200m: 13:14.46 33.82				
11.	Joao Daniel Machado	99	Uniao Piedense	16:37.41	+0,68	665	
	50m: 29.70 29.70	450m: 4:54.74 33.58	850m: 9:21.61 33.58	1250m: 13:50.47 33.71			
	100m: 1:01.76 32.06	500m: 5:28.04 33.30	900m: 9:54.96 33.35	1300m: 14:24.20 33.73			
	150m: 1:35.34 33.58	550m: 6:01.49 33.45	950m: 10:28.43 33.47	1350m: 14:57.98 33.78			
	200m: 2:08.02 32.68	600m: 6:34.68 33.19	1000m: 11:02.14 33.71	1400m: 15:31.64 33.66			
	250m: 2:41.45 33.43	650m: 7:08.23 33.55	1050m: 11:35.72 33.58	1450m: 16:04.63 32.99			
	300m: 3:14.58 33.13	700m: 7:41.50 33.27	1100m: 12:09.40 33.68	1500m: 16:37.41 32.78			
	350m: 3:47.92 33.34	750m: 8:14.83 33.33	1150m: 12:43.04 33.64				
	400m: 4:21.16 33.24	800m: 8:48.03 33.20	1200m: 13:16.76 33.72				

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Miguel Ribeiro Bate	99	Alges	16:41.24	+0,72	658	
	50m: 28.62 28.62	450m: 4:51.48 33.27	850m: 9:20.45 33.80	1250m: 13:53.17 34.15			
	100m: 1:00.42 31.80	500m: 5:24.78 33.30	900m: 9:54.55 34.10	1300m: 14:27.32 34.15			
	150m: 1:32.95 32.53	550m: 5:58.25 33.47	950m: 10:28.71 34.16	1350m: 15:01.69 34.37			
	200m: 2:05.78 32.83	600m: 6:31.70 33.45	1000m: 11:02.65 33.94	1400m: 15:35.62 33.93			
	250m: 2:38.64 32.86	650m: 7:05.09 33.39	1050m: 11:36.74 34.09	1450m: 16:09.42 33.80			
	300m: 3:11.78 33.14	700m: 7:38.66 33.57	1100m: 12:10.81 34.07	1500m: 16:41.24 31.82			
	350m: 3:44.97 33.19	750m: 8:12.63 33.97	1150m: 12:44.62 33.81				
	400m: 4:18.21 33.24	800m: 8:46.65 34.02	1200m: 13:19.02 34.40				
13.	Tiago Silva Oliveira	94	Fluvial Portuense	16:41.59	+0,75	657	
	50m: 29.18 29.18	450m: 4:51.65 33.63	850m: 9:21.28 33.78	1250m: 13:54.00 34.52			
	100m: 1:00.84 31.66	500m: 5:25.12 33.47	900m: 9:54.79 33.51	1300m: 14:27.71 33.71			
	150m: 1:33.13 32.29	550m: 5:58.88 33.76	950m: 10:29.07 34.28	1350m: 15:01.99 34.28			
	200m: 2:05.61 32.48	600m: 6:32.29 33.41	1000m: 11:02.88 33.81	1400m: 15:35.89 33.90			
	250m: 2:38.48 32.87	650m: 7:06.43 34.14	1050m: 11:37.36 34.48	1450m: 16:09.75 33.86			
	300m: 3:11.45 32.97	700m: 7:39.92 33.49	1100m: 12:11.37 34.01	1500m: 16:41.59 31.84			
	350m: 3:44.62 33.17	750m: 8:13.90 33.98	1150m: 12:45.66 34.29				
	400m: 4:18.02 33.40	800m: 8:47.50 33.60	1200m: 13:19.48 33.82				
14.	Diogo Santos Cardoso	01	Colegio Monte Maior	16:42.41	+0,70	656	
	50m: 30.50 30.50	450m: 5:00.23 33.71	850m: 9:28.89 33.39	1250m: 13:57.01 33.58			
	100m: 1:03.91 33.41	500m: 5:33.89 33.66	900m: 10:02.42 33.53	1300m: 14:30.47 33.46			
	150m: 1:37.66 33.75	550m: 6:07.41 33.52	950m: 10:36.07 33.65	1350m: 15:03.95 33.48			
	200m: 2:11.57 33.91	600m: 6:41.07 33.66	1000m: 11:09.47 33.40	1400m: 15:37.57 33.62			
	250m: 2:45.28 33.71	650m: 7:14.76 33.69	1050m: 11:43.00 33.53	1450m: 16:10.35 32.78			
	300m: 3:18.97 33.69	700m: 7:48.38 33.62	1100m: 12:16.41 33.41	1500m: 16:42.41 32.06			
	350m: 3:52.88 33.91	750m: 8:21.95 33.57	1150m: 12:49.90 33.49				
	400m: 4:26.52 33.64	800m: 8:55.50 33.55	1200m: 13:23.43 33.53				
15.	Afonso Calais Queiroga	98	Uniao Piedense	16:48.66	+0,66	643	
	50m: 31.34 31.34	450m: 5:01.77 33.79	850m: 9:28.38 33.45	1250m: 13:58.21 34.62			
	100m: 1:04.79 33.45	500m: 5:35.08 33.31	900m: 10:01.49 33.11	1300m: 14:32.33 34.12			
	150m: 1:39.05 34.26	550m: 6:08.47 33.39	950m: 10:35.02 33.53	1350m: 15:07.46 35.13			
	200m: 2:12.81 33.76	600m: 6:41.85 33.38	1000m: 11:08.61 33.59	1400m: 15:41.96 34.50			
	250m: 2:46.87 34.06	650m: 7:15.66 33.81	1050m: 11:41.86 33.25	1450m: 16:15.95 33.99			
	300m: 3:20.38 33.51	700m: 7:48.48 32.82	1100m: 12:15.52 33.66	1500m: 16:48.66 32.71			
	350m: 3:54.21 33.83	750m: 8:22.03 33.55	1150m: 12:49.65 34.13				
	400m: 4:27.98 33.77	800m: 8:54.93 32.90	1200m: 13:23.59 33.94				
16.	Pedro Goncalves Neto	98	Porto	16:55.58	+0,77	630	
	50m: 30.00 30.00	450m: 4:59.37 33.86	850m: 9:31.98 34.18	1250m: 14:06.36 34.43			
	100m: 1:03.60 33.60	500m: 5:33.46 34.09	900m: 10:06.23 34.25	1300m: 14:41.00 34.64			
	150m: 1:37.01 33.41	550m: 6:07.08 33.62	950m: 10:40.36 34.13	1350m: 15:15.11 34.11			
	200m: 2:10.39 33.38	600m: 6:41.57 34.49	1000m: 11:14.54 34.18	1400m: 15:49.79 34.68			
	250m: 2:44.09 33.70	650m: 7:15.80 34.23	1050m: 11:48.92 34.38	1450m: 16:23.66 33.87			
	300m: 3:17.88 33.79	700m: 7:50.11 34.31	1100m: 12:23.65 34.73	1500m: 16:55.58 31.92			
	350m: 3:51.88 34.00	750m: 8:23.66 33.55	1150m: 12:57.68 34.03				
	400m: 4:25.51 33.63	800m: 8:57.80 34.14	1200m: 13:31.93 34.25				
17.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	16:55.64	+0,78	630	
	50m: 30.09 30.09	450m: 4:58.99 33.99	850m: 9:32.97 34.26	1250m: 14:06.75 34.55			
	100m: 1:02.63 32.54	500m: 5:33.15 34.16	900m: 10:07.22 34.25	1300m: 14:40.89 34.14			
	150m: 1:35.79 33.16	550m: 6:07.42 34.27	950m: 10:41.31 34.09	1350m: 15:15.10 34.21			
	200m: 2:09.23 33.44	600m: 6:41.35 33.93	1000m: 11:15.32 34.01	1400m: 15:49.20 34.10			
	250m: 2:42.74 33.51	650m: 7:15.98 34.63	1050m: 11:49.73 34.41	1450m: 16:23.24 34.04			
	300m: 3:16.63 33.89	700m: 7:50.21 34.23	1100m: 12:23.82 34.09	1500m: 16:55.64 32.40			
	350m: 3:50.82 34.19	750m: 8:24.48 34.27	1150m: 12:58.13 34.31				
	400m: 4:25.00 34.18	800m: 8:58.71 34.23	1200m: 13:32.20 34.07				

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA	Pts	
18.	Sergio Gomes Abreu			96	Naval do Funchal		16:56.98		+0,72	628		
	50m:	29.31	29.31	450m:	4:57.71	33.74	850m:	9:29.70	34.26	1250m:	14:06.98	34.87
	100m:	1:01.76	32.45	500m:	5:31.31	33.60	900m:	10:04.13	34.43	1300m:	14:41.88	34.90
	150m:	1:35.44	33.68	550m:	6:04.68	33.37	950m:	10:38.82	34.69	1350m:	15:16.45	34.57
	200m:	2:09.15	33.71	600m:	6:38.48	33.80	1000m:	11:13.61	34.79	1400m:	15:51.47	35.02
	250m:	2:42.91	33.76	650m:	7:13.20	34.72	1050m:	11:48.65	35.04	1450m:	16:24.83	33.36
	300m:	3:16.33	33.42	700m:	7:47.26	34.06	1100m:	12:22.92	34.27	1500m:	16:56.98	32.15
	350m:	3:50.43	34.10	750m:	8:21.49	34.23	1150m:	12:57.34	34.42			
	400m:	4:23.97	33.54	800m:	8:55.44	33.95	1200m:	13:32.11	34.77			
19.	Tiago Carlos Santos			98	Uniao Piedense		16:57.88		+0,80	626		
	50m:	30.11	30.11	450m:	4:57.47	33.81	850m:	9:33.07	34.62	1250m:	14:10.71	34.98
	100m:	1:02.98	32.87	500m:	5:31.35	33.88	900m:	10:07.39	34.32	1300m:	14:45.15	34.44
	150m:	1:36.25	33.27	550m:	6:05.67	34.32	950m:	10:42.24	34.85	1350m:	15:19.54	34.39
	200m:	2:09.66	33.41	600m:	6:40.23	34.56	1000m:	11:17.21	34.97	1400m:	15:53.93	34.39
	250m:	2:43.01	33.35	650m:	7:14.81	34.58	1050m:	11:51.73	34.52	1450m:	16:26.24	32.31
	300m:	3:16.42	33.41	700m:	7:49.32	34.51	1100m:	12:26.38	34.65	1500m:	16:57.88	31.64
	350m:	3:50.04	33.62	750m:	8:24.05	34.73	1150m:	13:01.14	34.76			
	400m:	4:23.66	33.62	800m:	8:58.45	34.40	1200m:	13:35.73	34.59			
20.	Joao Santos Mendes			98	Leixoes		16:58.16		+0,67	626		
	50m:	29.81	29.81	450m:	4:59.35	34.03	850m:	9:33.66	34.21	1250m:	14:11.01	34.62
	100m:	1:02.84	33.03	500m:	5:33.85	34.50	900m:	10:08.20	34.54	1300m:	14:44.69	33.68
	150m:	1:36.07	33.23	550m:	6:08.19	34.34	950m:	10:42.34	34.14	1350m:	15:19.05	34.36
	200m:	2:09.91	33.84	600m:	6:42.52	34.33	1000m:	11:16.47	34.13	1400m:	15:53.70	34.65
	250m:	2:43.41	33.50	650m:	7:16.79	34.27	1050m:	11:51.13	34.66	1450m:	16:27.28	33.58
	300m:	3:17.37	33.96	700m:	7:50.82	34.03	1100m:	12:25.92	34.79	1500m:	16:58.16	30.88
	350m:	3:51.26	33.89	750m:	8:24.97	34.15	1150m:	13:01.16	35.24			
	400m:	4:25.32	34.06	800m:	8:59.45	34.48	1200m:	13:36.39	35.23			
21.	Sebastiao Mendes Gomes			00	Pimpoes/Cimai		16:58.61		+0,77	625		
	50m:	30.31	30.31	450m:	5:01.96	34.11	850m:	9:34.03	33.74	1250m:	14:10.61	35.55
	100m:	1:04.11	33.80	500m:	5:35.56	33.60	900m:	10:07.92	33.89	1300m:	14:44.32	33.71
	150m:	1:38.05	33.94	550m:	6:09.58	34.02	950m:	10:41.87	33.95	1350m:	15:18.18	33.86
	200m:	2:11.40	33.35	600m:	6:44.17	34.59	1000m:	11:16.86	34.99	1400m:	15:52.82	34.64
	250m:	2:45.54	34.14	650m:	7:18.00	33.83	1050m:	11:51.01	34.15	1450m:	16:26.10	33.28
	300m:	3:19.91	34.37	700m:	7:52.00	34.00	1100m:	12:25.65	34.64	1500m:	16:58.61	32.51
	350m:	3:53.44	33.53	750m:	8:26.24	34.24	1150m:	13:00.80	35.15			
	400m:	4:27.85	34.41	800m:	9:00.29	34.05	1200m:	13:35.06	34.26			
22.	Pedro Miguel Santos			01	Porto		17:00.67		+0,73	621		
	50m:	30.71	30.71	450m:	5:04.73	33.86	850m:	9:36.33	33.83	1250m:	14:11.10	33.95
	100m:	1:04.80	34.09	500m:	5:38.95	34.22	900m:	10:10.42	34.09	1300m:	14:45.64	34.54
	150m:	1:39.24	34.44	550m:	6:12.92	33.97	950m:	10:44.58	34.16	1350m:	15:20.26	34.62
	200m:	2:13.69	34.45	600m:	6:47.50	34.58	1000m:	11:18.98	34.40	1400m:	15:54.86	34.60
	250m:	2:48.36	34.67	650m:	7:21.04	33.54	1050m:	11:53.47	34.49	1450m:	16:28.89	34.03
	300m:	3:22.50	34.14	700m:	7:54.36	33.32	1100m:	12:27.77	34.30	1500m:	17:00.67	31.78
	350m:	3:56.78	34.28	750m:	8:28.04	33.68	1150m:	13:02.29	34.52			
	400m:	4:30.87	34.09	800m:	9:02.50	34.46	1200m:	13:37.15	34.86			
23.	Tiago Andre Carvalho			99	Academica de Coimbra		17:08.83		+0,70	606		
	50m:	30.80	30.80	450m:	5:06.00	34.25	850m:	9:40.91	34.49	1250m:	14:17.19	34.34
	100m:	1:04.47	33.67	500m:	5:40.65	34.65	900m:	10:15.54	34.63	1300m:	14:51.41	34.22
	150m:	1:38.64	34.17	550m:	6:14.66	34.01	950m:	10:49.74	34.20	1350m:	15:26.11	34.70
	200m:	2:13.25	34.61	600m:	6:49.15	34.49	1000m:	11:24.46	34.72	1400m:	16:00.48	34.37
	250m:	2:47.58	34.33	650m:	7:23.60	34.45	1050m:	11:59.18	34.72	1450m:	16:35.32	34.84
	300m:	3:22.19	34.61	700m:	7:57.70	34.10	1100m:	12:33.80	34.62	1500m:	17:08.83	33.51
	350m:	3:56.85	34.66	750m:	8:32.14	34.44	1150m:	13:08.44	34.64			
	400m:	4:31.75	34.90	800m:	9:06.42	34.28	1200m:	13:42.85	34.41			

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA	Pts	
24.	Joao Miguel Cardoso			97	Geslours		17:12.23		+0,77	600		
	50m:	29.91	29.91	450m:	5:02.43	34.78	850m:	9:40.55	35.09	1250m:	14:19.74	35.46
	100m:	1:02.71	32.80	500m:	5:37.10	34.67	900m:	10:15.33	34.78	1300m:	14:54.56	34.82
	150m:	1:36.40	33.69	550m:	6:11.21	34.11	950m:	10:50.26	34.93	1350m:	15:29.68	35.12
	200m:	2:10.62	34.22	600m:	6:45.95	34.74	1000m:	11:24.85	34.59	1400m:	16:05.01	35.33
	250m:	2:44.52	33.90	650m:	7:20.86	34.91	1050m:	11:59.41	34.56	1450m:	16:39.14	34.13
	300m:	3:18.58	34.06	700m:	7:55.64	34.78	1100m:	12:34.20	34.79	1500m:	17:12.23	33.09
	350m:	3:53.09	34.51	750m:	8:30.78	35.14	1150m:	13:09.37	35.17			
	400m:	4:27.65	34.56	800m:	9:05.46	34.68	1200m:	13:44.28	34.91			
25.	Rui Miguel Pires			01	Nautico Marinha Grande		17:13.63		+0,73	598		
	50m:	30.06	30.06	450m:	5:07.71	34.96	850m:	9:45.30	34.77	1250m:	14:23.32	34.80
	100m:	1:04.01	33.95	500m:	5:42.59	34.88	900m:	10:20.13	34.83	1300m:	14:58.19	34.87
	150m:	1:39.07	35.06	550m:	6:17.49	34.90	950m:	10:54.45	34.32	1350m:	15:32.57	34.38
	200m:	2:13.69	34.62	600m:	6:52.72	35.23	1000m:	11:28.98	34.53	1400m:	16:06.90	34.33
	250m:	2:48.70	35.01	650m:	7:27.27	34.55	1050m:	12:03.45	34.47	1450m:	16:41.20	34.30
	300m:	3:23.34	34.64	700m:	8:02.34	35.07	1100m:	12:38.63	35.18	1500m:	17:13.63	32.43
	350m:	3:57.86	34.52	750m:	8:36.39	34.05	1150m:	13:13.61	34.98			
	400m:	4:32.75	34.89	800m:	9:10.53	34.14	1200m:	13:48.52	34.91			
26.	Diogo Moreno Bastos			00	Fluvial Portuense		17:15.01		+0,79	596		
	50m:	30.30	30.30	450m:	5:06.79	34.67	850m:	9:45.06	34.94	1250m:	14:24.59	35.05
	100m:	1:03.89	33.59	500m:	5:41.34	34.55	900m:	10:19.97	34.91	1300m:	14:59.43	34.84
	150m:	1:38.38	34.49	550m:	6:16.14	34.80	950m:	10:55.08	35.11	1350m:	15:34.27	34.84
	200m:	2:12.84	34.46	600m:	6:50.90	34.76	1000m:	11:29.91	34.83	1400m:	16:09.00	34.73
	250m:	2:47.74	34.90	650m:	7:25.80	34.90	1050m:	12:04.91	35.00	1450m:	16:43.37	34.37
	300m:	3:22.28	34.54	700m:	8:00.40	34.60	1100m:	12:39.52	34.61	1500m:	17:15.01	31.64
	350m:	3:57.39	35.11	750m:	8:35.45	35.05	1150m:	13:14.71	35.19			
	400m:	4:32.12	34.73	800m:	9:10.12	34.67	1200m:	13:49.54	34.83			
27.	Dario Fausto Matias			98	Torres Novas		17:15.37		+0,75	595		
	50m:	30.87	30.87	450m:	5:07.27	34.94	850m:	9:44.59	34.41	1250m:	14:23.20	35.00
	100m:	1:05.14	34.27	500m:	5:42.25	34.98	900m:	10:19.05	34.46	1300m:	14:58.31	35.11
	150m:	1:39.62	34.48	550m:	6:16.45	34.20	950m:	10:54.04	34.99	1350m:	15:32.95	34.64
	200m:	2:14.06	34.44	600m:	6:51.38	34.93	1000m:	11:29.11	35.07	1400m:	16:07.45	34.50
	250m:	2:48.24	34.18	650m:	7:25.60	34.22	1050m:	12:03.80	34.69	1450m:	16:41.59	34.14
	300m:	3:22.78	34.54	700m:	8:00.70	35.10	1100m:	12:38.83	35.03	1500m:	17:15.37	33.78
	350m:	3:57.39	34.61	750m:	8:35.81	35.11	1150m:	13:13.34	34.51			
	400m:	4:32.33	34.94	800m:	9:10.18	34.37	1200m:	13:48.20	34.86			
28.	Andre Filipe Farinha			96	Benfica		17:15.67		+0,77	594		
	50m:	29.00	29.00	450m:	4:51.67	33.50	850m:	9:24.21	34.68	1250m:	14:13.86	36.31
	100m:	1:01.08	32.08	500m:	5:25.56	33.89	900m:	9:59.72	35.51	1300m:	14:51.16	37.30
	150m:	1:33.64	32.56	550m:	5:59.18	33.62	950m:	10:35.70	35.98	1350m:	15:28.35	37.19
	200m:	2:06.14	32.50	600m:	6:32.86	33.68	1000m:	11:11.93	36.23	1400m:	16:04.09	35.74
	250m:	2:38.95	32.81	650m:	7:06.60	33.74	1050m:	11:47.88	35.95	1450m:	16:39.73	35.64
	300m:	3:11.74	32.79	700m:	7:40.86	34.26	1100m:	12:24.68	36.80	1500m:	17:15.67	35.94
	350m:	3:44.82	33.08	750m:	8:15.06	34.20	1150m:	13:01.79	37.11			
	400m:	4:18.17	33.35	800m:	8:49.53	34.47	1200m:	13:37.55	35.76			
29.	Bernardo Graca Rodrigues			99	Alges		17:16.61		+0,74	593		
	50m:	30.17	30.17	450m:	5:05.17	34.64	850m:	9:43.07	34.69	1250m:	14:22.79	35.09
	100m:	1:03.52	33.35	500m:	5:39.76	34.59	900m:	10:17.91	34.84	1300m:	14:58.00	35.21
	150m:	1:37.78	34.26	550m:	6:14.62	34.86	950m:	10:52.85	34.94	1350m:	15:32.97	34.97
	200m:	2:12.09	34.31	600m:	6:49.31	34.69	1000m:	11:27.70	34.85	1400m:	16:07.88	34.91
	250m:	2:46.94	34.85	650m:	7:24.16	34.85	1050m:	12:02.74	35.04	1450m:	16:42.87	34.99
	300m:	3:21.45	34.51	700m:	7:58.87	34.71	1100m:	12:37.30	34.56	1500m:	17:16.61	33.74
	350m:	3:55.94	34.49	750m:	8:33.76	34.89	1150m:	13:12.63	35.33			
	400m:	4:30.53	34.59	800m:	9:08.38	34.62	1200m:	13:47.70	35.07			

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
30.	Pedro Barata Neves	00	Laranjeiro	17:17.50	+0,68	591	
	50m: 30.89 30.89	450m: 5:07.83 35.01	850m: 9:47.73 34.89	1250m: 14:26.73 35.15			
	100m: 1:04.38 33.49	500m: 5:42.78 34.95	900m: 10:22.88 35.15	1300m: 15:01.28 34.55			
	150m: 1:39.09 34.71	550m: 6:18.10 35.32	950m: 10:58.00 35.12	1350m: 15:36.13 34.85			
	200m: 2:13.71 34.62	600m: 6:52.65 34.55	1000m: 11:32.56 34.56	1400m: 16:10.77 34.64			
	250m: 2:48.90 35.19	650m: 7:28.06 35.41	1050m: 12:07.80 35.24	1450m: 16:45.00 34.23			
	300m: 3:23.71 34.81	700m: 8:02.87 34.81	1100m: 12:43.39 35.59	1500m: 17:17.50 32.50			
	350m: 3:58.27 34.56	750m: 8:37.66 34.79	1150m: 13:17.65 34.26				
	400m: 4:32.82 34.55	800m: 9:12.84 35.18	1200m: 13:51.58 33.93				
31.	Jose Maria Pereira	01	Sporting	17:21.38	+0,79	585	
	50m: 30.34 30.34	450m: 5:06.58 34.66	850m: 9:46.52 35.07	1250m: 14:27.71 35.25			
	100m: 1:03.86 33.52	500m: 5:41.64 35.06	900m: 10:21.86 35.34	1300m: 15:03.00 35.29			
	150m: 1:37.87 34.01	550m: 6:16.34 34.70	950m: 10:56.84 34.98	1350m: 15:37.94 34.94			
	200m: 2:12.82 34.95	600m: 6:51.24 34.90	1000m: 11:32.36 35.52	1400m: 16:13.33 35.39			
	250m: 2:47.34 34.52	650m: 7:26.15 34.91	1050m: 12:07.03 34.67	1450m: 16:47.75 34.42			
	300m: 3:22.20 34.86	700m: 8:01.15 35.00	1100m: 12:42.33 35.30	1500m: 17:21.38 33.63			
	350m: 3:56.84 34.64	750m: 8:36.26 35.11	1150m: 13:17.32 34.99				
	400m: 4:31.92 35.08	800m: 9:11.45 35.19	1200m: 13:52.46 35.14				
32.	Paulo Filipe Silva	98	Natacao da Maia	17:23.46	+0,75	581	
	50m: 31.08 31.08	450m: 5:07.46 34.21	850m: 9:46.65 35.36	1250m: 14:28.06 35.56			
	100m: 1:04.87 33.79	500m: 5:43.05 35.59	900m: 10:22.23 35.58	1300m: 15:03.85 35.79			
	150m: 1:38.84 33.97	550m: 6:16.68 33.63	950m: 10:57.43 35.20	1350m: 15:38.78 34.93			
	200m: 2:13.37 34.53	600m: 6:51.14 34.46	1000m: 11:33.06 35.63	1400m: 16:14.23 35.45			
	250m: 2:47.88 34.51	650m: 7:25.49 34.35	1050m: 12:07.12 34.06	1450m: 16:49.68 35.45			
	300m: 3:23.17 35.29	700m: 8:00.66 35.17	1100m: 12:42.34 35.22	1500m: 17:23.46 33.78			
	350m: 3:58.18 35.01	750m: 8:35.58 34.92	1150m: 13:17.89 35.55				
	400m: 4:33.25 35.07	800m: 9:11.29 35.71	1200m: 13:52.50 34.61				
33.	Joao Peixoto Pereira	01	Braga	17:26.21	+0,84	577	
	50m: 30.37 30.37	450m: 5:02.15 33.86	850m: 9:43.51 34.98	1250m: 14:28.63 35.94			
	100m: 1:03.91 33.54	500m: 5:37.48 35.33	900m: 10:18.80 35.29	1300m: 15:04.42 35.79			
	150m: 1:37.09 33.18	550m: 6:12.64 35.16	950m: 10:54.19 35.39	1350m: 15:40.86 36.44			
	200m: 2:11.53 34.44	600m: 6:48.52 35.88	1000m: 11:29.83 35.64	1400m: 16:17.52 36.66			
	250m: 2:45.60 34.07	650m: 7:23.24 34.72	1050m: 12:04.64 34.81	1450m: 16:53.81 36.29			
	300m: 3:20.79 35.19	700m: 7:58.30 35.06	1100m: 12:40.26 35.62	1500m: 17:26.21 32.40			
	350m: 3:53.89 33.10	750m: 8:33.38 35.08	1150m: 13:16.41 36.15				
	400m: 4:28.29 34.40	800m: 9:08.53 35.15	1200m: 13:52.69 36.28				
34.	Nuno Correia Sousa	00	Fluvial Portuense	17:27.32	+0,81	575	
	50m: 29.35 29.35	450m: 5:05.72 35.17	850m: 9:48.66 35.52	1250m: 14:32.89 35.80			
	100m: 1:02.22 32.87	500m: 5:40.59 34.87	900m: 10:23.96 35.30	1300m: 15:08.12 35.23			
	150m: 1:36.54 34.32	550m: 6:16.02 35.43	950m: 10:59.65 35.69	1350m: 15:43.73 35.61			
	200m: 2:10.89 34.35	600m: 6:51.37 35.35	1000m: 11:34.85 35.20	1400m: 16:18.57 34.84			
	250m: 2:45.92 35.03	650m: 7:27.20 35.83	1050m: 12:10.37 35.52	1450m: 16:53.81 35.24			
	300m: 3:20.40 34.48	700m: 8:02.27 35.07	1100m: 12:45.77 35.40	1500m: 17:27.32 33.51			
	350m: 3:55.90 35.50	750m: 8:37.88 35.61	1150m: 13:21.65 35.88				
	400m: 4:30.55 34.65	800m: 9:13.14 35.26	1200m: 13:57.09 35.44				
35.	Jose Diogo Fonseca	98	Nautico Marinha Grande	17:27.39	+0,70	575	
	50m: 30.47 30.47	450m: 5:09.34 35.21	850m: 9:50.59 35.29	1250m: 14:33.59 35.23			
	100m: 1:04.60 34.13	500m: 5:44.66 35.32	900m: 10:26.02 35.43	1300m: 15:09.03 35.44			
	150m: 1:39.53 34.93	550m: 6:19.49 34.83	950m: 11:01.51 35.49	1350m: 15:44.46 35.43			
	200m: 2:14.65 35.12	600m: 6:54.84 35.35	1000m: 11:36.92 35.41	1400m: 16:19.69 35.23			
	250m: 2:49.55 34.90	650m: 7:30.02 35.18	1050m: 12:12.22 35.30	1450m: 16:54.20 34.51			
	300m: 3:24.23 34.68	700m: 8:04.91 34.89	1100m: 12:47.59 35.37	1500m: 17:27.39 33.19			
	350m: 3:59.18 34.95	750m: 8:40.09 35.18	1150m: 13:22.97 35.38				
	400m: 4:34.13 34.95	800m: 9:15.30 35.21	1200m: 13:58.36 35.39				

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
36.	David Matias Cristino	01	Individual ANL	17:27.69	+0,73	574	
	50m: 31.35 31.35	450m: 5:05.97 34.37	850m: 9:45.97 35.59	1250m: 14:32.26 35.95			
	100m: 1:05.80 34.45	500m: 5:40.25 34.28	900m: 10:21.38 35.41	1300m: 15:08.25 35.99			
	150m: 1:40.53 34.73	550m: 6:15.03 34.78	950m: 10:57.20 35.82	1350m: 15:43.46 35.21			
	200m: 2:14.51 33.98	600m: 6:49.88 34.85	1000m: 11:33.17 35.97	1400m: 16:19.04 35.58			
	250m: 2:48.67 34.16	650m: 7:24.73 34.85	1050m: 12:09.18 36.01	1450m: 16:53.83 34.79			
	300m: 3:22.86 34.19	700m: 7:59.88 35.15	1100m: 12:45.06 35.88	1500m: 17:27.69 33.86			
	350m: 3:57.30 34.44	750m: 8:35.21 35.33	1150m: 13:20.96 35.90				
	400m: 4:31.60 34.30	800m: 9:10.38 35.17	1200m: 13:56.31 35.35				
37.	Diogo Rosado Leca	98	Colegio Monte Maior	17:29.25	+0,76	572	
	50m: 30.58 30.58	450m: 5:05.66 34.95	850m: 9:49.52 35.63	1250m: 14:35.29 35.54			
	100m: 1:03.91 33.33	500m: 5:40.55 34.89	900m: 10:24.87 35.35	1300m: 15:11.26 35.97			
	150m: 1:38.08 34.17	550m: 6:15.94 35.39	950m: 11:00.61 35.74	1350m: 15:47.12 35.86			
	200m: 2:11.83 33.75	600m: 6:51.52 35.58	1000m: 11:36.69 36.08	1400m: 16:22.06 34.94			
	250m: 2:46.10 34.27	650m: 7:27.07 35.55	1050m: 12:12.37 35.68	1450m: 16:56.41 34.35			
	300m: 3:20.52 34.42	700m: 8:02.48 35.41	1100m: 12:48.60 36.23	1500m: 17:29.25 32.84			
	350m: 3:55.26 34.74	750m: 8:38.36 35.88	1150m: 13:23.99 35.39				
	400m: 4:30.71 35.45	800m: 9:13.89 35.53	1200m: 13:59.75 35.76				
38.	Joao Leite Saraiva	01	Famalicao	17:31.82	+0,74	567	
	50m: 30.94 30.94	450m: 5:11.63 34.83	850m: 9:54.18 35.35	1250m: 14:37.88 35.62			
	100m: 1:05.29 34.35	500m: 5:46.69 35.06	900m: 10:29.77 35.59	1300m: 15:12.85 35.07			
	150m: 1:40.74 35.45	550m: 6:21.99 35.30	950m: 11:05.04 35.27	1350m: 15:48.42 35.57			
	200m: 2:16.00 35.26	600m: 6:57.50 35.51	1000m: 11:40.61 35.57	1400m: 16:23.63 35.21			
	250m: 2:51.43 35.43	650m: 7:33.02 35.52	1050m: 12:15.99 35.38	1450m: 16:58.90 35.27			
	300m: 3:26.47 35.04	700m: 8:08.30 35.28	1100m: 12:51.09 35.10	1500m: 17:31.82 32.92			
	350m: 4:01.65 35.18	750m: 8:43.53 35.23	1150m: 13:26.43 35.34				
	400m: 4:36.80 35.15	800m: 9:18.83 35.30	1200m: 14:02.16 35.73				
39.	Goncalo Duarte Santos	00	Natacao de Faro	17:32.56	+0,84	566	
	50m: 30.38 30.38	450m: 5:07.36 35.12	850m: 9:50.39 35.41	1250m: 14:37.13 35.72			
	100m: 1:03.92 33.54	500m: 5:42.70 35.34	900m: 10:25.91 35.52	1300m: 15:12.56 35.43			
	150m: 1:38.36 34.44	550m: 6:18.03 35.33	950m: 11:01.63 35.72	1350m: 15:48.03 35.47			
	200m: 2:13.07 34.71	600m: 6:53.21 35.18	1000m: 11:38.13 36.50	1400m: 16:23.45 35.42			
	250m: 2:47.69 34.62	650m: 7:28.24 35.03	1050m: 12:14.05 35.92	1450m: 16:58.33 34.88			
	300m: 3:22.51 34.82	700m: 8:03.61 35.37	1100m: 12:49.87 35.82	1500m: 17:32.56 34.23			
	350m: 3:57.67 35.16	750m: 8:39.32 35.71	1150m: 13:25.78 35.91				
	400m: 4:32.24 34.57	800m: 9:14.98 35.66	1200m: 14:01.41 35.63				
40.	Joao Mano Costa	01	Braga	17:32.66	+0,75	566	
	50m: 32.39 32.39	450m: 5:12.65 35.58	850m: 9:53.76 34.85	1250m: 14:39.15 34.98			
	100m: 1:06.60 34.21	500m: 5:48.16 35.51	900m: 10:29.67 35.91	1300m: 15:14.99 35.84			
	150m: 1:41.28 34.68	550m: 6:22.84 34.68	950m: 11:05.04 35.37	1350m: 15:50.39 35.40			
	200m: 2:16.42 35.14	600m: 6:58.24 35.40	1000m: 11:40.83 35.79	1400m: 16:26.11 35.72			
	250m: 2:51.42 35.00	650m: 7:33.46 35.22	1050m: 12:16.66 35.83	1450m: 17:00.08 33.97			
	300m: 3:26.28 34.86	700m: 8:08.67 35.21	1100m: 12:52.59 35.93	1500m: 17:32.66 32.58			
	350m: 4:01.59 35.31	750m: 8:43.81 35.14	1150m: 13:28.07 35.48				
	400m: 4:37.07 35.48	800m: 9:18.91 35.10	1200m: 14:04.17 36.10				
41.	Joao Eduardo Ilha	98	Natacao Olhao	17:38.11	+0,79	557	
	50m: 31.01 31.01	450m: 5:11.02 35.14	850m: 9:56.20 36.08	1250m: 14:43.18 35.81			
	100m: 1:04.86 33.85	500m: 5:46.72 35.70	900m: 10:31.98 35.78	1300m: 15:19.18 36.00			
	150m: 1:39.66 34.80	550m: 6:21.77 35.05	950m: 11:08.02 36.04	1350m: 15:55.14 35.96			
	200m: 2:14.51 34.85	600m: 6:57.67 35.90	1000m: 11:43.77 35.75	1400m: 16:30.44 35.30			
	250m: 2:49.37 34.86	650m: 7:33.21 35.54	1050m: 12:19.96 36.19	1450m: 17:05.47 35.03			
	300m: 3:25.33 35.96	700m: 8:08.83 35.62	1100m: 12:55.50 35.54	1500m: 17:38.11 32.64			
	350m: 4:00.46 35.13	750m: 8:44.40 35.57	1150m: 13:31.43 35.93				
	400m: 4:35.88 35.42	800m: 9:20.12 35.72	1200m: 14:07.37 35.94				

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
42.	Diogo Rodrigues Freitas	98	Uniao Piedense	17:38.52	+0,74	557	
	50m: 30.51 30.51	450m: 5:06.59 35.70	850m: 9:51.99 35.26	1250m: 14:39.61 36.21			
	100m: 1:03.75 33.24	500m: 5:42.31 35.72	900m: 10:27.90 35.91	1300m: 15:16.15 36.54			
	150m: 1:37.91 34.16	550m: 6:18.22 35.91	950m: 11:03.53 35.63	1350m: 15:51.87 35.72			
	200m: 2:11.87 33.96	600m: 6:53.80 35.58	1000m: 11:39.48 35.95	1400m: 16:28.00 36.13			
	250m: 2:46.27 34.40	650m: 7:29.59 35.79	1050m: 12:15.10 35.62	1450m: 17:03.54 35.54			
	300m: 3:21.06 34.79	700m: 8:05.48 35.89	1100m: 12:51.13 36.03	1500m: 17:38.52 34.98			
	350m: 3:55.76 34.70	750m: 8:40.74 35.26	1150m: 13:27.02 35.89				
	400m: 4:30.89 35.13	800m: 9:16.73 35.99	1200m: 14:03.40 36.38				
43.	Goncalo Faria Saldida	99	Natacao do Tejo	17:39.79	+0,79	555	
	50m: 32.57 32.57	450m: 5:11.65 35.80	850m: 9:56.31 36.14	1250m: 14:42.90 36.37			
	100m: 1:06.94 34.37	500m: 5:47.33 35.68	900m: 10:31.61 35.30	1300m: 15:18.88 35.98			
	150m: 1:41.51 34.57	550m: 6:23.30 35.97	950m: 11:07.35 35.74	1350m: 15:53.35 34.47			
	200m: 2:15.80 34.29	600m: 6:58.14 34.84	1000m: 11:43.76 36.41	1400m: 16:29.54 36.19			
	250m: 2:50.91 35.11	650m: 7:34.06 35.92	1050m: 12:18.42 34.66	1450m: 17:05.13 35.59			
	300m: 3:25.56 34.65	700m: 8:09.16 35.10	1100m: 12:54.39 35.97	1500m: 17:39.79 34.66			
	350m: 4:00.78 35.22	750m: 8:44.69 35.53	1150m: 13:30.85 36.46				
	400m: 4:35.85 35.07	800m: 9:20.17 35.48	1200m: 14:06.53 35.68				
44.	Bernardo Marques Goncalves00	Galitos / Bresimar	17:41.25	+0,76	552		
	50m: 30.02 30.02	450m: 5:04.92 34.96	850m: 9:50.44 35.85	1250m: 14:40.79 36.33			
	100m: 1:03.50 33.48	500m: 5:40.38 35.46	900m: 10:26.71 36.27	1300m: 15:17.34 36.55			
	150m: 1:37.24 33.74	550m: 6:15.69 35.31	950m: 11:02.63 35.92	1350m: 15:53.35 36.01			
	200m: 2:11.58 34.34	600m: 6:51.33 35.64	1000m: 11:38.95 36.32	1400m: 16:29.84 36.49			
	250m: 2:45.75 34.17	650m: 7:26.70 35.37	1050m: 12:15.02 36.07	1450m: 17:05.63 35.79			
	300m: 3:20.43 34.68	700m: 8:02.80 36.10	1100m: 12:51.33 36.31	1500m: 17:41.25 35.62			
	350m: 3:54.87 34.44	750m: 8:38.45 35.65	1150m: 13:27.85 36.52				
	400m: 4:29.96 35.09	800m: 9:14.59 36.14	1200m: 14:04.46 36.61				
45.	David Joao Tinoco	01	Columbofila Cantanhedense	17:42.53	+1,04	550	
	50m: 31.54 31.54	450m: 5:10.78 35.45	850m: 9:55.10 35.51	1250m: 14:42.88 36.24			
	100m: 1:05.64 34.10	500m: 5:46.24 35.46	900m: 10:31.02 35.92	1300m: 15:18.98 36.10			
	150m: 1:40.69 35.05	550m: 6:21.61 35.37	950m: 11:06.87 35.85	1350m: 15:55.54 36.56			
	200m: 2:15.22 34.53	600m: 6:57.46 35.85	1000m: 11:42.67 35.80	1400m: 16:31.67 36.13			
	250m: 2:50.14 34.92	650m: 7:32.96 35.50	1050m: 12:18.68 36.01	1450m: 17:07.70 36.03			
	300m: 3:25.16 35.02	700m: 8:08.48 35.52	1100m: 12:54.76 36.08	1500m: 17:42.53 34.83			
	350m: 4:00.41 35.25	750m: 8:44.19 35.71	1150m: 13:30.75 35.99				
	400m: 4:35.33 34.92	800m: 9:19.59 35.40	1200m: 14:06.64 35.89				
46.	Joao Diogo Soares	00	Fluvial Portuense	17:47.11	+0,76	543	
	50m: 31.59 31.59	450m: 5:10.72 35.25	850m: 9:58.64 35.93	1250m: 14:48.17 35.65			
	100m: 1:05.88 34.29	500m: 5:46.28 35.56	900m: 10:34.85 36.21	1300m: 15:24.86 36.69			
	150m: 1:40.24 34.36	550m: 6:22.12 35.84	950m: 11:10.81 35.96	1350m: 16:01.00 36.14			
	200m: 2:15.21 34.97	600m: 6:58.12 36.00	1000m: 11:46.99 36.18	1400m: 16:37.03 36.03			
	250m: 2:50.05 34.84	650m: 7:34.22 36.10	1050m: 12:23.53 36.54	1450m: 17:12.78 35.75			
	300m: 3:25.08 35.03	700m: 8:10.55 36.33	1100m: 13:00.08 36.55	1500m: 17:47.11 34.33			
	350m: 4:00.08 35.00	750m: 8:46.82 36.27	1150m: 13:36.10 36.02				
	400m: 4:35.47 35.39	800m: 9:22.71 35.89	1200m: 14:12.52 36.42				
47.	Francisco Silva Pinheiro	00	Alges	17:48.30	+0,82	542	
	50m: 30.19 30.19	450m: 5:09.29 35.25	850m: 9:57.58 35.56	1250m: 14:50.52 36.74			
	100m: 1:04.04 33.85	500m: 5:45.16 35.87	900m: 10:34.54 36.96	1300m: 15:27.65 37.13			
	150m: 1:38.83 34.79	550m: 6:20.74 35.58	950m: 11:10.49 35.95	1350m: 16:03.45 35.80			
	200m: 2:13.92 35.09	600m: 6:57.37 36.63	1000m: 11:47.19 36.70	1400m: 16:40.21 36.76			
	250m: 2:48.57 34.65	650m: 7:33.20 35.83	1050m: 12:23.39 36.20	1450m: 17:15.69 35.48			
	300m: 3:23.80 35.23	700m: 8:09.67 36.47	1100m: 13:00.03 36.64	1500m: 17:48.30 32.61			
	350m: 3:58.45 34.65	750m: 8:45.62 35.95	1150m: 13:36.54 36.51				
	400m: 4:34.04 35.59	800m: 9:22.02 36.40	1200m: 14:13.78 37.24				

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA	Pts	
48.	Joao Jose Calado			01	Nautico Abrantes		17:49.08		+0,65	540		
	50m:	29.60	29.60	450m:	5:07.06	35.75	850m:	9:57.63	35.66	1250m:	14:50.55	36.91
	100m:	1:02.60	33.00	500m:	5:43.26	36.20	900m:	10:35.05	37.42	1300m:	15:27.69	37.14
	150m:	1:36.51	33.91	550m:	6:19.33	36.07	950m:	11:11.01	35.96	1350m:	16:03.06	35.37
	200m:	2:11.12	34.61	600m:	6:55.58	36.25	1000m:	11:47.57	36.56	1400m:	16:39.96	36.90
	250m:	2:45.62	34.50	650m:	7:31.95	36.37	1050m:	12:23.82	36.25	1450m:	17:15.55	35.59
	300m:	3:20.58	34.96	700m:	8:08.68	36.73	1100m:	13:00.18	36.36	1500m:	17:49.08	33.53
	350m:	3:55.66	35.08	750m:	8:45.52	36.84	1150m:	13:36.86	36.68			
	400m:	4:31.31	35.65	800m:	9:21.97	36.45	1200m:	14:13.64	36.78			
49.	Diogo Alexandre Casteleiro			01	Sporting		17:54.32		+0,84	532		
	50m:	31.28	31.28	450m:	5:18.46	36.03	850m:	10:05.79	35.83	1250m:	14:53.86	36.12
	100m:	1:06.62	35.34	500m:	5:54.15	35.69	900m:	10:41.87	36.08	1300m:	15:30.13	36.27
	150m:	1:42.01	35.39	550m:	6:29.83	35.68	950m:	11:17.95	36.08	1350m:	16:06.60	36.47
	200m:	2:18.41	36.40	600m:	7:05.84	36.01	1000m:	11:53.98	36.03	1400m:	16:42.46	35.86
	250m:	2:53.86	35.45	650m:	7:41.75	35.91	1050m:	12:29.78	35.80	1450m:	17:18.55	36.09
	300m:	3:30.29	36.43	700m:	8:18.00	36.25	1100m:	13:05.61	35.83	1500m:	17:54.32	35.77
	350m:	4:06.17	35.88	750m:	8:53.90	35.90	1150m:	13:41.46	35.85			
	400m:	4:42.43	36.26	800m:	9:29.96	36.06	1200m:	14:17.74	36.28			
50.	David Dias Lima			00	Vilacondense		17:54.42		+0,80	532		
	50m:	31.97	31.97	450m:	5:19.53	36.03	850m:	10:09.68	36.10	1250m:	14:57.71	36.34
	100m:	1:06.36	34.39	500m:	5:55.58	36.05	900m:	10:45.25	35.57	1300m:	15:33.33	35.62
	150m:	1:42.50	36.14	550m:	6:31.41	35.83	950m:	11:20.92	35.67	1350m:	16:09.73	36.40
	200m:	2:17.79	35.29	600m:	7:07.98	36.57	1000m:	11:57.10	36.18	1400m:	16:45.02	35.29
	250m:	2:54.55	36.76	650m:	7:44.49	36.51	1050m:	12:33.75	36.65	1450m:	17:20.18	35.16
	300m:	3:30.83	36.28	700m:	8:20.52	36.03	1100m:	13:09.36	35.61	1500m:	17:54.42	34.24
	350m:	4:07.29	36.46	750m:	8:56.97	36.45	1150m:	13:45.37	36.01			
	400m:	4:43.50	36.21	800m:	9:33.58	36.61	1200m:	14:21.37	36.00			
51.	Afonso Varelas Silva			01	Nautico Marinha Grande		18:00.88		+0,73	523		
	50m:	30.95	30.95	450m:	5:17.05	36.22	850m:	10:06.92	35.91	1250m:	14:58.63	36.93
	100m:	1:05.44	34.49	500m:	5:53.03	35.98	900m:	10:42.81	35.89	1300m:	15:35.25	36.62
	150m:	1:41.51	36.07	550m:	6:29.74	36.71	950m:	11:18.98	36.17	1350m:	16:12.49	37.24
	200m:	2:16.96	35.45	600m:	7:05.47	35.73	1000m:	11:55.33	36.35	1400m:	16:49.29	36.80
	250m:	2:53.22	36.26	650m:	7:42.24	36.77	1050m:	12:31.96	36.63	1450m:	17:25.78	36.49
	300m:	3:28.47	35.25	700m:	8:18.42	36.18	1100m:	13:08.23	36.27	1500m:	18:00.88	35.10
	350m:	4:04.85	36.38	750m:	8:54.68	36.26	1150m:	13:44.99	36.76			
	400m:	4:40.83	35.98	800m:	9:31.01	36.33	1200m:	14:21.70	36.71			
52.	Sergio Eduardo Dias			00	Aquatico Pacense		18:02.57		+0,91	520		
	50m:	32.78	32.78	450m:	5:19.43	35.86	850m:	10:10.58	37.45	1250m:	15:03.90	37.06
	100m:	1:07.34	34.56	500m:	5:55.60	36.17	900m:	10:46.93	36.35	1300m:	15:39.95	36.05
	150m:	1:42.99	35.65	550m:	6:31.12	35.52	950m:	11:23.33	36.40	1350m:	16:16.27	36.32
	200m:	2:19.10	36.11	600m:	7:07.70	36.58	1000m:	12:00.08	36.75	1400m:	16:52.73	36.46
	250m:	2:55.25	36.15	650m:	7:43.92	36.22	1050m:	12:36.96	36.88	1450m:	17:28.37	35.64
	300m:	3:31.36	36.11	700m:	8:20.19	36.27	1100m:	13:13.37	36.41	1500m:	18:02.57	34.20
	350m:	4:08.01	36.65	750m:	8:57.24	37.05	1150m:	13:50.37	37.00			
	400m:	4:43.57	35.56	800m:	9:33.13	35.89	1200m:	14:26.84	36.47			
53.	Tomas Quintas Neves			00	Desportiva de Viana		18:03.63		+0,91	519		
	50m:	33.16	33.16	450m:	5:21.57	36.38	850m:	10:10.95	36.91	1250m:	15:02.11	36.68
	100m:	1:08.22	35.06	500m:	5:57.15	35.58	900m:	10:47.05	36.10	1300m:	15:38.52	36.41
	150m:	1:43.98	35.76	550m:	6:33.90	36.75	950m:	11:22.84	35.79	1350m:	16:15.52	37.00
	200m:	2:19.92	35.94	600m:	7:09.45	35.55	1000m:	11:58.55	35.71	1400m:	16:52.09	36.57
	250m:	2:56.32	36.40	650m:	7:45.86	36.41	1050m:	12:35.27	36.72	1450m:	17:28.21	36.12
	300m:	3:32.70	36.38	700m:	8:21.64	35.78	1100m:	13:11.54	36.27	1500m:	18:03.63	35.42
	350m:	4:09.22	36.52	750m:	8:58.34	36.70	1150m:	13:48.68	37.14			
	400m:	4:45.19	35.97	800m:	9:34.04	35.70	1200m:	14:25.43	36.75			

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome		Ano	Clube		Tempo Final	TReac	Pts FINA	Pts			
54.	Tiago Andre Jorge		00	Ba/Bomcar		18:05.67	+0,70	516				
	50m:	29.71	29.71	450m:	5:13.59	35.81	850m:	10:04.60	36.52	1250m:	15:00.76	36.82
	100m:	1:04.47	34.76	500m:	5:49.88	36.29	900m:	10:41.61	37.01	1300m:	15:38.71	37.95
	150m:	1:39.31	34.84	550m:	6:25.42	35.54	950m:	11:18.27	36.66	1350m:	16:15.86	37.15
	200m:	2:15.29	35.98	600m:	7:01.91	36.49	1000m:	11:55.51	37.24	1400m:	16:53.51	37.65
	250m:	2:50.49	35.20	650m:	7:38.08	36.17	1050m:	12:32.32	36.81	1450m:	17:29.70	36.19
	300m:	3:26.24	35.75	700m:	8:14.67	36.59	1100m:	13:09.68	37.36	1500m:	18:05.67	35.97
	350m:	4:01.62	35.38	750m:	8:51.24	36.57	1150m:	13:46.51	36.83			
	400m:	4:37.78	36.16	800m:	9:28.08	36.84	1200m:	14:23.94	37.43			
55.	Diogo Franco Martins		01	20Km de Almeirim		18:07.42	+0,78	513				
	50m:	31.55	31.55	450m:	5:18.52	35.74	850m:	10:09.83	36.87	1250m:	15:04.76	36.98
	100m:	1:06.18	34.63	500m:	5:53.88	35.36	900m:	10:46.16	36.33	1300m:	15:41.50	36.74
	150m:	1:42.10	35.92	550m:	6:30.25	36.37	950m:	11:22.74	36.58	1350m:	16:18.76	37.26
	200m:	2:17.71	35.61	600m:	7:06.66	36.41	1000m:	12:00.16	37.42	1400m:	16:55.31	36.55
	250m:	2:54.38	36.67	650m:	7:42.98	36.32	1050m:	12:37.51	37.35	1450m:	17:31.49	36.18
	300m:	3:30.41	36.03	700m:	8:19.44	36.46	1100m:	13:13.95	36.44	1500m:	18:07.42	35.93
	350m:	4:06.71	36.30	750m:	8:56.52	37.08	1150m:	13:51.26	37.31			
	400m:	4:42.78	36.07	800m:	9:32.96	36.44	1200m:	14:27.78	36.52			
56.	Tiago Miguel Novais		00	Desportiva de Viana		18:09.08	+0,78	511				
	50m:	31.15	31.15	450m:	5:19.42	36.65	850m:	10:13.20	36.04	1250m:	15:07.69	38.08
	100m:	1:06.03	34.88	500m:	5:56.24	36.82	900m:	10:49.04	35.84	1300m:	15:45.03	37.34
	150m:	1:41.37	35.34	550m:	6:33.08	36.84	950m:	11:25.01	35.97	1350m:	16:22.09	37.06
	200m:	2:16.98	35.61	600m:	7:09.77	36.69	1000m:	12:01.20	36.19	1400m:	16:59.18	37.09
	250m:	2:53.24	36.26	650m:	7:46.71	36.94	1050m:	12:38.34	37.14	1450m:	17:34.80	35.62
	300m:	3:29.28	36.04	700m:	8:24.05	37.34	1100m:	13:15.34	37.00	1500m:	18:09.08	34.28
	350m:	4:05.88	36.60	750m:	9:01.11	37.06	1150m:	13:52.71	37.37			
	400m:	4:42.77	36.89	800m:	9:37.16	36.05	1200m:	14:29.61	36.90			
57.	Sergio Estebanez Herrera		00	C.N. Palencia		18:16.05	+0,72	501				
	50m:	29.86	29.86	450m:	5:14.81	36.50	850m:	10:08.11	36.59	1250m:	15:08.52	38.11
	100m:	1:03.57	33.71	500m:	5:51.38	36.57	900m:	10:45.21	37.10	1300m:	15:46.41	37.89
	150m:	1:38.43	34.86	550m:	6:27.92	36.54	950m:	11:22.28	37.07	1350m:	16:24.08	37.67
	200m:	2:13.64	35.21	600m:	7:04.99	37.07	1000m:	11:59.98	37.70	1400m:	17:02.10	38.02
	250m:	2:49.17	35.53	650m:	7:41.65	36.66	1050m:	12:37.63	37.65	1450m:	17:39.60	37.50
	300m:	3:24.93	35.76	700m:	8:18.52	36.87	1100m:	13:15.32	37.69	1500m:	18:16.05	36.45
	350m:	4:01.42	36.49	750m:	8:54.76	36.24	1150m:	13:52.60	37.28			
	400m:	4:38.31	36.89	800m:	9:31.52	36.76	1200m:	14:30.41	37.81			
58.	Goncalo Manuel Paquete		99	Fluvial Portuense		18:19.45	+0,71	497				
	50m:	30.46	30.46	450m:	5:13.83	36.72	850m:	10:11.20	36.46	1250m:	15:12.76	38.15
	100m:	1:03.86	33.40	500m:	5:50.65	36.82	900m:	10:48.48	37.28	1300m:	15:50.43	37.67
	150m:	1:38.59	34.73	550m:	6:28.23	37.58	950m:	11:25.64	37.16	1350m:	16:28.44	38.01
	200m:	2:13.82	35.23	600m:	7:05.38	37.15	1000m:	12:02.71	37.07	1400m:	17:06.12	37.68
	250m:	2:49.46	35.64	650m:	7:42.68	37.30	1050m:	12:40.41	37.70	1450m:	17:43.03	36.91
	300m:	3:25.14	35.68	700m:	8:20.12	37.44	1100m:	13:18.40	37.99	1500m:	18:19.45	36.42
	350m:	4:00.81	35.67	750m:	8:57.65	37.53	1150m:	13:56.73	38.33			
	400m:	4:37.11	36.30	800m:	9:34.74	37.09	1200m:	14:34.61	37.88			
59.	Alexandre Teixeira Marcos		00	Louletano / Loule Concelho		18:30.92	+0,79	481				
	50m:	30.15	30.15	450m:	5:21.74	36.72	850m:	10:23.14	37.43	1250m:	15:25.76	37.30
	100m:	1:04.41	34.26	500m:	5:59.41	37.67	900m:	11:01.39	38.25	1300m:	16:04.15	38.39
	150m:	1:39.45	35.04	550m:	6:36.80	37.39	950m:	11:38.54	37.15	1350m:	16:41.71	37.56
	200m:	2:15.87	36.42	600m:	7:14.74	37.94	1000m:	12:16.82	38.28	1400m:	17:19.36	37.65
	250m:	2:52.08	36.21	650m:	7:52.37	37.63	1050m:	12:54.56	37.74	1450m:	17:55.23	35.87
	300m:	3:29.74	37.66	700m:	8:30.48	38.11	1100m:	13:32.89	38.33	1500m:	18:30.92	35.69
	350m:	4:06.55	36.81	750m:	9:07.61	37.13	1150m:	14:10.29	37.40			
	400m:	4:45.02	38.47	800m:	9:45.71	38.10	1200m:	14:48.46	38.17			

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
60.	Filipe Asseiceira Ramos	00	Torres Novas	18:41.65	+0,78	468	
	50m: 31.32 31.32	450m: 5:23.55 38.56	850m: 10:28.45 38.35	1250m: 15:35.83 38.82			
	100m: 1:05.66 34.34	500m: 6:01.49 37.94	900m: 11:07.26 38.81	1300m: 16:13.89 38.06			
	150m: 1:40.80 35.14	550m: 6:39.28 37.79	950m: 11:46.32 39.06	1350m: 16:51.54 37.65			
	200m: 2:16.31 35.51	600m: 7:17.25 37.97	1000m: 12:24.83 38.51	1400m: 17:29.71 38.17			
	250m: 2:53.52 37.21	650m: 7:55.48 38.23	1050m: 13:02.31 37.48	1450m: 18:07.53 37.82			
	300m: 3:29.90 36.38	700m: 8:34.19 38.71	1100m: 13:39.93 37.62	1500m: 18:41.65 34.12			
	350m: 4:08.10 38.20	750m: 9:12.72 38.53	1150m: 14:18.24 38.31				
	400m: 4:44.99 36.89	800m: 9:50.10 37.38	1200m: 14:57.01 38.77				

Prova 1 Masc., 1500m Livres Juvenis
21-07-2016 - 17:10 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:30.45	Duarte Miguel Jorge	CGA	Oeiras	21-07-2016
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Roberto Donald Gomes	00	Alges	16:09.62	+0,79	724	
	50m: 29.57 29.57	450m: 4:49.44 32.49	850m: 9:08.49 32.72	1250m: 13:29.29 33.01			
	100m: 1:01.24 31.67	500m: 5:21.94 32.50	900m: 9:40.96 32.47	1300m: 14:01.94 32.65			
	150m: 1:33.54 32.30	550m: 5:54.38 32.44	950m: 10:13.67 32.71	1350m: 14:34.60 32.66			
	200m: 2:06.05 32.51	600m: 6:26.60 32.22	1000m: 10:45.98 32.31	1400m: 15:07.08 32.48			
	250m: 2:38.68 32.63	650m: 6:58.93 32.33	1050m: 11:19.29 33.31	1450m: 15:39.53 32.45			
	300m: 3:11.50 32.82	700m: 7:31.24 32.31	1100m: 11:51.61 32.32	1500m: 16:09.62 30.09			
	350m: 3:44.48 32.98	750m: 8:03.60 32.36	1150m: 12:24.17 32.56				
	400m: 4:16.95 32.47	800m: 8:35.77 32.17	1200m: 12:56.28 32.11				
2.	Jose Paulo Lopes	00	Braga	16:14.26	+0,73	714	
	50m: 29.68 29.68	450m: 4:49.26 32.47	850m: 9:08.78 32.48	1250m: 13:30.45 32.74			
	100m: 1:01.74 32.06	500m: 5:21.98 32.72	900m: 9:41.29 32.51	1300m: 14:03.53 33.08			
	150m: 1:33.80 32.06	550m: 5:54.28 32.30	950m: 10:13.82 32.53	1350m: 14:36.72 33.19			
	200m: 2:06.39 32.59	600m: 6:26.92 32.64	1000m: 10:46.53 32.71	1400m: 15:10.04 33.32			
	250m: 2:38.70 32.31	650m: 6:59.10 32.18	1050m: 11:19.40 32.87	1450m: 15:42.80 32.76			
	300m: 3:11.34 32.64	700m: 7:31.48 32.38	1100m: 11:52.21 32.81	1500m: 16:14.26 31.46			
	350m: 3:44.11 32.77	750m: 8:03.85 32.37	1150m: 12:24.82 32.61				
	400m: 4:16.79 32.68	800m: 8:36.30 32.45	1200m: 12:57.71 32.89				
3.	Duarte Miguel Jorge	01	Galitos / Bresimar	16:30.45	+0,85	680	
	<i>Recorde Nacional, Juv B</i>						
	50m: 29.76 29.76	450m: 4:52.38 33.07	850m: 9:16.81 33.50	1250m: 13:44.74 33.37			
	100m: 1:01.88 32.12	500m: 5:25.12 32.74	900m: 9:50.11 33.30	1300m: 14:18.44 33.70			
	150m: 1:34.31 32.43	550m: 5:58.20 33.08	950m: 10:23.75 33.64	1350m: 14:51.95 33.51			
	200m: 2:06.62 32.31	600m: 6:31.38 33.18	1000m: 10:57.48 33.73	1400m: 15:25.34 33.39			
	250m: 2:39.73 33.11	650m: 7:04.76 33.38	1050m: 11:30.93 33.45	1450m: 15:58.16 32.82			
	300m: 3:12.57 32.84	700m: 7:37.71 32.95	1100m: 12:04.19 33.26	1500m: 16:30.45 32.29			
	350m: 3:45.88 33.31	750m: 8:10.57 32.86	1150m: 12:37.65 33.46				
	400m: 4:19.31 33.43	800m: 8:43.31 32.74	1200m: 13:11.37 33.72				
4.	Sergio Filipe Travanca	00	Fluvial Portuense	16:35.80	+0,70	669	
	50m: 29.96 29.96	450m: 4:55.62 33.40	850m: 9:23.51 33.22	1250m: 13:51.08 32.79			
	100m: 1:02.73 32.77	500m: 5:29.30 33.68	900m: 9:57.24 33.73	1300m: 14:24.73 33.65			
	150m: 1:35.11 32.38	550m: 6:02.69 33.39	950m: 10:30.73 33.49	1350m: 14:58.10 33.37			
	200m: 2:08.67 33.56	600m: 6:36.40 33.71	1000m: 11:04.42 33.69	1400m: 15:31.88 33.78			
	250m: 2:41.45 32.78	650m: 7:09.62 33.22	1050m: 11:37.64 33.22	1450m: 16:04.15 32.27			
	300m: 3:15.14 33.69	700m: 7:43.23 33.61	1100m: 12:11.28 33.64	1500m: 16:35.80 31.65			
	350m: 3:48.47 33.33	750m: 8:16.67 33.44	1150m: 12:44.57 33.29				
	400m: 4:22.22 33.75	800m: 8:50.29 33.62	1200m: 13:18.29 33.72				

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Filipe Miguel Santo	00	Sporting	16:36.05	+0,84	668	
	50m: 30.40 30.40	450m: 4:51.62 32.75	850m: 9:17.97 33.53	1250m: 13:48.42 33.96			
	100m: 1:02.83 32.43	500m: 5:24.35 32.73	900m: 9:51.81 33.84	1300m: 14:22.35 33.93			
	150m: 1:35.57 32.74	550m: 5:57.24 32.89	950m: 10:25.57 33.76	1350m: 14:56.12 33.77			
	200m: 2:08.31 32.74	600m: 6:30.28 33.04	1000m: 10:59.24 33.67	1400m: 15:29.98 33.86			
	250m: 2:41.10 32.79	650m: 7:03.66 33.38	1050m: 11:33.18 33.94	1450m: 16:03.29 33.31			
	300m: 3:13.48 32.38	700m: 7:37.10 33.44	1100m: 12:06.83 33.65	1500m: 16:36.05 32.76			
	350m: 3:46.13 32.65	750m: 8:10.70 33.60	1150m: 12:40.64 33.81				
	400m: 4:18.87 32.74	800m: 8:44.44 33.74	1200m: 13:14.46 33.82				
6.	Diogo Santos Cardoso	01	Colegio Monte Maior	16:42.41	+0,70	656	
	50m: 30.50 30.50	450m: 5:00.23 33.71	850m: 9:28.89 33.39	1250m: 13:57.01 33.58			
	100m: 1:03.91 33.41	500m: 5:33.89 33.66	900m: 10:02.42 33.53	1300m: 14:30.47 33.46			
	150m: 1:37.66 33.75	550m: 6:07.41 33.52	950m: 10:36.07 33.65	1350m: 15:03.95 33.48			
	200m: 2:11.57 33.91	600m: 6:41.07 33.66	1000m: 11:09.47 33.40	1400m: 15:37.57 33.62			
	250m: 2:45.28 33.71	650m: 7:14.76 33.69	1050m: 11:43.00 33.53	1450m: 16:10.35 32.78			
	300m: 3:18.97 33.69	700m: 7:48.38 33.62	1100m: 12:16.41 33.41	1500m: 16:42.41 32.06			
	350m: 3:52.88 33.91	750m: 8:21.95 33.57	1150m: 12:49.90 33.49				
	400m: 4:26.52 33.64	800m: 8:55.50 33.55	1200m: 13:23.43 33.53				
7.	Sebastiao Mendes Gomes	00	Pimpoes/Cimai	16:58.61	+0,77	625	
	50m: 30.31 30.31	450m: 5:01.96 34.11	850m: 9:34.03 33.74	1250m: 14:10.61 35.55			
	100m: 1:04.11 33.80	500m: 5:35.56 33.60	900m: 10:07.92 33.89	1300m: 14:44.32 33.71			
	150m: 1:38.05 33.94	550m: 6:09.58 34.02	950m: 10:41.87 33.95	1350m: 15:18.18 33.86			
	200m: 2:11.40 33.35	600m: 6:44.17 34.59	1000m: 11:16.86 34.99	1400m: 15:52.82 34.64			
	250m: 2:45.54 34.14	650m: 7:18.00 33.83	1050m: 11:51.01 34.15	1450m: 16:26.10 33.28			
	300m: 3:19.91 34.37	700m: 7:52.00 34.00	1100m: 12:25.65 34.64	1500m: 16:58.61 32.51			
	350m: 3:53.44 33.53	750m: 8:26.24 34.24	1150m: 13:00.80 35.15				
	400m: 4:27.85 34.41	800m: 9:00.29 34.05	1200m: 13:35.06 34.26				
8.	Pedro Miguel Santos	01	Porto	17:00.67	+0,73	621	
	50m: 30.71 30.71	450m: 5:04.73 33.86	850m: 9:36.33 33.83	1250m: 14:11.10 33.95			
	100m: 1:04.80 34.09	500m: 5:38.95 34.22	900m: 10:10.42 34.09	1300m: 14:45.64 34.54			
	150m: 1:39.24 34.44	550m: 6:12.92 33.97	950m: 10:44.58 34.16	1350m: 15:20.26 34.62			
	200m: 2:13.69 34.45	600m: 6:47.50 34.58	1000m: 11:18.98 34.40	1400m: 15:54.86 34.60			
	250m: 2:48.36 34.67	650m: 7:21.04 33.54	1050m: 11:53.47 34.49	1450m: 16:28.89 34.03			
	300m: 3:22.50 34.14	700m: 7:54.36 33.32	1100m: 12:27.77 34.30	1500m: 17:00.67 31.78			
	350m: 3:56.78 34.28	750m: 8:28.04 33.68	1150m: 13:02.29 34.52				
	400m: 4:30.87 34.09	800m: 9:02.50 34.46	1200m: 13:37.15 34.86				
9.	Rui Miguel Pires	01	Nautico Marinha Grande	17:13.63	+0,73	598	
	50m: 30.06 30.06	450m: 5:07.71 34.96	850m: 9:45.30 34.77	1250m: 14:23.32 34.80			
	100m: 1:04.01 33.95	500m: 5:42.59 34.88	900m: 10:20.13 34.83	1300m: 14:58.19 34.87			
	150m: 1:39.07 35.06	550m: 6:17.49 34.90	950m: 10:54.45 34.32	1350m: 15:32.57 34.38			
	200m: 2:13.69 34.62	600m: 6:52.72 35.23	1000m: 11:28.98 34.53	1400m: 16:06.90 34.33			
	250m: 2:48.70 35.01	650m: 7:27.27 34.55	1050m: 12:03.45 34.47	1450m: 16:41.20 34.30			
	300m: 3:23.34 34.64	700m: 8:02.34 35.07	1100m: 12:38.63 35.18	1500m: 17:13.63 32.43			
	350m: 3:57.86 34.52	750m: 8:36.39 34.05	1150m: 13:13.61 34.98				
	400m: 4:32.75 34.89	800m: 9:10.53 34.14	1200m: 13:48.52 34.91				
10.	Diogo Moreno Bastos	00	Fluvial Portuense	17:15.01	+0,79	596	
	50m: 30.30 30.30	450m: 5:06.79 34.67	850m: 9:45.06 34.94	1250m: 14:24.59 35.05			
	100m: 1:03.89 33.59	500m: 5:41.34 34.55	900m: 10:19.97 34.91	1300m: 14:59.43 34.84			
	150m: 1:38.38 34.49	550m: 6:16.14 34.80	950m: 10:55.08 35.11	1350m: 15:34.27 34.84			
	200m: 2:12.84 34.46	600m: 6:50.90 34.76	1000m: 11:29.91 34.83	1400m: 16:09.00 34.73			
	250m: 2:47.74 34.90	650m: 7:25.80 34.90	1050m: 12:04.91 35.00	1450m: 16:43.37 34.37			
	300m: 3:22.28 34.54	700m: 8:00.40 34.60	1100m: 12:39.52 34.61	1500m: 17:15.01 31.64			
	350m: 3:57.39 35.11	750m: 8:35.45 35.05	1150m: 13:14.71 35.19				
	400m: 4:32.12 34.73	800m: 9:10.12 34.67	1200m: 13:49.54 34.83				

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Pedro Barata Neves	00	Laranjeiro	17:17.50	+0,68	591	
	50m: 30.89 30.89	450m: 5:07.83 35.01	850m: 9:47.73 34.89	1250m: 14:26.73 35.15			
	100m: 1:04.38 33.49	500m: 5:42.78 34.95	900m: 10:22.88 35.15	1300m: 15:01.28 34.55			
	150m: 1:39.09 34.71	550m: 6:18.10 35.32	950m: 10:58.00 35.12	1350m: 15:36.13 34.85			
	200m: 2:13.71 34.62	600m: 6:52.65 34.55	1000m: 11:32.56 34.56	1400m: 16:10.77 34.64			
	250m: 2:48.90 35.19	650m: 7:28.06 35.41	1050m: 12:07.80 35.24	1450m: 16:45.00 34.23			
	300m: 3:23.71 34.81	700m: 8:02.87 34.81	1100m: 12:43.39 35.59	1500m: 17:17.50 32.50			
	350m: 3:58.27 34.56	750m: 8:37.66 34.79	1150m: 13:17.65 34.26				
	400m: 4:32.82 34.55	800m: 9:12.84 35.18	1200m: 13:51.58 33.93				
12.	Jose Maria Pereira	01	Sporting	17:21.38	+0,79	585	
	50m: 30.34 30.34	450m: 5:06.58 34.66	850m: 9:46.52 35.07	1250m: 14:27.71 35.25			
	100m: 1:03.86 33.52	500m: 5:41.64 35.06	900m: 10:21.86 35.34	1300m: 15:03.00 35.29			
	150m: 1:37.87 34.01	550m: 6:16.34 34.70	950m: 10:56.84 34.98	1350m: 15:37.94 34.94			
	200m: 2:12.82 34.95	600m: 6:51.24 34.90	1000m: 11:32.36 35.52	1400m: 16:13.33 35.39			
	250m: 2:47.34 34.52	650m: 7:26.15 34.91	1050m: 12:07.03 34.67	1450m: 16:47.75 34.42			
	300m: 3:22.20 34.86	700m: 8:01.15 35.00	1100m: 12:42.33 35.30	1500m: 17:21.38 33.63			
	350m: 3:56.84 34.64	750m: 8:36.26 35.11	1150m: 13:17.32 34.99				
	400m: 4:31.92 35.08	800m: 9:11.45 35.19	1200m: 13:52.46 35.14				
13.	Joao Peixoto Pereira	01	Braga	17:26.21	+0,84	577	
	50m: 30.37 30.37	450m: 5:02.15 33.86	850m: 9:43.51 34.98	1250m: 14:28.63 35.94			
	100m: 1:03.91 33.54	500m: 5:37.48 35.33	900m: 10:18.80 35.29	1300m: 15:04.42 35.79			
	150m: 1:37.09 33.18	550m: 6:12.64 35.16	950m: 10:54.19 35.39	1350m: 15:40.86 36.44			
	200m: 2:11.53 34.44	600m: 6:48.52 35.88	1000m: 11:29.83 35.64	1400m: 16:17.52 36.66			
	250m: 2:45.60 34.07	650m: 7:23.24 34.72	1050m: 12:04.64 34.81	1450m: 16:53.81 36.29			
	300m: 3:20.79 35.19	700m: 7:58.30 35.06	1100m: 12:40.26 35.62	1500m: 17:26.21 32.40			
	350m: 3:53.89 33.10	750m: 8:33.38 35.08	1150m: 13:16.41 36.15				
	400m: 4:28.29 34.40	800m: 9:08.53 35.15	1200m: 13:52.69 36.28				
14.	Nuno Correia Sousa	00	Fluvial Portuense	17:27.32	+0,81	575	
	50m: 29.35 29.35	450m: 5:05.72 35.17	850m: 9:48.66 35.52	1250m: 14:32.89 35.80			
	100m: 1:02.22 32.87	500m: 5:40.59 34.87	900m: 10:23.96 35.30	1300m: 15:08.12 35.23			
	150m: 1:36.54 34.32	550m: 6:16.02 35.43	950m: 10:59.65 35.69	1350m: 15:43.73 35.61			
	200m: 2:10.89 34.35	600m: 6:51.37 35.35	1000m: 11:34.85 35.20	1400m: 16:18.57 34.84			
	250m: 2:45.92 35.03	650m: 7:27.20 35.83	1050m: 12:10.37 35.52	1450m: 16:53.81 35.24			
	300m: 3:20.40 34.48	700m: 8:02.27 35.07	1100m: 12:45.77 35.40	1500m: 17:27.32 33.51			
	350m: 3:55.90 35.50	750m: 8:37.88 35.61	1150m: 13:21.65 35.88				
	400m: 4:30.55 34.65	800m: 9:13.14 35.26	1200m: 13:57.09 35.44				
15.	David Matias Cristino	01	Individual ANL	17:27.69	+0,73	574	
	50m: 31.35 31.35	450m: 5:05.97 34.37	850m: 9:45.97 35.59	1250m: 14:32.26 35.95			
	100m: 1:05.80 34.45	500m: 5:40.25 34.28	900m: 10:21.38 35.41	1300m: 15:08.25 35.99			
	150m: 1:40.53 34.73	550m: 6:15.03 34.78	950m: 10:57.20 35.82	1350m: 15:43.46 35.21			
	200m: 2:14.51 33.98	600m: 6:49.88 34.85	1000m: 11:33.17 35.97	1400m: 16:19.04 35.58			
	250m: 2:48.67 34.16	650m: 7:24.73 34.85	1050m: 12:09.18 36.01	1450m: 16:53.83 34.79			
	300m: 3:22.86 34.19	700m: 7:59.88 35.15	1100m: 12:45.06 35.88	1500m: 17:27.69 33.86			
	350m: 3:57.30 34.44	750m: 8:35.21 35.33	1150m: 13:20.96 35.90				
	400m: 4:31.60 34.30	800m: 9:10.38 35.17	1200m: 13:56.31 35.35				
16.	Joao Leite Saraiva	01	Famalicao	17:31.82	+0,74	567	
	50m: 30.94 30.94	450m: 5:11.63 34.83	850m: 9:54.18 35.35	1250m: 14:37.78 35.62			
	100m: 1:05.29 34.35	500m: 5:46.69 35.06	900m: 10:29.77 35.59	1300m: 15:12.85 35.07			
	150m: 1:40.74 35.45	550m: 6:21.99 35.30	950m: 11:05.04 35.27	1350m: 15:48.42 35.57			
	200m: 2:16.00 35.26	600m: 6:57.50 35.51	1000m: 11:40.61 35.57	1400m: 16:23.63 35.21			
	250m: 2:51.43 35.43	650m: 7:33.02 35.52	1050m: 12:15.99 35.38	1450m: 16:58.90 35.27			
	300m: 3:26.47 35.04	700m: 8:08.30 35.28	1100m: 12:51.09 35.10	1500m: 17:31.82 32.92			
	350m: 4:01.65 35.18	750m: 8:43.53 35.23	1150m: 13:26.43 35.34				
	400m: 4:36.80 35.15	800m: 9:18.83 35.30	1200m: 14:02.16 35.73				

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Goncalo Duarte Santos	00	Natacao de Faro	17:32.56	+0,84	566	
	50m: 30.38 30.38	450m: 5:07.36 35.12	850m: 9:50.39 35.41	1250m: 14:37.13 35.72			
	100m: 1:03.92 33.54	500m: 5:42.70 35.34	900m: 10:25.91 35.52	1300m: 15:12.56 35.43			
	150m: 1:38.36 34.44	550m: 6:18.03 35.33	950m: 11:01.63 35.72	1350m: 15:48.03 35.47			
	200m: 2:13.07 34.71	600m: 6:53.21 35.18	1000m: 11:38.13 36.50	1400m: 16:23.45 35.42			
	250m: 2:47.69 34.62	650m: 7:28.24 35.03	1050m: 12:14.05 35.92	1450m: 16:58.33 34.88			
	300m: 3:22.51 34.82	700m: 8:03.61 35.37	1100m: 12:49.87 35.82	1500m: 17:32.56 34.23			
	350m: 3:57.67 35.16	750m: 8:39.32 35.71	1150m: 13:25.78 35.91				
	400m: 4:32.24 34.57	800m: 9:14.98 35.66	1200m: 14:01.41 35.63				
18.	Joao Mano Costa	01	Braga	17:32.66	+0,75	566	
	50m: 32.39 32.39	450m: 5:12.65 35.58	850m: 9:53.76 34.85	1250m: 14:39.15 34.98			
	100m: 1:06.60 34.21	500m: 5:48.16 35.51	900m: 10:29.67 35.91	1300m: 15:14.99 35.84			
	150m: 1:41.28 34.68	550m: 6:22.84 34.68	950m: 11:05.04 35.37	1350m: 15:50.39 35.40			
	200m: 2:16.42 35.14	600m: 6:58.24 35.40	1000m: 11:40.83 35.79	1400m: 16:26.11 35.72			
	250m: 2:51.42 35.00	650m: 7:33.46 35.22	1050m: 12:16.66 35.83	1450m: 17:00.08 33.97			
	300m: 3:26.28 34.86	700m: 8:08.67 35.21	1100m: 12:52.59 35.93	1500m: 17:32.66 32.58			
	350m: 4:01.59 35.31	750m: 8:43.81 35.14	1150m: 13:28.07 35.48				
	400m: 4:37.07 35.48	800m: 9:18.91 35.10	1200m: 14:04.17 36.10				
19.	Bernardo Marques Goncalves	00	Galitos / Bresimar	17:41.25	+0,76	552	
	50m: 30.02 30.02	450m: 5:04.92 34.96	850m: 9:50.44 35.85	1250m: 14:40.79 36.33			
	100m: 1:03.50 33.48	500m: 5:40.38 35.46	900m: 10:26.71 36.27	1300m: 15:17.34 36.55			
	150m: 1:37.24 33.74	550m: 6:15.69 35.31	950m: 11:02.63 35.92	1350m: 15:53.35 36.01			
	200m: 2:11.58 34.34	600m: 6:51.33 35.64	1000m: 11:38.95 36.32	1400m: 16:29.84 36.49			
	250m: 2:45.75 34.17	650m: 7:26.70 35.37	1050m: 12:15.02 36.07	1450m: 17:05.63 35.79			
	300m: 3:20.43 34.68	700m: 8:02.80 36.10	1100m: 12:51.33 36.31	1500m: 17:41.25 35.62			
	350m: 3:54.87 34.44	750m: 8:38.45 35.65	1150m: 13:27.85 36.52				
	400m: 4:29.96 35.09	800m: 9:14.59 36.14	1200m: 14:04.46 36.61				
20.	David Joao Tinoco	01	Columbofila Cantanhedense	17:42.53	+1,04	550	
	50m: 31.54 31.54	450m: 5:10.78 35.45	850m: 9:55.10 35.51	1250m: 14:42.88 36.24			
	100m: 1:05.64 34.10	500m: 5:46.24 35.46	900m: 10:31.02 35.92	1300m: 15:18.98 36.10			
	150m: 1:40.69 35.05	550m: 6:21.61 35.37	950m: 11:06.87 35.85	1350m: 15:55.54 36.56			
	200m: 2:15.22 34.53	600m: 6:57.46 35.85	1000m: 11:42.67 35.80	1400m: 16:31.67 36.13			
	250m: 2:50.14 34.92	650m: 7:32.96 35.50	1050m: 12:18.68 36.01	1450m: 17:07.70 36.03			
	300m: 3:25.16 35.02	700m: 8:08.48 35.52	1100m: 12:54.76 36.08	1500m: 17:42.53 34.83			
	350m: 4:00.41 35.25	750m: 8:44.19 35.71	1150m: 13:30.75 35.99				
	400m: 4:35.33 34.92	800m: 9:19.59 35.40	1200m: 14:06.64 35.89				
21.	Joao Diogo Soares	00	Fluvial Portuense	17:47.11	+0,76	543	
	50m: 31.59 31.59	450m: 5:10.72 35.25	850m: 9:58.64 35.93	1250m: 14:48.17 35.65			
	100m: 1:05.88 34.29	500m: 5:46.28 35.56	900m: 10:34.85 36.21	1300m: 15:24.86 36.69			
	150m: 1:40.24 34.36	550m: 6:22.12 35.84	950m: 11:10.81 35.96	1350m: 16:01.00 36.14			
	200m: 2:15.21 34.97	600m: 6:58.12 36.00	1000m: 11:46.99 36.18	1400m: 16:37.03 36.03			
	250m: 2:50.05 34.84	650m: 7:34.22 36.10	1050m: 12:23.53 36.54	1450m: 17:12.78 35.75			
	300m: 3:25.08 35.03	700m: 8:10.55 36.33	1100m: 13:00.08 36.55	1500m: 17:47.11 34.33			
	350m: 4:00.08 35.00	750m: 8:46.82 36.27	1150m: 13:36.10 36.02				
	400m: 4:35.47 35.39	800m: 9:22.71 35.89	1200m: 14:12.52 36.42				
22.	Francisco Silva Pinheiro	00	Alges	17:48.30	+0,82	542	
	50m: 30.19 30.19	450m: 5:09.29 35.25	850m: 9:57.58 35.56	1250m: 14:50.52 36.74			
	100m: 1:04.04 33.85	500m: 5:45.16 35.87	900m: 10:34.54 36.96	1300m: 15:27.65 37.13			
	150m: 1:38.83 34.79	550m: 6:20.74 35.58	950m: 11:10.49 35.95	1350m: 16:03.45 35.80			
	200m: 2:13.92 35.09	600m: 6:57.37 36.63	1000m: 11:47.19 36.70	1400m: 16:40.21 36.76			
	250m: 2:48.57 34.65	650m: 7:33.20 35.83	1050m: 12:23.39 36.20	1450m: 17:15.69 35.48			
	300m: 3:23.80 35.23	700m: 8:09.67 36.47	1100m: 13:00.03 36.64	1500m: 17:48.30 32.61			
	350m: 3:58.45 34.65	750m: 8:45.62 35.95	1150m: 13:36.54 36.51				
	400m: 4:34.04 35.59	800m: 9:22.02 36.40	1200m: 14:13.78 37.24				

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA		Pts
23.	Joao Jose Calado			01	Nautico Abrantes		17:49.08		+0,65	540		
	50m:	29.60	29.60	450m:	5:07.06	35.75	850m:	9:57.63	35.66	1250m:	14:50.55	36.91
	100m:	1:02.60	33.00	500m:	5:43.26	36.20	900m:	10:35.05	37.42	1300m:	15:27.69	37.14
	150m:	1:36.51	33.91	550m:	6:19.33	36.07	950m:	11:11.01	35.96	1350m:	16:03.06	35.37
	200m:	2:11.12	34.61	600m:	6:55.58	36.25	1000m:	11:47.57	36.56	1400m:	16:39.96	36.90
	250m:	2:45.62	34.50	650m:	7:31.95	36.37	1050m:	12:23.82	36.25	1450m:	17:15.55	35.59
	300m:	3:20.58	34.96	700m:	8:08.68	36.73	1100m:	13:00.18	36.36	1500m:	17:49.08	33.53
	350m:	3:55.66	35.08	750m:	8:45.52	36.84	1150m:	13:36.86	36.68			
	400m:	4:31.31	35.65	800m:	9:21.97	36.45	1200m:	14:13.64	36.78			
24.	Diogo Alexandre Casteleiro			01	Sporting		17:54.32		+0,84	532		
	50m:	31.28	31.28	450m:	5:18.46	36.03	850m:	10:05.79	35.83	1250m:	14:53.86	36.12
	100m:	1:06.62	35.34	500m:	5:54.15	35.69	900m:	10:41.87	36.08	1300m:	15:30.13	36.27
	150m:	1:42.01	35.39	550m:	6:29.83	35.68	950m:	11:17.95	36.08	1350m:	16:06.60	36.47
	200m:	2:18.41	36.40	600m:	7:05.84	36.01	1000m:	11:53.98	36.03	1400m:	16:42.46	35.86
	250m:	2:53.86	35.45	650m:	7:41.75	35.91	1050m:	12:29.78	35.80	1450m:	17:18.55	36.09
	300m:	3:30.29	36.43	700m:	8:18.00	36.25	1100m:	13:05.61	35.83	1500m:	17:54.32	35.77
	350m:	4:06.17	35.88	750m:	8:53.90	35.90	1150m:	13:41.46	35.85			
	400m:	4:42.43	36.26	800m:	9:29.96	36.06	1200m:	14:17.74	36.28			
25.	David Dias Lima			00	Vilacondense		17:54.42		+0,80	532		
	50m:	31.97	31.97	450m:	5:19.53	36.03	850m:	10:09.68	36.10	1250m:	14:57.71	36.34
	100m:	1:06.36	34.39	500m:	5:55.58	36.05	900m:	10:45.25	35.57	1300m:	15:33.33	35.62
	150m:	1:42.50	36.14	550m:	6:31.41	35.83	950m:	11:20.92	35.67	1350m:	16:09.73	36.40
	200m:	2:17.79	35.29	600m:	7:07.98	36.57	1000m:	11:57.10	36.18	1400m:	16:45.02	35.29
	250m:	2:54.55	36.76	650m:	7:44.49	36.51	1050m:	12:33.75	36.65	1450m:	17:20.18	35.16
	300m:	3:30.83	36.28	700m:	8:20.52	36.03	1100m:	13:09.36	35.61	1500m:	17:54.42	34.24
	350m:	4:07.29	36.46	750m:	8:56.97	36.45	1150m:	13:45.37	36.01			
	400m:	4:43.50	36.21	800m:	9:33.58	36.61	1200m:	14:21.37	36.00			
26.	Afonso Varelas Silva			01	Nautico Marinha Grande		18:00.88		+0,73	523		
	50m:	30.95	30.95	450m:	5:17.05	36.22	850m:	10:06.92	35.91	1250m:	14:58.63	36.93
	100m:	1:05.44	34.49	500m:	5:53.03	35.98	900m:	10:42.81	35.89	1300m:	15:35.25	36.62
	150m:	1:41.51	36.07	550m:	6:29.74	36.71	950m:	11:18.98	36.17	1350m:	16:12.49	37.24
	200m:	2:16.96	35.45	600m:	7:05.47	35.73	1000m:	11:55.33	36.35	1400m:	16:49.29	36.80
	250m:	2:53.22	36.26	650m:	7:42.24	36.77	1050m:	12:31.96	36.63	1450m:	17:25.78	36.49
	300m:	3:28.47	35.25	700m:	8:18.42	36.18	1100m:	13:08.23	36.27	1500m:	18:00.88	35.10
	350m:	4:04.85	36.38	750m:	8:54.68	36.26	1150m:	13:44.99	36.76			
	400m:	4:40.83	35.98	800m:	9:31.01	36.33	1200m:	14:21.70	36.71			
27.	Sergio Eduardo Dias			00	Aquatico Pacense		18:02.57		+0,91	520		
	50m:	32.78	32.78	450m:	5:19.43	35.86	850m:	10:10.58	37.45	1250m:	15:03.90	37.06
	100m:	1:07.34	34.56	500m:	5:55.60	36.17	900m:	10:46.93	36.35	1300m:	15:39.95	36.05
	150m:	1:42.99	35.65	550m:	6:31.12	35.52	950m:	11:23.33	36.40	1350m:	16:16.27	36.32
	200m:	2:19.10	36.11	600m:	7:07.70	36.58	1000m:	12:00.08	36.75	1400m:	16:52.73	36.46
	250m:	2:55.25	36.15	650m:	7:43.92	36.22	1050m:	12:36.96	36.88	1450m:	17:28.37	35.64
	300m:	3:31.36	36.11	700m:	8:20.19	36.27	1100m:	13:13.37	36.41	1500m:	18:02.57	34.20
	350m:	4:08.01	36.65	750m:	8:57.24	37.05	1150m:	13:50.37	37.00			
	400m:	4:43.57	35.56	800m:	9:33.13	35.89	1200m:	14:26.84	36.47			
28.	Tomas Quintas Neves			00	Desportiva de Viana		18:03.63		+0,91	519		
	50m:	33.16	33.16	450m:	5:21.57	36.38	850m:	10:10.95	36.91	1250m:	15:02.11	36.68
	100m:	1:08.22	35.06	500m:	5:57.15	35.58	900m:	10:47.05	36.10	1300m:	15:38.52	36.41
	150m:	1:43.98	35.76	550m:	6:33.90	36.75	950m:	11:22.84	35.79	1350m:	16:15.52	37.00
	200m:	2:19.92	35.94	600m:	7:09.45	35.55	1000m:	11:58.55	35.71	1400m:	16:52.09	36.57
	250m:	2:56.32	36.40	650m:	7:45.86	36.41	1050m:	12:35.27	36.72	1450m:	17:28.21	36.12
	300m:	3:32.70	36.38	700m:	8:21.64	35.78	1100m:	13:11.54	36.27	1500m:	18:03.63	35.42
	350m:	4:09.22	36.52	750m:	8:58.34	36.70	1150m:	13:48.68	37.14			
	400m:	4:45.19	35.97	800m:	9:34.04	35.70	1200m:	14:25.43	36.75			

Prova 1, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
29.	Tiago Andre Jorge	00	Ba/Bomcar	18:05.67	+0,70	516	
	50m: 29.71 29.71	450m: 5:13.59 35.81	850m: 10:04.60 36.52	1250m: 15:00.76 36.82			
	100m: 1:04.47 34.76	500m: 5:49.88 36.29	900m: 10:41.61 37.01	1300m: 15:38.71 37.95			
	150m: 1:39.31 34.84	550m: 6:25.42 35.54	950m: 11:18.27 36.66	1350m: 16:15.86 37.15			
	200m: 2:15.29 35.98	600m: 7:01.91 36.49	1000m: 11:55.51 37.24	1400m: 16:53.51 37.65			
	250m: 2:50.49 35.20	650m: 7:38.08 36.17	1050m: 12:32.32 36.81	1450m: 17:29.70 36.19			
	300m: 3:26.24 35.75	700m: 8:14.67 36.59	1100m: 13:09.68 37.36	1500m: 18:05.67 35.97			
	350m: 4:01.62 35.38	750m: 8:51.24 36.57	1150m: 13:46.51 36.83				
	400m: 4:37.78 36.16	800m: 9:28.08 36.84	1200m: 14:23.94 37.43				
30.	Diogo Franco Martins	01	20Km de Almeirim	18:07.42	+0,78	513	
	50m: 31.55 31.55	450m: 5:18.52 35.74	850m: 10:09.83 36.87	1250m: 15:04.76 36.98			
	100m: 1:06.18 34.63	500m: 5:53.88 35.36	900m: 10:46.16 36.33	1300m: 15:41.50 36.74			
	150m: 1:42.10 35.92	550m: 6:30.25 36.37	950m: 11:22.74 36.58	1350m: 16:18.76 37.26			
	200m: 2:17.71 35.61	600m: 7:06.66 36.41	1000m: 12:00.16 37.42	1400m: 16:55.31 36.55			
	250m: 2:54.38 36.67	650m: 7:42.98 36.32	1050m: 12:37.51 37.35	1450m: 17:31.49 36.18			
	300m: 3:30.41 36.03	700m: 8:19.44 36.46	1100m: 13:13.95 36.44	1500m: 18:07.42 35.93			
	350m: 4:06.71 36.30	750m: 8:56.52 37.08	1150m: 13:51.26 37.31				
	400m: 4:42.78 36.07	800m: 9:32.96 36.44	1200m: 14:27.78 36.52				
31.	Tiago Miguel Novais	00	Desportiva de Viana	18:09.08	+0,78	511	
	50m: 31.15 31.15	450m: 5:19.42 36.65	850m: 10:13.20 36.04	1250m: 15:07.69 38.08			
	100m: 1:06.03 34.88	500m: 5:56.24 36.82	900m: 10:49.04 35.84	1300m: 15:45.03 37.34			
	150m: 1:41.37 35.34	550m: 6:33.08 36.84	950m: 11:25.01 35.97	1350m: 16:22.09 37.06			
	200m: 2:16.98 35.61	600m: 7:09.77 36.69	1000m: 12:01.20 36.19	1400m: 16:59.18 37.09			
	250m: 2:53.24 36.26	650m: 7:46.71 36.94	1050m: 12:38.34 37.14	1450m: 17:34.80 35.62			
	300m: 3:29.28 36.04	700m: 8:24.05 37.34	1100m: 13:15.34 37.00	1500m: 18:09.08 34.28			
	350m: 4:05.88 36.60	750m: 9:01.11 37.06	1150m: 13:52.71 37.37				
	400m: 4:42.77 36.89	800m: 9:37.16 36.05	1200m: 14:29.61 36.90				
32.	Alexandre Teixeira Marcos	00	Louletano / Loule Concelho	18:30.92	+0,79	481	
	50m: 30.15 30.15	450m: 5:21.74 36.72	850m: 10:23.14 37.43	1250m: 15:25.76 37.30			
	100m: 1:04.41 34.26	500m: 5:59.41 37.67	900m: 11:01.39 38.25	1300m: 16:04.15 38.39			
	150m: 1:39.45 35.04	550m: 6:36.80 37.39	950m: 11:38.54 37.15	1350m: 16:41.71 37.56			
	200m: 2:15.87 36.42	600m: 7:14.74 37.94	1000m: 12:16.82 38.28	1400m: 17:19.36 37.65			
	250m: 2:52.08 36.21	650m: 7:52.37 37.63	1050m: 12:54.56 37.74	1450m: 17:55.23 35.87			
	300m: 3:29.74 37.66	700m: 8:30.48 38.11	1100m: 13:32.89 38.33	1500m: 18:30.92 35.69			
	350m: 4:06.55 36.81	750m: 9:07.61 37.13	1150m: 14:10.29 37.40				
	400m: 4:45.02 38.47	800m: 9:45.71 38.10	1200m: 14:48.46 38.17				
33.	Filipe Asseiceira Ramos	00	Torres Novas	18:41.65	+0,78	468	
	50m: 31.32 31.32	450m: 5:23.55 38.56	850m: 10:28.45 38.35	1250m: 15:35.83 38.82			
	100m: 1:05.66 34.34	500m: 6:01.49 37.94	900m: 11:07.26 38.81	1300m: 16:13.89 38.06			
	150m: 1:40.80 35.14	550m: 6:39.28 37.79	950m: 11:46.32 39.06	1350m: 16:51.54 37.65			
	200m: 2:16.31 35.51	600m: 7:17.25 37.97	1000m: 12:24.83 38.51	1400m: 17:29.71 38.17			
	250m: 2:53.52 37.21	650m: 7:55.48 38.23	1050m: 13:02.31 37.48	1450m: 18:07.53 37.82			
	300m: 3:29.90 36.38	700m: 8:34.19 38.71	1100m: 13:39.93 37.62	1500m: 18:41.65 34.12			
	350m: 4:08.10 38.20	750m: 9:12.72 38.53	1150m: 14:18.24 38.31				
	400m: 4:44.99 36.89	800m: 9:50.10 37.38	1200m: 14:57.01 38.77				

Prova 1, Masc., 1500m Livres

Prova 1
21-07-2016 - 17:10 Masc., 1500m Livres Absolutos Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Jun17	15:43.45	Guilherme Filipe Pina	POR	Singapore (SIN)	30-08-2015
Rec Nac Jun18	15:23.46	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	07-07-2016
Rec Nac Sen	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	15:35.17	+0,77	808	
	50m: 28.85 28.85	450m: 4:38.53 30.97	850m: 8:48.04 31.31	1250m: 12:58.62 31.60			
	100m: 59.49 30.64	500m: 5:09.64 31.11	900m: 9:19.32 31.28	1300m: 13:30.01 31.39			
	150m: 1:30.43 30.94	550m: 5:40.90 31.26	950m: 9:50.67 31.35	1350m: 14:01.42 31.41			
	200m: 2:01.98 31.55	600m: 6:11.78 30.88	1000m: 10:21.84 31.17	1400m: 14:32.82 31.40			
	250m: 2:33.08 31.10	650m: 6:43.01 31.23	1050m: 10:53.33 31.49	1450m: 15:04.25 31.43			
	300m: 3:04.67 31.59	700m: 7:14.03 31.02	1100m: 11:24.57 31.24	1500m: 15:35.17 30.92			
	350m: 3:36.01 31.34	750m: 7:45.28 31.25	1150m: 11:55.86 31.29				
	400m: 4:07.56 31.55	800m: 8:16.73 31.45	1200m: 12:27.02 31.16				
2.	Antonio Fernando Pinto	99	Lousada SXXI	15:54.16	+0,86	760	
	50m: 28.94 28.94	450m: 4:41.11 32.12	850m: 8:57.94 32.04	1250m: 13:14.67 32.25			
	100m: 1:00.23 31.29	500m: 5:13.15 32.04	900m: 9:29.56 31.62	1300m: 13:46.85 32.18			
	150m: 1:31.79 31.56	550m: 5:45.60 32.45	950m: 10:01.64 32.08	1350m: 14:19.37 32.52			
	200m: 2:02.89 31.10	600m: 6:17.40 31.80	1000m: 10:33.85 32.21	1400m: 14:51.57 32.20			
	250m: 2:34.46 31.57	650m: 6:49.62 32.22	1050m: 11:06.12 32.27	1450m: 15:23.27 31.70			
	300m: 3:05.67 31.21	700m: 7:21.55 31.93	1100m: 11:38.24 32.12	1500m: 15:54.16 30.89			
	350m: 3:37.44 31.77	750m: 7:53.99 32.44	1150m: 12:10.50 32.26				
	400m: 4:08.99 31.55	800m: 8:25.90 31.91	1200m: 12:42.42 31.92				
3.	Jose Paula Carvalho	98	Uniao Piedense	16:05.76	+0,70	733	
	50m: 28.90 28.90	450m: 4:45.27 32.79	850m: 9:07.08 32.25	1250m: 13:26.35 32.89			
	100m: 59.72 30.82	500m: 5:18.17 32.90	900m: 9:39.49 32.41	1300m: 13:58.73 32.38			
	150m: 1:31.08 31.36	550m: 5:51.33 33.16	950m: 10:11.57 32.08	1350m: 14:31.40 32.67			
	200m: 2:03.06 31.98	600m: 6:24.18 32.85	1000m: 10:43.42 31.85	1400m: 15:03.74 32.34			
	250m: 2:35.23 32.17	650m: 6:57.18 33.00	1050m: 11:15.74 32.32	1450m: 15:35.97 32.23			
	300m: 3:07.42 32.19	700m: 7:30.04 32.86	1100m: 11:47.99 32.25	1500m: 16:05.76 29.79			
	350m: 3:40.03 32.61	750m: 8:02.71 32.67	1150m: 12:20.92 32.93				
	400m: 4:12.48 32.45	800m: 8:34.83 32.12	1200m: 12:53.46 32.54				
4.	Mario Andre Bonanca	90	Sporting	16:06.25	+0,77	732	
	50m: 29.73 29.73	450m: 4:43.93 32.40	850m: 9:04.25 32.84	1250m: 13:26.71 32.67			
	100m: 1:00.98 31.25	500m: 5:16.07 32.14	900m: 9:37.02 32.77	1300m: 13:59.41 32.70			
	150m: 1:32.69 31.71	550m: 5:48.55 32.48	950m: 10:10.10 33.08	1350m: 14:32.19 32.78			
	200m: 2:04.25 31.56	600m: 6:20.93 32.38	1000m: 10:43.00 32.90	1400m: 15:04.62 32.43			
	250m: 2:35.87 31.62	650m: 6:53.41 32.48	1050m: 11:15.99 32.99	1450m: 15:36.96 32.34			
	300m: 3:07.47 31.60	700m: 7:25.95 32.54	1100m: 11:48.79 32.80	1500m: 16:06.25 29.29			
	350m: 3:39.65 32.18	750m: 7:58.78 32.83	1150m: 12:21.57 32.78				
	400m: 4:11.53 31.88	800m: 8:31.41 32.63	1200m: 12:54.04 32.47				
5.	Pedro Maria Bessa	95	Nautico /Urgicentro-Sanfil	16:35.75	+0,73	669	
	50m: 28.92 28.92	450m: 4:50.15 32.92	850m: 9:18.39 34.18	1250m: 13:50.82 34.00			
	100m: 1:00.39 31.47	500m: 5:23.28 33.13	900m: 9:52.66 34.27	1300m: 14:25.11 34.29			
	150m: 1:32.46 32.07	550m: 5:56.37 33.09	950m: 10:26.23 33.57	1350m: 14:58.61 33.50			
	200m: 2:04.99 32.53	600m: 6:29.59 33.22	1000m: 11:00.79 34.56	1400m: 15:32.62 34.01			
	250m: 2:37.67 32.68	650m: 7:02.64 33.05	1050m: 11:34.67 33.88	1450m: 16:04.90 32.28			
	300m: 3:10.84 33.17	700m: 7:36.40 33.76	1100m: 12:08.54 33.87	1500m: 16:35.75 30.85			
	350m: 3:43.83 32.99	750m: 8:10.23 33.83	1150m: 12:42.62 34.08				
	400m: 4:17.23 33.40	800m: 8:44.21 33.98	1200m: 13:16.82 34.20				

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Joao Daniel Machado	99	Uniao Piedense	16:37.41	+0,68	665	
	50m: 29.70 29.70	450m: 4:54.74 33.58	850m: 9:21.61 33.58	1250m: 13:50.47 33.71			
	100m: 1:01.76 32.06	500m: 5:28.04 33.30	900m: 9:54.96 33.35	1300m: 14:24.20 33.73			
	150m: 1:35.34 33.58	550m: 6:01.49 33.45	950m: 10:28.43 33.47	1350m: 14:57.98 33.78			
	200m: 2:08.02 32.68	600m: 6:34.68 33.19	1000m: 11:02.14 33.71	1400m: 15:31.64 33.66			
	250m: 2:41.45 33.43	650m: 7:08.23 33.55	1050m: 11:35.72 33.58	1450m: 16:04.63 32.99			
	300m: 3:14.58 33.13	700m: 7:41.50 33.27	1100m: 12:09.40 33.68	1500m: 16:37.41 32.78			
	350m: 3:47.92 33.34	750m: 8:14.83 33.33	1150m: 12:43.04 33.64				
	400m: 4:21.16 33.24	800m: 8:48.03 33.20	1200m: 13:16.76 33.72				
7.	Miguel Ribeiro Bate	99	Alges	16:41.24	+0,72	658	
	50m: 28.62 28.62	450m: 4:51.48 33.27	850m: 9:20.45 33.80	1250m: 13:53.17 34.15			
	100m: 1:00.42 31.80	500m: 5:24.78 33.30	900m: 9:54.55 34.10	1300m: 14:27.32 34.15			
	150m: 1:32.95 32.53	550m: 5:58.25 33.47	950m: 10:28.71 34.16	1350m: 15:01.69 34.37			
	200m: 2:05.78 32.83	600m: 6:31.70 33.45	1000m: 11:02.65 33.94	1400m: 15:35.62 33.93			
	250m: 2:38.64 32.86	650m: 7:05.09 33.39	1050m: 11:36.74 34.09	1450m: 16:09.42 33.80			
	300m: 3:11.78 33.14	700m: 7:38.66 33.57	1100m: 12:10.81 34.07	1500m: 16:41.24 31.82			
	350m: 3:44.97 33.19	750m: 8:12.63 33.97	1150m: 12:44.62 33.81				
	400m: 4:18.21 33.24	800m: 8:46.65 34.02	1200m: 13:19.02 34.40				
8.	Tiago Silva Oliveira	94	Fluvial Portuense	16:41.59	+0,75	657	
	50m: 29.18 29.18	450m: 4:51.65 33.63	850m: 9:21.28 33.78	1250m: 13:54.00 34.52			
	100m: 1:00.84 31.66	500m: 5:25.12 33.47	900m: 9:54.79 33.51	1300m: 14:27.71 33.71			
	150m: 1:33.13 32.29	550m: 5:58.88 33.76	950m: 10:29.07 34.28	1350m: 15:01.99 34.28			
	200m: 2:05.61 32.48	600m: 6:32.29 33.41	1000m: 11:02.88 33.81	1400m: 15:35.89 33.90			
	250m: 2:38.48 32.87	650m: 7:06.43 34.14	1050m: 11:37.36 34.48	1450m: 16:09.75 33.86			
	300m: 3:11.45 32.97	700m: 7:39.92 33.49	1100m: 12:11.37 34.01	1500m: 16:41.59 31.84			
	350m: 3:44.62 33.17	750m: 8:13.90 33.98	1150m: 12:45.66 34.29				
	400m: 4:18.02 33.40	800m: 8:47.50 33.60	1200m: 13:19.48 33.82				
9.	Afonso Calais Queiroga	98	Uniao Piedense	16:48.66	+0,66	643	
	50m: 31.34 31.34	450m: 5:01.77 33.79	850m: 9:28.38 33.45	1250m: 13:58.21 34.62			
	100m: 1:04.79 33.45	500m: 5:35.08 33.31	900m: 10:01.49 33.11	1300m: 14:32.33 34.12			
	150m: 1:39.05 34.26	550m: 6:08.47 33.39	950m: 10:35.02 33.53	1350m: 15:07.46 35.13			
	200m: 2:12.81 33.76	600m: 6:41.85 33.38	1000m: 11:08.61 33.59	1400m: 15:41.96 34.50			
	250m: 2:46.87 34.06	650m: 7:15.66 33.81	1050m: 11:41.86 33.25	1450m: 16:15.95 33.99			
	300m: 3:20.38 33.51	700m: 7:48.48 32.82	1100m: 12:15.52 33.66	1500m: 16:48.66 32.71			
	350m: 3:54.21 33.83	750m: 8:22.03 33.55	1150m: 12:49.65 34.13				
	400m: 4:27.98 33.77	800m: 8:54.93 32.90	1200m: 13:23.59 33.94				
10.	Pedro Goncalves Neto	98	Porto	16:55.58	+0,77	630	
	50m: 30.00 30.00	450m: 4:59.37 33.86	850m: 9:31.98 34.18	1250m: 14:06.36 34.43			
	100m: 1:03.60 33.60	500m: 5:33.46 34.09	900m: 10:06.23 34.25	1300m: 14:41.00 34.64			
	150m: 1:37.01 33.41	550m: 6:07.08 33.62	950m: 10:40.36 34.13	1350m: 15:15.11 34.11			
	200m: 2:10.39 33.38	600m: 6:41.57 34.49	1000m: 11:14.54 34.18	1400m: 15:49.79 34.68			
	250m: 2:44.09 33.70	650m: 7:15.80 34.23	1050m: 11:48.92 34.38	1450m: 16:23.66 33.87			
	300m: 3:17.88 33.79	700m: 7:50.11 34.31	1100m: 12:23.65 34.73	1500m: 16:55.58 31.92			
	350m: 3:51.88 34.00	750m: 8:23.66 33.55	1150m: 12:57.68 34.03				
	400m: 4:25.51 33.63	800m: 8:57.80 34.14	1200m: 13:31.93 34.25				
11.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	16:55.64	+0,78	630	
	50m: 30.09 30.09	450m: 4:58.99 33.99	850m: 9:32.97 34.26	1250m: 14:06.75 34.55			
	100m: 1:02.63 32.54	500m: 5:33.15 34.16	900m: 10:07.22 34.25	1300m: 14:40.89 34.14			
	150m: 1:35.79 33.16	550m: 6:07.42 34.27	950m: 10:41.31 34.09	1350m: 15:15.10 34.21			
	200m: 2:09.23 33.44	600m: 6:41.35 33.93	1000m: 11:15.32 34.01	1400m: 15:49.20 34.10			
	250m: 2:42.74 33.51	650m: 7:15.98 34.63	1050m: 11:49.73 34.41	1450m: 16:23.24 34.04			
	300m: 3:16.63 33.89	700m: 7:50.21 34.23	1100m: 12:23.82 34.09	1500m: 16:55.64 32.40			
	350m: 3:50.82 34.19	750m: 8:24.48 34.27	1150m: 12:58.13 34.31				
	400m: 4:25.00 34.18	800m: 8:58.71 34.23	1200m: 13:32.20 34.07				

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA	Pts	
12.	Sergio Gomes Abreu			96	Naval do Funchal		16:56.98		+0,72	628		
	50m:	29.31	29.31	450m:	4:57.71	33.74	850m:	9:29.70	34.26	1250m:	14:06.98	34.87
	100m:	1:01.76	32.45	500m:	5:31.31	33.60	900m:	10:04.13	34.43	1300m:	14:41.88	34.90
	150m:	1:35.44	33.68	550m:	6:04.68	33.37	950m:	10:38.82	34.69	1350m:	15:16.45	34.57
	200m:	2:09.15	33.71	600m:	6:38.48	33.80	1000m:	11:13.61	34.79	1400m:	15:51.47	35.02
	250m:	2:42.91	33.76	650m:	7:13.20	34.72	1050m:	11:48.65	35.04	1450m:	16:24.83	33.36
	300m:	3:16.33	33.42	700m:	7:47.26	34.06	1100m:	12:22.92	34.27	1500m:	16:56.98	32.15
	350m:	3:50.43	34.10	750m:	8:21.49	34.23	1150m:	12:57.34	34.42			
	400m:	4:23.97	33.54	800m:	8:55.44	33.95	1200m:	13:32.11	34.77			
13.	Tiago Carlos Santos			98	Uniao Piedense		16:57.88		+0,80	626		
	50m:	30.11	30.11	450m:	4:57.47	33.81	850m:	9:33.07	34.62	1250m:	14:10.71	34.98
	100m:	1:02.98	32.87	500m:	5:31.35	33.88	900m:	10:07.39	34.32	1300m:	14:45.15	34.44
	150m:	1:36.25	33.27	550m:	6:05.67	34.32	950m:	10:42.24	34.85	1350m:	15:19.54	34.39
	200m:	2:09.66	33.41	600m:	6:40.23	34.56	1000m:	11:17.21	34.97	1400m:	15:53.93	34.39
	250m:	2:43.01	33.35	650m:	7:14.81	34.58	1050m:	11:51.73	34.52	1450m:	16:26.24	32.31
	300m:	3:16.42	33.41	700m:	7:49.32	34.51	1100m:	12:26.38	34.65	1500m:	16:57.88	31.64
	350m:	3:50.04	33.62	750m:	8:24.05	34.73	1150m:	13:01.14	34.76			
	400m:	4:23.66	33.62	800m:	8:58.45	34.40	1200m:	13:35.73	34.59			
14.	Joao Santos Mendes			98	Leixoes		16:58.16		+0,67	626		
	50m:	29.81	29.81	450m:	4:59.35	34.03	850m:	9:33.66	34.21	1250m:	14:11.01	34.62
	100m:	1:02.84	33.03	500m:	5:33.85	34.50	900m:	10:08.20	34.54	1300m:	14:44.69	33.68
	150m:	1:36.07	33.23	550m:	6:08.19	34.34	950m:	10:42.34	34.14	1350m:	15:19.05	34.36
	200m:	2:09.91	33.84	600m:	6:42.52	34.33	1000m:	11:16.47	34.13	1400m:	15:53.70	34.65
	250m:	2:43.41	33.50	650m:	7:16.79	34.27	1050m:	11:51.13	34.66	1450m:	16:27.28	33.58
	300m:	3:17.37	33.96	700m:	7:50.82	34.03	1100m:	12:25.92	34.79	1500m:	16:58.16	30.88
	350m:	3:51.26	33.89	750m:	8:24.97	34.15	1150m:	13:01.16	35.24			
	400m:	4:25.32	34.06	800m:	8:59.45	34.48	1200m:	13:36.39	35.23			
15.	Tiago Andre Carvalho			99	Academica de Coimbra		17:08.83		+0,70	606		
	50m:	30.80	30.80	450m:	5:06.00	34.25	850m:	9:40.91	34.49	1250m:	14:17.19	34.34
	100m:	1:04.47	33.67	500m:	5:40.65	34.65	900m:	10:15.54	34.63	1300m:	14:51.41	34.22
	150m:	1:38.64	34.17	550m:	6:14.66	34.01	950m:	10:49.74	34.20	1350m:	15:26.11	34.70
	200m:	2:13.25	34.61	600m:	6:49.15	34.49	1000m:	11:24.46	34.72	1400m:	16:00.48	34.37
	250m:	2:47.58	34.33	650m:	7:23.60	34.45	1050m:	11:59.18	34.72	1450m:	16:35.32	34.84
	300m:	3:22.19	34.61	700m:	7:57.70	34.10	1100m:	12:33.80	34.62	1500m:	17:08.83	33.51
	350m:	3:56.85	34.66	750m:	8:32.14	34.44	1150m:	13:08.44	34.64			
	400m:	4:31.75	34.90	800m:	9:06.42	34.28	1200m:	13:42.85	34.41			
16.	Joao Miguel Cardoso			97	Geslours		17:12.23		+0,77	600		
	50m:	29.91	29.91	450m:	5:02.43	34.78	850m:	9:40.55	35.09	1250m:	14:19.74	35.46
	100m:	1:02.71	32.80	500m:	5:37.10	34.67	900m:	10:15.33	34.78	1300m:	14:54.56	34.82
	150m:	1:36.40	33.69	550m:	6:11.21	34.11	950m:	10:50.26	34.93	1350m:	15:29.68	35.12
	200m:	2:10.62	34.22	600m:	6:45.95	34.74	1000m:	11:24.85	34.59	1400m:	16:05.01	35.33
	250m:	2:44.52	33.90	650m:	7:20.86	34.91	1050m:	11:59.41	34.56	1450m:	16:39.14	34.13
	300m:	3:18.58	34.06	700m:	7:55.64	34.78	1100m:	12:34.20	34.79	1500m:	17:12.23	33.09
	350m:	3:53.09	34.51	750m:	8:30.78	35.14	1150m:	13:09.37	35.17			
	400m:	4:27.65	34.56	800m:	9:05.46	34.68	1200m:	13:44.28	34.91			
17.	Dario Fausto Matias			98	Torres Novas		17:15.37		+0,75	595		
	50m:	30.87	30.87	450m:	5:07.27	34.94	850m:	9:44.59	34.41	1250m:	14:23.20	35.00
	100m:	1:05.14	34.27	500m:	5:42.25	34.98	900m:	10:19.05	34.46	1300m:	14:58.31	35.11
	150m:	1:39.62	34.48	550m:	6:16.45	34.20	950m:	10:54.04	34.99	1350m:	15:32.95	34.64
	200m:	2:14.06	34.44	600m:	6:51.38	34.93	1000m:	11:29.11	35.07	1400m:	16:07.45	34.50
	250m:	2:48.24	34.18	650m:	7:25.60	34.22	1050m:	12:03.80	34.69	1450m:	16:41.59	34.14
	300m:	3:22.78	34.54	700m:	8:00.70	35.10	1100m:	12:38.83	35.03	1500m:	17:15.37	33.78
	350m:	3:57.39	34.61	750m:	8:35.81	35.11	1150m:	13:13.34	34.51			
	400m:	4:32.33	34.94	800m:	9:10.18	34.37	1200m:	13:48.20	34.86			

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA	Pts	
18.	Andre Filipe Farinha			96	Benfica		17:15.67		+0,77	594		
	50m:	29.00	29.00	450m:	4:51.67	33.50	850m:	9:24.21	34.68	1250m:	14:13.86	36.31
	100m:	1:01.08	32.08	500m:	5:25.56	33.89	900m:	9:59.72	35.51	1300m:	14:51.16	37.30
	150m:	1:33.64	32.56	550m:	5:59.18	33.62	950m:	10:35.70	35.98	1350m:	15:28.35	37.19
	200m:	2:06.14	32.50	600m:	6:32.86	33.68	1000m:	11:11.93	36.23	1400m:	16:04.09	35.74
	250m:	2:38.95	32.81	650m:	7:06.60	33.74	1050m:	11:47.88	35.95	1450m:	16:39.73	35.64
	300m:	3:11.74	32.79	700m:	7:40.86	34.26	1100m:	12:24.68	36.80	1500m:	17:15.67	35.94
	350m:	3:44.82	33.08	750m:	8:15.06	34.20	1150m:	13:01.79	37.11			
	400m:	4:18.17	33.35	800m:	8:49.53	34.47	1200m:	13:37.55	35.76			
19.	Bernardo Graca Rodrigues			99	Alges		17:16.61		+0,74	593		
	50m:	30.17	30.17	450m:	5:05.17	34.64	850m:	9:43.07	34.69	1250m:	14:22.79	35.09
	100m:	1:03.52	33.35	500m:	5:39.76	34.59	900m:	10:17.91	34.84	1300m:	14:58.00	35.21
	150m:	1:37.78	34.26	550m:	6:14.62	34.86	950m:	10:52.85	34.94	1350m:	15:32.97	34.97
	200m:	2:12.09	34.31	600m:	6:49.31	34.69	1000m:	11:27.70	34.85	1400m:	16:07.88	34.91
	250m:	2:46.94	34.85	650m:	7:24.16	34.85	1050m:	12:02.74	35.04	1450m:	16:42.87	34.99
	300m:	3:21.45	34.51	700m:	7:58.87	34.71	1100m:	12:37.30	34.56	1500m:	17:16.61	33.74
	350m:	3:55.94	34.49	750m:	8:33.76	34.89	1150m:	13:12.63	35.33			
	400m:	4:30.53	34.59	800m:	9:08.38	34.62	1200m:	13:47.70	35.07			
20.	Paulo Filipe Silva			98	Natacao da Maia		17:23.46		+0,75	581		
	50m:	31.08	31.08	450m:	5:07.46	34.21	850m:	9:46.65	35.36	1250m:	14:28.06	35.56
	100m:	1:04.87	33.79	500m:	5:43.05	35.59	900m:	10:22.23	35.58	1300m:	15:03.85	35.79
	150m:	1:38.84	33.97	550m:	6:16.68	33.63	950m:	10:57.43	35.20	1350m:	15:38.78	34.93
	200m:	2:13.37	34.53	600m:	6:51.14	34.46	1000m:	11:33.06	35.63	1400m:	16:14.23	35.45
	250m:	2:47.88	34.51	650m:	7:25.49	34.35	1050m:	12:07.12	34.06	1450m:	16:49.68	35.45
	300m:	3:23.17	35.29	700m:	8:00.66	35.17	1100m:	12:42.34	35.22	1500m:	17:23.46	33.78
	350m:	3:58.18	35.01	750m:	8:35.58	34.92	1150m:	13:17.89	35.55			
	400m:	4:33.25	35.07	800m:	9:11.29	35.71	1200m:	13:52.50	34.61			
21.	Jose Diogo Fonseca			98	Nautico Marinha Grande		17:27.39		+0,70	575		
	50m:	30.47	30.47	450m:	5:09.34	35.21	850m:	9:50.59	35.29	1250m:	14:33.59	35.23
	100m:	1:04.60	34.13	500m:	5:44.66	35.32	900m:	10:26.02	35.43	1300m:	15:09.03	35.44
	150m:	1:39.53	34.93	550m:	6:19.49	34.83	950m:	11:01.51	35.49	1350m:	15:44.46	35.43
	200m:	2:14.65	35.12	600m:	6:54.84	35.35	1000m:	11:36.92	35.41	1400m:	16:19.69	35.23
	250m:	2:49.55	34.90	650m:	7:30.02	35.18	1050m:	12:12.22	35.30	1450m:	16:54.20	34.51
	300m:	3:24.23	34.68	700m:	8:04.91	34.89	1100m:	12:47.59	35.37	1500m:	17:27.39	33.19
	350m:	3:59.18	34.95	750m:	8:40.09	35.18	1150m:	13:22.97	35.38			
	400m:	4:34.13	34.95	800m:	9:15.30	35.21	1200m:	13:58.36	35.39			
22.	Diogo Rosado Leca			98	Colegio Monte Maior		17:29.25		+0,76	572		
	50m:	30.58	30.58	450m:	5:05.66	34.95	850m:	9:49.52	35.63	1250m:	14:35.29	35.54
	100m:	1:03.91	33.33	500m:	5:40.55	34.89	900m:	10:24.87	35.35	1300m:	15:11.26	35.97
	150m:	1:38.08	34.17	550m:	6:15.94	35.39	950m:	11:00.61	35.74	1350m:	15:47.12	35.86
	200m:	2:11.83	33.75	600m:	6:51.52	35.58	1000m:	11:36.69	36.08	1400m:	16:22.06	34.94
	250m:	2:46.10	34.27	650m:	7:27.07	35.55	1050m:	12:12.37	35.68	1450m:	16:56.41	34.35
	300m:	3:20.52	34.42	700m:	8:02.48	35.41	1100m:	12:48.60	36.23	1500m:	17:29.25	32.84
	350m:	3:55.26	34.74	750m:	8:38.36	35.88	1150m:	13:23.99	35.39			
	400m:	4:30.71	35.45	800m:	9:13.89	35.53	1200m:	13:59.75	35.76			
23.	Joao Eduardo Ilha			98	Natacao Olhao		17:38.11		+0,79	557		
	50m:	31.01	31.01	450m:	5:11.02	35.14	850m:	9:56.20	36.08	1250m:	14:43.18	35.81
	100m:	1:04.86	33.85	500m:	5:46.72	35.70	900m:	10:31.98	35.78	1300m:	15:19.18	36.00
	150m:	1:39.66	34.80	550m:	6:21.77	35.05	950m:	11:08.02	36.04	1350m:	15:55.14	35.96
	200m:	2:14.51	34.85	600m:	6:57.67	35.90	1000m:	11:43.77	35.75	1400m:	16:30.44	35.30
	250m:	2:49.37	34.86	650m:	7:33.21	35.54	1050m:	12:19.96	36.19	1450m:	17:05.47	35.03
	300m:	3:25.33	35.96	700m:	8:08.83	35.62	1100m:	12:55.50	35.54	1500m:	17:38.11	32.64
	350m:	4:00.46	35.13	750m:	8:44.40	35.57	1150m:	13:31.43	35.93			
	400m:	4:35.88	35.42	800m:	9:20.12	35.72	1200m:	14:07.37	35.94			

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
24.	Diogo Rodrigues Freitas	98	Uniao Piedense	17:38.52	+0,74	557	
	50m: 30.51 30.51	450m: 5:06.59 35.70	850m: 9:51.99 35.26	1250m: 14:39.61 36.21			
	100m: 1:03.75 33.24	500m: 5:42.31 35.72	900m: 10:27.90 35.91	1300m: 15:16.15 36.54			
	150m: 1:37.91 34.16	550m: 6:18.22 35.91	950m: 11:03.53 35.63	1350m: 15:51.87 35.72			
	200m: 2:11.87 33.96	600m: 6:53.80 35.58	1000m: 11:39.48 35.95	1400m: 16:28.00 36.13			
	250m: 2:46.27 34.40	650m: 7:29.59 35.79	1050m: 12:15.10 35.62	1450m: 17:03.54 35.54			
	300m: 3:21.06 34.79	700m: 8:05.48 35.89	1100m: 12:51.13 36.03	1500m: 17:38.52 34.98			
	350m: 3:55.76 34.70	750m: 8:40.74 35.26	1150m: 13:27.02 35.89				
	400m: 4:30.89 35.13	800m: 9:16.73 35.99	1200m: 14:03.40 36.38				
25.	Goncalo Faria Saldida	99	Natacao do Tejo	17:39.79	+0,79	555	
	50m: 32.57 32.57	450m: 5:11.65 35.80	850m: 9:56.31 36.14	1250m: 14:42.90 36.37			
	100m: 1:06.94 34.37	500m: 5:47.33 35.68	900m: 10:31.61 35.30	1300m: 15:18.88 35.98			
	150m: 1:41.51 34.57	550m: 6:23.30 35.97	950m: 11:07.35 35.74	1350m: 15:53.35 34.47			
	200m: 2:15.80 34.29	600m: 6:58.14 34.84	1000m: 11:43.76 36.41	1400m: 16:29.54 36.19			
	250m: 2:50.91 35.11	650m: 7:34.06 35.92	1050m: 12:18.42 34.66	1450m: 17:05.13 35.59			
	300m: 3:25.56 34.65	700m: 8:09.16 35.10	1100m: 12:54.39 35.97	1500m: 17:39.79 34.66			
	350m: 4:00.78 35.22	750m: 8:44.69 35.53	1150m: 13:30.85 36.46				
	400m: 4:35.85 35.07	800m: 9:20.17 35.48	1200m: 14:06.53 35.68				
26.	Goncalo Manuel Paquete	99	Fluvial Portuense	18:19.45	+0,71	497	
	50m: 30.46 30.46	450m: 5:13.83 36.72	850m: 10:11.20 36.46	1250m: 15:12.76 38.15			
	100m: 1:03.86 33.40	500m: 5:50.65 36.82	900m: 10:48.48 37.28	1300m: 15:50.43 37.67			
	150m: 1:38.59 34.73	550m: 6:28.23 37.58	950m: 11:25.64 37.16	1350m: 16:28.44 38.01			
	200m: 2:13.82 35.23	600m: 7:05.38 37.15	1000m: 12:02.71 37.07	1400m: 17:06.12 37.68			
	250m: 2:49.46 35.64	650m: 7:42.68 37.30	1050m: 12:40.41 37.70	1450m: 17:43.03 36.91			
	300m: 3:25.14 35.68	700m: 8:20.12 37.44	1100m: 13:18.40 37.99	1500m: 18:19.45 36.42			
	350m: 4:00.81 35.67	750m: 8:57.65 37.53	1150m: 13:56.73 38.33				
	400m: 4:37.11 36.30	800m: 9:34.74 37.09	1200m: 14:34.61 37.88				

Prova 1
21-07-2016 - 17:10

Masc., 1500m Livres

Juvenis B
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:30.45	Duarte Miguel Jorge	CGA	Oeiras	21-07-2016

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Duarte Miguel Jorge <i>Recorde Nacional, Juv B</i>	01	Galitos / Bresimar	16:30.45	+0,85	680	
	50m: 29.76 29.76	450m: 4:52.38 33.07	850m: 9:16.81 33.50	1250m: 13:44.74 33.37			
	100m: 1:01.88 32.12	500m: 5:25.12 32.74	900m: 9:50.11 33.30	1300m: 14:18.44 33.70			
	150m: 1:34.31 32.43	550m: 5:58.20 33.08	950m: 10:23.75 33.64	1350m: 14:51.95 33.51			
	200m: 2:06.62 32.31	600m: 6:31.38 33.18	1000m: 10:57.48 33.73	1400m: 15:25.34 33.39			
	250m: 2:39.73 33.11	650m: 7:04.76 33.38	1050m: 11:30.93 33.45	1450m: 15:58.16 32.82			
	300m: 3:12.57 32.84	700m: 7:37.71 32.95	1100m: 12:04.19 33.26	1500m: 16:30.45 32.29			
	350m: 3:45.88 33.31	750m: 8:10.57 32.86	1150m: 12:37.65 33.46				
	400m: 4:19.31 33.43	800m: 8:43.31 32.74	1200m: 13:11.37 33.72				
2.	Diogo Santos Cardoso	01	Colegio Monte Maior	16:42.41	+0,70	656	
	50m: 30.50 30.50	450m: 5:00.23 33.71	850m: 9:28.89 33.39	1250m: 13:57.01 33.58			
	100m: 1:03.91 33.41	500m: 5:33.89 33.66	900m: 10:02.42 33.53	1300m: 14:30.47 33.46			
	150m: 1:37.66 33.75	550m: 6:07.41 33.52	950m: 10:36.07 33.65	1350m: 15:03.95 33.48			
	200m: 2:11.57 33.91	600m: 6:41.07 33.66	1000m: 11:09.47 33.40	1400m: 15:37.57 33.62			
	250m: 2:45.28 33.71	650m: 7:14.76 33.69	1050m: 11:43.00 33.53	1450m: 16:10.35 32.78			
	300m: 3:18.97 33.69	700m: 7:48.38 33.62	1100m: 12:16.41 33.41	1500m: 16:42.41 32.06			
	350m: 3:52.88 33.91	750m: 8:21.95 33.57	1150m: 12:49.90 33.49				
	400m: 4:26.52 33.64	800m: 8:55.50 33.55	1200m: 13:23.43 33.53				

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Pedro Miguel Santos	01	Porto	17:00.67	+0,73	621	
	50m: 30.71 30.71	450m: 5:04.73	33.86	850m: 9:36.33	33.83	1250m: 14:11.10	33.95
	100m: 1:04.80 34.09	500m: 5:38.95	34.22	900m: 10:10.42	34.09	1300m: 14:45.64	34.54
	150m: 1:39.24 34.44	550m: 6:12.92	33.97	950m: 10:44.58	34.16	1350m: 15:20.26	34.62
	200m: 2:13.69 34.45	600m: 6:47.50	34.58	1000m: 11:18.98	34.40	1400m: 15:54.86	34.60
	250m: 2:48.36 34.67	650m: 7:21.04	33.54	1050m: 11:53.47	34.49	1450m: 16:28.89	34.03
	300m: 3:22.50 34.14	700m: 7:54.36	33.32	1100m: 12:27.77	34.30	1500m: 17:00.67	31.78
	350m: 3:56.78 34.28	750m: 8:28.04	33.68	1150m: 13:02.29	34.52		
	400m: 4:30.87 34.09	800m: 9:02.50	34.46	1200m: 13:37.15	34.86		
4.	Rui Miguel Pires	01	Nautico Marinha Grande	17:13.63	+0,73	598	
	50m: 30.06 30.06	450m: 5:07.71	34.96	850m: 9:45.30	34.77	1250m: 14:23.32	34.80
	100m: 1:04.01 33.95	500m: 5:42.59	34.88	900m: 10:20.13	34.83	1300m: 14:58.19	34.87
	150m: 1:39.07 35.06	550m: 6:17.49	34.90	950m: 10:54.45	34.32	1350m: 15:32.57	34.38
	200m: 2:13.69 34.62	600m: 6:52.72	35.23	1000m: 11:28.98	34.53	1400m: 16:06.90	34.33
	250m: 2:48.70 35.01	650m: 7:27.27	34.55	1050m: 12:03.45	34.47	1450m: 16:41.20	34.30
	300m: 3:23.34 34.64	700m: 8:02.34	35.07	1100m: 12:38.63	35.18	1500m: 17:13.63	32.43
	350m: 3:57.86 34.52	750m: 8:36.39	34.05	1150m: 13:13.61	34.98		
	400m: 4:32.75 34.89	800m: 9:10.53	34.14	1200m: 13:48.52	34.91		
5.	Jose Maria Pereira	01	Sporting	17:21.38	+0,79	585	
	50m: 30.34 30.34	450m: 5:06.58	34.66	850m: 9:46.52	35.07	1250m: 14:27.71	35.25
	100m: 1:03.86 33.52	500m: 5:41.64	35.06	900m: 10:21.86	35.34	1300m: 15:03.00	35.29
	150m: 1:37.87 34.01	550m: 6:16.34	34.70	950m: 10:56.84	34.98	1350m: 15:37.94	34.94
	200m: 2:12.82 34.95	600m: 6:51.24	34.90	1000m: 11:32.36	35.52	1400m: 16:13.33	35.39
	250m: 2:47.34 34.52	650m: 7:26.15	34.91	1050m: 12:07.03	34.67	1450m: 16:47.75	34.42
	300m: 3:22.20 34.86	700m: 8:01.15	35.00	1100m: 12:42.33	35.30	1500m: 17:21.38	33.63
	350m: 3:56.84 34.64	750m: 8:36.26	35.11	1150m: 13:17.32	34.99		
	400m: 4:31.92 35.08	800m: 9:11.45	35.19	1200m: 13:52.46	35.14		
6.	Joao Peixoto Pereira	01	Braga	17:26.21	+0,84	577	
	50m: 30.37 30.37	450m: 5:02.15	33.86	850m: 9:43.51	34.98	1250m: 14:28.63	35.94
	100m: 1:03.91 33.54	500m: 5:37.48	35.33	900m: 10:18.80	35.29	1300m: 15:04.42	35.79
	150m: 1:37.09 33.18	550m: 6:12.64	35.16	950m: 10:54.19	35.39	1350m: 15:40.86	36.44
	200m: 2:11.53 34.44	600m: 6:48.52	35.88	1000m: 11:29.83	35.64	1400m: 16:17.52	36.66
	250m: 2:45.60 34.07	650m: 7:23.24	34.72	1050m: 12:04.64	34.81	1450m: 16:53.81	36.29
	300m: 3:20.79 35.19	700m: 7:58.30	35.06	1100m: 12:40.26	35.62	1500m: 17:26.21	32.40
	350m: 3:53.89 33.10	750m: 8:33.38	35.08	1150m: 13:16.41	36.15		
	400m: 4:28.29 34.40	800m: 9:08.53	35.15	1200m: 13:52.69	36.28		
7.	David Matias Cristino	01	Individual ANL	17:27.69	+0,73	574	
	50m: 31.35 31.35	450m: 5:05.97	34.37	850m: 9:45.97	35.59	1250m: 14:32.26	35.95
	100m: 1:05.80 34.45	500m: 5:40.25	34.28	900m: 10:21.38	35.41	1300m: 15:08.25	35.99
	150m: 1:40.53 34.73	550m: 6:15.03	34.78	950m: 10:57.20	35.82	1350m: 15:43.46	35.21
	200m: 2:14.51 33.98	600m: 6:49.88	34.85	1000m: 11:33.17	35.97	1400m: 16:19.04	35.58
	250m: 2:48.67 34.16	650m: 7:24.73	34.85	1050m: 12:09.18	36.01	1450m: 16:53.83	34.79
	300m: 3:22.86 34.19	700m: 7:59.88	35.15	1100m: 12:45.06	35.88	1500m: 17:27.69	33.86
	350m: 3:57.30 34.44	750m: 8:35.21	35.33	1150m: 13:20.96	35.90		
	400m: 4:31.60 34.30	800m: 9:10.38	35.17	1200m: 13:56.31	35.35		
8.	Joao Leite Saraiva	01	Famalicao	17:31.82	+0,74	567	
	50m: 30.94 30.94	450m: 5:11.63	34.83	850m: 9:54.18	35.35	1250m: 14:37.78	35.62
	100m: 1:05.29 34.35	500m: 5:46.69	35.06	900m: 10:29.77	35.59	1300m: 15:12.85	35.07
	150m: 1:40.74 35.45	550m: 6:21.99	35.30	950m: 11:05.04	35.27	1350m: 15:48.42	35.57
	200m: 2:16.00 35.26	600m: 6:57.50	35.51	1000m: 11:40.61	35.57	1400m: 16:23.63	35.21
	250m: 2:51.43 35.43	650m: 7:33.02	35.52	1050m: 12:15.99	35.38	1450m: 16:58.90	35.27
	300m: 3:26.47 35.04	700m: 8:08.30	35.28	1100m: 12:51.09	35.10	1500m: 17:31.82	32.92
	350m: 4:01.65 35.18	750m: 8:43.53	35.23	1150m: 13:26.43	35.34		
	400m: 4:36.80 35.15	800m: 9:18.83	35.30	1200m: 14:02.16	35.73		

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Joao Mano Costa	01	Braga	17:32.66	+0,75	566	
	50m: 32.39 32.39	450m: 5:12.65 35.58	850m: 9:53.76 34.85	1250m: 14:39.15 34.98			
	100m: 1:06.60 34.21	500m: 5:48.16 35.51	900m: 10:29.67 35.91	1300m: 15:14.99 35.84			
	150m: 1:41.28 34.68	550m: 6:22.84 34.68	950m: 11:05.04 35.37	1350m: 15:50.39 35.40			
	200m: 2:16.42 35.14	600m: 6:58.24 35.40	1000m: 11:40.83 35.79	1400m: 16:26.11 35.72			
	250m: 2:51.42 35.00	650m: 7:33.46 35.22	1050m: 12:16.66 35.83	1450m: 17:00.08 33.97			
	300m: 3:26.28 34.86	700m: 8:08.67 35.21	1100m: 12:52.59 35.93	1500m: 17:32.66 32.58			
	350m: 4:01.59 35.31	750m: 8:43.81 35.14	1150m: 13:28.07 35.48				
	400m: 4:37.07 35.48	800m: 9:18.91 35.10	1200m: 14:04.17 36.10				
10.	David Joao Tinoco	01	Columbofila Cantanhedense	17:42.53	+1,04	550	
	50m: 31.54 31.54	450m: 5:10.78 35.45	850m: 9:55.10 35.51	1250m: 14:42.88 36.24			
	100m: 1:05.64 34.10	500m: 5:46.24 35.46	900m: 10:31.02 35.92	1300m: 15:18.98 36.10			
	150m: 1:40.69 35.05	550m: 6:21.61 35.37	950m: 11:06.87 35.85	1350m: 15:55.54 36.56			
	200m: 2:15.22 34.53	600m: 6:57.46 35.85	1000m: 11:42.67 35.80	1400m: 16:31.67 36.13			
	250m: 2:50.14 34.92	650m: 7:32.96 35.50	1050m: 12:18.68 36.01	1450m: 17:07.70 36.03			
	300m: 3:25.16 35.02	700m: 8:08.48 35.52	1100m: 12:54.76 36.08	1500m: 17:42.53 34.83			
	350m: 4:00.41 35.25	750m: 8:44.19 35.71	1150m: 13:30.75 35.99				
	400m: 4:35.33 34.92	800m: 9:19.59 35.40	1200m: 14:06.64 35.89				
11.	Joao Jose Calado	01	Nautico Abrantes	17:49.08	+0,65	540	
	50m: 29.60 29.60	450m: 5:07.06 35.75	850m: 9:57.63 35.66	1250m: 14:50.55 36.91			
	100m: 1:02.60 33.00	500m: 5:43.26 36.20	900m: 10:35.05 37.42	1300m: 15:27.69 37.14			
	150m: 1:36.51 33.91	550m: 6:19.33 36.07	950m: 11:11.01 35.96	1350m: 16:03.06 35.37			
	200m: 2:11.12 34.61	600m: 6:55.58 36.25	1000m: 11:47.57 36.56	1400m: 16:39.96 36.90			
	250m: 2:45.62 34.50	650m: 7:31.95 36.37	1050m: 12:23.82 36.25	1450m: 17:15.55 35.59			
	300m: 3:20.58 34.96	700m: 8:08.68 36.73	1100m: 13:00.18 36.36	1500m: 17:49.08 33.53			
	350m: 3:55.66 35.08	750m: 8:45.52 36.84	1150m: 13:36.86 36.68				
	400m: 4:31.31 35.65	800m: 9:21.97 36.45	1200m: 14:13.64 36.78				
12.	Diogo Alexandre Casteleiro	01	Sporting	17:54.32	+0,84	532	
	50m: 31.28 31.28	450m: 5:18.46 36.03	850m: 10:05.79 35.83	1250m: 14:53.86 36.12			
	100m: 1:06.62 35.34	500m: 5:54.15 35.69	900m: 10:41.87 36.08	1300m: 15:30.13 36.27			
	150m: 1:42.01 35.39	550m: 6:29.83 35.68	950m: 11:17.95 36.08	1350m: 16:06.60 36.47			
	200m: 2:18.41 36.40	600m: 7:05.84 36.01	1000m: 11:53.98 36.03	1400m: 16:42.46 35.86			
	250m: 2:53.86 35.45	650m: 7:41.75 35.91	1050m: 12:29.78 35.80	1450m: 17:18.55 36.09			
	300m: 3:30.29 36.43	700m: 8:18.00 36.25	1100m: 13:05.61 35.83	1500m: 17:54.32 35.77			
	350m: 4:06.17 35.88	750m: 8:53.90 35.90	1150m: 13:41.46 35.85				
	400m: 4:42.43 36.26	800m: 9:29.96 36.06	1200m: 14:17.74 36.28				
13.	Afonso Varelas Silva	01	Nautico Marinha Grande	18:00.88	+0,73	523	
	50m: 30.95 30.95	450m: 5:17.05 36.22	850m: 10:06.92 35.91	1250m: 14:58.63 36.93			
	100m: 1:05.44 34.49	500m: 5:53.03 35.98	900m: 10:42.81 35.89	1300m: 15:35.25 36.62			
	150m: 1:41.51 36.07	550m: 6:29.74 36.71	950m: 11:18.98 36.17	1350m: 16:12.49 37.24			
	200m: 2:16.96 35.45	600m: 7:05.47 35.73	1000m: 11:55.33 36.35	1400m: 16:49.29 36.80			
	250m: 2:53.22 36.26	650m: 7:42.24 36.77	1050m: 12:31.96 36.63	1450m: 17:25.78 36.49			
	300m: 3:28.47 35.25	700m: 8:18.42 36.18	1100m: 13:08.23 36.27	1500m: 18:00.88 35.10			
	350m: 4:04.85 36.38	750m: 8:54.68 36.26	1150m: 13:44.99 36.76				
	400m: 4:40.83 35.98	800m: 9:31.01 36.33	1200m: 14:21.70 36.71				
14.	Diogo Franco Martins	01	20Km de Almeirim	18:07.42	+0,78	513	
	50m: 31.55 31.55	450m: 5:18.52 35.74	850m: 10:09.83 36.87	1250m: 15:04.76 36.98			
	100m: 1:06.18 34.63	500m: 5:53.88 35.36	900m: 10:46.16 36.33	1300m: 15:41.50 36.74			
	150m: 1:42.10 35.92	550m: 6:30.25 36.37	950m: 11:22.74 36.58	1350m: 16:18.76 37.26			
	200m: 2:17.71 35.61	600m: 7:06.66 36.41	1000m: 12:00.16 37.42	1400m: 16:55.31 36.55			
	250m: 2:54.38 36.67	650m: 7:42.98 36.32	1050m: 12:37.51 37.35	1450m: 17:31.49 36.18			
	300m: 3:30.41 36.03	700m: 8:19.44 36.46	1100m: 13:13.95 36.44	1500m: 18:07.42 35.93			
	350m: 4:06.71 36.30	750m: 8:56.52 37.08	1150m: 13:51.26 37.31				
	400m: 4:42.78 36.07	800m: 9:32.96 36.44	1200m: 14:27.78 36.52				

Prova 1, Masc., 1500m Livres

Prova 1
21-07-2016 - 17:10

Masc., 1500m Livres

Juvenis A
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Roberto Donald Gomes	00	Alges	16:09.62	+0,79	724	
	50m: 29.57 29.57	450m: 4:49.44 32.49	850m: 9:08.49 32.72	1250m: 13:29.29 33.01			
	100m: 1:01.24 31.67	500m: 5:21.94 32.50	900m: 9:40.96 32.47	1300m: 14:01.94 32.65			
	150m: 1:33.54 32.30	550m: 5:54.38 32.44	950m: 10:13.67 32.71	1350m: 14:34.60 32.66			
	200m: 2:06.05 32.51	600m: 6:26.60 32.22	1000m: 10:45.98 32.31	1400m: 15:07.08 32.48			
	250m: 2:38.68 32.63	650m: 6:58.93 32.33	1050m: 11:19.29 33.31	1450m: 15:39.53 32.45			
	300m: 3:11.50 32.82	700m: 7:31.24 32.31	1100m: 11:51.61 32.32	1500m: 16:09.62 30.09			
	350m: 3:44.48 32.98	750m: 8:03.60 32.36	1150m: 12:24.17 32.56				
	400m: 4:16.95 32.47	800m: 8:35.77 32.17	1200m: 12:56.28 32.11				
2.	Jose Paulo Lopes	00	Braga	16:14.26	+0,73	714	
	50m: 29.68 29.68	450m: 4:49.26 32.47	850m: 9:08.78 32.48	1250m: 13:30.45 32.74			
	100m: 1:01.74 32.06	500m: 5:21.98 32.72	900m: 9:41.29 32.51	1300m: 14:03.53 33.08			
	150m: 1:33.80 32.06	550m: 5:54.28 32.30	950m: 10:13.82 32.53	1350m: 14:36.72 33.19			
	200m: 2:06.39 32.59	600m: 6:26.92 32.64	1000m: 10:46.53 32.71	1400m: 15:10.04 33.32			
	250m: 2:38.70 32.31	650m: 6:59.10 32.18	1050m: 11:19.40 32.87	1450m: 15:42.80 32.76			
	300m: 3:11.34 32.64	700m: 7:31.48 32.38	1100m: 11:52.21 32.81	1500m: 16:14.26 31.46			
	350m: 3:44.11 32.77	750m: 8:03.85 32.37	1150m: 12:24.82 32.61				
	400m: 4:16.79 32.68	800m: 8:36.30 32.45	1200m: 12:57.71 32.89				
3.	Sergio Filipe Travanca	00	Fluvial Portuense	16:35.80	+0,70	669	
	50m: 29.96 29.96	450m: 4:55.62 33.40	850m: 9:23.51 33.22	1250m: 13:51.08 32.79			
	100m: 1:02.73 32.77	500m: 5:29.30 33.68	900m: 9:57.24 33.73	1300m: 14:24.73 33.65			
	150m: 1:35.11 32.38	550m: 6:02.69 33.39	950m: 10:30.73 33.49	1350m: 14:58.10 33.37			
	200m: 2:08.67 33.56	600m: 6:36.40 33.71	1000m: 11:04.42 33.69	1400m: 15:31.88 33.78			
	250m: 2:41.45 32.78	650m: 7:09.62 33.22	1050m: 11:37.64 33.22	1450m: 16:04.15 32.27			
	300m: 3:15.14 33.69	700m: 7:43.23 33.61	1100m: 12:11.28 33.64	1500m: 16:35.80 31.65			
	350m: 3:48.47 33.33	750m: 8:16.67 33.44	1150m: 12:44.57 33.29				
	400m: 4:22.22 33.75	800m: 8:50.29 33.62	1200m: 13:18.29 33.72				
4.	Filipe Miguel Santo	00	Sporting	16:36.05	+0,84	668	
	50m: 30.40 30.40	450m: 4:51.62 32.75	850m: 9:17.97 33.53	1250m: 13:48.42 33.96			
	100m: 1:02.83 32.43	500m: 5:24.35 32.73	900m: 9:51.81 33.84	1300m: 14:22.35 33.93			
	150m: 1:35.57 32.74	550m: 5:57.24 32.89	950m: 10:25.57 33.76	1350m: 14:56.12 33.77			
	200m: 2:08.31 32.74	600m: 6:30.28 33.04	1000m: 10:59.24 33.67	1400m: 15:29.98 33.86			
	250m: 2:41.10 32.79	650m: 7:03.66 33.38	1050m: 11:33.18 33.94	1450m: 16:03.29 33.31			
	300m: 3:13.48 32.38	700m: 7:37.10 33.44	1100m: 12:06.83 33.65	1500m: 16:36.05 32.76			
	350m: 3:46.13 32.65	750m: 8:10.70 33.60	1150m: 12:40.64 33.81				
	400m: 4:18.87 32.74	800m: 8:44.44 33.74	1200m: 13:14.46 33.82				
5.	Sebastiao Mendes Gomes	00	Pimpoes/Cimai	16:58.61	+0,77	625	
	50m: 30.31 30.31	450m: 5:01.96 34.11	850m: 9:34.03 33.74	1250m: 14:10.61 35.55			
	100m: 1:04.11 33.80	500m: 5:35.56 33.60	900m: 10:07.92 33.89	1300m: 14:44.32 33.71			
	150m: 1:38.05 33.94	550m: 6:09.58 34.02	950m: 10:41.87 33.95	1350m: 15:18.18 33.86			
	200m: 2:11.40 33.35	600m: 6:44.17 34.59	1000m: 11:16.86 34.99	1400m: 15:52.82 34.64			
	250m: 2:45.54 34.14	650m: 7:18.00 33.83	1050m: 11:51.01 34.15	1450m: 16:26.10 33.28			
	300m: 3:19.91 34.37	700m: 7:52.00 34.00	1100m: 12:25.65 34.64	1500m: 16:58.61 32.51			
	350m: 3:53.44 33.53	750m: 8:26.24 34.24	1150m: 13:00.80 35.15				
	400m: 4:27.85 34.41	800m: 9:00.29 34.05	1200m: 13:35.06 34.26				

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Diogo Moreno Bastos	00	Fluvial Portuense	17:15.01	+0,79	596	
	50m: 30.30 30.30	450m: 5:06.79 34.67	850m: 9:45.06 34.94	1250m: 14:24.59 35.05			
	100m: 1:03.89 33.59	500m: 5:41.34 34.55	900m: 10:19.97 34.91	1300m: 14:59.43 34.84			
	150m: 1:38.38 34.49	550m: 6:16.14 34.80	950m: 10:55.08 35.11	1350m: 15:34.27 34.84			
	200m: 2:12.84 34.46	600m: 6:50.90 34.76	1000m: 11:29.91 34.83	1400m: 16:09.00 34.73			
	250m: 2:47.74 34.90	650m: 7:25.80 34.90	1050m: 12:04.91 35.00	1450m: 16:43.37 34.37			
	300m: 3:22.28 34.54	700m: 8:00.40 34.60	1100m: 12:39.52 34.61	1500m: 17:15.01 31.64			
	350m: 3:57.39 35.11	750m: 8:35.45 35.05	1150m: 13:14.71 35.19				
	400m: 4:32.12 34.73	800m: 9:10.12 34.67	1200m: 13:49.54 34.83				
7.	Pedro Barata Neves	00	Laranjeiro	17:17.50	+0,68	591	
	50m: 30.89 30.89	450m: 5:07.83 35.01	850m: 9:47.73 34.89	1250m: 14:26.73 35.15			
	100m: 1:04.38 33.49	500m: 5:42.78 34.95	900m: 10:22.88 35.15	1300m: 15:01.28 34.55			
	150m: 1:39.09 34.71	550m: 6:18.10 35.32	950m: 10:58.00 35.12	1350m: 15:36.13 34.85			
	200m: 2:13.71 34.62	600m: 6:52.65 34.55	1000m: 11:32.56 34.56	1400m: 16:10.77 34.64			
	250m: 2:48.90 35.19	650m: 7:28.06 35.41	1050m: 12:07.80 35.24	1450m: 16:45.00 34.23			
	300m: 3:23.71 34.81	700m: 8:02.87 34.81	1100m: 12:43.39 35.59	1500m: 17:17.50 32.50			
	350m: 3:58.27 34.56	750m: 8:37.66 34.79	1150m: 13:17.65 34.26				
	400m: 4:32.82 34.55	800m: 9:12.84 35.18	1200m: 13:51.58 33.93				
8.	Nuno Correia Sousa	00	Fluvial Portuense	17:27.32	+0,81	575	
	50m: 29.35 29.35	450m: 5:05.72 35.17	850m: 9:48.66 35.52	1250m: 14:32.89 35.80			
	100m: 1:02.22 32.87	500m: 5:40.59 34.87	900m: 10:23.96 35.30	1300m: 15:08.12 35.23			
	150m: 1:36.54 34.32	550m: 6:16.02 35.43	950m: 10:59.65 35.69	1350m: 15:43.73 35.61			
	200m: 2:10.89 34.35	600m: 6:51.37 35.35	1000m: 11:34.85 35.20	1400m: 16:18.57 34.84			
	250m: 2:45.92 35.03	650m: 7:27.20 35.83	1050m: 12:10.37 35.52	1450m: 16:53.81 35.24			
	300m: 3:20.40 34.48	700m: 8:02.27 35.07	1100m: 12:45.77 35.40	1500m: 17:27.32 33.51			
	350m: 3:55.90 35.50	750m: 8:37.88 35.61	1150m: 13:21.65 35.88				
	400m: 4:30.55 34.65	800m: 9:13.14 35.26	1200m: 13:57.09 35.44				
9.	Goncalo Duarte Santos	00	Natacao de Faro	17:32.56	+0,84	566	
	50m: 30.38 30.38	450m: 5:07.36 35.12	850m: 9:50.39 35.41	1250m: 14:37.13 35.72			
	100m: 1:03.92 33.54	500m: 5:42.70 35.34	900m: 10:25.91 35.52	1300m: 15:12.56 35.43			
	150m: 1:38.36 34.44	550m: 6:18.03 35.33	950m: 11:01.63 35.72	1350m: 15:48.03 35.47			
	200m: 2:13.07 34.71	600m: 6:53.21 35.18	1000m: 11:38.13 36.50	1400m: 16:23.45 35.42			
	250m: 2:47.69 34.62	650m: 7:28.24 35.03	1050m: 12:14.05 35.92	1450m: 16:58.33 34.88			
	300m: 3:22.51 34.82	700m: 8:03.61 35.37	1100m: 12:49.87 35.82	1500m: 17:32.56 34.23			
	350m: 3:57.67 35.16	750m: 8:39.32 35.71	1150m: 13:25.78 35.91				
	400m: 4:32.24 34.57	800m: 9:14.98 35.66	1200m: 14:01.41 35.63				
10.	Bernardo Marques Goncalves	00	Galitos / Bresimar	17:41.25	+0,76	552	
	50m: 30.02 30.02	450m: 5:04.92 34.96	850m: 9:50.44 35.85	1250m: 14:40.79 36.33			
	100m: 1:03.50 33.48	500m: 5:40.38 35.46	900m: 10:26.71 36.27	1300m: 15:17.34 36.55			
	150m: 1:37.24 33.74	550m: 6:15.69 35.31	950m: 11:02.63 35.92	1350m: 15:53.35 36.01			
	200m: 2:11.58 34.34	600m: 6:51.33 35.64	1000m: 11:38.95 36.32	1400m: 16:29.84 36.49			
	250m: 2:45.75 34.17	650m: 7:26.70 35.37	1050m: 12:15.02 36.07	1450m: 17:05.63 35.79			
	300m: 3:20.43 34.68	700m: 8:02.80 36.10	1100m: 12:51.33 36.31	1500m: 17:41.25 35.62			
	350m: 3:54.87 34.44	750m: 8:38.45 35.65	1150m: 13:27.85 36.52				
	400m: 4:29.96 35.09	800m: 9:14.59 36.14	1200m: 14:04.46 36.61				
11.	Joao Diogo Soares	00	Fluvial Portuense	17:47.11	+0,76	543	
	50m: 31.59 31.59	450m: 5:10.72 35.25	850m: 9:58.64 35.93	1250m: 14:48.17 35.65			
	100m: 1:05.88 34.29	500m: 5:46.28 35.56	900m: 10:34.85 36.21	1300m: 15:24.86 36.69			
	150m: 1:40.24 34.36	550m: 6:22.12 35.84	950m: 11:10.81 35.96	1350m: 16:01.00 36.14			
	200m: 2:15.21 34.97	600m: 6:58.12 36.00	1000m: 11:46.99 36.18	1400m: 16:37.03 36.03			
	250m: 2:50.05 34.84	650m: 7:34.22 36.10	1050m: 12:23.53 36.54	1450m: 17:12.78 35.75			
	300m: 3:25.08 35.03	700m: 8:10.55 36.33	1100m: 13:00.08 36.55	1500m: 17:47.11 34.33			
	350m: 4:00.08 35.00	750m: 8:46.82 36.27	1150m: 13:36.10 36.02				
	400m: 4:35.47 35.39	800m: 9:22.71 35.89	1200m: 14:12.52 36.42				

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Francisco Silva Pinheiro	00	Alges	17:48.30	+0,82	542	
	50m: 30.19 30.19	450m: 5:09.29	35.25	850m: 9:57.58	35.56	1250m: 14:50.52	36.74
	100m: 1:04.04 33.85	500m: 5:45.16	35.87	900m: 10:34.54	36.96	1300m: 15:27.65	37.13
	150m: 1:38.83 34.79	550m: 6:20.74	35.58	950m: 11:10.49	35.95	1350m: 16:03.45	35.80
	200m: 2:13.92 35.09	600m: 6:57.37	36.63	1000m: 11:47.19	36.70	1400m: 16:40.21	36.76
	250m: 2:48.57 34.65	650m: 7:33.20	35.83	1050m: 12:23.39	36.20	1450m: 17:15.69	35.48
	300m: 3:23.80 35.23	700m: 8:09.67	36.47	1100m: 13:00.03	36.64	1500m: 17:48.30	32.61
	350m: 3:58.45 34.65	750m: 8:45.62	35.95	1150m: 13:36.54	36.51		
	400m: 4:34.04 35.59	800m: 9:22.02	36.40	1200m: 14:13.78	37.24		
13.	David Dias Lima	00	Vilacondense	17:54.42	+0,80	532	
	50m: 31.97 31.97	450m: 5:19.53	36.03	850m: 10:09.68	36.10	1250m: 14:57.71	36.34
	100m: 1:06.36 34.39	500m: 5:55.58	36.05	900m: 10:45.25	35.57	1300m: 15:33.33	35.62
	150m: 1:42.50 36.14	550m: 6:31.41	35.83	950m: 11:20.92	35.67	1350m: 16:09.73	36.40
	200m: 2:17.79 35.29	600m: 7:07.98	36.57	1000m: 11:57.10	36.18	1400m: 16:45.02	35.29
	250m: 2:54.55 36.76	650m: 7:44.49	36.51	1050m: 12:33.75	36.65	1450m: 17:20.18	35.16
	300m: 3:30.83 36.28	700m: 8:20.52	36.03	1100m: 13:09.36	35.61	1500m: 17:54.42	34.24
	350m: 4:07.29 36.46	750m: 8:56.97	36.45	1150m: 13:45.37	36.01		
	400m: 4:43.50 36.21	800m: 9:33.58	36.61	1200m: 14:21.37	36.00		
14.	Sergio Eduardo Dias	00	Aquatico Pacense	18:02.57	+0,91	520	
	50m: 32.78 32.78	450m: 5:19.43	35.86	850m: 10:10.58	37.45	1250m: 15:03.90	37.06
	100m: 1:07.34 34.56	500m: 5:55.60	36.17	900m: 10:46.93	36.35	1300m: 15:39.95	36.05
	150m: 1:42.99 35.65	550m: 6:31.12	35.52	950m: 11:23.33	36.40	1350m: 16:16.27	36.32
	200m: 2:19.10 36.11	600m: 7:07.70	36.58	1000m: 12:00.08	36.75	1400m: 16:52.73	36.46
	250m: 2:55.25 36.15	650m: 7:43.92	36.22	1050m: 12:36.96	36.88	1450m: 17:28.37	35.64
	300m: 3:31.36 36.11	700m: 8:20.19	36.27	1100m: 13:13.37	36.41	1500m: 18:02.57	34.20
	350m: 4:08.01 36.65	750m: 8:57.24	37.05	1150m: 13:50.37	37.00		
	400m: 4:43.57 35.56	800m: 9:33.13	35.89	1200m: 14:26.84	36.47		
15.	Tomas Quintas Neves	00	Desportiva de Viana	18:03.63	+0,91	519	
	50m: 33.16 33.16	450m: 5:21.57	36.38	850m: 10:10.95	36.91	1250m: 15:02.11	36.68
	100m: 1:08.22 35.06	500m: 5:57.15	35.58	900m: 10:47.05	36.10	1300m: 15:38.52	36.41
	150m: 1:43.98 35.76	550m: 6:33.90	36.75	950m: 11:22.84	35.79	1350m: 16:15.52	37.00
	200m: 2:19.92 35.94	600m: 7:09.45	35.55	1000m: 11:58.55	35.71	1400m: 16:52.09	36.57
	250m: 2:56.32 36.40	650m: 7:45.86	36.41	1050m: 12:35.27	36.72	1450m: 17:28.21	36.12
	300m: 3:32.70 36.38	700m: 8:21.64	35.78	1100m: 13:11.54	36.27	1500m: 18:03.63	35.42
	350m: 4:09.22 36.52	750m: 8:58.34	36.70	1150m: 13:48.68	37.14		
	400m: 4:45.19 35.97	800m: 9:34.04	35.70	1200m: 14:25.43	36.75		
16.	Tiago Andre Jorge	00	Ba/Bomcar	18:05.67	+0,70	516	
	50m: 29.71 29.71	450m: 5:13.59	35.81	850m: 10:04.60	36.52	1250m: 15:00.76	36.82
	100m: 1:04.47 34.76	500m: 5:49.88	36.29	900m: 10:41.61	37.01	1300m: 15:38.71	37.95
	150m: 1:39.31 34.84	550m: 6:25.42	35.54	950m: 11:18.27	36.66	1350m: 16:15.86	37.15
	200m: 2:15.29 35.98	600m: 7:01.91	36.49	1000m: 11:55.51	37.24	1400m: 16:53.51	37.65
	250m: 2:50.49 35.20	650m: 7:38.08	36.17	1050m: 12:32.32	36.81	1450m: 17:29.70	36.19
	300m: 3:26.24 35.75	700m: 8:14.67	36.59	1100m: 13:09.68	37.36	1500m: 18:05.67	35.97
	350m: 4:01.62 35.38	750m: 8:51.24	36.57	1150m: 13:46.51	36.83		
	400m: 4:37.78 36.16	800m: 9:28.08	36.84	1200m: 14:23.94	37.43		
17.	Tiago Miguel Novais	00	Desportiva de Viana	18:09.08	+0,78	511	
	50m: 31.15 31.15	450m: 5:19.42	36.65	850m: 10:13.20	36.04	1250m: 15:07.69	38.08
	100m: 1:06.03 34.88	500m: 5:56.24	36.82	900m: 10:49.04	35.84	1300m: 15:45.03	37.34
	150m: 1:41.37 35.34	550m: 6:33.08	36.84	950m: 11:25.01	35.97	1350m: 16:22.09	37.06
	200m: 2:16.98 35.61	600m: 7:09.77	36.69	1000m: 12:01.20	36.19	1400m: 16:59.18	37.09
	250m: 2:53.24 36.26	650m: 7:46.71	36.94	1050m: 12:38.34	37.14	1450m: 17:34.80	35.62
	300m: 3:29.28 36.04	700m: 8:24.05	37.34	1100m: 13:15.34	37.00	1500m: 18:09.08	34.28
	350m: 4:05.88 36.60	750m: 9:01.11	37.06	1150m: 13:52.71	37.37		
	400m: 4:42.77 36.89	800m: 9:37.16	36.05	1200m: 14:29.61	36.90		

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA	Pts	
18.	Alexandre Teixeira Marcos			00	Louletano / Loule Concelho		18:30.92		+0,79	481		
	50m:	30.15	30.15	450m:	5:21.74	36.72	850m:	10:23.14	37.43	1250m:	15:25.76	37.30
	100m:	1:04.41	34.26	500m:	5:59.41	37.67	900m:	11:01.39	38.25	1300m:	16:04.15	38.39
	150m:	1:39.45	35.04	550m:	6:36.80	37.39	950m:	11:38.54	37.15	1350m:	16:41.71	37.56
	200m:	2:15.87	36.42	600m:	7:14.74	37.94	1000m:	12:16.82	38.28	1400m:	17:19.36	37.65
	250m:	2:52.08	36.21	650m:	7:52.37	37.63	1050m:	12:54.56	37.74	1450m:	17:55.23	35.87
	300m:	3:29.74	37.66	700m:	8:30.48	38.11	1100m:	13:32.89	38.33	1500m:	18:30.92	35.69
	350m:	4:06.55	36.81	750m:	9:07.61	37.13	1150m:	14:10.29	37.40			
	400m:	4:45.02	38.47	800m:	9:45.71	38.10	1200m:	14:48.46	38.17			
19.	Filipe Asseiceira Ramos			00	Torres Novas		18:41.65		+0,78	468		
	50m:	31.32	31.32	450m:	5:23.55	38.56	850m:	10:28.45	38.35	1250m:	15:35.83	38.82
	100m:	1:05.66	34.34	500m:	6:01.49	37.94	900m:	11:07.26	38.81	1300m:	16:13.89	38.06
	150m:	1:40.80	35.14	550m:	6:39.28	37.79	950m:	11:46.32	39.06	1350m:	16:51.54	37.65
	200m:	2:16.31	35.51	600m:	7:17.25	37.97	1000m:	12:24.83	38.51	1400m:	17:29.71	38.17
	250m:	2:53.52	37.21	650m:	7:55.48	38.23	1050m:	13:02.31	37.48	1450m:	18:07.53	37.82
	300m:	3:29.90	36.38	700m:	8:34.19	38.71	1100m:	13:39.93	37.62	1500m:	18:41.65	34.12
	350m:	4:08.10	38.20	750m:	9:12.72	38.53	1150m:	14:18.24	38.31			
	400m:	4:44.99	36.89	800m:	9:50.10	37.38	1200m:	14:57.01	38.77			

Prova 1
21-07-2016 - 17:10
Masc., 1500m Livres
Junior 17
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Jun17	15:43.45	Guilherme Filipe Pina	POR	Singapore (SIN)	30-08-2015

Pontos: FINA 2016

Lugar	Nome		Ano	Clube		Tempo Final		TReac	Pts FINA	Pts	
1.	Antonio Fernando Pinto		99	Lousada SXXI		15:54.16		+0,86	760		
	50m:	28.94	28.94	450m:	4:41.11	32.12	850m:	8:57.94	32.04	1250m: 13:14.67	32.25
	100m:	1:00.23	31.29	500m:	5:13.15	32.04	900m:	9:29.56	31.62	1300m: 13:46.85	32.18
	150m:	1:31.79	31.56	550m:	5:45.60	32.45	950m:	10:01.64	32.08	1350m: 14:19.37	32.52
	200m:	2:02.89	31.10	600m:	6:17.40	31.80	1000m:	10:33.85	32.21	1400m: 14:51.57	32.20
	250m:	2:34.46	31.57	650m:	6:49.62	32.22	1050m:	11:06.12	32.27	1450m: 15:23.27	31.70
	300m:	3:05.67	31.21	700m:	7:21.55	31.93	1100m:	11:38.24	32.12	1500m: 15:54.16	30.89
	350m:	3:37.44	31.77	750m:	7:53.99	32.44	1150m:	12:10.50	32.26		
	400m:	4:08.99	31.55	800m:	8:25.90	31.91	1200m:	12:42.42	31.92		
2.	Joao Daniel Machado		99	Uniao Piedense		16:37.41		+0,68	665		
	50m:	29.70	29.70	450m:	4:54.74	33.58	850m:	9:21.61	33.58	1250m: 13:50.47	33.71
	100m:	1:01.76	32.06	500m:	5:28.04	33.30	900m:	9:54.96	33.35	1300m: 14:24.20	33.73
	150m:	1:35.34	33.58	550m:	6:01.49	33.45	950m:	10:28.43	33.47	1350m: 14:57.98	33.78
	200m:	2:08.02	32.68	600m:	6:34.68	33.19	1000m:	11:02.14	33.71	1400m: 15:31.64	33.66
	250m:	2:41.45	33.43	650m:	7:08.23	33.55	1050m:	11:35.72	33.58	1450m: 16:04.63	32.99
	300m:	3:14.58	33.13	700m:	7:41.50	33.27	1100m:	12:09.40	33.68	1500m: 16:37.41	32.78
	350m:	3:47.92	33.34	750m:	8:14.83	33.33	1150m:	12:43.04	33.64		
	400m:	4:21.16	33.24	800m:	8:48.03	33.20	1200m:	13:16.76	33.72		
3.	Miguel Ribeiro Bate		99	Alges		16:41.24		+0,72	658		
	50m:	28.62	28.62	450m:	4:51.48	33.27	850m:	9:20.45	33.80	1250m: 13:53.17	34.15
	100m:	1:00.42	31.80	500m:	5:24.78	33.30	900m:	9:54.55	34.10	1300m: 14:27.32	34.15
	150m:	1:32.95	32.53	550m:	5:58.25	33.47	950m:	10:28.71	34.16	1350m: 15:01.69	34.37
	200m:	2:05.78	32.83	600m:	6:31.70	33.45	1000m:	11:02.65	33.94	1400m: 15:35.62	33.93
	250m:	2:38.64	32.86	650m:	7:05.09	33.39	1050m:	11:36.74	34.09	1450m: 16:09.42	33.80
	300m:	3:11.78	33.14	700m:	7:38.66	33.57	1100m:	12:10.81	34.07	1500m: 16:41.24	31.82
	350m:	3:44.97	33.19	750m:	8:12.63	33.97	1150m:	12:44.62	33.81		
	400m:	4:18.21	33.24	800m:	8:46.65	34.02	1200m:	13:19.02	34.40		

Prova 1, Masc., 1500m Livres, Junior 17

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Tomas Gomes Oliveira	99	Nautico Marinha Grande	16:55.64	+0,78	630	
	50m: 30.09 30.09	450m: 4:58.99 33.99	850m: 9:32.97 34.26	1250m: 14:06.75 34.55			
	100m: 1:02.63 32.54	500m: 5:33.15 34.16	900m: 10:07.22 34.25	1300m: 14:40.89 34.14			
	150m: 1:35.79 33.16	550m: 6:07.42 34.27	950m: 10:41.31 34.09	1350m: 15:15.10 34.21			
	200m: 2:09.23 33.44	600m: 6:41.35 33.93	1000m: 11:15.32 34.01	1400m: 15:49.20 34.10			
	250m: 2:42.74 33.51	650m: 7:15.98 34.63	1050m: 11:49.73 34.41	1450m: 16:23.24 34.04			
	300m: 3:16.63 33.89	700m: 7:50.21 34.23	1100m: 12:23.82 34.09	1500m: 16:55.64 32.40			
	350m: 3:50.82 34.19	750m: 8:24.48 34.27	1150m: 12:58.13 34.31				
	400m: 4:25.00 34.18	800m: 8:58.71 34.23	1200m: 13:32.20 34.07				
5.	Tiago Andre Carvalho	99	Academica de Coimbra	17:08.83	+0,70	606	
	50m: 30.80 30.80	450m: 5:06.00 34.25	850m: 9:40.91 34.49	1250m: 14:17.19 34.34			
	100m: 1:04.47 33.67	500m: 5:40.65 34.65	900m: 10:15.54 34.63	1300m: 14:51.41 34.22			
	150m: 1:38.64 34.17	550m: 6:14.66 34.01	950m: 10:49.74 34.20	1350m: 15:26.11 34.70			
	200m: 2:13.25 34.61	600m: 6:49.15 34.49	1000m: 11:24.46 34.72	1400m: 16:00.48 34.37			
	250m: 2:47.58 34.33	650m: 7:23.60 34.45	1050m: 11:59.18 34.72	1450m: 16:35.32 34.84			
	300m: 3:22.19 34.61	700m: 7:57.70 34.10	1100m: 12:33.80 34.62	1500m: 17:08.83 33.51			
	350m: 3:56.85 34.66	750m: 8:32.14 34.44	1150m: 13:08.44 34.64				
	400m: 4:31.75 34.90	800m: 9:06.42 34.28	1200m: 13:42.85 34.41				
6.	Bernardo Graca Rodrigues	99	Alges	17:16.61	+0,74	593	
	50m: 30.17 30.17	450m: 5:05.17 34.64	850m: 9:43.07 34.69	1250m: 14:22.79 35.09			
	100m: 1:03.52 33.35	500m: 5:39.76 34.59	900m: 10:17.91 34.84	1300m: 14:58.00 35.21			
	150m: 1:37.78 34.26	550m: 6:14.62 34.86	950m: 10:52.85 34.94	1350m: 15:32.97 34.97			
	200m: 2:12.09 34.31	600m: 6:49.31 34.69	1000m: 11:27.70 34.85	1400m: 16:07.88 34.91			
	250m: 2:46.94 34.85	650m: 7:24.16 34.85	1050m: 12:02.74 35.04	1450m: 16:42.87 34.99			
	300m: 3:21.45 34.51	700m: 7:58.87 34.71	1100m: 12:37.30 34.56	1500m: 17:16.61 33.74			
	350m: 3:55.94 34.49	750m: 8:33.76 34.89	1150m: 13:12.63 35.33				
	400m: 4:30.53 34.59	800m: 9:08.38 34.62	1200m: 13:47.70 35.07				
7.	Goncalo Faria Saldida	99	Natacao do Tejo	17:39.79	+0,79	555	
	50m: 32.57 32.57	450m: 5:11.65 35.80	850m: 9:56.31 36.14	1250m: 14:42.90 36.37			
	100m: 1:06.94 34.37	500m: 5:47.33 35.68	900m: 10:31.61 35.30	1300m: 15:18.88 35.98			
	150m: 1:41.51 34.57	550m: 6:23.30 35.97	950m: 11:07.35 35.74	1350m: 15:53.35 34.47			
	200m: 2:15.80 34.29	600m: 6:58.14 34.84	1000m: 11:43.76 36.41	1400m: 16:29.54 36.19			
	250m: 2:50.91 35.11	650m: 7:34.06 35.92	1050m: 12:18.42 34.66	1450m: 17:05.13 35.59			
	300m: 3:25.56 34.65	700m: 8:09.16 35.10	1100m: 12:54.39 35.97	1500m: 17:39.79 34.66			
	350m: 4:00.78 35.22	750m: 8:44.69 35.53	1150m: 13:30.85 36.46				
	400m: 4:35.85 35.07	800m: 9:20.17 35.48	1200m: 14:06.53 35.68				
8.	Goncalo Manuel Paquete	99	Fluvial Portuense	18:19.45	+0,71	497	
	50m: 30.46 30.46	450m: 5:13.83 36.72	850m: 10:11.20 36.46	1250m: 15:12.76 38.15			
	100m: 1:03.86 33.40	500m: 5:50.65 36.82	900m: 10:48.48 37.28	1300m: 15:50.43 37.67			
	150m: 1:38.59 34.73	550m: 6:28.23 37.58	950m: 11:25.64 37.16	1350m: 16:28.44 38.01			
	200m: 2:13.82 35.23	600m: 7:05.38 37.15	1000m: 12:02.71 37.07	1400m: 17:06.12 37.68			
	250m: 2:49.46 35.64	650m: 7:42.68 37.30	1050m: 12:40.41 37.70	1450m: 17:43.03 36.91			
	300m: 3:25.14 35.68	700m: 8:20.12 37.44	1100m: 13:18.40 37.99	1500m: 18:19.45 36.42			
	350m: 4:00.81 35.67	750m: 8:57.65 37.53	1150m: 13:56.73 38.33				
	400m: 4:37.11 36.30	800m: 9:34.74 37.09	1200m: 14:34.61 37.88				

Prova 1, Masc., 1500m Livres

Prova 1
21-07-2016 - 17:10

Masc., 1500m Livres

Junior 18
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Jun18	15:23.46	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	07-07-2016

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	15:35.17	+0,77	808	
	50m: 28.85 28.85	450m: 4:38.53 30.97	850m: 8:48.04 31.31	1250m: 12:58.62 31.60			
	100m: 59.49 30.64	500m: 5:09.64 31.11	900m: 9:19.32 31.28	1300m: 13:30.01 31.39			
	150m: 1:30.43 30.94	550m: 5:40.90 31.26	950m: 9:50.67 31.35	1350m: 14:01.42 31.41			
	200m: 2:01.98 31.55	600m: 6:11.78 30.88	1000m: 10:21.84 31.17	1400m: 14:32.82 31.40			
	250m: 2:33.08 31.10	650m: 6:43.01 31.23	1050m: 10:53.33 31.49	1450m: 15:04.25 31.43			
	300m: 3:04.67 31.59	700m: 7:14.03 31.02	1100m: 11:24.57 31.24	1500m: 15:35.17 30.92			
	350m: 3:36.01 31.34	750m: 7:45.28 31.25	1150m: 11:55.86 31.29				
	400m: 4:07.56 31.55	800m: 8:16.73 31.45	1200m: 12:27.02 31.16				
2.	Jose Paula Carvalho	98	Uniao Piedense	16:05.76	+0,70	733	
	50m: 28.90 28.90	450m: 4:45.27 32.79	850m: 9:07.08 32.25	1250m: 13:26.35 32.89			
	100m: 59.72 30.82	500m: 5:18.17 32.90	900m: 9:39.49 32.41	1300m: 13:58.73 32.38			
	150m: 1:31.08 31.36	550m: 5:51.33 33.16	950m: 10:11.57 32.08	1350m: 14:31.40 32.67			
	200m: 2:03.06 31.98	600m: 6:24.18 32.85	1000m: 10:43.42 31.85	1400m: 15:03.74 32.34			
	250m: 2:35.23 32.17	650m: 6:57.18 33.00	1050m: 11:15.74 32.32	1450m: 15:35.97 32.23			
	300m: 3:07.42 32.19	700m: 7:30.04 32.86	1100m: 11:47.99 32.25	1500m: 16:05.76 29.79			
	350m: 3:40.03 32.61	750m: 8:02.71 32.67	1150m: 12:20.92 32.93				
	400m: 4:12.48 32.45	800m: 8:34.83 32.12	1200m: 12:53.46 32.54				
3.	Afonso Calais Queiroga	98	Uniao Piedense	16:48.66	+0,66	643	
	50m: 31.34 31.34	450m: 5:01.77 33.79	850m: 9:28.38 33.45	1250m: 13:58.21 34.62			
	100m: 1:04.79 33.45	500m: 5:35.08 33.31	900m: 10:01.49 33.11	1300m: 14:32.33 34.12			
	150m: 1:39.05 34.26	550m: 6:08.47 33.39	950m: 10:35.02 33.53	1350m: 15:07.46 35.13			
	200m: 2:12.81 33.76	600m: 6:41.85 33.38	1000m: 11:08.61 33.59	1400m: 15:41.96 34.50			
	250m: 2:46.87 34.06	650m: 7:15.66 33.81	1050m: 11:41.86 33.25	1450m: 16:15.95 33.99			
	300m: 3:20.38 33.51	700m: 7:48.48 32.82	1100m: 12:15.52 33.66	1500m: 16:48.66 32.71			
	350m: 3:54.21 33.83	750m: 8:22.03 33.55	1150m: 12:49.65 34.13				
	400m: 4:27.98 33.77	800m: 8:54.93 32.90	1200m: 13:23.59 33.94				
4.	Pedro Goncalves Neto	98	Porto	16:55.58	+0,77	630	
	50m: 30.00 30.00	450m: 4:59.37 33.86	850m: 9:31.98 34.18	1250m: 14:06.36 34.43			
	100m: 1:03.60 33.60	500m: 5:33.46 34.09	900m: 10:06.23 34.25	1300m: 14:41.00 34.64			
	150m: 1:37.01 33.41	550m: 6:07.08 33.62	950m: 10:40.36 34.13	1350m: 15:15.11 34.11			
	200m: 2:10.39 33.38	600m: 6:41.57 34.49	1000m: 11:14.54 34.18	1400m: 15:49.79 34.68			
	250m: 2:44.09 33.70	650m: 7:15.80 34.23	1050m: 11:48.92 34.38	1450m: 16:23.66 33.87			
	300m: 3:17.88 33.79	700m: 7:50.11 34.31	1100m: 12:23.65 34.73	1500m: 16:55.58 31.92			
	350m: 3:51.88 34.00	750m: 8:23.66 33.55	1150m: 12:57.68 34.03				
	400m: 4:25.51 33.63	800m: 8:57.80 34.14	1200m: 13:31.93 34.25				
5.	Tiago Carlos Santos	98	Uniao Piedense	16:57.88	+0,80	626	
	50m: 30.11 30.11	450m: 4:57.47 33.81	850m: 9:33.07 34.62	1250m: 14:10.71 34.98			
	100m: 1:02.98 32.87	500m: 5:31.35 33.88	900m: 10:07.39 34.32	1300m: 14:45.15 34.44			
	150m: 1:36.25 33.27	550m: 6:05.67 34.32	950m: 10:42.24 34.85	1350m: 15:19.54 34.39			
	200m: 2:09.66 33.41	600m: 6:40.23 34.56	1000m: 11:17.21 34.97	1400m: 15:53.93 34.39			
	250m: 2:43.01 33.35	650m: 7:14.81 34.58	1050m: 11:51.73 34.52	1450m: 16:26.24 32.31			
	300m: 3:16.42 33.41	700m: 7:49.32 34.51	1100m: 12:26.38 34.65	1500m: 16:57.88 31.64			
	350m: 3:50.04 33.62	750m: 8:24.05 34.73	1150m: 13:01.14 34.76				
	400m: 4:23.66 33.62	800m: 8:58.45 34.40	1200m: 13:35.73 34.59				

Prova 1, Masc., 1500m Livres, Junior 18

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Joao Santos Mendes	98	Leixoes	16:58.16	+0,67	626	
	50m: 29.81 29.81	450m: 4:59.35 34.03	850m: 9:33.66 34.21	1250m: 14:11.01 34.62			
	100m: 1:02.84 33.03	500m: 5:33.85 34.50	900m: 10:08.20 34.54	1300m: 14:44.69 33.68			
	150m: 1:36.07 33.23	550m: 6:08.19 34.34	950m: 10:42.34 34.14	1350m: 15:19.05 34.36			
	200m: 2:09.91 33.84	600m: 6:42.52 34.33	1000m: 11:16.47 34.13	1400m: 15:53.70 34.65			
	250m: 2:43.41 33.50	650m: 7:16.79 34.27	1050m: 11:51.13 34.66	1450m: 16:27.28 33.58			
	300m: 3:17.37 33.96	700m: 7:50.82 34.03	1100m: 12:25.92 34.79	1500m: 16:58.16 30.88			
	350m: 3:51.26 33.89	750m: 8:24.97 34.15	1150m: 13:01.16 35.24				
	400m: 4:25.32 34.06	800m: 8:59.45 34.48	1200m: 13:36.39 35.23				
7.	Dario Fausto Matias	98	Torres Novas	17:15.37	+0,75	595	
	50m: 30.87 30.87	450m: 5:07.27 34.94	850m: 9:44.59 34.41	1250m: 14:23.20 35.00			
	100m: 1:05.14 34.27	500m: 5:42.25 34.98	900m: 10:19.05 34.46	1300m: 14:58.31 35.11			
	150m: 1:39.62 34.48	550m: 6:16.45 34.20	950m: 10:54.04 34.99	1350m: 15:32.95 34.64			
	200m: 2:14.06 34.44	600m: 6:51.38 34.93	1000m: 11:29.11 35.07	1400m: 16:07.45 34.50			
	250m: 2:48.24 34.18	650m: 7:25.60 34.22	1050m: 12:03.80 34.69	1450m: 16:41.59 34.14			
	300m: 3:22.78 34.54	700m: 8:00.70 35.10	1100m: 12:38.83 35.03	1500m: 17:15.37 33.78			
	350m: 3:57.39 34.61	750m: 8:35.81 35.11	1150m: 13:13.34 34.51				
	400m: 4:32.33 34.94	800m: 9:10.18 34.37	1200m: 13:48.20 34.86				
8.	Paulo Filipe Silva	98	Natacao da Maia	17:23.46	+0,75	581	
	50m: 31.08 31.08	450m: 5:07.46 34.21	850m: 9:46.65 35.36	1250m: 14:28.06 35.56			
	100m: 1:04.87 33.79	500m: 5:43.05 35.59	900m: 10:22.23 35.58	1300m: 15:03.85 35.79			
	150m: 1:38.84 33.97	550m: 6:16.68 33.63	950m: 10:57.43 35.20	1350m: 15:38.78 34.93			
	200m: 2:13.37 34.53	600m: 6:51.14 34.46	1000m: 11:33.06 35.63	1400m: 16:14.23 35.45			
	250m: 2:47.88 34.51	650m: 7:25.49 34.35	1050m: 12:07.12 34.06	1450m: 16:49.68 35.45			
	300m: 3:23.17 35.29	700m: 8:00.66 35.17	1100m: 12:42.34 35.22	1500m: 17:23.46 33.78			
	350m: 3:58.18 35.01	750m: 8:35.58 34.92	1150m: 13:17.89 35.55				
	400m: 4:33.25 35.07	800m: 9:11.29 35.71	1200m: 13:52.50 34.61				
9.	Jose Diogo Fonseca	98	Nautico Marinha Grande	17:27.39	+0,70	575	
	50m: 30.47 30.47	450m: 5:09.34 35.21	850m: 9:50.59 35.29	1250m: 14:33.59 35.23			
	100m: 1:04.60 34.13	500m: 5:44.66 35.32	900m: 10:26.02 35.43	1300m: 15:09.03 35.44			
	150m: 1:39.53 34.93	550m: 6:19.49 34.83	950m: 11:01.51 35.49	1350m: 15:44.46 35.43			
	200m: 2:14.65 35.12	600m: 6:54.84 35.35	1000m: 11:36.92 35.41	1400m: 16:19.69 35.23			
	250m: 2:49.55 34.90	650m: 7:30.02 35.18	1050m: 12:12.22 35.30	1450m: 16:54.20 34.51			
	300m: 3:24.23 34.68	700m: 8:04.91 34.89	1100m: 12:47.59 35.37	1500m: 17:27.39 33.19			
	350m: 3:59.18 34.95	750m: 8:40.09 35.18	1150m: 13:22.97 35.38				
	400m: 4:34.13 34.95	800m: 9:15.30 35.21	1200m: 13:58.36 35.39				
10.	Diogo Rosado Leca	98	Colegio Monte Maior	17:29.25	+0,76	572	
	50m: 30.58 30.58	450m: 5:05.66 34.95	850m: 9:49.52 35.63	1250m: 14:35.29 35.54			
	100m: 1:03.91 33.33	500m: 5:40.55 34.89	900m: 10:24.87 35.35	1300m: 15:11.26 35.97			
	150m: 1:38.08 34.17	550m: 6:15.94 35.39	950m: 11:00.61 35.74	1350m: 15:47.12 35.86			
	200m: 2:11.83 33.75	600m: 6:51.52 35.58	1000m: 11:36.69 36.08	1400m: 16:22.06 34.94			
	250m: 2:46.10 34.27	650m: 7:27.07 35.55	1050m: 12:12.37 35.68	1450m: 16:56.41 34.35			
	300m: 3:20.52 34.42	700m: 8:02.48 35.41	1100m: 12:48.60 36.23	1500m: 17:29.25 32.84			
	350m: 3:55.26 34.74	750m: 8:38.36 35.88	1150m: 13:23.99 35.39				
	400m: 4:30.71 35.45	800m: 9:13.89 35.53	1200m: 13:59.75 35.76				
11.	Joao Eduardo Ilha	98	Natacao Olhao	17:38.11	+0,79	557	
	50m: 31.01 31.01	450m: 5:11.02 35.14	850m: 9:56.20 36.08	1250m: 14:43.18 35.81			
	100m: 1:04.86 33.85	500m: 5:46.72 35.70	900m: 10:31.98 35.78	1300m: 15:19.18 36.00			
	150m: 1:39.66 34.80	550m: 6:21.77 35.05	950m: 11:08.02 36.04	1350m: 15:55.14 35.96			
	200m: 2:14.51 34.85	600m: 6:57.67 35.90	1000m: 11:43.77 35.75	1400m: 16:30.44 35.30			
	250m: 2:49.37 34.86	650m: 7:33.21 35.54	1050m: 12:19.96 36.19	1450m: 17:05.47 35.03			
	300m: 3:25.33 35.96	700m: 8:08.83 35.62	1100m: 12:55.50 35.54	1500m: 17:38.11 32.64			
	350m: 4:00.46 35.13	750m: 8:44.40 35.57	1150m: 13:31.43 35.93				
	400m: 4:35.88 35.42	800m: 9:20.12 35.72	1200m: 14:07.37 35.94				

Prova 1, Masc., 1500m Livres, Junior 18

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Diogo Rodrigues Freitas	98	Uniao Piedense	17:38.52	+0,74	557	
	50m: 30.51 30.51	450m: 5:06.59 35.70	850m: 9:51.99 35.26	1250m: 14:39.61 36.21			
	100m: 1:03.75 33.24	500m: 5:42.31 35.72	900m: 10:27.90 35.91	1300m: 15:16.15 36.54			
	150m: 1:37.91 34.16	550m: 6:18.22 35.91	950m: 11:03.53 35.63	1350m: 15:51.87 35.72			
	200m: 2:11.87 33.96	600m: 6:53.80 35.58	1000m: 11:39.48 35.95	1400m: 16:28.00 36.13			
	250m: 2:46.27 34.40	650m: 7:29.59 35.79	1050m: 12:15.10 35.62	1450m: 17:03.54 35.54			
	300m: 3:21.06 34.79	700m: 8:05.48 35.89	1100m: 12:51.13 36.03	1500m: 17:38.52 34.98			
	350m: 3:55.76 34.70	750m: 8:40.74 35.26	1150m: 13:27.02 35.89				
	400m: 4:30.89 35.13	800m: 9:16.73 35.99	1200m: 14:03.40 36.38				

Prova 1
21-07-2016 - 17:10

Masc., 1500m Livres

Seniores
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Sen	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mario Andre Bonanca	90	Sporting	16:06.25	+0,77	732	
	50m: 29.73 29.73	450m: 4:43.93 32.40	850m: 9:04.25 32.84	1250m: 13:26.71 32.67			
	100m: 1:00.98 31.25	500m: 5:16.07 32.14	900m: 9:37.02 32.77	1300m: 13:59.41 32.70			
	150m: 1:32.69 31.71	550m: 5:48.55 32.48	950m: 10:10.10 33.08	1350m: 14:32.19 32.78			
	200m: 2:04.25 31.56	600m: 6:20.93 32.38	1000m: 10:43.00 32.90	1400m: 15:04.62 32.43			
	250m: 2:35.87 31.62	650m: 6:53.41 32.48	1050m: 11:15.99 32.99	1450m: 15:36.96 32.34			
	300m: 3:07.47 31.60	700m: 7:25.95 32.54	1100m: 11:48.79 32.80	1500m: 16:06.25 29.29			
	350m: 3:39.65 32.18	750m: 7:58.78 32.83	1150m: 12:21.57 32.78				
	400m: 4:11.53 31.88	800m: 8:31.41 32.63	1200m: 12:54.04 32.47				
2.	Pedro Maria Bessa	95	Nautico /Urgicentro-Sanfil	16:35.75	+0,73	669	
	50m: 28.92 28.92	450m: 4:50.15 32.92	850m: 9:18.39 34.18	1250m: 13:50.82 34.00			
	100m: 1:00.39 31.47	500m: 5:23.28 33.13	900m: 9:52.66 34.27	1300m: 14:25.11 34.29			
	150m: 1:32.46 32.07	550m: 5:56.37 33.09	950m: 10:26.23 33.57	1350m: 14:58.61 33.50			
	200m: 2:04.99 32.53	600m: 6:29.59 33.22	1000m: 11:00.79 34.56	1400m: 15:32.62 34.01			
	250m: 2:37.67 32.68	650m: 7:02.64 33.05	1050m: 11:34.67 33.88	1450m: 16:04.90 32.28			
	300m: 3:10.84 33.17	700m: 7:36.40 33.76	1100m: 12:08.54 33.87	1500m: 16:35.75 30.85			
	350m: 3:43.83 32.99	750m: 8:10.23 33.83	1150m: 12:42.62 34.08				
	400m: 4:17.23 33.40	800m: 8:44.21 33.98	1200m: 13:16.82 34.20				
3.	Tiago Silva Oliveira	94	Fluvial Portuense	16:41.59	+0,75	657	
	50m: 29.18 29.18	450m: 4:51.65 33.63	850m: 9:21.28 33.78	1250m: 13:54.00 34.52			
	100m: 1:00.84 31.66	500m: 5:25.12 33.47	900m: 9:54.79 33.51	1300m: 14:27.71 33.71			
	150m: 1:33.13 32.29	550m: 5:58.88 33.76	950m: 10:29.07 34.28	1350m: 15:01.99 34.28			
	200m: 2:05.61 32.48	600m: 6:32.29 33.41	1000m: 11:02.88 33.81	1400m: 15:35.89 33.90			
	250m: 2:38.48 32.87	650m: 7:06.43 34.14	1050m: 11:37.36 34.48	1450m: 16:09.75 33.86			
	300m: 3:11.45 32.97	700m: 7:39.92 33.49	1100m: 12:11.37 34.01	1500m: 16:41.59 31.84			
	350m: 3:44.62 33.17	750m: 8:13.90 33.98	1150m: 12:45.66 34.29				
	400m: 4:18.02 33.40	800m: 8:47.50 33.60	1200m: 13:19.48 33.82				
4.	Sergio Gomes Abreu	96	Naval do Funchal	16:56.98	+0,72	628	
	50m: 29.31 29.31	450m: 4:57.71 33.74	850m: 9:29.70 34.26	1250m: 14:06.98 34.87			
	100m: 1:01.76 32.45	500m: 5:31.31 33.60	900m: 10:04.13 34.43	1300m: 14:41.88 34.90			
	150m: 1:35.44 33.68	550m: 6:04.68 33.37	950m: 10:38.82 34.69	1350m: 15:16.45 34.57			
	200m: 2:09.15 33.71	600m: 6:38.48 33.80	1000m: 11:13.61 34.79	1400m: 15:51.47 35.02			
	250m: 2:42.91 33.76	650m: 7:13.20 34.72	1050m: 11:48.65 35.04	1450m: 16:24.83 33.36			
	300m: 3:16.33 33.42	700m: 7:47.26 34.06	1100m: 12:22.92 34.27	1500m: 16:56.98 32.15			
	350m: 3:50.43 34.10	750m: 8:21.49 34.23	1150m: 12:57.34 34.42				
	400m: 4:23.97 33.54	800m: 8:55.44 33.95	1200m: 13:32.11 34.77				

Prova 1, Masc., 1500m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Joao Miguel Cardoso	97	Geslours	17:12.23	+0,77	600	
	50m: 29.91 29.91	450m: 5:02.43 34.78	850m: 9:40.55 35.09	1250m: 14:19.74 35.46			
	100m: 1:02.71 32.80	500m: 5:37.10 34.67	900m: 10:15.33 34.78	1300m: 14:54.56 34.82			
	150m: 1:36.40 33.69	550m: 6:11.21 34.11	950m: 10:50.26 34.93	1350m: 15:29.68 35.12			
	200m: 2:10.62 34.22	600m: 6:45.95 34.74	1000m: 11:24.85 34.59	1400m: 16:05.01 35.33			
	250m: 2:44.52 33.90	650m: 7:20.86 34.91	1050m: 11:59.41 34.56	1450m: 16:39.14 34.13			
	300m: 3:18.58 34.06	700m: 7:55.64 34.78	1100m: 12:34.20 34.79	1500m: 17:12.23 33.09			
	350m: 3:53.09 34.51	750m: 8:30.78 35.14	1150m: 13:09.37 35.17				
	400m: 4:27.65 34.56	800m: 9:05.46 34.68	1200m: 13:44.28 34.91				
6.	Andre Filipe Farinha	96	Benfica	17:15.67	+0,77	594	
	50m: 29.00 29.00	450m: 4:51.67 33.50	850m: 9:24.21 34.68	1250m: 14:13.86 36.31			
	100m: 1:01.08 32.08	500m: 5:25.56 33.89	900m: 9:59.72 35.51	1300m: 14:51.16 37.30			
	150m: 1:33.64 32.56	550m: 5:59.18 33.62	950m: 10:35.70 35.98	1350m: 15:28.35 37.19			
	200m: 2:06.14 32.50	600m: 6:32.86 33.68	1000m: 11:11.93 36.23	1400m: 16:04.09 35.74			
	250m: 2:38.95 32.81	650m: 7:06.60 33.74	1050m: 11:47.88 35.95	1450m: 16:39.73 35.64			
	300m: 3:11.74 32.79	700m: 7:40.86 34.26	1100m: 12:24.68 36.80	1500m: 17:15.67 35.94			
	350m: 3:44.82 33.08	750m: 8:15.06 34.20	1150m: 13:01.79 37.11				
	400m: 4:18.17 33.35	800m: 8:49.53 34.47	1200m: 13:37.55 35.76				