

Campeonato Nacional de Infantis PL  
Famalicão, 15- - 17-7-2016

Prova 4  
15-07-2016 - 18:15

Femin., 400m Livres

Infantis  
Resultados

Rec Nac Absoluto	4:13.34	Diana Margarida Duraes	FCP	Oeiras	12-03-2016
Rec Nac Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	27-07-1979
Rec Nac Inf A	4:31.53	Alexandra Maria Silva	POR	Skovde (SWE)	08-08-1980
TACF_B Inf A 50m: 5:22.83 - 25m: 5:16.50; Inf B 50m: 5:38.64 - 25m: 5:32.00					

Pontos: FINA 2016

Lugar	Nome	Ano	Licença	Clube	50m	100m	150m	200m	250m	300m	350m	400m	Tp final	TReac	Pts
1.	Maria Ferreira Moura	04	131382	Gesloures	33.40	1:10.39	1:47.82	2:25.55	3:03.27	3:41.94	4:19.90	4:55.68	4:55.68	+0,80	523
					33.40	36.99	37.43	37.73	37.72	38.67	37.96	35.78			
2.	Ana Rita Oliveira	04	124995	Naval Povoense	32.86	1:09.91	1:47.70	2:25.70	3:04.41	3:43.28	4:21.59	4:58.79	4:58.79	+0,72	507
					32.86	37.05	37.79	38.00	38.71	38.87	38.31	37.20			
3.	Ada Lobo Passos	04	124968	Famalicão	33.24	1:10.48	1:48.34	2:26.60	3:05.44	3:43.96	4:22.31	4:58.80	4:58.80	+0,90	507
					33.24	37.24	37.86	38.26	38.84	38.52	38.35	36.49			
4.	Filipa Manso Preto	04	122150	Porto	33.40	1:10.82	1:48.90	2:27.25	3:06.23	3:45.03	4:23.89	5:01.52	5:01.52	+0,77	494
					33.40	37.42	38.08	38.35	38.98	38.80	38.86	37.63			
5.	Mariana Pacheco Cunha	04	124577	Fluvial Portuense	33.88	1:10.87	1:49.01	2:27.70	3:07.54	3:46.70	4:24.72	5:03.11	5:03.11	+0,83	486
					33.88	36.99	38.14	38.69	39.84	39.16	38.02	38.39			
6.	Beatriz Ferreira Gaspar	04	126345	Natacao de Vagos	33.32	1:11.23	1:49.92	2:28.67	3:08.12	3:47.78	4:27.50	5:04.45	5:04.45	+0,92	479
					33.32	37.91	38.69	38.75	39.45	39.66	39.72	36.95			
7.	Maria Lopes Amado	04	131517	Ba/Bomcar	34.75	1:13.13	1:51.99	2:31.44	3:09.32	3:49.09	4:28.27	5:05.21	5:05.21	+0,71	476
					34.75	38.38	38.86	39.45	37.88	39.77	39.18	36.94			
8.	Carolina Teixeira Pinho	04	124769	Porto	33.96	1:11.19	1:49.75	2:28.75	3:08.76	3:49.10	4:28.53	5:07.18	5:07.18	+0,70	467
					33.96	37.23	38.56	39.00	40.01	40.34	39.43	38.65			
9.	Joana Neves Abreu	04	129434	Porto	35.28	1:14.10	1:54.65	2:34.21	3:14.40	3:53.72	4:33.09	5:09.39	5:09.39	+0,92	457
					35.28	38.82	40.55	39.56	40.19	39.32	39.37	36.30			
10.	Maria Alexandra Marques	04	128375	Albicastrense	34.87	1:13.92	1:54.27	2:34.54	3:14.84	3:53.93	4:33.24	5:09.64	5:09.64	+0,77	456
					34.87	39.05	40.35	40.27	40.30	39.09	39.31	36.40			
11.	Laura Macedo Lagoa	04	130137	Ba/Bomcar	35.83	1:14.18	1:54.17	2:33.85	3:13.66	3:53.50	4:33.33	5:09.93	5:09.93	+0,92	454
					35.83	38.35	39.99	39.68	39.81	39.84	39.83	36.60			
12.	Susana Chanoca Narciso	04	129388	Desportivo de Sesimbra	33.70	1:11.84	1:52.32	2:32.73	3:12.99	3:52.92	4:32.66	5:10.24	5:10.24	+0,95	453
					33.70	38.14	40.48	40.41	40.26	39.93	39.74	37.58			
13.	Maria Gomes Pereira	04	129510	Alges	34.89	1:13.76	1:53.92	2:34.42	3:14.39	3:54.36	4:34.31	5:10.37	5:10.37	+0,76	453
					34.89	38.87	40.16	40.50	39.97	39.97	39.95	36.06			
14.	Juliana Tavares Maia	04	125671	Alges e Agueda XXI	34.02	1:11.94	1:51.74	2:31.95	3:12.60	3:53.43	4:32.99	5:10.62	5:10.62	+0,81	451
					34.02	37.92	39.80	40.21	40.65	40.83	39.56	37.63			
15.	Constanca Alexandra Silva	04	128805	Pimpoes/Cimai	33.76	1:12.17	1:53.04	2:33.79	3:14.45	3:55.08	4:35.55	5:12.51	5:12.51	+0,90	443
					33.76	38.41	40.87	40.75	40.66	40.63	40.47	36.96			

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Prova 4, Femin., 400m Livres, Infantis B

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
16.	Diana Isabel Neves	04	124771	Porto	<b>5:13.33</b>	<b>+0,80</b>	<b>440</b>
	50m: 35.16 35.16	150m: 1:55.30 39.98	250m: 3:14.95 39.08	350m: 4:34.42 38.71			
	100m: 1:15.32 40.16	200m: 2:35.87 40.57	300m: 3:55.71 40.76	400m: 5:13.33 38.91			
17.	Maria Leonor Ferreira	04	130410	Desportivo Nacional	<b>5:13.76</b>	<b>+0,79</b>	<b>438</b>
	50m: 33.26 33.26	150m: 1:50.98 40.41	250m: 3:13.22 41.43	350m: 4:35.50 41.30			
	100m: 1:10.57 37.31	200m: 2:31.79 40.81	300m: 3:54.20 40.98	400m: 5:13.76 38.26			
18.	Maria Joao Paiva	04	129868	Braga	<b>5:15.20</b>	<b>+1,07</b>	<b>432</b>
	50m: 35.07 35.07	150m: 1:52.21 39.75	250m: 3:13.36 40.86	350m: 4:35.48 41.29			
	100m: 1:12.46 37.39	200m: 2:32.50 40.29	300m: 3:54.19 40.83	400m: 5:15.20 39.72			
19.	Margarida Borges Silva	04	123105	Bombeiros Ponta Delgada	<b>5:17.65</b>	<b>+0,81</b>	<b>422</b>
	50m: 34.45 34.45	150m: 1:54.82 40.40	250m: 3:15.84 40.11	350m: 4:38.16 40.86			
	100m: 1:14.42 39.97	200m: 2:35.73 40.91	300m: 3:57.30 41.46	400m: 5:17.65 39.49			
20.	Barbara Oliveira Monteiro	04	132707	Braga	<b>5:18.90</b>	<b>+0,98</b>	<b>417</b>
	50m: 36.47 36.47	150m: 1:57.19 41.08	250m: 3:18.22 41.45	350m: 4:39.61 41.91			
	100m: 1:16.11 39.64	200m: 2:36.77 39.58	300m: 3:57.70 39.48	400m: 5:18.90 39.29			
21.	Maria Isabel Afonso	04	125150	Viana Natacao	<b>5:27.51</b>	<b>+0,99</b>	<b>385</b>
	50m: 35.34 35.34	150m: 1:56.35 41.85	250m: 3:20.79 42.64	350m: 4:46.70 42.96			
	100m: 1:14.50 39.16	200m: 2:38.15 41.80	300m: 4:03.74 42.95	400m: 5:27.51 40.81			
WDR	Bruna Alexandra Gomes	04	129710	Ba/Bomcar			
WDR	Maria Joao Reis	04	129248	Nautico Marinha Grande			

Infantis A

1.	Camila Rodrigues Rebelo	03	122274	Louzan Natacao	<b>4:45.37</b>	<b>+0,86</b>	<b>582</b>
	50m: 32.37 32.37	150m: 1:44.84 36.78	250m: 2:58.04 36.24	350m: 4:10.91 35.86			
	100m: 1:08.06 35.69	200m: 2:21.80 36.96	300m: 3:35.05 37.01	400m: 4:45.37 34.46			
2.	Joana Ribeiro Martins	03	129164	Benfica	<b>4:48.35</b>	<b>+0,85</b>	<b>564</b>
	50m: 32.12 32.12	150m: 1:44.44 36.69	250m: 2:58.30 36.82	350m: 4:12.46 37.34			
	100m: 1:07.75 35.63	200m: 2:21.48 37.04	300m: 3:35.12 36.82	400m: 4:48.35 35.89			
3.	Maria Joao Pelaio	03	125333	Ginasio Figueirense	<b>4:50.85</b>	<b>+0,87</b>	<b>550</b>
	50m: 32.65 32.65	150m: 1:46.05 37.21	250m: 3:01.38 37.66	350m: 4:17.00 37.59			
	100m: 1:08.84 36.19	200m: 2:23.72 37.67	300m: 3:39.41 38.03	400m: 4:50.85 33.85			
4.	Helena Nunes Rodrigues	03	125022	Alges e Agueda XXI	<b>4:51.47</b>	<b>+0,90</b>	<b>546</b>
	50m: 31.42 31.42	150m: 1:45.63 37.95	250m: 3:02.59 38.29	350m: 4:17.08 36.41			
	100m: 1:07.68 36.26	200m: 2:24.30 38.67	300m: 3:40.67 38.08	400m: 4:51.47 34.39			
5.	Rita Constanca Cardoso	03	121989	Porto	<b>4:51.73</b>	<b>+0,67</b>	<b>545</b>
	50m: 33.26 33.26	150m: 1:46.36 36.63	250m: 3:00.85 37.15	350m: 4:15.05 36.84			
	100m: 1:09.73 36.47	200m: 2:23.70 37.34	300m: 3:38.21 37.36	400m: 4:51.73 36.68			
6.	Luana Pinto Domingues	03	123893	Ba/Bomcar	<b>4:52.57</b>	<b>+0,69</b>	<b>540</b>
	50m: 32.51 32.51	150m: 1:46.21 37.15	250m: 3:01.24 37.57	350m: 4:15.88 37.02			
	100m: 1:09.06 36.55	200m: 2:23.67 37.46	300m: 3:38.86 37.62	400m: 4:52.57 36.69			
7.	Eduarda Reis Silva	03	121702	Famalicao	<b>4:55.06</b>	<b>+0,83</b>	<b>527</b>
	50m: 34.08 34.08	150m: 1:48.91 38.38	250m: 3:03.37 37.53	350m: 4:19.36 38.19			
	100m: 1:10.53 36.45	200m: 2:25.84 36.93	300m: 3:41.17 37.80	400m: 4:55.06 35.70			
8.	Sara Moura Cruz	03	127488	Alges	<b>4:55.38</b>	<b>+0,80</b>	<b>525</b>
	50m: 32.68 32.68	150m: 1:46.14 37.05	250m: 3:01.66 37.75	350m: 4:18.03 38.51			
	100m: 1:09.09 36.41	200m: 2:23.91 37.77	300m: 3:39.52 37.86	400m: 4:55.38 37.35			
9.	Maria Crista Jesus	03	126849	Louletano / Loule Concelho	<b>4:57.35</b>	<b>+0,74</b>	<b>515</b>
	50m: 33.35 33.35	150m: 1:47.70 37.72	250m: 3:04.45 38.63	350m: 4:21.20 37.47			
	100m: 1:09.98 36.63	200m: 2:25.82 38.12	300m: 3:43.73 39.28	400m: 4:57.35 36.15			
10.	Filipa Ramos Peixeira	03	129008	Sporting	<b>4:58.81</b>	<b>+0,86</b>	<b>507</b>
	50m: 32.78 32.78	150m: 1:47.28 37.26	250m: 3:03.57 38.13	350m: 4:20.76 38.49			
	100m: 1:10.02 37.24	200m: 2:25.44 38.16	300m: 3:42.27 38.70	400m: 4:58.81 38.05			

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Prova 4, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
11.	Beatriz Picanco Martins	03	127247	Benfica	<b>4:59.36</b>	+1,00	504
	50m: 33.52 33.52	150m: 1:48.60	37.91	250m: 3:06.21	38.59	350m: 4:22.93	38.35
	100m: 1:10.69 37.17	200m: 2:27.62	39.02	300m: 3:44.58	38.37	400m: 4:59.36	36.43
12.	Carolina Silva Soares	03	123910	Natacao de Valongo	<b>4:59.43</b>	+0,87	504
	50m: 33.43 33.43	150m: 1:48.75	38.11	250m: 3:06.54	38.28	350m: 4:22.50	37.70
	100m: 1:10.64 37.21	200m: 2:28.26	39.51	300m: 3:44.80	38.26	400m: 4:59.43	36.93
13.	Ana Catarina Fernandes	03	128612	Naval do Funchal	<b>5:00.89</b>	+0,76	497
	50m: 33.79 33.79	150m: 1:48.03	37.69	250m: 3:05.14	38.93	350m: 4:23.22	38.96
	100m: 1:10.34 36.55	200m: 2:26.21	38.18	300m: 3:44.26	39.12	400m: 5:00.89	37.67
14.	Ines Filipa Jacinto	03	126698	Ba/Bomcar	<b>5:01.04</b>	+0,98	496
	50m: 34.37 34.37	150m: 1:49.91	37.87	250m: 3:05.74	37.09	350m: 4:23.09	38.38
	100m: 1:12.04 37.67	200m: 2:28.65	38.74	300m: 3:44.71	38.97	400m: 5:01.04	37.95
15.	Matilde Mota Domingues	03	122289	Colegio SMLamas	<b>5:01.09</b>	+0,78	496
	50m: 31.77 31.77	150m: 1:45.97	38.07	250m: 3:04.93	39.76	350m: 4:23.37	38.31
	100m: 1:07.90 36.13	200m: 2:25.17	39.20	300m: 3:45.06	40.13	400m: 5:01.09	37.72
16.	Sofia Maria Carneiro	03	127921	Porto	<b>5:01.83</b>	+0,92	492
	50m: 33.70 33.70	150m: 1:48.36	37.88	250m: 3:05.75	38.78	350m: 4:23.81	38.93
	100m: 1:10.48 36.78	200m: 2:26.97	38.61	300m: 3:44.88	39.13	400m: 5:01.83	38.02
17.	Ana Luisa Rodrigues	03	130216	Louzan Natacao	<b>5:03.22</b>	+0,97	485
	50m: 34.34 34.34	150m: 1:51.08	38.86	250m: 3:09.46	39.11	350m: 4:26.27	37.99
	100m: 1:12.22 37.88	200m: 2:30.35	39.27	300m: 3:48.28	38.82	400m: 5:03.22	36.95
18.	Lea Alexandra Mendes	03	125768	Gualdim Pais	<b>5:04.08</b>	+0,87	481
	50m: 33.43 33.43	150m: 1:48.62	38.65	250m: 3:07.66	39.90	350m: 4:26.68	39.51
	100m: 1:09.97 36.54	200m: 2:27.76	39.14	300m: 3:47.17	39.51	400m: 5:04.08	37.40
19.	Maria Miguel Gameiro	03	126480	Nautico /Urgicentro-Sanfil	<b>5:05.69</b>	+0,85	474
	50m: 33.35 33.35	150m: 1:49.00	38.39	250m: 3:06.99	38.87	350m: 4:27.07	39.66
	100m: 1:10.61 37.26	200m: 2:28.12	39.12	300m: 3:47.41	40.42	400m: 5:05.69	38.62
20.	Beatriz Azevedo Isaias	03	127706	Colegio Monte Maior	<b>5:05.79</b>	+0,97	473
	50m: 34.15 34.15	150m: 1:50.43	38.69	250m: 3:08.26	38.97	350m: 4:27.69	39.86
	100m: 1:11.74 37.59	200m: 2:29.29	38.86	300m: 3:47.83	39.57	400m: 5:05.79	38.10
21.	Camila Alexandra Silva	03	128293	Columbifila Cantanhedense	<b>5:06.61</b>		469
	50m: 33.70 33.70	150m: 1:49.77	38.80	250m: 3:08.21	39.24	350m: 4:28.75	40.44
	100m: 1:10.97 37.27	200m: 2:28.97	39.20	300m: 3:48.31	40.10	400m: 5:06.61	37.86
22.	Margarida Salgado Moreira	03	121710	Famalicao	<b>5:09.34</b>	+0,90	457
	50m: 34.12 34.12	150m: 1:50.95	39.33	250m: 3:10.59	40.21	350m: 4:30.50	40.17
	100m: 1:11.62 37.50	200m: 2:30.38	39.43	300m: 3:50.33	39.74	400m: 5:09.34	38.84
23.	Carolina Ferreira Catalao	03	125031	Galitos / Bresimar	<b>5:12.24</b>	+0,83	444
	50m: 34.23 34.23	150m: 1:50.94	39.28	250m: 3:12.21	40.96	350m: 4:34.60	40.94
	100m: 1:11.66 37.43	200m: 2:31.25	40.31	300m: 3:53.66	41.45	400m: 5:12.24	37.64