

Event 23	Women, 100m Breaststroke					Open Startlist
09-07-2016 - 17:45						
RN A(25-29)	1:16.76	Isabel Maria Figueira	CNFA	Coimbra	13-07-2008	
RN B(30-34)	1:14.95	Isabel Maria Figueira	CNFA	Cádiz (ESP)	17-09-2009	
RN C(35-39)	1:19.89	Isabel Maria Figueira	LDC	Évora	05-07-2014	
RN D(40-44)	1:27.88	Amelia Ponte Galhardo	CCDCML	Perth (AUS)	19-04-2008	
RN E(45-49)	1:30.47	Amelia Ponte Galhardo	CCDCML	Cádiz (ESP)	17-09-2009	
RN F(50-54)	1:33.86	Elena Alarcon Gamonal	CNFA	Oeiras	02-07-2011	
RN G(55-59)	1:39.39	Ana Moura Relvas	AAC	Oeiras	02-07-2011	
RN H(60-64)	1:53.24	Luisa Maria Pintao	ANE	Loulé	03-07-2015	
RN I(65-69)	2:03.43	Ana Maria Ferreira	SAD	Coimbra	17-01-2016	
RN J(70-74)	1:57.67	Luisa Bessone Basto	SAD	Loulé	04-07-2015	
RN K(75-79)	2:17.85	Isabel Maria Raimundo	SAD	Loulé	04-07-2015	
RN L(80-84)	59:00.00					

Pista	Nome Nadador	YB	Classe	Cod Exc	Clube	Obs.	Tempo	Inscr.
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#### Heat 1 of 12, 17:45

3	Margarida Maria Ribeiro	64			Fluvial Portuense		2:32.08	
4	Gracinda Maria Machado	61			Ginasio Santo Tirso		2:23.59	
5	Maria Carmo Rocha	54			Leixoes		2:28.15	
6	Maria Luz Cardoso	62			Sporting de Aveiro		2:34.75	

#### Heat 2 of 12, 17:45

1	Isabel Maria Raimundo	40			Alges		2:17.85	
2	Rosa Leitao Costa	65			Foca		2:12.00	
3	Maria Manuela Neto	62			Natacao da Maia		2:09.39	
4	Filipa Isabel Reis	87			Leixoes		2:07.72	
5	Carla Maria Moura	69			Luz e Vida		2:09.09	
6	Ana Filipa Santos	77			O2-Portimao		2:10.42	
7	Catarina Soares Simoes	80			Aleatico		2:14.64	
8	Simone Silva Fragoso	80	SB5	E 12+	Sporting		2:19.48	

#### Heat 3 of 12, 17:50

1	Maria Gabriela Cardanho	62			Ginasio Figueirense		2:06.33	
2	Nadia Filipa Santos	90			Pimpoes/Cimai		2:01.38	
3	Ana Paula Almeida	58			Fluvial Portuense		1:59.45	
4	Margarida Alexandra Costa	70			Famalicao		1:57.96	
5	Maria Joao Taborda	67			Porto		1:59.00	
6	Maria Clara Sousa	68			Masters de Almada		1:59.91	
7	Carla Sofia Sequeira	75			Colegio Monte Maior		2:04.20	
8	Paula Margarida Almeida	63			Ginasio Figueirense		2:06.33	

#### Heat 4 of 12, 17:55

1	Maria Margarida Torres	55			Academica de Coimbra		1:57.67	
2	Cristina Isabel Moura	63			Leixoes		1:57.32	
3	Ana Maria Martins	79			Sporting de Aveiro		1:56.14	
4	Maria Laura Amorim	67			Sporting de Aveiro		1:55.00	
5	Luisa Maria Pintao	54			Nadadores dos Estoris		1:55.00	
6	Susana Pereira Lory	87			Masters de Almada		1:56.54	
7	Luisa Bessone Basto	44			Alges		1:57.67	
8	Anabela Oliveira Baptista	70			Fundacao Salesianos		1:57.80	

Event 23, Women, 100m Breaststroke

Heat 5 of 12, 18:00

1	Marina Isabel Mendes	68	Masters de Almada	1:53.26
2	Wanda Maria Gao	62	Natacao de Lagos	1:52.33
3	Carla Alexandra Ferreira	76	Pimpoes/Cimai	1:50.91
4	Maria Teresa Oliveira	57	Academica de Coimbra	DNS 1:49.99
5	Sara Rocha Oliveira	75	Fundacao Salesianos	1:50.00
6	Ana Rosa Silva	80	Foca	1:52.00
7	Maria Trigueiros Cunha	64	Leixoes	1:52.73
8	Emma Leonora Yates	71	Alges	1:55.00

Heat 6 of 12, 18:00

1	Ana Ribeiro Sanches	76	FC Ferreiras	1:49.77
2	Helena Paula Carvalho	64	Uniao Piedense	1:49.55
3	Ana Sofia Pinho	87	Sporting de Aveiro	1:48.09
4	Maria Joao Rocha	80	Gesloures	1:47.32
5	Maria Santos Fernandes	62	Leixoes	1:47.91
6	Sandra Goncalves Santos	79	Fundacao Salesianos	1:48.24
7	Joana Isabel Leite	80	Fluvial Portuense	1:49.69
8	Maria Margarida Urbano	63	Academica de Coimbra	1:49.86

Heat 7 of 12, 18:05

1	Elena Nikolaevna Kraeva	61	Colegio Monte Maior	1:46.00
2	Cristina Ferreira Valente	75	Galitos / Bresimar	1:45.59
3	Patricia Alexandra Santos	78	Gesloures	1:45.00
4	Ana Sofia Moutela	77	Galitos / Bresimar	1:44.77
5	Rita Rijo Silva	75	Alges	DNS 1:45.00
6	Susana Isabel Ramalho	84	Fluvial Portuense	1:45.44
7	Joana Andreia Santos	84	Alcobaca	1:45.70
8	Lilia Dulce Costa	81	Foca	1:46.00

Heat 8 of 12, 18:05

1	Ines Prates Ventura	85	Ginasio Clube	1:44.47
2	Giovanna Caputto	66	MSevilla	1:43.27
3	Helena Sofia Diogo	73	Millennium BCP	1:40.51
4	Ines Isabel Silva	78	Portinado	1:40.19
5	Mariana Pessoa Povoá	89	Academica de Coimbra	1:40.44
6	Ana DAlte Guedes	80	Leixoes	1:41.60
7	Maria Adriana Viseu	66	Leixoes	1:43.96
8	Carla Vale Lenzi	67	Alges	1:44.74

Event 23, Women, 100m Breaststroke

Heat 9 of 12, 18:10

1 Ana Moura Relvas	56	Academica de Coimbra	1:39.93
2 Patricia Prista Graca	71	Alges	1:39.48
3 Maria Ana Fonseca	82	Fluvial Portuense	1:37.50
4 Sandra Santa Barbara	75	Ginasio Santo Tirso	1:36.23
5 Elsa Maria Fumega	78	Leixoes	1:36.60
6 Elisabete Maria Rosa	69	Pimpoes/Cimai	1:39.15
7 Maribel Santos Fernandes	65	Leixoes	1:39.82
8 Sarah Coutts	67	Nadadores dos Estoris	1:40.00

Heat 10 of 12, 18:15

1 Maria Helena Carmo	66	Alges	1:34.99
2 Filipa Cristina Fernandes	76	Geslours	1:33.36
3 Carolina Figueiredo Brinca	81	Academica de Coimbra	1:33.07
4 Maria Joao Graf	78	Natacao da Maia	1:32.41
5 Claudia Patricia Nobrega	75	Desportivo Nacional	1:32.52
6 Joana Maria Faria	74	Leixoes	1:33.30
7 Joana Isabel Aguiar	76	Alges	1:34.36
8 Maria Manuela Sequeira	68	Sporting de Aveiro	1:35.92

Heat 11 of 12, 18:15

1 Susana Maria Lourenco	87	SB15	Sporting	1:31.26
2 Maria Ines Cunha	72		Galitos / Bresimar	1:30.86
3 Susana Emanuela Costa	90		Fluvial Portuense	1:29.32
4 Catarina Andrade Alves	78		Desportivo Nacional	1:29.00
5 Joana Pereira Barbara	87		Masters de Almada	1:29.15
6 Isabel Losada Martinez	79		Mast Murcia	1:30.00
7 Ana Filipa Cordeiro	79		Alges	1:31.10
8 Rita Rebelo Silva	79		Fluvial Portuense	1:31.29

Heat 12 of 12, 18:20

1 Maria Joao Gomes	88		Leixoes	1:27.06
2 Filipa Isabel Mota	86		Amigos da Escola	1:25.00
3 Maria Sofia Martins	84		Porto	1:18.73
4 Joana Marques Maia	91		Individual ANNP	1:15.55
5 Joana Pedrosa Marques	91		Masters de Almada	1:16.38
6 Catia Marisa Valente	84		Luz e Vida	1:24.75
7 Joana Catarina Calado	92	SB8 1,5	Sporting	1:25.99
8 Catia Santos Ramalho	86		Natacao da Maia	1:27.58