

Event 10 Women, 200m Freestyle Master Esc A  
09-07-2016 - 10:35 Results

RN A(25-29) 2:20.41 Carolina Santos Silva CNMAIA Montréal (CAN) 05-08-2014

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Rute Sofia Teixeira	90			Ginasio Santo Tirso	<b>2:33.53</b>	592
	50m: 36.02 36.02	100m: 1:15.39	39.37	150m: 1:55.03	39.64	200m: 2:33.53	38.50
2.	Joana Isabel Alves	88			Porto	<b>2:34.57</b>	580
	50m: 34.22 34.22	100m: 1:13.38	39.16	150m: 1:53.84	40.46	200m: 2:34.57	40.73
3.	Raquel Alexandra Silva	91			Leixoes	<b>2:35.74</b>	567
	50m: 37.17 37.17	100m: 1:16.10	38.93	150m: 1:56.70	40.60	200m: 2:35.74	39.04
4.	Miriam Rodrigues Santos	91			Masters de Almada	<b>2:39.74</b>	525
	50m: 36.32 36.32	100m: 1:15.79	39.47	150m: 1:58.05	42.26	200m: 2:39.74	41.69
5.	Ana Raquel Lirio	90			Ginasio Santo Tirso	<b>2:52.38</b>	418
	50m: 38.64 38.64	100m: 1:23.05	44.41	150m: 2:08.35	45.30	200m: 2:52.38	44.03
6.	Ana Raquel Barbosa	88			Gesloures	<b>3:16.36</b>	283
	50m: 41.37 41.37	100m: 1:30.18	48.81	150m: 2:23.47	53.29	200m: 3:16.36	52.89

Event 10 Women, 200m Freestyle Master Esc B  
09-07-2016 - 10:35 Results

RN B(30-34) 2:10.97 Ana Paula Grilo UDCA Millau (FRA) 27-08-2003

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Carolina Santos Silva	86			Individual ANNP	<b>2:20.34</b>	756
	50m: 32.35 32.35	100m: 1:08.00	35.65	150m: 1:44.20	36.20	200m: 2:20.34	36.14
2.	Keissy Joselin Sousa	85			Porto	<b>2:27.97</b>	645
	50m: 32.85 32.85	100m: 1:09.89	37.04	150m: 1:48.93	39.04	200m: 2:27.97	39.04
3.	Catia Santos Ramalho	86			Natacao da Maia	<b>2:38.92</b>	520
	50m: 36.00 36.00	100m: 1:16.60	40.60	150m: 1:58.04	41.44	200m: 2:38.92	40.88
4.	Rita Loureiro Pinto	85			Ginasio Clube	<b>2:49.73</b>	427
	50m: 38.05 38.05	100m: 1:21.20	43.15	150m: 2:06.24	45.04	200m: 2:49.73	43.49
5.	Catarina Isabel Neves	85			Academica de Coimbra	<b>2:50.44</b>	422
	50m: 37.18 37.18	100m: 1:19.64	42.46	150m: 2:04.41	44.77	200m: 2:50.44	46.03
6.	Ana Margarida Rocha	86			Sporting de Aveiro	<b>2:51.70</b>	413
	50m: 37.27 37.27	100m: 1:18.36	41.09	150m: 2:04.37	46.01	200m: 2:51.70	47.33
7.	Marina Zaborskaya	85			FC Ferreiras	<b>2:52.38</b>	408
	50m: 37.47 37.47	100m: 1:20.13	42.66	150m: 2:06.08	45.95	200m: 2:52.38	46.30
8.	Ines Prates Ventura	85			Ginasio Clube	<b>2:53.67</b>	399
	50m: 37.63 37.63	100m: 1:20.79	43.16	150m: 2:06.48	45.69	200m: 2:53.67	47.19

Event 10, Women, 200m Freestyle

Event 10 Women, 200m Freestyle Master Esc C  
09-07-2016 - 10:35 Results

RN C(35-39) 2:10.77 Ana Paula Grilo UDCA Stanford (USA) 06-08-2006

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Isabel Losada Martinez	79			Mast Murcia	<b>2:31.06</b>	674
	50m: 35.74 35.74	100m: 1:14.50	38.76	150m: 1:53.09	38.59	200m: 2:31.06	37.97
2.	Catarina Andrade Alves	78			Desportivo Nacional	<b>2:38.00</b>	589
	50m: 35.39 35.39	100m: 1:15.01	39.62	150m: 1:56.94	41.93	200m: 2:38.00	41.06
3.	Ana DAte Guedes	80			Leixoes	<b>2:57.19</b>	417
	50m: 40.36 40.36	100m: 1:24.54	44.18	150m: 2:11.70	47.16	200m: 2:57.19	45.49
4.	Elsa Maria Fumega	78			Leixoes	<b>2:58.93</b>	405
	50m: 41.51 41.51	100m: 1:26.93	45.42	150m: 2:13.03	46.10	200m: 2:58.93	45.90
5.	Maria Joao Rocha	80			Geslours	<b>3:14.99</b>	313
	50m: 43.02 43.02	100m: 1:32.39	49.37	150m: 2:24.86	52.47	200m: 3:14.99	50.13
6.	Sandra Goncalves Santos	79			Fundacao Salesianos	<b>3:20.14</b>	289
	50m: 45.61 45.61	100m: 1:35.72	50.11	150m: 2:30.83	55.11	200m: 3:20.14	49.31
7.	Ana Rosa Silva	80			Foca	<b>3:36.87</b>	227
	50m: 46.75 46.75	100m: 1:41.03	54.28	150m: 2:40.03	59.00	200m: 3:36.87	56.84
8.	Carmen Silvia Malheiros	81			Litoral Alentejano	<b>3:39.08</b>	220
	50m: 49.99 49.99	100m: 1:46.35	56.36	150m: 2:43.75	57.40	200m: 3:39.08	55.33
9.	Ana Filipa Santos	77			O2-Portimao	<b>3:47.93</b>	196
	50m: 53.74 53.74	100m: 1:54.00	1:00.26	150m: 2:53.01	59.01	200m: 3:47.93	54.92

Event 10 Women, 200m Freestyle Master Esc D  
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RN D(40-44) 2:25.19 Ana Paula Grilo INDALEN Oeiras 03-07-2011

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Carla Santa Barbara Rec Nac Esc D	75			Porto	<b>2:23.78</b>	796
	50m: 32.11 32.11	100m: 1:07.73	35.62	150m: 1:44.86	37.13	200m: 2:23.78	38.92
2.	Ines Maria Rothes	73			Fluval Portuense	<b>2:41.07</b>	566
	50m: 38.17 38.17	100m: 1:17.76	39.59	150m: 2:00.59	42.83	200m: 2:41.07	40.48
3.	Joana Isabel Aguiar	76			Alges	<b>2:54.07</b>	448
	50m: 39.75 39.75	100m: 1:22.79	43.04	150m: 2:08.80	46.01	200m: 2:54.07	45.27
4.	Cristina Ferreira Valente	75			Galitos / Bresimar	<b>3:20.51</b>	293
	50m: 46.35 46.35	100m: 1:37.31	50.96	150m: 2:30.41	53.10	200m: 3:20.51	50.10
5.	Carla Sofia Sequeira	75			Colegio Monte Maior	<b>3:39.53</b>	223
	50m: 51.14 51.14	100m: 1:46.28	55.14	150m: 2:44.83	58.55	200m: 3:39.53	54.70

Event 10, Women, 200m Freestyle

Event 10 Women, 200m Freestyle Master Esc E  
09-07-2016 - 10:35 Results

RN E(45-49) 2:36.14 Elena Alarcon Gamonal CNFA Coimbra 21-06-2009

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Monica Anjos Rezende <i>Rec Nac Esc E</i>	69			Condeixa Clube	<b>2:35.64</b>	665
	50m: 35.88 35.88	100m: 1:15.00	39.12	150m: 1:56.64	41.64	200m: 2:35.64	39.00
2.	Isabelle Batista	67			Olympique Courbevoie	<b>2:36.48</b>	655
	50m: 35.77 35.77	100m: 1:15.33	39.56	150m: 1:56.09	40.76	200m: 2:36.48	40.39
3.	Patricia Diogenes Pereira	69			Alges	<b>2:37.19</b>	646
	50m: 35.66 35.66	100m: 1:14.42	38.76	150m: 1:54.95	40.53	200m: 2:37.19	42.24
4.	Maria Teresa Brandao	69			Fluval Portuense	<b>2:40.11</b>	611
	50m: 36.74 36.74	100m: 1:17.01	40.27	150m: 1:58.17	41.16	200m: 2:40.11	41.94
5.	Patricia Prista Graca	71			Alges	<b>2:47.09</b>	538
	50m: 37.96 37.96	100m: 1:19.43	41.47	150m: 2:03.70	44.27	200m: 2:47.09	43.39
6.	Sarah Coutts	67			Nadadores dos Estoris	<b>2:47.65</b>	532
	50m: 38.00 38.00	100m: 1:20.95	42.95	150m: 2:05.06	44.11	200m: 2:47.65	42.59
7.	Elisabete Maria Rosa	69			Pimpoes/Cimai	<b>2:54.81</b>	469
	50m: 38.48 38.48	100m: 1:22.10	43.62	150m: 2:08.99	46.89	200m: 2:54.81	45.82
8.	Ana Paula Sequeira	68			Sporting de Aveiro	<b>3:00.02</b>	430
	50m: 40.36 40.36	100m: 1:24.48	44.12	150m: 2:13.31	48.83	200m: 3:00.02	46.71
9.	Maria Manuela Ferreira	70			Vitoria/ Olicargo	<b>3:20.33</b>	312
	50m: 46.19 46.19	100m: 1:37.31	51.12	150m: 2:30.03	52.72	200m: 3:20.33	50.30
10.	Emma Leonora Yates	71			Alges	<b>3:22.27</b>	303
	50m: 45.26 45.26	100m: 1:34.89	49.63	150m: 2:29.07	54.18	200m: 3:22.27	53.20
11.	Luisa Lopes Agante	71			Leixoes	<b>3:23.58</b>	297
	50m: 45.74 45.74	100m: 1:38.50	52.76	150m: 2:32.99	54.49	200m: 3:23.58	50.59
12.	Carmen Maria Dias	70			Fundacao Salesianos	<b>4:10.61</b>	159
	50m: 54.38 54.38	100m: 1:57.81	1:03.43	150m: 3:05.41	1:07.60	200m: 4:10.61	1:05.20
DSQ	Laura Manuela Miranda <i>403 - Falsa partida - SW 4.4</i>	67			Alges		
DNS	Maria Laura Amorim	67			Sporting de Aveiro		

Event 10, Women, 200m Freestyle

Event 10 Women, 200m Freestyle Master Esc F  
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RN F(50-54) 2:45.66 Elena Nikolaevna Kraeva CIMM Oeiras 03-07-2011

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Rita Cabral Guimaraes	64			Fluval Portuense	<b>3:04.00</b>	422
	50m: 41.50 41.50	100m: 1:28.98 47.48			150m: 2:16.77 47.79	200m: 3:04.00 47.23	
2.	Maria Candida Migueis	65			Academica de Coimbra	<b>3:12.19</b>	370
	50m: 46.01 46.01	100m: 1:35.03 49.02			150m: 2:24.31 49.28	200m: 3:12.19 47.88	
3.	Maria Margarida Urbano	63			Academica de Coimbra	<b>3:17.15</b>	343
	50m: 43.78 43.78	100m: 1:32.83 49.05			150m: 2:24.41 51.58	200m: 3:17.15 52.74	
4.	Maria Madalena Caninas	63			Masters de Almada	<b>3:19.26</b>	332
	50m: 45.43 45.43	100m: 1:35.27 49.84			150m: 2:28.27 53.00	200m: 3:19.26 50.99	
5.	Helena Paula Carvalho	64			Uniao Piedense	<b>3:25.44</b>	303
	50m: 45.52 45.52	100m: 1:37.30 51.78			150m: 2:31.39 54.09	200m: 3:25.44 54.05	
6.	Graca Maria Vilarinho	65			Sporting de Aveiro	<b>3:27.49</b>	294
	50m: 45.94 45.94	100m: 1:36.72 50.78			150m: 2:31.79 55.07	200m: 3:27.49 55.70	
7.	Muriel Graham	65			Fluval Portuense	<b>3:32.99</b>	272
	50m: 46.88 46.88	100m: 1:40.59 53.71			150m: 2:38.99 58.40	200m: 3:32.99 54.00	
8.	Maria Trigueiros Cunha	64			Leixoes	<b>3:35.47</b>	263
	50m: 47.53 47.53	100m: 1:42.38 54.85			150m: 2:40.04 57.66	200m: 3:35.47 55.43	
9.	Maria Manuela Neto	62			Natacao da Maia	<b>3:48.17</b>	221
	50m: 51.61 51.61	100m: 1:49.81 58.20			150m: 2:50.53 1:00.72	200m: 3:48.17 57.64	

Event 10 Women, 200m Freestyle Master Esc G  
09-07-2016 - 10:35 Results

RN G(55-59) 2:53.87 Ana Maria Ferreira SFP Perth (AUS) 19-04-2008

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Carmen Ochoa Sanchez	61			MSevilla	<b>3:19.47</b>	486
	50m: 43.92 43.92	100m: 1:34.91 50.99			150m: 2:28.66 53.75	200m: 3:19.47 50.81	
2.	Maria Paula Cunha	59			Leixoes	<b>3:32.76</b>	400
	50m: 47.30 47.30	100m: 1:39.14 51.84			150m: 2:35.68 56.54	200m: 3:32.76 57.08	
3.	Ana Paula Almeida	58			Fluval Portuense	<b>4:04.24</b>	264
	50m: 50.19 50.19	100m: 1:51.50 1:01.31			150m: 2:59.00 1:07.50	200m: 4:04.24 1:05.24	

Event 10, Women, 200m Freestyle

Event 10  
09-07-2016 - 10:35  
Women, 200m Freestyle  
Master Esc H  
Results

RN H(60-64) 2:58.63 Ana Maria Ferreira SAD Riccione (ITA) 12-06-2012

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Luisa Maria Pintao	54			Nadadores dos Estoris	<b>3:34.41</b>	407
	50m: 48.84 48.84	100m: 1:44.36 55.52			150m: 2:41.45 57.09	200m: 3:34.41 52.96	
2.	Isabel Costa Monteiro	53			Academica de Coimbra	<b>3:51.47</b>	324
	50m: 49.00 49.00	100m: 1:47.18 58.18			150m: 2:49.22 1:02.04	200m: 3:51.47 1:02.25	
3.	Maria Felix Ferreira	54			Alges	<b>4:38.34</b>	186
	50m: 59.30 59.30	100m: 2:10.22 1:10.92			150m: 3:24.49 1:14.27	200m: 4:38.34 1:13.85	
4.	Maria Josefina Cruz	55			Ginasio Clube	<b>4:59.80</b>	149
	50m: 1:05.40 1:05.40	100m: 2:24.10 1:18.70			150m: 3:45.42 1:21.32	200m: 4:59.80 1:14.38	

Event 10  
09-07-2016 - 10:35  
Women, 200m Freestyle  
Master Esc J  
Results

RN J(70-74) 59:00.00

Points: DSV Masters 13

Rank	Nome do nadador	YB	Classes	Cod Exc	Clube	Time	Pts
1.	Helena Prista Graca <i>Rec Nac Esc J</i>	46			Alges	<b>3:56.15</b>	360
	50m: 53.96 53.96	100m: 1:54.94 1:00.98			150m: 2:57.49 1:02.55	200m: 3:56.15 58.66	