

Campeonato Nacional Clubes 1 e 2 Divisão
Coimbra, 19- - 20-12-2015

Prova 60	Masc., 400m Estilos				1ª Divisão MASC
20-12-2015	1ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:16.30	Alexis Manacas Santos	POR	Barcelona (ESP)	04-09-2013
Recordes Nacionais 50m Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013
Recordes Nacionais 50m Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre Vital	POR	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	01-06-2014
Recordes Nacionais 50m Jun17	4:25.23	Joao Alexandre Vital	POR	Singapore (SIN)	29-08-2015
Recordes Nacionais 50m Jun18	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	4:16.30	Alexis Manacas Santos	POR	Barcelona (ESP)	04-08-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Miguel Pinotes	89	26732	Sporting	4:27.14	+0,74	760	9,00
	50m: 28.90 28.90	150m: 1:36.70 35.72	250m: 2:48.42 36.63	350m: 3:56.67 31.24	400m: 4:27.14 30.47			
	100m: 1:00.98 32.08	200m: 2:11.79 35.09	300m: 3:25.43 37.01					
2.	Tomas Miguel Veloso	96	10868	Nautico /Urgicentro-Sanfil	4:32.17	+0,70	719	7,00
	50m: 28.28 28.28	150m: 1:37.28 36.00	250m: 2:50.27 37.34	350m: 4:01.04 32.23	400m: 4:32.17 31.13			
	100m: 1:01.28 33.00	200m: 2:12.93 35.65	300m: 3:28.81 38.54					
3.	Alejandro Garcia Ramirez	98	200191	Colegio Monte Maior	4:34.75	+0,68	699	6,00
	50m: 28.82 28.82	150m: 1:37.72 36.01	250m: 2:54.04 40.82	350m: 4:04.54 31.12	400m: 4:34.75 30.21			
	100m: 1:01.71 32.89	200m: 2:13.22 35.50	300m: 3:33.42 39.38					
4.	Tomas Correia Silva	95	23367	Porto	4:40.77	+0,68	655	5,00
	50m: 28.39 28.39	150m: 1:40.86 38.27	250m: 2:58.47 39.94	350m: 4:09.45 32.00	400m: 4:40.77 31.32			
	100m: 1:02.59 34.20	200m: 2:18.53 37.67	300m: 3:37.45 38.98					
5.	Diogo Gomes Sousa	95	25455	Estrelas S. Joao de Brito	4:42.68	+0,70	641	4,00
	50m: 28.97 28.97	150m: 1:40.07 36.24	250m: 2:58.34 41.64	350m: 4:12.21 32.45	400m: 4:42.68 30.47			
	100m: 1:03.83 34.86	200m: 2:16.70 36.63	300m: 3:39.76 41.42					
6.	Rafael Filipe Nunes	96	108344	Naval Amorense	4:49.51	+0,65	597	3,00
	50m: 30.05 30.05	150m: 1:43.79 38.85	250m: 3:03.65 42.17	350m: 4:18.34 32.66	400m: 4:49.51 31.17			
	100m: 1:04.94 34.89	200m: 2:21.48 37.69	300m: 3:45.68 42.03					
7.	Ricardo Amorim Rego	84	15954	Famalicao	4:50.85	+0,80	589	2,00
	50m: 29.21 29.21	150m: 1:43.03 38.08	250m: 3:01.24 39.74	350m: 4:16.70 34.37	400m: 4:50.85 34.15			
	100m: 1:04.95 35.74	200m: 2:21.50 38.47	300m: 3:42.33 41.09					
8.	Joao Santos Mendes	98	111648	Leixoes	4:59.92	+0,72	537	1,00
	50m: 30.72 30.72	150m: 1:46.25 39.08	250m: 3:07.12 43.34	350m: 4:25.96 34.64	400m: 4:59.92 33.96			
	100m: 1:07.17 36.45	200m: 2:23.78 37.53	300m: 3:51.32 44.20					