

Prova 59	Masc., 400m Estilos				2ª Divisão MASC
20-12-2015	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	4:16.30	Alexis Manacas Santos	POR	Barcelona (ESP)	04-09-2013
Recordes Nacionais 50m Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013
Recordes Nacionais 50m Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Recordes Nacionais 50m Juv B	4:37.06	Joao Alexandre Vital	POR	Utrecht (NED)	16-07-2013
Recordes Nacionais 50m Juv A	4:32.66	Joao Alexandre Vital	ADRCIMM	Coimbra	01-06-2014
Recordes Nacionais 50m Jun17	4:25.23	Joao Alexandre Vital	POR	Singapore (SIN)	29-08-2015
Recordes Nacionais 50m Jun18	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Recordes Nacionais 50m Sen	4:16.30	Alexis Manacas Santos	POR	Barcelona (ESP)	04-08-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diogo Filipe Carvalho	88	12277	Galitos/Bresimar	4:22.56	+0,73	800	17,0(-)
	50m: 27.20 27.20			150m: 1:34.08 34.97	250m: 2:44.99 36.20	350m: 3:52.67 30.86		
	100m: 59.11 31.91			200m: 2:08.79 34.71	300m: 3:21.81 36.82	400m: 4:22.56 29.89		
2.	Andre Bras Goncalves	88	14767	Belenenses	4:39.64	+0,70	663	15,0(-)
	50m: 27.97 27.97			150m: 1:38.03 36.53	250m: 2:54.36 40.18	350m: 4:07.92 33.46		
	100m: 1:01.50 33.53			200m: 2:14.18 36.15	300m: 3:34.46 40.10	400m: 4:39.64 31.72		
3.	Pedro Barros Mendes	94	11195	Academica de Coimbra	4:41.07	+0,77	652	14,0(-)
	50m: 29.81 29.81			150m: 1:39.06 35.57	250m: 2:54.95 40.66	350m: 4:08.97 33.26		
	100m: 1:03.49 33.68			200m: 2:14.29 35.23	300m: 3:35.71 40.76	400m: 4:41.07 32.10		
4.	Joao Pedro Gil	97	108343	Alges	4:41.77	+0,63	648	13,0(-)
	50m: 28.63 28.63			150m: 1:41.72 38.32	250m: 2:58.73 39.84	350m: 4:12.64 32.52		
	100m: 1:03.40 34.77			200m: 2:18.89 37.17	300m: 3:40.12 41.39	400m: 4:41.77 29.13		
5.	Jose Paula Carvalho	98	111450	Uniao Piedense	4:42.59	+0,81	642	12,0(-)
	50m: 29.10 29.10			150m: 1:39.53 36.85	250m: 2:57.46 41.44	350m: 4:12.93 32.34		
	100m: 1:02.68 33.58			200m: 2:16.02 36.49	300m: 3:40.59 43.13	400m: 4:42.59 29.66		
6.	Jorge Jesus Silva	00	121941	Braga	4:42.67	+0,77	641	11,0(-)
	50m: 29.98 29.98			150m: 1:43.34 38.87	250m: 3:00.40 39.03	350m: 4:13.06 32.54		
	100m: 1:04.47 34.49			200m: 2:21.37 38.03	300m: 3:40.52 40.12	400m: 4:42.67 29.61		
7.	Nuno Rafael Alves	90	25140	Vilacondense	4:42.71	+0,72	641	10,0(-)
	50m: 29.68 29.68			150m: 1:42.02 38.55	250m: 2:58.25 38.26	350m: 4:11.13 33.62		
	100m: 1:03.47 33.79			200m: 2:19.99 37.97	300m: 3:37.51 39.26	400m: 4:42.71 31.58		
8.	Antonio Rafael Bessa	94	102089	Aquatico Pacense	4:45.22	+0,67	624	9,0(-)
	50m: 28.93 28.93			150m: 1:39.38 37.44	250m: 2:57.49 41.08	350m: 4:11.72 33.13		
	100m: 1:01.94 33.01			200m: 2:16.41 37.03	300m: 3:38.59 41.10	400m: 4:45.22 33.50		
9.	Daniel Sanches Louzan	98	148730	Desportiva de Viana	4:52.07	+0,71	581	8,0(-)
	50m: 30.18 30.18			150m: 1:46.90 39.40	250m: 3:07.28 42.84	350m: 4:22.34 32.43		
	100m: 1:07.50 37.32			200m: 2:24.44 37.54	300m: 3:49.91 42.63	400m: 4:52.07 29.73		
10.	Miguel Bras Sergio	95	100925	Bombeiros Estoris	4:52.73	+0,78	577	7,0(-)
	50m: 29.83 29.83			150m: 1:43.83 38.83	250m: 3:03.25 40.59	350m: 4:20.93 35.15		
	100m: 1:05.00 35.17			200m: 2:22.66 38.83	300m: 3:45.78 42.53	400m: 4:52.73 31.80		
11.	Joao Mota Correia	97	102308	Benfica	4:54.64	+0,81	566	6,0(-)
	50m: 29.25 29.25			150m: 1:42.35 37.74	250m: 3:02.60 42.94	350m: 4:20.89 35.27		
	100m: 1:04.61 35.36			200m: 2:19.66 37.31	300m: 3:45.62 43.02	400m: 4:54.64 33.75		
12.	Leonardo Peralta Reis	96	25450	Benedita	4:59.38	+0,77	540	5,0(-)
	50m: 30.92 30.92			150m: 1:46.67 38.88	250m: 3:08.33 43.30	350m: 4:26.14 34.14		
	100m: 1:07.79 36.87			200m: 2:25.03 38.36	300m: 3:52.00 43.67	400m: 4:59.38 33.24		
13.	Tiago Andre Santos	00	119684	Ba/Bomcar	5:05.21	+0,55	509	4,0(-)
	50m: 30.24 30.24			150m: 1:46.72 41.64	250m: 3:12.55 46.09	350m: 4:32.36 34.39		
	100m: 1:05.08 34.84			200m: 2:26.46 39.74	300m: 3:57.97 45.42	400m: 5:05.21 32.85		



Prova 59, Masc., 400m Estilos, 2ª Divisão MASC

Lugar	Nome				Ano	NFed	Clube				Tempo Final		TReac	Pts FINA	Pts
14.	Andre Serro Joaquim				00	121096	Portinado				5:10.57		+0,72	483	3,0(-)
	50m:	30.90	30.90	150m:	1:51.23	42.77	250m:	3:16.10	44.48	350m:	4:36.13	35.56			
	100m:	1:08.46	37.56	200m:	2:31.62	40.39	300m:	4:00.57	44.47	400m:	5:10.57	34.44			
15.	Rodrigo Melo Pinto				01	128733	Colegio Vasco da Gama				5:19.76		+0,74	443	2,0(-)
	50m:	35.41	35.41	150m:	1:55.36	39.41	250m:	3:20.95	46.98	350m:	4:43.81	35.46			
	100m:	1:15.95	40.54	200m:	2:33.97	38.61	300m:	4:08.35	47.40	400m:	5:19.76	35.95			
DNS	Duarte Silva Taleigo				03	128327	Amadora								



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CHECK ONE: ☐ YES ☒ NO



Sotécnica



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