

Campeonato Nacional Clubes 1 e 2 Divisão
Coimbra, 19- - 20-12-2015

Prova 3	Masc., 400m Livres				2ª Divisão MASC
19-12-2015	2ª Divisão				Resultados
Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel Santa	POR	Tampere (FIN)	21-07-2009
Recordes Nacionais 50m Jun17	3:57.15	Gustavo Manuel Santa	POR	Helsinkia (FIN)	14-07-2010
Recordes Nacionais 50m Jun18	3:58.26	Ivo Emanuel Carneiro	POR	Linz (AUT)	12-07-2002
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel Maia	POR	Málaga (ESP)	05-04-2009

Pontos: FINA 2015

Lugar	Nome	An NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafael Lourenço Gil	96105234	Uniao Piedense	3:58.01	+0,71	790	17,0(-)
	50m: 26.91 26.91	150m: 1:26.43 29.92	250m: 2:26.89 30.25	350m: 3:27.89 30.47			
	100m: 56.51 29.60	200m: 1:56.64 30.21	300m: 2:57.42 30.53	400m: 3:58.01 30.12			
2.	Guilherme Filipe Pina	98107450	Benedita	4:02.12	+0,71	750	15,0(-)
	50m: 28.52 28.52	150m: 1:29.60 30.63	250m: 2:30.77 30.39	350m: 3:32.33 30.77			
	100m: 58.97 30.45	200m: 2:00.38 30.78	300m: 3:01.56 30.79	400m: 4:02.12 29.79			
3.	Joao Pedro Gil	97108343	Alges	4:06.66	+0,63	710	14,0(-)
	50m: 28.15 28.15	150m: 1:30.89 31.80	250m: 2:34.73 31.90	350m: 3:37.73 31.28			
	100m: 59.09 30.94	200m: 2:02.83 31.94	300m: 3:06.45 31.72	400m: 4:06.66 28.93			
4.	Andre Filipe Farinha	96105086	Benfica	4:07.32	+0,70	704	13,0(-)
	50m: 28.32 28.32	150m: 1:30.54 31.51	250m: 2:34.42 31.95	350m: 3:37.40 31.19			
	100m: 59.03 30.71	200m: 2:02.47 31.93	300m: 3:06.21 31.79	400m: 4:07.32 29.92			
5.	Ruben Jose Morim	97107935	Vilacondense	4:13.37	+0,78	655	12,0(-)
	50m: 28.23 28.23	150m: 1:31.27 32.28	250m: 2:37.16 32.79	350m: 3:42.55 32.48			
	100m: 58.99 30.76	200m: 2:04.37 33.10	300m: 3:10.07 32.91	400m: 4:13.37 30.82			
6.	Jose Joao Bica	8712879	Colegio Vasco da Gama	4:14.22	+0,89	648	11,0(-)
	50m: 28.92 28.92	150m: 1:32.41 32.05	250m: 2:37.33 32.37	350m: 3:42.86 32.68			
	100m: 1:00.36 31.44	200m: 2:04.96 32.55	300m: 3:10.18 32.85	400m: 4:14.22 31.36			
7.	Cristian Fernandez Nieto	92148727	Desportiva de Viana	4:14.41	+0,87	647	10,0(-)
	50m: 29.43 29.43	150m: 1:32.90 32.02	250m: 2:37.84 32.67	350m: 3:42.99 32.60			
	100m: 1:00.88 31.45	200m: 2:05.17 32.27	300m: 3:10.39 32.55	400m: 4:14.41 31.42			
8.	Joao Andre Neves	95101408	Academica de Coimbra	4:14.83	+0,75	644	9,0(-)
	50m: 28.67 28.67	150m: 1:32.57 32.18	250m: 2:37.33 32.09	350m: 3:42.77 33.08			
	100m: 1:00.39 31.72	200m: 2:05.24 32.67	300m: 3:09.69 32.36	400m: 4:14.83 32.06			
9.	Jose Paulo Lopes	00117924	Braga	4:14.98	+0,76	642	8,0(-)
	50m: 28.43 28.43	150m: 1:31.19 31.77	250m: 2:36.61 32.82	350m: 3:42.91 33.04			
	100m: 59.42 30.99	200m: 2:03.79 32.60	300m: 3:09.87 33.26	400m: 4:14.98 32.07			
10.	Bruno Miguel Ramos	97109110	Belenenses	4:16.00	+0,73	635	7,0(-)
	50m: 28.91 28.91	150m: 1:33.10 32.66	250m: 2:38.53 32.84	350m: 3:43.85 32.89			
	100m: 1:00.44 31.53	200m: 2:05.69 32.59	300m: 3:10.96 32.43	400m: 4:16.00 32.15			
11.	Andre Vilas Ruivo	00112718	Ba/Bomcar	4:19.25	+0,77	611	6,0(-)
	50m: 28.66 28.66	150m: 1:33.10 32.55	250m: 2:39.06 32.98	350m: 3:45.87 33.36			
	100m: 1:00.55 31.89	200m: 2:06.08 32.98	300m: 3:12.51 33.45	400m: 4:19.25 33.38			
12.	Miguel Angelo Cruz	96101976	Aquatico Pacense	4:23.64	+0,87	581	5,0(-)
	50m: 29.87 29.87	150m: 1:34.30 32.66	250m: 2:40.63 33.19	350m: 3:49.32 34.61			
	100m: 1:01.64 31.77	200m: 2:07.44 33.14	300m: 3:14.71 34.08	400m: 4:23.64 34.32			
13.	Duarte Miguel Jorge	01117045	Galitos/Bresimar	4:25.10	+0,82	572	4,0(-)
	50m: 29.46 29.46	150m: 1:33.22 32.42	250m: 2:40.18 33.98	350m: 3:50.40 35.17			
	100m: 1:00.80 31.34	200m: 2:06.20 32.98	300m: 3:15.23 35.05	400m: 4:25.10 34.70			

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Lugar	Nome	AnNFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Leonardo Rochinha Pedro	98111381	Bombeiros Estoris	4:25.91	+0,88	566	3,00-
	50m: 28.80 28.80	150m: 1:34.71 33.32	250m: 2:42.44 33.88	350m: 3:52.25 35.02	400m: 4:25.91 33.66		
	100m: 1:01.39 32.59	200m: 2:08.56 33.85	300m: 3:17.23 34.79				
15.	Goncalo Gualberto Barbara	00118851	Portinado	4:45.72	+0,75	456	2,00-
	50m: 30.04 30.04	150m: 1:39.56 35.81	250m: 2:53.85 37.48	350m: 4:08.98 37.55	400m: 4:45.72 36.74		
	100m: 1:03.75 33.71	200m: 2:16.37 36.81	300m: 3:31.43 37.58				
16.	Ricardo Andrade Belezas	91132918	Amadora	5:00.72	+1,06	391	1,00-
	50m: 32.78 32.78	150m: 1:47.81 38.06	250m: 3:04.71 38.82	350m: 4:22.36 38.98	400m: 5:00.72 38.36		
	100m: 1:09.75 36.97	200m: 2:25.89 38.08	300m: 3:43.38 38.67				