

Prova 29
13-03-2016 - 10:35

Femin., 200m Costas

Absolutos
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim	06-02-2011
Rec Nac Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012
Rec Nac Jun16	2:17.98	Catia Raquel Martinheira	POR	Lima (PER)	18-08-2011
Rec Nac Jun17	2:15.53	Rita Barros Frischknecht	SAD	Coimbra	02-04-2015
Rec Nac Sen	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015

TAC_B-SENF Sen 50m: 2:29.06 - 25m: 2:24.26 / TAC_B-JUNF Jun 50m: 2:32.39 - 25m: 2:27.48 / TAC_B-JUVAF Juv A 50m: 2:45.40 - 25m: 2:40.15 / TAC_B-JUVBF Juv B 50m: 2:45.40 - 25m: 2:40.15

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisca Gomes Azevedo	97	Alges	2:19.96	+0,66	696	
	50m: 32.29 32.29		100m: 1:07.39 35.10	150m: 1:43.43	36.04	200m: 2:19.96	36.53
2.	Rita Barros Frischknecht	98	Alges	2:20.30	+0,62	691	
	50m: 31.90 31.90		100m: 1:06.22 34.32	150m: 1:42.02	35.80	200m: 2:20.30	38.28
3.	Catia Raquel Martinheira	95	Louletano / Loule Concelho	2:20.67	+0,53	685	
	50m: 32.39 32.39		100m: 1:08.72 36.33	150m: 1:45.00	36.28	200m: 2:20.67	35.67
4.	Filipa Serrano Rodrigues	01	Uniao Piedense	2:23.27	+0,62	649	
	50m: 33.94 33.94		100m: 1:10.06 36.12	150m: 1:46.76	36.70	200m: 2:23.27	36.51
5.	Ines Neto Rocha	01	Aquatico Pacense	2:23.91	+0,65	640	
	50m: 33.50 33.50		100m: 1:09.72 36.22	150m: 1:46.73	37.01	200m: 2:23.91	37.18
6.	Ana Margarida Guedes	01	Ginasio Vila Real	2:24.36	+0,60	634	
	50m: 32.61 32.61		100m: 1:08.37 35.76	150m: 1:46.74	38.37	200m: 2:24.36	37.62
7.	Tatiana Filipa Santos	95	Academica de Coimbra	2:24.66	+0,66	630	
	50m: 34.32 34.32		100m: 1:10.90 36.58	150m: 1:48.45	37.55	200m: 2:24.66	36.21
8.	Ana Raquel Ferreira	98	Ginasio Figueirense	2:24.97	+0,65	626	
	50m: 33.88 33.88		100m: 1:10.65 36.77	150m: 1:48.24	37.59	200m: 2:24.97	36.73
9.	Rafaela Gomes Azevedo	02	Alges	2:24.98	+0,66	626	
	50m: 32.51 32.51		100m: 1:09.21 36.70	150m: 1:47.45	38.24	200m: 2:24.98	37.53
10.	Maria Ana Monge	99	Sporting	2:26.71	+0,74	604	
	50m: 33.98 33.98		100m: 1:11.58 37.60	150m: 1:49.11	37.53	200m: 2:26.71	37.60
11.	Vania Soares Neves	90	Fluvial Portuense	2:27.77	+0,60	591	
	50m: 34.28 34.28		100m: 1:11.27 36.99	150m: 1:49.61	38.34	200m: 2:27.77	38.16
12.	Miriam Filipe Marcos	01	Natacao Olhao	2:27.87	+0,57	590	
	50m: 34.41 34.41		100m: 1:11.31 36.90	150m: 1:49.91	38.60	200m: 2:27.87	37.96
13.	Catarina Martins Mestre	00	Sporting	2:28.23	+0,67	586	
	50m: 33.89 33.89		100m: 1:11.19 37.30	150m: 1:49.99	38.80	200m: 2:28.23	38.24
14.	Monica Seara Domingues	00	Nautico Marinha Grande	2:28.44	+0,62	583	
	50m: 35.49 35.49		100m: 1:12.95 37.46	150m: 1:51.41	38.46	200m: 2:28.44	37.03
15.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	2:29.23	+0,73	574	
	50m: 35.10 35.10		100m: 1:12.42 37.32	150m: 1:51.26	38.84	200m: 2:29.23	37.97
16.	Beatriz Sousa Grou	96	Tavira Natacao	2:29.79	+0,66	568	
	50m: 33.89 33.89		100m: 1:11.31 37.42	150m: 1:50.46	39.15	200m: 2:29.79	39.33
17.	Teresa Isabel Granjeia	01	Galitos / Bresimar	2:29.85	+0,76	567	
	50m: 34.47 34.47		100m: 1:12.22 37.75	150m: 1:51.11	38.89	200m: 2:29.85	38.74

Prova 29, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	Ana Filipa Costa	98	Natacao de Beja	2:30.13	+0,68	564	
	50m: 35.16 35.16	100m: 1:13.87 38.71	150m: 1:52.50	38.63	200m: 2:30.13	37.63	
19.	Beatriz Ribeiro Cunha	01	Foca	2:31.12	+0,83	553	
	50m: 35.40 35.40	100m: 1:12.81 37.41	150m: 1:52.80	39.99	200m: 2:31.12	38.32	
20.	Joana Nunes Cardeal	02	Academico Viseu	2:31.51	+0,79	548	
	50m: 34.71 34.71	100m: 1:13.17 38.46	150m: 1:52.96	39.79	200m: 2:31.51	38.55	
21.	Joana Victorino Henriques	01	Condeixa Clube	2:31.74	+0,48	546	
	50m: 35.35 35.35	100m: 1:14.08 38.73	150m: 1:53.03	38.95	200m: 2:31.74	38.71	
22.	Maria Dias Neves	99	Miranda do Corvo	2:32.33	+0,65	540	
	50m: 36.13 36.13	100m: 1:14.94 38.81	150m: 1:53.90	38.96	200m: 2:32.33	38.43	
23.	Mafalda Joana Oliveira	02	Lousada SXXI	2:32.76	+0,68	535	
	50m: 34.99 34.99	100m: 1:14.07 39.08	150m: 1:54.13	40.06	200m: 2:32.76	38.63	
24.	Filipa Carreira Alves	99	Uniao Piedense	2:32.79	+0,63	535	
	50m: 34.06 34.06	100m: 1:12.47 38.41	150m: 1:52.42	39.95	200m: 2:32.79	40.37	
25.	Maria Beatriz Lopes	00	Benedita	2:32.86	+0,66	534	
	50m: 35.28 35.28	100m: 1:13.56 38.28	150m: 1:53.01	39.45	200m: 2:32.86	39.85	
26.	Patricia Palmeiro Baeta	00	Scalabiswim	2:32.96	+0,58	533	
	50m: 34.49 34.49	100m: 1:13.11 38.62	150m: 1:53.37	40.26	200m: 2:32.96	39.59	
27.	Madalena Maria Ferreira	02	Sporting	2:33.33	+0,64	529	
	50m: 35.09 35.09	100m: 1:13.22 38.13	150m: 1:53.28	40.06	200m: 2:33.33	40.05	
28.	Anna Baptista Ferreira	01	Alges	2:33.50	+0,77	527	
	50m: 35.19 35.19	100m: 1:14.28 39.09	150m: 1:54.42	40.14	200m: 2:33.50	39.08	
29.	Rita Afonso Belo	02	Benedita	2:33.92	+0,67	523	
	50m: 36.33 36.33	100m: 1:14.98 38.65	150m: 1:54.47	39.49	200m: 2:33.92	39.45	
30.	Sofia Oliveira Andre	01	Nautico Marinha Grande	2:33.99	+0,66	522	
	50m: 36.36 36.36	100m: 1:14.92 38.56	150m: 1:54.34	39.42	200m: 2:33.99	39.65	
31.	Alice Carmo Lourenco	02	Viana Natacao	2:34.03	+0,68	522	
	50m: 36.25 36.25	100m: 1:15.47 39.22	150m: 1:55.18	39.71	200m: 2:34.03	38.85	
32.	Alexandra Jesus Santos	00	Leixoes	2:34.51	+0,57	517	
	50m: 34.62 34.62	100m: 1:12.77 38.15	150m: 1:53.19	40.42	200m: 2:34.51	41.32	
33.	Mafalda Pacheco Cunha	02	Fluval Portuense	2:35.03	+0,56	512	
	50m: 35.38 35.38	100m: 1:14.98 39.60	150m: 1:54.98	40.00	200m: 2:35.03	40.05	
34.	Ines Alexandra Freire	01	Aminata	2:35.38	+0,71	508	
	50m: 35.62 35.62	100m: 1:15.10 39.48	150m: 1:56.29	41.19	200m: 2:35.38	39.09	
35.	Ana Rita Matos	02	Geslours	2:35.49	+0,63	507	
	50m: 35.93 35.93	100m: 1:15.27 39.34	150m: 1:55.75	40.48	200m: 2:35.49	39.74	
36.	Luana Correia Rodrigues	01	Individual ANL	2:35.61	+0,72	506	
	50m: 36.85 36.85	100m: 1:16.23 39.38	150m: 1:56.08	39.85	200m: 2:35.61	39.53	
37.	Nicoleta Lascu	02	Litoral Alentejano	2:36.07	+0,77	502	
	50m: 35.43 35.43	100m: 1:14.98 39.55	150m: 1:56.67	41.69	200m: 2:36.07	39.40	
38.	Matilde Pereira Martins	99	Naval de Faro	2:36.10	+0,67	501	
	50m: 34.11 34.11	100m: 1:13.28 39.17	150m: 1:55.11	41.83	200m: 2:36.10	40.99	

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
39.	Celeste Santos Ricardo	01	Naval Amorense	2:36.94	+0,61	493	
	50m: 35.39 35.39	100m: 1:14.82 39.43	150m: 1:56.16	41.34	200m: 2:36.94	40.78	
40.	Mariana Delicado Correia	01	Sporting	2:37.29	+0,57	490	
	50m: 35.03 35.03	100m: 1:14.38 39.35	150m: 1:55.80	41.42	200m: 2:37.29	41.49	
41.	Maria Mousinho Esteves	02	Amadora	2:37.30	+0,65	490	
	50m: 36.13 36.13	100m: 1:15.99 39.86	150m: 1:57.56	41.57	200m: 2:37.30	39.74	
42.	Filipa Bile Grilo	01	Benfica	2:37.38	+0,68	489	
	50m: 36.22 36.22	100m: 1:16.45 40.23	150m: 1:56.58	40.13	200m: 2:37.38	40.80	
43.	Diana Violante Romao	02	Naval da Nazare	2:37.48	+0,61	488	
	50m: 36.66 36.66	100m: 1:17.17 40.51	150m: 1:58.55	41.38	200m: 2:37.48	38.93	
44.	Matilde Correia Vieira	00	Alcobaca	2:37.50	+0,61	488	
	50m: 35.68 35.68	100m: 1:15.17 39.49	150m: 1:55.83	40.66	200m: 2:37.50	41.67	
45.	Maria Joao Carvalho	02	Portinado	2:37.60	+0,67	487	
	50m: 36.00 36.00	100m: 1:15.93 39.93	150m: 1:57.04	41.11	200m: 2:37.60	40.56	
46.	Carolina Ascenso Santos	01	Natacao da Maia	2:37.78	+0,60	486	
	50m: 36.16 36.16	100m: 1:16.27 40.11	150m: 1:57.42	41.15	200m: 2:37.78	40.36	
47.	Maria Esteves Martins	01	Galitos / Bresimar	2:37.95	+0,58	484	
	50m: 36.60 36.60	100m: 1:17.36 40.76	150m: 1:57.75	40.39	200m: 2:37.95	40.20	
48.	Francisca Salvador Mesquita	02	Colegio Monte Maior	2:38.36	+0,73	480	
	50m: 36.14 36.14	100m: 1:16.01 39.87	150m: 1:57.71	41.70	200m: 2:38.36	40.65	
49.	Matilde Freitas Moreira	01	Academica de Coimbra	2:38.97	+0,66	475	
	50m: 36.59 36.59	100m: 1:17.04 40.45	150m: 1:58.34	41.30	200m: 2:38.97	40.63	
50.	Ines Ferreira Duarte	01	Natacao do Tejo	2:39.75	+0,62	468	
	50m: 36.38 36.38	100m: 1:16.54 40.16	150m: 1:58.27	41.73	200m: 2:39.75	41.48	
51.	Mariana Sousa Maia	02	Famalicao	2:39.78	+0,70	468	
	50m: 36.60 36.60	100m: 1:17.50 40.90	150m: 1:59.41	41.91	200m: 2:39.78	40.37	
52.	Raquel Antunes Tremoco	01	Sporting	2:39.84	+0,66	467	
	50m: 36.04 36.04	100m: 1:16.31 40.27	150m: 1:58.23	41.92	200m: 2:39.84	41.61	
53.	Catarina Trigo Ferreira	02	Amadora	2:40.17	+0,70	464	
	50m: 38.35 38.35	100m: 1:18.72 40.37	150m: 2:00.83	42.11	200m: 2:40.17	39.34	
54.	Carina Vlasyuk	02	Sporting	2:40.49	+0,77	461	
	50m: 37.81 37.81	100m: 1:18.84 41.03	150m: 2:00.04	41.20	200m: 2:40.49	40.45	
55.	Carolina Ines Francisco	02	Benedita	2:40.72	+0,89	459	
	50m: 38.35 38.35	100m: 1:18.85 40.50	150m: 2:00.63	41.78	200m: 2:40.72	40.09	
56.	Mafalda Sofia Dias	01	Naval Setubalense	2:40.83	+0,66	458	
	50m: 36.44 36.44	100m: 1:17.43 40.99	150m: 1:59.65	42.22	200m: 2:40.83	41.18	
57.	Sofia Dias Alves	99	Natacao do Montijo	2:41.17	+0,62	456	
	50m: 35.73 35.73	100m: 1:16.62 40.89	150m: 1:59.60	42.98	200m: 2:41.17	41.57	
58.	Patricia Goncalves Leal	01	Ba/Bomcar	2:41.50	+0,67	453	
	50m: 37.66 37.66	100m: 1:18.62 40.96	150m: 2:00.86	42.24	200m: 2:41.50	40.64	
59.	Mafalda Marques Pinto	02	Benfica	2:41.67	+0,62	451	
	50m: 36.54 36.54	100m: 1:18.09 41.55	150m: 2:01.14	43.05	200m: 2:41.67	40.53	

Prova 29, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
60.	Rita Sofia Ferreira	01	Ginasio Figueirense	2:41.73	+0,68	451	
	50m: 36.78 36.78	100m: 1:18.30 41.52	150m: 2:00.33	42.03	200m: 2:41.73	41.40	
61.	Maria Ines Catarino	02	Alcobaca	2:41.74	+0,75	451	
	50m: 37.53 37.53	100m: 1:18.40 40.87	150m: 2:01.18	42.78	200m: 2:41.74	40.56	
62.	Rita Alexandra Campos	02	Porto	2:41.81	+0,83	450	
	50m: 37.97 37.97	100m: 1:19.08 41.11	150m: 2:00.39	41.31	200m: 2:41.81	41.42	
63.	Maria de Castro Tome	02	Sporting de Aveiro	2:42.78	+0,72	442	
	50m: 37.87 37.87	100m: 1:17.99 40.12	150m: 2:00.24	42.25	200m: 2:42.78	42.54	
64.	Ana Lopes Santos	02	Vilacondense	2:42.99	+0,72	440	
	50m: 37.17 37.17	100m: 1:17.81 40.64	150m: 2:00.83	43.02	200m: 2:42.99	42.16	
65.	Barbara Daniela Quaresma	01	Nautica do Seixal	2:43.02	+0,71	440	
	50m: 37.17 37.17	100m: 1:18.55 41.38	150m: 2:01.66	43.11	200m: 2:43.02	41.36	
66.	Beatriz Seixas Goncalves	01	Colegio Monte Maior	2:43.05	+0,72	440	
	50m: 37.63 37.63	100m: 1:19.16 41.53	150m: 2:01.46	42.30	200m: 2:43.05	41.59	
67.	Ana Sousa Chula	01	Alges e Agueda XXI	2:43.13	+0,76	439	
	50m: 38.28 38.28	100m: 1:20.08 41.80	150m: 2:02.42	42.34	200m: 2:43.13	40.71	
68.	Maria Oliveira Queiros	02	Famalicao	2:43.27	+0,80	438	
	50m: 38.64 38.64	100m: 1:20.56 41.92	150m: 2:03.20	42.64	200m: 2:43.27	40.07	
69.	Beatriz Sanches Infante	02	Alges	2:43.35	+0,64	438	
	50m: 39.31 39.31	100m: 1:21.24 41.93	150m: 2:03.27	42.03	200m: 2:43.35	40.08	
70.	Carolina Barros Domingos	02	Sporting	2:43.43	+0,68	437	
	50m: 36.93 36.93	100m: 1:17.27 40.34	150m: 2:00.32	43.05	200m: 2:43.43	43.11	
71.	Liliana Simoes Romao	01	Geslourses	2:43.68	+0,75	435	
	50m: 37.90 37.90	100m: 1:19.70 41.80	150m: 2:02.44	42.74	200m: 2:43.68	41.24	
72.	Juliana Goncalves Domingues	01	Benfica	2:43.85	+0,60	434	
	50m: 37.20 37.20	100m: 1:17.83 40.63	150m: 2:00.46	42.63	200m: 2:43.85	43.39	
73.	Ines Oliveira Teixeira	02	Estarreja	2:43.96	+0,63	433	
	50m: 38.32 38.32	100m: 1:20.24 41.92	150m: 2:03.03	42.79	200m: 2:43.96	40.93	
74.	Joana Sofia Machado	02	Valongo	2:44.23	+0,67	431	
	50m: 37.23 37.23	100m: 1:18.55 41.32	150m: 2:01.90	43.35	200m: 2:44.23	42.33	
75.	Rita Morgado Vieira	02	Rio Maior	2:44.46	+0,78	429	
	50m: 39.57 39.57	100m: 1:20.88 41.31	150m: 2:02.65	41.77	200m: 2:44.46	41.81	
76.	Ana Margarida Leite	02	Fafe	2:44.54	+0,74	428	
	50m: 37.16 37.16	100m: 1:19.25 42.09	150m: 2:02.08	42.83	200m: 2:44.54	42.46	
77.	Sofia Gales Pinto	01	Colegio SMLamas	2:44.70	+0,76	427	
	50m: 38.10 38.10	100m: 1:19.72 41.62	150m: 2:02.38	42.66	200m: 2:44.70	42.32	
78.	Isis Sousa Severino	02	Louletano / Loule Concelho	2:45.17	+0,60	423	
	50m: 36.44 36.44	100m: 1:18.14 41.70	150m: 2:01.50	43.36	200m: 2:45.17	43.67	
79.	Joana Mira Pereira	01	Naval Setubalense	2:45.26	+0,85	423	
	50m: 37.85 37.85	100m: 1:19.29 41.44	150m: 2:02.86	43.57	200m: 2:45.26	42.40	
80.	Ana Francisca Goncalves	02	Academico Viseu	2:45.42	+0,71	421	
	50m: 38.90 38.90	100m: 1:20.44 41.54	150m: 2:03.59	43.15	200m: 2:45.42	41.83	

Prova 29, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
81.	Andreia Rodrigues Castro	01	Estarreja	2:45.78	+0,81	419	
	50m: 38.12 38.12	100m: 1:20.21 42.09	150m: 2:03.01	42.80	200m: 2:45.78	42.77	
82.	Maria Manuel Mateus	02	Benedita	2:46.01		417	
	50m: 38.25 38.25	100m: 1:19.29 41.04	150m: 2:02.58	43.29	200m: 2:46.01	43.43	
83.	Margarida Alexandra Pedrosa	01	Colegio Monte Maior	2:46.32	+0,68	415	
	50m: 38.29 38.29	100m: 1:19.94 41.65	150m: 2:03.22	43.28	200m: 2:46.32	43.10	
84.	Ana Margarida Goncalves	01	Vilacondense	2:47.20	+1,17	408	
	50m: 37.37 37.37	100m: 1:18.71 41.34	150m: 2:03.11	44.40	200m: 2:47.20	44.09	
85.	Margarida Rocha Rodrigues	01	Sporting	2:49.50	+0,66	392	
	50m: 39.72 39.72	100m: 1:21.76 42.04	150m: 2:05.97	44.21	200m: 2:49.50	43.53	
DNS	Francisca Alexandra Graca	01	Vilacondense				
DNS	Ana Beatriz Rodrigues	02	Rio Maior				
DNS	Ana Miguel Reis	00	Nautico /Urgicentro-Sanfil				

Prova 29
13-03-2016 - 10:35
Femin., 200m Costas
Seniores
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Sen	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	02-04-2015

TAC_B-SENF 50m: 2:29.06 - 25m: 2:24.26

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisca Gomes Azevedo	97	Alges	2:19.96	+0,66	696	
	50m: 32.29 32.29	100m: 1:07.39 35.10	150m: 1:43.43	36.04	200m: 2:19.96	36.53	
2.	Rita Barros Frischknecht	98	Alges	2:20.30	+0,62	691	
	50m: 31.90 31.90	100m: 1:06.22 34.32	150m: 1:42.02	35.80	200m: 2:20.30	38.28	
3.	Catia Raquel Martinheira	95	Louletano / Loule Concelho	2:20.67	+0,53	685	
	50m: 32.39 32.39	100m: 1:08.72 36.33	150m: 1:45.00	36.28	200m: 2:20.67	35.67	
4.	Tatiana Filipa Santos	95	Academica de Coimbra	2:24.66	+0,66	630	
	50m: 34.32 34.32	100m: 1:10.90 36.58	150m: 1:48.45	37.55	200m: 2:24.66	36.21	
5.	Ana Raquel Ferreira	98	Ginasio Figueirense	2:24.97	+0,65	626	
	50m: 33.88 33.88	100m: 1:10.65 36.77	150m: 1:48.24	37.59	200m: 2:24.97	36.73	
6.	Vania Soares Neves	90	Fluval Portuense	2:27.77	+0,60	591	
	50m: 34.28 34.28	100m: 1:11.27 36.99	150m: 1:49.61	38.34	200m: 2:27.77	38.16	
7.	Beatriz Sousa Grou	96	Tavira Natacao	2:29.79	+0,66	568	
	50m: 33.89 33.89	100m: 1:11.31 37.42	150m: 1:50.46	39.15	200m: 2:29.79	39.33	
8.	Ana Filipa Costa	98	Natacao de Beja	2:30.13	+0,68	564	
	50m: 35.16 35.16	100m: 1:13.87 38.71	150m: 1:52.50	38.63	200m: 2:30.13	37.63	

Prova 29, Femin., 200m Costas, Elimin

Prova 29 13-03-2016 - 10:35	Femin., 200m Costas				Juniores Resultados Elimin
Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Jun16	2:17.98	Catia Raquel Martinheira	POR	Lima (PER)	18-08-2011
Rec Nac Jun17	2:15.53	Rita Barros Frischknecht	SAD	Coimbra	02-04-2015

TAC_B-JUNF 50m: 2:32.39 - 25m: 2:27.48

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Ana Monge	99	Sporting	2:26.71	+0,74	604	
	50m: 33.98 33.98		100m: 1:11.58 37.60	150m: 1:49.11	37.53	200m: 2:26.71	37.60
2.	Catarina Martins Mestre	00	Sporting	2:28.23	+0,67	586	
	50m: 33.89 33.89		100m: 1:11.19 37.30	150m: 1:49.99	38.80	200m: 2:28.23	38.24
3.	Monica Seara Domingues	00	Nautico Marinha Grande	2:28.44	+0,62	583	
	50m: 35.49 35.49		100m: 1:12.95 37.46	150m: 1:51.41	38.46	200m: 2:28.44	37.03
4.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	2:29.23	+0,73	574	
	50m: 35.10 35.10		100m: 1:12.42 37.32	150m: 1:51.26	38.84	200m: 2:29.23	37.97
5.	Maria Dias Neves	99	Miranda do Corvo	2:32.33	+0,65	540	
	50m: 36.13 36.13		100m: 1:14.94 38.81	150m: 1:53.90	38.96	200m: 2:32.33	38.43
6.	Filipa Carreira Alves	99	Uniao Piedense	2:32.79	+0,63	535	
	50m: 34.06 34.06		100m: 1:12.47 38.41	150m: 1:52.42	39.95	200m: 2:32.79	40.37
7.	Maria Beatriz Lopes	00	Benedita	2:32.86	+0,66	534	
	50m: 35.28 35.28		100m: 1:13.56 38.28	150m: 1:53.01	39.45	200m: 2:32.86	39.85
8.	Patricia Palmeiro Baeta	00	Scalabiswim	2:32.96	+0,58	533	
	50m: 34.49 34.49		100m: 1:13.11 38.62	150m: 1:53.37	40.26	200m: 2:32.96	39.59
9.	Alexandra Jesus Santos	00	Leixoes	2:34.51	+0,57	517	
	50m: 34.62 34.62		100m: 1:12.77 38.15	150m: 1:53.19	40.42	200m: 2:34.51	41.32
10.	Matilde Pereira Martins	99	Naval de Faro	2:36.10	+0,67	501	
	50m: 34.11 34.11		100m: 1:13.28 39.17	150m: 1:55.11	41.83	200m: 2:36.10	40.99
11.	Matilde Correia Vieira	00	Alcobaca	2:37.50	+0,61	488	
	50m: 35.68 35.68		100m: 1:15.17 39.49	150m: 1:55.83	40.66	200m: 2:37.50	41.67
12.	Sofia Dias Alves	99	Natacao do Montijo	2:41.17	+0,62	456	
	50m: 35.73 35.73		100m: 1:16.62 40.89	150m: 1:59.60	42.98	200m: 2:41.17	41.57
DNS	Ana Miguel Reis	00	Nautico /Urgicentro-Sanfil				

Prova 29, Femin., 200m Costas, Elimin

Prova 29
13-03-2016 - 10:35

Femin., 200m Costas

Juvenis A
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Juv A	2:17.38	Joana Carina Silva	LSXXI	Coimbra	05-04-2012

TAC_B-JUVAF 50m: 2:45.40 - 25m: 2:40.15

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Filipa Serrano Rodrigues	01	Uniao Piedense	2:23.27	+0,62	649	
	50m: 33.94 33.94		100m: 1:10.06 36.12	150m: 1:46.76	36.70	200m: 2:23.27	36.51
2.	Ines Neto Rocha	01	Aquatico Pacense	2:23.91	+0,65	640	
	50m: 33.50 33.50		100m: 1:09.72 36.22	150m: 1:46.73	37.01	200m: 2:23.91	37.18
3.	Ana Margarida Guedes	01	Ginasio Vila Real	2:24.36	+0,60	634	
	50m: 32.61 32.61		100m: 1:08.37 35.76	150m: 1:46.74	38.37	200m: 2:24.36	37.62
4.	Miriam Filipe Marcos	01	Natacao Olhao	2:27.87	+0,57	590	
	50m: 34.41 34.41		100m: 1:11.31 36.90	150m: 1:49.91	38.60	200m: 2:27.87	37.96
5.	Teresa Isabel Granjeia	01	Galitos / Bresimar	2:29.85	+0,76	567	
	50m: 34.47 34.47		100m: 1:12.22 37.75	150m: 1:51.11	38.89	200m: 2:29.85	38.74
6.	Beatriz Ribeiro Cunha	01	Foca	2:31.12	+0,83	553	
	50m: 35.40 35.40		100m: 1:12.81 37.41	150m: 1:52.80	39.99	200m: 2:31.12	38.32
7.	Joana Victorino Henriques	01	Condeixa Clube	2:31.74	+0,48	546	
	50m: 35.35 35.35		100m: 1:14.08 38.73	150m: 1:53.03	38.95	200m: 2:31.74	38.71
8.	Anna Baptista Ferreira	01	Alges	2:33.50	+0,77	527	
	50m: 35.19 35.19		100m: 1:14.28 39.09	150m: 1:54.42	40.14	200m: 2:33.50	39.08
9.	Sofia Oliveira Andre	01	Nautico Marinha Grande	2:33.99	+0,66	522	
	50m: 36.36 36.36		100m: 1:14.92 38.56	150m: 1:54.34	39.42	200m: 2:33.99	39.65
10.	Ines Alexandra Freire	01	Aminata	2:35.38	+0,71	508	
	50m: 35.62 35.62		100m: 1:15.10 39.48	150m: 1:56.29	41.19	200m: 2:35.38	39.09
11.	Luana Correia Rodrigues	01	Individual ANL	2:35.61	+0,72	506	
	50m: 36.85 36.85		100m: 1:16.23 39.38	150m: 1:56.08	39.85	200m: 2:35.61	39.53
12.	Celeste Santos Ricardo	01	Naval Amorense	2:36.94	+0,61	493	
	50m: 35.39 35.39		100m: 1:14.82 39.43	150m: 1:56.16	41.34	200m: 2:36.94	40.78
13.	Mariana Delicado Correia	01	Sporting	2:37.29	+0,57	490	
	50m: 35.03 35.03		100m: 1:14.38 39.35	150m: 1:55.80	41.42	200m: 2:37.29	41.49
14.	Filipa Bile Grilo	01	Benfica	2:37.38	+0,68	489	
	50m: 36.22 36.22		100m: 1:16.45 40.23	150m: 1:56.58	40.13	200m: 2:37.38	40.80
15.	Carolina Ascenso Santos	01	Natacao da Maia	2:37.78	+0,60	486	
	50m: 36.16 36.16		100m: 1:16.27 40.11	150m: 1:57.42	41.15	200m: 2:37.78	40.36
16.	Maria Esteves Martins	01	Galitos / Bresimar	2:37.95	+0,58	484	
	50m: 36.60 36.60		100m: 1:17.36 40.76	150m: 1:57.75	40.39	200m: 2:37.95	40.20
17.	Matilde Freitas Moreira	01	Academica de Coimbra	2:38.97	+0,66	475	
	50m: 36.59 36.59		100m: 1:17.04 40.45	150m: 1:58.34	41.30	200m: 2:38.97	40.63
18.	Ines Ferreira Duarte	01	Natacao do Tejo	2:39.75	+0,62	468	
	50m: 36.38 36.38		100m: 1:16.54 40.16	150m: 1:58.27	41.73	200m: 2:39.75	41.48

Prova 29, Femin., 200m Costas, Elimín, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Raquel Antunes Tremoco	01	Sporting	2:39.84	+0,66	467	
	50m: 36.04 36.04	100m: 1:16.31 40.27	150m: 1:58.23	41.92	200m: 2:39.84	41.61	
20.	Mafalda Sofia Dias	01	Naval Setubalense	2:40.83	+0,66	458	
	50m: 36.44 36.44	100m: 1:17.43 40.99	150m: 1:59.65	42.22	200m: 2:40.83	41.18	
21.	Patricia Goncalves Leal	01	Ba/Bomcar	2:41.50	+0,67	453	
	50m: 37.66 37.66	100m: 1:18.62 40.96	150m: 2:00.86	42.24	200m: 2:41.50	40.64	
22.	Rita Sofia Ferreira	01	Ginasio Figueirense	2:41.73	+0,68	451	
	50m: 36.78 36.78	100m: 1:18.30 41.52	150m: 2:00.33	42.03	200m: 2:41.73	41.40	
23.	Barbara Daniela Quaresma	01	Nautica do Seixal	2:43.02	+0,71	440	
	50m: 37.17 37.17	100m: 1:18.55 41.38	150m: 2:01.66	43.11	200m: 2:43.02	41.36	
24.	Beatriz Seixas Goncalves	01	Colegio Monte Maior	2:43.05	+0,72	440	
	50m: 37.63 37.63	100m: 1:19.16 41.53	150m: 2:01.46	42.30	200m: 2:43.05	41.59	
25.	Ana Sousa Chula	01	Alges e Agueda XXI	2:43.13	+0,76	439	
	50m: 38.28 38.28	100m: 1:20.08 41.80	150m: 2:02.42	42.34	200m: 2:43.13	40.71	
26.	Liliana Simoes Romao	01	Gesloures	2:43.68	+0,75	435	
	50m: 37.90 37.90	100m: 1:19.70 41.80	150m: 2:02.44	42.74	200m: 2:43.68	41.24	
27.	Juliana Goncalves Domingues	01	Benfica	2:43.85	+0,60	434	
	50m: 37.20 37.20	100m: 1:17.83 40.63	150m: 2:00.46	42.63	200m: 2:43.85	43.39	
28.	Sofia Gales Pinto	01	Colegio SMLamas	2:44.70	+0,76	427	
	50m: 38.10 38.10	100m: 1:19.72 41.62	150m: 2:02.38	42.66	200m: 2:44.70	42.32	
29.	Joana Mira Pereira	01	Naval Setubalense	2:45.26	+0,85	423	
	50m: 37.85 37.85	100m: 1:19.29 41.44	150m: 2:02.86	43.57	200m: 2:45.26	42.40	
30.	Andreia Rodrigues Castro	01	Estarreja	2:45.78	+0,81	419	
	50m: 38.12 38.12	100m: 1:20.21 42.09	150m: 2:03.01	42.80	200m: 2:45.78	42.77	
31.	Margarida Alexandra Pedrosa	01	Colegio Monte Maior	2:46.32	+0,68	415	
	50m: 38.29 38.29	100m: 1:19.94 41.65	150m: 2:03.22	43.28	200m: 2:46.32	43.10	
32.	Ana Margarida Goncalves	01	Vilacondense	2:47.20	+1,17	408	
	50m: 37.37 37.37	100m: 1:18.71 41.34	150m: 2:03.11	44.40	200m: 2:47.20	44.09	
33.	Margarida Rocha Rodrigues	01	Sporting	2:49.50	+0,66	392	
	50m: 39.72 39.72	100m: 1:21.76 42.04	150m: 2:05.97	44.21	200m: 2:49.50	43.53	
DNS	Francisca Alexandra Graca	01	Vilacondense				

Prova 29, Femin., 200m Costas, Elimin

Prova 29
13-03-2016 - 10:35

Femin., 200m Costas

Juvenis B
Resultados Elimin

Rec Nac Absoluto	2:15.27	Francisca Gomes Azevedo	SAD	Coimbra	20-06-2015
Rec Nac Juv B	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim	06-02-2011

TAC_B-JUVBF 50m: 2:45.40 - 25m: 2:40.15

Pontos: FINA 2016

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafaela Gomes Azevedo	02	Alges	2:24.98	+0,66	626	
	50m: 32.51 32.51		100m: 1:09.21 36.70	150m: 1:47.45	38.24	200m: 2:24.98	37.53
2.	Joana Nunes Cardeal	02	Academico Viseu	2:31.51	+0,79	548	
	50m: 34.71 34.71		100m: 1:13.17 38.46	150m: 1:52.96	39.79	200m: 2:31.51	38.55
3.	Mafalda Joana Oliveira	02	Lousada SXXI	2:32.76	+0,68	535	
	50m: 34.99 34.99		100m: 1:14.07 39.08	150m: 1:54.13	40.06	200m: 2:32.76	38.63
4.	Madalena Maria Ferreira	02	Sporting	2:33.33	+0,64	529	
	50m: 35.09 35.09		100m: 1:13.22 38.13	150m: 1:53.28	40.06	200m: 2:33.33	40.05
5.	Rita Afonso Belo	02	Benedita	2:33.92	+0,67	523	
	50m: 36.33 36.33		100m: 1:14.98 38.65	150m: 1:54.47	39.49	200m: 2:33.92	39.45
6.	Alice Carmo Lourenco	02	Viana Natacao	2:34.03	+0,68	522	
	50m: 36.25 36.25		100m: 1:15.47 39.22	150m: 1:55.18	39.71	200m: 2:34.03	38.85
7.	Mafalda Pacheco Cunha	02	Fluivial Portuense	2:35.03	+0,56	512	
	50m: 35.38 35.38		100m: 1:14.98 39.60	150m: 1:54.98	40.00	200m: 2:35.03	40.05
8.	Ana Rita Matos	02	Geslours	2:35.49	+0,63	507	
	50m: 35.93 35.93		100m: 1:15.27 39.34	150m: 1:55.75	40.48	200m: 2:35.49	39.74
9.	Nicoleta Lascu	02	Litoral Alentejano	2:36.07	+0,77	502	
	50m: 35.43 35.43		100m: 1:14.98 39.55	150m: 1:56.67	41.69	200m: 2:36.07	39.40
10.	Maria Mousinho Esteves	02	Amadora	2:37.30	+0,65	490	
	50m: 36.13 36.13		100m: 1:15.99 39.86	150m: 1:57.56	41.57	200m: 2:37.30	39.74
11.	Diana Violante Romao	02	Naval da Nazare	2:37.48	+0,61	488	
	50m: 36.66 36.66		100m: 1:17.17 40.51	150m: 1:58.55	41.38	200m: 2:37.48	38.93
12.	Maria Joao Carvalho	02	Portinado	2:37.60	+0,67	487	
	50m: 36.00 36.00		100m: 1:15.93 39.93	150m: 1:57.04	41.11	200m: 2:37.60	40.56
13.	Francisca Salvador Mesquita	02	Colegio Monte Maior	2:38.36	+0,73	480	
	50m: 36.14 36.14		100m: 1:16.01 39.87	150m: 1:57.71	41.70	200m: 2:38.36	40.65
14.	Mariana Sousa Maia	02	Famalicao	2:39.78	+0,70	468	
	50m: 36.60 36.60		100m: 1:17.50 40.90	150m: 1:59.41	41.91	200m: 2:39.78	40.37
15.	Catarina Trigo Ferreira	02	Amadora	2:40.17	+0,70	464	
	50m: 38.35 38.35		100m: 1:18.72 40.37	150m: 2:00.83	42.11	200m: 2:40.17	39.34
16.	Carina Vlasjuk	02	Sporting	2:40.49	+0,77	461	
	50m: 37.81 37.81		100m: 1:18.84 41.03	150m: 2:00.04	41.20	200m: 2:40.49	40.45
17.	Carolina Ines Francisco	02	Benedita	2:40.72	+0,89	459	
	50m: 38.35 38.35		100m: 1:18.85 40.50	150m: 2:00.63	41.78	200m: 2:40.72	40.09
18.	Mafalda Marques Pinto	02	Benfica	2:41.67	+0,62	451	
	50m: 36.54 36.54		100m: 1:18.09 41.55	150m: 2:01.14	43.05	200m: 2:41.67	40.53

Prova 29, Femin., 200m Costas, Elimín, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Maria Ines Catarino	02	Alcobaca	2:41.74	+0,75	451	
	50m: 37.53 37.53		100m: 1:18.40 40.87	150m: 2:01.18	42.78	200m: 2:41.74	40.56
20.	Rita Alexandra Campos	02	Porto	2:41.81	+0,83	450	
	50m: 37.97 37.97		100m: 1:19.08 41.11	150m: 2:00.39	41.31	200m: 2:41.81	41.42
21.	Maria de Castro Tome	02	Sporting de Aveiro	2:42.78	+0,72	442	
	50m: 37.87 37.87		100m: 1:17.99 40.12	150m: 2:00.24	42.25	200m: 2:42.78	42.54
22.	Ana Lopes Santos	02	Vilacondense	2:42.99	+0,72	440	
	50m: 37.17 37.17		100m: 1:17.81 40.64	150m: 2:00.83	43.02	200m: 2:42.99	42.16
23.	Maria Oliveira Queiros	02	Famalicao	2:43.27	+0,80	438	
	50m: 38.64 38.64		100m: 1:20.56 41.92	150m: 2:03.20	42.64	200m: 2:43.27	40.07
24.	Beatriz Sanches Infante	02	Alges	2:43.35	+0,64	438	
	50m: 39.31 39.31		100m: 1:21.24 41.93	150m: 2:03.27	42.03	200m: 2:43.35	40.08
25.	Carolina Barros Domingos	02	Sporting	2:43.43	+0,68	437	
	50m: 36.93 36.93		100m: 1:17.27 40.34	150m: 2:00.32	43.05	200m: 2:43.43	43.11
26.	Ines Oliveira Teixeira	02	Estarreja	2:43.96	+0,63	433	
	50m: 38.32 38.32		100m: 1:20.24 41.92	150m: 2:03.03	42.79	200m: 2:43.96	40.93
27.	Joana Sofia Machado	02	Valongo	2:44.23	+0,67	431	
	50m: 37.23 37.23		100m: 1:18.55 41.32	150m: 2:01.90	43.35	200m: 2:44.23	42.33
28.	Rita Morgado Vieira	02	Rio Maior	2:44.46	+0,78	429	
	50m: 39.57 39.57		100m: 1:20.88 41.31	150m: 2:02.65	41.77	200m: 2:44.46	41.81
29.	Ana Margarida Leite	02	Fafe	2:44.54	+0,74	428	
	50m: 37.16 37.16		100m: 1:19.25 42.09	150m: 2:02.08	42.83	200m: 2:44.54	42.46
30.	Isis Sousa Severino	02	Louletano / Loule Concelho	2:45.17	+0,60	423	
	50m: 36.44 36.44		100m: 1:18.14 41.70	150m: 2:01.50	43.36	200m: 2:45.17	43.67
31.	Ana Francisca Goncalves	02	Academico Viseu	2:45.42	+0,71	421	
	50m: 38.90 38.90		100m: 1:20.44 41.54	150m: 2:03.59	43.15	200m: 2:45.42	41.83
32.	Maria Manuel Mateus	02	Benedita	2:46.01		417	
	50m: 38.25 38.25		100m: 1:19.29 41.04	150m: 2:02.58	43.29	200m: 2:46.01	43.43
DNS	Ana Beatriz Rodrigues	02	Rio Maior				