

| Prova 9 | Femin., 200m Costas | | | | Absolutos |
|------------------|---------------------|--------------------------|-----|----------|------------|
| 31-10-2015 | | | | | Resultados |
| Rec Nac Absoluto | 2:11.56 | Francisca Gomes Azevedo | SAD | Porto | 21-12-2014 |
| Rec Nac Inf B | 2:27.92 | Keissy Joselin Sousa | FCP | Alcobaça | 16-03-1997 |
| Rec Nac Inf A | 2:21.33 | Rafaela Gomes Azevedo | SAD | Algés | 06-06-2015 |
| Rec Nac Juv B | 2:17.86 | Catia Raquel Martinheira | LDC | Sines | 21-12-2008 |
| Rec Nac Juv A | 2:16.30 | Petra Quintela Chaves | SAD | Algés | 14-05-1993 |
| Rec Nac Jun 1 | 2:12.80 | Petra Quintela Chaves | SAD | Algés | 31-05-1994 |
| Rec Nac Jun 2 | 2:12.52 | Rita Barros Frischknecht | SAD | Porto | 21-12-2014 |
| Rec Nac Sen | 2:11.56 | Francisca Gomes Azevedo | SAD | Porto | 21-12-2014 |

Pontos: FINA 2015

| Lugar | Nome | Ano | NFed | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------|-----|-----------------------|---------------------|---------------------|-------|----------|---------|
| 1. | Ines Ferreira Duarte | 01 | 118260 | Natacao do Tejo | 2:31.52 | | 487 | 25,0(-) |
| | 50m: 33.67 33.67 | | 100m: 1:11.22 37.55 | 150m: 1:50.97 39.75 | 200m: 2:31.52 40.55 | | | |
| 2. | Ana Reis Sousa | 02 | 122440 | Litoral Alentejano | 2:33.01 | | 473 | 23,0(-) |
| | 50m: 36.16 36.16 | | 100m: 1:15.08 38.92 | 150m: 1:54.65 39.57 | 200m: 2:33.01 38.36 | | | |
| 3. | Patricia Goncalves Leal | 01 | 123436 | Ba/Bomcar | 2:38.04 | | 429 | 22,0(-) |
| | 50m: 36.22 36.22 | | 100m: 1:16.02 39.80 | 150m: 1:57.85 41.83 | 200m: 2:38.04 40.19 | | | |
| 4. | Barbara Outeiro Posse | 00 | 119456 | Alges e Agueda XXI | 2:39.09 | | 420 | 21,0(-) |
| | 50m: 37.29 37.29 | | 100m: 1:17.16 39.87 | 150m: 1:58.06 40.90 | 200m: 2:39.09 41.03 | | | |
| 5. | Rita Sousa Cardoso | 00 | 118935 | Albicastrense | 2:40.50 | | 409 | 20,0(-) |
| | 50m: 36.66 36.66 | | 100m: 1:16.97 40.31 | 150m: 1:58.74 41.77 | 200m: 2:40.50 41.76 | | | |
| 6. | Filipa Maria Sousa | 99 | 111365 | Bombeiros Estoris | 2:40.85 | | 407 | 19,0(-) |
| | 50m: 36.00 36.00 | | 100m: 1:16.13 40.13 | 150m: 1:58.26 42.13 | 200m: 2:40.85 42.59 | | | |
| 7. | Maria Joao Pereira | 98 | 118608 | Mirandela | 2:41.10 | | 405 | 18,0(-) |
| | 50m: 37.78 37.78 | | 100m: 1:18.96 41.18 | 150m: 2:00.59 41.63 | 200m: 2:41.10 40.51 | | | |
| 8. | Carolina Luis Amaral | 01 | 118111 | BUZIOS-Coruche | 2:41.69 | | 400 | 17,0(-) |
| | 50m: 38.04 38.04 | | 100m: 1:19.20 41.16 | 150m: 2:01.16 41.96 | 200m: 2:41.69 40.53 | | | |
| 9. | Laura Andre Catarino | 03 | 126929 | CCDSerta | 2:45.45 | | 374 | 16,0(-) |
| | 50m: 38.07 38.07 | | 100m: 1:19.77 41.70 | 150m: 2:03.10 43.33 | 200m: 2:45.45 42.35 | | | |
| 10. | Ana Beatriz Costa | 00 | 108628 | Naval Praia Vitoria | 2:45.49 | | 373 | 15,0(-) |
| | 50m: 39.38 39.38 | | 200m: 2:45.49 2:06.11 | | | | | |
| 11. | Joana Filipa Silva | 98 | 125636 | O Crasto | 2:47.65 | | 359 | 14,0(-) |
| | 50m: 37.51 37.51 | | 100m: 1:20.18 42.67 | 150m: 2:04.27 44.09 | 200m: 2:47.65 43.38 | | | |
| 12. | Rita Pereira Dias | 02 | 125647 | Natacao Guarda | 2:49.03 | | 350 | 13,0(-) |
| | 50m: 38.15 38.15 | | 100m: 1:21.53 43.38 | 150m: 2:06.07 44.54 | 200m: 2:49.03 42.96 | | | |
| 13. | Ana Filipa Moreira | 01 | 119091 | Lousada SXXI | 2:49.33 | | 349 | 12,0(-) |
| | 50m: 40.15 40.15 | | 100m: 1:22.78 42.63 | 150m: 2:06.58 43.80 | 200m: 2:49.33 42.75 | | | |
| 14. | Margarida Dias Mateus | 03 | 126678 | Vieirense | 2:51.25 | | 337 | 11,0(-) |
| | 50m: 38.86 38.86 | | 100m: 1:22.85 43.99 | 150m: 2:07.68 44.83 | 200m: 2:51.25 43.57 | | | |
| 15. | Mariana Fernandes Lemos | 00 | 153434 | Cultura e Desporto | 2:53.35 | | 325 | 10,0(-) |
| | 50m: 39.34 39.34 | | 100m: 1:22.34 43.00 | 150m: 2:07.57 45.23 | 200m: 2:53.35 45.78 | | | |
| 16. | Luana Beatriz Oliveira | 03 | 130184 | Amigos da Montanha | 2:55.39 | | 314 | 9,0(-) |
| | 50m: 41.97 41.97 | | 100m: 1:25.77 43.80 | 150m: 2:11.92 46.15 | 200m: 2:55.39 43.47 | | | |
| 17. | Rita Marques Pinto | 98 | 127754 | Avancado EUL | 2:56.89 | | 306 | 8,0(-) |
| | 50m: 41.28 41.28 | | 100m: 1:26.27 44.99 | 150m: 2:12.81 46.54 | 200m: 2:56.89 44.08 | | | |
| 18. | Joana Costa Bernardino | 00 | 118552 | CLAC-Entroncamento | 2:58.05 | | 300 | 7,0(-) |
| | 50m: 39.86 39.86 | | 100m: 1:24.75 44.89 | 150m: 2:11.75 47.00 | 200m: 2:58.05 46.30 | | | |

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Prova 9, Femin., 200m Costas, Absolutos

| Lugar | Nome | Ano | NFed | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|---|-----|--------|--|---------------------|-------|----------|--------|
| 19. | Sara Catarina Teixeira 50m: 42.16 42.16 | 99 | 121735 | Penafiel 100m: 1:27.43 45.27 | 150m: 2:13.31 45.88 | | 293 | 6,0(-) |
| 20. | Patricia Simoes Jorge 50m: 40.10 40.10 | 97 | 109500 | Salvaterra de Magos 100m: 1:24.33 44.23 | 150m: 2:11.83 47.50 | | 289 | 5,0(-) |
| 21. | Margarida Migueis Rodrigues 50m: 44.29 44.29 | 02 | 131873 | Atletico 100m: 1:31.93 47.64 | 150m: 2:20.98 49.05 | | 252 | 4,0(-) |
| 22. | Camila Neves Simoes 50m: 44.16 44.16 | 01 | 126601 | Nucleo Ansiao 100m: 1:32.32 48.16 | 150m: 2:21.91 49.59 | | 249 | 3,0(-) |
| 23. | Rita Carapinha Conceicao 50m: 47.29 47.29 | 01 | 129288 | Campomaiorense 100m: 1:37.46 50.17 | 150m: 2:29.04 51.58 | | 228 | 2,0(-) |
| DSQ | Joana Carvalhido Casanova 613 - Não efectuou a viragem aos 150 m logo após terminar movimento continuo dos braços - SW 6.4 | 02 | 127095 | Naval Povoense | | | | - |

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