

Prova 8 Masc., 400m Livres Infantis  
18-07-2015 - 10:15 Resultados

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Rec Nac Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004

TAC-INFAM Inf A: 4:45.84 / TAC-INFBM Inf B: 5:00.89

Pontos: FINA 2015

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
<b>Infantis B</b>							
1.	Hugo Miguel Neves	02	124254	Braga	<b>4:31.86</b>	+0,84	530
	50m: 29.54 29.54	150m: 1:37.15 34.82	250m: 2:47.78 35.16	350m: 3:58.20 34.93			
	100m: 1:02.33 32.79	200m: 2:12.62 35.47	300m: 3:23.27 35.49	400m: 4:31.86 33.66			
2.	Eduardo Gomes Fernandes	02	117625	Hoquei da Mealhada	<b>4:44.37</b>	+0,81	463
	50m: 31.15 31.15	150m: 1:43.02 36.80	250m: 2:56.93 37.15	350m: 4:10.92 36.91			
	100m: 1:06.22 35.07	200m: 2:19.78 36.76	300m: 3:34.01 37.08	400m: 4:44.37 33.45			
3.	Pedro Vilas Ruivo	02	123902	Ba/Bomcar	<b>4:47.50</b>	+0,75	448
	50m: 31.91 31.91	150m: 1:44.31 37.07	250m: 2:58.07 36.92	350m: 4:12.27 36.73			
	100m: 1:07.24 35.33	200m: 2:21.15 36.84	300m: 3:35.54 37.47	400m: 4:47.50 35.23			
4.	Tomas Penha Monteiro	02	132566	Alges	<b>4:49.91</b>	+0,72	437
	50m: 31.66 31.66	150m: 1:45.18 37.62	250m: 3:00.98 38.08	350m: 4:15.50 37.25			
	100m: 1:07.56 35.90	200m: 2:22.90 37.72	300m: 3:38.25 37.27	400m: 4:49.91 34.41			
5.	Bernardo Cardetas Cardoso	02	124208	Columbifila Cantanhedense	<b>4:50.24</b>	+0,75	435
	50m: 32.43 32.43	150m: 1:45.66 37.28	250m: 3:00.45 37.63	350m: 4:15.67 37.56			
	100m: 1:08.38 35.95	200m: 2:22.82 37.16	300m: 3:38.11 37.66	400m: 4:50.24 34.57			
6.	Martim Rebelo Malfeito	02	129023	Sporting	<b>4:50.47</b>	+0,80	434
	50m: 31.72 31.72	150m: 1:44.21 36.97	250m: 2:59.61 37.76	350m: 4:14.47 36.43			
	100m: 1:07.24 35.52	200m: 2:21.85 37.64	300m: 3:38.04 38.43	400m: 4:50.47 36.00			
7.	Tomas Galvao Lourenco	02	124070	Natacao Olhao	<b>4:52.34</b>	+0,74	426
	50m: 32.59 32.59	150m: 1:47.26 37.59	250m: 3:04.22 38.46	350m: 4:17.96 35.34			
	100m: 1:09.67 37.08	200m: 2:25.76 38.50	300m: 3:42.62 38.40	400m: 4:52.34 34.38			
8.	Manuel Landeiro Alves	02	122314	Naval Praia da Vitoria	<b>4:53.07</b>	+0,69	423
	50m: 32.84 32.84	150m: 1:48.79 38.86	250m: 3:06.36 38.44	350m: 4:20.11 36.83			
	100m: 1:09.93 37.09	200m: 2:27.92 39.13	300m: 3:43.28 36.92	400m: 4:53.07 32.96			
9.	Pedro Freitas Oliveira	02	125992	Naval do Funchal	<b>4:53.44</b>	+0,76	421
	50m: 32.07 32.07	150m: 1:46.25 37.72	250m: 3:02.02 37.72	350m: 4:17.58 37.35			
	100m: 1:08.53 36.46	200m: 2:24.30 38.05	300m: 3:40.23 38.21	400m: 4:53.44 35.86			
10.	Vicente Oliveira Gomes	02	129022	Sporting	<b>4:54.08</b>	+0,81	419
	50m: 33.00 33.00	150m: 1:46.57 38.32	250m: 3:03.18 38.57	350m: 4:18.56 37.62			
	100m: 1:08.25 35.25	200m: 2:24.61 38.04	300m: 3:40.94 37.76	400m: 4:54.08 35.52			
11.	Luis Manuel Ribeiro	02	120816	Porto	<b>4:54.58</b>	+0,80	416
	50m: 32.39 32.39	150m: 1:46.51 37.52	250m: 3:02.72 37.91	350m: 4:17.79 37.40			
	100m: 1:08.99 36.60	200m: 2:24.81 38.30	300m: 3:40.39 37.67	400m: 4:54.58 36.79			
12.	Rui Joao Marques	02	127209	Nautico/Urgicentro-Sanfil	<b>4:54.94</b>	+0,86	415
	50m: 32.18 32.18	150m: 1:47.31 38.29	250m: 3:04.34 37.88	350m: 4:19.61 37.22			
	100m: 1:09.02 36.84	200m: 2:26.46 39.15	300m: 3:42.39 38.05	400m: 4:54.94 35.33			
13.	Paulo Andre Frota	02	124128	Fundacao Beatriz Santos	<b>4:59.25</b>	+0,95	397
	50m: 32.77 32.77	150m: 1:44.02 36.42	250m: 3:00.44 38.01	350m: 4:19.54 39.89			
	100m: 1:07.60 34.83	200m: 2:22.43 38.41	300m: 3:39.65 39.21	400m: 4:59.25 39.71			
14.	Joao Andre Oliveira	02	121981	Porto	<b>4:59.80</b>	+0,99	395
	50m: 34.40 34.40	150m: 1:50.52 38.74	250m: 3:08.02 38.64	350m: 4:24.81 38.38			
	100m: 1:11.78 37.38	200m: 2:29.38 38.86	300m: 3:46.43 38.41	400m: 4:59.80 34.99			

Prova 8, Masc., 400m Livres, Infantis B

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts	
15.	Francisco Alves Souza	02	128881	Gesloures	<b>5:00.47</b>	+0,82	392	
	50m: 33.08 33.08	150m: 1:48.28 38.39	250m: 3:05.83 38.54	350m: 4:23.47 39.20	100m: 1:09.89 36.81	200m: 2:27.29 39.01	300m: 3:44.27 38.44	400m: 5:00.47 37.00
16.	Duarte Nunes Sequeira	02	117845	Natacao de Lagos	<b>5:02.20</b>	+0,70	386	
	FTL							
	50m: 32.14 32.14	150m: 1:47.02 38.50	250m: 3:05.68 39.94	350m: 4:24.77 39.20	100m: 1:08.52 36.38	200m: 2:25.74 38.72	300m: 3:45.57 39.89	400m: 5:02.20 37.43
17.	Rodrigo Oliveira Goncalves	02	124764	Porto	<b>5:03.06</b>	+0,86	382	
	FTL							
	50m: 34.44 34.44	150m: 1:50.77 39.18	250m: 3:08.65 38.86	350m: 4:26.65 39.06	100m: 1:11.59 37.15	200m: 2:29.79 39.02	300m: 3:47.59 38.94	400m: 5:03.06 36.41
18.	Daniel Luis Carvalho	02	124253	Braga	<b>5:08.27</b>	+0,98	363	
	FTL							
	50m: 33.17 33.17	150m: 1:50.84 40.07	250m: 3:10.77 39.97	350m: 4:30.45 39.72	100m: 1:10.77 37.60	200m: 2:30.80 39.96	300m: 3:50.73 39.96	400m: 5:08.27 37.82

Infantis A

1.	Tiago Miguel Vilhena	01	118484	Natacao de Faro	<b>4:20.30</b>	+0,75	604	
	50m: 29.24 29.24	150m: 1:34.54 33.16	250m: 2:41.56 33.50	350m: 3:47.76 32.78	100m: 1:01.38 32.14	200m: 2:08.06 33.52	300m: 3:14.98 33.42	400m: 4:20.30 32.54
2.	Joao Peixoto Pereira	01	121310	Braga	<b>4:23.09</b>	+0,86	585	
	50m: 29.89 29.89	150m: 1:36.07 33.50	250m: 2:44.23 33.85	350m: 3:51.42 33.35	100m: 1:02.57 32.68	200m: 2:10.38 34.31	300m: 3:18.07 33.84	400m: 4:23.09 31.67
3.	Duarte Miguel Jorge	01	117045	Galitos	<b>4:24.12</b>	+0,78	578	
	50m: 30.12 30.12	150m: 1:36.02 33.19	250m: 2:42.74 33.28	350m: 3:49.95 33.60	100m: 1:02.83 32.71	200m: 2:09.46 33.44	300m: 3:16.35 33.61	400m: 4:24.12 34.17
4.	David Matias Cristino	01	127872	Naval Amorense	<b>4:26.75</b>	+0,78	561	
	50m: 30.92 30.92	150m: 1:38.40 34.37	250m: 2:46.37 32.89	350m: 3:53.92 32.97	100m: 1:04.03 33.11	200m: 2:13.48 35.08	300m: 3:20.95 34.58	400m: 4:26.75 32.83
5.	Joao Carvalho Diz	01	119859	Nautico /Urgicentro-Sanfil	<b>4:26.95</b>	+0,76	560	
	50m: 30.46 30.46	150m: 1:37.36 33.78	250m: 2:45.50 33.93	350m: 3:53.50 34.12	100m: 1:03.58 33.12	200m: 2:11.57 34.21	300m: 3:19.38 33.88	400m: 4:26.95 33.45
6.	Ricardo Luis Leal	01	124173	CLAC-Entroncamento	<b>4:29.43</b>	+0,77	544	
	50m: 30.53 30.53	150m: 1:37.28 34.27	250m: 2:46.27 34.11	350m: 3:56.26 34.90	100m: 1:03.01 32.48	200m: 2:12.16 34.88	300m: 3:21.36 35.09	400m: 4:29.43 33.17
7.	Joao Jose Calado	01	120772	Nautico Abrantes	<b>4:32.38</b>	+0,87	527	
	50m: 29.59 29.59	150m: 1:37.39 34.67	250m: 2:48.02 35.17	350m: 3:58.47 34.63	100m: 1:02.72 33.13	200m: 2:12.85 35.46	300m: 3:23.84 35.82	400m: 4:32.38 33.91
8.	Nuno Filipe Rainho	01	119396	Galitos	<b>4:32.98</b>	+0,74	523	
	50m: 31.10 31.10	150m: 1:40.46 35.19	250m: 2:50.49 34.25	350m: 4:00.12 34.26	100m: 1:05.27 34.17	200m: 2:16.24 35.78	300m: 3:25.86 35.37	400m: 4:32.98 32.86
9.	Rafael Alcantara Aires	01	125130	Naval Amorense	<b>4:33.16</b>	+0,81	522	
	50m: 30.82 30.82	150m: 1:38.62 34.26	250m: 2:48.41 35.23	350m: 3:59.10 35.36	100m: 1:04.36 33.54	200m: 2:13.18 34.56	300m: 3:23.74 35.33	400m: 4:33.16 34.06
10.	Joao Leite Saraiva	01	118229	Famalicao	<b>4:33.25</b>	+1,03	522	
	50m: 30.88 30.88	150m: 1:39.40 35.20	250m: 2:50.47 35.89	350m: 3:59.76 34.77	100m: 1:04.20 33.32	200m: 2:14.58 35.18	300m: 3:24.99 34.52	400m: 4:33.25 33.49
11.	Diogo Franco Martins	01	121792	20Km de Almeirim	<b>4:34.84</b>	+0,82	513	
	50m: 29.82 29.82	150m: 1:37.93 35.32	250m: 2:49.58 36.06	350m: 4:01.44 35.78	100m: 1:02.61 32.79	200m: 2:13.52 35.59	300m: 3:25.66 36.08	400m: 4:34.84 33.40

Prova 8, Masc., 400m Livres, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
12.	Alexandre Miguel Branco	01	126584	Sporting	<b>4:36.02</b>	+0,81	506
	50m: 31.38 31.38	150m: 1:40.76 35.06	250m: 2:51.50 35.29	350m: 4:02.25 35.17			
	100m: 1:05.70 34.32	200m: 2:16.21 35.45	300m: 3:27.08 35.58	400m: 4:36.02 33.77			
13.	Diogo Santos Cardoso	01	122969	Colegio Monte Maior	<b>4:36.67</b>	+0,74	503
	50m: 31.70 31.70	150m: 1:42.61 35.59	250m: 2:53.31 35.30	350m: 4:03.05 34.21			
	100m: 1:07.02 35.32	200m: 2:18.01 35.40	300m: 3:28.84 35.53	400m: 4:36.67 33.62			
14.	Diogo Ramos Lebre	01	122294	Sporting de Aveiro	<b>4:36.73</b>	+0,85	502
	50m: 30.99 30.99	150m: 1:41.14 35.57	250m: 2:52.29 35.35	350m: 4:03.44 35.39			
	100m: 1:05.57 34.58	200m: 2:16.94 35.80	300m: 3:28.05 35.76	400m: 4:36.73 33.29			
15.	Afonso Passos Cunha	01	118228	Famalicao	<b>4:36.88</b>	+0,68	502
	50m: 29.54 29.54	150m: 1:38.48 35.90	250m: 2:50.22 36.21	350m: 4:02.16 35.98			
	100m: 1:02.58 33.04	200m: 2:14.01 35.53	300m: 3:26.18 35.96	400m: 4:36.88 34.72			
16.	Jose Maria Pereira	01	126579	Sporting	<b>4:38.77</b>	+0,78	491
	50m: 30.84 30.84	150m: 1:40.14 35.45	250m: 2:52.56 36.43	350m: 4:04.16 35.91			
	100m: 1:04.69 33.85	200m: 2:16.13 35.99	300m: 3:28.25 35.69	400m: 4:38.77 34.61			
17.	Rodrigo Ponte Jorge	01	127873	Naval Amorense	<b>4:39.56</b>	+0,76	487
	50m: 30.42 30.42	150m: 1:40.74 36.09	250m: 2:51.90 34.92	350m: 4:04.15 35.30			
	100m: 1:04.65 34.23	200m: 2:16.98 36.24	300m: 3:28.85 36.95	400m: 4:39.56 35.41			
18.	Diogo Alexandre Araujo	01	122109	Estrelas S. Joao de Brito	<b>4:39.74</b>	+0,77	486
	50m: 30.77 30.77	150m: 1:40.20 35.13	250m: 2:52.22 35.95	350m: 4:04.23 35.06			
	100m: 1:05.07 34.30	200m: 2:16.27 36.07	300m: 3:29.17 36.95	400m: 4:39.74 35.51			
19.	Tomas Miguel Valente	01	119202	Natacao Olhao	<b>4:40.46</b>	+0,76	483
	50m: 31.04 31.04	150m: 1:41.12 35.37	250m: 2:52.46 35.39	350m: 4:05.20 36.15			
	100m: 1:05.75 34.71	200m: 2:17.07 35.95	300m: 3:29.05 36.59	400m: 4:40.46 35.26			
20.	Joao Pedro Chagas	01	117261	Tavira Natacao	<b>4:40.92</b>	+0,74	480
	50m: 32.49 32.49	150m: 1:44.26 35.46	250m: 2:55.16 35.40	350m: 4:06.37 35.26			
	100m: 1:08.80 36.31	200m: 2:19.76 35.50	300m: 3:31.11 35.95	400m: 4:40.92 34.55			
21.	Joao Sa Melo	01	118226	Famalicao	<b>4:41.51</b>	+0,78	477
	50m: 31.37 31.37	150m: 1:41.80 36.10	250m: 2:53.87 36.35	350m: 4:06.52 36.45			
	100m: 1:05.70 34.33	200m: 2:17.52 35.72	300m: 3:30.07 36.20	400m: 4:41.51 34.99			
22.	Edgar Casimiro Ribeiro	01	121555	Alcobaca	<b>4:41.63</b>	+0,68	477
	50m: 31.36 31.36	150m: 1:40.43 35.02	250m: 2:52.67 36.46	350m: 4:05.85 36.93			
	100m: 1:05.41 34.05	200m: 2:16.21 35.78	300m: 3:28.92 36.25	400m: 4:41.63 35.78			
23.	David Joao Tinoco	01	121234	Columbofila Cantanhedense	<b>4:43.64</b>	+0,61	467
	50m: 31.94 31.94	150m: 1:42.42 35.76	250m: 2:54.83 36.14	350m: 4:07.88 36.44			
	100m: 1:06.66 34.72	200m: 2:18.69 36.27	300m: 3:31.44 36.61	400m: 4:43.64 35.76			
24.	Ricardo Pinela Ferreira	01	122050	Alges	<b>4:43.71</b>	+0,67	466
	50m: 30.67 30.67	150m: 1:39.16 35.54	250m: 2:52.46 37.50	350m: 4:07.56 37.78			
	100m: 1:03.62 32.95	200m: 2:14.96 35.80	300m: 3:29.78 37.32	400m: 4:43.71 36.15			
25.	Ricardo Jorge Moreira	01	122012	Natacao de Valongo	<b>4:44.68</b>	+0,83	461
	50m: 31.73 31.73	150m: 1:42.14 36.02	250m: 2:55.43 37.13	350m: 4:08.90 36.92			
	100m: 1:06.12 34.39	200m: 2:18.30 36.16	300m: 3:31.98 36.55	400m: 4:44.68 35.78			
26.	Alexandre Pires Spagnol	01	126371	Louletano / Loule Concelho	<b>4:44.88</b>	+0,73	460
	50m: 31.84 31.84	150m: 1:43.15 36.36	250m: 2:56.77 36.92	350m: 4:09.63 36.31			
	100m: 1:06.79 34.95	200m: 2:19.85 36.70	300m: 3:33.32 36.55	400m: 4:44.88 35.25			
27.	Pedro Simoes Rodrigues	01	124002	Nautico /Urgicentro-Sanfil	<b>4:45.29</b>	+0,87	459
	50m: 31.85 31.85	150m: 1:43.47 36.11	250m: 2:56.84 36.77	350m: 4:10.61 37.06			
	100m: 1:07.36 35.51	200m: 2:20.07 36.60	300m: 3:33.55 36.71	400m: 4:45.29 34.68			
28.	Edgar Filipe Santos	01	127750	Naval Amorense	<b>4:45.80</b>	+0,81	456
	50m: 32.48 32.48	150m: 1:45.65 37.35	250m: 2:59.21 36.33	350m: 4:11.99 36.08			
	100m: 1:08.30 35.82	200m: 2:22.88 37.23	300m: 3:35.91 36.70	400m: 4:45.80 33.81			

Prova 8, Masc., 400m Livres, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
29.	Pedro Miguel Santos FTL	01	121987	Porto	<b>4:46.65</b>	+0,70	452
	50m: 31.14 31.14			150m: 1:42.88 37.07	250m: 2:56.59 36.87	350m: 4:11.40 37.40	
	100m: 1:05.81 34.67			200m: 2:19.72 36.84	300m: 3:34.00 37.41	400m: 4:46.65 35.25	
30.	Ricardo Martins Bras FTL	01	121508	Belenenses	<b>4:47.70</b>	+0,73	447
	50m: 32.93 32.93			150m: 1:45.79 36.83	250m: 2:59.12 36.54	350m: 4:12.29 36.37	
	100m: 1:08.96 36.03			200m: 2:22.58 36.79	300m: 3:35.92 36.80	400m: 4:47.70 35.41	
31.	Joao Mano Costa FTL	01	121356	Braga	<b>4:48.44</b>	+0,90	444
	50m: 31.68 31.68			150m: 1:43.37 36.50	250m: 2:58.33 37.25	350m: 4:12.88 37.23	
	100m: 1:06.87 35.19			200m: 2:21.08 37.71	300m: 3:35.65 37.32	400m: 4:48.44 35.56	
32.	Luis Tiago Fernandes FTL	01	111447	Famalicao	<b>4:48.68</b>	+0,77	443
	50m: 31.31 31.31			150m: 1:43.11 36.69	250m: 2:57.77 37.68	350m: 4:12.30 37.43	
	100m: 1:06.42 35.11			200m: 2:20.09 36.98	300m: 3:34.87 37.10	400m: 4:48.68 36.38	
33.	Afonso Miguel Klier FTL	01	119838	Galitos	<b>4:51.65</b>	+0,71	429
	50m: 31.76 31.76			150m: 1:43.81 36.74	250m: 2:59.02 37.99	350m: 4:14.72 38.03	
	100m: 1:07.07 35.31			200m: 2:21.03 37.22	300m: 3:36.69 37.67	400m: 4:51.65 36.93	

Infantis

1.	Tiago Miguel Vilhena	01	118484	Natacao de Faro	<b>4:20.30</b>	+0,75	604
	50m: 29.24 29.24			150m: 1:34.54 33.16	250m: 2:41.56 33.50	350m: 3:47.76 32.78	
	100m: 1:01.38 32.14			200m: 2:08.06 33.52	300m: 3:14.98 33.42	400m: 4:20.30 32.54	
2.	Joao Peixoto Pereira	01	121310	Braga	<b>4:23.09</b>	+0,86	585
	50m: 29.89 29.89			150m: 1:36.07 33.50	250m: 2:44.23 33.85	350m: 3:51.42 33.35	
	100m: 1:02.57 32.68			200m: 2:10.38 34.31	300m: 3:18.07 33.84	400m: 4:23.09 31.67	
3.	Duarte Miguel Jorge	01	117045	Galitos	<b>4:24.12</b>	+0,78	578
	50m: 30.12 30.12			150m: 1:36.02 33.19	250m: 2:42.74 33.28	350m: 3:49.95 33.60	
	100m: 1:02.83 32.71			200m: 2:09.46 33.44	300m: 3:16.35 33.61	400m: 4:24.12 34.17	
4.	David Matias Cristino	01	127872	Naval Amorense	<b>4:26.75</b>	+0,78	561
	50m: 30.92 30.92			150m: 1:38.40 34.37	250m: 2:46.37 32.89	350m: 3:53.92 32.97	
	100m: 1:04.03 33.11			200m: 2:13.48 35.08	300m: 3:20.95 34.58	400m: 4:26.75 32.83	
5.	Joao Carvalho Diz	01	119859	Nautico /Urgicentro-Sanfil	<b>4:26.95</b>	+0,76	560
	50m: 30.46 30.46			150m: 1:37.36 33.78	250m: 2:45.50 33.93	350m: 3:53.50 34.12	
	100m: 1:03.58 33.12			200m: 2:11.57 34.21	300m: 3:19.38 33.88	400m: 4:26.95 33.45	
6.	Ricardo Luis Leal	01	124173	CLAC-Entroncamento	<b>4:29.43</b>	+0,77	544
	50m: 30.53 30.53			150m: 1:37.28 34.27	250m: 2:46.27 34.11	350m: 3:56.26 34.90	
	100m: 1:03.01 32.48			200m: 2:12.16 34.88	300m: 3:21.36 35.09	400m: 4:29.43 33.17	
7.	Hugo Miguel Neves	02	124254	Braga	<b>4:31.86</b>	+0,84	530
	50m: 29.54 29.54			150m: 1:37.15 34.82	250m: 2:47.78 35.16	350m: 3:58.20 34.93	
	100m: 1:02.33 32.79			200m: 2:12.62 35.47	300m: 3:23.27 35.49	400m: 4:31.86 33.66	
8.	Joao Jose Calado	01	120772	Nautico Abrantes	<b>4:32.38</b>	+0,87	527
	50m: 29.59 29.59			150m: 1:37.39 34.67	250m: 2:48.02 35.17	350m: 3:58.47 34.63	
	100m: 1:02.72 33.13			200m: 2:12.85 35.46	300m: 3:23.84 35.82	400m: 4:32.38 33.91	
9.	Nuno Filipe Rainho	01	119396	Galitos	<b>4:32.98</b>	+0,74	523
	50m: 31.10 31.10			150m: 1:40.46 35.19	250m: 2:50.49 34.25	350m: 4:00.12 34.26	
	100m: 1:05.27 34.17			200m: 2:16.24 35.78	300m: 3:25.86 35.37	400m: 4:32.98 32.86	

Prova 8, Masc., 400m Livres, Infantis

Lugar	Nome	Ano	Licença	Clube	TP final	TReac	Pts	
10.	Rafael Alcantara Aires	01	125130	Naval Amorense	<b>4:33.16</b>	+0,81	522	
	50m: 30.82 30.82	150m: 1:38.62 34.26	250m: 2:48.41 35.23	350m: 3:59.10 35.36	100m: 1:04.36 33.54	200m: 2:13.18 34.56	300m: 3:23.74 35.33	400m: 4:33.16 34.06
11.	Joao Leite Saraiva	01	118229	Famalicao	<b>4:33.25</b>	+1,03	522	
	50m: 30.88 30.88	150m: 1:39.40 35.20	250m: 2:50.47 35.89	350m: 3:59.76 34.77	100m: 1:04.20 33.32	200m: 2:14.58 35.18	300m: 3:24.99 34.52	400m: 4:33.25 33.49
12.	Diogo Franco Martins	01	121792	20Km de Almeirim	<b>4:34.84</b>	+0,82	513	
	50m: 29.82 29.82	150m: 1:37.93 35.32	250m: 2:49.58 36.06	350m: 4:01.44 35.78	100m: 1:02.61 32.79	200m: 2:13.52 35.59	300m: 3:25.66 36.08	400m: 4:34.84 33.40
13.	Alexandre Miguel Branco	01	126584	Sporting	<b>4:36.02</b>	+0,81	506	
	50m: 31.38 31.38	150m: 1:40.76 35.06	250m: 2:51.50 35.29	350m: 4:02.25 35.17	100m: 1:05.70 34.32	200m: 2:16.21 35.45	300m: 3:27.08 35.58	400m: 4:36.02 33.77
14.	Diogo Santos Cardoso	01	122969	Colegio Monte Maior	<b>4:36.67</b>	+0,74	503	
	50m: 31.70 31.70	150m: 1:42.61 35.59	250m: 2:53.31 35.30	350m: 4:03.05 34.21	100m: 1:07.02 35.32	200m: 2:18.01 35.40	300m: 3:28.84 35.53	400m: 4:36.67 33.62
15.	Diogo Ramos Lebre	01	122294	Sporting de Aveiro	<b>4:36.73</b>	+0,85	502	
	50m: 30.99 30.99	150m: 1:41.14 35.57	250m: 2:52.29 35.35	350m: 4:03.44 35.39	100m: 1:05.57 34.58	200m: 2:16.94 35.80	300m: 3:28.05 35.76	400m: 4:36.73 33.29
16.	Afonso Passos Cunha	01	118228	Famalicao	<b>4:36.88</b>	+0,68	502	
	50m: 29.54 29.54	150m: 1:38.48 35.90	250m: 2:50.22 36.21	350m: 4:02.16 35.98	100m: 1:02.58 33.04	200m: 2:14.01 35.53	300m: 3:26.18 35.96	400m: 4:36.88 34.72
17.	Jose Maria Pereira	01	126579	Sporting	<b>4:38.77</b>	+0,78	491	
	50m: 30.84 30.84	150m: 1:40.14 35.45	250m: 2:52.56 36.43	350m: 4:04.16 35.91	100m: 1:04.69 33.85	200m: 2:16.13 35.99	300m: 3:28.25 35.69	400m: 4:38.77 34.61
18.	Rodrigo Ponte Jorge	01	127873	Naval Amorense	<b>4:39.56</b>	+0,76	487	
	50m: 30.42 30.42	150m: 1:40.74 36.09	250m: 2:51.90 34.92	350m: 4:04.15 35.30	100m: 1:04.65 34.23	200m: 2:16.98 36.24	300m: 3:28.85 36.95	400m: 4:39.56 35.41
19.	Diogo Alexandre Araujo	01	122109	Estrelas S. Joao de Brito	<b>4:39.74</b>	+0,77	486	
	50m: 30.77 30.77	150m: 1:40.20 35.13	250m: 2:52.22 35.95	350m: 4:04.23 35.06	100m: 1:05.07 34.30	200m: 2:16.27 36.07	300m: 3:29.17 36.95	400m: 4:39.74 35.51
20.	Tomas Miguel Valente	01	119202	Natacao Olhao	<b>4:40.46</b>	+0,76	483	
	50m: 31.04 31.04	150m: 1:41.12 35.37	250m: 2:52.46 35.39	350m: 4:05.20 36.15	100m: 1:05.75 34.71	200m: 2:17.07 35.95	300m: 3:29.05 36.59	400m: 4:40.46 35.26
21.	Joao Pedro Chagas	01	117261	Tavira Natacao	<b>4:40.92</b>	+0,74	480	
	50m: 32.49 32.49	150m: 1:44.26 35.46	250m: 2:55.16 35.40	350m: 4:06.37 35.26	100m: 1:08.80 36.31	200m: 2:19.76 35.50	300m: 3:31.11 35.95	400m: 4:40.92 34.55
22.	Joao Sa Melo	01	118226	Famalicao	<b>4:41.51</b>	+0,78	477	
	50m: 31.37 31.37	150m: 1:41.80 36.10	250m: 2:53.87 36.35	350m: 4:06.52 36.45	100m: 1:05.70 34.33	200m: 2:17.52 35.72	300m: 3:30.07 36.20	400m: 4:41.51 34.99
23.	Edgar Casimiro Ribeiro	01	121555	Alcobaca	<b>4:41.63</b>	+0,68	477	
	50m: 31.36 31.36	150m: 1:40.43 35.02	250m: 2:52.67 36.46	350m: 4:05.85 36.93	100m: 1:05.41 34.05	200m: 2:16.21 35.78	300m: 3:28.92 36.25	400m: 4:41.63 35.78
24.	David Joao Tinoco	01	121234	Columbofila Cantanhedense	<b>4:43.64</b>	+0,61	467	
	50m: 31.94 31.94	150m: 1:42.42 35.76	250m: 2:54.83 36.14	350m: 4:07.88 36.44	100m: 1:06.66 34.72	200m: 2:18.69 36.27	300m: 3:31.44 36.61	400m: 4:43.64 35.76
25.	Ricardo Pinela Ferreira	01	122050	Alges	<b>4:43.71</b>	+0,67	466	
	50m: 30.67 30.67	150m: 1:39.16 35.54	250m: 2:52.46 37.50	350m: 4:07.56 37.78	100m: 1:03.62 32.95	200m: 2:14.96 35.80	300m: 3:29.78 37.32	400m: 4:43.71 36.15
26.	Eduardo Gomes Fernandes	02	117625	Hoquei da Mealhada	<b>4:44.37</b>	+0,81	463	
	50m: 31.15 31.15	150m: 1:43.02 36.80	250m: 2:56.93 37.15	350m: 4:10.92 36.91	100m: 1:06.22 35.07	200m: 2:19.78 36.76	300m: 3:34.01 37.08	400m: 4:44.37 33.45

Prova 8, Masc., 400m Livres, Infantis

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
27.	Ricardo Jorge Moreira	01	122012	Natacao de Valongo	<b>4:44.68</b>	+0,83	461
	50m: 31.73 31.73		150m: 1:42.14 36.02	250m: 2:55.43 37.13	350m: 4:08.90 36.92		
	100m: 1:06.12 34.39		200m: 2:18.30 36.16	300m: 3:31.98 36.55	400m: 4:44.68 35.78		
28.	Alexandre Pires Spagnol	01	126371	Louletano / Loule Concelho	<b>4:44.88</b>	+0,73	460
	50m: 31.84 31.84		150m: 1:43.15 36.36	250m: 2:56.77 36.92	350m: 4:09.63 36.31		
	100m: 1:06.79 34.95		200m: 2:19.85 36.70	300m: 3:33.32 36.55	400m: 4:44.88 35.25		
29.	Pedro Simoes Rodrigues	01	124002	Nautico /Urgicentro-Sanfil	<b>4:45.29</b>	+0,87	459
	50m: 31.85 31.85		150m: 1:43.47 36.11	250m: 2:56.84 36.77	350m: 4:10.61 37.06		
	100m: 1:07.36 35.51		200m: 2:20.07 36.60	300m: 3:33.55 36.71	400m: 4:45.29 34.68		
30.	Edgar Filipe Santos	01	127750	Naval Amorense	<b>4:45.80</b>	+0,81	456
	50m: 32.48 32.48		150m: 1:45.65 37.35	250m: 2:59.21 36.33	350m: 4:11.99 36.08		
	100m: 1:08.30 35.82		200m: 2:22.88 37.23	300m: 3:35.91 36.70	400m: 4:45.80 33.81		
31.	Pedro Miguel Santos <i>FTL</i>	01	121987	Porto	<b>4:46.65</b>	+0,70	452
	50m: 31.14 31.14		150m: 1:42.88 37.07	250m: 2:56.59 36.87	350m: 4:11.40 37.40		
	100m: 1:05.81 34.67		200m: 2:19.72 36.84	300m: 3:34.00 37.41	400m: 4:46.65 35.25		
32.	Pedro Vilas Ruivo	02	123902	Ba/Bomcar	<b>4:47.50</b>	+0,75	448
	50m: 31.91 31.91		150m: 1:44.31 37.07	250m: 2:58.07 36.92	350m: 4:12.27 36.73		
	100m: 1:07.24 35.33		200m: 2:21.15 36.84	300m: 3:35.54 37.47	400m: 4:47.50 35.23		
33.	Ricardo Martins Bras <i>FTL</i>	01	121508	Belenenses	<b>4:47.70</b>	+0,73	447
	50m: 32.93 32.93		150m: 1:45.79 36.83	250m: 2:59.12 36.54	350m: 4:12.29 36.37		
	100m: 1:08.96 36.03		200m: 2:22.58 36.79	300m: 3:35.92 36.80	400m: 4:47.70 35.41		
34.	Joao Mano Costa <i>FTL</i>	01	121356	Braga	<b>4:48.44</b>	+0,90	444
	50m: 31.68 31.68		150m: 1:43.37 36.50	250m: 2:58.33 37.25	350m: 4:12.88 37.23		
	100m: 1:06.87 35.19		200m: 2:21.08 37.71	300m: 3:35.65 37.32	400m: 4:48.44 35.56		
35.	Luis Tiago Fernandes <i>FTL</i>	01	111447	Famalicao	<b>4:48.68</b>	+0,77	443
	50m: 31.31 31.31		150m: 1:43.11 36.69	250m: 2:57.77 37.68	350m: 4:12.30 37.43		
	100m: 1:06.42 35.11		200m: 2:20.09 36.98	300m: 3:34.87 37.10	400m: 4:48.68 36.38		
36.	Tomas Penha Monteiro	02	132566	Alges	<b>4:49.91</b>	+0,72	437
	50m: 31.66 31.66		150m: 1:45.18 37.62	250m: 3:00.98 38.08	350m: 4:15.50 37.25		
	100m: 1:07.56 35.90		200m: 2:22.90 37.72	300m: 3:38.25 37.27	400m: 4:49.91 34.41		
37.	Bernardo Cardetas Cardoso	02	124208	Columbofila Cantanhedense	<b>4:50.24</b>	+0,75	435
	50m: 32.43 32.43		150m: 1:45.66 37.28	250m: 3:00.45 37.63	350m: 4:15.67 37.56		
	100m: 1:08.38 35.95		200m: 2:22.82 37.16	300m: 3:38.11 37.66	400m: 4:50.24 34.57		
38.	Martim Rebelo Malfeito	02	129023	Sporting	<b>4:50.47</b>	+0,80	434
	50m: 31.72 31.72		150m: 1:44.21 36.97	250m: 2:59.61 37.76	350m: 4:14.47 36.43		
	100m: 1:07.24 35.52		200m: 2:21.85 37.64	300m: 3:38.04 38.43	400m: 4:50.47 36.00		
39.	Afonso Miguel Klier <i>FTL</i>	01	119838	Galitos	<b>4:51.65</b>	+0,71	429
	50m: 31.76 31.76		150m: 1:43.81 36.74	250m: 2:59.02 37.99	350m: 4:14.72 38.03		
	100m: 1:07.07 35.31		200m: 2:21.03 37.22	300m: 3:36.69 37.67	400m: 4:51.65 36.93		
40.	Tomas Galvao Lourenco	02	124070	Natacao Olhao	<b>4:52.34</b>	+0,74	426
	50m: 32.59 32.59		150m: 1:47.26 37.59	250m: 3:04.22 38.46	350m: 4:17.96 35.34		
	100m: 1:09.67 37.08		200m: 2:25.76 38.50	300m: 3:42.62 38.40	400m: 4:52.34 34.38		
41.	Manuel Landeiro Alves	02	122314	Naval Praia da Vitoria	<b>4:53.07</b>	+0,69	423
	50m: 32.84 32.84		150m: 1:48.79 38.86	250m: 3:06.36 38.44	350m: 4:20.11 36.83		
	100m: 1:09.93 37.09		200m: 2:27.92 39.13	300m: 3:43.28 36.92	400m: 4:53.07 32.96		

Prova 8, Masc., 400m Livres, Infantis

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts		
42.	Pedro Freitas Oliveira	02	125992	Naval do Funchal	<b>4:53.44</b>	+0,76	421		
	50m: 32.07 32.07	150m: 1:46.25 37.72	250m: 3:02.02 37.72	350m: 4:17.58 37.35	100m: 1:08.53 36.46	200m: 2:24.30 38.05	300m: 3:40.23 38.21	400m: 4:53.44 35.86	
43.	Vicente Oliveira Gomes	02	129022	Sporting	<b>4:54.08</b>	+0,81	419		
	50m: 33.00 33.00	150m: 1:46.57 38.32	250m: 3:03.18 38.57	350m: 4:18.56 37.62	100m: 1:08.25 35.25	200m: 2:24.61 38.04	300m: 3:40.94 37.76	400m: 4:54.08 35.52	
44.	Luis Manuel Ribeiro	02	120816	Porto	<b>4:54.58</b>	+0,80	416		
	50m: 32.39 32.39	150m: 1:46.51 37.52	250m: 3:02.72 37.91	350m: 4:17.79 37.40	100m: 1:08.99 36.60	200m: 2:24.81 38.30	300m: 3:40.39 37.67	400m: 4:54.58 36.79	
45.	Rui Joao Marques	02	127209	Nautico /Urgicentro-Sanfil	<b>4:54.94</b>	+0,86	415		
	50m: 32.18 32.18	150m: 1:47.31 38.29	250m: 3:04.34 37.88	350m: 4:19.61 37.22	100m: 1:09.02 36.84	200m: 2:26.46 39.15	300m: 3:42.39 38.05	400m: 4:54.94 35.33	
46.	Paulo Andre Frota	02	124128	Fundacao Beatriz Santos	<b>4:59.25</b>	+0,95	397		
	50m: 32.77 32.77	150m: 1:44.02 36.42	250m: 3:00.44 38.01	350m: 4:19.54 39.89	100m: 1:07.60 34.83	200m: 2:22.43 38.41	300m: 3:39.65 39.21	400m: 4:59.25 39.71	
47.	Joao Andre Oliveira	02	121981	Porto	<b>4:59.80</b>	+0,99	395		
	50m: 34.40 34.40	150m: 1:50.52 38.74	250m: 3:08.02 38.64	350m: 4:24.81 38.38	100m: 1:11.78 37.38	200m: 2:29.38 38.86	300m: 3:46.43 38.41	400m: 4:59.80 34.99	
48.	Francisco Alves Souza	02	128881	Gesloures	<b>5:00.47</b>	+0,82	392		
	50m: 33.08 33.08	150m: 1:48.28 38.39	250m: 3:05.83 38.54	350m: 4:23.47 39.20	100m: 1:09.89 36.81	200m: 2:27.29 39.01	300m: 3:44.27 38.44	400m: 5:00.47 37.00	
49.	Duarte Nunes Sequeira	02	117845	Natacao de Lagos	<b>5:02.20</b>	+0,70	386		
	<i>FTL</i>	50m: 32.14 32.14	150m: 1:47.02 38.50	250m: 3:05.68 39.94	350m: 4:24.77 39.20	100m: 1:08.52 36.38	200m: 2:25.74 38.72	300m: 3:45.57 39.89	400m: 5:02.20 37.43
50.	Rodrigo Oliveira Goncalves	02	124764	Porto	<b>5:03.06</b>	+0,86	382		
	<i>FTL</i>	50m: 34.44 34.44	150m: 1:50.77 39.18	250m: 3:08.65 38.86	350m: 4:26.65 39.06	100m: 1:11.59 37.15	200m: 2:29.79 39.02	300m: 3:47.59 38.94	400m: 5:03.06 36.41
51.	Daniel Luis Carvalho	02	124253	Braga	<b>5:08.27</b>	+0,98	363		
	<i>FTL</i>	50m: 33.17 33.17	150m: 1:50.84 40.07	250m: 3:10.77 39.97	350m: 4:30.45 39.72	100m: 1:10.77 37.60	200m: 2:30.80 39.96	300m: 3:50.73 39.96	400m: 5:08.27 37.82