

XVII Campeonato Nacional Masters de Verão - OPEN
Loulé, 3- - 5-7-2015

Prova 3 Femin., 200m Bruços Master Esc A
03-07-2015 - 16:00 Resultados

RN A(25-29) 2:58.02 Isabel Maria Figueira CNFA Faro 31-05-2008

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
1.	Joana Pereira Barbara	87	Masters de Almada	3:14.14	+0,78	517	9,00
	50m: 43.48 43.48	100m: 1:32.56 49.08	150m: 2:23.17	50.61	200m: 3:14.14	50.97	
2.	Rute Sofia Teixeira	90	Ginasio Santo Tirso	3:24.60	+0,92	441	7,00
	50m: 46.16 46.16	100m: 1:38.07 51.91	150m: 2:31.47	53.40	200m: 3:24.60	53.13	
3.	Natacha Lopes Cabral	86	Desportiva Viana	3:25.66	+0,82	434	6,00
	50m: 45.34 45.34	100m: 1:36.66 51.32	150m: 2:30.90	54.24	200m: 3:25.66	54.76	
4.	Rita Claudia Fougo	88	Natacao da Maia	3:28.86	+0,91	415	5,00
	50m: 48.93 48.93	100m: 1:41.81 52.88	150m: 2:35.98	54.17	200m: 3:28.86	52.88	
5.	Susana Pereira Lory	87	Masters de Almada	4:09.52	+1,05	243	4,00
	50m: 57.96 57.96	100m: 2:00.69 1:02.73	150m: 3:04.89	1:04.20	200m: 4:09.52	1:04.63	

Prova 3 Femin., 200m Bruços Master Esc B
03-07-2015 - 16:00 Resultados

RN B(30-34) 2:46.92 Isabel Maria Figueira CNFA Cadiz (ESP) 19-09-2009

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
1.	Maria Sofia Martins	84	Fluvial Portuense	2:52.33	+0,88	806	9,00
	50m: 38.41 38.41	100m: 1:21.30 42.89	150m: 2:06.44	45.14	200m: 2:52.33	45.89	
2.	Maria Ana Fonseca	82	Fluvial Portuense	3:27.72	+0,87	460	7,00
	50m: 46.62 46.62	100m: 1:39.38 52.76	150m: 2:32.87	53.49	200m: 3:27.72	54.85	
3.	Ana Oliveira Sousa	85	Academica de Coimbra	3:28.25		457	6,00
	50m: 48.33 48.33	100m: 1:41.07 52.74	150m: 2:35.15	54.08	200m: 3:28.25	53.10	
4.	Catia Liliana Anastacio	82	Ginasio Clube	3:32.35	+0,85	431	5,00
	50m: 47.96 47.96	100m: 1:40.70 52.74	150m: 2:35.86	55.16	200m: 3:32.35	56.49	
5.	Ana Catarina Milhazes	85	Vitoria de Guimaraes/Olicargo	4:12.67	+0,95	255	4,00
	50m: 55.04 55.04	100m: 1:59.49 1:04.45	150m: 3:05.12	1:05.63	200m: 4:12.67	1:07.55	

XVII Campeonato Nacional Masters de Verão - OPEN
Loulé, 3- - 5-7-2015

Prova 3, Femin., 200m Bruços

Prova 3 Femin., 200m Bruços Master Esc C
03-07-2015 - 16:00 Resultados

RN C(35-39) 2:57.34 Isabel Maria Figueira LDC Évora 04-07-2014

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Elsa Maria Furnega 50m: 47.81 47.81	78	Leixoes	3:24.94	+1,04	542 9,00
		100m: 1:39.92 52.11	150m: 2:33.74	53.82	200m: 3:24.94	51.20
2.	Filipa Cristina Fernandes 50m: 47.65 47.65	76	Desportivo Nacional	3:27.97	+0,88	519 7,00
		100m: 1:40.08 52.43	150m: 2:34.86	54.78	200m: 3:27.97	53.11
3.	Maria Joao Graf 50m: 47.92 47.92	78	Natacao da Maia	3:36.05	+0,94	463 6,00
		100m: 1:43.20 55.28	150m: 2:40.84	57.64	200m: 3:36.05	55.21
4.	Ana DAlte Guedes 50m: 53.00 53.00	80	Leixoes	3:53.14	+0,96	368 5,00
		100m: 1:51.76 58.76	150m: 2:53.14	1:01.38	200m: 3:53.14	1:00.00
5.	Joana Isabel Leite 50m: 55.96 55.96	80	Fluvial Portuense	3:56.03	+1,08	355 4,00
		100m: 1:54.93 58.97	150m: 2:56.26	1:01.33	200m: 3:56.03	59.77
6.	Carla Alexandra Ferreira 50m: 56.04 56.04	76	Pimpoes/Cimai	3:57.98	+0,94	346 3,00
		100m: 1:57.18 1:01.14	150m: 2:58.97	1:01.79	200m: 3:57.98	59.01
7.	Ana Maria Martins 50m: 55.14 55.14	79	Sporting de Aveiro	4:02.51	+1,00	327 2,00
		100m: 1:57.20 1:02.06	150m: 3:00.72	1:03.52	200m: 4:02.51	1:01.79

Prova 3 Femin., 200m Bruços Master Esc D
03-07-2015 - 16:00 Resultados

RN D(40-44) 3:16.96 Amelia Ponte Galhardo CCDCML Perth (AUS) 23-04-2008

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joana Maria Faria 50m: 46.79 46.79	74	Leixoes	3:24.11	+0,85	577 9,00
		100m: 1:39.89 53.10	150m: 2:34.00	54.11	200m: 3:24.11	50.11
2.	Monika Nováková 50m: 51.68 51.68	75	J&T Sportteam Bratislava	3:40.93	+1,09	455 7,00
		100m: 1:47.24 55.56	150m: 2:44.89	57.65	200m: 3:40.93	56.04
3.	Cristina Ferreira Valente 50m: 50.61 50.61	75	Galitos	3:41.53	+1,00	451 6,00
		100m: 1:48.29 57.68	150m: 2:46.49	58.20	200m: 3:41.53	55.04
4.	Sara Rocha Oliveira 50m: 51.15 51.15	75	Salesianos de Lisboa	3:46.53	+0,65	422 5,00
		100m: 1:49.18 58.03	150m: 2:48.54	59.36	200m: 3:46.53	57.99
5.	Carla Susana Avelans 50m: 50.15 50.15	75	Fluvial Portuense	3:50.68	+1,09	399 4,00
		100m: 1:47.76 57.61	150m: 2:48.78	1:01.02	200m: 3:50.68	1:01.90
6.	Luisa Lopes Agante 50m: 54.77 54.77	71	Ginasio Clube	4:01.70	+0,93	347 3,00
		100m: 1:56.84 1:02.07	150m: 3:00.67	1:03.83	200m: 4:01.70	1:01.03
7.	Maria Lurdes Valdrez 50m: 56.14 56.14	74	Desportiva Viana	4:09.45		316 2,00
		100m: 2:00.65 1:04.51	150m: 3:06.66	1:06.01	200m: 4:09.45	1:02.79
8.	Fernanda Maria Santinha 50m: 59.44 59.44	72	Masters de Almada	4:15.49	+1,28	294 1,00
		100m: 2:04.58 1:05.14	150m: 3:10.12	1:05.54	200m: 4:15.49	1:05.37

XVII Campeonato Nacional Masters de Verão - OPEN
Loulé, 3- - 5-7-2015

Prova 3, Femin., 200m Bruços, Master Esc D

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Carla Sofia Sequeira	75	Colegio Monte Maior	4:16.65		290
	50m: 1:01.03 1:01.03	100m: 2:05.09 1:04.06	150m: 3:11.11 1:06.02	200m: 4:16.65		1:05.54

Prova 3 Femin., 200m Bruços Master Esc E
03-07-2015 - 16:00 Resultados

RN E(45-49)	3:22.77	Amélia Ponte Galhardo	CCDCML	Cádiz (ESP)	19-09-2009
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Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Maria Manuela Sequeira	68	Sporting de Aveiro	3:30.69	+0,95	534 9,00
	50m: 47.04 47.04	100m: 1:40.26 53.22	150m: 2:36.07 55.81	200m: 3:30.69 54.62		
2.	Elisabete Maria Rosa	69	Pimpoes/Cimai	3:34.12	+0,96	508 7,00
	50m: 46.73 46.73	100m: 1:40.97 54.24	150m: 2:37.36 56.39	200m: 3:34.12 56.76		
3.	Carla Vale Lenzi	67	Alges	3:50.06	+1,02	410 6,00
	50m: 53.47 53.47	100m: 1:52.75 59.28	150m: 2:52.71 59.96	200m: 3:50.06 57.35		
4.	Maria Joao Taborda	67	Porto	4:01.04		356 5,00
	50m: 57.72 57.72	100m: 1:58.37 1:00.65	150m: 3:00.18 1:01.81	200m: 4:01.04 1:00.86		
5.	Ana Bernardo Barbara	70	Portinado	4:16.93	+0,88	294 4,00
	50m: 57.79 57.79	100m: 2:04.15 1:06.36	150m: 3:09.83 1:05.68	200m: 4:16.93 1:07.10		
6.	Isabel Maria Lima	69	Fluvial Portuense	4:18.64	+1,06	288 3,00
	50m: 58.45 58.45	100m: 2:04.44 1:05.99	150m: 3:12.95 1:08.51	200m: 4:18.64 1:05.69		
7.	Anabela Oliveira Baptista	70	Salesianos de Lisboa	4:21.02	+1,05	280 2,00
	50m: 56.48 56.48	100m: 2:01.68 1:05.20	150m: 3:10.01 1:08.33	200m: 4:21.02 1:11.01		
8.	Carla Maria Moura	69	Luz e Vida	4:37.46	+0,89	233 1,00
	50m: 1:02.47 1:02.47	100m: 2:13.68 1:11.21	150m: 3:26.58 1:12.90	200m: 4:37.46 1:10.88		

Prova 3 Femin., 200m Bruços Master Esc F
03-07-2015 - 16:00 Resultados

RN F(50-54)	3:31.70	Elena Nikolaevna Kraeva	CIMM	Oeiras	03-07-2011
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Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Maribel Santos Fernandes	65	Leixoes	3:34.15	+0,83	626 9,00
	50m: 49.70 49.70	100m: 1:44.46 54.76	150m: 2:40.37 55.91	200m: 3:34.15 53.78		
2.	Helena Paula Carvalho	64	Uniao Piedense	3:40.24	+1,02	575 7,00
	50m: 51.39 51.39	100m: 1:46.79 55.40	150m: 2:43.67 56.88	200m: 3:40.24 56.57		
3.	Rita Cabral Guimaraes	64	Fluvial Portuense	3:52.22	+0,88	491 6,00
	50m: 50.85 50.85	100m: 1:47.76 56.91	150m: 2:49.08 1:01.32	200m: 3:52.22 1:03.14		
4.	Maria Santos Fernandes	62	Leixoes	3:52.86	+1,05	487 5,00
	50m: 54.08 54.08	100m: 1:53.75 59.67	150m: 2:54.44 1:00.69	200m: 3:52.86 58.42		
5.	Anette Kind	61	Leixoes	4:04.84	+0,96	419 4,00
	50m: 55.80 55.80	100m: 1:58.93 1:03.13	150m: 3:02.13 1:03.20	200m: 4:04.84 1:02.71		

XVII Campeonato Nacional Masters de Verão - OPEN
Loulé, 3- - 5-7-2015

Prova 3, Femin., 200m Bruços, Master Esc F

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
6.	Wanda Maria Gao	62	Natacao de Lagos	4:05.19	+0,92	417 3,00
	50m: 56.49 56.49	100m: 2:00.42 1:03.93	150m: 3:05.23 1:04.81	200m: 4:05.19 59.96		
7.	Filomena Assuncao Oliveira	63	Fluvial Portuense	5:02.48	+1,24	222 2,00
	50m: 1:08.33 1:08.33	100m: 2:25.12 1:16.79	150m: 3:44.66 1:19.54	200m: 5:02.48 1:17.82		
8.	Gracinda Maria Machado	61	Ginasio Santo Tirso	5:04.05		218 1,00
	50m: 1:11.22 1:11.22	100m: 2:28.95 1:17.73	150m: 3:47.92 1:18.97	200m: 5:04.05 1:16.13		
DNF	Maria Luz Cardoso	62	Sporting de Aveiro			-

Prova 3 Femin., 200m Bruços Master Esc G
03-07-2015 - 16:00 Resultados

RN G(55-59) 3:47.04 Ana Moura Relvas AAC Évora 04-07-2014

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ana Moura Relvas	56	Academica de Coimbra	3:48.74	+0,95	591 9,00
	50m: 52.12 52.12	100m: 1:53.75 1:01.63	150m: 2:53.38 59.63	200m: 3:48.74 55.36		

Prova 3 Femin., 200m Bruços Master Esc H
03-07-2015 - 16:00 Resultados

RN H(60-64) 3:59.08 Luisa Maria Pintao ANE Évora 04-07-2014

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Luisa Maria Pintao <i>Rec Nac Esc H</i>	54	Nadadores dos Estoris	3:58.18		557 9,00
	50m: 53.17 53.17	100m: 1:53.24 1:00.07	150m: 2:56.74 1:03.50	200m: 3:58.18 1:01.44		
2.	Maria Felix Ferreira	54	Alges	4:43.86	+0,89	329 7,00
	50m: 1:01.01 1:01.01	100m: 2:11.58 1:10.57	150m: 3:27.64 1:16.06	200m: 4:43.86 1:16.22		

Prova 3 Femin., 200m Bruços Master Esc I
03-07-2015 - 16:00 Resultados

RN I(65-69) 4:46.44 Nair Gomes Sa ANE Riccione (ITA) 05-06-2004

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ana Maria Ferreira <i>Rec Nac Esc I</i>	50	Alges	4:18.73	+1,07	511 9,00
	50m: 58.86 58.86	100m: 2:04.41 1:05.55	150m: 3:12.18 1:07.77	200m: 4:18.73 1:06.55		