

XVII Campeonato Nacional Masters de Verão - OPEN  
Loulé, 3- - 5-7-2015

Prova 10 Femin., 200m Livres Master Esc A  
04-07-2015 - 10:50 Resultados

RN A(25-29) 2:20.41 Carolina Santos Silva CNMAIA Montréal (CAN) 05-08-2014

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joana Margarida Oliveira 50m: 32.92 32.92	86	Salesianos de Lisboa	<b>2:27.56</b>	+0,81	667
	100m: 1:09.31 36.39 150m: 1:48.46			39.15 200m: 2:27.56		39.10
2.	Joana Isabel Alves 50m: 34.83 34.83	88	Porto	<b>2:32.18</b>	+1,05	608
	100m: 1:12.93 38.10 150m: 1:52.41			39.48 200m: 2:32.18		39.77
3.	Rute Sofia Teixeira 50m: 35.18 35.18	90	Ginasio Santo Tirso	<b>2:34.76</b>	+0,91	578
	100m: 1:13.27 38.09 150m: 1:54.55			41.28 200m: 2:34.76		40.21
4.	Catia Santos Ramalho 50m: 35.58 35.58	86	Natacao da Maia	<b>2:38.63</b>	+0,92	536
	100m: 1:14.90 39.32 150m: 1:56.47			41.57 200m: 2:38.63		42.16
5.	Sara Las Cunha 50m: 36.32 36.32	88	Estrelas S. Joao de Brito	<b>2:43.35</b>	+0,98	491
	100m: 1:16.29 39.97 150m: 2:00.17			43.88 200m: 2:43.35		43.18
6.	Ana Teresa Nunes 50m: 37.65 37.65	88	Academica de Coimbra	<b>2:46.02</b>	+0,93	468
	100m: 1:19.53 41.88 150m: 2:02.98			43.45 200m: 2:46.02		43.04
7.	Filipa Silveira Varela 50m: 39.52 39.52	87	Estrelas S. Joao de Brito	<b>2:57.60</b>	+0,91	382
	100m: 1:24.07 44.55 150m: 2:11.87			47.80 200m: 2:57.60		45.73
8.	Patricia Alexandra Marques 50m: 40.84 40.84	87	Natacao da Maia	<b>2:58.37</b>	+0,87	377
	100m: 1:26.36 45.52 150m: 2:13.78			47.42 200m: 2:58.37		44.59
9.	Marta Sofia Rodrigues 50m: 46.87 46.87	86	Alges	<b>3:22.69</b>		257
	100m: 1:37.45 50.58 150m: 2:30.68			53.23 200m: 3:22.69		52.01
10.	Ana Raquel Barbosa 50m: 44.35 44.35	88	Gesloures	<b>3:26.21</b>	+1,16	244
	100m: 1:34.69 50.34 150m: 2:30.90			56.21 200m: 3:26.21		55.31

Prova 10 Femin., 200m Livres Master Esc B  
04-07-2015 - 10:50 Resultados

RN B(30-34) 2:10.97 Ana Paula Grilo UDCA Millau (FRA) 27-08-2003

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ana Mafalda Oliveira 50m: 34.06 34.06	81	Natacao da Maia	<b>2:30.49</b>	+0,92	613
	100m: 1:12.14 38.08 150m: 1:51.44			39.30 200m: 2:30.49		39.05
2.	Marta Sofia Oliveira 50m: 34.35 34.35	83	Fluvial Portuense	<b>2:35.21</b>	+0,87	559
	100m: 1:12.81 38.46 150m: 1:52.60			39.79 200m: 2:35.21		42.61
3.	Claudia Vanessa Bras 50m: 35.77 35.77	83	Porto	<b>2:41.01</b>	+0,92	500
	100m: 1:14.68 38.91 150m: 1:56.74			42.06 200m: 2:41.01		44.27
4.	Ines Prates Ventura 50m: 36.20 36.20	85	Ginasio Clube	<b>2:43.95</b>	+0,89	474
	100m: 1:16.47 40.27 150m: 1:59.58			43.11 200m: 2:43.95		44.37
5.	Catarina Isabel Neves 50m: 36.58 36.58	85	Academica de Coimbra	<b>2:44.04</b>	+0,86	473
	100m: 1:17.10 40.52 150m: 2:00.54			43.44 200m: 2:44.04		43.50
6.	Ana Rita Pereira 50m: 38.30 38.30	85	Natacao da Maia	<b>2:51.08</b>	+1,11	417
	100m: 1:20.47 42.17 150m: 2:06.03			45.56 200m: 2:51.08		45.05

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Prova 10, Femin., 200m Livres, Master Esc B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
7.	Catia Liliana Anastacio	82	Ginasio Clube	<b>2:57.74</b>	+0,85	372
	50m: 39.68 39.68	100m: 1:23.70 44.02	150m: 2:10.89	47.19	200m: 2:57.74	46.85
8.	Diana Claudia Silva	84	FC Ferreiras	<b>3:13.52</b>	+1,14	288
	50m: 40.75 40.75	100m: 1:28.46 47.71	150m: 2:20.73	52.27	200m: 3:13.52	52.79
9.	Claudia Marisa Lourenco	82	Salesianos de Lisboa	<b>3:24.64</b>	+1,07	243
	50m: 47.48 47.48	100m: 1:39.66 52.18	150m: 2:34.02	54.36	200m: 3:24.64	50.62
10.	Juliana Cabral Oliveira	85	Atletico	<b>3:24.92</b>	+0,86	242
	50m: 46.78 46.78	100m: 1:39.85 53.07	150m: 2:35.01	55.16	200m: 3:24.92	49.91
11.	Carolina BJORKE dos Santos	83	O2-Portimao	<b>3:38.25</b>	+1,14	201
	50m: 48.32 48.32	100m: 1:42.70 54.38	150m: 2:40.59	57.89	200m: 3:38.25	57.66
12.	Carmen Silvia Malheiros	81	Litoral Alentejano	<b>3:50.75</b>		170
	50m: 54.33 54.33	100m: 1:53.01 58.68	150m: 2:54.29	1:01.28	200m: 3:50.75	56.46

Prova 10 Femin., 200m Livres Master Esc C Resultados

04-07-2015 - 10:50 RN C(35-39) 2:10.77 Ana Paula Grilo UDCA Stanford (USA) 06-08-2006

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Marta Daniela Oliveira	80	Galitos	<b>2:35.79</b>	+0,74	614
	50m: 35.59 35.59	100m: 1:14.44 38.85	150m: 1:55.18	40.74	200m: 2:35.79	40.61
2.	Vanda Luisa Calado	79	Salesianos de Lisboa	<b>2:46.95</b>	+0,85	499
	50m: 36.43 36.43	100m: 1:17.10 40.67	150m: 2:01.88	44.78	200m: 2:46.95	45.07
3.	Elsa Maria Fumega	78	Leixoes	<b>2:52.29</b>	+0,92	454
	50m: 40.03 40.03	100m: 1:23.31 43.28	150m: 2:08.37	45.06	200m: 2:52.29	43.92
4.	Ana DALte Guedes	80	Leixoes	<b>2:58.84</b>	+0,96	406
	50m: 41.00 41.00	100m: 1:25.99 44.99	150m: 2:13.07	47.08	200m: 2:58.84	45.77
5.	Clotilde Eunice Costa	80	Foca	<b>3:13.48</b>		320
	50m: 43.16 43.16	100m: 1:30.56 47.40	150m: 2:23.24	52.68	200m: 3:13.48	50.24
6.	Ana Maria Martins	79	Sporting de Aveiro	<b>3:33.64</b>	+1,07	238
	50m: 47.81 47.81	100m: 1:41.64 53.83	150m: 2:40.46	58.82	200m: 3:33.64	53.18

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Prova 10, Femin., 200m Livres

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Femin., 200m Livres

Master Esc D  
Resultados

RN D(40-44) 2:25.19 Ana Paula Grilo INDALEN Oeiras 03-07-2011

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Carla Santa Barbara	75	Porto	<b>2:27.60</b>	+0,81	736
	50m: 33.21 33.21	100m: 1:09.61 36.40	150m: 1:48.71 39.10	200m: 2:27.60 38.89		
2.	Ines Maria Rothes	73	Fluvial Portuense	<b>2:32.16</b>		672
	50m: 35.65 35.65	100m: 1:14.12 38.47	150m: 1:53.94 39.82	200m: 2:32.16 38.22		
3.	Patricia Prista Graca	71	Alges	<b>2:51.83</b>	+0,94	466
	50m: 38.87 38.87	100m: 1:22.15 43.28	150m: 2:07.83 45.68	200m: 2:51.83 44.00		
4.	Catarina Araujo Blanco	71	Leixoes	<b>2:56.46</b>	+1,13	430
	50m: 40.63 40.63	100m: 1:26.62 45.99	150m: 2:12.70 46.08	200m: 2:56.46 43.76		
5.	Teresa Cardoso Marta	73	Colegio Monte Maior	<b>3:13.92</b>	+0,77	324
	50m: 41.76 41.76	100m: 1:30.33 48.57	150m: 2:21.33 51.00	200m: 3:13.92 52.59		
6.	Cristina Ferreira Valente	75	Galitos	<b>3:18.10</b>	+1,01	304
	50m: 45.69 45.69	100m: 1:36.88 51.19	150m: 2:28.42 51.54	200m: 3:18.10 49.68		
7.	Emma Leonora Yates	71	O2-Portimao	<b>3:26.92</b>	+1,29	267
	50m: 44.64 44.64	100m: 1:36.90 52.26	150m: 2:32.58 55.68	200m: 3:26.92 54.34		
8.	Elena Surra	74	Naval Setubalense	<b>3:33.19</b>	+1,15	244
	50m: 46.99 46.99	100m: 1:39.93 52.94	150m: 2:38.46 58.53	200m: 3:33.19 54.73		
9.	Luisa Lopes Agante	71	Ginasio Clube	<b>3:33.88</b>	+0,92	242
	50m: 47.21 47.21	100m: 1:41.90 54.69	150m: 2:40.25 58.35	200m: 3:33.88 53.63		
10.	Carla Sofia Sequeira	75	Colegio Monte Maior	<b>3:34.92</b>	+0,93	238
	50m: 49.82 49.82	100m: 1:43.52 53.70	150m: 2:40.49 56.97	200m: 3:34.92 54.43		
11.	Ana Leonor Sanches	73	O2-Portimao	<b>3:48.16</b>	+0,79	199
	50m: 49.69 49.69	100m: 1:45.43 55.74	150m: 2:48.51 1:03.08	200m: 3:48.16 59.65		
12.	Carla Susana Avelans	75	Fluvial Portuense	<b>3:50.58</b>	+1,14	193
	50m: 46.76 46.76	100m: 1:43.63 56.87	150m: 2:47.85 1:04.22	200m: 3:50.58 1:02.73		
13.	Paula Almeida Amaral	71	Natacao da Maia	<b>3:58.08</b>	+1,04	175
	50m: 49.62 49.62	100m: 1:47.46 57.84	150m: 2:52.77 1:05.31	200m: 3:58.08 1:05.31		
14.	Maria Sofia Ribeiro	71	Ginasio Clube	<b>4:00.90</b>	+1,10	169
	50m: 50.56 50.56	100m: 1:49.48 58.92	150m: 2:54.45 1:04.97	200m: 4:00.90 1:06.45		

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Prova 10 Femin., 200m Livres Master Esc E  
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RN E(45-49) 2:36.14 Elena Alarcon Gamonal CNFA Coimbra 21-06-2009

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Maria Teresa Brandao	69	Fluvial Portuense	<b>2:37.80</b>	+0,85	638
	50m: 36.92 36.92	100m: 1:16.12 39.20	150m: 1:57.17 41.05	200m: 2:37.80 40.63		
2.	Elisabete Maria Rosa	69	Pimpoes/Cimai	<b>2:49.02</b>	+0,93	519
	50m: 37.92 37.92	100m: 1:20.15 42.23	150m: 2:05.55 45.40	200m: 2:49.02 43.47		
3.	Ana Paula Sequeira	68	Sporting de Aveiro	<b>2:56.38</b>	+0,97	457
	50m: 39.93 39.93	100m: 1:24.38 44.45	150m: 2:12.49 48.11	200m: 2:56.38 43.89		
4.	Maria Manuela Ferreira	70	Vitoria de Guimaraes/Olicargo	<b>3:28.12</b>		278
	50m: 46.89 46.89	100m: 1:39.27 52.38	150m: 2:34.79 55.52	200m: 3:28.12 53.33		
5.	Claudia Pereira Reis	68	Ginasio Figueirense	<b>3:32.08</b>	+0,98	263
	50m: 46.66 46.66	100m: 1:40.63 53.97	150m: 2:36.91 56.28	200m: 3:32.08 55.17		
6.	Violante Isabel Ribeiro	67	Alges	<b>4:22.75</b>	+1,40	138
	50m: 53.00 53.00	100m: 1:56.42 1:03.42	150m: 3:09.01 1:12.59	200m: 4:22.75 1:13.74		
7.	Delfina Maria Martins	66	Ginasio Santo Tirso	<b>4:38.39</b>	+1,29	116
	50m: 1:00.45 1:00.45	100m: 2:16.65 1:16.20	150m: 3:27.85 1:11.20	200m: 4:38.39 1:10.54		

Prova 10 Femin., 200m Livres Master Esc F  
04-07-2015 - 10:50 Resultados

RN F(50-54) 2:45.66 Elena Nikolaevna Kraeva CIMM Oeiras 03-07-2011

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Rita Cabral Guimaraes	64	Fluvial Portuense	<b>3:04.19</b>	+0,89	421
	50m: 40.64 40.64	100m: 1:27.73 47.09	150m: 2:16.92 49.19	200m: 3:04.19 47.27		
2.	Maria Margarida Urbano	63	Academica de Coimbra	<b>3:18.27</b>	+1,19	337
	50m: 44.92 44.92	100m: 1:34.35 49.43	150m: 2:26.28 51.93	200m: 3:18.27 51.99		
3.	Maria Madalena Caninas	63	Masters de Almada	<b>3:21.15</b>	+1,03	323
	50m: 45.99 45.99	100m: 1:37.34 51.35	150m: 2:30.56 53.22	200m: 3:21.15 50.59		
4.	Maria Candida Migueis	65	Academica de Coimbra	<b>3:26.59</b>	+1,16	298
	50m: 46.92 46.92	100m: 1:39.17 52.25	150m: 2:33.35 54.18	200m: 3:26.59 53.24		
5.	Graca Maria Vilarinho	65	Sporting de Aveiro	<b>3:28.03</b>	+1,19	292
	50m: 46.12 46.12	100m: 1:38.47 52.35	150m: 2:33.41 54.94	200m: 3:28.03 54.62		
6.	Helena Paula Carvalho	64	Uniao Piedense	<b>3:33.79</b>	+0,92	269
	50m: 47.85 47.85	100m: 1:41.58 53.73	150m: 2:38.56 56.98	200m: 3:33.79 55.23		
7.	Paula Gomes Pereira	64	Naval Setubalense	<b>3:41.28</b>	+1,04	243
	50m: 48.58 48.58	100m: 1:43.55 54.97	150m: 2:42.55 59.00	200m: 3:41.28 58.73		
8.	Maria Manuela Neto	62	Natacao da Maia	<b>3:51.49</b>		212
	50m: 49.63 49.63	100m: 1:48.73 59.10	150m: 2:52.09 1:03.36	200m: 3:51.49 59.40		



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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Anette Kind	61	Leixoes	<b>3:55.19</b>	+1,08	202
	50m: 51.39 51.39	100m: 1:52.29 1:00.90	150m: 2:54.95 1:02.66	200m: 3:55.19 1:00.24		
10.	Margarida Maria Ribeiro	64	Fluvial Portuense	<b>4:35.62</b>	+1,23	125
	50m: 1:00.24 1:00.24	100m: 2:08.90 1:08.66	150m: 3:23.90 1:15.00	200m: 4:35.62 1:11.72		

Prova 10 Femin., 200m Livres Master Esc G Resultados

RN G(55-59) 2:53.87 Ana Maria Ferreira SFP Perth (AUS) 19-04-2008

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ana Paula Almeida	58	Fluvial Portuense	<b>3:55.53</b>	+1,23	295
	50m: 50.95 50.95	100m: 1:50.58 59.63	150m: 2:53.76 1:03.18	200m: 3:55.53 1:01.77		

Prova 10 Femin., 200m Livres Master Esc H Resultados

RN H(60-64) 2:58.63 Ana Maria Ferreira SAD Riccione (ITA) 12-06-2012

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Marika Maier	52	SC Chemnitz von 1892	<b>2:59.36</b>	+1,01	696
	50m: 39.78 39.78	100m: 1:25.02 45.24	150m: 2:12.31 47.29	200m: 2:59.36 47.05		
2.	Luisa Maria Pintao	54	Nadadores dos Estoris	<b>3:36.62</b>	+1,06	395
	50m: 48.31 48.31	100m: 1:43.81 55.50	150m: 2:41.66 57.85	200m: 3:36.62 54.96		
3.	Maria Felix Ferreira	54	Alges	<b>4:29.01</b>	+1,13	206
	50m: 58.27 58.27	100m: 2:05.24 1:06.97	150m: 3:18.36 1:13.12	200m: 4:29.01 1:10.65		
4.	Maria Josefina Cruz	55	Ginasio Clube	<b>4:52.09</b>	+1,29	161
	50m: 1:03.05 1:03.05	100m: 2:18.72 1:15.67	150m: 3:38.80 1:20.08	200m: 4:52.09 1:13.29		

