

XVII Campeonato Nacional Masters de Verão - OPEN
Loulé, 3- - 5-7-2015

Prova 1
03-07-2015 - 10:30

Femin., 800m Livres

Master Esc A
Resultados

RN A(25-29) 10:12.96 Ana Filipa Leite AAC Oeiras 01-07-2011

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Carolina Santos Silva	86	Natacao da Maia	10:18.55		730
	100m: 1:11.55 1:11.55	300m: 3:43.64 1:16.29	500m: 6:19.81 1:18.50	700m: 8:59.19 1:19.75		
	200m: 2:27.35 1:15.80	400m: 5:01.31 1:17.67	600m: 7:39.44 1:19.63	800m: 10:18.55 1:19.36		
2.	Joana Isabel Alves	88	Porto	11:35.77		513
	100m: 1:19.86 1:19.86	300m: 4:14.61 1:28.24	500m: 7:11.72 1:29.14	700m: 10:09.35 1:29.03		
	200m: 2:46.37 1:26.51	400m: 5:42.58 1:27.97	600m: 8:40.32 1:28.60	800m: 11:35.77 1:26.42		
3.	Rute Sofia Teixeira	90	Ginasio Santo Tirso	11:59.62		463
	100m: 1:24.57 1:24.57	300m: 4:29.54 1:33.56	500m: 7:34.15 1:31.27	700m: 10:31.55 1:27.41		
	200m: 2:55.98 1:31.41	400m: 6:02.88 1:33.34	600m: 9:04.14 1:29.99	800m: 11:59.62 1:28.07		
4.	Rita Claudia Fougo	88	Natacao da Maia	12:06.00		451
	100m: 1:20.57 1:20.57	300m: 4:21.80 1:32.49	500m: 7:28.63 1:33.47	700m: 10:33.86 1:31.83		
	200m: 2:49.31 1:28.74	400m: 5:55.16 1:33.36	600m: 9:02.03 1:33.40	800m: 12:06.00 1:32.14		
5.	Ana Teresa Nunes	88	Academica de Coimbra	12:25.59		417
	100m: 1:23.82 1:23.82	300m: 4:29.80 1:34.61	500m: 7:40.81 1:35.15	700m: 10:52.26 1:34.81		
	200m: 2:55.19 1:31.37	400m: 6:05.66 1:35.86	600m: 9:17.45 1:36.64	800m: 12:25.59 1:33.33		
6.	Helena Manuel Jose	90	Ginasio Santo Tirso	12:29.80		410
	100m: 1:25.25 1:25.25	300m: 4:30.04 1:33.95	500m: 7:42.78 1:36.52	700m: 10:56.14 1:36.24		
	200m: 2:56.09 1:30.84	400m: 6:06.26 1:36.22	600m: 9:19.90 1:37.12	800m: 12:29.80 1:33.66		
7.	Julia Margarida Cabete	86	Academica de Coimbra	12:42.33		390
	100m: 1:27.45 1:27.45	300m: 4:38.37 1:38.11	500m: 7:54.86 1:38.35	700m: 11:08.35 1:37.25		
	200m: 3:00.26 1:32.81	400m: 6:16.51 1:38.14	600m: 9:31.10 1:36.24	800m: 12:42.33 1:33.98		
8.	Sara Cristina Paula	87	Natacao da Maia	13:32.18		322
	100m: 1:30.84 1:30.84	300m: 4:53.27 1:43.84	500m: 8:23.13 1:44.81	700m: 11:50.90 1:44.22		
	200m: 3:09.43 1:38.59	400m: 6:38.32 1:45.05	600m: 10:06.68 1:43.55	800m: 13:32.18 1:41.28		
9.	Maria Joao Jose	90	Ginasio Santo Tirso	13:39.19		314
	100m: 1:29.84 1:29.84	300m: 4:51.85 1:43.49	500m: 8:23.16 1:45.00	700m: 11:54.63 1:45.57		
	200m: 3:08.36 1:38.52	400m: 6:38.16 1:46.31	600m: 10:09.06 1:45.90	800m: 13:39.19 1:44.56		

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Femin., 800m Livres

Master Esc B
Resultados

RN B(30-34) 9:37.05 Ana Paula Grilo UDCA Millau (FRA) 26-08-2003

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ana Mafalda Oliveira	81	Natacao da Maia	10:50.21		686
	100m: 1:16.27 1:16.27	300m: 4:00.70 1:22.29	500m: 6:45.39 1:21.69	700m: 9:31.88 1:23.04		
	200m: 2:38.41 1:22.14	400m: 5:23.70 1:23.00	600m: 8:08.84 1:23.45	800m: 10:50.21 1:18.33		
2.	Keissy Joselin Sousa	85	Porto	10:51.76		681
	100m: 1:17.08 1:17.08	300m: 4:01.03 1:21.91	500m: 6:46.62 1:22.53	700m: 9:32.81 1:22.98		
	200m: 2:39.12 1:22.04	400m: 5:24.09 1:23.06	600m: 8:09.83 1:23.21	800m: 10:51.76 1:18.95		

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Prova 1, Femin., 800m Livres, Master Esc B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
3.	Raquel Filipa Miranda	85	Foca	11:29.43		575
	100m: 1:22.89 1:22.89	300m: 4:18.65 1:27.72	500m: 7:13.17 1:26.70	700m: 10:07.11 1:27.12		
	200m: 2:50.93 1:28.04	400m: 5:46.47 1:27.82	600m: 8:39.99 1:26.82	800m: 11:29.43 1:22.32		
4.	Ana Oliveira Sousa	85	Academica de Coimbra	12:01.47		502
	100m: 1:21.26 1:21.26	300m: 4:19.51 1:29.35	500m: 7:25.56 1:33.51	700m: 10:31.08 1:31.84		
	200m: 2:50.16 1:28.90	400m: 5:52.05 1:32.54	600m: 8:59.24 1:33.68	800m: 12:01.47 1:30.39		
5.	Claudia Vanessa Bras	83	Porto	12:07.65		489
	100m: 1:18.92 1:18.92	300m: 4:19.49 1:31.45	500m: 7:24.80 1:33.19	700m: 10:33.69 1:34.22		
	200m: 2:48.04 1:29.12	400m: 5:51.61 1:32.12	600m: 8:59.47 1:34.67	800m: 12:07.65 1:33.96		
6.	Rita Loureiro Pinto	85	Ginasio Clube	12:23.71		458
	100m: 1:24.75 1:24.75	300m: 4:30.15 1:32.77	500m: 7:41.28 1:35.39	700m: 10:51.39 1:35.32		
	200m: 2:57.38 1:32.63	400m: 6:05.89 1:35.74	600m: 9:16.07 1:34.79	800m: 12:23.71 1:32.32		
7.	Ana Catarina Milhazes	85	Vitoria de Guimaraes/Olicargo	14:58.79		259
	100m: 1:40.72 1:40.72	300m: 5:28.07 1:56.16	500m: 9:19.50 1:55.59	700m: 13:06.49 1:53.37		
	200m: 3:31.91 1:51.19	400m: 7:23.91 1:55.84	600m: 11:13.12 1:53.62	800m: 14:58.79 1:52.30		
8.	Carolina Bjorke dos Santos	83	O2-Portimao	17:04.14		175
	100m: 1:53.41 1:53.41	300m: 6:10.52 2:10.79	500m: 10:37.30 2:14.25	700m: 15:03.49 2:13.23		
	200m: 3:59.73 2:06.32	400m: 8:23.05 2:12.53	600m: 12:50.26 2:12.96	800m: 17:04.14 2:00.65		

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Femin., 800m Livres

Master Esc C
Resultados

RN C(35-39) 9:30.91 Ana Paula Grilo UDCA Stanford (USA) 04-08-2006

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Maria Joao Graf	78	Natacao da Maia	13:31.58		368
	100m: 1:29.55 1:29.55	300m: 4:53.09 1:43.42	500m: 8:20.14 1:43.89	700m: 11:48.89 1:44.11		
	200m: 3:09.67 1:40.12	400m: 6:36.25 1:43.16	600m: 10:04.78 1:44.64	800m: 13:31.58 1:42.69		
2.	Clotilde Eunice Costa	80	Foca	14:35.26		293
	100m: 1:37.99 1:37.99	300m: 5:20.62 1:53.65	500m: 9:04.68 1:51.10	700m: 12:48.66 1:51.34		
	200m: 3:26.97 1:48.98	400m: 7:13.58 1:52.96	600m: 10:57.32 1:52.64	800m: 14:35.26 1:46.60		
3.	Ana Filipa Santos	77	O2-Portimao	15:29.80		244
	100m: 1:49.80 1:49.80	300m: 5:44.99 1:58.97	500m: 9:43.00 1:59.81	700m: 13:39.52 1:58.33		
	200m: 3:46.02 1:56.22	400m: 7:43.19 1:58.20	600m: 11:41.19 1:58.19	800m: 15:29.80 1:50.28		



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Prova 1, Femin., 800m Livres

Prova 1 Femin., 800m Livres Master Esc D
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RN D(40-44) 10:27.37 Ana Paula Grilo INDALEN Oeiras 01-07-2011

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Carla Santa Barbara	75	Porto	11:07.42		683
	100m: 1:14.33 1:14.33	300m: 4:00.89 1:23.07	500m: 6:50.98 1:26.58	700m: 9:45.95 1:27.44		1:27.44
	200m: 2:37.82 1:23.49	400m: 5:24.40 1:23.51	600m: 8:18.51 1:27.53	800m: 11:07.42 1:21.47		1:21.47
2.	Ines Maria Rothes	73	Fluvial Portuense	11:10.16		675
	100m: 1:17.98 1:17.98	300m: 4:04.48 1:23.29	500m: 6:55.73 1:26.01	700m: 9:47.50 1:25.33		1:25.33
	200m: 2:41.19 1:23.21	400m: 5:29.72 1:25.24	600m: 8:22.17 1:26.44	800m: 11:10.16 1:22.66		1:22.66
3.	Maria Luisa Costa	74	Fluvial Portuense	11:32.92		611
	100m: 1:17.54 1:17.54	300m: 4:06.46 1:24.70	500m: 7:03.76 1:29.11	700m: 10:03.69 1:30.22		1:30.22
	200m: 2:41.76 1:24.22	400m: 5:34.65 1:28.19	600m: 8:33.47 1:29.71	800m: 11:32.92 1:29.23		1:29.23
4.	Catarina Araujo Blanco	71	Leixoes	12:43.99		455
	100m: 1:34.77 1:34.77	300m: 4:50.88 1:37.96	600m: 9:38.41 1:34.69	800m: 12:43.99 1:30.94		1:30.94
	200m: 3:12.92 1:38.15	500m: 8:03.72 3:12.84	700m: 11:13.05 1:34.64			
5.	Sandra Santa Barbara	75	Ginasio Santo Tirso	13:12.78		408
	100m: 1:25.40 1:25.40	300m: 4:40.67 1:39.60	500m: 8:03.70 1:42.29	700m: 11:31.73 1:43.59		1:43.59
	200m: 3:01.07 1:35.67	400m: 6:21.41 1:40.74	600m: 9:48.14 1:44.44	800m: 13:12.78 1:41.05		1:41.05
6.	Carla Sofia Sequeira	75	Colegio Monte Maior	15:11.22		268
	100m: 1:46.43 1:46.43	300m: 5:34.95 1:54.66	500m: 9:27.87 1:56.64	700m: 13:20.12 1:55.55		1:55.55
	200m: 3:40.29 1:53.86	400m: 7:31.23 1:56.28	600m: 11:24.57 1:56.70	800m: 15:11.22 1:51.10		1:51.10
7.	Fernanda Maria Santinha	72	Masters de Almada	15:16.35		264
	100m: 1:46.09 1:46.09	300m: 5:38.20 1:56.53	500m: 9:31.08 1:56.29	700m: 13:21.86 1:55.20		1:55.20
	200m: 3:41.67 1:55.58	400m: 7:34.79 1:56.59	600m: 11:26.66 1:55.58	800m: 15:16.35 1:54.49		1:54.49
8.	Emma Leonora Yates	71	O2-Portimao	15:28.17		254
	100m: 1:40.06 1:40.06	300m: 5:35.44 1:59.07	500m: 9:31.92 1:57.70	700m: 13:28.50 1:59.38		1:59.38
	200m: 3:36.37 1:56.31	400m: 7:34.22 1:58.78	600m: 11:29.12 1:57.20	800m: 15:28.17 1:59.67		1:59.67
9.	Ana Leonor Sanches	73	O2-Portimao	17:04.42		189
	100m: 1:53.05 1:53.05	300m: 6:15.44 2:15.59	500m: 10:41.40 2:11.56	700m: 15:03.65 2:10.73		2:10.73
	200m: 3:59.85 2:06.80	400m: 8:29.84 2:14.40	600m: 12:52.92 2:11.52	800m: 17:04.42 2:00.77		2:00.77

Prova 1 Femin., 800m Livres Master Esc E
03-07-2015 - 10:30 Resultados

RN E(45-49) 11:08.06 Ana Paula Grilo NDCCO Swansea (GBR) 08-03-2014

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Patricia Diogenes Pereira	69	Alges	11:20.13		622
	100m: 1:22.11 1:22.11	300m: 4:11.34 1:24.62	500m: 7:02.71 1:25.66	700m: 9:54.84 1:25.93		1:25.93
	200m: 2:46.72 1:24.61	400m: 5:37.05 1:25.71	600m: 8:28.91 1:26.20	800m: 11:20.13 1:25.29		1:25.29
2.	Elisabete Maria Rosa	69	Pimpoes/Cimai	12:11.06		501
	100m: 1:24.53 1:24.53	300m: 4:30.24 1:33.52	500m: 7:36.22 1:32.82	700m: 10:42.28 1:32.75		1:32.75
	200m: 2:56.72 1:32.19	400m: 6:03.40 1:33.16	600m: 9:09.53 1:33.31	800m: 12:11.06 1:28.78		1:28.78



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Prova 1, Femin., 800m Livres, Master Esc E

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
3.	Ana Paula Sequeira	68	Sporting de Aveiro	13:13.87		391
	100m: 1:32.08 1:32.08	300m: 4:52.94 1:41.03	500m: 8:14.89 1:41.32	700m: 11:37.05 1:41.31		1:41.31
	200m: 3:11.91 1:39.83	400m: 6:33.57 1:40.63	600m: 9:55.74 1:40.85	800m: 13:13.87 1:36.82		1:36.82
4.	Laura Majerníková	67	J&T Sportteam Bratislava	13:51.01		341
	100m: 1:33.18 1:33.18	300m: 5:04.36 1:46.29	500m: 8:36.15 1:46.07	700m: 12:08.06 1:46.19		1:46.19
	200m: 3:18.07 1:44.89	400m: 6:50.08 1:45.72	600m: 10:21.87 1:45.72	800m: 13:51.01 1:42.95		1:42.95
5.	Maria Manuela Sequeira	68	Sporting de Aveiro	14:20.80		306
	100m: 1:38.76 1:38.76	300m: 5:19.14 1:50.33	500m: 8:58.93 1:50.25	700m: 12:35.77 1:47.87		1:47.87
	200m: 3:28.81 1:50.05	400m: 7:08.68 1:49.54	600m: 10:47.90 1:48.97	800m: 14:20.80 1:45.03		1:45.03
6.	Maria Manuela Ferreira	70	Vitoria de Guimaraes/Olicargo	15:07.09		262
	100m: 1:45.39 1:45.39	300m: 5:36.93 1:56.22	500m: 9:27.97 1:55.48	700m: 13:16.78 1:53.16		1:53.16
	200m: 3:40.71 1:55.32	400m: 7:32.49 1:55.56	600m: 11:23.62 1:55.65	800m: 15:07.09 1:50.31		1:50.31

Prova 1

Femin., 800m Livres

Master Esc F

03-07-2015 - 10:30

Resultados

RN F(50-54) 11:38.03 Elena Nikolaevna Kraeva CIMM Oeiras 01-07-2011

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Elena Nikolaevna Kraeva	61	Colegio Monte Maior	11:42.07		683
	100m: 1:22.45 1:22.45	300m: 4:19.15 1:28.41	500m: 7:16.06 1:28.65	700m: 10:14.71 1:29.20		1:29.20
	200m: 2:50.74 1:28.29	400m: 5:47.41 1:28.26	600m: 8:45.51 1:29.45	800m: 11:42.07 1:27.36		1:27.36
2.	Rita Cabral Guimaraes	64	Fluvial Portuense	13:20.64		461
	100m: 1:31.83 1:31.83	300m: 4:53.85 1:41.40	500m: 8:17.39 1:42.22	700m: 11:40.09 1:40.94		1:40.94
	200m: 3:12.45 1:40.62	400m: 6:35.17 1:41.32	600m: 9:59.15 1:41.76	800m: 13:20.64 1:40.55		1:40.55
3.	Graca Maria Vilarinho	65	Sporting de Aveiro	15:25.10		298
	100m: 1:42.44 1:42.44	300m: 5:34.35 1:58.34	500m: 9:32.53 1:58.58	700m: 13:28.66 1:58.22		1:58.22
	200m: 3:36.01 1:53.57	400m: 7:33.95 1:59.60	600m: 11:30.44 1:57.91	800m: 15:25.10 1:56.44		1:56.44
4.	Maria Madalena Caninas	63	Masters de Almada	15:28.83		295
	100m: 1:43.86 1:43.86	300m: 5:43.04 2:00.49	500m: 9:41.05 1:57.54	700m: 13:38.87 1:59.28		1:59.28
	200m: 3:42.55 1:58.69	400m: 7:43.51 2:00.47	600m: 11:39.59 1:58.54	800m: 15:28.83 1:49.96		1:49.96
5.	Maria Manuela Neto	62	Natacao da Maia	15:55.99		270
	100m: 1:50.27 1:50.27	300m: 5:52.89 2:02.00	500m: 9:57.37 2:01.56	700m: 13:58.02 1:59.71		1:59.71
	200m: 3:50.89 2:00.62	400m: 7:55.81 2:02.92	600m: 11:58.31 2:00.94	800m: 15:55.99 1:57.97		1:57.97
6.	Anette Kind	61	Leixoes	17:04.99		219
	100m: 1:54.77 1:54.77	300m: 6:16.46 2:11.70	500m: 10:40.50 2:11.62	700m: 15:03.08 2:12.07		2:12.07
	200m: 4:04.76 2:09.99	400m: 8:28.88 2:12.42	600m: 12:51.01 2:10.51	800m: 17:04.99 2:01.91		2:01.91
7.	Gracinda Maria Machado	61	Ginasio Santo Tirso	19:51.68		139
	100m: 2:19.56 2:19.56	300m: 7:22.17 2:32.50	500m: 12:25.85 2:31.96	700m: 17:28.50 2:30.65		2:30.65
	200m: 4:49.67 2:30.11	400m: 9:53.89 2:31.72	600m: 14:57.85 2:32.00	800m: 19:51.68 2:23.18		2:23.18
8.	Filomena Assuncao Oliveira	63	Fluvial Portuense	26:43.18		57
	100m: 3:06.10 3:06.10	300m: 9:45.97 3:17.92	500m: 16:31.94 3:24.79	700m: 23:31.01 3:35.53		3:35.53
	200m: 6:28.05 3:21.95	400m: 13:07.15 3:21.18	600m: 19:55.48 3:23.54	800m: 26:43.18 3:12.17		3:12.17



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Prova 1, Femin., 800m Livres

Prova 1 Femin., 800m Livres Master Esc H
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RN H(60-64) 12:46.28 Ana Maria Ferreira SAD Riccione (ITA) 10-06-2012

Pontos: DSV Masters 13

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Marika Maier	52	SC Chernitz von 1892	12:51.03		771
	100m: 1:30.21 1:30.21	300m: 4:45.33 1:38.40	500m: 8:01.62 1:37.78	700m: 11:17.24 1:37.95		
	200m: 3:06.93 1:36.72	400m: 6:23.84 1:38.51	600m: 9:39.29 1:37.67	800m: 12:51.03 1:33.79		
2.	Isabel Costa Monteiro	53	Academica de Coimbra	18:04.20		277
	100m: 1:58.87 1:58.87	300m: 6:34.28 2:20.51	500m: 11:12.12 2:19.53	700m: 15:49.57 2:17.01		
	200m: 4:13.77 2:14.90	400m: 8:52.59 2:18.31	600m: 13:32.56 2:20.44	800m: 18:04.20 2:14.63		

PARCEIROS



PARCEIROS INSTITUCIONAIS



PARCEIROS

