

Prova 10 19-12-2014 - 10:25	Femin., 400m Estilos				Absoluto Startlist
Recordes Nacionais 25m Absoluto	4:40.59	Victoria Kaminskaya	PIMP	Felgueiras	15-11-2014
Recordes Nacionais 25m Inf B	5:15.68	Susana Patricia Miguel	SFUAP	Rio Maior	06-07-2002
Recordes Nacionais 25m Inf A	5:05.68	Filiipa Vilas Ruivo	DNMG	Leiria	12-06-2010
Recordes Nacionais 25m Juv B	4:57.68	Susana Patricia Miguel	SFUAP	Penafiel	19-03-2004
Recordes Nacionais 25m Juv A	4:51.85	Ana Claudia Santos	SFUAP	Setubal	21-11-2004
Recordes Nacionais 25m Jun16	4:50.85	Diana Margarida Duraes	FOCA	Silves	02-12-2011
Recordes Nacionais 25m Jun17	4:48.80	Victoria Kaminskaya	PIMP	Silves	02-12-2011
Recordes Nacionais 25m Sen	4:40.59	Victoria Kaminskaya	PIMP	Felgueiras	15-11-2014

TAC-JUN98F Jun17: 5:11.83 / TAC-JUN99F Jun16: 5:14.88 / TAC-SEN95+VF Sen20+: 5:05.71 / TAC-SEN96F Sen19: 5:08.77 / TAC-SEN97F Sen18: 5:10.30

Ano

Série 1 de 2

3 Margarida Peixoto Pelaio	98	Ginasio Figueirense	5:11.67
4 Rita Costa Amador	99	Galitos	5:06.59
5 Rita Teixeira Costa	97	Belenenses	5:10.18

Série 2 de 2, Programado na sessão 2

1 Ana Monica Eloi	96	Nautico da Marinha Grande	5:02.52
2 Ana Teresa Franco	91	Sporting	5:00.93
3 Filipa Vilas Ruivo	97	Ba/Bomcar	4:57.19
4 Victoria Kaminskaya	95	Pimpoes/Cimai	4:40.59
5 Nadia Morais Vieira	90	Gesloures	4:50.76
6 Ana Beatriz Martins	99	Famalicao	4:58.66
7 Madalena Gomes Azevedo	99	Alges	5:01.19
8 Ana Marta Miranda	96	Uniao Piedense	5:03.07