

Prova 1
19-12-2014 - 16:00

Masc., 800m Livres

Absoluto
Resultados

| | | | | | |
|---------------------------------|---------|----------------------|------|-----------------|------------|
| Recordes Nacionais 25m Absoluto | 7:56.89 | Pedro Miguel Pinotes | SCP | Felgueiras | 21-12-2013 |
| Recordes Nacionais 25m Inf B | 9:07.20 | Andre Vilas Ruivo | DNMG | Leiria | 03-03-2013 |
| Recordes Nacionais 25m Inf A | 8:36.36 | Andre Vilas Ruivo | DNMG | Nazaré | 25-05-2014 |
| Recordes Nacionais 25m Juv B | 8:27.18 | Rui Filipe Costa | VSC | Senhora da Hora | 13-05-2006 |
| Recordes Nacionais 25m Juv A | 8:09.43 | Rui Filipe Costa | VSC | Senhora da Hora | 12-05-2007 |
| Recordes Nacionais 25m Jun17 | 8:00.80 | Gustavo Manuel Santa | CNLA | Leiria | 06-12-2009 |
| Recordes Nacionais 25m Jun18 | 8:00.39 | Rafael Lourenco Gil | ANAM | Felgueiras | 21-12-2013 |
| Recordes Nacionais 25m Sen | 7:56.89 | Pedro Miguel Pinotes | SCP | Felgueiras | 21-12-2013 |

TAC-JUN97M Jun18: 8:46.71 / TAC-JUN98M Jun17: 8:54.34 / TAC-SEN94+VM Sen21+: 8:28.89 / TAC-SEN95M Sen20: 8:36.53 / TAC-SEN96M Sen19: 8:41.62

Pontos: FINA 2014

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts | |
|-------|---|---------------|---------------------------|----------------|-------|---------------|-------|
| 1. | Pedro Miguel Pinotes <i>Recorde Nacional, Sen e Abs</i> | 89 | Sporting | 7:55.24 | +0,71 | 812 | |
| | 50m: 27.78 27.78 | 250m: 2:28.11 | 30.45 | 450m: 4:30.68 | 30.43 | 650m: 6:30.31 | 29.47 |
| | 100m: 57.59 29.81 | 300m: 2:58.94 | 30.83 | 500m: 5:01.15 | 30.47 | 700m: 6:59.08 | 28.77 |
| | 150m: 1:27.61 30.02 | 350m: 3:29.71 | 30.77 | 550m: 5:30.77 | 29.62 | 750m: 7:27.94 | 28.86 |
| | 200m: 1:57.66 30.05 | 400m: 4:00.25 | 30.54 | 600m: 6:00.84 | 30.07 | 800m: 7:55.24 | 27.30 |
| 2. | Rafael Lourenco Gil | 96 | Naval Amorense | 7:55.44 | +0,72 | 811 | |
| | 50m: 27.68 27.68 | 250m: 2:26.15 | 29.58 | 450m: 4:25.46 | 29.50 | 650m: 6:26.52 | 30.49 |
| | 100m: 57.12 29.44 | 300m: 2:56.04 | 29.89 | 500m: 4:55.45 | 29.99 | 700m: 6:57.13 | 30.61 |
| | 150m: 1:26.94 29.82 | 350m: 3:25.85 | 29.81 | 550m: 5:25.74 | 30.29 | 750m: 7:27.26 | 30.13 |
| | 200m: 1:56.57 29.63 | 400m: 3:55.96 | 30.11 | 600m: 5:56.03 | 30.29 | 800m: 7:55.44 | 28.18 |
| 3. | Fernando Eurico Costa | 85 | Leixoes | 8:02.84 | +0,78 | 774 | |
| | 50m: 27.65 27.65 | 250m: 2:29.15 | 30.46 | 450m: 4:31.29 | 30.03 | 650m: 6:34.11 | 30.79 |
| | 100m: 57.91 30.26 | 300m: 2:59.80 | 30.65 | 500m: 5:01.78 | 30.49 | 700m: 7:04.37 | 30.26 |
| | 150m: 1:28.36 30.45 | 350m: 3:30.83 | 31.03 | 550m: 5:32.51 | 30.73 | 750m: 7:33.88 | 29.51 |
| | 200m: 1:58.69 30.33 | 400m: 4:01.26 | 30.43 | 600m: 6:03.32 | 30.81 | 800m: 8:02.84 | 28.96 |
| 4. | Joao Pedro Gil | 97 | Naval Amorense | 8:03.08 | +0,67 | 773 | |
| | 50m: 27.60 27.60 | 250m: 2:28.97 | 30.54 | 450m: 4:31.06 | 30.04 | 650m: 6:33.94 | 30.67 |
| | 100m: 57.89 30.29 | 300m: 2:59.91 | 30.94 | 500m: 5:01.48 | 30.42 | 700m: 7:04.04 | 30.10 |
| | 150m: 1:28.15 30.26 | 350m: 3:30.28 | 30.37 | 550m: 5:32.38 | 30.90 | 750m: 7:34.47 | 30.43 |
| | 200m: 1:58.43 30.28 | 400m: 4:01.02 | 30.74 | 600m: 6:03.27 | 30.89 | 800m: 8:03.08 | 28.61 |
| 5. | Alexandre Valdagua Coutinho | 97 | Columbofila Cantanhedense | 8:05.36 | +0,69 | 762 | |
| | 50m: 28.27 28.27 | 250m: 2:29.03 | 30.40 | 450m: 4:31.66 | 30.40 | 650m: 6:34.46 | 30.70 |
| | 100m: 57.91 29.64 | 300m: 2:59.62 | 30.59 | 500m: 5:02.34 | 30.68 | 700m: 7:05.35 | 30.89 |
| | 150m: 1:28.09 30.18 | 350m: 3:30.32 | 30.70 | 550m: 5:33.24 | 30.90 | 750m: 7:35.74 | 30.39 |
| | 200m: 1:58.63 30.54 | 400m: 4:01.26 | 30.94 | 600m: 6:03.76 | 30.52 | 800m: 8:05.36 | 29.62 |
| 6. | Mario Andre Bonanca | 90 | Sporting | 8:08.07 | +0,83 | 749 | |
| | 50m: 27.74 27.74 | 250m: 2:28.28 | 30.37 | 450m: 4:31.11 | 30.54 | 650m: 6:35.67 | 31.48 |
| | 100m: 57.84 30.10 | 300m: 2:58.69 | 30.41 | 500m: 5:01.82 | 30.71 | 700m: 7:06.83 | 31.16 |
| | 150m: 1:27.86 30.02 | 350m: 3:29.52 | 30.83 | 550m: 5:32.89 | 31.07 | 750m: 7:37.60 | 30.77 |
| | 200m: 1:57.91 30.05 | 400m: 4:00.57 | 31.05 | 600m: 6:04.19 | 31.30 | 800m: 8:08.07 | 30.47 |
| 7. | Guilherme Filipe Pina | 98 | Benedita | 8:09.60 | +0,72 | 742 | |
| | 50m: 28.20 28.20 | 250m: 2:30.32 | 30.58 | 450m: 4:33.53 | 30.88 | 650m: 6:37.52 | 31.16 |
| | 100m: 58.46 30.26 | 300m: 3:01.05 | 30.73 | 500m: 5:04.57 | 31.04 | 700m: 7:08.46 | 30.94 |
| | 150m: 1:28.91 30.45 | 350m: 3:31.81 | 30.76 | 550m: 5:35.31 | 30.74 | 750m: 7:39.78 | 31.32 |
| | 200m: 1:59.74 30.83 | 400m: 4:02.65 | 30.84 | 600m: 6:06.36 | 31.05 | 800m: 8:09.60 | 29.82 |

Prova 1, Masc., 800m Livres, Absoluto

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts | |
|-------|--------------------------------|---------------|----------------------------------|----------------|--------------|---------------|-------|
| 8. | Tiago Silva Oliveira | 94 | Leixoes | 8:17.67 | +0,95 | 707 | |
| | 50m: 28.43 28.43 | 250m: 2:30.94 | 30.63 | 450m: 4:35.04 | 31.23 | 650m: 6:42.55 | 31.90 |
| | 100m: 58.63 30.20 | 300m: 3:01.73 | 30.79 | 500m: 5:06.68 | 31.64 | 700m: 7:14.52 | 31.97 |
| | 150m: 1:29.41 30.78 | 350m: 3:32.66 | 30.93 | 550m: 5:38.47 | 31.79 | 750m: 7:46.47 | 31.95 |
| | 200m: 2:00.31 30.90 | 400m: 4:03.81 | 31.15 | 600m: 6:10.65 | 32.18 | 800m: 8:17.67 | 31.20 |
| 9. | Rui Pedro Faria | 94 | Famalicao | 8:18.81 | +0,82 | 702 | |
| | 50m: 28.67 28.67 | 250m: 2:32.40 | 31.26 | 450m: 4:38.15 | 30.72 | 650m: 6:44.61 | 31.63 |
| | 100m: 59.02 30.35 | 300m: 3:03.96 | 31.56 | 500m: 5:09.47 | 31.32 | 700m: 7:16.30 | 31.69 |
| | 150m: 1:29.93 30.91 | 350m: 3:35.76 | 31.80 | 550m: 5:41.32 | 31.85 | 750m: 7:48.45 | 32.15 |
| | 200m: 2:01.14 31.21 | 400m: 4:07.43 | 31.67 | 600m: 6:12.98 | 31.66 | 800m: 8:18.81 | 30.36 |
| 10. | Goncalo Miguel Nogueira | 98 | Porto | 8:24.59 | +0,73 | 678 | |
| | 50m: 28.29 28.29 | 250m: 2:31.89 | 31.24 | 450m: 4:39.04 | 31.76 | 650m: 6:47.97 | 32.39 |
| | 100m: 58.55 30.26 | 300m: 3:03.42 | 31.53 | 500m: 5:11.00 | 31.96 | 700m: 7:20.62 | 32.65 |
| | 150m: 1:29.45 30.90 | 350m: 3:35.27 | 31.85 | 550m: 5:43.14 | 32.14 | 750m: 7:53.31 | 32.69 |
| | 200m: 2:00.65 31.20 | 400m: 4:07.28 | 32.01 | 600m: 6:15.58 | 32.44 | 800m: 8:24.59 | 31.28 |
| 11. | Vitor Joao Pereira | 97 | Leixoes | 8:27.29 | +0,89 | 667 | |
| | 50m: 28.83 28.83 | 250m: 2:32.73 | 31.49 | 450m: 4:40.55 | 32.02 | 650m: 6:50.65 | 32.76 |
| | 100m: 59.48 30.65 | 300m: 3:04.36 | 31.63 | 500m: 5:12.89 | 32.34 | 700m: 7:23.39 | 32.74 |
| | 150m: 1:30.15 30.67 | 350m: 3:36.43 | 32.07 | 550m: 5:45.40 | 32.51 | 750m: 7:55.80 | 32.41 |
| | 200m: 2:01.24 31.09 | 400m: 4:08.53 | 32.10 | 600m: 6:17.89 | 32.49 | 800m: 8:27.29 | 31.49 |
| 12. | Joao Miguel Cardoso | 97 | Gesloures | 8:27.57 | +0,59 | 666 | |
| | 50m: 29.20 29.20 | 250m: 2:36.20 | 32.27 | 450m: 4:45.18 | 32.10 | 650m: 6:53.94 | 32.14 |
| | 100m: 1:00.21 31.01 | 300m: 3:08.79 | 32.59 | 500m: 5:17.46 | 32.28 | 700m: 7:25.86 | 31.92 |
| | 150m: 1:31.92 31.71 | 350m: 3:41.09 | 32.30 | 550m: 5:49.64 | 32.18 | 750m: 7:57.56 | 31.70 |
| | 200m: 2:03.93 32.01 | 400m: 4:13.08 | 31.99 | 600m: 6:21.80 | 32.16 | 800m: 8:27.57 | 30.01 |
| 13. | Ruben Jose Morim | 97 | Vilacondense | 8:28.30 | +0,77 | 663 | |
| | 50m: 28.96 28.96 | 250m: 2:35.22 | 32.13 | 450m: 4:43.92 | 31.97 | 650m: 6:54.23 | 32.18 |
| | 100m: 59.82 30.86 | 300m: 3:07.33 | 32.11 | 500m: 5:16.72 | 32.80 | 700m: 7:26.87 | 32.64 |
| | 150m: 1:31.24 31.42 | 350m: 3:39.45 | 32.12 | 550m: 5:49.28 | 32.56 | 750m: 7:58.17 | 31.30 |
| | 200m: 2:03.09 31.85 | 400m: 4:11.95 | 32.50 | 600m: 6:22.05 | 32.77 | 800m: 8:28.30 | 30.13 |
| 14. | Pedro Maria Bessa | 95 | Vilacondense | 8:29.07 | +0,77 | 660 | |
| | 50m: 27.97 27.97 | 250m: 2:31.26 | 31.37 | 450m: 4:40.17 | 32.31 | 650m: 6:50.67 | 32.58 |
| | 100m: 58.26 30.29 | 300m: 3:03.12 | 31.86 | 500m: 5:12.62 | 32.45 | 700m: 7:24.11 | 33.44 |
| | 150m: 1:28.96 30.70 | 350m: 3:35.25 | 32.13 | 550m: 5:45.33 | 32.71 | 750m: 7:57.32 | 33.21 |
| | 200m: 1:59.89 30.93 | 400m: 4:07.86 | 32.61 | 600m: 6:18.09 | 32.76 | 800m: 8:29.07 | 31.75 |
| 15. | Diogo Manuel Marques | 98 | Columbofila Cantanhedense | 8:31.12 | +0,81 | 652 | |
| | 50m: 29.31 29.31 | 250m: 2:35.63 | 32.12 | 450m: 4:44.53 | 32.08 | 650m: 6:55.96 | 32.99 |
| | 100m: 59.98 30.67 | 300m: 3:07.76 | 32.13 | 500m: 5:16.95 | 32.42 | 700m: 7:28.26 | 32.30 |
| | 150m: 1:31.69 31.71 | 350m: 3:40.11 | 32.35 | 550m: 5:49.63 | 32.68 | 750m: 8:00.97 | 32.71 |
| | 200m: 2:03.51 31.82 | 400m: 4:12.45 | 32.34 | 600m: 6:22.97 | 33.34 | 800m: 8:31.12 | 30.15 |
| 16. | Narciso Daniel Correia | 97 | Braga | 8:31.31 | +0,87 | 652 | |
| | 50m: 28.74 28.74 | 250m: 2:35.56 | 32.27 | 450m: 4:45.32 | 31.21 | 650m: 6:55.04 | 32.74 |
| | 100m: 59.89 31.15 | 300m: 3:08.26 | 32.70 | 500m: 5:17.55 | 32.23 | 700m: 7:27.84 | 32.80 |
| | 150m: 1:31.46 31.57 | 350m: 3:41.04 | 32.78 | 550m: 5:50.03 | 32.48 | 750m: 8:00.93 | 33.09 |
| | 200m: 2:03.29 31.83 | 400m: 4:14.11 | 33.07 | 600m: 6:22.30 | 32.27 | 800m: 8:31.31 | 30.38 |
| 17. | Pedro Rafael Garcia | 96 | Academico Viseu | 8:32.51 | +0,75 | 647 | |
| | 50m: 28.84 28.84 | 250m: 2:36.37 | 32.71 | 450m: 4:46.85 | 32.53 | 650m: 6:56.55 | 32.33 |
| | 100m: 59.92 31.08 | 300m: 3:08.93 | 32.56 | 500m: 5:19.25 | 32.40 | 700m: 7:29.09 | 32.54 |
| | 150m: 1:31.69 31.77 | 350m: 3:41.65 | 32.72 | 550m: 5:51.77 | 32.52 | 750m: 8:01.61 | 32.52 |
| | 200m: 2:03.66 31.97 | 400m: 4:14.32 | 32.67 | 600m: 6:24.22 | 32.45 | 800m: 8:32.51 | 30.90 |

Prova 1, Masc., 800m Livres, Absoluto

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts | |
|-------|-------------------------|---------------|------------|----------------|-------|---------------|-------|
| 18. | Miguel Angelo Silvestre | 97 | Alcobaca | 8:38.12 | +0,73 | 626 | |
| | 50m: 28.71 28.71 | 250m: 2:36.88 | 32.64 | 450m: 4:47.82 | 32.71 | 650m: 6:58.69 | 32.86 |
| | 100m: 1:00.07 31.36 | 300m: 3:09.52 | 32.64 | 500m: 5:20.39 | 32.57 | 700m: 7:31.71 | 33.02 |
| | 150m: 1:31.85 31.78 | 350m: 3:42.36 | 32.84 | 550m: 5:52.92 | 32.53 | 750m: 8:05.01 | 33.30 |
| | 200m: 2:04.24 32.39 | 400m: 4:15.11 | 32.75 | 600m: 6:25.83 | 32.91 | 800m: 8:38.12 | 33.11 |
| 19. | Bernardo Leitao Graca | 93 | Sporting | 8:39.88 | +0,79 | 620 | |
| | <i>FTL</i> | | | | | | |
| | 50m: 28.36 28.36 | 250m: 2:33.06 | 31.89 | 450m: 4:43.83 | 32.22 | 650m: 6:59.18 | 34.06 |
| | 100m: 58.91 30.55 | 300m: 3:05.31 | 32.25 | 500m: 5:17.04 | 33.21 | 700m: 7:33.43 | 34.25 |
| | 150m: 1:29.76 30.85 | 350m: 3:38.42 | 33.11 | 550m: 5:50.99 | 33.95 | 750m: 8:07.04 | 33.61 |
| | 200m: 2:01.17 31.41 | 400m: 4:11.61 | 33.19 | 600m: 6:25.12 | 34.13 | 800m: 8:39.88 | 32.84 |
| 20. | Bruno Miguel Ramos | 97 | Belenenses | 8:45.90 | +0,70 | 599 | |
| | 50m: 28.53 28.53 | 250m: 2:36.00 | 32.63 | 450m: 4:48.74 | 33.62 | 650m: 7:04.87 | 33.90 |
| | 100m: 59.67 31.14 | 300m: 3:08.62 | 32.62 | 500m: 5:22.87 | 34.13 | 700m: 7:39.15 | 34.28 |
| | 150m: 1:31.19 31.52 | 350m: 3:41.57 | 32.95 | 550m: 5:56.66 | 33.79 | 750m: 8:12.68 | 33.53 |
| | 200m: 2:03.37 32.18 | 400m: 4:15.12 | 33.55 | 600m: 6:30.97 | 34.31 | 800m: 8:45.90 | 33.22 |

Senior 94+V

| | | | | | | | |
|----|------------------------------------|---------------|----------------|----------------|-------|---------------|-------|
| 1. | Pedro Miguel Pinotes | 89 | Sporting | 7:55.24 | +0,71 | 812 | |
| | <i>Recorde Nacional, Sen e Abs</i> | | | | | | |
| | 50m: 27.78 27.78 | 250m: 2:28.11 | 30.45 | 450m: 4:30.68 | 30.43 | 650m: 6:30.31 | 29.47 |
| | 100m: 57.59 29.81 | 300m: 2:58.94 | 30.83 | 500m: 5:01.15 | 30.47 | 700m: 6:59.08 | 28.77 |
| | 150m: 1:27.61 30.02 | 350m: 3:29.71 | 30.77 | 550m: 5:30.77 | 29.62 | 750m: 7:27.94 | 28.86 |
| | 200m: 1:57.66 30.05 | 400m: 4:00.25 | 30.54 | 600m: 6:00.84 | 30.07 | 800m: 7:55.24 | 27.30 |
| 2. | Rafael Lourenco Gil | 96 | Naval Amorense | 7:55.44 | +0,72 | 811 | |
| | 50m: 27.68 27.68 | 250m: 2:26.15 | 29.58 | 450m: 4:25.46 | 29.50 | 650m: 6:26.52 | 30.49 |
| | 100m: 57.12 29.44 | 300m: 2:56.04 | 29.89 | 500m: 4:55.45 | 29.99 | 700m: 6:57.13 | 30.61 |
| | 150m: 1:26.94 29.82 | 350m: 3:25.85 | 29.81 | 550m: 5:25.74 | 30.29 | 750m: 7:27.26 | 30.13 |
| | 200m: 1:56.57 29.63 | 400m: 3:55.96 | 30.11 | 600m: 5:56.03 | 30.29 | 800m: 7:55.44 | 28.18 |
| 3. | Fernando Eurico Costa | 85 | Leixoes | 8:02.84 | +0,78 | 774 | |
| | 50m: 27.65 27.65 | 250m: 2:29.15 | 30.46 | 450m: 4:31.29 | 30.03 | 650m: 6:34.11 | 30.79 |
| | 100m: 57.91 30.26 | 300m: 2:59.80 | 30.65 | 500m: 5:01.78 | 30.49 | 700m: 7:04.37 | 30.26 |
| | 150m: 1:28.36 30.45 | 350m: 3:30.83 | 31.03 | 550m: 5:32.51 | 30.73 | 750m: 7:33.88 | 29.51 |
| | 200m: 1:58.69 30.33 | 400m: 4:01.26 | 30.43 | 600m: 6:03.32 | 30.81 | 800m: 8:02.84 | 28.96 |
| 4. | Mario Andre Bonanca | 90 | Sporting | 8:08.07 | +0,83 | 749 | |
| | 50m: 27.74 27.74 | 250m: 2:28.28 | 30.37 | 450m: 4:31.11 | 30.54 | 650m: 6:35.67 | 31.48 |
| | 100m: 57.84 30.10 | 300m: 2:58.69 | 30.41 | 500m: 5:01.82 | 30.71 | 700m: 7:06.83 | 31.16 |
| | 150m: 1:27.86 30.02 | 350m: 3:29.52 | 30.83 | 550m: 5:32.89 | 31.07 | 750m: 7:37.60 | 30.77 |
| | 200m: 1:57.91 30.05 | 400m: 4:00.57 | 31.05 | 600m: 6:04.19 | 31.30 | 800m: 8:08.07 | 30.47 |
| 5. | Tiago Silva Oliveira | 94 | Leixoes | 8:17.67 | +0,95 | 707 | |
| | 50m: 28.43 28.43 | 250m: 2:30.94 | 30.63 | 450m: 4:35.04 | 31.23 | 650m: 6:42.55 | 31.90 |
| | 100m: 58.63 30.20 | 300m: 3:01.73 | 30.79 | 500m: 5:06.68 | 31.64 | 700m: 7:14.52 | 31.97 |
| | 150m: 1:29.41 30.78 | 350m: 3:32.66 | 30.93 | 550m: 5:38.47 | 31.79 | 750m: 7:46.47 | 31.95 |
| | 200m: 2:00.31 30.90 | 400m: 4:03.81 | 31.15 | 600m: 6:10.65 | 32.18 | 800m: 8:17.67 | 31.20 |
| 6. | Rui Pedro Faria | 94 | Famalicao | 8:18.81 | +0,82 | 702 | |
| | 50m: 28.67 28.67 | 250m: 2:32.40 | 31.26 | 450m: 4:38.15 | 30.72 | 650m: 6:44.61 | 31.63 |
| | 100m: 59.02 30.35 | 300m: 3:03.96 | 31.56 | 500m: 5:09.47 | 31.32 | 700m: 7:16.30 | 31.69 |
| | 150m: 1:29.93 30.91 | 350m: 3:35.76 | 31.80 | 550m: 5:41.32 | 31.85 | 750m: 7:48.45 | 32.15 |
| | 200m: 2:01.14 31.21 | 400m: 4:07.43 | 31.67 | 600m: 6:12.98 | 31.66 | 800m: 8:18.81 | 30.36 |

Prova 1, Masc., 800m Livres, Senior 94+V

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts |
|-------|------------------------------|---------------------|---------------------|---------------------|-------|-----|
| 7. | Pedro Maria Bessa | 95 | Vilacondense | 8:29.07 | +0,77 | 660 |
| | 50m: 27.97 27.97 | 250m: 2:31.26 31.37 | 450m: 4:40.17 32.31 | 650m: 6:50.67 32.58 | | |
| | 100m: 58.26 30.29 | 300m: 3:03.12 31.86 | 500m: 5:12.62 32.45 | 700m: 7:24.11 33.44 | | |
| | 150m: 1:28.96 30.70 | 350m: 3:35.25 32.13 | 550m: 5:45.33 32.71 | 750m: 7:57.32 33.21 | | |
| | 200m: 1:59.89 30.93 | 400m: 4:07.86 32.61 | 600m: 6:18.09 32.76 | 800m: 8:29.07 31.75 | | |
| 8. | Pedro Rafael Garcia | 96 | Academico Viseu | 8:32.51 | +0,75 | 647 |
| | 50m: 28.84 28.84 | 250m: 2:36.37 32.71 | 450m: 4:46.85 32.53 | 650m: 6:56.55 32.33 | | |
| | 100m: 59.92 31.08 | 300m: 3:08.93 32.56 | 500m: 5:19.25 32.40 | 700m: 7:29.09 32.54 | | |
| | 150m: 1:31.69 31.77 | 350m: 3:41.65 32.72 | 550m: 5:51.77 32.52 | 750m: 8:01.61 32.52 | | |
| | 200m: 2:03.66 31.97 | 400m: 4:14.32 32.67 | 600m: 6:24.22 32.45 | 800m: 8:32.51 30.90 | | |
| 9. | Bernardo Leitao Graca FTL | 93 | Sporting | 8:39.88 | +0,79 | 620 |
| | 50m: 28.36 28.36 | 250m: 2:33.06 31.89 | 450m: 4:43.83 32.22 | 650m: 6:59.18 34.06 | | |
| | 100m: 58.91 30.55 | 300m: 3:05.31 32.25 | 500m: 5:17.04 33.21 | 700m: 7:33.43 34.25 | | |
| | 150m: 1:29.76 30.85 | 350m: 3:38.42 33.11 | 550m: 5:50.99 33.95 | 750m: 8:07.04 33.61 | | |
| | 200m: 2:01.17 31.41 | 400m: 4:11.61 33.19 | 600m: 6:25.12 34.13 | 800m: 8:39.88 32.84 | | |

Senior 95

| | | | | | | |
|----|------------------------------------|---------------------|---------------------|---------------------|-------|-----|
| 1. | Pedro Miguel Pinotes | 89 | Sporting | 7:55.24 | +0,71 | 812 |
| | <i>Recorde Nacional, Sen e Abs</i> | | | | | |
| | 50m: 27.78 27.78 | 250m: 2:28.11 30.45 | 450m: 4:30.68 30.43 | 650m: 6:30.31 29.47 | | |
| | 100m: 57.59 29.81 | 300m: 2:58.94 30.83 | 500m: 5:01.15 30.47 | 700m: 6:59.08 28.77 | | |
| | 150m: 1:27.61 30.02 | 350m: 3:29.71 30.77 | 550m: 5:30.77 29.62 | 750m: 7:27.94 28.86 | | |
| | 200m: 1:57.66 30.05 | 400m: 4:00.25 30.54 | 600m: 6:00.84 30.07 | 800m: 7:55.24 27.30 | | |
| 2. | Rafael Lourenco Gil | 96 | Naval Amorense | 7:55.44 | +0,72 | 811 |
| | 50m: 27.68 27.68 | 250m: 2:26.15 29.58 | 450m: 4:25.46 29.50 | 650m: 6:26.52 30.49 | | |
| | 100m: 57.12 29.44 | 300m: 2:56.04 29.89 | 500m: 4:55.45 29.99 | 700m: 6:57.13 30.61 | | |
| | 150m: 1:26.94 29.82 | 350m: 3:25.85 29.81 | 550m: 5:25.74 30.29 | 750m: 7:27.26 30.13 | | |
| | 200m: 1:56.57 29.63 | 400m: 3:55.96 30.11 | 600m: 5:56.03 30.29 | 800m: 7:55.44 28.18 | | |
| 3. | Fernando Eurico Costa | 85 | Leixoes | 8:02.84 | +0,78 | 774 |
| | 50m: 27.65 27.65 | 250m: 2:29.15 30.46 | 450m: 4:31.29 30.03 | 650m: 6:34.11 30.79 | | |
| | 100m: 57.91 30.26 | 300m: 2:59.80 30.65 | 500m: 5:01.78 30.49 | 700m: 7:04.37 30.26 | | |
| | 150m: 1:28.36 30.45 | 350m: 3:30.83 31.03 | 550m: 5:32.51 30.73 | 750m: 7:33.88 29.51 | | |
| | 200m: 1:58.69 30.33 | 400m: 4:01.26 30.43 | 600m: 6:03.32 30.81 | 800m: 8:02.84 28.96 | | |
| 4. | Mario Andre Bonanca | 90 | Sporting | 8:08.07 | +0,83 | 749 |
| | 50m: 27.74 27.74 | 250m: 2:28.28 30.37 | 450m: 4:31.11 30.54 | 650m: 6:35.67 31.48 | | |
| | 100m: 57.84 30.10 | 300m: 2:58.69 30.41 | 500m: 5:01.82 30.71 | 700m: 7:06.83 31.16 | | |
| | 150m: 1:27.86 30.02 | 350m: 3:29.52 30.83 | 550m: 5:32.89 31.07 | 750m: 7:37.60 30.77 | | |
| | 200m: 1:57.91 30.05 | 400m: 4:00.57 31.05 | 600m: 6:04.19 31.30 | 800m: 8:08.07 30.47 | | |
| 5. | Tiago Silva Oliveira | 94 | Leixoes | 8:17.67 | +0,95 | 707 |
| | 50m: 28.43 28.43 | 250m: 2:30.94 30.63 | 450m: 4:35.04 31.23 | 650m: 6:42.55 31.90 | | |
| | 100m: 58.63 30.20 | 300m: 3:01.73 30.79 | 500m: 5:06.68 31.64 | 700m: 7:14.52 31.97 | | |
| | 150m: 1:29.41 30.78 | 350m: 3:32.66 30.93 | 550m: 5:38.47 31.79 | 750m: 7:46.47 31.95 | | |
| | 200m: 2:00.31 30.90 | 400m: 4:03.81 31.15 | 600m: 6:10.65 32.18 | 800m: 8:17.67 31.20 | | |
| 6. | Rui Pedro Faria | 94 | Famalicao | 8:18.81 | +0,82 | 702 |
| | 50m: 28.67 28.67 | 250m: 2:32.40 31.26 | 450m: 4:38.15 30.72 | 650m: 6:44.61 31.63 | | |
| | 100m: 59.02 30.35 | 300m: 3:03.96 31.56 | 500m: 5:09.47 31.32 | 700m: 7:16.30 31.69 | | |
| | 150m: 1:29.93 30.91 | 350m: 3:35.76 31.80 | 550m: 5:41.32 31.85 | 750m: 7:48.45 32.15 | | |
| | 200m: 2:01.14 31.21 | 400m: 4:07.43 31.67 | 600m: 6:12.98 31.66 | 800m: 8:18.81 30.36 | | |

Prova 1, Masc., 800m Livres, Senior 95

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts | |
|-------|------------------------------|---------------|-----------------|----------------|-------|---------------|-------|
| 7. | Pedro Maria Bessa | 95 | Vilacondense | 8:29.07 | +0,77 | 660 | |
| | 50m: 27.97 27.97 | 250m: 2:31.26 | 31.37 | 450m: 4:40.17 | 32.31 | 650m: 6:50.67 | 32.58 |
| | 100m: 58.26 30.29 | 300m: 3:03.12 | 31.86 | 500m: 5:12.62 | 32.45 | 700m: 7:24.11 | 33.44 |
| | 150m: 1:28.96 30.70 | 350m: 3:35.25 | 32.13 | 550m: 5:45.33 | 32.71 | 750m: 7:57.32 | 33.21 |
| | 200m: 1:59.89 30.93 | 400m: 4:07.86 | 32.61 | 600m: 6:18.09 | 32.76 | 800m: 8:29.07 | 31.75 |
| 8. | Pedro Rafael Garcia | 96 | Academico Viseu | 8:32.51 | +0,75 | 647 | |
| | 50m: 28.84 28.84 | 250m: 2:36.37 | 32.71 | 450m: 4:46.85 | 32.53 | 650m: 6:56.55 | 32.33 |
| | 100m: 59.92 31.08 | 300m: 3:08.93 | 32.56 | 500m: 5:19.25 | 32.40 | 700m: 7:29.09 | 32.54 |
| | 150m: 1:31.69 31.77 | 350m: 3:41.65 | 32.72 | 550m: 5:51.77 | 32.52 | 750m: 8:01.61 | 32.52 |
| | 200m: 2:03.66 31.97 | 400m: 4:14.32 | 32.67 | 600m: 6:24.22 | 32.45 | 800m: 8:32.51 | 30.90 |
| 9. | Bernardo Leitao Graca FTL | 93 | Sporting | 8:39.88 | +0,79 | 620 | |
| | 50m: 28.36 28.36 | 250m: 2:33.06 | 31.89 | 450m: 4:43.83 | 32.22 | 650m: 6:59.18 | 34.06 |
| | 100m: 58.91 30.55 | 300m: 3:05.31 | 32.25 | 500m: 5:17.04 | 33.21 | 700m: 7:33.43 | 34.25 |
| | 150m: 1:29.76 30.85 | 350m: 3:38.42 | 33.11 | 550m: 5:50.99 | 33.95 | 750m: 8:07.04 | 33.61 |
| | 200m: 2:01.17 31.41 | 400m: 4:11.61 | 33.19 | 600m: 6:25.12 | 34.13 | 800m: 8:39.88 | 32.84 |

Senior 96

| | | | | | | | |
|----|------------------------------------|---------------|----------------|----------------|-------|---------------|-------|
| 1. | Pedro Miguel Pinotes | 89 | Sporting | 7:55.24 | +0,71 | 812 | |
| | <i>Recorde Nacional, Sen e Abs</i> | | | | | | |
| | 50m: 27.78 27.78 | 250m: 2:28.11 | 30.45 | 450m: 4:30.68 | 30.43 | 650m: 6:30.31 | 29.47 |
| | 100m: 57.59 29.81 | 300m: 2:58.94 | 30.83 | 500m: 5:01.15 | 30.47 | 700m: 6:59.08 | 28.77 |
| | 150m: 1:27.61 30.02 | 350m: 3:29.71 | 30.77 | 550m: 5:30.77 | 29.62 | 750m: 7:27.94 | 28.86 |
| | 200m: 1:57.66 30.05 | 400m: 4:00.25 | 30.54 | 600m: 6:00.84 | 30.07 | 800m: 7:55.24 | 27.30 |
| 2. | Rafael Lourenco Gil | 96 | Naval Amorense | 7:55.44 | +0,72 | 811 | |
| | 50m: 27.68 27.68 | 250m: 2:26.15 | 29.58 | 450m: 4:25.46 | 29.50 | 650m: 6:26.52 | 30.49 |
| | 100m: 57.12 29.44 | 300m: 2:56.04 | 29.89 | 500m: 4:55.45 | 29.99 | 700m: 6:57.13 | 30.61 |
| | 150m: 1:26.94 29.82 | 350m: 3:25.85 | 29.81 | 550m: 5:25.74 | 30.29 | 750m: 7:27.26 | 30.13 |
| | 200m: 1:56.57 29.63 | 400m: 3:55.96 | 30.11 | 600m: 5:56.03 | 30.29 | 800m: 7:55.44 | 28.18 |
| 3. | Fernando Eurico Costa | 85 | Leixoes | 8:02.84 | +0,78 | 774 | |
| | 50m: 27.65 27.65 | 250m: 2:29.15 | 30.46 | 450m: 4:31.29 | 30.03 | 650m: 6:34.11 | 30.79 |
| | 100m: 57.91 30.26 | 300m: 2:59.80 | 30.65 | 500m: 5:01.78 | 30.49 | 700m: 7:04.37 | 30.26 |
| | 150m: 1:28.36 30.45 | 350m: 3:30.83 | 31.03 | 550m: 5:32.51 | 30.73 | 750m: 7:33.88 | 29.51 |
| | 200m: 1:58.69 30.33 | 400m: 4:01.26 | 30.43 | 600m: 6:03.32 | 30.81 | 800m: 8:02.84 | 28.96 |
| 4. | Mario Andre Bonanca | 90 | Sporting | 8:08.07 | +0,83 | 749 | |
| | 50m: 27.74 27.74 | 250m: 2:28.28 | 30.37 | 450m: 4:31.11 | 30.54 | 650m: 6:35.67 | 31.48 |
| | 100m: 57.84 30.10 | 300m: 2:58.69 | 30.41 | 500m: 5:01.82 | 30.71 | 700m: 7:06.83 | 31.16 |
| | 150m: 1:27.86 30.02 | 350m: 3:29.52 | 30.83 | 550m: 5:32.89 | 31.07 | 750m: 7:37.60 | 30.77 |
| | 200m: 1:57.91 30.05 | 400m: 4:00.57 | 31.05 | 600m: 6:04.19 | 31.30 | 800m: 8:08.07 | 30.47 |
| 5. | Tiago Silva Oliveira | 94 | Leixoes | 8:17.67 | +0,95 | 707 | |
| | 50m: 28.43 28.43 | 250m: 2:30.94 | 30.63 | 450m: 4:35.04 | 31.23 | 650m: 6:42.55 | 31.90 |
| | 100m: 58.63 30.20 | 300m: 3:01.73 | 30.79 | 500m: 5:06.68 | 31.64 | 700m: 7:14.52 | 31.97 |
| | 150m: 1:29.41 30.78 | 350m: 3:32.66 | 30.93 | 550m: 5:38.47 | 31.79 | 750m: 7:46.47 | 31.95 |
| | 200m: 2:00.31 30.90 | 400m: 4:03.81 | 31.15 | 600m: 6:10.65 | 32.18 | 800m: 8:17.67 | 31.20 |
| 6. | Rui Pedro Faria | 94 | Famalicao | 8:18.81 | +0,82 | 702 | |
| | 50m: 28.67 28.67 | 250m: 2:32.40 | 31.26 | 450m: 4:38.15 | 30.72 | 650m: 6:44.61 | 31.63 |
| | 100m: 59.02 30.35 | 300m: 3:03.96 | 31.56 | 500m: 5:09.47 | 31.32 | 700m: 7:16.30 | 31.69 |
| | 150m: 1:29.93 30.91 | 350m: 3:35.76 | 31.80 | 550m: 5:41.32 | 31.85 | 750m: 7:48.45 | 32.15 |
| | 200m: 2:01.14 31.21 | 400m: 4:07.43 | 31.67 | 600m: 6:12.98 | 31.66 | 800m: 8:18.81 | 30.36 |

Prova 1, Masc., 800m Livres, Senior 96

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts | |
|-------|------------------------------|---------------|-----------------|----------------|--------------|---------------|-------|
| 7. | Pedro Maria Bessa | 95 | Vilacondense | 8:29.07 | +0,77 | 660 | |
| | 50m: 27.97 27.97 | 250m: 2:31.26 | 31.37 | 450m: 4:40.17 | 32.31 | 650m: 6:50.67 | 32.58 |
| | 100m: 58.26 30.29 | 300m: 3:03.12 | 31.86 | 500m: 5:12.62 | 32.45 | 700m: 7:24.11 | 33.44 |
| | 150m: 1:28.96 30.70 | 350m: 3:35.25 | 32.13 | 550m: 5:45.33 | 32.71 | 750m: 7:57.32 | 33.21 |
| | 200m: 1:59.89 30.93 | 400m: 4:07.86 | 32.61 | 600m: 6:18.09 | 32.76 | 800m: 8:29.07 | 31.75 |
| 8. | Pedro Rafael Garcia | 96 | Academico Viseu | 8:32.51 | +0,75 | 647 | |
| | 50m: 28.84 28.84 | 250m: 2:36.37 | 32.71 | 450m: 4:46.85 | 32.53 | 650m: 6:56.55 | 32.33 |
| | 100m: 59.92 31.08 | 300m: 3:08.93 | 32.56 | 500m: 5:19.25 | 32.40 | 700m: 7:29.09 | 32.54 |
| | 150m: 1:31.69 31.77 | 350m: 3:41.65 | 32.72 | 550m: 5:51.77 | 32.52 | 750m: 8:01.61 | 32.52 |
| | 200m: 2:03.66 31.97 | 400m: 4:14.32 | 32.67 | 600m: 6:24.22 | 32.45 | 800m: 8:32.51 | 30.90 |
| 9. | Bernardo Leitao Graca FTL | 93 | Sporting | 8:39.88 | +0,79 | 620 | |
| | 50m: 28.36 28.36 | 250m: 2:33.06 | 31.89 | 450m: 4:43.83 | 32.22 | 650m: 6:59.18 | 34.06 |
| | 100m: 58.91 30.55 | 300m: 3:05.31 | 32.25 | 500m: 5:17.04 | 33.21 | 700m: 7:33.43 | 34.25 |
| | 150m: 1:29.76 30.85 | 350m: 3:38.42 | 33.11 | 550m: 5:50.99 | 33.95 | 750m: 8:07.04 | 33.61 |
| | 200m: 2:01.17 31.41 | 400m: 4:11.61 | 33.19 | 600m: 6:25.12 | 34.13 | 800m: 8:39.88 | 32.84 |

Junior 97

| | | | | | | | |
|----|-----------------------------|---------------|---------------------------|----------------|--------------|---------------|-------|
| 1. | Joao Pedro Gil | 97 | Naval Amorense | 8:03.08 | +0,67 | 773 | |
| | 50m: 27.60 27.60 | 250m: 2:28.97 | 30.54 | 450m: 4:31.06 | 30.04 | 650m: 6:33.94 | 30.67 |
| | 100m: 57.89 30.29 | 300m: 2:59.91 | 30.94 | 500m: 5:01.48 | 30.42 | 700m: 7:04.04 | 30.10 |
| | 150m: 1:28.15 30.26 | 350m: 3:30.28 | 30.37 | 550m: 5:32.38 | 30.90 | 750m: 7:34.47 | 30.43 |
| | 200m: 1:58.43 30.28 | 400m: 4:01.02 | 30.74 | 600m: 6:03.27 | 30.89 | 800m: 8:03.08 | 28.61 |
| 2. | Alexandre Valdagua Coutinho | 97 | Columbofila Cantanhedense | 8:05.36 | +0,69 | 762 | |
| | 50m: 28.27 28.27 | 250m: 2:29.03 | 30.40 | 450m: 4:31.66 | 30.40 | 650m: 6:34.46 | 30.70 |
| | 100m: 57.91 29.64 | 300m: 2:59.62 | 30.59 | 500m: 5:02.34 | 30.68 | 700m: 7:05.35 | 30.89 |
| | 150m: 1:28.09 30.18 | 350m: 3:30.32 | 30.70 | 550m: 5:33.24 | 30.90 | 750m: 7:35.74 | 30.39 |
| | 200m: 1:58.63 30.54 | 400m: 4:01.26 | 30.94 | 600m: 6:03.76 | 30.52 | 800m: 8:05.36 | 29.62 |
| 3. | Vitor Joao Pereira | 97 | Leixoes | 8:27.29 | +0,89 | 667 | |
| | 50m: 28.83 28.83 | 250m: 2:32.73 | 31.49 | 450m: 4:40.55 | 32.02 | 650m: 6:50.65 | 32.76 |
| | 100m: 59.48 30.65 | 300m: 3:04.36 | 31.63 | 500m: 5:12.89 | 32.34 | 700m: 7:23.39 | 32.74 |
| | 150m: 1:30.15 30.67 | 350m: 3:36.43 | 32.07 | 550m: 5:45.40 | 32.51 | 750m: 7:55.80 | 32.41 |
| | 200m: 2:01.24 31.09 | 400m: 4:08.53 | 32.10 | 600m: 6:17.89 | 32.49 | 800m: 8:27.29 | 31.49 |
| 4. | Joao Miguel Cardoso | 97 | Gesloures | 8:27.57 | +0,59 | 666 | |
| | 50m: 29.20 29.20 | 250m: 2:36.20 | 32.27 | 450m: 4:45.18 | 32.10 | 650m: 6:53.94 | 32.14 |
| | 100m: 1:00.21 31.01 | 300m: 3:08.79 | 32.59 | 500m: 5:17.46 | 32.28 | 700m: 7:25.86 | 31.92 |
| | 150m: 1:31.92 31.71 | 350m: 3:41.09 | 32.30 | 550m: 5:49.64 | 32.18 | 750m: 7:57.56 | 31.70 |
| | 200m: 2:03.93 32.01 | 400m: 4:13.08 | 31.99 | 600m: 6:21.80 | 32.16 | 800m: 8:27.57 | 30.01 |
| 5. | Ruben Jose Morim | 97 | Vilacondense | 8:28.30 | +0,77 | 663 | |
| | 50m: 28.96 28.96 | 250m: 2:35.22 | 32.13 | 450m: 4:43.92 | 31.97 | 650m: 6:54.23 | 32.18 |
| | 100m: 59.82 30.86 | 300m: 3:07.33 | 32.11 | 500m: 5:16.72 | 32.80 | 700m: 7:26.87 | 32.64 |
| | 150m: 1:31.24 31.42 | 350m: 3:39.45 | 32.12 | 550m: 5:49.28 | 32.56 | 750m: 7:58.17 | 31.30 |
| | 200m: 2:03.09 31.85 | 400m: 4:11.95 | 32.50 | 600m: 6:22.05 | 32.77 | 800m: 8:28.30 | 30.13 |
| 6. | Narciso Daniel Correia | 97 | Braga | 8:31.31 | +0,87 | 652 | |
| | 50m: 28.74 28.74 | 250m: 2:35.56 | 32.27 | 450m: 4:45.32 | 31.21 | 650m: 6:55.04 | 32.74 |
| | 100m: 59.89 31.15 | 300m: 3:08.26 | 32.70 | 500m: 5:17.55 | 32.23 | 700m: 7:27.84 | 32.80 |
| | 150m: 1:31.46 31.57 | 350m: 3:41.04 | 32.78 | 550m: 5:50.03 | 32.48 | 750m: 8:00.93 | 33.09 |
| | 200m: 2:03.29 31.83 | 400m: 4:14.11 | 33.07 | 600m: 6:22.30 | 32.27 | 800m: 8:31.31 | 30.38 |

Prova 1, Masc., 800m Livres, Junior 97

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts | |
|-------|-------------------------|---------------|------------|----------------|--------------|---------------|-------|
| 7. | Miguel Angelo Silvestre | 97 | Alcobaca | 8:38.12 | +0,73 | 626 | |
| | 50m: 28.71 28.71 | 250m: 2:36.88 | 32.64 | 450m: 4:47.82 | 32.71 | 650m: 6:58.69 | 32.86 |
| | 100m: 1:00.07 31.36 | 300m: 3:09.52 | 32.64 | 500m: 5:20.39 | 32.57 | 700m: 7:31.71 | 33.02 |
| | 150m: 1:31.85 31.78 | 350m: 3:42.36 | 32.84 | 550m: 5:52.92 | 32.53 | 750m: 8:05.01 | 33.30 |
| | 200m: 2:04.24 32.39 | 400m: 4:15.11 | 32.75 | 600m: 6:25.83 | 32.91 | 800m: 8:38.12 | 33.11 |
| 8. | Bruno Miguel Ramos | 97 | Belenenses | 8:45.90 | +0,70 | 599 | |
| | 50m: 28.53 28.53 | 250m: 2:36.00 | 32.63 | 450m: 4:48.74 | 33.62 | 650m: 7:04.87 | 33.90 |
| | 100m: 59.67 31.14 | 300m: 3:08.62 | 32.62 | 500m: 5:22.87 | 34.13 | 700m: 7:39.15 | 34.28 |
| | 150m: 1:31.19 31.52 | 350m: 3:41.57 | 32.95 | 550m: 5:56.66 | 33.79 | 750m: 8:12.68 | 33.53 |
| | 200m: 2:03.37 32.18 | 400m: 4:15.12 | 33.55 | 600m: 6:30.97 | 34.31 | 800m: 8:45.90 | 33.22 |

Junior 98

| | | | | | | | |
|----|-------------------------|---------------|---------------------------|----------------|--------------|---------------|-------|
| 1. | Guilherme Filipe Pina | 98 | Benedita | 8:09.60 | +0,72 | 742 | |
| | 50m: 28.20 28.20 | 250m: 2:30.32 | 30.58 | 450m: 4:33.53 | 30.88 | 650m: 6:37.52 | 31.16 |
| | 100m: 58.46 30.26 | 300m: 3:01.05 | 30.73 | 500m: 5:04.57 | 31.04 | 700m: 7:08.46 | 30.94 |
| | 150m: 1:28.91 30.45 | 350m: 3:31.81 | 30.76 | 550m: 5:35.31 | 30.74 | 750m: 7:39.78 | 31.32 |
| | 200m: 1:59.74 30.83 | 400m: 4:02.65 | 30.84 | 600m: 6:06.36 | 31.05 | 800m: 8:09.60 | 29.82 |
| 2. | Goncalo Miguel Nogueira | 98 | Porto | 8:24.59 | +0,73 | 678 | |
| | 50m: 28.29 28.29 | 250m: 2:31.89 | 31.24 | 450m: 4:39.04 | 31.76 | 650m: 6:47.97 | 32.39 |
| | 100m: 58.55 30.26 | 300m: 3:03.42 | 31.53 | 500m: 5:11.00 | 31.96 | 700m: 7:20.62 | 32.65 |
| | 150m: 1:29.45 30.90 | 350m: 3:35.27 | 31.85 | 550m: 5:43.14 | 32.14 | 750m: 7:53.31 | 32.69 |
| | 200m: 2:00.65 31.20 | 400m: 4:07.28 | 32.01 | 600m: 6:15.58 | 32.44 | 800m: 8:24.59 | 31.28 |
| 3. | Diogo Manuel Marques | 98 | Columbofila Cantanhedense | 8:31.12 | +0,81 | 652 | |
| | 50m: 29.31 29.31 | 250m: 2:35.63 | 32.12 | 450m: 4:44.53 | 32.08 | 650m: 6:55.96 | 32.99 |
| | 100m: 59.98 30.67 | 300m: 3:07.76 | 32.13 | 500m: 5:16.95 | 32.42 | 700m: 7:28.26 | 32.30 |
| | 150m: 1:31.69 31.71 | 350m: 3:40.11 | 32.35 | 550m: 5:49.63 | 32.68 | 750m: 8:00.97 | 32.71 |
| | 200m: 2:03.51 31.82 | 400m: 4:12.45 | 32.34 | 600m: 6:22.97 | 33.34 | 800m: 8:31.12 | 30.15 |