

Prova 1
06-12-2014

Femin., 800m Livres

Absolutos
Resultados

Rec Nac Absoluto	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012
Rec Nac Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	16-05-2009
Rec Nac Inf A	9:03.90	Alexandra Maria Silva	FCP	Porto	13-07-1980
Rec Nac Juv B	9:00.27	Alexandra Maria Silva	FCP	Antibes (FRA)	20-12-1980
Rec Nac Juv A	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004
Rec Nac Jun16	8:45.98	Tamila Hryhorivna Holub	SCB	Felgueiras	16-11-2014
Rec Nac Jun17	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	12-12-2002
Rec Nac Sen	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Goncalves Neto	95	101958	Fluvial Portuense	9:03.74	+1,00	685	25
	50m: 31.08 31.08			250m: 2:46.96 34.21	450m: 5:04.54 33.93	650m: 7:22.18 34.66		
	100m: 1:04.57 33.49			300m: 3:21.35 34.39	500m: 5:38.49 33.95	700m: 7:56.84 34.66		
	150m: 1:38.76 34.19			350m: 3:55.91 34.56	550m: 6:12.93 34.44	750m: 8:31.15 34.31		
	200m: 2:12.75 33.99			400m: 4:30.61 34.70	600m: 6:47.52 34.59	800m: 9:03.74 32.59		
2.	Ana Raquel Ferreira	98	102755	Ginasio Figueirense	9:30.05	+1,07	594	23
	50m: 32.09 32.09			250m: 2:52.97 35.51	450m: 5:16.78 36.27	650m: 7:42.40 36.42		
	100m: 1:07.05 34.96			300m: 3:28.52 35.55	500m: 5:53.24 36.46	700m: 8:18.52 36.12		
	150m: 1:42.18 35.13			350m: 4:04.44 35.92	550m: 6:29.68 36.44	750m: 8:54.86 36.34		
	200m: 2:17.46 35.28			400m: 4:40.51 36.07	600m: 7:05.98 36.30	800m: 9:30.05 35.19		
3.	Maria Dias Neves	99	108078	Miranda do Corvo	9:31.50	+0,87	590	22
	50m: 32.76 32.76			250m: 2:56.21 36.18	450m: 5:20.73 35.73	650m: 7:45.42 36.39		
	100m: 1:08.04 35.28			300m: 3:32.73 36.52	500m: 5:56.76 36.03	700m: 8:21.71 36.29		
	150m: 1:44.01 35.97			350m: 4:08.98 36.25	550m: 6:32.86 36.10	750m: 8:57.63 35.92		
	200m: 2:20.03 36.02			400m: 4:45.00 36.02	600m: 7:09.03 36.17	800m: 9:31.50 33.87		
4.	Joana Miguel Alexandre	99	111432	Belenenses	9:37.28	+0,79	572	21
	50m: 32.43 32.43			250m: 2:54.89 36.27	450m: 5:20.78 36.33	650m: 7:48.26 36.97		
	100m: 1:07.48 35.05			300m: 3:31.52 36.63	500m: 5:56.91 36.13	700m: 8:24.98 36.72		
	150m: 1:42.90 35.42			350m: 4:08.22 36.70	550m: 6:34.22 37.31	750m: 9:01.97 36.99		
	200m: 2:18.62 35.72			400m: 4:44.45 36.23	600m: 7:11.29 37.07	800m: 9:37.28 35.31		
5.	Carolina Silva Moreira	99	118910	Natacao da Maia	9:37.81	+0,84	570	20
	50m: 32.25 32.25			250m: 2:56.04 36.19	450m: 5:22.23 36.51	650m: 7:50.12 36.78		
	100m: 1:07.50 35.25			300m: 3:32.56 36.52	500m: 5:59.32 37.09	700m: 8:27.32 37.20		
	150m: 1:43.55 36.05			350m: 4:09.05 36.49	550m: 6:36.02 36.70	750m: 9:03.55 36.23		
	200m: 2:19.85 36.30			400m: 4:45.72 36.67	600m: 7:13.34 37.32	800m: 9:37.81 34.26		
6.	Beatriz Sousa Grou	96	15031	Tavira Natacao	9:38.78	+0,74	568	19
	50m: 31.53 31.53			250m: 2:57.01 36.56	450m: 5:22.99 36.36	650m: 7:50.55 37.05		
	100m: 1:07.21 35.68			300m: 3:33.47 36.46	500m: 5:59.64 36.65	700m: 8:27.66 37.11		
	150m: 1:43.81 36.60			350m: 4:09.96 36.49	550m: 6:36.72 37.08	750m: 9:04.72 37.06		
	200m: 2:20.45 36.64			400m: 4:46.63 36.67	600m: 7:13.50 36.78	800m: 9:38.78 34.06		
7.	Ana Carolina Gomes	97	117127	Pimpoes/Cimai	9:45.37	+0,72	549	18
	50m: 32.24 32.24			250m: 2:56.83 36.81	450m: 5:25.01 37.20	650m: 7:54.41 37.31		
	100m: 1:07.78 35.54			300m: 3:34.00 37.17	500m: 6:02.17 37.16	700m: 8:31.82 37.41		
	150m: 1:43.73 35.95			350m: 4:10.82 36.82	550m: 6:39.78 37.61	750m: 9:09.05 37.23		
	200m: 2:20.02 36.29			400m: 4:47.81 36.99	600m: 7:17.10 37.32	800m: 9:45.37 36.32		
8.	Ana Pires Brito	99	117031	Colegio Monte Maior	9:48.61	+0,81	540	17
	50m: 32.71 32.71			250m: 2:57.34 37.01	450m: 5:24.98 37.21	650m: 7:55.44 37.77		
	100m: 1:08.23 35.52			300m: 3:34.38 37.04	500m: 6:02.43 37.45	700m: 8:33.26 37.82		
	150m: 1:44.07 35.84			350m: 4:10.90 36.52	550m: 6:39.98 37.55	750m: 9:11.51 38.25		
	200m: 2:20.33 36.26			400m: 4:47.77 36.87	600m: 7:17.67 37.69	800m: 9:48.61 37.10		
9.	Catarina Costa Fernandes	99	117253	Colegio Bernardette Romeira	9:50.05	+0,72	536	16
	50m: 31.38 31.38			250m: 2:56.01 37.03	450m: 5:25.33 37.75	650m: 7:57.93 38.41		
	100m: 1:06.16 34.78			300m: 3:33.34 37.33	500m: 6:03.07 37.74	700m: 8:36.19 38.26		
	150m: 1:42.46 36.30			350m: 4:10.50 37.16	550m: 6:41.21 38.14	750m: 9:14.37 38.18		
	200m: 2:18.98 36.52			400m: 4:47.58 37.08	600m: 7:19.52 38.31	800m: 9:50.05 35.68		

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Violante Pascoal Fontoura	97	101153	Viana Natacao	9:51.31	+0,94	532	15
	50m: 32.17 32.17		250m: 2:57.91	37.19	450m: 5:29.05	37.70	650m: 7:59.26	37.79
	100m: 1:07.50 35.33		300m: 3:35.39	37.48	500m: 6:06.39	37.34	700m: 8:36.99	37.73
	150m: 1:43.88 36.38		350m: 4:13.14	37.75	550m: 6:43.80	37.41	750m: 9:15.14	38.15
	200m: 2:20.72 36.84		400m: 4:51.35	38.21	600m: 7:21.47	37.67	800m: 9:51.31	36.17
11.	Ana Sofia Filipe	95	26887	Nacional de Natacao	9:54.33	+0,90	524	14
	50m: 32.98 32.98		250m: 2:59.08	37.02	450m: 5:29.77	38.06	650m: 8:01.79	38.04
	100m: 1:08.55 35.57		300m: 3:36.51	37.43	500m: 6:07.76	37.99	700m: 8:40.23	38.44
	150m: 1:45.05 36.50		350m: 4:13.92	37.41	550m: 6:45.69	37.93	750m: 9:18.24	38.01
	200m: 2:22.06 37.01		400m: 4:51.71	37.79	600m: 7:23.75	38.06	800m: 9:54.33	36.09
12.	Miriam Filipe Marcos	01	121690	Natacao Olhao	9:57.24	+0,76	516	13
	50m: 31.70 31.70		250m: 2:57.53	37.90	450m: 5:31.10	38.53	650m: 8:06.00	38.34
	100m: 1:06.61 34.91		300m: 3:35.70	38.17	500m: 6:09.84	38.74	700m: 8:44.51	38.51
	150m: 1:42.68 36.07		350m: 4:13.87	38.17	550m: 6:48.78	38.94	750m: 9:20.98	36.47
	200m: 2:19.63 36.95		400m: 4:52.57	38.70	600m: 7:27.66	38.88	800m: 9:57.24	36.26
13.	Beatriz Neves Cardoso	98	105741	Colegio SMLamas	9:58.99	+0,81	512	12
	50m: 31.61 31.61		250m: 2:54.95	36.49	450m: 5:25.97	38.26	650m: 8:02.44	39.23
	100m: 1:06.60 34.99		300m: 3:31.98	37.03	500m: 6:04.67	38.70	700m: 8:41.90	39.46
	150m: 1:42.23 35.63		350m: 4:09.57	37.59	550m: 6:43.58	38.91	750m: 9:20.93	39.03
	200m: 2:18.46 36.23		400m: 4:47.71	38.14	600m: 7:23.21	39.63	800m: 9:58.99	38.06
14.	Carolina Isabel Machado	00	111445	Vitoria de Guimaraes/Olicargo	10:04.50	+0,93	498	11
	50m: 33.68 33.68		250m: 3:02.17	37.68	450m: 5:35.43	38.85	650m: 8:10.80	38.72
	100m: 1:10.21 36.53		300m: 3:40.21	38.04	500m: 6:13.99	38.56	700m: 8:49.72	38.92
	150m: 1:47.36 37.15		350m: 4:18.20	37.99	550m: 6:53.07	39.08	750m: 9:28.54	38.82
	200m: 2:24.49 37.13		400m: 4:56.58	38.38	600m: 7:32.08	39.01	800m: 10:04.50	35.96
15.	Andreia Catarina Meireles	01	119426	Laranjeiro	10:07.74	+0,86	490	10
	50m: 34.01 34.01		250m: 3:04.40	38.17	450m: 5:38.29	38.75	650m: 8:14.41	39.23
	100m: 1:10.96 36.95		300m: 3:42.48	38.08	500m: 6:17.14	38.85	700m: 8:53.42	39.01
	150m: 1:48.39 37.43		350m: 4:21.05	38.57	550m: 6:56.18	39.04	750m: 9:31.94	38.52
	200m: 2:26.23 37.84		400m: 4:59.54	38.49	600m: 7:35.18	39.00	800m: 10:07.74	35.80
16.	Ana Margarida Cruz	00	123556	Aminata	10:13.44	+0,75	477	9
	50m: 33.45 33.45		250m: 3:07.55	39.07	450m: 5:45.26	39.14	650m: 8:21.03	38.64
	100m: 1:10.99 37.54		300m: 3:46.83	39.28	500m: 6:24.05	38.79	700m: 8:59.53	38.50
	150m: 1:49.33 38.34		350m: 4:26.42	39.59	550m: 7:03.23	39.18	750m: 9:37.76	38.23
	200m: 2:28.48 39.15		400m: 5:06.12	39.70	600m: 7:42.39	39.16	800m: 10:13.44	35.68
17.	Luana Rafaela Resende	97	106443	Estamos Juntos	10:16.96		468	8
	50m: 35.01 35.01		250m: 3:09.89	39.22	450m: 5:46.77	39.12	650m: 8:22.74	39.15
	100m: 1:12.90 37.89		300m: 3:49.26	39.37	500m: 6:25.64	38.87	700m: 9:01.67	38.93
	150m: 1:51.51 38.61		350m: 4:28.37	39.11	550m: 7:04.77	39.13	750m: 9:40.64	38.97
	200m: 2:30.67 39.16		400m: 5:07.65	39.28	600m: 7:43.59	38.82	800m: 10:16.96	36.32
18.	Ana Sofia Ramos	97	102593	Fafe	10:17.62	+0,95	467	7
	50m: 33.66 33.66		250m: 3:06.19	38.55	450m: 5:42.27	39.21	650m: 8:21.58	40.01
	100m: 1:10.55 36.89		300m: 3:44.97	38.78	500m: 6:22.03	39.76	700m: 9:01.10	39.52
	150m: 1:49.01 38.46		350m: 4:23.94	38.97	550m: 7:01.81	39.78	750m: 9:39.91	38.81
	200m: 2:27.64 38.63		400m: 5:03.06	39.12	600m: 7:41.57	39.76	800m: 10:17.62	37.71
19.	Joana Cunha Sousa	98	103054	Foca	10:20.24	+0,91	461	6
	50m: 33.06 33.06		250m: 3:05.76	38.50	450m: 5:43.09	39.83	650m: 8:22.26	40.65
	100m: 1:09.99 36.93		300m: 3:44.29	38.53	500m: 6:22.45	39.36	700m: 9:01.66	39.40
	150m: 1:48.20 38.21		350m: 4:23.75	39.46	550m: 7:02.20	39.75	750m: 9:41.53	39.87
	200m: 2:27.26 39.06		400m: 5:03.26	39.51	600m: 7:41.61	39.41	800m: 10:20.24	38.71
20.	Salome Pinto Monteiro	98	109388	Sporting de Espinho	10:27.86	+0,96	444	5
	50m: 33.29 33.29		250m: 3:07.62	39.65	450m: 5:48.19	39.96	650m: 8:29.83	39.99
	100m: 1:10.09 36.80		300m: 3:47.89	40.27	500m: 6:28.71	40.52	700m: 9:10.15	40.32
	150m: 1:48.52 38.43		350m: 4:28.36	40.47	550m: 7:09.14	40.43	750m: 9:50.58	40.43
	200m: 2:27.97 39.45		400m: 5:08.23	39.87	600m: 7:49.84	40.70	800m: 10:27.86	37.28

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final		TReac	Pts FINA	Pts
21.	Constanca Filipa Rodrigues	02	118480	Benedita	10:29.24		+0,69	442	4
	50m: 34.42 34.42		250m: 3:11.03	39.96	450m: 5:51.49	40.03	650m: 8:31.68	40.01	
	100m: 1:12.23 37.81		300m: 3:51.12	40.09	500m: 6:31.82	40.33	700m: 9:11.68	40.00	
	150m: 1:51.51 39.28		350m: 4:31.43	40.31	550m: 7:11.79	39.97	750m: 9:51.34	39.66	
	200m: 2:31.07 39.56		400m: 5:11.46	40.03	600m: 7:51.67	39.88	800m: 10:29.24	37.90	
22.	Ana Carmo Pinheiro	02	124856	Ginasio Santo Tirso	10:49.77		+0,93	401	3
	50m: 35.00 35.00		250m: 3:17.04	40.65	450m: 6:02.48	40.93	650m: 8:47.59	40.20	
	100m: 1:14.58 39.58		300m: 3:58.11	41.07	500m: 6:43.61	41.13	700m: 9:28.74	41.15	
	150m: 1:55.61 41.03		350m: 4:40.09	41.98	550m: 7:26.19	42.58	750m: 10:08.62	39.88	
	200m: 2:36.39 40.78		400m: 5:21.55	41.46	600m: 8:07.39	41.20	800m: 10:49.77	41.15	
23.	Matilde Aguas Marques	00	121104	Portinado	10:56.91		+0,93	388	2
	50m: 31.95 31.95		250m: 3:09.73	41.31	450m: 6:02.82	43.36	650m: 8:56.07	42.58	
	100m: 1:08.04 36.09		300m: 3:52.41	42.68	500m: 6:46.41	43.59	700m: 9:38.62	42.55	
	150m: 1:47.31 39.27		350m: 4:36.13	43.72	550m: 7:30.29	43.88	750m: 10:19.82	41.20	
	200m: 2:28.42 41.11		400m: 5:19.46	43.33	600m: 8:13.49	43.20	800m: 10:56.91	37.09	
24.	Mariana Anastacio Costa	99	120301	Bombeiros Ponta Delgada	11:29.62			335	1
	50m: 36.84 36.84		250m: 3:26.58	43.73	450m: 6:23.57	44.47	650m: 9:22.64	45.29	
	100m: 1:17.67 40.83		300m: 4:10.50	43.92	500m: 7:08.19	44.62	700m: 10:06.44	43.80	
	150m: 1:59.75 42.08		350m: 4:54.15	43.65	550m: 7:52.49	44.30	750m: 10:49.66	43.22	
	200m: 2:42.85 43.10		400m: 5:39.10	44.95	600m: 8:37.35	44.86	800m: 11:29.62	39.96	