

Prova 1
01-11-2014

Femin., 800m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012
Recordes Nacionais 25m Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	16-05-2009
Recordes Nacionais 25m Inf A	9:03.90	Alexandra Maria Silva	FCP	Porto	13-07-1980
Recordes Nacionais 25m Juv B	9:00.27	Alexandra Maria Silva	FCP	Antibes (FRA)	20-12-1980
Recordes Nacionais 25m Juv A	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004
Recordes Nacionais 25m Jun16	8:52.24	Ana Feio Alegria	SCB	Algés	26-02-1993
Recordes Nacionais 25m Jun17	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	12-12-2002
Recordes Nacionais 25m Sen	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Beatriz Dias	99	108045	Scalabiswim	9:32.33	+0,79	587	
	50m: 32.87 32.87			250m: 2:52.56 35.43	450m: 5:16.80 36.44	650m: 7:43.64 36.69		
	100m: 1:07.34 34.47			300m: 3:28.22 35.66	500m: 5:53.37 36.57	700m: 8:20.34 36.70		
	150m: 1:42.18 34.84			350m: 4:04.15 35.93	550m: 6:30.15 36.78	750m: 8:57.27 36.93		
	200m: 2:17.13 34.95			400m: 4:40.36 36.21	600m: 7:06.95 36.80	800m: 9:32.33 35.06		
2.	Sara Kalinovicova Guerreiro	00	120967	FC Ferreiras	9:41.20	+0,90	560	
	50m: 32.90 32.90			250m: 2:57.33 36.58	450m: 5:24.13 36.31	650m: 7:51.64 36.94		
	100m: 1:08.52 35.62			300m: 3:34.19 36.86	500m: 6:00.85 36.72	700m: 8:20.34 37.11		
	150m: 1:44.54 36.02			350m: 4:10.95 36.76	550m: 6:37.85 37.00	750m: 9:05.43 36.68		
	200m: 2:20.75 36.21			400m: 4:47.82 36.87	600m: 7:14.70 36.85	800m: 9:41.20 35.77		
3.	Marta Alexandra Saraiva	93	14641	Nautica do Seixal	10:01.97	+0,86	504	
	50m: 33.37 33.37			250m: 3:01.73 37.75	450m: 5:33.93 37.89	650m: 8:07.88 38.34		
	100m: 1:09.10 35.73			300m: 3:39.98 38.25	500m: 6:12.19 38.26	700m: 8:45.97 38.09		
	150m: 1:46.31 37.21			350m: 4:18.06 38.08	550m: 6:50.94 38.75	750m: 9:24.14 38.17		
	200m: 2:23.98 37.67			400m: 4:56.04 37.98	600m: 7:29.54 38.60	800m: 10:01.97 37.83		
4.	Beatriz Marques Ferreira	00	122579	Campinho	10:03.69	+0,89	500	
	50m: 33.62 33.62			250m: 3:03.12 37.84	450m: 5:35.51 38.78	650m: 8:10.10 38.79		
	100m: 1:10.33 36.71			300m: 3:41.00 37.88	500m: 6:14.33 38.82	700m: 8:48.32 38.22		
	150m: 1:47.53 37.20			350m: 4:18.85 37.85	550m: 6:52.88 38.55	750m: 9:26.82 38.50		
	200m: 2:25.28 37.75			400m: 4:56.73 37.88	600m: 7:31.31 38.43	800m: 10:03.69 36.87		
5.	Rita Filipa Paulino	00	118462	Naval Setubalense	10:19.30	+0,81	463	
	50m: 33.97 33.97			250m: 3:06.32 38.89	450m: 5:44.56 39.33	650m: 8:24.91 40.02		
	100m: 1:11.55 37.58			300m: 3:45.87 39.55	500m: 6:24.45 39.89	700m: 9:04.89 39.98		
	150m: 1:49.16 37.61			350m: 4:25.62 39.75	550m: 7:04.36 39.91	750m: 9:43.86 38.97		
	200m: 2:27.43 38.27			400m: 5:05.23 39.61	600m: 7:44.89 40.53	800m: 10:19.30 35.44		
6.	Joana Filipa Silva	98	125636	O Crasto	10:25.92	+0,80	449	
	50m: 33.91 33.91			250m: 3:07.57 39.27	450m: 5:46.36 39.64	650m: 8:27.06 40.27		
	100m: 1:11.38 37.47			300m: 3:46.85 39.28	500m: 6:26.18 39.82	700m: 9:07.44 40.38		
	150m: 1:49.50 38.12			350m: 4:26.57 39.72	550m: 7:06.31 40.13	750m: 9:47.26 39.82		
	200m: 2:28.30 38.80			400m: 5:06.72 40.15	600m: 7:46.79 40.48	800m: 10:25.92 38.66		
7.	Adriana Robalo Garcia	00	120668	Naval Praia da Vitoria	10:50.91	+0,87	399	
	50m: 36.93 36.93			250m: 3:20.25 40.56	450m: 6:05.28 41.45	650m: 8:50.44 41.95		
	100m: 1:17.60 40.67			300m: 4:01.18 40.93	500m: 6:46.19 40.91	700m: 9:30.61 40.17		
	150m: 1:58.41 40.81			350m: 4:42.90 41.72	550m: 7:26.95 40.76	750m: 10:11.78 41.17		
	200m: 2:39.69 41.28			400m: 5:23.83 40.93	600m: 8:08.49 41.54	800m: 10:50.91 39.13		
8.	Mariana Jorge Duarte	97	110919	Nucleo de Pombal	11:06.19	+0,95	372	
	50m: 34.68 34.68			250m: 3:16.45 42.00	450m: 6:06.56 43.02	650m: 8:59.48 42.93		
	100m: 1:13.63 38.95			300m: 3:58.15 41.70	500m: 6:49.82 43.26	700m: 9:42.54 43.06		
	150m: 1:53.70 40.07			350m: 4:40.71 42.56	550m: 7:32.91 43.09	750m: 10:24.75 42.21		
	200m: 2:34.45 40.75			400m: 5:23.54 42.83	600m: 8:16.55 43.64	800m: 11:06.19 41.44		
9.	Ines Manaia Correia	02	125614	Condeixa Clube	11:06.58	+0,77	371	
	50m: 36.39 36.39			250m: 3:24.25 42.11	450m: 6:14.24 43.19	650m: 9:04.92 42.25		
	100m: 1:17.28 40.89			300m: 4:06.39 42.14	500m: 6:57.43 43.19	700m: 9:47.73 42.81		
	150m: 1:59.73 42.45			350m: 4:48.54 42.15	550m: 7:40.28 42.85	750m: 10:29.10 41.37		
	200m: 2:42.14 42.41			400m: 5:31.05 42.51	600m: 8:22.67 42.39	800m: 11:06.58 37.48		

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Ines Sofia Alves	00	119912	Natacao da Guarda	11:32.16	+0,88	332	
	50m: 35.94 35.94			250m: 3:22.05 42.89	450m: 6:22.06 45.47	650m: 9:22.36 45.36		
	100m: 1:16.59 40.65			300m: 4:05.87 43.82	500m: 7:07.19 45.13	700m: 10:06.78 44.42		
	150m: 1:57.47 40.88			350m: 4:50.91 45.04	550m: 7:52.18 44.99	750m: 10:51.66 44.88		
	200m: 2:39.16 41.69			400m: 5:36.59 45.68	600m: 8:37.00 44.82	800m: 11:32.16 40.50		
11.	Rafaela Augusta Barata	98	122551	Natacao de Braganca	11:32.88	+0,89	331	
	50m: 35.63 35.63			250m: 3:28.82 45.39	450m: 6:27.96 45.01	650m: 9:26.11 44.86		
	100m: 1:16.56 40.93			300m: 4:13.33 44.51	500m: 7:11.69 43.73	700m: 10:10.48 44.37		
	150m: 1:59.30 42.74			350m: 4:57.96 44.63	550m: 7:56.10 44.41	750m: 10:54.16 43.68		
	200m: 2:43.43 44.13			400m: 5:42.95 44.99	600m: 8:41.25 45.15	800m: 11:32.88 38.72		
12.	Maria Ines Mendes	01	125773	Flavitus	11:51.65	+1,16	305	
	50m: 38.04 38.04			250m: 3:32.38 44.77	450m: 6:35.22 46.03	650m: 9:40.41 45.92		
	100m: 1:19.73 41.69			300m: 4:17.45 45.07	500m: 7:21.47 46.25	700m: 10:25.75 45.34		
	150m: 2:03.03 43.30			350m: 5:03.21 45.76	550m: 8:08.20 46.73	750m: 11:10.82 45.07		
	200m: 2:47.61 44.58			400m: 5:49.19 45.98	600m: 8:54.49 46.29	800m: 11:51.65 40.83		
13.	Bruna Ferreira Sequeira	00	120158	Sport de Mirandela	11:58.68	+0,98	296	
	50m: 36.33 36.33			250m: 3:32.19 46.28	450m: 6:37.46 46.48	650m: 9:45.73 46.79		
	100m: 1:17.97 41.64			300m: 4:17.60 45.41	500m: 7:24.60 47.14	700m: 10:31.92 46.19		
	150m: 2:01.52 43.55			350m: 5:04.50 46.90	550m: 8:11.70 47.10	750m: 11:17.69 45.77		
	200m: 2:45.91 44.39			400m: 5:50.98 46.48	600m: 8:58.94 47.24	800m: 11:58.68 40.99		
14.	Andreia Sofia Mendes	98	130426	Atletico	12:21.58	+0,93	270	
	50m: 39.84 39.84			250m: 3:46.98 48.93	450m: 6:57.72 47.96	650m: 10:06.01 45.75		
	100m: 1:23.79 43.95			300m: 4:34.53 47.55	500m: 7:45.39 47.67	700m: 10:53.42 47.41		
	150m: 2:09.99 46.20			350m: 5:21.80 47.27	550m: 8:32.62 47.23	750m: 11:39.56 46.14		
	200m: 2:58.05 48.06			400m: 6:09.76 47.96	600m: 9:20.26 47.64	800m: 12:21.58 42.02		
15.	Sofia Margarida Clemente	98	112098	BUZIOS-Coruche	12:37.63	+0,95	253	
	50m: 36.43 36.43			250m: 3:35.03 47.25	450m: 6:49.03 49.07	650m: 10:09.01 50.68		
	100m: 1:18.21 41.78			300m: 4:22.65 47.62	500m: 7:38.44 49.41	700m: 10:59.50 50.49		
	150m: 2:02.37 44.16			350m: 5:11.30 48.65	550m: 8:28.26 49.82	750m: 11:49.40 49.90		
	200m: 2:47.78 45.41			400m: 5:59.96 48.66	600m: 9:18.33 50.07	800m: 12:37.63 48.23		

Prova 2
01-11-2014

Masc., 100m Mariposa

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009
Recordes Nacionais 25m Inf B	1:01.78	Fabio Parrilha da Silva	CNAL	Penafiel	01-04-2000
Recordes Nacionais 25m Inf A	59.56	Fabio Parrilha da Silva	CNAL	Leiria	07-04-2001
Recordes Nacionais 25m Juv B	57.32	Diogo Filipe Carvalho	CGA	Estarreja	10-06-2003
Recordes Nacionais 25m Juv A	55.60	Diogo Gomes Sousa	CNCVG	Porto	05-12-2010
Recordes Nacionais 25m Jun17	53.97	Tiago Andre Venancio	CNS	Alapraia	15-02-2004
Recordes Nacionais 25m Jun18	53.87	Tiago Andre Venancio	CNS	Cantanhede	19-12-2004
Recordes Nacionais 25m Sen	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Pereira	87	132096	Naval Povoense	57.99	+0,85	584	22
	50m: 26.91 26.91			100m: 57.99 31.08				
2.	Rui Ferreira Poeira	95	106850	Terceira Auto Clube	59.80		532	20
	50m: 28.15 28.15			100m: 59.80 31.65				
3.	Afonso Guilherme Rosa	99	103331	Gualdim Pais	1:02.32	+0,80	470	19
	50m: 28.86 28.86			100m: 1:02.32 33.46				
	Antonio Jorge Rocha	94	15322	Penafiel	1:02.32	+0,85	470	19
	50m: 29.01 29.01			100m: 1:02.32 33.31				
5.	Joao Luis Maximo	98	125641	O Crasto	1:02.84	+0,72	459	17
	50m: 29.25 29.25			100m: 1:02.84 33.59				

Prova 2, Masc., 100m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Pedro Pereira Lopes	99	127118	BUZIOS-Coruche	1:03.41	+0,71	446	16
	50m: 29.62 29.62		100m: 1:03.41	33.79				
7.	Leonardo Contreiras Jeronimo	00	117892	Nucleo de Pombal	1:03.48	+0,83	445	15
	50m: 29.80 29.80		100m: 1:03.48	33.68				
8.	Tiago Filipe Campos	99	116573	Scalabiswim	1:03.50	+0,89	445	14
	50m: 30.18 30.18		100m: 1:03.50	33.32				
9.	Ricardo Cansado Lourenco	97	100385	Nautica do Seixal	1:03.73	+0,78	440	13
	50m: 27.95 27.95		100m: 1:03.73	35.78				
10.	Miguel Serrao Santos	00	117091	Salvaterra de Magos	1:04.06	+0,75	433	12
	50m: 29.94 29.94		100m: 1:04.06	34.12				
11.	Daniel Silva Cristovao	96	14118	Naval Praia da Vitoria	1:04.84		417	11
	50m: 28.79 28.79		100m: 1:04.84	36.05				
12.	Paulo Filipe Almeida	99	110575	Estamos Juntos	1:05.19	+0,84	411	10
	50m: 30.62 30.62		100m: 1:05.19	34.57				
13.	Joao Pedro Gomes	99	109733	Miranda do Corvo	1:05.33	+0,79	408	9
	50m: 30.81 30.81		100m: 1:05.33	34.52				
14.	Cristian Toma	98	121201	FC Ferreiras	1:05.89	+0,80	398	8
	50m: 30.74 30.74		100m: 1:05.89	35.15				
15.	Francisco Miguel Costa	96	129975	Atletico	1:06.78	+0,76	382	7
	50m: 30.36 30.36		100m: 1:06.78	36.42				
16.	Pedro Ribeiro Santos	98	118977	Condeixa Clube	1:07.54	+0,82	369	6
	50m: 31.40 31.40		100m: 1:07.54	36.14				
17.	Bruno Filipe Marques	98	118609	Sport de Mirandela	1:11.64	+0,71	309	5
	50m: 32.26 32.26		100m: 1:11.64	39.38				
18.	Luis Miguel Lino	97	125774	Flavitus	1:13.86	+0,76	282	4
	50m: 33.61 33.61		100m: 1:13.86	40.25				
19.	Leonardo Duarte Dias	00	122557	Natacao de Braganca	1:14.06	+1,08	280	3
	50m: 33.91 33.91		100m: 1:14.06	40.15				
20.	Marco Antonio Costa	02	121638	Natacao da Guarda	1:22.04	+0,90	206	2
	50m: 36.72 36.72		100m: 1:22.04	45.32				
21.	Francisco Rodrigues Amaral	02	122608	Campinho	1:25.17	+0,85	184	1
	50m: 39.09 39.09		100m: 1:25.17	46.08				

Prova 3
01-11-2014

Femin., 200m Mariposa

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010
Recordes Nacionais 25m Inf B	2:31.64	Raquel Maria Felgueiras	SCB	Algés	09-05-1992
Recordes Nacionais 25m Inf A	2:25.40	Raquel Maria Felgueiras	SCB	Vila do Conde	30-05-1993
Recordes Nacionais 25m Juv B	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	20-03-2004
Recordes Nacionais 25m Juv A	2:17.51	Raquel Maria Felgueiras	SCB	Algés	05-03-1995
Recordes Nacionais 25m Jun16	2:13.60	Ana Rita Francisco	FPN	Gelsenkirchen (GER)	11-02-1996
Recordes Nacionais 25m Jun17	2:10.12	Sara Francisco Cruz	ADBA	Leiria	04-12-2009
Recordes Nacionais 25m Sen	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Pereira Silva	02	128987	Condeixa Clube	2:37.72	+0,77	449	
	50m: 33.77 33.77	100m: 1:12.91	39.14	150m: 1:54.62	41.71	200m: 2:37.72	43.10	
2.	Mafalda Rato Monteiro	01	121445	Naval Setubalense	2:37.96	+0,83	447	
	50m: 34.68 34.68	100m: 1:13.99	39.31	150m: 1:56.14	42.15	200m: 2:37.96	41.82	
3.	Tatiana Raquel Pombo	01	121615	Nautica do Seixal	2:48.52	+0,92	368	
	50m: 33.90 33.90	100m: 1:15.93	42.03	150m: 2:02.58	46.65	200m: 2:48.52	45.94	
4.	Ana Luisa Rojao	93	103930	Natacao da Guarda	2:49.12	+0,79	364	
	50m: 36.34 36.34	100m: 1:19.27	42.93	150m: 2:04.55	45.28	200m: 2:49.12	44.57	
5.	Carolina Luis Amaral	01	118111	BUZIOS-Coruche	2:52.12	+0,93	345	
	50m: 38.25 38.25	100m: 1:20.74	42.49	150m: 2:06.22	45.48	200m: 2:52.12	45.90	
6.	Ana Margarida Monteiro	96	125633	O Crasto	2:52.73	+0,80	341	
	50m: 34.79 34.79	100m: 1:16.47	41.68	150m: 2:03.69	47.22	200m: 2:52.73	49.04	
7.	Patricia Palmeiro Baeta	00	112658	Scalabiswim	2:52.89	+0,84	340	
	50m: 37.19 37.19	100m: 1:20.62	43.43	150m: 2:07.35	46.73	200m: 2:52.89	45.54	
8.	Ana Beatriz Costa	00	108628	Naval Praia da Vitoria	2:57.07		317	
	50m: 38.42 38.42	100m: 1:23.32	44.90	150m: 2:09.63	46.31	200m: 2:57.07	47.44	
9.	Isabel Catarino Cravo	98	107288	Nucleo de Pombal	3:04.98	+0,95	278	
	50m: 37.39 37.39	100m: 1:24.08	46.69	150m: 2:14.32	50.24	200m: 3:04.98	50.66	
10.	Patricia Abreu Seong	03	123751	FC Ferreiras	3:10.30	+0,94	255	
	50m: 42.82 42.82	100m: 1:32.60	49.78	150m: 2:23.72	51.12	200m: 3:10.30	46.58	
11.	Maria Joao Pereira	98	118608	Sport de Mirandela	3:13.15	+0,84	244	
	50m: 37.84 37.84	100m: 1:26.20	48.36	150m: 2:19.96	53.76	200m: 3:13.15	53.19	
12.	Rafaela Augusta Barata	98	122551	Natacao de Braganca	3:19.30	+0,89	222	
	50m: 39.93 39.93	100m: 1:29.75	49.82	150m: 2:25.55	55.80	200m: 3:19.30	53.75	
13.	Beatriz Rocha Santos	02	129667	Campinho	3:24.88	+0,99	204	
	50m: 40.79 40.79	100m: 1:33.16	52.37	150m: 2:29.69	56.53	200m: 3:24.88	55.19	
14.	Raquel Santos Vasconcelos	00	131877	A Atletico	3:41.70	+1,00	161	
	50m: 46.26 46.26	100m: 1:41.25	54.99	150m: 2:40.57	59.32	200m: 3:41.70	1:01.13	
15.	Sofia Mendes Teixeira	00	120683	Flavitus	3:57.99	+1,17	130	
	50m: 46.37 46.37	100m: 1:45.84	59.47	150m: 2:50.37	1:04.53	200m: 3:57.99	1:07.62	

Prova 4
01-11-2014

Masc., 100m Bruços

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	22-11-2012
Recordes Nacionais 25m Inf B	1:09.54	Andre Goncalo Santos	LSC	Lousada	15-05-2010
Recordes Nacionais 25m Inf A	1:07.92	Andre Goncalo Santos	LSC	Viseu	12-03-2011
Recordes Nacionais 25m Juv B	1:04.22	Andre Goncalo Santos	LSC	Braga	04-03-2012
Recordes Nacionais 25m Juv A	1:03.39	Andre Goncalo Santos	LSC	S. António Cavaleiros	21-12-2012
Recordes Nacionais 25m Jun17	1:02.99	Andre Goncalo Santos	LSC	Felgueiras	21-12-2013
Recordes Nacionais 25m Jun18	1:01.25	Pedro Miguel Agostinho	SCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Sen	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	22-11-2012

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Albano Viola	89	100421	Condeixa Clube	1:07.10	+0,72	569	22
	50m: 30.86 30.86			100m: 1:07.10 36.24				
2.	Fabio Andre Madureira	90	15910	Penafiel	1:09.05	+0,77	522	20
	50m: 32.71 32.71			100m: 1:09.05 36.34				
3.	Luis Maria Rosa	91	25532	Atletico	1:10.77	+0,82	485	19
	50m: 32.67 32.67			100m: 1:10.77 38.10				
4.	Bernardo Jose Dionisio	99	123624	Gualdim Pais	1:10.98	+0,84	480	18
	50m: 33.67 33.67			100m: 1:10.98 37.31				
5.	Jose Pedro Lemos	99	117156	Sport de Mirandela	1:11.21	+0,77	476	17
	50m: 33.37 33.37			100m: 1:11.21 37.84				
6.	Miguel Aguiar Silva	99	121756	Campinho	1:11.58	+0,73	468	16
	50m: 32.27 32.27			100m: 1:11.58 39.31				
7.	Artur Rafael Saramago	97	111949	BUZIOS-Coruche	1:11.85	+0,84	463	15
	50m: 33.15 33.15			100m: 1:11.85 38.70				
8.	Uriel Jorge Mateus	88	10641	Nautica do Seixal	1:13.32	+0,89	436	14
	50m: 33.79 33.79			100m: 1:13.32 39.53				
9.	Lino Ricardo Oliveira	99	116866	Estamos Juntos	1:13.95	+0,78	425	13
	50m: 34.33 34.33			100m: 1:13.95 39.62				
10.	Artiom Radetchi	97	118875	FC Ferreiras	1:14.44	+0,77	416	12
	50m: 35.87 35.87			100m: 1:14.44 38.57				
11.	Joao Carlos Bastos	86	11257	Scalabiswim	1:14.49	+0,93	416	11
	50m: 34.90 34.90			100m: 1:14.49 39.59				
12.	Ricardo Contreiras Jeronimo	97	110593	Nucleo de Pombal	1:14.62	+0,82	413	10
	50m: 34.87 34.87			100m: 1:14.62 39.75				
13.	Telmo Pereira Braga	99	117462	Flavitus	1:16.58	+0,88	382	9
	50m: 36.32 36.32			100m: 1:16.58 40.26				
14.	Daniel Filipe Paiva	98	110265	Miranda do Corvo	1:19.18	+0,89	346	8
	50m: 36.84 36.84			100m: 1:19.18 42.34				
15.	Antonio Ferreira Rodrigues	98	125642	O Crasto	1:19.56	+0,77	341	7
	50m: 36.97 36.97			100m: 1:19.56 42.59				
16.	Pedro Oliveira Tavares	01	117059	Natacao da Guarda	1:20.22	+0,80	333	6
	50m: 37.87 37.87			100m: 1:20.22 42.35				
17.	Hugo Azurara Vieira	01	125011	Naval Povoense	1:21.41	+0,63	318	5
	50m: 39.02 39.02			100m: 1:21.41 42.39				
18.	Joao Francisco Dias	99	122556	Natacao de Braganca	1:21.88	+0,94	313	4
	50m: 38.19 38.19			100m: 1:21.88 43.69				
19.	Tiago Quadros Cascalho	98	116790	Terceira Auto Clube	1:24.22		287	3
	50m: 38.41 38.41			100m: 1:24.22 45.81				
20.	Diogo Goncalves Ribeiro	01	120673	Naval Praia da Vitoria	1:29.74		237	2
	50m: 42.42 42.42			100m: 1:29.74 47.32				

Prova 4, Masc., 100m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ	Francisco Costa Nunes	02	121538	Salvaterra de Magos				
	403 - Falsa partida - SW 4.4							

Prova 5
01-11-2014

Femin., 200m Bruços

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	2:45.30	Clara Gomes Pereira	SAD	Algés	14-06-2014
Recordes Nacionais 25m Inf A	2:41.33	Raquel Gomes Pereira	SAD	S. António Cavaleiros	16-03-2013
Recordes Nacionais 25m Juv B	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	28-06-2003
Recordes Nacionais 25m Juv A	2:32.36	Diana Duarte Gomes	ABVE	Alcobaça	07-02-2004
Recordes Nacionais 25m Jun16	2:29.56	Ana Rita Santos	FPN	Dublin (IRL)	12-12-2003
Recordes Nacionais 25m Jun16	2:29.56	Diana Duarte Gomes	ABVE	Cantanhede	19-12-2004
Recordes Nacionais 25m Jun17	2:26.77	Victoria Kaminskaya	FPN	Uster (SUI)	29-01-2012
Recordes Nacionais 25m Sen	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sofia Alexandra Reis	98	126041	FC Ferreiras	3:01.31	+0,94	408	
	50m: 40.53 40.53	100m: 1:26.34 45.81	150m: 2:14.19 47.85	200m: 3:01.31 47.12				
2.	Adriana Nogueira Mascarenha	01	124319	Naval Setubalense	3:02.80	+0,89	398	
	50m: 41.44 41.44	100m: 1:28.03 46.59	150m: 2:15.58 47.55	200m: 3:02.80 47.22				
3.	Beatriz Gameiro Matias	97	107287	Nucleo de Pombal	3:05.63	+0,84	380	
	50m: 40.77 40.77	100m: 1:26.68 45.91	150m: 2:15.52 48.84	200m: 3:05.63 50.11				
4.	Ana Joao Martins	00	121910	Sport de Mirandela	3:06.44	+0,89	376	
	50m: 41.54 41.54	100m: 1:28.87 47.33	150m: 2:17.20 48.33	200m: 3:06.44 49.24				
5.	Ana Daniela Espingardeiro	02	122368	Naval Praia da Vitoria	3:08.06		366	
	50m: 42.63 42.63	100m: 1:31.26 48.63	150m: 2:20.20 48.94	200m: 3:08.06 47.86				
6.	Ana Luis Rodrigues	00	122578	Campinho	3:10.50	+1,03	352	
	50m: 42.71 42.71	100m: 1:31.08 48.37	150m: 2:20.84 49.76	200m: 3:10.50 49.66				
7.	Mirjam Regina Altenburg	00	131608	BUZIOS-Coruche	3:13.25	+1,02	337	
	50m: 42.89 42.89	100m: 1:32.09 49.20	150m: 2:22.89 50.80	200m: 3:13.25 50.36				
8.	Ana Sofia Pascoal	00	131874	Atletico	3:16.32	+0,78	322	
	50m: 41.61 41.61	100m: 1:31.24 49.63	150m: 2:23.74 52.50	200m: 3:16.32 52.58				
9.	Oriana Manuela Pinto	02	125787	Natacao da Guarda	3:18.63	+0,95	310	
	50m: 44.79 44.79	100m: 1:34.39 49.60	150m: 2:25.55 51.16	200m: 3:18.63 53.08				
10.	Ines Manaia Correia	02	125614	Condeixa Clube	3:19.90	+0,76	305	
	50m: 45.84 45.84	100m: 1:37.59 51.75	150m: 2:29.55 51.96	200m: 3:19.90 50.35				
11.	Cristiana Maria Sanches	95	26526	Nautica do Seixal	3:22.80	+0,95	292	
	50m: 43.38 43.38	100m: 1:33.68 50.30	150m: 2:28.20 54.52	200m: 3:22.80 54.60				
12.	Esther Garrido Gago	00	129642	Flavitus	3:23.33	+0,99	289	
	50m: 45.43 45.43	100m: 1:37.36 51.93	150m: 2:31.36 54.00	200m: 3:23.33 51.97				
13.	Maria Ines Monteiro	00	125638	O Crasto	3:28.28	+0,84	269	
	50m: 45.85 45.85	100m: 1:37.96 52.11	150m: 2:32.56 54.60	200m: 3:28.28 55.72				
14.	Ines Arraiolos Matos	03	124494	Scalabiswim	3:30.58	+0,85	260	
	50m: 47.85 47.85	100m: 1:42.37 54.52	150m: 2:37.29 54.92	200m: 3:30.58 53.29				
15.	Maria Joao Pires	02	124430	Natacao de Braganca	4:03.32	+0,95	169	
	50m: 52.08 52.08	100m: 1:55.51 1:03.43	150m: 2:59.42 1:03.91	200m: 4:03.32 1:03.90				

Prova 6
01-11-2014

Masc., 50m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	26.65	Gabriel Jose Lopes	CDL	Lousã	19-06-2010
Recordes Nacionais 25m Inf A	25.30	Joao Cruz Castro	CSM	Funchal	12-04-2014
Recordes Nacionais 25m Juv B	23.96	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	13-12-2009
Recordes Nacionais 25m Juv A	24.12	Frederico Sucena Riachos	NSCG	Ponte de Sor	10-05-2014
Recordes Nacionais 25m Jun17	23.14	Tiago Andre Venancio	CNS	Reboleira	26-06-2004
Recordes Nacionais 25m Jun18	22.24	Miguel Duarte Nascimento	PORTIN	Porto	08-12-2012
Recordes Nacionais 25m Sen	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Cristian Toma	98	121201	FC Ferreiras	25.42	+0,78	509	22
2.	Rui Ferreira Poeira	95	106850	Terceira Auto Clube	25.45		507	20
3.	Fabio Aleixo Fernandes	90	11142	Nautica do Seixal	25.46	+0,81	506	19
4.	Bruno Pinto Drumond	94	10957	Penafiel	25.81	+0,77	486	18
5.	Francisco Jorge Rodrigues	99	109862	Natacao de Braganca	25.88	+0,85	482	17
6.	Miguel Carlos Soares	92	121053	Naval Povoense	26.09	+0,78	471	16
7.	Ruben Borges Rosa	98	117515	Gualdim Pais	26.33	+0,78	458	15
8.	Andre Freitas Gual	99	117584	Estamos Juntos	26.56	+0,71	446	14
9.	Tomas Jose Agostinho	99	118115	BUZIOS-Coruche	26.63	+0,79	442	13
10.	Diogo Pano Menezes	98	119416	Condeixa Clube	26.70	+0,63	439	12
11.	Joao Pedro Valerio	97	102959	Miranda do Corvo	26.78	+0,77	435	11
12.	Daniel Silva Cristovao	96	14118	Naval Praia da Vitoria	26.85		432	10
13.	Francisco Miguel Costa	96	129975	Atletico	27.17	+0,71	417	9
14.	Fabrice Almeida Monteiro	98	107764	Natacao da Guarda	27.20	+0,83	415	8
15.	Telmo Pereira Braga	99	117462	Flavitus	27.33	+0,85	409	7
16.	Nuno Alexandre Correia	94	104174	Campinho	27.38	+0,82	407	6
17.	Mario Ricardo Carvalho	98	118189	Salvaterra de Magos	27.94	+0,80	383	5
18.	Francisco Andre Cacador	97	117152	Sport de Mirandela	28.00	+0,84	381	4
19.	Diogo Teixeira Mendes	01	130302	Scalabiswim	28.48	+0,85	362	3
20.	Filipe Pedro Ferreira	00	129418	Nucleo de Pombal	28.55	+0,81	359	2
21.	Rafael Silva Capela	01	125646	O Crasto	33.29	+0,96	226	1

Prova 7
01-11-2014

Femin., 100m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	1:01.63	Ines Camacho Fernandes	SCP	Lisboa	05-04-2009
Recordes Nacionais 25m Inf A	59.20	Ines Camacho Fernandes	SCP	Tavira	07-03-2010
Recordes Nacionais 25m Juv B	59.33	Mariana Cunha Guerra	ASSSCC	Cantanhede	11-12-2011
Recordes Nacionais 25m Juv A	58.04	Ines Camacho Fernandes	SCP	Mealhada	18-12-2011
Recordes Nacionais 25m Jun16	56.78	Maria Carolina Rosa	SCP	Leiria	04-12-2009
Recordes Nacionais 25m Jun17	56.54	Diana Margarida Duraes	FCP	Porto	07-12-2012
Recordes Nacionais 25m Sen	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Pugsley Ferreira	97	107414	FC Ferreiras	1:02.15	+0,78	552	
	50m: 29.38 29.38		100m: 1:02.15 32.77					
2.	Ana Carolina Mira	00	118779	Naval Setubalense	1:03.56	+0,85	516	
	50m: 30.91 30.91		100m: 1:03.56 32.65					
3.	Laura Barreto Magalhaes	98	118956	Condeixa Clube	1:05.33	+0,75	476	
	50m: 30.57 30.57		100m: 1:05.33 34.76					

Prova 7, Femin., 100m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Clara Simoes Alves	98	111472	Naval Praia da Vitoria	1:06.36		454	
	50m: 31.66 31.66		100m: 1:06.36 34.70					
5.	Joana Filipa Silva	98	125636	O Crasto	1:06.94	+0,81	442	
	50m: 31.51 31.51		100m: 1:06.94 35.43					
6.	Rafaela Cunha Mendes	98	105852	Campinho	1:07.12	+0,86	438	
	50m: 32.35 32.35		100m: 1:07.12 34.77					
7.	Beatriz Elisabete Pereira	97	132344	Nautica do Seixal	1:07.71	+0,77	427	
	50m: 31.62 31.62		100m: 1:07.71 36.09					
8.	Cristiana Andreia Lima	95	102365	Nucleo de Pombal	1:10.20	+0,89	383	
	50m: 33.00 33.00		100m: 1:10.20 37.20					
9.	Sofia Margarida Clemente	98	112098	BUZIOS-Coruche	1:13.04	+0,87	340	
	50m: 34.49 34.49		100m: 1:13.04 38.55					
10.	Ines Sofia Sa	00	122386	Sport de Mirandela	1:13.25	+0,83	337	
	50m: 34.53 34.53		100m: 1:13.25 38.72					
11.	Ines Fidalgo Teixeira	98	118604	Natacao de Braganca	1:13.34	+1,04	336	
	50m: 35.38 35.38		100m: 1:13.34 37.96					
12.	Rita Pereira Dias	02	125647	Natacao da Guarda	1:17.69	+0,89	283	
	50m: 36.93 36.93		100m: 1:17.69 40.76					
13.	Leonor Vitoriano Marques	01	130304	Scalabiswim	1:22.24	+0,90	238	
	50m: 40.05 40.05		100m: 1:22.24 42.19					
14.	Ana Margarida Santos	00	128257	Flavitus	1:29.19	+1,08	187	
	50m: 41.80 41.80		100m: 1:29.19 47.39					
DNF	Ana Sofia Pascoal	00	131874	Atletico				

Prova 8
01-11-2014

Masc., 100m Costas

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	52.03	Alexis Manacas Santos	FPN	Herning (DEN)	14-12-2013
Recordes Nacionais 25m Inf B	1:04.76	Alexandre Lages Ribas	EDV	Ponte da Barca	09-05-2010
Recordes Nacionais 25m Inf A	1:00.97	Alexandre Lages Ribas	EDV	Viseu	11-03-2011
Recordes Nacionais 25m Juv B	57.38	Gabriel Jose Lopes	CDL	Coimbra	13-05-2012
Recordes Nacionais 25m Juv A	56.45	Diogo Gomes Sousa	CNCVG	Porto	04-12-2010
Recordes Nacionais 25m Jun17	56.33	Adriano Miguel Niz	CFV	Coimbra	05-07-2003
Recordes Nacionais 25m Jun18	53.88	Alexis Manacas Santos	SCP	Leiria	05-12-2009
Recordes Nacionais 25m Sen	52.03	Alexis Manacas Santos	FPN	Herning (DEN)	14-12-2013

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ivo Andre Lopes	94	11728	Scalabiswim	59.44	+0,71	558	22
	50m: 28.92 28.92		100m: 59.44 30.52					
2.	Joao Jose Laranjeira	98	105936	Campinho	59.77	+0,66	548	20
	50m: 29.27 29.27		100m: 59.77 30.50					
3.	Nuno Andre Neves	97	120682	Estamos Juntos	1:02.42	+0,62	481	19
	50m: 30.06 30.06		100m: 1:02.42 32.36					
4.	Diogo Miguel Balsa	95	101098	BUZIOS-Coruche	1:03.66	+0,64	454	18
	50m: 31.15 31.15		100m: 1:03.66 32.51					
5.	Afonso Guilherme Rosa	99	103331	Gualdim Pais	1:05.27	+0,73	421	17
	50m: 31.49 31.49		100m: 1:05.27 33.78					
6.	Diogo Andre Catita	88	10640	Nautica do Seixal	1:05.32	+0,66	420	16
	50m: 31.00 31.00		100m: 1:05.32 34.32					

Prova 8, Masc., 100m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Luis Maria Rosa	91	25532	Atletico	1:05.66	+0,72	414	15
	50m: 32.28 32.28		100m: 1:05.66	33.38				
8.	Ricardo Contreiras Jeronimo	97	110593	Nucleo de Pombal	1:06.54	+1,03	397	14
	50m: 32.01 32.01		100m: 1:06.54	34.53				
9.	Pedro Guilherme Ferreira	00	119408	Miranda do Corvo	1:06.90	+0,67	391	13
	50m: 32.24 32.24		100m: 1:06.90	34.66				
10.	Bernardo Gameiro Agapito	98	117573	FC Ferreiras	1:06.92	+0,59	391	12
	50m: 32.17 32.17		100m: 1:06.92	34.75				
11.	Augusto Daniel Moreira	93	23490	Penafiel	1:08.74	+0,65	360	11
	50m: 32.43 32.43		100m: 1:08.74	36.31				
12.	Hugo Rafael Montalvao	99	125096	Flavitus	1:09.05	+0,69	356	10
	50m: 33.37 33.37		100m: 1:09.05	35.68				
13.	Pedro Bernardo Araujo	00	118954	Condeixa Clube	1:09.22	+0,66	353	9
	50m: 32.90 32.90		100m: 1:09.22	36.32				
14.	Francisco Joao Pires	00	117158	Sport de Mirandela	1:09.48	+0,69	349	8
	50m: 33.71 33.71		100m: 1:09.48	35.77				
15.	Luis Miguel Verissimo	98	106305	Terceira Auto Clube	1:11.23		324	7
	50m: 34.35 34.35		100m: 1:11.23	36.88				
16.	Rodrigo Pereira Damasio	99	118139	Salvaterra de Magos	1:11.77	+0,80	317	6
	50m: 34.42 34.42		100m: 1:11.77	37.35				
17.	Diogo Estevao Meneses	99	125645	O Crasto	1:15.91	+0,88	267	5
	50m: 36.38 36.38		100m: 1:15.91	39.53				
18.	Paulo Jorge Azevedo	99	125123	Naval Praia da Vitoria	1:17.46		252	4
	50m: 37.38 37.38		100m: 1:17.46	40.08				
19.	Joao Carlos Rebelo	01	118602	Natacao de Braganca	1:17.80	+0,70	248	3
	50m: 37.69 37.69		100m: 1:17.80	40.11				
20.	Sergio Daniel Araujo	02	127097	Naval Povoense	1:21.42	+0,89	217	2
	50m: 38.89 38.89		100m: 1:21.42	42.53				
21.	Simao Pedro Dias	02	124544	Natacao da Guarda	1:25.33	+0,80	188	1
	50m: 40.39 40.39		100m: 1:25.33	44.94				

Prova 9
01-11-2014

Femin., 200m Costas

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993
Recordes Nacionais 25m Inf B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	16-03-1997
Recordes Nacionais 25m Inf A	2:22.25	Keissy Joselin Sousa	FCP	Algés	15-03-1998
Recordes Nacionais 25m Juv B	2:17.86	Catia Raquel Martinheira	LDC	Sines	21-12-2008
Recordes Nacionais 25m Juv A	2:16.30	Petra Quintela Chaves	SAD	Algés	14-05-1993
Recordes Nacionais 25m Jun16	2:12.80	Petra Quintela Chaves	SAD	Algés	31-05-1994
Recordes Nacionais 25m Jun17	2:13.06	Catia Raquel Martinheira	FPN	Uster (SUI)	28-01-2012
Recordes Nacionais 25m Sen	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Beatriz Dias	99	108045	Scalabiswim	2:29.55	+0,76	517	
	50m: 36.36 36.36	100m: 1:13.79	37.43	150m: 1:52.02	38.23	200m: 2:29.55	37.53	
2.	Joana Victorino Henriques	01	118976	Condeixa Clube	2:34.10	+0,78	472	
	50m: 35.63 35.63	100m: 1:14.69	39.06	150m: 1:54.56	39.87	200m: 2:34.10	39.54	
3.	Ana Catarina Lixa	00	127061	Naval Setubalense	2:40.69	+0,67	416	
	50m: 36.11 36.11	100m: 1:16.16	40.05	150m: 1:58.57	42.41	200m: 2:40.69	42.12	
4.	Ana Margarida Monteiro	96	125633	O Crasto	2:44.67	+0,73	387	
	50m: 37.04 37.04	100m: 1:18.61	41.57	150m: 2:01.99	43.38	200m: 2:44.67	42.68	
5.	Clara Simoes Alves	98	111472	Naval Praia da Vitoria	2:45.28		383	
	50m: 38.59 38.59	100m: 1:19.68	41.09	150m: 2:02.83	43.15	200m: 2:45.28	42.45	
6.	Francisca Pugsley Ferreira	01	120130	FC Ferreiras	2:45.53	+0,71	381	
	50m: 38.19 38.19	100m: 1:20.29	42.10	150m: 2:03.76	43.47	200m: 2:45.53	41.77	
7.	Carolina Luis Amaral	01	118111	BUZIOS-Coruche	2:45.80	+0,70	379	
	50m: 38.76 38.76	100m: 1:20.93	42.17	150m: 2:03.70	42.77	200m: 2:45.80	42.10	
8.	Beatriz Marques Ferreira	00	122579	Campinho	2:48.80	+0,82	359	
	50m: 39.21 39.21	100m: 1:22.52	43.31	150m: 2:06.78	44.26	200m: 2:48.80	42.02	
9.	Claudia Alexandra Mendes	95	126614	Atletico	2:52.18	+0,74	338	
	50m: 39.33 39.33	100m: 1:21.89	42.56	150m: 2:07.68	45.79	200m: 2:52.18	44.50	
10.	Mariana Jorge Duarte	97	110919	Nucleo de Pombal	2:52.93	+0,86	334	
	50m: 38.69 38.69	100m: 1:22.51	43.82	150m: 2:08.38	45.87	200m: 2:52.93	44.55	
11.	Samanta Sara Gomes	98	117144	Sport de Mirandela	2:55.77	+0,79	318	
	50m: 38.78 38.78	100m: 1:24.52	45.74	150m: 2:11.43	46.91	200m: 2:55.77	44.34	
12.	Beatriz Goncalves Mendes	01	118362	Natacao da Guarda	3:02.29	+0,90	285	
	50m: 41.83 41.83	100m: 1:27.75	45.92	150m: 2:15.57	47.82	200m: 3:02.29	46.72	
13.	Diana Isabel Pires	01	125723	Flavitus	3:03.29	+0,91	280	
	50m: 40.55 40.55	100m: 1:27.22	46.67	150m: 2:17.72	50.50	200m: 3:03.29	45.57	
14.	Ana Rita Goncalves	98	130723	Natacao de Braganca	4:08.01	+0,96	113	
	50m: 54.00 54.00	100m: 1:54.49	1:00.49	150m: 2:56.23	1:01.74	200m: 4:08.01	1:11.78	
DSQ	Barbara Daniela Quaresma	01	121162	Nautica do Seixal				
	614 - Nadador aos 50 m após terminar movimento contínuo de braços não iniciou viragem - SW 6.4							

Prova 10
01-11-2014

Masc., 400m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04-04-2003
Recordes Nacionais 25m Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29-03-2014
Recordes Nacionais 25m Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	08-07-2012
Recordes Nacionais 25m Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	08-07-2012
Recordes Nacionais 25m Jun17	3:56.54	Rui Filipe Costa	VSC	Feigueiras	24-11-2007
Recordes Nacionais 25m Jun18	3:50.52	Adriano Miguel Niz	CFV	Fafe	26-06-2004
Recordes Nacionais 25m Sen	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rodrigo Martins Gomes	98	121195	FC Ferreiras	4:20.30	+0,81	542	22
	50m: 29.30 29.30			150m: 1:33.13 32.42	2:39.92 33.71	350m: 3:47.61 33.94		
	100m: 1:00.71 31.41			200m: 2:06.21 33.08	3:13.67 33.75	400m: 4:20.30 32.69		
2.	Tiago Filipe Campos	99	116573	Scalabiswim	4:24.89	+1,03	514	20
	50m: 30.56 30.56			150m: 1:37.76 33.55	2:45.16 33.59	350m: 3:52.64 33.40		
	100m: 1:04.21 33.65			200m: 2:11.57 33.81	3:19.24 34.08	400m: 4:24.89 32.25		
3.	Albino David Almeida	99	125643	O Crasto	4:25.89	+0,83	508	19
	50m: 29.58 29.58			150m: 1:37.46 34.35	2:46.00 34.34	350m: 3:54.32 33.63		
	100m: 1:03.11 33.53			200m: 2:11.66 34.20	3:20.69 34.69	400m: 4:25.89 31.57		
4.	Bernardo Jose Dionisio	99	123624	Gualdim Pais	4:26.10	+0,89	507	18
	50m: 29.32 29.32			150m: 1:36.39 33.90	2:44.98 34.45	350m: 3:53.93 34.57		
	100m: 1:02.49 33.17			200m: 2:10.53 34.14	3:19.36 34.38	400m: 4:26.10 32.17		
5.	Joao Soares Melo	98	121433	Estamos Juntos	4:28.30	+0,84	495	17
	50m: 29.48 29.48			150m: 1:36.30 33.84	2:44.74 34.30	350m: 3:53.93 34.46		
	100m: 1:02.46 32.98			200m: 2:10.44 34.14	3:19.47 34.73	400m: 4:28.30 34.37		
6.	Daniel Filipe Paiva	98	110265	Miranda do Corvo	4:29.83	+0,91	486	16
	50m: 31.17 31.17			150m: 1:38.05 33.57	2:46.86 34.64	350m: 3:56.00 34.55		
	100m: 1:04.48 33.31			200m: 2:12.22 34.17	3:21.45 34.59	400m: 4:29.83 33.83		
	Francisco Jorge Rodrigues	99	109862	Natacao de Braganca	4:29.83	+0,98	486	16
	50m: 29.98 29.98			150m: 1:37.62 34.29	2:47.92 35.02	350m: 3:57.55 34.78		
	100m: 1:03.33 33.35			200m: 2:12.90 35.28	3:22.77 34.85	400m: 4:29.83 32.28		
8.	Pedro Pereira Lopes	99	127118	BUZIOS-Coruche	4:30.49	+0,82	483	14
	50m: 32.17 32.17			150m: 1:44.31 36.18	2:50.78 32.26	350m: 3:57.42 33.40		
	100m: 1:08.13 35.96			200m: 2:18.52 34.21	3:24.02 33.24	400m: 4:30.49 33.07		
9.	Bernardo Meneses Barradas	00	118978	Condeixa Clube	4:32.31	+0,72	473	13
	50m: 30.52 30.52			150m: 1:37.80 34.32	2:47.77 34.92	350m: 3:58.27 35.22		
	100m: 1:03.48 32.96			200m: 2:12.85 35.05	3:23.05 35.28	400m: 4:32.31 34.04		
10.	Ivo Manuel Reis	93	129149	Atletico	4:35.18	+0,87	458	12
	50m: 29.20 29.20			150m: 1:37.11 34.71	2:48.88 35.55	350m: 4:01.02 36.14		
	100m: 1:02.40 33.20			200m: 2:13.33 36.22	3:24.88 36.00	400m: 4:35.18 34.16		
11.	Frederico Antunes Silva	95	25578	Nautica do Seixal	4:36.87	+0,68	450	11
	50m: 28.67 28.67			150m: 1:36.12 34.37	2:47.73 36.03	350m: 4:00.98 36.87		
	100m: 1:01.75 33.08			200m: 2:11.70 35.58	3:24.11 36.38	400m: 4:36.87 35.89		
12.	Pedro Pereira Calvao	00	120684	Flavitus	4:47.99	+0,78	400	10
	50m: 30.79 30.79			150m: 1:41.91 36.76	2:57.30 38.09	350m: 4:13.13 37.97		
	100m: 1:05.15 34.36			200m: 2:19.21 37.30	3:35.16 37.86	400m: 4:47.99 34.86		
13.	Francisco Santos Valfreixo	99	117155	Sport de Mirandela	4:49.26	+0,80	395	9
	50m: 31.00 31.00			150m: 1:43.46 37.25	2:59.10 37.82	350m: 4:12.93 36.12		
	100m: 1:06.21 35.21			200m: 2:21.28 37.82	3:36.81 37.71	400m: 4:49.26 36.33		
14.	Joao Courelas Goncalves	97	107282	Nucleo de Pombal	4:51.62	+0,90	385	8
	50m: 29.45 29.45			150m: 1:40.23 36.48	2:56.29 38.50	350m: 4:14.23 38.76		
	100m: 1:03.75 34.30			200m: 2:17.79 37.56	3:35.47 39.18	400m: 4:51.62 37.39		

Prova 10, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Marcio Gregorio Neves	83	129091	Salvaterra de Magos	4:53.90	+0,88	376	7
	50m: 32.65 32.65		150m: 1:44.65 36.45	250m: 3:00.58 38.21		350m: 4:17.51 38.71		
	100m: 1:08.20 35.55		200m: 2:22.37 37.72	300m: 3:38.80 38.22		400m: 4:53.90 36.39		
16.	Goncalo Fernando Ferreira	94	121734	Penafiel	4:53.96	+0,89	376	6
	50m: 32.64 32.64		150m: 1:45.49 36.95	250m: 3:01.61 38.64		350m: 4:18.99 38.71		
	100m: 1:08.54 35.90		200m: 2:22.97 37.48	300m: 3:40.28 38.67		400m: 4:53.96 34.97		
17.	Francisco Quadros Cascalho	97	116792	Terceira Auto Clube	4:59.21	+0,72	356	5
	50m: 31.09 31.09		150m: 1:44.40 37.19	250m: 3:01.25 38.65		350m: 4:21.95 40.50		
	100m: 1:07.21 36.12		200m: 2:22.60 38.20	300m: 3:41.45 40.20		400m: 4:59.21 37.26		
18.	Henrique Maieiro Amorim	01	125010	Naval Povoense	5:17.64	+0,81	298	4
	50m: 34.02 34.02		150m: 1:52.59 39.85	250m: 3:15.00 41.67		350m: 4:39.08 41.98		
	100m: 1:12.74 38.72		200m: 2:33.33 40.74	300m: 3:57.10 42.10		400m: 5:17.64 38.56		
19.	Manuel Landeiro Alves	02	122314	Naval Praia da Vitoria	5:20.57	+0,73	290	3
	50m: 36.39 36.39		150m: 1:58.52 41.67	250m: 3:20.87 41.24		350m: 4:42.64 40.96		
	100m: 1:16.85 40.46		200m: 2:39.63 41.11	300m: 4:01.68 40.81		400m: 5:20.57 37.93		
20.	Duarte Almeida Soares	01	124850	Campinho	5:29.19	+0,96	268	2
	50m: 36.31 36.31		150m: 1:59.54 42.12	250m: 3:24.46 42.38		350m: 4:48.18 42.37		
	100m: 1:17.42 41.11		200m: 2:42.08 42.54	300m: 4:05.81 41.35		400m: 5:29.19 41.01		
21.	Pedro Miguel Cruz	01	130287	Natacao da Guarda	5:51.36	+0,83	220	1
	50m: 36.25 36.25		150m: 2:04.00 45.28	250m: 3:35.23 46.23		350m: 5:07.80 45.93		
	100m: 1:18.72 42.47		200m: 2:49.00 45.00	300m: 4:21.87 46.64		400m: 5:51.36 43.56		

Prova 11
01-11-2014

Femin., 200m Estilos

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	2:14.28	Victoria Kaminskaya	PIMP	Porto	08-12-2012
Recordes Nacionais 25m Inf B	2:30.96	Filipa Vilas Ruivo	DNMG	Alcobaça	13-06-2009
Recordes Nacionais 25m Inf A	2:25.08	Ines Camacho Fernandes	SCP	Tavira	06-03-2010
Recordes Nacionais 25m Juv B	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	20-03-2004
Recordes Nacionais 25m Juv A	2:18.59	Catarina Tiago Nunes	SFUAP	S. Antonio Cavaleiros	19-12-2009
Recordes Nacionais 25m Jun16	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Jun17	2:16.62	Victoria Kaminskaya	FPN	Uster (SUI)	28-01-2012
Recordes Nacionais 25m Sen	2:14.28	Victoria Kaminskaya	PIMP	Porto	08-12-2012

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Victorino Henriques	01	118976	Condeixa Clube	2:28.93	+0,73	566	
	50m: 31.97 31.97		100m: 1:11.65 39.68	150m: 1:54.63 42.98		200m: 2:28.93 34.30		
2.	Sara Kalinicova Guerreiro	00	120967	FC Ferreiras	2:29.96	+0,88	554	
	50m: 32.85 32.85		100m: 1:12.98 40.13	150m: 1:54.95 41.97		200m: 2:29.96 35.01		
3.	Mafalda Sofia Dias	01	121401	Naval Setubalense	2:40.15	+1,04	455	
	50m: 34.82 34.82		100m: 1:15.97 41.15	150m: 2:04.56 48.59		200m: 2:40.15 35.59		
4.	Tatiana Raquel Pombo	01	121615	Nautica do Seixal	2:41.01	+0,94	447	
	50m: 32.56 32.56		100m: 1:15.76 43.20	150m: 2:04.42 48.66		200m: 2:41.01 36.59		
5.	Margarida Natario Moreira	99	118361	Natacao da Guarda	2:49.72	+0,93	382	
	50m: 37.83 37.83		100m: 1:20.90 43.07	150m: 2:09.25 48.35		200m: 2:49.72 40.47		
6.	Ana Beatriz Costa	00	108628	Naval Praia da Vitoria	2:51.21		372	
	50m: 37.90 37.90		100m: 1:23.37 45.47	150m: 2:13.50 50.13		200m: 2:51.21 37.71		
7.	Beatriz Gameiro Matias	97	107287	Nucleo de Pombal	2:53.55	+0,91	357	
	50m: 38.39 38.39		100m: 1:22.68 44.29	150m: 2:11.47 48.79		200m: 2:53.55 42.08		
8.	Claudia Alexandra Mendes	95	126614	Atletico	2:54.40	+0,87	352	
	50m: 38.66 38.66		100m: 1:24.33 45.67	150m: 2:14.25 49.92		200m: 2:54.40 40.15		

Prova 11, Femin., 200m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Maria Joao Pereira	98	118608	Sport de Mirandela	2:55.21	+0,90	347	
	50m: 37.58 37.58		100m: 1:20.24 42.66	150m: 2:12.11 51.87	200m: 2:55.21 43.10			
10.	Ana Sofia Goncalves	01	119659	Campinho	3:03.29	+0,83	303	
	50m: 40.86 40.86		100m: 1:29.15 48.29	150m: 2:21.88 52.73	200m: 3:03.29 41.41			
11.	Maria Ines Monteiro	00	125638	O Crasto	3:05.47	+0,85	293	
	50m: 40.57 40.57		100m: 1:27.94 47.37	150m: 2:21.67 53.73	200m: 3:05.47 43.80			
12.	Maria Ines Mendes	01	125773	Flavitus	3:06.15	+1,28	289	
	50m: 39.81 39.81		100m: 1:27.36 47.55	150m: 2:24.91 57.55	200m: 3:06.15 41.24			
13.	Barbara Sofia Claro	00	118109	BUZIOS-Coruche	3:06.69	+1,13	287	
	50m: 42.10 42.10		100m: 1:28.39 46.29	150m: 2:21.98 53.59	200m: 3:06.69 44.71			
14.	Rafaela Augusta Barata	98	122551	Natacao de Braganca	3:09.74	+0,91	273	
	50m: 38.16 38.16		100m: 1:26.71 48.55	150m: 2:28.31 1:01.60	200m: 3:09.74 41.43			
15.	Ines Arraiolos Matos	03	124494	Scalabiswim	3:13.00	+0,90	260	
	50m: 43.56 43.56		100m: 1:31.80 48.24	150m: 2:27.32 55.52	200m: 3:13.00 45.68			

Prova 12
01-11-2014

Masc., 4 x 100m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:05.06	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Vila Praia Ancora	28-06-2013
Recordes Nacionais 25m Inf	3:48.35	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Cantanhede	29-03-2014
Recordes Nacionais 25m Inf A	3:48.35	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Cantanhede	29-03-2014
Recordes Nacionais 25m Juv B	3:43.53	Futebol Clube do Porto	FCP	Braga	04-03-2012
Recordes Nacionais 25m Juv	3:34.94	Clube Naval do Funchal	CNF	Funchal	11-07-2014
Recordes Nacionais 25m Juv A	3:34.94	Clube Naval do Funchal	CNF	Funchal	11-07-2014
Recordes Nacionais 25m Jun	3:29.42	Associacao Naval Amorense	ANAM	Porto	09-12-2012
Recordes Nacionais 25m Sen	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009

Pontos: FINA 2014

Lugar		NFed	Clube	Tempo Final	TReac	Pts FINA		Pts
1.	BUZIOS-Coruche		BUZIOS-Coruche	3:50.25	+0,81	504		22
	Artur Rafael Saramago	+0,81	27.48	56.99	Diogo Miguel Balsa	+0,50	27.41	56.79
	Tomas Jose Agostinho	+0,49	27.37	58.47	Jose Carlos Burecas	+0,34	27.89	58.00
2.	Estamos Juntos		Estamos Juntos	3:50.41	+0,74	503		20
	Nuno Andre Neves	+0,74	27.65	57.15	Andre Freitas Gual	+0,35	26.93	58.01
	Diogo Henrique Camacho	+0,63	28.11	59.20	Joao Soares Melo	+0,77	26.76	56.05
3.	Nautica do Seixal		Nautica do Seixal	3:53.06	+0,73	486		19
	Fabio Aleixo Fernandes	+0,73	28.02	58.90	Ricardo Cansado Lourenco	+0,58	26.24	57.62
	Bruno Ricardo Custodio	+0,26	27.71	59.72	Jose Pedro Rosario	+0,44	26.65	56.82
4.	Nucleo de Pombal		Nucleo de Pombal	3:54.80	+0,84	475		18
	Ricardo Contreiras Jeronimo	+0,84	27.42	57.10	Joao Courelas Goncalves	+0,50	26.92	57.32
	Filipe Pedro Ferreira	+0,65	30.35	1:02.84	Leonardo Contreiras Jeronimo	+0,53	26.85	57.54
5.	Penafiel		Penafiel	3:55.17	+0,83	473		17
	Antonio Jorge Rocha	+0,83	26.68	55.02	Fabio Andre Madureira	+0,31	27.04	58.32
	Bruno Pinto Drumond	+0,12	29.34	1:02.85	Goncalo Fernando Ferreira	+0,26	27.47	58.98
6.	Gualdim Pais		Gualdim Pais	3:55.21	+0,79	473		16
	Bernardo Jose Dionisio	+0,79	28.41	58.20	Goncalo Faria Saldida	+0,44	28.48	1:00.32
	Francisco Redol Dias	+0,55	27.99	58.12	Afonso Guilherme Rosa	+0,45	27.52	58.57
7.	FC Ferreiras		FC Ferreiras	3:55.46	+0,77	471		15
	Bernardo Gameiro Agapito	+0,77	28.44	59.19	Samuel Andre Santos	+0,47	30.11	1:04.10
	Rodrigo Martins Gomes	+0,46	27.00	56.54	Cristian Toma	+0,46	26.58	55.63

Prova 12, Masc., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8. Atletico		Atletico	3:56.21	+0,75	467	14
	+0,75	Luis Maria Rosa	56.24	+0,11	28.08	1:00.71
	+0,44	Joao Francisco Duarte	1:01.65	+0,32	27.38	57.61
9. Sport de Mirandela		Sport de Mirandela	3:58.29	+0,87	455	13
	+0,87	Francisco Joao Pires	59.72	+0,70	29.64	1:00.49
	+0,33	Diogo Miguel Teixeira	56.67	+0,65	28.29	1:01.41
10. Scalabiswim		Scalabiswim	3:58.33	+0,90	454	12
	+0,90	Tiago Filipe Campos	59.99	+0,38	25.18	53.38
	+0,69	Joao Carlos Bastos	1:01.91	+0,57	29.73	1:03.05
11. Condeixa Clube		Condeixa Clube	3:59.42	+0,65	448	11
	+0,65	Diogo Pano Menezes	58.71	+0,59	29.19	1:00.89
	+0,60	Joao Albano Viola	58.25	+0,64	29.95	1:01.57
12. Miranda do Corvo		Miranda do Corvo	4:01.24	+0,78	438	10
	+0,78	Joao Pedro Gomes	1:00.57	+0,51	27.93	1:01.06
	+0,46	Pedro Guilherme Ferreira	1:00.01	+0,63	29.29	59.60
13. Campinho		Campinho	4:04.32	+0,91	422	9
	+0,91	Joao Jose Laranjeira	56.42	+0,55	28.35	1:01.06
	+0,39	Alexandre Sequeira Afonso	1:07.48	+0,42	27.88	59.36
14. Terceira Auto Clube		Terceira Auto Clube	4:05.83		414	8
	98	Tiago Quadros Cascalho	1:08.10	97	28.49	1:00.43
	95	Rui Ferreira Poeira	55.47	98	28.47	1:01.83
15. Salvaterra de Magos		Salvaterra de Magos	4:06.07	+0,82	413	7
	+0,82	Rodrigo Pereira Damasio	1:01.70	+0,65	29.12	1:01.13
	+0,55	Marcio Gregorio Neves	1:03.25	+0,58	28.83	59.99
16. O Crasto		O Crasto	4:06.28	+0,79	412	6
	+0,79	Antonio Ferreira Rodrigues	1:04.72	+0,51	26.72	56.24
	+0,67	Albino David Almeida	58.86	+0,75	31.55	1:06.46
17. Flavitus		Flavitus	4:09.48	+0,74	396	5
	+0,74	Pedro Pereira Calvao	1:01.82	+0,50	30.30	1:03.82
	+0,57	Jose Pedro Cesar	1:04.77	+0,61	27.89	59.07
18. Natacao de Braganca		Natacao de Braganca	4:20.62	+0,87	347	4
	+0,87	Joao Francisco Dias	59.48	+0,50	31.57	1:06.28
	+0,66	Leonardo Duarte Dias	1:09.20	+0,45	30.55	1:05.66
19. Naval Praia da Vitoria		Naval Praia da Vitoria	4:25.39		329	3
	01	Diogo Goncalves Ribeiro	1:09.79	02	34.09	1:11.54
	99	Paulo Jorge Azevedo	1:04.81	96	27.95	59.25
20. Natacao da Guarda		Natacao da Guarda	4:31.71	+0,77	307	2
	+0,77	Fabrice Almeida Monteiro	1:01.96	+0,55	33.56	1:12.00
	+0,52	Pedro Oliveira Tavares	1:10.10	+0,50	31.08	1:07.65
DSQ Naval Povoense		Naval Povoense				
403 - Falsa partida - SW 4.4						
Hugo Azurara Vieira, Miguel Carlos Soares, Joao Pedro Pereira, Henrique Maieiro Amorim						

Prova 13
01-11-2014

Femin., 4 x 100m Estilos

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:57.35	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Ponte da Barca	06-03-2010
Recordes Nacionais 25m Inf	4:40.29	tempo limite			
Recordes Nacionais 25m Inf A	4:40.29	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Viseu	12-03-2011
Recordes Nacionais 25m Juv B	4:33.40	Sport Lisboa e Benfica	SLB	Reboleira	15-06-2006
Recordes Nacionais 25m Juv	4:33.40	tempo limite			
Recordes Nacionais 25m Juv A	4:33.40	tempo limite			
Recordes Nacionais 25m Jun	4:16.94	Sporting Clube de Portugal	SCP	Leiria	04-12-2009
Recordes Nacionais 25m Sen	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009

Pontos: FINA 2014

Lugar		NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.	FC Ferreiras		FC Ferreiras	4:58.29	+0,65	432		
	Francisca Pugsley Ferreira	+0,65	38.16	1:17.96	Ines Pugsley Ferreira	+0,50	32.84	1:12.24
	Sara Kalinicova Guerreiro	+0,77	37.02	1:17.79	Sofia Alexandra Reis	+0,79	33.54	1:10.30
2.	Naval Setubalense		Naval Setubalense	4:59.19	+0,59	428		
	Ines Gomes Rodrigues	+0,59	36.88	1:15.48	Mafalda Rato Monteiro	+0,54	34.55	1:14.06
	Rita Filipa Paulino	+0,60	39.68	1:25.21	Ana Carolina Mira	+0,23	30.80	1:04.44
3.	Condeixa Clube		Condeixa Clube	5:01.78	+0,63	417		
	Joana Victorino Henriques	+0,63	35.95	1:13.77	Ines Pereira Silva	+0,43	31.74	1:09.36
	Ines Manaia Correia	+0,56	44.02	1:32.89	Laura Barreto Magalhaes	+0,59	31.02	1:05.76
4.	Nautica do Seixal		Nautica do Seixal	5:08.32	+0,63	391		
	Beatriz Elisabete Pereira	+0,63	35.32	1:14.27	Marta Alexandra Saraiva	+0,33	35.12	1:15.80
	Cristiana Maria Sanches	+0,73	43.38	1:33.32	Tatiana Raquel Pombo	+0,44	31.07	1:04.93
5.	Natacao da Guarda		Natacao da Guarda	5:14.22	+0,85	369		
	Margarida Natario Moreira	+0,85	38.56	1:18.65	Ana Luisa Rojao	+0,60	34.18	1:14.22
	Oriana Manuela Pinto	+0,79	42.82	1:31.52	Ines Sofia Alves	+0,43	31.91	1:09.83
6.	Campinho		Campinho	5:17.23	+0,72	359		
	Beatriz Marques Ferreira	+0,72	38.90	1:20.78	Rafaela Cunha Mendes	+0,38	36.92	1:17.72
	Ana Luis Rodrigues	+0,68	41.22	1:27.96	Ana Sofia Goncalves	+0,46	33.93	1:10.77
7.	Nucleo de Pombal		Nucleo de Pombal	5:17.56	+0,77	358		
	Mariana Jorge Duarte	+0,77	38.50	1:20.44	Isabel Catarino Cravo	+0,47	36.35	1:20.85
	Beatriz Gameiro Matias	+0,43	39.17	1:24.50	Joana Rita Gouveia	+0,59	31.81	1:11.77
8.	Naval Praia da Vitoria		Naval Praia da Vitoria	5:18.87		353		
	Clara Simoes Alves	98	38.23	1:18.82	Ana Beatriz Costa	00	36.52	1:20.03
	Ana Daniela Espingardeiro	02	40.60	1:29.69	Beatriz Maria Silva	00	32.14	1:10.33
9.	Sport de Mirandela		Sport de Mirandela	5:25.12	+0,63	333		
	Samanta Sara Gomes	+0,63	38.42	1:19.13	Maria Ines Lemos	+0,36	39.23	1:28.40
	Ana Joao Martins	+0,69	40.29	1:24.98	Ines Sofia Sa		34.57	1:12.61
10.	BUZIOS-Coruche		BUZIOS-Coruche	5:27.00	+0,93	328		
	Barbara Sofia Claro	+0,93	41.95	1:26.61	Carolina Luis Amaral	+0,63	33.81	1:15.27
	Mirjam Regina Altenburg	+0,60	42.72	1:31.42	Sofia Margarida Clemente	+0,80	34.56	1:13.70
11.	Scalabiswim		Scalabiswim	5:33.08	+0,77	310		
	Patricia Palmeiro Baeta	+0,77	35.18	1:12.51	Maria Beatriz Dias	+0,23	35.14	1:17.30
	Ines Arraiolos Matos	+0,64	49.86	1:43.89	Leonor Vitoriano Marques	+0,40	38.39	1:19.38
12.	O Crasto		O Crasto	5:36.61	+0,72	300		
	Joana Filipa Silva	+0,72	37.73	1:17.92	Ana Margarida Monteiro	+0,32	34.32	1:19.25
	Maria Ines Monteiro	+0,56	44.78	1:37.35	Sara Cristina Silva	+0,66	38.78	1:22.09
13.	Atletico		Atletico	5:42.00	+0,72	286		
	Claudia Alexandra Mendes	+0,72	40.38	1:23.49	Raquel Santos Vasconcelos	+0,47	42.18	1:34.22
	Ana Sofia Pascoal	+0,65	42.26	1:32.18	Andreia Sofia Mendes	+0,53	34.43	1:12.11
14.	Flavitus		Flavitus	5:57.48	+0,86	251		
	Diana Isabel Pires	+0,86	41.40	1:26.35	Maria Ines Mendes	+0,36	41.99	1:33.12
	Esther Garrido Gago	+0,84	46.22	1:37.41	Sofia Mendes Teixeira	+0,74	37.58	1:20.60

Prova 13, Femin., 4 x 100m Estilos, Absolutos

Lugar		NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
15.	Natacao de Braganca		Natacao de Braganca	6:08.68	+0,78	229		
	Mariana Nascimento Oliveira	+0,78	44.63	1:32.39	Rafaela Augusta Barata	+0,61	38.70	1:26.72
	Maria Joao Pires	+0,75	53.82	1:55.66	Ines Fidalgo Teixeira		35.16	1:13.91

Prova 14
02-11-2014

Masc., 800m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	7:56.89	Pedro Miguel Pinotes	SCP	Felgueiras	21-12-2013
Recordes Nacionais 25m Inf B	9:07.20	Andre Vilas Ruivo	DNMG	Leiria	03-03-2013
Recordes Nacionais 25m Inf A	8:36.36	Andre Vilas Ruivo	DNMG	Nazaré	25-05-2014
Recordes Nacionais 25m Juv B	8:27.18	Rui Filipe Costa	VSC	Senhora da Hora	13-05-2006
Recordes Nacionais 25m Juv A	8:09.43	Rui Filipe Costa	VSC	Senhora da Hora	12-05-2007
Recordes Nacionais 25m Jun17	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Recordes Nacionais 25m Jun18	8:00.39	Rafael Lourenco Gil	ANAM	Felgueiras	21-12-2013
Recordes Nacionais 25m Sen	7:56.89	Pedro Miguel Pinotes	SCP	Felgueiras	21-12-2013

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Albino David Almeida	99	125643	O Crasto	9:03.13	+0,77	544	22
	50m: 28.55 28.55	250m: 2:45.41 34.38	450m: 5:03.88 34.72	650m: 7:22.71 34.74				
	100m: 1:01.64 33.09	300m: 3:19.85 34.44	500m: 5:38.39 34.51	700m: 7:57.22 34.51				
	150m: 1:36.38 34.74	350m: 3:54.06 34.21	550m: 6:13.17 34.78	750m: 8:31.60 34.38				
	200m: 2:11.03 34.65	400m: 4:29.16 35.10	600m: 6:47.97 34.80	800m: 9:03.13 31.53				
2.	Ivo Andre Lopes	94	11728	Scalabiswim	9:09.06	+0,78	526	20
	50m: 29.91 29.91	250m: 2:42.62 33.73	450m: 5:00.81 35.48	650m: 7:24.09 35.78				
	100m: 1:02.38 32.47	300m: 3:16.38 33.76	500m: 5:36.43 35.62	700m: 7:59.54 35.45				
	150m: 1:35.58 33.20	350m: 3:50.62 34.24	550m: 6:12.58 36.15	750m: 8:34.92 35.38				
	200m: 2:08.89 33.31	400m: 4:25.33 34.71	600m: 6:48.31 35.73	800m: 9:09.06 34.14				
3.	Joao Jose Laranjeira	98	105936	Campinho	9:14.39	+0,81	511	19
	50m: 29.76 29.76	250m: 2:46.24 34.60	450m: 5:06.69 35.17	650m: 7:28.96 35.52				
	100m: 1:02.99 33.23	300m: 3:21.10 34.86	500m: 5:42.38 35.69	700m: 8:04.52 35.56				
	150m: 1:37.03 34.04	350m: 3:55.99 34.89	550m: 6:18.05 35.67	750m: 8:39.92 35.40				
	200m: 2:11.64 34.61	400m: 4:31.52 35.53	600m: 6:53.44 35.39	800m: 9:14.39 34.47				
4.	Bernardo Meneses Barradas	00	118978	Condeixa Clube	9:17.52	+0,71	503	18
	50m: 30.61 30.61	250m: 2:48.02 34.90	450m: 5:09.00 35.17	650m: 7:32.35 36.21				
	100m: 1:04.19 33.58	300m: 3:23.06 35.04	500m: 5:44.57 35.57	700m: 8:08.59 36.24				
	150m: 1:38.46 34.27	350m: 3:58.15 35.09	550m: 6:20.06 35.49	750m: 8:43.96 35.37				
	200m: 2:13.12 34.66	400m: 4:33.83 35.68	600m: 6:56.14 36.08	800m: 9:17.52 33.56				
5.	Goncalo Faria Saldida	99	116645	Gualdim Pais	9:22.90	+0,78	488	17
	50m: 30.96 30.96	250m: 2:51.39 36.12	450m: 5:14.67 34.62	650m: 7:37.47 34.91				
	100m: 1:04.69 33.73	300m: 3:27.41 36.02	500m: 5:50.04 35.37	700m: 8:13.40 35.93				
	150m: 1:39.86 35.17	350m: 4:03.64 36.23	550m: 6:26.11 36.07	750m: 8:49.84 36.44				
	200m: 2:15.27 35.41	400m: 4:40.05 36.41	600m: 7:02.56 36.45	800m: 9:22.90 33.06				
6.	Ivo Manuel Reis	93	129149	A Atletico	9:26.83	+0,84	478	16
	50m: 30.38 30.38	250m: 2:54.74 36.65	450m: 5:20.04 36.01	650m: 7:44.49 36.09				
	100m: 1:05.65 35.27	300m: 3:31.26 36.52	500m: 5:56.30 36.26	700m: 8:19.46 34.97				
	150m: 1:41.63 35.98	350m: 4:07.42 36.16	550m: 6:32.22 35.92	750m: 8:54.64 35.18				
	200m: 2:18.09 36.46	400m: 4:44.03 36.61	600m: 7:08.40 36.18	800m: 9:26.83 32.19				
7.	Bernardo Gameiro Agapito	98	117573	FC Ferreiras	9:27.80	+0,76	476	15
	50m: 30.57 30.57	250m: 2:50.85 35.72	450m: 5:16.11 36.72	650m: 7:41.65 36.14				
	100m: 1:04.24 33.67	300m: 3:26.77 35.92	500m: 5:52.79 36.68	700m: 8:17.55 35.90				
	150m: 1:39.27 35.03	350m: 4:02.93 36.16	550m: 6:29.03 36.24	750m: 8:53.54 35.99				
	200m: 2:15.13 35.86	400m: 4:39.39 36.46	600m: 7:05.51 36.48	800m: 9:27.80 34.26				

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Pedro Guilherme Ferreira	00	119408	Miranda do Corvo	9:31.18	+0,86	467	14
	50m: 32.81 32.81		250m: 2:54.80	35.47	450m: 5:17.85	35.89	650m: 7:42.03	36.08
	100m: 1:08.79 35.98		300m: 3:30.42	35.62	500m: 5:53.62	35.77	700m: 8:18.90	36.87
	150m: 1:44.32 35.53		350m: 4:06.08	35.66	550m: 6:29.64	36.02	750m: 8:55.36	36.46
	200m: 2:19.33 35.01		400m: 4:41.96	35.88	600m: 7:05.95	36.31	800m: 9:31.18	35.82
9.	Tomas Jose Agostinho	99	118115	BUZIOS-Coruche	9:42.03	+0,78	442	13
	50m: 31.34 31.34		250m: 2:54.63	36.45	450m: 5:22.25	36.99	650m: 7:51.70	37.27
	100m: 1:06.11 34.77		300m: 3:31.39	36.76	500m: 6:00.03	37.78	700m: 8:29.05	37.35
	150m: 1:42.13 36.02		350m: 4:08.20	36.81	550m: 6:37.03	37.00	750m: 9:06.89	37.84
	200m: 2:18.18 36.05		400m: 4:45.26	37.06	600m: 7:14.43	37.40	800m: 9:42.03	35.14
10.	Jose Pedro Rosario	96	128021	Nautica do Seixal	9:56.18	+0,82	411	12
	50m: 33.15 33.15		250m: 3:01.41	37.18	450m: 5:33.47	38.60	650m: 8:08.97	39.05
	100m: 1:09.55 36.40		300m: 3:39.19	37.78	500m: 6:11.91	38.44	700m: 8:46.77	37.80
	150m: 1:47.11 37.56		350m: 4:16.97	37.78	550m: 6:51.37	39.46	750m: 9:23.13	36.36
	200m: 2:24.23 37.12		400m: 4:54.87	37.90	600m: 7:29.92	38.55	800m: 9:56.18	33.05
11.	Diogo Henrique Camacho	99	123924	Estamos Juntos	10:01.32	+0,96	400	11
	50m: 30.60 30.60		250m: 2:53.76	37.01	450m: 5:26.20	37.66	650m: 8:03.68	40.47
	100m: 1:04.49 33.89		300m: 3:31.97	38.21	500m: 6:05.08	38.88	700m: 8:43.19	39.51
	150m: 1:40.01 35.52		350m: 4:10.19	38.22	550m: 6:42.74	37.66	750m: 9:23.05	39.86
	200m: 2:16.75 36.74		400m: 4:48.54	38.35	600m: 7:23.21	40.47	800m: 10:01.32	38.27
12.	Francisco Santos Valfreixo	99	117155	Sport de Mirandela	10:02.66	+0,80	398	10
	50m: 33.11 33.11		250m: 3:03.37	38.09	450m: 5:36.29	39.17	650m: 8:10.57	38.84
	100m: 1:09.53 36.42		300m: 3:40.42	37.05	500m: 6:14.04	37.75	700m: 8:49.56	38.99
	150m: 1:47.34 37.81		350m: 4:18.80	38.38	550m: 6:53.04	39.00	750m: 9:27.61	38.05
	200m: 2:25.28 37.94		400m: 4:57.12	38.32	600m: 7:31.73	38.69	800m: 10:02.66	35.05
13.	Pedro Pereira Calvao	00	120684	Flavitus	10:07.75	+0,79	388	9
	50m: 32.65 32.65		250m: 3:03.98	38.26	450m: 5:39.77	38.59	650m: 8:16.76	39.20
	100m: 1:08.85 36.20		300m: 3:43.10	39.12	500m: 6:19.00	39.23	700m: 8:55.01	38.25
	150m: 1:47.04 38.19		350m: 4:22.31	39.21	550m: 6:58.37	39.37	750m: 9:32.81	37.80
	200m: 2:25.72 38.68		400m: 5:01.18	38.87	600m: 7:37.56	39.19	800m: 10:07.75	34.94
14.	Goncalo Fernando Ferreira	94	121734	Penafiel	10:13.99	+1,01	376	8
	50m: 32.28 32.28		250m: 3:02.07	38.52	450m: 5:40.67	40.64	650m: 8:19.89	39.58
	100m: 1:07.97 35.69		300m: 3:40.22	38.15	500m: 6:20.53	39.86	700m: 8:59.10	39.21
	150m: 1:45.49 37.52		350m: 4:20.25	40.03	550m: 7:00.55	40.02	750m: 9:38.78	39.68
	200m: 2:23.55 38.06		400m: 5:00.03	39.78	600m: 7:40.31	39.76	800m: 10:13.99	35.21
15.	Paulo Jorge Azevedo	99	125123	Naval Praia da Vitoria	10:15.64	+0,67	373	7
	50m: 32.80 32.80		250m: 3:08.36	39.02	450m: 5:44.58	38.94	650m: 8:21.54	38.77
	100m: 1:10.21 37.41		300m: 3:47.27	38.91	500m: 6:23.70	39.12	700m: 9:00.55	39.01
	150m: 1:49.50 39.29		350m: 4:26.51	39.24	550m: 7:03.35	39.65	750m: 9:38.46	37.91
	200m: 2:29.34 39.84		400m: 5:05.64	39.13	600m: 7:42.77	39.42	800m: 10:15.64	37.18
16.	Marcio Gregorio Neves	83	129091	Salvaterra de Magos	10:16.85	+0,85	371	6
	50m: 32.84 32.84		250m: 3:03.88	38.90	450m: 5:42.21	39.73	650m: 8:19.89	39.43
	100m: 1:08.96 36.12		300m: 3:42.95	39.07	500m: 6:21.16	38.95	700m: 8:59.43	39.54
	150m: 1:46.63 37.67		350m: 4:22.88	39.93	550m: 7:00.95	39.79	750m: 9:39.05	39.62
	200m: 2:24.98 38.35		400m: 5:02.48	39.60	600m: 7:40.46	39.51	800m: 10:16.85	37.80
17.	Jorge Miguel Branco	01	124433	Natacao de Braganca	10:29.76	+0,75	349	5
	50m: 32.21 32.21		250m: 3:08.58	39.05	450m: 5:50.90	41.61	650m: 8:33.24	40.33
	100m: 1:09.63 37.42		300m: 3:48.63	40.05	500m: 6:32.55	41.65	700m: 9:13.36	40.12
	150m: 1:49.50 39.87		350m: 4:28.41	39.78	550m: 7:12.64	40.09	750m: 9:54.44	41.08
	200m: 2:29.53 40.03		400m: 5:09.29	40.88	600m: 7:52.91	40.27	800m: 10:29.76	35.32
18.	Luis Miguel Verissimo	98	106305	Terceira Auto Clube	10:33.85	+0,70	342	4
	50m: 31.32 31.32		250m: 3:06.44	40.37	450m: 5:45.55	39.71	650m: 8:30.06	41.35
	100m: 1:07.63 36.31		300m: 3:46.50	40.06	500m: 6:25.91	40.36	700m: 9:11.73	41.67
	150m: 1:46.15 38.52		350m: 4:25.90	39.40	550m: 7:07.22	41.31	750m: 9:53.46	41.73
	200m: 2:26.07 39.92		400m: 5:05.84	39.94	600m: 7:48.71	41.49	800m: 10:33.85	40.39

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Filipe Pedro Ferreira	00	129418	Nucleo de Pombal	10:42.80	+0,80	328	3
	50m: 35.32 35.32		250m: 3:17.45 41.02	450m: 6:03.93 41.99	650m: 8:48.45 41.04			
	100m: 1:14.67 39.35		300m: 3:58.98 41.53	500m: 6:45.10 41.17	700m: 9:29.40 40.95			
	150m: 1:54.92 40.25		350m: 4:40.33 41.35	550m: 7:26.58 41.48	750m: 10:07.02 37.62			
	200m: 2:36.43 41.51		400m: 5:21.94 41.61	600m: 8:07.41 40.83	800m: 10:42.80 35.78			
20.	Henrique Maieiro Amorim	01	125010	Naval Povoense	11:01.88	+0,88	300	2
	50m: 34.47 34.47		250m: 3:19.40 42.16	450m: 6:07.77 42.14	650m: 8:58.02 42.59			
	100m: 1:13.90 39.43		300m: 4:01.46 42.06	500m: 6:49.53 41.76	700m: 9:40.24 42.22			
	150m: 1:55.04 41.14		350m: 4:43.58 42.12	550m: 7:32.68 43.15	750m: 10:22.59 42.35			
	200m: 2:37.24 42.20		400m: 5:25.63 42.05	600m: 8:15.43 42.75	800m: 11:01.88 39.29			
21.	Pedro Miguel Cruz	01	130287	Natacao da Guarda	12:12.16	+0,77	222	1
	50m: 36.49 36.49		250m: 3:38.75 46.15	450m: 6:47.84 47.09	650m: 9:56.60 46.79			
	100m: 1:20.32 43.83		300m: 4:26.13 47.38	500m: 7:34.57 46.73	700m: 10:42.75 46.15			
	150m: 2:06.63 46.31		350m: 5:13.60 47.47	550m: 8:22.61 48.04	750m: 11:28.33 45.58			
	200m: 2:52.60 45.97		400m: 6:00.75 47.15	600m: 9:09.81 47.20	800m: 12:12.16 43.83			

Prova 15
02-11-2014

Femin., 100m Mariposa

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010
Recordes Nacionais 25m Inf B	1:06.89	Ana Margarida Guedes	GCVR	Espinho	25-05-2013
Recordes Nacionais 25m Inf A	1:03.28	Ana Margarida Guedes	GCVR	Vila Real	10-06-2014
Recordes Nacionais 25m Juv B	1:04.12	Mariana Cunha Guerra	ASSSCC	Cantanhede	11-12-2011
Recordes Nacionais 25m Juv A	1:03.14	Ana Rita Francisco	SFUAP	Algés	19-03-1995
Recordes Nacionais 25m Jun16	1:01.56	Filipa Vilas Tiago	SCP	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Jun17	59.65	Sara Francisco Cruz	ADBA	Leiria	05-12-2009
Recordes Nacionais 25m Sen	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Pereira Silva	02	128987	Condeixa Clube	1:08.67	+0,78	515	
	50m: 31.96 31.96		100m: 1:08.67 36.71					
2.	Ines Pugsley Ferreira	97	107414	FC Ferreiras	1:13.33	+0,89	423	
	50m: 33.65 33.65		100m: 1:13.33 39.68					
3.	Ana Luisa Rojao	93	103930	Natacao da Guarda	1:13.40	+0,81	421	
	50m: 34.58 34.58		100m: 1:13.40 38.82					
4.	Rafaela Cunha Mendes	98	105852	Campinho	1:14.06	+0,84	410	
	50m: 34.86 34.86		100m: 1:14.06 39.20					
5.	Mafalda Rato Monteiro	01	121445	Naval Setubalense	1:14.60	+0,80	401	
	50m: 34.92 34.92		100m: 1:14.60 39.68					
6.	Carolina Luis Amaral	01	118111	BUZIOS-Coruche	1:15.12	+0,93	393	
	50m: 34.36 34.36		100m: 1:15.12 40.76					
7.	Maria Beatriz Dias	99	108045	Scalabiswim	1:15.61	+0,84	385	
	50m: 35.19 35.19		100m: 1:15.61 40.42					
8.	Marta Alexandra Saraiva	93	14641	Nautica do Seixal	1:15.74	+0,88	383	
	50m: 35.36 35.36		100m: 1:15.74 40.38					
9.	Ana Margarida Monteiro	96	125633	O Crasto	1:17.48	+0,78	358	
	50m: 35.08 35.08		100m: 1:17.48 42.40					
10.	Isabel Catarino Cravo	98	107288	Nucleo de Pombal	1:20.89	+0,93	315	
	50m: 36.68 36.68		100m: 1:20.89 44.21					
11.	Ana Beatriz Costa	00	108628	Naval Praia da Vitoria	1:22.47		297	
	50m: 36.93 36.93		100m: 1:22.47 45.54					

Prova 15, Femin., 100m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Ana Joao Martins	00	121910	Sport de Mirandela	1:24.15	+0,90	279	
	50m: 38.05 38.05		100m: 1:24.15	46.10				
13.	Maria Ines Mendes	01	125773	Flavitus	1:31.61	+1,26	216	
	50m: 40.77 40.77		100m: 1:31.61	50.84				
14.	Raquel Santos Vasconcelos	00	131877	Atletico	1:31.84	+0,94	215	
	50m: 41.41 41.41		100m: 1:31.84	50.43				
15.	Mariana Nascimento Oliveira	99	130726	Natacao de Braganca	1:48.67	+1,02	129	
	50m: 47.92 47.92		100m: 1:48.67	1:00.75				

Prova 16
02-11-2014

Masc., 200m Mariposa

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009
Recordes Nacionais 25m Inf B	2:19.18	Andre Vilas Ruivo	DNMG	Nazaré	01-06-2013
Recordes Nacionais 25m Inf A	2:12.42	Tomas Miguel Freitas	CDN	Funchal	11-07-2004
Recordes Nacionais 25m Juv B	2:07.06	Pedro Diogo Oliveira	CNRM	Entroncamento	24-05-2003
Recordes Nacionais 25m Juv A	2:03.38	Diogo Parrilha da Silva	CNAL	Alcobaça	13-06-2009
Recordes Nacionais 25m Jun17	1:59.93	Diogo Filipe Carvalho	CGA	Mealhada	05-03-2005
Recordes Nacionais 25m Jun18	1:58.64	Diogo Filipe Carvalho	CGA	Tomar	09-12-2005
Recordes Nacionais 25m Sen	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tiago Filipe Campos	99	116573	Scalabiswim	2:17.74	+0,94	489	22
	50m: 31.24 31.24		100m: 1:06.20	34.96 150m: 1:41.78	35.58	200m: 2:17.74	35.96	
2.	Miguel Serrao Santos	00	117091	Salvaterra de Magos	2:22.72	+0,73	440	20
	50m: 31.70 31.70		100m: 1:07.61	35.91 150m: 1:44.83	37.22	200m: 2:22.72	37.89	
3.	Joao Pedro Pereira	87	132096	Naval Povoense	2:22.89	+0,88	438	19
	50m: 31.73 31.73		100m: 1:07.00	35.27 150m: 1:43.52	36.52	200m: 2:22.89	39.37	
4.	Ricardo Cansado Lourenco	97	100385	Nautica do Seixal	2:25.32	+0,81	416	18
	50m: 31.56 31.56		100m: 1:09.25	37.69 150m: 1:47.40	38.15	200m: 2:25.32	37.92	
5.	Joao Luis Maximo	98	125641	O Crasto	2:25.68	+0,72	413	17
	50m: 32.50 32.50		100m: 1:08.41	35.91 150m: 1:46.68	38.27	200m: 2:25.68	39.00	
6.	Ricardo Contreiras Jeronimo	97	110593	Nucleo de Pombal	2:25.82	+0,83	412	16
	50m: 31.35 31.35		100m: 1:07.79	36.44 150m: 1:46.47	38.68	200m: 2:25.82	39.35	
7.	Pedro Ribeiro Santos	98	118977	Condeixa Clube	2:25.84	+0,79	412	15
	50m: 32.03 32.03		100m: 1:08.94	36.91 150m: 1:47.26	38.32	200m: 2:25.84	38.58	
8.	Rodrigo Martins Gomes	98	121195	FC Ferreiras	2:29.14	+0,82	385	14
	50m: 32.87 32.87		100m: 1:10.60	37.73 150m: 1:49.67	39.07	200m: 2:29.14	39.47	
9.	Pedro Pereira Lopes	99	127118	BUZIOS-Coruche	2:29.59	+0,71	382	13
	50m: 32.67 32.67		100m: 1:09.72	37.05 150m: 1:48.76	39.04	200m: 2:29.59	40.83	
10.	Joao Pedro Gomes	99	109733	Miranda do Corvo	2:30.66	+0,79	374	12
	50m: 33.39 33.39		100m: 1:12.74	39.35 150m: 1:53.23	40.49	200m: 2:30.66	37.43	
11.	Francisco Redol Dias	96	123392	Gualdim Pais	2:36.54	+0,67	333	11
	50m: 34.35 34.35		100m: 1:16.54	42.19 150m: 1:57.94	41.40	200m: 2:36.54	38.60	
12.	Francisco Quadros Cascalho	97	116792	Terceira Auto Clube	2:42.18		299	10
	50m: 33.97 33.97		100m: 1:14.28	40.31 150m: 1:57.21	42.93	200m: 2:42.18	44.97	
13.	Antonio Jorge Rocha	94	15322	Penafiel	2:43.27	+0,83	293	9
	50m: 31.93 31.93		100m: 1:09.50	37.57 150m: 1:51.24	41.74	200m: 2:43.27	52.03	

Prova 16, Masc., 200m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Rui Vaz Rodrigues	99	126608	Sport de Mirandela	2:44.78	+0,92	285	8
	50m: 34.88 34.88	100m: 1:16.03	41.15	150m: 2:00.74	44.71	200m: 2:44.78	44.04	
15.	Andre Freitas Gual	99	117584	Estamos Juntos	2:45.80	+0,74	280	7
	50m: 33.46 33.46	100m: 1:14.62	41.16	150m: 1:59.60	44.98	200m: 2:45.80	46.20	
16.	Leonardo Duarte Dias	00	122557	Natacao de Braganca	2:46.53	+0,93	277	6
	50m: 33.20 33.20	100m: 1:14.23	41.03	150m: 2:00.12	45.89	200m: 2:46.53	46.41	
17.	Francisco Madruga Silva	98	129151	Atletico	2:59.58	+0,66	220	5
	50m: 34.10 34.10	100m: 1:17.45	43.35	150m: 2:09.51	52.06	200m: 2:59.58	50.07	
18.	Luis Miguel Lino	97	125774	Flavitus	3:02.75	+0,71	209	4
	50m: 38.52 38.52	100m: 1:23.49	44.97	150m: 2:13.35	49.86	200m: 3:02.75	49.40	
19.	Pedro Oliveira Tavares	01	117059	Natacao da Guarda	3:04.28	+0,85	204	3
	50m: 37.44 37.44	100m: 1:24.22	46.78	150m: 2:15.36	51.14	200m: 3:04.28	48.92	
20.	Manuel Landeiro Alves	02	122314	Naval Praia da Vitoria	3:07.21		194	2
	50m: 39.13 39.13	100m: 1:27.60	48.47	150m: 2:16.96	49.36	200m: 3:07.21	50.25	

DSQ Francisco Rodrigues Amaral 02 122608 Campinho
814 - Tocou com uma mão na parede na viragem aos 100 m - SW 8.4

Prova 17
02-11-2014

Femin., 100m Bruços

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	1:17.79	Mariana Ferrinha Cunha	AAC	Coimbra	19-03-1995
Recordes Nacionais 25m Inf A	1:13.43	Raquel Gomes Pereira	SANL	Abrantes	13-04-2013
Recordes Nacionais 25m Juv B	1:11.76	Diana Duarte Gomes	ABVE	Reboleira	28-06-2003
Recordes Nacionais 25m Juv A	1:09.59	Diana Duarte Gomes	ABVE	Tomar	13-03-2004
Recordes Nacionais 25m Jun16	1:08.85	Ana Pinho Rodrigues	AEJ	Ponte de Sôr	13-12-2009
Recordes Nacionais 25m Jun17	1:09.02	Diana Duarte Gomes	FPN	Belo Horizonte (BRA)	10-02-2006
Recordes Nacionais 25m Sen	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joana Victorino Henriques	01	118976	Condeixa Clube	1:16.57	+0,71	540	
	50m: 35.73 35.73	100m: 1:16.57	40.84					
2.	Tatiana Raquel Pombo	01	121615	Nautica do Seixal	1:24.74	+0,88	398	
	50m: 40.13 40.13	100m: 1:24.74	44.61					
3.	Beatriz Gameiro Matias	97	107287	Nucleo de Pombal	1:25.14	+0,83	392	
	50m: 39.50 39.50	100m: 1:25.14	45.64					
4.	Sofia Alexandra Reis	98	126041	FC Ferreiras	1:25.52	+0,98	387	
	50m: 40.39 40.39	100m: 1:25.52	45.13					
5.	Ana Luis Rodrigues	00	122578	Campinho	1:26.80	+0,99	370	
	50m: 40.65 40.65	100m: 1:26.80	46.15					
6.	Ana Joao Martins	00	121910	Sport de Mirandela	1:26.90	+0,87	369	
	50m: 41.68 41.68	100m: 1:26.90	45.22					
7.	Adriana Nogueira Mascarenha	01	124319	Naval Setubalense	1:27.47	+0,89	362	
	50m: 41.65 41.65	100m: 1:27.47	45.82					
8.	Mirjam Regina Altenburg	00	131608	BUZIOS-Coruche	1:30.53	+1,04	326	
	50m: 42.56 42.56	100m: 1:30.53	47.97					
9.	Ana Sofia Pascoal	00	131874	Atletico	1:30.96	+0,83	322	
	50m: 41.63 41.63	100m: 1:30.96	49.33					

Prova 17, Femin., 100m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Oriana Manuela Pinto	02	125787	Natacao da Guarda	1:31.04	+0,97	321	
	50m: 43.44 43.44		100m: 1:31.04	47.60				
11.	Ana Daniela Espingardeiro	02	122368	Naval Praia da Vitoria	1:31.31		318	
	50m: 41.79 41.79		100m: 1:31.31	49.52				
12.	Esther Garrido Gago	00	129642	Flavitus	1:36.23	+0,87	272	
	50m: 45.63 45.63		100m: 1:36.23	50.60				
13.	Maria Ines Monteiro	00	125638	O Crasto	1:36.62	+0,79	268	
	50m: 44.39 44.39		100m: 1:36.62	52.23				
14.	Ines Arraiolos Matos	03	124494	Scalabiswim	1:41.11	+0,93	234	
	50m: 48.32 48.32		100m: 1:41.11	52.79				
15.	Maria Joao Pires	02	124430	Natacao de Braganca	1:54.76	+0,90	160	
	50m: 52.76 52.76		100m: 1:54.76	1:02.00				

Prova 18
02-11-2014

Masc., 200m Bruços

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	25-11-2012
Recordes Nacionais 25m Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	13-07-2003
Recordes Nacionais 25m Inf A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	08-03-2009
Recordes Nacionais 25m Juv B	2:20.22	Andre Goncalo Santos	LSC	Braga	03-03-2012
Recordes Nacionais 25m Juv A	2:18.22	Andre Goncalo Santos	LSC	Felgueiras	08-03-2013
Recordes Nacionais 25m Jun17	2:16.77	Jose Guilherme Couto	SCP	Algés	18-03-1995
Recordes Nacionais 25m Jun18	2:14.00	Pedro Miguel Agostinho	SCP	Leiria	04-12-2009
Recordes Nacionais 25m Sen	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	25-11-2012

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Albano Viola	89	100421	Condeixa Clube	2:31.76	+0,72	502	22
	50m: 34.69 34.69		100m: 1:14.05	39.36	150m: 1:52.66	38.61	200m: 2:31.76	39.10
2.	Jose Pedro Lemos	99	117156	Sport de Mirandela	2:34.47	+0,74	476	20
	50m: 34.31 34.31		100m: 1:14.36	40.05	150m: 1:53.95	39.59	200m: 2:34.47	40.52
3.	Fabio Andre Madureira	90	15910	Penafiel	2:39.15	+0,72	435	19
	50m: 34.44 34.44		100m: 1:14.96	40.52	150m: 1:56.45	41.49	200m: 2:39.15	42.70
4.	Bernardo Jose Dionisio	99	123624	Gualdim Pais	2:39.77	+0,84	430	18
	50m: 35.91 35.91		100m: 1:17.28	41.37	150m: 1:59.46	42.18	200m: 2:39.77	40.31
5.	Artur Rafael Saramago	97	111949	BUZIOS-Coruche	2:40.72	+0,83	423	17
	50m: 36.18 36.18		100m: 1:17.00	40.82	150m: 1:58.76	41.76	200m: 2:40.72	41.96
6.	Joao Carlos Bastos	86	11257	Scalabiswim	2:41.70	+0,87	415	16
	50m: 38.00 38.00		100m: 1:19.77	41.77	150m: 2:00.27	40.50	200m: 2:41.70	41.43
7.	Miguel Aguiar Silva	99	121756	Campinho	2:42.19	+0,76	411	15
	50m: 35.97 35.97		100m: 1:19.05	43.08	150m: 2:02.44	43.39	200m: 2:42.19	39.75
8.	Leonardo Contreiras Jeronimo	00	117892	Nucleo de Pombal	2:44.36	+0,78	395	14
	50m: 36.70 36.70		100m: 1:18.88	42.18	150m: 2:01.37	42.49	200m: 2:44.36	42.99
9.	Lino Ricardo Oliveira	99	116866	Estamos Juntos	2:47.32	+0,77	375	13
	50m: 36.11 36.11		100m: 1:18.71	42.60	150m: 2:03.27	44.56	200m: 2:47.32	44.05
10.	Vasco Manuel Reis	00	129145	A Atletico	2:47.65	+0,82	372	12
	50m: 37.04 37.04		100m: 1:20.11	43.07	150m: 2:03.75	43.64	200m: 2:47.65	43.90
11.	Daniel Filipe Paiva	98	110265	Miranda do Corvo	2:49.98	+0,85	357	11
	50m: 37.22 37.22		100m: 1:19.48	42.26	150m: 2:03.63	44.15	200m: 2:49.98	46.35

Prova 18, Masc., 200m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Pedro Oliveira Tavares	01	117059	Natacao da Guarda	2:54.14	+0,89	332	10
	50m: 39.57 39.57		100m: 1:25.56 45.99	150m: 2:11.78 46.22	200m: 2:54.14 42.36			
13.	Goncalo Carvalho Ferrao	01	127233	Nautica do Seixal	2:54.98	+0,74	327	9
	50m: 37.49 37.49		100m: 1:22.23 44.74	150m: 2:09.04 46.81	200m: 2:54.98 45.94			
14.	Hugo Azurara Vieira	01	125011	Naval Povoense	2:57.19	+0,73	315	8
	50m: 40.65 40.65		100m: 1:25.42 44.77	150m: 2:11.74 46.32	200m: 2:57.19 45.45			
15.	Francisco Costa Nunes	02	121538	Salvaterra de Magos	2:59.16	+0,77	305	7
	50m: 39.12 39.12		100m: 1:24.59 45.47	150m: 2:12.50 47.91	200m: 2:59.16 46.66			
16.	Antonio Ferreira Rodrigues	98	125642	O Crasto	3:00.99	+0,76	296	6
	50m: 38.87 38.87		100m: 1:25.98 47.11	150m: 2:14.52 48.54	200m: 3:00.99 46.47			
17.	Tiago Quadros Cascalho	98	116790	Terceira Auto Clube	3:04.33		280	5
	50m: 40.69 40.69		100m: 1:26.84 46.15	150m: 2:14.75 47.91	200m: 3:04.33 49.58			
18.	Joao Francisco Dias	99	122556	Natacao de Braganca	3:07.90	+0,91	264	4
	50m: 41.26 41.26		100m: 1:28.90 47.64	150m: 2:18.92 50.02	200m: 3:07.90 48.98			
19.	Diogo Goncalves Ribeiro	01	120673	Naval Praia da Vitoria	3:14.50		238	3
	50m: 43.58 43.58		100m: 1:33.52 49.94	150m: 2:24.84 51.32	200m: 3:14.50 49.66			
20.	Tiago Jorge Soares	98	128508	Flavitus	3:18.22	+0,85	225	2
	50m: 41.41 41.41		100m: 1:28.13 46.72	150m: 2:21.81 53.68	200m: 3:18.22 56.41			

DSQ Artiom Radetchi 97 118875 FC Ferreiras
724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 7.6

Prova 19 Femin., 50m Livres Absolutos
02-11-2014 Resultados

Recordes Nacionais 25m Absoluto	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Inf B	28.89	Ana Margarida Guedes	GCVR	Vila Real	16-02-2013
Recordes Nacionais 25m Inf A	27.76	Ana Margarida Guedes	GCVR	Espinho	17-05-2014
Recordes Nacionais 25m Juv B	26.95	Beatriz Mendes Viegas	SANALG	Abrantes	12-04-2014
Recordes Nacionais 25m Juv A	26.91	Sofia Pavao Machado	CNPD	Ponta Delgada	02-05-2009
Recordes Nacionais 25m Jun16	26.14	Maria Carolina Rosa	SCP	S. António Cavaleiros	20-12-2009
Recordes Nacionais 25m Jun17	26.50	Ana Filipa Pardal	CNCVG	Tomar	10-12-2005
Recordes Nacionais 25m Sen	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Pugsley Ferreira	97	107414	FC Ferreiras	29.00	+0,86	514	
2.	Laura Barreto Magalhaes	98	118956	Condeixa Clube	29.57	+0,77	485	
3.	Rita Filipa Paulino	00	118462	Naval Setubalense	29.61	+0,78	483	
4.	Clara Simoes Alves	98	111472	Naval Praia da Vitoria	30.86		427	
5.	Beatriz Elisabete Pereira	97	132344	Nautica do Seixal	30.93	+0,80	424	
6.	Joana Rita Gouveia	87	10362	Nucleo de Pombal	31.17	+0,90	414	
7.	Maria Joao Pereira	98	118608	Sport de Mirandela	31.20	+0,81	413	
8.	Ana Luis Rodrigues	00	122578	Campinho	31.22	+1,00	412	
9.	Ines Fidalgo Teixeira	98	118604	Natacao de Braganca	33.21	+1,09	342	
10.	Mariana Lopes Cardoso	99	111466	Natacao da Guarda	35.21	+0,81	287	
11.	Barbara Sofia Claro	00	118109	BUZIOS-Coruche	35.52	+0,96	280	
12.	Sofia Mendes Teixeira	00	120683	Flavitus	35.76	+1,09	274	
13.	Leonor Vitoriano Marques	01	130304	Scalabiswim	36.58	+0,88	256	
14.	Sara Cristina Silva	96	125632	O Crasto	38.18	+0,87	225	
DSQ	Ana Carolina Miguel	01	131871	Atletico				

403 - Falsa partida - SW 4.4

Prova 20
02-11-2014

Masc., 100m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009
Recordes Nacionais 25m Inf B	57.40	Tiago Filipe Pereira	DNMG	Caldas da Rainha	11-07-2004
Recordes Nacionais 25m Inf A	54.93	Joao Cruz Castro	CSM	Funchal	12-04-2014
Recordes Nacionais 25m Juv B	52.59	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	13-12-2009
Recordes Nacionais 25m Juv A	50.82	Tiago Andre Venancio	CNS	Braga	23-03-2003
Recordes Nacionais 25m Jun17	49.87	Tiago Andre Venancio	CNS	estoril	14-02-2004
Recordes Nacionais 25m Jun18	48.38	Tiago Andre Venancio	CNS	Cantanhede	20-12-2004
Recordes Nacionais 25m Sen	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rui Ferreira Poeira	95	106850	Terceira Auto Clube	54.39		564	22
	50m: 26.27 26.27			100m: 54.39 28.12				
2.	Diogo Miguel Balsa	95	101098	BUZIOS-Coruche	55.71	+0,74	524	20
	50m: 26.75 26.75			100m: 55.71 28.96				
3.	Cristian Toma	98	121201	FC Ferreiras	56.10	+0,78	514	19
	50m: 26.64 26.64			100m: 56.10 29.46				
4.	Miguel Carlos Soares	92	121053	Naval Povoense	56.54	+0,82	502	18
	50m: 27.50 27.50			100m: 56.54 29.04				
	Francisco Jorge Rodrigues	99	109862	Natacao de Braganca	56.54	+0,87	502	18
	50m: 27.05 27.05			100m: 56.54 29.49				
6.	Frederico Antunes Silva	95	25578	Nautica do Seixal	57.07	+0,69	488	16
	50m: 27.11 27.11			100m: 57.07 29.96				
7.	Joao Soares Melo	98	121433	Estamos Juntos	57.18	+0,88	485	15
	50m: 27.44 27.44			100m: 57.18 29.74				
	Diogo Miguel Teixeira	97	117153	Sport de Mirandela	57.18	+0,72	485	15
	50m: 27.07 27.07			100m: 57.18 30.11				
9.	Daniel Silva Cristovao	96	14118	Naval Praia da Vitoria	57.90		467	13
	50m: 27.62 27.62			100m: 57.90 30.28				
10.	Joao Courelas Goncalves	97	107282	Nucleo de Pombal	58.04	+0,81	464	12
	50m: 27.49 27.49			100m: 58.04 30.55				
11.	Ivo Manuel Reis	93	129149	Atletico	58.11	+0,77	462	11
	50m: 28.00 28.00			100m: 58.11 30.11				
12.	Francisco Redol Dias	96	123392	Gualdim Pais	58.41	+0,74	455	10
	50m: 28.38 28.38			100m: 58.41 30.03				
13.	Telmo Pereira Braga	99	117462	Flavitus	58.69	+0,84	448	9
	50m: 27.79 27.79			100m: 58.69 30.90				
14.	Diogo Pano Menezes	98	119416	Condeixa Clube	58.87	+0,64	444	8
	50m: 28.15 28.15			100m: 58.87 30.72				
15.	Bruno Pinto Drumond	94	10957	Penafiel	59.88	+0,81	422	7
	50m: 27.94 27.94			100m: 59.88 31.94				
16.	Fabrice Almeida Monteiro	98	107764	Natacao da Guarda	1:00.05	+0,84	419	6
	50m: 28.28 28.28			100m: 1:00.05 31.77				
17.	Mario Ricardo Carvalho	98	118189	Salvaterra de Magos	1:01.00	+0,85	399	5
	50m: 29.39 29.39			100m: 1:01.00 31.61				
18.	Joao Pedro Valerio	97	102959	Miranda do Corvo	1:01.23	+0,79	395	4
	50m: 29.99 29.99			100m: 1:01.23 31.24				
19.	Nuno Alexandre Correia	94	104174	Campinho	1:01.73	+0,82	385	3
	50m: 29.13 29.13			100m: 1:01.73 32.60				
20.	Diogo Teixeira Mendes	01	130302	Scalabiswim	1:04.10	+0,71	344	2
	50m: 30.42 30.42			100m: 1:04.10 33.68				

Prova 20, Masc., 100m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Diogo Estevao Meneses	99	125645	O Crasto	1:07.06	+0,86	300	1
	50m: 31.72 31.72		100m: 1:07.06	35.34				

Prova 21
02-11-2014

Femin., 100m Costas

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	1:09.96	Ana Margarida Guedes	SARNN	Abrantes	13-04-2013
Recordes Nacionais 25m Inf A	1:05.36	Ines Camacho Fernandes	SCP	Tavira	05-03-2010
Recordes Nacionais 25m Juv B	1:02.96	Ines Camacho Fernandes	SCP	Alapraia	12-02-2011
Recordes Nacionais 25m Juv A	1:01.43	Ines Camacho Fernandes	SCP	Mealhada	17-12-2011
Recordes Nacionais 25m Jun16	1:01.55	Ines Camacho Fernandes	SCP	Porto	08-12-2013
Recordes Nacionais 25m Jun17	1:01.56	Ines Camacho Fernandes	SCP	Felgueiras	22-12-2013
Recordes Nacionais 25m Sen	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Patricia Palmeiro Baeta	00	112658	Scalabiswim	1:12.11	+0,73	449	
	50m: 35.13 35.13		100m: 1:12.11	36.98				
2.	Ines Gomes Rodrigues	00	118404	Naval Setubalense	1:14.31	+0,57	410	
	50m: 36.47 36.47		100m: 1:14.31	37.84				
3.	Ines Pereira Silva	02	128987	Condeixa Clube	1:15.40	+0,81	393	
	50m: 36.59 36.59		100m: 1:15.40	38.81				
4.	Rafaela Cunha Mendes	98	105852	Campinho	1:16.28	+0,78	379	
	50m: 37.50 37.50		100m: 1:16.28	38.78				
5.	Francisca Pugsley Ferreira	01	120130	FC Ferreiras	1:17.19	+0,64	366	
	50m: 37.37 37.37		100m: 1:17.19	39.82				
6.	Samanta Sara Gomes	98	117144	Sport de Mirandela	1:17.82	+0,68	357	
	50m: 38.74 38.74		100m: 1:17.82	39.08				
7.	Ana Daniela Espingardeiro	02	122368	Naval Praia da Vitoria	1:18.13		353	
	50m: 37.92 37.92		100m: 1:18.13	40.21				
8.	Barbara Daniela Quaresma	01	121162	Nautica do Seixal	1:19.67	+0,72	333	
	50m: 38.35 38.35		100m: 1:19.67	41.32				
9.	Mariana Jorge Duarte	97	110919	Nucleo de Pombal	1:19.77	+0,74	331	
	50m: 37.62 37.62		100m: 1:19.77	42.15				
10.	Claudia Alexandra Mendes	95	126614	Atletico	1:20.89	+0,78	318	
	50m: 39.27 39.27		100m: 1:20.89	41.62				
11.	Diana Isabel Pires	01	125723	Flavitus	1:24.11	+0,82	283	
	50m: 39.93 39.93		100m: 1:24.11	44.18				
12.	Beatriz Goncalves Mendes	01	118362	Natacao da Guarda	1:24.62	+1,07	278	
	50m: 40.12 40.12		100m: 1:24.62	44.50				
13.	Barbara Sofia Claro	00	118109	BUZIOS-Coruche	1:25.85	+0,91	266	
	50m: 41.48 41.48		100m: 1:25.85	44.37				
14.	Sara Cristina Silva	96	125632	O Crasto	1:40.94	+0,73	163	
	50m: 48.51 48.51		100m: 1:40.94	52.43				
15.	Filipa Inocencio Afonso	00	130727	Natacao de Braganca	2:06.60		83	
	50m: 58.43 58.43		100m: 2:06.60	1:08.17				

Prova 22
02-11-2014

Masc., 200m Costas

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	22-11-2012
Recordes Nacionais 25m Inf B	2:15.27	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	16-03-2013
Recordes Nacionais 25m Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	29-06-2012
Recordes Nacionais 25m Juv B	2:04.99	Joao Alexandre Vital	ADRCIMM	Alapraia	09-03-2013
Recordes Nacionais 25m Juv A	2:01.43	Diogo Gomes Sousa	CNCVG	Algés	04-06-2011
Recordes Nacionais 25m Jun17	1:59.34	Adriano Miguel Niz	CFV	Alges	16-05-2003
Recordes Nacionais 25m Jun18	1:58.37	Adriano Miguel Niz	CFV	Figueira da Foz	03-07-2004
Recordes Nacionais 25m Sen	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	22-11-2012

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ivo Andre Lopes	94	11728	Scalabiswim	2:12.93	+0,68	508	22
	50m: 32.17 32.17	100m: 1:06.43	34.26	150m: 1:39.47	33.04	200m: 2:12.93	33.46	
2.	Joao Jose Laranjeira	98	105936	Campinho	2:14.76	+0,76	488	20
	50m: 32.55 32.55	100m: 1:07.82	35.27	150m: 1:42.14	34.32	200m: 2:14.76	32.62	
3.	Nuno Andre Neves	97	120682	Estamos Juntos	2:16.71	+0,69	467	19
	50m: 32.27 32.27	100m: 1:07.28	35.01	150m: 1:42.52	35.24	200m: 2:16.71	34.19	
4.	Afonso Guilherme Rosa	99	103331	Gualdim Pais	2:19.19	+0,73	443	18
	50m: 32.91 32.91	100m: 1:08.24	35.33	150m: 1:43.90	35.66	200m: 2:19.19	35.29	
5.	Diogo Andre Catita	88	10640	Nautica do Seixal	2:23.33	+0,79	405	17
	50m: 32.36 32.36	100m: 1:07.78	35.42	150m: 1:45.28	37.50	200m: 2:23.33	38.05	
6.	Pedro Guilherme Ferreira	00	119408	Miranda do Corvo	2:24.08	+0,63	399	16
	50m: 34.71 34.71	100m: 1:11.84	37.13	150m: 1:48.34	36.50	200m: 2:24.08	35.74	
7.	Bernardo Gameiro Agapito	98	117573	FC Ferreiras	2:27.86	+0,68	369	15
	50m: 34.44 34.44	100m: 1:11.64	37.20	150m: 1:49.77	38.13	200m: 2:27.86	38.09	
8.	Tomas Jose Agostinho	99	118115	BUZIOS-Coruche	2:28.51	+0,75	364	14
	50m: 34.60 34.60	100m: 1:12.68	38.08	150m: 1:51.47	38.79	200m: 2:28.51	37.04	
9.	Hugo Rafael Montalvao	99	125096	Flavitus	2:29.43	+0,80	358	13
	50m: 35.35 35.35	100m: 1:13.29	37.94	150m: 1:51.98	38.69	200m: 2:29.43	37.45	
10.	Pedro Bernardo Araujo	00	118954	Condeixa Clube	2:30.44	+0,68	350	12
	50m: 34.22 34.22	100m: 1:12.46	38.24	150m: 1:52.35	39.89	200m: 2:30.44	38.09	
11.	Luis Miguel Verissimo	98	106305	Terceira Auto Clube	2:32.36		337	11
	50m: 34.77 34.77	100m: 1:12.12	37.35	150m: 1:51.84	39.72	200m: 2:32.36	40.52	
12.	Tomas Tavares Martins	01	120161	Sport de Mirandela	2:34.09	+0,56	326	10
	50m: 35.39 35.39	100m: 1:13.40	38.01	150m: 1:53.90	40.50	200m: 2:34.09	40.19	
13.	Joao Francisco Duarte	96	129150	Atletico	2:37.01	+0,74	308	9
	50m: 36.06 36.06	100m: 1:15.93	39.87	150m: 1:57.80	41.87	200m: 2:37.01	39.21	
14.	Albino David Almeida	99	125643	O Crasto	2:37.66	+0,79	304	8
	50m: 36.80 36.80	100m: 1:17.65	40.85	150m: 1:58.43	40.78	200m: 2:37.66	39.23	
15.	Rodrigo Pereira Damasio	99	118139	Salvaterra de Magos	2:39.66	+0,83	293	7
	50m: 36.89 36.89	100m: 1:17.17	40.28	150m: 1:58.77	41.60	200m: 2:39.66	40.89	
16.	Augusto Daniel Moreira	93	23490	Penafiel	2:40.27	+0,65	290	6
	50m: 35.56 35.56	100m: 1:16.10	40.54	150m: 1:58.46	42.36	200m: 2:40.27	41.81	
17.	Joao Courelas Goncalves	97	107282	Nucleo de Pombal	2:47.71	+0,70	253	5
	50m: 39.47 39.47	100m: 1:22.67	43.20	150m: 2:05.85	43.18	200m: 2:47.71	41.86	
18.	Henrique Maieiro Amorim	01	125010	Naval Povoense	2:47.85	+0,69	252	4
	50m: 38.61 38.61	100m: 1:21.22	42.61	150m: 2:05.79	44.57	200m: 2:47.85	42.06	
19.	Paulo Jorge Azevedo	99	125123	Naval Praia da Vitoria	2:49.70		244	3
	50m: 39.00 39.00	100m: 1:22.84	43.84	150m: 2:06.70	43.86	200m: 2:49.70	43.00	
20.	Jorge Miguel Branco	01	124433	Natacao de Braganca	2:54.42	+0,53	225	2
	50m: 40.78 40.78	100m: 1:25.90	45.12	150m: 2:11.20	45.30	200m: 2:54.42	43.22	

Prova 22, Masc., 200m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Simao Pedro Dias	02	124544	Natacao da Guarda	3:04.50	+0,63	190	1
	50m: 42.69 42.69	100m: 1:30.86	48.17	150m: 2:19.40	48.54	200m: 3:04.50	45.10	

Prova 23
02-11-2014

Femin., 400m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009
Recordes Nacionais 25m Inf B	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	13-06-2009
Recordes Nacionais 25m Inf A	4:25.30	Alexandra Maria Silva	FCP	Porto	19-07-1980
Recordes Nacionais 25m Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	15-05-2004
Recordes Nacionais 25m Juv A	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	20-12-2004
Recordes Nacionais 25m Jun16	4:18.68	Joana Filipa Santos	VSC	Guimarães	07-12-2008
Recordes Nacionais 25m Jun17	4:14.95	Joana Aguiar Rodrigues	FCP	Leiria	05-12-2009
Recordes Nacionais 25m Sen	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sara Kalinovicova Guerreiro	00	120967	FC Ferreiras	4:45.18	+0,86	556	
	50m: 32.71 32.71	150m: 1:44.00	35.84	250m: 2:56.43	36.20	350m: 4:09.47	36.64	
	100m: 1:08.16 35.45	200m: 2:20.23	36.23	300m: 3:32.83	36.40	400m: 4:45.18	35.71	
2.	Patricia Palmeiro Baeta	00	112658	Scalabiswim	4:48.17	+0,82	539	
	50m: 33.69 33.69	150m: 1:46.31	36.48	250m: 3:00.05	36.74	350m: 4:13.98	37.15	
	100m: 1:09.83 36.14	200m: 2:23.31	37.00	300m: 3:36.83	36.78	400m: 4:48.17	34.19	
3.	Marta Alexandra Saraiva	93	14641	Nautica do Seixal	4:53.52	+0,84	510	
	50m: 33.79 33.79	150m: 1:46.81	36.98	250m: 3:01.81	37.65	350m: 4:17.07	38.01	
	100m: 1:09.83 36.04	200m: 2:24.16	37.35	300m: 3:39.06	37.25	400m: 4:53.52	36.45	
4.	Beatriz Marques Ferreira	00	122579	Campinho	4:54.16	+0,87	506	
	50m: 32.77 32.77	150m: 1:46.06	37.21	250m: 3:02.06	38.61	350m: 4:17.53	37.86	
	100m: 1:08.85 36.08	200m: 2:23.45	37.39	300m: 3:39.67	37.61	400m: 4:54.16	36.63	
5.	Ana Carolina Mira	00	118779	Naval Setubalense	5:00.77	+0,89	474	
	50m: 32.27 32.27	150m: 1:46.11	37.29	250m: 3:04.97	39.50	350m: 4:23.47	39.28	
	100m: 1:08.82 36.55	200m: 2:25.47	39.36	300m: 3:44.19	39.22	400m: 5:00.77	37.30	
6.	Joana Filipa Silva	98	125636	O Crasto	5:07.13	+0,82	445	
	50m: 33.29 33.29	150m: 1:49.95	39.30	250m: 3:08.98	39.56	350m: 4:28.39	39.54	
	100m: 1:10.65 37.36	200m: 2:29.42	39.47	300m: 3:48.85	39.87	400m: 5:07.13	38.74	
7.	Isabel Catarino Cravo	98	107288	Nucleo de Pombal	5:17.62	+0,96	402	
	50m: 34.93 34.93	150m: 1:52.09	39.15	250m: 3:14.07	41.35	350m: 4:37.31	41.72	
	100m: 1:12.94 38.01	200m: 2:32.72	40.63	300m: 3:55.59	41.52	400m: 5:17.62	40.31	
8.	Adriana Robalo Garcia	00	120668	Naval Praia da Vitoria	5:18.43		399	
	50m: 36.41 36.41	150m: 1:57.06	40.80	250m: 3:18.60	41.01	350m: 4:40.26	40.70	
	100m: 1:16.26 39.85	200m: 2:37.59	40.53	300m: 3:59.56	40.96	400m: 5:18.43	38.17	
9.	Ines Manaia Correia	02	125614	Condeixa Clube	5:28.04	+0,75	365	
	50m: 35.65 35.65	150m: 1:58.59	42.18	250m: 3:23.59	42.50	350m: 4:47.86	42.08	
	100m: 1:16.41 40.76	200m: 2:41.09	42.50	300m: 4:05.78	42.19	400m: 5:28.04	40.18	
10.	Ines Sofia Alves	00	119912	Natacao da Guarda	5:39.98	+0,78	328	
	50m: 34.67 34.67	150m: 1:56.57	41.79	250m: 3:22.16	42.72	350m: 4:44.94	40.32	
	100m: 1:14.78 40.11	200m: 2:39.44	42.87	300m: 4:04.62	42.46	400m: 5:39.98	55.04	
11.	Bruna Ferreira Sequeira	00	120158	Sport de Mirandela	5:44.58	+0,98	315	
	50m: 35.63 35.63	150m: 2:00.16	43.49	250m: 3:29.89	45.43	350m: 5:01.21	45.80	
	100m: 1:16.67 41.04	200m: 2:44.46	44.30	300m: 4:15.41	45.52	400m: 5:44.58	43.37	
12.	Andreia Sofia Mendes	98	130426	Atletico	5:46.05	+0,86	311	
	50m: 37.50 37.50	150m: 2:03.48	43.20	250m: 3:35.09	45.81	350m: 5:05.11	44.37	
	100m: 1:20.28 42.78	200m: 2:49.28	45.80	300m: 4:20.74	45.65	400m: 5:46.05	40.94	

Prova 23, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Sofia Margarida Clemente	98	112098	BUZIOS-Coruche	5:52.73	+0,91	293	
	50m: 38.99 38.99		150m: 2:07.40 44.71	250m: 3:37.88 45.09	350m: 5:09.41 46.21			
	100m: 1:22.69 43.70		200m: 2:52.79 45.39	300m: 4:23.20 45.32	400m: 5:52.73 43.32			
14.	Maria Joao Pires	02	124430	Natacao de Braganca	6:41.93	+0,94	198	
	50m: 43.79 43.79		150m: 2:25.24 51.32	250m: 4:05.92 50.14	350m: 5:46.79 49.77			
	100m: 1:33.92 50.13		200m: 3:15.78 50.54	300m: 4:57.02 51.10	400m: 6:41.93 55.14			
15.	Ana Margarida Santos	00	128257	Flavitus	7:19.89	+1,01	151	
	50m: 49.69 49.69		150m: 2:40.73 55.27	250m: 4:30.45 54.90	350m: 6:23.92 57.70			
	100m: 1:45.46 55.77		200m: 3:35.55 54.82	300m: 5:26.22 55.77	400m: 7:19.89 55.97			

Prova 24
02-11-2014

Masc., 200m Estilos

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009
Recordes Nacionais 25m Inf B	2:17.96	Andre Vilas Ruivo	DNMG	Nazaré	02-06-2013
Recordes Nacionais 25m Inf A	2:13.38	Tomas Miguel Freitas	CDN	Funchal	17-07-2004
Recordes Nacionais 25m Juv B	2:08.27	Diogo Filipe Carvalho	CGA	Fafe	10-05-2003
Recordes Nacionais 25m Juv A	2:05.34	Diogo Filipe Carvalho	CGA	Aveiro	15-05-2004
Recordes Nacionais 25m Jun17	2:02.96	Diogo Filipe Carvalho	CGA	Mealhada	06-03-2005
Recordes Nacionais 25m Jun18	2:00.80	Diogo Filipe Carvalho	CGA	Alapraia	11-02-2005
Recordes Nacionais 25m Sen	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009

Pontos: FINA 2014

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Luis Maria Rosa	91	25532	Atletico	2:18.89	+0,76	491	22
	50m: 29.02 29.02		100m: 1:05.18 36.16	150m: 1:46.45 41.27	200m: 2:18.89 32.44			
2.	Joao Luis Maximo	98	125641	O Crasto	2:19.41	+0,70	486	20
	50m: 30.34 30.34		100m: 1:06.01 35.67	150m: 1:46.46 40.45	200m: 2:19.41 32.95			
3.	Artur Rafael Saramago	97	111949	BUZIOS-Coruche	2:24.35	+0,92	438	19
	50m: 29.95 29.95		100m: 1:09.03 39.08	150m: 1:49.96 40.93	200m: 2:24.35 34.39			
4.	Leonardo Contreiras Jeronimo	00	117892	Nucleo de Pombal	2:24.72	+0,75	434	18
	50m: 31.15 31.15		100m: 1:08.82 37.67	150m: 1:51.43 42.61	200m: 2:24.72 33.29			
5.	Diogo Panao Menezes	98	119416	Condeixa Clube	2:25.32	+0,63	429	17
	50m: 30.63 30.63		100m: 1:10.09 39.46	150m: 1:53.39 43.30	200m: 2:25.32 31.93			
6.	Rodrigo Martins Gomes	98	121195	FC Ferreiras	2:25.40	+0,85	428	16
	50m: 31.38 31.38		100m: 1:09.23 37.85	150m: 1:53.24 44.01	200m: 2:25.40 32.16			
7.	Joao Pedro Gomes	99	109733	Miranda do Corvo	2:25.76	+0,79	425	15
	50m: 31.70 31.70		100m: 1:08.44 36.74	150m: 1:52.97 44.53	200m: 2:25.76 32.79			
8.	Joao Carlos Bastos	86	11257	Scalabiswim	2:26.34	+0,94	420	14
	50m: 32.75 32.75		100m: 1:11.80 39.05	150m: 1:52.27 40.47	200m: 2:26.34 34.07			
9.	Miguel Serrao Santos	00	117091	Salvaterra de Magos	2:26.58	+0,71	418	13
	50m: 31.58 31.58		100m: 1:10.68 39.10	150m: 1:54.57 43.89	200m: 2:26.58 32.01			
10.	Paulo Filipe Almeida	99	110575	Estamos Juntos	2:27.65	+0,87	409	12
	50m: 30.49 30.49		100m: 1:07.03 36.54	150m: 1:53.76 46.73	200m: 2:27.65 33.89			
11.	Goncalo Faria Saldida	99	116645	Gualdim Pais	2:28.76	+0,75	400	11
	50m: 32.91 32.91		100m: 1:10.35 37.44	150m: 1:54.94 44.59	200m: 2:28.76 33.82			
12.	Uriel Jorge Mateus	88	10641	Nautica do Seixal	2:29.55	+0,80	393	10
	50m: 29.74 29.74		100m: 1:09.47 39.73	150m: 1:52.64 43.17	200m: 2:29.55 36.91			
13.	Miguel Aguiar Silva	99	121756	Campinho	2:35.18	+0,74	352	9
	50m: 33.45 33.45		100m: 1:20.29 46.84	150m: 2:01.32 41.03	200m: 2:35.18 33.86			

Prova 24, Masc., 200m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Pedro Pereira Calvao	00	120684	Flavitus	2:38.69	+0,81	329	8
	50m: 31.33 31.33		100m: 1:13.57 42.24	150m: 2:02.13 48.56	200m: 2:38.69 36.56			
15.	Joao Paulo Pacheco	98	121342	Penafiel	2:39.26	+0,99	326	7
	50m: 31.26 31.26		100m: 1:11.70 40.44	150m: 2:01.85 50.15	200m: 2:39.26 37.41			
16.	Francisco Quadros Cascalho	97	116792	Terceira Auto Clube	2:40.28		320	6
	50m: 31.13 31.13		100m: 1:12.74 41.61	150m: 2:04.72 51.98	200m: 2:40.28 35.56			
17.	Marco Antonio Costa	02	121638	Natacao da Guarda	2:44.07	+0,81	298	5
	50m: 37.02 37.02		100m: 1:20.44 43.42	150m: 2:08.27 47.83	200m: 2:44.07 35.80			
18.	Hugo Azurara Vieira	01	125011	Naval Povoense	2:45.13	+0,79	292	4
	50m: 39.69 39.69		100m: 1:22.66 42.97	150m: 2:08.14 45.48	200m: 2:45.13 36.99			
19.	Joao Carlos Rebelo	01	118602	Natacao de Braganca	2:46.99	+0,72	282	3
	50m: 34.43 34.43		100m: 1:16.86 42.43	150m: 2:08.52 51.66	200m: 2:46.99 38.47			
20.	Diogo Goncalves Ribeiro	01	120673	Naval Praia da Vitoria	3:03.64		212	2
	50m: 42.39 42.39		100m: 1:32.06 49.67	150m: 2:24.30 52.24	200m: 3:03.64 39.34			
DSQ	Francisco Joao Pires	00	117158	Sport de Mirandela				
	609 - Não terminou percurso de costas na posição dorsal - SW 6.5							

Prova 25
02-11-2014

Femin., 4 x 100m Livres

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
Recordes Nacionais 25m Inf B	4:28.19	Grupo Desp. Natacao V. N. Famalic	GDVNF	Ponte da Barca	07-03-2010
Recordes Nacionais 25m Inf	4:14.93	tempo limite			
Recordes Nacionais 25m Inf A	4:14.93	Clube Desportivo Nacional	CDN	Funchal	25-07-2013
Recordes Nacionais 25m Juv B	4:08.36	Sporting Clube de Portugal	SCP	Guimarães	10-03-2002
Recordes Nacionais 25m Juv	4:08.36	tempo limite			
Recordes Nacionais 25m Juv A	4:08.36	tempo limite			
Recordes Nacionais 25m Jun	3:56.01	Sporting Clube de Portugal	SCP	Leiria	06-12-2009
Recordes Nacionais 25m Sen	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Naval Setubalense		Naval Setubalense	4:23.42	+0,77	493	
	+0,77 31.47	1:05.15 Mafalda Sofia Dias		+0,46 30.66	1:05.24	
	+0,58 32.90	1:08.70 Ana Carolina Mira		+0,36 30.76	1:04.33	
2. FC Ferreiras		FC Ferreiras	4:25.91	+0,92	480	
	+0,92 33.26	1:09.76 Francisca Pugsley Ferreira		+0,64 33.48	1:10.95	
	+0,65 30.21	1:02.98 Ines Pugsley Ferreira		+0,57 29.67	1:02.22	
3. Condeixa Clube		Condeixa Clube	4:28.44		466	
	30.22	1:03.30 Ines Manaia Correia		+0,35 33.95	1:11.63	
	+0,66 32.49	1:07.81 Laura Barreto Magalhaes		+0,62 30.51	1:05.70	
4. Nautica do Seixal		Nautica do Seixal	4:30.22	+0,89	457	
	+0,89 31.47	1:05.39 Beatriz Elisabete Pereira		+0,50 31.50	1:07.95	
	+0,63 33.82	1:11.94 Marta Alexandra Saraiva		+0,49 32.00	1:04.94	
5. Nucleo de Pombal		Nucleo de Pombal	4:33.87	+0,91	439	
	+0,91 32.08	1:08.34 Beatriz Gameiro Matias		+0,43 32.63	1:09.11	
	+0,48 32.68	1:10.30 Isabel Catarino Cravo		+0,63 31.42	1:06.12	
6. Campinho		Campinho	4:34.07	+0,88	438	
	+0,88 32.59	1:07.41 Rafaela Cunha Mendes		+0,21 32.27	1:07.28	
	+0,53 34.01	1:12.06 Ana Luis Rodrigues		+0,62 31.62	1:07.32	
7. Naval Praia da Vitoria		Naval Praia da Vitoria	4:38.38	+0,61	418	
	+0,61 32.61	1:11.17 Ana Beatriz Costa		+0,01 32.70	1:10.20	
	+0,11 31.73	1:06.63 Ana Daniela Espingardeiro		+0,42 33.56	1:10.38	

Prova 25, Femin., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8. Natacao da Guarda		Natacao da Guarda	4:48.22	+0,87	377	
	+0,87	Ines Sofia Alves	1:11.57	+0,63	32.83	1:11.33
	+0,55	Mariana Lopes Cardoso	1:20.12	+0,43	30.80	1:05.20
9. Sport de Mirandela		Sport de Mirandela	4:49.44	+0,76	372	
	+0,76	Maria Ines Lemos	1:12.54	+0,69	34.97	1:13.47
	+0,61	Maria Joao Pereira	1:09.93	+0,72	34.90	1:13.50
10. Scalabiswim		Scalabiswim	4:49.65	+0,83	371	
	+0,83	Patricia Palmeiro Baeta	1:04.79	+0,55	30.50	1:03.48
	+0,63	Ines Arraiolos Matos	1:21.07	+0,80	38.92	1:20.31
11. O Crasto		O Crasto	4:51.95	+0,77	362	
	+0,77	Ana Margarida Monteiro	1:07.50	+0,44	31.46	1:07.08
	+0,48	Maria Ines Monteiro	1:14.06	+0,35	39.82	1:23.31
12. BUZIOS-Coruche		BUZIOS-Coruche	4:57.70	+0,95	342	
	+0,95	Carolina Luis Amaral	1:08.59	+0,63	34.66	1:13.73
	+0,83	Mirjam Regina Altenburg	1:19.54	+0,55	36.04	1:15.84
13. Atletico		Atletico	4:59.70	+0,76	335	
	+0,76	Ana Sofia Pascoal	1:12.02	+0,20	35.87	1:13.81
	+0,34	Ana Carolina Miguel	1:22.84	+0,07	33.88	1:11.03
14. Flavitus		Flavitus	5:21.03	+1,12	272	
	+1,12	Maria Ines Mendes	1:15.05	+0,61	39.22	1:24.91
	+0,53	Esther Garrido Gago	1:21.45	+0,37	37.27	1:19.62
15. Natacao de Braganca		Natacao de Braganca	5:31.11		248	
		Rafaela Augusta Barata	1:10.26	+0,56	36.51	1:17.36
	+0,60	Filipa Inocencio Afonso	1:48.86	+0,69	36.11	1:14.63

Prova 26
02-11-2014

Masc., 4 x 100m Estilos

Absolutos
Resultados

Recordes Nacionais 25m Absoluto	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Recordes Nacionais 25m Inf B	4:35.54	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Porto	17-03-2013
Recordes Nacionais 25m Inf	4:12.50	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Cantanhede	30-03-2014
Recordes Nacionais 25m Inf A	4:12.50	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Cantanhede	30-03-2014
Recordes Nacionais 25m Juv B	4:09.04	Futebol Clube do Porto	FCP	Braga	03-03-2012
Recordes Nacionais 25m Juv	3:59.81	Sporting Clube de Braga	SCB	Ponte da Barca	06-07-2014
Recordes Nacionais 25m Juv A	4:01.13	Sport Alges e Dafundo	SAD	Tomar	15-12-2013
Recordes Nacionais 25m Jun	3:51.87	Soc. Filarm. Uniao Artistica Piedens	SFUAP	Mealhada	24-03-2000
Recordes Nacionais 25m Sen	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009

Pontos: FINA 2014

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Gualdim Pais		Gualdim Pais	4:20.05	+0,70	449	22
	+0,70	Afonso Guilherme Rosa	1:03.84	+0,74	28.32	1:06.31
	+0,69	Bernardo Jose Dionisio	1:11.80	+0,71	28.12	58.10
2. Estamos Juntos		Estamos Juntos	4:20.78	+0,65	445	20
	+0,65	Nuno Andre Neves	1:02.67	+0,48	30.63	1:05.61
	+0,49	Lino Ricardo Oliveira	1:16.22	+0,63	27.03	56.28
3. Penafiel		Penafiel	4:22.01	+0,65	439	19
	+0,65	Augusto Daniel Moreira	1:10.46	+0,26	28.98	1:02.48
	+0,38	Fabio Andre Madureira	1:09.62	+0,17	27.70	59.45
4. Condeixa Clube		Condeixa Clube	4:24.03	+0,65	429	18
	+0,65	Pedro Bernardo Araujo	1:10.16	+0,58	32.07	1:08.02
	+0,55	Joao Albano Viola	1:07.09	+0,34	27.83	58.76

Prova 26, Masc., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5. Scalabiswim		Scalabiswim	4:26.55	+0,69	417	17
Ivo Andre Lopes	+0,69	29.31	1:00.64	29.80	1:03.86	
Joao Carlos Bastos	+0,43	35.38	1:16.83	31.05	1:05.22	
6. FC Ferreiras		FC Ferreiras	4:26.70	+0,76	416	16
Bernardo Gameiro Agapito	+0,76	33.43	1:09.17	30.62	1:07.08	
Artiom Radetchi	+0,24	34.97	1:14.98	26.44	55.47	
7. Nautica do Seixal		Nautica do Seixal	4:27.04	+0,72	414	15
Fabio Aleixo Fernandes	+0,72	32.56	1:06.82	28.44	1:05.04	
Goncalo Carvalho Ferrao	+0,53	36.65	1:18.87	24.19	56.31	
8. Atletico		Atletico	4:27.61	+0,65	412	14
Luis Maria Rosa	+0,65	31.73	1:05.08	29.71	1:06.78	
Vasco Manuel Reis	+0,25	36.08	1:18.95	27.15	56.80	
9. Miranda do Corvo		Miranda do Corvo	4:31.60	+0,62	394	13
Pedro Guilherme Ferreira	+0,62	33.54	1:07.89	30.90	1:05.51	
Daniel Filipe Paiva	+0,41	36.30	1:18.09	27.72	1:00.11	
10. Nucleo de Pombal		Nucleo de Pombal	4:34.57	+0,63	381	12
Joao Courelas Goncalves	+0,63	33.10	1:09.43	30.96	1:06.53	
Ricardo Contreiras Jeronimo	+0,46	34.35	1:15.28	30.38	1:03.33	
11. Terceira Auto Clube		Terceira Auto Clube	4:36.19		374	11
Luis Miguel Verissimo		34.46	1:11.41	27.23	1:00.22	
Tiago Quadros Cascalho	+0,51	38.83	1:24.83	28.10	59.73	
12. BUZIOS-Coruche		BUZIOS-Coruche	4:36.85	+0,78	372	10
Diogo Miguel Balsa	+0,78	31.48	1:04.03	30.51	1:05.64	
Jose Carlos Burecas	+0,61	36.69	1:18.31	30.79	1:08.87	
Sport de Mirandela		Sport de Mirandela	4:36.85	+0,58	372	10
Manuel Machado Cacador	+0,58	35.56	1:12.99	34.34	1:12.98	
Jose Pedro Lemos	+0,52	33.57	1:11.87	28.80	59.01	
14. Naval Povoense		Naval Povoense	4:41.00	+0,72	356	8
Henrique Maieiro Amorim	+0,72	38.28	1:19.26	27.20	59.50	
Hugo Azurara Vieira	+0,59	41.30	1:25.33	27.38	56.91	
15. Campinho		Campinho	4:42.45	+0,65	350	7
Joao Jose Laranjeira	+0,65	29.86	1:01.16	36.64	1:26.13	
Miguel Aguiar Silva	+0,59	34.37	1:13.95	28.19	1:01.21	
16. Salvaterra de Magos		Salvaterra de Magos	4:45.69	+0,84	338	6
Rodrigo Pereira Damasio	+0,84	35.62	1:13.32	31.32	1:07.22	
Francisco Costa Nunes	+0,53	38.72	1:24.70	29.39	1:00.45	
17. Flavitus		Flavitus	4:47.23	+0,64	333	5
Hugo Rafael Montalvao	+0,64	33.74	1:09.63	33.67	1:17.10	
Telmo Pereira Braga	+0,64	37.11	1:18.82	29.35	1:01.68	
18. Naval Praia da Vitoria		Naval Praia da Vitoria	5:06.01		275	4
Paulo Jorge Azevedo		38.23	1:19.64	28.84	1:03.85	
Diogo Goncalves Ribeiro	+0,31	43.13	1:31.13	33.87	1:11.39	
19. Natacao da Guarda		Natacao da Guarda	5:15.67	+0,66	251	3
Simao Pedro Dias	+0,66	42.04	1:27.11	39.20	1:25.09	
Pedro Oliveira Tavares	+0,83	38.24	1:22.06	28.84	1:01.41	
20. O Crasto		O Crasto	5:33.12	+0,68	213	2
Miguel Pedro Ramos	+0,68	41.62	1:27.61	31.28	1:07.60	
Rafael Silva Capela	+0,62	45.93	1:39.07	37.39	1:18.84	
DSQ Natacao de Braganca		Natacao de Braganca				
614 - Nadador aos 75 m após terminar movimento contínuo de braços não iniciou viragem - SW 6.4						
Francisco Jorge Rodrigues	+0,69	31.99	1:04.97			
Joao Francisco Dias	+0,59			+0,50		