

Prova 1  
01-11-2014

Femin., 800m Livres

Absolutos  
Resultados

|                                 |         |                        |       |               |            |
|---------------------------------|---------|------------------------|-------|---------------|------------|
| Recordes Nacionais 25m Absoluto | 8:41.65 | Angelica Maria Andre   | LSC   | Porto         | 09-12-2012 |
| Recordes Nacionais 25m Inf B    | 9:33.95 | Filipa Vilas Ruivo     | DNMG  | Nazaré        | 16-05-2009 |
| Recordes Nacionais 25m Inf A    | 9:03.90 | Alexandra Maria Silva  | FCP   | Porto         | 13-07-1980 |
| Recordes Nacionais 25m Juv B    | 9:00.27 | Alexandra Maria Silva  | FCP   | Antibes (FRA) | 20-12-1980 |
| Recordes Nacionais 25m Juv A    | 8:46.74 | Ana Claudia Santos     | SFUAP | Cantanhede    | 19-12-2004 |
| Recordes Nacionais 25m Jun16    | 8:52.24 | Ana Feio Alegria       | SCB   | Algés         | 26-02-1993 |
| Recordes Nacionais 25m Jun17    | 8:45.91 | Marta Andreia Ferreira | FPN   | Riesa (GER)   | 12-12-2002 |
| Recordes Nacionais 25m Sen      | 8:41.65 | Angelica Maria Andre   | LSC   | Porto         | 09-12-2012 |

Pontos: FINA 2014

| Lugar | Nome                      | Ano | NFed   | Clube                  | Tempo Final         | TReac                | Pts FINA   | Pts |
|-------|---------------------------|-----|--------|------------------------|---------------------|----------------------|------------|-----|
| 1.    | Maria Beatriz Dias        | 99  | 108045 | Scalabiswim            | <b>9:32.33</b>      | <b>+0,79</b>         | <b>587</b> |     |
|       | 50m: 32.87 32.87          |     |        | 250m: 2:52.56 35.43    | 450m: 5:16.80 36.44 | 650m: 7:43.64 36.69  |            |     |
|       | 100m: 1:07.34 34.47       |     |        | 300m: 3:28.22 35.66    | 500m: 5:53.37 36.57 | 700m: 8:20.34 36.70  |            |     |
|       | 150m: 1:42.18 34.84       |     |        | 350m: 4:04.15 35.93    | 550m: 6:30.15 36.78 | 750m: 8:57.27 36.93  |            |     |
|       | 200m: 2:17.13 34.95       |     |        | 400m: 4:40.36 36.21    | 600m: 7:06.95 36.80 | 800m: 9:32.33 35.06  |            |     |
| 2.    | Sara Kalinicova Guerreiro | 00  | 120967 | FC Ferreiras           | <b>9:41.20</b>      | <b>+0,90</b>         | <b>560</b> |     |
|       | 50m: 32.90 32.90          |     |        | 250m: 2:57.33 36.58    | 450m: 5:24.13 36.31 | 650m: 7:51.64 36.94  |            |     |
|       | 100m: 1:08.52 35.62       |     |        | 300m: 3:34.19 36.86    | 500m: 6:00.85 36.72 | 700m: 8:20.34 37.11  |            |     |
|       | 150m: 1:44.54 36.02       |     |        | 350m: 4:10.95 36.76    | 550m: 6:37.85 37.00 | 750m: 9:05.43 36.68  |            |     |
|       | 200m: 2:20.75 36.21       |     |        | 400m: 4:47.82 36.87    | 600m: 7:14.70 36.85 | 800m: 9:41.20 35.77  |            |     |
| 3.    | Marta Alexandra Saraiva   | 93  | 14641  | Nautica do Seixal      | <b>10:01.97</b>     | <b>+0,86</b>         | <b>504</b> |     |
|       | 50m: 33.37 33.37          |     |        | 250m: 3:01.73 37.75    | 450m: 5:33.93 37.89 | 650m: 8:07.88 38.34  |            |     |
|       | 100m: 1:09.10 35.73       |     |        | 300m: 3:39.98 38.25    | 500m: 6:12.19 38.26 | 700m: 8:45.97 38.09  |            |     |
|       | 150m: 1:46.31 37.21       |     |        | 350m: 4:18.06 38.08    | 550m: 6:50.94 38.75 | 750m: 9:24.14 38.17  |            |     |
|       | 200m: 2:23.98 37.67       |     |        | 400m: 4:56.04 37.98    | 600m: 7:29.54 38.60 | 800m: 10:01.97 37.83 |            |     |
| 4.    | Beatriz Marques Ferreira  | 00  | 122579 | Campinho               | <b>10:03.69</b>     | <b>+0,89</b>         | <b>500</b> |     |
|       | 50m: 33.62 33.62          |     |        | 250m: 3:03.12 37.84    | 450m: 5:35.51 38.78 | 650m: 8:10.10 38.79  |            |     |
|       | 100m: 1:10.33 36.71       |     |        | 300m: 3:41.00 37.88    | 500m: 6:14.33 38.82 | 700m: 8:48.32 38.22  |            |     |
|       | 150m: 1:47.53 37.20       |     |        | 350m: 4:18.85 37.85    | 550m: 6:52.88 38.55 | 750m: 9:26.82 38.50  |            |     |
|       | 200m: 2:25.28 37.75       |     |        | 400m: 4:56.73 37.88    | 600m: 7:31.31 38.43 | 800m: 10:03.69 36.87 |            |     |
| 5.    | Rita Filipa Paulino       | 00  | 118462 | Naval Setubalense      | <b>10:19.30</b>     | <b>+0,81</b>         | <b>463</b> |     |
|       | 50m: 33.97 33.97          |     |        | 250m: 3:06.32 38.89    | 450m: 5:44.56 39.33 | 650m: 8:24.91 40.02  |            |     |
|       | 100m: 1:11.55 37.58       |     |        | 300m: 3:45.87 39.55    | 500m: 6:24.45 39.89 | 700m: 9:04.89 39.98  |            |     |
|       | 150m: 1:49.16 37.61       |     |        | 350m: 4:25.62 39.75    | 550m: 7:04.36 39.91 | 750m: 9:43.86 38.97  |            |     |
|       | 200m: 2:27.43 38.27       |     |        | 400m: 5:05.23 39.61    | 600m: 7:44.89 40.53 | 800m: 10:19.30 35.44 |            |     |
| 6.    | Joana Filipa Silva        | 98  | 125636 | O Crasto               | <b>10:25.92</b>     | <b>+0,80</b>         | <b>449</b> |     |
|       | 50m: 33.91 33.91          |     |        | 250m: 3:07.57 39.27    | 450m: 5:46.36 39.64 | 650m: 8:27.06 40.27  |            |     |
|       | 100m: 1:11.38 37.47       |     |        | 300m: 3:46.85 39.28    | 500m: 6:26.18 39.82 | 700m: 9:07.44 40.38  |            |     |
|       | 150m: 1:49.50 38.12       |     |        | 350m: 4:26.57 39.72    | 550m: 7:06.31 40.13 | 750m: 9:47.26 39.82  |            |     |
|       | 200m: 2:28.30 38.80       |     |        | 400m: 5:06.72 40.15    | 600m: 7:46.79 40.48 | 800m: 10:25.92 38.66 |            |     |
| 7.    | Adriana Robalo Garcia     | 00  | 120668 | Naval Praia da Vitoria | <b>10:50.91</b>     | <b>+0,87</b>         | <b>399</b> |     |
|       | 50m: 36.93 36.93          |     |        | 250m: 3:20.25 40.56    | 450m: 6:05.28 41.45 | 650m: 8:50.44 41.95  |            |     |
|       | 100m: 1:17.60 40.67       |     |        | 300m: 4:01.18 40.93    | 500m: 6:46.19 40.91 | 700m: 9:30.61 40.17  |            |     |
|       | 150m: 1:58.41 40.81       |     |        | 350m: 4:42.90 41.72    | 550m: 7:26.95 40.76 | 750m: 10:11.78 41.17 |            |     |
|       | 200m: 2:39.69 41.28       |     |        | 400m: 5:23.83 40.93    | 600m: 8:08.49 41.54 | 800m: 10:50.91 39.13 |            |     |
| 8.    | Mariana Jorge Duarte      | 97  | 110919 | Nucleo de Pombal       | <b>11:06.19</b>     | <b>+0,95</b>         | <b>372</b> |     |
|       | 50m: 34.68 34.68          |     |        | 250m: 3:16.45 42.00    | 450m: 6:06.56 43.02 | 650m: 8:59.48 42.93  |            |     |
|       | 100m: 1:13.63 38.95       |     |        | 300m: 3:58.15 41.70    | 500m: 6:49.82 43.26 | 700m: 9:42.54 43.06  |            |     |
|       | 150m: 1:53.70 40.07       |     |        | 350m: 4:40.71 42.56    | 550m: 7:32.91 43.09 | 750m: 10:24.75 42.21 |            |     |
|       | 200m: 2:34.45 40.75       |     |        | 400m: 5:23.54 42.83    | 600m: 8:16.55 43.64 | 800m: 11:06.19 41.44 |            |     |
| 9.    | Ines Manaia Correia       | 02  | 125614 | Condeixa Clube         | <b>11:06.58</b>     | <b>+0,77</b>         | <b>371</b> |     |
|       | 50m: 36.39 36.39          |     |        | 250m: 3:24.25 42.11    | 450m: 6:14.24 43.19 | 650m: 9:04.92 42.25  |            |     |
|       | 100m: 1:17.28 40.89       |     |        | 300m: 4:06.39 42.14    | 500m: 6:57.43 43.19 | 700m: 9:47.73 42.81  |            |     |
|       | 150m: 1:59.73 42.45       |     |        | 350m: 4:48.54 42.15    | 550m: 7:40.28 42.85 | 750m: 10:29.10 41.37 |            |     |
|       | 200m: 2:42.14 42.41       |     |        | 400m: 5:31.05 42.51    | 600m: 8:22.67 42.39 | 800m: 11:06.58 37.48 |            |     |

Prova 1, Femin., 800m Livres, Absolutos

| Lugar | Nome                     | Ano           | NFed   | Clube               | Tempo Final     | TReac          | Pts FINA | Pts |
|-------|--------------------------|---------------|--------|---------------------|-----------------|----------------|----------|-----|
| 10.   | Ines Sofia Alves         | 00            | 119912 | Natacao da Guarda   | <b>11:32.16</b> | +0,88          | 332      |     |
|       | 50m: 35.94 35.94         | 250m: 3:22.05 | 42.89  | 450m: 6:22.06       | 45.47           | 650m: 9:22.36  | 45.36    |     |
|       | 100m: 1:16.59 40.65      | 300m: 4:05.87 | 43.82  | 500m: 7:07.19       | 45.13           | 700m: 10:06.78 | 44.42    |     |
|       | 150m: 1:57.47 40.88      | 350m: 4:50.91 | 45.04  | 550m: 7:52.18       | 44.99           | 750m: 10:51.66 | 44.88    |     |
|       | 200m: 2:39.16 41.69      | 400m: 5:36.59 | 45.68  | 600m: 8:37.00       | 44.82           | 800m: 11:32.16 | 40.50    |     |
| 11.   | Rafaela Augusta Barata   | 98            | 122551 | Natacao de Braganca | <b>11:32.88</b> | +0,89          | 331      |     |
|       | 50m: 35.63 35.63         | 250m: 3:28.82 | 45.39  | 450m: 6:27.96       | 45.01           | 650m: 9:26.11  | 44.86    |     |
|       | 100m: 1:16.56 40.93      | 300m: 4:13.33 | 44.51  | 500m: 7:11.69       | 43.73           | 700m: 10:10.48 | 44.37    |     |
|       | 150m: 1:59.30 42.74      | 350m: 4:57.96 | 44.63  | 550m: 7:56.10       | 44.41           | 750m: 10:54.16 | 43.68    |     |
|       | 200m: 2:43.43 44.13      | 400m: 5:42.95 | 44.99  | 600m: 8:41.25       | 45.15           | 800m: 11:32.88 | 38.72    |     |
| 12.   | Maria Ines Mendes        | 01            | 125773 | Flavitus            | <b>11:51.65</b> | +1,16          | 305      |     |
|       | 50m: 38.04 38.04         | 250m: 3:32.38 | 44.77  | 450m: 6:35.22       | 46.03           | 650m: 9:40.41  | 45.92    |     |
|       | 100m: 1:19.73 41.69      | 300m: 4:17.45 | 45.07  | 500m: 7:21.47       | 46.25           | 700m: 10:25.75 | 45.34    |     |
|       | 150m: 2:03.03 43.30      | 350m: 5:03.21 | 45.76  | 550m: 8:08.20       | 46.73           | 750m: 11:10.82 | 45.07    |     |
|       | 200m: 2:47.61 44.58      | 400m: 5:49.19 | 45.98  | 600m: 8:54.49       | 46.29           | 800m: 11:51.65 | 40.83    |     |
| 13.   | Bruna Ferreira Sequeira  | 00            | 120158 | Sport de Mirandela  | <b>11:58.68</b> | +0,98          | 296      |     |
|       | 50m: 36.33 36.33         | 250m: 3:32.19 | 46.28  | 450m: 6:37.46       | 46.48           | 650m: 9:45.73  | 46.79    |     |
|       | 100m: 1:17.97 41.64      | 300m: 4:17.60 | 45.41  | 500m: 7:24.60       | 47.14           | 700m: 10:31.92 | 46.19    |     |
|       | 150m: 2:01.52 43.55      | 350m: 5:04.50 | 46.90  | 550m: 8:11.70       | 47.10           | 750m: 11:17.69 | 45.77    |     |
|       | 200m: 2:45.91 44.39      | 400m: 5:50.98 | 46.48  | 600m: 8:58.94       | 47.24           | 800m: 11:58.68 | 40.99    |     |
| 14.   | Andreia Sofia Mendes     | 98            | 130426 | Atletico            | <b>12:21.58</b> | +0,93          | 270      |     |
|       | 50m: 39.84 39.84         | 250m: 3:46.98 | 48.93  | 450m: 6:57.72       | 47.96           | 650m: 10:06.01 | 45.75    |     |
|       | 100m: 1:23.79 43.95      | 300m: 4:34.53 | 47.55  | 500m: 7:45.39       | 47.67           | 700m: 10:53.42 | 47.41    |     |
|       | 150m: 2:09.99 46.20      | 350m: 5:21.80 | 47.27  | 550m: 8:32.62       | 47.23           | 750m: 11:39.56 | 46.14    |     |
|       | 200m: 2:58.05 48.06      | 400m: 6:09.76 | 47.96  | 600m: 9:20.26       | 47.64           | 800m: 12:21.58 | 42.02    |     |
| 15.   | Sofia Margarida Clemente | 98            | 112098 | BUZIOS-Coruche      | <b>12:37.63</b> | +0,95          | 253      |     |
|       | 50m: 36.43 36.43         | 250m: 3:35.03 | 47.25  | 450m: 6:49.03       | 49.07           | 650m: 10:09.01 | 50.68    |     |
|       | 100m: 1:18.21 41.78      | 300m: 4:22.65 | 47.62  | 500m: 7:38.44       | 49.41           | 700m: 10:59.50 | 50.49    |     |
|       | 150m: 2:02.37 44.16      | 350m: 5:11.30 | 48.65  | 550m: 8:28.26       | 49.82           | 750m: 11:49.40 | 49.90    |     |
|       | 200m: 2:47.78 45.41      | 400m: 5:59.96 | 48.66  | 600m: 9:18.33       | 50.07           | 800m: 12:37.63 | 48.23    |     |