

Prova 32 Femin., 1500m Livres 14 - 17 anos
06-04-2014 - 10:45 Resultados

Recordes Nacionais 50m Absoluto	16:46.35	Florbela Cavaco Machado	FPN	Dubai (UAE)	30-08-2013
Recordes Nacionais 50m Juv B	17:34.28	Maria Miguel Veloso	CNAC	Coimbra	08-07-2007
Recordes Nacionais 50m Juv A	17:15.20	Maria Miguel Veloso	CNAC	Coimbra	30-03-2008
Recordes Nacionais 50m Jun16	17:02.46	Florbela Cavaco Machado	ASSSCC	Coimbra	07-04-2012
Recordes Nacionais 50m Jun17	16:46.35	Florbela Cavaco Machado	LSC	Dubai (UAE)	30-08-2013

TAC-JUN16F Jun16: 18:57.88 / TAC-JUN17F Jun17: 18:46.73 / TAC-JUVAF Juv A: 18:57.88 / TAC-JUVBF Juv B: 18:57.88

Pontos: FINA 2014

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Tamila Hryhorivna Holub <i>Minimos CEJ 2014</i>	99	Braga	17:16.07	+0,94	738
	50m: 31.51 31.51	450m: 5:06.23 34.53	850m: 9:45.00 35.03	1250m: 14:23.58 34.83		
	100m: 1:05.67 34.16	500m: 5:41.05 34.82	900m: 10:19.70 34.70	1300m: 14:58.79 35.21		
	150m: 1:39.64 33.97	550m: 6:16.04 34.99	950m: 10:54.65 34.95	1350m: 15:33.64 34.85		
	200m: 2:13.70 34.06	600m: 6:50.97 34.93	1000m: 11:29.36 34.71	1400m: 16:08.74 35.10		
	250m: 2:48.27 34.57	650m: 7:26.12 35.15	1050m: 12:04.07 34.71	1450m: 16:43.32 34.58		
	300m: 3:22.57 34.30	700m: 8:00.76 34.64	1100m: 12:38.98 34.91	1500m: 17:16.07 32.75		
	350m: 3:57.07 34.50	750m: 8:35.69 34.93	1150m: 13:13.89 34.91			
	400m: 4:31.70 34.63	800m: 9:09.97 34.28	1200m: 13:48.75 34.86			
2.	Beatriz Paulo Ranito	99	Sporting	18:10.03	+0,78	634
	50m: 33.25 33.25	450m: 5:24.00 36.37	850m: 10:15.75 36.77	1250m: 15:08.39 36.55		
	100m: 1:09.21 35.96	500m: 6:00.05 36.05	900m: 10:52.61 36.86	1300m: 15:45.02 36.63		
	150m: 1:46.00 36.79	550m: 6:36.58 36.53	950m: 11:29.57 36.96	1350m: 16:21.66 36.64		
	200m: 2:22.22 36.22	600m: 7:12.76 36.18	1000m: 12:05.85 36.28	1400m: 16:58.24 36.58		
	250m: 2:58.94 36.72	650m: 7:49.09 36.33	1050m: 12:42.49 36.64	1450m: 17:34.35 36.11		
	300m: 3:34.89 35.95	700m: 8:25.53 36.44	1100m: 13:19.10 36.61	1500m: 18:10.03 35.68		
	350m: 4:11.51 36.62	750m: 9:02.45 36.92	1150m: 13:55.52 36.42			
	400m: 4:47.63 36.12	800m: 9:38.98 36.53	1200m: 14:31.84 36.32			
3.	Maria Beatriz Dias	99	Viver Santarem	18:32.42	+0,76	596
	50m: 33.93 33.93	450m: 5:29.00 37.04	850m: 10:26.70 37.18	1250m: 15:26.04 37.62		
	100m: 1:10.31 36.38	500m: 6:06.06 37.06	900m: 11:04.10 37.40	1300m: 16:03.83 37.79		
	150m: 1:46.89 36.58	550m: 6:43.05 36.99	950m: 11:41.33 37.23	1350m: 16:41.30 37.47		
	200m: 2:23.91 37.02	600m: 7:20.50 37.45	1000m: 12:18.66 37.33	1400m: 17:19.06 37.76		
	250m: 3:00.66 36.75	650m: 7:57.68 37.18	1050m: 12:55.93 37.27	1450m: 17:56.08 37.02		
	300m: 3:37.80 37.14	700m: 8:34.84 37.16	1100m: 13:33.30 37.37	1500m: 18:32.42 36.34		
	350m: 4:14.90 37.10	750m: 9:12.04 37.20	1150m: 14:10.75 37.45			
	400m: 4:51.96 37.06	800m: 9:49.52 37.48	1200m: 14:48.42 37.67			
4.	Mariana Pinto Angelo	99	Academica de Coimbra	18:49.36	+0,76	570
	50m: 34.01 34.01	450m: 5:29.52 37.35	850m: 10:32.01 38.13	1250m: 15:37.18 38.22		
	100m: 1:10.30 36.29	500m: 6:06.61 37.09	900m: 11:10.18 38.17	1300m: 16:15.52 38.34		
	150m: 1:47.22 36.92	550m: 6:44.23 37.62	950m: 11:48.21 38.03	1350m: 16:54.27 38.75		
	200m: 2:23.82 36.60	600m: 7:21.95 37.72	1000m: 12:26.31 38.10	1400m: 17:32.79 38.52		
	250m: 3:00.98 37.16	650m: 7:59.96 38.01	1050m: 13:04.31 38.00	1450m: 18:11.68 38.89		
	300m: 3:37.61 36.63	700m: 8:38.27 38.31	1100m: 13:42.42 38.11	1500m: 18:49.36 37.68		
	350m: 4:14.95 37.34	750m: 9:16.15 37.88	1150m: 14:20.64 38.22			
	400m: 4:52.17 37.22	800m: 9:53.88 37.73	1200m: 14:58.96 38.32			

Prova 32, Femin., 1500m Livres

Juniores

1.	Filipa Vilas Ruivo	97	Nautico Marinha Grande	17:20.65	+0,85	728
	50m: 31.95 31.95	450m: 5:08.47 34.98	850m: 9:45.77 34.85	1250m: 14:26.13 35.23		
	100m: 1:05.77 33.82	500m: 5:43.52 35.05	900m: 10:20.33 34.56	1300m: 15:01.27 35.14		
	150m: 1:40.12 34.35	550m: 6:18.61 35.09	950m: 10:55.34 35.01	1350m: 15:36.72 35.45		
	200m: 2:14.55 34.43	600m: 6:53.17 34.56	1000m: 11:30.27 34.93	1400m: 16:11.79 35.07		
	250m: 2:49.16 34.61	650m: 7:27.65 34.48	1050m: 12:05.42 35.15	1450m: 16:46.89 35.10		
	300m: 3:23.80 34.64	700m: 8:02.03 34.38	1100m: 12:40.63 35.21	1500m: 17:20.65 33.76		
	350m: 3:58.76 34.96	750m: 8:36.54 34.51	1150m: 13:15.91 35.28			
	400m: 4:33.49 34.73	800m: 9:10.92 34.38	1200m: 13:50.90 34.99			
2.	Barbara Marques Rodrigues	97	Alges	17:55.54	+0,90	660
	50m: 32.11 32.11	450m: 5:15.86 35.70	850m: 10:05.14 36.16	1250m: 14:53.84 35.87		
	100m: 1:06.75 34.64	500m: 5:51.99 36.13	900m: 10:41.45 36.31	1300m: 15:30.18 36.34		
	150m: 1:42.12 35.37	550m: 6:27.93 35.94	950m: 11:17.41 35.96	1350m: 16:06.39 36.21		
	200m: 2:17.66 35.54	600m: 7:04.30 36.37	1000m: 11:53.57 36.16	1400m: 16:42.82 36.43		
	250m: 2:53.31 35.65	650m: 7:40.26 35.96	1050m: 12:29.72 36.15	1450m: 17:19.13 36.31		
	300m: 3:28.80 35.49	700m: 8:16.65 36.39	1100m: 13:05.76 36.04	1500m: 17:55.54 36.41		
	350m: 4:04.29 35.49	750m: 8:52.64 35.99	1150m: 13:41.75 35.99			
	400m: 4:40.16 35.87	800m: 9:28.98 36.34	1200m: 14:17.97 36.22			
3.	Carolina Mantua Guedes	98	Sporting	18:02.93	+0,77	646
	50m: 31.31 31.31	450m: 5:17.70 36.18	850m: 10:08.33 35.98	1250m: 15:01.21 36.77		
	100m: 1:05.85 34.54	500m: 5:54.05 36.35	900m: 10:44.77 36.44	1300m: 15:38.14 36.93		
	150m: 1:41.34 35.49	550m: 6:30.28 36.23	950m: 11:20.87 36.10	1350m: 16:14.88 36.74		
	200m: 2:17.13 35.79	600m: 7:06.87 36.59	1000m: 11:57.71 36.84	1400m: 16:52.43 37.55		
	250m: 2:53.15 36.02	650m: 7:42.92 36.05	1050m: 12:34.10 36.39	1450m: 17:28.04 35.61		
	300m: 3:29.05 35.90	700m: 8:19.46 36.54	1100m: 13:10.78 36.68	1500m: 18:02.93 34.89		
	350m: 4:05.27 36.22	750m: 8:55.96 36.50	1150m: 13:47.51 36.73			
	400m: 4:41.52 36.25	800m: 9:32.35 36.39	1200m: 14:24.44 36.93			
4.	Madalena Amaro Machado	98	Academico Viseu	18:19.39	+0,85	618
	50m: 32.40 32.40	450m: 5:25.22 36.53	850m: 10:22.38 36.36	1250m: 15:18.78 36.93		
	100m: 1:08.58 36.18	500m: 6:03.18 37.96	900m: 10:59.67 37.29	1300m: 15:56.35 37.57		
	150m: 1:44.84 36.26	550m: 6:39.91 36.73	950m: 11:36.12 36.45	1350m: 16:33.01 36.66		
	200m: 2:21.77 36.93	600m: 7:17.05 37.14	1000m: 12:13.58 37.46	1400m: 17:09.54 36.53		
	250m: 2:58.23 36.46	650m: 7:53.54 36.49	1050m: 12:50.52 36.94	1450m: 17:44.79 35.25		
	300m: 3:34.63 36.40	700m: 8:30.96 37.42	1100m: 13:28.13 37.61	1500m: 18:19.39 34.60		
	350m: 4:11.15 36.52	750m: 9:07.95 36.99	1150m: 14:04.33 36.20			
	400m: 4:48.69 37.54	800m: 9:46.02 38.07	1200m: 14:41.85 37.52			
5.	Ana Silva Costa	98	Famalicao	18:21.65	+0,66	614
	50m: 32.36 32.36	450m: 5:21.74 36.40	850m: 10:15.54 36.78	1250m: 15:14.35 37.63		
	100m: 1:07.45 35.09	500m: 5:57.98 36.24	900m: 10:52.93 37.39	1300m: 15:51.95 37.60		
	150m: 1:43.55 36.10	550m: 6:34.59 36.61	950m: 11:30.17 37.24	1350m: 16:29.65 37.70		
	200m: 2:19.65 36.10	600m: 7:11.23 36.64	1000m: 12:07.40 37.23	1400m: 17:07.43 37.78		
	250m: 2:56.07 36.42	650m: 7:48.25 37.02	1050m: 12:44.70 37.30	1450m: 17:44.98 37.55		
	300m: 3:32.26 36.19	700m: 8:24.90 36.65	1100m: 13:22.08 37.38	1500m: 18:21.65 36.67		
	350m: 4:09.11 36.85	750m: 9:02.07 37.17	1150m: 13:59.49 37.41			
	400m: 4:45.34 36.23	800m: 9:38.76 36.69	1200m: 14:36.72 37.23			
6.	Marina Micaela Sequeira	98	Uniao Piedense	18:22.72	+0,72	612
	50m: 33.58 33.58	450m: 5:25.33 37.01	850m: 10:19.77 37.40	1250m: 15:18.81 37.65		
	100m: 1:09.43 35.85	500m: 6:01.74 36.41	900m: 10:56.42 36.65	1300m: 15:56.08 37.27		
	150m: 1:46.24 36.81	550m: 6:37.98 36.24	950m: 11:34.65 38.23	1350m: 16:33.54 37.46		
	200m: 2:22.48 36.24	600m: 7:14.31 36.33	1000m: 12:11.44 36.79	1400m: 17:10.62 37.08		
	250m: 2:59.58 37.10	650m: 7:51.28 36.97	1050m: 12:49.04 37.60	1450m: 17:47.59 36.97		
	300m: 3:35.50 35.92	700m: 8:28.01 36.73	1100m: 13:26.37 37.33	1500m: 18:22.72 35.13		
	350m: 4:12.29 36.79	750m: 9:05.58 37.57	1150m: 14:04.20 37.83			
	400m: 4:48.32 36.03	800m: 9:42.37 36.79	1200m: 14:41.16 36.96			

Prova 32, Femin., 1500m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
7.	Ana Rita Graca	98	Vilacondense	18:23.09	+0,93	611	
	50m: 33.75 33.75	450m: 5:27.46	36.69	850m: 10:22.96	36.90	1250m: 15:20.77	37.38
	100m: 1:09.77 36.02	500m: 6:04.46	37.00	900m: 11:00.63	37.67	1300m: 15:58.82	38.05
	150m: 1:46.56 36.79	550m: 6:41.23	36.77	950m: 11:37.14	36.51	1350m: 16:35.31	36.49
	200m: 2:23.31 36.75	600m: 7:18.48	37.25	1000m: 12:14.66	37.52	1400m: 17:12.53	37.22
	250m: 3:00.12 36.81	650m: 7:55.21	36.73	1050m: 12:51.70	37.04	1450m: 17:47.88	35.35
	300m: 3:37.06 36.94	700m: 8:32.29	37.08	1100m: 13:28.97	37.27	1500m: 18:23.09	35.21
	350m: 4:13.88 36.82	750m: 9:08.91	36.62	1150m: 14:05.90	36.93		
	400m: 4:50.77 36.89	800m: 9:46.06	37.15	1200m: 14:43.39	37.49		
8.	Maria Joao Fernandes	97	Vilacondense	18:31.65	+0,75	597	
	50m: 32.44 32.44	450m: 5:20.65	35.98	850m: 10:17.83	37.48	1250m: 15:21.93	37.86
	100m: 1:07.90 35.46	500m: 5:57.33	36.68	900m: 10:55.73	37.90	1300m: 16:00.52	38.59
	150m: 1:43.27 35.37	550m: 6:33.99	36.66	950m: 11:33.31	37.58	1350m: 16:38.24	37.72
	200m: 2:19.69 36.42	600m: 7:11.57	37.58	1000m: 12:11.55	38.24	1400m: 17:16.79	38.55
	250m: 2:56.09 36.40	650m: 7:48.54	36.97	1050m: 12:49.45	37.90	1450m: 17:54.42	37.63
	300m: 3:32.44 36.35	700m: 8:25.80	37.26	1100m: 13:27.91	38.46	1500m: 18:31.65	37.23
	350m: 4:08.49 36.05	750m: 9:02.79	36.99	1150m: 14:05.79	37.88		
	400m: 4:44.67 36.18	800m: 9:40.35	37.56	1200m: 14:44.07	38.28		
9.	Ana Raquel Ferreira	98	Ginasio Figueirense	18:42.31	+0,89	581	
	50m: 33.11 33.11	450m: 5:27.13	37.33	850m: 10:27.97	38.14	1250m: 15:33.15	38.23
	100m: 1:09.32 36.21	500m: 6:04.36	37.23	900m: 11:06.15	38.18	1300m: 16:11.18	38.03
	150m: 1:46.23 36.91	550m: 6:42.06	37.70	950m: 11:44.52	38.37	1350m: 16:49.45	38.27
	200m: 2:22.82 36.59	600m: 7:19.47	37.41	1000m: 12:22.45	37.93	1400m: 17:27.17	37.72
	250m: 2:59.65 36.83	650m: 7:57.12	37.65	1050m: 13:01.12	38.67	1450m: 18:05.47	38.30
	300m: 3:36.08 36.43	700m: 8:34.28	37.16	1100m: 13:38.90	37.78	1500m: 18:42.31	36.84
	350m: 4:13.16 37.08	750m: 9:12.29	38.01	1150m: 14:17.00	38.10		
	400m: 4:49.80 36.64	800m: 9:49.83	37.54	1200m: 14:54.92	37.92		
10.	Luana Raquel Alves	97	Desportiva de Viana	19:03.27	+0,85	549	
	<i>FTL</i>						
	50m: 32.01 32.01	450m: 5:28.66	37.58	850m: 10:36.90	38.47	1250m: 15:50.51	39.28
	100m: 1:07.63 35.62	500m: 6:07.19	38.53	900m: 11:16.06	39.16	1300m: 16:29.79	39.28
	150m: 1:43.91 36.28	550m: 6:45.39	38.20	950m: 11:54.88	38.82	1350m: 17:08.74	38.95
	200m: 2:21.12 37.21	600m: 7:24.16	38.77	1000m: 12:34.40	39.52	1400m: 17:47.26	38.52
	250m: 2:58.13 37.01	650m: 8:02.16	38.00	1050m: 13:12.89	38.49	1450m: 18:25.50	38.24
	300m: 3:35.79 37.66	700m: 8:41.17	39.01	1100m: 13:52.43	39.54	1500m: 19:03.27	37.77
	350m: 4:13.03 37.24	750m: 9:19.36	38.19	1150m: 14:31.56	39.13		
	400m: 4:51.08 38.05	800m: 9:58.43	39.07	1200m: 15:11.23	39.67		
WDR	Cecilia Branco Almeida	97	Geslours				