

Event 3 Men, 400m Medley 25 - 89 years
29-06-2013 - 9:00 Startlist

RN A(25-29)	5:10.82	Abel Pedro Martins	ADCEO	Riccione (ITA)	07-06-2004
RN B(30-34)	5:20.54	Rodrigo Marques Costa	CNLA	Gotemburgo (SWE)	01-08-2010
RN C(35-39)	5:17.22	Rodolfo Pereira Nunes	GESP	Riccione (ITA)	12-06-2012
RN D(40-44)	5:46.69	Emilio Nuno Frischknecht	SAD	Reguengos de Monsaraz	30-06-2012
RN E(45-49)	5:28.81	Jose Carlos Freitas	CFP	Oeiras	02-07-2011
RN F(50-54)	5:41.92	Paulo Paula Carvalho	SFUAP	Reguengos de Monsaraz	30-06-2012
RN G(55-59)	6:33.25	Vitor Manuel Mavioso	SAD	Oeiras	02-07-2011
RN H(60-64)	8:13.59	Carlos Augusto Correia	CNMAL	Reguengos de Monsaraz	30-06-2012
RN I(65-69)	7:02.70	Antonio Bessone Basto	SAD	Reguengos de Monsaraz	30-06-2012
RN J(70-74)	59:00.00				
RN K(75-79)	59:00.00				
RN L(80-84)	59:00.00				

Pista	Nome	YB	Clube	NT	Tp inscrição
<u>Heat 1 of 4</u>					
3	Francisco Jorge Ferreira	62	Academica de Coimbra	NT	___:___:___
4	Eduardo Jose Amaral	78	Pimpoes/Cimai	NT	___:___:___
5	Antonio Manuel Ferreira	48	Alges	NT	___:___:___

<u>Heat 2 of 4</u>					
1	Jose Carlos Freitas	63	Fluvial Portuense	NT	___:___:___
2	Nuno Jorge Parreira	87	Academica de Coimbra	NT	___:___:___
4	Manuel Alberto Pinho	61	Natacao da Maia	7:26.05	___:___:___
5	Carlos Augusto Correia	52	Masters Almada	8:14.00	___:___:___
6	Joao Rodrigues Teixeira	37	Academica de Coimbra	9:45.00	___:___:___
7	Artur Jorge Rosa	76	Natacao da Maia	NT	___:___:___

<u>Heat 3 of 4</u>					
1	Jose Salvador Faustino	68	Portinado	7:13.77	___:___:___
2	Juan Luis Silva	63	Masters Almada	6:55.00	___:___:___
3	Vitor Manuel Mavioso	56	Alges	6:37.23	___:___:___
4	Luis Paulo Piteira	68	Naval Setubalense	6:30.00	___:___:___
5	Carlos Sobral Silva	77	Naval Setubalense	6:30.00	___:___:___
6	Alexandre Marques Pereira	76	Colegio Monte Maior	6:51.19	___:___:___
7	Antonio Bessone Basto	45	Alges	7:02.70	___:___:___
8	Teodomiro Miguel Pires	72	A Atletico	7:20.00	___:___:___

<u>Heat 4 of 4</u>					
1	Jorge Miguel Silva	76	Nacional de Natacao	6:15.68	___:___:___
2	Paulo Alexandre Sousa	72	O2-Portimao	6:09.99	___:___:___
3	Rui Manuel Pinto	79	Leixoes	5:32.86	___:___:___
4	Rodolfo Pereira Nunes	73	Gespacos	5:17.22	___:___:___
5	Patrick Santos	79	Club des Nageurs de Paris	5:28.54	___:___:___
6	Emilio Nuno Frischknecht	71	Alges	5:46.69	___:___:___
7	Nuno Alexandre Crespo	75	Colegio Monte Maior	6:10.00	___:___:___
8	Nuno Rogerio Santos	76	Desportivo Nacional	6:25.00	___:___:___