

Event 15	Men, 400m Freestyle				25 - 89 years
29-06-2013 - 16:20					Startlist
RN A(25-29)	4:22.25	Nuno Jose Vicente	CNTN	Estocolmo (SWE)	19-08-2005
RN B(30-34)	4:13.07	Pedro Miguel Silva	CFV	Coimbra	21-06-2009
RN C(35-39)	4:24.85	Pedro Miguel Silva	CFV	Oeiras	02-07-2011
RN D(40-44)	4:53.70	Paulo Paula Carvalho	SFP	Palma Maiorca (ESP)	06-07-2001
RN E(45-49)	4:27.36	Jose Carlos Freitas	CFP	Gotemburgo (SWE)	06-08-2010
RN F(50-54)	4:35.56	Jose Carlos Freitas	CFP	Coimbra	02-06-2013
RN G(55-59)	5:22.90	Vitor Manuel Mavioso	SAD	Coimbra	02-06-2013
RN H(60-64)	5:45.85	Stephen Thomas Dyson	CFB	Faro	31-05-2008
RN I(65-69)	5:51.59	Stephen Thomas Dyson	INDANL	Reguengos de Monsaraz	30-06-2012
RN J(70-74)	7:56.13	Antonio Alexandre Rodrigues	AAC	Oeiras	01-07-2011
RN K(75-79)	8:40.11	Joao Rodrigues Teixeira	AAC	Reguengos de Monsaraz	30-06-2012
RN L(80-84)	59:00.00				

Pista	Nome	YB	Clube	Tp inscrição	
Heat 1 of 8					
3	David Brito Tristao	75	Portinado	NT	___:___:___
4	Antonio Julio Viana	57	Natacao de Lagos	NT	___:___:___
5	Ricardo Miguel Frias	73	Alges	NT	___:___:___
Heat 2 of 8					
2	Carlos Sousa Gomes	65	Portinado	8:12.13	___:___:___
3	Jose Henrique Madail	54	Galitos	7:38.19	___:___:___
4	Teofilo Manuel Relvas	58	Porto	7:11.81	___:___:___
5	Antonio Manuel Tavares	51	Funcao Publica	7:15.00	___:___:___
6	Jose Joaquim Marreiros	46	Alges	7:40.00	___:___:___
7	Nuno Andre Campos	81	Galitos	NT	___:___:___
Heat 3 of 8					
1	Rui Manuel Pereira	56	Funcao Publica	7:05.00	___:___:___
2	Ralf Pinto Soares	64	Nadadores dos Estoris	6:45.50	___:___:___
3	Eduardo Alexandre Junior	70	Ginasio Santo Tirso	6:44.22	___:___:___
4	Pedro Militao Fernandes	61	Academica de Coimbra	6:36.64	___:___:___
5	Rui Manuel Velez	64	Luz e Vida	6:42.63	___:___:___
6	Carlos Augusto Correia	52	Masters Almada	6:45.00	___:___:___
7	Francisco Goncalves Malheiro	69	Desportiva de Viana	6:52.32	___:___:___
8	Fernando Manuel Damas	53	Alges	7:05.87	___:___:___
Heat 4 of 8					
1	Jose Manuel Brandao	70	Desportiva de Viana	6:29.95	___:___:___
2	Francisco Jorge Ferreira	62	Academica de Coimbra	6:26.16	___:___:___
4	Nuno Manuel Pereira	74	Colegio Monte Maior	6:13.82	___:___:___
5	Paulo Jorge Reis	70	Funcao Publica	6:20.00	___:___:___
6	Paulo Alexandre Neves	66	Leixoes	6:23.81	___:___:___
7	Hugo Francisco Figueiredo	53	Academica de Coimbra	6:28.20	___:___:___
8	Juan Luis Silva	63	Masters Almada	6:35.00	___:___:___

Event 15, Men, 400m Freestyle

Heat 5 of 8

1	Nuno Cristiano Pereira	73	Leixoes	6:05.92	___:___:___
2	Antonio Filipe Sousa	76	Naval Setubalense	6:00.00	___:___:___
3	Joao Antonio Gomes	75	Leixoes	5:56.89	___:___:___
4	Antonio Prestes Pires	56	Academica de Coimbra	5:53.83	___:___:___
5	Joao Carlos Malta	82	Natacao da Maia	5:55.63	___:___:___
6	Nuno Andre Ramalhao	73	Leixoes	5:59.71	___:___:___
7	Alberto Vaz Correia	55	Albicastrense	6:04.01	___:___:___
8	Miguel Jose Ferreira	70	Leixoes	6:09.20	___:___:___

Heat 6 of 8

1	Joao Miguel Macedo	74	Leixoes	5:51.02	___:___:___
2	Eduardo Jose Amaral	78	Pimpoes/Cimai	5:48.00	___:___:___
3	Alexandre Marques Pereira	76	Colegio Monte Maior	5:26.00	___:___:___
4	Artur Jorge Rosa	76	Natacao da Maia	5:24.81	___:___:___
5	Pedro Alexandre Fernando	67	Academica de Coimbra	5:25.59	___:___:___
6	Armando Joao Costa	63	Colegio SMLamas	5:42.27	___:___:___
7	Goncalo Miguel Costa	82	Ginasio Clube	5:50.06	___:___:___
8	Stephen Thomas Dyson	47	Alges	5:51.59	___:___:___

Heat 7 of 8

1	Nuno Alexandre Crespo	75	Colegio Monte Maior	5:18.66	___:___:___
2	Americo Pedro Goncalves	71	Galitos	5:13.12	___:___:___
3	Luis Paulo Piteira	68	Naval Setubalense	5:12.39	___:___:___
4	Carlos Guimaraes Goncalves	70	Fluvial Portuense	5:12.05	___:___:___
5	Nelson Palma Mestre	80	Academica de Coimbra	5:12.10	___:___:___
6	Pedro Nuno Braga	74	Natacao da Maia	5:12.56	___:___:___
7	Sergio David Silva	73	Natacao da Maia	5:13.69	___:___:___
8	Hugo Folgar Ferreiro	84	Gespacos	5:24.47	___:___:___

Heat 8 of 8

1	Antonio Joao Matos	75	Alcobaca	5:06.48	___:___:___
2	Vasco Vieira Lopes	84	Leixoes	5:01.44	___:___:___
3	Ruben Antonio Gutierrez Fuentes	76	C.N. Jerez	4:41.66	___:___:___
4	Ricardo Sousa Filipe	88	Louletano/Loule Concelho	4:21.71	___:___:___
5	Jose Carlos Freitas	63	Fluvial Portuense	4:35.56	___:___:___
6	Alvaro Miguel Cardoso	84	Nadadores dos Estoris	4:55.11	___:___:___
7	Joao Duarte Cruz	86	Masters Almada	5:05.00	___:___:___
8	Juan-Antonio Grau	69	Cd.Un.Polit.Valencia	5:10.64	___:___:___