

Prova 2 Femin., 800m Livres Master Esc A  
28-06-2013 - 19:40 Resultados

RN A(25-29) 10:12.96 Ana Filipa Leite AAC Oeiras 01-07-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catia Santos Ramalho	86	Natacao da Maia	<b>11:42.39</b>		494	9
	200m: 2:48.36 2:48.36		400m: 5:49.92 1:31.10	600m: 8:47.30 1:28.22	800m: 11:42.39 1:27.24		
	300m: 4:18.82 1:30.46		500m: 7:19.08 1:29.16	700m: 10:15.15 1:27.85			
2.	Catarina Isabel Neves	85	Academica de Coimbra	<b>12:12.70</b>		435	7
	100m: 1:22.05 1:22.05		300m: 4:24.79 1:32.97	500m: 7:33.74 1:34.62	700m: 10:41.00 1:33.40		
	200m: 2:51.82 1:29.77		400m: 5:59.12 1:34.33	600m: 9:07.60 1:33.86	800m: 12:12.70 1:31.70		
3.	Rita Claudia Fougo	88	Natacao da Maia	<b>12:40.02</b>		390	6
	100m: 1:24.76 1:24.76		300m: 4:32.61 1:35.20	500m: 7:46.33 1:37.71	700m: 11:05.21 1:39.41		
	200m: 2:57.41 1:32.65		400m: 6:08.62 1:36.01	600m: 9:25.80 1:39.47	800m: 12:40.02 1:34.81		
4.	Ana Oliveira Sousa	85	Academica de Coimbra	<b>12:47.26</b>		379	5
	100m: 1:28.13 1:28.13		300m: 4:38.81 1:36.30	500m: 7:54.43 1:37.90	700m: 11:09.95 1:37.87		
	200m: 3:02.51 1:34.38		400m: 6:16.53 1:37.72	600m: 9:32.08 1:37.65	800m: 12:47.26 1:37.31		
5.	Filipa Silveira Varela	87	Nadadores dos Estoris	<b>12:54.76</b>		368	4
	100m: 1:27.77 1:27.77		300m: 4:44.20 1:39.40	500m: 8:05.22 1:39.39	700m: 11:22.47 1:38.67		
	200m: 3:04.80 1:37.03		400m: 6:25.83 1:41.63	600m: 9:43.80 1:38.58	800m: 12:54.76 1:32.29		
6.	Susana Maria Lourenco	87	Funcao Publica	<b>13:10.81</b>		346	3
	100m: 1:32.07 1:32.07		300m: 4:51.90 1:41.08	500m: 8:12.44 1:39.71	800m: 13:10.81 3:18.44		
	200m: 3:10.82 1:38.75		400m: 6:32.73 1:40.83	600m: 9:52.37 1:39.93			
7.	Carolina Musso	86	Galitos	<b>15:24.84</b>		216	2
	100m: 1:45.79 1:45.79		300m: 5:38.10 1:57.94	500m: 9:38.09 2:00.41	700m: 13:33.22 1:57.77		
	200m: 3:40.16 1:54.37		400m: 7:37.68 1:59.58	600m: 11:35.45 1:57.36	800m: 15:24.84 1:51.62		

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RN B(30-34) 9:37.05 Ana Paula Grilo UDCA Millau (FRA) 26-08-2003

Pontos: DSV Masters 04

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Mafalda Oliveira	81	Natacao da Maia	<b>10:39.15</b>		692	9
	100m: 1:13.94 1:13.94		300m: 3:55.82 1:20.66	500m: 6:38.65 1:21.23	700m: 9:22.55 1:21.50		
	200m: 2:35.16 1:21.22		400m: 5:17.42 1:21.60	600m: 8:01.05 1:22.40	800m: 10:39.15 1:16.60		
2.	Joana Isabel Cunha	80	Academica de Coimbra	<b>10:46.86</b>		667	7
	100m: 1:12.26 1:12.26		300m: 3:54.02 1:21.92	500m: 6:40.26 1:23.14	700m: 9:27.77 1:23.53		
	200m: 2:32.10 1:19.84		400m: 5:17.12 1:23.10	600m: 8:04.24 1:23.98	800m: 10:46.86 1:19.09		
3.	Diana Margarida Jacinto	81	Academica de Coimbra	<b>12:45.82</b>		402	6
	100m: 1:30.70 1:30.70		300m: 4:44.99 1:37.50	500m: 7:59.39 1:36.76	700m: 11:14.01 1:37.65		
	200m: 3:07.49 1:36.79		400m: 6:22.63 1:37.64	600m: 9:36.36 1:36.97	800m: 12:45.82 1:31.81		

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Master Esc C  
Resultados

RN C(35-39) 9:30.91 Ana Paula Grilo UDCA Stanford (USA) 04-08-2006

Pontos: DSV Masters 04

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carla Santa Barbara	75	Porto	<b>11:03.82</b>		601	9
	100m: 1:16.83 1:16.83	300m: 4:04.07 1:24.28	500m: 6:53.60 1:25.70	700m: 9:42.26 1:24.28		1:21.56	
	200m: 2:39.79 1:22.96	400m: 5:27.90 1:23.83	600m: 8:17.98 1:24.38	800m: 11:03.82			
2.	Maria Luisa Costa	74	Fluvial Portuense	<b>11:26.21</b>		544	7
	100m: 1:19.15 1:19.15	300m: 4:04.57 1:24.80	500m: 6:59.61 1:28.31	700m: 9:57.52 1:29.10		1:28.69	
	200m: 2:39.77 1:20.62	400m: 5:31.30 1:26.73	600m: 8:28.42 1:28.81	800m: 11:26.21			
3.	Miriam Gomez Gomez	75	C.N. Sevilha	<b>12:25.42</b>		424	6
	100m: 1:24.83 1:24.83	300m: 4:31.60 1:33.49	500m: 7:41.74 1:34.57	700m: 10:51.19 1:34.54		1:34.23	
	200m: 2:58.11 1:33.28	400m: 6:07.17 1:35.57	600m: 9:16.65 1:34.91	800m: 12:25.42			
4.	Elsa Maria Fumega	78	Leixoes	<b>12:56.03</b>		376	5
	100m: 1:31.29 1:31.29	300m: 4:48.06 1:39.36	500m: 8:04.85 1:38.08	700m: 11:20.15 1:36.88		1:35.88	
	200m: 3:08.70 1:37.41	400m: 6:26.77 1:38.71	600m: 9:43.27 1:38.42	800m: 12:56.03			
5.	Ana Cristina Oliveira	76	Galitos	<b>14:14.58</b>		281	4
	100m: 1:35.84 1:35.84	300m: 5:11.19 1:49.54	500m: 8:51.14 1:50.52	700m: 12:31.13 1:49.62		1:43.45	
	200m: 3:21.65 1:45.81	400m: 7:00.62 1:49.43	600m: 10:41.51 1:50.37	800m: 14:14.58			
6.	Joana Araujo Gameiro	78	Colegio Monte Maior	<b>15:23.45</b>		223	3
	100m: 1:47.37 1:47.37	300m: 5:41.04 1:58.56	500m: 9:42.05 2:00.31	700m: 13:32.02 1:50.58		1:51.43	
	200m: 3:42.48 1:55.11	400m: 7:41.74 2:00.70	600m: 11:41.44 1:59.39	800m: 15:23.45			
7.	Ana Filipa Santos	77	O2-Portimao	<b>17:13.61</b>		159	2
	100m: 2:00.53 2:00.53	300m: 6:20.88 2:11.08	500m: 10:47.14 2:13.12	700m: 15:07.90 2:10.68		2:05.71	
	200m: 4:09.80 2:09.27	400m: 8:34.02 2:13.14	600m: 12:57.22 2:10.08	800m: 17:13.61			

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Master Esc D  
Resultados

RN D(40-44) 10:27.37 Ana Paula Grilo INDALEN Oeiras 01-07-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Maria Rothes	73	Fluvial Portuense	<b>11:08.53</b>		607	9
	100m: 1:18.15 1:18.15	300m: 4:05.64 1:24.70	500m: 6:56.06 1:25.94	700m: 9:46.21 1:24.83		1:22.32	
	200m: 2:40.94 1:22.79	400m: 5:30.12 1:24.48	600m: 8:21.38 1:25.32	800m: 11:08.53			
2.	Maria Teresa Brandao	69	Fluvial Portuense	<b>11:43.28</b>		521	7
	100m: 1:22.97 1:22.97	300m: 4:21.13 1:29.31	500m: 7:19.39 1:29.86	700m: 10:17.83 1:28.97		1:25.45	
	200m: 2:51.82 1:28.85	400m: 5:49.53 1:28.40	600m: 8:48.86 1:29.47	800m: 11:43.28			
3.	Sandra Lurdes Diogo	72	Porto	<b>12:43.02</b>		408	6
	100m: 1:28.80 1:28.80	300m: 4:41.44 1:37.78	500m: 7:56.07 1:38.19	700m: 11:08.52 1:36.29		1:34.50	
	200m: 3:03.66 1:34.86	400m: 6:17.88 1:36.44	600m: 9:32.23 1:36.16	800m: 12:43.02			
4.	Rita Pereira Sousa	73	Colegio Monte Maior	<b>14:07.72</b>		297	5
	100m: 1:36.60 1:36.60	300m: 5:10.16 1:48.11	500m: 8:47.33 1:48.25	700m: 12:22.84 1:47.12		1:44.88	
	200m: 3:22.05 1:45.45	400m: 6:59.08 1:48.92	600m: 10:35.72 1:48.39	800m: 14:07.72			
5.	Catarina Araujo Blanco	71	Leixoes	<b>14:27.78</b>		277	4
	100m: 1:50.08 1:50.08	300m: 5:27.06 1:48.21	500m: 9:04.22 1:48.39	700m: 12:41.56 1:48.79		1:46.22	
	200m: 3:38.85 1:48.77	400m: 7:15.83 1:48.77	600m: 10:52.77 1:48.55	800m: 14:27.78			

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Fernanda Maria Santinha	72	Masters Almada	<b>15:05.53</b>		244	3
	100m: 1:42.99 1:42.99	300m: 5:32.96 1:56.16	500m: 9:24.58 1:55.37	700m: 13:13.26 1:52.84			
	200m: 3:36.80 1:53.81	400m: 7:29.21 1:56.25	600m: 11:20.42 1:55.84	800m: 15:05.53 1:52.27			
7.	Ana Leonor Sanches	73	O2-Portimao	<b>16:19.27</b>		193	2
	100m: 1:49.20 1:49.20	300m: 5:56.51 2:06.47	500m: 10:10.70 2:07.14	700m: 14:21.70 2:04.98			
	200m: 3:50.04 2:00.84	400m: 8:03.56 2:07.05	600m: 12:16.72 2:06.02	800m: 16:19.27 1:57.57			
DNS	Patricia Diogenes Pereira	69	Avancado EUL				
DNS	Isabel Maria Lima	69	Fluvial Portuense				
DNS	Ana Paula Branco	73	Galitos				

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Femin., 800m Livres

Master Esc E  
Resultados

RN E(45-49)	12:21.41	Amelia Ponte Galhardo	CCDCML	Coimbra	20-06-2009
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Pontos: DSV Masters 04

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Paula Sequeira	68	Academica de Coimbra	<b>13:14.33</b>		467	9
	100m: 1:29.56 1:29.56	300m: 4:48.83 1:39.79	500m: 8:10.90 1:41.86	700m: 11:36.20 1:42.52			
	200m: 3:09.04 1:39.48	400m: 6:29.04 1:40.21	600m: 9:53.68 1:42.78	800m: 13:14.33 1:38.13			
2.	Maria Joao Taborda	67	Porto	<b>13:39.70</b>		425	7
	100m: 1:30.62 1:30.62	300m: 4:51.34 1:41.89	500m: 8:21.78 1:45.13	700m: 11:54.15 1:46.20			
	200m: 3:09.45 1:38.83	400m: 6:36.65 1:45.31	600m: 10:07.95 1:46.17	800m: 13:39.70 1:45.55			
3.	Maria Regina Mendes	65	Fluvial Portuense	<b>13:48.37</b>		412	6
	100m: 1:33.91 1:33.91	300m: 5:03.05 1:45.62	500m: 8:34.84 1:45.66	700m: 12:05.16 1:44.80			
	200m: 3:17.43 1:43.52	400m: 6:49.18 1:46.13	600m: 10:20.36 1:45.52	800m: 13:48.37 1:43.21			
4.	Maria Manuela Sequeira	68	Academica de Coimbra	<b>14:32.71</b>		352	5
	100m: 1:37.20 1:37.20	300m: 5:19.53 1:51.87	500m: 9:03.66 1:52.10	700m: 12:44.54 1:49.62			
	200m: 3:27.66 1:50.46	400m: 7:11.56 1:52.03	600m: 10:54.92 1:51.26	800m: 14:32.71 1:48.17			

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Master Esc F  
Resultados

RN F(50-54)	11:38.03	Elena Nikolaevna Kraeva	CIMM	Oeiras	01-07-2011
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Pontos: DSV Masters 04

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Santos Fernandes	62	Leixoes	<b>14:35.88</b>		372	9
	100m: 1:42.08 1:42.08	300m: 5:22.04 1:51.03	500m: 9:05.67 1:51.39	700m: 12:47.47 1:50.32			
	200m: 3:31.01 1:48.93	400m: 7:14.28 1:52.24	600m: 10:57.15 1:51.48	800m: 14:35.88 1:48.41			
2.	Maria Luisa Oliveira	61	Academica de Coimbra	<b>15:04.89</b>		337	7
	100m: 1:40.97 1:40.97	300m: 5:30.83 1:55.28	500m: 9:23.46 1:55.91	700m: 13:12.51 1:54.26			
	200m: 3:35.55 1:54.58	400m: 7:27.55 1:56.72	600m: 11:18.25 1:54.79	800m: 15:04.89 1:52.38			
3.	Maria Madalena Caninas	63	Masters Almada	<b>15:33.29</b>		307	6
	100m: 1:43.06 1:43.06	300m: 5:35.25 1:56.61	500m: 9:36.82 2:00.32	700m: 13:41.75 2:02.60			
	200m: 3:38.64 1:55.58	400m: 7:36.50 2:01.25	600m: 11:39.15 2:02.33	800m: 15:33.29 1:51.54			
4.	Anette Kind	61	Leixoes	<b>17:41.24</b>		209	5
	100m: 1:58.12 1:58.12	300m: 6:26.70 2:14.75	500m: 10:59.92 2:15.96	700m: 15:28.66 2:13.47			
	200m: 4:11.95 2:13.83	400m: 8:43.96 2:17.26	600m: 13:15.19 2:15.27	800m: 17:41.24 2:12.58			

Prova 2, Femin., 800m Livres, Master Esc F

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ	Maria Fatima Coelho <i>403 - Falsa partida - SW 4.4</i>	60	Academica de Coimbra				

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Master Esc G  
Resultados

RN G(55-59)	12:37.18	Ana Maria Ferreira	SAD	Cádiz (ESP)	15-09-2009
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Pontos: DSV Masters 04

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Maria Teresa Oliveira	57	Academica de Coimbra	<b>14:52.73</b>		453	9
	100m: 1:38.29 1:38.29	300m: 5:21.78 1:52.67	500m: 9:11.39 1:55.64	700m: 12:58.80 1:52.35			
	200m: 3:29.11 1:50.82	400m: 7:15.75 1:53.97	600m: 11:06.45 1:55.06	800m: 14:52.73 1:53.93			

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Master Esc H  
Resultados

RN H(60-64)	12:46.28	Ana Maria Ferreira	SAD	Riccione (ITA)	10-06-2012
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Pontos: DSV Masters 04

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Maria Ferreira	50	Alges	<b>13:00.15</b>		789	9
	150m: 1:30.75 1:30.75	350m: 4:48.21 1:38.90	550m: 8:06.03 1:39.39	750m: 11:23.56 1:39.13			
	250m: 3:09.31 1:38.56	450m: 6:26.64 1:38.43	650m: 9:44.43 1:38.40	800m: 13:00.15 1:36.59			
2.	Isabel Costa Monteiro	53	Academica de Coimbra	<b>16:32.22</b>		383	7
	100m: 1:52.23 1:52.23	300m: 6:07.10 2:08.27	500m: 10:20.45 2:06.30	700m: 14:30.48 2:03.89			
	200m: 3:58.83 2:06.60	400m: 8:14.15 2:07.05	600m: 12:26.59 2:06.14	800m: 16:32.22 2:01.74			