

VII OPEN Inverno de Masters
Felgueiras, 26- - 27-1-2013

Prova 1 Masc., 400m Livres Master Esc A
26-01-2013 - 10:00 Resultados

RN Esc A(25-29) 4:15.56 David Oliveira Gorgulho CNLA Ponte de Sor 29-01-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hugo Alberto Ribeiro <i>Rec Nac Cat A</i>	88	23114	Gespacos	4:06.03	+0,94	945	
	50m: 27.67 27.67	150m: 1:29.34	31.04	250m: 2:32.98	31.81	350m: 3:35.67	30.82	
	100m: 58.30 30.63	200m: 2:01.17	31.83	300m: 3:04.85	31.87	400m: 4:06.03	30.36	
2.	Carlos Fernandes Queiros	86	118205	Ginasio de Vila Real	4:21.92	+0,69	783	
	50m: 29.67 29.67	150m: 1:36.05	33.17	250m: 2:42.76	33.27	350m: 3:49.31	33.15	
	100m: 1:02.88 33.21	200m: 2:09.49	33.44	300m: 3:16.16	33.40	400m: 4:21.92	32.61	
3.	Diego Arias Garcia	87		C. Fluvial De Lugo	4:43.79	+0,99	615	
	50m: 30.71 30.71	150m: 1:41.10	36.07	250m: 2:54.03	36.46	350m: 4:07.39	36.75	
	100m: 1:05.03 34.32	200m: 2:17.57	36.47	300m: 3:30.64	36.61	400m: 4:43.79	36.40	
4.	Alvaro Miguel Cardoso	84	124917	Nadadores dos Estoris	4:55.11	+1,12	547	
	50m: 31.33 31.33	150m: 1:44.05	37.47	250m: 2:59.60	37.67	350m: 4:16.60	38.54	
	100m: 1:06.58 35.25	200m: 2:21.93	37.88	300m: 3:38.06	38.46	400m: 4:55.11	38.51	
5.	Hugo Folgar Ferreiro	84	102604	Gespacos	5:15.20	+0,92	449	
	50m: 34.31 34.31	150m: 1:52.33	40.01	250m: 3:15.70	41.67	350m: 4:37.39	40.56	
	100m: 1:12.32 38.01	200m: 2:34.03	41.70	300m: 3:56.83	41.13	400m: 5:15.20	37.81	
6.	Pedro Miguel Magalhaes	88	128262	Natacao da Maia	6:12.96	+1,40	271	
	50m: 39.47 39.47	150m: 2:11.27	47.36	250m: 3:48.15	48.80	350m: 5:25.29	49.09	
	100m: 1:23.91 44.44	200m: 2:59.35	48.08	300m: 4:36.20	48.05	400m: 6:12.96	47.67	

Prova 1 Masc., 400m Livres Master Esc B
26-01-2013 - 10:00 Resultados

RN Esc B(30-34) 4:07.24 Pedro Miguel Silva CFV Fafe 13-06-2009

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ivan Mauricio Couras	81	10232	Fluvial Portuense	4:35.88	+0,83	663	
	50m: 30.90 30.90	150m: 1:38.44	34.18	250m: 2:48.99	35.43	350m: 4:00.45	35.67	
	100m: 1:04.26 33.36	200m: 2:13.56	35.12	300m: 3:24.78	35.79	400m: 4:35.88	35.43	
2.	Joao Andre Oliveira	79	125457	Galitos	5:04.14	+0,85	495	
	50m: 32.70 32.70	150m: 1:49.36	38.76	250m: 3:07.85	39.09	350m: 4:26.45	38.97	
	100m: 1:10.60 37.90	200m: 2:28.76	39.40	300m: 3:47.48	39.63	400m: 5:04.14	37.69	
3.	Luis Carlos Pinto	83	24787	Ginasio de Vila Real	5:20.27	+0,93	424	
	50m: 34.65 34.65	150m: 1:53.70	40.23	250m: 3:14.60	40.20	350m: 4:37.97	42.29	
	100m: 1:13.47 38.82	200m: 2:34.40	40.70	300m: 3:55.68	41.08	400m: 5:20.27	42.30	
4.	Miguel Angel Martinez Lopez	80		Cambrils C.N.	5:22.97	+0,96	413	
	50m: 33.79 33.79	150m: 1:52.10	39.97	250m: 3:14.85	41.80	350m: 4:40.97	42.96	
	100m: 1:12.13 38.34	200m: 2:33.05	40.95	300m: 3:58.01	43.16	400m: 5:22.97	42.00	
5.	Joao Carlos Malta	82	120612	Natacao da Maia	5:29.13	+0,79	390	
	50m: 35.37 35.37	150m: 1:55.54	40.83	250m: 3:21.15	43.28	350m: 4:47.08	43.19	
	100m: 1:14.71 39.34	200m: 2:37.87	42.33	300m: 4:03.89	42.74	400m: 5:29.13	42.05	
6.	Agostinho Alberto Rego	82	121476	Vitoria de Guimaraes	5:34.11	+1,04	373	
	50m: 37.49 37.49	150m: 2:00.57	42.25	250m: 3:26.58	42.93	350m: 4:52.16	42.59	
	100m: 1:18.32 40.83	200m: 2:43.65	43.08	300m: 4:09.57	42.99	400m: 5:34.11	41.95	
7.	Tiago Miguel Lima	83	110309	Portugal Cultura e Recreio	5:35.65	+0,90	368	
	50m: 35.17 35.17	150m: 1:56.51	41.96	250m: 3:23.86	44.38	350m: 4:53.67	44.72	
	100m: 1:14.55 39.38	200m: 2:39.48	42.97	300m: 4:08.95	45.09	400m: 5:35.65	41.98	

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Prova 1, Masc., 400m Livres, Master Esc B

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Daniel Jorge Reis	81	122467	Natacao da Maia	6:02.87	+1,07	291	
	50m: 38.18 38.18		150m: 2:07.64 45.82	250m: 3:43.35 48.61	350m: 5:17.79 47.08			
	100m: 1:21.82 43.64		200m: 2:54.74 47.10	300m: 4:30.71 47.36	400m: 6:02.87 45.08			
9.	Jorge Miguel Oliveira	80	127982	Individual Norte de Portugal	6:03.65	+0,94	289	
	50m: 39.05 39.05		150m: 2:10.31 46.35	250m: 3:46.45 47.88	350m: 5:20.26 46.15			
	100m: 1:23.96 44.91		200m: 2:58.57 48.26	300m: 4:34.11 47.66	400m: 6:03.65 43.39			
10.	Hugo Campos Gomes	79	122605	Feirense	6:53.91	+1,10	196	
	50m: 46.69 46.69		150m: 2:27.80 51.55	250m: 4:15.10 54.45	350m: 6:03.31 53.43			
	100m: 1:36.25 49.56		200m: 3:20.65 52.85	300m: 5:09.88 54.78	400m: 6:53.91 50.60			

Prova 1 Masc., 400m Livres Master Esc C
26-01-2013 - 10:00 Resultados

RN Esc C(35-39) 4:06.32 Pedro Miguel Silva CFV Ponte de Sor 29-01-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Nuno Braga	74	105530	Natacao da Maia	4:58.46	+0,96	556	
	50m: 33.33 33.33		150m: 1:48.50 37.90	250m: 3:05.86 38.95	350m: 4:22.87 38.27			
	100m: 1:10.60 37.27		200m: 2:26.91 38.41	300m: 3:44.60 38.74	400m: 4:58.46 35.59			
2.	Eduard Miralpeix Pujol	74		Cambrils C.N.	4:59.56	+1,12	549	
	50m: 34.44 34.44		150m: 1:48.09 37.41	250m: 3:04.88 38.24	350m: 4:22.53 38.73			
	100m: 1:10.68 36.24		200m: 2:26.64 38.55	300m: 3:43.80 38.92	400m: 4:59.56 37.03			
3.	Nuno Alexandre Crespo	75	105396	Colegio Monte Maior	5:03.85	+1,00	526	
	50m: 33.98 33.98		150m: 1:48.96 38.09	250m: 3:06.58 39.52	350m: 4:25.13 39.69			
	100m: 1:10.87 36.89		200m: 2:27.06 38.10	300m: 3:45.44 38.86	400m: 5:03.85 38.72			
4.	Artur Jorge Rosa	76	126945	Natacao da Maia	5:13.91	+0,88	477	
	50m: 34.48 34.48		150m: 1:50.56 38.56	250m: 3:10.73 40.30	350m: 4:32.81 41.56			
	100m: 1:12.00 37.52		200m: 2:30.43 39.87	300m: 3:51.25 40.52	400m: 5:13.91 41.10			
5.	Paulo Adao Coelho	78	120507	Leixoes	5:14.35	+0,62	475	
	50m: 34.09 34.09		150m: 1:50.55 39.20	250m: 3:11.52 40.85	350m: 4:34.34 41.73			
	100m: 1:11.35 37.26		200m: 2:30.67 40.12	300m: 3:52.61 41.09	400m: 5:14.35 40.01			
6.	Alexandre Marques Pereira	76	14651	Colegio Monte Maior	5:23.50	+0,98	436	
	50m: 35.68 35.68		150m: 1:53.56 39.74	250m: 3:16.66 42.14	350m: 4:42.41 42.95			
	100m: 1:13.82 38.14		200m: 2:34.52 40.96	300m: 3:59.46 42.80	400m: 5:23.50 41.09			
7.	Alexandre Mario Fortunato	74	24269	Fluvial Portuense	5:49.00	+0,96	347	
	50m: 34.77 34.77		150m: 2:00.20 43.42	250m: 3:27.14 43.60	350m: 5:00.49 48.66			
	100m: 1:16.78 42.01		200m: 2:43.54 43.34	300m: 4:11.83 44.69	400m: 5:49.00 48.51			
8.	Nuno Manuel Pereira	74	126560	Colegio Monte Maior	5:52.45	+0,96	337	
	50m: 39.36 39.36		150m: 2:08.70 45.08	250m: 3:40.10 45.79	350m: 5:10.65 44.51			
	100m: 1:23.62 44.26		200m: 2:54.31 45.61	300m: 4:26.14 46.04	400m: 5:52.45 41.80			
9.	Paulo Meira Santos	74	17501	Nacional de Natacao	6:12.30	+0,97	286	
	50m: 38.35 38.35		150m: 2:08.96 47.16	250m: 3:46.95 48.83	350m: 5:26.36 49.24			
	100m: 1:21.80 43.45		200m: 2:58.12 49.16	300m: 4:37.12 50.17	400m: 6:12.30 45.94			
DNS	Rui Filipe Costa	76	120506	Leixoes				
DNS	Joao Antonio Gomes	75	121592	Leixoes				
DNS	Joao Miguel Macedo	74	121593	Leixoes				

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Prova 1, Masc., 400m Livres

Prova 1 Masc., 400m Livres Master Esc D
26-01-2013 - 10:00 Resultados

RN Esc D(40-44) 4:30.98 Jorge Eduardo Faria SAD Inatel 01-03-2008

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hector Perez Arias	71		POR-Mina	4:47.12	+0,93	669	
	50m: 34.13 34.13		150m: 1:46.37 36.36	250m: 2:59.14 36.44	350m: 4:12.27 36.68			
	100m: 1:10.01 35.88		200m: 2:22.70 36.33	300m: 3:35.59 36.45	400m: 4:47.12 34.85			
2.	Carlos Guimaraes Goncalves	70	123664	Fluvial Portuense	4:53.72	+0,91	625	
	50m: 33.14 33.14		150m: 1:45.88 36.45	250m: 3:00.00 37.52	350m: 4:16.47 38.13			
	100m: 1:09.43 36.29		200m: 2:22.48 36.60	300m: 3:38.34 38.34	400m: 4:53.72 37.25			
3.	Americo Pedro Goncalves	71	121758	Galitos	4:59.08	+0,92	592	
	50m: 34.62 34.62		150m: 1:50.42 38.26	250m: 3:07.39 38.74	350m: 4:24.44 38.47			
	100m: 1:12.16 37.54		200m: 2:28.65 38.23	300m: 3:45.97 38.58	400m: 4:59.08 34.64			
4.	Antonio Perez-Portabella Lopez	69		Cambrils C.N.	5:05.78	+1,19	554	
	50m: 34.38 34.38		150m: 1:47.92 37.28	250m: 3:05.92 39.66	350m: 4:25.71 39.64			
	100m: 1:10.64 36.26		200m: 2:26.26 38.34	300m: 3:46.07 40.15	400m: 5:05.78 40.07			
5.	Sergio David Silva	73	101281	Natacao da Maia	5:08.43	+0,94	540	
	50m: 34.24 34.24		150m: 1:51.06 39.34	250m: 3:10.32 39.90	350m: 4:30.95 40.18			
	100m: 1:11.72 37.48		200m: 2:30.42 39.36	300m: 3:50.77 40.45	400m: 5:08.43 37.48			
6.	Marcos Rodriguez Balina	71		POR-Mina	5:30.17	+1,08	440	
	50m: 36.82 36.82		150m: 1:58.84 41.48	250m: 3:24.51 42.87	350m: 4:49.35 42.17			
	100m: 1:17.36 40.54		200m: 2:41.64 42.80	300m: 4:07.18 42.67	400m: 5:30.17 40.82			
7.	Nuno Andre Ramalhao	73	106424	Leixoes	5:46.92	+0,96	379	
	50m: 38.14 38.14		150m: 2:04.51 43.93	250m: 3:34.37 45.10	350m: 5:03.77 44.22			
	100m: 1:20.58 42.44		200m: 2:49.27 44.76	300m: 4:19.55 45.18	400m: 5:46.92 43.15			
8.	Nuno Filipe Barros	71	105839	Natacao da Maia	5:56.41	+1,07	350	
	50m: 37.19 37.19		150m: 2:03.39 44.64	250m: 3:37.22 47.22	350m: 5:12.98 47.28			
	100m: 1:18.75 41.56		200m: 2:50.00 46.61	300m: 4:25.70 48.48	400m: 5:56.41 43.43			
9.	Miguel Jose Ferreira	70	119657	Leixoes	6:13.38	+0,78	304	
	50m: 38.06 38.06		150m: 2:05.55 44.93	250m: 3:42.31 49.56	350m: 5:24.18 51.29			
	100m: 1:20.62 42.56		200m: 2:52.75 47.20	300m: 4:32.89 50.58	400m: 6:13.38 49.20			
10.	Antonio Humberto Goncalves	72	119499	Desportivo Nacional	6:50.06	+1,03	229	
	50m: 43.05 43.05		150m: 2:24.21 51.76	250m: 4:10.32 53.73	350m: 5:59.43 54.78			
	100m: 1:32.45 49.40		200m: 3:16.59 52.38	300m: 5:04.65 54.33	400m: 6:50.06 50.63			

Prova 1 Masc., 400m Livres Master Esc E
26-01-2013 - 10:00 Resultados

RN Esc E(45-49) 4:19.65 Jose Carlos Freitas CFP Ponte de Sor 29-01-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Alexandre Fernando	67	11177	Academica de Coimbra	5:17.15	+1,11	568	
	50m: 34.58 34.58		150m: 1:53.08 39.86	250m: 3:14.45 40.84	350m: 4:37.54 42.51			
	100m: 1:13.22 38.64		200m: 2:33.61 40.53	300m: 3:55.03 40.58	400m: 5:17.15 39.61			
2.	Ralf Pinto Soares	64	26786	Nadadores dos Estoris	5:32.35	+1,01	494	
	50m: 36.17 36.17		150m: 1:58.24 41.55	250m: 3:23.88 43.31	350m: 4:50.95 44.06			
	100m: 1:16.69 40.52		200m: 2:40.57 42.33	300m: 4:06.89 43.01	400m: 5:32.35 41.40			
3.	Paulo Alexandre Neves	66	112616	Leixoes	5:59.33		391	
	50m: 39.12 39.12		150m: 2:08.43 45.93	250m: 3:41.67 46.80	350m: 5:14.16 46.23			
	100m: 1:22.50 43.38		200m: 2:54.87 46.44	300m: 4:27.93 46.26	400m: 5:59.33 45.17			
DNS	Emanuel Araujo Marques	64	109267	Natacao da Maia				

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Prova 1, Masc., 400m Livres

Prova 1 Masc., 400m Livres Master Esc F
26-01-2013 - 10:00 Resultados

ER Esc F (50-54)	4:26.41	Peter Fischer	GER	Gau Algesheim (GER)	14-01-2012
RN Esc F(50-54)	4:41.85	Paulo Paula Carvalho	SFUAP	Lisboa	20-05-2011

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Jose Carlos Freitas	63	111877	Fluvial Portuense	4:22.11	+0,78	1073	
	<i>Recorde Europeu escalão F, Rec Nac Cat F e Rec Nac Cat F passagem aos 200 m</i>							
	50m: 30.19	30.19	150m: 1:35.48	32.72	250m: 2:41.95	33.26	350m: 3:49.00	33.55
	100m: 1:02.76	32.57	200m: 2:08.69	33.21	300m: 3:15.45	33.50	400m: 4:22.11	33.11
2.	Armando Joao Costa	63	12262	Colegio SMLamas	5:42.27	+0,81	482	
	50m: 35.28	35.28	150m: 2:00.78	44.07	250m: 3:31.33	45.61	350m: 5:01.25	44.45
	100m: 1:16.71	41.43	200m: 2:45.72	44.94	300m: 4:16.80	45.47	400m: 5:42.27	41.02
3.	Fernando Diogo Duarte	62	119707	Feirense	6:28.76	+1,04	329	
	50m: 40.67	40.67	150m: 2:15.74	48.61	250m: 3:56.26	51.11	350m: 5:38.48	51.28
	100m: 1:27.13	46.46	200m: 3:05.15	49.41	300m: 4:47.20	50.94	400m: 6:28.76	50.28
4.	Jose Guilherme Oliveira	60	118530	Colegio Monte Maior	7:18.17	+1,11	229	
	50m: 45.79	45.79	150m: 2:34.86	56.94	250m: 4:28.16	56.82	350m: 6:23.40	58.05
	100m: 1:37.92	52.13	200m: 3:31.34	56.48	300m: 5:25.35	57.19	400m: 7:18.17	54.77
DNS	Jose Pedro Dias	63	120850	Nacional de Natacao				

Prova 1 Masc., 400m Livres Master Esc G
26-01-2013 - 10:00 Resultados

RN Esc G(55-59)	5:17.88	Vitor Manuel Mavioso	SAD	Sines	08-01-2011
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Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Vitor Manuel Mavioso	56	100689	Alges	5:14.72	+0,85	752	
	<i>Rec Nac Cat G</i>							
	50m: 34.16	34.16	150m: 1:50.99	39.40	250m: 3:12.58	40.96	350m: 4:35.17	41.23
	100m: 1:11.59	37.43	200m: 2:31.62	40.63	300m: 3:53.94	41.36	400m: 5:14.72	39.55
2.	Jose Manuel Vieira	58	109259	Desportivo Nacional	5:41.70	+1,07	588	
	50m: 36.43	36.43	150m: 2:00.35	42.82	250m: 3:27.19	44.02	350m: 4:58.00	45.29
	100m: 1:17.53	41.10	200m: 2:43.17	42.82	300m: 4:12.71	45.52	400m: 5:41.70	43.70
3.	Antonio Prestes Pires	56	120943	Academica de Coimbra	6:02.11	+1,05	494	
	50m: 38.02	38.02	150m: 2:09.10	46.88	250m: 3:44.70	48.54	350m: 5:19.05	46.15
	100m: 1:22.22	44.20	200m: 2:56.16	47.06	300m: 4:32.90	48.20	400m: 6:02.11	43.06
4.	Teofilo Manuel Relvas	58	120556	Porto	7:09.32	+0,86	296	
	50m: 42.61	42.61	150m: 2:28.37	54.86	250m: 4:20.89	56.63	350m: 6:15.07	56.87
	100m: 1:33.51	50.90	200m: 3:24.26	55.89	300m: 5:18.20	57.31	400m: 7:09.32	54.25
5.	Jose Henrique Madail	54	119658	Galitos	7:15.04	+1,16	284	
	50m: 49.22	49.22	150m: 2:37.73	55.23	250m: 4:29.95	56.74	350m: 6:22.78	56.19
	100m: 1:42.50	53.28	200m: 3:33.21	55.48	300m: 5:26.59	56.64	400m: 7:15.04	52.26

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Prova 1, Masc., 400m Livres

Prova 1 Masc., 400m Livres Master Esc H
26-01-2013 - 10:00 Resultados

RN Esc H(60-64) 5:33.41 Stephen Thomas Dyson CFB Torres Novas 31-01-2009

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Jose Antonio Teixeira	53	100126	Academica de Coimbra	6:59.58	+1,07	347	
	50m: 44.34 44.34			150m: 2:28.60 53.42	250m: 4:18.29 55.14	350m: 6:07.82 54.72		
	100m: 1:35.18 50.84			200m: 3:23.15 54.55	300m: 5:13.10 54.81	400m: 6:59.58 51.76		
2.	Antonio Manuel Tavares	51	100700	Funcao Publica	7:08.71	+1,21	326	
	50m: 49.28 49.28			150m: 2:39.47 55.36	250m: 4:28.77 54.44	350m: 6:17.32 54.06		
	100m: 1:44.11 54.83			200m: 3:34.33 54.86	300m: 5:23.26 54.49	400m: 7:08.71 51.39		
3.	Jose Carlos Neto	53	14471	Ginasio Figueirense	7:56.14	+1,14	238	
	50m: 50.36 50.36			150m: 2:46.85 1:00.22	250m: 4:51.75 1:04.06	350m: 6:56.22 1:01.63		
	100m: 1:46.63 56.27			200m: 3:47.69 1:00.84	300m: 5:54.59 1:02.84	400m: 7:56.14 59.92		

Prova 1 Masc., 400m Livres Master Esc I
26-01-2013 - 10:00 Resultados

RN Esc I(65-69) 5:48.86 Antonio Bessone Basto SAD Lisboa 20-02-2010

Pontos: DSV Masters 04

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Manuel Antonio Rodriguez Yan48			Natacion Mos	6:28.26	+1,14	598	
	50m: 46.90 46.90			150m: 2:27.33 50.09	250m: 4:07.04 49.43	350m: 5:43.39 47.98		
	100m: 1:37.24 50.34			200m: 3:17.61 50.28	300m: 4:55.41 48.37	400m: 6:28.26 44.87		
2.	Alexandre Azevedo Gaspar	45	119670	Alges	7:34.82	+1,22	372	
	50m: 49.83 49.83			150m: 2:44.26 57.86	250m: 4:42.17 58.49	350m: 6:39.17 58.63		
	100m: 1:46.40 56.57			200m: 3:43.68 59.42	300m: 5:40.54 58.37	400m: 7:34.82 55.65		
3.	Jose Joaquim Marreiros	46	120970	Alges	8:00.97		314	
	50m: 52.44 52.44			150m: 2:51.15 1:00.80	250m: 4:54.80 1:01.50	350m: 7:00.71 1:03.31		
	100m: 1:50.35 57.91			200m: 3:53.30 1:02.15	300m: 5:57.40 1:02.60	400m: 8:00.97 1:00.26		