

Prova 36 Masc., 400m Livres Open
20-07-2013 - 11:50 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26-07-2003
Rec Nac Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11-07-2004
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Rec Nac Jun	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Rec Nac Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

TAC Jun2 Masc 18: 4:10.00 / TAC Jun1 Masc Jun 1: 4:15.00 / TAC JUV A Masc Juv A: 4:27.00 / TAC JUV B Masc Juv B: 4:36.00 /
TAC SEN Masc Sen: 4:10.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gustavo Manuel Santa	93	Sporting	4:04.61	+0,74	728	
	50m: 27.57 27.57	150m: 1:28.85 31.30	250m: 2:31.70 31.24	350m: 3:34.24 31.30	400m: 4:04.61 30.37		
	100m: 57.55 29.98	200m: 2:00.46 31.61	300m: 3:02.94 31.24				
2.	Luis Emanuel Vaz	91	Famalicao	4:04.88	+0,79	725	
	50m: 28.29 28.29	150m: 1:29.54 30.77	250m: 2:31.84 31.39	350m: 3:34.03 30.56	400m: 4:04.88 30.85		
	100m: 58.77 30.48	200m: 2:00.45 30.91	300m: 3:03.47 31.63				
3.	Nathan Keith Theodoris	95	Louletano/ Loule Concelho	4:05.27	+0,76	722	
	50m: 28.12 28.12	150m: 1:28.94 30.34	250m: 2:31.51 31.11	350m: 3:34.92 31.24	400m: 4:05.27 30.35		
	100m: 58.60 30.48	200m: 2:00.40 31.46	300m: 3:03.68 32.17				
4.	Domenico Acerenza	95	CN Lucano Savigi - PZ	4:05.29	+0,72	722	
	50m: 28.76 28.76	150m: 1:32.49 32.00	250m: 2:35.11 30.46	350m: 3:36.34 30.60	400m: 4:05.29 28.95		
	100m: 1:00.49 31.73	200m: 2:04.65 32.16	300m: 3:05.74 30.63				
5.	Joao Carlos Santos	96	Naval Amorense	4:06.33	+0,65	713	
	50m: 28.54 28.54	150m: 1:29.80 31.05	250m: 2:32.45 31.29	350m: 3:35.47 31.57	400m: 4:06.33 30.86		
	100m: 58.75 30.21	200m: 2:01.16 31.36	300m: 3:03.90 31.45				
6.	Andre Filipe Farinha	96	Benfica	4:06.81	+0,69	708	
	50m: 29.05 29.05	150m: 1:32.53 31.98	250m: 2:36.12 31.51	350m: 3:37.22 30.50	400m: 4:06.81 29.59		
	100m: 1:00.55 31.50	200m: 2:04.61 32.08	300m: 3:06.72 30.60				
7.	Mario Andre Bonanca	90	Sporting	4:07.03	+0,81	707	
	50m: 27.98 27.98	150m: 1:29.26 31.18	250m: 2:32.38 31.55	350m: 3:36.21 32.14	400m: 4:07.03 30.82		
	100m: 58.08 30.10	200m: 2:00.83 31.57	300m: 3:04.07 31.69				
8.	Joao Duarte Santos	95	Natacao de Olhao	4:09.23	+0,70	688	
	50m: 28.12 28.12	150m: 1:30.74 31.78	250m: 2:34.38 32.05	350m: 3:38.47 32.45	400m: 4:09.23 30.76		
	100m: 58.96 30.84	200m: 2:02.33 31.59	300m: 3:06.02 31.64				
9.	Tiago Silva Oliveira	94	Leixoes	4:09.49	+0,79	686	
	50m: 28.66 28.66	150m: 1:32.58 32.07	250m: 2:35.80 31.21	350m: 3:37.97 31.42	400m: 4:09.49 31.52		
	100m: 1:00.51 31.85	200m: 2:04.59 32.01	300m: 3:06.55 30.75				
10.	Ricardo Manuel Machado	93	Braga	4:09.60	+0,77	685	
	50m: 27.94 27.94	150m: 1:29.86 31.24	250m: 2:33.63 31.59	350m: 3:38.13 31.54	400m: 4:09.60 31.47		
	100m: 58.62 30.68	200m: 2:02.04 32.18	300m: 3:06.59 32.96				
11.	Bernardo Leitao Graca FTL	93	Sporting	4:11.49	+0,74	670	
	50m: 28.47 28.47	150m: 1:30.70 30.93	250m: 2:34.33 31.58	350m: 3:39.54 32.40	400m: 4:11.49 31.95		
	100m: 59.77 31.30	200m: 2:02.75 32.05	300m: 3:07.14 32.81				
12.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	4:12.24	+0,65	664	
	50m: 28.43 28.43	150m: 1:31.31 31.53	250m: 2:36.65 32.84	350m: 3:41.73 32.30	400m: 4:12.24 30.51		
	100m: 59.78 31.35	200m: 2:03.81 32.50	300m: 3:09.43 32.78				

Prova 36, Masc., 400m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Artur Manuel Ferreira <i>FTL</i>	95	Porto	4:12.51	+0,84	661	
	50m: 28.98 28.98	150m: 1:31.58	31.61	250m: 2:35.70	32.12	350m: 3:40.66	32.91
	100m: 59.97 30.99	200m: 2:03.58	32.00	300m: 3:07.75	32.05	400m: 4:12.51	31.85
14.	Alexandre Valdagua Coutinho	97	Columbofila Cantanhedense	4:13.14	+0,68	657	
	50m: 28.63 28.63	150m: 1:33.12	32.35	250m: 2:38.16	31.66	350m: 3:42.20	31.49
	100m: 1:00.77 32.14	200m: 2:06.50	33.38	300m: 3:10.71	32.55	400m: 4:13.14	30.94
15.	Ricardo Eduardo Afonso	97	Braga	4:13.19	+0,72	656	
	50m: 29.38 29.38	150m: 1:32.26	31.88	250m: 2:37.03	32.63	350m: 3:42.50	32.69
	100m: 1:00.38 31.00	200m: 2:04.40	32.14	300m: 3:09.81	32.78	400m: 4:13.19	30.69
16.	Leonardo Marchetta <i>FTL</i>	95	Pol Lib Invicta - Potenza	4:14.20	+0,76	648	
	50m: 28.95 28.95	150m: 1:32.27	32.30	250m: 2:36.94	32.69	350m: 3:42.35	32.88
	100m: 59.97 31.02	200m: 2:04.25	31.98	300m: 3:09.47	32.53	400m: 4:14.20	31.85
17.	Goncalo Miguel Nogueira	98	Porto	4:15.62	+0,70	638	
	50m: 28.05 28.05	150m: 1:31.41	32.04	250m: 2:37.24	32.67	350m: 3:43.35	32.43
	100m: 59.37 31.32	200m: 2:04.57	33.16	300m: 3:10.92	33.68	400m: 4:15.62	32.27
18.	Joao Pedro Belo	97	Sporting	4:15.71	+0,75	637	
	50m: 28.85 28.85	150m: 1:34.15	33.30	250m: 2:40.76	33.45	350m: 3:46.13	33.03
	100m: 1:00.85 32.00	200m: 2:07.31	33.16	300m: 3:13.10	32.34	400m: 4:15.71	29.58
19.	Fabio Alcantara Aires	97	Naval Amorense	4:16.16	+0,75	634	
	50m: 29.13 29.13	150m: 1:35.13	32.60	250m: 2:41.29	32.59	350m: 3:46.06	31.42
	100m: 1:02.53 33.40	200m: 2:08.70	33.57	300m: 3:14.64	33.35	400m: 4:16.16	30.10
20.	Carlos Flores Clara	97	Gesloures	4:16.85	+0,84	628	
	50m: 29.82 29.82	150m: 1:34.46	33.03	250m: 2:40.22	32.97	350m: 3:45.30	32.46
	100m: 1:01.43 31.61	200m: 2:07.25	32.79	300m: 3:12.84	32.62	400m: 4:16.85	31.55
21.	Jorge Miguel Nunes	97	Porto	4:16.91	+0,79	628	
	50m: 29.20 29.20	150m: 1:34.11	33.00	250m: 2:39.54	32.33	350m: 3:45.89	33.17
	100m: 1:01.11 31.91	200m: 2:07.21	33.10	300m: 3:12.72	33.18	400m: 4:16.91	31.02
22.	Guilherme Filipe Pina	98	Benedita	4:17.26	+0,75	625	
	50m: 29.89 29.89	150m: 1:34.89	32.33	250m: 2:41.23	32.65	350m: 3:46.05	31.70
	100m: 1:02.56 32.67	200m: 2:08.58	33.69	300m: 3:14.35	33.12	400m: 4:17.26	31.21
23.	Edgar Oliveira Ribeiro <i>FTL</i>	93	Braga	4:18.65	+0,88	615	
	50m: 28.77 28.77	150m: 1:33.31	32.67	250m: 2:39.18	33.13	350m: 3:46.29	33.52
	100m: 1:00.64 31.87	200m: 2:06.05	32.74	300m: 3:12.77	33.59	400m: 4:18.65	32.36
24.	Francisco Xavier Goncalves	97	Nautico de Coimbra	4:18.71	+0,70	615	
	50m: 29.66 29.66	150m: 1:35.44	32.90	250m: 2:41.33	32.84	350m: 3:47.24	32.73
	100m: 1:02.54 32.88	200m: 2:08.49	33.05	300m: 3:14.51	33.18	400m: 4:18.71	31.47
25.	Joao Miguel Ferreira	97	Foca	4:19.19	+0,78	612	
	50m: 29.87 29.87	150m: 1:35.46	32.60	250m: 2:41.43	32.62	350m: 3:47.25	32.27
	100m: 1:02.86 32.99	200m: 2:08.81	33.35	300m: 3:14.98	33.55	400m: 4:19.19	31.94
26.	David Emanuel Martins	97	Braga	4:19.34	+0,93	611	
	50m: 29.67 29.67	150m: 1:34.82	33.28	250m: 2:41.21	33.43	350m: 3:47.84	33.71
	100m: 1:01.54 31.87	200m: 2:07.78	32.96	300m: 3:14.13	32.92	400m: 4:19.34	31.50

Prova 36, Masc., 400m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	Eduardo Filipe Carvalheiro	97	Cumbobifila Cantanhedense	4:20.42	+0,77	603	
	50m: 29.05 29.05	150m: 1:34.95 33.25	250m: 2:40.95 32.65	350m: 3:47.79 33.33			
	100m: 1:01.70 32.65	200m: 2:08.30 33.35	300m: 3:14.46 33.51	400m: 4:20.42 32.63			
28.	Eduardo Salgado Ramos	97	Porto	4:20.52	+0,74	602	
	50m: 28.25 28.25	150m: 1:33.18 32.04	250m: 2:39.39 32.43	350m: 3:46.86 33.65			
	100m: 1:01.14 32.89	200m: 2:06.96 33.78	300m: 3:13.21 33.82	400m: 4:20.52 33.66			
29.	Joao Luis Travanca	97	Porto	4:21.21	+0,81	598	
	50m: 29.78 29.78	150m: 1:34.98 32.54	250m: 2:41.36 33.15	350m: 3:48.59 33.46			
	100m: 1:02.44 32.66	200m: 2:08.21 33.23	300m: 3:15.13 33.77	400m: 4:21.21 32.62			
30.	Diogo Manuel Marques	98	Cumbobifila Cantanhedense	4:21.49	+0,70	596	
	50m: 30.03 30.03	150m: 1:36.59 33.24	250m: 2:43.35 33.40	350m: 3:50.28 33.26			
	100m: 1:03.35 33.32	200m: 2:09.95 33.36	300m: 3:17.02 33.67	400m: 4:21.49 31.21			
31.	Pedro Goncalves Neto	98	Porto	4:21.79	+0,84	594	
	50m: 29.82 29.82	150m: 1:35.69 33.51	250m: 2:42.93 34.00	350m: 3:50.59 34.21			
	100m: 1:02.18 32.36	200m: 2:08.93 33.24	300m: 3:16.38 33.45	400m: 4:21.79 31.20			
32.	Joao Afonso Picao	97	Leixoes	4:22.49	+0,92	589	
	50m: 29.11 29.11	150m: 1:33.66 32.84	250m: 2:41.07 33.39	350m: 3:49.22 33.80			
	100m: 1:00.82 31.71	200m: 2:07.68 34.02	300m: 3:15.42 34.35	400m: 4:22.49 33.27			
33.	Vasco Gradim Amorim	98	Porto	4:23.17	+0,76	584	
	50m: 30.20 30.20	150m: 1:35.98 33.06	250m: 2:42.97 33.42	350m: 3:50.25 33.34			
	100m: 1:02.92 32.72	200m: 2:09.55 33.57	300m: 3:16.91 33.94	400m: 4:23.17 32.92			
34.	Jose Paula Carvalho	98	Uniao Piedense	4:23.70	+0,82	581	
	50m: 30.27 30.27	150m: 1:38.02 34.16	250m: 2:44.97 32.47	350m: 3:52.25 33.12			
	100m: 1:03.86 33.59	200m: 2:12.50 34.48	300m: 3:19.13 34.16	400m: 4:23.70 31.45			
35.	Joao Costa Ferreira	98	Famalicao	4:24.37	+0,92	576	
	50m: 29.99 29.99	150m: 1:36.35 33.98	250m: 2:44.11 34.08	350m: 3:52.75 34.50			
	100m: 1:02.37 32.38	200m: 2:10.03 33.68	300m: 3:18.25 34.14	400m: 4:24.37 31.62			
36.	Rafael Ladeiro Santos	98	Gesloures	4:25.22	+0,82	571	
	50m: 29.64 29.64	150m: 1:36.04 33.84	250m: 2:44.39 34.37	350m: 3:52.44 34.02			
	100m: 1:02.20 32.56	200m: 2:10.02 33.98	300m: 3:18.42 34.03	400m: 4:25.22 32.78			
37.	Andre Resende Pinheiro	97	Porto	4:25.25	+0,77	571	
	50m: 30.63 30.63	150m: 1:35.95 32.99	250m: 2:43.47 33.90	350m: 3:51.95 34.13			
	100m: 1:02.96 32.33	200m: 2:09.57 33.62	300m: 3:17.82 34.35	400m: 4:25.25 33.30			
38.	Leandro Fernandes Mota	98	Cumbobifila Cantanhedense	4:25.32	+0,79	570	
	50m: 30.83 30.83	150m: 1:37.64 33.02	250m: 2:44.83 33.56	350m: 3:52.54 32.98			
	100m: 1:04.62 33.79	200m: 2:11.27 33.63	300m: 3:19.56 34.73	400m: 4:25.32 32.78			
39.	Afonso Calais Queiroga	98	Uniao Piedense	4:26.05	+0,72	565	
	50m: 29.57 29.57	150m: 1:35.87 33.77	250m: 2:44.45 34.17	350m: 3:53.18 34.43			
	100m: 1:02.10 32.53	200m: 2:10.28 34.41	300m: 3:18.75 34.30	400m: 4:26.05 32.87			
40.	Joao Miguel Cardoso	97	Gesloures	4:26.25	+0,85	564	
	50m: 30.80 30.80	150m: 1:37.87 34.17	250m: 2:46.20 33.96	350m: 3:54.74 34.11			
	100m: 1:03.70 32.90	200m: 2:12.24 34.37	300m: 3:20.63 34.43	400m: 4:26.25 31.51			
41.	Jose Pedro Sampaio	98	Foca	4:26.27	+0,86	564	
	50m: 30.37 30.37	150m: 1:36.97 33.72	250m: 2:45.04 34.10	350m: 3:53.99 34.15			
	100m: 1:03.25 32.88	200m: 2:10.94 33.97	300m: 3:19.84 34.80	400m: 4:26.27 32.28			

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
42.	Vitor Joao Pereira	97	Leixoes	4:26.46	+0,85	563	
	50m: 29.24 29.24	150m: 1:34.16 33.38	250m: 2:43.11 35.29	350m: 3:52.83 35.48			
	100m: 1:00.78 31.54	200m: 2:07.82 33.66	300m: 3:17.35 34.24	400m: 4:26.46 33.63			
43.	Miguel Angelo Silvestre	97	Alcobaca	4:26.49	+0,78	563	
	50m: 29.75 29.75	150m: 1:35.26 33.22	250m: 2:42.25 33.54	350m: 3:51.61 34.58			
	100m: 1:02.04 32.29	200m: 2:08.71 33.45	300m: 3:17.03 34.78	400m: 4:26.49 34.88			
44.	Ruben Jose Morim	97	Vilacondense	4:26.61	+0,76	562	
	50m: 29.49 29.49	150m: 1:35.73 33.76	250m: 2:44.69 34.72	350m: 3:53.98 34.53			
	100m: 1:01.97 32.48	200m: 2:09.97 34.24	300m: 3:19.45 34.76	400m: 4:26.61 32.63			
45.	Joao Alberto Gondar	98	Vilacondense	4:26.96	+0,75	560	
	50m: 29.87 29.87	150m: 1:37.19 34.46	250m: 2:46.14 34.99	350m: 3:54.84 34.52			
	100m: 1:02.73 32.86	200m: 2:11.15 33.96	300m: 3:20.32 34.18	400m: 4:26.96 32.12			
46.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	4:27.70	+0,82	555	
	50m: 29.86 29.86	150m: 1:37.61 33.78	250m: 2:45.39 32.97	350m: 3:53.88 33.98			
	100m: 1:03.83 33.97	200m: 2:12.42 34.81	300m: 3:19.90 34.51	400m: 4:27.70 33.82			
47.	Luis Filipe Ribeiro	98	Braga	4:29.01	+0,87	547	
	50m: 30.01 30.01	150m: 1:38.37 34.94	250m: 2:47.87 34.70	350m: 3:56.57 34.01			
	100m: 1:03.43 33.42	200m: 2:13.17 34.80	300m: 3:22.56 34.69	400m: 4:29.01 32.44			
48.	Miguel Martins Baltazar	98	Aminata	4:29.10	+0,90	546	
	50m: 30.77 30.77	150m: 1:37.93 33.91	250m: 2:46.87 34.89	350m: 3:55.82 34.66			
	100m: 1:04.02 33.25	200m: 2:11.98 34.05	300m: 3:21.16 34.29	400m: 4:29.10 33.28			
49.	Viktor Kot	98	Nautico da Marinha Grande	4:30.15	+0,81	540	
	50m: 29.97 29.97	150m: 1:38.07 34.11	250m: 2:47.55 34.75	350m: 3:56.92 34.40			
	100m: 1:03.96 33.99	200m: 2:12.80 34.73	300m: 3:22.52 34.97	400m: 4:30.15 33.23			
50.	Joao Luis Maximo	98	O Crasto	4:30.17	+0,71	540	
	50m: 29.33 29.33	150m: 1:36.13 34.67	250m: 2:46.39 35.31	350m: 3:56.36 35.03			
	100m: 1:01.46 32.13	200m: 2:11.08 34.95	300m: 3:21.33 34.94	400m: 4:30.17 33.81			
51.	Tiago Carlos Santos	98	Naval Amorense	4:30.37	+0,83	539	
	50m: 29.63 29.63	150m: 1:36.36 33.63	250m: 2:45.51 34.16	350m: 3:56.00 34.55			
	100m: 1:02.73 33.10	200m: 2:11.35 34.99	300m: 3:21.45 35.94	400m: 4:30.37 34.37			
52.	David Miguel Neves	98	Benfica	4:30.56	+0,85	538	
	50m: 30.28 30.28	150m: 1:37.37 34.25	250m: 2:46.42 35.00	350m: 3:56.53 35.33			
	100m: 1:03.12 32.84	200m: 2:11.42 34.05	300m: 3:21.20 34.78	400m: 4:30.56 34.03			
53.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	4:30.82	+0,87	536	
	50m: 30.47 30.47	150m: 1:38.39 34.44	250m: 2:47.85 34.77	350m: 3:57.18 34.54			
	100m: 1:03.95 33.48	200m: 2:13.08 34.69	300m: 3:22.64 34.79	400m: 4:30.82 33.64			
54.	Joao Santos Mendes	98	Leixoes	4:31.59	+0,70	532	
	50m: 30.63 30.63	150m: 1:38.53 34.56	250m: 2:47.78 34.92	350m: 3:57.17 34.77			
	100m: 1:03.97 33.34	200m: 2:12.86 34.33	300m: 3:22.40 34.62	400m: 4:31.59 34.42			
55.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	4:32.03	+0,76	529	
	50m: 30.08 30.08	150m: 1:38.34 34.01	250m: 2:48.97 35.49	350m: 3:58.82 34.85			
	100m: 1:04.33 34.25	200m: 2:13.48 35.14	300m: 3:23.97 35.00	400m: 4:32.03 33.21			
56.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	4:32.25	+0,93	528	
	50m: 29.38 29.38	150m: 1:37.92 35.08	250m: 2:47.95 34.89	350m: 3:58.10 34.75			
	100m: 1:02.84 33.46	200m: 2:13.06 35.14	300m: 3:23.35 35.40	400m: 4:32.25 34.15			

Prova 36, Masc., 400m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
57.	Leonardo Rochinha Pedro	98	Estoris	4:33.52	+0,80	520	
	50m: 30.77 30.77	150m: 1:38.81 34.89	250m: 2:49.52 35.70	350m: 3:59.85 35.76			
	100m: 1:03.92 33.15	200m: 2:13.82 35.01	300m: 3:24.09 34.57	400m: 4:33.52 33.67			
58.	Joao Sismeiro Pereira	98	Amadora	4:33.80	+0,71	519	
	50m: 30.89 30.89	150m: 1:38.80 34.46	250m: 2:48.54 35.00	350m: 3:58.96 35.25			
	100m: 1:04.34 33.45	200m: 2:13.54 34.74	300m: 3:23.71 35.17	400m: 4:33.80 34.84			
59.	Bruno Jose Silva	98	Braga	4:34.09	+0,99	517	
	50m: 31.26 31.26	150m: 1:39.39 34.58	250m: 2:49.18 35.02	350m: 4:00.36 35.47			
	100m: 1:04.81 33.55	200m: 2:14.16 34.77	300m: 3:24.89 35.71	400m: 4:34.09 33.73			
60.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	4:34.26	+0,81	516	
	50m: 29.99 29.99	150m: 1:38.33 34.28	250m: 2:48.73 34.80	350m: 4:00.01 35.45			
	100m: 1:04.05 34.06	200m: 2:13.93 35.60	300m: 3:24.56 35.83	400m: 4:34.26 34.25			
61.	Alexandre Magno Carvalho	98	Fluvial Portuense	4:34.41	+0,76	515	
	50m: 30.14 30.14	150m: 1:38.24 34.57	250m: 2:48.52 35.61	350m: 4:00.28 36.32			
	100m: 1:03.67 33.53	200m: 2:12.91 34.67	300m: 3:23.96 35.44	400m: 4:34.41 34.13			
62.	Francisco Aguiar Morganho	98	Naval do Funchal	4:34.93	+0,69	512	
	50m: 30.36 30.36	150m: 1:38.76 34.65	250m: 2:49.68 35.39	350m: 4:00.75 35.18			
	100m: 1:04.11 33.75	200m: 2:14.29 35.53	300m: 3:25.57 35.89	400m: 4:34.93 34.18			
63.	Francisco Rodrigues Antas	98	Desportiva de Viana	4:37.00	+0,87	501	
	<i>FTL</i>						
	50m: 30.00 30.00	150m: 1:38.87 35.37	250m: 2:49.08 34.80	350m: 4:01.77 36.33			
	100m: 1:03.50 33.50	200m: 2:14.28 35.41	300m: 3:25.44 36.36	400m: 4:37.00 35.23			
64.	Filipe Ferreira Luz	98	Gesloures	4:38.38	+0,96	494	
	<i>FTL</i>						
	50m: 31.55 31.55	150m: 1:41.15 35.43	250m: 2:52.65 36.18	350m: 4:04.02 35.93			
	100m: 1:05.72 34.17	200m: 2:16.47 35.32	300m: 3:28.09 35.44	400m: 4:38.38 34.36			
65.	Luis Carlos Almeida	98	Gespacos	4:38.41	+0,90	493	
	<i>FTL</i>						
	50m: 30.32 30.32	150m: 1:40.12 35.89	250m: 2:51.71 36.17	350m: 4:04.15 35.92			
	100m: 1:04.23 33.91	200m: 2:15.54 35.42	300m: 3:28.23 36.52	400m: 4:38.41 34.26			
66.	Jose Pedro Pinto	98	Braga	4:39.49	+0,80	488	
	<i>FTL</i>						
	50m: 30.31 30.31	150m: 1:39.46 35.66	250m: 2:51.53 36.59	350m: 4:04.41 36.50			
	100m: 1:03.80 33.49	200m: 2:14.94 35.48	300m: 3:27.91 36.38	400m: 4:39.49 35.08			
67.	Artur Miguel Marques	97	Leixoes	4:41.29	+0,88	478	
	<i>FTL</i>						
	50m: 30.73 30.73	150m: 1:40.44 35.36	250m: 2:51.89 35.71	350m: 4:05.45 36.54			
	100m: 1:05.08 34.35	200m: 2:16.18 35.74	300m: 3:28.91 37.02	400m: 4:41.29 35.84			

Prova 36, Masc., 400m Livres, Elimin

Prova 36 Masc., 400m Livres Juvenis B
20-07-2013 - 11:50 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006

TAC JUV B Masc : 4:36.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Goncalo Miguel Nogueira	98	Porto	4:15.62	+0,70	638	
	50m: 28.05 28.05	150m: 1:31.41 32.04	250m: 2:37.24 32.67	350m: 3:43.35 32.43			
	100m: 59.37 31.32	200m: 2:04.57 33.16	300m: 3:10.92 33.68	400m: 4:15.62 32.27			
2.	Guilherme Filipe Pina	98	Benedita	4:17.26	+0,75	625	
	50m: 29.89 29.89	150m: 1:34.89 32.33	250m: 2:41.23 32.65	350m: 3:46.05 31.70			
	100m: 1:02.56 32.67	200m: 2:08.58 33.69	300m: 3:14.35 33.12	400m: 4:17.26 31.21			
3.	Diogo Manuel Marques	98	Columbofila Cantanhedense	4:21.49	+0,70	596	
	50m: 30.03 30.03	150m: 1:36.59 33.24	250m: 2:43.35 33.40	350m: 3:50.28 33.26			
	100m: 1:03.35 33.32	200m: 2:09.95 33.36	300m: 3:17.02 33.67	400m: 4:21.49 31.21			
4.	Pedro Goncalves Neto	98	Porto	4:21.79	+0,84	594	
	50m: 29.82 29.82	150m: 1:35.69 33.51	250m: 2:42.93 34.00	350m: 3:50.59 34.21			
	100m: 1:02.18 32.36	200m: 2:08.93 33.24	300m: 3:16.38 33.45	400m: 4:21.79 31.20			
5.	Vasco Gradim Amorim	98	Porto	4:23.17	+0,76	584	
	50m: 30.20 30.20	150m: 1:35.98 33.06	250m: 2:42.97 33.42	350m: 3:50.25 33.34			
	100m: 1:02.92 32.72	200m: 2:09.55 33.57	300m: 3:16.91 33.94	400m: 4:23.17 32.92			
6.	Jose Paula Carvalho	98	Uniao Piedense	4:23.70	+0,82	581	
	50m: 30.27 30.27	150m: 1:38.02 34.16	250m: 2:44.97 32.47	350m: 3:52.25 33.12			
	100m: 1:03.86 33.59	200m: 2:12.50 34.48	300m: 3:19.13 34.16	400m: 4:23.70 31.45			
7.	Joao Costa Ferreira	98	Famalicao	4:24.37	+0,92	576	
	50m: 29.99 29.99	150m: 1:36.35 33.98	250m: 2:44.11 34.08	350m: 3:52.75 34.50			
	100m: 1:02.37 32.38	200m: 2:10.03 33.68	300m: 3:18.25 34.14	400m: 4:24.37 31.62			
8.	Rafael Ladeiro Santos	98	Gesloures	4:25.22	+0,82	571	
	50m: 29.64 29.64	150m: 1:36.04 33.84	250m: 2:44.39 34.37	350m: 3:52.44 34.02			
	100m: 1:02.20 32.56	200m: 2:10.02 33.98	300m: 3:18.42 34.03	400m: 4:25.22 32.78			
9.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	4:25.32	+0,79	570	
	50m: 30.83 30.83	150m: 1:37.64 33.02	250m: 2:44.83 33.56	350m: 3:52.54 32.98			
	100m: 1:04.62 33.79	200m: 2:11.27 33.63	300m: 3:19.56 34.73	400m: 4:25.32 32.78			
10.	Afonso Calais Queiroga	98	Uniao Piedense	4:26.05	+0,72	565	
	50m: 29.57 29.57	150m: 1:35.87 33.77	250m: 2:44.45 34.17	350m: 3:53.18 34.43			
	100m: 1:02.10 32.53	200m: 2:10.28 34.41	300m: 3:18.75 34.30	400m: 4:26.05 32.87			
11.	Jose Pedro Sampaio	98	Foca	4:26.27	+0,86	564	
	50m: 30.37 30.37	150m: 1:36.97 33.72	250m: 2:45.04 34.10	350m: 3:53.99 34.15			
	100m: 1:03.25 32.88	200m: 2:10.94 33.97	300m: 3:19.84 34.80	400m: 4:26.27 32.28			
12.	Joao Alberto Gondar	98	Vilacondense	4:26.96	+0,75	560	
	50m: 29.87 29.87	150m: 1:37.19 34.46	250m: 2:46.14 34.99	350m: 3:54.84 34.52			
	100m: 1:02.73 32.86	200m: 2:11.15 33.96	300m: 3:20.32 34.18	400m: 4:26.96 32.12			
13.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	4:27.70	+0,82	555	
	50m: 29.86 29.86	150m: 1:37.61 33.78	250m: 2:45.39 32.97	350m: 3:53.88 33.98			
	100m: 1:03.83 33.97	200m: 2:12.42 34.81	300m: 3:19.90 34.51	400m: 4:27.70 33.82			

Prova 36, Masc., 400m Livres, Elimin, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Luis Filipe Ribeiro	98	Braga	4:29.01	+0,87	547	
	50m: 30.01 30.01	150m: 1:38.37 34.94	250m: 2:47.87 34.70	350m: 3:56.57 34.01			
	100m: 1:03.43 33.42	200m: 2:13.17 34.80	300m: 3:22.56 34.69	400m: 4:29.01 32.44			
15.	Miguel Martins Baltazar	98	Aminata	4:29.10	+0,90	546	
	50m: 30.77 30.77	150m: 1:37.93 33.91	250m: 2:46.87 34.89	350m: 3:55.82 34.66			
	100m: 1:04.02 33.25	200m: 2:11.98 34.05	300m: 3:21.16 34.29	400m: 4:29.10 33.28			
16.	Viktor Kot	98	Nautico da Marinha Grande	4:30.15	+0,81	540	
	50m: 29.97 29.97	150m: 1:38.07 34.11	250m: 2:47.55 34.75	350m: 3:56.92 34.40			
	100m: 1:03.96 33.99	200m: 2:12.80 34.73	300m: 3:22.52 34.97	400m: 4:30.15 33.23			
17.	Joao Luis Maximo	98	O Crasto	4:30.17	+0,71	540	
	50m: 29.33 29.33	150m: 1:36.13 34.67	250m: 2:46.39 35.31	350m: 3:56.36 35.03			
	100m: 1:01.46 32.13	200m: 2:11.08 34.95	300m: 3:21.33 34.94	400m: 4:30.17 33.81			
18.	Tiago Carlos Santos	98	Naval Amorense	4:30.37	+0,83	539	
	50m: 29.63 29.63	150m: 1:36.36 33.63	250m: 2:45.51 34.16	350m: 3:56.00 34.55			
	100m: 1:02.73 33.10	200m: 2:11.35 34.99	300m: 3:21.45 35.94	400m: 4:30.37 34.37			
19.	David Miguel Neves	98	Benfica	4:30.56	+0,85	538	
	50m: 30.28 30.28	150m: 1:37.37 34.25	250m: 2:46.42 35.00	350m: 3:56.53 35.33			
	100m: 1:03.12 32.84	200m: 2:11.42 34.05	300m: 3:21.20 34.78	400m: 4:30.56 34.03			
20.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	4:30.82	+0,87	536	
	50m: 30.47 30.47	150m: 1:38.39 34.44	250m: 2:47.85 34.77	350m: 3:57.18 34.54			
	100m: 1:03.95 33.48	200m: 2:13.08 34.69	300m: 3:22.64 34.79	400m: 4:30.82 33.64			
21.	Joao Santos Mendes	98	Leixoes	4:31.59	+0,70	532	
	50m: 30.63 30.63	150m: 1:38.53 34.56	250m: 2:47.78 34.92	350m: 3:57.17 34.77			
	100m: 1:03.97 33.34	200m: 2:12.86 34.33	300m: 3:22.40 34.62	400m: 4:31.59 34.42			
22.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	4:32.03	+0,76	529	
	50m: 30.08 30.08	150m: 1:38.34 34.01	250m: 2:48.97 35.49	350m: 3:58.82 34.85			
	100m: 1:04.33 34.25	200m: 2:13.48 35.14	300m: 3:23.97 35.00	400m: 4:32.03 33.21			
23.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	4:32.25	+0,93	528	
	50m: 29.38 29.38	150m: 1:37.92 35.08	250m: 2:47.95 34.89	350m: 3:58.10 34.75			
	100m: 1:02.84 33.46	200m: 2:13.06 35.14	300m: 3:23.35 35.40	400m: 4:32.25 34.15			
24.	Leonardo Rochinha Pedro	98	Estoris	4:33.52	+0,80	520	
	50m: 30.77 30.77	150m: 1:38.81 34.89	250m: 2:49.52 35.70	350m: 3:59.85 35.76			
	100m: 1:03.92 33.15	200m: 2:13.82 35.01	300m: 3:24.09 34.57	400m: 4:33.52 33.67			
25.	Joao Sismeyro Pereira	98	Amadora	4:33.80	+0,71	519	
	50m: 30.89 30.89	150m: 1:38.80 34.46	250m: 2:48.54 35.00	350m: 3:58.96 35.25			
	100m: 1:04.34 33.45	200m: 2:13.54 34.74	300m: 3:23.71 35.17	400m: 4:33.80 34.84			
26.	Bruno Jose Silva	98	Braga	4:34.09	+0,99	517	
	50m: 31.26 31.26	150m: 1:39.39 34.58	250m: 2:49.18 35.02	350m: 4:00.36 35.47			
	100m: 1:04.81 33.55	200m: 2:14.16 34.77	300m: 3:24.89 35.71	400m: 4:34.09 33.73			
27.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	4:34.26	+0,81	516	
	50m: 29.99 29.99	150m: 1:38.33 34.28	250m: 2:48.73 34.80	350m: 4:00.01 35.45			
	100m: 1:04.05 34.06	200m: 2:13.93 35.60	300m: 3:24.56 35.83	400m: 4:34.26 34.25			
28.	Alexandre Magno Carvalho	98	Fluvial Portuense	4:34.41	+0,76	515	
	50m: 30.14 30.14	150m: 1:38.24 34.57	250m: 2:48.52 35.61	350m: 4:00.28 36.32			
	100m: 1:03.67 33.53	200m: 2:12.91 34.67	300m: 3:23.96 35.44	400m: 4:34.41 34.13			

Prova 36, Masc., 400m Livres, Elimin, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
29.	Francisco Aguiar Morganho	98	Naval do Funchal	4:34.93	+0,69	512	
	50m: 30.36 30.36 150m: 1:38.76 34.65 250m: 2:49.68 35.39 350m: 4:00.75 35.18						
	100m: 1:04.11 33.75 200m: 2:14.29 35.53 300m: 3:25.57 35.89 400m: 4:34.93 34.18						
30.	Francisco Rodrigues Antas	98	Desportiva de Viana	4:37.00	+0,87	501	
	<i>FTL</i>						
	50m: 30.00 30.00 150m: 1:38.87 35.37 250m: 2:49.08 34.80 350m: 4:01.77 36.33						
	100m: 1:03.50 33.50 200m: 2:14.28 35.41 300m: 3:25.44 36.36 400m: 4:37.00 35.23						
31.	Filipe Ferreira Luz	98	Gesloures	4:38.38	+0,96	494	
	<i>FTL</i>						
	50m: 31.55 31.55 150m: 1:41.15 35.43 250m: 2:52.65 36.18 350m: 4:04.02 35.93						
	100m: 1:05.72 34.17 200m: 2:16.47 35.32 300m: 3:28.09 35.44 400m: 4:38.38 34.36						
32.	Luis Carlos Almeida	98	Gespacos	4:38.41	+0,90	493	
	<i>FTL</i>						
	50m: 30.32 30.32 150m: 1:40.12 35.89 250m: 2:51.71 36.17 350m: 4:04.15 35.92						
	100m: 1:04.23 33.91 200m: 2:15.54 35.42 300m: 3:28.23 36.52 400m: 4:38.41 34.26						
33.	Jose Pedro Pinto	98	Braga	4:39.49	+0,80	488	
	<i>FTL</i>						
	50m: 30.31 30.31 150m: 1:39.46 35.66 250m: 2:51.53 36.59 350m: 4:04.41 36.50						
	100m: 1:03.80 33.49 200m: 2:14.94 35.48 300m: 3:27.91 36.38 400m: 4:39.49 35.08						

Prova 36 Masc., 400m Livres Juvenis A
20-07-2013 - 11:50 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009

TAC JUV A Masc : 4:27.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Alexandre Valdagua Coutinho	97	Columbofila Cantanhedense	4:13.14	+0,68	657	
	50m: 28.63 28.63 150m: 1:33.12 32.35 250m: 2:38.16 31.66 350m: 3:42.20 31.49						
	100m: 1:00.77 32.14 200m: 2:06.50 33.38 300m: 3:10.71 32.55 400m: 4:13.14 30.94						
2.	Ricardo Eduardo Afonso	97	Braga	4:13.19	+0,72	656	
	50m: 29.38 29.38 150m: 1:32.26 31.88 250m: 2:37.03 32.63 350m: 3:42.50 32.69						
	100m: 1:00.38 31.00 200m: 2:04.40 32.14 300m: 3:09.81 32.78 400m: 4:13.19 30.69						
3.	Joao Pedro Belo	97	Sporting	4:15.71	+0,75	637	
	50m: 28.85 28.85 150m: 1:34.15 33.30 250m: 2:40.76 33.45 350m: 3:46.13 33.03						
	100m: 1:00.85 32.00 200m: 2:07.31 33.16 300m: 3:13.10 32.34 400m: 4:15.71 29.58						
4.	Fabio Alcantara Aires	97	Naval Amorense	4:16.16	+0,75	634	
	50m: 29.13 29.13 150m: 1:35.13 32.60 250m: 2:41.29 32.59 350m: 3:46.06 31.42						
	100m: 1:02.53 33.40 200m: 2:08.70 33.57 300m: 3:14.64 33.35 400m: 4:16.16 30.10						
5.	Carlos Flores Clara	97	Gesloures	4:16.85	+0,84	628	
	50m: 29.82 29.82 150m: 1:34.46 33.03 250m: 2:40.22 32.97 350m: 3:45.30 32.46						
	100m: 1:01.43 31.61 200m: 2:07.25 32.79 300m: 3:12.84 32.62 400m: 4:16.85 31.55						
6.	Jorge Miguel Nunes	97	Porto	4:16.91	+0,79	628	
	50m: 29.20 29.20 150m: 1:34.11 33.00 250m: 2:39.54 32.33 350m: 3:45.89 33.17						
	100m: 1:01.11 31.91 200m: 2:07.21 33.10 300m: 3:12.72 33.18 400m: 4:16.91 31.02						

Prova 36, Masc., 400m Livres, Elimin, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Francisco Xavier Goncalves	97	Nautico de Coimbra	4:18.71	+0,70	615	
	50m: 29.66 29.66	150m: 1:35.44 32.90	250m: 2:41.33 32.84	350m: 3:47.24 32.73			
	100m: 1:02.54 32.88	200m: 2:08.49 33.05	300m: 3:14.51 33.18	400m: 4:18.71 31.47			
8.	Joao Miguel Ferreira	97	Foca	4:19.19	+0,78	612	
	50m: 29.87 29.87	150m: 1:35.46 32.60	250m: 2:41.43 32.62	350m: 3:47.25 32.27			
	100m: 1:02.86 32.99	200m: 2:08.81 33.35	300m: 3:14.98 33.55	400m: 4:19.19 31.94			
9.	David Emanuel Martins	97	Braga	4:19.34	+0,93	611	
	50m: 29.67 29.67	150m: 1:34.82 33.28	250m: 2:41.21 33.43	350m: 3:47.84 33.71			
	100m: 1:01.54 31.87	200m: 2:07.78 32.96	300m: 3:14.13 32.92	400m: 4:19.34 31.50			
10.	Eduardo Filipe Carvalho	97	Columbofila Cantanhedense	4:20.42	+0,77	603	
	50m: 29.05 29.05	150m: 1:34.95 33.25	250m: 2:40.95 32.65	350m: 3:47.79 33.33			
	100m: 1:01.70 32.65	200m: 2:08.30 33.35	300m: 3:14.46 33.51	400m: 4:20.42 32.63			
11.	Eduardo Salgado Ramos	97	Porto	4:20.52	+0,74	602	
	50m: 28.25 28.25	150m: 1:33.18 32.04	250m: 2:39.39 32.43	350m: 3:46.86 33.65			
	100m: 1:01.14 32.89	200m: 2:06.96 33.78	300m: 3:13.21 33.82	400m: 4:20.52 33.66			
12.	Joao Luis Travanca	97	Porto	4:21.21	+0,81	598	
	50m: 29.78 29.78	150m: 1:34.98 32.54	250m: 2:41.36 33.15	350m: 3:48.59 33.46			
	100m: 1:02.44 32.66	200m: 2:08.21 33.23	300m: 3:15.13 33.77	400m: 4:21.21 32.62			
13.	Joao Afonso Picao	97	Leixoes	4:22.49	+0,92	589	
	50m: 29.11 29.11	150m: 1:33.66 32.84	250m: 2:41.07 33.39	350m: 3:49.22 33.80			
	100m: 1:00.82 31.71	200m: 2:07.68 34.02	300m: 3:15.42 34.35	400m: 4:22.49 33.27			
14.	Andre Resende Pinheiro	97	Porto	4:25.25	+0,77	571	
	50m: 30.63 30.63	150m: 1:35.95 32.99	250m: 2:43.47 33.90	350m: 3:51.95 34.13			
	100m: 1:02.96 32.33	200m: 2:09.57 33.62	300m: 3:17.82 34.35	400m: 4:25.25 33.30			
15.	Joao Miguel Cardoso	97	Gesloures	4:26.25	+0,85	564	
	50m: 30.80 30.80	150m: 1:37.87 34.17	250m: 2:46.20 33.96	350m: 3:54.74 34.11			
	100m: 1:03.70 32.90	200m: 2:12.24 34.37	300m: 3:20.63 34.43	400m: 4:26.25 31.51			
16.	Vitor Joao Pereira	97	Leixoes	4:26.46	+0,85	563	
	50m: 29.24 29.24	150m: 1:34.16 33.38	250m: 2:43.11 35.29	350m: 3:52.83 35.48			
	100m: 1:00.78 31.54	200m: 2:07.82 33.66	300m: 3:17.35 34.24	400m: 4:26.46 33.63			
17.	Miguel Angelo Silvestre	97	Alcobaca	4:26.49	+0,78	563	
	50m: 29.75 29.75	150m: 1:35.26 33.22	250m: 2:42.25 33.54	350m: 3:51.61 34.58			
	100m: 1:02.04 32.29	200m: 2:08.71 33.45	300m: 3:17.03 34.78	400m: 4:26.49 34.88			
18.	Ruben Jose Morim	97	Vilacondense	4:26.61	+0,76	562	
	50m: 29.49 29.49	150m: 1:35.73 33.76	250m: 2:44.69 34.72	350m: 3:53.98 34.53			
	100m: 1:01.97 32.48	200m: 2:09.97 34.24	300m: 3:19.45 34.76	400m: 4:26.61 32.63			
19.	Artur Miguel Marques	97	Leixoes	4:41.29	+0,88	478	
	<i>FTL</i>						
	50m: 30.73 30.73	150m: 1:40.44 35.36	250m: 2:51.89 35.71	350m: 4:05.45 36.54			
	100m: 1:05.08 34.35	200m: 2:16.18 35.74	300m: 3:28.91 37.02	400m: 4:41.29 35.84			

Prova 36, Masc., 400m Livres, Elimin

Prova 36 Masc., 400m Livres Absolutos
20-07-2013 - 11:50 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009
Rec Nac Jun	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010
Rec Nac Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

TAC Jun2 Masc 18: 4:10.00 / TAC Jun1 Masc Jun 1: 4:15.00 / TAC JUV A Masc Juv A: 4:27.00 / TAC JUV B Masc Juv B: 4:36.00 /
TAC SEN Masc Sen: 4:10.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gustavo Manuel Santa	93	Sporting	4:04.61	+0,74	728	
	50m: 27.57 27.57	150m: 1:28.85 31.30	250m: 2:31.70 31.24	350m: 3:34.24 31.30			
	100m: 57.55 29.98	200m: 2:00.46 31.61	300m: 3:02.94 31.24	400m: 4:04.61 30.37			
2.	Luis Emanuel Vaz	91	Famalicao	4:04.88	+0,79	725	
	50m: 28.29 28.29	150m: 1:29.54 30.77	250m: 2:31.84 31.39	350m: 3:34.03 30.56			
	100m: 58.77 30.48	200m: 2:00.45 30.91	300m: 3:03.47 31.63	400m: 4:04.88 30.85			
3.	Joao Carlos Santos	96	Naval Amorense	4:06.33	+0,65	713	
	50m: 28.54 28.54	150m: 1:29.80 31.05	250m: 2:32.45 31.29	350m: 3:35.47 31.57			
	100m: 58.75 30.21	200m: 2:01.16 31.36	300m: 3:03.90 31.45	400m: 4:06.33 30.86			
4.	Andre Filipe Farinha	96	Benfica	4:06.81	+0,69	708	
	50m: 29.05 29.05	150m: 1:32.53 31.98	250m: 2:36.12 31.51	350m: 3:37.22 30.50			
	100m: 1:00.55 31.50	200m: 2:04.61 32.08	300m: 3:06.72 30.60	400m: 4:06.81 29.59			
5.	Mario Andre Bonanca	90	Sporting	4:07.03	+0,81	707	
	50m: 27.98 27.98	150m: 1:29.26 31.18	250m: 2:32.38 31.55	350m: 3:36.21 32.14			
	100m: 58.08 30.10	200m: 2:00.83 31.57	300m: 3:04.07 31.69	400m: 4:07.03 30.82			
6.	Joao Duarte Santos	95	Natacao de Olhao	4:09.23	+0,70	688	
	50m: 28.12 28.12	150m: 1:30.74 31.78	250m: 2:34.38 32.05	350m: 3:38.47 32.45			
	100m: 58.96 30.84	200m: 2:02.33 31.59	300m: 3:06.02 31.64	400m: 4:09.23 30.76			
7.	Tiago Silva Oliveira	94	Leixoes	4:09.49	+0,79	686	
	50m: 28.66 28.66	150m: 1:32.58 32.07	250m: 2:35.80 31.21	350m: 3:37.97 31.42			
	100m: 1:00.51 31.85	200m: 2:04.59 32.01	300m: 3:06.55 30.75	400m: 4:09.49 31.52			
8.	Ricardo Manuel Machado	93	Braga	4:09.60	+0,77	685	
	50m: 27.94 27.94	150m: 1:29.86 31.24	250m: 2:33.63 31.59	350m: 3:38.13 31.54			
	100m: 58.62 30.68	200m: 2:02.04 32.18	300m: 3:06.59 32.96	400m: 4:09.60 31.47			
9.	Bernardo Leitao Graca	93	Sporting	4:11.49	+0,74	670	
	<i>FTL</i> 50m: 28.47 28.47	150m: 1:30.70 30.93	250m: 2:34.33 31.58	350m: 3:39.54 32.40			
	100m: 59.77 31.30	200m: 2:02.75 32.05	300m: 3:07.14 32.81	400m: 4:11.49 31.95			
10.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	4:12.24	+0,65	664	
	50m: 28.43 28.43	150m: 1:31.31 31.53	250m: 2:36.65 32.84	350m: 3:41.73 32.30			
	100m: 59.78 31.35	200m: 2:03.81 32.50	300m: 3:09.43 32.78	400m: 4:12.24 30.51			
11.	Artur Manuel Ferreira	95	Porto	4:12.51	+0,84	661	
	<i>FTL</i> 50m: 28.98 28.98	150m: 1:31.58 31.61	250m: 2:35.70 32.12	350m: 3:40.66 32.91			
	100m: 59.97 30.99	200m: 2:03.58 32.00	300m: 3:07.75 32.05	400m: 4:12.51 31.85			

Prova 36, Masc., 400m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Alexandre Valdagua Coutinho	97	Columbofila Cantanhedense	4:13.14	+0,68	657	
	50m: 28.63 28.63	150m: 1:33.12 32.35	250m: 2:38.16 31.66	350m: 3:42.20 31.49			
	100m: 1:00.77 32.14	200m: 2:06.50 33.38	300m: 3:10.71 32.55	400m: 4:13.14 30.94			
13.	Ricardo Eduardo Afonso	97	Braga	4:13.19	+0,72	656	
	50m: 29.38 29.38	150m: 1:32.26 31.88	250m: 2:37.03 32.63	350m: 3:42.50 32.69			
	100m: 1:00.38 31.00	200m: 2:04.40 32.14	300m: 3:09.81 32.78	400m: 4:13.19 30.69			
14.	Goncalo Miguel Nogueira	98	Porto	4:15.62	+0,70	638	
	50m: 28.05 28.05	150m: 1:31.41 32.04	250m: 2:37.24 32.67	350m: 3:43.35 32.43			
	100m: 59.37 31.32	200m: 2:04.57 33.16	300m: 3:10.92 33.68	400m: 4:15.62 32.27			
15.	Joao Pedro Belo	97	Sporting	4:15.71	+0,75	637	
	50m: 28.85 28.85	150m: 1:34.15 33.30	250m: 2:40.76 33.45	350m: 3:46.13 33.03			
	100m: 1:00.85 32.00	200m: 2:07.31 33.16	300m: 3:13.10 32.34	400m: 4:15.71 29.58			
16.	Fabio Alcantara Aires	97	Naval Amorense	4:16.16	+0,75	634	
	50m: 29.13 29.13	150m: 1:35.13 32.60	250m: 2:41.29 32.59	350m: 3:46.06 31.42			
	100m: 1:02.53 33.40	200m: 2:08.70 33.57	300m: 3:14.64 33.35	400m: 4:16.16 30.10			
17.	Carlos Flores Clara	97	Gesloures	4:16.85	+0,84	628	
	50m: 29.82 29.82	150m: 1:34.46 33.03	250m: 2:40.22 32.97	350m: 3:45.30 32.46			
	100m: 1:01.43 31.61	200m: 2:07.25 32.79	300m: 3:12.84 32.62	400m: 4:16.85 31.55			
18.	Jorge Miguel Nunes	97	Porto	4:16.91	+0,79	628	
	50m: 29.20 29.20	150m: 1:34.11 33.00	250m: 2:39.54 32.33	350m: 3:45.89 33.17			
	100m: 1:01.11 31.91	200m: 2:07.21 33.10	300m: 3:12.72 33.18	400m: 4:16.91 31.02			
19.	Guilherme Filipe Pina	98	Benedita	4:17.26	+0,75	625	
	50m: 29.89 29.89	150m: 1:34.89 32.33	250m: 2:41.23 32.65	350m: 3:46.05 31.70			
	100m: 1:02.56 32.67	200m: 2:08.58 33.69	300m: 3:14.35 33.12	400m: 4:17.26 31.21			
20.	Edgar Oliveira Ribeiro	93	Braga	4:18.65	+0,88	615	
	<i>FTL</i>						
	50m: 28.77 28.77	150m: 1:33.31 32.67	250m: 2:39.18 33.13	350m: 3:46.29 33.52			
	100m: 1:00.64 31.87	200m: 2:06.05 32.74	300m: 3:12.77 33.59	400m: 4:18.65 32.36			
21.	Francisco Xavier Goncalves	97	Nautico de Coimbra	4:18.71	+0,70	615	
	50m: 29.66 29.66	150m: 1:35.44 32.90	250m: 2:41.33 32.84	350m: 3:47.24 32.73			
	100m: 1:02.54 32.88	200m: 2:08.49 33.05	300m: 3:14.51 33.18	400m: 4:18.71 31.47			
22.	Joao Miguel Ferreira	97	Foca	4:19.19	+0,78	612	
	50m: 29.87 29.87	150m: 1:35.46 32.60	250m: 2:41.43 32.62	350m: 3:47.25 32.27			
	100m: 1:02.86 32.99	200m: 2:08.81 33.35	300m: 3:14.98 33.55	400m: 4:19.19 31.94			
23.	David Emanuel Martins	97	Braga	4:19.34	+0,93	611	
	50m: 29.67 29.67	150m: 1:34.82 33.28	250m: 2:41.21 33.43	350m: 3:47.84 33.71			
	100m: 1:01.54 31.87	200m: 2:07.78 32.96	300m: 3:14.13 32.92	400m: 4:19.34 31.50			
24.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	4:20.42	+0,77	603	
	50m: 29.05 29.05	150m: 1:34.95 33.25	250m: 2:40.95 32.65	350m: 3:47.79 33.33			
	100m: 1:01.70 32.65	200m: 2:08.30 33.35	300m: 3:14.46 33.51	400m: 4:20.42 32.63			
25.	Eduardo Salgado Ramos	97	Porto	4:20.52	+0,74	602	
	50m: 28.25 28.25	150m: 1:33.18 32.04	250m: 2:39.39 32.43	350m: 3:46.86 33.65			
	100m: 1:01.14 32.89	200m: 2:06.96 33.78	300m: 3:13.21 33.82	400m: 4:20.52 33.66			
26.	Joao Luis Travanca	97	Porto	4:21.21	+0,81	598	
	50m: 29.78 29.78	150m: 1:34.98 32.54	250m: 2:41.36 33.15	350m: 3:48.59 33.46			
	100m: 1:02.44 32.66	200m: 2:08.21 33.23	300m: 3:15.13 33.77	400m: 4:21.21 32.62			

Prova 36, Masc., 400m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	Diogo Manuel Marques	98	Columbofila Cantanhedense	4:21.49	+0,70	596	
	50m: 30.03 30.03	150m: 1:36.59 33.24	250m: 2:43.35 33.40	350m: 3:50.28 33.26			
	100m: 1:03.35 33.32	200m: 2:09.95 33.36	300m: 3:17.02 33.67	400m: 4:21.49 31.21			
28.	Pedro Goncalves Neto	98	Porto	4:21.79	+0,84	594	
	50m: 29.82 29.82	150m: 1:35.69 33.51	250m: 2:42.93 34.00	350m: 3:50.59 34.21			
	100m: 1:02.18 32.36	200m: 2:08.93 33.24	300m: 3:16.38 33.45	400m: 4:21.79 31.20			
29.	Joao Afonso Picao	97	Leixoes	4:22.49	+0,92	589	
	50m: 29.11 29.11	150m: 1:33.66 32.84	250m: 2:41.07 33.39	350m: 3:49.22 33.80			
	100m: 1:00.82 31.71	200m: 2:07.68 34.02	300m: 3:15.42 34.35	400m: 4:22.49 33.27			
30.	Vasco Gradim Amorim	98	Porto	4:23.17	+0,76	584	
	50m: 30.20 30.20	150m: 1:35.98 33.06	250m: 2:42.97 33.42	350m: 3:50.25 33.34			
	100m: 1:02.92 32.72	200m: 2:09.55 33.57	300m: 3:16.91 33.94	400m: 4:23.17 32.92			
31.	Jose Paula Carvalho	98	Uniao Piedense	4:23.70	+0,82	581	
	50m: 30.27 30.27	150m: 1:38.02 34.16	250m: 2:44.97 32.47	350m: 3:52.25 33.12			
	100m: 1:03.86 33.59	200m: 2:12.50 34.48	300m: 3:19.13 34.16	400m: 4:23.70 31.45			
32.	Joao Costa Ferreira	98	Famalicao	4:24.37	+0,92	576	
	50m: 29.99 29.99	150m: 1:36.35 33.98	250m: 2:44.11 34.08	350m: 3:52.75 34.50			
	100m: 1:02.37 32.38	200m: 2:10.03 33.68	300m: 3:18.25 34.14	400m: 4:24.37 31.62			
33.	Rafael Ladeiro Santos	98	Gesloures	4:25.22	+0,82	571	
	50m: 29.64 29.64	150m: 1:36.04 33.84	250m: 2:44.39 34.37	350m: 3:52.44 34.02			
	100m: 1:02.20 32.56	200m: 2:10.02 33.98	300m: 3:18.42 34.03	400m: 4:25.22 32.78			
34.	Andre Resende Pinheiro	97	Porto	4:25.25	+0,77	571	
	50m: 30.63 30.63	150m: 1:35.95 32.99	250m: 2:43.47 33.90	350m: 3:51.95 34.13			
	100m: 1:02.96 32.33	200m: 2:09.57 33.62	300m: 3:17.82 34.35	400m: 4:25.25 33.30			
35.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	4:25.32	+0,79	570	
	50m: 30.83 30.83	150m: 1:37.64 33.02	250m: 2:44.83 33.56	350m: 3:52.54 32.98			
	100m: 1:04.62 33.79	200m: 2:11.27 33.63	300m: 3:19.56 34.73	400m: 4:25.32 32.78			
36.	Afonso Calais Queiroga	98	Uniao Piedense	4:26.05	+0,72	565	
	50m: 29.57 29.57	150m: 1:35.87 33.77	250m: 2:44.45 34.17	350m: 3:53.18 34.43			
	100m: 1:02.10 32.53	200m: 2:10.28 34.41	300m: 3:18.75 34.30	400m: 4:26.05 32.87			
37.	Joao Miguel Cardoso	97	Gesloures	4:26.25	+0,85	564	
	50m: 30.80 30.80	150m: 1:37.87 34.17	250m: 2:46.20 33.96	350m: 3:54.74 34.11			
	100m: 1:03.70 32.90	200m: 2:12.24 34.37	300m: 3:20.63 34.43	400m: 4:26.25 31.51			
38.	Jose Pedro Sampaio	98	Foca	4:26.27	+0,86	564	
	50m: 30.37 30.37	150m: 1:36.97 33.72	250m: 2:45.04 34.10	350m: 3:53.99 34.15			
	100m: 1:03.25 32.88	200m: 2:10.94 33.97	300m: 3:19.84 34.80	400m: 4:26.27 32.28			
39.	Vitor Joao Pereira	97	Leixoes	4:26.46	+0,85	563	
	50m: 29.24 29.24	150m: 1:34.16 33.38	250m: 2:43.11 35.29	350m: 3:52.83 35.48			
	100m: 1:00.78 31.54	200m: 2:07.82 33.66	300m: 3:17.35 34.24	400m: 4:26.46 33.63			
40.	Miguel Angelo Silvestre	97	Alcobaca	4:26.49	+0,78	563	
	50m: 29.75 29.75	150m: 1:35.26 33.22	250m: 2:42.25 33.54	350m: 3:51.61 34.58			
	100m: 1:02.04 32.29	200m: 2:08.71 33.45	300m: 3:17.03 34.78	400m: 4:26.49 34.88			
41.	Ruben Jose Morim	97	Vilacondense	4:26.61	+0,76	562	
	50m: 29.49 29.49	150m: 1:35.73 33.76	250m: 2:44.69 34.72	350m: 3:53.98 34.53			
	100m: 1:01.97 32.48	200m: 2:09.97 34.24	300m: 3:19.45 34.76	400m: 4:26.61 32.63			

Prova 36, Masc., 400m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
42.	Joao Alberto Gondar	98	Vilacondense	4:26.96	+0,75	560	
	50m: 29.87 29.87	150m: 1:37.19 34.46	250m: 2:46.14 34.99	350m: 3:54.84 34.52			
	100m: 1:02.73 32.86	200m: 2:11.15 33.96	300m: 3:20.32 34.18	400m: 4:26.96 32.12			
43.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	4:27.70	+0,82	555	
	50m: 29.86 29.86	150m: 1:37.61 33.78	250m: 2:45.39 32.97	350m: 3:53.88 33.98			
	100m: 1:03.83 33.97	200m: 2:12.42 34.81	300m: 3:19.90 34.51	400m: 4:27.70 33.82			
44.	Luis Filipe Ribeiro	98	Braga	4:29.01	+0,87	547	
	50m: 30.01 30.01	150m: 1:38.37 34.94	250m: 2:47.87 34.70	350m: 3:56.57 34.01			
	100m: 1:03.43 33.42	200m: 2:13.17 34.80	300m: 3:22.56 34.69	400m: 4:29.01 32.44			
45.	Miguel Martins Baltazar	98	Aminata	4:29.10	+0,90	546	
	50m: 30.77 30.77	150m: 1:37.93 33.91	250m: 2:46.87 34.89	350m: 3:55.82 34.66			
	100m: 1:04.02 33.25	200m: 2:11.98 34.05	300m: 3:21.16 34.29	400m: 4:29.10 33.28			
46.	Viktor Kot	98	Nautico da Marinha Grande	4:30.15	+0,81	540	
	50m: 29.97 29.97	150m: 1:38.07 34.11	250m: 2:47.55 34.75	350m: 3:56.92 34.40			
	100m: 1:03.96 33.99	200m: 2:12.80 34.73	300m: 3:22.52 34.97	400m: 4:30.15 33.23			
47.	Joao Luis Maximo	98	O Crasto	4:30.17	+0,71	540	
	50m: 29.33 29.33	150m: 1:36.13 34.67	250m: 2:46.39 35.31	350m: 3:56.36 35.03			
	100m: 1:01.46 32.13	200m: 2:11.08 34.95	300m: 3:21.33 34.94	400m: 4:30.17 33.81			
48.	Tiago Carlos Santos	98	Naval Amorense	4:30.37	+0,83	539	
	50m: 29.63 29.63	150m: 1:36.36 33.63	250m: 2:45.51 34.16	350m: 3:56.00 34.55			
	100m: 1:02.73 33.10	200m: 2:11.35 34.99	300m: 3:21.45 35.94	400m: 4:30.37 34.37			
49.	David Miguel Neves	98	Benfica	4:30.56	+0,85	538	
	50m: 30.28 30.28	150m: 1:37.37 34.25	250m: 2:46.42 35.00	350m: 3:56.53 35.33			
	100m: 1:03.12 32.84	200m: 2:11.42 34.05	300m: 3:21.20 34.78	400m: 4:30.56 34.03			
50.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	4:30.82	+0,87	536	
	50m: 30.47 30.47	150m: 1:38.39 34.44	250m: 2:47.85 34.77	350m: 3:57.18 34.54			
	100m: 1:03.95 33.48	200m: 2:13.08 34.69	300m: 3:22.64 34.79	400m: 4:30.82 33.64			
51.	Joao Santos Mendes	98	Leixoes	4:31.59	+0,70	532	
	50m: 30.63 30.63	150m: 1:38.53 34.56	250m: 2:47.78 34.92	350m: 3:57.17 34.77			
	100m: 1:03.97 33.34	200m: 2:12.86 34.33	300m: 3:22.40 34.62	400m: 4:31.59 34.42			
52.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	4:32.03	+0,76	529	
	50m: 30.08 30.08	150m: 1:38.34 34.01	250m: 2:48.97 35.49	350m: 3:58.82 34.85			
	100m: 1:04.33 34.25	200m: 2:13.48 35.14	300m: 3:23.97 35.00	400m: 4:32.03 33.21			
53.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	4:32.25	+0,93	528	
	50m: 29.38 29.38	150m: 1:37.92 35.08	250m: 2:47.95 34.89	350m: 3:58.10 34.75			
	100m: 1:02.84 33.46	200m: 2:13.06 35.14	300m: 3:23.35 35.40	400m: 4:32.25 34.15			
54.	Leonardo Rochinha Pedro	98	Estoris	4:33.52	+0,80	520	
	50m: 30.77 30.77	150m: 1:38.81 34.89	250m: 2:49.52 35.70	350m: 3:59.85 35.76			
	100m: 1:03.92 33.15	200m: 2:13.82 35.01	300m: 3:24.09 34.57	400m: 4:33.52 33.67			
55.	Joao Sismeiro Pereira	98	Amadora	4:33.80	+0,71	519	
	50m: 30.89 30.89	150m: 1:38.80 34.46	250m: 2:48.54 35.00	350m: 3:58.96 35.25			
	100m: 1:04.34 33.45	200m: 2:13.54 34.74	300m: 3:23.71 35.17	400m: 4:33.80 34.84			
56.	Bruno Jose Silva	98	Braga	4:34.09	+0,99	517	
	50m: 31.26 31.26	150m: 1:39.39 34.58	250m: 2:49.18 35.02	350m: 4:00.36 35.47			
	100m: 1:04.81 33.55	200m: 2:14.16 34.77	300m: 3:24.89 35.71	400m: 4:34.09 33.73			

Prova 36, Masc., 400m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
57.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	4:34.26	+0,81	516	
	50m: 29.99 29.99 150m: 1:38.33 34.28 250m: 2:48.73 34.80 350m: 4:00.01 35.45						
	100m: 1:04.05 34.06 200m: 2:13.93 35.60 300m: 3:24.56 35.83 400m: 4:34.26 34.25						
58.	Alexandre Magno Carvalho	98	Fluvial Portuense	4:34.41	+0,76	515	
	50m: 30.14 30.14 150m: 1:38.24 34.57 250m: 2:48.52 35.61 350m: 4:00.28 36.32						
	100m: 1:03.67 33.53 200m: 2:12.91 34.67 300m: 3:23.96 35.44 400m: 4:34.41 34.13						
59.	Francisco Aguiar Morganho	98	Naval do Funchal	4:34.93	+0,69	512	
	50m: 30.36 30.36 150m: 1:38.76 34.65 250m: 2:49.68 35.39 350m: 4:00.75 35.18						
	100m: 1:04.11 33.75 200m: 2:14.29 35.53 300m: 3:25.57 35.89 400m: 4:34.93 34.18						
60.	Francisco Rodrigues Antas <i>FTL</i>	98	Desportiva de Viana	4:37.00	+0,87	501	
	50m: 30.00 30.00 150m: 1:38.87 35.37 250m: 2:49.08 34.80 350m: 4:01.77 36.33						
	100m: 1:03.50 33.50 200m: 2:14.28 35.41 300m: 3:25.44 36.36 400m: 4:37.00 35.23						
61.	Filipe Ferreira Luz <i>FTL</i>	98	Gesloures	4:38.38	+0,96	494	
	50m: 31.55 31.55 150m: 1:41.15 35.43 250m: 2:52.65 36.18 350m: 4:04.02 35.93						
	100m: 1:05.72 34.17 200m: 2:16.47 35.32 300m: 3:28.09 35.44 400m: 4:38.38 34.36						
62.	Luis Carlos Almeida <i>FTL</i>	98	Gespacos	4:38.41	+0,90	493	
	50m: 30.32 30.32 150m: 1:40.12 35.89 250m: 2:51.71 36.17 350m: 4:04.15 35.92						
	100m: 1:04.23 33.91 200m: 2:15.54 35.42 300m: 3:28.23 36.52 400m: 4:38.41 34.26						
63.	Jose Pedro Pinto <i>FTL</i>	98	Braga	4:39.49	+0,80	488	
	50m: 30.31 30.31 150m: 1:39.46 35.66 250m: 2:51.53 36.59 350m: 4:04.41 36.50						
	100m: 1:03.80 33.49 200m: 2:14.94 35.48 300m: 3:27.91 36.38 400m: 4:39.49 35.08						
64.	Artur Miguel Marques <i>FTL</i>	97	Leixoes	4:41.29	+0,88	478	
	50m: 30.73 30.73 150m: 1:40.44 35.36 250m: 2:51.89 35.71 350m: 4:05.45 36.54						
	100m: 1:05.08 34.35 200m: 2:16.18 35.74 300m: 3:28.91 37.02 400m: 4:41.29 35.84						

Prova 36 Masc., 400m Livres Jun 1
20-07-2013 - 11:50 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Jun	3:57.15	Gustavo Manuel Santa	FPN	Helsinquia (FIN)	14-07-2010

TAC Jun1 Masc : 4:15.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Carlos Santos	96	Naval Amorense	4:06.33	+0,65	713	
	50m: 28.54 28.54 150m: 1:29.80 31.05 250m: 2:32.45 31.29 350m: 3:35.47 31.57						
	100m: 58.75 30.21 200m: 2:01.16 31.36 300m: 3:03.90 31.45 400m: 4:06.33 30.86						
2.	Andre Filipe Farinha	96	Benfica	4:06.81	+0,69	708	
	50m: 29.05 29.05 150m: 1:32.53 31.98 250m: 2:36.12 31.51 350m: 3:37.22 30.50						
	100m: 1:00.55 31.50 200m: 2:04.61 32.08 300m: 3:06.72 30.60 400m: 4:06.81 29.59						
3.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	4:12.24	+0,65	664	
	50m: 28.43 28.43 150m: 1:31.31 31.53 250m: 2:36.65 32.84 350m: 3:41.73 32.30						
	100m: 59.78 31.35 200m: 2:03.81 32.50 300m: 3:09.43 32.78 400m: 4:12.24 30.51						

Prova 36, Masc., 400m Livres, Elimin

Prova 36 Masc., 400m Livres Jun 2
20-07-2013 - 11:50 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Jun	3:57.15	Gustavo Manuel Santa	FPN	Helsinki (FIN)	14-07-2010

TAC Jun2 Masc : 4:10.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Duarte Santos	95	Natacao de Olhao	4:09.23	+0,70	688	
	50m: 28.12 28.12	150m: 1:30.74 31.78	250m: 2:34.38 32.05	350m: 3:38.47 32.45			
	100m: 58.96 30.84	200m: 2:02.33 31.59	300m: 3:06.02 31.64	400m: 4:09.23 30.76			
2.	Artur Manuel Ferreira	95	Porto	4:12.51	+0,84	661	
	<i>FTL</i>						
	50m: 28.98 28.98	150m: 1:31.58 31.61	250m: 2:35.70 32.12	350m: 3:40.66 32.91			
	100m: 59.97 30.99	200m: 2:03.58 32.00	300m: 3:07.75 32.05	400m: 4:12.51 31.85			

Prova 36 Masc., 400m Livres Seniores
20-07-2013 - 11:50 Resultados Elimin

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Sen	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009

TAC SEN Masc : 4:10.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gustavo Manuel Santa	93	Sporting	4:04.61	+0,74	728	
	50m: 27.57 27.57	150m: 1:28.85 31.30	250m: 2:31.70 31.24	350m: 3:34.24 31.30			
	100m: 57.55 29.98	200m: 2:00.46 31.61	300m: 3:02.94 31.24	400m: 4:04.61 30.37			
2.	Luis Emanuel Vaz	91	Famalicao	4:04.88	+0,79	725	
	50m: 28.29 28.29	150m: 1:29.54 30.77	250m: 2:31.84 31.39	350m: 3:34.03 30.56			
	100m: 58.77 30.48	200m: 2:00.45 30.91	300m: 3:03.47 31.63	400m: 4:04.88 30.85			
3.	Mario Andre Bonanca	90	Sporting	4:07.03	+0,81	707	
	50m: 27.98 27.98	150m: 1:29.26 31.18	250m: 2:32.38 31.55	350m: 3:36.21 32.14			
	100m: 58.08 30.10	200m: 2:00.83 31.57	300m: 3:04.07 31.69	400m: 4:07.03 30.82			
4.	Tiago Silva Oliveira	94	Leixoes	4:09.49	+0,79	686	
	50m: 28.66 28.66	150m: 1:32.58 32.07	250m: 2:35.80 31.21	350m: 3:37.97 31.42			
	100m: 1:00.51 31.85	200m: 2:04.59 32.01	300m: 3:06.55 30.75	400m: 4:09.49 31.52			
5.	Ricardo Manuel Machado	93	Braga	4:09.60	+0,77	685	
	50m: 27.94 27.94	150m: 1:29.86 31.24	250m: 2:33.63 31.59	350m: 3:38.13 31.54			
	100m: 58.62 30.68	200m: 2:02.04 32.18	300m: 3:06.59 32.96	400m: 4:09.60 31.47			
6.	Bernardo Leitao Graca	93	Sporting	4:11.49	+0,74	670	
	<i>FTL</i>						
	50m: 28.47 28.47	150m: 1:30.70 30.93	250m: 2:34.33 31.58	350m: 3:39.54 32.40			
	100m: 59.77 31.30	200m: 2:02.75 32.05	300m: 3:07.14 32.81	400m: 4:11.49 31.95			
7.	Edgar Oliveira Ribeiro	93	Braga	4:18.65	+0,88	615	
	<i>FTL</i>						
	50m: 28.77 28.77	150m: 1:33.31 32.67	250m: 2:39.18 33.13	350m: 3:46.29 33.52			
	100m: 1:00.64 31.87	200m: 2:06.05 32.74	300m: 3:12.77 33.59	400m: 4:18.65 32.36			

Prova 36, Masc., 400m Livres, Elimin

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts					
EXH	Isidro Carrara Bittini	97	Alges	4:27.67	+0,71	555						
	<i>FTL</i>											
	50m:	29.05	29.05	150m:	1:35.41	33.50	250m:	2:43.93	34.23	350m:	3:53.98	34.63
	100m:	1:01.91	32.86	200m:	2:09.70	34.29	300m:	3:19.35	35.42	400m:	4:27.67	33.69