

Prova 16 Femin., 400m Estilos Open
19-07-2013 - 17:40 Resultados Final

Rec Nac Absoluto	4:49.60	Victoria Kaminskaya	PIMP	Coimbra	26-05-2013
Rec Nac Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Rec Nac Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007
Rec Nac Juv	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Rec Nac Jun	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Rec Nac Sen	4:49.60	Victoria Kaminskaya	PIMP	Coimbra	26-05-2013

TAC Jun2 Fem 16: 5:19.00 / TAC Jun1 Fem 15: 5:23.00 / TAC JUV Fem Juv: 5:40.00

Pontos: FINA 2013

resultados provisórios

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A							
1.	Danielle Lowe	95	Great Britain	4:42.24	+0,80	860	
	50m: 29.65 29.65	150m: 1:39.97 36.67	250m: 2:55.28 39.54	350m: 4:09.64 34.35			
	100m: 1:03.30 33.65	200m: 2:15.74 35.77	300m: 3:35.29 40.01	400m: 4:42.24 32.60			
2.	Victoria Kaminskaya	95	Pimpoes/Cimai	4:55.54	+0,78	749	
	50m: 30.73 30.73	150m: 1:44.83 38.39	250m: 3:02.97 40.64	350m: 4:20.14 35.80			
	100m: 1:06.44 35.71	200m: 2:22.33 37.50	300m: 3:44.34 41.37	400m: 4:55.54 35.40			
3.	Filipa Vilas Ruivo	97	Nautico da Marinha Grande	5:04.58	+0,94	684	
	50m: 33.08 33.08	150m: 1:51.38 40.72	250m: 3:14.36 43.11	350m: 4:31.46 34.11			
	100m: 1:10.66 37.58	200m: 2:31.25 39.87	300m: 3:57.35 42.99	400m: 5:04.58 33.12			
4.	Ana Marta Miranda	96	Uniao Piedense	5:05.01	+0,83	681	
	50m: 31.89 31.89	150m: 1:47.95 39.48	250m: 3:10.25 44.37	350m: 4:30.57 36.68			
	100m: 1:08.47 36.58	200m: 2:25.88 37.93	300m: 3:53.89 43.64	400m: 5:05.01 34.44			
5.	Ana Beatriz Pereira	91	Colegio Vasco da Gama	5:08.54	+0,74	658	
	50m: 31.77 31.77	150m: 1:50.83 43.82	250m: 3:15.08 42.61	350m: 4:33.55 35.29			
	100m: 1:07.01 35.24	200m: 2:32.47 41.64	300m: 3:58.26 43.18	400m: 5:08.54 34.99			
6.	Joana Dias Santos	96	Uniao Piedense	5:11.54	+0,84	639	
	50m: 34.00 34.00	150m: 1:54.72 41.84	250m: 3:16.55 40.72	350m: 4:36.53 37.55			
	100m: 1:12.88 38.88	200m: 2:35.83 41.11	300m: 3:58.98 42.43	400m: 5:11.54 35.01			
7.	Ana Teresa Franco	91	Sporting	5:12.67	+0,79	632	
	50m: 32.71 32.71	150m: 1:53.29 42.95	250m: 3:15.63 41.00	350m: 4:35.58 36.85			
	100m: 1:10.34 37.63	200m: 2:34.63 41.34	300m: 3:58.73 43.10	400m: 5:12.67 37.09			
8.	Ana Monica Eloi	96	Nautico da Marinha Grande	5:15.35	+0,80	616	
	50m: 32.55 32.55	150m: 1:52.88 41.48	250m: 3:18.42 44.55	350m: 4:40.03 35.99			
	100m: 1:11.40 38.85	200m: 2:33.87 40.99	300m: 4:04.04 45.62	400m: 5:15.35 35.32			