

Event 15 Men, 400m Medley Open  
19-07-2013 - 9:00 Results Prelim

Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013
Rec Nac Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Rec Nac Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013
Rec Nac Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004
Rec Nac Jun	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Rec Nac Sen	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009

TAC Jun2 Masc 18: 4:50.00 / TAC Jun1 Masc Jun 1: 4:56.00 / TAC JUV A Masc Juv A: 5:08.00 / TAC JUV B Masc Juv B: 5:17.00 / TAC SEN Masc Sen: 4:50.00

Points: FINA 2013

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Nuno Goncalo Quintanilha	87	Colegio Vasco da Gama	<b>4:37.48</b>	+0,76	678	
	50m: 27.54 27.54	150m: 1:37.45 36.97	250m: 2:53.64 38.54	350m: 4:04.48 32.84			
	100m: 1:00.48 32.94	200m: 2:15.10 37.65	300m: 3:31.64 38.00	400m: 4:37.48 33.00			
2.	Earl Radtschenko	96	Great Britain	<b>4:38.27</b>	+0,80	672	
	50m: 27.38 27.38	150m: 1:36.44 37.68	250m: 2:52.50 39.69	350m: 4:05.62 33.14			
	100m: 58.76 31.38	200m: 2:12.81 36.37	300m: 3:32.48 39.98	400m: 4:38.27 32.65			
3.	Mario Cortes Nunez	86	C.N.Mairena Aljarafe	<b>4:38.58</b>	+0,71	670	
	50m: 28.74 28.74	150m: 1:38.95 37.37	250m: 2:52.80 37.08	350m: 4:05.45 34.94			
	100m: 1:01.58 32.84	200m: 2:15.72 36.77	300m: 3:30.51 37.71	400m: 4:38.58 33.13			
4.	Alvaro Lopez Conde	92	C.N.Mairena Aljarafe	<b>4:39.51</b>	+0,70	663	
	50m: 29.08 29.08	150m: 1:40.04 36.21	250m: 2:55.71 40.41	350m: 4:09.10 33.45			
	100m: 1:03.83 34.75	200m: 2:15.30 35.26	300m: 3:35.65 39.94	400m: 4:39.51 30.41			
5.	Nuno Rafael Alves	90	Gespacos	<b>4:40.26</b>	+0,77	658	
	50m: 28.87 28.87	150m: 1:39.61 36.89	250m: 2:54.04 38.24	350m: 4:08.73 35.29			
	100m: 1:02.72 33.85	200m: 2:15.80 36.19	300m: 3:33.44 39.40	400m: 4:40.26 31.53			
6.	Andre Bras Goncalves	88	Amadora	<b>4:40.65</b>	+0,53	655	
	50m: 28.52 28.52	150m: 1:40.13 37.32	250m: 2:56.40 39.42	350m: 4:09.20 33.12			
	100m: 1:02.81 34.29	200m: 2:16.98 36.85	300m: 3:36.08 39.68	400m: 4:40.65 31.45			
7.	Pedro Barros Mendes	94	Academica de Coimbra	<b>4:40.94</b>	+0,77	653	
	50m: 29.59 29.59	150m: 1:40.56 36.55	250m: 2:57.29 40.84	350m: 4:11.03 33.11			
	100m: 1:04.01 34.42	200m: 2:16.45 35.89	300m: 3:37.92 40.63	400m: 4:40.94 29.91			
8.	Pedro Andre Santos	94	Alges	<b>4:44.25</b>	+0,74	631	
	50m: 29.03 29.03	150m: 1:40.77 37.75	250m: 2:57.16 39.46	350m: 4:11.38 34.26			
	100m: 1:03.02 33.99	200m: 2:17.70 36.93	300m: 3:37.12 39.96	400m: 4:44.25 32.87			
9.	Ruben Filipe Nunes	94	Gespacos	<b>4:46.62</b>	+0,83	615	
	50m: 29.33 29.33	150m: 1:40.08 37.60	250m: 2:58.77 41.26	350m: 4:13.34 33.55			
	100m: 1:02.48 33.15	200m: 2:17.51 37.43	300m: 3:39.79 41.02	400m: 4:46.62 33.28			
10.	Joao Andre Neves	95	Academica de Coimbra	<b>4:46.83</b>	+0,74	614	
	50m: 29.46 29.46	150m: 1:42.81 38.38	250m: 3:01.17 40.40	350m: 4:15.00 32.94			
	100m: 1:04.43 34.97	200m: 2:20.77 37.96	300m: 3:42.06 40.89	400m: 4:46.83 31.83			
11.	Afonso Lopes dos Santos	95	Alcobaca	<b>4:47.52</b>	+0,72	609	
	50m: 29.77 29.77	150m: 1:41.98 37.91	250m: 2:59.99 40.81	350m: 4:14.77 33.16			
	100m: 1:04.07 34.30	200m: 2:19.18 37.20	300m: 3:41.61 41.62	400m: 4:47.52 32.75			
12.	Antonio Rafael Bessa	94	Gespacos	<b>4:47.53</b>	+0,77	609	
	50m: 29.41 29.41	150m: 1:40.04 37.40	250m: 2:59.01 42.02	350m: 4:14.13 33.36			
	100m: 1:02.64 33.23	200m: 2:16.99 36.95	300m: 3:40.77 41.76	400m: 4:47.53 33.40			

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
13.	Rodrigo Silverio Carmo	96	Colegio Vasco da Gama	<b>4:48.19</b>	+0,70	605	
	50m: 29.74 29.74	150m: 1:42.92 37.82	250m: 3:00.41 39.89	350m: 4:15.22 33.71			
	100m: 1:05.10 35.36	200m: 2:20.52 37.60	300m: 3:41.51 41.10	400m: 4:48.19 32.97			
14.	Hugo Pon	98	Alges	<b>4:49.12</b>	+0,76	599	
	50m: 30.25 30.25	150m: 1:44.24 38.24	250m: 3:02.23 39.73	350m: 4:16.96 34.01			
	100m: 1:06.00 35.75	200m: 2:22.50 38.26	300m: 3:42.95 40.72	400m: 4:49.12 32.16			
15.	Tiago Barros Ferreira	94	Alges	<b>4:50.00</b>	+0,87	594	
	50m: 30.41 30.41	150m: 1:43.57 38.28	250m: 3:00.28 40.08	350m: 4:16.41 34.98			
	100m: 1:05.29 34.88	200m: 2:20.20 36.63	300m: 3:41.43 41.15	400m: 4:50.00 33.59			
16.	Joao Miguel Ferreira	97	Foca	<b>4:51.15</b>	+0,75	587	
	50m: 29.94 29.94	150m: 1:43.43 39.06	250m: 3:03.05 41.59	350m: 4:19.07 33.71			
	100m: 1:04.37 34.43	200m: 2:21.46 38.03	300m: 3:45.36 42.31	400m: 4:51.15 32.08			
17.	Rafael Filipe Nunes	96	Naval Amorense	<b>4:51.34</b>	+0,72	586	
	50m: 30.41 30.41	150m: 1:42.66 37.64	250m: 3:01.82 41.68	350m: 4:18.61 33.58			
	100m: 1:05.02 34.61	200m: 2:20.14 37.48	300m: 3:45.03 43.21	400m: 4:51.34 32.73			
18.	Miguel Bras Sergio <i>FTL</i>	95	Estoris	<b>4:51.37</b>	+0,82	586	
	50m: 28.50 28.50	150m: 1:41.27 39.01	250m: 3:00.11 41.03	350m: 4:17.62 35.00			
	100m: 1:02.26 33.76	200m: 2:19.08 37.81	300m: 3:42.62 42.51	400m: 4:51.37 33.75			
19.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	<b>4:51.69</b>	+0,86	584	
	50m: 30.59 30.59	150m: 1:44.85 39.85	250m: 3:03.23 41.05	350m: 4:19.80 33.71			
	100m: 1:05.00 34.41	200m: 2:22.18 37.33	300m: 3:46.09 42.86	400m: 4:51.69 31.89			
20.	Eduardo Salgado Ramos	97	Porto	<b>4:51.77</b>	+0,77	583	
	50m: 29.79 29.79	150m: 1:44.37 38.77	250m: 3:03.74 41.01	350m: 4:19.05 33.88			
	100m: 1:05.60 35.81	200m: 2:22.73 38.36	300m: 3:45.17 41.43	400m: 4:51.77 32.72			
21.	Ricardo Amorim Rego <i>FTL</i>	84	Braga	<b>4:52.78</b>	+0,81	577	
	50m: 29.92 29.92	150m: 1:43.68 37.81	250m: 3:01.93 40.25	350m: 4:18.31 34.85			
	100m: 1:05.87 35.95	200m: 2:21.68 38.00	300m: 3:43.46 41.53	400m: 4:52.78 34.47			
22.	Pedro Ribeiro Santos	96	Academico Viseu	<b>4:52.93</b>	+0,72	576	
	50m: 29.81 29.81	150m: 1:43.94 38.91	250m: 3:02.62 41.01	350m: 4:19.40 34.56			
	100m: 1:05.03 35.22	200m: 2:21.61 37.67	300m: 3:44.84 42.22	400m: 4:52.93 33.53			
23.	Pedro Veiguiha Martins	96	Braga	<b>4:54.39</b>	+0,81	568	
	50m: 31.20 31.20	150m: 1:48.16 41.13	250m: 3:08.33 40.76	350m: 4:22.53 32.90			
	100m: 1:07.03 35.83	200m: 2:27.57 39.41	300m: 3:49.63 41.30	400m: 4:54.39 31.86			
24.	Guilherme Miguel Teixeira	97	Benfica	<b>4:54.41</b>	+0,85	568	
	50m: 29.73 29.73	150m: 1:43.78 39.06	250m: 3:03.89 42.98	350m: 4:22.91 35.07			
	100m: 1:04.72 34.99	200m: 2:20.91 37.13	300m: 3:47.84 43.95	400m: 4:54.41 31.50			
25.	Mario Rui Cruz <i>FTL</i>	94	Amadora	<b>4:54.53</b>	+0,71	567	
	50m: 29.59 29.59	150m: 1:40.73 37.08	250m: 3:00.55 43.64	350m: 4:20.15 34.25			
	100m: 1:03.65 34.06	200m: 2:16.91 36.18	300m: 3:45.90 45.35	400m: 4:54.53 34.38			
26.	Miguel Bautista Borrás <i>FTL</i>	94	C.N.Mairena Aljarafe	<b>4:55.11</b>	+0,84	564	
	50m: 29.89 29.89	150m: 1:46.13 41.47	250m: 3:06.93 40.74	350m: 4:22.84 33.09			
	100m: 1:04.66 34.77	200m: 2:26.19 40.06	300m: 3:49.75 42.82	400m: 4:55.11 32.27			

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
27.	Andre Magalhaes Moura	98	Academico Viseu	<b>4:55.63</b>	+0,87	561	
	50m: 30.87 30.87	150m: 1:46.66 39.69	250m: 3:06.44 41.00	350m: 4:23.25 34.63			
	100m: 1:06.97 36.10	200m: 2:25.44 38.78	300m: 3:48.62 42.18	400m: 4:55.63 32.38			
28.	Jose Ricardo Sousa	97	Lousada SXXI	<b>4:55.92</b>	+0,87	559	
	50m: 29.26 29.26	150m: 1:43.83 39.91	250m: 3:04.98 42.18	350m: 4:21.65 34.95			
	100m: 1:03.92 34.66	200m: 2:22.80 38.97	300m: 3:46.70 41.72	400m: 4:55.92 34.27			
29.	Luis Carlos Oliveira	97	Porto	<b>4:56.28</b>	+0,74	557	
	50m: 29.38 29.38	150m: 1:42.35 37.73	250m: 3:03.64 43.25	350m: 4:22.35 34.31			
	100m: 1:04.62 35.24	200m: 2:20.39 38.04	300m: 3:48.04 44.40	400m: 4:56.28 33.93			
30.	Andre Resende Pinheiro	97	Porto	<b>4:57.17</b>	+0,83	552	
	50m: 31.22 31.22	150m: 1:45.81 38.62	250m: 3:06.42 42.30	350m: 4:24.52 33.40			
	100m: 1:07.19 35.97	200m: 2:24.12 38.31	300m: 3:51.12 44.70	400m: 4:57.17 32.65			
31.	Luis Filipe Ribeiro	98	Braga	<b>4:57.25</b>	+0,89	552	
	50m: 30.79 30.79	150m: 1:45.27 39.13	250m: 3:07.01 43.04	350m: 4:25.26 34.00			
	100m: 1:06.14 35.35	200m: 2:23.97 38.70	300m: 3:51.26 44.25	400m: 4:57.25 31.99			
32.	Vitor Joao Pereira	97	Leixoes	<b>4:57.41</b>	+0,87	551	
	50m: 30.20 30.20	150m: 1:44.89 38.77	250m: 3:06.98 43.79	350m: 4:25.15 34.27			
	100m: 1:06.12 35.92	200m: 2:23.19 38.30	300m: 3:50.88 43.90	400m: 4:57.41 32.26			
33.	David Emanuel Martins	97	Braga	<b>4:57.52</b>		550	
	50m: 31.01 31.01	150m: 1:45.27 38.63	250m: 3:08.51 46.23	350m: 4:26.48 32.64			
	100m: 1:06.64 35.63	200m: 2:22.28 37.01	300m: 3:53.84 45.33	400m: 4:57.52 31.04			
34.	Vasco Gradim Amorim	98	Porto	<b>4:57.72</b>	+0,76	549	
	50m: 31.19 31.19	150m: 1:43.43 37.30	250m: 3:05.54 44.12	350m: 4:24.46 34.51			
	100m: 1:06.13 34.94	200m: 2:21.42 37.99	300m: 3:49.95 44.41	400m: 4:57.72 33.26			
35.	Joao Pedro Neves	96	Aminata	<b>4:59.38</b>	+0,83	540	
	<i>FTL</i> 50m: 29.91 29.91	150m: 1:44.46 39.85	250m: 3:06.10 43.31	350m: 4:25.76 35.29			
	100m: 1:04.61 34.70	200m: 2:22.79 38.33	300m: 3:50.47 44.37	400m: 4:59.38 33.62			
36.	Andre Filipe Teodoro	95	Naval Setubalense	<b>4:59.44</b>	+0,84	539	
	<i>FTL</i> 50m: 29.85 29.85	150m: 1:45.04 39.39	250m: 3:08.43 43.49	350m: 4:27.15 34.39			
	100m: 1:05.65 35.80	200m: 2:24.94 39.90	300m: 3:52.76 44.33	400m: 4:59.44 32.29			
37.	Jose Paula Carvalho	98	Uniao Piedense	<b>4:59.66</b>	+0,83	538	
	50m: 29.98 29.98	150m: 1:43.50 39.73	250m: 3:03.72 42.70	350m: 4:25.20 36.31			
	100m: 1:03.77 33.79	200m: 2:21.02 37.52	300m: 3:48.89 45.17	400m: 4:59.66 34.46			
38.	Paulo Andre Silva	96	Vilacondense	<b>5:02.81</b>	+0,70	522	
	<i>FTL</i> 50m: 30.43 30.43	150m: 1:45.04 38.96	250m: 3:08.66 45.63	350m: 4:29.20 34.86			
	100m: 1:06.08 35.65	200m: 2:23.03 37.99	300m: 3:54.34 45.68	400m: 5:02.81 33.61			
39.	Diogo Miguel Costa	98	Porto	<b>5:03.39</b>	+0,73	519	
	50m: 29.47 29.47	150m: 1:46.81 41.07	250m: 3:08.26 41.87	350m: 4:28.21 36.04			
	100m: 1:05.74 36.27	200m: 2:26.39 39.58	300m: 3:52.17 43.91	400m: 5:03.39 35.18			
40.	Tiago Martim Alves	97	Desportiva de Viana	<b>5:03.46</b>		518	
	50m: 30.24 30.24	150m: 1:46.51 40.57	250m: 3:10.19 43.14	350m: 4:29.13 34.87			
	100m: 1:05.94 35.70	200m: 2:27.05 40.54	300m: 3:54.26 44.07	400m: 5:03.46 34.33			

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Rank	Nome	YB	Clube	Tempo Final				RT	Pts FINA	Pts
41.	Jose Pedro Sampaio	98	Foca	<b>5:03.88</b>				+0,85	516	
	50m: 30.25 30.25		150m: 1:44.53 38.67	250m: 3:08.45 45.37	350m: 4:29.05 34.50	400m: 5:03.88 34.83				
	100m: 1:05.86 35.61		200m: 2:23.08 38.55	300m: 3:54.55 46.10						
42.	Viktor Kot	98	Nautico da Marinha Grande	<b>5:03.95</b>				+0,78	516	
	50m: 31.34 31.34		150m: 1:47.14 39.86	250m: 3:10.44 44.61	350m: 4:30.77 34.79	400m: 5:03.95 33.18				
	100m: 1:07.28 35.94		200m: 2:25.83 38.69	300m: 3:55.98 45.54						
43.	Nuno Valerio Silva	97	Nautico da Marinha Grande	<b>5:05.88</b>				+0,84	506	
	50m: 30.64 30.64		150m: 1:48.74 42.30	250m: 3:13.51 43.62	350m: 4:33.67 35.43	400m: 5:05.88 32.21				
	100m: 1:06.44 35.80		200m: 2:29.89 41.15	300m: 3:58.24 44.73						
44.	A. Joao Alexandre Goncalves	97	Amadora	<b>5:06.16</b>				+0,81	505	
	50m: 31.24 31.24		150m: 1:50.89 42.39	250m: 3:16.14 45.60	350m: 4:34.86 34.30	400m: 5:06.16 31.30				
	100m: 1:08.50 37.26		200m: 2:30.54 39.65	300m: 4:00.56 44.42						
45.	Afonso Ribeiro Bate	98	Alges	<b>5:06.49</b>				+0,62	503	
	50m: 31.08 31.08		150m: 1:50.21 42.34	250m: 3:12.19 39.73	350m: 4:31.29 35.86	400m: 5:06.49 35.20				
	100m: 1:07.87 36.79		200m: 2:32.46 42.25	300m: 3:55.43 43.24						
46.	Miguel Rocha Costa	97	Gesloures	<b>5:06.68</b>				+0,83	502	
	50m: 32.57 32.57		150m: 1:51.48 40.93	250m: 3:13.25 42.37	350m: 4:32.64 35.83	400m: 5:06.68 34.04				
	100m: 1:10.55 37.98		200m: 2:30.88 39.40	300m: 3:56.81 43.56						
47.	Joao Andre Gomes	97	Alcobaca	<b>5:07.76</b>				+0,84	497	
	50m: 30.79 30.79		150m: 1:47.44 41.06	250m: 3:10.93 45.05	350m: 4:32.42 36.35	400m: 5:07.76 35.34				
	100m: 1:06.38 35.59		200m: 2:25.88 38.44	300m: 3:56.07 45.14						
48.	Marco Andre Fernandes	97	Gespacos	<b>5:08.86</b>				+0,92	492	
	<i>FTL</i>									
	50m: 32.03 32.03		150m: 1:48.97 40.74	250m: 3:14.09 46.30	350m: 4:35.06 35.74	400m: 5:08.86 33.80				
	100m: 1:08.23 36.20		200m: 2:27.79 38.82	300m: 3:59.32 45.23						
49.	Pedro Nuno Vieira	98	Natacao de Valongo	<b>5:08.93</b>				+0,85	491	
	50m: 31.45 31.45		150m: 1:47.47 40.38	250m: 3:12.23 43.95	350m: 4:34.17 36.31	400m: 5:08.93 34.76				
	100m: 1:07.09 35.64		200m: 2:28.28 40.81	300m: 3:57.86 45.63						
50.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	<b>5:08.95</b>				+0,92	491	
	50m: 31.68 31.68		150m: 1:51.71 40.97	250m: 3:15.05 42.38	350m: 4:34.23 36.05	400m: 5:08.95 34.72				
	100m: 1:10.74 39.06		200m: 2:32.67 40.96	300m: 3:58.18 43.13						
51.	Luis Carlos Almeida	98	Gespacos	<b>5:09.60</b>				+0,90	488	
	50m: 32.29 32.29		150m: 1:52.28 42.12	250m: 3:17.82 44.81	350m: 4:36.54 34.83	400m: 5:09.60 33.06				
	100m: 1:10.16 37.87		200m: 2:33.01 40.73	300m: 4:01.71 43.89						
52.	Filipe Fonte Cunha	98	Academico Viseu	<b>5:09.68</b>				+0,96	488	
	50m: 30.69 30.69		150m: 1:48.05 42.87	250m: 3:14.70 44.41	350m: 4:35.82 36.45	400m: 5:09.68 33.86				
	100m: 1:05.18 34.49		200m: 2:30.29 42.24	300m: 3:59.37 44.67						
53.	Alexandre Miguel Laureano	97	Alcobaca	<b>5:10.00</b>				+0,75	486	
	<i>FTL</i>									
	50m: 33.10 33.10		150m: 1:52.55 39.91	250m: 3:17.68 45.66	350m: 4:37.61 33.15	400m: 5:10.00 32.39				
	100m: 1:12.64 39.54		200m: 2:32.02 39.47	300m: 4:04.46 46.78						
54.	Pedro Trindade Silva	98	Amadora	<b>5:10.62</b>				+0,79	483	
	50m: 33.04 33.04		150m: 1:51.12 41.33	250m: 3:16.15 45.83	350m: 4:38.21 35.96	400m: 5:10.62 32.41				
	100m: 1:09.79 36.75		200m: 2:30.32 39.20	300m: 4:02.25 46.10						

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
55.	Pedro Miguel Lino	98	Gespacos	<b>5:10.93</b>	+0,96	482	
	50m: 32.20 32.20	150m: 1:50.10 41.03	250m: 3:15.77 44.96	350m: 4:36.56 35.65	400m: 5:10.93 34.37		
	100m: 1:09.07 36.87	200m: 2:30.81 40.71	300m: 4:00.91 45.14				
56.	Tiago Rafael Martins	97	Gesloures	<b>5:11.05</b>	+0,88	481	
	<i>FTL</i>						
	50m: 33.42 33.42	150m: 1:55.15 42.00	250m: 3:17.45 42.15	350m: 4:37.14 36.25	400m: 5:11.05 33.91		
	100m: 1:13.15 39.73	200m: 2:35.30 40.15	300m: 4:00.89 43.44				
57.	Goncalo Filipe Patatas	98	Sporting	<b>5:11.74</b>	+0,73	478	
	50m: 30.10 30.10	150m: 1:47.40 41.82	250m: 3:14.08 46.36	350m: 4:36.45 35.53	400m: 5:11.74 35.29		
	100m: 1:05.58 35.48	200m: 2:27.72 40.32	300m: 4:00.92 46.84				
58.	Diogo Vicente Silva	98	Nautico da Marinha Grande	<b>5:12.57</b>	+0,88	474	
	50m: 32.05 32.05	150m: 1:48.61 39.29	250m: 3:12.24 44.83	350m: 4:35.82 37.65	400m: 5:12.57 36.75		
	100m: 1:09.32 37.27	200m: 2:27.41 38.80	300m: 3:58.17 45.93				
59.	Paulo Filipe Silva	98	Natacao da Maia	<b>5:12.87</b>	+0,55	473	
	50m: 31.37 31.37	150m: 1:47.17 39.06	250m: 3:13.35 46.69	350m: 4:38.00 37.07	400m: 5:12.87 34.87		
	100m: 1:08.11 36.74	200m: 2:26.66 39.49	300m: 4:00.93 47.58				
60.	Rodrigo Manuel Monteiro	98	Sporting de Espinho	<b>5:14.68</b>	+0,86	465	
	50m: 32.12 32.12	150m: 1:51.41 41.19	250m: 3:17.03 46.10	350m: 4:40.35 36.69	400m: 5:14.68 34.33		
	100m: 1:10.22 38.10	200m: 2:30.93 39.52	300m: 4:03.66 46.63				
61.	Rafael Ladeiro Santos	98	Gesloures	<b>5:18.43</b>	+0,91	449	
	<i>FTL</i>						
	50m: 31.88 31.88	150m: 1:55.14 44.01	250m: 3:20.37 43.78	350m: 4:42.94 36.62	400m: 5:18.43 35.49		
	100m: 1:11.13 39.25	200m: 2:36.59 41.45	300m: 4:06.32 45.95				
62.	Joao Nuno Costa	98	Gespacos	<b>5:25.05</b>	+0,96	422	
	<i>FTL</i>						
	50m: 34.04 34.04	150m: 1:57.23 41.86	250m: 3:24.94 46.10	350m: 4:49.21 38.00	400m: 5:25.05 35.84		
	100m: 1:15.37 41.33	200m: 2:38.84 41.61	300m: 4:11.21 46.27				
63.	Alexandre Magno Carvalho	98	Fluvial Portuense	<b>5:29.02</b>	+0,80	407	
	<i>FTL</i>						
	50m: 32.94 32.94	150m: 1:58.17 43.42	250m: 3:27.53 47.50	350m: 4:52.52 37.11	400m: 5:29.02 36.50		
	100m: 1:14.75 41.81	200m: 2:40.03 41.86	300m: 4:15.41 47.88				
DSQ	Vincenzo D'egidio	96	CN Lucano Savigi - PZ				
	<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3</i>						
DSQ	Jose Diogo Fonseca	98	Nautico da Marinha Grande				
	<i>724 - Não tocou com as mãos na parede simultaneamente na viragem aos 300 m - SW 7.6</i>						
DSQ	Cesar Barroqueiro Magalhaes	98	Colegio Monte Maior				
	<i>608 - Não chegou na posição dorsal - SW 6.5</i>						
DSQ	Miguel Angelo Martins	98	Aminata				
	<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>						
DSQ	Tomas Miguel Freitas	90	Desportivo Nacional				
	<i>703 - Pernada de golfinho após a braçada submarina - SW 7.1</i>						
DSQ	Tiago Bernardo Marques	97	Uniao Piedense				
	<i>814 - Tocou com uma mão na parede na viragem aos 100 m - SW 8.4</i>						
DSQ	Bruno Miguel Ramos	97	Amadora				
	<i>722 - Tocou com uma mão na parede na viragem aos 250 m - SW 7.6</i>						
DNS	Javier Gonzalez Vazquez	93	C.D. S.E.K. Castillo				

Event 15, Men, 400m Medley, Prelim

Event 15 Boys, 400m Medley Juvenis B  
19-07-2013 - 9:00 Results Prelim

Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013

TAC JUV B Masc : 5:17.00

Points: FINA 2013

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Hugo Pon	98	Alges	<b>4:49.12</b>	+0,76	599	
	50m: 30.25 30.25	150m: 1:44.24 38.24	250m: 3:02.23 39.73	350m: 4:16.96 34.01			
	100m: 1:06.00 35.75	200m: 2:22.50 38.26	300m: 3:42.95 40.72	400m: 4:49.12 32.16			
2.	Andre Magalhaes Moura	98	Academico Viseu	<b>4:55.63</b>	+0,87	561	
	50m: 30.87 30.87	150m: 1:46.66 39.69	250m: 3:06.44 41.00	350m: 4:23.25 34.63			
	100m: 1:06.97 36.10	200m: 2:25.44 38.78	300m: 3:48.62 42.18	400m: 4:55.63 32.38			
3.	Luis Filipe Ribeiro	98	Braga	<b>4:57.25</b>	+0,89	552	
	50m: 30.79 30.79	150m: 1:45.27 39.13	250m: 3:07.01 43.04	350m: 4:25.26 34.00			
	100m: 1:06.14 35.35	200m: 2:23.97 38.70	300m: 3:51.26 44.25	400m: 4:57.25 31.99			
4.	Vasco Gradim Amorim	98	Porto	<b>4:57.72</b>	+0,76	549	
	50m: 31.19 31.19	150m: 1:43.43 37.30	250m: 3:05.54 44.12	350m: 4:24.46 34.51			
	100m: 1:06.13 34.94	200m: 2:21.42 37.99	300m: 3:49.95 44.41	400m: 4:57.72 33.26			
5.	Jose Paula Carvalho	98	Uniao Piedense	<b>4:59.66</b>	+0,83	538	
	50m: 29.98 29.98	150m: 1:43.50 39.73	250m: 3:03.72 42.70	350m: 4:25.20 36.31			
	100m: 1:03.77 33.79	200m: 2:21.02 37.52	300m: 3:48.89 45.17	400m: 4:59.66 34.46			
6.	Diogo Miguel Costa	98	Porto	<b>5:03.39</b>	+0,73	519	
	50m: 29.47 29.47	150m: 1:46.81 41.07	250m: 3:08.26 41.87	350m: 4:28.21 36.04			
	100m: 1:05.74 36.27	200m: 2:26.39 39.58	300m: 3:52.17 43.91	400m: 5:03.39 35.18			
7.	Jose Pedro Sampaio	98	Foca	<b>5:03.88</b>	+0,85	516	
	50m: 30.25 30.25	150m: 1:44.53 38.67	250m: 3:08.45 45.37	350m: 4:29.05 34.50			
	100m: 1:05.86 35.61	200m: 2:23.08 38.55	300m: 3:54.55 46.10	400m: 5:03.88 34.83			
8.	Viktor Kot	98	Nautico da Marinha Grande	<b>5:03.95</b>	+0,78	516	
	50m: 31.34 31.34	150m: 1:47.14 39.86	250m: 3:10.44 44.61	350m: 4:30.77 34.79			
	100m: 1:07.28 35.94	200m: 2:25.83 38.69	300m: 3:55.98 45.54	400m: 5:03.95 33.18			
9.	Afonso Ribeiro Bate	98	Alges	<b>5:06.49</b>	+0,62	503	
	50m: 31.08 31.08	150m: 1:50.21 42.34	250m: 3:12.19 39.73	350m: 4:31.29 35.86			
	100m: 1:07.87 36.79	200m: 2:32.46 42.25	300m: 3:55.43 43.24	400m: 5:06.49 35.20			
10.	Pedro Nuno Vieira	98	Natacao de Valongo	<b>5:08.93</b>	+0,85	491	
	50m: 31.45 31.45	150m: 1:47.47 40.38	250m: 3:12.23 43.95	350m: 4:34.17 36.31			
	100m: 1:07.09 35.64	200m: 2:28.28 40.81	300m: 3:57.86 45.63	400m: 5:08.93 34.76			
11.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	<b>5:08.95</b>	+0,92	491	
	50m: 31.68 31.68	150m: 1:51.71 40.97	250m: 3:15.05 42.38	350m: 4:34.23 36.05			
	100m: 1:10.74 39.06	200m: 2:32.67 40.96	300m: 3:58.18 43.13	400m: 5:08.95 34.72			
12.	Luis Carlos Almeida	98	Gespacos	<b>5:09.60</b>	+0,90	488	
	50m: 32.29 32.29	150m: 1:52.28 42.12	250m: 3:17.82 44.81	350m: 4:36.54 34.83			
	100m: 1:10.16 37.87	200m: 2:33.01 40.73	300m: 4:01.71 43.89	400m: 5:09.60 33.06			
13.	Filipe Fonte Cunha	98	Academico Viseu	<b>5:09.68</b>	+0,96	488	
	50m: 30.69 30.69	150m: 1:48.05 42.87	250m: 3:14.70 44.41	350m: 4:35.82 36.45			
	100m: 1:05.18 34.49	200m: 2:30.29 42.24	300m: 3:59.37 44.67	400m: 5:09.68 33.86			

Event 15, Boys, 400m Medley, Prelim, Juvenis B

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
14.	Pedro Trindade Silva	98	Amadora	<b>5:10.62</b>	+0,79	483	
	50m: 33.04 33.04	150m: 1:51.12 41.33	250m: 3:16.15 45.83	350m: 4:38.21 35.96			
	100m: 1:09.79 36.75	200m: 2:30.32 39.20	300m: 4:02.25 46.10	400m: 5:10.62 32.41			
15.	Pedro Miguel Lino	98	Gespacos	<b>5:10.93</b>	+0,96	482	
	50m: 32.20 32.20	150m: 1:50.10 41.03	250m: 3:15.77 44.96	350m: 4:36.56 35.65			
	100m: 1:09.07 36.87	200m: 2:30.81 40.71	300m: 4:00.91 45.14	400m: 5:10.93 34.37			
16.	Goncalo Filipe Patatas	98	Sporting	<b>5:11.74</b>	+0,73	478	
	50m: 30.10 30.10	150m: 1:47.40 41.82	250m: 3:14.08 46.36	350m: 4:36.45 35.53			
	100m: 1:05.58 35.48	200m: 2:27.72 40.32	300m: 4:00.92 46.84	400m: 5:11.74 35.29			
17.	Diogo Vicente Silva	98	Nautico da Marinha Grande	<b>5:12.57</b>	+0,88	474	
	50m: 32.05 32.05	150m: 1:48.61 39.29	250m: 3:12.24 44.83	350m: 4:35.82 37.65			
	100m: 1:09.32 37.27	200m: 2:27.41 38.80	300m: 3:58.17 45.93	400m: 5:12.57 36.75			
18.	Paulo Filipe Silva	98	Natacao da Maia	<b>5:12.87</b>	+0,55	473	
	50m: 31.37 31.37	150m: 1:47.17 39.06	250m: 3:13.35 46.69	350m: 4:38.00 37.07			
	100m: 1:08.11 36.74	200m: 2:26.66 39.49	300m: 4:00.93 47.58	400m: 5:12.87 34.87			
19.	Rodrigo Manuel Monteiro	98	Sporting de Espinho	<b>5:14.68</b>	+0,86	465	
	50m: 32.12 32.12	150m: 1:51.41 41.19	250m: 3:17.03 46.10	350m: 4:40.35 36.69			
	100m: 1:10.22 38.10	200m: 2:30.93 39.52	300m: 4:03.66 46.63	400m: 5:14.68 34.33			
20.	Rafael Ladeiro Santos	98	Gesloures	<b>5:18.43</b>	+0,91	449	
	<i>FTL</i>						
	50m: 31.88 31.88	150m: 1:55.14 44.01	250m: 3:20.37 43.78	350m: 4:42.94 36.62			
	100m: 1:11.13 39.25	200m: 2:36.59 41.45	300m: 4:06.32 45.95	400m: 5:18.43 35.49			
21.	Joao Nuno Costa	98	Gespacos	<b>5:25.05</b>	+0,96	422	
	<i>FTL</i>						
	50m: 34.04 34.04	150m: 1:57.23 41.86	250m: 3:24.94 46.10	350m: 4:49.21 38.00			
	100m: 1:15.37 41.33	200m: 2:38.84 41.61	300m: 4:11.21 46.27	400m: 5:25.05 35.84			
22.	Alexandre Magno Carvalho	98	Fluvial Portuense	<b>5:29.02</b>	+0,80	407	
	<i>FTL</i>						
	50m: 32.94 32.94	150m: 1:58.17 43.42	250m: 3:27.53 47.50	350m: 4:52.52 37.11			
	100m: 1:14.75 41.81	200m: 2:40.03 41.86	300m: 4:15.41 47.88	400m: 5:29.02 36.50			
DSQ	Jose Diogo Fonseca	98	Nautico da Marinha Grande				
	<i>724 - Não tocou com as mãos na parede simultaneamente na viragem aos 300 m - SW 7.6</i>						
DSQ	Cesar Barroqueiro Magalhaes	98	Colegio Monte Maior				
	<i>608 - Não chegou na posição dorsal - SW 6.5</i>						
DSQ	Miguel Angelo Martins	98	Aminata				
	<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>						

Event 15, Men, 400m Medley, Prelim

Event 15 Boys, 400m Medley Juvenis A  
19-07-2013 - 9:00 Results Prelim

Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004

TAC JUV A Masc : 5:08.00

Points: FINA 2013

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Joao Miguel Ferreira	97	Foca	<b>4:51.15</b>	+0,75	587	
	50m: 29.94 29.94	150m: 1:43.43 39.06	250m: 3:03.05 41.59	350m: 4:19.07 33.71			
	100m: 1:04.37 34.43	200m: 2:21.46 38.03	300m: 3:45.36 42.31	400m: 4:51.15 32.08			
2.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	<b>4:51.69</b>	+0,86	584	
	50m: 30.59 30.59	150m: 1:44.85 39.85	250m: 3:03.23 41.05	350m: 4:19.80 33.71			
	100m: 1:05.00 34.41	200m: 2:22.18 37.33	300m: 3:46.09 42.86	400m: 4:51.69 31.89			
3.	Eduardo Salgado Ramos	97	Porto	<b>4:51.77</b>	+0,77	583	
	50m: 29.79 29.79	150m: 1:44.37 38.77	250m: 3:03.74 41.01	350m: 4:19.05 33.88			
	100m: 1:05.60 35.81	200m: 2:22.73 38.36	300m: 3:45.17 41.43	400m: 4:51.77 32.72			
4.	Guilherme Miguel Teixeira	97	Benfica	<b>4:54.41</b>	+0,85	568	
	50m: 29.73 29.73	150m: 1:43.78 39.06	250m: 3:03.89 42.98	350m: 4:22.91 35.07			
	100m: 1:04.72 34.99	200m: 2:20.91 37.13	300m: 3:47.84 43.95	400m: 4:54.41 31.50			
5.	Jose Ricardo Sousa	97	Lousada SXXI	<b>4:55.92</b>	+0,87	559	
	50m: 29.26 29.26	150m: 1:43.83 39.91	250m: 3:04.98 42.18	350m: 4:21.65 34.95			
	100m: 1:03.92 34.66	200m: 2:22.80 38.97	300m: 3:46.70 41.72	400m: 4:55.92 34.27			
6.	Luis Carlos Oliveira	97	Porto	<b>4:56.28</b>	+0,74	557	
	50m: 29.38 29.38	150m: 1:42.35 37.73	250m: 3:03.64 43.25	350m: 4:22.35 34.31			
	100m: 1:04.62 35.24	200m: 2:20.39 38.04	300m: 3:48.04 44.40	400m: 4:56.28 33.93			
7.	Andre Resende Pinheiro	97	Porto	<b>4:57.17</b>	+0,83	552	
	50m: 31.22 31.22	150m: 1:45.81 38.62	250m: 3:06.42 42.30	350m: 4:24.52 33.40			
	100m: 1:07.19 35.97	200m: 2:24.12 38.31	300m: 3:51.12 44.70	400m: 4:57.17 32.65			
8.	Vitor Joao Pereira	97	Leixoes	<b>4:57.41</b>	+0,87	551	
	50m: 30.20 30.20	150m: 1:44.89 38.77	250m: 3:06.98 43.79	350m: 4:25.15 34.27			
	100m: 1:06.12 35.92	200m: 2:23.19 38.30	300m: 3:50.88 43.90	400m: 4:57.41 32.26			
9.	David Emanuel Martins	97	Braga	<b>4:57.52</b>		550	
	50m: 31.01 31.01	150m: 1:45.27 38.63	250m: 3:08.51 46.23	350m: 4:26.48 32.64			
	100m: 1:06.64 35.63	200m: 2:22.28 37.01	300m: 3:53.84 45.33	400m: 4:57.52 31.04			
10.	Tiago Martim Alves	97	Desportiva de Viana	<b>5:03.46</b>		518	
	50m: 30.24 30.24	150m: 1:46.51 40.57	250m: 3:10.19 43.14	350m: 4:29.13 34.87			
	100m: 1:05.94 35.70	200m: 2:27.05 40.54	300m: 3:54.26 44.07	400m: 5:03.46 34.33			
11.	Nuno Valerio Silva	97	Nautico da Marinha Grande	<b>5:05.88</b>	+0,84	506	
	50m: 30.64 30.64	150m: 1:48.74 42.30	250m: 3:13.51 43.62	350m: 4:33.67 35.43			
	100m: 1:06.44 35.80	200m: 2:29.89 41.15	300m: 3:58.24 44.73	400m: 5:05.88 32.21			
12.	A. Joao Alexandre Goncalves	97	Amadora	<b>5:06.16</b>	+0,81	505	
	50m: 31.24 31.24	150m: 1:50.89 42.39	250m: 3:16.14 45.60	350m: 4:34.86 34.30			
	100m: 1:08.50 37.26	200m: 2:30.54 39.65	300m: 4:00.56 44.42	400m: 5:06.16 31.30			
13.	Miguel Rocha Costa	97	Geslourses	<b>5:06.68</b>	+0,83	502	
	50m: 32.57 32.57	150m: 1:51.48 40.93	250m: 3:13.25 42.37	350m: 4:32.64 35.83			
	100m: 1:10.55 37.98	200m: 2:30.88 39.40	300m: 3:56.81 43.56	400m: 5:06.68 34.04			



Event 15, Boys, 400m Medley, Prelim, Juvenis A

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
14.	Joao Andre Gomes	97	Alcobaca	<b>5:07.76</b>	+0,84	497	
	50m: 30.79 30.79	150m: 1:47.44 41.06	250m: 3:10.93 45.05	350m: 4:32.42 36.35	400m: 5:07.76 35.34		
	100m: 1:06.38 35.59	200m: 2:25.88 38.44	300m: 3:56.07 45.14				
15.	Marco Andre Fernandes	97	Gespacos	<b>5:08.86</b>	+0,92	492	
	<i>FTL</i>						
	50m: 32.03 32.03	150m: 1:48.97 40.74	250m: 3:14.09 46.30	350m: 4:35.06 35.74	400m: 5:08.86 33.80		
	100m: 1:08.23 36.20	200m: 2:27.79 38.82	300m: 3:59.32 45.23				
16.	Alexandre Miguel Laureano	97	Alcobaca	<b>5:10.00</b>	+0,75	486	
	<i>FTL</i>						
	50m: 33.10 33.10	150m: 1:52.55 39.91	250m: 3:17.68 45.66	350m: 4:37.61 33.15	400m: 5:10.00 32.39		
	100m: 1:12.64 39.54	200m: 2:32.02 39.47	300m: 4:04.46 46.78				
17.	Tiago Rafael Martins	97	Gesloures	<b>5:11.05</b>	+0,88	481	
	<i>FTL</i>						
	50m: 33.42 33.42	150m: 1:55.15 42.00	250m: 3:17.45 42.15	350m: 4:37.14 36.25	400m: 5:11.05 33.91		
	100m: 1:13.15 39.73	200m: 2:35.30 40.15	300m: 4:00.89 43.44				
DSQ	Tiago Bernardo Marques	97	Uniao Piedense				
	<i>814 - Tocou com uma mão na parede na viragem aos 100 m - SW 8.4</i>						
DSQ	Bruno Miguel Ramos	97	Amadora				
	<i>722 - Tocou com uma mão na parede na viragem aos 250 m - SW 7.6</i>						

Event 15

Men, 400m Medley

Absolutos  
Results Prelim

19-07-2013 - 9:00

Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013
Rec Nac Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004
Rec Nac Jun	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Rec Nac Sen	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009

TAC Jun2 Masc 18: 4:50.00 / TAC Jun1 Masc Jun 1: 4:56.00 / TAC JUV A Masc Juv A: 5:08.00 / TAC JUV B Masc Juv B: 5:17.00 / TAC SEN Masc Sen: 4:50.00

Points: FINA 2013

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Nuno Goncalo Quintanilha	87	Colegio Vasco da Gama	<b>4:37.48</b>	+0,76	678	
	50m: 27.54 27.54	150m: 1:37.45 36.97	250m: 2:53.64 38.54	350m: 4:04.48 32.84	400m: 4:37.48 33.00		
	100m: 1:00.48 32.94	200m: 2:15.10 37.65	300m: 3:31.64 38.00				
2.	Nuno Rafael Alves	90	Gespacos	<b>4:40.26</b>	+0,77	658	
	50m: 28.87 28.87	150m: 1:39.61 36.89	250m: 2:54.04 38.24	350m: 4:08.73 35.29	400m: 4:40.26 31.53		
	100m: 1:02.72 33.85	200m: 2:15.80 36.19	300m: 3:33.44 39.40				
3.	Andre Bras Goncalves	88	Amadora	<b>4:40.65</b>	+0,53	655	
	50m: 28.52 28.52	150m: 1:40.13 37.32	250m: 2:56.40 39.42	350m: 4:09.20 33.12	400m: 4:40.65 31.45		
	100m: 1:02.81 34.29	200m: 2:16.98 36.85	300m: 3:36.08 39.68				
4.	Pedro Barros Mendes	94	Academica de Coimbra	<b>4:40.94</b>	+0,77	653	
	50m: 29.59 29.59	150m: 1:40.56 36.55	250m: 2:57.29 40.84	350m: 4:11.03 33.11	400m: 4:40.94 29.91		
	100m: 1:04.01 34.42	200m: 2:16.45 35.89	300m: 3:37.92 40.63				
5.	Pedro Andre Santos	94	Alges	<b>4:44.25</b>	+0,74	631	
	50m: 29.03 29.03	150m: 1:40.77 37.75	250m: 2:57.16 39.46	350m: 4:11.38 34.26	400m: 4:44.25 32.87		
	100m: 1:03.02 33.99	200m: 2:17.70 36.93	300m: 3:37.12 39.96				

Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
6.	Ruben Filipe Nunes	94	Gespacos	<b>4:46.62</b>	+0,83	615	
	50m: 29.33 29.33	150m: 1:40.08 37.60	250m: 2:58.77 41.26	350m: 4:13.34 33.55			
	100m: 1:02.48 33.15	200m: 2:17.51 37.43	300m: 3:39.79 41.02	400m: 4:46.62 33.28			
7.	Joao Andre Neves	95	Academica de Coimbra	<b>4:46.83</b>	+0,74	614	
	50m: 29.46 29.46	150m: 1:42.81 38.38	250m: 3:01.17 40.40	350m: 4:15.00 32.94			
	100m: 1:04.43 34.97	200m: 2:20.77 37.96	300m: 3:42.06 40.89	400m: 4:46.83 31.83			
8.	Afonso Lopes dos Santos	95	Alcobaca	<b>4:47.52</b>	+0,72	609	
	50m: 29.77 29.77	150m: 1:41.98 37.91	250m: 2:59.99 40.81	350m: 4:14.77 33.16			
	100m: 1:04.07 34.30	200m: 2:19.18 37.20	300m: 3:41.61 41.62	400m: 4:47.52 32.75			
9.	Antonio Rafael Bessa	94	Gespacos	<b>4:47.53</b>	+0,77	609	
	50m: 29.41 29.41	150m: 1:40.04 37.40	250m: 2:59.01 42.02	350m: 4:14.13 33.36			
	100m: 1:02.64 33.23	200m: 2:16.99 36.95	300m: 3:40.77 41.76	400m: 4:47.53 33.40			
10.	Rodrigo Silverio Carmo	96	Colegio Vasco da Gama	<b>4:48.19</b>	+0,70	605	
	50m: 29.74 29.74	150m: 1:42.92 37.82	250m: 3:00.41 39.89	350m: 4:15.22 33.71			
	100m: 1:05.10 35.36	200m: 2:20.52 37.60	300m: 3:41.51 41.10	400m: 4:48.19 32.97			
11.	Hugo Pon	98	Alges	<b>4:49.12</b>	+0,76	599	
	50m: 30.25 30.25	150m: 1:44.24 38.24	250m: 3:02.23 39.73	350m: 4:16.96 34.01			
	100m: 1:06.00 35.75	200m: 2:22.50 38.26	300m: 3:42.95 40.72	400m: 4:49.12 32.16			
12.	Tiago Barros Ferreira	94	Alges	<b>4:50.00</b>	+0,87	594	
	50m: 30.41 30.41	150m: 1:43.57 38.28	250m: 3:00.28 40.08	350m: 4:16.41 34.98			
	100m: 1:05.29 34.88	200m: 2:20.20 36.63	300m: 3:41.43 41.15	400m: 4:50.00 33.59			
13.	Joao Miguel Ferreira	97	Foca	<b>4:51.15</b>	+0,75	587	
	50m: 29.94 29.94	150m: 1:43.43 39.06	250m: 3:03.05 41.59	350m: 4:19.07 33.71			
	100m: 1:04.37 34.43	200m: 2:21.46 38.03	300m: 3:45.36 42.31	400m: 4:51.15 32.08			
14.	Rafael Filipe Nunes	96	Naval Amorense	<b>4:51.34</b>	+0,72	586	
	50m: 30.41 30.41	150m: 1:42.66 37.64	250m: 3:01.82 41.68	350m: 4:18.61 33.58			
	100m: 1:05.02 34.61	200m: 2:20.14 37.48	300m: 3:45.03 43.21	400m: 4:51.34 32.73			
15.	Miguel Bras Sergio	95	Estoris	<b>4:51.37</b>	+0,82	586	
	<i>FTL</i> 50m: 28.50 28.50	150m: 1:41.27 39.01	250m: 3:00.11 41.03	350m: 4:17.62 35.00			
	100m: 1:02.26 33.76	200m: 2:19.08 37.81	300m: 3:42.62 42.51	400m: 4:51.37 33.75			
16.	Eduardo Filipe Carvalho	97	Columbofila Cantanhedense	<b>4:51.69</b>	+0,86	584	
	50m: 30.59 30.59	150m: 1:44.85 39.85	250m: 3:03.23 41.05	350m: 4:19.80 33.71			
	100m: 1:05.00 34.41	200m: 2:22.18 37.33	300m: 3:46.09 42.86	400m: 4:51.69 31.89			
17.	Eduardo Salgado Ramos	97	Porto	<b>4:51.77</b>	+0,77	583	
	50m: 29.79 29.79	150m: 1:44.37 38.77	250m: 3:03.74 41.01	350m: 4:19.05 33.88			
	100m: 1:05.60 35.81	200m: 2:22.73 38.36	300m: 3:45.17 41.43	400m: 4:51.77 32.72			
18.	Ricardo Amorim Rego	84	Braga	<b>4:52.78</b>	+0,81	577	
	<i>FTL</i> 50m: 29.92 29.92	150m: 1:43.68 37.81	250m: 3:01.93 40.25	350m: 4:18.31 34.85			
	100m: 1:05.87 35.95	200m: 2:21.68 38.00	300m: 3:43.46 41.53	400m: 4:52.78 34.47			
19.	Pedro Ribeiro Santos	96	Academico Viseu	<b>4:52.93</b>	+0,72	576	
	50m: 29.81 29.81	150m: 1:43.94 38.91	250m: 3:02.62 41.01	350m: 4:19.40 34.56			
	100m: 1:05.03 35.22	200m: 2:21.61 37.67	300m: 3:44.84 42.22	400m: 4:52.93 33.53			

Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final				RT	Pts FINA	Pts
20.	Pedro Veiguinha Martins	96	Braga	<b>4:54.39</b>				+0,81	568	
	50m: 31.20 31.20		150m: 1:48.16 41.13	250m: 3:08.33 40.76	350m: 4:22.53 32.90	400m: 4:54.39 31.86				
	100m: 1:07.03 35.83		200m: 2:27.57 39.41	300m: 3:49.63 41.30						
21.	Guilherme Miguel Teixeira	97	Benfica	<b>4:54.41</b>				+0,85	568	
	50m: 29.73 29.73		150m: 1:43.78 39.06	250m: 3:03.89 42.98	350m: 4:22.91 35.07	400m: 4:54.41 31.50				
	100m: 1:04.72 34.99		200m: 2:20.91 37.13	300m: 3:47.84 43.95						
22.	Mario Rui Cruz	94	Amadora	<b>4:54.53</b>				+0,71	567	
	<i>FTL</i>									
	50m: 29.59 29.59		150m: 1:40.73 37.08	250m: 3:00.55 43.64	350m: 4:20.15 34.25	400m: 4:54.53 34.38				
	100m: 1:03.65 34.06		200m: 2:16.91 36.18	300m: 3:45.90 45.35						
23.	Andre Magalhaes Moura	98	Academico Viseu	<b>4:55.63</b>				+0,87	561	
	50m: 30.87 30.87		150m: 1:46.66 39.69	250m: 3:06.44 41.00	350m: 4:23.25 34.63	400m: 4:55.63 32.38				
	100m: 1:06.97 36.10		200m: 2:25.44 38.78	300m: 3:48.62 42.18						
24.	Jose Ricardo Sousa	97	Lousada SXXI	<b>4:55.92</b>				+0,87	559	
	50m: 29.26 29.26		150m: 1:43.83 39.91	250m: 3:04.98 42.18	350m: 4:21.65 34.95	400m: 4:55.92 34.27				
	100m: 1:03.92 34.66		200m: 2:22.80 38.97	300m: 3:46.70 41.72						
25.	Luis Carlos Oliveira	97	Porto	<b>4:56.28</b>				+0,74	557	
	50m: 29.38 29.38		150m: 1:42.35 37.73	250m: 3:03.64 43.25	350m: 4:22.35 34.31	400m: 4:56.28 33.93				
	100m: 1:04.62 35.24		200m: 2:20.39 38.04	300m: 3:48.04 44.40						
26.	Andre Resende Pinheiro	97	Porto	<b>4:57.17</b>				+0,83	552	
	50m: 31.22 31.22		150m: 1:45.81 38.62	250m: 3:06.42 42.30	350m: 4:24.52 33.40	400m: 4:57.17 32.65				
	100m: 1:07.19 35.97		200m: 2:24.12 38.31	300m: 3:51.12 44.70						
27.	Luis Filipe Ribeiro	98	Braga	<b>4:57.25</b>				+0,89	552	
	50m: 30.79 30.79		150m: 1:45.27 39.13	250m: 3:07.01 43.04	350m: 4:25.26 34.00	400m: 4:57.25 31.99				
	100m: 1:06.14 35.35		200m: 2:23.97 38.70	300m: 3:51.26 44.25						
28.	Vitor Joao Pereira	97	Leixoes	<b>4:57.41</b>				+0,87	551	
	50m: 30.20 30.20		150m: 1:44.89 38.77	250m: 3:06.98 43.79	350m: 4:25.15 34.27	400m: 4:57.41 32.26				
	100m: 1:06.12 35.92		200m: 2:23.19 38.30	300m: 3:50.88 43.90						
29.	David Emanuel Martins	97	Braga	<b>4:57.52</b>					550	
	50m: 31.01 31.01		150m: 1:45.27 38.63	250m: 3:08.51 46.23	350m: 4:26.48 32.64	400m: 4:57.52 31.04				
	100m: 1:06.64 35.63		200m: 2:22.28 37.01	300m: 3:53.84 45.33						
30.	Vasco Gradim Amorim	98	Porto	<b>4:57.72</b>				+0,76	549	
	50m: 31.19 31.19		150m: 1:43.43 37.30	250m: 3:05.54 44.12	350m: 4:24.46 34.51	400m: 4:57.72 33.26				
	100m: 1:06.13 34.94		200m: 2:21.42 37.99	300m: 3:49.95 44.41						
31.	Joao Pedro Neves	96	Aminata	<b>4:59.38</b>				+0,83	540	
	<i>FTL</i>									
	50m: 29.91 29.91		150m: 1:44.46 39.85	250m: 3:06.10 43.31	350m: 4:25.76 35.29	400m: 4:59.38 33.62				
	100m: 1:04.61 34.70		200m: 2:22.79 38.33	300m: 3:50.47 44.37						
32.	Andre Filipe Teodoro	95	Naval Setubalense	<b>4:59.44</b>				+0,84	539	
	<i>FTL</i>									
	50m: 29.85 29.85		150m: 1:45.04 39.39	250m: 3:08.43 43.49	350m: 4:27.15 34.39	400m: 4:59.44 32.29				
	100m: 1:05.65 35.80		200m: 2:24.94 39.90	300m: 3:52.76 44.33						
33.	Jose Paula Carvalho	98	Uniao Piedense	<b>4:59.66</b>				+0,83	538	
	50m: 29.98 29.98		150m: 1:43.50 39.73	250m: 3:03.72 42.70	350m: 4:25.20 36.31	400m: 4:59.66 34.46				
	100m: 1:03.77 33.79		200m: 2:21.02 37.52	300m: 3:48.89 45.17						

Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
34.	Paulo Andre Silva <i>FTL</i>	96	Vilacondense	<b>5:02.81</b>	+0,70	522	
	50m: 30.43 30.43	150m: 1:45.04 38.96	250m: 3:08.66 45.63	350m: 4:29.20 34.86			
	100m: 1:06.08 35.65	200m: 2:23.03 37.99	300m: 3:54.34 45.68	400m: 5:02.81 33.61			
35.	Diogo Miguel Costa	98	Porto	<b>5:03.39</b>	+0,73	519	
	50m: 29.47 29.47	150m: 1:46.81 41.07	250m: 3:08.26 41.87	350m: 4:28.21 36.04			
	100m: 1:05.74 36.27	200m: 2:26.39 39.58	300m: 3:52.17 43.91	400m: 5:03.39 35.18			
36.	Tiago Martim Alves	97	Desportiva de Viana	<b>5:03.46</b>		518	
	50m: 30.24 30.24	150m: 1:46.51 40.57	250m: 3:10.19 43.14	350m: 4:29.13 34.87			
	100m: 1:05.94 35.70	200m: 2:27.05 40.54	300m: 3:54.26 44.07	400m: 5:03.46 34.33			
37.	Jose Pedro Sampaio	98	Foca	<b>5:03.88</b>	+0,85	516	
	50m: 30.25 30.25	150m: 1:44.53 38.67	250m: 3:08.45 45.37	350m: 4:29.05 34.50			
	100m: 1:05.86 35.61	200m: 2:23.08 38.55	300m: 3:54.55 46.10	400m: 5:03.88 34.83			
38.	Viktor Kot	98	Nautico da Marinha Grande	<b>5:03.95</b>	+0,78	516	
	50m: 31.34 31.34	150m: 1:47.14 39.86	250m: 3:10.44 44.61	350m: 4:30.77 34.79			
	100m: 1:07.28 35.94	200m: 2:25.83 38.69	300m: 3:55.98 45.54	400m: 5:03.95 33.18			
39.	Nuno Valerio Silva	97	Nautico da Marinha Grande	<b>5:05.88</b>	+0,84	506	
	50m: 30.64 30.64	150m: 1:48.74 42.30	250m: 3:13.51 43.62	350m: 4:33.67 35.43			
	100m: 1:06.44 35.80	200m: 2:29.89 41.15	300m: 3:58.24 44.73	400m: 5:05.88 32.21			
40.	A. Joao Alexandre Goncalves	97	Amadora	<b>5:06.16</b>	+0,81	505	
	50m: 31.24 31.24	150m: 1:50.89 42.39	250m: 3:16.14 45.60	350m: 4:34.86 34.30			
	100m: 1:08.50 37.26	200m: 2:30.54 39.65	300m: 4:00.56 44.42	400m: 5:06.16 31.30			
41.	Afonso Ribeiro Bate	98	Alges	<b>5:06.49</b>	+0,62	503	
	50m: 31.08 31.08	150m: 1:50.21 42.34	250m: 3:12.19 39.73	350m: 4:31.29 35.86			
	100m: 1:07.87 36.79	200m: 2:32.46 42.25	300m: 3:55.43 43.24	400m: 5:06.49 35.20			
42.	Miguel Rocha Costa	97	Gesloures	<b>5:06.68</b>	+0,83	502	
	50m: 32.57 32.57	150m: 1:51.48 40.93	250m: 3:13.25 42.37	350m: 4:32.64 35.83			
	100m: 1:10.55 37.98	200m: 2:30.88 39.40	300m: 3:56.81 43.56	400m: 5:06.68 34.04			
43.	Joao Andre Gomes	97	Alcobaca	<b>5:07.76</b>	+0,84	497	
	50m: 30.79 30.79	150m: 1:47.44 41.06	250m: 3:10.93 45.05	350m: 4:32.42 36.35			
	100m: 1:06.38 35.59	200m: 2:25.88 38.44	300m: 3:56.07 45.14	400m: 5:07.76 35.34			
44.	Marco Andre Fernandes <i>FTL</i>	97	Gespacos	<b>5:08.86</b>	+0,92	492	
	50m: 32.03 32.03	150m: 1:48.97 40.74	250m: 3:14.09 46.30	350m: 4:35.06 35.74			
	100m: 1:08.23 36.20	200m: 2:27.79 38.82	300m: 3:59.32 45.23	400m: 5:08.86 33.80			
45.	Pedro Nuno Vieira	98	Natacao de Valongo	<b>5:08.93</b>	+0,85	491	
	50m: 31.45 31.45	150m: 1:47.47 40.38	250m: 3:12.23 43.95	350m: 4:34.17 36.31			
	100m: 1:07.09 35.64	200m: 2:28.28 40.81	300m: 3:57.86 45.63	400m: 5:08.93 34.76			
46.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	<b>5:08.95</b>	+0,92	491	
	50m: 31.68 31.68	150m: 1:51.71 40.97	250m: 3:15.05 42.38	350m: 4:34.23 36.05			
	100m: 1:10.74 39.06	200m: 2:32.67 40.96	300m: 3:58.18 43.13	400m: 5:08.95 34.72			
47.	Luis Carlos Almeida	98	Gespacos	<b>5:09.60</b>	+0,90	488	
	50m: 32.29 32.29	150m: 1:52.28 42.12	250m: 3:17.82 44.81	350m: 4:36.54 34.83			
	100m: 1:10.16 37.87	200m: 2:33.01 40.73	300m: 4:01.71 43.89	400m: 5:09.60 33.06			

Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
48.	Filipe Fonte Cunha	98	Academico Viseu	<b>5:09.68</b>	+0,96	488	
	50m: 30.69 30.69	150m: 1:48.05 42.87	250m: 3:14.70 44.41	350m: 4:35.82 36.45	400m: 5:09.68 33.86		
	100m: 1:05.18 34.49	200m: 2:30.29 42.24	300m: 3:59.37 44.67				
49.	Alexandre Miguel Laureano	97	Alcobaca	<b>5:10.00</b>	+0,75	486	
	<i>FTL</i>						
	50m: 33.10 33.10	150m: 1:52.55 39.91	250m: 3:17.68 45.66	350m: 4:37.61 33.15	400m: 5:10.00 32.39		
	100m: 1:12.64 39.54	200m: 2:32.02 39.47	300m: 4:04.46 46.78				
50.	Pedro Trindade Silva	98	Amadora	<b>5:10.62</b>	+0,79	483	
	50m: 33.04 33.04	150m: 1:51.12 41.33	250m: 3:16.15 45.83	350m: 4:38.21 35.96	400m: 5:10.62 32.41		
	100m: 1:09.79 36.75	200m: 2:30.32 39.20	300m: 4:02.25 46.10				
51.	Pedro Miguel Lino	98	Gespacos	<b>5:10.93</b>	+0,96	482	
	50m: 32.20 32.20	150m: 1:50.10 41.03	250m: 3:15.77 44.96	350m: 4:36.56 35.65	400m: 5:10.93 34.37		
	100m: 1:09.07 36.87	200m: 2:30.81 40.71	300m: 4:00.91 45.14				
52.	Tiago Rafael Martins	97	Gesloures	<b>5:11.05</b>	+0,88	481	
	<i>FTL</i>						
	50m: 33.42 33.42	150m: 1:55.15 42.00	250m: 3:17.45 42.15	350m: 4:37.14 36.25	400m: 5:11.05 33.91		
	100m: 1:13.15 39.73	200m: 2:35.30 40.15	300m: 4:00.89 43.44				
53.	Goncalo Filipe Patatas	98	Sporting	<b>5:11.74</b>	+0,73	478	
	50m: 30.10 30.10	150m: 1:47.40 41.82	250m: 3:14.08 46.36	350m: 4:36.45 35.53	400m: 5:11.74 35.29		
	100m: 1:05.58 35.48	200m: 2:27.72 40.32	300m: 4:00.92 46.84				
54.	Diogo Vicente Silva	98	Nautico da Marinha Grande	<b>5:12.57</b>	+0,88	474	
	50m: 32.05 32.05	150m: 1:48.61 39.29	250m: 3:12.24 44.83	350m: 4:35.82 37.65	400m: 5:12.57 36.75		
	100m: 1:09.32 37.27	200m: 2:27.41 38.80	300m: 3:58.17 45.93				
55.	Paulo Filipe Silva	98	Natacao da Maia	<b>5:12.87</b>	+0,55	473	
	50m: 31.37 31.37	150m: 1:47.17 39.06	250m: 3:13.35 46.69	350m: 4:38.00 37.07	400m: 5:12.87 34.87		
	100m: 1:08.11 36.74	200m: 2:26.66 39.49	300m: 4:00.93 47.58				
56.	Rodrigo Manuel Monteiro	98	Sporting de Espinho	<b>5:14.68</b>	+0,86	465	
	50m: 32.12 32.12	150m: 1:51.41 41.19	250m: 3:17.03 46.10	350m: 4:40.35 36.69	400m: 5:14.68 34.33		
	100m: 1:10.22 38.10	200m: 2:30.93 39.52	300m: 4:03.66 46.63				
57.	Rafael Ladeiro Santos	98	Gesloures	<b>5:18.43</b>	+0,91	449	
	<i>FTL</i>						
	50m: 31.88 31.88	150m: 1:55.14 44.01	250m: 3:20.37 43.78	350m: 4:42.94 36.62	400m: 5:18.43 35.49		
	100m: 1:11.13 39.25	200m: 2:36.59 41.45	300m: 4:06.32 45.95				
58.	Joao Nuno Costa	98	Gespacos	<b>5:25.05</b>	+0,96	422	
	<i>FTL</i>						
	50m: 34.04 34.04	150m: 1:57.23 41.86	250m: 3:24.94 46.10	350m: 4:49.21 38.00	400m: 5:25.05 35.84		
	100m: 1:15.37 41.33	200m: 2:38.84 41.61	300m: 4:11.21 46.27				
59.	Alexandre Magno Carvalho	98	Fluvial Portuense	<b>5:29.02</b>	+0,80	407	
	<i>FTL</i>						
	50m: 32.94 32.94	150m: 1:58.17 43.42	250m: 3:27.53 47.50	350m: 4:52.52 37.11	400m: 5:29.02 36.50		
	100m: 1:14.75 41.81	200m: 2:40.03 41.86	300m: 4:15.41 47.88				
DSQ	Jose Diogo Fonseca	98	Nautico da Marinha Grande				
	<i>724 - Não tocou com as mãos na parede simultaneamente na viragem aos 300 m - SW 7.6</i>						
DSQ	Cesar Barroqueiro Magalhaes	98	Colegio Monte Maior				
	<i>608 - Não chegou na posição dorsal - SW 6.5</i>						

Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
DSQ	Miguel Angelo Martins	98	Aminata				
	<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>						
DSQ	Tomas Miguel Freitas	90	Desportivo Nacional				
	<i>703 - Pernada de golfinho após a braçada submarina - SW 7.1</i>						
DSQ	Tiago Bernardo Marques	97	Uniao Piedense				
	<i>814 - Tocou com uma mão na parede na viragem aos 100 m - SW 8.4</i>						
DSQ	Bruno Miguel Ramos	97	Amadora				
	<i>722 - Tocou com uma mão na parede na viragem aos 250 m - SW 7.6</i>						

Event 15 Boys, 400m Medley Jun 1  
19-07-2013 - 9:00 Results Prelim

Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Jun	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010

TAC Jun1 Masc : 4:56.00

Points: FINA 2013

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Rodrigo Silverio Carmo	96	Colegio Vasco da Gama	<b>4:48.19</b>	+0,70	605	
	50m: 29.74 29.74	150m: 1:42.92 37.82	250m: 3:00.41 39.89	350m: 4:15.22 33.71			
	100m: 1:05.10 35.36	200m: 2:20.52 37.60	300m: 3:41.51 41.10	400m: 4:48.19 32.97			
2.	Rafael Filipe Nunes	96	Naval Amorense	<b>4:51.34</b>	+0,72	586	
	50m: 30.41 30.41	150m: 1:42.66 37.64	250m: 3:01.82 41.68	350m: 4:18.61 33.58			
	100m: 1:05.02 34.61	200m: 2:20.14 37.48	300m: 3:45.03 43.21	400m: 4:51.34 32.73			
3.	Pedro Ribeiro Santos	96	Academico Viseu	<b>4:52.93</b>	+0,72	576	
	50m: 29.81 29.81	150m: 1:43.94 38.91	250m: 3:02.62 41.01	350m: 4:19.40 34.56			
	100m: 1:05.03 35.22	200m: 2:21.61 37.67	300m: 3:44.84 42.22	400m: 4:52.93 33.53			
4.	Pedro Veiguiha Martins	96	Braga	<b>4:54.39</b>	+0,81	568	
	50m: 31.20 31.20	150m: 1:48.16 41.13	250m: 3:08.33 40.76	350m: 4:22.53 32.90			
	100m: 1:07.03 35.83	200m: 2:27.57 39.41	300m: 3:49.63 41.30	400m: 4:54.39 31.86			
5.	Joao Pedro Neves	96	Aminata	<b>4:59.38</b>	+0,83	540	
	<i>FTL</i>						
	50m: 29.91 29.91	150m: 1:44.46 39.85	250m: 3:06.10 43.31	350m: 4:25.76 35.29			
	100m: 1:04.61 34.70	200m: 2:22.79 38.33	300m: 3:50.47 44.37	400m: 4:59.38 33.62			
6.	Paulo Andre Silva	96	Vilacondense	<b>5:02.81</b>	+0,70	522	
	<i>FTL</i>						
	50m: 30.43 30.43	150m: 1:45.04 38.96	250m: 3:08.66 45.63	350m: 4:29.20 34.86			
	100m: 1:06.08 35.65	200m: 2:23.03 37.99	300m: 3:54.34 45.68	400m: 5:02.81 33.61			

Event 15, Men, 400m Medley, Prelim

Event 15 Boys, 400m Medley Jun 2  
19-07-2013 - 9:00 Results Prelim

Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Jun	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010

TAC Jun2 Masc : 4:50.00

Points: FINA 2013

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Joao Andre Neves	95	Academica de Coimbra	<b>4:46.83</b>	+0,74	614	
	50m: 29.46 29.46	150m: 1:42.81 38.38	250m: 3:01.17 40.40	350m: 4:15.00 32.94			
	100m: 1:04.43 34.97	200m: 2:20.77 37.96	300m: 3:42.06 40.89	400m: 4:46.83 31.83			
2.	Afonso Lopes dos Santos	95	Alcobaca	<b>4:47.52</b>	+0,72	609	
	50m: 29.77 29.77	150m: 1:41.98 37.91	250m: 2:59.99 40.81	350m: 4:14.77 33.16			
	100m: 1:04.07 34.30	200m: 2:19.18 37.20	300m: 3:41.61 41.62	400m: 4:47.52 32.75			
3.	Miguel Bras Sergio	95	Estoris	<b>4:51.37</b>	+0,82	586	
	<i>FTL</i>						
	50m: 28.50 28.50	150m: 1:41.27 39.01	250m: 3:00.11 41.03	350m: 4:17.62 35.00			
	100m: 1:02.26 33.76	200m: 2:19.08 37.81	300m: 3:42.62 42.51	400m: 4:51.37 33.75			
4.	Andre Filipe Teodoro	95	Naval Setubalense	<b>4:59.44</b>	+0,84	539	
	<i>FTL</i>						
	50m: 29.85 29.85	150m: 1:45.04 39.39	250m: 3:08.43 43.49	350m: 4:27.15 34.39			
	100m: 1:05.65 35.80	200m: 2:24.94 39.90	300m: 3:52.76 44.33	400m: 4:59.44 32.29			

Event 15 Men, 400m Medley Seniores  
19-07-2013 - 9:00 Results Prelim

Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Sen	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009

TAC SEN Masc : 4:50.00

Points: FINA 2013

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Nuno Goncalo Quintanilha	87	Colegio Vasco da Gama	<b>4:37.48</b>	+0,76	678	
	50m: 27.54 27.54	150m: 1:37.45 36.97	250m: 2:53.64 38.54	350m: 4:04.48 32.84			
	100m: 1:00.48 32.94	200m: 2:15.10 37.65	300m: 3:31.64 38.00	400m: 4:37.48 33.00			
2.	Nuno Rafael Alves	90	Gespacos	<b>4:40.26</b>	+0,77	658	
	50m: 28.87 28.87	150m: 1:39.61 36.89	250m: 2:54.04 38.24	350m: 4:08.73 35.29			
	100m: 1:02.72 33.85	200m: 2:15.80 36.19	300m: 3:33.44 39.40	400m: 4:40.26 31.53			
3.	Andre Bras Goncalves	88	Amadora	<b>4:40.65</b>	+0,53	655	
	50m: 28.52 28.52	150m: 1:40.13 37.32	250m: 2:56.40 39.42	350m: 4:09.20 33.12			
	100m: 1:02.81 34.29	200m: 2:16.98 36.85	300m: 3:36.08 39.68	400m: 4:40.65 31.45			
4.	Pedro Barros Mendes	94	Academica de Coimbra	<b>4:40.94</b>	+0,77	653	
	50m: 29.59 29.59	150m: 1:40.56 36.55	250m: 2:57.29 40.84	350m: 4:11.03 33.11			
	100m: 1:04.01 34.42	200m: 2:16.45 35.89	300m: 3:37.92 40.63	400m: 4:40.94 29.91			
5.	Pedro Andre Santos	94	Alges	<b>4:44.25</b>	+0,74	631	
	50m: 29.03 29.03	150m: 1:40.77 37.75	250m: 2:57.16 39.46	350m: 4:11.38 34.26			
	100m: 1:03.02 33.99	200m: 2:17.70 36.93	300m: 3:37.12 39.96	400m: 4:44.25 32.87			
6.	Ruben Filipe Nunes	94	Gespacos	<b>4:46.62</b>	+0,83	615	
	50m: 29.33 29.33	150m: 1:40.08 37.60	250m: 2:58.77 41.26	350m: 4:13.34 33.55			
	100m: 1:02.48 33.15	200m: 2:17.51 37.43	300m: 3:39.79 41.02	400m: 4:46.62 33.28			

Event 15, Men, 400m Medley, Prelim, Seniores

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
7.	Antonio Rafael Bessa	94	Gespacos	<b>4:47.53</b>	+0,77	609	
	50m: 29.41 29.41	150m: 1:40.04 37.40	250m: 2:59.01 42.02	350m: 4:14.13 33.36	400m: 4:47.53 33.40		
	100m: 1:02.64 33.23	200m: 2:16.99 36.95	300m: 3:40.77 41.76				
8.	Tiago Barros Ferreira	94	Alges	<b>4:50.00</b>	+0,87	594	
	50m: 30.41 30.41	150m: 1:43.57 38.28	250m: 3:00.28 40.08	350m: 4:16.41 34.98	400m: 4:50.00 33.59		
	100m: 1:05.29 34.88	200m: 2:20.20 36.63	300m: 3:41.43 41.15				
9.	Ricardo Amorim Rego	84	Braga	<b>4:52.78</b>	+0,81	577	
	<i>FTL</i>						
	50m: 29.92 29.92	150m: 1:43.68 37.81	250m: 3:01.93 40.25	350m: 4:18.31 34.85	400m: 4:52.78 34.47		
	100m: 1:05.87 35.95	200m: 2:21.68 38.00	300m: 3:43.46 41.53				
10.	Mario Rui Cruz	94	Amadora	<b>4:54.53</b>	+0,71	567	
	<i>FTL</i>						
	50m: 29.59 29.59	150m: 1:40.73 37.08	250m: 3:00.55 43.64	350m: 4:20.15 34.25	400m: 4:54.53 34.38		
	100m: 1:03.65 34.06	200m: 2:16.91 36.18	300m: 3:45.90 45.35				
DSQ	Tomas Miguel Freitas	90	Desportivo Nacional				
	<i>703 - Pernada de golfinho após a braçada submarina - SW 7.1</i>						