

Prova 15 Masc., 400m Estilos Open
19-07-2013 - 17:30 Resultados Final

Rec Nac Absoluto	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Inf B	4:54.87	Andre Vilas Ruivo	DNMG	S. João da Madeira	12-07-2013
Rec Nac Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Rec Nac Juv B	4:37.06	Joao Alexandre Vital	FPN	Utrecht (NED)	16-07-2013
Rec Nac Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004
Rec Nac Jun	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Rec Nac Sen	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009

TAC Jun2 Masc 18: 4:50.00 / TAC Jun1 Masc Jun 1: 4:56.00 / TAC JUV A Masc Juv A: 5:08.00 / TAC JUV B Masc Juv B: 5:17.00 /
TAC SEN Masc Sen: 4:50.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
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Final A

1.	Nuno Goncalo Quintanilha	87	Colegio Vasco da Gama	4:29.48	+0,70	740	
	50m: 27.72 27.72	150m: 1:36.23 36.51	250m: 2:48.42 35.54	350m: 3:57.56 32.03			
	100m: 59.72 32.00	200m: 2:12.88 36.65	300m: 3:25.53 37.11	400m: 4:29.48 31.92			
2.	Earl Radtschenko	96	Great Britain	4:32.56	+0,77	716	
	50m: 27.93 27.93	150m: 1:36.36 36.37	250m: 2:49.96 38.04	350m: 4:00.82 32.23			
	100m: 59.99 32.06	200m: 2:11.92 35.56	300m: 3:28.59 38.63	400m: 4:32.56 31.74			
3.	Mario Cortes Nunez	86	C.N.Mairena Aljarafe	4:34.77	+0,69	698	
	50m: 28.17 28.17	150m: 1:38.84 37.77	250m: 2:52.35 36.73	350m: 4:03.37 33.47			
	100m: 1:01.07 32.90	200m: 2:15.62 36.78	300m: 3:29.90 37.55	400m: 4:34.77 31.40			
4.	Andre Bras Goncalves	88	Amadora	4:36.23	+0,71	687	
	50m: 28.64 28.64	150m: 1:38.45 36.60	250m: 2:53.64 38.63	350m: 4:05.29 32.65			
	100m: 1:01.85 33.21	200m: 2:15.01 36.56	300m: 3:32.64 39.00	400m: 4:36.23 30.94			
5.	Nuno Rafael Alves	90	Gespacos	4:36.44	+0,77	686	
	50m: 28.93 28.93	150m: 1:38.69 36.35	250m: 2:52.26 37.56	350m: 4:03.59 32.63			
	100m: 1:02.34 33.41	200m: 2:14.70 36.01	300m: 3:30.96 38.70	400m: 4:36.44 32.85			
6.	Pedro Barros Mendes	94	Academica de Coimbra	4:40.61	+0,76	656	
	50m: 29.73 29.73	150m: 1:40.27 36.27	250m: 2:57.14 41.36	350m: 4:10.22 32.52			
	100m: 1:04.00 34.27	200m: 2:15.78 35.51	300m: 3:37.70 40.56	400m: 4:40.61 30.39			
7.	Ruben Filipe Nunes	94	Gespacos	4:44.82	+0,83	627	
	50m: 29.17 29.17	150m: 1:40.13 37.49	250m: 2:58.29 41.29	350m: 4:12.02 32.81			
	100m: 1:02.64 33.47	200m: 2:17.00 36.87	300m: 3:39.21 40.92	400m: 4:44.82 32.80			
8.	Joao Andre Neves	95	Academica de Coimbra	4:44.97	+0,75	626	
	50m: 29.62 29.62	150m: 1:42.96 38.29	250m: 2:59.47 39.07	350m: 4:12.99 32.80			
	100m: 1:04.67 35.05	200m: 2:20.40 37.44	300m: 3:40.19 40.72	400m: 4:44.97 31.98			

Final B

9.	Antonio Rafael Bessa	94	Gespacos	4:42.50	+0,77	643	
	50m: 29.38 29.38	150m: 1:40.83 38.12	250m: 2:58.33 41.14	350m: 4:11.77 33.71			
	100m: 1:02.71 33.33	200m: 2:17.19 36.36	300m: 3:38.06 39.73	400m: 4:42.50 30.73			
10.	Rafael Filipe Nunes	96	Naval Amorense	4:45.58	+0,66	622	
	50m: 30.25 30.25	150m: 1:41.19 37.19	250m: 2:58.84 40.88	350m: 4:14.23 33.45			
	100m: 1:04.00 33.75	200m: 2:17.96 36.77	300m: 3:40.78 41.94	400m: 4:45.58 31.35			
11.	Rodrigo Silverio Carmo	96	Colegio Vasco da Gama	4:45.98	+0,73	619	
	50m: 29.48 29.48	150m: 1:42.91 38.29	250m: 3:00.41 40.12	350m: 4:14.44 33.30			
	100m: 1:04.62 35.14	200m: 2:20.29 37.38	300m: 3:41.14 40.73	400m: 4:45.98 31.54			

Prova 15, Masc., 400m Estilos, Final, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Afonso Lopes dos Santos	95	Alcobaca	4:46.91	+0,73	613	
	50m: 29.72 29.72	150m: 1:40.77 37.09	250m: 2:59.37 42.11	350m: 4:14.67 33.51			
	100m: 1:03.68 33.96	200m: 2:17.26 36.49	300m: 3:41.16 41.79	400m: 4:46.91 32.24			
13.	Miguel Bras Sergio	95	Estoris	4:48.99	+0,78	600	
	50m: 29.21 29.21	150m: 1:43.02 39.65	250m: 3:01.66 40.99	350m: 4:17.74 34.56			
	100m: 1:03.37 34.16	200m: 2:20.67 37.65	300m: 3:43.18 41.52	400m: 4:48.99 31.25			
14.	Hugo Pon	98	Alges	4:49.01	+0,76	600	
	50m: 30.08 30.08	150m: 1:44.06 38.67	250m: 3:01.94 39.75	350m: 4:16.70 33.49			
	100m: 1:05.39 35.31	200m: 2:22.19 38.13	300m: 3:43.21 41.27	400m: 4:49.01 32.31			
15.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	4:49.71	+0,73	596	
	50m: 30.08 30.08	150m: 1:42.41 37.64	250m: 3:00.48 41.02	350m: 4:17.13 33.68			
	100m: 1:04.77 34.69	200m: 2:19.46 37.05	300m: 3:43.45 42.97	400m: 4:49.71 32.58			
16.	Tiago Barros Ferreira	94	Alges	4:50.43	+0,84	591	
	<i>FTL</i>						
	50m: 30.31 30.31	150m: 1:43.49 38.02	250m: 3:01.38 40.82	350m: 4:18.23 35.40			
	100m: 1:05.47 35.16	200m: 2:20.56 37.07	300m: 3:42.83 41.45	400m: 4:50.43 32.20			