

**Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013**

Prova 1 **Open**
18-07-2013 - 9:00 **Resultados**

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Inf B	17:21.58	Pedro Fontoura Oliveira	CFB	Restelo	27-07-2003
Rec Nac Inf A	16:43.48	Pedro Fontoura Oliveira	CFB	Rio Maior	19-06-2004
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Rec Nac Jun	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

TAC Jun2 Masc 18: 16:48.00 / TAC Jun1 Masc Jun 1: 17:02.50 / TAC JUV A Masc Juv A: 17:36.00 / TAC JUV B Masc Juv B: 18:00.00 / TAC SEN Masc Sen: 16:48.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Domenico Acerenza	95	CN Lucano Savigi - PZ	15:52.04	+0,79	765	
	50m: 29.01 29.01	450m: 4:43.46 31.94	850m: 9:00.70 32.21	1250m: 13:14.70 31.61			
	100m: 1:00.41 31.40	500m: 5:15.54 32.08	900m: 9:32.66 31.96	1300m: 13:46.84 32.14			
	150m: 1:32.30 31.89	550m: 5:47.66 32.12	950m: 10:04.59 31.93	1350m: 14:18.80 31.96			
	200m: 2:04.32 32.02	600m: 6:19.75 32.09	1000m: 10:36.81 32.22	1400m: 14:50.89 32.09			
	250m: 2:36.19 31.87	650m: 6:51.72 31.97	1050m: 11:08.08 31.27	1450m: 15:22.21 31.32			
	300m: 3:07.90 31.71	700m: 7:23.91 32.19	1100m: 11:39.74 31.66	1500m: 15:52.04 29.83			
	350m: 3:39.73 31.83	750m: 7:56.11 32.20	1150m: 12:11.51 31.77				
	400m: 4:11.52 31.79	800m: 8:28.49 32.38	1200m: 12:43.09 31.58				
2.	Gustavo Manuel Santa	93	Sporting	16:00.47	+0,79	745	
	50m: 28.97 28.97	450m: 4:43.84 31.80	850m: 9:03.50 32.55	1250m: 13:20.74 31.74			
	100m: 1:00.56 31.59	500m: 5:16.45 32.61	900m: 9:36.38 32.88	1300m: 13:53.12 32.38			
	150m: 1:32.23 31.67	550m: 5:48.57 32.12	950m: 10:08.33 31.95	1350m: 14:25.19 32.07			
	200m: 2:04.46 32.23	600m: 6:20.94 32.37	1000m: 10:40.07 31.74	1400m: 14:57.68 32.49			
	250m: 2:36.33 31.87	650m: 6:53.57 32.63	1050m: 11:11.90 31.83	1450m: 15:29.43 31.75			
	300m: 3:08.15 31.82	700m: 7:26.02 32.45	1100m: 11:44.40 32.50	1500m: 16:00.47 31.04			
	350m: 3:40.33 32.18	750m: 7:58.23 32.21	1150m: 12:16.22 31.82				
	400m: 4:12.04 31.71	800m: 8:30.95 32.72	1200m: 12:49.00 32.78				
3.	Mario Andre Bonanca	90	Sporting	16:02.25	+0,85	741	
	50m: 29.70 29.70	450m: 4:44.45 31.55	850m: 9:00.97 31.96	1250m: 13:21.00 32.66			
	100m: 1:01.61 31.91	500m: 5:16.34 31.89	900m: 9:33.27 32.30	1300m: 13:53.70 32.70			
	150m: 1:33.18 31.57	550m: 5:47.81 31.47	950m: 10:05.05 31.78	1350m: 14:26.04 32.34			
	200m: 2:05.26 32.08	600m: 6:20.18 32.37	1000m: 10:37.41 32.36	1400m: 14:58.32 32.28			
	250m: 2:37.41 32.15	650m: 6:51.86 31.68	1050m: 11:09.45 32.04	1450m: 15:30.48 32.16			
	300m: 3:09.36 31.95	700m: 7:24.29 32.43	1100m: 11:42.28 32.83	1500m: 16:02.25 31.77			
	350m: 3:40.73 31.37	750m: 7:56.30 32.01	1150m: 12:15.07 32.79				
	400m: 4:12.90 32.17	800m: 8:29.01 32.71	1200m: 12:48.34 33.27				
4.	Rafael Lourenco Gil	96	Naval Amorense	16:08.42	+0,72	727	
	50m: 28.92 28.92	450m: 4:44.31 32.32	850m: 9:03.28 32.62	1250m: 13:25.36 33.33			
	100m: 1:00.24 31.32	500m: 5:16.40 32.09	900m: 9:35.94 32.66	1300m: 13:58.37 33.01			
	150m: 1:31.87 31.63	550m: 5:49.16 32.76	950m: 10:08.28 32.34	1350m: 14:31.38 33.01			
	200m: 2:03.72 31.85	600m: 6:21.18 32.02	1000m: 10:40.92 32.64	1400m: 15:04.34 32.96			
	250m: 2:35.61 31.89	650m: 6:53.51 32.33	1050m: 11:13.29 32.37	1450m: 15:36.89 32.55			
	300m: 3:07.47 31.86	700m: 7:25.56 32.05	1100m: 11:46.12 32.83	1500m: 16:08.42 31.53			
	350m: 3:39.64 32.17	750m: 7:58.12 32.56	1150m: 12:18.92 32.80				
	400m: 4:11.99 32.35	800m: 8:30.66 32.54	1200m: 12:52.03 33.11				

Campeonato Nacional de Juvenis
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Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Hugo Alberto Ribeiro	88	Gespacos	16:31.77	+0,98	677	
	50m: 29.98 29.98	450m: 4:48.96 32.48	850m: 9:11.79 33.06	1250m: 13:41.91 33.87			
	100m: 1:02.19 32.21	500m: 5:21.93 32.97	900m: 9:45.35 33.56	1300m: 14:15.89 33.98			
	150m: 1:34.19 32.00	550m: 5:54.59 32.66	950m: 10:18.86 33.51	1350m: 14:50.02 34.13			
	200m: 2:06.46 32.27	600m: 6:27.33 32.74	1000m: 10:52.73 33.87	1400m: 15:24.48 34.46			
	250m: 2:38.93 32.47	650m: 6:59.75 32.42	1050m: 11:26.26 33.53	1450m: 15:57.94 33.46			
	300m: 3:11.44 32.51	700m: 7:32.53 32.78	1100m: 12:00.12 33.86	1500m: 16:31.77 33.83			
	350m: 3:43.72 32.28	750m: 8:05.51 32.98	1150m: 12:33.92 33.80				
	400m: 4:16.48 32.76	800m: 8:38.73 33.22	1200m: 13:08.04 34.12				
6.	Ricardo Manuel Machado	93	Braga	16:34.99	+0,81	670	
	50m: 29.30 29.30	450m: 4:51.49 33.34	850m: 9:21.21 33.42	1250m: 13:52.40 33.62			
	100m: 1:00.82 31.52	500m: 5:25.56 34.07	900m: 9:55.16 33.95	1300m: 14:25.84 33.44			
	150m: 1:32.78 31.96	550m: 5:59.04 33.48	950m: 10:29.04 33.88	1350m: 14:58.76 32.92			
	200m: 2:05.48 32.70	600m: 6:33.23 34.19	1000m: 11:02.97 33.93	1400m: 15:31.70 32.94			
	250m: 2:38.12 32.64	650m: 7:06.55 33.32	1050m: 11:36.91 33.94	1450m: 16:03.91 32.21			
	300m: 3:11.33 33.21	700m: 7:40.34 33.79	1100m: 12:11.27 34.36	1500m: 16:34.99 31.08			
	350m: 3:44.47 33.14	750m: 8:13.88 33.54	1150m: 12:44.95 33.68				
	400m: 4:18.15 33.68	800m: 8:47.79 33.91	1200m: 13:18.78 33.83				
7.	Tiago Silva Oliveira	94	Leixoes	16:35.71	+0,72	669	
	50m: 28.82 28.82	450m: 4:45.62 32.71	850m: 9:16.52 33.94	1250m: 13:49.23 33.98			
	100m: 1:00.33 31.51	500m: 5:18.74 33.12	900m: 9:50.49 33.97	1300m: 14:23.07 33.84			
	150m: 1:32.19 31.86	550m: 5:52.56 33.82	950m: 10:24.67 34.18	1350m: 14:57.41 34.34			
	200m: 2:04.33 32.14	600m: 6:26.24 33.68	1000m: 10:58.74 34.07	1400m: 15:30.43 33.02			
	250m: 2:36.49 32.16	650m: 7:00.46 34.22	1050m: 11:32.91 34.17	1450m: 16:03.58 33.15			
	300m: 3:08.27 31.78	700m: 7:34.32 33.86	1100m: 12:07.08 34.17	1500m: 16:35.71 32.13			
	350m: 3:40.55 32.28	750m: 8:08.61 34.29	1150m: 12:41.23 34.15				
	400m: 4:12.91 32.36	800m: 8:42.58 33.97	1200m: 13:15.25 34.02				
8.	Artur Manuel Ferreira	95	Porto	16:36.43	+0,88	667	
	50m: 29.42 29.42	450m: 4:54.03 33.03	850m: 9:21.16 33.39	1250m: 13:50.55 33.84			
	100m: 1:02.06 32.64	500m: 5:27.25 33.22	900m: 9:55.01 33.85	1300m: 14:24.69 34.14			
	150m: 1:35.37 33.31	550m: 6:00.35 33.10	950m: 10:28.44 33.43	1350m: 14:57.75 33.06			
	200m: 2:08.97 33.60	600m: 6:33.59 33.24	1000m: 11:02.27 33.83	1400m: 15:31.19 33.44			
	250m: 2:42.25 33.28	650m: 7:06.75 33.16	1050m: 11:35.72 33.45	1450m: 16:04.12 32.93			
	300m: 3:15.38 33.13	700m: 7:40.34 33.59	1100m: 12:09.47 33.75	1500m: 16:36.43 32.31			
	350m: 3:47.95 32.57	750m: 8:13.71 33.37	1150m: 12:43.02 33.55				
	400m: 4:21.00 33.05	800m: 8:47.77 34.06	1200m: 13:16.71 33.69				
9.	Hugo Neves Neto	94	Columbofila Cantanhedense	16:39.46	+0,79	661	
	50m: 29.57 29.57	450m: 4:54.35 33.09	850m: 9:21.44 33.33	1250m: 13:50.98 33.81			
	100m: 1:02.51 32.94	500m: 5:27.89 33.54	900m: 9:54.96 33.52	1300m: 14:25.07 34.09			
	150m: 1:35.60 33.09	550m: 6:01.13 33.24	950m: 10:28.26 33.30	1350m: 14:59.10 34.03			
	200m: 2:09.06 33.46	600m: 6:34.57 33.44	1000m: 11:01.84 33.58	1400m: 15:33.09 33.99			
	250m: 2:41.91 32.85	650m: 7:07.85 33.28	1050m: 11:35.47 33.63	1450m: 16:06.77 33.68			
	300m: 3:15.18 33.27	700m: 7:41.29 33.44	1100m: 12:09.42 33.95	1500m: 16:39.46 32.69			
	350m: 3:48.04 32.86	750m: 8:14.62 33.33	1150m: 12:43.11 33.69				
	400m: 4:21.26 33.22	800m: 8:48.11 33.49	1200m: 13:17.17 34.06				
10.	Joao Luis Travanca	97	Porto	16:45.76	+0,86	649	
	50m: 30.03 30.03	450m: 4:56.93 33.93	850m: 9:25.83 33.93	1250m: 13:56.73 34.28			
	100m: 1:02.09 32.06	500m: 5:30.45 33.52	900m: 9:59.36 33.53	1300m: 14:30.58 33.85			
	150m: 1:35.73 33.64	550m: 6:04.50 34.05	950m: 10:33.06 33.70	1350m: 15:04.58 34.00			
	200m: 2:09.13 33.40	600m: 6:37.73 33.23	1000m: 11:06.36 33.30	1400m: 15:39.00 34.42			
	250m: 2:42.84 33.71	650m: 7:11.51 33.78	1050m: 11:40.16 33.80	1450m: 16:12.66 33.66			
	300m: 3:16.20 33.36	700m: 7:44.85 33.34	1100m: 12:14.20 34.04	1500m: 16:45.76 33.10			
	350m: 3:49.50 33.30	750m: 8:18.44 33.59	1150m: 12:48.58 34.38				
	400m: 4:23.00 33.50	800m: 8:51.90 33.46	1200m: 13:22.45 33.87				

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Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Leonardo Marchetta	95	Pol Lib Invicta - Potenza	16:46.47	+0,85	648	
	50m: 30.25 30.25	450m: 4:56.77	34.05	850m: 9:28.61	34.03	1250m: 13:59.19	34.09
	100m: 1:02.86 32.61	500m: 5:30.71	33.94	900m: 10:01.96	33.35	1300m: 14:32.72	33.53
	150m: 1:35.96 33.10	550m: 6:05.08	34.37	950m: 10:36.05	34.09	1350m: 15:06.97	34.25
	200m: 2:09.12 33.16	600m: 6:38.73	33.65	1000m: 11:09.95	33.90	1400m: 15:40.17	33.20
	250m: 2:42.43 33.31	650m: 7:13.01	34.28	1050m: 11:43.86	33.91	1450m: 16:14.24	34.07
	300m: 3:15.44 33.01	700m: 7:46.65	33.64	1100m: 12:17.38	33.52	1500m: 16:46.47	32.23
	350m: 3:49.42 33.98	750m: 8:20.95	34.30	1150m: 12:51.56	34.18		
	400m: 4:22.72 33.30	800m: 8:54.58	33.63	1200m: 13:25.10	33.54		
12.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	16:47.23	+0,67	646	
	50m: 30.20 30.20	450m: 4:56.89	33.41	850m: 9:26.53	33.81	1250m: 13:58.93	34.35
	100m: 1:02.96 32.76	500m: 5:30.44	33.55	900m: 10:00.13	33.60	1300m: 14:33.06	34.13
	150m: 1:36.33 33.37	550m: 6:04.18	33.74	950m: 10:34.35	34.22	1350m: 15:08.04	34.98
	200m: 2:09.96 33.63	600m: 6:37.92	33.74	1000m: 11:08.26	33.91	1400m: 15:41.91	33.87
	250m: 2:43.25 33.29	650m: 7:11.41	33.49	1050m: 11:42.51	34.25	1450m: 16:15.97	34.06
	300m: 3:16.62 33.37	700m: 7:45.10	33.69	1100m: 12:16.20	33.69	1500m: 16:47.23	31.26
	350m: 3:49.85 33.23	750m: 8:18.79	33.69	1150m: 12:50.57	34.37		
	400m: 4:23.48 33.63	800m: 8:52.72	33.93	1200m: 13:24.58	34.01		
13.	Bernardo Leitao Graca	93	Sporting	16:47.24	+0,73	646	
	50m: 29.24 29.24	450m: 4:53.85	33.47	850m: 9:25.05	33.03	1250m: 14:00.16	34.37
	100m: 1:02.28 33.04	500m: 5:27.37	33.52	900m: 9:59.14	34.09	1300m: 14:34.79	34.63
	150m: 1:35.41 33.13	550m: 6:01.11	33.74	950m: 10:32.88	33.74	1350m: 15:09.20	34.41
	200m: 2:08.48 33.07	600m: 6:35.04	33.93	1000m: 11:07.43	34.55	1400m: 15:43.41	34.21
	250m: 2:41.83 33.35	650m: 7:09.05	34.01	1050m: 11:41.47	34.04	1450m: 16:16.11	32.70
	300m: 3:14.10 32.27	700m: 7:43.60	34.55	1100m: 12:16.32	34.85	1500m: 16:47.24	31.13
	350m: 3:47.22 33.12	750m: 8:17.70	34.10	1150m: 12:50.99	34.67		
	400m: 4:20.38 33.16	800m: 8:52.02	34.32	1200m: 13:25.79	34.80		
14.	Guilherme Filipe Pina	98	Benedita	16:54.77	+0,79	632	
	50m: 29.45 29.45	450m: 5:00.86	33.96	850m: 9:34.40	33.59	1250m: 14:06.87	33.62
	100m: 1:02.82 33.37	500m: 5:35.87	35.01	900m: 10:08.99	34.59	1300m: 14:41.11	34.24
	150m: 1:36.71 33.89	550m: 6:10.12	34.25	950m: 10:42.87	33.88	1350m: 15:14.58	33.47
	200m: 2:11.11 34.40	600m: 6:44.40	34.28	1000m: 11:17.34	34.47	1400m: 15:48.84	34.26
	250m: 2:44.40 33.29	650m: 7:18.48	34.08	1050m: 11:50.96	33.62	1450m: 16:21.98	33.14
	300m: 3:18.54 34.14	700m: 7:52.91	34.43	1100m: 12:25.17	34.21	1500m: 16:54.77	32.79
	350m: 3:52.26 33.72	750m: 8:26.75	33.84	1150m: 12:58.90	33.73		
	400m: 4:26.90 34.64	800m: 9:00.81	34.06	1200m: 13:33.25	34.35		
15.	Diogo Manuel Marques	98	Columbofila Cantanhedense	16:56.06	+0,70	629	
	50m: 29.81 29.81	450m: 5:01.31	34.27	850m: 9:34.46	34.10	1250m: 14:07.72	34.17
	100m: 1:03.07 33.26	500m: 5:35.81	34.50	900m: 10:08.60	34.14	1300m: 14:41.96	34.24
	150m: 1:37.21 34.14	550m: 6:10.38	34.57	950m: 10:42.62	34.02	1350m: 15:15.98	34.02
	200m: 2:10.88 33.67	600m: 6:44.52	34.14	1000m: 11:17.30	34.68	1400m: 15:50.44	34.46
	250m: 2:44.68 33.80	650m: 7:18.56	34.04	1050m: 11:51.74	34.44	1450m: 16:24.07	33.63
	300m: 3:17.94 33.26	700m: 7:52.75	34.19	1100m: 12:25.56	33.82	1500m: 16:56.06	31.99
	350m: 3:52.21 34.27	750m: 8:26.59	33.84	1150m: 12:59.63	34.07		
	400m: 4:27.04 34.83	800m: 9:00.36	33.77	1200m: 13:33.55	33.92		
16.	Ricardo Eduardo Afonso	97	Braga	16:56.44	+0,71	629	
	50m: 29.98 29.98	450m: 4:59.82	33.67	850m: 9:33.95	34.55	1250m: 14:08.37	34.11
	100m: 1:03.47 33.49	500m: 5:33.72	33.90	900m: 10:08.54	34.59	1300m: 14:42.63	34.26
	150m: 1:37.33 33.86	550m: 6:08.29	34.57	950m: 10:42.87	34.33	1350m: 15:16.91	34.28
	200m: 2:11.11 33.78	600m: 6:42.41	34.12	1000m: 11:16.99	34.12	1400m: 15:50.97	34.06
	250m: 2:45.40 34.29	650m: 7:16.41	34.00	1050m: 11:51.46	34.47	1450m: 16:24.62	33.65
	300m: 3:18.77 33.37	700m: 7:50.46	34.05	1100m: 12:25.88	34.42	1500m: 16:56.44	31.82
	350m: 3:52.42 33.65	750m: 8:25.05	34.59	1150m: 12:59.99	34.11		
	400m: 4:26.15 33.73	800m: 8:59.40	34.35	1200m: 13:34.26	34.27		

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Joao Costa Ferreira	98	Famalicao	16:56.78	+0,93	628	
	50m: 30.71 30.71	450m: 5:01.04	34.30	850m: 9:34.20	34.40	1250m: 14:07.65	34.61
	100m: 1:03.22 32.51	500m: 5:35.23	34.19	900m: 10:07.83	33.63	1300m: 14:41.68	34.03
	150m: 1:37.42 34.20	550m: 6:09.90	34.67	950m: 10:42.21	34.38	1350m: 15:16.40	34.72
	200m: 2:11.20 33.78	600m: 6:43.55	33.65	1000m: 11:16.19	33.98	1400m: 15:50.57	34.17
	250m: 2:45.42 34.22	650m: 7:17.90	34.35	1050m: 11:50.90	34.71	1450m: 16:24.64	34.07
	300m: 3:19.20 33.78	700m: 7:51.86	33.96	1100m: 12:24.66	33.76	1500m: 16:56.78	32.14
	350m: 3:53.05 33.85	750m: 8:26.25	34.39	1150m: 12:59.03	34.37		
	400m: 4:26.74 33.69	800m: 8:59.80	33.55	1200m: 13:33.04	34.01		
18.	Pedro Veiguinha Martins	96	Braga	16:56.93	+1,02	628	
	50m: 31.49 31.49	450m: 5:01.01	34.31	850m: 9:39.47	34.33	1250m: 14:09.68	34.09
	100m: 1:04.11 32.62	500m: 5:35.05	34.04	900m: 10:14.07	34.60	1300m: 14:42.72	33.04
	150m: 1:38.05 33.94	550m: 6:10.47	35.42	950m: 10:48.91	34.84	1350m: 15:16.75	34.03
	200m: 2:11.65 33.60	600m: 6:45.16	34.69	1000m: 11:22.32	33.41	1400m: 15:50.54	33.79
	250m: 2:45.29 33.64	650m: 7:21.14	35.98	1050m: 11:55.69	33.37	1450m: 16:24.63	34.09
	300m: 3:18.67 33.38	700m: 7:55.43	34.29	1100m: 12:28.73	33.04	1500m: 16:56.93	32.30
	350m: 3:53.09 34.42	750m: 8:30.56	35.13	1150m: 13:02.40	33.67		
	400m: 4:26.70 33.61	800m: 9:05.14	34.58	1200m: 13:35.59	33.19		
19.	Goncalo Miguel Nogueira	98	Porto	16:57.27	+0,70	627	
	50m: 29.92 29.92	450m: 5:01.18	34.49	850m: 9:35.47	34.09	1250m: 14:09.26	34.32
	100m: 1:02.63 32.71	500m: 5:35.66	34.48	900m: 10:09.40	33.93	1300m: 14:43.78	34.52
	150m: 1:36.76 34.13	550m: 6:09.98	34.32	950m: 10:43.45	34.05	1350m: 15:17.52	33.74
	200m: 2:10.97 34.21	600m: 6:44.09	34.11	1000m: 11:17.68	34.23	1400m: 15:51.99	34.47
	250m: 2:44.94 33.97	650m: 7:18.41	34.32	1050m: 11:51.73	34.05	1450m: 16:25.27	33.28
	300m: 3:18.86 33.92	700m: 7:52.78	34.37	1100m: 12:26.26	34.53	1500m: 16:57.27	32.00
	350m: 3:52.43 33.57	750m: 8:26.99	34.21	1150m: 13:00.63	34.37		
	400m: 4:26.69 34.26	800m: 9:01.38	34.39	1200m: 13:34.94	34.31		
20.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	16:57.36	+0,77	627	
	50m: 30.36 30.36	450m: 4:59.20	33.93	850m: 9:33.34	33.82	1250m: 14:09.25	34.32
	100m: 1:03.56 33.20	500m: 5:33.53	34.33	900m: 10:08.54	35.20	1300m: 14:43.72	34.47
	150m: 1:36.73 33.17	550m: 6:07.22	33.69	950m: 10:42.69	34.15	1350m: 15:17.39	33.67
	200m: 2:10.56 33.83	600m: 6:41.76	34.54	1000m: 11:18.03	35.34	1400m: 15:51.71	34.32
	250m: 2:43.64 33.08	650m: 7:15.87	34.11	1050m: 11:51.47	33.44	1450m: 16:25.31	33.60
	300m: 3:17.63 33.99	700m: 7:50.71	34.84	1100m: 12:26.64	35.17	1500m: 16:57.36	32.05
	350m: 3:51.10 33.47	750m: 8:24.78	34.07	1150m: 13:00.63	33.99		
	400m: 4:25.27 34.17	800m: 8:59.52	34.74	1200m: 13:34.93	34.30		
21.	Vitor Joao Pereira	97	Leixoes	17:02.79	+1,00	617	
	50m: 30.76 30.76	450m: 4:58.11	33.29	850m: 9:31.81	34.52	1250m: 14:08.60	35.14
	100m: 1:03.44 32.68	500m: 5:32.04	33.93	900m: 10:06.11	34.30	1300m: 14:43.45	34.85
	150m: 1:37.11 33.67	550m: 6:06.28	34.24	950m: 10:40.88	34.77	1350m: 15:18.43	34.98
	200m: 2:10.91 33.80	600m: 6:40.28	34.00	1000m: 11:15.20	34.32	1400m: 15:53.53	35.10
	250m: 2:44.62 33.71	650m: 7:14.45	34.17	1050m: 11:49.79	34.59	1450m: 16:28.46	34.93
	300m: 3:18.04 33.42	700m: 7:48.64	34.19	1100m: 12:24.27	34.48	1500m: 17:02.79	34.33
	350m: 3:51.25 33.21	750m: 8:22.88	34.24	1150m: 12:59.12	34.85		
	400m: 4:24.82 33.57	800m: 8:57.29	34.41	1200m: 13:33.46	34.34		
22.	Narciso Daniel Correia	97	Braga	17:09.88	+0,90	604	
	50m: 30.78 30.78	450m: 5:03.72	34.44	850m: 9:41.28	34.75	1250m: 14:21.58	34.77
	100m: 1:04.04 33.26	500m: 5:37.79	34.07	900m: 10:16.89	35.61	1300m: 14:56.21	34.63
	150m: 1:37.56 33.52	550m: 6:12.05	34.26	950m: 10:52.75	35.86	1350m: 15:30.85	34.64
	200m: 2:11.73 34.17	600m: 6:46.51	34.46	1000m: 11:27.79	35.04	1400m: 16:05.40	34.55
	250m: 2:46.39 34.66	650m: 7:21.91	35.40	1050m: 12:03.68	35.89	1450m: 16:37.01	31.61
	300m: 3:20.86 34.47	700m: 7:57.05	35.14	1100m: 12:38.58	34.90	1500m: 17:09.88	32.87
	350m: 3:54.95 34.09	750m: 8:31.72	34.67	1150m: 13:12.04	33.46		
	400m: 4:29.28 34.33	800m: 9:06.53	34.81	1200m: 13:46.81	34.77		

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
23.	David Emanuel Martins	97	Braga	17:14.65	+1,12	596	
	50m: 29.85 29.85	450m: 5:01.28	34.15	850m: 9:36.71	34.28	1250m: 14:17.61	35.36
	100m: 1:02.70 32.85	500m: 5:35.78	34.50	900m: 10:11.38	34.67	1300m: 14:53.40	35.79
	150m: 1:36.69 33.99	550m: 6:10.25	34.47	950m: 10:45.97	34.59	1350m: 15:28.59	35.19
	200m: 2:11.08 34.39	600m: 6:44.81	34.56	1000m: 11:21.10	35.13	1400m: 16:04.55	35.96
	250m: 2:45.05 33.97	650m: 7:19.00	34.19	1050m: 11:56.14	35.04	1450m: 16:40.04	35.49
	300m: 3:19.13 34.08	700m: 7:53.68	34.68	1100m: 12:31.55	35.41	1500m: 17:14.65	34.61
	350m: 3:52.85 33.72	750m: 8:27.72	34.04	1150m: 13:06.82	35.27		
	400m: 4:27.13 34.28	800m: 9:02.43	34.71	1200m: 13:42.25	35.43		
24.	Miguel Angelo Silvestre	97	Alcobaca	17:14.91	+0,77	596	
	50m: 30.40 30.40	450m: 5:08.28	34.36	850m: 9:45.25	34.53	1250m: 14:22.89	34.82
	100m: 1:04.51 34.11	500m: 5:43.33	35.05	900m: 10:19.79	34.54	1300m: 14:57.87	34.98
	150m: 1:39.14 34.63	550m: 6:17.92	34.59	950m: 10:54.17	34.38	1350m: 15:32.48	34.61
	200m: 2:14.30 35.16	600m: 6:52.84	34.92	1000m: 11:28.92	34.75	1400m: 16:07.57	35.09
	250m: 2:49.26 34.96	650m: 7:27.28	34.44	1050m: 12:03.55	34.63	1450m: 16:41.76	34.19
	300m: 3:24.25 34.99	700m: 8:01.97	34.69	1100m: 12:38.55	35.00	1500m: 17:14.91	33.15
	350m: 3:59.13 34.88	750m: 8:35.91	33.94	1150m: 13:12.95	34.40		
	400m: 4:33.92 34.79	800m: 9:10.72	34.81	1200m: 13:48.07	35.12		
25.	Viktor Kot	98	Nautico da Marinha Grande	17:15.98	+0,81	594	
	50m: 31.09 31.09	450m: 5:06.25	35.03	850m: 9:45.60	34.80	1250m: 14:23.83	35.07
	100m: 1:04.88 33.79	500m: 5:40.69	34.44	900m: 10:20.27	34.67	1300m: 14:58.52	34.69
	150m: 1:39.56 34.68	550m: 6:16.08	35.39	950m: 10:55.07	34.80	1350m: 15:33.68	35.16
	200m: 2:13.29 33.73	600m: 6:50.76	34.68	1000m: 11:30.15	35.08	1400m: 16:08.12	34.44
	250m: 2:47.95 34.66	650m: 7:26.18	35.42	1050m: 12:04.77	34.62	1450m: 16:42.45	34.33
	300m: 3:22.10 34.15	700m: 8:00.76	34.58	1100m: 12:39.37	34.60	1500m: 17:15.98	33.53
	350m: 3:56.93 34.83	750m: 8:36.12	35.36	1150m: 13:13.94	34.57		
	400m: 4:31.22 34.29	800m: 9:10.80	34.68	1200m: 13:48.76	34.82		
26.	Joao Miguel Cardoso	97	Geslourses	17:23.01	+0,76	582	
	50m: 30.85 30.85	450m: 5:05.28	34.71	850m: 9:47.39	34.37	1250m: 14:30.10	35.24
	100m: 1:04.06 33.21	500m: 5:40.79	35.51	900m: 10:23.35	35.96	1300m: 15:05.85	35.75
	150m: 1:37.94 33.88	550m: 6:15.69	34.90	950m: 10:58.09	34.74	1350m: 15:40.61	34.76
	200m: 2:12.38 34.44	600m: 6:51.46	35.77	1000m: 11:33.62	35.53	1400m: 16:16.45	35.84
	250m: 2:46.63 34.25	650m: 7:26.73	35.27	1050m: 12:08.34	34.72	1450m: 16:50.13	33.68
	300m: 3:21.35 34.72	700m: 8:02.37	35.64	1100m: 12:44.05	35.71	1500m: 17:23.01	32.88
	350m: 3:55.68 34.33	750m: 8:37.36	34.99	1150m: 13:18.79	34.74		
	400m: 4:30.57 34.89	800m: 9:13.02	35.66	1200m: 13:54.86	36.07		
27.	Rafael Ladeiro Santos	98	Geslourses	17:24.87	+0,83	579	
	50m: 30.98 30.98	450m: 5:13.04	35.93	850m: 9:55.32	34.81	1250m: 14:34.06	34.66
	100m: 1:04.97 33.99	500m: 5:48.84	35.80	900m: 10:30.22	34.90	1300m: 15:08.80	34.74
	150m: 1:39.97 35.00	550m: 6:24.62	35.78	950m: 11:05.34	35.12	1350m: 15:43.40	34.60
	200m: 2:15.18 35.21	600m: 6:59.91	35.29	1000m: 11:40.30	34.96	1400m: 16:17.68	34.28
	250m: 2:50.51 35.33	650m: 7:35.38	35.47	1050m: 12:14.85	34.55	1450m: 16:51.64	33.96
	300m: 3:25.94 35.43	700m: 8:10.42	35.04	1100m: 12:49.60	34.75	1500m: 17:24.87	33.23
	350m: 4:01.54 35.60	750m: 8:45.59	35.17	1150m: 13:24.47	34.87		
	400m: 4:37.11 35.57	800m: 9:20.51	34.92	1200m: 13:59.40	34.93		

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
28.	Bruno Miguel Rainho <i>FTL</i>	96	Geslours	17:25.16	+1,02	578	
	50m: 30.22 30.22	450m: 5:02.76 34.59	850m: 9:44.31 35.78	1250m: 14:28.34 35.80			
	100m: 1:03.26 33.04	500m: 5:37.75 34.99	900m: 10:19.13 34.82	1300m: 15:03.38 35.04			
	150m: 1:37.24 33.98	550m: 6:12.07 34.32	950m: 10:54.48 35.35	1350m: 15:39.15 35.77			
	200m: 2:11.37 34.13	600m: 6:46.80 34.73	1000m: 11:30.50 36.02	1400m: 16:15.22 36.07			
	250m: 2:45.65 34.28	650m: 7:22.18 35.38	1050m: 12:05.67 35.17	1450m: 16:49.81 34.59			
	300m: 3:19.79 34.14	700m: 7:57.80 35.62	1100m: 12:41.47 35.80	1500m: 17:25.16 35.35			
	350m: 3:53.74 33.95	750m: 8:32.97 35.17	1150m: 13:16.85 35.38				
	400m: 4:28.17 34.43	800m: 9:08.53 35.56	1200m: 13:52.54 35.69				
29.	Luis Filipe Ribeiro	98	Braga	17:28.17	+0,89	573	
	50m: 30.46 30.46	450m: 5:10.60 35.11	850m: 9:52.86 35.18	1250m: 14:36.23 35.26			
	100m: 1:04.64 34.18	500m: 5:46.09 35.49	900m: 10:28.44 35.58	1300m: 15:11.43 35.20			
	150m: 1:39.51 34.87	550m: 6:21.29 35.20	950m: 11:03.74 35.30	1350m: 15:46.47 35.04			
	200m: 2:14.62 35.11	600m: 6:56.65 35.36	1000m: 11:39.04 35.30	1400m: 16:21.83 35.36			
	250m: 2:49.72 35.10	650m: 7:31.73 35.08	1050m: 12:14.43 35.39	1450m: 16:56.15 34.32			
	300m: 3:25.10 35.38	700m: 8:07.13 35.40	1100m: 12:50.10 35.67	1500m: 17:28.17 32.02			
	350m: 4:00.00 34.90	750m: 8:42.40 35.27	1150m: 13:24.97 34.87				
	400m: 4:35.49 35.49	800m: 9:17.68 35.28	1200m: 14:00.97 36.00				
30.	Henrique Mourinho Neves	97	Alges	17:28.32	+0,78	573	
	50m: 30.34 30.34	450m: 5:10.98 35.05	850m: 9:53.57 35.10	1250m: 14:35.78 34.96			
	100m: 1:04.40 34.06	500m: 5:46.68 35.70	900m: 10:29.01 35.44	1300m: 15:11.14 35.36			
	150m: 1:38.95 34.55	550m: 6:21.83 35.15	950m: 11:04.38 35.37	1350m: 15:45.57 34.43			
	200m: 2:14.39 35.44	600m: 6:57.42 35.59	1000m: 11:39.90 35.52	1400m: 16:21.25 35.68			
	250m: 2:49.64 35.25	650m: 7:32.17 34.75	1050m: 12:15.01 35.11	1450m: 16:55.01 33.76			
	300m: 3:25.01 35.37	700m: 8:07.52 35.35	1100m: 12:50.42 35.41	1500m: 17:28.32 33.31			
	350m: 4:00.36 35.35	750m: 8:43.00 35.48	1150m: 13:25.43 35.01				
	400m: 4:35.93 35.57	800m: 9:18.47 35.47	1200m: 14:00.82 35.39				
31.	Guilherme Pereira Dias	97	Sporting	17:29.73	+0,83	571	
	50m: 31.67 31.67	450m: 5:13.50 35.40	850m: 9:54.99 35.05	1250m: 14:35.20 34.89			
	100m: 1:06.18 34.51	500m: 5:49.13 35.63	900m: 10:30.14 35.15	1300m: 15:10.29 35.09			
	150m: 1:41.17 34.99	550m: 6:24.20 35.07	950m: 11:05.15 35.01	1350m: 15:45.14 34.85			
	200m: 2:16.59 35.42	600m: 6:59.42 35.22	1000m: 11:40.39 35.24	1400m: 16:20.23 35.09			
	250m: 2:51.86 35.27	650m: 7:34.51 35.09	1050m: 12:15.10 34.71	1450m: 16:55.04 34.81			
	300m: 3:27.63 35.77	700m: 8:09.93 35.42	1100m: 12:50.08 34.98	1500m: 17:29.73 34.69			
	350m: 4:02.60 34.97	750m: 8:44.83 34.90	1150m: 13:25.08 35.00				
	400m: 4:38.10 35.50	800m: 9:19.94 35.11	1200m: 14:00.31 35.23				
32.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	17:32.42	+0,89	566	
	50m: 30.23 30.23	450m: 5:08.74 35.08	850m: 9:52.34 35.41	1250m: 14:37.49 35.63			
	100m: 1:04.25 34.02	500m: 5:44.05 35.31	900m: 10:28.25 35.91	1300m: 15:12.64 35.15			
	150m: 1:38.87 34.62	550m: 6:19.38 35.33	950m: 11:03.69 35.44	1350m: 15:48.54 35.90			
	200m: 2:13.42 34.55	600m: 6:54.79 35.41	1000m: 11:39.79 36.10	1400m: 16:23.85 35.31			
	250m: 2:48.38 34.96	650m: 7:29.97 35.18	1050m: 12:14.94 35.15	1450m: 16:59.07 35.22			
	300m: 3:23.34 34.96	700m: 8:05.82 35.85	1100m: 12:50.72 35.78	1500m: 17:32.42 33.35			
	350m: 3:58.15 34.81	750m: 8:41.00 35.18	1150m: 13:26.14 35.42				
	400m: 4:33.66 35.51	800m: 9:16.93 35.93	1200m: 14:01.86 35.72				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
33.	Bruno Jose Silva	98	Braga	17:33.83	+1,11	564	
	50m: 31.67 31.67	450m: 5:10.97 35.17	850m: 9:53.43 34.87	1250m: 14:38.34 35.44			
	100m: 1:05.51 33.84	500m: 5:46.36 35.39	900m: 10:29.40 35.97	1300m: 15:13.92 35.58			
	150m: 1:40.36 34.85	550m: 6:21.55 35.19	950m: 11:04.72 35.32	1350m: 15:49.52 35.60			
	200m: 2:15.48 35.12	600m: 6:57.00 35.45	1000m: 11:40.24 35.52	1400m: 16:25.14 35.62			
	250m: 2:50.08 34.60	650m: 7:32.17 35.17	1050m: 12:15.87 35.63	1450m: 17:00.24 35.10			
	300m: 3:25.14 35.06	700m: 8:07.53 35.36	1100m: 12:51.67 35.80	1500m: 17:33.83 33.59			
	350m: 4:00.44 35.30	750m: 8:42.91 35.38	1150m: 13:27.31 35.64				
	400m: 4:35.80 35.36	800m: 9:18.56 35.65	1200m: 14:02.90 35.59				
34.	Miguel Martins Baltazar	98	Aminata	17:38.91	+0,94	556	
	50m: 30.89 30.89	450m: 5:11.21 35.97	850m: 9:55.26 35.50	1250m: 14:40.12 35.95			
	100m: 1:04.89 34.00	500m: 5:46.61 35.40	900m: 10:30.40 35.14	1300m: 15:15.93 35.81			
	150m: 1:39.56 34.67	550m: 6:22.04 35.43	950m: 11:06.22 35.82	1350m: 15:52.07 36.14			
	200m: 2:14.54 34.98	600m: 6:57.29 35.25	1000m: 11:41.67 35.45	1400m: 16:27.95 35.88			
	250m: 2:49.72 35.18	650m: 7:33.40 36.11	1050m: 12:17.57 35.90	1450m: 17:03.92 35.97			
	300m: 3:24.76 35.04	700m: 8:08.52 35.12	1100m: 12:52.91 35.34	1500m: 17:38.91 34.99			
	350m: 4:00.18 35.42	750m: 8:44.45 35.93	1150m: 13:28.82 35.91				
	400m: 4:35.24 35.06	800m: 9:19.76 35.31	1200m: 14:04.17 35.35				
35.	Joao Santos Mendes	98	Leixoes	17:42.63	+0,70	550	
	50m: 31.20 31.20	450m: 5:18.19 36.07	850m: 10:05.51 35.76	1250m: 14:47.39 35.76			
	100m: 1:06.13 34.93	500m: 5:54.62 36.43	900m: 10:40.70 35.19	1300m: 15:23.17 35.78			
	150m: 1:41.72 35.59	550m: 6:30.57 35.95	950m: 11:16.19 35.49	1350m: 15:58.78 35.61			
	200m: 2:17.67 35.95	600m: 7:06.49 35.92	1000m: 11:51.56 35.37	1400m: 16:34.39 35.61			
	250m: 2:54.08 36.41	650m: 7:42.64 36.15	1050m: 12:26.99 35.43	1450m: 17:09.20 34.81			
	300m: 3:30.19 36.11	700m: 8:18.60 35.96	1100m: 13:01.62 34.63	1500m: 17:42.63 33.43			
	350m: 4:06.24 36.05	750m: 8:54.30 35.70	1150m: 13:36.49 34.87				
	400m: 4:42.12 35.88	800m: 9:29.75 35.45	1200m: 14:11.63 35.14				
36.	Joao Ricardo Silva FTL	97	Ginasio Figueirense	17:49.99	+0,77	539	
	50m: 30.46 30.46	450m: 5:12.87 35.49	850m: 9:59.43 35.67	1250m: 14:49.60 35.98			
	100m: 1:04.72 34.26	500m: 5:49.05 36.18	900m: 10:35.75 36.32	1300m: 15:25.94 36.34			
	150m: 1:39.60 34.88	550m: 6:24.54 35.49	950m: 11:11.64 35.89	1350m: 16:02.24 36.30			
	200m: 2:15.12 35.52	600m: 7:00.26 35.72	1000m: 11:47.90 36.26	1400m: 16:39.03 36.79			
	250m: 2:50.66 35.54	650m: 7:35.54 35.28	1050m: 12:23.81 35.91	1450m: 17:14.87 35.84			
	300m: 3:26.31 35.65	700m: 8:11.52 35.98	1100m: 13:00.60 36.79	1500m: 17:49.99 35.12			
	350m: 4:01.64 35.33	750m: 8:47.21 35.69	1150m: 13:37.01 36.41				
	400m: 4:37.38 35.74	800m: 9:23.76 36.55	1200m: 14:13.62 36.61				
37.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceir	17:54.24	+0,76	533	
	50m: 31.03 31.03	450m: 5:19.22 36.04	850m: 10:06.61 37.01	1250m: 14:58.15 36.70			
	100m: 1:05.31 34.28	500m: 5:54.58 35.36	900m: 10:43.11 36.50	1300m: 15:34.28 36.13			
	150m: 1:41.36 36.05	550m: 6:29.60 35.02	950m: 11:19.97 36.86	1350m: 16:11.29 37.01			
	200m: 2:17.59 36.23	600m: 7:04.73 35.13	1000m: 11:56.00 36.03	1400m: 16:46.54 35.25			
	250m: 2:54.13 36.54	650m: 7:41.00 36.27	1050m: 12:33.16 37.16	1450m: 17:22.71 36.17			
	300m: 3:30.79 36.66	700m: 8:16.68 35.68	1100m: 13:08.42 35.26	1500m: 17:54.24 31.53			
	350m: 4:07.24 36.45	750m: 8:53.50 36.82	1150m: 13:45.27 36.85				
	400m: 4:43.18 35.94	800m: 9:29.60 36.10	1200m: 14:21.45 36.18				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
38.	Andre Sousa Goncalves	97	Natacao de Olhao	17:54.93	+0,90	532	
	<i>FTL</i>						
	50m: 31.19 31.19	450m: 5:16.63 35.70	850m: 10:05.17 35.91	1250m: 14:55.77 36.56			
	100m: 1:06.39 35.20	500m: 5:52.67 36.04	900m: 10:41.77 36.60	1300m: 15:32.40 36.63			
	150m: 1:41.63 35.24	550m: 6:28.62 35.95	950m: 11:17.93 36.16	1350m: 16:08.71 36.31			
	200m: 2:17.24 35.61	600m: 7:04.99 36.37	1000m: 11:53.86 35.93	1400m: 16:44.49 35.78			
	250m: 2:52.78 35.54	650m: 7:41.05 36.06	1050m: 12:29.80 35.94	1450m: 17:20.30 35.81			
	300m: 3:28.53 35.75	700m: 8:17.34 36.29	1100m: 13:06.12 36.32	1500m: 17:54.93 34.63			
	350m: 4:04.72 36.19	750m: 8:53.27 35.93	1150m: 13:42.75 36.63				
	400m: 4:40.93 36.21	800m: 9:29.26 35.99	1200m: 14:19.21 36.46				
39.	Filipe Ferreira Luz	98	Geslours	17:55.12		531	
	50m: 31.63 31.63	450m: 5:19.18 36.01	850m: 10:07.82 36.12	1250m: 14:56.64 36.20			
	100m: 1:06.24 34.61	500m: 5:55.40 36.22	900m: 10:43.87 36.05	1300m: 15:33.10 36.46			
	150m: 1:41.66 35.42	550m: 6:31.24 35.84	950m: 11:19.68 35.81	1350m: 16:09.16 36.06			
	200m: 2:18.13 36.47	600m: 7:07.31 36.07	1000m: 11:55.97 36.29	1400m: 16:45.61 36.45			
	250m: 2:54.39 36.26	650m: 7:43.29 35.98	1050m: 12:32.28 36.31	1450m: 17:21.19 35.58			
	300m: 3:30.83 36.44	700m: 8:19.40 36.11	1100m: 13:08.22 35.94	1500m: 17:55.12 33.93			
	350m: 4:06.81 35.98	750m: 8:55.47 36.07	1150m: 13:44.01 35.79				
	400m: 4:43.17 36.36	800m: 9:31.70 36.23	1200m: 14:20.44 36.43				
40.	Francisco Rodrigues Antas	98	Desportiva de Viana	18:01.87	+0,94	521	
	<i>FTL</i>						
	50m: 30.62 30.62	450m: 5:16.72 36.23	850m: 10:09.09 36.74	1250m: 15:01.20 37.13			
	100m: 1:04.32 33.70	500m: 5:54.01 37.29	900m: 10:45.75 36.66	1300m: 15:37.52 36.32			
	150m: 1:38.85 34.53	550m: 6:30.12 36.11	950m: 11:22.44 36.69	1350m: 16:14.52 37.00			
	200m: 2:14.55 35.70	600m: 7:06.81 36.69	1000m: 11:58.39 35.95	1400m: 16:50.66 36.14			
	250m: 2:50.63 36.08	650m: 7:44.00 37.19	1050m: 12:34.36 35.97	1450m: 17:26.46 35.80			
	300m: 3:27.07 36.44	700m: 8:20.02 36.02	1100m: 13:11.29 36.93	1500m: 18:01.87 35.41			
	350m: 4:03.95 36.88	750m: 8:56.20 36.18	1150m: 13:47.41 36.12				
	400m: 4:40.49 36.54	800m: 9:32.35 36.15	1200m: 14:24.07 36.66				
41.	Nuno Valerio Silva	97	Nautico da Marinha Grande	18:02.20	+0,82	521	
	<i>FTL</i>						
	50m: 30.88 30.88	450m: 5:15.65 36.23	850m: 10:06.25 36.80	1250m: 14:59.91 36.81			
	100m: 1:04.66 33.78	500m: 5:51.47 35.82	900m: 10:42.54 36.29	1300m: 15:36.86 36.95			
	150m: 1:39.75 35.09	550m: 6:27.93 36.46	950m: 11:19.10 36.56	1350m: 16:13.62 36.76			
	200m: 2:15.08 35.33	600m: 7:04.14 36.21	1000m: 11:55.85 36.75	1400m: 16:49.98 36.36			
	250m: 2:51.33 36.25	650m: 7:40.80 36.66	1050m: 12:32.93 37.08	1450m: 17:26.51 36.53			
	300m: 3:27.03 35.70	700m: 8:16.76 35.96	1100m: 13:09.40 36.47	1500m: 18:02.20 35.69			
	350m: 4:03.46 36.43	750m: 8:53.52 36.76	1150m: 13:46.30 36.90				
	400m: 4:39.42 35.96	800m: 9:29.45 35.93	1200m: 14:23.10 36.80				
42.	Dario Fausto Matias	98	Torres Novas	18:09.55	+0,87	510	
	<i>FTL</i>						
	50m: 31.47 31.47	450m: 5:21.65 36.39	850m: 10:14.97 36.74	1250m: 15:08.73 36.79			
	100m: 1:07.14 35.67	500m: 5:58.16 36.51	900m: 10:51.72 36.75	1300m: 15:45.78 37.05			
	150m: 1:43.65 36.51	550m: 6:34.98 36.82	950m: 11:28.48 36.76	1350m: 16:22.73 36.95			
	200m: 2:19.98 36.33	600m: 7:11.30 36.32	1000m: 12:05.36 36.88	1400m: 16:59.62 36.89			
	250m: 2:55.98 36.00	650m: 7:47.78 36.48	1050m: 12:42.02 36.66	1450m: 17:35.22 35.60			
	300m: 3:32.61 36.63	700m: 8:24.50 36.72	1100m: 13:18.80 36.78	1500m: 18:09.55 34.33			
	350m: 4:08.81 36.20	750m: 9:01.31 36.81	1150m: 13:55.46 36.66				
	400m: 4:45.26 36.45	800m: 9:38.23 36.92	1200m: 14:31.94 36.48				
DNS	Pedro Maria Bessa	95	Vilacondense				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres Juvenis A
18-07-2013 - 9:00 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009

TAC JUV A Masc : 17:36.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Luis Travanca	97	Porto	16:45.76	+0,86	649	
	50m: 30.03 30.03	450m: 4:56.93 33.93	850m: 9:25.83 33.93	1250m: 13:56.73 34.28			
	100m: 1:02.09 32.06	500m: 5:30.45 33.52	900m: 9:59.36 33.53	1300m: 14:30.58 33.85			
	150m: 1:35.73 33.64	550m: 6:04.50 34.05	950m: 10:33.06 33.70	1350m: 15:04.58 34.00			
	200m: 2:09.13 33.40	600m: 6:37.73 33.23	1000m: 11:06.36 33.30	1400m: 15:39.00 34.42			
	250m: 2:42.84 33.71	650m: 7:11.51 33.78	1050m: 11:40.16 33.80	1450m: 16:12.66 33.66			
	300m: 3:16.20 33.36	700m: 7:44.85 33.34	1100m: 12:14.20 34.04	1500m: 16:45.76 33.10			
	350m: 3:49.50 33.30	750m: 8:18.44 33.59	1150m: 12:48.58 34.38				
	400m: 4:23.00 33.50	800m: 8:51.90 33.46	1200m: 13:22.45 33.87				
2.	Ricardo Eduardo Afonso	97	Braga	16:56.44	+0,71	629	
	50m: 29.98 29.98	450m: 4:59.82 33.67	850m: 9:33.95 34.55	1250m: 14:08.37 34.11			
	100m: 1:03.47 33.49	500m: 5:33.72 33.90	900m: 10:08.54 34.59	1300m: 14:42.63 34.26			
	150m: 1:37.33 33.86	550m: 6:08.29 34.57	950m: 10:42.87 34.33	1350m: 15:16.91 34.28			
	200m: 2:11.11 33.78	600m: 6:42.41 34.12	1000m: 11:16.99 34.12	1400m: 15:50.97 34.06			
	250m: 2:45.40 34.29	650m: 7:16.41 34.00	1050m: 11:51.46 34.47	1450m: 16:24.62 33.65			
	300m: 3:18.77 33.37	700m: 7:50.46 34.05	1100m: 12:25.88 34.42	1500m: 16:56.44 31.82			
	350m: 3:52.42 33.65	750m: 8:25.05 34.59	1150m: 12:59.99 34.11				
	400m: 4:26.15 33.73	800m: 8:59.40 34.35	1200m: 13:34.26 34.27				
3.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	16:57.36	+0,77	627	
	50m: 30.36 30.36	450m: 4:59.20 33.93	850m: 9:33.34 33.82	1250m: 14:09.25 34.32			
	100m: 1:03.56 33.20	500m: 5:33.53 34.33	900m: 10:08.54 35.20	1300m: 14:43.72 34.47			
	150m: 1:36.73 33.17	550m: 6:07.22 33.69	950m: 10:42.69 34.15	1350m: 15:17.39 33.67			
	200m: 2:10.56 33.83	600m: 6:41.76 34.54	1000m: 11:18.03 35.34	1400m: 15:51.71 34.32			
	250m: 2:43.64 33.08	650m: 7:15.87 34.11	1050m: 11:51.47 33.44	1450m: 16:25.31 33.60			
	300m: 3:17.63 33.99	700m: 7:50.71 34.84	1100m: 12:26.64 35.17	1500m: 16:57.36 32.05			
	350m: 3:51.10 33.47	750m: 8:24.78 34.07	1150m: 13:00.63 33.99				
	400m: 4:25.27 34.17	800m: 8:59.52 34.74	1200m: 13:34.93 34.30				
4.	Vitor Joao Pereira	97	Leixoes	17:02.79	+1,00	617	
	50m: 30.76 30.76	450m: 4:58.11 33.29	850m: 9:31.81 34.52	1250m: 14:08.60 35.14			
	100m: 1:03.44 32.68	500m: 5:32.04 33.93	900m: 10:06.11 34.30	1300m: 14:43.45 34.85			
	150m: 1:37.11 33.67	550m: 6:06.28 34.24	950m: 10:40.88 34.77	1350m: 15:18.43 34.98			
	200m: 2:10.91 33.80	600m: 6:40.28 34.00	1000m: 11:15.20 34.32	1400m: 15:53.53 35.10			
	250m: 2:44.62 33.71	650m: 7:14.45 34.17	1050m: 11:49.79 34.59	1450m: 16:28.46 34.93			
	300m: 3:18.04 33.42	700m: 7:48.64 34.19	1100m: 12:24.27 34.48	1500m: 17:02.79 34.33			
	350m: 3:51.25 33.21	750m: 8:22.88 34.24	1150m: 12:59.12 34.85				
	400m: 4:24.82 33.57	800m: 8:57.29 34.41	1200m: 13:33.46 34.34				
5.	Narciso Daniel Correia	97	Braga	17:09.88	+0,90	604	
	50m: 30.78 30.78	450m: 5:03.72 34.44	850m: 9:41.28 34.75	1250m: 14:21.58 34.77			
	100m: 1:04.04 33.26	500m: 5:37.79 34.07	900m: 10:16.89 35.61	1300m: 14:56.21 34.63			
	150m: 1:37.56 33.52	550m: 6:12.05 34.26	950m: 10:52.75 35.86	1350m: 15:30.85 34.64			
	200m: 2:11.73 34.17	600m: 6:46.51 34.46	1000m: 11:27.79 35.04	1400m: 16:05.40 34.55			
	250m: 2:46.39 34.66	650m: 7:21.91 35.40	1050m: 12:03.68 35.89	1450m: 16:37.01 31.61			
	300m: 3:20.86 34.47	700m: 7:57.05 35.14	1100m: 12:38.58 34.90	1500m: 17:09.88 32.87			
	350m: 3:54.95 34.09	750m: 8:31.72 34.67	1150m: 13:12.04 33.46				
	400m: 4:29.28 34.33	800m: 9:06.53 34.81	1200m: 13:46.81 34.77				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	David Emanuel Martins	97	Braga	17:14.65	+1,12	596	
	50m: 29.85 29.85	450m: 5:01.28	34.15	850m: 9:36.71	34.28	1250m: 14:17.61	35.36
	100m: 1:02.70 32.85	500m: 5:35.78	34.50	900m: 10:11.38	34.67	1300m: 14:53.40	35.79
	150m: 1:36.69 33.99	550m: 6:10.25	34.47	950m: 10:45.97	34.59	1350m: 15:28.59	35.19
	200m: 2:11.08 34.39	600m: 6:44.81	34.56	1000m: 11:21.10	35.13	1400m: 16:04.55	35.96
	250m: 2:45.05 33.97	650m: 7:19.00	34.19	1050m: 11:56.14	35.04	1450m: 16:40.04	35.49
	300m: 3:19.13 34.08	700m: 7:53.68	34.68	1100m: 12:31.55	35.41	1500m: 17:14.65	34.61
	350m: 3:52.85 33.72	750m: 8:27.72	34.04	1150m: 13:06.82	35.27		
	400m: 4:27.13 34.28	800m: 9:02.43	34.71	1200m: 13:42.25	35.43		
7.	Miguel Angelo Silvestre	97	Alcobaca	17:14.91	+0,77	596	
	50m: 30.40 30.40	450m: 5:08.28	34.36	850m: 9:45.25	34.53	1250m: 14:22.89	34.82
	100m: 1:04.51 34.11	500m: 5:43.33	35.05	900m: 10:19.79	34.54	1300m: 14:57.87	34.98
	150m: 1:39.14 34.63	550m: 6:17.92	34.59	950m: 10:54.17	34.38	1350m: 15:32.48	34.61
	200m: 2:14.30 35.16	600m: 6:52.84	34.92	1000m: 11:28.92	34.75	1400m: 16:07.57	35.09
	250m: 2:49.26 34.96	650m: 7:27.28	34.44	1050m: 12:03.55	34.63	1450m: 16:41.76	34.19
	300m: 3:24.25 34.99	700m: 8:01.97	34.69	1100m: 12:38.55	35.00	1500m: 17:14.91	33.15
	350m: 3:59.13 34.88	750m: 8:35.91	33.94	1150m: 13:12.95	34.40		
	400m: 4:33.92 34.79	800m: 9:10.72	34.81	1200m: 13:48.07	35.12		
8.	Joao Miguel Cardoso	97	Geslourses	17:23.01	+0,76	582	
	50m: 30.85 30.85	450m: 5:05.28	34.71	850m: 9:47.39	34.37	1250m: 14:30.10	35.24
	100m: 1:04.06 33.21	500m: 5:40.79	35.51	900m: 10:23.35	35.96	1300m: 15:05.85	35.75
	150m: 1:37.94 33.88	550m: 6:15.69	34.90	950m: 10:58.09	34.74	1350m: 15:40.61	34.76
	200m: 2:12.38 34.44	600m: 6:51.46	35.77	1000m: 11:33.62	35.53	1400m: 16:16.45	35.84
	250m: 2:46.63 34.25	650m: 7:26.73	35.27	1050m: 12:08.34	34.72	1450m: 16:50.13	33.68
	300m: 3:21.35 34.72	700m: 8:02.37	35.64	1100m: 12:44.05	35.71	1500m: 17:23.01	32.88
	350m: 3:55.68 34.33	750m: 8:37.36	34.99	1150m: 13:18.79	34.74		
	400m: 4:30.57 34.89	800m: 9:13.02	35.66	1200m: 13:54.86	36.07		
9.	Henrique Mourinho Neves	97	Alges	17:28.32	+0,78	573	
	50m: 30.34 30.34	450m: 5:10.98	35.05	850m: 9:53.57	35.10	1250m: 14:35.78	34.96
	100m: 1:04.40 34.06	500m: 5:46.68	35.70	900m: 10:29.01	35.44	1300m: 15:11.14	35.36
	150m: 1:38.95 34.55	550m: 6:21.83	35.15	950m: 11:04.38	35.37	1350m: 15:45.57	34.43
	200m: 2:14.39 35.44	600m: 6:57.42	35.59	1000m: 11:39.90	35.52	1400m: 16:21.25	35.68
	250m: 2:49.64 35.25	650m: 7:32.17	34.75	1050m: 12:15.01	35.11	1450m: 16:55.01	33.76
	300m: 3:25.01 35.37	700m: 8:07.52	35.35	1100m: 12:50.42	35.41	1500m: 17:28.32	33.31
	350m: 4:00.36 35.35	750m: 8:43.00	35.48	1150m: 13:25.43	35.01		
	400m: 4:35.93 35.57	800m: 9:18.47	35.47	1200m: 14:00.82	35.39		
10.	Guilherme Pereira Dias	97	Sporting	17:29.73	+0,83	571	
	50m: 31.67 31.67	450m: 5:13.50	35.40	850m: 9:54.99	35.05	1250m: 14:35.20	34.89
	100m: 1:06.18 34.51	500m: 5:49.13	35.63	900m: 10:30.14	35.15	1300m: 15:10.29	35.09
	150m: 1:41.17 34.99	550m: 6:24.20	35.07	950m: 11:05.15	35.01	1350m: 15:45.14	34.85
	200m: 2:16.59 35.42	600m: 6:59.42	35.22	1000m: 11:40.39	35.24	1400m: 16:20.23	35.09
	250m: 2:51.86 35.27	650m: 7:34.51	35.09	1050m: 12:15.10	34.71	1450m: 16:55.04	34.81
	300m: 3:27.63 35.77	700m: 8:09.93	35.42	1100m: 12:50.08	34.98	1500m: 17:29.73	34.69
	350m: 4:02.60 34.97	750m: 8:44.83	34.90	1150m: 13:25.08	35.00		
	400m: 4:38.10 35.50	800m: 9:19.94	35.11	1200m: 14:00.31	35.23		

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Joao Ricardo Silva <i>FTL</i>	97	Ginasio Figueirense	17:49.99	+0,77	539	
	50m: 30.46 30.46	450m: 5:12.87 35.49	850m: 9:59.43 35.67	1250m: 14:49.60 35.98			
	100m: 1:04.72 34.26	500m: 5:49.05 36.18	900m: 10:35.75 36.32	1300m: 15:25.94 36.34			
	150m: 1:39.60 34.88	550m: 6:24.54 35.49	950m: 11:11.64 35.89	1350m: 16:02.24 36.30			
	200m: 2:15.12 35.52	600m: 7:00.26 35.72	1000m: 11:47.90 36.26	1400m: 16:39.03 36.79			
	250m: 2:50.66 35.54	650m: 7:35.54 35.28	1050m: 12:23.81 35.91	1450m: 17:14.87 35.84			
	300m: 3:26.31 35.65	700m: 8:11.52 35.98	1100m: 13:00.60 36.79	1500m: 17:49.99 35.12			
	350m: 4:01.64 35.33	750m: 8:47.21 35.69	1150m: 13:37.01 36.41				
	400m: 4:37.38 35.74	800m: 9:23.76 36.55	1200m: 14:13.62 36.61				
12.	Andre Sousa Goncalves <i>FTL</i>	97	Natacao de Olhao	17:54.93	+0,90	532	
	50m: 31.19 31.19	450m: 5:16.63 35.70	850m: 10:05.17 35.91	1250m: 14:55.77 36.56			
	100m: 1:06.39 35.20	500m: 5:52.67 36.04	900m: 10:41.77 36.60	1300m: 15:32.40 36.63			
	150m: 1:41.63 35.24	550m: 6:28.62 35.95	950m: 11:17.93 36.16	1350m: 16:08.71 36.31			
	200m: 2:17.24 35.61	600m: 7:04.99 36.37	1000m: 11:53.86 35.93	1400m: 16:44.49 35.78			
	250m: 2:52.78 35.54	650m: 7:41.05 36.06	1050m: 12:29.80 35.94	1450m: 17:20.30 35.81			
	300m: 3:28.53 35.75	700m: 8:17.34 36.29	1100m: 13:06.12 36.32	1500m: 17:54.93 34.63			
	350m: 4:04.72 36.19	750m: 8:53.27 35.93	1150m: 13:42.75 36.63				
	400m: 4:40.93 36.21	800m: 9:29.26 35.99	1200m: 14:19.21 36.46				
13.	Nuno Valerio Silva <i>FTL</i>	97	Nautico da Marinha Grande	18:02.20	+0,82	521	
	50m: 30.88 30.88	450m: 5:15.65 36.23	850m: 10:06.25 36.80	1250m: 14:59.91 36.81			
	100m: 1:04.66 33.78	500m: 5:51.47 35.82	900m: 10:42.54 36.29	1300m: 15:36.86 36.95			
	150m: 1:39.75 35.09	550m: 6:27.93 36.46	950m: 11:19.10 36.56	1350m: 16:13.62 36.76			
	200m: 2:15.08 35.33	600m: 7:04.14 36.21	1000m: 11:55.85 36.75	1400m: 16:49.98 36.36			
	250m: 2:51.33 36.25	650m: 7:40.80 36.66	1050m: 12:32.93 37.08	1450m: 17:26.51 36.53			
	300m: 3:27.03 35.70	700m: 8:16.76 35.96	1100m: 13:09.40 36.47	1500m: 18:02.20 35.69			
	350m: 4:03.46 36.43	750m: 8:53.52 36.76	1150m: 13:46.30 36.90				
	400m: 4:39.42 35.96	800m: 9:29.45 35.93	1200m: 14:23.10 36.80				

Prova 1 **Masc., 1500m Livres** **Juvenis B**
18-07-2013 - 9:00 **Resultados**

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005

TAC JUV B Masc : 18:00.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Guilherme Filipe Pina	98	Benedita	16:54.77	+0,79	632	
	50m: 29.45 29.45	450m: 5:00.86 33.96	850m: 9:34.40 33.59	1250m: 14:06.87 33.62			
	100m: 1:02.82 33.37	500m: 5:35.87 35.01	900m: 10:08.99 34.59	1300m: 14:41.11 34.24			
	150m: 1:36.71 33.89	550m: 6:10.12 34.25	950m: 10:42.87 33.88	1350m: 15:14.58 33.47			
	200m: 2:11.11 34.40	600m: 6:44.40 34.28	1000m: 11:17.34 34.47	1400m: 15:48.84 34.26			
	250m: 2:44.40 33.29	650m: 7:18.48 34.08	1050m: 11:50.96 33.62	1450m: 16:21.98 33.14			
	300m: 3:18.54 34.14	700m: 7:52.91 34.43	1100m: 12:25.17 34.21	1500m: 16:54.77 32.79			
	350m: 3:52.26 33.72	750m: 8:26.75 33.84	1150m: 12:58.90 33.73				
	400m: 4:26.90 34.64	800m: 9:00.81 34.06	1200m: 13:33.25 34.35				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	Diogo Manuel Marques	98	Columbofila Cantanhedense	16:56.06	+0,70	629	
	50m: 29.81 29.81	450m: 5:01.31 34.27	850m: 9:34.46 34.10	1250m: 14:07.72 34.17			
	100m: 1:03.07 33.26	500m: 5:35.81 34.50	900m: 10:08.60 34.14	1300m: 14:41.96 34.24			
	150m: 1:37.21 34.14	550m: 6:10.38 34.57	950m: 10:42.62 34.02	1350m: 15:15.98 34.02			
	200m: 2:10.88 33.67	600m: 6:44.52 34.14	1000m: 11:17.30 34.68	1400m: 15:50.44 34.46			
	250m: 2:44.68 33.80	650m: 7:18.56 34.04	1050m: 11:51.74 34.44	1450m: 16:24.07 33.63			
	300m: 3:17.94 33.26	700m: 7:52.75 34.19	1100m: 12:25.56 33.82	1500m: 16:56.06 31.99			
	350m: 3:52.21 34.27	750m: 8:26.59 33.84	1150m: 12:59.63 34.07				
	400m: 4:27.04 34.83	800m: 9:00.36 33.77	1200m: 13:33.55 33.92				
3.	Joao Costa Ferreira	98	Famalicão	16:56.78	+0,93	628	
	50m: 30.71 30.71	450m: 5:01.04 34.30	850m: 9:34.20 34.40	1250m: 14:07.65 34.61			
	100m: 1:03.22 32.51	500m: 5:35.23 34.19	900m: 10:07.83 33.63	1300m: 14:41.68 34.03			
	150m: 1:37.42 34.20	550m: 6:09.90 34.67	950m: 10:42.21 34.38	1350m: 15:16.40 34.72			
	200m: 2:11.20 33.78	600m: 6:43.55 33.65	1000m: 11:16.19 33.98	1400m: 15:50.57 34.17			
	250m: 2:45.42 34.22	650m: 7:17.90 34.35	1050m: 11:50.90 34.71	1450m: 16:24.64 34.07			
	300m: 3:19.20 33.78	700m: 7:51.86 33.96	1100m: 12:24.66 33.76	1500m: 16:56.78 32.14			
	350m: 3:53.05 33.85	750m: 8:26.25 34.39	1150m: 12:59.03 34.37				
	400m: 4:26.74 33.69	800m: 8:59.80 33.55	1200m: 13:33.04 34.01				
4.	Goncalo Miguel Nogueira	98	Porto	16:57.27	+0,70	627	
	50m: 29.92 29.92	450m: 5:01.18 34.49	850m: 9:35.47 34.09	1250m: 14:09.26 34.32			
	100m: 1:02.63 32.71	500m: 5:35.66 34.48	900m: 10:09.40 33.93	1300m: 14:43.78 34.52			
	150m: 1:36.76 34.13	550m: 6:09.98 34.32	950m: 10:43.45 34.05	1350m: 15:17.52 33.74			
	200m: 2:10.97 34.21	600m: 6:44.09 34.11	1000m: 11:17.68 34.23	1400m: 15:51.99 34.47			
	250m: 2:44.94 33.97	650m: 7:18.41 34.32	1050m: 11:51.73 34.05	1450m: 16:25.27 33.28			
	300m: 3:18.86 33.92	700m: 7:52.78 34.37	1100m: 12:26.26 34.53	1500m: 16:57.27 32.00			
	350m: 3:52.43 33.57	750m: 8:26.99 34.21	1150m: 13:00.63 34.37				
	400m: 4:26.69 34.26	800m: 9:01.38 34.39	1200m: 13:34.94 34.31				
5.	Viktor Kot	98	Nautico da Marinha Grande	17:15.98	+0,81	594	
	50m: 31.09 31.09	450m: 5:06.25 35.03	850m: 9:45.60 34.80	1250m: 14:23.83 35.07			
	100m: 1:04.88 33.79	500m: 5:40.69 34.44	900m: 10:20.27 34.67	1300m: 14:58.52 34.69			
	150m: 1:39.56 34.68	550m: 6:16.08 35.39	950m: 10:55.07 34.80	1350m: 15:33.68 35.16			
	200m: 2:13.29 33.73	600m: 6:50.76 34.68	1000m: 11:30.15 35.08	1400m: 16:08.12 34.44			
	250m: 2:47.95 34.66	650m: 7:26.18 35.42	1050m: 12:04.77 34.62	1450m: 16:42.45 34.33			
	300m: 3:22.10 34.15	700m: 8:00.76 34.58	1100m: 12:39.37 34.60	1500m: 17:15.98 33.53			
	350m: 3:56.93 34.83	750m: 8:36.12 35.36	1150m: 13:13.94 34.57				
	400m: 4:31.22 34.29	800m: 9:10.80 34.68	1200m: 13:48.76 34.82				
6.	Rafael Ladeiro Santos	98	Geslourses	17:24.87	+0,83	579	
	50m: 30.98 30.98	450m: 5:13.04 35.93	850m: 9:55.32 34.81	1250m: 14:34.06 34.66			
	100m: 1:04.97 33.99	500m: 5:48.84 35.80	900m: 10:30.22 34.90	1300m: 15:08.80 34.74			
	150m: 1:39.97 35.00	550m: 6:24.62 35.78	950m: 11:05.34 35.12	1350m: 15:43.40 34.60			
	200m: 2:15.18 35.21	600m: 6:59.91 35.29	1000m: 11:40.30 34.96	1400m: 16:17.68 34.28			
	250m: 2:50.51 35.33	650m: 7:35.38 35.47	1050m: 12:14.85 34.55	1450m: 16:51.64 33.96			
	300m: 3:25.94 35.43	700m: 8:10.42 35.04	1100m: 12:49.60 34.75	1500m: 17:24.87 33.23			
	350m: 4:01.54 35.60	750m: 8:45.59 35.17	1150m: 13:24.47 34.87				
	400m: 4:37.11 35.57	800m: 9:20.51 34.92	1200m: 13:59.40 34.93				
7.	Luis Filipe Ribeiro	98	Braga	17:28.17	+0,89	573	
	50m: 30.46 30.46	450m: 5:10.60 35.11	850m: 9:52.86 35.18	1250m: 14:36.23 35.26			
	100m: 1:04.64 34.18	500m: 5:46.09 35.49	900m: 10:28.44 35.58	1300m: 15:11.43 35.20			
	150m: 1:39.51 34.87	550m: 6:21.29 35.20	950m: 11:03.74 35.30	1350m: 15:46.47 35.04			
	200m: 2:14.62 35.11	600m: 6:56.65 35.36	1000m: 11:39.04 35.30	1400m: 16:21.83 35.36			
	250m: 2:49.72 35.10	650m: 7:31.73 35.08	1050m: 12:14.43 35.39	1450m: 16:56.15 34.32			
	300m: 3:25.10 35.38	700m: 8:07.13 35.40	1100m: 12:50.10 35.67	1500m: 17:28.17 32.02			
	350m: 4:00.00 34.90	750m: 8:42.40 35.27	1150m: 13:24.97 34.87				
	400m: 4:35.49 35.49	800m: 9:17.68 35.28	1200m: 14:00.97 36.00				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	17:32.42	+0,89	566	
	50m: 30.23 30.23	450m: 5:08.74	35.08	850m: 9:52.34	35.41	1250m: 14:37.49	35.63
	100m: 1:04.25 34.02	500m: 5:44.05	35.31	900m: 10:28.25	35.91	1300m: 15:12.64	35.15
	150m: 1:38.87 34.62	550m: 6:19.38	35.33	950m: 11:03.69	35.44	1350m: 15:48.54	35.90
	200m: 2:13.42 34.55	600m: 6:54.79	35.41	1000m: 11:39.79	36.10	1400m: 16:23.85	35.31
	250m: 2:48.38 34.96	650m: 7:29.97	35.18	1050m: 12:14.94	35.15	1450m: 16:59.07	35.22
	300m: 3:23.34 34.96	700m: 8:05.82	35.85	1100m: 12:50.72	35.78	1500m: 17:32.42	33.35
	350m: 3:58.15 34.81	750m: 8:41.00	35.18	1150m: 13:26.14	35.42		
	400m: 4:33.66 35.51	800m: 9:16.93	35.93	1200m: 14:01.86	35.72		
9.	Bruno Jose Silva	98	Braga	17:33.83	+1,11	564	
	50m: 31.67 31.67	450m: 5:10.97	35.17	850m: 9:53.43	34.87	1250m: 14:38.34	35.44
	100m: 1:05.51 33.84	500m: 5:46.36	35.39	900m: 10:29.40	35.97	1300m: 15:13.92	35.58
	150m: 1:40.36 34.85	550m: 6:21.55	35.19	950m: 11:04.72	35.32	1350m: 15:49.52	35.60
	200m: 2:15.48 35.12	600m: 6:57.00	35.45	1000m: 11:40.24	35.52	1400m: 16:25.14	35.62
	250m: 2:50.08 34.60	650m: 7:32.17	35.17	1050m: 12:15.87	35.63	1450m: 17:00.24	35.10
	300m: 3:25.14 35.06	700m: 8:07.53	35.36	1100m: 12:51.67	35.80	1500m: 17:33.83	33.59
	350m: 4:00.44 35.30	750m: 8:42.91	35.38	1150m: 13:27.31	35.64		
	400m: 4:35.80 35.36	800m: 9:18.56	35.65	1200m: 14:02.90	35.59		
10.	Miguel Martins Baltazar	98	Aminata	17:38.91	+0,94	556	
	50m: 30.89 30.89	450m: 5:11.21	35.97	850m: 9:55.26	35.50	1250m: 14:40.12	35.95
	100m: 1:04.89 34.00	500m: 5:46.61	35.40	900m: 10:30.40	35.14	1300m: 15:15.93	35.81
	150m: 1:39.56 34.67	550m: 6:22.04	35.43	950m: 11:06.22	35.82	1350m: 15:52.07	36.14
	200m: 2:14.54 34.98	600m: 6:57.29	35.25	1000m: 11:41.67	35.45	1400m: 16:27.95	35.88
	250m: 2:49.72 35.18	650m: 7:33.40	36.11	1050m: 12:17.57	35.90	1450m: 17:03.92	35.97
	300m: 3:24.76 35.04	700m: 8:08.52	35.12	1100m: 12:52.91	35.34	1500m: 17:38.91	34.99
	350m: 4:00.18 35.42	750m: 8:44.45	35.93	1150m: 13:28.82	35.91		
	400m: 4:35.24 35.06	800m: 9:19.76	35.31	1200m: 14:04.17	35.35		
11.	Joao Santos Mendes	98	Leixoes	17:42.63	+0,70	550	
	50m: 31.20 31.20	450m: 5:18.19	36.07	850m: 10:05.51	35.76	1250m: 14:47.39	35.76
	100m: 1:06.13 34.93	500m: 5:54.62	36.43	900m: 10:40.70	35.19	1300m: 15:23.17	35.78
	150m: 1:41.72 35.59	550m: 6:30.57	35.95	950m: 11:16.19	35.49	1350m: 15:58.78	35.61
	200m: 2:17.67 35.95	600m: 7:06.49	35.92	1000m: 11:51.56	35.37	1400m: 16:34.39	35.61
	250m: 2:54.08 36.41	650m: 7:42.64	36.15	1050m: 12:26.99	35.43	1450m: 17:09.20	34.81
	300m: 3:30.19 36.11	700m: 8:18.60	35.96	1100m: 13:01.62	34.63	1500m: 17:42.63	33.43
	350m: 4:06.24 36.05	750m: 8:54.30	35.70	1150m: 13:36.49	34.87		
	400m: 4:42.12 35.88	800m: 9:29.75	35.45	1200m: 14:11.63	35.14		
12.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	17:54.24	+0,76	533	
	50m: 31.03 31.03	450m: 5:19.22	36.04	850m: 10:06.61	37.01	1250m: 14:58.15	36.70
	100m: 1:05.31 34.28	500m: 5:54.58	35.36	900m: 10:43.11	36.50	1300m: 15:34.28	36.13
	150m: 1:41.36 36.05	550m: 6:29.60	35.02	950m: 11:19.97	36.86	1350m: 16:11.29	37.01
	200m: 2:17.59 36.23	600m: 7:04.73	35.13	1000m: 11:56.00	36.03	1400m: 16:46.54	35.25
	250m: 2:54.13 36.54	650m: 7:41.00	36.27	1050m: 12:33.16	37.16	1450m: 17:22.71	36.17
	300m: 3:30.79 36.66	700m: 8:16.68	35.68	1100m: 13:08.42	35.26	1500m: 17:54.24	31.53
	350m: 4:07.24 36.45	750m: 8:53.50	36.82	1150m: 13:45.27	36.85		
	400m: 4:43.18 35.94	800m: 9:29.60	36.10	1200m: 14:21.45	36.18		
13.	Filipe Ferreira Luz	98	Geslourses	17:55.12		531	
	50m: 31.63 31.63	450m: 5:19.18	36.01	850m: 10:07.82	36.12	1250m: 14:56.64	36.20
	100m: 1:06.24 34.61	500m: 5:55.40	36.22	900m: 10:43.87	36.05	1300m: 15:33.10	36.46
	150m: 1:41.66 35.42	550m: 6:31.24	35.84	950m: 11:19.68	35.81	1350m: 16:09.16	36.06
	200m: 2:18.13 36.47	600m: 7:07.31	36.07	1000m: 11:55.97	36.29	1400m: 16:45.61	36.45
	250m: 2:54.39 36.26	650m: 7:43.29	35.98	1050m: 12:32.28	36.31	1450m: 17:21.19	35.58
	300m: 3:30.83 36.44	700m: 8:19.40	36.11	1100m: 13:08.22	35.94	1500m: 17:55.12	33.93
	350m: 4:06.81 35.98	750m: 8:55.47	36.07	1150m: 13:44.01	35.79		
	400m: 4:43.17 36.36	800m: 9:31.70	36.23	1200m: 14:20.44	36.43		

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Francisco Rodrigues Antas <i>FTL</i>	98	Desportiva de Viana	18:01.87	+0,94	521	
	50m: 30.62 30.62	450m: 5:16.72 36.23	850m: 10:09.09 36.74	1250m: 15:01.20 37.13			
	100m: 1:04.32 33.70	500m: 5:54.01 37.29	900m: 10:45.75 36.66	1300m: 15:37.52 36.32			
	150m: 1:38.85 34.53	550m: 6:30.12 36.11	950m: 11:22.44 36.69	1350m: 16:14.52 37.00			
	200m: 2:14.55 35.70	600m: 7:06.81 36.69	1000m: 11:58.39 35.95	1400m: 16:50.66 36.14			
	250m: 2:50.63 36.08	650m: 7:44.00 37.19	1050m: 12:34.36 35.97	1450m: 17:26.46 35.80			
	300m: 3:27.07 36.44	700m: 8:20.02 36.02	1100m: 13:11.29 36.93	1500m: 18:01.87 35.41			
	350m: 4:03.95 36.88	750m: 8:56.20 36.18	1150m: 13:47.41 36.12				
	400m: 4:40.49 36.54	800m: 9:32.35 36.15	1200m: 14:24.07 36.66				
15.	Dario Fausto Matias <i>FTL</i>	98	Torres Novas	18:09.55	+0,87	510	
	50m: 31.47 31.47	450m: 5:21.65 36.39	850m: 10:14.97 36.74	1250m: 15:08.73 36.79			
	100m: 1:07.14 35.67	500m: 5:58.16 36.51	900m: 10:51.72 36.75	1300m: 15:45.78 37.05			
	150m: 1:43.65 36.51	550m: 6:34.98 36.82	950m: 11:28.48 36.76	1350m: 16:22.73 36.95			
	200m: 2:19.98 36.33	600m: 7:11.30 36.32	1000m: 12:05.36 36.88	1400m: 16:59.62 36.89			
	250m: 2:55.98 36.00	650m: 7:47.78 36.48	1050m: 12:42.02 36.66	1450m: 17:35.22 35.60			
	300m: 3:32.61 36.63	700m: 8:24.50 36.72	1100m: 13:18.80 36.78	1500m: 18:09.55 34.33			
	350m: 4:08.81 36.20	750m: 9:01.31 36.81	1150m: 13:55.46 36.66				
	400m: 4:45.26 36.45	800m: 9:38.23 36.92	1200m: 14:31.94 36.48				

Prova 1 **Masc., 1500m Livres** **Absolutos**
18-07-2013 - 9:00 **Resultados**

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Rec Nac Jun	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

TAC Jun2 Masc 18: 16:48.00 / TAC Jun1 Masc Jun 1: 17:02.50 / TAC JUV A Masc Juv A: 17:36.00 / TAC JUV B Masc Juv B: 18:00.00 / TAC SEN Masc Sen: 16:48.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gustavo Manuel Santa	93	Sporting	16:00.47	+0,79	745	
	50m: 28.97 28.97	450m: 4:43.84 31.80	850m: 9:03.50 32.55	1250m: 13:20.74 31.74			
	100m: 1:00.56 31.59	500m: 5:16.45 32.61	900m: 9:36.38 32.88	1300m: 13:53.12 32.38			
	150m: 1:32.23 31.67	550m: 5:48.57 32.12	950m: 10:08.33 31.95	1350m: 14:25.19 32.07			
	200m: 2:04.46 32.23	600m: 6:20.94 32.37	1000m: 10:40.07 31.74	1400m: 14:57.68 32.49			
	250m: 2:36.33 31.87	650m: 6:53.57 32.63	1050m: 11:11.90 31.83	1450m: 15:29.43 31.75			
	300m: 3:08.15 31.82	700m: 7:26.02 32.45	1100m: 11:44.40 32.50	1500m: 16:00.47 31.04			
	350m: 3:40.33 32.18	750m: 7:58.23 32.21	1150m: 12:16.22 31.82				
	400m: 4:12.04 31.71	800m: 8:30.95 32.72	1200m: 12:49.00 32.78				
2.	Mario Andre Bonanca	90	Sporting	16:02.25	+0,85	741	
	50m: 29.70 29.70	450m: 4:44.45 31.55	850m: 9:00.97 31.96	1250m: 13:21.00 32.66			
	100m: 1:01.61 31.91	500m: 5:16.34 31.89	900m: 9:33.27 32.30	1300m: 13:53.70 32.70			
	150m: 1:33.18 31.57	550m: 5:47.81 31.47	950m: 10:05.05 31.78	1350m: 14:26.04 32.34			
	200m: 2:05.26 32.08	600m: 6:20.18 32.37	1000m: 10:37.41 32.36	1400m: 14:58.32 32.28			
	250m: 2:37.41 32.15	650m: 6:51.86 31.68	1050m: 11:09.45 32.04	1450m: 15:30.48 32.16			
	300m: 3:09.36 31.95	700m: 7:24.29 32.43	1100m: 11:42.28 32.83	1500m: 16:02.25 31.77			
	350m: 3:40.73 31.37	750m: 7:56.30 32.01	1150m: 12:15.07 32.79				
	400m: 4:12.90 32.17	800m: 8:29.01 32.71	1200m: 12:48.34 33.27				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Rafael Lourenco Gil	96	Naval Amorense	16:08.42	+0,72	727	
	50m: 28.92 28.92	450m: 4:44.31 32.32	850m: 9:03.28 32.62	1250m: 13:25.36 33.33			
	100m: 1:00.24 31.32	500m: 5:16.40 32.09	900m: 9:35.94 32.66	1300m: 13:58.37 33.01			
	150m: 1:31.87 31.63	550m: 5:49.16 32.76	950m: 10:08.28 32.34	1350m: 14:31.38 33.01			
	200m: 2:03.72 31.85	600m: 6:21.18 32.02	1000m: 10:40.92 32.64	1400m: 15:04.34 32.96			
	250m: 2:35.61 31.89	650m: 6:53.51 32.33	1050m: 11:13.29 32.37	1450m: 15:36.89 32.55			
	300m: 3:07.47 31.86	700m: 7:25.56 32.05	1100m: 11:46.12 32.83	1500m: 16:08.42 31.53			
	350m: 3:39.64 32.17	750m: 7:58.12 32.56	1150m: 12:18.92 32.80				
	400m: 4:11.99 32.35	800m: 8:30.66 32.54	1200m: 12:52.03 33.11				
4.	Hugo Alberto Ribeiro	88	Gespacos	16:31.77	+0,98	677	
	50m: 29.98 29.98	450m: 4:48.96 32.48	850m: 9:11.79 33.06	1250m: 13:41.91 33.87			
	100m: 1:02.19 32.21	500m: 5:21.93 32.97	900m: 9:45.35 33.56	1300m: 14:15.89 33.98			
	150m: 1:34.19 32.00	550m: 5:54.59 32.66	950m: 10:18.86 33.51	1350m: 14:50.02 34.13			
	200m: 2:06.46 32.27	600m: 6:27.33 32.74	1000m: 10:52.73 33.87	1400m: 15:24.48 34.46			
	250m: 2:38.93 32.47	650m: 6:59.75 32.42	1050m: 11:26.26 33.53	1450m: 15:57.94 33.46			
	300m: 3:11.44 32.51	700m: 7:32.53 32.78	1100m: 12:00.12 33.86	1500m: 16:31.77 33.83			
	350m: 3:43.72 32.28	750m: 8:05.51 32.98	1150m: 12:33.92 33.80				
	400m: 4:16.48 32.76	800m: 8:38.73 33.22	1200m: 13:08.04 34.12				
5.	Ricardo Manuel Machado	93	Braga	16:34.99	+0,81	670	
	50m: 29.30 29.30	450m: 4:51.49 33.34	850m: 9:21.21 33.42	1250m: 13:52.40 33.62			
	100m: 1:00.82 31.52	500m: 5:25.56 34.07	900m: 9:55.16 33.95	1300m: 14:25.84 33.44			
	150m: 1:32.78 31.96	550m: 5:59.04 33.48	950m: 10:29.04 33.88	1350m: 14:58.76 32.92			
	200m: 2:05.48 32.70	600m: 6:33.23 34.19	1000m: 11:02.97 33.93	1400m: 15:31.70 32.94			
	250m: 2:38.12 32.64	650m: 7:06.55 33.32	1050m: 11:36.91 33.94	1450m: 16:03.91 32.21			
	300m: 3:11.33 33.21	700m: 7:40.34 33.79	1100m: 12:11.27 34.36	1500m: 16:34.99 31.08			
	350m: 3:44.47 33.14	750m: 8:13.88 33.54	1150m: 12:44.95 33.68				
	400m: 4:18.15 33.68	800m: 8:47.79 33.91	1200m: 13:18.78 33.83				
6.	Tiago Silva Oliveira	94	Leixoes	16:35.71	+0,72	669	
	50m: 28.82 28.82	450m: 4:45.62 32.71	850m: 9:16.52 33.94	1250m: 13:49.23 33.98			
	100m: 1:00.33 31.51	500m: 5:18.74 33.12	900m: 9:50.49 33.97	1300m: 14:23.07 33.84			
	150m: 1:32.19 31.86	550m: 5:52.56 33.82	950m: 10:24.67 34.18	1350m: 14:57.41 34.34			
	200m: 2:04.33 32.14	600m: 6:26.24 33.68	1000m: 10:58.74 34.07	1400m: 15:30.43 33.02			
	250m: 2:36.49 32.16	650m: 7:00.46 34.22	1050m: 11:32.91 34.17	1450m: 16:03.58 33.15			
	300m: 3:08.27 31.78	700m: 7:34.32 33.86	1100m: 12:07.08 34.17	1500m: 16:35.71 32.13			
	350m: 3:40.55 32.28	750m: 8:08.61 34.29	1150m: 12:41.23 34.15				
	400m: 4:12.91 32.36	800m: 8:42.58 33.97	1200m: 13:15.25 34.02				
7.	Artur Manuel Ferreira	95	Porto	16:36.43	+0,88	667	
	50m: 29.42 29.42	450m: 4:54.03 33.03	850m: 9:21.16 33.39	1250m: 13:50.55 33.84			
	100m: 1:02.06 32.64	500m: 5:27.25 33.22	900m: 9:55.01 33.85	1300m: 14:24.69 34.14			
	150m: 1:35.37 33.31	550m: 6:00.35 33.10	950m: 10:28.44 33.43	1350m: 14:57.75 33.06			
	200m: 2:08.97 33.60	600m: 6:33.59 33.24	1000m: 11:02.27 33.83	1400m: 15:31.19 33.44			
	250m: 2:42.25 33.28	650m: 7:06.75 33.16	1050m: 11:35.72 33.45	1450m: 16:04.12 32.93			
	300m: 3:15.38 33.13	700m: 7:40.34 33.59	1100m: 12:09.47 33.75	1500m: 16:36.43 32.31			
	350m: 3:47.95 32.57	750m: 8:13.71 33.37	1150m: 12:43.02 33.55				
	400m: 4:21.00 33.05	800m: 8:47.77 34.06	1200m: 13:16.71 33.69				
8.	Hugo Neves Neto	94	Columbofila Cantanhedense	16:39.46	+0,79	661	
	50m: 29.57 29.57	450m: 4:54.35 33.09	850m: 9:21.44 33.33	1250m: 13:50.98 33.81			
	100m: 1:02.51 32.94	500m: 5:27.89 33.54	900m: 9:54.96 33.52	1300m: 14:25.07 34.09			
	150m: 1:35.60 33.09	550m: 6:01.13 33.24	950m: 10:28.26 33.30	1350m: 14:59.10 34.03			
	200m: 2:09.06 33.46	600m: 6:34.57 33.44	1000m: 11:01.84 33.58	1400m: 15:33.09 33.99			
	250m: 2:41.91 32.85	650m: 7:07.85 33.28	1050m: 11:35.47 33.63	1450m: 16:06.77 33.68			
	300m: 3:15.18 33.27	700m: 7:41.29 33.44	1100m: 12:09.42 33.95	1500m: 16:39.46 32.69			
	350m: 3:48.04 32.86	750m: 8:14.62 33.33	1150m: 12:43.11 33.69				
	400m: 4:21.26 33.22	800m: 8:48.11 33.49	1200m: 13:17.17 34.06				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Joao Luis Travanca	97	Porto	16:45.76	+0,86	649	
	50m: 30.03 30.03	450m: 4:56.93	33.93	850m: 9:25.83	33.93	1250m: 13:56.73	34.28
	100m: 1:02.09 32.06	500m: 5:30.45	33.52	900m: 9:59.36	33.53	1300m: 14:30.58	33.85
	150m: 1:35.73 33.64	550m: 6:04.50	34.05	950m: 10:33.06	33.70	1350m: 15:04.58	34.00
	200m: 2:09.13 33.40	600m: 6:37.73	33.23	1000m: 11:06.36	33.30	1400m: 15:39.00	34.42
	250m: 2:42.84 33.71	650m: 7:11.51	33.78	1050m: 11:40.16	33.80	1450m: 16:12.66	33.66
	300m: 3:16.20 33.36	700m: 7:44.85	33.34	1100m: 12:14.20	34.04	1500m: 16:45.76	33.10
	350m: 3:49.50 33.30	750m: 8:18.44	33.59	1150m: 12:48.58	34.38		
	400m: 4:23.00 33.50	800m: 8:51.90	33.46	1200m: 13:22.45	33.87		
10.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	16:47.23	+0,67	646	
	50m: 30.20 30.20	450m: 4:56.89	33.41	850m: 9:26.53	33.81	1250m: 13:58.93	34.35
	100m: 1:02.96 32.76	500m: 5:30.44	33.55	900m: 10:00.13	33.60	1300m: 14:33.06	34.13
	150m: 1:36.33 33.37	550m: 6:04.18	33.74	950m: 10:34.35	34.22	1350m: 15:08.04	34.98
	200m: 2:09.96 33.63	600m: 6:37.92	33.74	1000m: 11:08.26	33.91	1400m: 15:41.91	33.87
	250m: 2:43.25 33.29	650m: 7:11.41	33.49	1050m: 11:42.51	34.25	1450m: 16:15.97	34.06
	300m: 3:16.62 33.37	700m: 7:45.10	33.69	1100m: 12:16.20	33.69	1500m: 16:47.23	31.26
	350m: 3:49.85 33.23	750m: 8:18.79	33.69	1150m: 12:50.57	34.37		
	400m: 4:23.48 33.63	800m: 8:52.72	33.93	1200m: 13:24.58	34.01		
11.	Bernardo Leitao Graca	93	Sporting	16:47.24	+0,73	646	
	50m: 29.24 29.24	450m: 4:53.85	33.47	850m: 9:25.05	33.03	1250m: 14:00.16	34.37
	100m: 1:02.28 33.04	500m: 5:27.37	33.52	900m: 9:59.14	34.09	1300m: 14:34.79	34.63
	150m: 1:35.41 33.13	550m: 6:01.11	33.74	950m: 10:32.88	33.74	1350m: 15:09.20	34.41
	200m: 2:08.48 33.07	600m: 6:35.04	33.93	1000m: 11:07.43	34.55	1400m: 15:43.41	34.21
	250m: 2:41.83 33.35	650m: 7:09.05	34.01	1050m: 11:41.47	34.04	1450m: 16:16.11	32.70
	300m: 3:14.10 32.27	700m: 7:43.60	34.55	1100m: 12:16.32	34.85	1500m: 16:47.24	31.13
	350m: 3:47.22 33.12	750m: 8:17.70	34.10	1150m: 12:50.99	34.67		
	400m: 4:20.38 33.16	800m: 8:52.02	34.32	1200m: 13:25.79	34.80		
12.	Guilherme Filipe Pina	98	Benedita	16:54.77	+0,79	632	
	50m: 29.45 29.45	450m: 5:00.86	33.96	850m: 9:34.40	33.59	1250m: 14:06.87	33.62
	100m: 1:02.82 33.37	500m: 5:35.87	35.01	900m: 10:08.99	34.59	1300m: 14:41.11	34.24
	150m: 1:36.71 33.89	550m: 6:10.12	34.25	950m: 10:42.87	33.88	1350m: 15:14.58	33.47
	200m: 2:11.11 34.40	600m: 6:44.40	34.28	1000m: 11:17.34	34.47	1400m: 15:48.84	34.26
	250m: 2:44.40 33.29	650m: 7:18.48	34.08	1050m: 11:50.96	33.62	1450m: 16:21.98	33.14
	300m: 3:18.54 34.14	700m: 7:52.91	34.43	1100m: 12:25.17	34.21	1500m: 16:54.77	32.79
	350m: 3:52.26 33.72	750m: 8:26.75	33.84	1150m: 12:58.90	33.73		
	400m: 4:26.90 34.64	800m: 9:00.81	34.06	1200m: 13:33.25	34.35		
13.	Diogo Manuel Marques	98	Columbofila Cantanhedense	16:56.06	+0,70	629	
	50m: 29.81 29.81	450m: 5:01.31	34.27	850m: 9:34.46	34.10	1250m: 14:07.72	34.17
	100m: 1:03.07 33.26	500m: 5:35.81	34.50	900m: 10:08.60	34.14	1300m: 14:41.96	34.24
	150m: 1:37.21 34.14	550m: 6:10.38	34.57	950m: 10:42.62	34.02	1350m: 15:15.98	34.02
	200m: 2:10.88 33.67	600m: 6:44.52	34.14	1000m: 11:17.30	34.68	1400m: 15:50.44	34.46
	250m: 2:44.68 33.80	650m: 7:18.56	34.04	1050m: 11:51.74	34.44	1450m: 16:24.07	33.63
	300m: 3:17.94 33.26	700m: 7:52.75	34.19	1100m: 12:25.56	33.82	1500m: 16:56.06	31.99
	350m: 3:52.21 34.27	750m: 8:26.59	33.84	1150m: 12:59.63	34.07		
	400m: 4:27.04 34.83	800m: 9:00.36	33.77	1200m: 13:33.55	33.92		
14.	Ricardo Eduardo Afonso	97	Braga	16:56.44	+0,71	629	
	50m: 29.98 29.98	450m: 4:59.82	33.67	850m: 9:33.95	34.55	1250m: 14:08.37	34.11
	100m: 1:03.47 33.49	500m: 5:33.72	33.90	900m: 10:08.54	34.59	1300m: 14:42.63	34.26
	150m: 1:37.33 33.86	550m: 6:08.29	34.57	950m: 10:42.87	34.33	1350m: 15:16.91	34.28
	200m: 2:11.11 33.78	600m: 6:42.41	34.12	1000m: 11:16.99	34.12	1400m: 15:50.97	34.06
	250m: 2:45.40 34.29	650m: 7:16.41	34.00	1050m: 11:51.46	34.47	1450m: 16:24.62	33.65
	300m: 3:18.77 33.37	700m: 7:50.46	34.05	1100m: 12:25.88	34.42	1500m: 16:56.44	31.82
	350m: 3:52.42 33.65	750m: 8:25.05	34.59	1150m: 12:59.99	34.11		
	400m: 4:26.15 33.73	800m: 8:59.40	34.35	1200m: 13:34.26	34.27		

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Joao Costa Ferreira	98	Famalicao	16:56.78	+0,93	628	
	50m: 30.71 30.71	450m: 5:01.04	34.30	850m: 9:34.20	34.40	1250m: 14:07.65	34.61
	100m: 1:03.22 32.51	500m: 5:35.23	34.19	900m: 10:07.83	33.63	1300m: 14:41.68	34.03
	150m: 1:37.42 34.20	550m: 6:09.90	34.67	950m: 10:42.21	34.38	1350m: 15:16.40	34.72
	200m: 2:11.20 33.78	600m: 6:43.55	33.65	1000m: 11:16.19	33.98	1400m: 15:50.57	34.17
	250m: 2:45.42 34.22	650m: 7:17.90	34.35	1050m: 11:50.90	34.71	1450m: 16:24.64	34.07
	300m: 3:19.20 33.78	700m: 7:51.86	33.96	1100m: 12:24.66	33.76	1500m: 16:56.78	32.14
	350m: 3:53.05 33.85	750m: 8:26.25	34.39	1150m: 12:59.03	34.37		
	400m: 4:26.74 33.69	800m: 8:59.80	33.55	1200m: 13:33.04	34.01		
16.	Pedro Veiguinha Martins	96	Braga	16:56.93	+1,02	628	
	50m: 31.49 31.49	450m: 5:01.01	34.31	850m: 9:39.47	34.33	1250m: 14:09.68	34.09
	100m: 1:04.11 32.62	500m: 5:35.05	34.04	900m: 10:14.07	34.60	1300m: 14:42.72	33.04
	150m: 1:38.05 33.94	550m: 6:10.47	35.42	950m: 10:48.91	34.84	1350m: 15:16.75	34.03
	200m: 2:11.65 33.60	600m: 6:45.16	34.69	1000m: 11:22.32	33.41	1400m: 15:50.54	33.79
	250m: 2:45.29 33.64	650m: 7:21.14	35.98	1050m: 11:55.69	33.37	1450m: 16:24.63	34.09
	300m: 3:18.67 33.38	700m: 7:55.43	34.29	1100m: 12:28.73	33.04	1500m: 16:56.93	32.30
	350m: 3:53.09 34.42	750m: 8:30.56	35.13	1150m: 13:02.40	33.67		
	400m: 4:26.70 33.61	800m: 9:05.14	34.58	1200m: 13:35.59	33.19		
17.	Goncalo Miguel Nogueira	98	Porto	16:57.27	+0,70	627	
	50m: 29.92 29.92	450m: 5:01.18	34.49	850m: 9:35.47	34.09	1250m: 14:09.26	34.32
	100m: 1:02.63 32.71	500m: 5:35.66	34.48	900m: 10:09.40	33.93	1300m: 14:43.78	34.52
	150m: 1:36.76 34.13	550m: 6:09.98	34.32	950m: 10:43.45	34.05	1350m: 15:17.52	33.74
	200m: 2:10.97 34.21	600m: 6:44.09	34.11	1000m: 11:17.68	34.23	1400m: 15:51.99	34.47
	250m: 2:44.94 33.97	650m: 7:18.41	34.32	1050m: 11:51.73	34.05	1450m: 16:25.27	33.28
	300m: 3:18.86 33.92	700m: 7:52.78	34.37	1100m: 12:26.26	34.53	1500m: 16:57.27	32.00
	350m: 3:52.43 33.57	750m: 8:26.99	34.21	1150m: 13:00.63	34.37		
	400m: 4:26.69 34.26	800m: 9:01.38	34.39	1200m: 13:34.94	34.31		
18.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	16:57.36	+0,77	627	
	50m: 30.36 30.36	450m: 4:59.20	33.93	850m: 9:33.34	33.82	1250m: 14:09.25	34.32
	100m: 1:03.56 33.20	500m: 5:33.53	34.33	900m: 10:08.54	35.20	1300m: 14:43.72	34.47
	150m: 1:36.73 33.17	550m: 6:07.22	33.69	950m: 10:42.69	34.15	1350m: 15:17.39	33.67
	200m: 2:10.56 33.83	600m: 6:41.76	34.54	1000m: 11:18.03	35.34	1400m: 15:51.71	34.32
	250m: 2:43.64 33.08	650m: 7:15.87	34.11	1050m: 11:51.47	33.44	1450m: 16:25.31	33.60
	300m: 3:17.63 33.99	700m: 7:50.71	34.84	1100m: 12:26.64	35.17	1500m: 16:57.36	32.05
	350m: 3:51.10 33.47	750m: 8:24.78	34.07	1150m: 13:00.63	33.99		
	400m: 4:25.27 34.17	800m: 8:59.52	34.74	1200m: 13:34.93	34.30		
19.	Vitor Joao Pereira	97	Leixoes	17:02.79	+1,00	617	
	50m: 30.76 30.76	450m: 4:58.11	33.29	850m: 9:31.81	34.52	1250m: 14:08.60	35.14
	100m: 1:03.44 32.68	500m: 5:32.04	33.93	900m: 10:06.11	34.30	1300m: 14:43.45	34.85
	150m: 1:37.11 33.67	550m: 6:06.28	34.24	950m: 10:40.88	34.77	1350m: 15:18.43	34.98
	200m: 2:10.91 33.80	600m: 6:40.28	34.00	1000m: 11:15.20	34.32	1400m: 15:53.53	35.10
	250m: 2:44.62 33.71	650m: 7:14.45	34.17	1050m: 11:49.79	34.59	1450m: 16:28.46	34.93
	300m: 3:18.04 33.42	700m: 7:48.64	34.19	1100m: 12:24.27	34.48	1500m: 17:02.79	34.33
	350m: 3:51.25 33.21	750m: 8:22.88	34.24	1150m: 12:59.12	34.85		
	400m: 4:24.82 33.57	800m: 8:57.29	34.41	1200m: 13:33.46	34.34		
20.	Narciso Daniel Correia	97	Braga	17:09.88	+0,90	604	
	50m: 30.78 30.78	450m: 5:03.72	34.44	850m: 9:41.28	34.75	1250m: 14:21.58	34.77
	100m: 1:04.04 33.26	500m: 5:37.79	34.07	900m: 10:16.89	35.61	1300m: 14:56.21	34.63
	150m: 1:37.56 33.52	550m: 6:12.05	34.26	950m: 10:52.75	35.86	1350m: 15:30.85	34.64
	200m: 2:11.73 34.17	600m: 6:46.51	34.46	1000m: 11:27.79	35.04	1400m: 16:05.40	34.55
	250m: 2:46.39 34.66	650m: 7:21.91	35.40	1050m: 12:03.68	35.89	1450m: 16:37.01	31.61
	300m: 3:20.86 34.47	700m: 7:57.05	35.14	1100m: 12:38.58	34.90	1500m: 17:09.88	32.87
	350m: 3:54.95 34.09	750m: 8:31.72	34.67	1150m: 13:12.04	33.46		
	400m: 4:29.28 34.33	800m: 9:06.53	34.81	1200m: 13:46.81	34.77		

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	David Emanuel Martins	97	Braga	17:14.65	+1,12	596	
	50m: 29.85 29.85	450m: 5:01.28	34.15	850m: 9:36.71	34.28	1250m: 14:17.61	35.36
	100m: 1:02.70 32.85	500m: 5:35.78	34.50	900m: 10:11.38	34.67	1300m: 14:53.40	35.79
	150m: 1:36.69 33.99	550m: 6:10.25	34.47	950m: 10:45.97	34.59	1350m: 15:28.59	35.19
	200m: 2:11.08 34.39	600m: 6:44.81	34.56	1000m: 11:21.10	35.13	1400m: 16:04.55	35.96
	250m: 2:45.05 33.97	650m: 7:19.00	34.19	1050m: 11:56.14	35.04	1450m: 16:40.04	35.49
	300m: 3:19.13 34.08	700m: 7:53.68	34.68	1100m: 12:31.55	35.41	1500m: 17:14.65	34.61
	350m: 3:52.85 33.72	750m: 8:27.72	34.04	1150m: 13:06.82	35.27		
	400m: 4:27.13 34.28	800m: 9:02.43	34.71	1200m: 13:42.25	35.43		
22.	Miguel Angelo Silvestre	97	Alcobaca	17:14.91	+0,77	596	
	50m: 30.40 30.40	450m: 5:08.28	34.36	850m: 9:45.25	34.53	1250m: 14:22.89	34.82
	100m: 1:04.51 34.11	500m: 5:43.33	35.05	900m: 10:19.79	34.54	1300m: 14:57.87	34.98
	150m: 1:39.14 34.63	550m: 6:17.92	34.59	950m: 10:54.17	34.38	1350m: 15:32.48	34.61
	200m: 2:14.30 35.16	600m: 6:52.84	34.92	1000m: 11:28.92	34.75	1400m: 16:07.57	35.09
	250m: 2:49.26 34.96	650m: 7:27.28	34.44	1050m: 12:03.55	34.63	1450m: 16:41.76	34.19
	300m: 3:24.25 34.99	700m: 8:01.97	34.69	1100m: 12:38.55	35.00	1500m: 17:14.91	33.15
	350m: 3:59.13 34.88	750m: 8:35.91	33.94	1150m: 13:12.95	34.40		
	400m: 4:33.92 34.79	800m: 9:10.72	34.81	1200m: 13:48.07	35.12		
23.	Viktor Kot	98	Nautico da Marinha Grande	17:15.98	+0,81	594	
	50m: 31.09 31.09	450m: 5:06.25	35.03	850m: 9:45.60	34.80	1250m: 14:23.83	35.07
	100m: 1:04.88 33.79	500m: 5:40.69	34.44	900m: 10:20.27	34.67	1300m: 14:58.52	34.69
	150m: 1:39.56 34.68	550m: 6:16.08	35.39	950m: 10:55.07	34.80	1350m: 15:33.68	35.16
	200m: 2:13.29 33.73	600m: 6:50.76	34.68	1000m: 11:30.15	35.08	1400m: 16:08.12	34.44
	250m: 2:47.95 34.66	650m: 7:26.18	35.42	1050m: 12:04.77	34.62	1450m: 16:42.45	34.33
	300m: 3:22.10 34.15	700m: 8:00.76	34.58	1100m: 12:39.37	34.60	1500m: 17:15.98	33.53
	350m: 3:56.93 34.83	750m: 8:36.12	35.36	1150m: 13:13.94	34.57		
	400m: 4:31.22 34.29	800m: 9:10.80	34.68	1200m: 13:48.76	34.82		
24.	Joao Miguel Cardoso	97	Geslours	17:23.01	+0,76	582	
	50m: 30.85 30.85	450m: 5:05.28	34.71	850m: 9:47.39	34.37	1250m: 14:30.10	35.24
	100m: 1:04.06 33.21	500m: 5:40.79	35.51	900m: 10:23.35	35.96	1300m: 15:05.85	35.75
	150m: 1:37.94 33.88	550m: 6:15.69	34.90	950m: 10:58.09	34.74	1350m: 15:40.61	34.76
	200m: 2:12.38 34.44	600m: 6:51.46	35.77	1000m: 11:33.62	35.53	1400m: 16:16.45	35.84
	250m: 2:46.63 34.25	650m: 7:26.73	35.27	1050m: 12:08.34	34.72	1450m: 16:50.13	33.68
	300m: 3:21.35 34.72	700m: 8:02.37	35.64	1100m: 12:44.05	35.71	1500m: 17:23.01	32.88
	350m: 3:55.68 34.33	750m: 8:37.36	34.99	1150m: 13:18.79	34.74		
	400m: 4:30.57 34.89	800m: 9:13.02	35.66	1200m: 13:54.86	36.07		
25.	Rafael Ladeiro Santos	98	Geslours	17:24.87	+0,83	579	
	50m: 30.98 30.98	450m: 5:13.04	35.93	850m: 9:55.32	34.81	1250m: 14:34.06	34.66
	100m: 1:04.97 33.99	500m: 5:48.84	35.80	900m: 10:30.22	34.90	1300m: 15:08.80	34.74
	150m: 1:39.97 35.00	550m: 6:24.62	35.78	950m: 11:05.34	35.12	1350m: 15:43.40	34.60
	200m: 2:15.18 35.21	600m: 6:59.91	35.29	1000m: 11:40.30	34.96	1400m: 16:17.68	34.28
	250m: 2:50.51 35.33	650m: 7:35.38	35.47	1050m: 12:14.85	34.55	1450m: 16:51.64	33.96
	300m: 3:25.94 35.43	700m: 8:10.42	35.04	1100m: 12:49.60	34.75	1500m: 17:24.87	33.23
	350m: 4:01.54 35.60	750m: 8:45.59	35.17	1150m: 13:24.47	34.87		
	400m: 4:37.11 35.57	800m: 9:20.51	34.92	1200m: 13:59.40	34.93		

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
26.	Bruno Miguel Rainho <i>FTL</i>	96	Geslours	17:25.16	+1,02	578	
	50m: 30.22 30.22	450m: 5:02.76 34.59	850m: 9:44.31 35.78	1250m: 14:28.34 35.80			
	100m: 1:03.26 33.04	500m: 5:37.75 34.99	900m: 10:19.13 34.82	1300m: 15:03.38 35.04			
	150m: 1:37.24 33.98	550m: 6:12.07 34.32	950m: 10:54.48 35.35	1350m: 15:39.15 35.77			
	200m: 2:11.37 34.13	600m: 6:46.80 34.73	1000m: 11:30.50 36.02	1400m: 16:15.22 36.07			
	250m: 2:45.65 34.28	650m: 7:22.18 35.38	1050m: 12:05.67 35.17	1450m: 16:49.81 34.59			
	300m: 3:19.79 34.14	700m: 7:57.80 35.62	1100m: 12:41.47 35.80	1500m: 17:25.16 35.35			
	350m: 3:53.74 33.95	750m: 8:32.97 35.17	1150m: 13:16.85 35.38				
	400m: 4:28.17 34.43	800m: 9:08.53 35.56	1200m: 13:52.54 35.69				
27.	Luis Filipe Ribeiro	98	Braga	17:28.17	+0,89	573	
	50m: 30.46 30.46	450m: 5:10.60 35.11	850m: 9:52.86 35.18	1250m: 14:36.23 35.26			
	100m: 1:04.64 34.18	500m: 5:46.09 35.49	900m: 10:28.44 35.58	1300m: 15:11.43 35.20			
	150m: 1:39.51 34.87	550m: 6:21.29 35.20	950m: 11:03.74 35.30	1350m: 15:46.47 35.04			
	200m: 2:14.62 35.11	600m: 6:56.65 35.36	1000m: 11:39.04 35.30	1400m: 16:21.83 35.36			
	250m: 2:49.72 35.10	650m: 7:31.73 35.08	1050m: 12:14.43 35.39	1450m: 16:56.15 34.32			
	300m: 3:25.10 35.38	700m: 8:07.13 35.40	1100m: 12:50.10 35.67	1500m: 17:28.17 32.02			
	350m: 4:00.00 34.90	750m: 8:42.40 35.27	1150m: 13:24.97 34.87				
	400m: 4:35.49 35.49	800m: 9:17.68 35.28	1200m: 14:00.97 36.00				
28.	Henrique Mourinho Neves	97	Alges	17:28.32	+0,78	573	
	50m: 30.34 30.34	450m: 5:10.98 35.05	850m: 9:53.57 35.10	1250m: 14:35.78 34.96			
	100m: 1:04.40 34.06	500m: 5:46.68 35.70	900m: 10:29.01 35.44	1300m: 15:11.14 35.36			
	150m: 1:38.95 34.55	550m: 6:21.83 35.15	950m: 11:04.38 35.37	1350m: 15:45.57 34.43			
	200m: 2:14.39 35.44	600m: 6:57.42 35.59	1000m: 11:39.90 35.52	1400m: 16:21.25 35.68			
	250m: 2:49.64 35.25	650m: 7:32.17 34.75	1050m: 12:15.01 35.11	1450m: 16:55.01 33.76			
	300m: 3:25.01 35.37	700m: 8:07.52 35.35	1100m: 12:50.42 35.41	1500m: 17:28.32 33.31			
	350m: 4:00.36 35.35	750m: 8:43.00 35.48	1150m: 13:25.43 35.01				
	400m: 4:35.93 35.57	800m: 9:18.47 35.47	1200m: 14:00.82 35.39				
29.	Guilherme Pereira Dias	97	Sporting	17:29.73	+0,83	571	
	50m: 31.67 31.67	450m: 5:13.50 35.40	850m: 9:54.99 35.05	1250m: 14:35.20 34.89			
	100m: 1:06.18 34.51	500m: 5:49.13 35.63	900m: 10:30.14 35.15	1300m: 15:10.29 35.09			
	150m: 1:41.17 34.99	550m: 6:24.20 35.07	950m: 11:05.15 35.01	1350m: 15:45.14 34.85			
	200m: 2:16.59 35.42	600m: 6:59.42 35.22	1000m: 11:40.39 35.24	1400m: 16:20.23 35.09			
	250m: 2:51.86 35.27	650m: 7:34.51 35.09	1050m: 12:15.10 34.71	1450m: 16:55.04 34.81			
	300m: 3:27.63 35.77	700m: 8:09.93 35.42	1100m: 12:50.08 34.98	1500m: 17:29.73 34.69			
	350m: 4:02.60 34.97	750m: 8:44.83 34.90	1150m: 13:25.08 35.00				
	400m: 4:38.10 35.50	800m: 9:19.94 35.11	1200m: 14:00.31 35.23				
30.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	17:32.42	+0,89	566	
	50m: 30.23 30.23	450m: 5:08.74 35.08	850m: 9:52.34 35.41	1250m: 14:37.49 35.63			
	100m: 1:04.25 34.02	500m: 5:44.05 35.31	900m: 10:28.25 35.91	1300m: 15:12.64 35.15			
	150m: 1:38.87 34.62	550m: 6:19.38 35.33	950m: 11:03.69 35.44	1350m: 15:48.54 35.90			
	200m: 2:13.42 34.55	600m: 6:54.79 35.41	1000m: 11:39.79 36.10	1400m: 16:23.85 35.31			
	250m: 2:48.38 34.96	650m: 7:29.97 35.18	1050m: 12:14.94 35.15	1450m: 16:59.07 35.22			
	300m: 3:23.34 34.96	700m: 8:05.82 35.85	1100m: 12:50.72 35.78	1500m: 17:32.42 33.35			
	350m: 3:58.15 34.81	750m: 8:41.00 35.18	1150m: 13:26.14 35.42				
	400m: 4:33.66 35.51	800m: 9:16.93 35.93	1200m: 14:01.86 35.72				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
31.	Bruno Jose Silva	98	Braga	17:33.83	+1,11	564	
	50m: 31.67 31.67	450m: 5:10.97 35.17	850m: 9:53.43 34.87	1250m: 14:38.34 35.44			
	100m: 1:05.51 33.84	500m: 5:46.36 35.39	900m: 10:29.40 35.97	1300m: 15:13.92 35.58			
	150m: 1:40.36 34.85	550m: 6:21.55 35.19	950m: 11:04.72 35.32	1350m: 15:49.52 35.60			
	200m: 2:15.48 35.12	600m: 6:57.00 35.45	1000m: 11:40.24 35.52	1400m: 16:25.14 35.62			
	250m: 2:50.08 34.60	650m: 7:32.17 35.17	1050m: 12:15.87 35.63	1450m: 17:00.24 35.10			
	300m: 3:25.14 35.06	700m: 8:07.53 35.36	1100m: 12:51.67 35.80	1500m: 17:33.83 33.59			
	350m: 4:00.44 35.30	750m: 8:42.91 35.38	1150m: 13:27.31 35.64				
	400m: 4:35.80 35.36	800m: 9:18.56 35.65	1200m: 14:02.90 35.59				
32.	Miguel Martins Baltazar	98	Aminata	17:38.91	+0,94	556	
	50m: 30.89 30.89	450m: 5:11.21 35.97	850m: 9:55.26 35.50	1250m: 14:40.12 35.95			
	100m: 1:04.89 34.00	500m: 5:46.61 35.40	900m: 10:30.40 35.14	1300m: 15:15.93 35.81			
	150m: 1:39.56 34.67	550m: 6:22.04 35.43	950m: 11:06.22 35.82	1350m: 15:52.07 36.14			
	200m: 2:14.54 34.98	600m: 6:57.29 35.25	1000m: 11:41.67 35.45	1400m: 16:27.95 35.88			
	250m: 2:49.72 35.18	650m: 7:33.40 36.11	1050m: 12:17.57 35.90	1450m: 17:03.92 35.97			
	300m: 3:24.76 35.04	700m: 8:08.52 35.12	1100m: 12:52.91 35.34	1500m: 17:38.91 34.99			
	350m: 4:00.18 35.42	750m: 8:44.45 35.93	1150m: 13:28.82 35.91				
	400m: 4:35.24 35.06	800m: 9:19.76 35.31	1200m: 14:04.17 35.35				
33.	Joao Santos Mendes	98	Leixoes	17:42.63	+0,70	550	
	50m: 31.20 31.20	450m: 5:18.19 36.07	850m: 10:05.51 35.76	1250m: 14:47.39 35.76			
	100m: 1:06.13 34.93	500m: 5:54.62 36.43	900m: 10:40.70 35.19	1300m: 15:23.17 35.78			
	150m: 1:41.72 35.59	550m: 6:30.57 35.95	950m: 11:16.19 35.49	1350m: 15:58.78 35.61			
	200m: 2:17.67 35.95	600m: 7:06.49 35.92	1000m: 11:51.56 35.37	1400m: 16:34.39 35.61			
	250m: 2:54.08 36.41	650m: 7:42.64 36.15	1050m: 12:26.99 35.43	1450m: 17:09.20 34.81			
	300m: 3:30.19 36.11	700m: 8:18.60 35.96	1100m: 13:01.62 34.63	1500m: 17:42.63 33.43			
	350m: 4:06.24 36.05	750m: 8:54.30 35.70	1150m: 13:36.49 34.87				
	400m: 4:42.12 35.88	800m: 9:29.75 35.45	1200m: 14:11.63 35.14				
34.	Joao Ricardo Silva	97	Ginasio Figueirense	17:49.99	+0,77	539	
	<i>FTL</i>						
	50m: 30.46 30.46	450m: 5:12.87 35.49	850m: 9:59.43 35.67	1250m: 14:49.60 35.98			
	100m: 1:04.72 34.26	500m: 5:49.05 36.18	900m: 10:35.75 36.32	1300m: 15:25.94 36.34			
	150m: 1:39.60 34.88	550m: 6:24.54 35.49	950m: 11:11.64 35.89	1350m: 16:02.24 36.30			
	200m: 2:15.12 35.52	600m: 7:00.26 35.72	1000m: 11:47.90 36.26	1400m: 16:39.03 36.79			
	250m: 2:50.66 35.54	650m: 7:35.54 35.28	1050m: 12:23.81 35.91	1450m: 17:14.87 35.84			
	300m: 3:26.31 35.65	700m: 8:11.52 35.98	1100m: 13:00.60 36.79	1500m: 17:49.99 35.12			
	350m: 4:01.64 35.33	750m: 8:47.21 35.69	1150m: 13:37.01 36.41				
	400m: 4:37.38 35.74	800m: 9:23.76 36.55	1200m: 14:13.62 36.61				
35.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	17:54.24	+0,76	533	
	50m: 31.03 31.03	450m: 5:19.22 36.04	850m: 10:06.61 37.01	1250m: 14:58.15 36.70			
	100m: 1:05.31 34.28	500m: 5:54.58 35.36	900m: 10:43.11 36.50	1300m: 15:34.28 36.13			
	150m: 1:41.36 36.05	550m: 6:29.60 35.02	950m: 11:19.97 36.86	1350m: 16:11.29 37.01			
	200m: 2:17.59 36.23	600m: 7:04.73 35.13	1000m: 11:56.00 36.03	1400m: 16:46.54 35.25			
	250m: 2:54.13 36.54	650m: 7:41.00 36.27	1050m: 12:33.16 37.16	1450m: 17:22.71 36.17			
	300m: 3:30.79 36.66	700m: 8:16.68 35.68	1100m: 13:08.42 35.26	1500m: 17:54.24 31.53			
	350m: 4:07.24 36.45	750m: 8:53.50 36.82	1150m: 13:45.27 36.85				
	400m: 4:43.18 35.94	800m: 9:29.60 36.10	1200m: 14:21.45 36.18				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
36.	Andre Sousa Goncalves	97	Natacao de Olhao	17:54.93	+0,90	532	
	<i>FTL</i>						
	50m: 31.19 31.19	450m: 5:16.63 35.70	850m: 10:05.17 35.91	1250m: 14:55.77 36.56			
	100m: 1:06.39 35.20	500m: 5:52.67 36.04	900m: 10:41.77 36.60	1300m: 15:32.40 36.63			
	150m: 1:41.63 35.24	550m: 6:28.62 35.95	950m: 11:17.93 36.16	1350m: 16:08.71 36.31			
	200m: 2:17.24 35.61	600m: 7:04.99 36.37	1000m: 11:53.86 35.93	1400m: 16:44.49 35.78			
	250m: 2:52.78 35.54	650m: 7:41.05 36.06	1050m: 12:29.80 35.94	1450m: 17:20.30 35.81			
	300m: 3:28.53 35.75	700m: 8:17.34 36.29	1100m: 13:06.12 36.32	1500m: 17:54.93 34.63			
	350m: 4:04.72 36.19	750m: 8:53.27 35.93	1150m: 13:42.75 36.63				
	400m: 4:40.93 36.21	800m: 9:29.26 35.99	1200m: 14:19.21 36.46				
37.	Filipe Ferreira Luz	98	Geslourses	17:55.12		531	
	50m: 31.63 31.63	450m: 5:19.18 36.01	850m: 10:07.82 36.12	1250m: 14:56.64 36.20			
	100m: 1:06.24 34.61	500m: 5:55.40 36.22	900m: 10:43.87 36.05	1300m: 15:33.10 36.46			
	150m: 1:41.66 35.42	550m: 6:31.24 35.84	950m: 11:19.68 35.81	1350m: 16:09.16 36.06			
	200m: 2:18.13 36.47	600m: 7:07.31 36.07	1000m: 11:55.97 36.29	1400m: 16:45.61 36.45			
	250m: 2:54.39 36.26	650m: 7:43.29 35.98	1050m: 12:32.28 36.31	1450m: 17:21.19 35.58			
	300m: 3:30.83 36.44	700m: 8:19.40 36.11	1100m: 13:08.22 35.94	1500m: 17:55.12 33.93			
	350m: 4:06.81 35.98	750m: 8:55.47 36.07	1150m: 13:44.01 35.79				
	400m: 4:43.17 36.36	800m: 9:31.70 36.23	1200m: 14:20.44 36.43				
38.	Francisco Rodrigues Antas	98	Desportiva de Viana	18:01.87	+0,94	521	
	<i>FTL</i>						
	50m: 30.62 30.62	450m: 5:16.72 36.23	850m: 10:09.09 36.74	1250m: 15:01.20 37.13			
	100m: 1:04.32 33.70	500m: 5:54.01 37.29	900m: 10:45.75 36.66	1300m: 15:37.52 36.32			
	150m: 1:38.85 34.53	550m: 6:30.12 36.11	950m: 11:22.44 36.69	1350m: 16:14.52 37.00			
	200m: 2:14.55 35.70	600m: 7:06.81 36.69	1000m: 11:58.39 35.95	1400m: 16:50.66 36.14			
	250m: 2:50.63 36.08	650m: 7:44.00 37.19	1050m: 12:34.36 35.97	1450m: 17:26.46 35.80			
	300m: 3:27.07 36.44	700m: 8:20.02 36.02	1100m: 13:11.29 36.93	1500m: 18:01.87 35.41			
	350m: 4:03.95 36.88	750m: 8:56.20 36.18	1150m: 13:47.41 36.12				
	400m: 4:40.49 36.54	800m: 9:32.35 36.15	1200m: 14:24.07 36.66				
39.	Nuno Valerio Silva	97	Nautico da Marinha Grande	18:02.20	+0,82	521	
	<i>FTL</i>						
	50m: 30.88 30.88	450m: 5:15.65 36.23	850m: 10:06.25 36.80	1250m: 14:59.91 36.81			
	100m: 1:04.66 33.78	500m: 5:51.47 35.82	900m: 10:42.54 36.29	1300m: 15:36.86 36.95			
	150m: 1:39.75 35.09	550m: 6:27.93 36.46	950m: 11:19.10 36.56	1350m: 16:13.62 36.76			
	200m: 2:15.08 35.33	600m: 7:04.14 36.21	1000m: 11:55.85 36.75	1400m: 16:49.98 36.36			
	250m: 2:51.33 36.25	650m: 7:40.80 36.66	1050m: 12:32.93 37.08	1450m: 17:26.51 36.53			
	300m: 3:27.03 35.70	700m: 8:16.76 35.96	1100m: 13:09.40 36.47	1500m: 18:02.20 35.69			
	350m: 4:03.46 36.43	750m: 8:53.52 36.76	1150m: 13:46.30 36.90				
	400m: 4:39.42 35.96	800m: 9:29.45 35.93	1200m: 14:23.10 36.80				
40.	Dario Fausto Matias	98	Torres Novas	18:09.55	+0,87	510	
	<i>FTL</i>						
	50m: 31.47 31.47	450m: 5:21.65 36.39	850m: 10:14.97 36.74	1250m: 15:08.73 36.79			
	100m: 1:07.14 35.67	500m: 5:58.16 36.51	900m: 10:51.72 36.75	1300m: 15:45.78 37.05			
	150m: 1:43.65 36.51	550m: 6:34.98 36.82	950m: 11:28.48 36.76	1350m: 16:22.73 36.95			
	200m: 2:19.98 36.33	600m: 7:11.30 36.32	1000m: 12:05.36 36.88	1400m: 16:59.62 36.89			
	250m: 2:55.98 36.00	650m: 7:47.78 36.48	1050m: 12:42.02 36.66	1450m: 17:35.22 35.60			
	300m: 3:32.61 36.63	700m: 8:24.50 36.72	1100m: 13:18.80 36.78	1500m: 18:09.55 34.33			
	350m: 4:08.81 36.20	750m: 9:01.31 36.81	1150m: 13:55.46 36.66				
	400m: 4:45.26 36.45	800m: 9:38.23 36.92	1200m: 14:31.94 36.48				
DNS	Pedro Maria Bessa	95	Vilacondense				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres Jun 1
18-07-2013 - 9:00 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Jun	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003

TAC Jun1 Masc : 17:02.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafael Lourenco Gil	96	Naval Amorense	16:08.42	+0,72	727	
	50m: 28.92 28.92	450m: 4:44.31 32.32	850m: 9:03.28 32.62	1250m: 13:25.36 33.33			
	100m: 1:00.24 31.32	500m: 5:16.40 32.09	900m: 9:35.94 32.66	1300m: 13:58.37 33.01			
	150m: 1:31.87 31.63	550m: 5:49.16 32.76	950m: 10:08.28 32.34	1350m: 14:31.38 33.01			
	200m: 2:03.72 31.85	600m: 6:21.18 32.02	1000m: 10:40.92 32.64	1400m: 15:04.34 32.96			
	250m: 2:35.61 31.89	650m: 6:53.51 32.33	1050m: 11:13.29 32.37	1450m: 15:36.89 32.55			
	300m: 3:07.47 31.86	700m: 7:25.56 32.05	1100m: 11:46.12 32.83	1500m: 16:08.42 31.53			
	350m: 3:39.64 32.17	750m: 7:58.12 32.56	1150m: 12:18.92 32.80				
	400m: 4:11.99 32.35	800m: 8:30.66 32.54	1200m: 12:52.03 33.11				
2.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	16:47.23	+0,67	646	
	50m: 30.20 30.20	450m: 4:56.89 33.41	850m: 9:26.53 33.81	1250m: 13:58.93 34.35			
	100m: 1:02.96 32.76	500m: 5:30.44 33.55	900m: 10:00.13 33.60	1300m: 14:33.06 34.13			
	150m: 1:36.33 33.37	550m: 6:04.18 33.74	950m: 10:34.35 34.22	1350m: 15:08.04 34.98			
	200m: 2:09.96 33.63	600m: 6:37.92 33.74	1000m: 11:08.26 33.91	1400m: 15:41.91 33.87			
	250m: 2:43.25 33.29	650m: 7:11.41 33.49	1050m: 11:42.51 34.25	1450m: 16:15.97 34.06			
	300m: 3:16.62 33.37	700m: 7:45.10 33.69	1100m: 12:16.20 33.69	1500m: 16:47.23 31.26			
	350m: 3:49.85 33.23	750m: 8:18.79 33.69	1150m: 12:50.57 34.37				
	400m: 4:23.48 33.63	800m: 8:52.72 33.93	1200m: 13:24.58 34.01				
3.	Pedro Veiguinha Martins	96	Braga	16:56.93	+1,02	628	
	50m: 31.49 31.49	450m: 5:01.01 34.31	850m: 9:39.47 34.33	1250m: 14:09.68 34.09			
	100m: 1:04.11 32.62	500m: 5:35.05 34.04	900m: 10:14.07 34.60	1300m: 14:42.72 33.04			
	150m: 1:38.05 33.94	550m: 6:10.47 35.42	950m: 10:48.91 34.84	1350m: 15:16.75 34.03			
	200m: 2:11.65 33.60	600m: 6:45.16 34.69	1000m: 11:22.32 33.41	1400m: 15:50.54 33.79			
	250m: 2:45.29 33.64	650m: 7:21.14 35.98	1050m: 11:55.69 33.37	1450m: 16:24.63 34.09			
	300m: 3:18.67 33.38	700m: 7:55.43 34.29	1100m: 12:28.73 33.04	1500m: 16:56.93 32.30			
	350m: 3:53.09 34.42	750m: 8:30.56 35.13	1150m: 13:02.40 33.67				
	400m: 4:26.70 33.61	800m: 9:05.14 34.58	1200m: 13:35.59 33.19				
4.	Bruno Miguel Rainho FTL	96	Geslours	17:25.16	+1,02	578	
	50m: 30.22 30.22	450m: 5:02.76 34.59	850m: 9:44.31 35.78	1250m: 14:28.34 35.80			
	100m: 1:03.26 33.04	500m: 5:37.75 34.99	900m: 10:19.13 34.82	1300m: 15:03.38 35.04			
	150m: 1:37.24 33.98	550m: 6:12.07 34.32	950m: 10:54.48 35.35	1350m: 15:39.15 35.77			
	200m: 2:11.37 34.13	600m: 6:46.80 34.73	1000m: 11:30.50 36.02	1400m: 16:15.22 36.07			
	250m: 2:45.65 34.28	650m: 7:22.18 35.38	1050m: 12:05.67 35.17	1450m: 16:49.81 34.59			
	300m: 3:19.79 34.14	700m: 7:57.80 35.62	1100m: 12:41.47 35.80	1500m: 17:25.16 35.35			
	350m: 3:53.74 33.95	750m: 8:32.97 35.17	1150m: 13:16.85 35.38				
	400m: 4:28.17 34.43	800m: 9:08.53 35.56	1200m: 13:52.54 35.69				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres Jun 2
18-07-2013 - 9:00 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Jun	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003

TAC Jun2 Masc : 16:48.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Artur Manuel Ferreira	95	Porto	16:36.43	+0,88	667	
	50m: 29.42 29.42	450m: 4:54.03 33.03	850m: 9:21.16 33.39	1250m: 13:50.55 33.84			
	100m: 1:02.06 32.64	500m: 5:27.25 33.22	900m: 9:55.01 33.85	1300m: 14:24.69 34.14			
	150m: 1:35.37 33.31	550m: 6:00.35 33.10	950m: 10:28.44 33.43	1350m: 14:57.75 33.06			
	200m: 2:08.97 33.60	600m: 6:33.59 33.24	1000m: 11:02.27 33.83	1400m: 15:31.19 33.44			
	250m: 2:42.25 33.28	650m: 7:06.75 33.16	1050m: 11:35.72 33.45	1450m: 16:04.12 32.93			
	300m: 3:15.38 33.13	700m: 7:40.34 33.59	1100m: 12:09.47 33.75	1500m: 16:36.43 32.31			
	350m: 3:47.95 32.57	750m: 8:13.71 33.37	1150m: 12:43.02 33.55				
	400m: 4:21.00 33.05	800m: 8:47.77 34.06	1200m: 13:16.71 33.69				

DNS Pedro Maria Bessa 95 Vilacondense

Prova 1 Masc., 1500m Livres Seniores
18-07-2013 - 9:00 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

TAC SEN Masc : 16:48.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gustavo Manuel Santa	93	Sporting	16:00.47	+0,79	745	
	50m: 28.97 28.97	450m: 4:43.84 31.80	850m: 9:03.50 32.55	1250m: 13:20.74 31.74			
	100m: 1:00.56 31.59	500m: 5:16.45 32.61	900m: 9:36.38 32.88	1300m: 13:53.12 32.38			
	150m: 1:32.23 31.67	550m: 5:48.57 32.12	950m: 10:08.33 31.95	1350m: 14:25.19 32.07			
	200m: 2:04.46 32.23	600m: 6:20.94 32.37	1000m: 10:40.07 31.74	1400m: 14:57.68 32.49			
	250m: 2:36.33 31.87	650m: 6:53.57 32.63	1050m: 11:11.90 31.83	1450m: 15:29.43 31.75			
	300m: 3:08.15 31.82	700m: 7:26.02 32.45	1100m: 11:44.40 32.50	1500m: 16:00.47 31.04			
	350m: 3:40.33 32.18	750m: 7:58.23 32.21	1150m: 12:16.22 31.82				
	400m: 4:12.04 31.71	800m: 8:30.95 32.72	1200m: 12:49.00 32.78				
2.	Mario Andre Bonanca	90	Sporting	16:02.25	+0,85	741	
	50m: 29.70 29.70	450m: 4:44.45 31.55	850m: 9:00.97 31.96	1250m: 13:21.00 32.66			
	100m: 1:01.61 31.91	500m: 5:16.34 31.89	900m: 9:33.27 32.30	1300m: 13:53.70 32.70			
	150m: 1:33.18 31.57	550m: 5:47.81 31.47	950m: 10:05.05 31.78	1350m: 14:26.04 32.34			
	200m: 2:05.26 32.08	600m: 6:20.18 32.37	1000m: 10:37.41 32.36	1400m: 14:58.32 32.28			
	250m: 2:37.41 32.15	650m: 6:51.86 31.68	1050m: 11:09.45 32.04	1450m: 15:30.48 32.16			
	300m: 3:09.36 31.95	700m: 7:24.29 32.43	1100m: 11:42.28 32.83	1500m: 16:02.25 31.77			
	350m: 3:40.73 31.37	750m: 7:56.30 32.01	1150m: 12:15.07 32.79				
	400m: 4:12.90 32.17	800m: 8:29.01 32.71	1200m: 12:48.34 33.27				
3.	Hugo Alberto Ribeiro	88	Gespacos	16:31.77	+0,98	677	
	50m: 29.98 29.98	450m: 4:48.96 32.48	850m: 9:11.79 33.06	1250m: 13:41.91 33.87			
	100m: 1:02.19 32.21	500m: 5:21.93 32.97	900m: 9:45.35 33.56	1300m: 14:15.89 33.98			
	150m: 1:34.19 32.00	550m: 5:54.59 32.66	950m: 10:18.86 33.51	1350m: 14:50.02 34.13			
	200m: 2:06.46 32.27	600m: 6:27.33 32.74	1000m: 10:52.73 33.87	1400m: 15:24.48 34.46			
	250m: 2:38.93 32.47	650m: 6:59.75 32.42	1050m: 11:26.26 33.53	1450m: 15:57.94 33.46			
	300m: 3:11.44 32.51	700m: 7:32.53 32.78	1100m: 12:00.12 33.86	1500m: 16:31.77 33.83			
	350m: 3:43.72 32.28	750m: 8:05.51 32.98	1150m: 12:33.92 33.80				
	400m: 4:16.48 32.76	800m: 8:38.73 33.22	1200m: 13:08.04 34.12				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Famalicão, 18.7. - 21.7.2013

Prova 1, Masc., 1500m Livres, Seniores

Lugar	Nome		Ano	Clube	Tempo Final			TReac	Pts FINA	Pts		
4.	Ricardo Manuel Machado		93	Braga	16:34.99			+0,81	670			
	50m:	29.30	29.30	450m:	4:51.49	33.34	850m:	9:21.21	33.42	1250m:	13:52.40	33.62
	100m:	1:00.82	31.52	500m:	5:25.56	34.07	900m:	9:55.16	33.95	1300m:	14:25.84	33.44
	150m:	1:32.78	31.96	550m:	5:59.04	33.48	950m:	10:29.04	33.88	1350m:	14:58.76	32.92
	200m:	2:05.48	32.70	600m:	6:33.23	34.19	1000m:	11:02.97	33.93	1400m:	15:31.70	32.94
	250m:	2:38.12	32.64	650m:	7:06.55	33.32	1050m:	11:36.91	33.94	1450m:	16:03.91	32.21
	300m:	3:11.33	33.21	700m:	7:40.34	33.79	1100m:	12:11.27	34.36	1500m:	16:34.99	31.08
	350m:	3:44.47	33.14	750m:	8:13.88	33.54	1150m:	12:44.95	33.68			
	400m:	4:18.15	33.68	800m:	8:47.79	33.91	1200m:	13:18.78	33.83			
5.	Tiago Silva Oliveira		94	Leixoes	16:35.71			+0,72	669			
	50m:	28.82	28.82	450m:	4:45.62	32.71	850m:	9:16.52	33.94	1250m:	13:49.23	33.98
	100m:	1:00.33	31.51	500m:	5:18.74	33.12	900m:	9:50.49	33.97	1300m:	14:23.07	33.84
	150m:	1:32.19	31.86	550m:	5:52.56	33.82	950m:	10:24.67	34.18	1350m:	14:57.41	34.34
	200m:	2:04.33	32.14	600m:	6:26.24	33.68	1000m:	10:58.74	34.07	1400m:	15:30.43	33.02
	250m:	2:36.49	32.16	650m:	7:00.46	34.22	1050m:	11:32.91	34.17	1450m:	16:03.58	33.15
	300m:	3:08.27	31.78	700m:	7:34.32	33.86	1100m:	12:07.08	34.17	1500m:	16:35.71	32.13
	350m:	3:40.55	32.28	750m:	8:08.61	34.29	1150m:	12:41.23	34.15			
	400m:	4:12.91	32.36	800m:	8:42.58	33.97	1200m:	13:15.25	34.02			
6.	Hugo Neves Neto		94	Columbofila Cantanhedense	16:39.46			+0,79	661			
	50m:	29.57	29.57	450m:	4:54.35	33.09	850m:	9:21.44	33.33	1250m:	13:50.98	33.81
	100m:	1:02.51	32.94	500m:	5:27.89	33.54	900m:	9:54.96	33.52	1300m:	14:25.07	34.09
	150m:	1:35.60	33.09	550m:	6:01.13	33.24	950m:	10:28.26	33.30	1350m:	14:59.10	34.03
	200m:	2:09.06	33.46	600m:	6:34.57	33.44	1000m:	11:01.84	33.58	1400m:	15:33.09	33.99
	250m:	2:41.91	32.85	650m:	7:07.85	33.28	1050m:	11:35.47	33.63	1450m:	16:06.77	33.68
	300m:	3:15.18	33.27	700m:	7:41.29	33.44	1100m:	12:09.42	33.95	1500m:	16:39.46	32.69
	350m:	3:48.04	32.86	750m:	8:14.62	33.33	1150m:	12:43.11	33.69			
	400m:	4:21.26	33.22	800m:	8:48.11	33.49	1200m:	13:17.17	34.06			
7.	Bernardo Leitao Graca		93	Sporting	16:47.24			+0,73	646			
	50m:	29.24	29.24	450m:	4:53.85	33.47	850m:	9:25.05	33.03	1250m:	14:00.16	34.37
	100m:	1:02.28	33.04	500m:	5:27.37	33.52	900m:	9:59.14	34.09	1300m:	14:34.79	34.63
	150m:	1:35.41	33.13	550m:	6:01.11	33.74	950m:	10:32.88	33.74	1350m:	15:09.20	34.41
	200m:	2:08.48	33.07	600m:	6:35.04	33.93	1000m:	11:07.43	34.55	1400m:	15:43.41	34.21
	250m:	2:41.83	33.35	650m:	7:09.05	34.01	1050m:	11:41.47	34.04	1450m:	16:16.11	32.70
	300m:	3:14.10	32.27	700m:	7:43.60	34.55	1100m:	12:16.32	34.85	1500m:	16:47.24	31.13
	350m:	3:47.22	33.12	750m:	8:17.70	34.10	1150m:	12:50.99	34.67			
	400m:	4:20.38	33.16	800m:	8:52.02	34.32	1200m:	13:25.79	34.80			
EXH	Isidro Carrara Bittini		97	Alges	17:15.18			+0,72	595			
	50m:	30.04	30.04	450m:	5:05.43	34.81	850m:	9:42.96	35.04	1250m:	14:21.59	35.13
	100m:	1:03.24	33.20	500m:	5:39.72	34.29	900m:	10:17.49	34.53	1300m:	14:56.58	34.99
	150m:	1:37.30	34.06	550m:	6:14.76	35.04	950m:	10:52.45	34.96	1350m:	15:32.43	35.85
	200m:	2:11.84	34.54	600m:	6:49.25	34.49	1000m:	11:27.06	34.61	1400m:	16:06.91	34.48
	250m:	2:46.67	34.83	650m:	7:24.03	34.78	1050m:	12:02.09	35.03	1450m:	16:42.18	35.27
	300m:	3:20.92	34.25	700m:	7:58.61	34.58	1100m:	12:36.77	34.68	1500m:	17:15.18	33.00
	350m:	3:55.65	34.73	750m:	8:33.56	34.95	1150m:	13:11.85	35.08			
	400m:	4:30.62	34.97	800m:	9:07.92	34.36	1200m:	13:46.46	34.61			