

Campeonato Nacional de Juniores e Seniores PL
Coimbra, 28 a 30-3-2013

Prova 14 Femin., 4 x 200m Livres 15 anos e mais velhos
28-03-2013 - 18:25 Resultados

Rec Nac Absoluto	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011
Rec Nac Jun	8:39.85	Sporting Clube de Portugal	SCP	Coimbra	09-04-2010
Rec Nac Sen	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011

TAC-SENF Sen: 9:10.00 / TAC-JUNF Jun: 9:22.00

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts
Juniores				
1.	Sporting-JUN	8:50.60	+0,82	660
	Carolina Mantua Guedes	98 +0,82 30.92 1:05.45 1:40.00 2:13.43	2:13.43	
	Beatriz Rodrigues Conde	98 +0,23 30.15 1:04.51 1:39.62 2:13.86	2:13.86	
	Sofia Alexandra Branco	98 +0,29 30.42 1:04.65 1:39.98 2:14.73	2:14.73	
	Ines Camacho Fernandes	97 +0,24 28.86 1:01.68 1:35.06 2:08.58	2:08.58	
2.	Alges-JUN	8:53.86	+0,86	648
	Barbara Marques Rodrigues	97 +0,86 30.83 1:04.51 1:39.58 2:14.50	2:14.50	
	Carolina Sanchez Rodrigues	97 +0,36 30.10 1:04.26 1:38.83 2:14.29	2:14.29	
	Barbara Sofia Barata	97 +0,43 30.87 1:04.60 1:38.90 2:13.06	2:13.06	
	Francisca Gomes Azevedo	97 +0,20 29.33 1:03.20 1:38.18 2:12.01	2:12.01	
3.	Famalicao-JUN	9:10.77	+0,71	590
	Ana Silva Costa	98 +0,71 31.39 1:05.83 1:40.48 2:14.41	2:14.41	
	Graca Maria Araujo	98 +0,58 31.69 1:06.21 1:42.63 2:18.47	2:18.47	
	Barbara Nogueira Goncalves	98 +0,57 31.72 1:06.91 1:43.41 2:19.93	2:19.93	
	Catarina Alexandra Jardim	98 +0,64 31.45 1:05.96 1:42.26 2:17.96	2:17.96	
4.	Nautico de Coimbra-JUN	9:12.37	+0,77	585
	Beatriz Neves Craveiro	97 +0,77 30.87 1:04.84 1:40.14 2:15.54	2:15.54	
	Beatriz Filipa Matos	97 +0,02 31.29 1:06.13 1:41.66 2:16.54	2:16.54	
	Andreia Margarida Morgado	97 +0,21 32.13 1:08.30 1:45.07 2:21.91	2:21.91	
	Mariana Portugal Costa	98 +0,40 30.48 1:06.24 1:42.57 2:18.38	2:18.38	
5.	Gesloures-JUN	9:26.30	+0,88	543
	<i>FTL</i>			
	Margarida Messias Ribeiro	98 +0,88 32.69 1:09.13 1:46.70 2:22.01	2:22.01	
	Cecilia Branco Almeida	97 +0,56 32.97 1:07.44 1:42.96 2:18.49	2:18.49	
	Vanessa Penas Courela	98 +0,47 34.10 1:11.63 1:49.70 2:27.08	2:27.08	
	Soraia Filipa Sousa	97 +0,52 31.55 1:06.74 1:42.95 2:18.72	2:18.72	
6.	Uniao Piedense-JUN	9:27.99	+1,06	538
	<i>FTL</i>			
	Marina Micaela Sequeira	98 +1,06 32.46 1:07.79 1:45.05 2:21.52	2:21.52	
	Mariana Van Ossenbruggen	98 +0,59 31.07 1:07.16 1:44.85 2:23.68	2:23.68	
	Ines Filipa Cruz	98 +0,26 32.62 1:08.66 1:46.51 2:24.20	2:24.20	
	Raquel Teixeira Pena	98 +0,78 31.07 1:06.34 1:44.07 2:18.59	2:18.59	
DSQ	Porto-JUN			
	<i>111 - Rendição antecipada do 3 nadador - SW 10.11</i>			
	Adriana Daniela Castro	97 +0,63 30.88 1:04.59 1:38.96 2:12.03	2:12.03	
	Maria Carolina Ribeiro	98 +0,19 30.99 1:05.41 1:40.30 2:14.57	2:14.57	
	Rute Santos Ferreira	97 -0,06		
	Maria Teresa Amorim	97 +0,38		

Prova 14, Femin., 4 x 200m Livres

Seniores

1. Porto-SEN	Porto					8:35.04	+0,77	722
Diana Margarida Duraes	96	+0,77	29.90	1:02.27	1:34.94	2:08.00	2:08.00	
Joana Aguiar Rodrigues	93	+0,29	29.04	1:01.92	1:36.13	2:10.03	2:10.03	
Ana Goncalves Neto	95	+0,34	29.10	1:01.73	1:34.72	2:07.22	2:07.22	
Maria Luis Amorim	95	+0,30	30.05	1:02.59	1:36.70	2:09.79	2:09.79	
2. Sporting-SEN	Sporting					8:36.66	+0,80	715
Mafalda Gomes Beleza	94	+0,80	30.13	1:02.67	1:35.16	2:06.98	2:06.98	
Raquel Paulo Ranito	94	+0,30	30.49	1:04.06	1:38.47	2:11.51	2:11.51	
Ana Teresa Franco	91	+0,38	30.66	1:03.54	1:37.25	2:10.40	2:10.40	
Maria Carolina Rosa	94	0,00	30.04	1:02.67	1:35.88	2:07.77	2:07.77	
3. Uniao Piedense-SEN	Uniao Piedense					8:54.88	+0,74	644
Helena Paula Carvalho	95	+0,74	31.19	1:05.19	1:40.01	2:13.40	2:13.40	
Joana Dias Santos	96	+0,57	31.36	1:05.64	1:41.21	2:15.43	2:15.43	
Ana Marta Miranda	96	+0,50	30.81	1:04.79	1:39.89	2:14.33	2:14.33	
Marta Alexandra Saraiva	93	+0,21	30.56	1:04.14	1:38.71	2:11.72	2:11.72	
4. Gesloures-SEN	GesLoures					8:56.91	+0,73	637
Nadia Morais Vieira	90	+0,73	29.84	1:02.25	1:34.78	2:06.77	2:06.77	
Tatiana Ladeiro Santos	92	+0,39	31.10	1:05.99	1:41.39	2:16.59	2:16.59	
Jessica Goncalves Sequeira	95	+0,43	31.47	1:06.42	1:42.25	2:18.31	2:18.31	
Paula Cristina Yang	95	+0,53	31.33	1:05.77	1:40.53	2:15.24	2:15.24	
5. Gespacos-SEN	Gespacos					8:59.73	+0,87	627
Claudia Cristina Leao	96	+0,87	31.53	1:06.10	1:41.22	2:16.39	2:16.39	
Diana Patricia Ferreira	94	+0,48	29.74	1:03.32	1:36.85	2:10.63	2:10.63	
Andreia Sofia Torres	95	+0,45	31.24	1:07.29	1:44.22	2:18.28	2:18.28	
Soraia Vanessa Ribeiro	92	+0,22	29.89	1:03.82	1:38.86	2:14.43	2:14.43	