

Prova 1
28-03-2013 - 9:30

Femin., 800m Livres

15 anos e mais velhos

Resultados

Rec Nac Absoluto	8:54.41	Angelica Maria Andre	LSC	Oeiras	26-07-2012
Rec Nac Jun	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31-07-2002
Rec Nac Sen	8:54.41	Angelica Maria Andre	LSC	Oeiras	26-07-2012

TAC-SENF Sen: 9:35.00 / TAC-JUNF Jun: 9:45.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Juniores						
1.	Maria Teresa Amorim	97	Porto	9:17.44	+0,87	696
	50m: 31.93 31.93	250m: 2:51.79 35.39	450m: 5:11.64 35.34	650m: 7:32.72 35.46		
	100m: 1:05.98 34.05	300m: 3:26.47 34.68	500m: 5:46.90 35.26	700m: 8:08.03 35.31		
	150m: 1:41.16 35.18	350m: 4:01.06 34.59	550m: 6:22.18 35.28	750m: 8:43.46 35.43		
	200m: 2:16.40 35.24	400m: 4:36.30 35.24	600m: 6:57.26 35.08	800m: 9:17.44 33.98		
2.	Barbara Marques Rodrigues	97	Alges	9:18.05	+0,87	694
	50m: 31.71 31.71	250m: 2:51.56 35.12	450m: 5:12.00 35.05	650m: 7:33.14 35.38		
	100m: 1:06.21 34.50	300m: 3:26.57 35.01	500m: 5:47.42 35.42	700m: 8:08.50 35.36		
	150m: 1:41.12 34.91	350m: 4:01.44 34.87	550m: 6:22.49 35.07	750m: 8:43.15 34.65		
	200m: 2:16.44 35.32	400m: 4:36.95 35.51	600m: 6:57.76 35.27	800m: 9:18.05 34.90		
3.	Filipa Vilas Ruivo	97	Nautico da Marinha Grande	9:18.80	+0,82	691
	50m: 32.31 32.31	250m: 2:52.87 35.43	450m: 5:14.22 35.27	650m: 7:35.46 35.16		
	100m: 1:06.85 34.54	300m: 3:28.06 35.19	500m: 5:49.44 35.22	700m: 8:10.41 34.95		
	150m: 1:42.16 35.31	350m: 4:03.58 35.52	550m: 6:24.96 35.52	750m: 8:45.27 34.86		
	200m: 2:17.44 35.28	400m: 4:38.95 35.37	600m: 7:00.30 35.34	800m: 9:18.80 33.53		
4.	Carolina Mantua Guedes	98	Sporting	9:27.03	+0,86	661
	50m: 32.47 32.47	250m: 2:56.32 36.01	450m: 5:20.25 35.68	650m: 7:42.78 35.50		
	100m: 1:08.32 35.85	300m: 3:32.18 35.86	500m: 5:55.76 35.51	700m: 8:18.24 35.46		
	150m: 1:44.16 35.84	350m: 4:08.45 36.27	550m: 6:31.70 35.94	750m: 8:53.51 35.27		
	200m: 2:20.31 36.15	400m: 4:44.57 36.12	600m: 7:07.28 35.58	800m: 9:27.03 33.52		
5.	Ana Silva Costa	98	Famalicao	9:28.85	+0,74	655
	50m: 32.77 32.77	250m: 2:56.47 36.25	450m: 5:19.54 36.06	650m: 7:43.18 36.10		
	100m: 1:07.97 35.20	300m: 3:32.13 35.66	500m: 5:55.45 35.91	700m: 8:18.48 35.30		
	150m: 1:44.60 36.63	350m: 4:07.84 35.71	550m: 6:31.40 35.95	750m: 8:53.84 35.36		
	200m: 2:20.22 35.62	400m: 4:43.48 35.64	600m: 7:07.08 35.68	800m: 9:28.85 35.01		
6.	Maria Joao Fernandes	97	Vilacondense	9:38.88	+0,83	621
	50m: 32.34 32.34	250m: 2:56.97 36.50	450m: 5:24.02 36.87	650m: 7:51.01 36.21		
	100m: 1:07.88 35.54	300m: 3:33.35 36.38	500m: 6:00.52 36.50	700m: 8:27.54 36.53		
	150m: 1:44.17 36.29	350m: 4:09.95 36.60	550m: 6:37.21 36.69	750m: 9:03.18 35.64		
	200m: 2:20.47 36.30	400m: 4:47.15 37.20	600m: 7:14.80 37.59	800m: 9:38.88 35.70		
7.	Sofia Alexandra Branco	98	Sporting	9:42.90	+0,76	609
	50m: 32.80 32.80	250m: 2:56.85 36.61	450m: 5:23.35 37.18	650m: 7:51.72 37.72		
	100m: 1:08.04 35.24	300m: 3:33.10 36.25	500m: 6:00.03 36.68	700m: 8:28.64 36.92		
	150m: 1:44.52 36.48	350m: 4:10.02 36.92	550m: 6:37.12 37.09	750m: 9:06.40 37.76		
	200m: 2:20.24 35.72	400m: 4:46.17 36.15	600m: 7:14.00 36.88	800m: 9:42.90 36.50		
8.	Catarina Alexandra Jardim	98	Famalicao	9:51.72	+0,80	582
	FTL					
	50m: 31.78 31.78	250m: 2:55.41 36.45	450m: 5:25.40 37.54	650m: 7:57.98 37.88		
	100m: 1:07.08 35.30	300m: 3:32.43 37.02	500m: 6:03.74 38.34	700m: 8:36.44 38.46		
	150m: 1:42.62 35.54	350m: 4:09.84 37.41	550m: 6:41.49 37.75	750m: 9:14.17 37.73		
	200m: 2:18.96 36.34	400m: 4:47.86 38.02	600m: 7:20.10 38.61	800m: 9:51.72 37.55		

Prova 1, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Beatriz Filipa Matos	97	Nautico de Coimbra	9:55.80		570
	<i>FTL</i>					
	50m: 33.37 33.37	250m: 3:00.92 37.40	450m: 5:31.08 38.00	650m: 8:03.54 38.39		
	100m: 1:09.44 36.07	300m: 3:38.08 37.16	500m: 6:08.86 37.78	700m: 8:41.43 37.89		
	150m: 1:46.81 37.37	350m: 4:15.62 37.54	550m: 6:47.43 38.57	750m: 9:19.81 38.38		
	200m: 2:23.52 36.71	400m: 4:53.08 37.46	600m: 7:25.15 37.72	800m: 9:55.80 35.99		
10.	Sofia Machado Dionisio	98	Sporting	10:03.91	+0,80	547
	<i>FTL</i>					
	50m: 32.68 32.68	250m: 3:01.47 38.54	450m: 5:36.55 39.20	650m: 8:10.86 38.62		
	100m: 1:08.09 35.41	300m: 3:39.57 38.10	500m: 6:15.00 38.45	700m: 8:48.92 38.06		
	150m: 1:45.62 37.53	350m: 4:18.70 39.13	550m: 6:53.51 38.51	750m: 9:27.29 38.37		
	200m: 2:22.93 37.31	400m: 4:57.35 38.65	600m: 7:32.24 38.73	800m: 10:03.91 36.62		
11.	Cecilia Branco Almeida	97	GesLoures	10:09.34	+0,92	533
	<i>FTL</i>					
	50m: 33.83 33.83	250m: 3:05.61 38.53	450m: 5:39.57 37.93	650m: 8:14.02 38.84		
	100m: 1:10.52 36.69	300m: 3:44.03 38.42	500m: 6:17.58 38.01	700m: 8:52.68 38.66		
	150m: 1:48.77 38.25	350m: 4:23.03 39.00	550m: 6:56.39 38.81	750m: 9:31.52 38.84		
	200m: 2:27.08 38.31	400m: 5:01.64 38.61	600m: 7:35.18 38.79	800m: 10:09.34 37.82		

Seniores

1.	Florbela Cavaco Machado	96	Columbofila Cantanhedense	8:50.96	+0,79	805
	<i>Recorde Nacional, Senior e Absoluto</i>					
	50m: 30.82 30.82	250m: 2:42.24 33.20	450m: 4:56.44 33.77	650m: 7:12.13 33.87		
	100m: 1:03.08 32.26	300m: 3:15.67 33.43	500m: 5:30.31 33.87	700m: 7:46.35 34.22		
	150m: 1:35.93 32.85	350m: 3:49.18 33.51	550m: 6:04.38 34.07	750m: 8:19.85 33.50		
	200m: 2:09.04 33.11	400m: 4:22.67 33.49	600m: 6:38.26 33.88	800m: 8:50.96 31.11		
2.	Angelica Maria Andre	94	Leixoes	9:06.57	+0,84	738
	50m: 30.82 30.82	250m: 2:45.63 34.37	450m: 5:04.23 34.26	650m: 7:22.31 34.83		
	100m: 1:03.40 32.58	300m: 3:20.27 34.64	500m: 5:38.63 34.40	700m: 7:57.16 34.85		
	150m: 1:37.00 33.60	350m: 3:54.92 34.65	550m: 6:12.83 34.20	750m: 8:32.11 34.95		
	200m: 2:11.26 34.26	400m: 4:29.97 35.05	600m: 6:47.48 34.65	800m: 9:06.57 34.46		
3.	Ana Goncalves Neto	95	Porto	9:12.12	+1,03	716
	50m: 31.43 31.43	250m: 2:49.70 34.99	450m: 5:09.58 34.21	650m: 7:29.12 34.59		
	100m: 1:05.18 33.75	300m: 3:24.82 35.12	500m: 5:44.60 35.02	700m: 8:03.77 34.65		
	150m: 1:39.66 34.48	350m: 4:00.03 35.21	550m: 6:19.36 34.76	750m: 8:38.25 34.48		
	200m: 2:14.71 35.05	400m: 4:35.37 35.34	600m: 6:54.53 35.17	800m: 9:12.12 33.87		
4.	Maria Luis Amorim	95	Porto	9:20.66	+0,91	684
	50m: 31.94 31.94	250m: 2:52.79 35.73	450m: 5:13.64 34.65	650m: 7:35.26 35.83		
	100m: 1:06.44 34.50	300m: 3:27.75 34.96	500m: 5:48.47 34.83	700m: 8:10.73 35.47		
	150m: 1:42.09 35.65	350m: 4:03.37 35.62	550m: 6:24.05 35.58	750m: 8:46.08 35.35		
	200m: 2:17.06 34.97	400m: 4:38.99 35.62	600m: 6:59.43 35.38	800m: 9:20.66 34.58		
5.	Vania Soares Neves	90	Viana Natacao	9:23.12	+0,85	675
	50m: 31.51 31.51	250m: 2:50.95 35.04	450m: 5:12.86 35.32	650m: 7:35.89 35.84		
	100m: 1:05.95 34.44	300m: 3:26.21 35.26	500m: 5:48.66 35.80	700m: 8:12.06 36.17		
	150m: 1:40.53 34.58	350m: 4:01.61 35.40	550m: 6:23.89 35.23	750m: 8:47.68 35.62		
	200m: 2:15.91 35.38	400m: 4:37.54 35.93	600m: 7:00.05 36.16	800m: 9:23.12 35.44		
6.	Ines Alexandra Paiva	96	Alges	9:25.71	+0,83	666
	50m: 32.06 32.06	250m: 2:51.06 34.89	450m: 5:12.37 35.72	650m: 7:35.80 35.94		
	100m: 1:06.52 34.46	300m: 3:26.09 35.03	500m: 5:47.90 35.53	700m: 8:12.64 36.84		
	150m: 1:41.38 34.86	350m: 4:01.32 35.23	550m: 6:23.94 36.04	750m: 8:49.26 36.62		
	200m: 2:16.17 34.79	400m: 4:36.65 35.33	600m: 6:59.86 35.92	800m: 9:25.71 36.45		

Prova 1, Femin., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
7.	Ana Monica Eloi	96	Nautico da Marinha Grande	9:26.02	+0,82	665
	50m: 32.01 32.01	250m: 2:52.02 35.22	450m: 5:15.04 36.17	650m: 7:38.82 35.64		
	100m: 1:06.43 34.42	300m: 3:27.84 35.82	500m: 5:51.26 36.22	700m: 8:15.16 36.34		
	150m: 1:41.32 34.89	350m: 4:03.08 35.24	550m: 6:27.05 35.79	750m: 8:51.16 36.00		
	200m: 2:16.80 35.48	400m: 4:38.87 35.79	600m: 7:03.18 36.13	800m: 9:26.02 34.86		
8.	Helena Paula Carvalho	95	Uniao Piedense	9:26.54	+0,79	663
	50m: 31.86 31.86	250m: 2:53.79 35.40	450m: 5:16.87 35.60	650m: 7:40.93 35.86		
	100m: 1:07.02 35.16	300m: 3:29.67 35.88	500m: 5:53.03 36.16	700m: 8:17.11 36.18		
	150m: 1:42.42 35.40	350m: 4:04.97 35.30	550m: 6:28.73 35.70	750m: 8:52.72 35.61		
	200m: 2:18.39 35.97	400m: 4:41.27 36.30	600m: 7:05.07 36.34	800m: 9:26.54 33.82		
9.	Raquel Paulo Ranito	94	Sporting	9:29.68	+0,81	652
	50m: 32.65 32.65	250m: 2:54.94 35.86	450m: 5:18.77 35.96	650m: 7:43.63 36.54		
	100m: 1:07.77 35.12	300m: 3:31.03 36.09	500m: 5:54.69 35.92	700m: 8:19.93 36.30		
	150m: 1:43.52 35.75	350m: 4:07.13 36.10	550m: 6:31.06 36.37	750m: 8:55.48 35.55		
	200m: 2:19.08 35.56	400m: 4:42.81 35.68	600m: 7:07.09 36.03	800m: 9:29.68 34.20		
10.	Marta Alexandra Saraiva	93	Uniao Piedense	9:29.87	+0,83	651
	50m: 32.35 32.35	250m: 2:53.55 35.92	450m: 5:18.75 36.58	650m: 7:43.96 36.49		
	100m: 1:06.91 34.56	300m: 3:29.60 36.05	500m: 5:54.93 36.18	700m: 8:20.23 36.27		
	150m: 1:42.45 35.54	350m: 4:05.86 36.26	550m: 6:31.25 36.32	750m: 8:56.09 35.86		
	200m: 2:17.63 35.18	400m: 4:42.17 36.31	600m: 7:07.47 36.22	800m: 9:29.87 33.78		
11.	Julia Matos Lopes	94	Viver Santarem	9:30.96	+0,79	648
	50m: 32.84 32.84	250m: 2:53.93 35.47	450m: 5:17.66 36.23	650m: 7:42.38 36.39		
	100m: 1:07.52 34.68	300m: 3:29.56 35.63	500m: 5:53.51 35.85	700m: 8:18.58 36.20		
	150m: 1:43.00 35.48	350m: 4:05.66 36.10	550m: 6:29.84 36.33	750m: 8:54.99 36.41		
	200m: 2:18.46 35.46	400m: 4:41.43 35.77	600m: 7:05.99 36.15	800m: 9:30.96 35.97		
12.	Leonor Mourinho Neves	95	Sporting	9:32.07	+0,87	644
	50m: 32.59 32.59	250m: 2:53.62 35.62	450m: 5:17.55 36.24	650m: 7:43.45 36.59		
	100m: 1:07.51 34.92	300m: 3:29.30 35.68	500m: 5:53.95 36.40	700m: 8:19.91 36.46		
	150m: 1:42.69 35.18	350m: 4:05.25 35.95	550m: 6:30.24 36.29	750m: 8:56.24 36.33		
	200m: 2:18.00 35.31	400m: 4:41.31 36.06	600m: 7:06.86 36.62	800m: 9:32.07 35.83		
13.	Bruna Leal Dantas	96	Sporting	9:37.69	+0,80	625
	<i>FTL</i>					
	50m: 32.47 32.47	250m: 2:54.28 35.59	450m: 5:19.25 36.41	650m: 7:47.70 36.60		
	100m: 1:07.36 34.89	300m: 3:30.18 35.90	500m: 5:56.54 37.29	700m: 8:25.23 37.53		
	150m: 1:43.28 35.92	350m: 4:06.15 35.97	550m: 6:33.44 36.90	750m: 9:01.74 36.51		
	200m: 2:18.69 35.41	400m: 4:42.84 36.69	600m: 7:11.10 37.66	800m: 9:37.69 35.95		
14.	Catia Andreia Clara	95	Nautico da Marinha Grande	10:10.98	+0,99	528
	<i>FTL</i>					
	50m: 34.47 34.47	250m: 3:06.89 38.53	450m: 5:40.74 38.67	650m: 8:15.60 38.69		
	100m: 1:11.44 36.97	300m: 3:45.20 38.31	500m: 6:19.21 38.47	700m: 8:54.22 38.62		
	150m: 1:50.08 38.64	350m: 4:23.82 38.62	550m: 6:58.21 39.00	750m: 9:33.04 38.82		
	200m: 2:28.36 38.28	400m: 5:02.07 38.25	600m: 7:36.91 38.70	800m: 10:10.98 37.94		