

Prova 1
22-03-2013 - 16:00

Femin., 400m Estilos

Juvenis
Resultados

Rec Nac Absoluto	4:50.28	Nadia Morais Vieira	FPN	Eindhoven (NED)	09-04-2011
Rec Nac Juv	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004

TAC Fem Juv : 5:45.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Beatriz Martins	99	Famalicao	5:07.25	+0,85	666	
	50m: 33.15 33.15	150m: 1:52.71 42.26	250m: 3:16.13 42.92	350m: 4:33.75 35.66			
	100m: 1:10.45 37.30	200m: 2:33.21 40.50	300m: 3:58.09 41.96	400m: 5:07.25 33.50			
2.	Rita Costa Amador	99	Galitos	5:10.16		648	
	50m: 33.29 33.29	150m: 1:51.39 41.19	250m: 3:15.76 44.12	350m: 4:35.32 35.31			
	100m: 1:10.20 36.91	200m: 2:31.64 40.25	300m: 4:00.01 44.25	400m: 5:10.16 34.84			
3.	Madalena Gomes Azevedo	99	Alges	5:19.00	+0,81	595	
	50m: 34.22 34.22	150m: 1:55.10 41.41	250m: 3:20.71 44.94	350m: 4:42.53 36.79			
	100m: 1:13.69 39.47	200m: 2:35.77 40.67	300m: 4:05.74 45.03	400m: 5:19.00 36.47			
4.	Mariana Alexandre Oliveira	99	Porto	5:26.51	+0,84	555	
	50m: 34.32 34.32	150m: 1:58.40 44.03	250m: 3:27.43 47.46	350m: 4:51.87 36.11			
	100m: 1:14.37 40.05	200m: 2:39.97 41.57	300m: 4:15.76 48.33	400m: 5:26.51 34.64			
5.	Barbara Coimbra Teodosio	99	Nautico da Marinha Grande	5:26.63		555	
	50m: 33.88 33.88	150m: 1:56.46 43.84	250m: 3:27.40 47.20	350m: 4:51.98 36.51			
	100m: 1:12.62 38.74	200m: 2:40.20 43.74	300m: 4:15.47 48.07	400m: 5:26.63 34.65			
6.	Ana Margarida Salgueiro	99	Nautico Abrantes	5:29.34	+1,08	541	
	50m: 36.07 36.07	150m: 2:00.06 41.85	250m: 3:28.44 46.33	350m: 4:52.27 38.55			
	100m: 1:18.21 42.14	200m: 2:42.11 42.05	300m: 4:13.72 45.28	400m: 5:29.34 37.07			
7.	Joana Cristina Fernandes	99	Amadora	5:33.25	+0,85	522	
	50m: 34.22 34.22	150m: 1:57.81 43.33	250m: 3:28.42 48.43	350m: 4:55.41 37.28			
	100m: 1:14.48 40.26	200m: 2:39.99 42.18	300m: 4:18.13 49.71	400m: 5:33.25 37.84			
8.	Ana Miguel Pinto	99	Viana Natacao	5:35.14		513	
	50m: 33.11 33.11	150m: 1:55.38 44.06	250m: 3:29.44 50.51	350m: 4:58.22 38.97			
	100m: 1:11.32 38.21	200m: 2:38.93 43.55	300m: 4:19.25 49.81	400m: 5:35.14 36.92			
9.	Marta Ferreira Rocha	99	Leixoes	5:37.43	+0,83	503	
	50m: 33.29 33.29	150m: 1:56.94 43.59	250m: 3:28.84 48.55	350m: 4:58.55 38.76			
	100m: 1:13.35 40.06	200m: 2:40.29 43.35	300m: 4:19.79 50.95	400m: 5:37.43 38.88			
10.	Beatriz Lopes Pinto	99	Academica de Coimbra	5:39.24		495	
	50m: 34.08 34.08	150m: 1:58.46 44.02	250m: 3:31.61 49.41	350m: 5:01.32 38.70			
	100m: 1:14.44 40.36	200m: 2:42.20 43.74	300m: 4:22.62 51.01	400m: 5:39.24 37.92			
11.	Sara Costa Guerra	99	Sporting	5:44.97		471	
	50m: 34.45 34.45	150m: 2:00.44 46.24	250m: 3:33.87 48.31	350m: 5:05.08 40.91			
	100m: 1:14.20 39.75	200m: 2:45.56 45.12	300m: 4:24.17 50.30	400m: 5:44.97 39.89			
12.	Ines Maria Pereira	99	Leixoes	5:47.60		460	
	<i>FTL</i>						
	50m: 34.75 34.75	150m: 2:01.94 46.85	250m: 3:37.31 51.38	350m: 5:08.60 39.32			
	100m: 1:15.09 40.34	200m: 2:45.93 43.99	300m: 4:29.28 51.97	400m: 5:47.60 39.00			

DSQ Ana Sofia Ferreira 99 Pimpoes/Cimai
722 - Tocou com uma mão na parede na viragem aos 250 m - SW 7.6

Prova 2
22-03-2013 - 16:15

Masc., 400m Estilos

Juvenis B
Resultados

Rec Nac Absoluto	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Juv B	4:40.16	Diogo Filipe Carvalho	CGA	Lisboa	17-05-2003

TAC Masc Juv B : 5:21.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Alexandre Vital	98	Colegio Monte Maior	4:41.57	+0,92	649	
	50m: 30.60 30.60	150m: 1:39.00 34.05	250m: 2:54.37 41.48	350m: 4:08.55 33.07			
	100m: 1:04.95 34.35	200m: 2:12.89 33.89	300m: 3:35.48 41.11	400m: 4:41.57 33.02			
2.	Hugo Pon	98	Alges	4:50.32	+0,75	592	
	50m: 30.88 30.88	150m: 1:43.79 37.68	250m: 3:00.82 40.31	350m: 4:16.85 34.85			
	100m: 1:06.11 35.23	200m: 2:20.51 36.72	300m: 3:42.00 41.18	400m: 4:50.32 33.47			
3.	Andre Magalhaes Moura	98	Academico Viseu	4:55.66		560	
	50m: 31.09 31.09	150m: 1:47.67 40.32	250m: 3:06.81 39.60	350m: 4:22.18 34.26			
	100m: 1:07.35 36.26	200m: 2:27.21 39.54	300m: 3:47.92 41.11	400m: 4:55.66 33.48			
4.	Diogo Miguel Costa	98	Porto	4:56.77	+0,80	554	
	50m: 30.37 30.37	150m: 1:46.95 39.75	250m: 3:06.53 41.05	350m: 4:23.74 34.91			
	100m: 1:07.20 36.83	200m: 2:25.48 38.53	300m: 3:48.83 42.30	400m: 4:56.77 33.03			
5.	Vasco Gradim Amorim	98	Porto	4:56.78	+0,82	554	
	50m: 30.43 30.43	150m: 1:43.48 38.31	250m: 3:05.25 43.33	350m: 4:22.96 34.06			
	100m: 1:05.17 34.74	200m: 2:21.92 38.44	300m: 3:48.90 43.65	400m: 4:56.78 33.82			
6.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	4:58.84	+0,79	543	
	50m: 31.50 31.50	150m: 1:51.32 41.18	250m: 3:14.03 42.34	350m: 4:27.66 32.85			
	100m: 1:10.14 38.64	200m: 2:31.69 40.37	300m: 3:54.81 40.78	400m: 4:58.84 31.18			
7.	Luis Filipe Ribeiro	98	Braga	5:01.48	+0,90	529	
	50m: 30.18 30.18	150m: 1:45.60 40.13	250m: 3:09.00 44.33	350m: 4:28.31 35.07			
	100m: 1:05.47 35.29	200m: 2:24.67 39.07	300m: 3:53.24 44.24	400m: 5:01.48 33.17			
8.	Viktor Kot	98	Nautico da Marinha Grande	5:02.20	+0,62	525	
	50m: 30.57 30.57	150m: 1:44.88 38.35	250m: 3:06.60 44.31	350m: 4:27.40 35.69			
	100m: 1:06.53 35.96	200m: 2:22.29 37.41	300m: 3:51.71 45.11	400m: 5:02.20 34.80			
9.	Pedro Ferraz Silva	98	Gespacos	5:02.67	+0,85	522	
	50m: 30.34 30.34	150m: 1:45.13 39.61	250m: 3:08.58 44.33	350m: 4:28.11 34.05			
	100m: 1:05.52 35.18	200m: 2:24.25 39.12	300m: 3:54.06 45.48	400m: 5:02.67 34.56			
10.	Afonso Ribeiro Bate	98	Alges	5:02.68	+0,70	522	
	50m: 30.41 30.41	150m: 1:47.61 41.62	250m: 3:08.22 39.74	350m: 4:27.22 37.17			
	100m: 1:05.99 35.58	200m: 2:28.48 40.87	300m: 3:50.05 41.83	400m: 5:02.68 35.46			
11.	Leonardo Bom Pinto	98	Leixoes	5:04.12		515	
	50m: 32.21 32.21	150m: 1:50.78 41.22	250m: 3:14.04 43.19	350m: 4:31.70 34.72			
	100m: 1:09.56 37.35	200m: 2:30.85 40.07	300m: 3:56.98 42.94	400m: 5:04.12 32.42			
12.	Diogo Vicente Silva	98	Nautico da Marinha Grande	5:05.42	+0,90	508	
	50m: 31.54 31.54	150m: 1:47.26 38.63	250m: 3:08.19 42.80	350m: 4:29.16 37.16			
	100m: 1:08.63 37.09	200m: 2:25.39 38.13	300m: 3:52.00 43.81	400m: 5:05.42 36.26			
13.	Jose Pedro Sampaio	98	Foca	5:09.43	+0,90	489	
	50m: 32.17 32.17	150m: 1:49.05 39.97	250m: 3:13.79 44.76	350m: 4:35.33 35.86			
	100m: 1:09.08 36.91	200m: 2:29.03 39.98	300m: 3:59.47 45.68	400m: 5:09.43 34.10			
14.	Jose Paula Carvalho	98	Uniao Piedense	5:09.72	+0,83	487	
	50m: 31.36 31.36	150m: 1:47.84 40.88	250m: 3:12.97 45.34	350m: 4:35.52 37.13			
	100m: 1:06.96 35.60	200m: 2:27.63 39.79	300m: 3:58.39 45.42	400m: 5:09.72 34.20			

Prova 2, Masc., 400m Estilos, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Afonso Calais Queiroga	98	Uniao Piedense	5:10.32	+0,70	485	
	50m: 32.25 32.25	150m: 1:53.72 42.86	250m: 3:18.58 44.16	350m: 4:37.74 33.50	400m: 5:10.32 32.58		
	100m: 1:10.86 38.61	200m: 2:34.42 40.70	300m: 4:04.24 45.66				
16.	Pedro Nuno Vieira	98	Natacao de Valongo	5:10.52	+0,94	484	
	50m: 30.86 30.86	150m: 1:47.46 40.40	250m: 3:11.60 44.37	350m: 4:34.59 37.46	400m: 5:10.52 35.93		
	100m: 1:07.06 36.20	200m: 2:27.23 39.77	300m: 3:57.13 45.53				
17.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	5:10.93	+0,77	482	
	50m: 31.06 31.06	150m: 1:49.73 41.12	250m: 3:14.77 44.48	350m: 4:36.88 35.57	400m: 5:10.93 34.05		
	100m: 1:08.61 37.55	200m: 2:30.29 40.56	300m: 4:01.31 46.54				
18.	Joao Santos Mendes	98	Leixoes	5:11.97	+0,71	477	
	50m: 31.43 31.43	150m: 1:50.06 41.35	250m: 3:16.11 46.03	350m: 4:38.14 35.18	400m: 5:11.97 33.83		
	100m: 1:08.71 37.28	200m: 2:30.08 40.02	300m: 4:02.96 46.85				
19.	Paulo Filipe Silva	98	Natacao da Maia	5:13.38	+0,81	471	
	50m: 33.01 33.01	150m: 1:50.73 40.53	250m: 3:15.80 44.80	350m: 4:37.61 34.92	400m: 5:13.38 35.77		
	100m: 1:10.20 37.19	200m: 2:31.00 40.27	300m: 4:02.69 46.89				
20.	Goncalo Filipe Patatas	98	Sporting	5:13.87	+0,88	468	
	50m: 30.37 30.37	150m: 1:47.34 41.68	250m: 3:16.46 47.83	350m: 4:39.30 36.46	400m: 5:13.87 34.57		
	100m: 1:05.66 35.29	200m: 2:28.63 41.29	300m: 4:02.84 46.38				
21.	Pedro Trindade Silva	98	Amadora	5:13.91	+0,87	468	
	50m: 32.15 32.15	150m: 1:50.65 41.71	250m: 3:16.93 46.28	350m: 4:39.44 36.23	400m: 5:13.91 34.47		
	100m: 1:08.94 36.79	200m: 2:30.65 40.00	300m: 4:03.21 46.28				
22.	Cesar Barroqueiro Magalhaes	98	Colegio Monte Maior	5:15.98	+0,96	459	
	50m: 32.42 32.42	150m: 1:52.25 42.28	250m: 3:18.41 44.67	350m: 4:40.52 35.65	400m: 5:15.98 35.46		
	100m: 1:09.97 37.55	200m: 2:33.74 41.49	300m: 4:04.87 46.46				
23.	Rodrigo Manuel Monteiro	98	Sporting de Espinho	5:16.12		458	
	50m: 31.93 31.93	150m: 1:51.11 41.40	250m: 3:17.89 46.26	350m: 4:40.82 37.35	400m: 5:16.12 35.30		
	100m: 1:09.71 37.78	200m: 2:31.63 40.52	300m: 4:03.47 45.58				
24.	Joao Manuel Leitaõ	98	Nautico de Coimbra	5:16.81	+0,78	455	
	50m: 31.07 31.07	150m: 1:52.70 43.43	250m: 3:17.07 42.88	350m: 4:41.10 37.63	400m: 5:16.81 35.71		
	100m: 1:09.27 38.20	200m: 2:34.19 41.49	300m: 4:03.47 46.40				
25.	Jose Pedro Pinto	98	Braga	5:23.35	+0,84	428	
	FTL						
	50m: 32.78 32.78	150m: 1:52.56 41.38	250m: 3:21.85 47.25	350m: 4:46.66 36.80	400m: 5:23.35 36.69		
	100m: 1:11.18 38.40	200m: 2:34.60 42.04	300m: 4:09.86 48.01				
26.	Miguel Angelo Martins	98	Aminata	5:24.61	+0,73	423	
	FTL						
	50m: 32.45 32.45	150m: 1:55.18 42.43	250m: 3:21.43 44.65	350m: 4:46.99 37.90	400m: 5:24.61 37.62		
	100m: 1:12.75 40.30	200m: 2:36.78 41.60	300m: 4:09.09 47.66				
27.	Marius Captari	98	Amadora	5:26.79		415	
	FTL						
	50m: 33.20 33.20	150m: 1:52.57 40.22	250m: 3:19.86 47.12	350m: 4:47.59 39.66	400m: 5:26.79 39.20		
	100m: 1:12.35 39.15	200m: 2:32.74 40.17	300m: 4:07.93 48.07				

DSQ Luis Carlos Almeida 98 Gespacos
611 - Perdeu posição dorsal antes da viragem aos 150 m - SW 6.2

Prova 2, Masc., 400m Estilos

Prova 2
22-03-2013 - 16:15

Masc., 400m Estilos

Juvenis A
Resultados

Rec Nac Absoluto	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004

TAC Masc Juv A : 5:12.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Gil	97	Naval Amorense	4:45.32	+0,72	624	
	50m: 29.68 29.68	150m: 1:42.27 37.67	250m: 3:00.10 40.78	350m: 4:13.98 32.76			
	100m: 1:04.60 34.92	200m: 2:19.32 37.05	300m: 3:41.22 41.12	400m: 4:45.32 31.34			
2.	Joao Miguel Ferreira	97	Foca	4:46.26	+0,76	618	
	50m: 29.65 29.65	150m: 1:42.87 38.78	250m: 3:02.00 40.56	350m: 4:15.76 33.32			
	100m: 1:04.09 34.44	200m: 2:21.44 38.57	300m: 3:42.44 40.44	400m: 4:46.26 30.50			
3.	Eduardo Filipe Carneiro	97	Columbofilla Cantanhedense	4:47.13		612	
	50m: 30.13 30.13	150m: 1:43.57 38.14	250m: 3:01.95 41.34	350m: 4:15.82 32.81			
	100m: 1:05.43 35.30	200m: 2:20.61 37.04	300m: 3:43.01 41.06	400m: 4:47.13 31.31			
4.	Eduardo Salgado Ramos	97	Porto	4:51.46	+0,83	585	
	50m: 30.83 30.83	150m: 1:43.90 38.52	250m: 3:02.94 41.58	350m: 4:18.07 34.07			
	100m: 1:05.38 34.55	200m: 2:21.36 37.46	300m: 3:44.00 41.06	400m: 4:51.46 33.39			
5.	Bruno Miguel Ramos	97	Amadora	4:53.74	+0,66	572	
	50m: 30.68 30.68	150m: 1:44.20 36.77	250m: 3:04.25 43.07	350m: 4:21.08 33.65			
	100m: 1:07.43 36.75	200m: 2:21.18 36.98	300m: 3:47.43 43.18	400m: 4:53.74 32.66			
6.	Miguel Monteiro Cruchinho	97	Sporting	4:53.81		571	
	50m: 29.71 29.71	150m: 1:44.98 39.38	250m: 3:04.40 39.03	350m: 4:20.09 35.13			
	100m: 1:05.60 35.89	200m: 2:25.37 40.39	300m: 3:44.96 40.56	400m: 4:53.81 33.72			
7.	Andre Resende Pinheiro	97	Porto	4:54.78	+0,75	566	
	50m: 30.16 30.16	150m: 1:44.44 38.93	250m: 3:03.83 41.92	350m: 4:21.95 35.10			
	100m: 1:05.51 35.35	200m: 2:21.91 37.47	300m: 3:46.85 43.02	400m: 4:54.78 32.83			
8.	Vitor Joao Pereira	97	Leixoes	4:57.82	+0,84	548	
	50m: 30.19 30.19	150m: 1:46.34 39.89	250m: 3:08.08 43.45	350m: 4:24.42 33.30			
	100m: 1:06.45 36.26	200m: 2:24.63 38.29	300m: 3:51.12 43.04	400m: 4:57.82 33.40			
9.	Tiago Martim Alves	97	Desportiva de Viana	4:57.88	+0,83	548	
	50m: 30.70 30.70	150m: 1:46.34 39.54	250m: 3:06.44 40.85	350m: 4:23.28 35.48			
	100m: 1:06.80 36.10	200m: 2:25.59 39.25	300m: 3:47.80 41.36	400m: 4:57.88 34.60			
10.	David Emanuel Martins	97	Braga	4:59.08	+1,02	541	
	50m: 31.26 31.26	150m: 1:46.27 39.11	250m: 3:09.83 46.41	350m: 4:27.73 33.04			
	100m: 1:07.16 35.90	200m: 2:23.42 37.15	300m: 3:54.69 44.86	400m: 4:59.08 31.35			
11.	Diogo Miguel Nelas	97	Braga	5:01.23	+0,82	530	
	50m: 30.34 30.34	150m: 1:44.94 39.47	250m: 3:07.25 42.95	350m: 4:27.97 35.45			
	100m: 1:05.47 35.13	200m: 2:24.30 39.36	300m: 3:52.52 45.27	400m: 5:01.23 33.26			
12.	Luis Carlos Oliveira	97	Porto	5:01.82	+0,84	527	
	50m: 30.54 30.54	150m: 1:45.00 38.57	250m: 3:07.62 43.79	350m: 4:27.11 34.77			
	100m: 1:06.43 35.89	200m: 2:23.83 38.83	300m: 3:52.34 44.72	400m: 5:01.82 34.71			
13.	Joao Luis Travanca	97	Porto	5:02.18	+0,93	525	
	50m: 31.78 31.78	150m: 1:47.88 40.58	250m: 3:10.87 43.55	350m: 4:29.52 34.90			
	100m: 1:07.30 35.52	200m: 2:27.32 39.44	300m: 3:54.62 43.75	400m: 5:02.18 32.66			

Prova 2, Masc., 400m Estilos, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final		TReac	Pts FINA	Pts
14.	Joao Vieira Camara	97	Maritimo	5:02.50		+0,69	523	
	50m: 30.44 30.44	150m: 1:47.13 41.00	250m: 3:09.62 42.81	350m: 4:29.27 35.30	400m: 5:02.50 33.23			
	100m: 1:06.13 35.69	200m: 2:26.81 39.68	300m: 3:53.97 44.35					
15.	Joao Miguel Cardoso	97	Geslours	5:04.15		+0,85	515	
	50m: 31.32 31.32	150m: 1:47.47 39.27	250m: 3:10.36 43.83	350m: 4:30.29 35.40	400m: 5:04.15 33.86			
	100m: 1:08.20 36.88	200m: 2:26.53 39.06	300m: 3:54.89 44.53					
16.	Tiago Bernardo Marques	97	Uniao Piedense	5:05.31			509	
	50m: 31.63 31.63	150m: 1:50.74 40.68	250m: 3:11.45 42.23	350m: 4:30.32 35.91	400m: 5:05.31 34.99			
	100m: 1:10.06 38.43	200m: 2:29.22 38.48	300m: 3:54.41 42.96					
17.	Joao Andre Gomes	97	Alcobaca	5:05.97		+0,86	506	
	50m: 30.48 30.48	150m: 1:47.52 41.03	250m: 3:10.37 43.96	350m: 4:30.84 36.21	400m: 5:05.97 35.13			
	100m: 1:06.49 36.01	200m: 2:26.41 38.89	300m: 3:54.63 44.26					
18.	Artur Miguel Marques	97	Leixoes	5:06.26		+0,89	504	
	50m: 31.43 31.43	150m: 1:49.38 41.11	250m: 3:15.45 44.26	350m: 4:34.52 34.76	400m: 5:06.26 31.74			
	100m: 1:08.27 36.84	200m: 2:31.19 41.81	300m: 3:59.76 44.31					
19.	Ruben Jose Morim	97	Vilacondense	5:06.53		+0,78	503	
	50m: 30.80 30.80	150m: 1:45.87 39.45	250m: 3:11.95 46.92	350m: 4:32.87 34.72	400m: 5:06.53 33.66			
	100m: 1:06.42 35.62	200m: 2:25.03 39.16	300m: 3:58.15 46.20					
20.	Alexandre Miguel Laureano	97	Alcobaca	5:07.00		+0,92	501	
	50m: 32.57 32.57	150m: 1:50.28 38.77	250m: 3:14.43 45.75	350m: 4:33.91 33.34	400m: 5:07.00 33.09			
	100m: 1:11.51 38.94	200m: 2:28.68 38.40	300m: 4:00.57 46.14					
21.	Afonso Miguel Lamy	97	Amadora	5:08.19		+0,76	495	
	50m: 32.20 32.20	150m: 1:51.93 41.83	250m: 3:17.57 45.35	350m: 4:36.65 34.52	400m: 5:08.19 31.54			
	100m: 1:10.10 37.90	200m: 2:32.22 40.29	300m: 4:02.13 44.56					
22.	Joao Pedro Tarquinio	97	Benedita	5:09.15		+0,84	490	
	50m: 31.20 31.20	150m: 1:44.96 38.04	250m: 3:10.91 48.31	350m: 4:34.60 36.03	400m: 5:09.15 34.55			
	100m: 1:06.92 35.72	200m: 2:22.60 37.64	300m: 3:58.57 47.66					
23.	Pedro Miguel Rodrigues	97	Alcobaca	5:09.62		+0,70	488	
	50m: 31.05 31.05	150m: 1:49.10 42.46	250m: 3:14.68 44.94	350m: 4:35.38 35.29	400m: 5:09.62 34.24			
	100m: 1:06.64 35.59	200m: 2:29.74 40.64	300m: 4:00.09 45.41					
24.	Joao Bernardo Jorge	97	Alcobaca	5:10.43		+0,80	484	
	50m: 31.96 31.96	150m: 1:52.32 42.46	250m: 3:16.06 41.54	350m: 4:34.95 36.67	400m: 5:10.43 35.48			
	100m: 1:09.86 37.90	200m: 2:34.52 42.20	300m: 3:58.28 42.22					
25.	Marco Andre Fernandes	97	Gespacos	5:10.44			484	
	50m: 31.48 31.48	150m: 1:50.58 42.21	250m: 3:16.15 45.71	350m: 4:36.95 35.27	400m: 5:10.44 33.49			
	100m: 1:08.37 36.89	200m: 2:30.44 39.86	300m: 4:01.68 45.53					
26.	Daniel Francisco Mendonca	97	Braga	5:10.95		+0,98	482	
	50m: 32.16 32.16	150m: 1:52.63 42.39	250m: 3:16.75 43.28	350m: 4:36.44 35.68	400m: 5:10.95 34.51			
	100m: 1:10.24 38.08	200m: 2:33.47 40.84	300m: 4:00.76 44.01					
27.	David Carrasco Correia	97	Amadora	5:13.11		+0,79	472	
	<i>FTL</i>							
	50m: 30.69 30.69	150m: 1:49.23 41.31	250m: 3:16.07 46.25	350m: 4:38.31 35.93	400m: 5:13.11 34.80			
	100m: 1:07.92 37.23	200m: 2:29.82 40.59	300m: 4:02.38 46.31					
28.	Tiago Rafael Martins	97	Geslours	5:16.77		+0,88	456	
	<i>FTL</i>							
	50m: 31.89 31.89	150m: 1:51.42 41.21	250m: 3:16.15 44.37	350m: 4:40.39 37.90	400m: 5:16.77 36.38			
	100m: 1:10.21 38.32	200m: 2:31.78 40.36	300m: 4:02.49 46.34					

Prova 2, Masc., 400m Estilos, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ	Miguel Angelo Silvestre	97	Alcobaca				
	<i>Batimento alternado de mãos no final do percurso bruços</i>						
DSQ	Jose Ricardo Sousa	97	Lousada SXXI				
	<i>efectuou mais de uma pernada durante percurso subaquático aos 200 m</i>						

Prova 3

Femin., 100m Costas

Juvenis

22-03-2013 - 17:05

Resultados

Rec Nac Absoluto	1:03.45	Marta Vieira Marinho	FCP	Coimbra	10-04-2010
Rec Nac Juv	1:04.90	Joana Carina Silva	LSXXI	Oeiras	25-03-2011

TAC Fem Juv : 1:15.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Sara Patricia Sousa	99	Clube de Vouzela	1:08.39	+0,67	613
	50m: 33.22 33.22	100m: 1:08.39 35.17				
2.	Ana Estevinha Silva	99	Ginasio Figueirense	1:11.35	+0,63	540
	50m: 34.15 34.15	100m: 1:11.35 37.20				
3.	Maria Ana Monge	99	Sporting	1:11.41	+0,77	539
	50m: 34.34 34.34	100m: 1:11.41 37.07				
4.	Catarina Rego Borges	99	Bombeiros Ponta Delgada	1:11.42	+0,71	538
	50m: 34.42 34.42	100m: 1:11.42 37.00				
5.	Ines Margarida Costa	99	Sporting	1:11.91	+0,75	527
	50m: 35.52 35.52	100m: 1:11.91 36.39				
6.	Filipa Carreira Alves	99	Uniao Piedense	1:12.15	+0,68	522
	50m: 34.74 34.74	100m: 1:12.15 37.41				
7.	Matilde Pereira Martins	99	Colegio Bernardette Romeira	1:12.38	+0,67	517
	50m: 34.72 34.72	100m: 1:12.38 37.66				
8.	Maria Dias Neves	99	Miranda do Corvo	1:12.49	+0,69	515
	50m: 35.31 35.31	100m: 1:12.49 37.18				
9.	Sarah Dias	99	CLAC-Entroncamento	1:13.31	+0,75	498
	50m: 35.20 35.20	100m: 1:13.31 38.11				
10.	Margarida Sobral Pimenta	99	Amadora	1:13.86	+0,72	487
	50m: 35.22 35.22	100m: 1:13.86 38.64				
11.	Marta Silva Felix	99	Sporting de Aveiro	1:14.12	+0,72	482
	50m: 36.24 36.24	100m: 1:14.12 37.88				
12.	Sofia Dias Alves	99	Natacao do Montijo	1:14.93	+0,55	466
	50m: 35.61 35.61	100m: 1:14.93 39.32				
13.	Mariana Morais Alves	99	Amadora	1:15.23	+0,74	461
	50m: 36.89 36.89	100m: 1:15.23 38.34				
14.	Ana Carvalho Silva	99	Desportos Barcelos	1:15.47	+0,57	456
	50m: 35.59 35.59	100m: 1:15.47 39.88				
15.	Ana Teresa Nascimento	99	Leixoes	1:15.92	+0,71	448
	FTL					
	50m: 36.56 36.56	100m: 1:15.92 39.36				

Prova 3, Femin., 100m Costas, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
DSQ	Rosana Marinho Macedo	99	Foca			
606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3						

Prova 4

Masc., 100m Costas

Juvenis B

22-03-2013 - 17:10

Resultados

Rec Nac Absoluto	55.83	Pedro Diogo Oliveira	FPN	Debrecen (HUN)	21-05-2012
Rec Nac Juv B	59.97	Diogo Gomes Sousa	CNCVG	Coimbra	31-07-2010

TAC Masc Juv B : 1:09.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Jose Laranjeira	98	Campinho	1:03.17	+0,69	555
	50m: 30.60 30.60	100m: 1:03.17	32.57			
2.	Joao Francisco Lopes	98	Braga	1:03.38	+0,61	550
	50m: 30.38 30.38	100m: 1:03.38	33.00			
3.	Steve Alexandre Soares	98	Amadora	1:03.77	+0,59	540
	50m: 30.84 30.84	100m: 1:03.77	32.93			
4.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	1:04.70	+0,68	517
	50m: 31.65 31.65	100m: 1:04.70	33.05			
5.	Carlos Afonso Almeida	98	Colegio Vasco da Gama	1:05.00	+1,14	510
	50m: 32.30 32.30	100m: 1:05.00	32.70			
6.	Miguel Reis Santos	98	Alges	1:05.05	+0,70	509
	50m: 31.67 31.67	100m: 1:05.05	33.38			
7.	Rui Filipe Costa	98	Desportos Barcelos	1:05.30	+0,68	503
	50m: 31.20 31.20	100m: 1:05.30	34.10			
8.	Luis Filipe Soares	98	Colegio SMLamas	1:05.34	+0,75	502
	50m: 31.51 31.51	100m: 1:05.34	33.83			
9.	Ricardo Goncalves Moura	98	Electrico	1:05.36	+0,63	501
	50m: 32.14 32.14	100m: 1:05.36	33.22			
10.	Nuno Miguel Graca	98	Desportiva de Viana	1:05.64	+0,72	495
	50m: 32.23 32.23	100m: 1:05.64	33.41			
11.	Andre Filipe Afonseca	98	Desportos Barcelos	1:06.26	+0,78	481
	50m: 32.22 32.22	100m: 1:06.26	34.04			
12.	Ricardo Daniel Pires	98	Desportiva de Viana	1:06.29	+0,59	481
	50m: 32.92 32.92	100m: 1:06.29	33.37			
13.	Lucas Correia Veloso	98	Desportos Barcelos	1:06.35	+0,66	479
	50m: 32.59 32.59	100m: 1:06.35	33.76			
14.	Diogo Rodrigues Freitas	98	Uniao Piedense	1:06.58	+0,64	474
	50m: 32.37 32.37	100m: 1:06.58	34.21			
15.	Francisco Rogerio Santos	98	Benedita	1:06.78	+0,77	470
	50m: 32.37 32.37	100m: 1:06.78	34.41			
16.	Joao Diogo Fernandes	98	Benfica	1:07.30	+0,59	459
	50m: 32.22 32.22	100m: 1:07.30	35.08			

Prova 4, Masc., 100m Costas, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
17.	Filipe Miguel Silveira	98	Amadora	1:07.46	+0,60	456
	50m: 32.80 32.80	100m: 1:07.46	34.66			
18.	Joao Alberto Gondar	98	Vilacondense	1:07.61	+0,68	453
	50m: 32.48 32.48	100m: 1:07.61	35.13			
19.	Xavier Ribeiro Ferreira	98	Famalicao	1:07.76	+0,62	450
	50m: 32.60 32.60	100m: 1:07.76	35.16			
20.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	1:07.90	+0,54	447
	50m: 31.82 31.82	100m: 1:07.90	36.08			
21.	Humberto Fernandes Felgueiras	98	Natacao de Valongo	1:08.15	+0,71	442
	50m: 32.48 32.48	100m: 1:08.15	35.67			
22.	Francisco Carvalho Machado	98	Alges	1:08.20	+0,60	441
	50m: 32.93 32.93	100m: 1:08.20	35.27			
23.	Pedro Goncalves Neto	98	Porto	1:08.31	+0,71	439
	50m: 32.37 32.37	100m: 1:08.31	35.94			
24.	Eduardo Abel Duarte	98	Lousada SXXI	1:08.70	+0,66	432
	50m: 32.90 32.90	100m: 1:08.70	35.80			

Prova 4 Masc., 100m Costas Juvenis A
22-03-2013 - 17:10 Resultados

Rec Nac Absoluto	55.83	Pedro Diogo Oliveira	FPN	Debrecen (HUN)	21-05-2012
Rec Nac Juv A	58.61	Diogo Gomes Sousa	CNCVG	Coimbra	29-05-2011

TAC Masc Juv A : 1:07.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Alexandre Lages Ribas	97	Desportiva de Viana	59.97	+0,66	649
	50m: 28.91 28.91	100m: 59.97	31.06			
2.	Joao Pedro Belo	97	Sporting	1:00.57	+0,57	630
	50m: 29.40 29.40	100m: 1:00.57	31.17			
3.	Gabriel Jose Lopes	97	Lousanense	1:01.05	+0,55	615
	50m: 29.11 29.11	100m: 1:01.05	31.94			
4.	Luis Henrique Silva	97	Naval do Funchal	1:02.35	+0,65	578
	50m: 30.21 30.21	100m: 1:02.35	32.14			
5.	Joao Mota Correia	97	Pimpoes/Cimai	1:02.51	+0,73	573
	50m: 30.52 30.52	100m: 1:02.51	31.99			
6.	Andre Goncalo Santos	97	Leixoes	1:02.87	+0,67	563
	50m: 30.41 30.41	100m: 1:02.87	32.46			
	Ruben Oliveira Lopes	97	Porto	1:02.87	+0,55	563
	50m: 29.87 29.87	100m: 1:02.87	33.00			
8.	Francisco Pestana Silva	97	Naval do Funchal	1:03.00	+0,60	560
	50m: 30.76 30.76	100m: 1:03.00	32.24			
9.	Guilherme Pereira Dias	97	Sporting	1:03.80	+0,62	539
	50m: 31.30 31.30	100m: 1:03.80	32.50			

Prova 4, Masc., 100m Costas, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
10.	Filipe Carmo Ramos	97	Vilacondense	1:04.04	+0,67	533
	50m: 31.29 31.29	100m: 1:04.04	32.75			
11.	Joao Pedro Tarquinio	97	Benedita	1:04.68	+0,58	517
	50m: 31.36 31.36	100m: 1:04.68	33.32			
	Carlos Flores Clara	97	Geslours	1:04.68	+0,58	517
	50m: 30.90 30.90	100m: 1:04.68	33.78			
13.	Rodrigo Carlos Albuquerque	97	Braga	1:04.79	+0,61	515
	50m: 31.25 31.25	100m: 1:04.79	33.54			
14.	Joao Ricardo Silva	97	Ginasio Figueirense	1:05.53	+0,66	497
	50m: 31.99 31.99	100m: 1:05.53	33.54			
15.	Luis Henrique Neves	97	Nautico de Coimbra	1:05.56	+0,62	497
	50m: 31.89 31.89	100m: 1:05.56	33.67			
16.	Joao Miguel Ascensao	97	Porto	1:05.58	+0,72	496
	50m: 31.50 31.50	100m: 1:05.58	34.08			
17.	Daniel Filipe Cazeiro	97	Naval Amorense	1:05.60	+0,71	496
	50m: 31.69 31.69	100m: 1:05.60	33.91			
18.	Hugo Octavio Coelho	97	Gespacos	1:05.67	+0,67	494
	50m: 31.48 31.48	100m: 1:05.67	34.19			
19.	Andre Miguel Silva	97	Freguesia de Paiao	1:06.24	+0,59	482
	50m: 31.76 31.76	100m: 1:06.24	34.48			
20.	Joao Francisco Silva	97	Nautico da Marinha Grande	1:06.36	+0,73	479
	50m: 31.79 31.79	100m: 1:06.36	34.57			
21.	Luis Filipe Fonseca	97	Estremoz / Estremozcarnes	1:06.51	+0,74	476
	50m: 32.45 32.45	100m: 1:06.51	34.06			
22.	Bruno Daniel Rodrigues	97	Braga	1:06.71	+0,60	471
	50m: 32.57 32.57	100m: 1:06.71	34.14			
DSQ	Tomas Machado Vale	97	Viana Natacao			
	606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3					
DSQ	Ivo Pinto Ribeiro	97	Foca			
	606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3					

Prova 5
22-03-2013 - 17:40

Femin., 4 x 200m Livres

Juvenis
Resultados

Rec Nac Absoluto	8:27.04	Futebol Clube do Porto/Dolce Vita	FCP	Rio Maior	01-04-2011
Rec Nac Juv	9:01.51	Sporting Clube de Portugal	SCP	Oeiras	26-07-2012

TAC Fem Juv : 10:02.50

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Porto-JUV	Porto	9:21.74	+0,83	556	
Mariana Alexandre Oliveira	99 +0,83 31.89	1:06.41	1:42.21	2:16.98	2:16.98
Ana Beatriz La Feria	99 +0,51 31.99	1:06.58	1:42.14	2:17.26	2:17.26
Ines Maria Neves	99 +0,22 31.48	1:07.14	1:45.15	2:22.87	2:22.87
Ana Cristina Sousa	99 +0,47 32.71	1:09.43	1:47.55	2:24.63	2:24.63
2. Sporting-JUV	Sporting	9:30.43	+0,98	531	
Ines Margarida Costa	99 +0,98 32.98	1:09.89	1:48.38	2:25.58	2:25.58
Filipa Sousa Pinheiro	99 +0,17 31.32	1:06.67	1:44.02	2:21.40	2:21.40
Maria Ana Monge	99 +0,24 32.13	1:09.29	1:47.59	2:24.12	2:24.12
Beatriz Paulo Ranito	99 +0,21 30.98	1:06.09	1:43.14	2:19.33	2:19.33
3. Amadora-JUV	Amadora	9:34.08		521	
Joana Cristina Fernandes	99 31.57	1:06.35	1:42.86	2:19.61	2:19.61
Ana Oliveira Silva	99 +0,16 32.27	1:08.91	1:46.96	2:25.67	2:25.67
Margarida Sobral Pimenta	99 +0,43 32.15	1:08.22	1:46.66	2:24.29	2:24.29
Ana Claudia Rosa	99 33.72	1:10.47	1:48.21	2:24.51	2:24.51
4. Ginasio Figueirense-JUV	Ginasio Figueirense	9:37.12	+0,97	513	
Ines Rocha Nunes	99 +0,97 32.83	1:09.04	1:47.18	2:24.31	2:24.31
Raquel Simoes Duque	99 +0,47 33.36	1:11.77	1:51.87	2:31.34	2:31.34
Sandra Patricia Oliveira	99 +0,47 32.25	1:08.24	1:46.05	2:23.37	2:23.37
Ana Estevinha Silva	99 +0,35 31.49	1:06.77	1:42.93	2:18.10	2:18.10
5. Leixoes-JUV	Leixoes	9:37.58	+0,83	512	
Marta Ferreira Rocha	99 +0,83 32.52	1:08.18	1:45.25	2:22.36	2:22.36
Rita Almeida Freches	99 +0,66 34.22	1:11.98	1:50.67	2:28.43	2:28.43
Ines Maria Pereira	99 +0,38 33.09	1:10.05	1:48.29	2:26.19	2:26.19
Ana Caetano Oliveira	99 +0,53 32.66	1:08.44	1:45.04	2:20.60	2:20.60
6. Academica de Coimbra-JUV	Academica de Coimbra	9:43.37	+0,78	496	
Mariana Pinto Angelo	99 +0,78 32.79	1:09.50	1:46.24	2:23.11	2:23.11
Ana Beatriz Fonseca	99 +0,42 34.44	1:12.08	1:51.16	2:26.81	2:26.81
Beatriz Castanheira Dias	99 +0,38 34.36	1:12.44	1:51.12	2:28.74	2:28.74
Beatriz Lopes Pinto	99 +0,42 32.62	1:10.18	1:47.65	2:24.71	2:24.71
7. Miranda do Corvo-JUV	Miranda do Corvo	9:52.15	+0,83	475	
Bianca Filipa Silva	99 +0,83 34.09	1:11.48	1:50.36	2:28.77	2:28.77
Carolina Cruz Costa	99 +0,43 33.82	1:11.98	1:52.33	2:30.75	2:30.75
Cristiana Daniela Silva	99 +0,26 33.92	1:11.53	1:50.68	2:29.39	2:29.39
Maria Dias Neves	99 +0,43 33.11	1:09.63	1:46.64	2:23.24	2:23.24
8. Sporting de Aveiro-JUV	Sporting de Aveiro	9:58.70	+0,92	459	
Catarina Costa Balseiro	99 +0,92 33.20	1:09.97	1:48.13	2:24.70	2:24.70
Marta Silva Felix	99 +0,68 34.04	1:12.53	1:52.26	2:29.89	2:29.89
Ana Rita Rodrigues	99 +0,60 33.40	1:11.86	1:52.14	2:31.39	2:31.39
Margarida Bento Mesquita	99 +0,30 32.82	1:10.83	1:51.92	2:32.72	2:32.72

Prova 6 Masc., 4 x 200m Livres Juvenis B
22-03-2013 - 17:50 Resultados

Rec Nac Absoluto	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012
Rec Nac Juv B	8:15.48	Viana Natacao Clube	VNC	Povoa de Varzim	04-08-2011

TAC Masc Juv B : 9:15.00

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Porto-JUV B	Porto	8:21.80	+0,82	580	
	Pedro Goncalves Neto	98 +0,82 28.50 1:00.36 1:32.50 2:03.47	2:03.47		
	Vasco Gradim Amorim	98 +0,35 28.97 1:00.75 1:34.22 2:07.94	2:07.94		
	Diogo Miguel Costa	98 +0,45 28.57 1:00.65 1:34.81 2:07.47	2:07.47		
	Goncalo Miguel Nogueira	98 +0,48 27.87 58.80 1:31.34 2:02.92	2:02.92		
2. Famalicao-JUV B	Famalicao	8:32.44	+0,68	544	
	Joao Carlos Silva	98 +0,68 28.49 59.69 1:32.13 2:04.74	2:04.74		
	Tomas Robalo Maia	98 +0,22 28.49 1:00.71 1:35.44 2:09.58	2:09.58		
	Xavier Ribeiro Ferreira	98 +0,24 29.33 1:02.15 1:36.73 2:11.51	2:11.51		
	Joao Costa Ferreira	98 +0,53 28.76 1:00.94 1:34.22 2:06.61	2:06.61		
3. Alges-JUV B	Alges	8:39.02	+0,73	524	
	Hugo Pon	98 +0,73 29.92 1:02.85 1:36.29 2:07.47	2:07.47		
	Afonso Ribeiro Bate	98 +0,17 29.94 1:04.11 1:39.45 2:13.11	2:13.11		
	Miguel Reis Santos	98 +0,26 29.98 1:03.35 1:37.11 2:09.74	2:09.74		
	Francisco Carvalho Machado	98 +0,28 28.30 1:00.40 1:34.82 2:08.70	2:08.70		
4. Colegio Monte Maior-JUV B	Colegio Monte Maior	8:39.06	+0,93	524	
	Diogo Nogueira Rebelo	98 +0,93 29.83 1:02.72 1:36.51 2:09.65	2:09.65		
	Cesar Barroqueiro Magalhaes	98 +0,30 29.35 1:02.51 1:36.78 2:11.02	2:11.02		
	Joao Alexandre Vital	98 +0,35 28.59 59.83 1:30.84 2:02.48	2:02.48		
	Diogo Rosado Leca	98 +0,50 30.17 1:04.02 1:40.29 2:15.91	2:15.91		
5. Uniao Piedense-JUV B	Uniao Piedense	8:42.47	+0,89	514	
	Hugo Filipe Torres	98 +0,89 29.93 1:03.52 1:38.47 2:13.78	2:13.78		
	Jose Paula Carvalho	98 +0,66 31.11 1:05.06 1:39.34 2:12.02	2:12.02		
	Diogo Rodrigues Freitas	98 +0,67 28.86 1:00.99 1:34.73 2:08.22	2:08.22		
	Afonso Calais Queiroga	98 +0,58 28.22 1:00.79 1:34.93 2:08.45	2:08.45		
6. Braga-JUV B	Braga	8:42.85	+0,83	512	
	Luis Filipe Ribeiro	98 +0,83 30.02 1:03.29 1:37.59 2:10.05	2:10.05		
	Jose Pedro Pinto	98 +0,51 30.37 1:04.15 1:39.34 2:13.79	2:13.79		
	Mario Jorge Veloso	98 +0,62 29.67 1:03.61 1:38.97 2:14.34	2:14.34		
	Joao Francisco Lopes	98 +0,51 28.57 1:00.77 1:33.57 2:04.67	2:04.67		
7. Amadora-JUV B	Amadora	8:49.18	+0,93	494	
	Pedro Trindade Silva	98 +0,93 30.44 1:04.02 1:38.67 2:12.48	2:12.48		
	Joao Sismeiro Pereira	98 +0,39 30.80 1:04.70 1:39.02 2:12.43	2:12.43		
	Steve Alexandre Soares	98 +0,26 29.73 1:05.31 1:40.23 2:12.60	2:12.60		
	Filipe Miguel Silveira	98 +0,54 30.11 1:04.59 1:38.85 2:11.67	2:11.67		
8. Leixoes-JUV B	Leixoes	8:50.37	+0,89	491	
	Leonardo Bom Pinto	98 +0,89 30.15 1:02.84 1:36.21 2:08.84	2:08.84		
	Joao Santos Mendes	98 +0,22 29.13 1:02.21 1:35.75 2:10.17	2:10.17		
	Ricardo Manuel Monteiro	98 +0,67 30.96 1:06.63 1:43.68 2:19.64	2:19.64		
	Leandro Miguel Baptista	98 +0,24 28.34 1:01.16 1:36.38 2:11.72	2:11.72		
9. Geslours-JUV B	Geslours	8:51.38	+0,81	488	
	Frederico Pinto Silva	98 +0,81 30.28 1:03.74 1:38.25 2:11.11	2:11.11		
	Filipe Ferreira Luz	98 +0,55 31.50 1:06.04 1:41.75 2:15.43	2:15.43		
	Goncalo Luis Batista	98 +0,67 30.83 1:05.40 1:39.62 2:13.66	2:13.66		
	Rafael Ladeiro Santos	98 +0,60 29.75 1:03.27 1:37.39 2:11.18	2:11.18		

Prova 6, Masc., 4 x 200m Livres, Juvenis B

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	BA/Mr.Pizza-JUV B	8:53.28	+0,99	483	
	Bernardo Santos Clemente	98 +0,99 30.55 1:05.18 1:40.19 2:14.53		2:14.53	
	Bruno Miguel Pereira	98 +0,39 30.46 1:04.54 1:38.23 2:11.61		2:11.61	
	Goncalo Manuel Repolho	98 +0,45 30.60 1:05.63 1:41.26 2:15.27		2:15.27	
	Diogo Filipe Rodrigues	98 +0,39 30.05 1:03.85 1:38.42 2:11.87		2:11.87	
11.	Gespacos-JUV B	8:54.63	+0,88	479	
	Luis Carlos Almeida	98 +0,88 29.84 1:03.42 1:37.86 2:11.05		2:11.05	
	Pedro Miguel Lino	98 +0,60 30.49 1:05.94 1:41.56 2:16.06		2:16.06	
	Joao Nuno Costa	98 +0,49 30.65 1:05.27 1:40.53 2:16.12		2:16.12	
	Pedro Ferraz Silva	98 +0,48 29.72 1:02.96 1:37.57 2:11.40		2:11.40	
12.	Aminata-JUV B	9:19.97	+0,76	417	
	FTL				
	Miguel Martins Baltazar	98 +0,76 30.15 1:02.60 1:36.36 2:09.44		2:09.44	
	Diogo Miguel Henriques	98 +0,53 31.87 1:09.24 1:47.46 2:25.70		2:25.70	
	Miguel Angelo Martins	98 +0,51 31.98 1:08.85 1:46.99 2:23.29		2:23.29	
	Joao Pedro Candeias	98 +0,88 32.30 1:08.90 1:45.69 2:21.54		2:21.54	

DSQ Naval do Funchal-JUV B

Naval do Funchal

403 - Falsa partida - SW 4.4

Henrique Luis Vargas, Francisco Manso Teixeira, Pedro Camacho Sousa, Francisco Aguiar Morganho

Prova 6

Masc., 4 x 200m Livres

Juvenis A

22-03-2013 - 17:50

Resultados

Rec Nac Absoluto	7:33.17	Sporting Clube de Portugal	SCP	Coimbra	06-04-2012
Rec Nac Juv A	7:58.57	Associacao Naval Amorense	ANAM	Oeiras	26-07-2012
TAC Masc Juv A : 8:55.00					

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sporting-JUV A	8:03.18	+0,71	650	
	Joao Pedro Belo	97 +0,71 27.24 56.86 1:26.92 1:57.17		1:57.17	
	Eduardo Jose Castelo	97 +0,35 27.57 58.96 1:31.04 2:03.29		2:03.29	
	Guilherme Pereira Dias	97 +0,65 27.27 57.90 1:29.70 2:01.29		2:01.29	
	Miguel Monteiro Cruchinho	97 +0,25 27.13 57.88 1:29.79 2:01.43		2:01.43	
2.	Porto-JUV A	8:16.29	+0,74	599	
	Joao Miguel Ascensao	97 +0,74 27.70 58.92 1:31.84 2:03.71		2:03.71	
	Eduardo Salgado Ramos	97 +0,34 27.87 59.59 1:31.38 2:02.19		2:02.19	
	Luis Carlos Oliveira	97 +0,37 28.24 1:00.87 1:34.55 2:07.48		2:07.48	
	Jorge Miguel Nunes	97 +0,62 28.36 1:00.02 1:32.20 2:02.91		2:02.91	
3.	Braga-JUV A	8:16.54	+0,70	598	
	Rodrigo Carlos Albuquerque	97 +0,70 27.72 57.53 1:29.59 2:02.67		2:02.67	
	David Emanuel Martins	97 +0,26 28.91 1:00.68 1:32.79 2:04.08		2:04.08	
	Diogo Miguel Nelas	97 +0,55 28.99 1:01.58 1:35.30 2:07.71		2:07.71	
	Ricardo Eduardo Afonso	97 +0,19 27.97 59.67 1:32.39 2:02.08		2:02.08	
4.	Leixoes-JUV A	8:21.63	+0,93	580	
	Andre Goncalo Santos	97 +0,93 28.27 58.96 1:32.17 2:04.97		2:04.97	
	Artur Miguel Marques	97 +0,42 28.14 1:01.26 1:35.90 2:08.16		2:08.16	
	Joao Afonso Picao	97 +0,47 28.92 1:00.92 1:33.43 2:05.48		2:05.48	
	Vitor Joao Pereira	97 +0,51 27.95 58.70 1:31.37 2:03.02		2:03.02	

Prova 6, Masc., 4 x 200m Livres, Juvenis A

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Nautico de Coimbra-JUV A	8:31.77	+0,76	547	
	Francisco Xavier Goncalves	97 +0,76 27.84 58.02 1:29.54 2:00.76		2:00.76	
	Luis Henrique Neves	97 +0,53 29.37 1:02.57 1:37.90 2:11.50		2:11.50	
	Jose Miguel Santos	97 +0,26 28.73 1:00.46 1:34.23 2:09.05		2:09.05	
	Luis Pedro Silva	97 +0,28 29.31 1:02.04 1:36.02 2:10.46		2:10.46	
6.	Geslours-JUV A	8:34.21	+0,82	539	
	Carlos Flores Clara	97 +0,82 28.95 59.13 1:30.43 2:01.39		2:01.39	
	Tiago Rafael Martins	97 +0,42 30.45 1:02.99 1:35.67 2:07.70		2:07.70	
	Pedro Dordio Carreiro	97 +0,69 30.43 1:04.07 1:40.26 2:16.11		2:16.11	
	Joao Miguel Cardoso	97 29.58 1:02.34 1:36.26 2:09.01		2:09.01	
7.	Alcobaça-JUV A	8:41.72	+0,71	516	
	Alexandre Miguel Laureano	97 +0,71 28.32 1:01.45 1:35.00 2:08.10		2:08.10	
	Joao Bernardo Jorge	97 +0,39 29.47 1:03.57 1:39.40 2:14.02		2:14.02	
	Pedro Miguel Rodrigues	97 +0,02 29.87 1:03.76 1:38.41 2:13.15		2:13.15	
	Miguel Angelo Silvestre	97 +0,50 28.67 1:00.78 1:33.72 2:06.45		2:06.45	
8.	Amadora-JUV A	8:43.13	+0,74	512	
	Afonso Miguel Lamy	97 +0,74 29.86 1:02.95 1:36.49 2:08.26		2:08.26	
	Bruno Miguel Ramos	97 +0,21 28.49 1:00.47 1:33.88 2:05.70		2:05.70	
	David Carrasco Correia	97 +0,33 28.68 1:02.05 1:36.49 2:09.98		2:09.98	
	Tiago Correia Neves	97 +0,34 30.73 1:07.49 1:44.95 2:19.19		2:19.19	
9.	Naval do Funchal-JUV A	8:54.36	+0,63	480	
	Joao Manuel Fernandes	97 +0,63 29.95 1:03.45 1:37.68 2:12.22		2:12.22	
	Joao Menezes Aguiar	97 +0,41 29.66 1:04.01 1:39.78 2:15.72		2:15.72	
	Luis Henrique Silva	97 +0,10 30.29 1:03.95 1:37.96 2:11.55		2:11.55	
	Francisco Pestana Silva	97 +0,35 30.45 1:06.04 1:40.64 2:14.87		2:14.87	
10.	Gespacos-JUV A	9:05.42	+0,79	451	
	FTL				
	Joao Paulo Silva	97 +0,79 30.17 1:03.94 1:39.12 2:14.77		2:14.77	
	Marco Andre Fernandes	97 +0,42 30.83 1:05.49 1:40.77 2:16.00		2:16.00	
	Jorge Filipe Matos	97 +0,01 30.46 1:05.60 1:42.73 2:19.21		2:19.21	
	Hugo Octavio Coelho	97 +0,38 30.22 1:04.64 1:39.61 2:15.44		2:15.44	

Prova 7
23-03-2013 - 9:30

Femin., 800m Livres

Juvenis Resultados

Rec Nac Absoluto	8:54.41	Angelica Maria Andre	LSC	Oeiras	26-07-2012
Rec Nac Juv	9:07.70	tempo limite			

TAC Fem Juv : 10:18.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Tamila Hryhorivna Holub	99	Braga	9:23.37	+0,99	674
	50m: 31.48 31.48	250m: 2:50.89 35.20	450m: 5:13.39 35.89	650m: 7:37.32 35.81		
	100m: 1:05.73 34.25	300m: 3:26.11 35.22	500m: 5:49.23 35.84	700m: 8:13.59 36.27		
	150m: 1:40.71 34.98	350m: 4:01.88 35.77	550m: 6:25.37 36.14	750m: 8:49.39 35.80		
	200m: 2:15.69 34.98	400m: 4:37.50 35.62	600m: 7:01.51 36.14	800m: 9:23.37 33.98		
2.	Rita Costa Amador	99	Galitos	9:36.98	+0,74	628
	50m: 32.52 32.52	250m: 2:55.06 35.77	450m: 5:19.22 36.20	650m: 7:46.59 36.95		
	100m: 1:07.71 35.19	300m: 3:30.75 35.69	500m: 5:55.77 36.55	700m: 8:23.77 37.18		
	150m: 1:43.39 35.68	350m: 4:06.85 36.10	550m: 6:32.70 36.93	750m: 9:00.50 36.73		
	200m: 2:19.29 35.90	400m: 4:43.02 36.17	600m: 7:09.64 36.94	800m: 9:36.98 36.48		

Prova 7, Femin., 800m Livres, Juvenis

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts		
3.	Barbara Coimbra Teodosio			99	Nautico da Marinha Grande		9:46.76		+0,87	597		
	50m:	33.41	33.41	250m:	2:58.54	37.01	450m:	5:27.43	37.39	650m:	7:55.71	37.04
	100m:	1:09.33	35.92	300m:	3:35.67	37.13	500m:	6:04.28	36.85	700m:	8:33.94	38.23
	150m:	1:45.81	36.48	350m:	4:12.60	36.93	550m:	6:41.58	37.30	750m:	9:11.01	37.07
	200m:	2:21.53	35.72	400m:	4:50.04	37.44	600m:	7:18.67	37.09	800m:	9:46.76	35.75
4.	Ana Carolina Carraco			99	Freguesia de Paiao		9:50.56		+0,80	585		
	50m:	33.15	33.15	250m:	2:59.82	37.11	450m:	5:30.66	37.81	650m:	8:00.94	37.48
	100m:	1:09.27	36.12	300m:	3:37.41	37.59	500m:	6:08.40	37.74	700m:	8:38.18	37.24
	150m:	1:45.94	36.67	350m:	4:14.75	37.34	550m:	6:46.05	37.65	750m:	9:15.27	37.09
	200m:	2:22.71	36.77	400m:	4:52.85	38.10	600m:	7:23.46	37.41	800m:	9:50.56	35.29
5.	Tania Cristina Mendes			99	Industrial Viegrense		9:52.44		+0,87	580		
	50m:	32.83	32.83	250m:	3:00.42	37.23	450m:	5:30.93	37.06	650m:	8:02.11	38.02
	100m:	1:08.62	35.79	300m:	3:38.51	38.09	500m:	6:08.14	37.21	700m:	8:40.05	37.94
	150m:	1:45.58	36.96	350m:	4:16.26	37.75	550m:	6:45.90	37.76	750m:	9:16.54	36.49
	200m:	2:23.19	37.61	400m:	4:53.87	37.61	600m:	7:24.09	38.19	800m:	9:52.44	35.90
6.	Beatriz Paulo Ranito			99	Sporting		9:53.23			577		
	50m:	33.06	33.06	250m:	3:03.09	37.40	450m:	5:33.43	37.23	650m:	8:02.40	36.98
	100m:	1:10.20	37.14	300m:	3:40.85	37.76	500m:	6:11.10	37.67	700m:	8:39.48	37.08
	150m:	1:47.78	37.58	350m:	4:18.23	37.38	550m:	6:48.02	36.92	750m:	9:16.44	36.96
	200m:	2:25.69	37.91	400m:	4:56.20	37.97	600m:	7:25.42	37.40	800m:	9:53.23	36.79
7.	Joana Beatriz Bernardo			99	Fundacao Beatriz Santos		10:03.93		+1,00	547		
	50m:	33.60	33.60	250m:	3:03.64	38.09	450m:	5:37.00	38.56	650m:	8:11.51	38.75
	100m:	1:10.29	36.69	300m:	3:41.78	38.14	500m:	6:14.98	37.98	700m:	8:49.83	38.32
	150m:	1:48.07	37.78	350m:	4:20.24	38.46	550m:	6:54.19	39.21	750m:	9:27.28	37.45
	200m:	2:25.55	37.48	400m:	4:58.44	38.20	600m:	7:32.76	38.57	800m:	10:03.93	36.65
8.	Ana Beatriz La Feria			99	Porto		10:04.17		+1,00	546		
	50m:	33.95	33.95	250m:	3:03.23	37.69	450m:	5:35.01	38.26	650m:	8:09.32	38.39
	100m:	1:10.49	36.54	300m:	3:40.84	37.61	500m:	6:13.18	38.17	700m:	8:48.05	38.73
	150m:	1:47.90	37.41	350m:	4:18.87	38.03	550m:	6:52.33	39.15	750m:	9:26.79	38.74
	200m:	2:25.54	37.64	400m:	4:56.75	37.88	600m:	7:30.93	38.60	800m:	10:04.17	37.38
9.	Catarina Costa Fernandes			99	Natacao de Olhao		10:06.05		+0,93	541		
	50m:	33.64	33.64	250m:	3:05.30	38.67	450m:	5:40.45	39.10	650m:	8:15.59	39.08
	100m:	1:10.50	36.86	300m:	3:44.09	38.79	500m:	6:19.23	38.78	700m:	8:52.92	37.33
	150m:	1:48.57	38.07	350m:	4:23.10	39.01	550m:	6:58.19	38.96	750m:	9:30.66	37.74
	200m:	2:26.63	38.06	400m:	5:01.35	38.25	600m:	7:36.51	38.32	800m:	10:06.05	35.39
10.	Maria Santos Silva			99	Nautico da Marinha Grande		10:08.07		+0,86	536		
	50m:	33.42	33.42	250m:	3:05.38	38.27	450m:	5:40.54	38.41	650m:	8:15.48	38.50
	100m:	1:10.49	37.07	300m:	3:44.58	39.20	500m:	6:19.75	39.21	700m:	8:53.94	38.46
	150m:	1:48.32	37.83	350m:	4:22.98	38.40	550m:	6:57.83	38.08	750m:	9:31.52	37.58
	200m:	2:27.11	38.79	400m:	5:02.13	39.15	600m:	7:36.98	39.15	800m:	10:08.07	36.55
11.	Ana Pires Brito			99	Colegio Monte Maior		10:10.47		+0,90	530		
	50m:	33.76	33.76	250m:	3:05.51	38.27	450m:	5:38.89	37.89	650m:	8:14.05	38.79
	100m:	1:10.66	36.90	300m:	3:44.11	38.60	500m:	6:17.71	38.82	700m:	8:53.34	39.29
	150m:	1:48.69	38.03	350m:	4:22.64	38.53	550m:	6:56.38	38.67	750m:	9:32.26	38.92
	200m:	2:27.24	38.55	400m:	5:01.00	38.36	600m:	7:35.26	38.88	800m:	10:10.47	38.21
12.	Maria Beatriz Dias			99	Viver Santarem		10:14.09		+0,79	520		
	50m:	35.12	35.12	250m:	3:08.09	38.62	450m:	5:42.84	38.97	650m:	8:19.22	39.09
	100m:	1:12.80	37.68	300m:	3:46.35	38.26	500m:	6:21.61	38.77	700m:	8:58.46	39.24
	150m:	1:51.32	38.52	350m:	4:25.25	38.90	550m:	7:00.90	39.29	750m:	9:37.13	38.67
	200m:	2:29.47	38.15	400m:	5:03.87	38.62	600m:	7:40.13	39.23	800m:	10:14.09	36.96

Prova 7, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final				TReac	Pts
13.	Filipa Sousa Pinheiro	99	Sporting	10:20.89				+0,84	503
	<i>FTL</i>								
	50m: 33.99 33.99	250m: 3:09.22	39.41	450m: 5:46.13	39.01	650m: 8:24.06	39.89		
	100m: 1:11.32 37.33	300m: 3:48.21	38.99	500m: 6:25.16	39.03	700m: 9:02.96	38.90		
	150m: 1:50.62 39.30	350m: 4:27.82	39.61	550m: 7:04.74	39.58	750m: 9:43.07	40.11		
	200m: 2:29.81 39.19	400m: 5:07.12	39.30	600m: 7:44.17	39.43	800m: 10:20.89	37.82		
14.	Ana Caetano Oliveira	99	Leixoes	10:21.49				+1,08	502
	<i>FTL</i>								
	50m: 34.81 34.81	250m: 3:11.24	39.67	450m: 5:48.52	38.97	650m: 8:26.97	39.83		
	100m: 1:12.83 38.02	300m: 3:50.76	39.52	500m: 6:27.89	39.37	700m: 9:06.20	39.23		
	150m: 1:52.29 39.46	350m: 4:30.27	39.51	550m: 7:07.94	40.05	750m: 9:44.70	38.50		
	200m: 2:31.57 39.28	400m: 5:09.55	39.28	600m: 7:47.14	39.20	800m: 10:21.49	36.79		
15.	Maria Joao Domingues	99	Nautico da Marinha Grande	10:21.55				+0,80	502
	<i>FTL</i>								
	50m: 34.97 34.97	250m: 3:11.70	38.96	450m: 5:50.25	39.85	650m: 8:27.12	39.14		
	100m: 1:13.29 38.32	300m: 3:51.33	39.63	500m: 6:29.26	39.01	700m: 9:05.84	38.72		
	150m: 1:53.02 39.73	350m: 4:30.76	39.43	550m: 7:08.66	39.40	750m: 9:44.66	38.82		
	200m: 2:32.74 39.72	400m: 5:10.40	39.64	600m: 7:47.98	39.32	800m: 10:21.55	36.89		
16.	Ines Maria Neves	99	Porto	10:22.57				+0,89	499
	<i>FTL</i>								
	50m: 33.39 33.39	250m: 3:09.44	39.61	450m: 5:47.08	39.24	650m: 8:26.50	39.72		
	100m: 1:11.53 38.14	300m: 3:49.05	39.61	500m: 6:26.85	39.77	700m: 9:05.91	39.41		
	150m: 1:50.34 38.81	350m: 4:28.13	39.08	550m: 7:06.83	39.98	750m: 9:45.14	39.23		
	200m: 2:29.83 39.49	400m: 5:07.84	39.71	600m: 7:46.78	39.95	800m: 10:22.57	37.43		
17.	Beatriz Lopes Pinto	99	Academica de Coimbra	10:25.95				+0,88	491
	<i>FTL</i>								
	50m: 34.88 34.88	250m: 3:10.48	39.69	450m: 5:48.83	39.80	650m: 8:28.06	40.17		
	100m: 1:12.63 37.75	300m: 3:49.60	39.12	500m: 6:28.34	39.51	700m: 9:07.67	39.61		
	150m: 1:51.78 39.15	350m: 4:29.34	39.74	550m: 7:08.04	39.70	750m: 9:47.41	39.74		
	200m: 2:30.79 39.01	400m: 5:09.03	39.69	600m: 7:47.89	39.85	800m: 10:25.95	38.54		
18.	Ines Maria Pereira	99	Leixoes	10:26.95				+0,96	489
	<i>FTL</i>								
	50m: 35.13 35.13	250m: 3:11.68	39.79	450m: 5:49.39	39.47	650m: 8:28.44	40.01		
	100m: 1:13.07 37.94	300m: 3:50.73	39.05	500m: 6:28.52	39.13	700m: 9:08.18	39.74		
	150m: 1:52.74 39.67	350m: 4:30.66	39.93	550m: 7:08.81	40.29	750m: 9:48.14	39.96		
	200m: 2:31.89 39.15	400m: 5:09.92	39.26	600m: 7:48.43	39.62	800m: 10:26.95	38.81		

Prova 8
23-03-2013 - 10:05

Masc., 400m Livres

Juvenis B
Resultados

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	29-07-2006

TAC Masc Juv B : 4:40.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Goncalo Miguel Nogueira	98	Porto	4:20.95	+0,71	599
	50m: 29.25 29.25	150m: 1:33.86 32.90	250m: 2:40.49 33.33	350m: 3:48.27 33.87		
	100m: 1:00.96 31.71	200m: 2:07.16 33.30	300m: 3:14.40 33.91	400m: 4:20.95 32.68		
2.	Diogo Manuel Marques	98	Columbofila Cantanhedense	4:21.93	+0,73	593
	50m: 29.81 29.81	150m: 1:35.48 33.64	250m: 2:42.15 33.50	350m: 3:49.79 33.81		
	100m: 1:01.84 32.03	200m: 2:08.65 33.17	300m: 3:15.98 33.83	400m: 4:21.93 32.14		
3.	Pedro Goncalves Neto	98	Porto	4:25.43	+0,88	569
	50m: 29.59 29.59	150m: 1:36.40 33.70	250m: 2:44.06 33.74	350m: 3:53.96 35.05		
	100m: 1:02.70 33.11	200m: 2:10.32 33.92	300m: 3:18.91 34.85	400m: 4:25.43 31.47		
4.	Vasco Gradim Amorim	98	Porto	4:25.99	+0,78	566
	50m: 30.33 30.33	150m: 1:36.63 33.93	250m: 2:44.84 34.30	350m: 3:53.10 34.08		
	100m: 1:02.70 32.37	200m: 2:10.54 33.91	300m: 3:19.02 34.18	400m: 4:25.99 32.89		
5.	Guilherme Filipe Pina	98	Benedita	4:26.16	+0,76	565
	50m: 30.12 30.12	150m: 1:36.26 33.49	250m: 2:44.09 34.03	350m: 3:53.22 34.24		
	100m: 1:02.77 32.65	200m: 2:10.06 33.80	300m: 3:18.98 34.89	400m: 4:26.16 32.94		
6.	Joao Costa Ferreira	98	Famalicao	4:26.91	+0,85	560
	50m: 29.81 29.81	150m: 1:35.80 33.72	250m: 2:43.86 34.51	350m: 3:53.61 35.11		
	100m: 1:02.08 32.27	200m: 2:09.35 33.55	300m: 3:18.50 34.64	400m: 4:26.91 33.30		
7.	Luis Filipe Ribeiro	98	Braga	4:28.68	+0,76	549
	50m: 29.84 29.84	150m: 1:38.29 34.72	250m: 2:47.28 34.69	350m: 3:56.40 34.43		
	100m: 1:03.57 33.73	200m: 2:12.59 34.30	300m: 3:21.97 34.69	400m: 4:28.68 32.28		
8.	Leonardo Bom Pinto	98	Leixoes	4:29.43	+0,86	544
	50m: 30.39 30.39	150m: 1:38.30 34.35	250m: 2:47.58 34.42	350m: 3:56.52 33.59		
	100m: 1:03.95 33.56	200m: 2:13.16 34.86	300m: 3:22.93 35.35	400m: 4:29.43 32.91		
9.	Joao Alberto Gondar	98	Vilacondense	4:29.68	+0,79	543
	50m: 30.10 30.10	150m: 1:37.70 33.96	250m: 2:47.10 34.42	350m: 3:56.54 34.39		
	100m: 1:03.74 33.64	200m: 2:12.68 34.98	300m: 3:22.15 35.05	400m: 4:29.68 33.14		
10.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	4:30.76	+0,86	536
	50m: 29.88 29.88	150m: 1:36.87 34.24	250m: 2:46.39 34.74	350m: 3:56.76 34.91		
	100m: 1:02.63 32.75	200m: 2:11.65 34.78	300m: 3:21.85 35.46	400m: 4:30.76 34.00		
11.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	4:31.31	+0,75	533
	50m: 30.06 30.06	150m: 1:39.14 35.05	250m: 2:49.29 34.76	350m: 3:59.24 34.70		
	100m: 1:04.09 34.03	200m: 2:14.53 35.39	300m: 3:24.54 35.25	400m: 4:31.31 32.07		
12.	Rafael Ladeiro Santos	98	Geslours	4:31.55	+0,87	532
	50m: 30.25 30.25	150m: 1:38.54 34.49	250m: 2:48.92 35.17	350m: 3:58.41 34.72		
	100m: 1:04.05 33.80	200m: 2:13.75 35.21	300m: 3:23.69 34.77	400m: 4:31.55 33.14		
13.	Diogo Rodrigues Freitas	98	Uniao Piedense	4:31.65	+0,84	531
	50m: 30.32 30.32	150m: 1:38.67 34.37	250m: 2:48.25 34.61	350m: 3:58.12 34.54		
	100m: 1:04.30 33.98	200m: 2:13.64 34.97	300m: 3:23.58 35.33	400m: 4:31.65 33.53		
14.	Miguel Martins Baltazar	98	Aminata	4:32.60	+0,78	526
	50m: 30.07 30.07	150m: 1:37.69 34.66	250m: 2:48.26 35.56	350m: 3:58.56 35.27		
	100m: 1:03.03 32.96	200m: 2:12.70 35.01	300m: 3:23.29 35.03	400m: 4:32.60 34.04		

Prova 8, Masc., 400m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
15.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	4:32.75	+0,87	525
	50m: 30.30 30.30	150m: 1:39.29 34.91	250m: 2:49.26 34.27	350m: 3:59.23 34.82		
	100m: 1:04.38 34.08	200m: 2:14.99 35.70	300m: 3:24.41 35.15	400m: 4:32.75 33.52		
16.	Afonso Calais Queiroga	98	Uniao Piedense	4:33.40	+0,81	521
	50m: 31.20 31.20	150m: 1:38.19 34.18	250m: 2:47.60 34.56	350m: 3:59.41 36.00		
	100m: 1:04.01 32.81	200m: 2:13.04 34.85	300m: 3:23.41 35.81	400m: 4:33.40 33.99		
17.	Andre Magalhaes Moura	98	Academico Viseu	4:33.60	+0,87	520
	50m: 30.92 30.92	150m: 1:39.93 35.06	250m: 2:50.31 35.22	350m: 4:00.61 34.97		
	100m: 1:04.87 33.95	200m: 2:15.09 35.16	300m: 3:25.64 35.33	400m: 4:33.60 32.99		
18.	Diogo Miguel Costa	98	Porto	4:33.80	+0,68	519
	50m: 30.52 30.52	150m: 1:37.99 34.35	250m: 2:47.70 34.60	350m: 3:59.52 35.86		
	100m: 1:03.64 33.12	200m: 2:13.10 35.11	300m: 3:23.66 35.96	400m: 4:33.80 34.28		
19.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	4:34.32	+0,88	516
	50m: 30.52 30.52	150m: 1:39.24 34.85	250m: 2:49.33 35.07	350m: 3:59.82 35.10		
	100m: 1:04.39 33.87	200m: 2:14.26 35.02	300m: 3:24.72 35.39	400m: 4:34.32 34.50		
20.	Humberto Fernandes Felgueiras	98	Natacao de Valongo	4:34.33	+1,07	516
	50m: 30.21 30.21	150m: 1:39.07 34.70	250m: 2:49.30 34.68	350m: 3:59.81 35.71		
	100m: 1:04.37 34.16	200m: 2:14.62 35.55	300m: 3:24.10 34.80	400m: 4:34.33 34.52		
21.	Francisco Aguiar Morganho	98	Naval do Funchal	4:34.76	+0,68	513
	50m: 31.32 31.32	150m: 1:40.83 35.43	250m: 2:52.00 35.65	350m: 4:01.87 34.44		
	100m: 1:05.40 34.08	200m: 2:16.35 35.52	300m: 3:27.43 35.43	400m: 4:34.76 32.89		
22.	David Miguel Neves	98	Benfica	4:34.81	+0,85	513
	50m: 30.42 30.42	150m: 1:39.23 34.69	250m: 2:49.90 35.39	350m: 4:00.33 34.88		
	100m: 1:04.54 34.12	200m: 2:14.51 35.28	300m: 3:25.45 35.55	400m: 4:34.81 34.48		
23.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	4:34.93	+0,84	512
	50m: 29.78 29.78	150m: 1:38.48 35.12	250m: 2:49.21 35.41	350m: 4:00.41 35.69		
	100m: 1:03.36 33.58	200m: 2:13.80 35.32	300m: 3:24.72 35.51	400m: 4:34.93 34.52		
24.	Francisco Rodrigues Antas	98	Desportiva de Viana	4:35.91	+0,91	507
	50m: 31.10 31.10	150m: 1:40.40 35.04	250m: 2:51.05 35.11	350m: 4:00.67 34.64		
	100m: 1:05.36 34.26	200m: 2:15.94 35.54	300m: 3:26.03 34.98	400m: 4:35.91 35.24		
25.	Bruno Jose Silva	98	Braga	4:37.29	+1,01	499
	50m: 31.59 31.59	150m: 1:40.59 34.79	250m: 2:51.16 35.16	350m: 4:02.25 35.48		
	100m: 1:05.80 34.21	200m: 2:16.00 35.41	300m: 3:26.77 35.61	400m: 4:37.29 35.04		
26.	Pedro Trindade Silva	98	Amadora	4:37.66	+0,82	497
	50m: 31.38 31.38	150m: 1:41.31 35.32	250m: 2:51.56 35.27	350m: 4:03.65 36.03		
	100m: 1:05.99 34.61	200m: 2:16.29 34.98	300m: 3:27.62 36.06	400m: 4:37.66 34.01		
27.	Joao Santos Mendes	98	Leixoes	4:37.75	+0,74	497
	50m: 30.30 30.30	150m: 1:38.85 34.69	250m: 2:49.54 35.44	350m: 4:01.82 36.23		
	100m: 1:04.16 33.86	200m: 2:14.10 35.25	300m: 3:25.59 36.05	400m: 4:37.75 35.93		
28.	Luis Carlos Almeida	98	Gespacos	4:38.50	+0,90	493
	50m: 31.64 31.64	150m: 1:41.98 35.33	250m: 2:53.67 36.02	350m: 4:04.44 35.20		
	100m: 1:06.65 35.01	200m: 2:17.65 35.67	300m: 3:29.24 35.57	400m: 4:38.50 34.06		
29.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	4:39.23	+0,81	489
	50m: 29.74 29.74	150m: 1:37.95 34.93	250m: 2:49.61 36.48	350m: 4:02.97 37.09		
	100m: 1:03.02 33.28	200m: 2:13.13 35.18	300m: 3:25.88 36.27	400m: 4:39.23 36.26		

Prova 8, Masc., 400m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
30.	Daniel Filipe Paiva	98	Miranda do Corvo	4:39.35	+0,97	488
	50m: 32.24 32.24	150m: 1:42.23 35.52	250m: 2:53.74 35.90	350m: 4:05.49 35.89		
	100m: 1:06.71 34.47	200m: 2:17.84 35.61	300m: 3:29.60 35.86	400m: 4:39.35 33.86		
31.	Jose Pedro Pinto	98	Braga	4:40.53	+0,84	482
	FTL					
	50m: 30.65 30.65	150m: 1:40.47 35.78	250m: 2:53.04 36.61	350m: 4:05.89 36.35		
	100m: 1:04.69 34.04	200m: 2:16.43 35.96	300m: 3:29.54 36.50	400m: 4:40.53 34.64		
32.	Paulo Filipe Silva	98	Natacao da Maia	4:40.95	+0,89	480
	FTL					
	50m: 30.16 30.16	150m: 1:40.91 35.93	250m: 2:54.16 36.55	350m: 4:05.57 34.17		
	100m: 1:04.98 34.82	200m: 2:17.61 36.70	300m: 3:31.40 37.24	400m: 4:40.95 35.38		
33.	Leandro Miguel Baptista	98	Leixoes	4:41.38	+0,73	478
	FTL					
	50m: 31.31 31.31	150m: 1:41.95 36.06	250m: 2:53.72 35.37	350m: 4:05.86 36.11		
	100m: 1:05.89 34.58	200m: 2:18.35 36.40	300m: 3:29.75 36.03	400m: 4:41.38 35.52		
34.	Tomas Robalo Maia	98	Famalicao	4:43.06	+0,89	469
	FTL					
	50m: 31.15 31.15	150m: 1:42.08 36.42	250m: 2:54.30 36.24	350m: 4:07.36 36.71		
	100m: 1:05.66 34.51	200m: 2:18.06 35.98	300m: 3:30.65 36.35	400m: 4:43.06 35.70		

Prova 8 Masc., 400m Livres Juvenis A
23-03-2013 - 10:05 Resultados

Rec Nac Absoluto	3:52.29	Jorge Manuel Maia	FPN	Málaga (ESP)	05-04-2009
Rec Nac Juv A	3:59.38	Gustavo Manuel Santa	FPN	Tampere (FIN)	21-07-2009

TAC Masc Juv A : 4:31.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Pedro Gil	97	Naval Amorense	4:09.27	+0,67	688
	50m: 28.52 28.52	150m: 1:31.63 31.98	250m: 2:35.85 32.01	350m: 3:39.23 31.32		
	100m: 59.65 31.13	200m: 2:03.84 32.21	300m: 3:07.91 32.06	400m: 4:09.27 30.04		
2.	Francisco Xavier Goncalves	97	Nautico de Coimbra	4:15.49	+0,74	639
	50m: 28.72 28.72	150m: 1:32.23 32.04	250m: 2:37.18 32.89	350m: 3:43.30 33.03		
	100m: 1:00.19 31.47	200m: 2:04.29 32.06	300m: 3:10.27 33.09	400m: 4:15.49 32.19		
3.	Alexandre Valdagua Coutinho	97	Columbofila Cantanhedense	4:16.12	+0,73	634
	50m: 29.15 29.15	150m: 1:33.16 32.43	250m: 2:39.18 32.60	350m: 3:44.64 32.83		
	100m: 1:00.73 31.58	200m: 2:06.58 33.42	300m: 3:11.81 32.63	400m: 4:16.12 31.48		
4.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	4:16.43	+0,79	632
	50m: 29.53 29.53	150m: 1:34.46 32.59	250m: 2:40.15 32.61	350m: 3:45.38 32.50		
	100m: 1:01.87 32.34	200m: 2:07.54 33.08	300m: 3:12.88 32.73	400m: 4:16.43 31.05		
5.	Vitor Joao Pereira	97	Leixoes	4:16.61	+0,91	630
	50m: 29.07 29.07	150m: 1:33.86 32.90	250m: 2:40.40 33.10	350m: 3:45.80 32.48		
	100m: 1:00.96 31.89	200m: 2:07.30 33.44	300m: 3:13.32 32.92	400m: 4:16.61 30.81		
6.	Ricardo Eduardo Afonso	97	Braga	4:16.73	+0,77	629
	50m: 29.17 29.17	150m: 1:34.57 32.98	250m: 2:41.00 32.99	350m: 3:46.39 32.14		
	100m: 1:01.59 32.42	200m: 2:08.01 33.44	300m: 3:14.25 33.25	400m: 4:16.73 30.34		

Prova 8, Masc., 400m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
7.	Joao Miguel Ferreira	97	Foca	4:18.23	+0,84	618
	50m: 29.37 29.37	150m: 1:34.11 32.38	250m: 2:40.43 33.43	350m: 3:46.48 33.03		
	100m: 1:01.73 32.36	200m: 2:07.00 32.89	300m: 3:13.45 33.02	400m: 4:18.23 31.75		
8.	Eduardo Salgado Ramos	97	Porto	4:19.12	+0,94	612
	50m: 29.02 29.02	150m: 1:33.81 32.75	250m: 2:40.69 32.97	350m: 3:47.06 32.97		
	100m: 1:01.06 32.04	200m: 2:07.72 33.91	300m: 3:14.09 33.40	400m: 4:19.12 32.06		
9.	Miguel Angelo Silvestre	97	Alcobaca	4:21.43	+0,82	596
	50m: 29.46 29.46	150m: 1:35.63 33.26	250m: 2:42.97 33.39	350m: 3:50.10 33.32		
	100m: 1:02.37 32.91	200m: 2:09.58 33.95	300m: 3:16.78 33.81	400m: 4:21.43 31.33		
10.	David Emanuel Martins	97	Braga	4:21.54	+1,06	595
	50m: 29.82 29.82	150m: 1:35.33 33.31	250m: 2:42.37 33.70	350m: 3:49.93 33.57		
	100m: 1:02.02 32.20	200m: 2:08.67 33.34	300m: 3:16.36 33.99	400m: 4:21.54 31.61		
11.	Jorge Miguel Nunes	97	Porto	4:23.28	+0,86	584
	50m: 29.49 29.49	150m: 1:36.41 33.72	250m: 2:43.94 33.48	350m: 3:51.32 33.32		
	100m: 1:02.69 33.20	200m: 2:10.46 34.05	300m: 3:18.00 34.06	400m: 4:23.28 31.96		
12.	Joao Luis Travanca	97	Porto	4:23.72	+0,94	581
	50m: 29.86 29.86	150m: 1:35.45 33.46	250m: 2:42.88 33.30	350m: 3:51.61 33.94		
	100m: 1:01.99 32.13	200m: 2:09.58 34.13	300m: 3:17.67 34.79	400m: 4:23.72 32.11		
13.	Andre Resende Pinheiro	97	Porto	4:25.11	+0,80	572
	50m: 29.58 29.58	150m: 1:35.83 33.43	250m: 2:43.93 34.01	350m: 3:52.84 34.13		
	100m: 1:02.40 32.82	200m: 2:09.92 34.09	300m: 3:18.71 34.78	400m: 4:25.11 32.27		
14.	Joao Miguel Cardoso	97	Geslours	4:25.24	+0,87	571
	50m: 30.12 30.12	150m: 1:36.95 33.54	250m: 2:45.36 34.26	350m: 3:53.69 33.63		
	100m: 1:03.41 33.29	200m: 2:11.10 34.15	300m: 3:20.06 34.70	400m: 4:25.24 31.55		
15.	Miguel Monteiro Cruchinho	97	Sporting	4:25.72	+0,81	568
	50m: 29.12 29.12	150m: 1:35.29 33.75	250m: 2:43.25 34.45	350m: 3:52.97 35.40		
	100m: 1:01.54 32.42	200m: 2:08.80 33.51	300m: 3:17.57 34.32	400m: 4:25.72 32.75		
16.	Artur Miguel Marques	97	Leixoes	4:26.09	+0,88	565
	50m: 29.98 29.98	150m: 1:37.15 34.41	250m: 2:46.29 34.51	350m: 3:54.90 34.47		
	100m: 1:02.74 32.76	200m: 2:11.78 34.63	300m: 3:20.43 34.14	400m: 4:26.09 31.19		
17.	Joao Afonso Picao	97	Leixoes	4:26.92	+0,87	560
	50m: 30.55 30.55	150m: 1:37.49 33.86	250m: 2:45.72 34.14	350m: 3:54.70 34.21		
	100m: 1:03.63 33.08	200m: 2:11.58 34.09	300m: 3:20.49 34.77	400m: 4:26.92 32.22		
18.	Ruben Jose Morim	97	Vilacondense	4:26.96	+0,79	560
	50m: 29.62 29.62	150m: 1:37.34 33.90	250m: 2:45.44 34.05	350m: 3:54.42 33.84		
	100m: 1:03.44 33.82	200m: 2:11.39 34.05	300m: 3:20.58 35.14	400m: 4:26.96 32.54		
19.	Tiago Rafael Martins	97	Geslours	4:27.07	+0,88	559
	50m: 30.52 30.52	150m: 1:37.77 33.92	250m: 2:46.11 34.02	350m: 3:54.29 34.04		
	100m: 1:03.85 33.33	200m: 2:12.09 34.32	300m: 3:20.25 34.14	400m: 4:27.07 32.78		
20.	Nuno Valerio Silva	97	Nautico da Marinha Grande	4:28.23	+0,81	552
	50m: 29.70 29.70	150m: 1:37.41 34.51	250m: 2:46.74 34.91	350m: 3:56.54 34.98		
	100m: 1:02.90 33.20	200m: 2:11.83 34.42	300m: 3:21.56 34.82	400m: 4:28.23 31.69		
21.	Daniel Filipe Cazeiro	97	Naval Amorense	4:28.36	+0,84	551
	50m: 29.63 29.63	150m: 1:36.63 33.95	250m: 2:44.74 34.31	350m: 3:54.03 34.89		
	100m: 1:02.68 33.05	200m: 2:10.43 33.80	300m: 3:19.14 34.40	400m: 4:28.36 34.33		

Prova 8, Masc., 400m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
22.	Joao Ricardo Silva	97	Ginasio Figueirense	4:28.78	+0,76	548
	50m: 29.81 29.81	150m: 1:37.68 34.47	250m: 2:46.90 34.72	350m: 3:55.68 34.33		
	100m: 1:03.21 33.40	200m: 2:12.18 34.50	300m: 3:21.35 34.45	400m: 4:28.78 33.10		
23.	Narciso Daniel Correia	97	Braga	4:28.84	+0,91	548
	50m: 30.11 30.11	150m: 1:36.65 33.97	250m: 2:45.67 34.39	350m: 3:55.61 35.47		
	100m: 1:02.68 32.57	200m: 2:11.28 34.63	300m: 3:20.14 34.47	400m: 4:28.84 33.23		
24.	Diogo Miguel Nelas	97	Braga	4:32.60	+0,80	526
	FTL					
	50m: 30.49 30.49	150m: 1:37.49 34.05	250m: 2:47.45 35.14	350m: 3:58.27 35.42		
	100m: 1:03.44 32.95	200m: 2:12.31 34.82	300m: 3:22.85 35.40	400m: 4:32.60 34.33		
25.	Joao Miguel Ascensao	97	Porto	4:34.64	+0,82	514
	FTL					
	50m: 29.26 29.26	150m: 1:36.76 34.71	250m: 2:48.23 35.87	350m: 4:00.38 35.95		
	100m: 1:02.05 32.79	200m: 2:12.36 35.60	300m: 3:24.43 36.20	400m: 4:34.64 34.26		
DSQ	Carlos Flores Clara	97	Geslours			
	403 - Falsa partida - SW 4.4					

Prova 9

Femin., 200m Bruços

Juvenis

23-03-2013 - 10:50

Resultados

Rec Nac Absoluto	2:29.51	Diana Duarte Gomes	FPN	Budapest (HUN)	15-07-2005
Rec Nac Juv	2:36.99	Diana Duarte Gomes	FPN	Paris (FRA)	28-07-2003

TAC Fem Juv : 3:03.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ana Beatriz Martins	99	Famalicao	2:43.78	+0,78	619
	50m: 38.13 38.13	100m: 1:19.67 41.54	150m: 2:01.79 42.12	200m: 2:43.78 41.99		
2.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:51.89	+0,81	535
	50m: 39.61 39.61	100m: 1:23.66 44.05	150m: 2:07.92 44.26	200m: 2:51.89 43.97		
3.	Matilde Pereira Martins	99	Colegio Bernardette Romeira	2:59.02	+0,92	474
	50m: 38.52 38.52	100m: 1:23.57 45.05	150m: 2:12.77 49.20	200m: 2:59.02 46.25		
4.	Carolina Santos Martins	99	BA/Mr.Pizza	2:59.29	+0,87	471
	50m: 41.13 41.13	100m: 1:25.21 44.08	150m: 2:12.51 47.30	200m: 2:59.29 46.78		
5.	Beatriz Antunes Carvalho	99	Colegio Monte Maior	3:02.19	+0,91	449
	50m: 41.64 41.64	100m: 1:28.69 47.05	150m: 2:15.88 47.19	200m: 3:02.19 46.31		
6.	Margarida Pamplona Evangelho	99	Nucleo Sportinguista Terceira	3:03.10	+0,84	443
	FTL					
	50m: 40.43 40.43	100m: 1:26.71 46.28	150m: 2:16.07 49.36	200m: 3:03.10 47.03		

Prova 10
23-03-2013 - 11:05

Masc., 200m Costas

Juvenis B
Resultados

Rec Nac Absoluto	1:58.83	Pedro Diogo Oliveira	FPN	Londres (GBR)	01-08-2012
Rec Nac Juv B	2:09.42	Pedro Diogo Oliveira	FPN	Paris (FRA)	28-07-2003

TAC Masc Juv B : 2:29.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Alexandre Vital <i>Recorde Nacional</i>	98	Colegio Monte Maior	2:08.79	+0,63	656
	50m: 30.28 30.28	100m: 1:02.28 32.00	150m: 1:35.51 33.23	200m: 2:08.79 33.28		
2.	Carlos Afonso Almeida	98	Colegio Vasco da Gama	2:19.67	+0,80	514
	50m: 33.46 33.46	100m: 1:09.32 35.86	150m: 1:45.18 35.86	200m: 2:19.67 34.49		
3.	Miguel Reis Santos	98	Alges	2:20.45	+0,70	506
	50m: 32.54 32.54	100m: 1:07.42 34.88	150m: 1:44.58 37.16	200m: 2:20.45 35.87		
4.	Joao Jose Laranjeira	98	Campinho	2:20.71	+0,69	503
	50m: 32.21 32.21	100m: 1:07.40 35.19	150m: 1:44.08 36.68	200m: 2:20.71 36.63		
5.	Ricardo Goncalves Moura	98	Electrico	2:21.99	+0,68	489
	50m: 32.58 32.58	100m: 1:07.26 34.68	150m: 1:44.78 37.52	200m: 2:21.99 37.21		
6.	Luis Filipe Soares	98	Colegio SMLamas	2:22.10	+0,69	488
	50m: 33.16 33.16	100m: 1:09.52 36.36	150m: 1:46.14 36.62	200m: 2:22.10 35.96		
7.	Lucas Correia Veloso	98	Desportos Barcelos	2:22.35	+0,66	486
	50m: 32.96 32.96	100m: 1:08.39 35.43	150m: 1:45.31 36.92	200m: 2:22.35 37.04		
8.	Viktor Kot	98	Nautico da Marinha Grande	2:22.45	+0,69	484
	50m: 32.89 32.89	100m: 1:08.81 35.92	150m: 1:46.02 37.21	200m: 2:22.45 36.43		
9.	Filipe Miguel Silveira	98	Amadora	2:22.62	+0,61	483
	50m: 33.49 33.49	100m: 1:10.02 36.53	150m: 1:46.53 36.51	200m: 2:22.62 36.09		
10.	Steve Alexandre Soares	98	Amadora	2:23.13	+0,55	478
	50m: 32.15 32.15	100m: 1:08.94 36.79	150m: 1:46.00 37.06	200m: 2:23.13 37.13		
11.	Francisco Rogerio Santos	98	Benedita	2:23.47	+0,74	474
	50m: 33.34 33.34	100m: 1:09.75 36.41	150m: 1:47.14 37.39	200m: 2:23.47 36.33		
12.	Miguel Martins Baltazar	98	Aminata	2:23.54	+0,72	474
	50m: 33.68 33.68	100m: 1:09.59 35.91	150m: 1:46.73 37.14	200m: 2:23.54 36.81		
13.	Ricardo Daniel Pires	98	Desportiva de Viana	2:25.54	+0,57	454
	50m: 34.21 34.21	100m: 1:11.95 37.74	150m: 1:49.58 37.63	200m: 2:25.54 35.96		
14.	Pedro Ferraz Silva	98	Gespacos	2:25.78	+0,68	452
	50m: 34.46 34.46	100m: 1:11.30 36.84	150m: 1:48.92 37.62	200m: 2:25.78 36.86		
15.	Xavier Ribeiro Ferreira	98	Famalicao	2:26.56	+0,65	445
	50m: 33.26 33.26	100m: 1:10.36 37.10	150m: 1:48.69 38.33	200m: 2:26.56 37.87		
16.	Diogo Vicente Silva	98	Nautico da Marinha Grande	2:26.80	+0,73	443
	50m: 34.13 34.13	100m: 1:11.82 37.69	150m: 1:49.78 37.96	200m: 2:26.80 37.02		
17.	Humberto Fernandes Felgueiras	98	Natacao de Valongo	2:26.86	+0,69	442
	50m: 33.81 33.81	100m: 1:10.88 37.07	150m: 1:49.23 38.35	200m: 2:26.86 37.63		
18.	Joao Alberto Gondar	98	Vilacondense	2:27.10	+0,70	440
	50m: 34.44 34.44	100m: 1:12.04 37.60	150m: 1:50.43 38.39	200m: 2:27.10 36.67		

Prova 10, Masc., 200m Costas, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
19.	Jose Pedro Sampaio	98	Foca	2:27.12	+0,73	440
	50m: 34.65 34.65	100m: 1:12.33 37.68	150m: 1:50.44 38.11	200m: 2:27.12 36.68		
20.	Andre Filipe Afonseca	98	Desportos Barcelos	2:27.24	+0,78	439
	50m: 33.23 33.23	100m: 1:10.88 37.65	150m: 1:50.07 39.19	200m: 2:27.24 37.17		
21.	Rui Filipe Costa	98	Desportos Barcelos	2:27.51	+0,68	436
	50m: 32.62 32.62	100m: 1:09.74 37.12	150m: 1:48.71 38.97	200m: 2:27.51 38.80		
22.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	2:28.41	+0,69	428
	50m: 34.02 34.02	100m: 1:11.55 37.53	150m: 1:49.95 38.40	200m: 2:28.41 38.46		
23.	Eduardo Abel Duarte FTL	98	Lousada SXXI	2:31.06	+0,69	406
	50m: 34.26 34.26	100m: 1:11.95 37.69	150m: 1:51.43 39.48	200m: 2:31.06 39.63		
24.	Ruben Duarte Leitao FTL	98	Desporto de Setubal	2:37.41	+0,77	359
	50m: 33.83 33.83	100m: 1:13.72 39.89	150m: 1:56.81 43.09	200m: 2:37.41 40.60		
DNS	Francisco Carvalho Machado	98	Alges			

Prova 10

Masc., 200m Costas

Juvenis A

23-03-2013 - 11:05

Resultados

Rec Nac Absoluto	1:58.83	Pedro Diogo Oliveira	FPN	Londres (GBR)	01-08-2012
Rec Nac Juv A	2:06.92	Pedro Diogo Oliveira	CNRM	Lisboa	30-07-2004

TAC Masc Juv A : 2:25.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Pedro Belo	97	Sporting	2:13.09	+0,63	594
	50m: 30.74 30.74	100m: 1:04.96 34.22	150m: 1:39.69 34.73	200m: 2:13.09 33.40		
2.	Alexandre Lages Ribas	97	Desportiva de Viana	2:13.49	+0,68	589
	50m: 30.50 30.50	100m: 1:04.82 34.32	150m: 1:40.24 35.42	200m: 2:13.49 33.25		
3.	Joao Mota Correia	97	Pimpoes/Cimai	2:16.05	+0,71	556
	50m: 31.02 31.02	100m: 1:05.67 34.65	150m: 1:41.44 35.77	200m: 2:16.05 34.61		
4.	Ivo Pinto Ribeiro	97	Foca	2:16.42		552
	50m: 31.60 31.60	100m: 1:05.43 33.83	150m: 1:40.39 34.96	200m: 2:16.42 36.03		
5.	Guilherme Pereira Dias	97	Sporting	2:16.89	+0,69	546
	50m: 32.24 32.24	100m: 1:06.82 34.58	150m: 1:42.00 35.18	200m: 2:16.89 34.89		
6.	Francisco Pestana Silva	97	Naval do Funchal	2:18.08	+0,63	532
	50m: 31.48 31.48	100m: 1:06.70 35.22	150m: 1:43.06 36.36	200m: 2:18.08 35.02		
7.	Joao Pedro Tarquinio	97	Benedita	2:18.50	+0,54	527
	50m: 32.84 32.84	100m: 1:07.66 34.82	150m: 1:43.45 35.79	200m: 2:18.50 35.05		
8.	Filipe Carmo Ramos	97	Vilacondense	2:18.81	+0,75	524
	50m: 32.88 32.88	100m: 1:07.48 34.60	150m: 1:43.54 36.06	200m: 2:18.81 35.27		
9.	Ruben Oliveira Lopes	97	Porto	2:18.82	+0,58	524
	50m: 31.44 31.44	100m: 1:06.22 34.78	150m: 1:42.61 36.39	200m: 2:18.82 36.21		
10.	Tomas Machado Vale	97	Viana Natacao	2:18.98	+0,76	522
	50m: 31.34 31.34	100m: 1:06.51 35.17	150m: 1:43.44 36.93	200m: 2:18.98 35.54		

Prova 10, Masc., 200m Costas, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
11.	Bruno Miguel Ramos	97	Amadora	2:20.14	+0,63	509
	50m: 33.02 33.02	100m: 1:08.33 35.31	150m: 1:44.25 35.92	200m: 2:20.14 35.89		
12.	Luis Henrique Silva	97	Naval do Funchal	2:20.67	+0,67	503
	50m: 32.18 32.18	100m: 1:07.14 34.96	150m: 1:44.33 37.19	200m: 2:20.67 36.34		
13.	Bruno Daniel Rodrigues	97	Braga	2:21.23	+0,64	497
	50m: 33.13 33.13	100m: 1:08.74 35.61	150m: 1:45.42 36.68	200m: 2:21.23 35.81		
14.	Miguel Angelo Silvestre	97	Alcobaca	2:22.22	+0,59	487
	50m: 33.16 33.16	100m: 1:09.10 35.94	150m: 1:46.18 37.08	200m: 2:22.22 36.04		
15.	Andre Miguel Silva	97	Freguesia de Paiao	2:22.66	+0,61	482
	50m: 33.01 33.01	100m: 1:09.27 36.26	150m: 1:46.60 37.33	200m: 2:22.66 36.06		
16.	Joao Ricardo Silva	97	Ginasio Figueirense	2:23.51	+0,64	474
	50m: 33.90 33.90	100m: 1:09.87 35.97	150m: 1:46.83 36.96	200m: 2:23.51 36.68		
17.	Luis Filipe Fonseca	97	Estremoz / Estremozcarnes	2:23.56	+0,68	473
	50m: 33.69 33.69	100m: 1:10.48 36.79	150m: 1:47.48 37.00	200m: 2:23.56 36.08		
18.	Luis Carlos Oliveira	97	Porto	2:23.58	+0,64	473
	50m: 31.82 31.82	100m: 1:07.20 35.38	150m: 1:45.32 38.12	200m: 2:23.58 38.26		
19.	Joao Francisco Silva FTL	97	Nautico da Marinha Grande	2:25.79	+0,72	452
	50m: 33.20 33.20	100m: 1:10.46 37.26	150m: 1:48.95 38.49	200m: 2:25.79 36.84		
20.	Francisco Sousa Rocha FTL	97	Sporting de Aveiro	2:27.20	+0,72	439
	50m: 33.19 33.19	100m: 1:10.33 37.14	150m: 1:49.44 39.11	200m: 2:27.20 37.76		
21.	Ricardo David Silva FTL	97	Foca	2:28.96	+0,68	424
	50m: 33.58 33.58	100m: 1:10.72 37.14	150m: 1:49.77 39.05	200m: 2:28.96 39.19		

Prova 11
23-03-2013 - 11:30

Femin., 200m Estilos

Juvenis
Resultados

Rec Nac Absoluto	2:17.47	Victoria Kaminskaya	PIMP	Oeiras	29-07-2012
Rec Nac Juv	2:23.60	Diana Margarida Duraes	FOCA	Coimbra	01-08-2010

TAC Fem Juv : 2:42.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ana Beatriz Martins	99	Famalicao	2:28.16	+0,78	617
	50m: 32.61 32.61	100m: 1:13.14 40.53	150m: 1:55.49 42.35	200m: 2:28.16 32.67		
2.	Rita Costa Amador	99	Galitos	2:29.27	+0,74	603
	50m: 32.66 32.66	100m: 1:10.81 38.15	150m: 1:56.24 45.43	200m: 2:29.27 33.03		
3.	Madalena Gomes Azevedo	99	Alges	2:29.77	+0,92	597
	50m: 31.83 31.83	100m: 1:11.28 39.45	150m: 1:55.82 44.54	200m: 2:29.77 33.95		
4.	Ana Miguel Pinto	99	Viana Natacao	2:35.84	+0,84	530
	50m: 32.52 32.52	100m: 1:12.59 40.07	150m: 2:00.35 47.76	200m: 2:35.84 35.49		

Prova 11, Femin., 200m Estilos, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
5.	Ines Margarida Costa	99	Sporting	2:37.24		516
	50m: 32.19 32.19	100m: 1:11.98 39.79	150m: 1:59.39 47.41	200m: 2:37.24 37.85		
6.	Ana Estevinha Silva	99	Ginasio Figueirense	2:38.09	+0,78	508
	50m: 33.52 33.52	100m: 1:13.06 39.54	150m: 2:03.96 50.90	200m: 2:38.09 34.13		
7.	Maria Ana Monge	99	Sporting	2:39.21	+1,03	497
	50m: 34.47 34.47	100m: 1:13.05 38.58	150m: 2:02.67 49.62	200m: 2:39.21 36.54		
8.	Beatriz Barros Carmo	99	Colegio Vasco da Gama	2:39.59		493
	50m: 34.48 34.48	100m: 1:16.17 41.69	150m: 2:04.46 48.29	200m: 2:39.59 35.13		
9.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:39.64	+0,81	493
	50m: 36.22 36.22	100m: 1:18.03 41.81	150m: 2:04.62 46.59	200m: 2:39.64 35.02		
10.	Matilde Pereira Martins	99	Colegio Bernardette Romeira	2:39.79	+0,88	492
	50m: 34.82 34.82	100m: 1:17.23 42.41	150m: 2:03.05 45.82	200m: 2:39.79 36.74		
11.	Ana Sofia Ferreira	99	Pimpoes/Cimai	2:40.13	+0,92	488
	50m: 34.62 34.62	100m: 1:15.63 41.01	150m: 2:03.49 47.86	200m: 2:40.13 36.64		
12.	Catarina Reis Silva	99	Braga	2:40.30	+0,89	487
	50m: 32.90 32.90	100m: 1:14.14 41.24	150m: 2:04.25 50.11	200m: 2:40.30 36.05		
13.	Mariana Alexandre Oliveira	99	Porto	2:40.45	+0,83	486
	50m: 33.66 33.66	100m: 1:15.49 41.83	150m: 2:04.06 48.57	200m: 2:40.45 36.39		
14.	Marta Ferreira Rocha	99	Leixoes	2:40.60	+0,82	484
	50m: 32.65 32.65	100m: 1:14.46 41.81	150m: 2:03.36 48.90	200m: 2:40.60 37.24		
15.	Joana Cristina Fernandes	99	Amadora	2:41.01		480
	50m: 35.00 35.00	100m: 1:17.26 42.26	150m: 2:06.36 49.10	200m: 2:41.01 34.65		
16.	Mariana Soares Martinho	99	Viver Santarem	2:41.04	+0,74	480
	50m: 35.22 35.22	100m: 1:15.07 39.85	150m: 2:05.56 50.49	200m: 2:41.04 35.48		
17.	Sara Costa Guerra	99	Sporting	2:41.15		479
	50m: 34.22 34.22	100m: 1:16.86 42.64	150m: 2:03.88 47.02	200m: 2:41.15 37.27		
18.	Ana Beatriz La Feria	99	Porto	2:41.30	+1,06	478
	50m: 34.73 34.73	100m: 1:17.17 42.44	150m: 2:06.11 48.94	200m: 2:41.30 35.19		
19.	Mariana Freitas Rocha	99	Maritimo	2:42.33	+0,81	469
	FTL 50m: 34.03 34.03	100m: 1:17.21 43.18	150m: 2:07.40 50.19	200m: 2:42.33 34.93		
20.	Filipa Carreira Alves	99	Uniao Piedense	2:42.63	+0,98	466
	FTL 50m: 35.70 35.70	100m: 1:14.30 38.60	150m: 2:05.80 51.50	200m: 2:42.63 36.83		
21.	Leonor Paiva Ruiz	99	Vilacondense	2:45.45	+0,94	443
	FTL 50m: 35.25 35.25	100m: 1:17.32 42.07	150m: 2:09.17 51.85	200m: 2:45.45 36.28		
22.	Margarida Sobral Pimenta	99	Amadora	2:45.84	+0,60	440
	FTL 50m: 34.91 34.91	100m: 1:15.67 40.76	150m: 2:07.90 52.23	200m: 2:45.84 37.94		
23.	Ana Teresa Nascimento	99	Leixoes	2:49.36	+0,79	413
	FTL 50m: 36.92 36.92	100m: 1:17.95 41.03	150m: 2:08.32 50.37	200m: 2:49.36 41.04		

Prova 12
23-03-2013 - 16:30

Masc., 200m Livres

Juvenis B
Resultados

Rec Nac Absoluto	1:49.02	Tiago Andre Venancio	FPN	Melbourne (AUS)	30-03-2007
Rec Nac Juv B	1:57.67	Diogo Gomes Sousa	CNCVG	Coimbra	29-07-2010

TAC Masc Juv B : 2:12.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Diogo Manuel Marques	98	Columbofila Cantanhedense	2:02.72	+0,71	574
	50m: 29.02 29.02	100m: 1:00.07 31.05	150m: 1:32.26 32.19	200m: 2:02.72 30.46		
2.	Pedro Goncalves Neto	98	Porto	2:03.82	+0,86	559
	50m: 29.25 29.25	100m: 1:00.99 31.74	150m: 1:32.81 31.82	200m: 2:03.82 31.01		
3.	Goncalo Miguel Nogueira	98	Porto	2:04.86	+0,70	545
	50m: 29.07 29.07	100m: 1:00.48 31.41	150m: 1:33.14 32.66	200m: 2:04.86 31.72		
4.	Joao Manuel Leitao	98	Nautico de Coimbra	2:06.37	+0,76	525
	50m: 29.57 29.57	100m: 1:03.25 33.68	150m: 1:35.96 32.71	200m: 2:06.37 30.41		
5.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	2:06.45	+0,78	524
	50m: 29.54 29.54	100m: 1:01.61 32.07	150m: 1:34.63 33.02	200m: 2:06.45 31.82		
6.	Ricardo Goncalves Moura	98	Electrico	2:06.55	+0,94	523
	50m: 28.93 28.93	100m: 1:00.65 31.72	150m: 1:33.76 33.11	200m: 2:06.55 32.79		
7.	Nuno Miguel Graca	98	Desportiva de Viana	2:06.62	+0,95	522
	50m: 28.07 28.07	100m: 59.97 31.90	150m: 1:33.56 33.59	200m: 2:06.62 33.06		
8.	Afonso Calais Queiroga	98	Uniao Piedense	2:06.99	+0,74	518
	50m: 29.49 29.49	100m: 1:02.22 32.73	150m: 1:34.81 32.59	200m: 2:06.99 32.18		
9.	Guilherme Filipe Pina	98	Benedita	2:07.06	+0,79	517
	50m: 28.86 28.86	100m: 1:00.75 31.89	150m: 1:34.04 33.29	200m: 2:07.06 33.02		
10.	Joao Costa Ferreira	98	Famalicao	2:07.35	+0,83	513
	50m: 29.30 29.30	100m: 1:01.51 32.21	150m: 1:34.96 33.45	200m: 2:07.35 32.39		
11.	Miguel Martins Baltazar	98	Aminata	2:08.39	+0,74	501
	50m: 29.34 29.34	100m: 1:01.25 31.91	150m: 1:34.75 33.50	200m: 2:08.39 33.64		
12.	Francisco Rodrigues Antas	98	Desportiva de Viana	2:08.77	+0,96	497
	50m: 29.61 29.61	100m: 1:01.51 31.90	150m: 1:34.99 33.48	200m: 2:08.77 33.78		
	David Miguel Neves	98	Benfica	2:08.77	+0,79	497
	50m: 28.94 28.94	100m: 1:01.33 32.39	150m: 1:35.10 33.77	200m: 2:08.77 33.67		
14.	Humberto Fernandes Felgueiras	98	Natacao de Valongo	2:08.96	+0,86	494
	50m: 28.68 28.68	100m: 1:01.14 32.46	150m: 1:35.53 34.39	200m: 2:08.96 33.43		
15.	Francisco Aguiar Morganho	98	Naval do Funchal	2:09.11	+0,70	493
	50m: 29.83 29.83	100m: 1:03.20 33.37	150m: 1:37.26 34.06	200m: 2:09.11 31.85		
16.	Rui Filipe Costa	98	Desportos Barcelos	2:09.38	+0,91	490
	50m: 28.75 28.75	100m: 1:01.33 32.58	150m: 1:35.89 34.56	200m: 2:09.38 33.49		
17.	Luis Filipe Ribeiro	98	Braga	2:09.49	+0,86	488
	50m: 29.65 29.65	100m: 1:03.00 33.35	150m: 1:37.38 34.38	200m: 2:09.49 32.11		
18.	Joao Alberto Gondar	98	Vilacondense	2:09.64	+0,81	487
	50m: 29.54 29.54	100m: 1:02.97 33.43	150m: 1:37.18 34.21	200m: 2:09.64 32.46		
19.	Joao Luis Maximo	98	O Crasto	2:09.74	+0,73	485
	50m: 28.99 28.99	100m: 1:02.58 33.59	150m: 1:36.47 33.89	200m: 2:09.74 33.27		

Prova 12, Masc., 200m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
20.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	2:10.04	+0,73	482
	50m: 30.22 30.22 100m: 1:03.24 33.02 150m: 1:37.81 34.57 200m: 2:10.04 32.23					
21.	Tomas Robalo Maia	98	Famalicao	2:10.15	+0,70	481
	50m: 29.36 29.36 100m: 1:02.16 32.80 150m: 1:35.89 33.73 200m: 2:10.15 34.26					
22.	Rafael Ladeiro Santos	98	Geslours	2:10.26	+0,83	480
	50m: 29.92 29.92 100m: 1:02.86 32.94 150m: 1:37.39 34.53 200m: 2:10.26 32.87					
23.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	2:10.73	+0,73	474
	50m: 29.21 29.21 100m: 1:02.82 33.61 150m: 1:37.30 34.48 200m: 2:10.73 33.43					
24.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	2:10.86	+0,79	473
	50m: 29.46 29.46 100m: 1:03.02 33.56 150m: 1:37.79 34.77 200m: 2:10.86 33.07					
25.	Joao Santos Mendes	98	Leixoes	2:10.96	+0,73	472
	50m: 29.96 29.96 100m: 1:02.90 32.94 150m: 1:37.25 34.35 200m: 2:10.96 33.71					
26.	Pedro Nuno Vieira	98	Natacao de Valongo	2:11.04	+0,91	471
	50m: 29.74 29.74 100m: 1:02.55 32.81 150m: 1:36.80 34.25 200m: 2:11.04 34.24					
27.	Steve Alexandre Soares	98	Amadora	2:11.18	+0,71	470
	50m: 32.63 32.63 100m: 1:06.41 33.78 150m: 1:39.26 32.85 200m: 2:11.18 31.92					
28.	Francisco Manso Teixeira	98	Naval do Funchal	2:11.37	+0,66	468
	50m: 29.80 29.80 100m: 1:04.09 34.29 150m: 1:38.64 34.55 200m: 2:11.37 32.73					
29.	Leandro Miguel Baptista	98	Leixoes	2:11.41	+0,74	467
	50m: 29.69 29.69 100m: 1:03.46 33.77 150m: 1:37.75 34.29 200m: 2:11.41 33.66					
30.	Diogo Rafael Santos	98	Individual Aveiro	2:11.59	+0,82	465
	50m: 30.41 30.41 100m: 1:03.48 33.07 150m: 1:37.95 34.47 200m: 2:11.59 33.64					
31.	Joao Diogo Lourenco	98	Foca	2:12.55	+0,76	455
	<i>FTL</i> 50m: 30.52 30.52 100m: 1:03.94 33.42 150m: 1:38.06 34.12 200m: 2:12.55 34.49					
32.	Bernardo Santos Clemente	98	BA/Mr.Pizza	2:12.76	+0,77	453
	<i>FTL</i> 50m: 29.57 29.57 100m: 1:03.47 33.90 150m: 1:39.00 35.53 200m: 2:12.76 33.76					
33.	Joao Miguel Branco	98	Sporting de Espinho	2:12.97	+0,78	451
	<i>FTL</i> 50m: 30.34 30.34 100m: 1:03.29 32.95 150m: 1:38.56 35.27 200m: 2:12.97 34.41					
34.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	2:14.05	+0,80	440
	<i>FTL</i> 50m: 29.99 29.99 100m: 1:03.99 34.00 150m: 1:38.59 34.60 200m: 2:14.05 35.46					
DNS	Francisco Carvalho Machado	98	Alges			

Prova 12, Masc., 200m Livres

Prova 12
23-03-2013 - 16:30

Masc., 200m Livres

Juvenis A
Resultados

Rec Nac Absoluto	1:49.02	Tiago Andre Venancio	FPN	Melbourne (AUS)	30-03-2007
Rec Nac Juv A	1:54.18	Gustavo Manuel Santa	FPN	Tampere (FIN)	24-07-2009

TAC Masc Juv A : 2:07.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Pedro Belo	97	Sporting	1:56.46	+0,78	671
	50m: 27.24 27.24 100m: 56.80 29.56 150m: 1:26.77 29.97 200m: 1:56.46					29.69
2.	Joao Pedro Gil	97	Naval Amorense	1:57.08	+0,67	661
	50m: 27.99 27.99 100m: 57.92 29.93 150m: 1:28.14 30.22 200m: 1:57.08					28.94
3.	Francisco Xavier Goncalves	97	Nautico de Coimbra	2:00.15	+0,76	611
	50m: 27.52 27.52 100m: 57.75 30.23 150m: 1:29.21 31.46 200m: 2:00.15					30.94
4.	Carlos Flores Clara	97	Geslours	2:00.53	+0,81	606
	50m: 28.05 28.05 100m: 58.11 30.06 150m: 1:28.85 30.74 200m: 2:00.53					31.68
5.	Guilherme Pereira Dias	97	Sporting	2:01.06	+0,73	598
	50m: 28.12 28.12 100m: 59.02 30.90 150m: 1:29.90 30.88 200m: 2:01.06					31.16
6.	Ivo Pinto Ribeiro	97	Foca	2:01.44	+0,75	592
	50m: 29.05 29.05 100m: 59.60 30.55 150m: 1:30.78 31.18 200m: 2:01.44					30.66
7.	Eduardo Salgado Ramos	97	Porto	2:02.44	+0,77	578
	50m: 28.23 28.23 100m: 59.52 31.29 150m: 1:31.07 31.55 200m: 2:02.44					31.37
8.	Vitor Joao Pereira	97	Leixoes	2:02.61	+0,84	575
	50m: 28.61 28.61 100m: 59.76 31.15 150m: 1:31.40 31.64 200m: 2:02.61					31.21
9.	Eduardo Jose Castelo	97	Sporting	2:02.83	+0,75	572
	50m: 27.92 27.92 100m: 58.67 30.75 150m: 1:30.63 31.96 200m: 2:02.83					32.20
10.	Ricardo Eduardo Afonso	97	Braga	2:02.99	+0,73	570
	50m: 28.46 28.46 100m: 59.55 31.09 150m: 1:31.76 32.21 200m: 2:02.99					31.23
11.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	2:03.11	+0,78	568
	50m: 28.61 28.61 100m: 59.88 31.27 150m: 1:31.90 32.02 200m: 2:03.11					31.21
12.	Ruben Jose Morim	97	Vilacondense	2:03.87	+0,75	558
	50m: 28.43 28.43 100m: 1:00.66 32.23 150m: 1:32.81 32.15 200m: 2:03.87					31.06
13.	Joao Vieira Camara	97	Maritimo	2:03.94	+0,68	557
	50m: 28.20 28.20 100m: 59.17 30.97 150m: 1:31.74 32.57 200m: 2:03.94					32.20
	Daniel Filipe Cazeiro	97	Naval Amorense	2:03.94	+0,69	557
	50m: 28.39 28.39 100m: 59.58 31.19 150m: 1:31.94 32.36 200m: 2:03.94					32.00
15.	Jorge Miguel Nunes	97	Porto	2:03.98	+0,83	556
	50m: 28.43 28.43 100m: 1:00.54 32.11 150m: 1:32.52 31.98 200m: 2:03.98					31.46
16.	Ruben Oliveira Lopes	97	Porto	2:04.05	+0,74	555
	50m: 27.85 27.85 100m: 59.25 31.40 150m: 1:31.80 32.55 200m: 2:04.05					32.25
17.	Andre Resende Pinheiro	97	Porto	2:04.14	+0,80	554
	50m: 29.37 29.37 100m: 1:00.65 31.28 150m: 1:33.29 32.64 200m: 2:04.14					30.85
18.	David Emanuel Martins	97	Braga	2:04.22	+1,03	553
	50m: 29.48 29.48 100m: 1:00.72 31.24 150m: 1:33.14 32.42 200m: 2:04.22					31.08

Prova 12, Masc., 200m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
19.	Bruno Miguel Ramos	97	Amadora	2:04.56	+0,66	549
	50m: 29.00 29.00 100m: 1:00.20 31.20 150m: 1:32.30 32.10 200m: 2:04.56 32.26					
20.	Luis Carlos Oliveira	97	Porto	2:04.84	+0,75	545
	50m: 28.40 28.40 100m: 1:00.25 31.85 150m: 1:33.10 32.85 200m: 2:04.84 31.74					
21.	Joao Luis Travanca	97	Porto	2:05.08	+0,78	542
	50m: 29.23 29.23 100m: 1:00.99 31.76 150m: 1:33.41 32.42 200m: 2:05.08 31.67					
22.	Joao Miguel Cardoso	97	Geslours	2:05.61	+0,77	535
	50m: 29.41 29.41 100m: 1:01.67 32.26 150m: 1:34.71 33.04 200m: 2:05.61 30.90					
23.	Joao Mota Correia	97	Pimpoes/Cimai	2:05.67	+0,78	534
	50m: 28.47 28.47 100m: 59.87 31.40 150m: 1:32.59 32.72 200m: 2:05.67 33.08					
24.	Alexandre Miguel Laureano	97	Alcobaca	2:06.00	+0,82	530
	50m: 28.11 28.11 100m: 59.94 31.83 150m: 1:32.78 32.84 200m: 2:06.00 33.22					
25.	Joao Afonso Picao	97	Leixoes	2:06.39	+0,87	525
	50m: 29.59 29.59 100m: 1:01.52 31.93 150m: 1:34.31 32.79 200m: 2:06.39 32.08					
26.	Artur Miguel Marques	97	Leixoes	2:06.46	+0,83	524
	50m: 29.40 29.40 100m: 1:01.64 32.24 150m: 1:34.99 33.35 200m: 2:06.46 31.47					
27.	Guilherme Miguel Teixeira FTL	97	Benfica	2:07.85	+0,78	507
	50m: 28.56 28.56 100m: 1:01.39 32.83 150m: 1:35.93 34.54 200m: 2:07.85 31.92					
28.	Francisco Pestana Silva FTL	97	Naval do Funchal	2:08.35	+0,72	501
	50m: 28.78 28.78 100m: 1:01.06 32.28 150m: 1:34.24 33.18 200m: 2:08.35 34.11					
29.	Ricardo David Silva FTL	97	Foca	2:09.57	+0,69	487
	50m: 28.69 28.69 100m: 1:01.23 32.54 150m: 1:35.35 34.12 200m: 2:09.57 34.22					

Prova 13
23-03-2013 - 16:55

Femin., 100m Livres

Juvenis
Resultados

Rec Nac Absoluto	56.80	Sara Alexandra Madeira	CNCVG	Barcelona (ESP)	11-06-2008
Rec Nac Juv	59.78	Ines Camacho Fernandes	FPN	Limassol (CYP)	16-04-2011

TAC Fem Juv : 1:06.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Mariana Alexandre Oliveira	99	Porto	1:02.03	+0,77	591
	50m: 30.26 30.26 100m: 1:02.03 31.77					
2.	Tamila Hryhorivna Holub	99	Braga	1:02.08	+0,87	590
	50m: 30.32 30.32 100m: 1:02.08 31.76					
3.	Madalena Gomes Azevedo	99	Alges	1:02.86	+0,89	568
	50m: 30.90 30.90 100m: 1:02.86 31.96					
4.	Sarah Dias	99	CLAC-Entroncamento	1:03.20	+0,83	559
	50m: 30.60 30.60 100m: 1:03.20 32.60					

Prova 13, Femin., 100m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
5.	Viviana Pinto Cunha	99	Famalicao	1:03.51	+0,84	551
	50m: 30.26 30.26	100m: 1:03.51	33.25			
6.	Beatriz Barros Carmo	99	Colegio Vasco da Gama	1:03.97	+0,79	539
	50m: 30.94 30.94	100m: 1:03.97	33.03			
7.	Mariana Freitas Rocha	99	Maritimo	1:03.99		538
	50m: 31.14 31.14	100m: 1:03.99	32.85			
8.	Joana Cristina Fernandes	99	Amadora	1:04.00	+0,82	538
	50m: 31.27 31.27	100m: 1:04.00	32.73			
9.	Noemia Verdi Silva	99	Vitoria de Guimaraes	1:04.04	+0,83	537
	50m: 30.72 30.72	100m: 1:04.04	33.32			
10.	Tania Cristina Mendes	99	Industrial Viegense	1:04.22	+0,90	533
	50m: 31.17 31.17	100m: 1:04.22	33.05			
11.	Ana Carolina Carraco	99	Freguesia de Paiao	1:04.28	+0,99	531
	50m: 31.70 31.70	100m: 1:04.28	32.58			
12.	Marta Ferreira Rocha	99	Leixoes	1:04.39	+0,77	528
	50m: 31.01 31.01	100m: 1:04.39	33.38			
13.	Ana Miguel Pinto	99	Viana Natacao	1:04.51	+0,73	525
	50m: 30.38 30.38	100m: 1:04.51	34.13			
14.	Ines Margarida Costa	99	Sporting	1:04.55	+0,86	524
	50m: 31.18 31.18	100m: 1:04.55	33.37			
15.	Ana Beatriz La Faria	99	Porto	1:04.58	+0,98	524
	50m: 32.06 32.06	100m: 1:04.58	32.52			
16.	Margarida Sobral Pimenta	99	Amadora	1:04.64	+0,83	522
	50m: 31.11 31.11	100m: 1:04.64	33.53			
17.	Mariana Perna Lima	99	Naval do Funchal	1:04.85	+0,66	517
	50m: 30.97 30.97	100m: 1:04.85	33.88			
18.	Ana Pires Brito	99	Colegio Monte Maior	1:05.15	+0,81	510
	50m: 31.33 31.33	100m: 1:05.15	33.82			
19.	Leonor Paiva Ruiz	99	Vilacondense	1:05.33	+0,92	506
	50m: 31.54 31.54	100m: 1:05.33	33.79			
	Filipa Carreira Alves	99	Uniao Piedense	1:05.33	+0,94	506
	50m: 31.21 31.21	100m: 1:05.33	34.12			
21.	Rita Goncalves Passinhas	99	Amadora	1:05.35	+0,69	505
	50m: 30.74 30.74	100m: 1:05.35	34.61			
22.	Ana Sofia Ferreira	99	Pimpoes/Cimai	1:05.39	+0,92	504
	50m: 31.29 31.29	100m: 1:05.39	34.10			
23.	Ana Carvalho Silva	99	Desportos Barcelos	1:05.52	+0,97	501
	50m: 31.19 31.19	100m: 1:05.52	34.33			
24.	Lara Alexandra Vaz	99	Desportiva de Viana	1:06.65	+0,81	476
	FTL					
	50m: 31.53 31.53	100m: 1:06.65	35.12			

Prova 13, Femin., 100m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
25.	Ana Sofia Afonso FTL	99	Desportiva de Viana	1:06.77	+0,73	474
	50m: 31.67 31.67	100m: 1:06.77	35.10			
26.	Maria Margarida Fernandes FTL	99	Ginasio de Vila Real	1:10.17	+0,88	408
	50m: 32.89 32.89	100m: 1:10.17	37.28			

Prova 14

Masc., 100m Bruços

Juvenis B

23-03-2013 - 17:05

Resultados

Rec Nac Absoluto	1:01.19	Carlos Esteves Almeida	FPN	Debrecen (HUN)	21-05-2012
Rec Nac Juv B	1:06.44	Andre Goncalo Santos	FPN	Corfu (GRE)	31-03-2012

TAC Masc Juv B : 1:18.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Hugo Pon	98	Alges	1:09.48	+0,75	595
	50m: 33.01 33.01	100m: 1:09.48	36.47			
2.	Mario Jorge Veloso	98	Braga	1:10.46	+0,85	571
	50m: 33.32 33.32	100m: 1:10.46	37.14			
3.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	1:10.48	+0,80	570
	50m: 33.68 33.68	100m: 1:10.48	36.80			
4.	Afonso Ribeiro Bate	98	Alges	1:11.52	+0,80	546
	50m: 33.77 33.77	100m: 1:11.52	37.75			
5.	Andre Magalhaes Moura	98	Academico Viseu	1:13.36	+0,86	506
	50m: 34.14 34.14	100m: 1:13.36	39.22			
6.	Joao Sismeiro Pereira	98	Amadora	1:13.58	+0,75	501
	50m: 34.12 34.12	100m: 1:13.58	39.46			
7.	Rafael Viegas Cruz	98	Sporting	1:13.61	+0,75	500
	50m: 34.51 34.51	100m: 1:13.61	39.10			
8.	Diogo Miguel Costa	98	Porto	1:13.65	+0,71	500
	50m: 34.35 34.35	100m: 1:13.65	39.30			
9.	Joao Manuel Leitao	98	Nautico de Coimbra	1:14.23	+0,74	488
	50m: 36.00 36.00	100m: 1:14.23	38.23			
10.	Martim Silveira Rodrigues	98	Maritimo	1:14.92	+0,64	475
	50m: 34.99 34.99	100m: 1:14.92	39.93			
11.	Tiago Santos Fernandes	98	Pimpoes/Cimai	1:15.84	+0,81	458
	50m: 35.30 35.30	100m: 1:15.84	40.54			
12.	Xavier Ribeiro Ferreira	98	Famalicao	1:17.05	+0,75	436
	50m: 36.09 36.09	100m: 1:17.05	40.96			
13.	Miguel Filipe Arvana	98	Estremoz / Estremozcarnes	1:17.31	+0,73	432
	50m: 36.26 36.26	100m: 1:17.31	41.05			

Prova 14, Masc., 100m Bruços

Prova 14 Masc., 100m Bruços Juvenis A
23-03-2013 - 17:05 Resultados

Rec Nac Absoluto	1:01.19	Carlos Esteves Almeida	FPN	Debrecen (HUN)	21-05-2012
Rec Nac Juv A	1:06.28	Andre Miguel Silva	PDEM	Loulé	09-06-2007

TAC Masc Juv A : 1:15.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Andre Goncalo Santos	97	Leixoes	1:06.33	+0,87	684
	50m: 31.35 31.35	100m: 1:06.33	34.98			
2.	Gabriel Jose Lopes	97	Lousanense	1:07.48	+0,69	650
	50m: 31.77 31.77	100m: 1:07.48	35.71			
3.	Simao Miguel Capitao	97	Colegio SMLamas	1:07.72	+0,72	643
	50m: 31.69 31.69	100m: 1:07.72	36.03			
4.	Miguel Monteiro Cruchinho	97	Sporting	1:09.05	+0,78	606
	50m: 32.25 32.25	100m: 1:09.05	36.80			
5.	Filipe Carmo Ramos	97	Vilacondense	1:09.31		600
	50m: 32.67 32.67	100m: 1:09.31	36.64			
6.	Tiago Martim Alves	97	Desportiva de Viana	1:10.28	+0,86	575
	50m: 32.96 32.96	100m: 1:10.28	37.32			
7.	Jose Miguel Santos	97	Nautico de Coimbra	1:12.94	+0,62	514
	50m: 34.08 34.08	100m: 1:12.94	38.86			
8.	Flavio Dias Silva	97	Famalicao	1:13.13	+0,74	510
	50m: 33.17 33.17	100m: 1:13.13	39.96			
9.	Joao Vieira Camara	97	Maritimo	1:13.51	+0,72	502
	50m: 34.76 34.76	100m: 1:13.51	38.75			
10.	Tiago Bernardo Marques	97	Uniao Piedense	1:13.58	+0,72	501
	50m: 34.92 34.92	100m: 1:13.58	38.66			
11.	Octavio Afonso Ferreira	97	Nautico de Coimbra	1:14.13	+0,67	490
	50m: 34.53 34.53	100m: 1:14.13	39.60			
12.	Joao Pedro Breda	97	Academica de Coimbra	1:14.40	+0,73	485
	50m: 34.66 34.66	100m: 1:14.40	39.74			
13.	Tiago Rafael Martins	97	Geslours	1:14.87		476
	50m: 34.66 34.66	100m: 1:14.87	40.21			
14.	Joao Bernardo Jorge	97	Alcobaca	1:15.26	+0,72	468
	50m: 35.77 35.77	100m: 1:15.26	39.49			

Prova 15
23-03-2013 - 17:30

Femin., 200m Mariposa

Juvenis Resultados

Rec Nac Absoluto	2:10.14	Sara Freitas Oliveira	FPN	Beijing (CHN)	12-08-2008
Rec Nac Juv	2:20.75	Susana Patricia Miguel	FPN	Génova (ITA)	04-07-2004

TAC Fem Juv : 2:43.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Sara Patricia Sousa	99	Clube de Vouzela	2:26.00	+0,84	580
	50m: 32.58 32.58	100m: 1:08.53 35.95	150m: 1:47.63 39.10	200m: 2:26.00 38.37		
2.	Catarina Reis Silva	99	Braga	2:31.64	+0,92	518
	50m: 32.81 32.81	100m: 1:11.21 38.40	150m: 1:51.32 40.11	200m: 2:31.64 40.32		
3.	Sara Costa Guerra	99	Sporting	2:35.63	+0,82	479
	50m: 35.09 35.09	100m: 1:15.42 40.33	150m: 1:55.51 40.09	200m: 2:35.63 40.12		
4.	Beatriz Lopes Pinto	99	Academica de Coimbra	2:35.88	+0,88	477
	50m: 33.81 33.81	100m: 1:13.40 39.59	150m: 1:55.57 42.17	200m: 2:35.88 40.31		
5.	Ana Estevinha Silva	99	Ginasio Figueirense	2:35.98	+0,77	476
	50m: 33.64 33.64	100m: 1:12.91 39.27	150m: 1:54.17 41.26	200m: 2:35.98 41.81		
6.	Mariana Soares Martinho	99	Viver Santarem	2:37.18	+0,73	465
	50m: 35.79 35.79	100m: 1:15.05 39.26	150m: 1:56.70 41.65	200m: 2:37.18 40.48		
7.	Barbara Coimbra Teodosio	99	Nautico da Marinha Grande	2:38.37	+0,91	455
	50m: 34.92 34.92	100m: 1:16.00 41.08	150m: 1:59.23 43.23	200m: 2:38.37 39.14		
8.	Catarina Rego Borges	99	Bombeiros Ponta Delgada	2:40.60		436
	50m: 35.84 35.84	100m: 1:17.69 41.85	150m: 1:59.12 41.43	200m: 2:40.60 41.48		
9.	Sara Conceicao Peca	99	BA/Mr.Pizza	2:40.86	+0,86	434
	50m: 34.32 34.32	100m: 1:15.17 40.85	150m: 1:57.24 42.07	200m: 2:40.86 43.62		
10.	Ana Cristina Sousa	99	Porto	2:41.47	+0,99	429
	50m: 35.29 35.29	100m: 1:16.03 40.74	150m: 1:58.40 42.37	200m: 2:41.47 43.07		
11.	Ines Maria Pereira	99	Leixoes	2:44.26	+0,93	407
	FTL					
	50m: 36.14 36.14	100m: 1:16.75 40.61	150m: 2:00.73 43.98	200m: 2:44.26 43.53		

Prova 16
23-03-2013 - 17:35

Masc., 100m Mariposa

Juvenis B Resultados

Rec Nac Absoluto	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009
Rec Nac Juv B	57.58	David Miguel Ferro	SFUAP	Lisboa	31-07-1999

TAC Masc Juv B : 1:06.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Henrique Luis Vargas	98	Naval do Funchal	1:00.29	+0,67	564
	50m: 27.85 27.85	100m: 1:00.29 32.44				
2.	Joao Francisco Lopes	98	Braga	1:00.49	+0,68	558
	50m: 28.44 28.44	100m: 1:00.49 32.05				
3.	Joao Carlos Silva	98	Famalicao	1:01.68	+0,68	526
	50m: 28.89 28.89	100m: 1:01.68 32.79				

Prova 16, Masc., 100m Mariposa, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
4.	Bernardo Santos Clemente	98	BA/Mr.Pizza	1:02.00	+0,72	518
	50m: 29.33 29.33	100m: 1:02.00	32.67			
5.	Diogo Rodrigues Freitas	98	Uniao Piedense	1:02.01	+0,77	518
	50m: 29.71 29.71	100m: 1:02.01	32.30			
6.	Luis Filipe Soares	98	Colegio SMLamas	1:02.08	+0,87	516
	50m: 28.46 28.46	100m: 1:02.08	33.62			
7.	Pedro Ferraz Silva	98	Gespacos	1:02.24	+0,91	512
	50m: 29.51 29.51	100m: 1:02.24	32.73			
8.	Goncalo Filipe Patatas	98	Sporting	1:02.26	+0,63	512
	50m: 29.25 29.25	100m: 1:02.26	33.01			
9.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	1:02.36	+0,90	509
	50m: 28.92 28.92	100m: 1:02.36	33.44			
10.	Andre Filipe Afonseca	98	Desportos Barcelos	1:02.97	+1,02	495
	50m: 30.11 30.11	100m: 1:02.97	32.86			
11.	Nuno Miguel Graca	98	Desportiva de Viana	1:03.27	+0,80	488
	50m: 28.98 28.98	100m: 1:03.27	34.29			
12.	Diogo Manuel Marques	98	Columbofila Cantanhedense	1:03.42	+0,71	484
	50m: 29.94 29.94	100m: 1:03.42	33.48			
13.	Ricardo Goncalves Moura	98	Electrico	1:03.86	+0,92	474
	50m: 29.72 29.72	100m: 1:03.86	34.14			
14.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	1:03.97	+0,94	472
	50m: 29.64 29.64	100m: 1:03.97	34.33			
15.	Pedro Nuno Vieira	98	Natacao de Valongo	1:04.04	+0,96	470
	50m: 29.69 29.69	100m: 1:04.04	34.35			
16.	Jose Paula Carvalho	98	Uniao Piedense	1:04.22	+0,85	466
	50m: 30.93 30.93	100m: 1:04.22	33.29			
17.	Vasco Gradim Amorim	98	Porto	1:04.70	+0,81	456
	50m: 30.24 30.24	100m: 1:04.70	34.46			
18.	Ruben Duarte Leitao	98	Desporto de Setubal	1:04.80	+0,75	454
	50m: 29.48 29.48	100m: 1:04.80	35.32			
19.	Filipe Fonte Cunha	98	Academico Viseu	1:04.82	+0,94	454
	50m: 30.87 30.87	100m: 1:04.82	33.95			
20.	Viktor Kot	98	Nautico da Marinha Grande	1:05.22	+0,82	445
	50m: 31.07 31.07	100m: 1:05.22	34.15			
21.	Diogo Filipe Rodrigues	98	BA/Mr.Pizza	1:05.42	+0,78	441
	50m: 30.41 30.41	100m: 1:05.42	35.01			
22.	Diogo Rafael Santos	98	Individual Aveiro	1:05.75	+0,89	435
	50m: 29.61 29.61	100m: 1:05.75	36.14			
23.	Jose Pedro Sampaio	98	Foca	1:06.22	+0,85	425
	50m: 31.32 31.32	100m: 1:06.22	34.90			
24.	Jorge Rogerio Morais	98	Lousada SXXI	1:06.28	+0,78	424
	50m: 31.12 31.12	100m: 1:06.28	35.16			

Prova 16, Masc., 100m Mariposa

Prova 16 Masc., 100m Mariposa Juvenis A
23-03-2013 - 17:35 Resultados

Rec Nac Absoluto	52.42	Diogo Filipe Carvalho	CGA	Lisboa	29-03-2009
Rec Nac Juv A	56.11	Pedro Diogo Oliveira	CNRM	Lisboa	29-07-2004

TAC Masc Juv A : 1:04.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Alexandre Lages Ribas	97	Desportiva de Viana	58.71	+0,72	611
	50m: 27.30 27.30	100m:	58.71 31.41			
2.	Joao Miguel Ascensao	97	Porto	59.35	+0,78	591
	50m: 27.31 27.31	100m:	59.35 32.04			
3.	Alexandre Valdagua Coutinho	97	Columbofila Cantanhedense	59.83	+0,70	577
	50m: 27.96 27.96	100m:	59.83 31.87			
4.	Joao Miguel Ferreira	97	Foca	1:00.53	+0,78	557
	50m: 28.37 28.37	100m:	1:00.53 32.16			
5.	Tomas Machado Vale	97	Viana Natacao	1:00.72	+0,79	552
	50m: 28.21 28.21	100m:	1:00.72 32.51			
6.	Rodrigo Carlos Albuquerque	97	Braga	1:01.16	+0,71	540
	50m: 28.96 28.96	100m:	1:01.16 32.20			
7.	Ivo Pinto Ribeiro	97	Foca	1:01.24	+0,76	538
	50m: 29.42 29.42	100m:	1:01.24 31.82			
8.	Dmytriy Eugeniyovich Martynenko	97	Electrico	1:01.26	+0,78	537
	50m: 28.62 28.62	100m:	1:01.26 32.64			
9.	Guilherme Miguel Teixeira	97	Benfica	1:01.59	+0,75	529
	50m: 27.61 27.61	100m:	1:01.59 33.98			
10.	Andre Miguel Silva	97	Freguesia de Paiao	1:01.74	+0,94	525
	50m: 29.07 29.07	100m:	1:01.74 32.67			
11.	Gil Vasco Goncalves	97	Litoral Alentejano	1:02.24	+0,86	512
	50m: 29.04 29.04	100m:	1:02.24 33.20			
12.	Luis Filipe Fonseca	97	Estremoz / Estremozcarnes	1:02.90	+0,87	496
	50m: 29.25 29.25	100m:	1:02.90 33.65			
13.	David Andre Almeida	97	Ginasio de Santo Tirso	1:03.06	+0,86	493
	50m: 29.19 29.19	100m:	1:03.06 33.87			
14.	David Carrasco Correia	97	Amadora	1:03.09	+0,68	492
	50m: 29.33 29.33	100m:	1:03.09 33.76			
15.	Francisco Xavier Goncalves	97	Nautico de Coimbra	1:03.35	+0,73	486
	50m: 29.43 29.43	100m:	1:03.35 33.92			
16.	Rui Pedro Figueiredo	97	Academico Viseu	1:03.98	+0,79	472
	50m: 29.65 29.65	100m:	1:03.98 34.33			
17.	Joao Menezes Aguiar	97	Naval do Funchal	1:04.28	+0,73	465
	FTL					
	50m: 28.99 28.99	100m:	1:04.28 35.29			

Prova 16, Masc., 100m Mariposa, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
18.	Joao Pedro Tarquinio	97	Benedita	1:04.48	+0,73	461
<i>FTL</i>						
	50m:	29.52	29.52	100m:	1:04.48	34.96

Prova 17

Femin., 4 x 100m Estilos

Juvenis

23-03-2013 - 18:00

Resultados

Rec Nac Absoluto	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009
Rec Nac Juv	4:35.70	Sport Lisboa e Benfica	SLB	Lisboa	27-07-2008

TAC Fem Juv : 5:15.50

Pontos: FINA 2013

Lugar	Clube				Tempo Final	TReac	Pts	
1.	Sporting-JUV			Sporting	4:49.05	+0,79	517	
	Maria Ana Monge	+0,79	34.04	1:10.38	Sara Costa Guerra	+0,38	33.86	1:12.82
	Ines Margarida Costa	+0,36	37.47	1:20.23	Beatriz Paulo Ranito	+0,36	31.16	1:05.62
2.	Amadora-JUV			Amadora	4:54.56	+0,74	488	
	Margarida Sobral Pimenta	+0,74	35.91	1:14.55	Ana Claudia Rosa	+0,48	33.30	1:12.37
	Rita Goncalves Passinhas	+0,09	38.56	1:23.88	Joana Cristina Fernandes	+0,21	30.42	1:03.76
3.	Ginasio Figueirense-JUV			Ginasio Figueirense	4:55.29	+0,80	485	
	Sandra Patricia Oliveira	+0,80	36.08	1:15.66	Ana Estevinha Silva	+0,32	32.30	1:08.65
	Raquel Simoes Duque	+0,32	38.58	1:26.69	Ines Rocha Nunes	+0,50	30.97	1:04.29
4.	Academica de Coimbra-JUV			Academica de Coimbra	4:57.50	+0,61	474	
	Mariana Pinto Angelo	+0,61	37.07	1:15.40	Beatriz Lopes Pinto	+0,50	33.24	1:11.45
	Beatriz Castanheira Dias	+0,33	39.71	1:25.26	Ana Beatriz Fonseca	+0,48	31.72	1:05.39
5.	Leixoes-JUV			Leixoes	4:57.93	+0,88	472	
	Rita Almeida Freches	+0,88	35.81	1:13.92	Ines Maria Pereira	+0,18	35.02	1:13.76
	Ana Teresa Nascimento	+0,38	41.12	1:26.85	Marta Ferreira Rocha	+0,12	30.13	1:03.40
6.	Porto-JUV			Porto	5:02.29	+0,85	452	
	Ana Beatriz La Feria	+0,85	38.73	1:18.71	Ana Cristina Sousa	+0,34	33.46	1:11.61
	Ines Maria Neves	+0,64	40.31	1:27.24	Mariana Alexandre Oliveira	+0,44	30.70	1:04.73
7.	Sporting de Aveiro-JUV			Sporting de Aveiro	5:02.73	+0,72	450	
	Marta Silva Felix	+0,72	35.77	1:13.54	Catarina Costa Balseiro	+0,66	35.38	1:14.06
	Ana Rita Rodrigues	+0,50	41.97	1:26.70	Margarida Bento Mesquita	+0,45	32.03	1:08.43
8.	Miranda do Corvo-JUV			Miranda do Corvo	5:08.96	+0,64	423	
	Maria Dias Neves	+0,64	35.86	1:12.88	Bianca Filipa Silva	+0,18	36.46	1:16.80
	Cristiana Daniela Silva	+0,52	42.60	1:30.62	Carolina Cruz Costa		32.64	1:08.66
9.	Ginasio de Vila Real-JUV			Ginasio de Vila Real	5:09.26	+0,78	422	
	Carolina Sousa	+0,78	37.98	1:17.90	Maria Margarida Fernandes	+0,45	35.14	1:17.46
	Alexandra Lopes Afonso	+0,52	39.79	1:25.31	Catarina Monteiro Santos	+0,45	32.60	1:08.59

Prova 18
23-03-2013 - 18:10

Masc., 4 x 100m Livres

Juvenis B
Resultados

Rec Nac Absoluto	3:24.33	Futebol Clube do Porto/Imperio Bonifacio	Faro	19-07-2009
Rec Nac Juv B	3:45.99	Futebol Clube do Porto	Oeiras	27-07-2012

TAC Masc Juv B : 4:15.00

Pontos: FINA 2013

Lugar				Clube		Tempo Final	TReac	Pts
1.	Naval do Funchal-JUV B			Naval do Funchal		3:53.42	+0,69	524
	Francisco Manso Teixeira	+0,69	28.63	Pedro Camacho Sousa	+0,29	27.64		59.30
	Francisco Aguiar Morganho	+0,42	28.53	Henrique Luis Vargas	+0,28	26.59		55.91
2.	Porto-JUV B			Porto		3:53.73	+0,73	522
	Goncalo Miguel Nogueira	+0,73	28.12	Vasco Gradim Amorim	+0,39	28.68		59.06
	Pedro Goncalves Neto	+0,76	27.51	Diogo Miguel Costa	+0,26	27.69		58.55
3.	Alges-JUV B			Alges		3:55.65	+0,73	509
	Hugo Pon	+0,73	27.87	Miguel Reis Santos	+0,32	27.86		59.32
	Afonso Ribeiro Bate	+0,22	27.99	Francisco Carvalho Machado	+0,32	26.75		56.90
4.	Amadora-JUV B			Amadora		3:55.85	+0,67	508
	Steve Alexandre Soares	+0,67	27.48	Filipe Miguel Silveira	+0,36	28.15		59.09
	Pedro Trindade Silva	+0,65	28.44	Joao Sismeiro Pereira	+0,45	28.92		1:00.48
5.	Famalicao-JUV B			Famalicao		3:56.72	+0,75	502
	Tomas Robalo Maia	+0,75	28.30	Xavier Ribeiro Ferreira	+0,13	28.05		59.90
	Joao Costa Ferreira	+0,59	28.75	Joao Carlos Silva	+0,48	27.90		58.30
6.	Braga-JUV B			Braga		3:59.45	+0,82	485
	Luis Filipe Ribeiro	+0,82	28.95	Mario Jorge Veloso	+0,60	28.62		1:01.00
	Jose Pedro Pinto	+0,41	29.53	Joao Francisco Lopes	+0,66	27.37		56.57
7.	Leixoes-JUV B			Leixoes		4:00.35	+0,93	480
	Leonardo Bom Pinto	+0,93	29.59	Ricardo Manuel Monteiro	+0,59	29.47		1:02.04
	Leandro Miguel Baptista	+0,30	27.94	Joao Santos Mendes	+0,20	28.19		59.38
8.	Uniao Piedense-JUV B			Uniao Piedense		4:00.87	+0,78	477
	Afonso Calais Queiroga	+0,78	28.27	Jose Paula Carvalho	+0,67	29.24		1:00.20
	Hugo Filipe Torres	+0,28	29.16	Diogo Rodrigues Freitas	+0,65	28.15		59.50
9.	Gespacos-JUV B			Gespacos		4:01.52	+0,83	473
	Luis Carlos Almeida	+0,83	29.02	Joao Nuno Costa	+0,45	29.29		1:02.90
	Pedro Miguel Lino	+0,49	28.70	Pedro Ferraz Silva	+0,53	27.56		58.32
10.	Colegio Monte Maior-JUV B			Colegio Monte Maior		4:01.72	+0,87	472
	Cesar Barroqueiro Magalhaes	+0,87	29.11	Diogo Rosado Leca	+0,56	29.58		1:02.81
	Joao Alexandre Vital	+0,31	27.95	Diogo Nogueira Rebelo	+0,43	28.51		1:00.37
11.	Desportos Barcelos-JUV B			Desportos Barcelos		4:01.88	+1,08	471
	Rui Filipe Costa	+1,08	27.48	Jorge Diogo Ribeiro	+0,55	30.83		1:05.09
	Andre Filipe Afonseca	+0,62	28.39	Lucas Correia Veloso	+0,34	27.96		1:00.04
12.	Geslours-JUV B			Geslours		4:02.96	+0,80	465
	Frederico Pinto Silva	+0,80	28.48	Raul Miguel Matzinger	+0,67	29.11		1:02.78
	Rafael Ladeiro Santos	+0,60	29.13	Goncalo Luis Batista	+0,65	28.69		1:00.37
13.	Aminata-JUV B			Aminata		4:07.30	+0,74	441
	Miguel Martins Baltazar	+0,74	28.54	Miguel Angelo Martins	+0,55	30.03		1:03.08
	Joao Pedro Candeias	+0,66	30.81	Diogo Miguel Henriques	+0,58	28.66		1:00.62
14.	Bombeiros dos Estoris-JUV B			Bombeiros dos Estoris		4:07.87	+0,80	437
	Joao Bruno Casaca	+0,80	28.61	Daniel Rochinha Pedro	+0,37	30.23		1:02.95
	Miguel Cerdeira Freitas	+0,50	30.48	Leonardo Rochinha Pedro	+0,49	29.69		1:01.91

Prova 18, Masc., 4 x 100m Livres, Juvenis B

Lugar	Clube	Tempo Final	TReac	Pts
DSQ	BA/Mr.Pizza-JUV B	BA/Mr.Pizza		
<i>Infringiu o Regulamento de Competições Nacionais ponto 4 (4º nadador)</i>				
	Bruno Miguel Pereira	+0,70 29.30 1:00.74	Goncalo Manuel Repolho	
	Dmytro Khomenko		Bernardo Santos Clemente	

Prova 18 Masc., 4 x 100m Livres Juvenis A
23-03-2013 - 18:10 Resultados

Rec Nac Absoluto	3:24.33	Futebol Clube do Porto/Imperio BonifCP	Faro	19-07-2009
Rec Nac Juv A	3:41.83	Associacao Naval Amorense ANAM	Oeiras	27-07-2012

TAC Masc Juv A : 4:05.50

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts
1. Sporting-JUV A	Sporting	3:41.70	+0,72	612
<i>Recorde Nacional</i>				
	Joao Pedro Belo	+0,72 26.22 54.50	Miguel Monteiro Cruchinho	55.98
	Eduardo Jose Castelo	+0,52 27.05 56.14	Guilherme Pereira Dias	55.08
2. Porto-JUV A	Porto	3:42.41	+0,79	606
	Ruben Oliveira Lopes	+0,79 26.79 55.53	Joao Miguel Ascensao	55.07
	Eduardo Salgado Ramos	+0,48 26.97 55.72	Jorge Miguel Nunes	56.09
3. Leixoes-JUV A	Leixoes	3:46.20	+0,80	576
	Andre Goncalo Santos	+0,80 26.80 55.49	Artur Miguel Marques	56.65
	Joao Afonso Picao	+0,47 27.95 57.87	Vitor Joao Pereira	56.19
4. Braga-JUV A	Braga	3:50.39	+0,76	545
	Rodrigo Carlos Albuquerque	+0,76 27.24 56.46	Diogo Miguel Nelas	59.17
	David Emanuel Martins	+0,20 27.78 57.64	Ricardo Eduardo Afonso	57.12
5. Geslours-JUV A	Geslours	3:55.05	+0,79	513
	Joao Miguel Cardoso	+0,79 28.10 57.76	Tiago Rafael Martins	59.72
	Carlos Flores Clara	+0,62 26.92 55.75	Pedro Dordio Carreiro	1:01.82
6. Naval do Funchal-JUV A	Naval do Funchal	3:56.79	+0,90	502
	Luis Henrique Silva	+0,90 28.09 58.21	Joao Menezes Aguiar	59.92
	Joao Manuel Fernandes	+0,44 28.13 1:00.75	Francisco Pestana Silva	57.91
7. Alcobaça-JUV A	Alcobaça	3:57.10	+0,79	500
	Miguel Angelo Silvestre	+0,79 28.60 59.15	Joao Andre Gomes	59.04
	Joao Bernardo Jorge	+0,45 28.95 1:01.67	Alexandre Miguel Laureano	57.24
8. Amadora-JUV A	Amadora	3:57.40	+0,76	498
	Bruno Miguel Ramos	+0,76 27.80 56.97	Tiago Correia Neves	1:03.22
	David Carrasco Correia	+0,59 28.30 59.04	Afonso Miguel Lamy	58.17
9. Ginasio Santo Tirso-JUV A	Ginasio de Santo Tirso	3:58.19	+0,70	493
	Pedro Manuel Silva	+0,70 27.77 58.47	David Andre Almeida	58.40
	Pedro Ferreira Lopes	+0,45 28.35 1:00.39	Jose Pedro Barbosa	1:00.93
10. Gespacos-JUV A	Gespacos	4:04.12	+0,79	458
	Joao Paulo Silva	+0,79 29.10 1:00.70	Jorge Filipe Matos	1:03.56
	Marco Andre Fernandes	+0,49 28.59 59.96	Hugo Octavio Coelho	59.90
DSQ	Nautico de Coimbra-JUV A	Nautico de Coimbra		
<i>Infringiu o Regulamento de Competições Nacionais ponto 4 (4º nadador)</i>				
	Luis Henrique Neves	+0,79 27.99 58.70	Luis Pedro Silva	
	Jose Miguel Santos		Francisco Xavier Goncalves	

Prova 19
24-03-2013 - 9:00

Masc., 1500m Livres

Juvenis B
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005

TAC Masc Juv B : 18:20.00

Pontos: FINA 2013

Lugar	Nome			Ano	Clube	Tempo Final		TReac	Pts			
1.	Diogo Manuel Marques			98	Columbofila Cantanhedense		16:55.94		+0,70	630		
	50m:	30.86	30.86	450m:	5:03.09	34.16	850m:	9:36.61	33.73	1250m:	14:07.34	33.59
	100m:	1:05.15	34.29	500m:	5:37.29	34.20	900m:	10:10.39	33.78	1300m:	14:41.64	34.30
	150m:	1:38.65	33.50	550m:	6:11.31	34.02	950m:	10:44.46	34.07	1350m:	15:15.56	33.92
	200m:	2:12.53	33.88	600m:	6:45.50	34.19	1000m:	11:18.19	33.73	1400m:	15:49.75	34.19
	250m:	2:46.62	34.09	650m:	7:19.75	34.25	1050m:	11:52.09	33.90	1450m:	16:23.67	33.92
	300m:	3:20.63	34.01	700m:	7:54.21	34.46	1100m:	12:26.22	34.13	1500m:	16:55.94	32.27
	350m:	3:54.78	34.15	750m:	8:28.39	34.18	1150m:	12:59.96	33.74			
	400m:	4:28.93	34.15	800m:	9:02.88	34.49	1200m:	13:33.75	33.79			
2.	Joao Alexandre Vital			98	Colegio Monte Maior		17:02.13		+0,84	618		
	50m:	31.42	31.42	450m:	5:01.43	34.23	850m:	9:33.24	34.52	1250m:	14:08.39	34.69
	100m:	1:04.18	32.76	500m:	5:35.25	33.82	900m:	10:07.46	34.22	1300m:	14:42.73	34.34
	150m:	1:38.26	34.08	550m:	6:08.77	33.52	950m:	10:42.17	34.71	1350m:	15:17.61	34.88
	200m:	2:11.70	33.44	600m:	6:42.57	33.80	1000m:	11:16.57	34.40	1400m:	15:52.99	35.38
	250m:	2:45.95	34.25	650m:	7:16.55	33.98	1050m:	11:51.07	34.50	1450m:	16:27.85	34.86
	300m:	3:19.40	33.45	700m:	7:50.38	33.83	1100m:	12:25.52	34.45	1500m:	17:02.13	34.28
	350m:	3:53.64	34.24	750m:	8:24.79	34.41	1150m:	12:59.64	34.12			
	400m:	4:27.20	33.56	800m:	8:58.72	33.93	1200m:	13:33.70	34.06			
3.	Guilherme Filipe Pina			98	Benedita		17:15.07			595		
	50m:	30.30	30.30	450m:	5:06.84	34.90	850m:	9:44.01	34.49	1250m:	14:22.96	35.09
	100m:	1:03.71	33.41	500m:	5:41.93	35.09	900m:	10:18.69	34.68	1300m:	14:57.78	34.82
	150m:	1:37.94	34.23	550m:	6:16.66	34.73	950m:	10:53.45	34.76	1350m:	15:32.75	34.97
	200m:	2:12.41	34.47	600m:	6:51.23	34.57	1000m:	11:28.05	34.60	1400m:	16:07.68	34.93
	250m:	2:47.04	34.63	650m:	7:25.67	34.44	1050m:	12:02.80	34.75	1450m:	16:42.48	34.80
	300m:	3:22.04	35.00	700m:	8:00.17	34.50	1100m:	12:37.68	34.88	1500m:	17:15.07	32.59
	350m:	3:56.95	34.91	750m:	8:35.05	34.88	1150m:	13:12.89	35.21			
	400m:	4:31.94	34.99	800m:	9:09.52	34.47	1200m:	13:47.87	34.98			
4.	Goncalo Miguel Nogueira			98	Porto		17:17.56		+0,72	591		
	50m:	31.22	31.22	450m:	5:06.66	34.84	850m:	9:44.17	34.78	1250m:	14:24.07	35.34
	100m:	1:05.04	33.82	500m:	5:41.03	34.37	900m:	10:18.83	34.66	1300m:	14:59.12	35.05
	150m:	1:39.57	34.53	550m:	6:15.96	34.93	950m:	10:53.85	35.02	1350m:	15:34.13	35.01
	200m:	2:13.82	34.25	600m:	6:50.76	34.80	1000m:	11:28.71	34.86	1400m:	16:09.41	35.28
	250m:	2:48.45	34.63	650m:	7:25.71	34.95	1050m:	12:03.62	34.91	1450m:	16:44.33	34.92
	300m:	3:22.62	34.17	700m:	8:00.15	34.44	1100m:	12:38.61	34.99	1500m:	17:17.56	33.23
	350m:	3:57.31	34.69	750m:	8:35.02	34.87	1150m:	13:13.60	34.99			
	400m:	4:31.82	34.51	800m:	9:09.39	34.37	1200m:	13:48.73	35.13			
5.	Joao Costa Ferreira			98	Famalicao		17:26.40		+0,83	576		
	50m:	30.42	30.42	450m:	5:07.26	35.14	850m:	9:46.92	34.92	1250m:	14:32.78	35.63
	100m:	1:03.86	33.44	500m:	5:42.41	35.15	900m:	10:22.69	35.77	1300m:	15:07.95	35.17
	150m:	1:38.25	34.39	550m:	6:17.31	34.90	950m:	10:58.06	35.37	1350m:	15:43.42	35.47
	200m:	2:12.76	34.51	600m:	6:51.85	34.54	1000m:	11:34.29	36.23	1400m:	16:18.73	35.31
	250m:	2:47.65	34.89	650m:	7:26.73	34.88	1050m:	12:10.13	35.84	1450m:	16:53.29	34.56
	300m:	3:22.31	34.66	700m:	8:01.68	34.95	1100m:	12:45.85	35.72	1500m:	17:26.40	33.11
	350m:	3:57.12	34.81	750m:	8:36.77	35.09	1150m:	13:21.31	35.46			
	400m:	4:32.12	35.00	800m:	9:12.00	35.23	1200m:	13:57.15	35.84			

Prova 19, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
6.	Rafael Ladeiro Santos	98	Geslours	17:37.44	+0,98	558
	50m: 31.43 31.43	450m: 5:17.06 35.67	850m: 10:02.48 35.87	1250m: 14:43.76 35.36		
	100m: 1:05.78 34.35	500m: 5:53.34 36.28	900m: 10:37.48 35.00	1300m: 15:18.87 35.11		
	150m: 1:41.65 35.87	550m: 6:28.88 35.54	950m: 11:12.81 35.33	1350m: 15:54.03 35.16		
	200m: 2:17.42 35.77	600m: 7:04.71 35.83	1000m: 11:47.54 34.73	1400m: 16:28.74 34.71		
	250m: 2:53.60 36.18	650m: 7:40.04 35.33	1050m: 12:22.76 35.22	1450m: 17:03.19 34.45		
	300m: 3:29.75 36.15	700m: 8:15.33 35.29	1100m: 12:58.04 35.28	1500m: 17:37.44 34.25		
	350m: 4:06.01 36.26	750m: 8:51.09 35.76	1150m: 13:33.25 35.21			
	400m: 4:41.39 35.38	800m: 9:26.61 35.52	1200m: 14:08.40 35.15			
7.	Luis Filipe Ribeiro	98	Braga	17:43.48		549
	50m: 31.11 31.11	450m: 5:15.79 36.30	850m: 10:01.39 35.38	1250m: 14:47.57 35.56		
	100m: 1:05.92 34.81	500m: 5:51.48 35.69	900m: 10:37.25 35.86	1300m: 15:23.47 35.90		
	150m: 1:41.58 35.66	550m: 6:27.72 36.24	950m: 11:13.16 35.91	1350m: 15:59.07 35.60		
	200m: 2:16.56 34.98	600m: 7:03.25 35.53	1000m: 11:49.17 36.01	1400m: 16:35.49 36.42		
	250m: 2:52.51 35.95	650m: 7:39.18 35.93	1050m: 12:24.71 35.54	1450m: 17:10.07 34.58		
	300m: 3:27.95 35.44	700m: 8:14.59 35.41	1100m: 13:00.47 35.76	1500m: 17:43.48 33.41		
	350m: 4:03.85 35.90	750m: 8:50.23 35.64	1150m: 13:36.08 35.61			
	400m: 4:39.49 35.64	800m: 9:26.01 35.78	1200m: 14:12.01 35.93			
8.	Pedro Goncalves Neto	98	Porto	17:44.30	+0,85	548
	50m: 30.92 30.92	450m: 5:14.48 35.66	850m: 10:00.48 36.51	1250m: 14:51.82 35.16		
	100m: 1:05.46 34.54	500m: 5:49.78 35.30	900m: 10:38.78 38.30	1300m: 15:26.79 34.97		
	150m: 1:41.04 35.58	550m: 6:25.13 35.35	950m: 11:17.01 38.23	1350m: 16:01.77 34.98		
	200m: 2:16.49 35.45	600m: 7:00.93 35.80	1000m: 11:51.90 34.89	1400m: 16:37.11 35.34		
	250m: 2:51.88 35.39	650m: 7:36.65 35.72	1050m: 12:27.90 36.00	1450m: 17:11.16 34.05		
	300m: 3:27.53 35.65	700m: 8:12.44 35.79	1100m: 13:04.29 36.39	1500m: 17:44.30 33.14		
	350m: 4:03.11 35.58	750m: 8:47.92 35.48	1150m: 13:40.40 36.11			
	400m: 4:38.82 35.71	800m: 9:23.97 36.05	1200m: 14:16.66 36.26			
9.	Viktor Kot	98	Nautico da Marinha Grande	17:45.10		546
	50m: 31.59 31.59	450m: 5:15.62 35.43	850m: 10:01.69 35.31	1250m: 14:48.22 35.83		
	100m: 1:06.34 34.75	500m: 5:51.54 35.92	900m: 10:37.94 36.25	1300m: 15:24.20 35.98		
	150m: 1:41.70 35.36	550m: 6:26.71 35.17	950m: 11:12.99 35.05	1350m: 15:59.42 35.22		
	200m: 2:17.36 35.66	600m: 7:02.73 36.02	1000m: 11:48.93 35.94	1400m: 16:35.88 36.46		
	250m: 2:53.36 36.00	650m: 7:38.67 35.94	1050m: 12:24.26 35.33	1450m: 17:10.28 34.40		
	300m: 3:28.78 35.42	700m: 8:14.36 35.69	1100m: 13:00.22 35.96	1500m: 17:45.10 34.82		
	350m: 4:04.33 35.55	750m: 8:50.34 35.98	1150m: 13:36.83 36.61			
	400m: 4:40.19 35.86	800m: 9:26.38 36.04	1200m: 14:12.39 35.56			
10.	Bruno Jose Silva	98	Braga	17:50.54	+0,95	538
	50m: 32.08 32.08	450m: 5:15.87 35.88	850m: 10:02.72 36.02	1250m: 14:52.85 36.52		
	100m: 1:06.63 34.55	500m: 5:51.60 35.73	900m: 10:38.36 35.64	1300m: 15:29.07 36.22		
	150m: 1:41.93 35.30	550m: 6:27.44 35.84	950m: 11:14.85 36.49	1350m: 16:05.63 36.56		
	200m: 2:17.15 35.22	600m: 7:03.25 35.81	1000m: 11:50.93 36.08	1400m: 16:41.32 35.69		
	250m: 2:52.80 35.65	650m: 7:38.95 35.70	1050m: 12:27.44 36.51	1450m: 17:16.86 35.54		
	300m: 3:28.35 35.55	700m: 8:14.80 35.85	1100m: 13:03.56 36.12	1500m: 17:50.54 33.68		
	350m: 4:04.43 36.08	750m: 8:50.90 36.10	1150m: 13:40.14 36.58			
	400m: 4:39.99 35.56	800m: 9:26.70 35.80	1200m: 14:16.33 36.19			
11.	Joao Santos Mendes	98	Leixoes	17:50.83	+0,77	538
	50m: 32.17 32.17	450m: 5:18.87 35.99	850m: 10:09.24 36.02	1250m: 14:56.04 36.00		
	100m: 1:07.07 34.90	500m: 5:54.77 35.90	900m: 10:44.39 35.15	1300m: 15:32.16 36.12		
	150m: 1:43.06 35.99	550m: 6:31.57 36.80	950m: 11:19.69 35.30	1350m: 16:07.49 35.33		
	200m: 2:18.21 35.15	600m: 7:07.98 36.41	1000m: 11:55.07 35.38	1400m: 16:42.82 35.33		
	250m: 2:54.33 36.12	650m: 7:45.38 37.40	1050m: 12:31.42 36.35	1450m: 17:17.52 34.70		
	300m: 3:30.17 35.84	700m: 8:21.30 35.92	1100m: 13:07.56 36.14	1500m: 17:50.83 33.31		
	350m: 4:07.14 36.97	750m: 8:57.50 36.20	1150m: 13:44.02 36.46			
	400m: 4:42.88 35.74	800m: 9:33.22 35.72	1200m: 14:20.04 36.02			

Prova 19, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
12.	Miguel Martins Baltazar	98	Aminata	17:51.34	+0,84	537	
	50m: 31.03 31.03	450m: 5:18.63	36.22	850m: 10:08.80	36.04	1250m: 14:56.10	35.95
	100m: 1:05.69 34.66	500m: 5:54.91	36.28	900m: 10:44.79	35.99	1300m: 15:32.13	36.03
	150m: 1:41.19 35.50	550m: 6:31.02	36.11	950m: 11:20.51	35.72	1350m: 16:07.48	35.35
	200m: 2:17.27 36.08	600m: 7:07.48	36.46	1000m: 11:56.53	36.02	1400m: 16:42.77	35.29
	250m: 2:53.54 36.27	650m: 7:43.79	36.31	1050m: 12:32.60	36.07	1450m: 17:17.50	34.73
	300m: 3:29.72 36.18	700m: 8:20.21	36.42	1100m: 13:08.53	35.93	1500m: 17:51.34	33.84
	350m: 4:05.96 36.24	750m: 8:56.30	36.09	1150m: 13:44.20	35.67		
	400m: 4:42.41 36.45	800m: 9:32.76	36.46	1200m: 14:20.15	35.95		
13.	Leonardo Bom Pinto	98	Leixoes	17:54.34	+0,88	532	
	50m: 31.25 31.25	450m: 5:14.37	35.99	850m: 10:03.11	36.67	1250m: 14:53.99	36.46
	100m: 1:05.55 34.30	500m: 5:50.33	35.96	900m: 10:38.33	35.22	1300m: 15:30.32	36.33
	150m: 1:40.82 35.27	550m: 6:25.63	35.30	950m: 11:14.98	36.65	1350m: 16:07.49	37.17
	200m: 2:15.31 34.49	600m: 7:01.04	35.41	1000m: 11:51.33	36.35	1400m: 16:44.15	36.66
	250m: 2:51.05 35.74	650m: 7:37.67	36.63	1050m: 12:28.33	37.00	1450m: 17:20.21	36.06
	300m: 3:26.87 35.82	700m: 8:13.68	36.01	1100m: 13:04.27	35.94	1500m: 17:54.34	34.13
	350m: 4:03.04 36.17	750m: 8:50.37	36.69	1150m: 13:40.82	36.55		
	400m: 4:38.38 35.34	800m: 9:26.44	36.07	1200m: 14:17.53	36.71		
14.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	17:57.58	+0,81	528	
	50m: 30.14 30.14	450m: 5:13.39	36.00	850m: 10:04.99	36.77	1250m: 14:57.35	36.25
	100m: 1:04.28 34.14	500m: 5:49.67	36.28	900m: 10:41.38	36.39	1300m: 15:33.44	36.09
	150m: 1:39.34 35.06	550m: 6:25.73	36.06	950m: 11:17.99	36.61	1350m: 16:10.34	36.90
	200m: 2:14.42 35.08	600m: 7:02.22	36.49	1000m: 11:54.66	36.67	1400m: 16:46.69	36.35
	250m: 2:49.98 35.56	650m: 7:38.89	36.67	1050m: 12:31.30	36.64	1450m: 17:22.82	36.13
	300m: 3:25.56 35.58	700m: 8:15.45	36.56	1100m: 13:07.99	36.69	1500m: 17:57.58	34.76
	350m: 4:01.35 35.79	750m: 8:51.94	36.49	1150m: 13:44.55	36.56		
	400m: 4:37.39 36.04	800m: 9:28.22	36.28	1200m: 14:21.10	36.55		
15.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	18:00.37		524	
	50m: 31.38 31.38	450m: 5:16.15	35.64	850m: 10:05.71	36.49	1250m: 15:00.82	36.73
	100m: 1:06.32 34.94	500m: 5:52.33	36.18	900m: 10:42.49	36.78	1300m: 15:37.81	36.99
	150m: 1:42.07 35.75	550m: 6:27.31	34.98	950m: 11:18.69	36.20	1350m: 16:13.80	35.99
	200m: 2:18.05 35.98	600m: 7:04.09	36.78	1000m: 11:56.21	37.52	1400m: 16:50.90	37.10
	250m: 2:52.91 34.86	650m: 7:39.29	35.20	1050m: 12:33.05	36.84	1450m: 17:26.52	35.62
	300m: 3:28.69 35.78	700m: 8:16.00	36.71	1100m: 13:09.93	36.88	1500m: 18:00.37	33.85
	350m: 4:04.61 35.92	750m: 8:52.69	36.69	1150m: 13:46.90	36.97		
	400m: 4:40.51 35.90	800m: 9:29.22	36.53	1200m: 14:24.09	37.19		
16.	Diogo Nogueira Rebelo	98	Colegio Monte Maior	18:04.96	+0,83	517	
	50m: 31.54 31.54	450m: 5:18.61	36.60	850m: 10:12.96	36.39	1250m: 15:06.16	36.12
	100m: 1:06.32 34.78	500m: 5:55.54	36.93	900m: 10:49.94	36.98	1300m: 15:42.93	36.77
	150m: 1:41.68 35.36	550m: 6:32.25	36.71	950m: 11:26.40	36.46	1350m: 16:18.86	35.93
	200m: 2:17.68 36.00	600m: 7:09.05	36.80	1000m: 12:03.25	36.85	1400m: 16:55.33	36.47
	250m: 2:53.79 36.11	650m: 7:45.80	36.75	1050m: 12:40.13	36.88	1450m: 17:30.73	35.40
	300m: 3:29.45 35.66	700m: 8:22.70	36.90	1100m: 13:17.15	37.02	1500m: 18:04.96	34.23
	350m: 4:05.51 36.06	750m: 8:59.26	36.56	1150m: 13:53.09	35.94		
	400m: 4:42.01 36.50	800m: 9:36.57	37.31	1200m: 14:30.04	36.95		
17.	Joao Sismeiro Pereira	98	Amadora	18:09.93	+0,78	510	
	50m: 32.78 32.78	450m: 5:26.29	36.93	850m: 10:19.52	36.15	1250m: 15:10.70	36.71
	100m: 1:08.50 35.72	500m: 6:02.86	36.57	900m: 10:56.05	36.53	1300m: 15:47.53	36.83
	150m: 1:45.16 36.66	550m: 6:39.67	36.81	950m: 11:32.00	35.95	1350m: 16:24.14	36.61
	200m: 2:22.25 37.09	600m: 7:16.39	36.72	1000m: 12:08.37	36.37	1400m: 17:00.04	35.90
	250m: 2:59.48 37.23	650m: 7:53.60	37.21	1050m: 12:44.67	36.30	1450m: 17:35.61	35.57
	300m: 3:36.16 36.68	700m: 8:30.31	36.71	1100m: 13:21.15	36.48	1500m: 18:09.93	34.32
	350m: 4:12.84 36.68	750m: 9:06.71	36.40	1150m: 13:57.45	36.30		
	400m: 4:49.36 36.52	800m: 9:43.37	36.66	1200m: 14:33.99	36.54		

Prova 19, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
18.	Jose Pedro Pinto	98	Braga	18:13.22	+0,80	505
	50m: 31.79 31.79	450m: 5:23.76 36.99	850m: 10:17.30 36.76	1250m: 15:11.69 37.00		
	100m: 1:07.31 35.52	500m: 6:00.60 36.84	900m: 10:53.93 36.63	1300m: 15:48.63 36.94		
	150m: 1:43.70 36.39	550m: 6:36.96 36.36	950m: 11:30.56 36.63	1350m: 16:25.33 36.70		
	200m: 2:19.88 36.18	600m: 7:14.02 37.06	1000m: 12:07.45 36.89	1400m: 17:01.80 36.47		
	250m: 2:55.97 36.09	650m: 7:50.33 36.31	1050m: 12:44.27 36.82	1450m: 17:38.05 36.25		
	300m: 3:33.00 37.03	700m: 8:27.31 36.98	1100m: 13:20.93 36.66	1500m: 18:13.22 35.17		
	350m: 4:09.72 36.72	750m: 9:03.69 36.38	1150m: 13:58.01 37.08			
	400m: 4:46.77 37.05	800m: 9:40.54 36.85	1200m: 14:34.69 36.68			
19.	Pedro Trindade Silva	98	Amadora	18:15.92	+0,91	502
	50m: 33.09 33.09	450m: 5:26.08 36.61	850m: 10:20.07 36.42	1250m: 15:13.67 36.87		
	100m: 1:08.71 35.62	500m: 6:03.05 36.97	900m: 10:56.58 36.51	1300m: 15:50.76 37.09		
	150m: 1:45.16 36.45	550m: 6:39.87 36.82	950m: 11:33.08 36.50	1350m: 16:27.47 36.71		
	200m: 2:22.53 37.37	600m: 7:16.70 36.83	1000m: 12:09.18 36.10	1400m: 17:04.74 37.27		
	250m: 2:59.40 36.87	650m: 7:53.81 37.11	1050m: 12:45.97 36.79	1450m: 17:41.52 36.78		
	300m: 3:36.42 37.02	700m: 8:30.63 36.82	1100m: 13:22.62 36.65	1500m: 18:15.92 34.40		
	350m: 4:12.95 36.53	750m: 9:07.15 36.52	1150m: 13:59.84 37.22			
	400m: 4:49.47 36.52	800m: 9:43.65 36.50	1200m: 14:36.80 36.96			
20.	Francisco Rodrigues Antas FTL	98	Desportiva de Viana	18:21.00	+1,01	495
	50m: 32.55 32.55	450m: 5:26.71 37.17	850m: 10:21.64 37.39	1250m: 15:19.91 37.86		
	100m: 1:08.56 36.01	500m: 6:02.92 36.21	900m: 10:58.92 37.28	1300m: 15:56.51 36.60		
	150m: 1:45.22 36.66	550m: 6:39.51 36.59	950m: 11:36.14 37.22	1350m: 16:33.24 36.73		
	200m: 2:21.88 36.66	600m: 7:15.77 36.26	1000m: 12:13.26 37.12	1400m: 17:09.32 36.08		
	250m: 2:58.46 36.58	650m: 7:52.93 37.16	1050m: 12:50.50 37.24	1450m: 17:45.68 36.36		
	300m: 3:35.81 37.35	700m: 8:30.12 37.19	1100m: 13:27.57 37.07	1500m: 18:21.00 35.32		
	350m: 4:12.78 36.97	750m: 9:07.28 37.16	1150m: 14:04.92 37.35			
	400m: 4:49.54 36.76	800m: 9:44.25 36.97	1200m: 14:42.05 37.13			
21.	Diogo Rosado Leca FTL	98	Colegio Monte Maior	18:27.95	+0,98	485
	50m: 32.18 32.18	450m: 5:29.14 37.83	850m: 10:27.63 36.89	1250m: 15:24.21 37.18		
	100m: 1:07.92 35.74	500m: 6:06.92 37.78	900m: 11:03.77 36.14	1300m: 16:01.24 37.03		
	150m: 1:44.48 36.56	550m: 6:44.54 37.62	950m: 11:40.78 37.01	1350m: 16:37.64 36.40		
	200m: 2:21.77 37.29	600m: 7:22.72 38.18	1000m: 12:17.79 37.01	1400m: 17:15.21 37.57		
	250m: 2:58.65 36.88	650m: 7:59.99 37.27	1050m: 12:55.18 37.39	1450m: 17:51.82 36.61		
	300m: 3:36.07 37.42	700m: 8:36.92 36.93	1100m: 13:32.18 37.00	1500m: 18:27.95 36.13		
	350m: 4:13.73 37.66	750m: 9:14.07 37.15	1150m: 14:09.76 37.58			
	400m: 4:51.31 37.58	800m: 9:50.74 36.67	1200m: 14:47.03 37.27			
22.	Leandro Miguel Baptista FTL	98	Leixoes	18:31.61	+0,73	481
	50m: 31.11 31.11	450m: 5:27.22 37.82	850m: 10:29.31 37.87	1250m: 15:29.19 37.57		
	100m: 1:06.17 35.06	500m: 6:04.99 37.77	900m: 11:06.51 37.20	1300m: 16:05.97 36.78		
	150m: 1:42.97 36.80	550m: 6:43.24 38.25	950m: 11:44.40 37.89	1350m: 16:43.36 37.39		
	200m: 2:19.76 36.79	600m: 7:20.49 37.25	1000m: 12:21.87 37.47	1400m: 17:19.82 36.46		
	250m: 2:56.90 37.14	650m: 7:58.58 38.09	1050m: 12:59.69 37.82	1450m: 17:56.09 36.27		
	300m: 3:34.37 37.47	700m: 8:36.01 37.43	1100m: 13:37.08 37.39	1500m: 18:31.61 35.52		
	350m: 4:11.98 37.61	750m: 9:13.67 37.66	1150m: 14:14.48 37.40			
	400m: 4:49.40 37.42	800m: 9:51.44 37.77	1200m: 14:51.62 37.14			

Prova 19, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
23.	Joao Luis Maximo	98	O Crasto	18:31.83	+0,77	480
<i>FTL</i>						
	50m: 30.19	30.19	450m: 5:25.82	37.87	850m: 10:27.61	37.66
	100m: 1:04.59	34.40	500m: 6:03.77	37.95	900m: 11:04.69	37.08
	150m: 1:41.59	37.00	550m: 6:41.40	37.63	950m: 11:42.07	37.38
	200m: 2:18.83	37.24	600m: 7:19.26	37.86	1000m: 12:19.63	37.56
	250m: 2:56.22	37.39	650m: 7:56.98	37.72	1050m: 12:57.58	37.95
	300m: 3:33.56	37.34	700m: 8:35.00	38.02	1100m: 13:34.99	37.41
	350m: 4:10.65	37.09	750m: 9:12.53	37.53	1150m: 14:12.74	37.75
	400m: 4:47.95	37.30	800m: 9:49.95	37.42	1200m: 14:50.21	37.47
24.	Pedro Miguel Vieira	98	Galitos	18:50.60	+0,86	457
<i>FTL</i>						
	50m: 31.91	31.91	450m: 5:27.72	37.62	850m: 10:33.78	38.51
	100m: 1:07.33	35.42	500m: 6:05.71	37.99	900m: 11:11.97	38.19
	150m: 1:43.67	36.34	550m: 6:43.86	38.15	950m: 11:50.14	38.17
	200m: 2:20.30	36.63	600m: 7:22.11	38.25	1000m: 12:28.60	38.46
	250m: 2:57.18	36.88	650m: 8:00.54	38.43	1050m: 13:07.42	38.82
	300m: 3:34.84	37.66	700m: 8:38.82	38.28	1100m: 13:46.47	39.05
	350m: 4:12.19	37.35	750m: 9:17.13	38.31	1150m: 14:25.48	39.01
	400m: 4:50.10	37.91	800m: 9:55.27	38.14	1200m: 15:03.28	37.80

Prova 19 Masc., 1500m Livres Juvenis A
24-03-2013 - 9:00 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009

TAC Masc Juv A : 17:55.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	16:50.95	+0,78	639
	50m: 31.23	31.23	450m: 5:01.40	33.94	850m: 9:30.84	33.87
	100m: 1:04.68	33.45	500m: 5:35.43	34.03	900m: 10:04.53	33.69
	150m: 1:38.38	33.70	550m: 6:08.92	33.49	950m: 10:38.62	34.09
	200m: 2:12.00	33.62	600m: 6:42.56	33.64	1000m: 11:12.47	33.85
	250m: 2:46.02	34.02	650m: 7:16.11	33.55	1050m: 11:46.25	33.78
	300m: 3:19.68	33.66	700m: 7:49.76	33.65	1100m: 12:20.27	34.02
	350m: 3:53.77	34.09	750m: 8:23.41	33.65	1150m: 12:54.42	34.15
	400m: 4:27.46	33.69	800m: 8:56.97	33.56	1200m: 13:28.17	33.75
2.	Joao Luis Travanca	97	Porto	16:59.19	+0,98	624
	50m: 31.61	31.61	450m: 5:02.64	34.34	850m: 9:34.43	34.72
	100m: 1:04.69	33.08	500m: 5:36.17	33.53	900m: 10:07.92	33.49
	150m: 1:39.02	34.33	550m: 6:09.93	33.76	950m: 10:42.53	34.61
	200m: 2:12.50	33.48	600m: 6:43.71	33.78	1000m: 11:15.68	33.15
	250m: 2:46.69	34.19	650m: 7:18.23	34.52	1050m: 11:50.37	34.69
	300m: 3:20.50	33.81	700m: 7:51.77	33.54	1100m: 12:23.60	33.23
	350m: 3:54.23	33.73	750m: 8:26.49	34.72	1150m: 12:58.42	34.82
	400m: 4:28.30	34.07	800m: 8:59.71	33.22	1200m: 13:31.91	33.49

Prova 19, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
3.	Ricardo Eduardo Afonso	97	Braga	17:02.54	+0,74	618
	50m: 30.29 30.29	450m: 5:01.87 33.97	850m: 9:35.28 34.63	1250m: 14:11.46 35.02		
	100m: 1:04.21 33.92	500m: 5:35.96 34.09	900m: 10:09.58 34.30	1300m: 14:46.35 34.89		
	150m: 1:38.47 34.26	550m: 6:10.13 34.17	950m: 10:44.04 34.46	1350m: 15:21.12 34.77		
	200m: 2:12.23 33.76	600m: 6:43.53 33.40	1000m: 11:18.65 34.61	1400m: 15:55.59 34.47		
	250m: 2:46.33 34.10	650m: 7:17.63 34.10	1050m: 11:52.82 34.17	1450m: 16:29.92 34.33		
	300m: 3:20.20 33.87	700m: 7:51.79 34.16	1100m: 12:27.51 34.69	1500m: 17:02.54 32.62		
	350m: 3:54.30 34.10	750m: 8:26.15 34.36	1150m: 13:01.86 34.35			
	400m: 4:27.90 33.60	800m: 9:00.65 34.50	1200m: 13:36.44 34.58			
4.	David Emanuel Martins	97	Braga	17:16.75	+0,96	593
	50m: 30.18 30.18	450m: 5:04.84 34.70	850m: 9:45.53 34.89	1250m: 14:25.24 34.91		
	100m: 1:03.28 33.10	500m: 5:40.03 35.19	900m: 10:20.61 35.08	1300m: 15:00.40 35.16		
	150m: 1:37.26 33.98	550m: 6:14.90 34.87	950m: 10:55.66 35.05	1350m: 15:35.24 34.84		
	200m: 2:11.37 34.11	600m: 6:49.97 35.07	1000m: 11:30.69 35.03	1400m: 16:10.09 34.85		
	250m: 2:45.90 34.53	650m: 7:25.05 35.08	1050m: 12:05.31 34.62	1450m: 16:44.56 34.47		
	300m: 3:20.58 34.68	700m: 8:00.40 35.35	1100m: 12:40.52 35.21	1500m: 17:16.75 32.19		
	350m: 3:55.27 34.69	750m: 8:35.39 34.99	1150m: 13:15.14 34.62			
	400m: 4:30.14 34.87	800m: 9:10.64 35.25	1200m: 13:50.33 35.19			
5.	Guilherme Pereira Dias	97	Sporting	17:26.58	+0,70	576
	50m: 31.42 31.42	450m: 5:12.17 35.42	850m: 9:55.46 35.31	1250m: 14:36.38 35.13		
	100m: 1:05.60 34.18	500m: 5:47.67 35.50	900m: 10:30.94 35.48	1300m: 15:11.18 34.80		
	150m: 1:40.74 35.14	550m: 6:23.35 35.68	950m: 11:06.39 35.45	1350m: 15:45.67 34.49		
	200m: 2:15.68 34.94	600m: 6:58.84 35.49	1000m: 11:41.71 35.32	1400m: 16:20.37 34.70		
	250m: 2:51.00 35.32	650m: 7:34.08 35.24	1050m: 12:16.51 34.80	1450m: 16:54.27 33.90		
	300m: 3:26.12 35.12	700m: 8:09.31 35.23	1100m: 12:51.51 35.00	1500m: 17:26.58 32.31		
	350m: 4:01.42 35.30	750m: 8:44.52 35.21	1150m: 13:26.48 34.97			
	400m: 4:36.75 35.33	800m: 9:20.15 35.63	1200m: 14:01.25 34.77			
6.	Narciso Daniel Correia	97	Braga	17:28.19	+0,89	573
	50m: 30.90 30.90	450m: 5:07.69 35.13	850m: 9:52.00 35.32	1250m: 14:36.08 35.35		
	100m: 1:03.92 33.02	500m: 5:43.48 35.79	900m: 10:27.52 35.52	1300m: 15:11.36 35.28		
	150m: 1:38.75 34.83	550m: 6:19.28 35.80	950m: 11:02.71 35.19	1350m: 15:46.98 35.62		
	200m: 2:13.55 34.80	600m: 6:54.90 35.62	1000m: 11:38.75 36.04	1400m: 16:21.65 34.67		
	250m: 2:48.36 34.81	650m: 7:29.93 35.03	1050m: 12:13.75 35.00	1450m: 16:55.55 33.90		
	300m: 3:23.05 34.69	700m: 8:05.54 35.61	1100m: 12:49.51 35.76	1500m: 17:28.19 32.64		
	350m: 3:57.92 34.87	750m: 8:41.05 35.51	1150m: 13:25.12 35.61			
	400m: 4:32.56 34.64	800m: 9:16.68 35.63	1200m: 14:00.73 35.61			
7.	Joao Ricardo Silva	97	Ginasio Figueirense	17:29.92	+0,74	570
	50m: 30.43 30.43	450m: 5:09.09 35.38	850m: 9:51.99 35.47	1250m: 14:36.00 35.57		
	100m: 1:04.33 33.90	500m: 5:44.28 35.19	900m: 10:27.31 35.32	1300m: 15:11.26 35.26		
	150m: 1:39.35 35.02	550m: 6:19.69 35.41	950m: 11:02.61 35.30	1350m: 15:46.68 35.42		
	200m: 2:13.96 34.61	600m: 6:55.00 35.31	1000m: 11:38.27 35.66	1400m: 16:22.52 35.84		
	250m: 2:49.28 35.32	650m: 7:30.28 35.28	1050m: 12:13.79 35.52	1450m: 16:57.69 35.17		
	300m: 3:23.81 34.53	700m: 8:05.40 35.12	1100m: 12:49.59 35.80	1500m: 17:29.92 32.23		
	350m: 3:58.41 34.60	750m: 8:40.82 35.42	1150m: 13:25.03 35.44			
	400m: 4:33.71 35.30	800m: 9:16.52 35.70	1200m: 14:00.43 35.40			
8.	Nuno Valerio Silva	97	Nautico da Marinha Grande	17:30.09	+0,81	570
	50m: 30.22 30.22	450m: 5:08.86 35.10	850m: 9:51.56 35.56	1250m: 14:36.21 35.82		
	100m: 1:04.15 33.93	500m: 5:43.90 35.04	900m: 10:26.91 35.35	1300m: 15:11.79 35.58		
	150m: 1:39.15 35.00	550m: 6:19.31 35.41	950m: 11:02.57 35.66	1350m: 15:47.78 35.99		
	200m: 2:13.77 34.62	600m: 6:54.48 35.17	1000m: 11:38.38 35.81	1400m: 16:23.66 35.88		
	250m: 2:48.89 35.12	650m: 7:29.66 35.18	1050m: 12:13.83 35.45	1450m: 16:59.00 35.34		
	300m: 3:23.80 34.91	700m: 8:04.98 35.32	1100m: 12:49.53 35.70	1500m: 17:30.09 31.09		
	350m: 3:58.64 34.84	750m: 8:40.55 35.57	1150m: 13:25.14 35.61			
	400m: 4:33.76 35.12	800m: 9:16.00 35.45	1200m: 14:00.39 35.25			

Prova 19, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
9.	Joao Miguel Cardoso	97	Geslours	17:33.40	+0,88	565
	50m: 32.59 32.59	450m: 5:11.76 35.07	850m: 9:53.41 35.59	1250m: 14:37.52 35.58		
	100m: 1:06.23 33.64	500m: 5:46.76 35.00	900m: 10:28.64 35.23	1300m: 15:12.44 34.92		
	150m: 1:41.37 35.14	550m: 6:21.70 34.94	950m: 11:05.10 36.46	1350m: 15:47.91 35.47		
	200m: 2:16.21 34.84	600m: 6:56.83 35.13	1000m: 11:40.42 35.32	1400m: 16:23.61 35.70		
	250m: 2:51.49 35.28	650m: 7:32.04 35.21	1050m: 12:16.23 35.81	1450m: 16:59.34 35.73		
	300m: 3:26.60 35.11	700m: 8:07.19 35.15	1100m: 12:51.35 35.12	1500m: 17:33.40 34.06		
	350m: 4:01.80 35.20	750m: 8:42.54 35.35	1150m: 13:27.02 35.67			
	400m: 4:36.69 34.89	800m: 9:17.82 35.28	1200m: 14:01.94 34.92			
10.	Jorge Miguel Nunes	97	Porto	17:35.09	+1,00	562
	50m: 31.63 31.63	450m: 5:10.89 34.99	850m: 9:51.75 35.48	1250m: 14:36.59 35.86		
	100m: 1:06.37 34.74	500m: 5:45.83 34.94	900m: 10:27.03 35.28	1300m: 15:12.50 35.91		
	150m: 1:41.21 34.84	550m: 6:20.76 34.93	950m: 11:02.58 35.55	1350m: 15:48.59 36.09		
	200m: 2:16.03 34.82	600m: 6:55.72 34.96	1000m: 11:38.21 35.63	1400m: 16:24.41 35.82		
	250m: 2:51.01 34.98	650m: 7:30.94 35.22	1050m: 12:13.68 35.47	1450m: 17:00.46 36.05		
	300m: 3:25.71 34.70	700m: 8:05.76 34.82	1100m: 12:49.33 35.65	1500m: 17:35.09 34.63		
	350m: 4:00.77 35.06	750m: 8:40.96 35.20	1150m: 13:25.10 35.77			
	400m: 4:35.90 35.13	800m: 9:16.27 35.31	1200m: 14:00.73 35.63			
11.	Diogo Miguel Nelas	97	Braga	17:42.53	+0,92	550
	50m: 30.64 30.64	450m: 5:10.09 35.66	850m: 9:55.09 34.94	1250m: 14:44.31 36.40		
	100m: 1:03.86 33.22	500m: 5:45.89 35.80	900m: 10:31.00 35.91	1300m: 15:20.26 35.95		
	150m: 1:38.33 34.47	550m: 6:21.18 35.29	950m: 11:07.08 36.08	1350m: 15:56.31 36.05		
	200m: 2:13.01 34.68	600m: 6:56.70 35.52	1000m: 11:42.63 35.55	1400m: 16:32.13 35.82		
	250m: 2:48.30 35.29	650m: 7:32.59 35.89	1050m: 12:18.80 36.17	1450m: 17:07.00 34.87		
	300m: 3:23.42 35.12	700m: 8:08.23 35.64	1100m: 12:55.37 36.57	1500m: 17:42.53 35.53		
	350m: 3:58.96 35.54	750m: 8:44.18 35.95	1150m: 13:31.74 36.37			
	400m: 4:34.43 35.47	800m: 9:20.15 35.97	1200m: 14:07.91 36.17			
12.	Andre Sousa Goncalves	97	Natacao de Olhao	17:45.83	+0,95	545
	50m: 31.16 31.16	450m: 5:13.63 35.74	850m: 10:01.88 36.50	1250m: 14:49.58 35.82		
	100m: 1:05.41 34.25	500m: 5:49.53 35.90	900m: 10:37.56 35.68	1300m: 15:25.24 35.66		
	150m: 1:40.73 35.32	550m: 6:25.82 36.29	950m: 11:13.43 35.87	1350m: 16:01.50 36.26		
	200m: 2:15.99 35.26	600m: 7:01.27 35.45	1000m: 11:48.96 35.53	1400m: 16:36.94 35.44		
	250m: 2:51.48 35.49	650m: 7:37.78 36.51	1050m: 12:24.97 36.01	1450m: 17:11.61 34.67		
	300m: 3:26.60 35.12	700m: 8:13.57 35.79	1100m: 13:00.94 35.97	1500m: 17:45.83 34.22		
	350m: 4:02.60 36.00	750m: 8:49.79 36.22	1150m: 13:37.32 36.38			
	400m: 4:37.89 35.29	800m: 9:25.38 35.59	1200m: 14:13.76 36.44			
13.	Alexandre Miguel Laureano	97	Alcobaca	17:49.70	+0,75	539
	50m: 30.41 30.41	450m: 5:16.89 35.88	850m: 10:03.93 35.11	1250m: 14:52.07 36.01		
	100m: 1:05.50 35.09	500m: 5:53.03 36.14	900m: 10:40.19 36.26	1300m: 15:28.42 36.35		
	150m: 1:41.14 35.64	550m: 6:28.89 35.86	950m: 11:16.11 35.92	1350m: 16:04.76 36.34		
	200m: 2:17.23 36.09	600m: 7:05.17 36.28	1000m: 11:52.13 36.02	1400m: 16:41.06 36.30		
	250m: 2:53.25 36.02	650m: 7:41.01 35.84	1050m: 12:28.04 35.91	1450m: 17:16.36 35.30		
	300m: 3:29.18 35.93	700m: 8:17.37 36.36	1100m: 13:03.99 35.95	1500m: 17:49.70 33.34		
	350m: 4:05.16 35.98	750m: 8:52.79 35.42	1150m: 13:40.03 36.04			
	400m: 4:41.01 35.85	800m: 9:28.82 36.03	1200m: 14:16.06 36.03			
14.	Artur Miguel Marques	97	Leixoes	17:53.14		534
	50m: 30.44 30.44	450m: 5:09.39 35.58	850m: 9:59.16 36.05	1250m: 14:53.29 37.36		
	100m: 1:04.68 34.24	500m: 5:45.08 35.69	900m: 10:35.98 36.82	1300m: 15:29.73 36.44		
	150m: 1:39.26 34.58	550m: 6:20.90 35.82	950m: 11:12.72 36.74	1350m: 16:06.37 36.64		
	200m: 2:13.30 34.04	600m: 6:57.64 36.74	1000m: 11:49.46 36.74	1400m: 16:42.76 36.39		
	250m: 2:48.04 34.74	650m: 7:33.50 35.86	1050m: 12:25.97 36.51	1450m: 17:18.77 36.01		
	300m: 3:23.27 35.23	700m: 8:09.96 36.46	1100m: 13:02.59 36.62	1500m: 17:53.14 34.37		
	350m: 3:58.33 35.06	750m: 8:46.22 36.26	1150m: 13:39.15 36.56			
	400m: 4:33.81 35.48	800m: 9:23.11 36.89	1200m: 14:15.93 36.78			

Prova 19, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
15.	Daniel Francisco Mendonca	97	Braga	17:57.61	+0,96	528
	<i>FTL</i>					
	50m: 31.48 31.48	450m: 5:17.60 36.51	850m: 10:08.70 36.42	1250m: 14:59.96 36.45		
	100m: 1:05.58 34.10	500m: 5:53.58 35.98	900m: 10:44.96 36.26	1300m: 15:35.83 35.87		
	150m: 1:41.14 35.56	550m: 6:30.42 36.84	950m: 11:21.46 36.50	1350m: 16:12.21 36.38		
	200m: 2:16.42 35.28	600m: 7:07.00 36.58	1000m: 11:57.81 36.35	1400m: 16:48.17 35.96		
	250m: 2:52.53 36.11	650m: 7:43.35 36.35	1050m: 12:34.16 36.35	1450m: 17:24.13 35.96		
	300m: 3:28.11 35.58	700m: 8:19.35 36.00	1100m: 13:10.44 36.28	1500m: 17:57.61 33.48		
	350m: 4:04.87 36.76	750m: 8:55.91 36.56	1150m: 13:47.04 36.60			
	400m: 4:41.09 36.22	800m: 9:32.28 36.37	1200m: 14:23.51 36.47			
16.	Ruben Jose Morim	97	Vilacondense	18:03.69	+0,78	519
	<i>FTL</i>					
	50m: 30.98 30.98	450m: 5:14.92 35.84	850m: 10:07.92 37.20	1250m: 15:02.17 36.87		
	100m: 1:05.65 34.67	500m: 5:51.07 36.15	900m: 10:44.59 36.67	1300m: 15:38.97 36.80		
	150m: 1:41.39 35.74	550m: 6:27.20 36.13	950m: 11:21.63 37.04	1350m: 16:15.50 36.53		
	200m: 2:16.64 35.25	600m: 7:03.96 36.76	1000m: 11:58.27 36.64	1400m: 16:52.16 36.66		
	250m: 2:52.13 35.49	650m: 7:40.43 36.47	1050m: 12:35.12 36.85	1450m: 17:29.36 37.20		
	300m: 3:27.23 35.10	700m: 8:17.24 36.81	1100m: 13:11.90 36.78	1500m: 18:03.69 34.33		
	350m: 4:03.15 35.92	750m: 8:54.11 36.87	1150m: 13:48.78 36.88			
	400m: 4:39.08 35.93	800m: 9:30.72 36.61	1200m: 14:25.30 36.52			
17.	Marco Andre Fernandes	97	Gespacos	18:09.15	+0,93	511
	<i>FTL</i>					
	50m: 32.35 32.35	450m: 5:21.09 36.10	850m: 10:12.82 36.48	1250m: 15:06.88 37.25		
	100m: 1:07.78 35.43	500m: 5:57.28 36.19	900m: 10:49.43 36.61	1300m: 15:43.56 36.68		
	150m: 1:43.86 36.08	550m: 6:33.65 36.37	950m: 11:26.31 36.88	1350m: 16:20.65 37.09		
	200m: 2:19.89 36.03	600m: 7:10.27 36.62	1000m: 12:02.79 36.48	1400m: 16:57.48 36.83		
	250m: 2:56.04 36.15	650m: 7:46.73 36.46	1050m: 12:39.85 37.06	1450m: 17:33.77 36.29		
	300m: 3:32.48 36.44	700m: 8:23.19 36.46	1100m: 13:16.36 36.51	1500m: 18:09.15 35.38		
	350m: 4:08.81 36.33	750m: 8:59.63 36.44	1150m: 13:53.42 37.06			
	400m: 4:44.99 36.18	800m: 9:36.34 36.71	1200m: 14:29.63 36.21			
18.	Joao Afonso Picao	97	Leixoes	18:10.65	+1,00	509
	<i>FTL</i>					
	50m: 31.80 31.80	450m: 5:15.99 36.09	850m: 10:10.14 36.64	1250m: 15:05.87 36.92		
	100m: 1:06.45 34.65	500m: 5:52.45 36.46	900m: 10:47.19 37.05	1300m: 15:43.37 37.50		
	150m: 1:41.62 35.17	550m: 6:28.93 36.48	950m: 11:24.20 37.01	1350m: 16:20.14 36.77		
	200m: 2:16.97 35.35	600m: 7:05.60 36.67	1000m: 12:00.86 36.66	1400m: 16:57.57 37.43		
	250m: 2:52.18 35.21	650m: 7:42.57 36.97	1050m: 12:37.70 36.84	1450m: 17:34.11 36.54		
	300m: 3:27.72 35.54	700m: 8:19.43 36.86	1100m: 13:14.73 37.03	1500m: 18:10.65 36.54		
	350m: 4:03.56 35.84	750m: 8:56.21 36.78	1150m: 13:51.98 37.25			
	400m: 4:39.90 36.34	800m: 9:33.50 37.29	1200m: 14:28.95 36.97			

Prova 20
24-03-2013 - 10:55

Femin., 400m Livres

Juvenis
Resultados

Rec Nac Absoluto	4:19.89	Ana Feio Alegria	FPN	Barcelona (ESP)	30-05-1996
Rec Nac Juv	4:28.67	tempo limite			

TAC Fem Juv : 5:01.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Tamila Hryhorivna Holub	99	Braga	4:35.71	+0,88	652
	50m: 30.91 30.91	150m: 1:39.69 34.90	250m: 2:50.98 35.89	350m: 4:01.95 35.37		
	100m: 1:04.79 33.88	200m: 2:15.09 35.40	300m: 3:26.58 35.60	400m: 4:35.71 33.76		
2.	Rita Costa Amador	99	Galitos	4:42.46	+0,75	606
	50m: 31.36 31.36	150m: 1:41.18 35.59	250m: 2:53.88 36.09	350m: 4:07.39 36.54		
	100m: 1:05.59 34.23	200m: 2:17.79 36.61	300m: 3:30.85 36.97	400m: 4:42.46 35.07		
3.	Ana Beatriz Martins	99	Famalicao	4:43.55	+0,63	599
	50m: 32.20 32.20	150m: 1:43.48 36.36	250m: 2:56.68 36.50	350m: 4:09.38 35.99		
	100m: 1:07.12 34.92	200m: 2:20.18 36.70	300m: 3:33.39 36.71	400m: 4:43.55 34.17		
4.	Tania Cristina Mendes	99	Industrial Viegrense	4:44.26	+0,87	595
	50m: 31.57 31.57	150m: 1:42.18 35.86	250m: 2:55.38 36.66	350m: 4:08.91 36.47		
	100m: 1:06.32 34.75	200m: 2:18.72 36.54	300m: 3:32.44 37.06	400m: 4:44.26 35.35		
5.	Madalena Gomes Azevedo	99	Alges	4:44.38	+1,02	594
	50m: 32.43 32.43	150m: 1:44.22 35.76	250m: 2:55.85 35.41	350m: 4:10.57 37.29		
	100m: 1:08.46 36.03	200m: 2:20.44 36.22	300m: 3:33.28 37.43	400m: 4:44.38 33.81		
6.	Ana Carolina Carraco	99	Freguesia de Paiao	4:45.45	+0,79	588
	50m: 32.55 32.55	150m: 1:44.04 35.97	250m: 2:57.22 36.52	350m: 4:10.49 36.51		
	100m: 1:08.07 35.52	200m: 2:20.70 36.66	300m: 3:33.98 36.76	400m: 4:45.45 34.96		
7.	Beatriz Paulo Ranito	99	Sporting	4:48.58	+0,80	569
	50m: 32.95 32.95	150m: 1:45.91 36.92	250m: 2:59.78 36.98	350m: 4:12.66 36.02		
	100m: 1:08.99 36.04	200m: 2:22.80 36.89	300m: 3:36.64 36.86	400m: 4:48.58 35.92		
8.	Barbara Coimbra Teodosio	99	Nautico da Marinha Grande	4:48.78		567
	50m: 33.12 33.12	150m: 1:45.97 36.33	250m: 2:59.99 36.81	350m: 4:13.11 36.26		
	100m: 1:09.64 36.52	200m: 2:23.18 37.21	300m: 3:36.85 36.86	400m: 4:48.78 35.67		
9.	Ana Pires Brito	99	Colegio Monte Maior	4:51.47	+0,79	552
	50m: 32.48 32.48	150m: 1:45.34 37.20	250m: 2:59.83 37.34	350m: 4:14.57 37.56		
	100m: 1:08.14 35.66	200m: 2:22.49 37.15	300m: 3:37.01 37.18	400m: 4:51.47 36.90		
10.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	4:52.55		546
	50m: 33.00 33.00	150m: 1:46.04 36.85	250m: 3:00.58 37.02	350m: 4:15.73 37.21		
	100m: 1:09.19 36.19	200m: 2:23.56 37.52	300m: 3:38.52 37.94	400m: 4:52.55 36.82		
11.	Beatriz Barros Carmo	99	Colegio Vasco da Gama	4:52.73	+0,83	545
	50m: 32.66 32.66	150m: 1:45.84 36.89	250m: 3:00.26 37.41	350m: 4:15.60 37.73		
	100m: 1:08.95 36.29	200m: 2:22.85 37.01	300m: 3:37.87 37.61	400m: 4:52.73 37.13		
12.	Mariana Alexandre Oliveira	99	Porto	4:54.47		535
	50m: 32.09 32.09	150m: 1:43.32 36.53	250m: 2:59.94 38.40	350m: 4:17.10 38.75		
	100m: 1:06.79 34.70	200m: 2:21.54 38.22	300m: 3:38.35 38.41	400m: 4:54.47 37.37		
13.	Ana Beatriz La Feria	99	Porto	4:54.87	+1,07	533
	50m: 33.06 33.06	150m: 1:46.01 37.06	250m: 3:01.33 37.90	350m: 4:18.30 38.38		
	100m: 1:08.95 35.89	200m: 2:23.43 37.42	300m: 3:39.92 38.59	400m: 4:54.87 36.57		
14.	Joana Cristina Fernandes	99	Amadora	4:55.11		532
	50m: 32.49 32.49	150m: 1:45.41 37.28	250m: 3:00.68 37.63	350m: 4:17.65 38.89		
	100m: 1:08.13 35.64	200m: 2:23.05 37.64	300m: 3:38.76 38.08	400m: 4:55.11 37.46		

Prova 20, Femin., 400m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
15.	Catarina Costa Fernandes	99	Natacao de Olhao	4:56.27	+0,90	525
	50m: 33.03 33.03	150m: 1:46.69 37.06	250m: 3:02.19 38.09	350m: 4:19.37 38.97		
	100m: 1:09.63 36.60	200m: 2:24.10 37.41	300m: 3:40.40 38.21	400m: 4:56.27 36.90		
16.	Maria Santos Silva	99	Nautico da Marinha Grande	4:56.98	+0,86	522
	50m: 32.63 32.63	150m: 1:46.48 37.67	250m: 3:02.70 38.07	350m: 4:19.28 38.20		
	100m: 1:08.81 36.18	200m: 2:24.63 38.15	300m: 3:41.08 38.38	400m: 4:56.98 37.70		
17.	Filipa Sousa Pinheiro	99	Sporting	4:57.91	+0,84	517
	50m: 32.90 32.90	150m: 1:47.91 37.88	250m: 3:04.70 38.32	350m: 4:21.14 37.83		
	100m: 1:10.03 37.13	200m: 2:26.38 38.47	300m: 3:43.31 38.61	400m: 4:57.91 36.77		
18.	Viviana Pinto Cunha	99	Famalicao	4:58.16	+0,76	516
	50m: 32.66 32.66	150m: 1:45.55 37.30	250m: 3:02.49 38.62	350m: 4:20.33 38.72		
	100m: 1:08.25 35.59	200m: 2:23.87 38.32	300m: 3:41.61 39.12	400m: 4:58.16 37.83		
19.	Mariana Soares Martinho	99	Viver Santarem	4:58.51	+0,74	514
	50m: 33.94 33.94	150m: 1:48.66 37.97	250m: 3:05.70 38.59	350m: 4:22.32 38.11		
	100m: 1:10.69 36.75	200m: 2:27.11 38.45	300m: 3:44.21 38.51	400m: 4:58.51 36.19		
20.	Ana Caetano Oliveira	99	Leixoes	4:58.80	+1,02	512
	50m: 33.54 33.54	150m: 1:48.08 37.81	250m: 3:04.82 38.45	350m: 4:22.06 38.43		
	100m: 1:10.27 36.73	200m: 2:26.37 38.29	300m: 3:43.63 38.81	400m: 4:58.80 36.74		
21.	Ines Maria Neves	99	Porto	4:58.97	+0,81	511
	50m: 33.02 33.02	150m: 1:47.81 37.79	250m: 3:04.70 38.78	350m: 4:22.21 38.72		
	100m: 1:10.02 37.00	200m: 2:25.92 38.11	300m: 3:43.49 38.79	400m: 4:58.97 36.76		
22.	Marta Ferreira Rocha	99	Leixoes	5:02.27	+0,81	495
	<i>FTL</i>					
	50m: 33.53 33.53	150m: 1:48.23 38.23	250m: 3:05.14 38.61	350m: 4:24.48 39.12		
	100m: 1:10.00 36.47	200m: 2:26.53 38.30	300m: 3:45.36 40.22	400m: 5:02.27 37.79		
23.	Noemia Verdi Silva	99	Vitoria de Guimaraes	5:05.24	+0,87	480
	<i>FTL</i>					
	50m: 33.71 33.71	150m: 1:49.83 38.71	250m: 3:08.58 39.35	350m: 4:26.94 39.02		
	100m: 1:11.12 37.41	200m: 2:29.23 39.40	300m: 3:47.92 39.34	400m: 5:05.24 38.30		
24.	Ines Maria Pereira	99	Leixoes	5:09.33	+0,97	462
	<i>FTL</i>					
	50m: 34.15 34.15	150m: 1:51.38 39.45	250m: 3:11.28 40.09	350m: 4:30.87 39.92		
	100m: 1:11.93 37.78	200m: 2:31.19 39.81	300m: 3:50.95 39.67	400m: 5:09.33 38.46		

Prova 21
24-03-2013 - 11:10

Masc., 200m Bruços

Juvenis B
Resultados

Rec Nac Absoluto	2:13.34	Carlos Esteves Almeida	FPN	Beijing (CHN)	12-08-2008
Rec Nac Juv B	2:24.15	Andre Miguel Silva	PDEM	Loulé	10-06-2006

TAC Masc Juv B : 2:50.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Hugo Pon	98	Alges	2:30.60	+0,72	599
	50m: 34.32 34.32	100m: 1:12.21 37.89	150m: 1:51.46 39.25	200m: 2:30.60 39.14		
2.	Andre Magalhaes Moura	98	Academico Viseu	2:32.86	+0,85	573
	50m: 34.61 34.61	100m: 1:13.59 38.98	150m: 1:53.82 40.23	200m: 2:32.86 39.04		
3.	Mario Jorge Veloso	98	Braga	2:32.99	+0,86	572
	50m: 34.54 34.54	100m: 1:13.20 38.66	150m: 1:53.31 40.11	200m: 2:32.99 39.68		
4.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	2:33.83	+0,75	562
	50m: 34.71 34.71	100m: 1:14.25 39.54	150m: 1:53.84 39.59	200m: 2:33.83 39.99		
5.	Afonso Ribeiro Bate	98	Alges	2:34.10	+0,79	559
	50m: 34.74 34.74	100m: 1:13.68 38.94	150m: 1:54.10 40.42	200m: 2:34.10 40.00		
6.	Joao Manuel Leitao	98	Nautico de Coimbra	2:42.20	+0,74	480
	50m: 36.97 36.97	100m: 1:16.84 39.87	150m: 1:59.98 43.14	200m: 2:42.20 42.22		
7.	Diogo Miguel Costa	98	Porto	2:42.24	+0,70	479
	50m: 35.24 35.24	100m: 1:15.46 40.22	150m: 1:58.34 42.88	200m: 2:42.24 43.90		
8.	Rafael Viegas Cruz	98	Sporting	2:43.19	+0,76	471
	50m: 36.62 36.62	100m: 1:19.24 42.62	150m: 2:01.78 42.54	200m: 2:43.19 41.41		
9.	Joao Sismeiro Pereira	98	Amadora	2:43.52	+0,75	468
	50m: 36.68 36.68	100m: 1:18.74 42.06	150m: 2:02.25 43.51	200m: 2:43.52 41.27		
10.	Joao Nuno Costa	98	Gespacos	2:43.77	+0,72	466
	50m: 37.36 37.36	100m: 1:18.51 41.15	150m: 2:00.63 42.12	200m: 2:43.77 43.14		
11.	Xavier Ribeiro Ferreira	98	Famalicao	2:44.89		457
	50m: 37.03 37.03	100m: 1:18.97 41.94	150m: 2:01.68 42.71	200m: 2:44.89 43.21		
12.	Alexandre Magno Carvalho	98	Fluvial Portuense	2:46.44	+0,89	444
	50m: 37.17 37.17	100m: 1:19.64 42.47	150m: 2:03.44 43.80	200m: 2:46.44 43.00		
13.	Pedro Miguel Lino	98	Gespacos	2:46.74	+0,98	441
	50m: 36.79 36.79	100m: 1:18.46 41.67	150m: 2:02.00 43.54	200m: 2:46.74 44.74		
14.	Pedro Silva Ferreira	98	Famalicao	2:47.16	+0,73	438
	50m: 36.87 36.87	100m: 1:18.92 42.05	150m: 2:03.01 44.09	200m: 2:47.16 44.15		
15.	Diogo Vicente Silva	98	Nautico da Marinha Grande	2:48.24		430
	50m: 37.73 37.73	100m: 1:20.69 42.96	150m: 2:04.43 43.74	200m: 2:48.24 43.81		
16.	Tiago Santos Fernandes	98	Pimpoes/Cimai	2:48.61	+0,83	427
	50m: 37.03 37.03	100m: 1:20.53 43.50	150m: 2:04.12 43.59	200m: 2:48.61 44.49		
17.	Luis Carlos Almeida	98	Gespacos	2:50.72	+0,86	411
	FTL					
	50m: 37.49 37.49	100m: 1:21.21 43.72	150m: 2:05.83 44.62	200m: 2:50.72 44.89		

Prova 21, Masc., 200m Bruços

Prova 21 Masc., 200m Bruços Juvenis A
24-03-2013 - 11:10 Resultados

Rec Nac Absoluto	2:13.34	Carlos Esteves Almeida	FPN	Beijing (CHN)	12-08-2008
Rec Nac Juv A	2:23.94	Andre Miguel Silva	PDEM	Coimbra	25-03-2007

TAC Masc Juv A : 2:45.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Andre Goncalo Santos	97	Leixoes	2:25.49	+0,86	665
	50m: 32.57 32.57	100m: 1:09.18 36.61	150m: 1:46.75 37.57	200m: 2:25.49 38.74		
2.	Miguel Monteiro Cruchinho	97	Sporting	2:28.09	+0,67	630
	50m: 32.75 32.75	100m: 1:09.59 36.84	150m: 1:48.14 38.55	200m: 2:28.09 39.95		
3.	Tiago Martim Alves	97	Desportiva de Viana	2:29.88	+0,97	608
	50m: 34.31 34.31	100m: 1:12.83 38.52	150m: 1:50.62 37.79	200m: 2:29.88 39.26		
4.	Simao Miguel Capitao	97	Colegio SMLamas	2:32.59	+0,71	576
	50m: 33.84 33.84	100m: 1:12.64 38.80	150m: 1:53.89 41.25	200m: 2:32.59 38.70		
5.	Filipe Carmo Ramos	97	Vilacondense	2:32.82	+0,78	574
	50m: 33.93 33.93	100m: 1:12.42 38.49	150m: 1:52.21 39.79	200m: 2:32.82 40.61		
6.	Jose Miguel Santos	97	Nautico de Coimbra	2:37.88		520
	50m: 35.07 35.07	100m: 1:15.49 40.42	150m: 1:55.96 40.47	200m: 2:37.88 41.92		
7.	Joao Vieira Camara	97	Maritimo	2:38.62	+0,71	513
	50m: 35.24 35.24	100m: 1:15.60 40.36	150m: 1:57.28 41.68	200m: 2:38.62 41.34		
8.	Tiago Bernardo Marques	97	Uniao Piedense	2:39.12	+0,70	508
	50m: 35.29 35.29	100m: 1:16.09 40.80	150m: 1:57.36 41.27	200m: 2:39.12 41.76		
9.	Tiago Rafael Martins	97	Geslours	2:40.33	+0,85	497
	50m: 36.67 36.67	100m: 1:15.98 39.31	150m: 1:58.29 42.31	200m: 2:40.33 42.04		
10.	Joao Bernardo Jorge	97	Alcobaca	2:43.60	+0,82	467
	50m: 37.27 37.27	100m: 1:18.80 41.53	150m: 2:01.24 42.44	200m: 2:43.60 42.36		
11.	Octavio Afonso Ferreira	97	Nautico de Coimbra	2:43.85	+0,72	465
	50m: 36.34 36.34	100m: 1:18.13 41.79	150m: 2:01.10 42.97	200m: 2:43.85 42.75		
12.	Luis Pedro Silva	97	Nautico de Coimbra	2:45.80	+0,77	449
	FTL					
	50m: 37.13 37.13	100m: 1:19.47 42.34	150m: 2:01.85 42.38	200m: 2:45.80 43.95		
13.	Jose Ricardo Sousa	97	Lousada SXXI	2:47.60		435
	FTL					
	50m: 39.04 39.04	100m: 1:21.81 42.77	150m: 2:04.73 42.92	200m: 2:47.60 42.87		

Prova 22
24-03-2013 - 11:40

Femin., 200m Costas

Juvenis
Resultados

Rec Nac Absoluto	2:16.28	Ana Antas Barros	FPN	Sheffield (GBR)	08-08-1993
Rec Nac Juv	2:22.61	Joana Carina Silva	LSXXI	Povoa de Varzim	06-02-2011

TAC Fem Juv : 2:43.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Sara Patricia Sousa	99	Clube de Vouzela	2:26.39	+0,73	608
	50m: 33.78 33.78	100m: 1:10.67 36.89	150m: 1:49.16 38.49	200m: 2:26.39 37.23		
2.	Maria Ana Monge	99	Sporting	2:29.31	+0,75	573
	50m: 34.81 34.81	100m: 1:13.03 38.22	150m: 1:52.04 39.01	200m: 2:29.31 37.27		
3.	Maria Dias Neves	99	Miranda do Corvo	2:32.75	+0,69	535
	50m: 35.87 35.87	100m: 1:13.96 38.09	150m: 1:53.11 39.15	200m: 2:32.75 39.64		
4.	Ana Estevinha Silva	99	Ginasio Figueirense	2:34.04	+0,47	522
	50m: 34.87 34.87	100m: 1:13.75 38.88	150m: 1:53.88 40.13	200m: 2:34.04 40.16		
5.	Filipa Carreira Alves	99	Uniao Piedense	2:34.74	+0,72	515
	50m: 36.26 36.26	100m: 1:15.32 39.06	150m: 1:55.30 39.98	200m: 2:34.74 39.44		
6.	Catarina Rego Borges	99	Bombeiros Ponta Delgada	2:37.76	+0,66	486
	50m: 36.80 36.80	100m: 1:16.82 40.02	150m: 1:58.77 41.95	200m: 2:37.76 38.99		
7.	Rita Maurile Taveira	99	Alges	2:38.03	+0,67	483
	50m: 36.86 36.86	100m: 1:16.48 39.62	150m: 1:57.72 41.24	200m: 2:38.03 40.31		
8.	Matilde Pereira Martins	99	Colegio Bernardette Romeira	2:38.05	+0,74	483
	50m: 36.33 36.33	100m: 1:16.06 39.73	150m: 1:57.61 41.55	200m: 2:38.05 40.44		
9.	Margarida Sobral Pimenta	99	Amadora	2:38.51	+0,71	479
	50m: 37.37 37.37	100m: 1:17.91 40.54	150m: 1:59.03 41.12	200m: 2:38.51 39.48		
10.	Marta Silva Felix	99	Sporting de Aveiro	2:38.54	+0,74	479
	50m: 37.23 37.23	100m: 1:17.51 40.28	150m: 1:58.69 41.18	200m: 2:38.54 39.85		
11.	Beatriz Cunha Sevilha	99	Geslours	2:38.74	+0,74	477
	50m: 37.36 37.36	100m: 1:17.78 40.42	150m: 1:59.48 41.70	200m: 2:38.74 39.26		
12.	Ines Margarida Costa	99	Sporting	2:38.97	+0,84	475
	50m: 36.98 36.98	100m: 1:17.03 40.05	150m: 1:58.34 41.31	200m: 2:38.97 40.63		
13.	Mariana Pinto Angelo	99	Academica de Coimbra	2:39.53	+0,64	470
	50m: 37.34 37.34	100m: 1:17.33 39.99	150m: 1:58.76 41.43	200m: 2:39.53 40.77		
14.	Rita Almeida Freches	99	Leixoes	2:40.45	+0,87	462
	50m: 37.19 37.19	100m: 1:18.12 40.93	150m: 2:00.16 42.04	200m: 2:40.45 40.29		
15.	Maria Beatriz Dias	99	Viver Santarem	2:40.60	+0,74	460
	50m: 37.99 37.99	100m: 1:18.28 40.29	150m: 1:59.49 41.21	200m: 2:40.60 41.11		
16.	Rosana Marinho Macedo	99	Foca	2:40.67	+0,62	460
	50m: 36.10 36.10	100m: 1:16.92 40.82	150m: 1:58.98 42.06	200m: 2:40.67 41.69		
17.	Mariana Morais Alves	99	Amadora	2:41.10	+0,74	456
	50m: 38.11 38.11	100m: 1:18.67 40.56	150m: 1:59.75 41.08	200m: 2:41.10 41.35		
18.	Joana Miguel Alexandre	99	Amadora	2:41.70	+0,73	451
	50m: 37.42 37.42	100m: 1:18.49 41.07	150m: 2:00.88 42.39	200m: 2:41.70 40.82		
19.	Sofia Dias Alves	99	Natacao do Montijo	2:41.77	+0,61	451
	50m: 36.76 36.76	100m: 1:17.88 41.12	150m: 2:00.11 42.23	200m: 2:41.77 41.66		

Prova 22, Femin., 200m Costas, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
20.	Sandra Patricia Oliveira	99	Ginasio Figueirense	2:41.97	+0,81	449
	50m: 37.61 37.61	100m: 1:18.53 40.92	150m: 2:00.62	42.09	200m: 2:41.97	41.35
21.	Ana Teresa Nascimento	99	Leixoes	2:42.55	+0,68	444
	50m: 37.68 37.68	100m: 1:19.28 41.60	150m: 2:01.34	42.06	200m: 2:42.55	41.21
22.	Ana Carvalho Silva	99	Desportos Barcelos	2:43.99	+0,57	432
	FTL					
	50m: 37.05 37.05	100m: 1:17.60 40.55	150m: 2:00.64	43.04	200m: 2:43.99	43.35

Prova 23

Masc., 200m Estilos

Juvenis B

24-03-2013 - 11:55

Resultados

Rec Nac Absoluto	1:59.51	Diogo Filipe Carvalho	FPN	Xangai (CHN)	27-07-2011
Rec Nac Juv B	2:11.19	Diogo Filipe Carvalho	CGA	Lisboa	18-05-2003

TAC Masc Juv B : 2:29.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Alexandre Vital	98	Colegio Monte Maior	2:13.85	+0,90	617
	50m: 29.45 29.45	100m: 1:02.92 33.47	150m: 1:42.97	40.05	200m: 2:13.85	30.88
2.	Joao Francisco Lopes	98	Braga	2:17.51	+0,83	569
	50m: 28.49 28.49	100m: 1:03.62 35.13	150m: 1:45.52	41.90	200m: 2:17.51	31.99
3.	Hugo Pon	98	Alges	2:19.45	+0,73	546
	50m: 30.12 30.12	100m: 1:07.46 37.34	150m: 1:47.65	40.19	200m: 2:19.45	31.80
4.	Nuno Miguel Graca	98	Desportiva de Viana	2:22.57	+0,72	511
	50m: 29.40 29.40	100m: 1:06.24 36.84	150m: 1:50.63	44.39	200m: 2:22.57	31.94
5.	Pedro Ferraz Silva	98	Gespacos	2:22.82	+0,85	508
	50m: 29.36 29.36	100m: 1:07.13 37.77	150m: 1:49.72	42.59	200m: 2:22.82	33.10
6.	Luis Filipe Soares	98	Colegio SMLamas	2:23.04	+0,86	506
	50m: 29.06 29.06	100m: 1:05.92 36.86	150m: 1:49.52	43.60	200m: 2:23.04	33.52
7.	Antonio Fernandes Carrico	98	Pimpoes/Cimai	2:23.45	+0,76	501
	50m: 31.62 31.62	100m: 1:10.71 39.09	150m: 1:51.77	41.06	200m: 2:23.45	31.68
8.	Steve Alexandre Soares	98	Amadora	2:23.46	+0,68	501
	50m: 30.70 30.70	100m: 1:07.22 36.52	150m: 1:49.90	42.68	200m: 2:23.46	33.56
9.	Andre Magalhaes Moura	98	Academico Viseu	2:23.62	+0,86	500
	50m: 31.92 31.92	100m: 1:11.35 39.43	150m: 1:50.86	39.51	200m: 2:23.62	32.76
10.	Afonso Calais Queiroga	98	Uniao Piedense	2:24.28	+0,85	493
	50m: 30.38 30.38	100m: 1:08.67 38.29	150m: 1:52.11	43.44	200m: 2:24.28	32.17
11.	Joao Carlos Silva	98	Famalicao	2:24.44	+0,72	491
	50m: 28.90 28.90	100m: 1:05.97 37.07	150m: 1:51.77	45.80	200m: 2:24.44	32.67
12.	Humberto Fernandes Felgueiras	98	Natacao de Valongo	2:24.86	+0,85	487
	50m: 30.66 30.66	100m: 1:06.90 36.24	150m: 1:51.23	44.33	200m: 2:24.86	33.63
13.	Rui Filipe Costa	98	Desportos Barcelos	2:25.59	+0,87	480
	50m: 29.70 29.70	100m: 1:08.01 38.31	150m: 1:50.94	42.93	200m: 2:25.59	34.65

Prova 23, Masc., 200m Estilos, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
14.	Miguel Martins Baltazar	98	Aminata	2:26.18	+0,81	474
	50m: 30.96 30.96	100m: 1:07.85 36.89	150m: 1:51.95 44.10	200m: 2:26.18 34.23		
15.	Jose Paula Carvalho	98	Uniao Piedense	2:26.24		473
	50m: 30.84 30.84	100m: 1:08.94 38.10	150m: 1:52.98 44.04	200m: 2:26.24 33.26		
16.	Goncalo Filipe Patatas	98	Sporting	2:26.32	+0,73	472
	50m: 29.79 29.79	100m: 1:09.08 39.29	150m: 1:54.09 45.01	200m: 2:26.32 32.23		
17.	Vasco Gradim Amorim	98	Porto	2:26.38		472
	50m: 30.52 30.52	100m: 1:06.49 35.97	150m: 1:51.77 45.28	200m: 2:26.38 34.61		
18.	Viktor Kot	98	Nautico da Marinha Grande	2:26.60	+0,80	470
	50m: 30.33 30.33	100m: 1:08.12 37.79	150m: 1:53.35 45.23	200m: 2:26.60 33.25		
19.	Pedro Nuno Vieira	98	Natacao de Valongo	2:26.66	+0,83	469
	50m: 30.17 30.17	100m: 1:08.17 38.00	150m: 1:50.95 42.78	200m: 2:26.66 35.71		
20.	Diogo Miguel Costa	98	Porto	2:26.72	+0,72	469
	50m: 31.14 31.14	100m: 1:10.31 39.17	150m: 1:52.63 42.32	200m: 2:26.72 34.09		
21.	Paulo Filipe Silva	98	Natacao da Maia	2:26.86	+0,82	467
	50m: 30.47 30.47	100m: 1:08.41 37.94	150m: 1:54.14 45.73	200m: 2:26.86 32.72		
22.	Andre Filipe Afonseca	98	Desportos Barcelos	2:28.66	+0,86	450
	50m: 29.48 29.48	100m: 1:08.08 38.60	150m: 1:54.14 46.06	200m: 2:28.66 34.52		
23.	Diogo Vicente Silva	98	Nautico da Marinha Grande	2:28.76	+0,86	450
	50m: 31.95 31.95	100m: 1:09.91 37.96	150m: 1:53.11 43.20	200m: 2:28.76 35.65		
24.	Pedro Goncalves Neto	98	Porto	2:29.27		445
	50m: 31.62 31.62	100m: 1:10.68 39.06	150m: 1:56.97 46.29	200m: 2:29.27 32.30		
25.	Rodrigo Manuel Monteiro	98	Sporting de Espinho	2:29.49	+0,82	443
	50m: 31.24 31.24	100m: 1:10.36 39.12	150m: 1:54.92 44.56	200m: 2:29.49 34.57		
26.	Tomas Robalo Maia	98	Famalicao	2:29.50	+0,77	443
	50m: 30.43 30.43	100m: 1:10.69 40.26	150m: 1:54.16 43.47	200m: 2:29.50 35.34		
27.	Luis Carlos Almeida	98	Gespacos	2:30.38	+0,90	435
	FTL					
	50m: 31.44 31.44	100m: 1:11.84 40.40	150m: 1:56.38 44.54	200m: 2:30.38 34.00		

Prova 23, Masc., 200m Estilos

Prova 23 Masc., 200m Estilos Juvenis A
24-03-2013 - 11:55 Resultados

Rec Nac Absoluto	1:59.51	Diogo Filipe Carvalho	FPN	Xangai (CHN)	27-07-2011
Rec Nac Juv A	2:08.11	Carlos Esteves Almeida	CNA	Lisboa	31-07-2004

TAC Masc Juv A : 2:26.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Alexandre Lages Ribas	97	Desportiva de Viana	2:14.61	+0,76	607
	50m: 28.70 28.70	100m: 1:02.45 33.75	150m: 1:44.29 41.84	200m: 2:14.61 30.32		
2.	Gabriel Jose Lopes	97	Lousanense	2:15.10	+0,67	600
	50m: 27.82 27.82	100m: 1:00.95 33.13	150m: 1:41.44 40.49	200m: 2:15.10 33.66		
3.	Eduardo Salgado Ramos	97	Porto	2:16.00	+0,74	588
	50m: 29.00 29.00	100m: 1:04.51 35.51	150m: 1:44.61 40.10	200m: 2:16.00 31.39		
4.	Joao Pedro Gil	97	Naval Amorense	2:16.02	+0,66	588
	50m: 29.29 29.29	100m: 1:04.59 35.30	150m: 1:45.05 40.46	200m: 2:16.02 30.97		
5.	Guilherme Miguel Teixeira	97	Benfica	2:16.23		585
	50m: 28.34 28.34	100m: 1:05.13 36.79	150m: 1:44.93 39.80	200m: 2:16.23 31.30		
6.	Filipe Carmo Ramos	97	Vilacondense	2:17.48	+0,86	570
	50m: 29.69 29.69	100m: 1:05.84 36.15	150m: 1:45.91 40.07	200m: 2:17.48 31.57		
7.	Miguel Monteiro Cruchinho	97	Sporting	2:17.68	+0,71	567
	50m: 29.26 29.26	100m: 1:06.29 37.03	150m: 1:46.22 39.93	200m: 2:17.68 31.46		
8.	Joao Miguel Ferreira	97	Foca	2:17.96	+0,77	564
	50m: 28.90 28.90	100m: 1:05.15 36.25	150m: 1:45.90 40.75	200m: 2:17.96 32.06		
9.	Joao Pedro Belo	97	Sporting	2:18.40	+0,73	558
	50m: 29.35 29.35	100m: 1:05.32 35.97	150m: 1:48.88 43.56	200m: 2:18.40 29.52		
10.	Tomas Machado Vale	97	Viana Natacao	2:18.41	+0,76	558
	50m: 29.08 29.08	100m: 1:04.58 35.50	150m: 1:47.11 42.53	200m: 2:18.41 31.30		
11.	Bruno Miguel Ramos	97	Amadora	2:18.69	+0,67	555
	50m: 29.65 29.65	100m: 1:06.04 36.39	150m: 1:46.84 40.80	200m: 2:18.69 31.85		
12.	Luis Carlos Oliveira	97	Porto	2:18.95	+0,73	552
	50m: 29.40 29.40	100m: 1:05.17 35.77	150m: 1:46.96 41.79	200m: 2:18.95 31.99		
13.	Andre Resende Pinheiro	97	Porto	2:20.00	+0,77	539
	50m: 30.14 30.14	100m: 1:07.37 37.23	150m: 1:48.62 41.25	200m: 2:20.00 31.38		
14.	Joao Mota Correia	97	Pimpoes/Cimai	2:20.12	+0,72	538
	50m: 29.47 29.47	100m: 1:05.48 36.01	150m: 1:47.84 42.36	200m: 2:20.12 32.28		
15.	Vitor Joao Pereira	97	Leixoes	2:20.18	+0,79	537
	50m: 29.41 29.41	100m: 1:05.34 35.93	150m: 1:47.90 42.56	200m: 2:20.18 32.28		
16.	Tiago Martim Alves	97	Desportiva de Viana	2:20.26	+0,83	536
	50m: 30.57 30.57	100m: 1:08.66 38.09	150m: 1:47.97 39.31	200m: 2:20.26 32.29		
17.	Carlos Flores Clara	97	Geslours	2:20.43	+0,67	534
	50m: 29.91 29.91	100m: 1:05.15 35.24	150m: 1:48.00 42.85	200m: 2:20.43 32.43		
18.	Rodrigo Carlos Albuquerque	97	Braga	2:20.99	+0,61	528
	50m: 28.06 28.06	100m: 1:03.28 35.22	150m: 1:47.79 44.51	200m: 2:20.99 33.20		

Prova 23, Masc., 200m Estilos, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
19.	Joao Vieira Camara	97	Maritimo	2:21.38	+0,69	524
	50m: 30.00 30.00 100m: 1:08.13 38.13 150m: 1:49.73 41.60 200m: 2:21.38 31.65					
20.	Joao Andre Gomes	97	Alcobaca	2:23.88	+0,90	497
	50m: 30.00 30.00 100m: 1:08.42 38.42 150m: 1:51.67 43.25 200m: 2:23.88 32.21					
21.	Francisco Xavier Goncalves	97	Nautico de Coimbra	2:23.95	+0,76	496
	50m: 29.85 29.85 100m: 1:05.90 36.05 150m: 1:51.23 45.33 200m: 2:23.95 32.72					
22.	Flavio Dias Silva	97	Famalicao	2:24.35	+0,75	492
	50m: 30.39 30.39 100m: 1:07.39 37.00 150m: 1:49.22 41.83 200m: 2:24.35 35.13					
23.	Miguel Angelo Silvestre	97	Alcobaca	2:25.17	+0,77	484
	50m: 30.13 30.13 100m: 1:07.21 37.08 150m: 1:52.35 45.14 200m: 2:25.17 32.82					
24.	Joao Miguel Cardoso	97	Geslours	2:26.21	+0,77	474
	FTL 50m: 31.78 31.78 100m: 1:09.98 38.20 150m: 1:53.86 43.88 200m: 2:26.21 32.35					
25.	Jose Miguel Santos	97	Nautico de Coimbra	2:26.24	+0,62	473
	FTL 50m: 31.32 31.32 100m: 1:10.82 39.50 150m: 1:50.59 39.77 200m: 2:26.24 35.65					
26.	Ruben Oliveira Lopes	97	Porto	2:26.54	+0,74	470
	FTL 50m: 29.02 29.02 100m: 1:03.52 34.50 150m: 1:48.82 45.30 200m: 2:26.54 37.72					
27.	Joao Ricardo Silva	97	Ginasio Figueirense	2:26.72	+0,74	469
	FTL 50m: 31.64 31.64 100m: 1:08.46 36.82 150m: 1:53.71 45.25 200m: 2:26.72 33.01					
28.	Luis Pedro Silva	97	Nautico de Coimbra	2:27.13	+0,86	465
	FTL 50m: 31.65 31.65 100m: 1:10.91 39.26 150m: 1:53.26 42.35 200m: 2:27.13 33.87					
29.	Jose Ricardo Sousa	97	Lousada SXXI	2:29.59	+0,90	442
	FTL 50m: 29.99 29.99 100m: 1:08.77 38.78 150m: 1:53.42 44.65 200m: 2:29.59 36.17					
DSQ	Simao Miguel Capitao	97	Colegio SMLamas			
	609 - Não terminou percurso de costas na posição dorsal - SW 6.5					

Prova 24
24-03-2013 - 16:00

Femin., 200m Livres

Juvenis
Resultados

Rec Nac Absoluto	2:03.42	Sara Beatriz Loureiro	FCP	Coimbra	30-05-2009
Rec Nac Juv	2:09.28	Mariana Cunha Guerra	ASSSCC	Coimbra	07-07-2012

TAC Fem Juv : 2:24.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Tamila Hryhorivna Holub	99	Braga	2:12.51	+0,89	619
	50m: 30.68 30.68	100m: 1:04.12 33.44	150m: 1:38.97 34.85	200m: 2:12.51 33.54		
2.	Rita Costa Amador	99	Galitos	2:14.14	+0,72	597
	50m: 31.11 31.11	100m: 1:05.02 33.91	150m: 1:39.61 34.59	200m: 2:14.14 34.53		
3.	Tania Cristina Mendes	99	Industrial Viegense	2:15.92		574
	50m: 31.48 31.48	100m: 1:05.64 34.16	150m: 1:41.19 35.55	200m: 2:15.92 34.73		
4.	Ana Carolina Carraco	99	Freguesia de Paiao	2:16.50	+0,77	567
	50m: 31.81 31.81	100m: 1:06.51 34.70	150m: 1:42.00 35.49	200m: 2:16.50 34.50		
5.	Beatriz Barros Carmo	99	Colegio Vasco da Gama	2:17.19	+0,89	558
	50m: 31.76 31.76	100m: 1:06.28 34.52	150m: 1:41.77 35.49	200m: 2:17.19 35.42		
6.	Ana Pires Brito	99	Colegio Monte Maior	2:17.58	+0,86	553
	50m: 31.18 31.18	100m: 1:05.28 34.10	150m: 1:41.51 36.23	200m: 2:17.58 36.07		
7.	Joana Cristina Fernandes	99	Amadora	2:17.99		548
	50m: 31.61 31.61	100m: 1:06.36 34.75	150m: 1:42.21 35.85	200m: 2:17.99 35.78		
8.	Sara Patricia Sousa	99	Clube de Vouzela	2:18.59		541
	50m: 31.27 31.27	100m: 1:05.50 34.23	150m: 1:42.02 36.52	200m: 2:18.59 36.57		
9.	Mariana Alexandre Oliveira	99	Porto	2:19.44	+0,57	531
	50m: 30.96 30.96	100m: 1:04.99 34.03	150m: 1:42.98 37.99	200m: 2:19.44 36.46		
10.	Ana Beatriz La Feria	99	Porto	2:19.56	+0,87	530
	50m: 32.33 32.33	100m: 1:07.37 35.04	150m: 1:43.86 36.49	200m: 2:19.56 35.70		
11.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	2:19.86	+1,08	527
	50m: 32.76 32.76	100m: 1:08.51 35.75	150m: 1:44.30 35.79	200m: 2:19.86 35.56		
12.	Filipa Carreira Alves	99	Uniao Piedense	2:19.96	+0,89	526
	50m: 32.14 32.14	100m: 1:07.87 35.73	150m: 1:44.61 36.74	200m: 2:19.96 35.35		
13.	Barbara Coimbra Teodosio	99	Nautico da Marinha Grande	2:20.07	+0,91	524
	50m: 32.22 32.22	100m: 1:07.99 35.77	150m: 1:44.97 36.98	200m: 2:20.07 35.10		
14.	Noemia Verdi Silva	99	Vitoria de Guimaraes	2:20.44	+0,89	520
	50m: 32.08 32.08	100m: 1:07.59 35.51	150m: 1:43.89 36.30	200m: 2:20.44 36.55		
15.	Beatriz Paulo Ranito	99	Sporting	2:20.92	+0,77	515
	50m: 32.69 32.69	100m: 1:08.57 35.88	150m: 1:45.29 36.72	200m: 2:20.92 35.63		
16.	Viviana Pinto Cunha	99	Famalicao	2:21.11	+0,90	513
	50m: 31.90 31.90	100m: 1:07.27 35.37	150m: 1:44.17 36.90	200m: 2:21.11 36.94		
17.	Marta Ferreira Rocha	99	Leixoes	2:21.70	+0,86	506
	50m: 32.25 32.25	100m: 1:07.84 35.59	150m: 1:45.12 37.28	200m: 2:21.70 36.58		
18.	Maria Beatriz Dias	99	Viver Santarem	2:21.77	+0,77	506
	50m: 33.32 33.32	100m: 1:08.88 35.56	150m: 1:46.37 37.49	200m: 2:21.77 35.40		
19.	Leonor Paiva Ruiz	99	Vilacondense	2:22.16		501
	50m: 32.41 32.41	100m: 1:08.67 36.26	150m: 1:45.87 37.20	200m: 2:22.16 36.29		

Prova 24, Femin., 200m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
20.	Margarida Sobral Pimenta	99	Amadora	2:22.83	+0,78	494
	50m: 32.34 32.34	100m: 1:08.42 36.08	150m: 1:45.79 37.37	200m: 2:22.83 37.04		
21.	Mariana Freitas Rocha	99	Maritimo	2:23.00	+0,83	493
	50m: 31.75 31.75	100m: 1:09.54 37.79	150m: 1:46.27 36.73	200m: 2:23.00 36.73		
22.	Carolina Silva Moreira	99	Natacao da Maia	2:23.21	+0,90	491
	50m: 32.47 32.47	100m: 1:08.80 36.33	150m: 1:46.12 37.32	200m: 2:23.21 37.09		
23.	Ana Caetano Oliveira	99	Leixoes	2:23.27	+1,03	490
	50m: 32.74 32.74	100m: 1:09.16 36.42	150m: 1:46.87 37.71	200m: 2:23.27 36.40		
24.	Mariana Pernetta Lima	99	Naval do Funchal	2:23.34	+0,60	489
	50m: 31.99 31.99	100m: 1:09.15 37.16	150m: 1:47.12 37.97	200m: 2:23.34 36.22		
25.	Filipa Sousa Pinheiro	99	Sporting	2:23.70	+0,89	485
	50m: 32.91 32.91	100m: 1:08.84 35.93	150m: 1:46.07 37.23	200m: 2:23.70 37.63		
26.	Catarina Costa Fernandes	99	Natacao de Olhao	2:23.98	+0,99	483
	50m: 33.33 33.33	100m: 1:10.70 37.37	150m: 1:48.52 37.82	200m: 2:23.98 35.46		
27.	Maria Ana Monge FTL	99	Sporting	2:24.16	+1,04	481
	50m: 32.46 32.46	100m: 1:09.47 37.01	150m: 1:47.49 38.02	200m: 2:24.16 36.67		
28.	Ana Carvalho Silva FTL	99	Desportos Barcelos	2:24.19	+0,78	481
	50m: 31.92 31.92	100m: 1:08.21 36.29	150m: 1:45.95 37.74	200m: 2:24.19 38.24		
29.	Maria Santos Silva FTL	99	Nautico da Marinha Grande	2:24.68	+0,69	476
	50m: 32.97 32.97	100m: 1:09.23 36.26	150m: 1:47.27 38.04	200m: 2:24.68 37.41		
30.	Ana Oliveira Silva FTL	99	Amadora	2:25.49	+0,73	468
	50m: 32.71 32.71	100m: 1:09.57 36.86	150m: 1:47.57 38.00	200m: 2:25.49 37.92		
31.	Ines Maria Neves FTL	99	Porto	2:25.54	+0,85	467
	50m: 32.40 32.40	100m: 1:08.80 36.40	150m: 1:47.42 38.62	200m: 2:25.54 38.12		

Prova 25 Masc., 100m Livres Juvenis B
24-03-2013 - 16:15 Resultados

Rec Nac Absoluto	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009
Rec Nac Juv B	53.51	Tiago Andre Venancio	CNS	Lisboa	19-05-2002

TAC Masc Juv B : 1:00.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Nuno Miguel Graca	98	Desportiva de Viana	55.64	+0,89	599
	50m: 26.53 26.53	100m: 55.64 29.11				
2.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	55.75	+0,68	595
	50m: 26.76 26.76	100m: 55.75 28.99				
3.	Rui Filipe Costa	98	Desportos Barcelos	56.91	+0,96	560
	50m: 27.57 27.57	100m: 56.91 29.34				
4.	Henrique Luis Vargas	98	Naval do Funchal	56.96	+0,66	558
	50m: 27.20 27.20	100m: 56.96 29.76				
5.	Diogo Manuel Marques	98	Columbofila Cantanhedense	56.98	+0,41	557
	50m: 27.73 27.73	100m: 56.98 29.25				
6.	Steve Alexandre Soares	98	Amadora	57.98	+0,66	529
	50m: 27.66 27.66	100m: 57.98 30.32				
7.	Leandro Fernandes Mota	98	Columbofila Cantanhedense	58.51	+0,71	515
	50m: 28.16 28.16	100m: 58.51 30.35				
8.	Bernardo Santos Clemente	98	BA/Mr.Pizza	58.60	+0,80	512
	50m: 28.02 28.02	100m: 58.60 30.58				
9.	Joao Miguel Branco	98	Sporting de Espinho	58.62	+0,80	512
	50m: 28.44 28.44	100m: 58.62 30.18				
10.	Afonso Calais Queiroga	98	Uniao Piedense	58.70	+0,70	510
	50m: 28.41 28.41	100m: 58.70 30.29				
11.	Andre Filipe Afonseca	98	Desportos Barcelos	58.73	+0,87	509
	50m: 28.47 28.47	100m: 58.73 30.26				
12.	Tomas Robalo Maia	98	Famalicao	58.78	+0,74	508
	50m: 27.82 27.82	100m: 58.78 30.96				
13.	Guilherme Filipe Pina	98	Benedita	58.96		503
	50m: 28.14 28.14	100m: 58.96 30.82				
14.	Goncalo Miguel Nogueira	98	Porto	59.26	+0,67	496
	50m: 28.11 28.11	100m: 59.26 31.15				
15.	Joao Jose Laranjeira	98	Campinho	59.28	+0,98	495
	50m: 28.76 28.76	100m: 59.28 30.52				
16.	Pedro Camacho Sousa	98	Naval do Funchal	59.72	+0,66	484
	50m: 28.72 28.72	100m: 59.72 31.00				
DNS	Francisco Carvalho Machado	98	Alges			

Prova 25, Masc., 100m Livres

Prova 25
24-03-2013 - 16:15

Masc., 100m Livres

Juvenis A
Resultados

Rec Nac Absoluto	49.50	Alexandre Escudier Agostinho	FPN	Roma (ITA)	29-07-2009
Rec Nac Juv A	52.10	Tiago Andre Venancio	FPN	Paris (FRA)	28-07-2003

TAC Masc Juv A : 58.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Miguel Ascensao	97	Porto	54.14	+0,69	650
	50m: 25.86 25.86	100m: 54.14 28.28				
2.	Joao Pedro Gil	97	Naval Amorense	54.63	+0,68	633
	50m: 26.54 26.54	100m: 54.63 28.09				
3.	Gabriel Jose Lopes	97	Lousanense	54.64	+0,58	632
	50m: 26.02 26.02	100m: 54.64 28.62				
4.	Joao Pedro Belo	97	Sporting	55.03	+0,71	619
	50m: 26.62 26.62	100m: 55.03 28.41				
5.	Carlos Flores Clara	97	Geslours	55.32	+0,72	609
	50m: 26.67 26.67	100m: 55.32 28.65				
6.	Francisco Xavier Goncalves	97	Nautico de Coimbra	55.83	+0,73	593
	50m: 26.61 26.61	100m: 55.83 29.22				
7.	Ruben Oliveira Lopes	97	Porto	56.05	+0,75	586
	50m: 26.98 26.98	100m: 56.05 29.07				
8.	Guilherme Pereira Dias	97	Sporting	56.12	+0,69	584
	50m: 27.08 27.08	100m: 56.12 29.04				
9.	Daniel Filipe Cazeiro	97	Naval Amorense	56.23	+0,67	580
	50m: 26.80 26.80	100m: 56.23 29.43				
10.	Ivo Pinto Ribeiro	97	Foca	56.27	+0,70	579
	50m: 26.98 26.98	100m: 56.27 29.29				
11.	Andre Goncalo Santos	97	Leixoes	56.30	+0,87	578
	50m: 27.07 27.07	100m: 56.30 29.23				
12.	Guilherme Miguel Teixeira	97	Benfica	56.32	+0,75	577
	50m: 26.75 26.75	100m: 56.32 29.57				
13.	Andre Miguel Silva	97	Freguesia de Paiao	56.46	+0,83	573
	50m: 27.23 27.23	100m: 56.46 29.23				
14.	Vitor Joao Pereira	97	Leixoes	56.52	+0,81	571
	50m: 27.42 27.42	100m: 56.52 29.10				
15.	Dmytryi Eugeniyovich Martynenko	97	Electrico	56.76	+0,67	564
	50m: 27.10 27.10	100m: 56.76 29.66				
16.	Simao Miguel Capitao	97	Colegio SMLamas	56.93	+0,73	559
	50m: 27.29 27.29	100m: 56.93 29.64				
17.	Luis Carlos Oliveira	97	Porto	57.01	+0,81	557
	50m: 27.54 27.54	100m: 57.01 29.47				
18.	Ricardo David Silva	97	Foca	57.09	+0,65	554
	50m: 27.15 27.15	100m: 57.09 29.94				

Prova 25, Masc., 100m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
19.	Eduardo Jose Castelo	97	Sporting	57.14	+0,82	553
	50m: 27.72 27.72	100m: 57.14 29.42				
20.	Eduardo Salgado Ramos	97	Porto	57.26	+0,58	549
	50m: 27.48 27.48	100m: 57.26 29.78				
21.	Alexandre Miguel Laureano	97	Alcobaca	57.61	+0,75	539
	50m: 27.91 27.91	100m: 57.61 29.70				
22.	Ricardo Eduardo Afonso	97	Braga	57.65	+0,85	538
	50m: 27.94 27.94	100m: 57.65 29.71				
23.	Andre Lima Costa	97	Sporting de Espinho	57.84	+0,70	533
	50m: 27.82 27.82	100m: 57.84 30.02				
24.	Luis Henrique Neves	97	Nautico de Coimbra	58.56		514
	FTL					
	50m: 28.07 28.07	100m: 58.56 30.49				

Prova 26

Femin., 100m Bruços

Juvenis

24-03-2013 - 16:25

Resultados

Rec Nac Absoluto	1:09.47	Diana Duarte Gomes	CNA	Loulé	06-06-2009
Rec Nac Juv	1:12.89	Paula Alexandra Oliveira	FCP	Coimbra	29-07-2010

TAC Fem Juv : 1:26.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Ana Beatriz Martins	99	Famalicao	1:17.40	+0,83	577
	50m: 37.04 37.04	100m: 1:17.40 40.36				
2.	Matilde Pereira Martins	99	Colegio Bernardette Romeira	1:19.21	+0,86	538
	50m: 37.09 37.09	100m: 1:19.21 42.12				
3.	Ines Margarida Costa	99	Sporting	1:21.11	+0,97	501
	50m: 38.55 38.55	100m: 1:21.11 42.56				
4.	Carolina Santos Martins	99	BA/Mr.Pizza	1:21.59	+0,84	492
	50m: 39.00 39.00	100m: 1:21.59 42.59				
5.	Ana Margarida Salgueiro	99	Nautico Abrantes	1:21.60	+0,85	492
	50m: 39.47 39.47	100m: 1:21.60 42.13				
6.	Ana Miguel Pinto	99	Viana Natacao	1:22.62	+0,80	474
	50m: 38.91 38.91	100m: 1:22.62 43.71				
7.	Rita Goncalves Passinhas	99	Amadora	1:23.18	+0,80	465
	50m: 38.97 38.97	100m: 1:23.18 44.21				
8.	Mariana Graca Vasconcelos	99	Bombeiros dos Estoris	1:23.39	+0,99	461
	50m: 39.72 39.72	100m: 1:23.39 43.67				
9.	Carolina Felicidade Batista	99	Viver Santarem	1:23.96	+0,90	452
	50m: 39.68 39.68	100m: 1:23.96 44.28				
10.	Catarina Isabel Branco	99	Ginasio de Santo Tirso	1:24.46	+0,80	444
	50m: 39.66 39.66	100m: 1:24.46 44.80				

Prova 26, Femin., 100m Bruços, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
11.	Beatriz Castanheira Dias	99	Academica de Coimbra	1:24.49	+0,93	443
	50m: 40.14 40.14	100m: 1:24.49	44.35			
12.	Carolina Cameira Sousa	99	Viana Natacao	1:24.60	+0,99	442
	50m: 40.11 40.11	100m: 1:24.60	44.49			
13.	Maria Beatriz Diogo	99	Nautico Abrantes	1:24.99	+0,76	436
	50m: 41.69 41.69	100m: 1:24.99	43.30			
14.	Claudia Ferreira Borges	99	Benfica	1:25.00	+0,88	435
	50m: 39.60 39.60	100m: 1:25.00	45.40			
15.	Beatriz Antunes Carvalho	99	Colegio Monte Maior	1:25.61	+0,88	426
	50m: 39.86 39.86	100m: 1:25.61	45.75			
16.	Margarida Pamplona Evangelho	99	Nucleo Sportinguista Terceira	1:26.04		420
	FTL					
	50m: 40.23 40.23	100m: 1:26.04	45.81			
17.	Barbara Rita Sousa	99	Natacao de Valongo	1:26.38	+0,81	415
	FTL					
	50m: 40.39 40.39	100m: 1:26.38	45.99			
18.	Isabel Margarida Boleo	99	Sporting	1:26.43	+0,89	414
	FTL					
	50m: 40.90 40.90	100m: 1:26.43	45.53			
19.	Sofia Alexandra Picao	99	CLAC-Entroncamento	1:26.89	+0,89	408
	FTL					
	50m: 40.59 40.59	100m: 1:26.89	46.30			
20.	Ana Teresa Nascimento	99	Leixoes	1:28.77	+0,80	382
	FTL					
	50m: 41.82 41.82	100m: 1:28.77	46.95			
21.	Raquel Simoes Duque	99	Ginasio Figueirense	1:29.30		375
	FTL					
	50m: 39.74 39.74	100m: 1:29.30	49.56			

Prova 27

Masc., 200m Mariposa

Juvenis B

24-03-2013 - 16:50

Resultados

Rec Nac Absoluto	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009
Rec Nac Juv B	2:09.61	Fabio Parrilha da Silva	CNAL	Lisboa	11-05-2002

TAC Masc Juv B : 2:29.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Joao Alexandre Vital	98	Colegio Monte Maior	2:13.21	+0,74	586
	50m: 29.98 29.98	100m: 1:04.63	34.65	150m: 1:38.44	33.81	200m: 2:13.21
						34.77
2.	Jose Paula Carvalho	98	Uniao Piedense	2:16.51	+0,86	545
	50m: 30.42 30.42	100m: 1:05.22	34.80	150m: 1:40.96	35.74	200m: 2:16.51
						35.55
3.	Joao Francisco Lopes	98	Braga	2:17.20		536
	50m: 29.96 29.96	100m: 1:04.92	34.96	150m: 1:41.31	36.39	200m: 2:17.20
						35.89

Prova 27, Masc., 200m Mariposa, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
4.	Vasco Gradim Amorim	98	Porto	2:19.12	+0,86	514
	50m: 31.62 31.62	100m: 1:07.55 35.93	150m: 1:42.80 35.25	200m: 2:19.12 36.32		
5.	Joao Carlos Silva	98	Famalicao	2:19.85		506
	50m: 29.08 29.08	100m: 1:02.20 33.12	150m: 1:37.77 35.57	200m: 2:19.85 42.08		
6.	Goncalo Filipe Patatas	98	Sporting	2:20.45	+0,69	500
	50m: 30.33 30.33	100m: 1:06.03 35.70	150m: 1:44.08 38.05	200m: 2:20.45 36.37		
7.	Pedro Nuno Vieira	98	Natacao de Valongo	2:20.74	+0,82	497
	50m: 30.51 30.51	100m: 1:05.22 34.71	150m: 1:42.31 37.09	200m: 2:20.74 38.43		
8.	Diogo Rodrigues Freitas	98	Uniao Piedense	2:20.95	+0,80	495
	50m: 30.58 30.58	100m: 1:05.35 34.77	150m: 1:43.05 37.70	200m: 2:20.95 37.90		
9.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	2:21.09	+0,81	493
	50m: 29.91 29.91	100m: 1:05.38 35.47	150m: 1:43.13 37.75	200m: 2:21.09 37.96		
10.	Pedro Ferraz Silva	98	Gespacos	2:21.49	+0,85	489
	50m: 30.73 30.73	100m: 1:06.00 35.27	150m: 1:43.15 37.15	200m: 2:21.49 38.34		
11.	Eduardo Manuel Goncalves	98	Nucleo Sportinguista Terceira	2:21.80	+0,78	486
	50m: 30.66 30.66	100m: 1:07.20 36.54	150m: 1:45.33 38.13	200m: 2:21.80 36.47		
12.	Jose Pedro Sampaio	98	Foca	2:22.12	+0,86	483
	50m: 31.61 31.61	100m: 1:07.18 35.57	150m: 1:44.52 37.34	200m: 2:22.12 37.60		
13.	Hugo Pon	98	Alges	2:22.45	+0,74	479
	50m: 31.34 31.34	100m: 1:07.66 36.32	150m: 1:45.28 37.62	200m: 2:22.45 37.17		
14.	Luis Carlos Almeida	98	Gespacos	2:22.81	+0,99	476
	50m: 31.16 31.16	100m: 1:07.61 36.45	150m: 1:45.41 37.80	200m: 2:22.81 37.40		
15.	Luis Filipe Ribeiro	98	Braga	2:23.33	+0,83	470
	50m: 31.35 31.35	100m: 1:07.72 36.37	150m: 1:46.01 38.29	200m: 2:23.33 37.32		
16.	Diogo Filipe Rodrigues	98	BA/Mr.Pizza	2:24.74	+0,83	457
	50m: 31.06 31.06	100m: 1:06.87 35.81	150m: 1:45.40 38.53	200m: 2:24.74 39.34		
17.	Jose Diogo Fonseca	98	Nautico da Marinha Grande	2:24.78	+0,78	456
	50m: 30.50 30.50	100m: 1:07.40 36.90	150m: 1:46.58 39.18	200m: 2:24.78 38.20		
18.	Diogo Vicente Silva	98	Nautico da Marinha Grande	2:26.93		437
	50m: 31.61 31.61	100m: 1:08.93 37.32	150m: 1:47.31 38.38	200m: 2:26.93 39.62		
DNS	Bernardo Santos Clemente	98	BA/Mr.Pizza			

Prova 27, Masc., 200m Mariposa

Prova 27
24-03-2013 - 16:50

Masc., 200m Mariposa

Juvenis A
Resultados

Rec Nac Absoluto	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	28-07-2009
Rec Nac Juv A	2:03.76	Pedro Diogo Oliveira	CNRM	Lisboa	31-07-2004

TAC Masc Juv A : 2:23.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Alexandre Valdagua Coutinho	97	Columbofila Cantanhedense	2:10.62	+0,75	622
	50m: 29.23 29.23 100m: 1:02.67 33.44 150m: 1:36.74 34.07 200m: 2:10.62 33.88					
2.	Joao Miguel Ferreira	97	Foca	2:14.20	+0,77	573
	50m: 29.38 29.38 100m: 1:02.84 33.46 150m: 1:38.00 35.16 200m: 2:14.20 36.20					
3.	Rodrigo Carlos Albuquerque	97	Braga	2:14.91	+0,77	564
	50m: 29.20 29.20 100m: 1:02.58 33.38 150m: 1:37.86 35.28 200m: 2:14.91 37.05					
4.	Eduardo Filipe Carvalheiro	97	Columbofila Cantanhedense	2:16.29	+0,82	547
	50m: 30.10 30.10 100m: 1:04.43 34.33 150m: 1:40.11 35.68 200m: 2:16.29 36.18					
5.	Alexandre Lages Ribas	97	Desportiva de Viana	2:16.36	+0,81	546
	50m: 29.63 29.63 100m: 1:04.17 34.54 150m: 1:40.07 35.90 200m: 2:16.36 36.29					
6.	Joao Pedro Tarquinio	97	Benedita	2:16.48	+0,73	545
	50m: 31.16 31.16 100m: 1:05.06 33.90 150m: 1:41.47 36.41 200m: 2:16.48 35.01					
7.	Gil Vasco Goncalves	97	Litoral Alentejano	2:17.22		536
	50m: 29.69 29.69 100m: 1:04.41 34.72 150m: 1:39.81 35.40 200m: 2:17.22 37.41					
8.	Guilherme Miguel Teixeira	97	Benfica	2:19.61	+0,81	509
	50m: 30.75 30.75 100m: 1:06.46 35.71 150m: 1:43.60 37.14 200m: 2:19.61 36.01					
9.	Joao Andre Gomes	97	Alcobaca	2:20.44	+0,72	500
	50m: 31.16 31.16 100m: 1:06.12 34.96 150m: 1:43.70 37.58 200m: 2:20.44 36.74					
10.	Diogo Miguel Nelas	97	Braga	2:20.59	+0,81	498
	50m: 30.96 30.96 100m: 1:05.32 34.36 150m: 1:42.54 37.22 200m: 2:20.59 38.05					
11.	Luis Filipe Fonseca	97	Estremoz / Estremozcarnes	2:20.65	+1,06	498
	50m: 31.82 31.82 100m: 1:07.45 35.63 150m: 1:44.36 36.91 200m: 2:20.65 36.29					
12.	Nuno Valerio Silva	97	Nautico da Marinha Grande	2:21.96	+0,80	484
	50m: 30.94 30.94 100m: 1:06.38 35.44 150m: 1:43.72 37.34 200m: 2:21.96 38.24					
13.	Tomas Machado Vale	97	Viana Natacao	2:22.26	+0,77	481
	50m: 30.21 30.21 100m: 1:05.89 35.68 150m: 1:44.67 38.78 200m: 2:22.26 37.59					
14.	Joao Bernardo Jorge FTL	97	Alcobaca	2:23.02	+0,81	473
	50m: 31.99 31.99 100m: 1:08.64 36.65 150m: 1:45.76 37.12 200m: 2:23.02 37.26					
15.	Joao Luis Travanca FTL	97	Porto	2:23.86	+0,85	465
	50m: 31.43 31.43 100m: 1:07.54 36.11 150m: 1:46.43 38.89 200m: 2:23.86 37.43					
16.	David Andre Almeida FTL	97	Ginasio de Santo Tirso	2:23.97	+0,90	464
	50m: 30.77 30.77 100m: 1:06.76 35.99 150m: 1:46.40 39.64 200m: 2:23.97 37.57					

Prova 27, Masc., 200m Mariposa, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
17.	Miguel Angelo Silvestre <i>FTL</i>	97	Alcobaca	2:25.75	+0,79	447
	50m: 31.13 31.13 100m: 1:08.13 37.00 150m: 1:48.35 40.22 200m: 2:25.75 37.40					
18.	Bernardo Francisco Pedroso <i>FTL</i>	97	Natacao de Valongo	2:28.28	+0,80	425
	50m: 30.68 30.68 100m: 1:06.88 36.20 150m: 1:46.22 39.34 200m: 2:28.28 42.06					

DSQ Andre Resende Pinheiro 97 Porto
814 - Tocou com uma mão na parede na viragem aos 150 m - SW 8.4

Prova 28
24-03-2013 - 17:05

Femin., 100m Mariposa

Juvenis Resultados

Rec Nac Absoluto	58.76	Sara Freitas Oliveira	FPN	Budapeste (HUN)	12-08-2010
Rec Nac Juv	1:03.88	Ines Camacho Fernandes	FPN	Trabzon (TUR)	25-07-2011

TAC Fem Juv : 1:14.50

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Sara Patricia Sousa 50m: 32.19 32.19 100m: 1:06.39 34.20	99	Clube de Vouzela	1:06.39	+0,81	599
2.	Madalena Gomes Azevedo 50m: 32.12 32.12 100m: 1:07.90 35.78	99	Alges	1:07.90	+0,82	560
3.	Ana Estevinha Silva 50m: 32.15 32.15 100m: 1:08.48 36.33	99	Ginasio Figueirense	1:08.48	+0,72	546
4.	Catarina Reis Silva 50m: 32.26 32.26 100m: 1:09.21 36.95	99	Braga	1:09.21	+0,96	529
5.	Ana Cristina Sousa 50m: 33.92 33.92 100m: 1:10.42 36.50	99	Porto	1:10.42	+0,91	502
6.	Ana Miguel Pinto 50m: 32.22 32.22 100m: 1:10.56 38.34	99	Viana Natacao	1:10.56	+0,84	499
7.	Beatriz Lopes Pinto 50m: 33.60 33.60 100m: 1:10.76 37.16	99	Academica de Coimbra	1:10.76	+0,83	495
8.	Catarina Rego Borges 50m: 33.08 33.08 100m: 1:11.71 38.63	99	Bombeiros Ponta Delgada	1:11.71	+0,73	475
9.	Sara Conceicao Peca 50m: 33.20 33.20 100m: 1:11.72 38.52	99	BA/Mr.Pizza	1:11.72	+0,97	475
10.	Ana Claudia Rosa 50m: 34.72 34.72 100m: 1:12.78 38.06	99	Amadora	1:12.78	+0,83	455
	Mariana Soares Martinho 50m: 34.40 34.40 100m: 1:12.78 38.38	99	Viver Santarem	1:12.78	+0,87	455
12.	Mariana Frazao Saraiva 50m: 33.92 33.92 100m: 1:13.20 39.28	99	Alges	1:13.20	+0,76	447
13.	Ines Maria Pereira 50m: 34.63 34.63 100m: 1:13.24 38.61	99	Leixoes	1:13.24	+0,91	446

Prova 28, Femin., 100m Mariposa, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
14.	Sarah Dias	99	CLAC-Entroncamento	1:13.37	+0,92	444
	50m: 33.57 33.57	100m: 1:13.37	39.80			
15.	Ana Sofia Ferreira	99	Pimpoes/Cimai	1:13.61	+0,91	439
	50m: 34.73 34.73	100m: 1:13.61	38.88			
16.	Sara Costa Guerra	99	Sporting	1:13.97	+0,81	433
	50m: 34.31 34.31	100m: 1:13.97	39.66			
17.	Lara Alexandra Vaz	99	Desportiva de Viana	1:14.75	+0,85	420
	FTL					
	50m: 33.67 33.67	100m: 1:14.75	41.08			
18.	Maria Margarida Fernandes	99	Ginasio de Vila Real	1:16.92		385
	FTL					
	50m: 34.91 34.91	100m: 1:16.92	42.01			

Prova 29
24-03-2013 - 17:20

Masc., 4 x 100m Estilos

Juvenis B
Resultados

Rec Nac Absoluto	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011
Rec Nac Juv B	4:11.24	Sporting Clube de Portugal	SCP	Oeiras	29-07-2012

TAC Masc Juv B : 4:48.00

Pontos: FINA 2013

Lugar	Clube	Tempo Final	TReac	Pts
1.	Alges-JUV B	4:17.06	+0,68	524
	Miguel Reis Santos +0,68 31.55 1:05.23	Afonso Ribeiro Bate +0,27 29.16		1:04.07
	Hugo Pon +0,47 32.77 1:11.15	Francisco Carvalho Machado +0,24 26.67		56.61
2.	Braga-JUV B	4:19.27	+0,60	510
	Joao Francisco Lopes +0,60 30.54 1:03.38	Luis Filipe Ribeiro +0,42 29.70		1:04.63
	Mario Jorge Veloso +0,71 33.11 1:10.77	Jose Pedro Pinto +0,36 28.68		1:00.49
3.	Amadora-JUV B	4:23.09	+0,56	489
	Steve Alexandre Soares +0,56 31.46 1:05.04	Pedro Trindade Silva +0,47 30.44		1:06.64
	Joao Sismeiro Pereira +0,54 33.53 1:12.82	Filipe Miguel Silveira +0,26 27.86		58.59
4.	Porto-JUV B	4:23.56	+0,72	486
	Pedro Goncalves Neto +0,72 33.21 1:09.21	Vasco Gradim Amorim +0,29 29.45		1:03.31
	Diogo Miguel Costa +0,38 33.47 1:13.07	Goncalo Miguel Nogueira +0,39 27.45		57.97
5.	Famalicao-JUV B	4:23.95	+0,60	484
	Xavier Ribeiro Ferreira +0,60 33.15 1:08.38	Joao Carlos Silva +0,52 29.27		1:01.66
	Pedro Silva Ferreira +0,40 35.86 1:16.32	Tomas Robalo Maia +0,32 27.16		57.59
6.	Colegio Monte Maior-JUV B	4:27.90	+0,59	463
	Diogo Rosado Leca +0,59 33.14 1:08.10	Diogo Nogueira Rebelo +0,48 31.26		1:06.94
	Joao Alexandre Vital +0,16 34.22 1:13.76	Cesar Barroqueiro Magalhaes +0,03 28.28		59.10
7.	Gespacos-JUV B	4:28.29	+0,67	461
	Luis Carlos Almeida +0,67 33.88 1:08.92	Pedro Ferraz Silva +0,40 28.55		1:01.81
	Joao Nuno Costa +0,58 36.25 1:17.47	Pedro Miguel Lino +0,65 28.79		1:00.09
8.	Naval do Funchal-JUV B	4:29.26	+0,59	456
	Francisco Aguiar Morganho +0,59 33.79 1:08.24	Henrique Luis Vargas +0,39 28.01		1:00.24
	Francisco Manso Teixeira +0,34 37.53 1:21.31	Pedro Camacho Sousa +0,30 28.80		59.47

Prova 29, Masc., 4 x 100m Estilos, Juvenis B

Lugar				Clube		Tempo Final	TReac	Pts
9.	Desportos Barcelos-JUV B			Desportos Barcelos		4:31.85	+0,67	443
	Lucas Correia Veloso	+0,67	32.53	1:06.55	Andre Filipe Afonseca	+0,60	29.42	1:03.35
	Rui Filipe Costa	+0,66	34.86	1:16.51	Jorge Diogo Ribeiro	+0,56	30.71	1:05.44
10.	Uniao Piedense-JUV B			Uniao Piedense		4:32.03	+0,67	442
	Diogo Rodrigues Freitas	+0,67	33.02	1:08.17	Jose Paula Carvalho	+0,83	30.92	1:05.15
	Afonso Calais Queiroga	+0,50	35.85	1:17.53	Hugo Filipe Torres	+0,31	28.94	1:01.18
11.	Leixoes-JUV B			Leixoes		4:36.29	+0,74	422
	Leonardo Bom Pinto	+0,74	33.22	1:08.63	Joao Santos Mendes		31.34	1:09.87
	Ricardo Manuel Monteiro	+0,52	36.95	1:19.08	Leandro Miguel Baptista	+0,14	27.80	58.71
12.	Lousada SXXI-JUV B			Lousada SXXI		4:36.49	+0,67	421
	Eduardo Abel Duarte	+0,67	32.97	1:08.64	Jorge Rogerio Morais	+0,38	30.44	1:05.96
	Joao Pedro Santos	+0,52	35.89	1:17.66	Carlos Andre Bessa	+0,56	30.33	1:04.23
13.	Geslours-JUV B			Geslours		4:38.96	+0,81	410
	Filipe Ferreira Luz	+0,81	33.87	1:09.22	Raul Miguel Matzinger	+0,63	32.16	1:11.43
	Rafael Ladeiro Santos	+0,77	36.51	1:18.88	Frederico Pinto Silva	+0,59	28.51	59.43
14.	Aminata-JUV B			Aminata		4:39.11	+0,68	409
	Diogo Miguel Henriques	+0,68	33.84	1:11.28	Miguel Angelo Martins	+0,34	30.77	1:07.21
	Joao Pedro Candeias	+0,54	38.40	1:21.57	Miguel Martins Baltazar	+0,54	27.98	59.05
15.	Colegio SMLamas-JUV B			Colegio SMLamas		4:40.57	+0,74	403
	Luis Filipe Soares	+0,74	31.50	1:05.83	Rodrigo Reis Silva	+0,42	31.75	1:07.73
	Alexandre Cerqueira Coelho	+0,61	37.96	1:22.36	Joao Pedro Pimentel	+0,60	30.47	1:04.65
16.	Bombeiros dos Estoris-JUV B			Bombeiros dos Estoris		4:42.02	+0,64	397
	Pedro Silva Vaz	+0,64	35.16	1:12.11	Joao Bruno Casaca	+0,65	31.34	1:07.93
	Miguel Cerdeira Freitas	+0,56	38.04	1:20.00	Leonardo Rochinha Pedro	+0,61	29.69	1:01.98
17.	Pimpoes/Cimai-JUV B			Pimpoes/Cimai		4:42.41	+0,73	395
	Pedro Miguel Barbosa	+0,73	37.07	1:17.82	Pedro Reis Brandao	+0,39	33.16	1:10.84
	Antonio Fernandes Carrico	+0,55	34.11	1:12.39	Tiago Santos Fernandes	+0,25	28.67	1:01.36
DSQ	BA/Mr.Pizza-JUV B			BA/Mr.Pizza				
	<i>111 - Rendição antecipada do 4 nadador - SW 10.11</i>							
	Dmytro Khomenko	+0,66	33.83	1:10.02	Bernardo Santos Clemente	+0,06	29.45	1:03.70
	Diogo Filipe Rodrigues	+0,26	36.57	1:17.22	Bruno Miguel Pereira	-0,09		

Prova 29 Masc., 4 x 100m Estilos Juvenis A
24-03-2013 - 17:20 Resultados

Rec Nac Absoluto	3:46.65	Clube Natacao da Amadora	CNA	Povoa de Varzim	07-08-2011
Rec Nac Juv A	4:07.72	Colegio Vasco da Gama	CVG	Rio Maior	03-08-2003
TAC Masc Juv A : 4:37.00					

Pontos: FINA 2013

Lugar				Clube		Tempo Final	TReac	Pts
1.	Sporting-JUV A			Sporting		4:08.85	+0,62	577
	Guilherme Pereira Dias	+0,62	31.23	1:04.20	Joao Pedro Belo	+0,41	28.28	1:00.63
	Miguel Monteiro Cruchinho	+0,28	32.13	1:07.90	Eduardo Jose Castelo	+0,30	26.94	56.12
2.	Porto-JUV A			Porto		4:13.91	+0,57	544
	Ruben Oliveira Lopes	+0,57	30.72	1:02.72	Joao Miguel Ascensao	+0,20	27.28	1:00.52
	Eduardo Salgado Ramos	+0,29	34.31	1:13.91	Luis Carlos Oliveira	+0,20	26.79	56.76

Prova 29, Masc., 4 x 100m Estilos, Juvenis A

Lugar				Clube		Tempo Final	TReac	Pts
3.	Leixoes-JUV A			Leixoes		4:16.33	+0,96	528
	Joao Afonso Picao	+0,96	33.83	1:09.96	Vitor Joao Pereira	+0,45	28.95	1:03.03
	Andre Goncalo Santos	+0,33	30.96	1:06.76	Artur Miguel Marques	+0,46	27.12	56.58
4.	Braga-JUV A			Braga		4:21.07	+0,61	500
	Bruno Daniel Rodrigues	+0,61	32.39	1:06.71	Rodrigo Carlos Albuquerque	+0,44	28.30	1:01.14
	Daniel Francisco Mendonca	+0,31	35.26	1:16.16	Ricardo Eduardo Afonso	+0,21	27.33	57.06
5.	Nautico de Coimbra-JUV A			Nautico de Coimbra		4:25.01	+0,71	478
	Luis Henrique Neves	+0,71	32.73	1:07.63	Francisco Xavier Goncalves	+0,18	29.15	1:03.87
	Octavio Afonso Ferreira	+0,34	35.17	1:14.50	Luis Pedro Silva	+0,36	28.22	59.01
6.	Geslours-JUV A			Geslours		4:25.79	+0,65	474
	Carlos Flores Clara	+0,65	31.77	1:04.27	Joao Miguel Cardoso	+0,39	31.05	1:07.06
	Tiago Rafael Martins	+0,54	34.60	1:14.16	Pedro Dordio Carreiro	+0,68	28.64	1:00.30
7.	Alcobaça-JUV A			Alcobaca		4:26.05	+0,59	472
	Miguel Angelo Silvestre	+0,59	32.46	1:07.23	Pedro Miguel Rodrigues	0.00	28.61	1:03.85
	Joao Bernardo Jorge		35.83	1:17.69	Alexandre Miguel Laureano	+0,17	27.41	57.28
8.	Amadora-JUV A			Amadora		4:26.61	+0,65	469
	Bruno Miguel Ramos	+0,65	31.33	1:04.57	David Carrasco Correia	+0,34	28.70	1:02.74
	Afonso Miguel Lamy	+0,61	36.76	1:17.08	Tiago Correia Neves	+0,25	29.41	1:02.22
9.	Naval do Funchal-JUV A			Naval do Funchal		4:27.48	+0,62	465
	Francisco Pestana Silva	+0,62	30.96	1:03.39	Joao Menezes Aguiar	+0,37	29.09	1:03.05
	Luis Henrique Silva	+0,21	37.98	1:20.95	Joao Manuel Fernandes	+0,22	27.80	1:00.09
10.	Gespacos-JUV A			Gespacos		4:30.25	+0,69	451
	Hugo Octavio Coelho	+0,69	31.55	1:06.80	Marco Andre Fernandes	+0,12	29.68	1:05.49
	Jorge Filipe Matos	+0,22	35.81	1:17.97	Joao Paulo Silva	+0,23	28.27	59.99
11.	Colegio SMLamas-JUV A			Colegio SMLamas		4:30.91	+0,52	447
	Tiago Francisco Silva	+0,52	34.61	1:11.99	Tiago Alberto Santos	+0,40	32.78	1:09.43
	Simao Miguel Capitao	+0,33	31.59	1:08.25	Joel Baptista Peixoto	+0,61	29.31	1:01.24

Prova 30
24-03-2013 - 17:45

Femin., 4 x 100m Livres

Juvenis
Resultados

Rec Nac Absoluto	3:52.07	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	30-07-2010
Rec Nac Juv	4:10.72	Clube Nautico Academico de Coim	CNAC	Povoa de Varzim	05-08-2011

TAC Fem Juv : 4:38.50

Pontos: FINA 2013

Lugar				Clube		Tempo Final	TReac	Pts
1.	Porto-JUV			Porto		4:17.64	+0,78	554
	Mariana Alexandre Oliveira	+0,78	30.47	1:03.43	Ines Maria Neves	+0,51	31.41	1:05.15
	Ana Beatriz La Feria	+0,34	30.81	1:03.28	Ana Cristina Sousa	+0,37	31.93	1:05.78
2.	Amadora-JUV			Amadora		4:19.92	+0,79	540
	Margarida Sobral Pimenta	+0,79	30.93	1:04.56	Ana Oliveira Silva	+0,16	31.59	1:06.35
	Joana Cristina Fernandes	+0,50	30.96	1:04.06	Rita Goncalves Passinhas	+0,10	30.48	1:04.95
3.	Sporting-JUV			Sporting		4:21.90	+0,79	528
	Ines Margarida Costa	+0,79	31.21	1:03.83	Filipa Sousa Pinheiro	+0,20	31.43	1:05.83
	Maria Ana Monge	+0,61	31.17	1:06.01	Beatriz Paulo Ranito	+0,28	31.15	1:06.23

Prova 30, Femin., 4 x 100m Livres, Juvenis

Lugar				Clube	Tempo Final		TReac	Pts
4.	Ginasio Figueirense-JUV			Ginasio Figueirense	4:26.72		+0,77	500
	Ana Estevinha Silva	+0,77	31.41	1:04.63	Sandra Patricia Oliveira	+0,60	31.91	1:06.92
	Raquel Simoes Duque	+0,62	33.05	1:09.69	Ines Rocha Nunes	+0,52	31.60	1:05.48
5.	Academica de Coimbra-JUV			Academica de Coimbra	4:29.65		+0,77	484
	Mariana Pinto Angelo	+0,77	32.02	1:06.44	Beatriz Castanheira Dias	+0,48	33.14	1:09.31
	Beatriz Lopes Pinto	+0,45	32.59	1:08.64	Ana Beatriz Fonseca	+0,34	31.88	1:05.26
6.	Sporting de Aveiro-JUV			Sporting de Aveiro	4:30.38		+0,91	480
	Catarina Costa Balseiro	+0,91	32.57	1:07.53	Ana Rita Rodrigues	+0,69	32.48	1:07.42
	Marta Silva Felix	+0,65	32.48	1:07.50	Margarida Bento Mesquita	+0,60	32.17	1:07.93
7.	Leixoes-JUV			Leixoes	4:31.89		+0,93	472
	Ana Caetano Oliveira	+0,93	32.87	1:07.91	Ines Maria Pereira	+0,14	32.33	1:07.90
	Ana Teresa Nascimento	+0,26	33.10	1:11.64	Marta Ferreira Rocha	+0,18	30.60	1:04.44
8.	Ginasio de Vila Real-JUV			Ginasio de Vila Real	4:39.77		+0,94	433
	FTL							
	Catarina Monteiro Santos	+0,94	32.54	1:09.77	Catarina Azevedo Nobrega		32.35	1:08.57
	Carolina Sousa		32.67	1:08.05	Maria Marqarida Fernandes		33.19	1:13.38