

Prova 20
24-03-2013 - 10:55

Femin., 400m Livres

Juvenis
Resultados

Rec Nac Absoluto 4:19.89 Ana Feio Alegria FPN Barcelona (ESP) 30-05-1996
Rec Nac Juv 4:28.67 tempo limite

TAC Fem Juv : 5:01.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Tamila Hryhorivna Holub	99	Braga	4:35.71	+0,88	652
	50m: 30.91 30.91	150m: 1:39.69 34.90	250m: 2:50.98 35.89	350m: 4:01.95 35.37		
	100m: 1:04.79 33.88	200m: 2:15.09 35.40	300m: 3:26.58 35.60	400m: 4:35.71 33.76		
2.	Rita Costa Amador	99	Galitos	4:42.46	+0,75	606
	50m: 31.36 31.36	150m: 1:41.18 35.59	250m: 2:53.88 36.09	350m: 4:07.39 36.54		
	100m: 1:05.59 34.23	200m: 2:17.79 36.61	300m: 3:30.85 36.97	400m: 4:42.46 35.07		
3.	Ana Beatriz Martins	99	Famalicao	4:43.55	+0,63	599
	50m: 32.20 32.20	150m: 1:43.48 36.36	250m: 2:56.68 36.50	350m: 4:09.38 35.99		
	100m: 1:07.12 34.92	200m: 2:20.18 36.70	300m: 3:33.39 36.71	400m: 4:43.55 34.17		
4.	Tania Cristina Mendes	99	Industrial Viegrense	4:44.26	+0,87	595
	50m: 31.57 31.57	150m: 1:42.18 35.86	250m: 2:55.38 36.66	350m: 4:08.91 36.47		
	100m: 1:06.32 34.75	200m: 2:18.72 36.54	300m: 3:32.44 37.06	400m: 4:44.26 35.35		
5.	Madalena Gomes Azevedo	99	Alges	4:44.38	+1,02	594
	50m: 32.43 32.43	150m: 1:44.22 35.76	250m: 2:55.85 35.41	350m: 4:10.57 37.29		
	100m: 1:08.46 36.03	200m: 2:20.44 36.22	300m: 3:33.28 37.43	400m: 4:44.38 33.81		
6.	Ana Carolina Carraco	99	Freguesia de Paiao	4:45.45	+0,79	588
	50m: 32.55 32.55	150m: 1:44.04 35.97	250m: 2:57.22 36.52	350m: 4:10.49 36.51		
	100m: 1:08.07 35.52	200m: 2:20.70 36.66	300m: 3:33.98 36.76	400m: 4:45.45 34.96		
7.	Beatriz Paulo Ranito	99	Sporting	4:48.58	+0,80	569
	50m: 32.95 32.95	150m: 1:45.91 36.92	250m: 2:59.78 36.98	350m: 4:12.66 36.02		
	100m: 1:08.99 36.04	200m: 2:22.80 36.89	300m: 3:36.64 36.86	400m: 4:48.58 35.92		
8.	Barbara Coimbra Teodosio	99	Nautico da Marinha Grande	4:48.78		567
	50m: 33.12 33.12	150m: 1:45.97 36.33	250m: 2:59.99 36.81	350m: 4:13.11 36.26		
	100m: 1:09.64 36.52	200m: 2:23.18 37.21	300m: 3:36.85 36.86	400m: 4:48.78 35.67		
9.	Ana Pires Brito	99	Colegio Monte Maior	4:51.47	+0,79	552
	50m: 32.48 32.48	150m: 1:45.34 37.20	250m: 2:59.83 37.34	350m: 4:14.57 37.56		
	100m: 1:08.14 35.66	200m: 2:22.49 37.15	300m: 3:37.01 37.18	400m: 4:51.47 36.90		
10.	Joana Beatriz Bernardo	99	Fundacao Beatriz Santos	4:52.55		546
	50m: 33.00 33.00	150m: 1:46.04 36.85	250m: 3:00.58 37.02	350m: 4:15.73 37.21		
	100m: 1:09.19 36.19	200m: 2:23.56 37.52	300m: 3:38.52 37.94	400m: 4:52.55 36.82		
11.	Beatriz Barros Carmo	99	Colegio Vasco da Gama	4:52.73	+0,83	545
	50m: 32.66 32.66	150m: 1:45.84 36.89	250m: 3:00.26 37.41	350m: 4:15.60 37.73		
	100m: 1:08.95 36.29	200m: 2:22.85 37.01	300m: 3:37.87 37.61	400m: 4:52.73 37.13		
12.	Mariana Alexandre Oliveira	99	Porto	4:54.47		535
	50m: 32.09 32.09	150m: 1:43.32 36.53	250m: 2:59.94 38.40	350m: 4:17.10 38.75		
	100m: 1:06.79 34.70	200m: 2:21.54 38.22	300m: 3:38.35 38.41	400m: 4:54.47 37.37		
13.	Ana Beatriz La Feria	99	Porto	4:54.87	+1,07	533
	50m: 33.06 33.06	150m: 1:46.01 37.06	250m: 3:01.33 37.90	350m: 4:18.30 38.38		
	100m: 1:08.95 35.89	200m: 2:23.43 37.42	300m: 3:39.92 38.59	400m: 4:54.87 36.57		
14.	Joana Cristina Fernandes	99	Amadora	4:55.11		532
	50m: 32.49 32.49	150m: 1:45.41 37.28	250m: 3:00.68 37.63	350m: 4:17.65 38.89		
	100m: 1:08.13 35.64	200m: 2:23.05 37.64	300m: 3:38.76 38.08	400m: 4:55.11 37.46		

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
15.	Catarina Costa Fernandes	99	Natacao de Olhao	4:56.27	+0,90	525	
	50m: 33.03 33.03	150m: 1:46.69	37.06	250m: 3:02.19	38.09	350m: 4:19.37	38.97
	100m: 1:09.63 36.60	200m: 2:24.10	37.41	300m: 3:40.40	38.21	400m: 4:56.27	36.90
16.	Maria Santos Silva	99	Nautico da Marinha Grande	4:56.98	+0,86	522	
	50m: 32.63 32.63	150m: 1:46.48	37.67	250m: 3:02.70	38.07	350m: 4:19.28	38.20
	100m: 1:08.81 36.18	200m: 2:24.63	38.15	300m: 3:41.08	38.38	400m: 4:56.98	37.70
17.	Filipa Sousa Pinheiro	99	Sporting	4:57.91	+0,84	517	
	50m: 32.90 32.90	150m: 1:47.91	37.88	250m: 3:04.70	38.32	350m: 4:21.14	37.83
	100m: 1:10.03 37.13	200m: 2:26.38	38.47	300m: 3:43.31	38.61	400m: 4:57.91	36.77
18.	Viviana Pinto Cunha	99	Famalicao	4:58.16	+0,76	516	
	50m: 32.66 32.66	150m: 1:45.55	37.30	250m: 3:02.49	38.62	350m: 4:20.33	38.72
	100m: 1:08.25 35.59	200m: 2:23.87	38.32	300m: 3:41.61	39.12	400m: 4:58.16	37.83
19.	Mariana Soares Martinho	99	Viver Santarem	4:58.51	+0,74	514	
	50m: 33.94 33.94	150m: 1:48.66	37.97	250m: 3:05.70	38.59	350m: 4:22.32	38.11
	100m: 1:10.69 36.75	200m: 2:27.11	38.45	300m: 3:44.21	38.51	400m: 4:58.51	36.19
20.	Ana Caetano Oliveira	99	Leixoes	4:58.80	+1,02	512	
	50m: 33.54 33.54	150m: 1:48.08	37.81	250m: 3:04.82	38.45	350m: 4:22.06	38.43
	100m: 1:10.27 36.73	200m: 2:26.37	38.29	300m: 3:43.63	38.81	400m: 4:58.80	36.74
21.	Ines Maria Neves	99	Porto	4:58.97	+0,81	511	
	50m: 33.02 33.02	150m: 1:47.81	37.79	250m: 3:04.70	38.78	350m: 4:22.21	38.72
	100m: 1:10.02 37.00	200m: 2:25.92	38.11	300m: 3:43.49	38.79	400m: 4:58.97	36.76
22.	Marta Ferreira Rocha	99	Leixoes	5:02.27	+0,81	495	
	<i>FTL</i>						
	50m: 33.53 33.53	150m: 1:48.23	38.23	250m: 3:05.14	38.61	350m: 4:24.48	39.12
	100m: 1:10.00 36.47	200m: 2:26.53	38.30	300m: 3:45.36	40.22	400m: 5:02.27	37.79
23.	Noemia Verdi Silva	99	Vitoria de Guimaraes	5:05.24	+0,87	480	
	<i>FTL</i>						
	50m: 33.71 33.71	150m: 1:49.83	38.71	250m: 3:08.58	39.35	350m: 4:26.94	39.02
	100m: 1:11.12 37.41	200m: 2:29.23	39.40	300m: 3:47.92	39.34	400m: 5:05.24	38.30
24.	Ines Maria Pereira	99	Leixoes	5:09.33	+0,97	462	
	<i>FTL</i>						
	50m: 34.15 34.15	150m: 1:51.38	39.45	250m: 3:11.28	40.09	350m: 4:30.87	39.92
	100m: 1:11.93 37.78	200m: 2:31.19	39.81	300m: 3:50.95	39.67	400m: 5:09.33	38.46