

Prova 2  
22-03-2013 - 16:15

Masc., 400m Estilos

Juvenis B  
Resultados

|                  |         |                       |     |            |            |
|------------------|---------|-----------------------|-----|------------|------------|
| Rec Nac Absoluto | 4:18.08 | Diogo Filipe Carvalho | FPN | Roma (ITA) | 02-08-2009 |
| Rec Nac Juv B    | 4:40.16 | Diogo Filipe Carvalho | CGA | Lisboa     | 17-05-2003 |

TAC Masc Juv B : 5:21.00

Pontos: FINA 2013

| Lugar | Nome                      | Ano                 | Clube                     | Tempo Final         | TReac | Pts FINA | Pts |
|-------|---------------------------|---------------------|---------------------------|---------------------|-------|----------|-----|
| 1.    | Joao Alexandre Vital      | 98                  | Colegio Monte Maior       | <b>4:41.57</b>      | +0,92 | 649      |     |
|       | 50m: 30.60 30.60          | 150m: 1:39.00 34.05 | 250m: 2:54.37 41.48       | 350m: 4:08.55 33.07 |       |          |     |
|       | 100m: 1:04.95 34.35       | 200m: 2:12.89 33.89 | 300m: 3:35.48 41.11       | 400m: 4:41.57 33.02 |       |          |     |
| 2.    | Hugo Pon                  | 98                  | Alges                     | <b>4:50.32</b>      | +0,75 | 592      |     |
|       | 50m: 30.88 30.88          | 150m: 1:43.79 37.68 | 250m: 3:00.82 40.31       | 350m: 4:16.85 34.85 |       |          |     |
|       | 100m: 1:06.11 35.23       | 200m: 2:20.51 36.72 | 300m: 3:42.00 41.18       | 400m: 4:50.32 33.47 |       |          |     |
| 3.    | Andre Magalhaes Moura     | 98                  | Academico Viseu           | <b>4:55.66</b>      |       | 560      |     |
|       | 50m: 31.09 31.09          | 150m: 1:47.67 40.32 | 250m: 3:06.81 39.60       | 350m: 4:22.18 34.26 |       |          |     |
|       | 100m: 1:07.35 36.26       | 200m: 2:27.21 39.54 | 300m: 3:47.92 41.11       | 400m: 4:55.66 33.48 |       |          |     |
| 4.    | Diogo Miguel Costa        | 98                  | Porto                     | <b>4:56.77</b>      | +0,80 | 554      |     |
|       | 50m: 30.37 30.37          | 150m: 1:46.95 39.75 | 250m: 3:06.53 41.05       | 350m: 4:23.74 34.91 |       |          |     |
|       | 100m: 1:07.20 36.83       | 200m: 2:25.48 38.53 | 300m: 3:48.83 42.30       | 400m: 4:56.77 33.03 |       |          |     |
| 5.    | Vasco Gradim Amorim       | 98                  | Porto                     | <b>4:56.78</b>      | +0,82 | 554      |     |
|       | 50m: 30.43 30.43          | 150m: 1:43.48 38.31 | 250m: 3:05.25 43.33       | 350m: 4:22.96 34.06 |       |          |     |
|       | 100m: 1:05.17 34.74       | 200m: 2:21.92 38.44 | 300m: 3:48.90 43.65       | 400m: 4:56.78 33.82 |       |          |     |
| 6.    | Antonio Fernandes Carrico | 98                  | Pimpoes/Cimai             | <b>4:58.84</b>      | +0,79 | 543      |     |
|       | 50m: 31.50 31.50          | 150m: 1:51.32 41.18 | 250m: 3:14.03 42.34       | 350m: 4:27.66 32.85 |       |          |     |
|       | 100m: 1:10.14 38.64       | 200m: 2:31.69 40.37 | 300m: 3:54.81 40.78       | 400m: 4:58.84 31.18 |       |          |     |
| 7.    | Luis Filipe Ribeiro       | 98                  | Braga                     | <b>5:01.48</b>      | +0,90 | 529      |     |
|       | 50m: 30.18 30.18          | 150m: 1:45.60 40.13 | 250m: 3:09.00 44.33       | 350m: 4:28.31 35.07 |       |          |     |
|       | 100m: 1:05.47 35.29       | 200m: 2:24.67 39.07 | 300m: 3:53.24 44.24       | 400m: 5:01.48 33.17 |       |          |     |
| 8.    | Viktor Kot                | 98                  | Nautico da Marinha Grande | <b>5:02.20</b>      | +0,62 | 525      |     |
|       | 50m: 30.57 30.57          | 150m: 1:44.88 38.35 | 250m: 3:06.60 44.31       | 350m: 4:27.40 35.69 |       |          |     |
|       | 100m: 1:06.53 35.96       | 200m: 2:22.29 37.41 | 300m: 3:51.71 45.11       | 400m: 5:02.20 34.80 |       |          |     |
| 9.    | Pedro Ferraz Silva        | 98                  | Gespacos                  | <b>5:02.67</b>      | +0,85 | 522      |     |
|       | 50m: 30.34 30.34          | 150m: 1:45.13 39.61 | 250m: 3:08.58 44.33       | 350m: 4:28.11 34.05 |       |          |     |
|       | 100m: 1:05.52 35.18       | 200m: 2:24.25 39.12 | 300m: 3:54.06 45.48       | 400m: 5:02.67 34.56 |       |          |     |
| 10.   | Afonso Ribeiro Bate       | 98                  | Alges                     | <b>5:02.68</b>      | +0,70 | 522      |     |
|       | 50m: 30.41 30.41          | 150m: 1:47.61 41.62 | 250m: 3:08.22 39.74       | 350m: 4:27.22 37.17 |       |          |     |
|       | 100m: 1:05.99 35.58       | 200m: 2:28.48 40.87 | 300m: 3:50.05 41.83       | 400m: 5:02.68 35.46 |       |          |     |
| 11.   | Leonardo Bom Pinto        | 98                  | Leixoes                   | <b>5:04.12</b>      |       | 515      |     |
|       | 50m: 32.21 32.21          | 150m: 1:50.78 41.22 | 250m: 3:14.04 43.19       | 350m: 4:31.70 34.72 |       |          |     |
|       | 100m: 1:09.56 37.35       | 200m: 2:30.85 40.07 | 300m: 3:56.98 42.94       | 400m: 5:04.12 32.42 |       |          |     |
| 12.   | Diogo Vicente Silva       | 98                  | Nautico da Marinha Grande | <b>5:05.42</b>      | +0,90 | 508      |     |
|       | 50m: 31.54 31.54          | 150m: 1:47.26 38.63 | 250m: 3:08.19 42.80       | 350m: 4:29.16 37.16 |       |          |     |
|       | 100m: 1:08.63 37.09       | 200m: 2:25.39 38.13 | 300m: 3:52.00 43.81       | 400m: 5:05.42 36.26 |       |          |     |
| 13.   | Jose Pedro Sampaio        | 98                  | Foca                      | <b>5:09.43</b>      | +0,90 | 489      |     |
|       | 50m: 32.17 32.17          | 150m: 1:49.05 39.97 | 250m: 3:13.79 44.76       | 350m: 4:35.33 35.86 |       |          |     |
|       | 100m: 1:09.08 36.91       | 200m: 2:29.03 39.98 | 300m: 3:59.47 45.68       | 400m: 5:09.43 34.10 |       |          |     |
| 14.   | Jose Paula Carvalho       | 98                  | Uniao Piedense            | <b>5:09.72</b>      | +0,83 | 487      |     |
|       | 50m: 31.36 31.36          | 150m: 1:47.84 40.88 | 250m: 3:12.97 45.34       | 350m: 4:35.52 37.13 |       |          |     |
|       | 100m: 1:06.96 35.60       | 200m: 2:27.63 39.79 | 300m: 3:58.39 45.42       | 400m: 5:09.72 34.20 |       |          |     |

Prova 2, Masc., 400m Estilos, Juvenis B

| Lugar | Nome                                                            | Ano                 | Clube                     | Tempo Final         | TReac               | Pts FINA | Pts |
|-------|-----------------------------------------------------------------|---------------------|---------------------------|---------------------|---------------------|----------|-----|
| 15.   | Afonso Calais Queiroga                                          | 98                  | Uniao Piedense            | <b>5:10.32</b>      | +0,70               | 485      |     |
|       | 50m: 32.25 32.25                                                | 150m: 1:53.72 42.86 | 250m: 3:18.58 44.16       | 350m: 4:37.74 33.50 | 400m: 5:10.32 32.58 |          |     |
|       | 100m: 1:10.86 38.61                                             | 200m: 2:34.42 40.70 | 300m: 4:04.24 45.66       |                     |                     |          |     |
| 16.   | Pedro Nuno Vieira                                               | 98                  | Natacao de Valongo        | <b>5:10.52</b>      | +0,94               | 484      |     |
|       | 50m: 30.86 30.86                                                | 150m: 1:47.46 40.40 | 250m: 3:11.60 44.37       | 350m: 4:34.59 37.46 | 400m: 5:10.52 35.93 |          |     |
|       | 100m: 1:07.06 36.20                                             | 200m: 2:27.23 39.77 | 300m: 3:57.13 45.53       |                     |                     |          |     |
| 17.   | Jose Diogo Fonseca                                              | 98                  | Nautico da Marinha Grande | <b>5:10.93</b>      | +0,77               | 482      |     |
|       | 50m: 31.06 31.06                                                | 150m: 1:49.73 41.12 | 250m: 3:14.77 44.48       | 350m: 4:36.88 35.57 | 400m: 5:10.93 34.05 |          |     |
|       | 100m: 1:08.61 37.55                                             | 200m: 2:30.29 40.56 | 300m: 4:01.31 46.54       |                     |                     |          |     |
| 18.   | Joao Santos Mendes                                              | 98                  | Leixoes                   | <b>5:11.97</b>      | +0,71               | 477      |     |
|       | 50m: 31.43 31.43                                                | 150m: 1:50.06 41.35 | 250m: 3:16.11 46.03       | 350m: 4:38.14 35.18 | 400m: 5:11.97 33.83 |          |     |
|       | 100m: 1:08.71 37.28                                             | 200m: 2:30.08 40.02 | 300m: 4:02.96 46.85       |                     |                     |          |     |
| 19.   | Paulo Filipe Silva                                              | 98                  | Natacao da Maia           | <b>5:13.38</b>      | +0,81               | 471      |     |
|       | 50m: 33.01 33.01                                                | 150m: 1:50.73 40.53 | 250m: 3:15.80 44.80       | 350m: 4:37.61 34.92 | 400m: 5:13.38 35.77 |          |     |
|       | 100m: 1:10.20 37.19                                             | 200m: 2:31.00 40.27 | 300m: 4:02.69 46.89       |                     |                     |          |     |
| 20.   | Goncalo Filipe Patatas                                          | 98                  | Sporting                  | <b>5:13.87</b>      | +0,88               | 468      |     |
|       | 50m: 30.37 30.37                                                | 150m: 1:47.34 41.68 | 250m: 3:16.46 47.83       | 350m: 4:39.30 36.46 | 400m: 5:13.87 34.57 |          |     |
|       | 100m: 1:05.66 35.29                                             | 200m: 2:28.63 41.29 | 300m: 4:02.84 46.38       |                     |                     |          |     |
| 21.   | Pedro Trindade Silva                                            | 98                  | Amadora                   | <b>5:13.91</b>      | +0,87               | 468      |     |
|       | 50m: 32.15 32.15                                                | 150m: 1:50.65 41.71 | 250m: 3:16.93 46.28       | 350m: 4:39.44 36.23 | 400m: 5:13.91 34.47 |          |     |
|       | 100m: 1:08.94 36.79                                             | 200m: 2:30.65 40.00 | 300m: 4:03.21 46.28       |                     |                     |          |     |
| 22.   | Cesar Barroqueiro Magalhaes                                     | 98                  | Colegio Monte Maior       | <b>5:15.98</b>      | +0,96               | 459      |     |
|       | 50m: 32.42 32.42                                                | 150m: 1:52.25 42.28 | 250m: 3:18.41 44.67       | 350m: 4:40.52 35.65 | 400m: 5:15.98 35.46 |          |     |
|       | 100m: 1:09.97 37.55                                             | 200m: 2:33.74 41.49 | 300m: 4:04.87 46.46       |                     |                     |          |     |
| 23.   | Rodrigo Manuel Monteiro                                         | 98                  | Sporting de Espinho       | <b>5:16.12</b>      |                     | 458      |     |
|       | 50m: 31.93 31.93                                                | 150m: 1:51.11 41.40 | 250m: 3:17.89 46.26       | 350m: 4:40.82 37.35 | 400m: 5:16.12 35.30 |          |     |
|       | 100m: 1:09.71 37.78                                             | 200m: 2:31.63 40.52 | 300m: 4:03.47 45.58       |                     |                     |          |     |
| 24.   | Joao Manuel Leitao                                              | 98                  | Nautico de Coimbra        | <b>5:16.81</b>      | +0,78               | 455      |     |
|       | 50m: 31.07 31.07                                                | 150m: 1:52.70 43.43 | 250m: 3:17.07 42.88       | 350m: 4:41.10 37.63 | 400m: 5:16.81 35.71 |          |     |
|       | 100m: 1:09.27 38.20                                             | 200m: 2:34.19 41.49 | 300m: 4:03.47 46.40       |                     |                     |          |     |
| 25.   | Jose Pedro Pinto                                                | 98                  | Braga                     | <b>5:23.35</b>      | +0,84               | 428      |     |
|       | FTL                                                             |                     |                           |                     |                     |          |     |
|       | 50m: 32.78 32.78                                                | 150m: 1:52.56 41.38 | 250m: 3:21.85 47.25       | 350m: 4:46.66 36.80 | 400m: 5:23.35 36.69 |          |     |
|       | 100m: 1:11.18 38.40                                             | 200m: 2:34.60 42.04 | 300m: 4:09.86 48.01       |                     |                     |          |     |
| 26.   | Miguel Angelo Martins                                           | 98                  | Aminata                   | <b>5:24.61</b>      | +0,73               | 423      |     |
|       | FTL                                                             |                     |                           |                     |                     |          |     |
|       | 50m: 32.45 32.45                                                | 150m: 1:55.18 42.43 | 250m: 3:21.43 44.65       | 350m: 4:46.99 37.90 | 400m: 5:24.61 37.62 |          |     |
|       | 100m: 1:12.75 40.30                                             | 200m: 2:36.78 41.60 | 300m: 4:09.09 47.66       |                     |                     |          |     |
| 27.   | Marius Captari                                                  | 98                  | Amadora                   | <b>5:26.79</b>      |                     | 415      |     |
|       | FTL                                                             |                     |                           |                     |                     |          |     |
|       | 50m: 33.20 33.20                                                | 150m: 1:52.57 40.22 | 250m: 3:19.86 47.12       | 350m: 4:47.59 39.66 | 400m: 5:26.79 39.20 |          |     |
|       | 100m: 1:12.35 39.15                                             | 200m: 2:32.74 40.17 | 300m: 4:07.93 48.07       |                     |                     |          |     |
| DSQ   | Luis Carlos Almeida                                             | 98                  | Gespacos                  |                     |                     |          |     |
|       | 611 - Perdeu posição dorsal antes da viragem aos 150 m - SW 6.2 |                     |                           |                     |                     |          |     |
| WDR   | Joao Francisco Lopes                                            | 98                  | Braga                     |                     |                     |          |     |

Prova 2, Masc., 400m Estilos

Prova 2  
22-03-2013 - 16:15

Masc., 400m Estilos

Juvenis A  
Resultados

|                  |         |                       |     |            |            |
|------------------|---------|-----------------------|-----|------------|------------|
| Rec Nac Absoluto | 4:18.08 | Diogo Filipe Carvalho | FPN | Roma (ITA) | 02-08-2009 |
| Rec Nac Juv A    | 4:33.24 | Diogo Filipe Carvalho | CGA | Lisboa     | 29-07-2004 |

TAC Masc Juv A : 5:12.00

Pontos: FINA 2013

| Lugar | Nome                      | Ano                 | Clube                     | Tempo Final         | TReac | Pts FINA | Pts |
|-------|---------------------------|---------------------|---------------------------|---------------------|-------|----------|-----|
| 1.    | Joao Pedro Gil            | 97                  | Naval Amorense            | <b>4:45.32</b>      | +0,72 | 624      |     |
|       | 50m: 29.68 29.68          | 150m: 1:42.27 37.67 | 250m: 3:00.10 40.78       | 350m: 4:13.98 32.76 |       |          |     |
|       | 100m: 1:04.60 34.92       | 200m: 2:19.32 37.05 | 300m: 3:41.22 41.12       | 400m: 4:45.32 31.34 |       |          |     |
| 2.    | Joao Miguel Ferreira      | 97                  | Foca                      | <b>4:46.26</b>      | +0,76 | 618      |     |
|       | 50m: 29.65 29.65          | 150m: 1:42.87 38.78 | 250m: 3:02.00 40.56       | 350m: 4:15.76 33.32 |       |          |     |
|       | 100m: 1:04.09 34.44       | 200m: 2:21.44 38.57 | 300m: 3:42.44 40.44       | 400m: 4:46.26 30.50 |       |          |     |
| 3.    | Eduardo Filipe Carneiro   | 97                  | Columbofila Cantanhedense | <b>4:47.13</b>      |       | 612      |     |
|       | 50m: 30.13 30.13          | 150m: 1:43.57 38.14 | 250m: 3:01.95 41.34       | 350m: 4:15.82 32.81 |       |          |     |
|       | 100m: 1:05.43 35.30       | 200m: 2:20.61 37.04 | 300m: 3:43.01 41.06       | 400m: 4:47.13 31.31 |       |          |     |
| 4.    | Eduardo Salgado Ramos     | 97                  | Porto                     | <b>4:51.46</b>      | +0,83 | 585      |     |
|       | 50m: 30.83 30.83          | 150m: 1:43.90 38.52 | 250m: 3:02.94 41.58       | 350m: 4:18.07 34.07 |       |          |     |
|       | 100m: 1:05.38 34.55       | 200m: 2:21.36 37.46 | 300m: 3:44.00 41.06       | 400m: 4:51.46 33.39 |       |          |     |
| 5.    | Bruno Miguel Ramos        | 97                  | Amadora                   | <b>4:53.74</b>      | +0,66 | 572      |     |
|       | 50m: 30.68 30.68          | 150m: 1:44.20 36.77 | 250m: 3:04.25 43.07       | 350m: 4:21.08 33.65 |       |          |     |
|       | 100m: 1:07.43 36.75       | 200m: 2:21.18 36.98 | 300m: 3:47.43 43.18       | 400m: 4:53.74 32.66 |       |          |     |
| 6.    | Miguel Monteiro Cruchinho | 97                  | Sporting                  | <b>4:53.81</b>      |       | 571      |     |
|       | 50m: 29.71 29.71          | 150m: 1:44.98 39.38 | 250m: 3:04.40 39.03       | 350m: 4:20.09 35.13 |       |          |     |
|       | 100m: 1:05.60 35.89       | 200m: 2:25.37 40.39 | 300m: 3:44.96 40.56       | 400m: 4:53.81 33.72 |       |          |     |
| 7.    | Andre Resende Pinheiro    | 97                  | Porto                     | <b>4:54.78</b>      | +0,75 | 566      |     |
|       | 50m: 30.16 30.16          | 150m: 1:44.44 38.93 | 250m: 3:03.83 41.92       | 350m: 4:21.95 35.10 |       |          |     |
|       | 100m: 1:05.51 35.35       | 200m: 2:21.91 37.47 | 300m: 3:46.85 43.02       | 400m: 4:54.78 32.83 |       |          |     |
| 8.    | Vitor Joao Pereira        | 97                  | Leixoes                   | <b>4:57.82</b>      | +0,84 | 548      |     |
|       | 50m: 30.19 30.19          | 150m: 1:46.34 39.89 | 250m: 3:08.08 43.45       | 350m: 4:24.42 33.30 |       |          |     |
|       | 100m: 1:06.45 36.26       | 200m: 2:24.63 38.29 | 300m: 3:51.12 43.04       | 400m: 4:57.82 33.40 |       |          |     |
| 9.    | Tiago Martim Alves        | 97                  | Desportiva de Viana       | <b>4:57.88</b>      | +0,83 | 548      |     |
|       | 50m: 30.70 30.70          | 150m: 1:46.34 39.54 | 250m: 3:06.44 40.85       | 350m: 4:23.28 35.48 |       |          |     |
|       | 100m: 1:06.80 36.10       | 200m: 2:25.59 39.25 | 300m: 3:47.80 41.36       | 400m: 4:57.88 34.60 |       |          |     |
| 10.   | David Emanuel Martins     | 97                  | Braga                     | <b>4:59.08</b>      | +1,02 | 541      |     |
|       | 50m: 31.26 31.26          | 150m: 1:46.27 39.11 | 250m: 3:09.83 46.41       | 350m: 4:27.73 33.04 |       |          |     |
|       | 100m: 1:07.16 35.90       | 200m: 2:23.42 37.15 | 300m: 3:54.69 44.86       | 400m: 4:59.08 31.35 |       |          |     |
| 11.   | Diogo Miguel Nelas        | 97                  | Braga                     | <b>5:01.23</b>      | +0,82 | 530      |     |
|       | 50m: 30.34 30.34          | 150m: 1:44.94 39.47 | 250m: 3:07.25 42.95       | 350m: 4:27.97 35.45 |       |          |     |
|       | 100m: 1:05.47 35.13       | 200m: 2:24.30 39.36 | 300m: 3:52.52 45.27       | 400m: 5:01.23 33.26 |       |          |     |
| 12.   | Luis Carlos Oliveira      | 97                  | Porto                     | <b>5:01.82</b>      | +0,84 | 527      |     |
|       | 50m: 30.54 30.54          | 150m: 1:45.00 38.57 | 250m: 3:07.62 43.79       | 350m: 4:27.11 34.77 |       |          |     |
|       | 100m: 1:06.43 35.89       | 200m: 2:23.83 38.83 | 300m: 3:52.34 44.72       | 400m: 5:01.82 34.71 |       |          |     |
| 13.   | Joao Luis Travanca        | 97                  | Porto                     | <b>5:02.18</b>      | +0,93 | 525      |     |
|       | 50m: 31.78 31.78          | 150m: 1:47.88 40.58 | 250m: 3:10.87 43.55       | 350m: 4:29.52 34.90 |       |          |     |
|       | 100m: 1:07.30 35.52       | 200m: 2:27.32 39.44 | 300m: 3:54.62 43.75       | 400m: 5:02.18 32.66 |       |          |     |

Prova 2, Masc., 400m Estilos, Juvenis A

| Lugar | Nome                      | Ano                 | Clube               | Tempo Final         |                     | TReac | Pts FINA | Pts |
|-------|---------------------------|---------------------|---------------------|---------------------|---------------------|-------|----------|-----|
| 14.   | Joao Vieira Camara        | 97                  | Maritimo            | <b>5:02.50</b>      |                     | +0,69 | 523      |     |
|       | 50m: 30.44 30.44          | 150m: 1:47.13 41.00 | 250m: 3:09.62 42.81 | 350m: 4:29.27 35.30 | 400m: 5:02.50 33.23 |       |          |     |
|       | 100m: 1:06.13 35.69       | 200m: 2:26.81 39.68 | 300m: 3:53.97 44.35 |                     |                     |       |          |     |
| 15.   | Joao Miguel Cardoso       | 97                  | Geslours            | <b>5:04.15</b>      |                     | +0,85 | 515      |     |
|       | 50m: 31.32 31.32          | 150m: 1:47.47 39.27 | 250m: 3:10.36 43.83 | 350m: 4:30.29 35.40 | 400m: 5:04.15 33.86 |       |          |     |
|       | 100m: 1:08.20 36.88       | 200m: 2:26.53 39.06 | 300m: 3:54.89 44.53 |                     |                     |       |          |     |
| 16.   | Tiago Bernardo Marques    | 97                  | Uniao Piedense      | <b>5:05.31</b>      |                     |       | 509      |     |
|       | 50m: 31.63 31.63          | 150m: 1:50.74 40.68 | 250m: 3:11.45 42.23 | 350m: 4:30.32 35.91 | 400m: 5:05.31 34.99 |       |          |     |
|       | 100m: 1:10.06 38.43       | 200m: 2:29.22 38.48 | 300m: 3:54.41 42.96 |                     |                     |       |          |     |
| 17.   | Joao Andre Gomes          | 97                  | Alcobaca            | <b>5:05.97</b>      |                     | +0,86 | 506      |     |
|       | 50m: 30.48 30.48          | 150m: 1:47.52 41.03 | 250m: 3:10.37 43.96 | 350m: 4:30.84 36.21 | 400m: 5:05.97 35.13 |       |          |     |
|       | 100m: 1:06.49 36.01       | 200m: 2:26.41 38.89 | 300m: 3:54.63 44.26 |                     |                     |       |          |     |
| 18.   | Artur Miguel Marques      | 97                  | Leixoes             | <b>5:06.26</b>      |                     | +0,89 | 504      |     |
|       | 50m: 31.43 31.43          | 150m: 1:49.38 41.11 | 250m: 3:15.45 44.26 | 350m: 4:34.52 34.76 | 400m: 5:06.26 31.74 |       |          |     |
|       | 100m: 1:08.27 36.84       | 200m: 2:31.19 41.81 | 300m: 3:59.76 44.31 |                     |                     |       |          |     |
| 19.   | Ruben Jose Morim          | 97                  | Vilacondense        | <b>5:06.53</b>      |                     | +0,78 | 503      |     |
|       | 50m: 30.80 30.80          | 150m: 1:45.87 39.45 | 250m: 3:11.95 46.92 | 350m: 4:32.87 34.72 | 400m: 5:06.53 33.66 |       |          |     |
|       | 100m: 1:06.42 35.62       | 200m: 2:25.03 39.16 | 300m: 3:58.15 46.20 |                     |                     |       |          |     |
| 20.   | Alexandre Miguel Laureano | 97                  | Alcobaca            | <b>5:07.00</b>      |                     | +0,92 | 501      |     |
|       | 50m: 32.57 32.57          | 150m: 1:50.28 38.77 | 250m: 3:14.43 45.75 | 350m: 4:33.91 33.34 | 400m: 5:07.00 33.09 |       |          |     |
|       | 100m: 1:11.51 38.94       | 200m: 2:28.68 38.40 | 300m: 4:00.57 46.14 |                     |                     |       |          |     |
| 21.   | Afonso Miguel Lamy        | 97                  | Amadora             | <b>5:08.19</b>      |                     | +0,76 | 495      |     |
|       | 50m: 32.20 32.20          | 150m: 1:51.93 41.83 | 250m: 3:17.57 45.35 | 350m: 4:36.65 34.52 | 400m: 5:08.19 31.54 |       |          |     |
|       | 100m: 1:10.10 37.90       | 200m: 2:32.22 40.29 | 300m: 4:02.13 44.56 |                     |                     |       |          |     |
| 22.   | Joao Pedro Tarquinio      | 97                  | Benedita            | <b>5:09.15</b>      |                     | +0,84 | 490      |     |
|       | 50m: 31.20 31.20          | 150m: 1:44.96 38.04 | 250m: 3:10.91 48.31 | 350m: 4:34.60 36.03 | 400m: 5:09.15 34.55 |       |          |     |
|       | 100m: 1:06.92 35.72       | 200m: 2:22.60 37.64 | 300m: 3:58.57 47.66 |                     |                     |       |          |     |
| 23.   | Pedro Miguel Rodrigues    | 97                  | Alcobaca            | <b>5:09.62</b>      |                     | +0,70 | 488      |     |
|       | 50m: 31.05 31.05          | 150m: 1:49.10 42.46 | 250m: 3:14.68 44.94 | 350m: 4:35.38 35.29 | 400m: 5:09.62 34.24 |       |          |     |
|       | 100m: 1:06.64 35.59       | 200m: 2:29.74 40.64 | 300m: 4:00.09 45.41 |                     |                     |       |          |     |
| 24.   | Joao Bernardo Jorge       | 97                  | Alcobaca            | <b>5:10.43</b>      |                     | +0,80 | 484      |     |
|       | 50m: 31.96 31.96          | 150m: 1:52.32 42.46 | 250m: 3:16.06 41.54 | 350m: 4:34.95 36.67 | 400m: 5:10.43 35.48 |       |          |     |
|       | 100m: 1:09.86 37.90       | 200m: 2:34.52 42.20 | 300m: 3:58.28 42.22 |                     |                     |       |          |     |
| 25.   | Marco Andre Fernandes     | 97                  | Gespacos            | <b>5:10.44</b>      |                     |       | 484      |     |
|       | 50m: 31.48 31.48          | 150m: 1:50.58 42.21 | 250m: 3:16.15 45.71 | 350m: 4:36.95 35.27 | 400m: 5:10.44 33.49 |       |          |     |
|       | 100m: 1:08.37 36.89       | 200m: 2:30.44 39.86 | 300m: 4:01.68 45.53 |                     |                     |       |          |     |
| 26.   | Daniel Francisco Mendonca | 97                  | Braga               | <b>5:10.95</b>      |                     | +0,98 | 482      |     |
|       | 50m: 32.16 32.16          | 150m: 1:52.63 42.39 | 250m: 3:16.75 43.28 | 350m: 4:36.44 35.68 | 400m: 5:10.95 34.51 |       |          |     |
|       | 100m: 1:10.24 38.08       | 200m: 2:33.47 40.84 | 300m: 4:00.76 44.01 |                     |                     |       |          |     |
| 27.   | David Carrasco Correia    | 97                  | Amadora             | <b>5:13.11</b>      |                     | +0,79 | 472      |     |
|       | <i>FTL</i>                |                     |                     |                     |                     |       |          |     |
|       | 50m: 30.69 30.69          | 150m: 1:49.23 41.31 | 250m: 3:16.07 46.25 | 350m: 4:38.31 35.93 | 400m: 5:13.11 34.80 |       |          |     |
|       | 100m: 1:07.92 37.23       | 200m: 2:29.82 40.59 | 300m: 4:02.38 46.31 |                     |                     |       |          |     |
| 28.   | Tiago Rafael Martins      | 97                  | Geslours            | <b>5:16.77</b>      |                     | +0,88 | 456      |     |
|       | <i>FTL</i>                |                     |                     |                     |                     |       |          |     |
|       | 50m: 31.89 31.89          | 150m: 1:51.42 41.21 | 250m: 3:16.15 44.37 | 350m: 4:40.39 37.90 | 400m: 5:16.77 36.38 |       |          |     |
|       | 100m: 1:10.21 38.32       | 200m: 2:31.78 40.36 | 300m: 4:02.49 46.34 |                     |                     |       |          |     |

Prova 2, Masc., 400m Estilos, Juvenis A

| Lugar | Nome                                                                       | Ano | Clube        | Tempo Final | TReac | Pts FINA | Pts |
|-------|----------------------------------------------------------------------------|-----|--------------|-------------|-------|----------|-----|
| DSQ   | Miguel Angelo Silvestre                                                    | 97  | Alcobaca     |             |       |          |     |
|       | <i>Batimento alternado de mãos no final do percurso bruços</i>             |     |              |             |       |          |     |
| DSQ   | Jose Ricardo Sousa                                                         | 97  | Lousada SXXI |             |       |          |     |
|       | <i>efectuou mais de uma pernada durante percurso subaquático aos 200 m</i> |     |              |             |       |          |     |