

Prova 1  
22-03-2013 - 16:00

Femin., 400m Estilos

Juvenis  
Resultados

Rec Nac Absoluto	4:50.28	Nadia Morais Vieira	FPN	Eindhoven (NED)	09-04-2011
Rec Nac Juv	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004

TAC Fem Juv : 5:45.00

Pontos: FINA 2013

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Beatriz Martins	99	Famalicao	<b>5:07.25</b>	+0,85	666	
	50m: 33.15 33.15		150m: 1:52.71 42.26	250m: 3:16.13 42.92	350m: 4:33.75	35.66	
	100m: 1:10.45 37.30		200m: 2:33.21 40.50	300m: 3:58.09 41.96	400m: 5:07.25	33.50	
2.	Rita Costa Amador	99	Galitos	<b>5:10.16</b>		648	
	50m: 33.29 33.29		150m: 1:51.39 41.19	250m: 3:15.76 44.12	350m: 4:35.32	35.31	
	100m: 1:10.20 36.91		200m: 2:31.64 40.25	300m: 4:00.01 44.25	400m: 5:10.16	34.84	
3.	Madalena Gomes Azevedo	99	Alges	<b>5:19.00</b>	+0,81	595	
	50m: 34.22 34.22		150m: 1:55.10 41.41	250m: 3:20.71 44.94	350m: 4:42.53	36.79	
	100m: 1:13.69 39.47		200m: 2:35.77 40.67	300m: 4:05.74 45.03	400m: 5:19.00	36.47	
4.	Mariana Alexandre Oliveira	99	Porto	<b>5:26.51</b>	+0,84	555	
	50m: 34.32 34.32		150m: 1:58.40 44.03	250m: 3:27.43 47.46	350m: 4:51.87	36.11	
	100m: 1:14.37 40.05		200m: 2:39.97 41.57	300m: 4:15.76 48.33	400m: 5:26.51	34.64	
5.	Barbara Coimbra Teodosio	99	Nautico da Marinha Grande	<b>5:26.63</b>		555	
	50m: 33.88 33.88		150m: 1:56.46 43.84	250m: 3:27.40 47.20	350m: 4:51.98	36.51	
	100m: 1:12.62 38.74		200m: 2:40.20 43.74	300m: 4:15.47 48.07	400m: 5:26.63	34.65	
6.	Ana Margarida Salgueiro	99	Nautico Abrantes	<b>5:29.34</b>	+1,08	541	
	50m: 36.07 36.07		150m: 2:00.06 41.85	250m: 3:28.44 46.33	350m: 4:52.27	38.55	
	100m: 1:18.21 42.14		200m: 2:42.11 42.05	300m: 4:13.72 45.28	400m: 5:29.34	37.07	
7.	Joana Cristina Fernandes	99	Amadora	<b>5:33.25</b>	+0,85	522	
	50m: 34.22 34.22		150m: 1:57.81 43.33	250m: 3:28.42 48.43	350m: 4:55.41	37.28	
	100m: 1:14.48 40.26		200m: 2:39.99 42.18	300m: 4:18.13 49.71	400m: 5:33.25	37.84	
8.	Ana Miguel Pinto	99	Viana Natacao	<b>5:35.14</b>		513	
	50m: 33.11 33.11		150m: 1:55.38 44.06	250m: 3:29.44 50.51	350m: 4:58.22	38.97	
	100m: 1:11.32 38.21		200m: 2:38.93 43.55	300m: 4:19.25 49.81	400m: 5:35.14	36.92	
9.	Marta Ferreira Rocha	99	Leixoes	<b>5:37.43</b>	+0,83	503	
	50m: 33.29 33.29		150m: 1:56.94 43.59	250m: 3:28.84 48.55	350m: 4:58.55	38.76	
	100m: 1:13.35 40.06		200m: 2:40.29 43.35	300m: 4:19.79 50.95	400m: 5:37.43	38.88	
10.	Beatriz Lopes Pinto	99	Academica de Coimbra	<b>5:39.24</b>		495	
	50m: 34.08 34.08		150m: 1:58.46 44.02	250m: 3:31.61 49.41	350m: 5:01.32	38.70	
	100m: 1:14.44 40.36		200m: 2:42.20 43.74	300m: 4:22.62 51.01	400m: 5:39.24	37.92	
11.	Sara Costa Guerra	99	Sporting	<b>5:44.97</b>		471	
	50m: 34.45 34.45		150m: 2:00.44 46.24	250m: 3:33.87 48.31	350m: 5:05.08	40.91	
	100m: 1:14.20 39.75		200m: 2:45.56 45.12	300m: 4:24.17 50.30	400m: 5:44.97	39.89	
12.	Ines Maria Pereira	99	Leixoes	<b>5:47.60</b>		460	
	<i>FTL</i>						
	50m: 34.75 34.75		150m: 2:01.94 46.85	250m: 3:37.31 51.38	350m: 5:08.60	39.32	
	100m: 1:15.09 40.34		200m: 2:45.93 43.99	300m: 4:29.28 51.97	400m: 5:47.60	39.00	

DSQ Ana Sofia Ferreira 99 Pimpoes/Cimai  
722 - Tocou com uma mão na parede na viragem aos 250 m - SW 7.6