



Campeonato Nacional Clubes 1ª e 2ª Divisão
S. António Cavaleiros, 21- - 22-12-2012

Prova 35
22-12-2012

Masc., 1500m Livres
2ª Divisão

Absolutos
Resultados

Rec. Nac. 25m Absoluto	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005
Rec. Nac. 25m Inf B	17:13.96	Pedro Fontoura Oliveira	CFB	Santarem	06-04-2003
Rec. Nac. 25m Inf A	16:31.35	Pedro Fontoura Oliveira	CFB	Reboleira	27-06-2004
Rec. Nac. 25m Juv B	16:09.71	Luis Miguel Monteiro	FCP	Felgueiras	01-03-1998
Rec. Nac. 25m Juv A	15:36.31	Rui Filipe Costa	VSC	Braga	04-03-2007
Rec. Nac. 25m Jun	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec. Nac. 25m Sen	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Tiago Silva Oliveira	94	Leixoes	15:53.78	+0,77	708	17
	50m: 29.37 29.37	450m: 4:45.18 32.05	850m: 9:00.86 32.13	1250m: 13:14.78 32.06			
	100m: 1:00.39 31.02	500m: 5:17.28 32.10	900m: 9:33.02 32.16	1300m: 13:46.74 31.96			
	150m: 1:31.84 31.45	550m: 5:49.28 32.00	950m: 10:04.76 31.74	1350m: 14:18.74 32.00			
	200m: 2:03.72 31.88	600m: 6:21.22 31.94	1000m: 10:36.06 31.30	1400m: 14:50.84 32.10			
	250m: 2:35.82 32.10	650m: 6:53.02 31.80	1050m: 11:07.71 31.65	1450m: 15:23.02 32.18			
	300m: 3:08.37 32.55	700m: 7:24.81 31.79	1100m: 11:39.43 31.72	1500m: 15:53.78 30.76			
	350m: 3:40.84 32.47	750m: 7:56.74 31.93	1150m: 12:10.94 31.51				
	400m: 4:13.13 32.29	800m: 8:28.73 31.99	1200m: 12:42.72 31.78				
2.	Paulo Fragueiro Franco	82	Geslours	15:56.35	+0,68	702	15
	50m: 28.56 28.56	450m: 4:41.09 31.85	850m: 8:58.19 32.34	1250m: 13:16.92 32.40			
	100m: 59.62 31.06	500m: 5:12.91 31.82	900m: 9:30.59 32.40	1300m: 13:49.32 32.40			
	150m: 1:30.99 31.37	550m: 5:44.88 31.97	950m: 10:02.82 32.23	1350m: 14:21.49 32.17			
	200m: 2:02.68 31.69	600m: 6:16.84 31.96	1000m: 10:35.29 32.47	1400m: 14:53.63 32.14			
	250m: 2:34.49 31.81	650m: 6:49.17 32.33	1050m: 11:07.66 32.37	1450m: 15:25.63 32.00			
	300m: 3:06.01 31.52	700m: 7:21.33 32.16	1100m: 11:39.95 32.29	1500m: 15:56.35 30.72			
	350m: 3:37.60 31.59	750m: 7:53.64 32.31	1150m: 12:12.37 32.42				
	400m: 4:09.24 31.64	800m: 8:25.85 32.21	1200m: 12:44.52 32.15				
3.	Rafael Lourenco Gil	96	Naval Amorense	15:58.68	+0,75	697	14
	50m: 28.90 28.90	450m: 4:44.32 32.20	850m: 9:00.75 32.30	1250m: 13:18.29 32.69			
	100m: 59.91 31.01	500m: 5:16.28 31.96	900m: 9:33.01 32.26	1300m: 13:50.65 32.36			
	150m: 1:31.21 31.30	550m: 5:48.44 32.16	950m: 10:05.09 32.08	1350m: 14:23.17 32.52			
	200m: 2:02.99 31.78	600m: 6:20.44 32.00	1000m: 10:36.82 31.73	1400m: 14:55.33 32.16			
	250m: 2:35.30 32.31	650m: 6:52.48 32.04	1050m: 11:08.68 31.86	1450m: 15:27.99 32.66			
	300m: 3:07.79 32.49	700m: 7:24.45 31.97	1100m: 11:40.76 32.08	1500m: 15:58.68 30.69			
	350m: 3:39.90 32.11	750m: 7:56.48 32.03	1150m: 12:13.12 32.36				
	400m: 4:12.12 32.22	800m: 8:28.45 31.97	1200m: 12:45.60 32.48				
4.	Rui Filipe Costa	91	Vitoria de Guimaraes	16:05.47	+0,73	682	13
	50m: 28.79 28.79	450m: 4:42.64 31.89	850m: 9:01.37 32.64	1250m: 13:22.81 32.84			
	100m: 1:00.21 31.42	500m: 5:14.90 32.26	900m: 9:33.96 32.59	1300m: 13:55.88 33.07			
	150m: 1:31.92 31.71	550m: 5:47.24 32.34	950m: 10:06.35 32.39	1350m: 14:28.88 33.00			
	200m: 2:03.81 31.89	600m: 6:19.55 32.31	1000m: 10:38.96 32.61	1400m: 15:02.03 33.15			
	250m: 2:35.47 31.66	650m: 6:51.79 32.24	1050m: 11:11.50 32.54	1450m: 15:34.94 32.91			
	300m: 3:07.37 31.90	700m: 7:24.02 32.23	1100m: 11:44.34 32.84	1500m: 16:05.47 30.53			
	350m: 3:39.07 31.70	750m: 7:56.52 32.50	1150m: 12:17.14 32.80				
	400m: 4:10.75 31.68	800m: 8:28.73 32.21	1200m: 12:49.97 32.83				
5.	Hugo Alberto Ribeiro	88	Gespacos	16:08.25	+0,91	676	12
	50m: 28.66 28.66	450m: 4:48.31 32.74	850m: 9:10.99 32.57	1250m: 13:31.78 33.19			
	100m: 1:00.20 31.54	500m: 5:21.10 32.79	900m: 9:43.88 32.89	1300m: 14:04.41 32.63			
	150m: 1:32.32 32.12	550m: 5:54.01 32.91	950m: 10:17.04 33.16	1350m: 14:36.59 32.18			
	200m: 2:04.88 32.56	600m: 6:26.96 32.95	1000m: 10:50.18 33.14	1400m: 15:09.21 32.62			
	250m: 2:37.48 32.60	650m: 6:59.95 32.99	1050m: 11:23.28 33.10	1450m: 15:39.76 30.55			
	300m: 3:10.14 32.66	700m: 7:32.78 32.83	1100m: 11:56.34 33.06	1500m: 16:08.25 28.49			
	350m: 3:42.65 32.51	750m: 8:05.78 33.00	1150m: 12:27.02 30.68				
	400m: 4:15.57 32.92	800m: 8:38.42 32.64	1200m: 12:58.59 31.57				



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Prova 35, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Ricardo Manuel Machado	93	Braga	16:08.25	+0,78	676	12
	50m: 28.99 28.99	450m: 4:48.91 32.72	850m: 9:11.36 32.57	1250m: 13:32.08 33.12			
	100m: 1:00.68 31.69	500m: 5:21.59 32.68	900m: 9:44.24 32.88	1300m: 14:04.77 32.69			
	150m: 1:32.69 32.01	550m: 5:54.31 32.72	950m: 10:17.11 32.87	1350m: 14:37.09 32.32			
	200m: 2:04.99 32.30	600m: 6:27.29 32.98	1000m: 10:50.38 33.27	1400m: 15:09.23 32.14			
	250m: 2:37.95 32.96	650m: 6:59.99 32.70	1050m: 11:23.66 33.28	1450m: 15:40.20 30.97			
	300m: 3:10.70 32.75	700m: 7:32.76 32.77	1100m: 11:56.34 32.68	1500m: 16:08.25 28.05			
	350m: 3:43.24 32.54	750m: 8:06.27 33.51	1150m: 12:27.94 31.60				
	400m: 4:16.19 32.95	800m: 8:38.79 32.52	1200m: 12:58.96 31.02				
7.	Andre Filipe Farinha	96	Benfica	16:11.16	+0,76	670	10
	50m: 29.48 29.48	450m: 4:49.41 32.50	850m: 9:10.50 32.59	1250m: 13:30.98 32.75			
	100m: 1:01.12 31.64	500m: 5:22.51 33.10	900m: 9:42.95 32.45	1300m: 14:03.86 32.88			
	150m: 1:33.54 32.42	550m: 5:54.82 32.31	950m: 10:14.91 31.96	1350m: 14:36.43 32.57			
	200m: 2:06.02 32.48	600m: 6:27.32 32.50	1000m: 10:47.50 32.59	1400m: 15:08.59 32.16			
	250m: 2:38.87 32.85	650m: 7:00.07 32.75	1050m: 11:20.25 32.75	1450m: 15:40.84 32.25			
	300m: 3:11.43 32.56	700m: 7:32.61 32.54	1100m: 11:53.09 32.84	1500m: 16:11.16 30.32			
	350m: 3:44.14 32.71	750m: 8:04.82 32.21	1150m: 12:25.90 32.81				
	400m: 4:16.91 32.77	800m: 8:37.91 33.09	1200m: 12:58.23 32.33				
8.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	16:16.89	+0,73	658	9
	50m: 29.70 29.70	450m: 4:51.68 32.65	850m: 9:12.03 32.72	1250m: 13:33.81 33.19			
	100m: 1:02.02 32.32	500m: 5:24.28 32.60	900m: 9:44.62 32.59	1300m: 14:06.82 33.01			
	150m: 1:34.83 32.81	550m: 5:56.83 32.55	950m: 10:17.06 32.44	1350m: 14:39.95 33.13			
	200m: 2:07.90 33.07	600m: 6:29.54 32.71	1000m: 10:49.63 32.57	1400m: 15:12.63 32.68			
	250m: 2:40.80 32.90	650m: 7:02.14 32.60	1050m: 11:22.00 32.37	1450m: 15:45.88 33.25			
	300m: 3:13.58 32.78	700m: 7:34.22 32.08	1100m: 11:54.54 32.54	1500m: 16:16.89 31.01			
	350m: 3:46.22 32.64	750m: 8:06.67 32.45	1150m: 12:27.21 32.67				
	400m: 4:19.03 32.81	800m: 8:39.31 32.64	1200m: 13:00.62 33.41				
9.	Rui Miguel Lopes	94	Natacao de Olhao	16:18.03	+0,83	656	8
	50m: 29.60 29.60	450m: 4:50.47 32.64	850m: 9:12.41 32.74	1250m: 13:36.45 33.11			
	100m: 1:01.65 32.05	500m: 5:23.35 32.88	900m: 9:45.37 32.96	1300m: 14:09.53 33.08			
	150m: 1:34.18 32.53	550m: 5:56.18 32.83	950m: 10:17.93 32.56	1350m: 14:42.69 33.16			
	200m: 2:06.85 32.67	600m: 6:28.70 32.52	1000m: 10:51.11 33.18	1400m: 15:14.86 32.17			
	250m: 2:39.54 32.69	650m: 7:00.99 32.29	1050m: 11:24.21 33.10	1450m: 15:47.36 32.50			
	300m: 3:12.34 32.80	700m: 7:33.77 32.78	1100m: 11:57.22 33.01	1500m: 16:18.03 30.67			
	350m: 3:45.52 33.18	750m: 8:06.76 32.99	1150m: 12:30.16 32.94				
	400m: 4:17.83 32.31	800m: 8:39.67 32.91	1200m: 13:03.34 33.18				
10.	Lucas Monteiro Silva	94	Alges	16:56.41	+0,72	585	7
	50m: 29.91 29.91	450m: 4:59.26 33.68	850m: 9:28.73 33.46	1250m: 14:02.63 34.64			
	100m: 1:02.87 32.96	500m: 5:32.95 33.69	900m: 10:02.84 34.11	1300m: 14:37.19 34.56			
	150m: 1:36.41 33.54	550m: 6:06.46 33.51	950m: 10:37.08 34.24	1350m: 15:11.99 34.80			
	200m: 2:10.12 33.71	600m: 6:40.15 33.69	1000m: 11:11.55 34.47	1400m: 15:47.01 35.02			
	250m: 2:43.98 33.86	650m: 7:13.96 33.81	1050m: 11:45.61 34.06	1450m: 16:22.33 35.32			
	300m: 3:17.81 33.83	700m: 7:47.78 33.82	1100m: 12:19.70 34.09	1500m: 16:56.41 34.08			
	350m: 3:51.70 33.89	750m: 8:21.40 33.62	1150m: 12:53.92 34.22				
	400m: 4:25.58 33.88	800m: 8:55.27 33.87	1200m: 13:27.99 34.07				
11.	Bruno Miranda Sousa	93	Desportiva de Viana	16:59.68	+0,86	579	6
	50m: 29.82 29.82	450m: 4:57.91 33.89	850m: 9:32.57 34.67	1250m: 14:11.61 34.72			
	100m: 1:02.77 32.95	500m: 5:31.72 33.81	900m: 10:07.20 34.63	1300m: 14:46.42 34.81			
	150m: 1:35.97 33.20	550m: 6:05.97 34.25	950m: 10:42.30 35.10	1350m: 15:20.65 34.23			
	200m: 2:09.39 33.42	600m: 6:39.98 34.01	1000m: 11:17.60 35.30	1400m: 15:55.38 34.73			
	250m: 2:42.72 33.33	650m: 7:14.43 34.45	1050m: 11:51.97 34.37	1450m: 16:28.94 33.56			
	300m: 3:16.46 33.74	700m: 7:48.55 34.12	1100m: 12:26.99 35.02	1500m: 16:59.68 30.74			
	350m: 3:50.24 33.78	750m: 8:23.01 34.46	1150m: 13:02.03 35.04				
	400m: 4:24.02 33.78	800m: 8:57.90 34.89	1200m: 13:36.89 34.86				



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S. António Cavaleiros, 21- - 22-12-2012

Prova 35, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Francisco Maldonado Freitas	91	Pimpoes/Cimai	16:59.69	+0,76	579	5
	50m: 29.22 29.22	450m: 4:57.72 34.35	850m: 9:32.75 34.40	1250m: 14:11.62 34.57			
	100m: 1:00.76 31.54	500m: 5:31.93 34.21	900m: 10:07.32 34.57	1300m: 14:46.08 34.46			
	150m: 1:33.92 33.16	550m: 6:06.28 34.35	950m: 10:42.49 35.17	1350m: 15:20.82 34.74			
	200m: 2:07.15 33.23	600m: 6:40.66 34.38	1000m: 11:17.41 34.92	1400m: 15:54.99 34.17			
	250m: 2:40.57 33.42	650m: 7:14.95 34.29	1050m: 11:50.76 33.35	1450m: 16:27.98 32.99			
	300m: 3:14.43 33.86	700m: 7:49.42 34.47	1100m: 12:26.68 35.92	1500m: 16:59.69 31.71			
	350m: 3:48.87 34.44	750m: 8:24.06 34.64	1150m: 13:01.97 35.29				
	400m: 4:23.37 34.50	800m: 8:58.35 34.29	1200m: 13:37.05 35.08				
13.	Pedro Ribeiro Santos	96	Academico Viseu	17:30.35	+0,75	530	4
	50m: 28.86 28.86	450m: 5:01.68 34.93	850m: 9:45.69 35.67	1250m: 14:32.39 36.06			
	100m: 1:01.23 32.37	500m: 5:36.63 34.95	900m: 10:21.29 35.60	1300m: 15:08.59 36.20			
	150m: 1:34.08 32.85	550m: 6:11.95 35.32	950m: 10:57.19 35.90	1350m: 15:43.77 35.18			
	200m: 2:07.90 33.82	600m: 6:47.24 35.29	1000m: 11:32.92 35.73	1400m: 16:19.64 35.87			
	250m: 2:41.94 34.04	650m: 7:22.88 35.64	1050m: 12:08.86 35.94	1450m: 16:55.59 35.95			
	300m: 3:16.47 34.53	700m: 7:58.39 35.51	1100m: 12:44.54 35.68	1500m: 17:30.35 34.76			
	350m: 3:51.80 35.33	750m: 8:34.04 35.65	1150m: 13:20.23 35.69				
	400m: 4:26.75 34.95	800m: 9:10.02 35.98	1200m: 13:56.33 36.10				
14.	Nuno Goncalo Santos	96	BA/Mr.Pizza	17:33.73	+0,85	525	3
	50m: 30.33 30.33	450m: 5:06.88 34.75	850m: 9:49.02 35.34	1250m: 14:36.42 35.93			
	100m: 1:03.44 33.11	500m: 5:42.31 35.43	900m: 10:24.51 35.49	1300m: 15:12.76 36.34			
	150m: 1:37.72 34.28	550m: 6:17.23 34.92	950m: 11:00.43 35.92	1350m: 15:48.70 35.94			
	200m: 2:12.23 34.51	600m: 6:52.34 35.11	1000m: 11:36.56 36.13	1400m: 16:24.93 36.23			
	250m: 2:47.19 34.96	650m: 7:27.50 35.16	1050m: 12:12.39 35.83	1450m: 17:00.24 35.31			
	300m: 3:21.97 34.78	700m: 8:02.92 35.42	1100m: 12:48.59 36.20	1500m: 17:33.73 33.49			
	350m: 3:56.97 35.00	750m: 8:38.25 35.33	1150m: 13:24.28 35.69				
	400m: 4:32.13 35.16	800m: 9:13.68 35.43	1200m: 14:00.49 36.21				
15.	Tiago Martins Boleta	98	Louletano/ Loule Concelho	18:14.84	+0,82	468	2
	50m: 29.57 29.57	450m: 5:10.93 36.45	850m: 10:09.85 37.43	1250m: 15:11.68 37.45			
	100m: 1:03.06 33.49	500m: 5:47.62 36.69	900m: 10:47.19 37.34	1300m: 15:49.23 37.55			
	150m: 1:37.34 34.28	550m: 6:24.62 37.00	950m: 11:25.11 37.92	1350m: 16:26.39 37.16			
	200m: 2:12.00 34.66	600m: 7:01.73 37.11	1000m: 12:03.15 38.04	1400m: 17:03.07 36.68			
	250m: 2:46.97 34.97	650m: 7:39.29 37.56	1050m: 12:40.94 37.79	1450m: 17:39.42 36.35			
	300m: 3:22.39 35.42	700m: 8:16.87 37.58	1100m: 13:18.46 37.52	1500m: 18:14.84 35.42			
	350m: 3:58.31 35.92	750m: 8:54.47 37.60	1150m: 13:56.51 38.05				
	400m: 4:34.48 36.17	800m: 9:32.42 37.95	1200m: 14:34.23 37.72				
16.	Miguel Goncalves Furtado	92	Naval de Ponta Delgada	18:35.39	+0,78	442	1
	50m: 32.28 32.28	450m: 5:29.07 37.66	850m: 10:31.57 37.85	1250m: 15:31.81 37.61			
	100m: 1:07.12 34.84	500m: 6:06.58 37.51	900m: 11:09.49 37.92	1300m: 16:09.19 37.38			
	150m: 1:43.99 36.87	550m: 6:43.84 37.26	950m: 11:47.13 37.64	1350m: 16:46.62 37.43			
	200m: 2:21.36 37.37	600m: 7:21.68 37.84	1000m: 12:24.58 37.45	1400m: 17:23.72 37.10			
	250m: 2:58.49 37.13	650m: 7:59.72 38.04	1050m: 13:02.34 37.76	1450m: 18:00.37 36.65			
	300m: 3:35.91 37.42	700m: 8:37.52 37.80	1100m: 13:39.65 37.31	1500m: 18:35.39 35.02			
	350m: 4:13.60 37.69	750m: 9:15.96 38.44	1150m: 14:17.05 37.40				
	400m: 4:51.41 37.81	800m: 9:53.72 37.76	1200m: 14:54.20 37.15				