



Campeonato Nacional Clubes 3ª Divisão
Mealhada, 15- - 16-12-2012

Prova 26 Masc., 800m Livres Absoluto
16-12-2012 - 18:05 Resultados

Rec. Nac. 25m Absoluto	7:59.51	Paulo Fragueiro Franco	CDN	Leiria	06-12-2009
Rec. Nac. 25m Inf B	9:07.76	Pedro Fontoura Oliveira	CFB	Santarem	06-04-2003
Rec. Nac. 25m Inf A	8:42.19	Pedro Fontoura Oliveira	CFB	Reboleira	27-06-2004
Rec. Nac. 25m Juv B	8:27.18	Rui Filipe Costa	VSC	Senhora da Hora	13-05-2006
Rec. Nac. 25m Juv A	8:09.43	Rui Filipe Costa	VSC	Senhora da Hora	13-05-2007
Rec. Nac. 25m Jun	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec. Nac. 25m Sen	7:59.51	Paulo Fragueiro Franco	CDN	Leiria	06-12-2009

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Artiom Viatcheslavovitch Polial93/	95	Estrelas S. Joao de Brito	8:18.25	+0,69	704	25
	50m: 27.51 27.51		250m: 2:33.97 31.76			650m: 6:46.13 30.92	
	100m: 58.63 31.12		300m: 3:06.10 32.13			700m: 7:17.19 31.06	
	150m: 1:30.28 31.65		350m: 3:38.32 32.22			750m: 7:48.28 31.09	
	200m: 2:02.21 31.93		400m: 4:10.46 32.14			800m: 8:18.25 29.97	
2.	Joao Andre Neves	95	Academica de Coimbra	8:24.38	+0,71	679	23
	50m: 27.99 27.99		250m: 2:34.00 32.02			650m: 6:50.66 32.40	
	100m: 58.75 30.76		300m: 3:05.89 31.89			700m: 7:22.56 31.90	
	150m: 1:30.28 31.53		350m: 3:38.08 32.19			750m: 7:54.24 31.68	
	200m: 2:01.98 31.70		400m: 4:10.25 32.17			800m: 8:24.38 30.14	
3.	Duarte Cai-Agua Martins	95	Bombeiros dos Estoris	8:38.57	+0,86	625	22
	50m: 28.77 28.77		250m: 2:39.53 32.72			650m: 7:02.89 32.94	
	100m: 1:00.75 31.98		300m: 3:12.56 33.03			700m: 7:35.82 32.93	
	150m: 1:33.67 32.92		350m: 3:45.41 32.85			750m: 8:08.47 32.65	
	200m: 2:06.81 33.14		400m: 4:18.27 32.86			800m: 8:38.57 30.10	
4.	Joao Alexandre Vital	98	Colegio Monte Maior	8:41.26	+0,85	615	21
	50m: 29.58 29.58		250m: 2:39.05 32.86			650m: 7:02.95 33.30	
	100m: 1:00.67 31.09		300m: 3:11.91 32.86			700m: 7:36.20 33.25	
	150m: 1:33.47 32.80		350m: 3:44.67 32.76			750m: 8:09.36 33.16	
	200m: 2:06.19 32.72		400m: 4:17.57 32.90			800m: 8:41.26 31.90	
5.	Diogo Manuel Marques	98	Columbofila Cantanhedens	8:44.45	+0,77	604	20
	50m: 28.79 28.79		250m: 2:39.15 32.87			650m: 7:05.30 33.39	
	100m: 1:00.41 31.62		300m: 3:11.93 32.78			700m: 7:39.37 34.07	
	150m: 1:33.35 32.94		350m: 3:44.83 32.90			750m: 8:12.80 33.43	
	200m: 2:06.28 32.93		400m: 4:18.13 33.30			800m: 8:44.45 31.65	
6.	Jonatas da Fonseca Gaspar	88	Nautico da Marinha Grande	8:49.25	+0,91	588	19
	50m: 29.45 29.45		250m: 2:42.13 33.41			650m: 7:11.10 33.46	
	100m: 1:01.63 32.18		300m: 3:15.54 33.41			700m: 7:44.25 33.15	
	150m: 1:35.16 33.53		350m: 3:49.47 33.93			750m: 8:17.22 32.97	
	200m: 2:08.72 33.56		400m: 4:23.25 33.78			800m: 8:49.25 32.03	
7.	Miguel Prata Santos	96	Viana Natacao	8:50.56	+0,76	583	18
	50m: 28.78 28.78		250m: 2:39.65 33.45			650m: 7:11.84 34.83	
	100m: 1:01.10 32.32		300m: 3:13.26 33.61			700m: 7:45.92 34.08	
	150m: 1:33.32 32.22		350m: 3:46.65 33.39			750m: 8:18.56 32.64	
	200m: 2:06.20 32.88		400m: 4:20.61 33.96			800m: 8:50.56 32.00	
8.	Miguel Duarte Moreira	96	Belenenses	8:52.76	+0,82	576	17
	50m: 28.82 28.82		250m: 2:41.49 33.99			650m: 7:15.26 35.01	
	100m: 1:01.18 32.36		300m: 3:15.03 33.54			700m: 7:49.12 33.86	
	150m: 1:34.42 33.24		350m: 3:49.06 34.03			750m: 8:22.44 33.32	
	200m: 2:07.50 33.08		400m: 4:23.01 33.95			800m: 8:52.76 30.32	





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Prova 26, Masc., 800m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Miguel Filipe Pinto	96	Ginasio Santo Tirso	8:53.21	+0,94	575	16
	50m: 28.96 28.96	250m: 2:41.73 32.92	450m: 4:57.49 33.50	650m: 7:13.34 33.77			
	100m: 1:01.63 32.67	300m: 3:15.40 33.67	500m: 5:31.34 33.85	700m: 7:47.44 34.10			
	150m: 1:34.96 33.33	350m: 3:50.00 34.60	550m: 6:05.37 34.03	750m: 8:21.50 34.06			
	200m: 2:08.81 33.85	400m: 4:23.99 33.99	600m: 6:39.57 34.20	800m: 8:53.21 31.71			
10.	Jose Pedro Bugalho	96	Alcobaca	8:54.24	+0,71	571	15
	50m: 28.59 28.59	250m: 2:39.87 33.56	450m: 4:56.52 34.21	650m: 7:13.99 34.72			
	100m: 1:00.36 31.77	300m: 3:13.98 34.11	500m: 5:30.24 33.72	700m: 7:48.40 34.41			
	150m: 1:33.30 32.94	350m: 3:48.14 34.16	550m: 6:04.76 34.52	750m: 8:21.68 33.28			
	200m: 2:06.31 33.01	400m: 4:22.31 34.17	600m: 6:39.27 34.51	800m: 8:54.24 32.56			
11.	Joao Luis Baeta	94	Viver Santarem	8:55.78	+0,79	566	14
	50m: 31.78 31.78	250m: 2:46.35 33.75	450m: 4:59.80 33.06	650m: 7:15.09 33.42			
	100m: 1:05.79 34.01	300m: 3:20.00 33.65	500m: 5:33.51 33.71	700m: 7:49.03 33.94			
	150m: 1:39.05 33.26	350m: 3:53.31 33.31	550m: 6:07.67 34.16	750m: 8:23.14 34.11			
	200m: 2:12.60 33.55	400m: 4:26.74 33.43	600m: 6:41.67 34.00	800m: 8:55.78 32.64			
12.	Jose Carlos Teixeira	96	Foca	9:03.62	+0,73	542	13
	50m: 28.67 28.67	250m: 2:40.14 33.44	450m: 4:56.61 34.44	650m: 7:17.74 35.52			
	100m: 1:00.48 31.81	300m: 3:14.04 33.90	500m: 5:31.32 34.71	700m: 7:53.34 35.60			
	150m: 1:33.28 32.80	350m: 3:47.99 33.95	550m: 6:06.57 35.25	750m: 8:28.96 35.62			
	200m: 2:06.70 33.42	400m: 4:22.17 34.18	600m: 6:42.22 35.65	800m: 9:03.62 34.66			
13.	Joao Miguel Mansos	94	Lisnave	9:14.15	+0,90	512	12
	50m: 30.76 30.76	250m: 2:48.73 35.82	450m: 5:07.89 35.18	650m: 7:29.99 35.46			
	100m: 1:04.12 33.36	300m: 3:23.27 34.54	500m: 5:43.12 35.23	700m: 8:05.50 35.51			
	150m: 1:37.91 33.79	350m: 3:57.47 34.20	550m: 6:18.71 35.59	750m: 8:40.92 35.42			
	200m: 2:12.91 35.00	400m: 4:32.71 35.24	600m: 6:54.53 35.82	800m: 9:14.15 33.23			
14.	Joao Antonio Oliveira	95	Ginasio Figueirense	9:16.10	+0,90	506	11
	50m: 31.47 31.47	250m: 2:51.07 35.09	450m: 5:11.74 34.84	650m: 7:31.33 34.83			
	100m: 1:06.40 34.93	300m: 3:26.59 35.52	500m: 5:46.60 34.86	700m: 8:06.61 35.28			
	150m: 1:41.40 35.00	350m: 4:01.76 35.17	550m: 6:21.22 34.62	750m: 8:41.74 35.13			
	200m: 2:15.98 34.58	400m: 4:36.90 35.14	600m: 6:56.50 35.28	800m: 9:16.10 34.36			
15.	Paulo Filipe Miranda	97	Fafe	9:16.11	+0,80	506	10
	50m: 30.29 30.29	250m: 2:49.38 35.40	450m: 5:11.04 35.79	650m: 7:31.88 35.11			
	100m: 1:05.31 35.02	300m: 3:24.55 35.17	500m: 5:45.73 34.69	700m: 8:06.96 35.08			
	150m: 1:39.64 34.33	350m: 4:00.43 35.88	550m: 6:21.19 35.46	750m: 8:42.07 35.11			
	200m: 2:13.98 34.34	400m: 4:35.25 34.82	600m: 6:56.77 35.58	800m: 9:16.11 34.04			
16.	Rui Miguel Cruz	96	Natacao da Maia	9:19.21	+0,87	498	9
	50m: 30.77 30.77	250m: 2:50.32 35.30	450m: 5:11.92 35.12	650m: 7:34.69 35.66			
	100m: 1:05.09 34.32	300m: 3:25.80 35.48	500m: 5:47.81 35.89	700m: 8:09.94 35.25			
	150m: 1:39.84 34.75	350m: 4:01.11 35.31	550m: 6:23.28 35.47	750m: 8:45.17 35.23			
	200m: 2:15.02 35.18	400m: 4:36.80 35.69	600m: 6:59.03 35.75	800m: 9:19.21 34.04			
17.	Miguel Martins Baltazar	98	Aminata	9:19.50	+0,85	497	8
	50m: 30.61 30.61	250m: 2:48.39 35.27	450m: 5:10.14 35.89	650m: 7:33.80 35.91			
	100m: 1:04.20 33.59	300m: 3:23.59 35.20	500m: 5:46.10 35.96	700m: 8:09.55 35.75			
	150m: 1:38.41 34.21	350m: 3:58.62 35.03	550m: 6:22.11 36.01	750m: 8:44.96 35.41			
	200m: 2:13.12 34.71	400m: 4:34.25 35.63	600m: 6:57.89 35.78	800m: 9:19.50 34.54			
18.	Daniel Filipe Lopes	96	Natacao de Vila Real	9:24.79	+0,64	483	7
	50m: 31.66 31.66	250m: 2:52.10 36.12	450m: 5:14.74 35.44	650m: 7:37.65 36.20			
	100m: 1:06.09 34.43	300m: 3:27.72 35.62	500m: 5:49.70 34.96	700m: 8:14.04 36.39			
	150m: 1:40.80 34.71	350m: 4:03.30 35.58	550m: 6:25.17 35.47	750m: 8:49.47 35.43			
	200m: 2:15.98 35.18	400m: 4:39.30 36.00	600m: 7:01.45 36.28	800m: 9:24.79 35.32			



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Prova 26, Masc., 800m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Nuno Miguel Bruno	95	Torres Novas	9:28.33	+0,78	474	6
	50m: 32.81 32.81	250m: 2:52.55 35.35	450m: 5:15.51 36.12	650m: 7:41.17 36.14			
	100m: 1:07.44 34.63	300m: 3:27.81 35.26	500m: 5:51.84 36.33	700m: 8:17.86 36.69			
	150m: 1:42.35 34.91	350m: 4:03.23 35.42	550m: 6:28.36 36.52	750m: 8:53.87 36.01			
	200m: 2:17.20 34.85	400m: 4:39.39 36.16	600m: 7:05.03 36.67	800m: 9:28.33 34.46			
20.	Filipe Jose Baptista	94	Feirense	9:45.35	+0,78	434	5
	50m: 31.78 31.78	250m: 2:58.40 37.33	450m: 5:27.80 37.78	650m: 7:58.10 37.55			
	100m: 1:07.30 35.52	300m: 3:35.63 37.23	500m: 6:05.15 37.35	700m: 8:35.76 37.66			
	150m: 1:44.07 36.77	350m: 4:13.09 37.46	550m: 6:42.77 37.62	750m: 9:13.01 37.25			
	200m: 2:21.07 37.00	400m: 4:50.02 36.93	600m: 7:20.55 37.78	800m: 9:45.35 32.34			
21.	Rodrigo Manuel Monteiro	98	Sporting de Espinho	9:45.73	+0,93	433	4
	50m: 31.04 31.04	250m: 2:55.54 37.31	450m: 5:24.97 37.22	650m: 7:56.56 37.38			
	100m: 1:05.79 34.75	300m: 3:32.48 36.94	500m: 6:02.68 37.71	700m: 8:34.59 38.03			
	150m: 1:41.73 35.94	350m: 4:10.10 37.62	550m: 6:41.06 38.38	750m: 9:11.82 37.23			
	200m: 2:18.23 36.50	400m: 4:47.75 37.65	600m: 7:19.18 38.12	800m: 9:45.73 33.91			
22.	Jaime Fernando Costa	86	Litoral Alentejano	9:45.81	+0,85	433	3
	50m: 30.83 30.83	250m: 2:51.41 35.83	450m: 5:21.47 38.04	650m: 7:55.23 38.42			
	100m: 1:04.88 34.05	300m: 3:28.87 37.46	500m: 6:00.06 38.59	700m: 8:33.36 38.13			
	150m: 1:40.19 35.31	350m: 4:06.21 37.34	550m: 6:38.26 38.20	750m: 9:11.50 38.14			
	200m: 2:15.58 35.39	400m: 4:43.43 37.22	600m: 7:16.81 38.55	800m: 9:45.81 34.31			
23.	Francisco Carreiro Rego	99	Bombeiros Ponta Delgada	9:53.89	+0,83	416	2
	50m: 31.50 31.50	250m: 2:58.62 37.57	450m: 5:29.57 38.56	650m: 8:02.87 38.02			
	100m: 1:06.71 35.21	300m: 3:36.23 37.61	500m: 6:07.88 38.31	700m: 8:41.23 38.36			
	150m: 1:43.35 36.64	350m: 4:13.61 37.38	550m: 6:46.53 38.65	750m: 9:18.80 37.57			
	200m: 2:21.05 37.70	400m: 4:51.01 37.40	600m: 7:24.85 38.32	800m: 9:53.89 35.09			
24.	Carlos Eira Cruz	96	Ginasio de Vila Real	9:54.18	+0,76	415	1
	50m: 29.04 29.04	250m: 2:53.22 37.41	450m: 5:28.68 39.47	650m: 8:03.28 38.63			
	100m: 1:02.45 33.41	300m: 3:31.46 38.24	500m: 6:07.41 38.73	700m: 8:41.40 38.12			
	150m: 1:38.35 35.90	350m: 4:10.18 38.72	550m: 6:46.26 38.85	750m: 9:19.39 37.99			
	200m: 2:15.81 37.46	400m: 4:49.21 39.03	600m: 7:24.65 38.39	800m: 9:54.18 34.79			

Seniores

1.	Artiom Viatcheslavovitch Polia	93/	Estrelas S. Joao de Brito	8:18.25	+0,69	704	25
	50m: 27.51 27.51	250m: 2:33.97 31.76	450m: 4:41.73 31.27	650m: 6:46.13 30.92			
	100m: 58.63 31.12	300m: 3:06.10 32.13	500m: 5:12.81 31.08	700m: 7:17.19 31.06			
	150m: 1:30.28 31.65	350m: 3:38.32 32.22	550m: 5:44.08 31.27	750m: 7:48.28 31.09			
	200m: 2:02.21 31.93	400m: 4:10.46 32.14	600m: 6:15.21 31.13	800m: 8:18.25 29.97			
2.	Jonatas da Fonseca Gaspar	88	Nautico da Marinha Grand	8:49.25	+0,91	588	19
	50m: 29.45 29.45	250m: 2:42.13 33.41	450m: 4:56.52 33.27	650m: 7:11.10 33.46			
	100m: 1:01.63 32.18	300m: 3:15.54 33.41	500m: 5:29.86 33.34	700m: 7:44.25 33.15			
	150m: 1:35.16 33.53	350m: 3:49.47 33.93	550m: 6:03.77 33.91	750m: 8:17.22 32.97			
	200m: 2:08.72 33.56	400m: 4:23.25 33.78	600m: 6:37.64 33.87	800m: 8:49.25 32.03			
3.	Joao Luis Baeta	94	Viver Santarem	8:55.78	+0,79	566	14
	50m: 31.78 31.78	250m: 2:46.35 33.75	450m: 4:59.80 33.06	650m: 7:15.09 33.42			
	100m: 1:05.79 34.01	300m: 3:20.00 33.65	500m: 5:33.51 33.71	700m: 7:49.03 33.94			
	150m: 1:39.05 33.26	350m: 3:53.31 33.31	550m: 6:07.67 34.16	750m: 8:23.14 34.11			
	200m: 2:12.60 33.55	400m: 4:26.74 33.43	600m: 6:41.67 34.00	800m: 8:55.78 32.64			





Campeonato Nacional Clubes 3ª Divisão
Mealhada, 15- - 16-12-2012

Prova 26, Masc., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Joao Miguel Mansos	94	Lisnave	9:14.15	+0,90	512	12
	50m: 30.76 30.76	250m: 2:48.73 35.82	450m: 5:07.89 35.18	650m: 7:29.99 35.46			
	100m: 1:04.12 33.36	300m: 3:23.27 34.54	500m: 5:43.12 35.23	700m: 8:05.50 35.51			
	150m: 1:37.91 33.79	350m: 3:57.47 34.20	550m: 6:18.71 35.59	750m: 8:40.92 35.42			
	200m: 2:12.91 35.00	400m: 4:32.71 35.24	600m: 6:54.53 35.82	800m: 9:14.15 33.23			
5.	Filipe Jose Baptista	94	Feirense	9:45.35	+0,78	434	5
	50m: 31.78 31.78	250m: 2:58.40 37.33	450m: 5:27.80 37.78	650m: 7:58.10 37.55			
	100m: 1:07.30 35.52	300m: 3:35.63 37.23	500m: 6:05.15 37.35	700m: 8:35.76 37.66			
	150m: 1:44.07 36.77	350m: 4:13.09 37.46	550m: 6:42.77 37.62	750m: 9:13.01 37.25			
	200m: 2:21.07 37.00	400m: 4:50.02 36.93	600m: 7:20.55 37.78	800m: 9:45.35 32.34			
6.	Jaime Fernando Costa	86	Litoral Alentejano	9:45.81	+0,85	433	3
	50m: 30.83 30.83	250m: 2:51.41 35.83	450m: 5:21.47 38.04	650m: 7:55.23 38.42			
	100m: 1:04.88 34.05	300m: 3:28.87 37.46	500m: 6:00.06 38.59	700m: 8:33.36 38.13			
	150m: 1:40.19 35.31	350m: 4:06.21 37.34	550m: 6:38.26 38.20	750m: 9:11.50 38.14			
	200m: 2:15.58 35.39	400m: 4:43.43 37.22	600m: 7:16.81 38.55	800m: 9:45.81 34.31			

Juniores

1.	Joao Andre Neves	95	Academica de Coimbra	8:24.38	+0,71	679	23
	50m: 27.99 27.99	250m: 2:34.00 32.02	450m: 4:41.94 31.69	650m: 6:50.66 32.40			
	100m: 58.75 30.76	300m: 3:05.89 31.89	500m: 5:13.99 32.05	700m: 7:22.56 31.90			
	150m: 1:30.28 31.53	350m: 3:38.08 32.19	550m: 5:45.98 31.99	750m: 7:54.24 31.68			
	200m: 2:01.98 31.70	400m: 4:10.25 32.17	600m: 6:18.26 32.28	800m: 8:24.38 30.14			
2.	Duarte Cai-Agua Martins	95	Bombeiros dos Estoris	8:38.57	+0,86	625	22
	50m: 28.77 28.77	250m: 2:39.53 32.72	450m: 4:50.97 32.70	650m: 7:02.89 32.94			
	100m: 1:00.75 31.98	300m: 3:12.56 33.03	500m: 5:23.82 32.85	700m: 7:35.82 32.93			
	150m: 1:33.67 32.92	350m: 3:45.41 32.85	550m: 5:56.89 33.07	750m: 8:08.47 32.65			
	200m: 2:06.81 33.14	400m: 4:18.27 32.86	600m: 6:29.95 33.06	800m: 8:38.57 30.10			
3.	Miguel Prata Santos	96	Viana Natacao	8:50.56	+0,76	583	18
	50m: 28.78 28.78	250m: 2:39.65 33.45	450m: 4:53.39 32.78	650m: 7:11.84 34.83			
	100m: 1:01.10 32.32	300m: 3:13.26 33.61	500m: 5:28.10 34.71	700m: 7:45.92 34.08			
	150m: 1:33.32 32.22	350m: 3:46.65 33.39	550m: 6:01.77 33.67	750m: 8:18.56 32.64			
	200m: 2:06.20 32.88	400m: 4:20.61 33.96	600m: 6:37.01 35.24	800m: 8:50.56 32.00			
4.	Miguel Duarte Moreira	96	Belenenses	8:52.76	+0,82	576	17
	50m: 28.82 28.82	250m: 2:41.49 33.99	450m: 4:57.05 34.04	650m: 7:15.26 35.01			
	100m: 1:01.18 32.36	300m: 3:15.03 33.54	500m: 5:31.02 33.97	700m: 7:49.12 33.86			
	150m: 1:34.42 33.24	350m: 3:49.06 34.03	550m: 6:05.46 34.44	750m: 8:22.44 33.32			
	200m: 2:07.50 33.08	400m: 4:23.01 33.95	600m: 6:40.25 34.79	800m: 8:52.76 30.32			
5.	Miguel Filipe Pinto	96	Ginasio Santo Tirso	8:53.21	+0,94	575	16
	50m: 28.96 28.96	250m: 2:41.73 32.92	450m: 4:57.49 33.50	650m: 7:13.34 33.77			
	100m: 1:01.63 32.67	300m: 3:15.40 33.67	500m: 5:31.34 33.85	700m: 7:47.44 34.10			
	150m: 1:34.96 33.33	350m: 3:50.00 34.60	550m: 6:05.37 34.03	750m: 8:21.50 34.06			
	200m: 2:08.81 33.85	400m: 4:23.99 33.99	600m: 6:39.57 34.20	800m: 8:53.21 31.71			
6.	Jose Pedro Bugalho	96	Alcobaca	8:54.24	+0,71	571	15
	50m: 28.59 28.59	250m: 2:39.87 33.56	450m: 4:56.52 34.21	650m: 7:13.99 34.72			
	100m: 1:00.36 31.77	300m: 3:13.98 34.11	500m: 5:30.24 33.72	700m: 7:48.40 34.41			
	150m: 1:33.30 32.94	350m: 3:48.14 34.16	550m: 6:04.76 34.52	750m: 8:21.68 33.28			
	200m: 2:06.31 33.01	400m: 4:22.31 34.17	600m: 6:39.27 34.51	800m: 8:54.24 32.56			





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Prova 26, Masc., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Jose Carlos Teixeira	96	Foca	9:03.62	+0,73	542	13
	50m: 28.67 28.67	250m: 2:40.14	33.44	450m: 4:56.61	34.44	650m: 7:17.74	35.52
	100m: 1:00.48 31.81	300m: 3:14.04	33.90	500m: 5:31.32	34.71	700m: 7:53.34	35.60
	150m: 1:33.28 32.80	350m: 3:47.99	33.95	550m: 6:06.57	35.25	750m: 8:28.96	35.62
	200m: 2:06.70 33.42	400m: 4:22.17	34.18	600m: 6:42.22	35.65	800m: 9:03.62	34.66
8.	Joao Antonio Oliveira	95	Ginasio Figueirense	9:16.10	+0,90	506	11
	50m: 31.47 31.47	250m: 2:51.07	35.09	450m: 5:11.74	34.84	650m: 7:31.33	34.83
	100m: 1:06.40 34.93	300m: 3:26.59	35.52	500m: 5:46.60	34.86	700m: 8:06.61	35.28
	150m: 1:41.40 35.00	350m: 4:01.76	35.17	550m: 6:21.22	34.62	750m: 8:41.74	35.13
	200m: 2:15.98 34.58	400m: 4:36.90	35.14	600m: 6:56.50	35.28	800m: 9:16.10	34.36
9.	Rui Miguel Cruz	96	Natacao da Maia	9:19.21	+0,87	498	9
	50m: 30.77 30.77	250m: 2:50.32	35.30	450m: 5:11.92	35.12	650m: 7:34.69	35.66
	100m: 1:05.09 34.32	300m: 3:25.80	35.48	500m: 5:47.81	35.89	700m: 8:09.94	35.25
	150m: 1:39.84 34.75	350m: 4:01.11	35.31	550m: 6:23.28	35.47	750m: 8:45.17	35.23
	200m: 2:15.02 35.18	400m: 4:36.80	35.69	600m: 6:59.03	35.75	800m: 9:19.21	34.04
10.	Daniel Filipe Lopes	96	Natacao de Vila Real	9:24.79	+0,64	483	7
	50m: 31.66 31.66	250m: 2:52.10	36.12	450m: 5:14.74	35.44	650m: 7:37.65	36.20
	100m: 1:06.09 34.43	300m: 3:27.72	35.62	500m: 5:49.70	34.96	700m: 8:14.04	36.39
	150m: 1:40.80 34.71	350m: 4:03.30	35.58	550m: 6:25.17	35.47	750m: 8:49.47	35.43
	200m: 2:15.98 35.18	400m: 4:39.30	36.00	600m: 7:01.45	36.28	800m: 9:24.79	35.32
11.	Nuno Miguel Bruno	95	Torres Novas	9:28.33	+0,78	474	6
	50m: 32.81 32.81	250m: 2:52.55	35.35	450m: 5:15.51	36.12	650m: 7:41.17	36.14
	100m: 1:07.44 34.63	300m: 3:27.81	35.26	500m: 5:51.84	36.33	700m: 8:17.86	36.69
	150m: 1:42.35 34.91	350m: 4:03.23	35.42	550m: 6:28.36	36.52	750m: 8:53.87	36.01
	200m: 2:17.20 34.85	400m: 4:39.39	36.16	600m: 7:05.03	36.67	800m: 9:28.33	34.46
12.	Carlos Eira Cruz	96	Ginasio de Vila Real	9:54.18	+0,76	415	1
	50m: 29.04 29.04	250m: 2:53.22	37.41	450m: 5:28.68	39.47	650m: 8:03.28	38.63
	100m: 1:02.45 33.41	300m: 3:31.46	38.24	500m: 6:07.41	38.73	700m: 8:41.40	38.12
	150m: 1:38.35 35.90	350m: 4:10.18	38.72	550m: 6:46.26	38.85	750m: 9:19.39	37.99
	200m: 2:15.81 37.46	400m: 4:49.21	39.03	600m: 7:24.65	38.39	800m: 9:54.18	34.79

Juvenis A

1.	Paulo Filipe Miranda	97	Fafe	9:16.11	+0,80	506	10
	50m: 30.29 30.29	250m: 2:49.38	35.40	450m: 5:11.04	35.79	650m: 7:31.88	35.11
	100m: 1:05.31 35.02	300m: 3:24.55	35.17	500m: 5:45.73	34.69	700m: 8:06.96	35.08
	150m: 1:39.64 34.33	350m: 4:00.43	35.88	550m: 6:21.19	35.46	750m: 8:42.07	35.11
	200m: 2:13.98 34.34	400m: 4:35.25	34.82	600m: 6:56.77	35.58	800m: 9:16.11	34.04

Juvenis B

1.	Joao Alexandre Vital	98	Colegio Monte Maior	8:41.26	+0,85	615	21
	50m: 29.58 29.58	250m: 2:39.05	32.86	450m: 4:49.82	32.25	650m: 7:02.95	33.30
	100m: 1:00.67 31.09	300m: 3:11.91	32.86	500m: 5:23.24	33.42	700m: 7:36.20	33.25
	150m: 1:33.47 32.80	350m: 3:44.67	32.76	550m: 5:56.49	33.25	750m: 8:09.36	33.16
	200m: 2:06.19 32.72	400m: 4:17.57	32.90	600m: 6:29.65	33.16	800m: 8:41.26	31.90
2.	Diogo Manuel Marques	98	Columbofila Cantanhedens	8:44.45	+0,77	604	20
	50m: 28.79 28.79	250m: 2:39.15	32.87	450m: 4:50.87	32.74	650m: 7:05.30	33.39
	100m: 1:00.41 31.62	300m: 3:11.93	32.78	500m: 5:24.39	33.52	700m: 7:39.37	34.07
	150m: 1:33.35 32.94	350m: 3:44.83	32.90	550m: 5:58.17	33.78	750m: 8:12.80	33.43
	200m: 2:06.28 32.93	400m: 4:18.13	33.30	600m: 6:31.91	33.74	800m: 8:44.45	31.65



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Prova 26, Masc., 800m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Miguel Martins Baltazar	98	Aminata	9:19.50	+0,85	497	8
	50m: 30.61 30.61	250m: 2:48.39 35.27	450m: 5:10.14 35.89	650m: 7:33.80 35.91			
	100m: 1:04.20 33.59	300m: 3:23.59 35.20	500m: 5:46.10 35.96	700m: 8:09.55 35.75			
	150m: 1:38.41 34.21	350m: 3:58.62 35.03	550m: 6:22.11 36.01	750m: 8:44.96 35.41			
	200m: 2:13.12 34.71	400m: 4:34.25 35.63	600m: 6:57.89 35.78	800m: 9:19.50 34.54			
4.	Rodrigo Manuel Monteiro	98	Sporting de Espinho	9:45.73	+0,93	433	4
	50m: 31.04 31.04	250m: 2:55.54 37.31	450m: 5:24.97 37.22	650m: 7:56.56 37.38			
	100m: 1:05.79 34.75	300m: 3:32.48 36.94	500m: 6:02.68 37.71	700m: 8:34.59 38.03			
	150m: 1:41.73 35.94	350m: 4:10.10 37.62	550m: 6:41.06 38.38	750m: 9:11.82 37.23			
	200m: 2:18.23 36.50	400m: 4:47.75 37.65	600m: 7:19.18 38.12	800m: 9:45.73 33.91			

Infantis A

1.	Francisco Carreiro Rego	99	Bombeiros Ponta Delgada	9:53.89	+0,83	416	2
	50m: 31.50 31.50	250m: 2:58.62 37.57	450m: 5:29.57 38.56	650m: 8:02.87 38.02			
	100m: 1:06.71 35.21	300m: 3:36.23 37.61	500m: 6:07.88 38.31	700m: 8:41.23 38.36			
	150m: 1:43.35 36.64	350m: 4:13.61 37.38	550m: 6:46.53 38.65	750m: 9:18.80 37.57			
	200m: 2:21.05 37.70	400m: 4:51.01 37.40	600m: 7:24.85 38.32	800m: 9:53.89 35.09			