

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 1
07-12-2012 - 9:30

Femin., 200m Bruços

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	2:29.56	Ana Rita Santos	FPN	Dublin (IRL)	13-12-2003
Rec. Nac. 25m Sen	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 2:47.00; Jun2: 2:47.00; Jun1: 2:51.17

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Diana Duarte Gomes	89	20632	Amadora	2:31.43	+0,74	701	A
	50m: 34.31 34.31	100m: 1:12.37 38.06	150m: 1:51.83 39.46	200m: 2:31.43 39.60				
2.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:34.49	+0,70	660	A
	50m: 35.13 35.13	100m: 1:14.39 39.26	150m: 1:54.17 39.78	200m: 2:34.49 40.32				
3.	Fabiana Maria Quintal	84	10396	Desportivo Nacional	2:34.69	+0,76	658	A
	50m: 34.90 34.90	100m: 1:13.77 38.87	150m: 1:53.54 39.77	200m: 2:34.69 41.15				
4.	Ana Teresa Franco	91	11349	Sporting	2:35.19	+0,84	652	A
	50m: 35.98 35.98	100m: 1:14.81 38.83	150m: 1:54.39 39.58	200m: 2:35.19 40.80				
5.	Diana Patricia Ferreira	94	23500	Gespacos	2:36.41	+0,86	636	A
	50m: 36.06 36.06	100m: 1:15.99 39.93	150m: 1:56.15 40.16	200m: 2:36.41 40.26				
6.	Paula Alexandra Oliveira	96	102084	Porto	2:36.87	+0,77	631	A
	50m: 36.19 36.19	100m: 1:15.80 39.61	150m: 1:56.25 40.45	200m: 2:36.87 40.62				
7.	Ana Pinho Rodrigues	94	13372	Porto	2:37.28	+0,73	626	A
	50m: 35.11 35.11	100m: 1:15.04 39.93	150m: 1:55.83 40.79	200m: 2:37.28 41.45				
8.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:38.05	+0,71	617	A
	50m: 35.48 35.48	100m: 1:15.32 39.84	150m: 1:55.94 40.62	200m: 2:38.05 42.11				
9.	Joana Dias Santos	96	100397	Uniao Piedense	2:38.74	+0,88	609	B
	50m: 35.28 35.28	100m: 1:14.84 39.56	150m: 1:56.54 41.70	200m: 2:38.74 42.20				
10.	Joana Marques Maia	91	25067	Natacao da Maia	2:39.01	+0,64	606	B
	50m: 35.83 35.83	100m: 1:16.37 40.54	150m: 1:57.50 41.13	200m: 2:39.01 41.51				
11.	Barbara Sofia Barata	97	105454	Alges	2:39.81	+0,82	597	B
	50m: 36.24 36.24	100m: 1:16.90 40.66	150m: 1:58.50 41.60	200m: 2:39.81 41.31				
12.	Ariana Alves Nunes	95	13348	Portinado	2:40.15	+0,81	593	B
	50m: 36.60 36.60	100m: 1:16.25 39.65	150m: 1:57.31 41.06	200m: 2:40.15 42.84				
13.	Rute Margarida Marques	94	25359	Amadora	2:41.85	+0,80	574	B
	50m: 35.79 35.79	100m: 1:16.71 40.92	150m: 1:59.19 42.48	200m: 2:41.85 42.66				
14.	Ana Beatriz Marques	98	110159	Alges	2:42.43	+0,84	568	B
	50m: 36.08 36.08	100m: 1:17.53 41.45	150m: 1:59.89 42.36	200m: 2:42.43 42.54				
15.	Barbara Nogueira Goncalves	98	104448	Famalicao	2:43.86	+0,83	553	B
	50m: 36.62 36.62	100m: 1:18.21 41.59	150m: 2:00.73 42.52	200m: 2:43.86 43.13				
16.	Rita Catarina Miranda	97	107566	Braga	2:44.46	+0,98	547	B
	50m: 36.39 36.39	100m: 1:17.71 41.32	150m: 2:00.88 43.17	200m: 2:44.46 43.58				
17.	Ana Filipa Gomes	96	107376	Vilacondense	2:46.01	+0,87	532	R
	50m: 36.70 36.70	100m: 1:18.81 42.11	150m: 2:02.16 43.35	200m: 2:46.01 43.85				
18.	Sofia Machado Dionisio	98	111263	Sporting	2:46.44	+0,99	528	R
	50m: 37.22 37.22	100m: 1:19.33 42.11	150m: 2:02.78 43.45	200m: 2:46.44 43.66				
19.	Catarina Alexandra Dias	95	25908	Naval de Ponta Delgada	2:47.16	+0,75	521	
	FTL							
	50m: 37.10 37.10	100m: 1:19.16 42.06	150m: 2:02.71 43.55	200m: 2:47.16 44.45				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

09-12-2012 18:22 - Página 1

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 1, Femin., 200m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Joana Filipa Marques <i>FTL</i>	95	25292	Bombeiros Ponta Delgada	2:47.35	+0,76	519	
	50m: 37.26 37.26	100m: 1:19.86	42.60	150m: 2:03.57	43.71	200m: 2:47.35	43.78	
21.	Ines Raquel Estevao <i>FTL</i>	95	100230	Geslours	2:48.95	+0,88	505	
	50m: 37.32 37.32	100m: 1:19.40	42.08	150m: 2:03.70	44.30	200m: 2:48.95	45.25	
22.	Diana Sofia Silva <i>FTL</i>	97	104679	Braga	2:49.50	+0,92	500	
	50m: 38.32 38.32	100m: 1:20.72	42.40	150m: 2:04.67	43.95	200m: 2:49.50	44.83	
23.	Ana Rita Graca	98	111321	Vilacondense	2:50.58	+0,96	490	
	50m: 38.41 38.41	100m: 1:22.06	43.65	150m: 2:06.87	44.81	200m: 2:50.58	43.71	
24.	Rita Cardoso Carvalho	98	107499	Alges	2:50.84	+0,74	488	
	50m: 38.43 38.43	100m: 1:21.77	43.34	150m: 2:05.96	44.19	200m: 2:50.84	44.88	
25.	Maria Madalena Silva <i>FTL</i>	98	116614	Nautico de Abrantes	2:51.94	+0,80	479	
	50m: 38.97 38.97	100m: 1:22.59	43.62	150m: 2:07.02	44.43	200m: 2:51.94	44.92	
26.	Mariana Domingues Paz <i>FTL</i>	98	108077	Miranda do Corvo	2:52.10	+0,93	478	
	50m: 39.26 39.26	100m: 1:23.33	44.07	150m: 2:07.82	44.49	200m: 2:52.10	44.28	
27.	Andreia Margarida Morgado <i>FTL</i>	97	100542	Nautico de Coimbra	2:53.85	+0,89	463	
	50m: 38.11 38.11	100m: 1:21.99	43.88	150m: 2:07.49	45.50	200m: 2:53.85	46.36	
28.	Rute Isabel Leonardo <i>FTL</i>	98	121391	Nautico de Abrantes	2:55.81	+0,91	448	
	50m: 39.63 39.63	100m: 1:25.17	45.54	150m: 2:11.31	46.14	200m: 2:55.81	44.50	

Prova 2
07-12-2012 - 9:45

Masc., 200m Bruços

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	25-11-2012
Rec. Nac. 25m Jun	2:14.00	Pedro Miguel Agostinho	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	25-11-2012

TAC - Masc Sen: 2:28.00; Jun2: 2:28.00; Jun1: 2:31.70

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Nuno Rafael Alves	90	25140	Gespacos	2:16.20	+0,80	695	A
	50m: 30.88 30.88	100m: 1:05.47	34.59	150m: 1:40.67	35.20	200m: 2:16.20	35.53	
2.	Pedro Miguel Agostinho	92	12778	Sporting	2:18.24	+0,66	665	A
	50m: 31.56 31.56	100m: 1:06.66	35.10	150m: 1:41.94	35.28	200m: 2:18.24	36.30	
3.	Diogo Miguel Silva	95	104780	Uniao Piedense	2:19.08	+0,76	653	A
	50m: 31.32 31.32	100m: 1:06.40	35.08	150m: 1:42.58	36.18	200m: 2:19.08	36.50	
4.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	2:19.09	+0,77	652	A
	50m: 31.47 31.47	100m: 1:06.25	34.78	150m: 1:42.00	35.75	200m: 2:19.09	37.09	
5.	Joao Claudio Sousa	93	23458	Gespacos	2:19.63		645	A
	50m: 31.61 31.61	100m: 1:07.27	35.66	150m: 1:43.70	36.43	200m: 2:19.63	35.93	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 2, Masc., 200m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Miguel Silva Oliveira 50m: 32.45 32.45	91	10822	Nautico de Coimbra 100m: 1:08.27 35.82 150m: 1:44.67	2:19.77 36.40	+0,82	643 A	35.10
7.	Diogo Filipe Matos 50m: 30.96 30.96	92	14868	Sporting 100m: 1:06.15 35.19 150m: 1:42.60	2:20.37 36.45	+0,79	635 A	37.77
8.	Rui Filipe Vilar 50m: 32.54 32.54	91	24159	Porto 100m: 1:08.06 35.52 150m: 1:43.96	2:20.56 35.90		632 A	36.60
9.	Joao Pedro Braga 50m: 31.79 31.79	94	25892	Naval de Ponta Delgada 100m: 1:07.50 35.71 150m: 1:44.07	2:20.91 36.57	+0,82	628 B	36.84
10.	Tomas Correia Silva 50m: 32.56 32.56	95	23367	Porto 100m: 1:09.02 36.46 150m: 1:45.22	2:21.00 36.20	+0,73	626 B	35.78
11.	Sergio Baptista Silva 50m: 32.43 32.43	91	15703	Porto 100m: 1:08.72 36.29 150m: 1:45.30	2:21.13 36.58	+0,75	625 B	35.83
12.	Rodrigo Silverio Carmo 50m: 32.15 32.15	96	100588	Colegio Vasco da Gama 100m: 1:08.29 36.14 150m: 1:44.70	2:21.58 36.41	+0,71	619 B	36.88
13.	Andre Bras Goncalves 50m: 32.12 32.12	88	14767	Amadora 100m: 1:08.15 36.03 150m: 1:45.10	2:21.90 36.95	+0,72	614 B	36.80
14.	Tiago Samuel Silva 50m: 32.73 32.73	93	23502	Porto 100m: 1:09.23 36.50 150m: 1:45.57	2:22.85 36.34	+0,77	602 B	37.28
15.	Mauro Filipe Viegas 50m: 33.42 33.42	95	26428	Natacao de Olhao 100m: 1:08.98 35.56 150m: 1:46.61	2:24.62 37.63	+0,70	580 B	38.01
16.	Joao Pedro Veiga 50m: 32.36 32.36	94	10892	Nautico de Coimbra 100m: 1:08.49 36.13 150m: 1:46.36	2:24.69 37.87	+0,78	580 B	38.33
17.	Pedro Barros Mendes 50m: 33.37 33.37	94	11195	Academica de Coimbra 100m: 1:10.05 36.68 150m: 1:47.49	2:24.89 37.44	+0,75	577 R	37.40
18.	Nuno Durao Pascoal 50m: 33.10 33.10	92	12560	Galitos 100m: 1:10.21 37.11 150m: 1:47.19	2:25.29 36.98	+0,84	572 R	38.10
19.	Luis Manuel Fernandes 50m: 31.81 31.81	95	15589	Famalicao 100m: 1:08.57 36.76 150m: 1:46.51	2:25.32 37.94	+0,68	572	38.81
20.	Manuel Matos Sequeira 50m: 32.89 32.89	87	10631	Geslours 100m: 1:09.76 36.87 150m: 1:47.41	2:25.34 37.65	+0,75	572	37.93
21.	Diego Felipe Santos 50m: 32.93 32.93	87	106614	Desportivo Nacional 100m: 1:09.35 36.42 150m: 1:47.03	2:25.62 37.68	+0,73	569	38.59
22.	Ricardo Amorim Rego 50m: 32.58 32.58	84	15954	Braga 100m: 1:09.16 36.58 150m: 1:47.30	2:25.94 38.14	+0,82	565	38.64
23.	Hugo Miguel Silva 50m: 32.70 32.70	94	24567	Braga 100m: 1:08.85 36.15 150m: 1:46.86	2:26.48 38.01	+0,91	559	39.62
24.	Joao Valentim Compoete 50m: 32.85 32.85	95	101171	Amadora 100m: 1:09.58 36.73 150m: 1:47.68	2:26.92 38.10	+0,78	554	39.24
25.	Hugo Miguel Nunes 50m: 32.77 32.77	90	11211	Natacao do Tejo 100m: 1:10.24 37.47 150m: 1:48.11	2:27.23 37.87	+0,80	550	39.12
26.	Pedro Alexandre Bento FTL 50m: 32.26 32.26	95	106259	Alges 100m: 1:08.48 36.22 150m: 1:47.23	2:28.77 38.75	+0,79	533	41.54
27.	Pedro Miguel Varela FTL 50m: 33.36 33.36	86	12947	Naval Setubalense 100m: 1:10.75 37.39 150m: 1:49.10	2:28.79 38.35	+0,83	533	39.69

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 2, Masc., 200m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
28.	Leonardo Cardoso Figueiredo	96	105612	Porto	2:28.83	+0,64	532	
	50m: 33.40 33.40	100m: 1:11.84	38.44	150m: 1:50.68	38.84	200m: 2:28.83	38.15	
29.	Artur Jose Reis	96	23369	Porto	2:30.05	+0,77	520	
	50m: 32.91 32.91	100m: 1:11.92	39.01	150m: 1:50.44	38.52	200m: 2:30.05	39.61	
30.	Goncalo Alexandre Almeida	96	105637	Amadora	2:30.25	+0,73	518	
	50m: 34.32 34.32	100m: 1:12.07	37.75	150m: 1:50.58	38.51	200m: 2:30.25	39.67	
31.	Bruno Miguel Martins	93	26891	Geslours	2:30.33	+0,72	517	
	FTL 50m: 34.26 34.26	100m: 1:11.60	37.34	150m: 1:50.77	39.17	200m: 2:30.33	39.56	
32.	Rui Miguel Coelho	96	111850	Benfica	2:30.69	+0,75	513	
	50m: 34.44 34.44	100m: 1:12.92	38.48	150m: 1:51.80	38.88	200m: 2:30.69	38.89	
33.	Nuno Oliveira Noritake	96	104271	Bombeiros dos Estoris	2:32.45	+0,88	495	
	FTL 50m: 34.53 34.53	100m: 1:12.42	37.89	150m: 1:51.76	39.34	200m: 2:32.45	40.69	
34.	Ricardo Jorge Mesquita	96	102079	Fluvial Portuense	2:37.21	+0,78	452	
	FTL 50m: 34.66 34.66	100m: 1:14.31	39.65	150m: 1:55.77	41.46	200m: 2:37.21	41.44	

Prova 3
07-12-2012 - 10:00

Femin., 100m Livres

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	56.78	Maria Carolina Rosa	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 1:00.50; Jun2: 1:00.50; Jun1: 1:02.01

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diana Margarida Duraes	96	102992	Porto	57.20	+0,82	709	A
	50m: 27.37 27.37	100m: 57.20	29.83					
2.	Ines Camacho Fernandes	97	106821	Sporting	57.67	+0,72	692	A
	50m: 27.70 27.70	100m: 57.67	29.97					
3.	Marta Vieira Marinho	91	15707	Porto	57.68	+0,71	691	A
	50m: 27.56 27.56	100m: 57.68	30.12					
4.	Maria Carolina Rosa	94	14248	Sporting	58.00	+0,77	680	A
	50m: 28.03 28.03	100m: 58.00	29.97					
5.	Mafalda Gomes Beleza	94	26890	Sporting	58.03	+0,79	679	A
	50m: 28.07 28.07	100m: 58.03	29.96					
6.	Raquel Maurile Taveira	95	105392	Alges	58.12	+0,74	676	A
	50m: 27.79 27.79	100m: 58.12	30.33					
7.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	58.35		668	A
	50m: 28.23 28.23	100m: 58.35	30.12					
8.	Isabel Pinto Abreu	96	26324	Belenenses	58.85	+0,78	651	A
	50m: 28.50 28.50	100m: 58.85	30.35					
9.	Soraia Vanessa Ribeiro	92	15857	Gespacos	59.16	+0,85	641	B
	50m: 28.79 28.79	100m: 59.16	30.37					

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 3, Femin., 100m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Lisa Marisa Soares 50m: 28.27 28.27	95	25381	Amadora 100m: 59.28 31.01	59.28	+0,77	637	B
11.	Carolina Sanchez Rodrigues 50m: 28.63 28.63	97	100359	Alges 100m: 59.45 30.82	59.45	+0,80	631	B
12.	Joana Aguiar Rodrigues 50m: 28.29 28.29	93	15401	Porto 100m: 59.47 31.18	59.47	+0,88	631	B
13.	Jessica Teixeira Vieira 50m: 28.44 28.44	91	104235	Amadora 100m: 59.72 31.28	59.72	+0,67	623	B
14.	Catarina Tiago Nunes 50m: 28.72 28.72	95	100949	Uniao Piedense 100m: 59.92 31.20	59.92	+0,82	616	B
15.	Adriana Daniela Castro 50m: 29.00 29.00	97	104515	Porto 100m: 1:00.15 31.15	1:00.15	+0,75	609	B
16.	Maria Luis Amorim 50m: 28.99 28.99	95	102029	Porto 100m: 1:00.34 31.35	1:00.34	+0,89	604	B
17.	Susana Clara Gomes 50m: 28.77 28.77	77	119272	Naval do Funchal 100m: 1:00.50 31.73	1:00.50	+0,78	599	R
18.	Ana Luisa Carvalho FTL 50m: 28.60 28.60	96	24493	Nautico de Coimbra 100m: 1:00.60 32.00	1:00.60	+0,91	596	R
19.	Beatriz Neves Craveiro FTL 50m: 29.01 29.01	97	106762	Nautico de Coimbra 100m: 1:00.61 31.60	1:00.61	+0,85	596	
20.	Joana Filipa Capela FTL 50m: 29.42 29.42	89	12794	Benfica 100m: 1:00.63 31.21	1:00.63	+0,76	595	
21.	Maria Carolina Ribeiro 50m: 29.17 29.17	98	106805	Porto 100m: 1:00.71 31.54	1:00.71	+0,75	593	
22.	Rita Amado Laezza FTL 50m: 29.21 29.21	95	12054	Vilacondense 100m: 1:00.86 31.65	1:00.86	+0,69	588	
23.	Ana Beatriz Silva FTL 50m: 29.12 29.12	96	112263	Gafanha da Encarnacao 100m: 1:00.90 31.78	1:00.90	+0,77	587	
24.	Carlota Freitas Olim FTL 50m: 29.19 29.19	93	10949	Naval do Funchal 100m: 1:01.00 31.81	1:01.00	+0,73	584	
25.	Beatriz Rodrigues Conde 50m: 29.38 29.38	98	110543	Sporting 100m: 1:01.17 31.79	1:01.17	+0,80	579	
26.	Tatiana Ladeiro Santos FTL 50m: 29.33 29.33	92	13134	Geslours 100m: 1:01.22 31.89	1:01.22	+0,86	578	
27.	Ana Carolina Trindade FTL 50m: 29.04 29.04	97	106478	Amadora 100m: 1:01.29 32.25	1:01.29	+0,84	576	
28.	Maria Malaguerra Costa 50m: 29.60 29.60	98	106765	Columbofila Cantanhedense 100m: 1:01.30 31.70	1:01.30	+0,84	576	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 3, Femin., 100m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
29.	Ana Goncalves Neto FTL	95	101958	Porto	1:01.34	+1,09	575	
	50m: 29.60 29.60			100m: 1:01.34 31.74				
30.	Sara Faria Costa FTL	97	107451	Braga	1:01.63	+0,86	567	
	50m: 29.64 29.64			100m: 1:01.63 31.99				
31.	Joana Costa Caires	98	108452	Naval do Funchal	1:01.68	+0,77	565	
	50m: 29.59 29.59			100m: 1:01.68 32.09				
32.	Catarina Maria Ferreira	98	106534	Desportiva Limiana	1:01.83	+0,84	561	
	50m: 29.41 29.41			100m: 1:01.83 32.42				

Prova 4 Masc., 100m Livres Absolutos
07-12-2012 - 10:10 Resultados Elimin

Rec. Nac. 25m Absoluto	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009
Rec. Nac. 25m Jun	48.38	Tiago Andre Venancio	CNS	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009

TAC - Masc Sen: 52.50; Jun2: 52.50; Jun1: 53.81

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Miguel Duarte Nascimento	95	14944	Portinado	49.88	+0,69	731	A
	50m: 23.69 23.69			100m: 49.88 26.19				
2.	Joao Silva Gigante	88	14783	Amadora	50.54	+0,66	703	A
	50m: 24.05 24.05			100m: 50.54 26.49				
3.	Mario Alexandre Pereira	92	10767	Nautico de Coimbra	50.61	+0,69	700	A
	50m: 24.47 24.47			100m: 50.61 26.14				
4.	Luis Emanuel Vaz	91	15628	Famalicao	50.75	+0,78	694	A
	50m: 24.78 24.78			100m: 50.75 25.97				
5.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	50.78	+0,58	693	A
	50m: 24.53 24.53			100m: 50.78 26.25				
6.	Ricardo Ferreira Cotovio	91	10921	Sporting	51.13	+0,71	679	A
	50m: 24.65 24.65			100m: 51.13 26.48				
7.	Ricardo Pereira Lopes	90	14831	Amadora	51.28		673	A
	50m: 24.65 24.65			100m: 51.28 26.63				
8.	Ricardo Manuel Machado	93	13278	Braga	51.31		671	A
	50m: 25.08 25.08			100m: 51.31 26.23				
9.	Joao Filipe Carvalho	87	23026	Porto	51.61	+0,77	660	B
	50m: 24.69 24.69			100m: 51.61 26.92				
10.	Paulo Jorge Santos	89	25982	Porto	51.73	+0,72	655	B
	50m: 24.02 24.02			100m: 51.73 27.71				
11.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	51.78	+0,70	653	B
	50m: 25.20 25.20			100m: 51.78 26.58				
12.	Andre Neves Oliveira	91	14834	Benfica	51.97	+0,69	646	B
	50m: 25.02 25.02			100m: 51.97 26.95				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 4, Masc., 100m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Rafael Lourenco Gil 50m: 25.32 25.32	96	105234	Naval Amorense 100m: 52.16 26.84	52.16	+0,75	639	B
14.	Rodrigo Pereira Lopes 50m: 24.66 24.66	95	26077	Amadora 100m: 52.19 27.53	52.19	+0,71	638	B
15.	Carlos Lopes Pedrosa 50m: 25.12 25.12	94	102149	Naval de Ponta Delgada 100m: 52.28 27.16	52.28	+0,77	635	B
16.	Joao Carlos Santos 50m: 25.70 25.70	96	104253	Naval Amorense 100m: 52.47 26.77	52.47	+0,69	628	B
17.	Goncalo Cardoso Carmo 50m: 25.27 25.27	96	101124	Colegio Vasco da Gama 100m: 52.49 27.22	52.49	+0,69	627	R
18.	Vasco Miguel Gaspar FTL 50m: 24.98 24.98	90	26500	Uniao Piedense 100m: 52.52 27.54	52.52	+0,73	626	R
19.	Joao Duarte Santos FTL 50m: 25.33 25.33	95	26430	Natacao de Olhao 100m: 52.75 27.42	52.75	+0,69	618	
20.	Andre Filipe Farinha 50m: 25.60 25.60	96	105086	Benfica 100m: 52.84 27.24	52.84	+0,73	615	
21.	Tiago Joao Meira 50m: 25.48 25.48	96	25816	Viana Natacao 100m: 53.66 28.18	53.66	+0,85	587	
22.	Miguel Duarte Moreira 50m: 25.80 25.80	96	100431	Belenenses 100m: 53.70 27.90	53.70	+0,72	586	
23.	Miguel Angelo Alves FTL 50m: 26.01 26.01	96	104760	Naval Amorense 100m: 54.39 28.38	54.39	+0,81	564	
DNS	Simao Pedro Alves	94	102500	Famalicao				

Prova 5 Femin., 50m Costas

07-12-2012 - 10:20

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	28.42	Marta Vieira Marinho	FCP	Guarda	10-12-2010
Rec. Nac. 25m Jun	28.99	Ines Camacho Fernandes	SCP	Cantanhede	22-04-2012
Rec. Nac. 25m Sen	28.42	Marta Vieira Marinho	FCP	Guarda	10-12-2010

TAC - Fem Sen: 32.30; Jun2: 32.30; Jun1: 32.30

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ines Camacho Fernandes	97	106821	Sporting	29.10	+0,61	688	A
2.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	29.36	+0,60	670	A
3.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	29.41	+0,64	667	A
4.	Marta Vieira Marinho	91	15707	Porto	30.00	+0,60	628	A
5.	Francisca Gomes Azevedo	97	100356	Alges	30.22	+0,57	615	A
6.	Joana Carina Silva	97	106219	Lousada SXXI	30.44	+0,67	601	A
7.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	30.46	+0,61	600	A
8.	Marta Pereira Abreu	92	23091	Porto	30.62	+0,76	591	A
9.	Paula Cristina Yang	95	100229	Geslours	30.65	+0,69	589	B

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 5, Femin., 50m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Adriana Correia Lopes	95	24491	Nautico de Coimbra	31.06	+0,74	566	B
11.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	31.07	+0,69	565	B
12.	Claudia Isabel Semiao	97	117970	Aminata	31.28	+0,68	554	B
13.	Lisa Marisa Soares	95	25381	Amadora	31.38	+0,65	549	B
14.	Ana Marta Miranda	96	100377	Uniao Piedense	31.39	+0,67	548	B
15.	Raquel Paulo Ranito	94	25504	Sporting	31.58	+0,75	538	B
16.	Rita Barros Frischknecht	98	106257	Alges	31.60	+0,67	537	B
17.	Maria Malaguerra Costa	98	106765	Columbofila Cantanhedense	31.97	+0,63	519	R
18.	Andreia Silva Cruz	88	11126	Naval Amorense	31.98	+0,59	518	R
19.	Patricia Isabel Oliveira	94	15970	Leixoes	32.06	+0,68	515	
20.	Ines Lucas Alves	98	104738	Leixoes	32.15	+0,69	510	
	Patricia Alexandra Jeronimo	95	100235	Monteges	32.15	+0,65	510	
22.	Patricia Miguel Mendes	96	25590	Naval Amorense	32.19	+0,63	508	
23.	Tatiana Ladeiro Santos	92	13134	Geslours	32.24	+0,71	506	
24.	Claudia Susana Teixeira	96	102040	Gespacos	32.31	+0,69	503	
	FTL							
25.	Ana Rita Martins	96	106475	Amadora	32.35	+0,71	501	
	FTL							
26.	Maria Morgado Franco	98	107311	Portinado	32.40	+0,61	499	
	FTL							
27.	Francisca Santos Pereira	98	102019	Porto	32.83	+0,74	479	
	FTL							
28.	Joana Carolina Oliveira	93	13131	Geslours	32.92	+0,76	475	
	FTL							
29.	Carla Sofia Cruz	96	103821	Sporting de Espinho	32.98	+0,75	473	
	FTL							
30.	Bruna Figueiro Coentrao	93	24315	Vilacondense	33.17	+0,68	465	
	FTL							
31.	Ana Carolina Trindade	97	106478	Amadora	33.85	+0,61	437	
	FTL							
DNS	Rafaela Marques Bodiao	96	26440	Natacao de Olhao				

Prova 6

Masc., 50m Costas

Absolutos

07-12-2012 - 10:25

Resultados Elimin

Rec. Nac. 25m Absoluto	24.21	Alexis Manacas Santos	FPN	Chartres (FRA)	23-11-2012
Rec. Nac. 25m Jun	25.01	Alexis Manacas Santos	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	24.21	Alexis Manacas Santos	FPN	Chartres (FRA)	23-11-2012

TAC - Masc Sen: 28.50; Jun2: 28.50; Jun1: 28.50

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Daniel Aparicio Pereira	83	24394	Braga	26.13	+0,64	647	A
2.	Pedro Andre Santos	94	15732	Alges	26.67	+0,65	609	A
3.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	26.71	+0,61	606	A
4.	Rodrigo Pereira Lopes	95	26077	Amadora	26.84	+0,64	597	A
5.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	26.91	+0,70	593	A
6.	Joao Pedro Neto	95	26959	Naval Setubalense	26.94	+0,66	591	A

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 6, Masc., 50m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	27.05	+0,53	583	A
8.	Tiago Manuel Teixeira	96	102485	Vitoria de Guimaraes	27.06	+0,73	583	?
	David Miguel Leiria	93	14530	Naval Amorense	27.06	+0,62	583	?
10.	Carlos Filipe Santos	91	15694	Porto	27.14	+0,63	578	B
11.	Diogo Andre Gaspar	90	25544	Uniao Piedense	27.17	+0,73	576	B
12.	Andre Neves Oliveira	91	14834	Benfica	27.38	+0,71	563	B
13.	Samuel Patricio Queiros	91	15701	Porto	27.58	+0,64	550	B
14.	Joao Pedro Santos	95	105859	Estarreja	27.62	+0,66	548	B
15.	Edgar Oliveira Ribeiro	93	13277	Braga	27.75	+0,63	540	B
16.	Miguel Freitas Marques	96	24979	Maritimo	27.80	+0,65	537	B
17.	Afonso Lopes dos Santos	95	14773	Alcobaca	27.81	+0,70	537	R
18.	Nuno Andre Fernandes	89	16073	Benfica	27.82	+0,68	536	R
19.	Pedro Romanoski Carvalho	94	108664	Famalicao	27.92	+0,63	531	
20.	Pedro Lobato Rijo	91	13025	Geslours	28.01	+0,67	525	
21.	Andre Duarte Vaz	93	10768	Nautico de Coimbra	28.06	+0,72	523	
22.	Mario Rui Cruz	94	101128	Amadora	28.13	+0,67	519	
23.	Diogo Carmo Ramos	93	15317	Vilacondense	28.28	+0,66	511	
24.	Joao Guilherme Ferreira	93	109907	Desporto de Barcelos	28.34	+0,69	507	
25.	Filipe Miguel Felix	96	118473	Alges	28.35	+0,74	507	
26.	Daniel Ribeiro Sousa	95	101888	Nautico da Marinha Grande	28.36	+0,66	506	
27.	Diogo Miguel Paulino	90	10549	Alcobaca	28.56	+0,59	496	
	FTL							
	Frederico Manuel Moeda	95	117080	Estrelas S. Joao de Brito	28.56	+0,68	496	
	FTL							
29.	Joao Carlos Paula	94	13992	Galitos	28.63	+0,80	492	
	FTL							
30.	Fabio Alexandre Freitas	94	25763	Uniao Piedense	28.64	+0,62	492	
	FTL							
31.	Miguel Galeao Lopes	96	105891	Portinado	28.67	+0,63	490	
	FTL							
32.	Francisco Jose Fernandes	96	24490	Nautico de Coimbra	28.70	+0,61	488	
	FTL							
33.	Filipe Franco Norte	93	10317	Nautico da Marinha Grande	28.87	+0,60	480	
	FTL							
34.	Joao Paulo Baptista	96	105013	Sporting de Espinho	29.04	+0,77	471	
	FTL							
35.	Joao Pedro Almeida	92	24029	Nautico de Coimbra	29.08	+0,70	470	
	FTL							
36.	Filipe Maria Ferreira	95	14900	Natacao de Olhao	29.15	+0,57	466	
	FTL							
37.	Pedro Miguel Costa	92	13380	Sporting de Espinho	29.18	+0,70	465	
	FTL							
38.	Bruno Miguel Martins	93	26891	Geslours	30.06	+0,66	425	
	FTL							

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 7 Femin., 200m Mariposa Absolutos
07-12-2012 - 10:45 Resultados Elimin

Rec. Nac. 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010
Rec. Nac. 25m Jun	2:13.60	Ana Rita Francisco	FPN	Gelsenkirchen (GER)	11-02-1996
Rec. Nac. 25m Sen	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010

TAC - Fem Sen: 2:29.00; Jun2: 2:29.00; Jun1: 2:32.73

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Sara Freitas Oliveira	85	23045	Porto	2:12.29	+0,75	761	A
	50m: 30.29 30.29	100m: 1:04.08	33.79	150m: 1:38.07	33.99	200m: 2:12.29	34.22	
2.	Ana Catarina Monteiro	93	24320	Vilacondense	2:16.01	+0,85	700	A
	50m: 31.16 31.16	100m: 1:05.86	34.70	150m: 1:40.81	34.95	200m: 2:16.01	35.20	
3.	Bruna Leal Dantas	96	100371	Sporting	2:17.10	+0,77	683	A
	50m: 31.22 31.22	100m: 1:05.85	34.63	150m: 1:41.29	35.44	200m: 2:17.10	35.81	
4.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:20.16	+0,70	639	A
	50m: 31.70 31.70	100m: 1:06.70	35.00	150m: 1:43.03	36.33	200m: 2:20.16	37.13	
5.	Ines Alexandra Paiva	96	100378	Alges	2:21.69	+0,84	619	A
	50m: 32.11 32.11	100m: 1:07.69	35.58	150m: 1:44.13	36.44	200m: 2:21.69	37.56	
6.	Sofia Alexandra Branco	98	116596	Sporting	2:21.93	+0,78	616	A
	50m: 31.42 31.42	100m: 1:07.43	36.01	150m: 1:43.90	36.47	200m: 2:21.93	38.03	
7.	Debora Guimaraes Oliveira	96	105629	Braga	2:23.04	+0,87	602	A
	50m: 32.35 32.35	100m: 1:08.16	35.81	150m: 1:45.22	37.06	200m: 2:23.04	37.82	
8.	Bruna Elisabete Paulino	97	102345	Alcobaca	2:23.06	+0,79	601	A
	50m: 31.33 31.33	100m: 1:07.82	36.49	150m: 1:45.14	37.32	200m: 2:23.06	37.92	
9.	Julia Matos Lopes	94	12490	Viver Santarem	2:23.88	+0,86	591	B
	50m: 32.58 32.58	100m: 1:07.80	35.22	150m: 1:44.45	36.65	200m: 2:23.88	39.43	
10.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	2:24.28	+0,93	586	B
	50m: 32.42 32.42	100m: 1:09.48	37.06	150m: 1:46.68	37.20	200m: 2:24.28	37.60	
11.	Daniela Figueiredo Metelo	97	26780	Academica de Coimbra	2:24.78	+0,78	580	B
	50m: 32.47 32.47	100m: 1:08.53	36.06	150m: 1:46.61	38.08	200m: 2:24.78	38.17	
12.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	2:25.51	+0,79	571	B
	50m: 32.04 32.04	100m: 1:08.38	36.34	150m: 1:46.61	38.23	200m: 2:25.51	38.90	
13.	Ana Margarida Rodrigues	96	103868	Galitos	2:26.25	+0,87	563	B
	50m: 32.95 32.95	100m: 1:09.69	36.74	150m: 1:47.48	37.79	200m: 2:26.25	38.77	
14.	Graca Maria Araujo	98	104456	Famalicao	2:27.95	+0,92	544	B
	50m: 32.36 32.36	100m: 1:09.14	36.78	150m: 1:49.33	40.19	200m: 2:27.95	38.62	
15.	Ana Filipa Carmo	93	15746	Colegio Vasco da Gama	2:28.02	+0,85	543	B
	50m: 32.76 32.76	100m: 1:10.44	37.68	150m: 1:48.73	38.29	200m: 2:28.02	39.29	
16.	Claudia Cristina Leao	96	102069	Gespacos	2:28.61	+0,87	536	B
	50m: 32.53 32.53	100m: 1:09.51	36.98	150m: 1:47.96	38.45	200m: 2:28.61	40.65	
17.	Filipa Vicente Custois	97	105780	Benedita	2:29.03		532	R
	FTL							
	50m: 32.75 32.75	100m: 1:09.89	37.14	150m: 1:48.44	38.55	200m: 2:29.03	40.59	
18.	Marta Posser Villar	85	13136	Amadora	2:31.09	+0,83	510	R
	FTL							
	50m: 32.88 32.88	100m: 1:10.54	37.66	150m: 1:49.21	38.67	200m: 2:31.09	41.88	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 7, Femin., 200m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Clarisse Matos Lopes	98	100069	Viver Santarem	2:31.12	+0,91	510	
	50m: 35.47 35.47	100m: 1:12.65	37.18	150m: 1:52.35	39.70	200m: 2:31.12	38.77	

Prova 8

Masc., 200m Mariposa

Absolutos

07-12-2012 - 10:55

Resultados Elimin

Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009
Rec. Nac. 25m Jun	1:58.64	Diogo Filipe Carvalho	CGA	Tomar	09-12-2005
Rec. Nac. 25m Sen	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009

TAC - Masc Sen: 2:09.50; Jun2: 2:09.50; Jun1: 2:12.74

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	2:02.92	+0,73	699	A
	50m: 27.04 27.04	100m: 58.83	31.79	150m: 1:30.85	32.02	200m: 2:02.92	32.07	
2.	Miguel Duarte Nascimento	95	14944	Portinado	2:03.05	+0,78	697	A
	50m: 27.29 27.29	100m: 59.29	32.00	150m: 1:30.98	31.69	200m: 2:03.05	32.07	
3.	Ruben Filipe Nunes	94	23302	Gespacos	2:03.16	+0,85	695	A
	50m: 28.29 28.29	100m: 59.83	31.54	150m: 1:31.66	31.83	200m: 2:03.16	31.50	
4.	Fabio Manuel Pereira	86	23049	Vilacondense	2:03.29	+0,84	693	A
	50m: 27.58 27.58	100m: 59.48	31.90	150m: 1:31.68	32.20	200m: 2:03.29	31.61	
5.	Pedro Andre Santos	94	15732	Alges	2:03.93	+0,75	682	A
	50m: 28.20 28.20	100m: 1:00.55	32.35	150m: 1:32.49	31.94	200m: 2:03.93	31.44	
6.	Ricardo Verissimo Sousa	93	25548	Colegio Vasco da Gama	2:05.67	+0,73	654	A
	50m: 28.53 28.53	100m: 1:01.42	32.89	150m: 1:33.42	32.00	200m: 2:05.67	32.25	
7.	Miguel Goncalves Ferreira	93	11223	Desportivo Nacional	2:06.33	+0,89	644	A
	50m: 27.90 27.90	100m: 1:00.66	32.76	150m: 1:32.95	32.29	200m: 2:06.33	33.38	
8.	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	2:06.91	+0,75	635	A
	50m: 28.76 28.76	100m: 1:02.33	33.57	150m: 1:35.67	33.34	200m: 2:06.91	31.24	
9.	Antonio Rafael Bessa	94	102089	Gespacos	2:07.13	+0,85	632	B
	50m: 29.13 29.13	100m: 1:01.86	32.73	150m: 1:34.30	32.44	200m: 2:07.13	32.83	
10.	Diogo Andre Gaspar	90	25544	Uniao Piedense	2:07.95	+0,82	620	B
	50m: 27.74 27.74	100m: 1:00.03	32.29	150m: 1:33.13	33.10	200m: 2:07.95	34.82	
11.	Miguel Bras Sergio	95	100925	Bombeiros dos Estoris	2:08.09	+0,81	618	B
	50m: 28.55 28.55	100m: 1:02.14	33.59	150m: 1:34.91	32.77	200m: 2:08.09	33.18	
12.	Ricardo Miguel Antunes	94	100228	Geslours	2:09.22	+0,77	602	B
	50m: 29.21 29.21	100m: 1:01.57	32.36	150m: 1:35.36	33.79	200m: 2:09.22	33.86	
13.	Igor Guterres Carvalho	88	23057	Vilacondense	2:09.24		601	B
	50m: 28.99 28.99	100m: 1:01.81	32.82	150m: 1:35.57	33.76	200m: 2:09.24	33.67	
14.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	2:09.28	+0,78	601	B
	50m: 29.01 29.01	100m: 1:01.83	32.82	150m: 1:35.31	33.48	200m: 2:09.28	33.97	
15.	Joao Duarte Santos	95	26430	Natacao de Olhao	2:09.44	+0,71	598	B
	50m: 29.32 29.32	100m: 1:02.59	33.27	150m: 1:36.05	33.46	200m: 2:09.44	33.39	
16.	Fabio Andre Figueira	88	11084	Porto	2:09.49	+0,74	598	B
	50m: 28.91 28.91	100m: 1:02.42	33.51	150m: 1:35.60	33.18	200m: 2:09.49	33.89	

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 8, Masc., 200m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Nuno Miguel Rola <i>FTL</i>	83	11949	Amadora	2:09.61	+0,71	596	R
	50m: 29.21 29.21	100m: 1:02.13	32.92	150m: 1:36.34	34.21	200m: 2:09.61	33.27	
18.	Joao Pedro Vieira <i>FTL</i>	94	13856	Naval do Funchal	2:11.04	+0,75	577	R
	50m: 29.86 29.86	100m: 1:03.14	33.28	150m: 1:36.77	33.63	200m: 2:11.04	34.27	
19.	Rafael Filipe Nunes	96	108344	Naval Amorense	2:11.62	+0,71	569	
	50m: 29.27 29.27	100m: 1:02.41	33.14	150m: 1:36.17	33.76	200m: 2:11.62	35.45	
20.	Antonio Miguel Vitorino	96	25815	Viana Natacao	2:11.76	+0,84	567	
	50m: 28.05 28.05	100m: 1:00.56	32.51	150m: 1:35.04	34.48	200m: 2:11.76	36.72	
21.	Antonio Fraga Fragoso <i>FTL</i>	95	14324	Bombeiros Ponta Delgada	2:11.82	+0,79	567	
	50m: 28.61 28.61	100m: 1:01.72	33.11	150m: 1:37.28	35.56	200m: 2:11.82	34.54	
22.	Joao Pedro Santos	96	101954	Vilacondense	2:12.49	+0,86	558	
	50m: 29.31 29.31	100m: 1:03.52	34.21	150m: 1:38.36	34.84	200m: 2:12.49	34.13	

Prova 9
07-12-2012 - 11:05
Femin., 400m Estilos
Absolutos Resultados

Rec. Nac. 25m Absoluto	4:44.56	Nadia Morais Vieira	GESL	Leiria	04-12-2009
Rec. Nac. 25m Jun	4:50.85	Diana Margarida Duraes	FOCA	Silves	02-12-2011
Rec. Nac. 25m Sen	4:44.56	Nadia Morais Vieira	GESL	Leiria	04-12-2009

TAC - Fem Sen: 5:14.00; Jun2: 5:14.00; Jun1: 5:20.28

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Victoria Kaminskaya <i>Recorde Nacional, Absoluto e Senior</i>	95	102313	Pimpoes/Cimai	4:41.02	+0,73	801	
	50m: 30.72 30.72	150m: 1:41.74	36.11	250m: 2:55.69	38.24	350m: 4:08.07	33.89	
	100m: 1:05.63 34.91	200m: 2:17.45	35.71	300m: 3:34.18	38.49	400m: 4:41.02	32.95	
2.	Nadia Morais Vieira	90	13092	Geslours	4:44.10	+0,80	775	
	50m: 30.73 30.73	150m: 1:41.73	36.32	250m: 2:57.59	39.74	350m: 4:11.30	33.57	
	100m: 1:05.41 34.68	200m: 2:17.85	36.12	300m: 3:37.73	40.14	400m: 4:44.10	32.80	
3.	Angelica Maria Andre	94	15497	Leixoes	4:47.69	+0,79	747	
	50m: 30.59 30.59	150m: 1:43.17	38.52	250m: 3:01.71	40.79	350m: 4:15.73	32.91	
	100m: 1:04.65 34.06	200m: 2:20.92	37.75	300m: 3:42.82	41.11	400m: 4:47.69	31.96	
4.	Diana Margarida Duraes	96	102992	Porto	4:54.32	+0,81	697	
	50m: 30.58 30.58	150m: 1:43.52	37.63	250m: 3:04.75	42.86	350m: 4:21.91	33.73	
	100m: 1:05.89 35.31	200m: 2:21.89	38.37	300m: 3:48.18	43.43	400m: 4:54.32	32.41	
5.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	4:54.95	+0,84	693	
	50m: 31.04 31.04	150m: 1:45.65	38.22	250m: 3:06.01	42.63	350m: 4:22.42	33.34	
	100m: 1:07.43 36.39	200m: 2:23.38	37.73	300m: 3:49.08	43.07	400m: 4:54.95	32.53	
6.	Ana Marta Miranda	96	100377	Uniao Piedense	4:57.88	+0,92	672	
	50m: 31.81 31.81	150m: 1:44.00	37.27	250m: 3:04.45	43.91	350m: 4:22.65	35.02	
	100m: 1:06.73 34.92	200m: 2:20.54	36.54	300m: 3:47.63	43.18	400m: 4:57.88	35.23	
7.	Joana Dias Santos	96	100397	Uniao Piedense	5:01.31	+0,88	650	
	50m: 33.92 33.92	150m: 1:52.13	41.10	250m: 3:11.46	39.94	350m: 4:26.82	36.02	
	100m: 1:11.03 37.11	200m: 2:31.52	39.39	300m: 3:50.80	39.34	400m: 5:01.31	34.49	

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 9, Femin., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	5:02.94	+0,88	639	
	50m: 32.28 32.28	150m: 1:47.30	38.39	250m: 3:09.11	43.72	350m: 4:28.57	35.42	
	100m: 1:08.91 36.63	200m: 2:25.39	38.09	300m: 3:53.15	44.04	400m: 5:02.94	34.37	
9.	Vania Soares Neves	90	12380	Viana Natacao	5:04.38	+0,82	630	
	50m: 33.08 33.08	150m: 1:48.91	38.36	250m: 3:11.30	44.39	350m: 4:30.85	34.47	
	100m: 1:10.55 37.47	200m: 2:26.91	38.00	300m: 3:56.38	45.08	400m: 5:04.38	33.53	
10.	Maria Teresa Amorim	97	20104	Porto	5:07.73	+0,94	610	
	50m: 31.62 31.62	150m: 1:46.78	39.15	250m: 3:11.49	45.70	350m: 4:32.99	35.58	
	100m: 1:07.63 36.01	200m: 2:25.79	39.01	300m: 3:57.41	45.92	400m: 5:07.73	34.74	
11.	Diana Patricia Ferreira	94	23500	Gespacos	5:07.74	+0,91	610	
	50m: 31.86 31.86	150m: 1:47.13	39.49	250m: 3:09.08	43.70	350m: 4:30.81	37.49	
	100m: 1:07.64 35.78	200m: 2:25.38	38.25	300m: 3:53.32	44.24	400m: 5:07.74	36.93	
12.	Carolina Mantua Guedes	98	110539	Sporting	5:07.90	+0,79	609	
	50m: 31.48 31.48	150m: 1:48.55	40.02	250m: 3:11.30	43.75	350m: 4:33.38	36.27	
	100m: 1:08.53 37.05	200m: 2:27.55	39.00	300m: 3:57.11	45.81	400m: 5:07.90	34.52	
13.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	5:08.06	+0,91	608	
	50m: 31.93 31.93	150m: 1:48.92	40.39	250m: 3:14.25	45.29	350m: 4:34.67	34.96	
	100m: 1:08.53 36.60	200m: 2:28.96	40.04	300m: 3:59.71	45.46	400m: 5:08.06	33.39	
14.	Helena Paula Carvalho	95	107307	Uniao Piedense	5:08.75	+0,89	604	
	50m: 32.17 32.17	150m: 1:47.64	38.53	250m: 3:11.66	46.17	350m: 4:34.36	35.94	
	100m: 1:09.11 36.94	200m: 2:25.49	37.85	300m: 3:58.42	46.76	400m: 5:08.75	34.39	
15.	Barbara Marques Rodrigues	97	107039	Alges	5:09.08	+0,89	602	
	50m: 32.47 32.47	150m: 1:51.16	40.64	250m: 3:15.08	44.59	350m: 4:35.21	34.98	
	100m: 1:10.52 38.05	200m: 2:30.49	39.33	300m: 4:00.23	45.15	400m: 5:09.08	33.87	
16.	Leonor Mourinho Neves	95	105646	Sporting	5:09.77	+0,92	598	
	50m: 32.25 32.25	150m: 1:49.53	39.21	250m: 3:13.65	43.53	350m: 4:34.94	35.92	
	100m: 1:10.32 38.07	200m: 2:30.12	40.59	300m: 3:59.02	45.37	400m: 5:09.77	34.83	
17.	Ines Joao Costa	95	12893	Braga	5:10.46	+0,91	594	
	50m: 33.21 33.21	150m: 1:50.90	39.75	250m: 3:14.99	44.59	350m: 4:35.58	35.89	
	100m: 1:11.15 37.94	200m: 2:30.40	39.50	300m: 3:59.69	44.70	400m: 5:10.46	34.88	
18.	Rute Margarida Marques	94	25359	Amadora	5:10.84	+0,79	592	
	50m: 32.46 32.46	150m: 1:51.37	40.12	250m: 3:14.49	43.60	350m: 4:35.40	35.79	
	100m: 1:11.25 38.79	200m: 2:30.89	39.52	300m: 3:59.61	45.12	400m: 5:10.84	35.44	
19.	Raquel Paulo Ranito	94	25504	Sporting	5:14.36	+0,81	572	
	<i>FTL</i>							
	50m: 32.84 32.84	150m: 1:50.91	40.10	250m: 3:17.28	45.36	350m: 4:38.91	36.95	
	100m: 1:10.81 37.97	200m: 2:31.92	41.01	300m: 4:01.96	44.68	400m: 5:14.36	35.45	
20.	Filipa Vicente Custodias	97	105780	Benedita	5:17.19	+0,74	557	
	<i>FTL</i>							
	50m: 33.63 33.63	150m: 1:52.02	38.89	250m: 3:17.04	46.20	350m: 4:40.92	37.07	
	100m: 1:13.13 39.50	200m: 2:30.84	38.82	300m: 4:03.85	46.81	400m: 5:17.19	36.27	
21.	Margarida Peixoto Pelaio	98	107967	Ginasio Figueirense	5:18.86	+0,87	548	
	50m: 33.13 33.13	150m: 1:53.52	41.56	250m: 3:19.89	45.89	350m: 4:43.29	36.86	
	100m: 1:11.96 38.83	200m: 2:34.00	40.48	300m: 4:06.43	46.54	400m: 5:18.86	35.57	
22.	Sofia Machado Dionisio	98	111263	Sporting	5:20.41	+0,83	540	
	<i>FTL</i>							
	50m: 33.28 33.28	150m: 1:56.60	42.91	250m: 3:23.85	44.20	350m: 4:45.59	36.47	
	100m: 1:13.69 40.41	200m: 2:39.65	43.05	300m: 4:09.12	45.27	400m: 5:20.41	34.82	
23.	Maria Carolina Ribeiro	98	106805	Porto	5:20.54	+0,80	540	
	<i>FTL</i>							
	50m: 32.94 32.94	150m: 1:52.82	42.26	250m: 3:21.89	47.94	350m: 4:46.53	36.47	
	100m: 1:10.56 37.62	200m: 2:33.95	41.13	300m: 4:10.06	48.17	400m: 5:20.54	34.01	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 9, Femin., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
24.	Ana Silva Costa FTL	98	104446	Famalicao	5:22.45	+0,79	530	
	50m: 32.57 32.57	150m: 1:53.04	41.75	250m: 3:21.52	48.12	350m: 4:47.23	36.67	
	100m: 1:11.29 38.72	200m: 2:33.40	40.36	300m: 4:10.56	49.04	400m: 5:22.45	35.22	
25.	Maria Madalena Silva FTL	98	116614	Nautico de Abrantes	5:33.11		481	
	50m: 35.73 35.73	150m: 2:00.09	42.46	250m: 3:26.61	45.43	350m: 4:53.65	39.71	
	100m: 1:17.63 41.90	200m: 2:41.18	41.09	300m: 4:13.94	47.33	400m: 5:33.11	39.46	

Prova 10 Masc., 400m Estilos Absolutos
07-12-2012 - 11:20 Resultados

Rec. Nac. 25m Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009
Rec. Nac. 25m Jun	4:20.95	Adriano Miguel Niz	FPN	Dublin (IRL)	12-12-2003
Rec. Nac. 25m Sen	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009

TAC - Masc Sen: 4:42.00; Jun2: 4:42.00; Jun1: 4:49.05

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Pedro Miguel Pinotes	89	26732	Sporting	4:14.01	+0,76	796	
	50m: 27.66 27.66	150m: 1:31.99	32.72	250m: 2:40.45	35.39	350m: 3:45.63	29.83	
	100m: 59.27 31.61	200m: 2:05.06	33.07	300m: 3:15.80	35.35	400m: 4:14.01	28.38	
2.	Nuno Rafael Alves	90	25140	Gespacos	4:19.75	+0,80	745	
	50m: 28.42 28.42	150m: 1:33.68	33.40	250m: 2:42.48	35.80	350m: 3:49.51	31.12	
	100m: 1:00.28 31.86	200m: 2:06.68	33.00	300m: 3:18.39	35.91	400m: 4:19.75	30.24	
3.	Tomas Miguel Veloso	96	10868	Nautico de Coimbra	4:23.90	+0,76	710	
	50m: 28.80 28.80	150m: 1:34.73	34.39	250m: 2:44.26	36.12	350m: 3:53.33	31.65	
	100m: 1:00.34 31.54	200m: 2:08.14	33.41	300m: 3:21.68	37.42	400m: 4:23.90	30.57	
4.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	4:25.94	+0,78	694	
	50m: 27.26 27.26	150m: 1:32.84	33.48	250m: 2:44.77	38.74	350m: 3:55.10	31.82	
	100m: 59.36 32.10	200m: 2:06.03	33.19	300m: 3:23.28	38.51	400m: 4:25.94	30.84	
5.	Tomas Correia Silva	95	23367	Porto	4:26.42	+0,73	690	
	50m: 28.71 28.71	150m: 1:36.40	34.52	250m: 2:47.98	36.98	350m: 3:56.61	31.11	
	100m: 1:01.88 33.17	200m: 2:11.00	34.60	300m: 3:25.50	37.52	400m: 4:26.42	29.81	
6.	Andre Bras Goncalves	88	14767	Amadora	4:30.09	+0,77	662	
	50m: 28.22 28.22	150m: 1:35.95	35.13	250m: 2:49.37	38.72	350m: 3:59.81	32.00	
	100m: 1:00.82 32.60	200m: 2:10.65	34.70	300m: 3:27.81	38.44	400m: 4:30.09	30.28	
7.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	4:32.01	+0,83	648	
	50m: 29.54 29.54	150m: 1:38.93	34.72	250m: 2:50.93	37.94	350m: 4:01.11	30.95	
	100m: 1:04.21 34.67	200m: 2:12.99	34.06	300m: 3:30.16	39.23	400m: 4:32.01	30.90	
8.	Joao Andre Neves	95	101408	Academica de Coimbra	4:32.29	+0,83	646	
	50m: 28.78 28.78	150m: 1:38.26	36.18	250m: 2:51.81	37.63	350m: 4:01.73	31.53	
	100m: 1:02.08 33.30	200m: 2:14.18	35.92	300m: 3:30.20	38.39	400m: 4:32.29	30.56	
9.	Pedro Barros Mendes	94	11195	Academica de Coimbra	4:35.25	+0,73	626	
	50m: 29.48 29.48	150m: 1:38.79	35.25	250m: 2:52.86	39.06	350m: 4:04.64	32.38	
	100m: 1:03.54 34.06	200m: 2:13.80	35.01	300m: 3:32.26	39.40	400m: 4:35.25	30.61	
10.	Mario Rui Cruz	94	101128	Amadora	4:36.87	+0,80	615	
	50m: 29.52 29.52	150m: 1:38.51	34.96	250m: 2:54.04	40.67	350m: 4:06.42	31.27	
	100m: 1:03.55 34.03	200m: 2:13.37	34.86	300m: 3:35.15	41.11	400m: 4:36.87	30.45	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 10, Masc., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	4:36.89	+0,69	615	
	50m: 28.36 28.36	150m: 1:37.29	35.59	250m: 2:54.49	41.38	350m: 4:07.16	31.57	
	100m: 1:01.70 33.34	200m: 2:13.11	35.82	300m: 3:35.59	41.10	400m: 4:36.89	29.73	
12.	Rafael Lourenco Gil	96	105234	Naval Amorense	4:38.06	+0,75	607	
	50m: 29.56 29.56	150m: 1:40.70	37.96	250m: 2:56.22	38.83	350m: 4:08.12	32.43	
	100m: 1:02.74 33.18	200m: 2:17.39	36.69	300m: 3:35.69	39.47	400m: 4:38.06	29.94	
13.	Rodrigo Silverio Carmo	96	100588	Colegio Vasco da Gama	4:38.59	+0,72	604	
	50m: 29.96 29.96	150m: 1:40.62	35.90	250m: 2:54.91	38.48	350m: 4:07.10	32.70	
	100m: 1:04.72 34.76	200m: 2:16.43	35.81	300m: 3:34.40	39.49	400m: 4:38.59	31.49	
14.	Rafael Filipe Nunes	96	108344	Naval Amorense	4:39.40	+0,66	598	
	50m: 30.43 30.43	150m: 1:40.91	36.44	250m: 2:55.40	38.91	350m: 4:07.91	32.24	
	100m: 1:04.47 34.04	200m: 2:16.49	35.58	300m: 3:35.67	40.27	400m: 4:39.40	31.49	
15.	Paulo Andre Dias	92	23406	Gespacos	4:40.25	+0,93	593	
	50m: 29.31 29.31	150m: 1:38.89	36.73	250m: 2:53.63	39.29	350m: 4:06.78	33.52	
	100m: 1:02.16 32.85	200m: 2:14.34	35.45	300m: 3:33.26	39.63	400m: 4:40.25	33.47	
16.	Tiago Barros Ferreira	94	16003	Alges	4:40.71	+0,84	590	
	50m: 29.87 29.87	150m: 1:38.81	34.29	250m: 2:53.19	40.18	350m: 4:08.16	33.16	
	100m: 1:04.52 34.65	200m: 2:13.01	34.20	300m: 3:35.00	41.81	400m: 4:40.71	32.55	
17.	Tomas Miguel Freitas	90	23135	Desportivo Nacional	4:44.75	+0,79	565	
	<i>FTL</i>							
	50m: 29.50 29.50	150m: 1:41.72	38.16	250m: 2:59.06	39.85	350m: 4:13.14	32.76	
	100m: 1:03.56 34.06	200m: 2:19.21	37.49	300m: 3:40.38	41.32	400m: 4:44.75	31.61	
18.	Leonardo Cardoso Figueiredo	96	105612	Porto	4:46.52	+0,66	555	
	50m: 29.76 29.76	150m: 1:43.82	38.34	250m: 3:00.84	40.99	350m: 4:15.43	33.85	
	100m: 1:05.48 35.72	200m: 2:19.85	36.03	300m: 3:41.58	40.74	400m: 4:46.52	31.09	
19.	Pedro Veigunha Martins	96	107233	Braga	4:46.92	+0,93	552	
	50m: 30.77 30.77	150m: 1:45.13	39.06	250m: 3:02.24	40.35	350m: 4:16.09	32.76	
	100m: 1:06.07 35.30	200m: 2:21.89	36.76	300m: 3:43.33	41.09	400m: 4:46.92	30.83	
20.	Paulo Andre Silva	96	105198	Vilacondense	4:49.21	+0,72	539	
	<i>FTL</i>							
	50m: 30.12 30.12	150m: 1:42.89	37.98	250m: 3:02.67	41.28	350m: 4:17.94	33.47	
	100m: 1:04.91 34.79	200m: 2:21.39	38.50	300m: 3:44.47	41.80	400m: 4:49.21	31.27	
21.	Joao Pedro Neves	96	104336	Aminata	4:50.15	+0,94	534	
	<i>FTL</i>							
	50m: 29.72 29.72	150m: 1:42.67	38.56	250m: 3:01.99	41.83	350m: 4:18.05	33.87	
	100m: 1:04.11 34.39	200m: 2:20.16	37.49	300m: 3:44.18	42.19	400m: 4:50.15	32.10	
22.	Artur Jose Reis	96	23369	Porto	4:51.55	+0,80	527	
	<i>FTL</i>							
	50m: 29.30 29.30	150m: 1:41.51	38.08	250m: 3:00.36	41.64	350m: 4:18.28	35.81	
	100m: 1:03.43 34.13	200m: 2:18.72	37.21	300m: 3:42.47	42.11	400m: 4:51.55	33.27	

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 6 Masc., 50m Costas Absolutos
07-12-2012 Resultados Swim Off Elimin

Rec. Nac. 25m Absoluto	24.21	Alexis Manacas Santos	FPN	Chartres (FRA)	23-11-2012
Rec. Nac. 25m Jun	25.01	Alexis Manacas Santos	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	24.21	Alexis Manacas Santos	FPN	Chartres (FRA)	23-11-2012

TAC - Masc Sen: 28.50; Jun2: 28.50; Jun1: 28.50

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Miguel Leiria	93	14530	Naval Amorense	26.76	+0,60	603	
2.	Tiago Manuel Teixeira	96	102485	Vitoria de Guimaraes	27.03	+0,57	585	

Prova 11 Femin., 4 x 50m Livres Absolutos
07-12-2012 - 17:00 Resultados

Rec. Nac. 25m Absoluto	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
Rec. Nac. 25m Jun	1:46.86	Sporting Clube de Portugal	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009

TAC - Fem Sen: 1:55.00; Jun2: 1:55.00

Pontos: FINA 2012

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Porto			Porto	1:45.24	+0,67	695	
	Sara Freitas Oliveira	85	+0,67	26.68	Marta Pereira Abreu	92	+0,41	26.81
	Ana Pinho Rodrigues	94	0.00	26.07	Marta Vieira Marinho	91	+0,19	25.68
2.	Amadora			Amadora	1:47.43	+0,78	653	
	Lisa Marisa Soares	95	+0,78	27.24	Filipa Ferreira Silva	85	+0,32	27.07
	Diana Duarte Gomes	89	+0,21	26.72	Jessica Teixeira Vieira	91	+0,26	26.40
3.	Sporting			Sporting	1:47.64	+0,70	650	
	Ines Camacho Fernandes	97	+0,70	26.85	Raquel Paulo Ranito	94	+0,45	27.51
	Maria Carolina Rosa	94	+0,21	26.72	Mafalda Gomes Beleza	94	+0,33	26.56
4.	Alges			Alges	1:49.09	+0,78	624	
	Carolina Sanchez Rodrigues	97	+0,78	27.63	Rita Barros Frischknecht	98	+0,10	27.60
	Raquel Maurile Taveira	95	+0,25	26.38	Ines Alexandra Paiva	96	+0,31	27.48
5.	Gespacos			Gespacos	1:50.12	+0,84	607	
	Diana Patricia Ferreira	94	+0,84	27.52	Andreia Sofia Torres	95	+0,46	27.71
	Soraia Vanessa Ribeiro	92	+0,32	27.15	Ana Sofia Matos	91	+0,15	27.74
6.	Portinado			Portinado	1:50.20	+0,81	605	
	Ariana Alves Nunes	95	+0,81	27.22	Beatriz Alves Silva	95	+0,18	27.65
	Maria Rachadell Pereira	98	+0,60	27.78	Maria Morgado Franco	98	+0,11	27.55
7.	Nautico de Coimbra			Nautico de Coimbra	1:51.34	+0,89	587	
	Ana Luisa Carvalho	96	+0,89	27.72	Beatriz Neves Craveiro	97	+0,49	26.93
	Adriana Correia Lopes	95	+0,35	28.20	Andreia Margarida Morgado	97	+0,23	28.49
8.	Geslours			Geslours	1:52.97	+0,81	562	
	Paula Cristina Yang	95	+0,81	28.19	Joana Carolina Oliveira	93	+0,31	28.70
	Ana Luisa Santo	95	+0,36	28.27	Tatiana Ladeiro Santos	92	+0,30	27.81
9.	Braga			Braga	1:53.66	+0,77	552	
	Sara Faria Costa	97	+0,77	28.29	Ines Joao Costa	95	+0,45	28.58
	Ana Sofia Fernandes	93	+0,33	28.35	Vera Patricia Fernandes	96	+0,40	28.44
10.	Naval do Funchal			Naval do Funchal	1:53.69	+0,79	551	
	Susana Clara Gomes	77	+0,79	27.97	Mariana Goncalves Gomes	96	+0,36	29.63
	Carlota Freitas Olim	93	+0,38	27.74	Joana Costa Caires	98	+0,20	28.35

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 11, Femin., 4 x 50m Livres, Absolutos

Lugar	NFed		Clube		Tempo Final	TReac	Pts FINA	Pts
11.	Columbofila Cantanhedense			Columbofila Cantanhedense	1:53.82	+0,82	549	
	Mariana Cunha Guerra	98	+0,82	27.85	Maria Malaguerra Costa	98	+0,42	28.53
	Florabela Cavaco Machado	96	+0,52	28.45	Vanessa Branco Machado	98	+0,43	28.99
12.	Uniao Piedense			Uniao Piedense	1:54.06	+0,82	546	
	Catarina Tiago Nunes	95	+0,82	27.60	Marina Micaela Sequeira	98	+0,36	29.04
	Helena Paula Carvalho	95	+0,40	28.45	Marta Alexandra Saraiva	93	+0,40	28.97
DSQ	Vilacondense			Vilacondense				
	403 - Falsa partida - SW 4.4							
	Ana Filipa Gomes, Ana Catarina Monteiro, Rita Amado Laezza, Maria Joao Fernandes							

Prova 12 Masc., 4 x 50m Livres Absolutos
07-12-2012 Resultados

Rec. Nac. 25m Absoluto	1:29.97	Futebol Clube do Porto/Dolce Vita FCP	Leiria	04-12-2009
Rec. Nac. 25m Jun	1:35.76	Futebol Clube do Porto/Imperio Bonifacio FCP	Felgueiras	24-11-2006
Rec. Nac. 25m Sen	1:29.97	Futebol Clube do Porto/Dolce Vita FCP	Leiria	04-12-2009

TAC - Masc Sen: 1:40.00; Jun2: 1:40.00

Pontos: FINA 2012

Lugar	NFed		Clube		Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Amadora			Amadora	1:31.03	+0,65	698	
	Joao Silva Gigante	88	+0,65	22.68	Simao Gomes Morgado	79	+0,23	22.53
	Ricardo Pereira Lopes	90	+0,26	22.67	Rodrigo Pereira Lopes	95	+0,29	23.15
2.	Porto			Porto	1:32.59	+0,71	663	
	Paulo Jorge Santos	89	+0,71	23.13	Fabio Andre Figueira	88	+0,10	23.18
	Carlos Filipe Santos	91	+0,28	23.26	Joao Filipe Carvalho	87	+0,09	23.02
3.	Naval Amorense			Naval Amorense	1:34.50	+0,67	624	
	Joao Carlos Santos	96	+0,67	24.49	David Miguel Leiria	93	+0,37	22.94
	Tiago Ferreira Azevedo	95	+0,39	23.19	Rafael Lourenco Gil	96	+0,40	23.88
4.	Nautico de Coimbra			Nautico de Coimbra	1:35.04	+0,73	613	
	Mario Alexandre Pereira	92	+0,73	23.01	Miguel Silva Oliveira	91	+0,43	23.59
	Andre Duarte Vaz	93	+0,14	24.44	Joao Pedro Almeida	92	+0,35	24.00
5.	Estrelas S. Joao de Brito			Estrelas S. Joao de Brito	1:35.54	+0,69	604	
	Artiom Viatcheslavovitch Poliakov	93	+0,69	23.53	Frederico Manuel Moeda	95	+0,19	23.46
	Thiago Duarte Goncalves	89	+0,60	25.35	Duarte Rafael Mourao	84	+0,18	23.20
6.	Braga			Braga	1:35.58	+0,75	603	
	Filipe Vieira Malheiro	90	+0,75	24.30	Ricardo Amorim Rego	84	+1,24	23.92
	Edgar Oliveira Ribeiro	93	+0,09	23.80	Ricardo Manuel Machado	93	+0,48	23.56
7.	Desportivo Nacional			Desportivo Nacional	1:36.15	+0,74	592	
	Tiago Ferreira Sousa	91	+0,74	23.67	Diego Felipe Santos	87	+0,31	24.42
	Vitor Diogo Moura	90	+0,37	23.87	Tomas Miguel Freitas	90	+0,20	24.19
8.	Academica de Coimbra			Academica de Coimbra	1:36.80	+0,68	580	
	Gustavo Almeida Madureira	94	+0,68	23.34	Ruben Paiva Carvalho	94	+0,37	24.84
	Joao Filipe Lucas	94	+0,26	24.13	Joao Andre Neves	95	+0,36	24.49
9.	Vilacondense			Vilacondense	1:36.99	+0,75	577	
	Joao Duarte Marafona	95	+0,75	24.08	Joao Miguel Costa	95	+0,15	24.26
	Joao Jose Vilela	96	+0,41	24.88	Joao Pedro Santos	96	0.00	23.77

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 12, Masc., 4 x 50m Livres, Absolutos

Lugar	NFed		Clube		Tempo Final	TReac	Pts FINA	Pts
10.	Uniao Piedense		Uniao Piedense		1:38.36	+0,85	553	
	Andre Rafael Marinho	93	+0,85	24.68	Vasco Miguel Gaspar	90	+0,35	24.34
	Diogo Andre Gaspar	90	+0,58	24.22	Fabio Alexandre Freitas	94	+0,15	25.12

Prova 9
07-12-2012

Femin., 400m Estilos

Absolutos
Resultados

Rec. Nac. 25m Absoluto	4:44.56	Nadia Morais Vieira	GESL	Leiria	04-12-2009
Rec. Nac. 25m Jun	4:50.85	Diana Margarida Duraes	FOCA	Silves	02-12-2011
Rec. Nac. 25m Sen	4:44.56	Nadia Morais Vieira	GESL	Leiria	04-12-2009

TAC - Fem Sen: 5:14.00; Jun2: 5:14.00; Jun1: 5:20.28

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	4:41.02	+0,73	801	
	<i>Recorde Nacional, Absoluto e Senior</i>							
	50m: 30.72	30.72	150m: 1:41.74	36.11	250m: 2:55.69	38.24	350m: 4:08.07	33.89
	100m: 1:05.63	34.91	200m: 2:17.45	35.71	300m: 3:34.18	38.49	400m: 4:41.02	32.95
2.	Nadia Morais Vieira	90	13092	Geslours	4:44.10	+0,80	775	
	50m: 30.73	30.73	150m: 1:41.73	36.32	250m: 2:57.59	39.74	350m: 4:11.30	33.57
	100m: 1:05.41	34.68	200m: 2:17.85	36.12	300m: 3:37.73	40.14	400m: 4:44.10	32.80
3.	Angelica Maria Andre	94	15497	Leixoes	4:47.69	+0,79	747	
	50m: 30.59	30.59	150m: 1:43.17	38.52	250m: 3:01.71	40.79	350m: 4:15.73	32.91
	100m: 1:04.65	34.06	200m: 2:20.92	37.75	300m: 3:42.82	41.11	400m: 4:47.69	31.96
4.	Diana Margarida Duraes	96	102992	Porto	4:54.32	+0,81	697	
	50m: 30.58	30.58	150m: 1:43.52	37.63	250m: 3:04.75	42.86	350m: 4:21.91	33.73
	100m: 1:05.89	35.31	200m: 2:21.89	38.37	300m: 3:48.18	43.43	400m: 4:54.32	32.41
5.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	4:54.95	+0,84	693	
	50m: 31.04	31.04	150m: 1:45.65	38.22	250m: 3:06.01	42.63	350m: 4:22.42	33.34
	100m: 1:07.43	36.39	200m: 2:23.38	37.73	300m: 3:49.08	43.07	400m: 4:54.95	32.53
6.	Ana Marta Miranda	96	100377	Uniao Piedense	4:57.88	+0,92	672	
	50m: 31.81	31.81	150m: 1:44.00	37.27	250m: 3:04.45	43.91	350m: 4:22.65	35.02
	100m: 1:06.73	34.92	200m: 2:20.54	36.54	300m: 3:47.63	43.18	400m: 4:57.88	35.23
7.	Joana Dias Santos	96	100397	Uniao Piedense	5:01.31	+0,88	650	
	50m: 33.92	33.92	150m: 1:52.13	41.10	250m: 3:11.46	39.94	350m: 4:26.82	36.02
	100m: 1:11.03	37.11	200m: 2:31.52	39.39	300m: 3:50.80	39.34	400m: 5:01.31	34.49
8.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	5:02.94	+0,88	639	
	50m: 32.28	32.28	150m: 1:47.30	38.39	250m: 3:09.11	43.72	350m: 4:28.57	35.42
	100m: 1:08.91	36.63	200m: 2:25.39	38.09	300m: 3:53.15	44.04	400m: 5:02.94	34.37
9.	Vania Soares Neves	90	12380	Viana Natacao	5:04.38	+0,82	630	
	50m: 33.08	33.08	150m: 1:48.91	38.36	250m: 3:11.30	44.39	350m: 4:30.85	34.47
	100m: 1:10.55	37.47	200m: 2:26.91	38.00	300m: 3:56.38	45.08	400m: 5:04.38	33.53
10.	Maria Teresa Amorim	97	20104	Porto	5:07.73	+0,94	610	
	50m: 31.62	31.62	150m: 1:46.78	39.15	250m: 3:11.49	45.70	350m: 4:32.99	35.58
	100m: 1:07.63	36.01	200m: 2:25.79	39.01	300m: 3:57.41	45.92	400m: 5:07.73	34.74
11.	Diana Patricia Ferreira	94	23500	Gespacos	5:07.74	+0,91	610	
	50m: 31.86	31.86	150m: 1:47.13	39.49	250m: 3:09.08	43.70	350m: 4:30.81	37.49
	100m: 1:07.64	35.78	200m: 2:25.38	38.25	300m: 3:53.32	44.24	400m: 5:07.74	36.93

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7- - 9-12-2012

Prova 9, Femin., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Carolina Mantua Guedes	98	110539	Sporting	5:07.90	+0,79	609	
	50m: 31.48 31.48	150m: 1:48.55	40.02	250m: 3:11.30	43.75	350m: 4:33.38	36.27	
	100m: 1:08.53 37.05	200m: 2:27.55	39.00	300m: 3:57.11	45.81	400m: 5:07.90	34.52	
13.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	5:08.06	+0,91	608	
	50m: 31.93 31.93	150m: 1:48.92	40.39	250m: 3:14.25	45.29	350m: 4:34.67	34.96	
	100m: 1:08.53 36.60	200m: 2:28.96	40.04	300m: 3:59.71	45.46	400m: 5:08.06	33.39	
14.	Helena Paula Carvalho	95	107307	Uniao Piedense	5:08.75	+0,89	604	
	50m: 32.17 32.17	150m: 1:47.64	38.53	250m: 3:11.66	46.17	350m: 4:34.36	35.94	
	100m: 1:09.11 36.94	200m: 2:25.49	37.85	300m: 3:58.42	46.76	400m: 5:08.75	34.39	
15.	Barbara Marques Rodrigues	97	107039	Alges	5:09.08	+0,89	602	
	50m: 32.47 32.47	150m: 1:51.16	40.64	250m: 3:15.08	44.59	350m: 4:35.21	34.98	
	100m: 1:10.52 38.05	200m: 2:30.49	39.33	300m: 4:00.23	45.15	400m: 5:09.08	33.87	
16.	Leonor Mourinho Neves	95	105646	Sporting	5:09.77	+0,92	598	
	50m: 32.25 32.25	150m: 1:49.53	39.21	250m: 3:13.65	43.53	350m: 4:34.94	35.92	
	100m: 1:10.32 38.07	200m: 2:30.12	40.59	300m: 3:59.02	45.37	400m: 5:09.77	34.83	
17.	Ines Joao Costa	95	12893	Braga	5:10.46	+0,91	594	
	50m: 33.21 33.21	150m: 1:50.90	39.75	250m: 3:14.99	44.59	350m: 4:35.58	35.89	
	100m: 1:11.15 37.94	200m: 2:30.40	39.50	300m: 3:59.69	44.70	400m: 5:10.46	34.88	
18.	Rute Margarida Marques	94	25359	Amadora	5:10.84	+0,79	592	
	50m: 32.46 32.46	150m: 1:51.37	40.12	250m: 3:14.49	43.60	350m: 4:35.40	35.79	
	100m: 1:11.25 38.79	200m: 2:30.89	39.52	300m: 3:59.61	45.12	400m: 5:10.84	35.44	
19.	Raquel Paulo Ranito	94	25504	Sporting	5:14.36	+0,81	572	
	<i>FTL</i>							
	50m: 32.84 32.84	150m: 1:50.91	40.10	250m: 3:17.28	45.36	350m: 4:38.91	36.95	
	100m: 1:10.81 37.97	200m: 2:31.92	41.01	300m: 4:01.96	44.68	400m: 5:14.36	35.45	
20.	Filipa Vicente Custois	97	105780	Benedita	5:17.19	+0,74	557	
	<i>FTL</i>							
	50m: 33.63 33.63	150m: 1:52.02	38.89	250m: 3:17.04	46.20	350m: 4:40.92	37.07	
	100m: 1:13.13 39.50	200m: 2:30.84	38.82	300m: 4:03.85	46.81	400m: 5:17.19	36.27	
21.	Margarida Peixoto Pelaio	98	107967	Ginasio Figueirense	5:18.86	+0,87	548	
	50m: 33.13 33.13	150m: 1:53.52	41.56	250m: 3:19.89	45.89	350m: 4:43.29	36.86	
	100m: 1:11.96 38.83	200m: 2:34.00	40.48	300m: 4:06.43	46.54	400m: 5:18.86	35.57	
22.	Sofia Machado Dionisio	98	111263	Sporting	5:20.41	+0,83	540	
	<i>FTL</i>							
	50m: 33.28 33.28	150m: 1:56.60	42.91	250m: 3:23.85	44.20	350m: 4:45.59	36.47	
	100m: 1:13.69 40.41	200m: 2:39.65	43.05	300m: 4:09.12	45.27	400m: 5:20.41	34.82	
23.	Maria Carolina Ribeiro	98	106805	Porto	5:20.54	+0,80	540	
	<i>FTL</i>							
	50m: 32.94 32.94	150m: 1:52.82	42.26	250m: 3:21.89	47.94	350m: 4:46.53	36.47	
	100m: 1:10.56 37.62	200m: 2:33.95	41.13	300m: 4:10.06	48.17	400m: 5:20.54	34.01	
24.	Ana Silva Costa	98	104446	Famalicao	5:22.45	+0,79	530	
	<i>FTL</i>							
	50m: 32.57 32.57	150m: 1:53.04	41.75	250m: 3:21.52	48.12	350m: 4:47.23	36.67	
	100m: 1:11.29 38.72	200m: 2:33.40	40.36	300m: 4:10.56	49.04	400m: 5:22.45	35.22	
25.	Maria Madalena Silva	98	116614	Nautico de Abrantes	5:33.11		481	
	<i>FTL</i>							
	50m: 35.73 35.73	150m: 2:00.09	42.46	250m: 3:26.61	45.43	350m: 4:53.65	39.71	
	100m: 1:17.63 41.90	200m: 2:41.18	41.09	300m: 4:13.94	47.33	400m: 5:33.11	39.46	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 10 Masc., 400m Estilos Absolutos
07-12-2012 Resultados

Rec. Nac. 25m Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009
Rec. Nac. 25m Jun	4:20.95	Adriano Miguel Niz	FPN	Dublin (IRL)	12-12-2003
Rec. Nac. 25m Sen	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009

TAC - Masc Sen: 4:42.00; Jun2: 4:42.00; Jun1: 4:49.05

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Pedro Miguel Pinotes	89	26732	Sporting	4:14.01	+0,76	796	
	50m: 27.66 27.66	150m: 1:31.99 32.72	250m: 2:40.45 35.39	350m: 3:45.63 29.83				
	100m: 59.27 31.61	200m: 2:05.06 33.07	300m: 3:15.80 35.35	400m: 4:14.01 28.38				
2.	Nuno Rafael Alves	90	25140	Gespacos	4:19.75	+0,80	745	
	50m: 28.42 28.42	150m: 1:33.68 33.40	250m: 2:42.48 35.80	350m: 3:49.51 31.12				
	100m: 1:00.28 31.86	200m: 2:06.68 33.00	300m: 3:18.39 35.91	400m: 4:19.75 30.24				
3.	Tomas Miguel Veloso	96	10868	Nautico de Coimbra	4:23.90	+0,76	710	
	50m: 28.80 28.80	150m: 1:34.73 34.39	250m: 2:44.26 36.12	350m: 3:53.33 31.65				
	100m: 1:00.34 31.54	200m: 2:08.14 33.41	300m: 3:21.68 37.42	400m: 4:23.90 30.57				
4.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	4:25.94	+0,78	694	
	50m: 27.26 27.26	150m: 1:32.84 33.48	250m: 2:44.77 38.74	350m: 3:55.10 31.82				
	100m: 59.36 32.10	200m: 2:06.03 33.19	300m: 3:23.28 38.51	400m: 4:25.94 30.84				
5.	Tomas Correia Silva	95	23367	Porto	4:26.42	+0,73	690	
	50m: 28.71 28.71	150m: 1:36.40 34.52	250m: 2:47.98 36.98	350m: 3:56.61 31.11				
	100m: 1:01.88 33.17	200m: 2:11.00 34.60	300m: 3:25.50 37.52	400m: 4:26.42 29.81				
6.	Andre Bras Goncalves	88	14767	Amadora	4:30.09	+0,77	662	
	50m: 28.22 28.22	150m: 1:35.95 35.13	250m: 2:49.37 38.72	350m: 3:59.81 32.00				
	100m: 1:00.82 32.60	200m: 2:10.65 34.70	300m: 3:27.81 38.44	400m: 4:30.09 30.28				
7.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	4:32.01	+0,83	648	
	50m: 29.54 29.54	150m: 1:38.93 34.72	250m: 2:50.93 37.94	350m: 4:01.11 30.95				
	100m: 1:04.21 34.67	200m: 2:12.99 34.06	300m: 3:30.16 39.23	400m: 4:32.01 30.90				
8.	Joao Andre Neves	95	101408	Academica de Coimbra	4:32.29	+0,83	646	
	50m: 28.78 28.78	150m: 1:38.26 36.18	250m: 2:51.81 37.63	350m: 4:01.73 31.53				
	100m: 1:02.08 33.30	200m: 2:14.18 35.92	300m: 3:30.20 38.39	400m: 4:32.29 30.56				
9.	Pedro Barros Mendes	94	11195	Academica de Coimbra	4:35.25	+0,73	626	
	50m: 29.48 29.48	150m: 1:38.79 35.25	250m: 2:52.86 39.06	350m: 4:04.64 32.38				
	100m: 1:03.54 34.06	200m: 2:13.80 35.01	300m: 3:32.26 39.40	400m: 4:35.25 30.61				
10.	Mario Rui Cruz	94	101128	Amadora	4:36.87	+0,80	615	
	50m: 29.52 29.52	150m: 1:38.51 34.96	250m: 2:54.04 40.67	350m: 4:06.42 31.27				
	100m: 1:03.55 34.03	200m: 2:13.37 34.86	300m: 3:35.15 41.11	400m: 4:36.87 30.45				
11.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	4:36.89	+0,69	615	
	50m: 28.36 28.36	150m: 1:37.29 35.59	250m: 2:54.49 41.38	350m: 4:07.16 31.57				
	100m: 1:01.70 33.34	200m: 2:13.11 35.82	300m: 3:35.59 41.10	400m: 4:36.89 29.73				
12.	Rafael Lourenco Gil	96	105234	Naval Amorense	4:38.06	+0,75	607	
	50m: 29.56 29.56	150m: 1:40.70 37.96	250m: 2:56.22 38.83	350m: 4:08.12 32.43				
	100m: 1:02.74 33.18	200m: 2:17.39 36.69	300m: 3:35.69 39.47	400m: 4:38.06 29.94				
13.	Rodrigo Silverio Carmo	96	100588	Colegio Vasco da Gama	4:38.59	+0,72	604	
	50m: 29.96 29.96	150m: 1:40.62 35.90	250m: 2:54.91 38.48	350m: 4:07.10 32.70				
	100m: 1:04.72 34.76	200m: 2:16.43 35.81	300m: 3:34.40 39.49	400m: 4:38.59 31.49				
14.	Rafael Filipe Nunes	96	108344	Naval Amorense	4:39.40	+0,66	598	
	50m: 30.43 30.43	150m: 1:40.91 36.44	250m: 2:55.40 38.91	350m: 4:07.91 32.24				
	100m: 1:04.47 34.04	200m: 2:16.49 35.58	300m: 3:35.67 40.27	400m: 4:39.40 31.49				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 10, Masc., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Paulo Andre Dias	92	23406	Gespacos	4:40.25	+0,93	593	
	50m: 29.31 29.31		150m: 1:38.89 36.73	250m: 2:53.63 39.29		350m: 4:06.78 33.52		
	100m: 1:02.16 32.85		200m: 2:14.34 35.45	300m: 3:33.26 39.63		400m: 4:40.25 33.47		
16.	Tiago Barros Ferreira	94	16003	Alges	4:40.71	+0,84	590	
	50m: 29.87 29.87		150m: 1:38.81 34.29	250m: 2:53.19 40.18		350m: 4:08.16 33.16		
	100m: 1:04.52 34.65		200m: 2:13.01 34.20	300m: 3:35.00 41.81		400m: 4:40.71 32.55		
17.	Tomas Miguel Freitas	90	23135	Desportivo Nacional	4:44.75	+0,79	565	
	<i>FTL</i>							
	50m: 29.50 29.50		150m: 1:41.72 38.16	250m: 2:59.06 39.85		350m: 4:13.14 32.76		
	100m: 1:03.56 34.06		200m: 2:19.21 37.49	300m: 3:40.38 41.32		400m: 4:44.75 31.61		
18.	Leonardo Cardoso Figueiredo	96	105612	Porto	4:46.52	+0,66	555	
	50m: 29.76 29.76		150m: 1:43.82 38.34	250m: 3:00.84 40.99		350m: 4:15.43 33.85		
	100m: 1:05.48 35.72		200m: 2:19.85 36.03	300m: 3:41.58 40.74		400m: 4:46.52 31.09		
19.	Pedro Veiguiinha Martins	96	107233	Braga	4:46.92	+0,93	552	
	50m: 30.77 30.77		150m: 1:45.13 39.06	250m: 3:02.24 40.35		350m: 4:16.09 32.76		
	100m: 1:06.07 35.30		200m: 2:21.89 36.76	300m: 3:43.33 41.09		400m: 4:46.92 30.83		
20.	Paulo Andre Silva	96	105198	Vilacondense	4:49.21	+0,72	539	
	<i>FTL</i>							
	50m: 30.12 30.12		150m: 1:42.89 37.98	250m: 3:02.67 41.28		350m: 4:17.94 33.47		
	100m: 1:04.91 34.79		200m: 2:21.39 38.50	300m: 3:44.47 41.80		400m: 4:49.21 31.27		
21.	Joao Pedro Neves	96	104336	Aminata	4:50.15	+0,94	534	
	<i>FTL</i>							
	50m: 29.72 29.72		150m: 1:42.67 38.56	250m: 3:01.99 41.83		350m: 4:18.05 33.87		
	100m: 1:04.11 34.39		200m: 2:20.16 37.49	300m: 3:44.18 42.19		400m: 4:50.15 32.10		
22.	Artur Jose Reis	96	23369	Porto	4:51.55	+0,80	527	
	<i>FTL</i>							
	50m: 29.30 29.30		150m: 1:41.51 38.08	250m: 3:00.36 41.64		350m: 4:18.28 35.81		
	100m: 1:03.43 34.13		200m: 2:18.72 37.21	300m: 3:42.47 42.11		400m: 4:51.55 33.27		

Prova 3
07-12-2012

Femin., 100m Livres

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	1:01.63	Ines Camacho Fernandes	SCP	Lisboa	05-04-2009
Rec. Nac. 25m Inf A	59.20	Ines Camacho Fernandes	SCP	Tavira	07-03-2010
Rec. Nac. 25m Juv	59.33	Mariana Cunha Guerra	ASSSCC	Cantanhede	11-12-2011
Rec. Nac. 25m Jun	56.78	Maria Carolina Rosa	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 1:00.50; Jun2: 1:00.50; Jun1: 1:02.01

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 3, Femin., 100m Livres, Final

Final A

1.	Diana Margarida Duraes	96	102992	Porto	56.54	+0,77	734
	50m: 27.24 27.24	100m: 56.54 29.30					
2.	Mafalda Gomes Beleza	94	26890	Sporting	57.84	+0,77	685
	50m: 27.90 27.90	100m: 57.84 29.94					
3.	Raquel Maurile Taveira	95	105392	Alges	58.17	+0,77	674
	50m: 27.99 27.99	100m: 58.17 30.18					
4.	Isabel Pinto Abreu	96	26324	Belenenses	58.48	+0,78	663
	50m: 28.51 28.51	100m: 58.48 29.97					
5.	Soraia Vanessa Ribeiro	92	15857	Gespacos	58.75	+0,88	654
	50m: 28.45 28.45	100m: 58.75 30.30					
6.	Marta Vieira Marinho	91	15707	Porto	58.77	+0,73	653
	50m: 27.64 27.64	100m: 58.77 31.13					
7.	Lisa Marisa Soares	95	25381	Amadora	58.97	+0,79	647
	50m: 28.33 28.33	100m: 58.97 30.64					
8.	Maria Carolina Rosa	94	14248	Sporting	59.07	+0,83	643
	50m: 28.24 28.24	100m: 59.07 30.83					

Final B

9.	Jessica Teixeira Vieira	91	104235	Amadora	58.74	+0,71	654
	50m: 28.53 28.53	100m: 58.74 30.21					
10.	Joana Aguiar Rodrigues	93	15401	Porto	58.98	+0,86	646
	50m: 28.38 28.38	100m: 58.98 30.60					
11.	Adriana Daniela Castro	97	104515	Porto	59.38	+0,80	633
	50m: 28.86 28.86	100m: 59.38 30.52					
12.	Carolina Sanchez Rodrigues	97	100359	Alges	59.64	+0,76	625
	50m: 28.76 28.76	100m: 59.64 30.88					
13.	Catarina Tiago Nunes	95	100949	Uniao Piedense	59.87	+0,79	618
	50m: 28.77 28.77	100m: 59.87 31.10					
14.	Ana Luisa Carvalho	96	24493	Nautico de Coimbra	1:00.28	+0,90	605
	50m: 29.16 29.16	100m: 1:00.28 31.12					
15.	Maria Luis Amorim	95	102029	Porto	1:00.31	+0,88	605
	50m: 29.15 29.15	100m: 1:00.31 31.16					
16.	Susana Clara Gomes	77	119272	Naval do Funchal	1:02.10	+0,76	554
	FTL						
	50m: 29.37 29.37	100m: 1:02.10 32.73					

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 4 Masc., 100m Livres Absolutos
07-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009
Rec. Nac. 25m Inf B	57.40	Tiago Filipe Pereira	DNMG	Caldas da Rainha	11-07-2004
Rec. Nac. 25m Inf A	54.96	Francisco Carvalho Machado	SAD	Algés	01-07-2012
Rec. Nac. 25m Juv B	52.59	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	13-12-2009
Rec. Nac. 25m Juv A	50.82	Tiago Andre Venancio	CNS	Braga	23-03-2003
Rec. Nac. 25m Jun	48.38	Tiago Andre Venancio	CNS	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009

TAC - Masc Sen: 52.50; Jun2: 52.50; Jun1: 53.81

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Miguel Duarte Nascimento	95	14944	Portinado	48.39	+0,73	800	
	50m: 23.22 23.22			100m: 48.39 25.17				
2.	Luis Emanuel Vaz	91	15628	Famalicao	49.15	+0,78	764	
	50m: 23.83 23.83			100m: 49.15 25.32				
3.	Mario Alexandre Pereira	92	10767	Nautico de Coimbra	49.33	+0,68	756	
	50m: 23.76 23.76			100m: 49.33 25.57				
4.	Joao Silva Gigante	88	14783	Amadora	49.47	+0,65	749	
	50m: 23.50 23.50			100m: 49.47 25.97				
5.	Ricardo Pereira Lopes	90	14831	Amadora	51.27	+0,64	673	
	50m: 24.63 24.63			100m: 51.27 26.64				
6.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	51.38	+0,69	669	
	50m: 24.48 24.48			100m: 51.38 26.90				
7.	Ricardo Ferreira Cotovio	91	10921	Sporting	51.52	+0,72	663	
	50m: 24.67 24.67			100m: 51.52 26.85				
8.	Ricardo Manuel Machado	93	13278	Braga	51.58	+0,81	661	
	50m: 25.00 25.00			100m: 51.58 26.58				
Final B								
9.	Joao Filipe Carvalho	87	23026	Porto	51.38	+0,74	669	
	50m: 24.67 24.67			100m: 51.38 26.71				
10.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	51.61	+0,70	660	
	50m: 24.79 24.79			100m: 51.61 26.82				
11.	Paulo Jorge Santos	89	25982	Porto	51.86	+0,71	650	
	50m: 24.65 24.65			100m: 51.86 27.21				
12.	Rafael Lourenco Gil	96	105234	Naval Amorense	52.00	+0,71	645	
	50m: 25.22 25.22			100m: 52.00 26.78				
13.	Andre Filipe Farinha	96	105086	Benfica	52.48	+0,77	627	
	50m: 25.42 25.42			100m: 52.48 27.06				
14.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	52.62	+0,70	622	
	50m: 25.75 25.75			100m: 52.62 26.87				
15.	Joao Carlos Santos	96	104253	Naval Amorense	52.91	+0,70	612	
	50m: 25.60 25.60			100m: 52.91 27.31				
16.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	53.19	+0,73	603	
	FTL							
	50m: 25.42 25.42			100m: 53.19 27.77				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 5
07-12-2012

Femin., 50m Costas

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	28.42	Marta Vieira Marinho	FCP	Guarda	10-12-2010
Rec. Nac. 25m Jun	28.99	Ines Camacho Fernandes	SCP	Cantanhede	22-04-2012
Rec. Nac. 25m Sen	28.42	Marta Vieira Marinho	FCP	Guarda	10-12-2010

TAC - Fem Sen: 32.30; Jun2: 32.30; Jun1: 32.30

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Final A

1.	Ines Camacho Fernandes	97	106821	Sporting	28.45	+0,61	737	
	<i>Recorde Nacional, Junior</i>							
2.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	29.30	+0,57	674	
3.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	29.40	+0,64	667	
4.	Marta Vieira Marinho	91	15707	Porto	29.55	+0,68	657	
5.	Joana Carina Silva	97	106219	Lousada SXXI	30.06	+0,63	624	
6.	Francisca Gomes Azevedo	97	100356	Alges	30.39	+0,61	604	
7.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	30.57	+0,59	594	
8.	Marta Pereira Abreu	92	23091	Porto	30.83	+0,74	579	

Final B

9.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	30.61	+0,70	591	
10.	Paula Cristina Yang	95	100229	Geslours	30.63	+0,68	590	
11.	Adriana Correia Lopes	95	24491	Nautico de Coimbra	31.14	+0,62	562	
12.	Ana Marta Miranda	96	100377	Uniao Piedense	31.38	+0,61	549	
13.	Rita Barros Frischknecht	98	106257	Alges	31.45	+0,65	545	
14.	Claudia Isabel Semiao	97	117970	Aminata	31.48	+0,80	544	
15.	Raquel Paulo Ranito	94	25504	Sporting	31.81	+0,66	527	
16.	Maria Malaguerra Costa	98	106765	Columbofila Cantanhedense	32.95	+0,63	474	
	<i>FTL</i>							

Prova 6
07-12-2012

Masc., 50m Costas

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	24.21	Alexis Manacas Santos	FPN	Chartres (FRA)	23-11-2012
Rec. Nac. 25m Jun	25.01	Alexis Manacas Santos	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	24.21	Alexis Manacas Santos	FPN	Chartres (FRA)	23-11-2012

TAC - Masc Sen: 28.50; Jun2: 28.50; Jun1: 28.50

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Final A

1.	Daniel Aparicio Pereira	83	24394	Braga	26.17	+0,63	644	
2.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	26.39	+0,66	628	
3.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	26.51	+0,51	620	
4.	Pedro Andre Santos	94	15732	Alges	26.52	+0,60	619	
5.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	26.56	+0,61	616	
6.	David Miguel Leiria	93	14530	Naval Amorense	26.57	+0,56	616	
7.	Joao Pedro Neto	95	26959	Naval Setubalense	26.84	+0,66	597	
8.	Rodrigo Pereira Lopes	95	26077	Amadora	26.96	+0,62	589	

Final B

9.	Diogo Andre Gaspar	90	25544	Uniao Piedense	26.57	+0,61	616	
10.	Carlos Filipe Santos	91	15694	Porto	26.75	+0,56	603	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 6, Masc., 50m Costas, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Tiago Manuel Teixeira	96	102485	Vitoria de Guimaraes	27.11	+0,58	580	
12.	Andre Neves Oliveira	91	14834	Benfica	27.37	+0,91	563	
13.	Joao Pedro Santos	95	105859	Estarreja	27.72	+0,62	542	
14.	Samuel Patricio Queiros	91	15701	Porto	27.77	+0,63	539	
15.	Edgar Oliveira Ribeiro	93	13277	Braga	27.86	+0,61	534	
16.	Miguel Freitas Marques	96	24979	Maritimo	27.92	+0,64	531	

Prova 7
07-12-2012

Femin., 200m Mariposa

Absolutos

Resultados Final

Rec. Nac. 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010
Rec. Nac. 25m Inf B	2:31.64	tempo limite			
Rec. Nac. 25m Inf A	2:25.40	tempo limite			
Rec. Nac. 25m Juv	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	20-03-2004
Rec. Nac. 25m Jun	2:13.60	Ana Rita Francisco	FPN	Gelsenkirchen (GER)	11-02-1996
Rec. Nac. 25m Sen	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010

TAC - Fem Sen: 2:29.00; Jun2: 2:29.00; Jun1: 2:32.73

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Catarina Monteiro	93	24320	Vilacondense	2:13.19	+0,74	745	
	50m: 30.15 30.15	100m: 1:03.83	33.68	150m: 1:38.20	34.37	200m: 2:13.19	34.99	
2.	Bruna Leal Dantas	96	100371	Sporting	2:14.95	+0,68	716	
	50m: 30.90 30.90	100m: 1:05.23	34.33	150m: 1:39.85	34.62	200m: 2:14.95	35.10	
3.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:19.22	+0,71	652	
	50m: 31.22 31.22	100m: 1:05.92	34.70	150m: 1:41.92	36.00	200m: 2:19.22	37.30	
4.	Sofia Alexandra Branco	98	116596	Sporting	2:19.50	+0,79	649	
	50m: 31.25 31.25	100m: 1:07.62	36.37	150m: 1:43.94	36.32	200m: 2:19.50	35.56	
5.	Ines Alexandra Paiva	96	100378	Alges	2:21.50	+0,81	621	
	50m: 32.35 32.35	100m: 1:07.64	35.29	150m: 1:44.01	36.37	200m: 2:21.50	37.49	
6.	Julia Matos Lopes	94	12490	Viver Santarem	2:22.94	+0,85	603	
	50m: 33.03 33.03	100m: 1:09.13	36.10	150m: 1:45.88	36.75	200m: 2:22.94	37.06	
7.	Debora Guimaraes Oliveira	96	105629	Braga	2:24.43	+0,84	584	
	50m: 32.61 32.61	100m: 1:08.93	36.32	150m: 1:46.27	37.34	200m: 2:24.43	38.16	
8.	Bruna Elisabete Paulino	97	102345	Alcobaca	2:27.59	+0,83	548	
	50m: 31.37 31.37	100m: 1:08.58	37.21	150m: 1:47.03	38.45	200m: 2:27.59	40.56	

Final B								
9.	Daniela Figueiredo Metelo	97	26780	Academica de Coimbra	2:23.64	+0,71	594	
	50m: 32.62 32.62	100m: 1:09.20	36.58	150m: 1:46.45	37.25	200m: 2:23.64	37.19	
10.	Filipa Vicente Custodias	97	105780	Benedita	2:23.77	+0,71	592	
	50m: 32.80 32.80	100m: 1:10.72	37.92	150m: 1:47.81	37.09	200m: 2:23.77	35.96	
11.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	2:26.53	+0,86	560	
	50m: 32.67 32.67	100m: 1:09.98	37.31	150m: 1:47.55	37.57	200m: 2:26.53	38.98	
12.	Graca Maria Araujo	98	104456	Famalicao	2:27.24	+0,93	551	
	50m: 32.41 32.41	100m: 1:09.78	37.37	150m: 1:48.49	38.71	200m: 2:27.24	38.75	
13.	Ana Margarida Rodrigues	96	103868	Galitos	2:28.00	+0,78	543	
	50m: 32.98 32.98	100m: 1:10.50	37.52	150m: 1:48.80	38.30	200m: 2:28.00	39.20	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 7, Femin., 200m Mariposa, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Ana Filipa Carmo	93	15746	Colegio Vasco da Gama	2:28.38	+0,83	539	
	50m: 33.92 33.92	100m: 1:10.62	36.70	150m: 1:49.22	38.60	200m: 2:28.38	39.16	
15.	Claudia Cristina Leao	96	102069	Gespacos	2:30.17	+0,92	520	
	FTL 50m: 32.73 32.73	100m: 1:10.40	37.67	150m: 1:49.63	39.23	200m: 2:30.17	40.54	

Prova 8 Masc., 200m Mariposa Absolutos
07-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009
Rec. Nac. 25m Inf B	2:21.67	Tomas Miguel Freitas	CDN	Funchal	28-06-2003
Rec. Nac. 25m Inf A	2:12.42	Tomas Miguel Freitas	CDN	Funchal	11-07-2004
Rec. Nac. 25m Juv B	2:07.06	Pedro Diogo Oliveira	CNRM	Entroncamento	24-05-2003
Rec. Nac. 25m Juv A	2:03.38	Diogo Parrilha da Silva	CNAL	Alcobaça	13-06-2009
Rec. Nac. 25m Jun	1:58.64	Diogo Filipe Carvalho	CGA	Tomar	09-12-2005
Rec. Nac. 25m Sen	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009

TAC - Masc Sen: 2:09.50; Jun2: 2:09.50; Jun1: 2:12.74

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	1:56.64	+0,78	818	
	50m: 26.25 26.25	100m: 56.01	29.76	150m: 1:26.18	30.17	200m: 1:56.64	30.46	
2.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	1:59.45	+0,73	762	
	50m: 26.31 26.31	100m: 57.40	31.09	150m: 1:27.92	30.52	200m: 1:59.45	31.53	
3.	Miguel Duarte Nascimento	95	14944	Portinado	2:00.46	+0,72	743	
	50m: 26.74 26.74	100m: 57.19	30.45	150m: 1:28.57	31.38	200m: 2:00.46	31.89	
4.	Fabio Manuel Pereira	86	23049	Vilacondense	2:01.65	+0,77	721	
	50m: 26.93 26.93	100m: 57.96	31.03	150m: 1:29.64	31.68	200m: 2:01.65	32.01	
5.	Ruben Filipe Nunes	94	23302	Gespacos	2:03.16	+0,85	695	
	50m: 27.66 27.66	100m: 59.10	31.44	150m: 1:30.75	31.65	200m: 2:03.16	32.41	
6.	Miguel Goncalves Ferreira	93	11223	Desportivo Nacional	2:05.24	+0,86	661	
	50m: 27.21 27.21	100m: 58.88	31.67	150m: 1:31.72	32.84	200m: 2:05.24	33.52	
7.	Pedro Andre Santos	94	15732	Alges	2:05.49	+0,74	657	
	50m: 29.23 29.23	100m: 1:00.25	31.02	150m: 1:33.41	33.16	200m: 2:05.49	32.08	
8.	Ricardo Verissimo Sousa	93	25548	Colegio Vasco da Gama	2:06.29	+0,81	644	
	50m: 28.27 28.27	100m: 1:00.29	32.02	150m: 1:32.79	32.50	200m: 2:06.29	33.50	
Final B								
9.	Antonio Rafael Bessa	94	102089	Gespacos	2:05.38	+0,80	659	
	50m: 28.51 28.51	100m: 59.88	31.37	150m: 1:32.28	32.40	200m: 2:05.38	33.10	
10.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	2:05.75	+0,80	653	
	50m: 27.89 27.89	100m: 59.60	31.71	150m: 1:32.29	32.69	200m: 2:05.75	33.46	
11.	Joao Duarte Santos	95	26430	Natacao de Olhao	2:05.91	+0,72	650	
	50m: 28.20 28.20	100m: 1:00.37	32.17	150m: 1:33.52	33.15	200m: 2:05.91	32.39	
12.	Miguel Bras Sergio	95	100925	Bombeiros dos Estoris	2:06.95	+0,78	634	
	50m: 27.81 27.81	100m: 1:00.20	32.39	150m: 1:33.17	32.97	200m: 2:06.95	33.78	
13.	Fabio Andre Figueira	88	11084	Porto	2:06.97	+0,75	634	
	50m: 27.61 27.61	100m: 58.88	31.27	150m: 1:31.66	32.78	200m: 2:06.97	35.31	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 8, Masc., 200m Mariposa, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Igor Guterres Carvalho	88	23057	Vilacondense	2:08.90	+0,93	606	
	50m: 28.75 28.75	100m: 1:01.72	32.97	150m: 1:35.39	33.67	200m: 2:08.90	33.51	
15.	Diogo Andre Gaspar	90	25544	Uniao Piedense	2:11.73	+0,81	568	
	50m: 28.82 28.82	100m: 1:01.82	33.00	150m: 1:37.04	35.22	200m: 2:11.73	34.69	
16.	Ricardo Miguel Antunes	94	100228	Geslours	2:11.74	+0,72	568	
	50m: 29.25 29.25	100m: 1:02.79	33.54	150m: 1:37.04	34.25	200m: 2:11.74	34.70	

Prova 1
07-12-2012

Femin., 200m Bruços

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	2:46.14	Raquel Gomes Pereira	SAD	Algés	02-06-2011
Rec. Nac. 25m Inf A	2:42.50	Filipa Vilas Ruivo	DNMG	Nazaré	22-05-2010
Rec. Nac. 25m Juv	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	28-06-2003
Rec. Nac. 25m Jun	2:29.56	Ana Rita Santos	FPN	Dublin (IRL)	13-12-2003
Rec. Nac. 25m Sen	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 2:47.00; Jun2: 2:47.00; Jun1: 2:51.17

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:29.01	+0,69	736	
	50m: 34.53 34.53	100m: 1:12.57	38.04	150m: 1:50.70	38.13	200m: 2:29.01	38.31	
2.	Diana Duarte Gomes	89	20632	Amadora	2:29.30	+0,73	732	
	50m: 34.59 34.59	100m: 1:12.52	37.93	150m: 1:50.88	38.36	200m: 2:29.30	38.42	
3.	Ana Teresa Franco	91	11349	Sporting	2:31.17	+0,81	705	
	50m: 35.03 35.03	100m: 1:13.65	38.62	150m: 1:51.94	38.29	200m: 2:31.17	39.23	
4.	Fabiana Maria Quintal	84	10396	Desportivo Nacional	2:35.01	+0,73	654	
	50m: 34.67 34.67	100m: 1:13.08	38.41	150m: 1:52.86	39.78	200m: 2:35.01	42.15	
5.	Ana Pinho Rodrigues	94	13372	Porto	2:35.11	+0,76	653	
	50m: 33.39 33.39	100m: 1:11.76	38.37	150m: 1:53.13	41.37	200m: 2:35.11	41.98	
6.	Paula Alexandra Oliveira	96	102084	Porto	2:35.23	+0,80	651	
	50m: 34.69 34.69	100m: 1:13.98	39.29	150m: 1:54.57	40.59	200m: 2:35.23	40.66	
7.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:37.70	+0,71	621	
	50m: 35.76 35.76	100m: 1:16.28	40.52	150m: 1:56.99	40.71	200m: 2:37.70	40.71	
8.	Diana Patricia Ferreira	94	23500	Gespacos	2:40.20	+0,88	592	
	50m: 35.77 35.77	100m: 1:15.23	39.46	150m: 1:57.30	42.07	200m: 2:40.20	42.90	

Final B

9.	Joana Dias Santos	96	100397	Uniao Piedense	2:34.42	+0,87	661	
	50m: 35.20 35.20	100m: 1:13.83	38.63	150m: 1:53.67	39.84	200m: 2:34.42	40.75	
10.	Barbara Sofia Barata	97	105454	Alges	2:39.26	+0,81	603	
	50m: 36.07 36.07	100m: 1:16.59	40.52	150m: 1:57.98	41.39	200m: 2:39.26	41.28	
11.	Joana Marques Maia	91	25067	Natacao da Maia	2:39.38	+0,85	601	
	50m: 35.68 35.68	100m: 1:16.12	40.44	150m: 1:57.92	41.80	200m: 2:39.38	41.46	
12.	Ariana Alves Nunes	95	13348	Portinado	2:40.31	+0,77	591	
	50m: 36.08 36.08	100m: 1:16.92	40.84	150m: 1:58.31	41.39	200m: 2:40.31	42.00	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 1, Femin., 200m Bruços, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Ana Beatriz Marques	98	110159	Alges	2:42.10	+0,81	572	
	50m: 36.47 36.47	100m: 1:17.66 41.19	150m: 1:59.50 41.84	200m: 2:42.10 42.60				
14.	Rita Catarina Miranda	97	107566	Braga	2:42.70	+0,97	565	
	50m: 36.63 36.63	100m: 1:17.93 41.30	150m: 2:00.24 42.31	200m: 2:42.70 42.46				
15.	Rute Margarida Marques	94	25359	Amadora	2:43.02	+0,74	562	
	50m: 37.49 37.49	100m: 1:19.17 41.68	150m: 2:01.02 41.85	200m: 2:43.02 42.00				
16.	Barbara Nogueira Goncalves	98	104448	Famalicao	2:43.64	+0,84	556	
	50m: 38.22 38.22	100m: 1:18.99 40.77	150m: 2:02.20 43.21	200m: 2:43.64 41.44				

Prova 2
07-12-2012

Masc., 200m Bruços

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	25-11-2012
Rec. Nac. 25m Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	13-07-2003
Rec. Nac. 25m Inf A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	08-03-2009
Rec. Nac. 25m Juv B	2:20.22	Andre Goncalo Santos	LSC	Braga	03-03-2012
Rec. Nac. 25m Juv A	2:18.42	tempo limite			
Rec. Nac. 25m Jun	2:14.00	Pedro Miguel Agostinho	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	25-11-2012

TAC - Masc Sen: 2:28.00; Jun2: 2:28.00; Jun1: 2:31.70

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Nuno Rafael Alves	90	25140	Gespacos	2:15.33	+0,81	708	
	50m: 30.96 30.96	100m: 1:05.29 34.33	150m: 1:40.23 34.94	200m: 2:15.33 35.10				
2.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	2:15.86	+0,74	700	
	50m: 30.63 30.63	100m: 1:05.08 34.45	150m: 1:40.87 35.79	200m: 2:15.86 34.99				
3.	Pedro Miguel Agostinho	92	12778	Sporting	2:17.82	+0,57	671	
	50m: 30.22 30.22	100m: 1:04.91 34.69	150m: 1:41.10 36.19	200m: 2:17.82 36.72				
4.	Joao Claudio Sousa	93	23458	Gespacos	2:18.01	+0,80	668	
	50m: 31.33 31.33	100m: 1:06.25 34.92	150m: 1:42.25 36.00	200m: 2:18.01 35.76				
5.	Miguel Silva Oliveira	91	10822	Nautico de Coimbra	2:18.80	+0,83	657	
	50m: 31.23 31.23	100m: 1:05.99 34.76	150m: 1:42.03 36.04	200m: 2:18.80 36.77				
6.	Rui Filipe Vilar	91	24159	Porto	2:19.69	+0,77	644	
	50m: 31.48 31.48	100m: 1:06.22 34.74	150m: 1:42.66 36.44	200m: 2:19.69 37.03				
7.	Diogo Filipe Matos	92	14868	Sporting	2:19.93	+0,75	641	
	50m: 32.00 32.00	100m: 1:08.31 36.31	150m: 1:43.71 35.40	200m: 2:19.93 36.22				
8.	Diogo Miguel Silva	95	104780	Uniao Piedense	2:22.55	+0,75	606	
	50m: 32.11 32.11	100m: 1:07.30 35.19	150m: 1:43.69 36.39	200m: 2:22.55 38.86				
Final B								
9.	Tomas Correia Silva	95	23367	Porto	2:19.92	+0,72	641	
	50m: 31.63 31.63	100m: 1:07.78 36.15	150m: 1:44.05 36.27	200m: 2:19.92 35.87				
10.	Sergio Baptista Silva	91	15703	Porto	2:20.46	+0,73	634	
	50m: 32.09 32.09	100m: 1:07.83 35.74	150m: 1:44.39 36.56	200m: 2:20.46 36.07				
	Andre Bras Goncalves	88	14767	Amadora	2:20.46	+0,74	634	
	50m: 32.09 32.09	100m: 1:08.15 36.06	150m: 1:44.07 35.92	200m: 2:20.46 36.39				

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 2, Masc., 200m Bruços, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Rodrigo Silverio Carmo	96	100588	Colegio Vasco da Gama	2:22.19	+0,69	611	
	50m: 32.26 32.26		100m: 1:08.29 36.03	150m: 1:44.74 36.45	200m: 2:22.19 37.45			
13.	Tiago Samuel Silva	93	23502	Porto	2:23.29	+0,77	597	
	50m: 32.07 32.07		100m: 1:07.95 35.88	150m: 1:44.84 36.89	200m: 2:23.29 38.45			
14.	Mauro Filipe Viegas	95	26428	Natacao de Olhao	2:25.12	+0,67	574	
	50m: 32.59 32.59		100m: 1:08.95 36.36	150m: 1:46.84 37.89	200m: 2:25.12 38.28			
15.	Joao Pedro Veiga	94	10892	Nautico de Coimbra	2:25.18	+0,84	574	
	50m: 32.43 32.43		100m: 1:09.21 36.78	150m: 1:47.20 37.99	200m: 2:25.18 37.98			
16.	Pedro Barros Mendes	94	11195	Academica de Coimbra	2:25.33	+0,80	572	
	50m: 33.29 33.29		100m: 1:10.71 37.42	150m: 1:48.29 37.58	200m: 2:25.33 37.04			

Prova 13 Femin., 4 x 100m Estilos Absolutos
07-12-2012 Resultados

Rec. Nac. 25m Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	4:16.94	Sporting Clube de Portugal	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 4:40.00; Jun2: 4:40.00

Pontos: FINA 2012

Lugar	NFed			Clube		Tempo Final	TReac	Pts FINA	Pts
Absolutos									
1.	Porto			Porto		4:11.07	+0,63	748	
	Marta Vieira Marinho	+0,63	30.51	1:02.84	Sara Freitas Oliveira		+0,17	27.75	59.78
	Paula Alexandra Oliveira	+0,32	33.00	1:10.57	Ana Pinho Rodrigues		+0,16	27.13	57.88
2.	Sporting			Sporting		4:14.05	+0,62	722	
	Ines Camacho Fernandes	+0,62	30.32	1:02.08	Maria Carolina Rosa		+0,13	29.12	1:03.48
	Ana Teresa Franco	+0,21	33.77	1:11.08	Mafalda Gomes Beleza		+0,31	27.24	57.41
3.	Amadora			Amadora		4:17.06	+0,65	697	
	Lisa Marisa Soares	+0,65	31.39	1:05.48	Filipa Ferreira Silva		+0,33	29.67	1:04.36
	Diana Duarte Gomes	+0,23	32.73	1:09.20	Jessica Teixeira Vieira		+0,23	27.42	58.02
4.	Alges			Alges		4:22.34		656	
	Francisca Gomes Azevedo		31.63	1:05.39	Ines Alexandra Paiva			31.04	1:04.97
	Ana Beatriz Marques		34.80	1:14.08	Raquel Maurile Taveira		+0,17	27.61	57.90
5.	Uniao Piedense			Uniao Piedense		4:25.50	+0,48	633	
	Catarina Tiago Nunes	+0,48	31.53	1:04.83	Ana Marta Miranda		+0,47	29.92	1:05.71
	Joana Dias Santos	+0,48	35.08	1:14.18	Helena Paula Carvalho			14.17	1:00.78
6.	Geslours			Geslours		4:27.76	+0,74	617	
	Paula Cristina Yang	+0,74	31.27	1:05.47	Nadia Morais Vieira		+0,46	29.52	1:03.67
	Ines Raquel Estevao	+0,65	36.74	1:18.01	Tatiana Ladeiro Santos		+0,38	29.00	1:00.61
7.	Gespacos			Gespacos		4:28.20	+0,71	614	
	Claudia Susana Teixeira	+0,71	32.89	1:08.61	Claudia Cristina Leao		+0,40	31.34	1:07.36
	Diana Patricia Ferreira	+0,39	33.64	1:12.85	Soraia Vanessa Ribeiro		+0,20	28.51	59.38
8.	Nautico de Coimbra			Nautico de Coimbra		4:31.31	+0,59	593	
	Adriana Correia Lopes	+0,59	32.80	1:07.64	Beatriz Neves Craveiro		+0,13	30.28	1:05.37
	Andreia Margarida Morgado	+0,42	36.77	1:18.99	Ana Luisa Carvalho		+0,43	28.53	59.31
9.	Vilacondense			Vilacondense		4:31.34	+0,65	593	
	Ana Filipa Gomes	+0,65	32.96	1:08.73	Ana Catarina Monteiro		+0,42	29.24	1:02.82
	Ana Rita Graca	+0,46	37.07	1:19.01	Rita Amado Laezza		+0,51	28.90	1:00.78

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 13, Femin., 4 x 100m Estilos, Absolutos

Lugar		NFed	Clube		Tempo Final	TReac	Pts FINA	Pts
10.	Leixoes		Leixoes		4:32.12	+0,63	587	
	Ines Lucas Alves	+0,63	32.95	1:08.85	Angelica Maria Andre	+0,06	29.21	1:02.61
	Rita Maria Cardoso	+0,44	36.87	1:19.69	Patricia Isabel Oliveira	+0,27	29.21	1:00.97
11.	Portinado		Portinado		4:36.50		560	
	Maria Morgado Franco		33.66	1:10.72	Maria Rasetar	+0,41	31.48	1:10.09
	Ariana Alves Nunes		35.06	1:13.52	Beatriz Alves Silva	+0,11	28.22	1:02.17
12.	Braga		Braga		4:37.35	+0,76	555	
	Sara Faria Costa	+0,76	34.04	1:10.94	Debora Guimaraes Oliveira	+0,51	31.45	1:07.24
	Rita Catarina Miranda	+0,31	35.94	1:17.48	Vera Patricia Fernandes	+0,47	29.81	1:01.69
13.	Naval do Funchal		Naval do Funchal		4:37.64	+0,71	553	
	Susana Clara Gomes	+0,71	35.12	1:12.56	Carlota Freitas Olim	+0,20	29.51	1:05.14
	Mariana Goncalves Gomes	+0,52	36.73	1:19.12	Joana Costa Caires	+0,26	29.04	1:00.82

Prova 14 Masc., 4 x 100m Estilos Absolutos
07-12-2012 Resultados

Rec. Nac. 25m Absoluto	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	3:51.87	Soc. Filarm. Uniao Artistica Piedens	SFUAP	Mealhada	24-03-2000
Rec. Nac. 25m Sen	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009

TAC - Masc Sen: 4:00.00; Jun2: 4:00.00

Pontos: FINA 2012

Lugar		NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
Absolutos								
1.	Amadora		Amadora	3:43.83	+0,56	704		
	Rodrigo Pereira Lopes	+0,56	27.30	56.31	Simao Gomes Morgado	+0,32	24.63	54.24
	Joao Silva Gigante	+0,48	28.97	1:02.32	Ricardo Pereira Lopes	+0,28	23.95	50.96
2.	Sporting		Sporting	3:46.85	+0,62	676		
	Ricardo Ferreira Cotovio	+0,62	27.77	56.92	Pedro Miguel Pinotes	+0,19	25.84	56.03
	Pedro Miguel Agostinho	+0,34	28.95	1:02.60	Bernardo Leitao Graca	+0,11	24.14	51.30
3.	Nautico de Coimbra		Nautico de Coimbra	3:48.17	+0,84	665		
	Andre Duarte Vaz	+0,84	28.34	58.24	Mario Alexandre Pereira	+0,36	24.85	54.23
	Tomas Miguel Veloso	+0,25	29.84	1:04.50	Miguel Silva Oliveira	+0,33	24.33	51.20
4.	Estrelas S. Joao de Brito		Estrelas S. Joao de Brito	3:48.36	+0,66	663		
	Artiom Viatcheslavovitch Poliakov	+0,66	27.29	57.11	Duarte Rafael Mourao	+0,12	23.82	52.01
	Thiago Duarte Goncalves	+0,28	30.87	1:06.72	Frederico Manuel Moeda	+0,15	24.59	52.52
5.	Colegio Vasco da Gama		Colegio Vasco da Gama	3:48.78	+0,60	659		
	Diogo Gomes Sousa	+0,60	27.01	56.51	Ricardo Verissimo Sousa	+0,04	26.69	57.49
	Nuno Goncalo Quintanilha	+0,22	29.13	1:02.70	Goncalo Cardoso Carmo	+0,32	25.03	52.08
6.	Porto		Porto	3:49.56	+0,68	653		
	Samuel Patricio Queiros	+0,68	28.65	58.83	Carlos Filipe Santos	+0,38	25.76	55.58
	Gil Goncalves Pinto	+0,18	29.81	1:04.47	Paulo Jorge Santos	+0,06	23.28	50.68
7.	Braga		Braga	3:52.82		625		
	Edgar Oliveira Ribeiro		28.67	59.00	Daniel Aparicio Pereira	+0,38	25.82	56.93
	Hugo Miguel Silva	+0,22	30.39	1:06.55	Ricardo Manuel Machado	+0,21	24.17	50.34
8.	Gespacos		Gespacos	3:52.90	+0,61	625		
	Antonio Rafael Bessa	+0,61	28.81	59.60	Ruben Filipe Nunes	+0,34	26.39	56.76
	Nuno Rafael Alves	+0,46	29.98	1:03.95	Joao Claudio Sousa	+0,39	25.53	52.59
9.	Vilacondense		Vilacondense	3:53.57	+0,66	619		
	Diogo Carmo Ramos	+0,66	29.16	1:01.04	Fabio Manuel Pereira	+0,05	25.17	54.85
	Henrique Pereira Neiva	+0,23	30.10	1:05.26	Joao Duarte Marafona	+0,35	24.39	52.42

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 14, Masc., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10. Academica de Coimbra		Academica de Coimbra	3:54.11	+0,66	615	
		Filipe Rainho Balseiro	+0,66 28.95 59.70	+0,27 25.83	57.25	
		Pedro Barros Mendes	+0,33 31.08 1:06.61	+0,24 23.96	50.55	
11. Naval Amorense		Naval Amorense	3:54.73	+0,76	610	
		David Miguel Leiria	+0,76 28.48 57.71	+0,33 27.78	1:00.56	
		Rafael Lourenco Gil	+0,39 30.92 1:06.04	+0,34 23.68	50.42	
12. Uniao Piedense		Uniao Piedense	3:55.92	+0,56	601	
		Goncalo Filipe Gregorio	+0,56 28.51 57.51	+0,52 26.41	58.13	
		Diogo Miguel Silva	+0,31 31.08 1:07.27	+0,29 24.76	53.01	
13. Desportivo Nacional		Desportivo Nacional	3:58.47	+0,50	582	
		Diego Felipe Santos	+0,50 30.14 1:03.05	+0,20 26.06	56.84	
		Vitor Diogo Moura	+0,17 30.02 1:05.19	+0,31 25.25	53.39	
14. Naval Setubalense		Naval Setubalense	4:01.42	+0,72	561	
		Joao Pedro Neto	+0,72 29.06 59.55	+0,23 25.27	1:00.31	
		Pedro Miguel Varela	+0,36 31.20 1:08.16	+0,18 25.03	53.40	
15. Belenenses		Belenenses	4:04.37		541	
		Francisco Robalo Quintas	30.63 1:04.85	+0,27 27.22	59.20	
		Francisco Santos Costa	+0,15 30.87 1:06.90	+0,15 25.26	53.42	
DSQ Geslours		Geslours				
111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11						
		Pedro Lobato Rijo	+0,69 29.43 1:00.83	-0,09		
		Manuel Matos Sequeira	+0,30 31.85 1:07.93	+0,41		

Prova 15

Masc., 400m Livres

Absolutos

08-12-2012 - 9:30

Resultados

Rec. Nac. 25m Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Jun	3:50.52	Adriano Miguel Niz	CFV	Fafe	26-06-2004
Rec. Nac. 25m Sen	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 4:08.00; Jun2: 4:08.00; Jun1: 4:12.96

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ricardo Ferreira Cotovio	91	10921	Sporting	3:49.19	+0,70	800	
	50m: 26.26 26.26			150m: 1:24.27 29.25	250m: 2:22.96 29.23	350m: 3:21.18 28.86		
	100m: 55.02 28.76			200m: 1:53.73 29.46	300m: 2:52.32 29.36	400m: 3:49.19 28.01		
2.	Luis Emanuel Vaz	91	15628	Famalicao	3:49.69	+0,77	794	
	50m: 25.99 25.99			150m: 1:23.58 29.22	250m: 2:21.88 29.05	350m: 3:20.90 29.43		
	100m: 54.36 28.37			200m: 1:52.83 29.25	300m: 2:51.47 29.59	400m: 3:49.69 28.79		
3.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	3:54.91	+0,75	743	
	50m: 26.54 26.54			150m: 1:25.08 29.41	250m: 2:25.16 30.16	350m: 3:25.51 30.09		
	100m: 55.67 29.13			200m: 1:55.00 29.92	300m: 2:55.42 30.26	400m: 3:54.91 29.40		
4.	Ricardo Manuel Machado	93	13278	Braga	3:55.28	+0,82	739	
	50m: 26.67 26.67			150m: 1:24.38 29.40	250m: 2:25.65 30.64	350m: 3:26.19 30.14		
	100m: 54.98 28.31			200m: 1:55.01 30.63	300m: 2:56.05 30.40	400m: 3:55.28 29.09		
5.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	3:56.81	+0,74	725	
	50m: 26.51 26.51			150m: 1:26.67 30.49	250m: 2:27.07 30.08	350m: 3:28.10 30.74		
	100m: 56.18 29.67			200m: 1:56.99 30.32	300m: 2:57.36 30.29	400m: 3:56.81 28.71		

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 15, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Mario Andre Bonanca	90	12773	Sporting	3:57.21	+0,89	721	
	50m: 27.85 27.85	150m: 1:27.66	30.01	250m: 2:27.89	30.02	350m: 3:28.53	30.21	
	100m: 57.65 29.80	200m: 1:57.87	30.21	300m: 2:58.32	30.43	400m: 3:57.21	28.68	
7.	Andre Filipe Farinha	96	105086	Benfica	3:57.76	+0,72	716	
	50m: 27.38 27.38	150m: 1:27.05	30.14	250m: 2:27.78	30.42	350m: 3:28.48	30.16	
	100m: 56.91 29.53	200m: 1:57.36	30.31	300m: 2:58.32	30.54	400m: 3:57.76	29.28	
8.	Bernardo Leitao Graca	93	14838	Sporting	3:57.78	+0,82	716	
	50m: 27.82 27.82	150m: 1:28.51	30.27	250m: 2:28.44	29.83	350m: 3:28.72	30.10	
	100m: 58.24 30.42	200m: 1:58.61	30.10	300m: 2:58.62	30.18	400m: 3:57.78	29.06	
9.	Joao Carlos Santos	96	104253	Naval Amorense	3:57.86	+0,68	715	
	50m: 28.37 28.37	150m: 1:28.57	30.54	250m: 2:28.30	29.32	350m: 3:28.41	29.96	
	100m: 58.03 29.66	200m: 1:58.98	30.41	300m: 2:58.45	30.15	400m: 3:57.86	29.45	
10.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	3:59.41	+0,78	701	
	50m: 28.06 28.06	150m: 1:29.28	30.59	250m: 2:30.85	30.77	350m: 3:30.75	29.64	
	100m: 58.69 30.63	200m: 2:00.08	30.80	300m: 3:01.11	30.26	400m: 3:59.41	28.66	
11.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	4:01.11	+0,69	687	
	50m: 27.90 27.90	150m: 1:29.15	30.66	250m: 2:30.49	30.42	350m: 3:31.95	30.63	
	100m: 58.49 30.59	200m: 2:00.07	30.92	300m: 3:01.32	30.83	400m: 4:01.11	29.16	
12.	Rafael Lourenco Gil	96	105234	Naval Amorense	4:01.41	+0,75	684	
	50m: 27.96 27.96	150m: 1:28.65	30.46	250m: 2:30.25	30.73	350m: 3:31.96	30.77	
	100m: 58.19 30.23	200m: 1:59.52	30.87	300m: 3:01.19	30.94	400m: 4:01.41	29.45	
13.	Hugo Alberto Ribeiro	88	23114	Gespacos	4:01.46	+0,94	684	
	50m: 27.25 27.25	150m: 1:27.35	30.19	250m: 2:28.13	29.98	350m: 3:29.95	31.29	
	100m: 57.16 29.91	200m: 1:58.15	30.80	300m: 2:58.66	30.53	400m: 4:01.46	31.51	
14.	Joao Andre Neves	95	101408	Academica de Coimbra	4:01.74	+0,79	681	
	50m: 28.01 28.01	150m: 1:29.16	30.58	250m: 2:30.62	30.51	350m: 3:31.72	30.39	
	100m: 58.58 30.57	200m: 2:00.11	30.95	300m: 3:01.33	30.71	400m: 4:01.74	30.02	
15.	Joao Duarte Santos	95	26430	Natacao de Olhao	4:02.43	+0,69	676	
	50m: 27.64 27.64	150m: 1:28.42	30.73	250m: 2:30.64	31.11	350m: 3:32.70	30.81	
	100m: 57.69 30.05	200m: 1:59.53	31.11	300m: 3:01.89	31.25	400m: 4:02.43	29.73	
16.	Tiago Silva Oliveira	94	15465	Leixoes	4:04.60	+0,75	658	
	50m: 26.90 26.90	150m: 1:27.02	30.93	250m: 2:29.57	30.84	350m: 3:33.33	32.04	
	100m: 56.09 29.19	200m: 1:58.73	31.71	300m: 3:01.29	31.72	400m: 4:04.60	31.27	
17.	Artur Manuel Ferreira	95	101981	Porto	4:04.72	+0,86	657	
	50m: 28.17 28.17	150m: 1:29.37	30.88	250m: 2:31.33	30.61	350m: 3:33.69	31.35	
	100m: 58.49 30.32	200m: 2:00.72	31.35	300m: 3:02.34	31.01	400m: 4:04.72	31.03	
18.	David Soares Caratao	96	106822	Sporting	4:06.63	+0,70	642	
	50m: 28.66 28.66	150m: 1:30.63	31.10	250m: 2:33.02	30.92	350m: 3:35.38	31.24	
	100m: 59.53 30.87	200m: 2:02.10	31.47	300m: 3:04.14	31.12	400m: 4:06.63	31.25	
19.	Andre Rafael Marinho	93	10643	Uniao Piedense	4:06.79	+0,87	640	
	50m: 27.56 27.56	150m: 1:28.52	30.74	250m: 2:31.31	31.56	350m: 3:35.08	31.93	
	100m: 57.78 30.22	200m: 1:59.75	31.23	300m: 3:03.15	31.84	400m: 4:06.79	31.71	
20.	Paulo Fragueiro Franco	82	24393	Geslours	4:07.12	+0,78	638	
	50m: 29.17 29.17	150m: 1:31.93	31.50	250m: 2:34.79	31.27	350m: 3:36.94	31.13	
	100m: 1:00.43 31.26	200m: 2:03.52	31.59	300m: 3:05.81	31.02	400m: 4:07.12	30.18	
21.	Rui Miguel Lopes FTL	94	106253	Natacao de Olhao	4:08.75	+0,90	625	
	50m: 28.29 28.29	150m: 1:29.97	30.89	250m: 2:33.25	31.84	350m: 3:37.16	32.04	
	100m: 59.08 30.79	200m: 2:01.41	31.44	300m: 3:05.12	31.87	400m: 4:08.75	31.59	
22.	Tiago Joao Meira	96	25816	Viana Natacao	4:12.42	+0,84	598	
	50m: 28.26 28.26	150m: 1:31.63	31.77	250m: 2:35.29	31.55	350m: 3:40.39	32.69	
	100m: 59.86 31.60	200m: 2:03.74	32.11	300m: 3:07.70	32.41	400m: 4:12.42	32.03	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 15, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
23.	Nuno Vieira Malheiro FTL	93	13279	Braga	4:12.56	+0,89	597	
	50m: 29.20 29.20	150m: 1:31.91	31.66	250m: 2:36.11	32.03	350m: 3:41.18	32.60	
	100m: 1:00.25 31.05	200m: 2:04.08	32.17	300m: 3:08.58	32.47	400m: 4:12.56	31.38	
24.	Ricardo Sousa Filipe FTL	88	12555	Louletano/Loule Concelho	4:13.02	+0,81	594	
	50m: 28.89 28.89	150m: 1:32.45	32.05	250m: 2:37.00	32.19	350m: 3:42.13	32.50	
	100m: 1:00.40 31.51	200m: 2:04.81	32.36	300m: 3:09.63	32.63	400m: 4:13.02	30.89	
25.	Pedro Veigunha Martins FTL	96	107233	Braga	4:13.24	+0,79	593	
	50m: 29.03 29.03	150m: 1:32.52	31.67	250m: 2:36.59	32.26	350m: 3:41.75	32.54	
	100m: 1:00.85 31.82	200m: 2:04.33	31.81	300m: 3:09.21	32.62	400m: 4:13.24	31.49	
26.	Andre Coelho Oliveira FTL	96	103443	Vitoria de Guimaraes	4:13.95	+0,74	588	
	50m: 28.34 28.34	150m: 1:31.84	32.21	250m: 2:37.04	32.40	350m: 3:42.99	32.97	
	100m: 59.63 31.29	200m: 2:04.64	32.80	300m: 3:10.02	32.98	400m: 4:13.95	30.96	
27.	Frederico Sousa Soares FTL	96	104260	Bombeiros dos Estoris	4:14.49	+0,76	584	
	50m: 28.59 28.59	150m: 1:31.04	31.69	250m: 2:35.38	32.18	350m: 3:42.26	33.70	
	100m: 59.35 30.76	200m: 2:03.20	32.16	300m: 3:08.56	33.18	400m: 4:14.49	32.23	

Prova 16

Femin., 400m Livres

Absolutos

08-12-2012 - 9:45

Resultados

Rec. Nac. 25m Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009
Rec. Nac. 25m Jun	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009

TAC - Fem Sen: 4:36.00; Jun2: 4:36.00; Jun1: 4:41.52

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Angelica Maria Andre	94	15497	Leixoes	4:17.19	+0,73	762	
	50m: 29.62 29.62	150m: 1:32.93	31.95	250m: 2:38.25	32.92	350m: 3:44.19	32.94	
	100m: 1:00.98 31.36	200m: 2:05.33	32.40	300m: 3:11.25	33.00	400m: 4:17.19	33.00	
2.	Ana Goncalves Neto	95	101958	Porto	4:19.63	+1,00	740	
	50m: 30.28 30.28	150m: 1:35.21	32.77	250m: 2:40.96	32.51	350m: 3:47.54	33.58	
	100m: 1:02.44 32.16	200m: 2:08.45	33.24	300m: 3:13.96	33.00	400m: 4:19.63	32.09	
3.	Ines Alexandra Paiva	96	100378	Alges	4:19.89	+0,81	738	
	50m: 30.39 30.39	150m: 1:35.58	32.82	250m: 2:41.46	32.70	350m: 3:47.20	32.93	
	100m: 1:02.76 32.37	200m: 2:08.76	33.18	300m: 3:14.27	32.81	400m: 4:19.89	32.69	
4.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	4:21.94	+0,79	721	
	50m: 30.04 30.04	150m: 1:35.59	33.09	250m: 2:42.40	33.29	350m: 3:49.73	33.71	
	100m: 1:02.50 32.46	200m: 2:09.11	33.52	300m: 3:16.02	33.62	400m: 4:21.94	32.21	
5.	Joana Aguiar Rodrigues	93	15401	Porto	4:21.96	+0,85	721	
	50m: 29.92 29.92	150m: 1:35.55	33.06	250m: 2:41.58	32.87	350m: 3:48.60	33.74	
	100m: 1:02.49 32.57	200m: 2:08.71	33.16	300m: 3:14.86	33.28	400m: 4:21.96	33.36	
6.	Mafalda Gomes Beleza	94	26890	Sporting	4:23.61	+0,78	707	
	50m: 30.12 30.12	150m: 1:36.06	33.16	250m: 2:43.40	33.48	350m: 3:50.74	33.71	
	100m: 1:02.90 32.78	200m: 2:09.92	33.86	300m: 3:17.03	33.63	400m: 4:23.61	32.87	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 16, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Florabela Cavaco Machado	96	103916	Columbofila Cantanhedense	4:24.48	+0,79	700	
	50m: 30.44 30.44	150m: 1:36.70	33.44	250m: 2:43.90	33.55	350m: 3:51.64	33.68	
	100m: 1:03.26 32.82	200m: 2:10.35	33.65	300m: 3:17.96	34.06	400m: 4:24.48	32.84	
8.	Vania Soares Neves	90	12380	Viana Natacao	4:25.85	+0,80	690	
	50m: 30.59 30.59	150m: 1:37.66	34.01	250m: 2:45.45	33.59	350m: 3:52.41	33.49	
	100m: 1:03.65 33.06	200m: 2:11.86	34.20	300m: 3:18.92	33.47	400m: 4:25.85	33.44	
9.	Julia Matos Lopes	94	12490	Viver Santarem	4:26.97	+0,83	681	
	50m: 30.81 30.81	150m: 1:36.85	33.51	250m: 2:44.67	34.12	350m: 3:53.07	34.27	
	100m: 1:03.34 32.53	200m: 2:10.55	33.70	300m: 3:18.80	34.13	400m: 4:26.97	33.90	
10.	Barbara Marques Rodrigues	97	107039	Alges	4:27.90	+0,88	674	
	50m: 30.87 30.87	150m: 1:37.72	33.70	250m: 2:45.90	34.18	350m: 3:54.15	34.27	
	100m: 1:04.02 33.15	200m: 2:11.72	34.00	300m: 3:19.88	33.98	400m: 4:27.90	33.75	
11.	Leonor Mourinho Neves	95	105646	Sporting	4:28.65	+0,85	668	
	50m: 31.31 31.31	150m: 1:38.20	33.69	250m: 2:46.61	34.27	350m: 3:55.06	34.16	
	100m: 1:04.51 33.20	200m: 2:12.34	34.14	300m: 3:20.90	34.29	400m: 4:28.65	33.59	
12.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	4:30.44	+0,87	655	
	50m: 31.08 31.08	150m: 1:37.99	33.87	250m: 2:46.44	34.25	350m: 3:55.98	34.83	
	100m: 1:04.12 33.04	200m: 2:12.19	34.20	300m: 3:21.15	34.71	400m: 4:30.44	34.46	
13.	Maria Luis Amorim	95	102029	Porto	4:30.50	+0,94	655	
	50m: 30.35 30.35	150m: 1:37.68	34.16	250m: 2:45.80	33.69	350m: 3:55.43	35.38	
	100m: 1:03.52 33.17	200m: 2:12.11	34.43	300m: 3:20.05	34.25	400m: 4:30.50	35.07	
14.	Maria Teresa Amorim	97	20104	Porto	4:30.60	+0,91	654	
	50m: 31.07 31.07	150m: 1:38.61	34.23	250m: 2:47.55	34.53	350m: 3:57.10	34.69	
	100m: 1:04.38 33.31	200m: 2:13.02	34.41	300m: 3:22.41	34.86	400m: 4:30.60	33.50	
15.	Adriana Daniela Castro	97	104515	Porto	4:30.78	+0,84	652	
	50m: 31.42 31.42	150m: 1:39.17	34.64	250m: 2:47.77	34.51	350m: 3:56.45	33.97	
	100m: 1:04.53 33.11	200m: 2:13.26	34.09	300m: 3:22.48	34.71	400m: 4:30.78	34.33	
16.	Soraia Vanessa Ribeiro	92	15857	Gespacos	4:31.37	+0,97	648	
	50m: 30.78 30.78	150m: 1:38.32	34.33	250m: 2:46.77	34.05	350m: 3:56.76	35.20	
	100m: 1:03.99 33.21	200m: 2:12.72	34.40	300m: 3:21.56	34.79	400m: 4:31.37	34.61	
17.	Diana Margarida Duraes	96	102992	Porto	4:31.51	+0,84	647	
	50m: 29.76 29.76	150m: 1:35.70	33.50	250m: 2:45.48	35.29	350m: 3:56.38	35.47	
	100m: 1:02.20 32.44	200m: 2:10.19	34.49	300m: 3:20.91	35.43	400m: 4:31.51	35.13	
18.	Beatriz Rodrigues Conde	98	110543	Sporting	4:31.67	+0,73	646	
	50m: 31.34 31.34	150m: 1:41.23	35.01	250m: 2:50.24	33.77	350m: 3:58.31	33.95	
	100m: 1:06.22 34.88	200m: 2:16.47	35.24	300m: 3:24.36	34.12	400m: 4:31.67	33.36	
19.	Marta Alexandra Saraiva	93	14641	Uniao Piedense	4:34.53	+0,91	626	
	50m: 31.46 31.46	150m: 1:39.41	34.35	250m: 2:49.19	35.02	350m: 3:59.93	35.43	
	100m: 1:05.06 33.60	200m: 2:14.17	34.76	300m: 3:24.50	35.31	400m: 4:34.53	34.60	
20.	Maria Joao Fernandes	97	102092	Vilacondense	4:36.40	+0,81	613	
	FTL							
	50m: 31.56 31.56	150m: 1:41.91	35.47	250m: 2:52.97	35.24	350m: 4:02.74	34.43	
	100m: 1:06.44 34.88	200m: 2:17.73	35.82	300m: 3:28.31	35.34	400m: 4:36.40	33.66	
21.	Joana Filipa Capela	89	12794	Benfica	4:36.77	+0,74	611	
	FTL							
	50m: 31.73 31.73	150m: 1:40.47	34.67	250m: 2:51.00	35.43	350m: 4:01.26	34.98	
	100m: 1:05.80 34.07	200m: 2:15.57	35.10	300m: 3:26.28	35.28	400m: 4:36.77	35.51	
22.	Maria Carolina Ribeiro	98	106805	Porto	4:37.03	+0,72	609	
	50m: 31.04 31.04	150m: 1:39.77	34.87	250m: 2:50.55	35.22	350m: 4:01.88	35.79	
	100m: 1:04.90 33.86	200m: 2:15.33	35.56	300m: 3:26.09	35.54	400m: 4:37.03	35.15	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 16, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
23.	Ana Silva Costa	98	104446	Famalicao	4:38.34	+0,78	601	
	50m: 31.61 31.61	150m: 1:40.27	34.49	250m: 2:51.54	35.60	350m: 4:03.37	35.96	
	100m: 1:05.78 34.17	200m: 2:15.94	35.67	300m: 3:27.41	35.87	400m: 4:38.34	34.97	
24.	Helena Paula Carvalho	95	107307	Uniao Piedense	4:38.38	+0,76	600	
	FTL							
	50m: 31.22 31.22	150m: 1:40.25	35.11	250m: 2:52.05	35.97	350m: 4:04.19	35.92	
	100m: 1:05.14 33.92	200m: 2:16.08	35.83	300m: 3:28.27	36.22	400m: 4:38.38	34.19	
25.	Cassandra Pedro Oliveira	95	111071	Vilacondense	4:40.43	+0,90	587	
	FTL							
	50m: 31.18 31.18	150m: 1:40.39	35.16	250m: 2:52.43	36.19	350m: 4:04.81	36.23	
	100m: 1:05.23 34.05	200m: 2:16.24	35.85	300m: 3:28.58	36.15	400m: 4:40.43	35.62	
26.	Cecilia Branco Almeida	97	105386	Geslours	4:41.37	+0,88	582	
	FTL							
	50m: 32.36 32.36	150m: 1:42.05	35.12	250m: 2:53.45	35.63	350m: 4:05.93	36.52	
	100m: 1:06.93 34.57	200m: 2:17.82	35.77	300m: 3:29.41	35.96	400m: 4:41.37	35.44	
27.	Ana Raquel Ferreira	98	102755	Ginasio Figueirense	4:41.55	+0,86	580	
	FTL							
	50m: 31.57 31.57	150m: 1:41.78	35.37	250m: 2:53.60	35.85	350m: 4:06.37	36.59	
	100m: 1:06.41 34.84	200m: 2:17.75	35.97	300m: 3:29.78	36.18	400m: 4:41.55	35.18	
28.	Catarina Martins Ribeiro	98	107339	Nautico da Marinha Grande	4:46.84	+1,04	549	
	FTL							
	50m: 32.34 32.34	150m: 1:44.02	36.33	250m: 2:56.82	36.52	350m: 4:10.73	37.16	
	100m: 1:07.69 35.35	200m: 2:20.30	36.28	300m: 3:33.57	36.75	400m: 4:46.84	36.11	
29.	Beatriz Filipa Matos	97	103939	Nautico de Coimbra	4:53.17	+0,86	514	
	FTL							
	50m: 32.71 32.71	150m: 1:44.26	36.23	250m: 2:59.04	37.81	350m: 4:15.60	38.31	
	100m: 1:08.03 35.32	200m: 2:21.23	36.97	300m: 3:37.29	38.25	400m: 4:53.17	37.57	
DSQ	Ana Sofia Fernandes	93	13191	Braga				
	403 - Falsa partida - SW 4.4							

Prova 17

Masc., 100m Bruços

Absolutos

08-12-2012 - 10:00

Resultados Elimin

Rec. Nac. 25m Absoluto	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	22-11-2012
Rec. Nac. 25m Jun	1:01.25	Pedro Miguel Agostinho	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	22-11-2012

TAC - Masc Sen: 1:07.50; Jun2: 1:07.50; Jun1: 1:09.19

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Miguel Agostinho	92	12778	Sporting	1:02.97	+0,60	688	A
	50m: 29.13 29.13	100m: 1:02.97	33.84					
2.	Diogo Filipe Matos	92	14868	Sporting	1:03.25	+0,78	679	A
	50m: 30.71 30.71	100m: 1:03.25	32.54					
3.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	1:03.60	+0,74	668	A
	50m: 30.15 30.15	100m: 1:03.60	33.45					
4.	Joao Silva Gigante	88	14783	Amadora	1:03.85	+0,69	660	A
	50m: 30.19 30.19	100m: 1:03.85	33.66					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 17, Masc., 100m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Nuno Rafael Alves 50m: 30.24 30.24	90	25140	Gespacos 100m: 1:04.05 33.81	1:04.05	+0,78	654	A
6.	Joao Claudio Sousa 50m: 30.07 30.07	93	23458	Gespacos 100m: 1:04.25 34.18	1:04.25	+0,79	648	A
7.	Rui Filipe Vilar 50m: 30.72 30.72	91	24159	Porto 100m: 1:04.41 33.69	1:04.41	+0,76	643	A
8.	Miguel Silva Oliveira 50m: 30.70 30.70	91	10822	Nautico de Coimbra 100m: 1:04.88 34.18	1:04.88	+0,83	629	A
9.	Henrique Pereira Neiva 50m: 31.00 31.00	84	23019	Vilacondense 100m: 1:04.94 33.94	1:04.94	+0,81	627	B
10.	Gil Goncalves Pinto 50m: 30.62 30.62	88	26051	Porto 100m: 1:04.96 34.34	1:04.96	+0,69	627	B
11.	Sergio Baptista Silva 50m: 30.98 30.98	91	15703	Porto 100m: 1:05.21 34.23	1:05.21	+0,70	620	B
12.	Tiago Samuel Silva 50m: 30.77 30.77	93	23502	Porto 100m: 1:05.48 34.71	1:05.48	+0,75	612	B
13.	Nuno Durao Pascoal 50m: 30.79 30.79	92	12560	Galitos 100m: 1:05.50 34.71	1:05.50	+0,73	611	B
14.	Diogo Miguel Silva 50m: 30.89 30.89	95	104780	Uniao Piedense 100m: 1:05.72 34.83	1:05.72	+0,75	605	B
15.	Joao Filipe Costa 50m: 30.99 30.99	96	25569	Sporting 100m: 1:05.76 34.77	1:05.76	+0,65	604	B
16.	Vitor Diogo Moura 50m: 30.54 30.54	90	10394	Desportivo Nacional 100m: 1:05.78 35.24	1:05.78	+0,75	604	B
17.	Tomas Correia Silva 50m: 30.60 30.60	95	23367	Porto 100m: 1:06.02 35.42	1:06.02	+0,74	597	R
18.	Luis Manuel Fernandes 50m: 31.18 31.18	95	15589	Famalicao 100m: 1:06.37 35.19	1:06.37	+0,70	588	R
19.	Fabio Andre Dias 50m: 31.33 31.33	92	14625	Naval Amorense 100m: 1:06.77 35.44	1:06.77	+0,76	577	
20.	Nuno Andre Fernandes 50m: 30.40 30.40	89	16073	Benfica 100m: 1:06.80 36.40	1:06.80	+0,81	576	
21.	Pedro Barros Mendes 50m: 31.38 31.38	94	11195	Academica de Coimbra 100m: 1:06.87 35.49	1:06.87	+0,76	575	
22.	Mauro Gaspar Ferreira 50m: 31.42 31.42	95	109912	Desporto de Barcelos 100m: 1:07.10 35.68	1:07.10	+0,98	569	
23.	Manuel Matos Sequeira 50m: 31.83 31.83	87	10631	Geslours 100m: 1:07.13 35.30	1:07.13	+0,71	568	
24.	Ricardo Filipe Ferreira 50m: 31.38 31.38	95	11613	Pimpoes/Cimai 100m: 1:07.33 35.95	1:07.33	+0,85	563	
25.	Rodrigo Silverio Carmo 50m: 32.01 32.01	96	100588	Colegio Vasco da Gama 100m: 1:07.45 35.44	1:07.45	+0,70	560	
26.	Andre Bras Goncalves 50m: 31.93 31.93	88	14767	Amadora 100m: 1:07.46 35.53	1:07.46	+0,74	560	
27.	Diego Felipe Santos FTL 50m: 31.40 31.40	87	106614	Desportivo Nacional 100m: 1:07.53 36.13	1:07.53	+0,78	558	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 17, Masc., 100m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
28.	Mauro Filipe Viegas <i>FTL</i>	95	26428	Natacao de Olhao	1:07.73	+0,71	553	
	50m: 31.73 31.73			100m: 1:07.73 36.00				
29.	Joao Paulo Capitaio	96	109592	Colegio SMLamas	1:07.79	+0,76	552	
	50m: 31.59 31.59			100m: 1:07.79 36.20				
30.	Pedro Alexandre Bento <i>FTL</i>	95	106259	Alges	1:07.84	+0,77	550	
	50m: 31.73 31.73			100m: 1:07.84 36.11				
31.	Joao Pedro Veiga <i>FTL</i>	94	10892	Nautico de Coimbra	1:07.86	+0,77	550	
	50m: 32.00 32.00			100m: 1:07.86 35.86				
32.	Artur Jose Reis	96	23369	Porto	1:08.13	+0,74	543	
	50m: 31.49 31.49			100m: 1:08.13 36.64				
33.	Pedro Miguel Varela <i>FTL</i>	86	12947	Naval Setubalense	1:08.18	+0,80	542	
	50m: 31.90 31.90			100m: 1:08.18 36.28				
34.	Hugo Miguel Silva <i>FTL</i>	94	24567	Braga	1:08.33	+0,89	539	
	50m: 31.75 31.75			100m: 1:08.33 36.58				
35.	Ruben Paiva Carvalho <i>FTL</i>	94	10856	Academica de Coimbra	1:08.47	+0,74	535	
	50m: 31.89 31.89			100m: 1:08.47 36.58				
36.	Hugo Miguel Nunes <i>FTL</i>	90	11211	Natacao do Tejo	1:08.53	+0,77	534	
	50m: 31.76 31.76			100m: 1:08.53 36.77				
37.	Leonardo Cardoso Figueiredo	96	105612	Porto	1:08.54	+0,65	534	
	50m: 32.60 32.60			100m: 1:08.54 35.94				
38.	Goncalo Alexandre Almeida	96	105637	Amadora	1:08.86	+0,74	526	
	50m: 32.42 32.42			100m: 1:08.86 36.44				
39.	Henrique Jose Marquez <i>FTL</i>	95	13912	Galitos	1:09.17	+0,73	519	
	50m: 31.76 31.76			100m: 1:09.17 37.41				
40.	Bruno Miguel Martins <i>FTL</i>	93	26891	Geslours	1:09.26	+0,71	517	
	50m: 32.43 32.43			100m: 1:09.26 36.83				
41.	Rui Miguel Coelho <i>FTL</i>	96	111850	Benfica	1:10.27	+0,66	495	
	50m: 33.39 33.39			100m: 1:10.27 36.88				
42.	Ricardo Daniel Goncalves <i>FTL</i>	96	103320	Ginasio de Vila Real	1:10.86	+0,71	483	
	50m: 32.81 32.81			100m: 1:10.86 38.05				
43.	Paulo Andre Silva <i>FTL</i>	96	105198	Vilacondense	1:11.30	+0,68	474	
	50m: 33.81 33.81			100m: 1:11.30 37.49				

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Porto, 7 - 9-12-2012

Prova 18 Femin., 100m Bruços Absolutos
08-12-2012 - 10:15 Resultados Elimin

Rec. Nac. 25m Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	1:08.85	Ana Pinho Rodrigues	AEJ	Ponte de Sôr	13-12-2009
Rec. Nac. 25m Sen	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 1:17.20; Jun2: 1:17.20; Jun1: 1:19.13

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ana Pinho Rodrigues	94	13372	Porto	1:10.98	+0,75	689	A
	50m: 32.91 32.91			100m: 1:10.98 38.07				
2.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	1:11.87	+0,70	663	A
	50m: 34.41 34.41			100m: 1:11.87 37.46				
3.	Diana Duarte Gomes	89	20632	Amadora	1:12.23	+0,71	654	A
	50m: 34.20 34.20			100m: 1:12.23 38.03				
4.	Fabiana Maria Quintal	84	10396	Desportivo Nacional	1:12.67	+0,77	642	A
	50m: 34.22 34.22			100m: 1:12.67 38.45				
5.	Diana Patricia Ferreira	94	23500	Gespacos	1:12.78	+0,87	639	A
	50m: 34.20 34.20			100m: 1:12.78 38.58				
6.	Ana Teresa Franco	91	11349	Sporting	1:12.84	+0,76	637	A
	50m: 34.50 34.50			100m: 1:12.84 38.34				
7.	Paula Alexandra Oliveira	96	102084	Porto	1:12.85	+0,75	637	A
	50m: 34.40 34.40			100m: 1:12.85 38.45				
8.	Maria Carolina Rosa	94	14248	Sporting	1:12.93	+0,78	635	A
	50m: 34.35 34.35			100m: 1:12.93 38.58				
9.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	1:13.30	+0,68	625	B
	50m: 34.86 34.86			100m: 1:13.30 38.44				
10.	Marta Pereira Abreu	92	23091	Porto	1:13.52	+0,79	620	B
	50m: 34.67 34.67			100m: 1:13.52 38.85				
11.	Ariana Alves Nunes	95	13348	Portinado	1:13.94	+0,81	609	B
	50m: 34.79 34.79			100m: 1:13.94 39.15				
12.	Ana Marisa Brito	90	12800	Benfica	1:14.15	+0,73	604	B
	50m: 34.73 34.73			100m: 1:14.15 39.42				
	Rute Margarida Marques	94	25359	Amadora	1:14.15	+0,74	604	B
	50m: 34.71 34.71			100m: 1:14.15 39.44				
14.	Ana Beatriz Marques	98	110159	Alges	1:14.25	+0,81	602	B
	50m: 34.76 34.76			100m: 1:14.25 39.49				
15.	Barbara Sofia Barata	97	105454	Alges	1:15.09	+0,77	582	B
	50m: 35.74 35.74			100m: 1:15.09 39.35				
16.	Joana Marques Maia	91	25067	Natacao da Maia	1:15.23	+0,83	578	B
	50m: 35.41 35.41			100m: 1:15.23 39.82				
17.	Sofia Machado Dionisio	98	111263	Sporting	1:15.24	+0,87	578	R
	50m: 35.43 35.43			100m: 1:15.24 39.81				
18.	Joana Dias Santos	96	100397	Uniao Piedense	1:16.05	+0,86	560	R
	50m: 35.61 35.61			100m: 1:16.05 40.44				
19.	Rosa Maria Oliveira	96	105858	Estarreja	1:16.35	+0,85	553	
	50m: 36.37 36.37			100m: 1:16.35 39.98				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 18, Femin., 100m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Ana Filipa Gomes	96	107376	Vilacondense	1:16.46	+0,87	551	
	50m: 35.88 35.88		100m: 1:16.46 40.58					
21.	Ines Raquel Estevao	95	100230	Geslours	1:16.51	+0,73	550	
	50m: 36.18 36.18		100m: 1:16.51 40.33					
22.	Ana Catarina Serra	95	110228	Natacao do Tejo	1:16.69	+0,84	546	
	50m: 36.22 36.22		100m: 1:16.69 40.47					
23.	Ana Marta Miranda	96	100377	Uniao Piedense	1:16.73	+0,91	545	
	50m: 35.86 35.86		100m: 1:16.73 40.87					
24.	Joana Filipa Marques	95	25292	Bombeiros Ponta Delgada	1:16.83	+0,71	543	
	50m: 35.48 35.48		100m: 1:16.83 41.35					
25.	Carolina Mantua Guedes	98	110539	Sporting	1:16.85	+0,75	543	
	50m: 35.84 35.84		100m: 1:16.85 41.01					
26.	Catarina Alexandra Dias	95	25908	Naval de Ponta Delgada	1:17.07	+0,76	538	
	50m: 36.46 36.46		100m: 1:17.07 40.61					
27.	Barbara Nogueira Goncalves	98	104448	Famalicao	1:17.16	+0,78	536	
	50m: 36.34 36.34		100m: 1:17.16 40.82					
28.	Rita Catarina Miranda	97	107566	Braga	1:17.40	+0,90	531	
	FTL							
	50m: 36.42 36.42		100m: 1:17.40 40.98					
29.	Diana Sofia Silva	97	104679	Braga	1:19.95	+0,87	482	
	FTL							
	50m: 37.44 37.44		100m: 1:19.95 42.51					
30.	Rita Cardoso Carvalho	98	107499	Alges	1:19.96	+0,76	482	
	FTL							
	50m: 37.13 37.13		100m: 1:19.96 42.83					
31.	Ana Rita Graca	98	111321	Vilacondense	1:20.25	+0,93	476	
	FTL							
	50m: 37.79 37.79		100m: 1:20.25 42.46					
32.	Joana Costa Caires	98	108452	Naval do Funchal	1:20.47	+0,79	473	
	FTL							
	50m: 37.75 37.75		100m: 1:20.47 42.72					
33.	Ana Carolina Mateus	95	25332	Alges	1:20.68	+0,80	469	
	FTL							
	50m: 37.75 37.75		100m: 1:20.68 42.93					
34.	Rute Isabel Leonardo	98	121391	Nautico de Abrantes	1:20.70	+0,87	469	
	FTL							
	50m: 37.69 37.69		100m: 1:20.70 43.01					

O Juiz Arbitro

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Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 19 Masc., 50m Livres Absolutos
08-12-2012 - 10:25 Resultados Elimin

Rec. Nac. 25m Absoluto	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	22.33	Tiago Andre Venancio	FPN	Viena (AUT)	16-05-2003
Rec. Nac. 25m Sen	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 24.30; Jun2: 24.30; Jun1: 24.79

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Miguel Duarte Nascimento	95	14944	Portinado	22.65	+0,72	719	A
2.	Luis Emanuel Vaz	91	15628	Famalicao	23.10	+0,82	678	A
3.	Mario Alexandre Pereira	92	10767	Nautico de Coimbra	23.13	+0,64	676	A
4.	Joao Silva Gigante	88	14783	Amadora	23.14	+0,67	675	A
5.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	23.21	+0,64	669	A
6.	Paulo Jorge Santos	89	25982	Porto	23.39	+0,73	653	A
7.	Joao Filipe Carvalho	87	23026	Porto	23.44	+0,73	649	A
8.	Ricardo Pereira Lopes	90	14831	Amadora	23.49	+0,64	645	A
9.	Joao Pedro Teodoro	90	11156	Naval Setubalense	23.56	+0,74	639	B
10.	David Miguel Leiria	93	14530	Naval Amorense	23.69	+0,78	629	B
11.	Nelson Filipe Martinho	89	16016	Natacao de Valongo	23.76	+0,77	623	B
12.	Rodrigo Pereira Lopes	95	26077	Amadora	23.84	+0,70	617	B
13.	Tiago Ferreira Sousa	91	106684	Desportivo Nacional	24.01	+0,72	604	B
14.	Carlos Filipe Santos	91	15694	Porto	24.06	+0,73	600	B
	Rafael Lages Ribas	93	12688	Desportiva de Viana	24.06	+0,73	600	B
16.	Fabio Andre Figueira	88	11084	Porto	24.20	+0,70	590	?
	Ricardo Manuel Machado	93	13278	Braga	24.20	+0,78	590	?
18.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	24.23	+0,69	588	R
19.	Filipe Vieira Malheiro	90	13117	Braga	24.59	+0,75	562	
	FTL							
20.	Joao Pedro Almeida	92	24029	Nautico de Coimbra	24.60	+0,77	561	
	FTL							
21.	Vasco Vieira Lopes	84	15718	Leixoes	24.71	+0,71	554	
	FTL							
22.	Goncalo Filipe Pereira	79	26505	Galitos	24.73	+0,79	553	
	FTL							
23.	Fabio Andre Dias	92	14625	Naval Amorense	25.43	+0,74	508	
	FTL							
DNS	Simao Pedro Alves	94	102500	Famalicao				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 20 Femin., 50m Livres Absolutos
08-12-2012 - 10:30 Resultados Elimin

Rec. Nac. 25m Absoluto	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	26.14	Maria Carolina Rosa	SCP	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Sen	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 28.20; Jun2: 28.20; Jun1: 28.76

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Raquel Maurile Taveira	95	105392	Alges	26.89	+0,71	646	A
2.	Ana Pinho Rodrigues	94	13372	Porto	26.98	+0,73	639	A
3.	Maria Carolina Rosa	94	14248	Sporting	27.20	+0,75	624	A
4.	Jessica Teixeira Vieira	91	104235	Amadora	27.36	+0,69	613	A
5.	Rita Amado Laezza	95	12054	Vilacondense	27.42	+0,80	609	A
6.	Adriana Daniela Castro	97	104515	Porto	27.49	+0,78	604	A
7.	Isabel Pinto Abreu	96	26324	Belenenses	27.53	+0,75	602	A
8.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	27.56	+0,77	600	A
9.	Ana Luisa Carvalho	96	24493	Nautico de Coimbra	27.57	+0,83	599	B
10.	Lisa Marisa Soares	95	25381	Amadora	27.58	+0,72	599	B
11.	Susana Clara Gomes	77	119272	Naval do Funchal	27.75	+0,75	588	B
12.	Catarina Maria Ferreira	98	106534	Desportiva Limiana	27.78	+0,81	586	B
13.	Beatriz Alves Silva	95	26721	Portinado	27.86	+0,69	581	B
14.	Rosa Maria Oliveira	96	105858	Estarreja	27.87	+0,88	580	B
15.	Catarina Tiago Nunes	95	100949	Uniao Piedense	27.93	+0,80	576	B
16.	Patricia Miguel Mendes	96	25590	Naval Amorense	27.97	+0,68	574	?
	Filipa Vicente Custodias	97	105780	Benedita	27.97	+0,73	574	?
18.	Carolina Sanchez Rodrigues	97	100359	Alges	28.05	+0,73	569	R
19.	Ana Beatriz Silva	96	112263	Gafanha da Encarnacao	28.18	+0,71	561	
20.	Sara Faria Costa	97	107451	Braga	28.19	+0,87	561	
21.	Tatiana Ladeiro Santos	92	13134	Geslours	28.35	+0,77	551	
	FTL							
22.	Ana Carolina Trindade	97	106478	Amadora	28.38	+0,74	549	
	FTL							
23.	Marta Filipa Vinagre	95	24660	CLAC-Entroncamento	28.43	+0,83	546	
	FTL							
24.	Mafalda Fraga Fragoso	94	14327	Bombeiros Ponta Delgada	28.51	+0,79	542	
	FTL							
25.	Ana Sofia Matos	91	25111	Gespacos	28.54	+0,83	540	
	FTL							
26.	Teresa Manuela Aires	96	105004	Sporting de Espinho	28.81	+0,82	525	
	FTL							
27.	Maria Malaguerra Costa	98	106765	Columbofila Cantanhedense	28.91	+0,79	520	
	FTL							

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 21 Masc., 100m Costas Absolutos
08-12-2012 - 10:35 Resultados Elimin

Rec. Nac. 25m Absoluto	52.16	Alexis Manacas Santos	FPN	Chartres (FRA)	24-11-2012
Rec. Nac. 25m Jun	53.88	Alexis Manacas Santos	SCP	Leiria	05-12-2009
Rec. Nac. 25m Sen	52.16	Alexis Manacas Santos	FPN	Chartres (FRA)	24-11-2012

TAC - Masc Sen: 1:00.50; Jun2: 1:00.50; Jun1: 1:02.01

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Andre Neves Oliveira	91	14834	Benfica	57.55	+0,71	614	A
	50m: 27.90 27.90			100m: 57.55 29.65				
2.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	57.74	+0,61	608	A
	50m: 28.71 28.71			100m: 57.74 29.03				
3.	Rodrigo Pereira Lopes	95	26077	Amadora	57.85	+0,59	605	A
	50m: 27.97 27.97			100m: 57.85 29.88				
4.	Adriano Miguel Niz	86	23013	Famalicao	58.22	+0,71	593	A
	50m: 28.59 28.59			100m: 58.22 29.63				
5.	Daniel Aparicio Pereira	83	24394	Braga	58.26	+0,86	592	A
	50m: 28.43 28.43			100m: 58.26 29.83				
6.	Tiago Manuel Teixeira	96	102485	Vitoria de Guimaraes	58.27	+0,62	592	A
	50m: 28.44 28.44			100m: 58.27 29.83				
7.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	58.29	+0,58	591	A
	50m: 28.27 28.27			100m: 58.29 30.02				
8.	Joao Pedro Neto	95	26959	Naval Setubalense	58.41	+0,77	588	A
	50m: 28.39 28.39			100m: 58.41 30.02				
9.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	58.42	+0,62	587	B
	50m: 28.35 28.35			100m: 58.42 30.07				
10.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	58.63	+0,55	581	B
	50m: 28.51 28.51			100m: 58.63 30.12				
11.	Samuel Patricio Queiros	91	15701	Porto	58.91	+0,66	573	B
	50m: 28.82 28.82			100m: 58.91 30.09				
12.	David Miguel Leiria	93	14530	Naval Amorense	59.01	+0,67	570	B
	50m: 28.89 28.89			100m: 59.01 30.12				
13.	Edgar Oliveira Ribeiro	93	13277	Braga	59.16	+0,54	566	B
	50m: 28.71 28.71			100m: 59.16 30.45				
14.	Andre Duarte Vaz	93	10768	Nautico de Coimbra	59.28	+0,72	562	B
	50m: 28.88 28.88			100m: 59.28 30.40				
15.	Antonio Rafael Bessa	94	102089	Gespacos	59.39	+0,73	559	B
	50m: 28.67 28.67			100m: 59.39 30.72				
16.	Joao Pedro Santos	95	105859	Estarreja	59.69	+0,61	551	B
	50m: 28.80 28.80			100m: 59.69 30.89				
17.	Filipe Rainho Balseiro	94	102824	Academica de Coimbra	59.80	+0,62	548	R
	50m: 29.26 29.26			100m: 59.80 30.54				
18.	Tiago Barros Ferreira	94	16003	Alges	59.85	+0,74	546	R
	50m: 29.49 29.49			100m: 59.85 30.36				
19.	Renato Mendes Pinheiro	94	16071	Desportiva de Viana	1:00.03	+0,84	541	
	50m: 28.75 28.75			100m: 1:00.03 31.28				

O Juiz Arbitro

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Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 21, Masc., 100m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Pedro Romanoski Carvalho 50m: 28.80 28.80	94	108664	Famalicao 100m: 1:00.03 31.23	1:00.03	+0,61	541	
21.	Diogo Carmo Ramos 50m: 29.37 29.37	93	15317	Vilacondense 100m: 1:00.05 30.68	1:00.05	+0,68	541	
22.	Afonso Lopes dos Santos 50m: 29.21 29.21	95	14773	Alcobaca 100m: 1:00.06 30.85	1:00.06	+0,91	541	
23.	Fabio Alexandre Freitas 50m: 29.66 29.66	94	25763	Uniao Piedense 100m: 1:00.28 30.62	1:00.28	+0,61	535	
24.	Filipe Miguel Felix 50m: 28.98 28.98	96	118473	Alges 100m: 1:00.42 31.44	1:00.42	+0,73	531	
25.	Miguel Freitas Marques 50m: 29.28 29.28	96	24979	Maritimo 100m: 1:00.43 31.15	1:00.43	+0,61	531	
26.	Francisco Jose Fernandes 50m: 29.35 29.35	96	24490	Nautico de Coimbra 100m: 1:00.50 31.15	1:00.50	+0,70	529	
27.	Miguel Galeao Lopes 50m: 29.54 29.54	96	105891	Portinado 100m: 1:00.63 31.09	1:00.63	+0,61	525	
28.	Pedro Lobato Rijo FTL 50m: 29.29 29.29	91	13025	Geslours 100m: 1:00.67 31.38	1:00.67	+0,93	524	
29.	David Soares Caratao 50m: 29.98 29.98	96	106822	Sporting 100m: 1:00.96 30.98	1:00.96	+0,74	517	
30.	Daniel Ribeiro Sousa FTL 50m: 29.42 29.42	95	101888	Nautico da Marinha Grande 100m: 1:01.01 31.59	1:01.01	+0,64	516	
31.	Filipe Franco Norte FTL 50m: 29.67 29.67	93	10317	Nautico da Marinha Grande 100m: 1:01.03 31.36	1:01.03	+0,72	515	
32.	Diogo Miguel Paulino FTL 50m: 29.46 29.46	90	10549	Alcobaca 100m: 1:01.29 31.83	1:01.29	+0,59	509	
33.	Joao Pernet Lima 50m: 29.95 29.95	96	100286	Naval do Funchal 100m: 1:01.60 31.65	1:01.60	+0,70	501	
34.	Joao Carlos Paula FTL 50m: 29.53 29.53	94	13992	Galitos 100m: 1:01.66 32.13	1:01.66	+0,86	500	
35.	Rodrigo Silverio Carmo 50m: 30.00 30.00	96	100588	Colegio Vasco da Gama 100m: 1:01.74 31.74	1:01.74	+0,64	498	
36.	Filipe Maria Ferreira FTL 50m: 29.52 29.52	95	14900	Natacao de Olhao 100m: 1:02.31 32.79	1:02.31	+0,58	484	
37.	Paulo Gabriel Magalhaes FTL 50m: 30.16 30.16	96	102527	Fafe 100m: 1:02.53 32.37	1:02.53	+0,65	479	
38.	Joao Paulo Baptista FTL 50m: 30.49 30.49	96	105013	Sporting de Espinho 100m: 1:02.72 32.23	1:02.72	+0,70	475	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 21, Masc., 100m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
39.	Julio Dinis Goncalves FTL	96	103624	Fluvial Portuense	1:03.40	+0,96	459	
	50m: 30.41 30.41			100m: 1:03.40 32.99				
40.	Pedro Luis Antunes FTL	96	106050	Benfica	1:03.67	+0,60	454	
	50m: 30.43 30.43			100m: 1:03.67 33.24				

Prova 22
08-12-2012 - 10:45

Femin., 100m Costas

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	1:01.43	Ines Camacho Fernandes	SCP	Mealhada	17-12-2011
Rec. Nac. 25m Sen	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 1:08.50; Jun2: 1:08.50; Jun1: 1:09.87

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	1:03.17	+0,63	668	A
	50m: 30.41 30.41			100m: 1:03.17 32.76				
2.	Marta Vieira Marinho	91	15707	Porto	1:03.68	+0,61	652	A
	50m: 30.67 30.67			100m: 1:03.68 33.01				
3.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	1:03.93	+0,61	644	A
	50m: 31.10 31.10			100m: 1:03.93 32.83				
4.	Ines Camacho Fernandes	97	106821	Sporting	1:04.04	+0,61	641	A
	50m: 30.20 30.20			100m: 1:04.04 33.84				
5.	Francisca Gomes Azevedo	97	100356	Alges	1:05.11	+0,64	610	A
	50m: 31.32 31.32			100m: 1:05.11 33.79				
6.	Joana Carina Silva	97	106219	Lousada SXXI	1:05.20	+0,63	607	A
	50m: 31.90 31.90			100m: 1:05.20 33.30				
7.	Lisa Marisa Soares	95	25381	Amadora	1:05.54	+0,65	598	A
	50m: 31.56 31.56			100m: 1:05.54 33.98				
8.	Graca Maria Araujo	98	104456	Famalicao	1:05.83	+0,79	590	A
	50m: 31.93 31.93			100m: 1:05.83 33.90				
9.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	1:06.05	+0,57	584	B
	50m: 32.01 32.01			100m: 1:06.05 34.04				
10.	Mafalda Gomes Beleza	94	26890	Sporting	1:06.08	+0,86	583	B
	50m: 31.61 31.61			100m: 1:06.08 34.47				
11.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	1:06.16	+0,65	581	B
	50m: 32.38 32.38			100m: 1:06.16 33.78				
12.	Paula Cristina Yang	95	100229	Geslours	1:06.29	+0,67	578	B
	50m: 31.93 31.93			100m: 1:06.29 34.36				
13.	Beatriz Neves Craveiro	97	106762	Nautico de Coimbra	1:06.36	+0,66	576	B
	50m: 31.94 31.94			100m: 1:06.36 34.42				
14.	Andreia Silva Cruz	88	11126	Naval Amorense	1:06.73	+0,57	566	B
	50m: 32.37 32.37			100m: 1:06.73 34.36				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 22, Femin., 100m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Adriana Correia Lopes	95	24491	Nautico de Coimbra	1:07.09	+0,86	557	B
	50m: 32.31 32.31		100m: 1:07.09	34.78				
16.	Rita Barros Frischknecht	98	106257	Alges	1:07.53	+0,65	547	B
	50m: 32.66 32.66		100m: 1:07.53	34.87				
17.	Ines Lucas Alves	98	104738	Leixoes	1:07.94	+0,68	537	?
	50m: 32.81 32.81		100m: 1:07.94	35.13				
	Catarina Brito Ferreira	97	104242	Naval Setubalense	1:07.94	+0,75	537	?
	50m: 32.94 32.94		100m: 1:07.94	35.00				
19.	Claudia Isabel Semiao	97	117970	Aminata	1:08.02	+0,64	535	
	50m: 32.57 32.57		100m: 1:08.02	35.45				
20.	Tatiana Filipa Santos	95	26779	Ginasio Figueirense	1:08.17	+0,72	531	
	50m: 33.53 33.53		100m: 1:08.17	34.64				
21.	Juliana Lima Freixo	97	100827	Desportiva de Viana	1:08.52	+0,61	523	
	FTL							
	50m: 33.17 33.17		100m: 1:08.52	35.35				
22.	Matilde Ferreira Nita	98	108412	Naval Amorense	1:08.58	+0,75	522	
	50m: 33.35 33.35		100m: 1:08.58	35.23				
23.	Patricia Miguel Mendes	96	25590	Naval Amorense	1:08.75	+0,60	518	
	FTL							
	50m: 33.06 33.06		100m: 1:08.75	35.69				
24.	Patricia Isabel Oliveira	94	15970	Leixoes	1:09.12	+0,73	510	
	FTL							
	50m: 33.04 33.04		100m: 1:09.12	36.08				
25.	Maria Malaguerra Costa	98	106765	Columbofila Cantanhedense	1:09.21	+0,84	508	
	50m: 33.65 33.65		100m: 1:09.21	35.56				
26.	Bruna Elisabete Paulino	97	102345	Alcobaca	1:09.32	+0,63	505	
	FTL							
	50m: 33.60 33.60		100m: 1:09.32	35.72				
27.	Maria Luis Amorim	95	102029	Porto	1:09.42	+0,73	503	
	FTL							
	50m: 33.34 33.34		100m: 1:09.42	36.08				
28.	Claudia Susana Teixeira	96	102040	Gespacos	1:09.51	+0,70	501	
	FTL							
	50m: 33.17 33.17		100m: 1:09.51	36.34				
29.	Ana Raquel Ferreira	98	102755	Ginasio Figueirense	1:09.67	+0,71	498	
	50m: 33.74 33.74		100m: 1:09.67	35.93				
30.	Maria Morgado Franco	98	107311	Portinado	1:09.76	+0,78	496	
	50m: 33.09 33.09		100m: 1:09.76	36.67				
31.	Patricia Alexandra Jeronimo	95	100235	Monteges	1:09.78	+0,81	495	
	FTL							
	50m: 33.50 33.50		100m: 1:09.78	36.28				
32.	Ana Rita Martins	96	106475	Amadora	1:10.06	+0,71	489	
	FTL							
	50m: 33.36 33.36		100m: 1:10.06	36.70				
33.	Maria Teresa Martins	98	105948	Galitos	1:10.18	+0,71	487	
	FTL							
	50m: 34.17 34.17		100m: 1:10.18	36.01				

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 22, Femin., 100m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
33.	Marina Micaela Sequeira FTL	98	112319	Uniao Piedense	1:10.18	+0,66	487	
	50m: 33.78 33.78			100m: 1:10.18 36.40				
35.	Beatriz Rodrigues Conde FTL	98	110543	Sporting	1:10.56	+0,67	479	
	50m: 34.57 34.57			100m: 1:10.56 35.99				
36.	Catarina Alexandra Jardim FTL	98	104449	Famalicao	1:10.71	+0,65	476	
	50m: 34.03 34.03			100m: 1:10.71 36.68				
DNS	Rafaela Marques Bodiao	96	26440	Natacao de Olhao				

Prova 23

Masc., 100m Mariposa

Absolutos

08-12-2012 - 11:05

Resultados Elimin

Rec. Nac. 25m Absoluto	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009
Rec. Nac. 25m Jun	53.87	Tiago Andre Venancio	CNS	Cantanhede	19-12-2004
Rec. Nac. 25m Sen	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009

TAC - Masc Sen: 58.50; Jun2: 58.50; Jun1: 59.67

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Miguel Duarte Nascimento	95	14944	Portinado	55.13	+0,73	680	A
	50m: 25.68 25.68			100m: 55.13 29.45				
	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	55.13	+0,72	680	A
	50m: 25.53 25.53			100m: 55.13 29.60				
3.	Fabio Manuel Pereira	86	23049	Vilacondense	55.52	+0,80	665	A
	50m: 25.90 25.90			100m: 55.52 29.62				
4.	Pedro Andre Santos	94	15732	Alges	55.55	+0,66	664	A
	50m: 25.59 25.59			100m: 55.55 29.96				
5.	Simao Gomes Morgado	79	12217	Amadora	55.62	+0,69	662	A
	50m: 26.33 26.33			100m: 55.62 29.29				
6.	Carlos Filipe Santos	91	15694	Porto	55.87	+0,72	653	A
	50m: 26.10 26.10			100m: 55.87 29.77				
7.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	55.89	+0,71	652	A
	50m: 26.01 26.01			100m: 55.89 29.88				
8.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	55.93	+0,76	651	A
	50m: 26.00 26.00			100m: 55.93 29.93				
9.	Nelson Filipe Martinho	89	16016	Natacao de Valongo	56.02	+0,81	648	B
	50m: 25.76 25.76			100m: 56.02 30.26				
10.	Fabio Andre Figueira	88	11084	Porto	56.09	+0,72	645	B
	50m: 26.20 26.20			100m: 56.09 29.89				
11.	Joao Pedro Teodoro	90	11156	Naval Setubalense	56.37	+0,71	636	B
	50m: 26.51 26.51			100m: 56.37 29.86				
12.	Ricardo Pereira Lopes	90	14831	Amadora	56.79	+0,71	622	B
	50m: 25.76 25.76			100m: 56.79 31.03				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 23, Masc., 100m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Miguel Goncalves Ferreira 50m: 26.55 26.55	93	11223	Desportivo Nacional 100m: 56.91 30.36	56.91	+0,82	618	B
14.	Ruben Filipe Nunes 50m: 26.77 26.77	94	23302	Gespacos 100m: 57.01 30.24	57.01	+0,85	614	B
15.	Andre Neves Oliveira 50m: 26.46 26.46	91	14834	Benfica 100m: 57.11 30.65	57.11	+0,70	611	B
16.	Diogo Andre Gaspar 50m: 26.12 26.12	90	25544	Uniao Piedense 100m: 57.14 31.02	57.14	+0,79	610	B
17.	Claudio Miguel Gomes 50m: 26.47 26.47	95	105039	Gafanha da Encarnacao 100m: 57.57 31.10	57.57	+0,63	597	?
	Daniel Aparicio Pereira 50m: 27.31 27.31	83	24394	Braga 100m: 57.57 30.26	57.57	+0,80	597	?
19.	Diogo Fontes Moreira 50m: 26.76 26.76	93	13359	Leixoes 100m: 57.60 30.84	57.60	+0,86	596	
20.	Frederico Manuel Moeda 50m: 27.00 27.00	95	117080	Estrelas S. Joao de Brito 100m: 57.61 30.61	57.61	+0,72	595	
21.	Ricardo Sousa Filipe 50m: 27.18 27.18	88	12555	Louletano/Loule Concelho 100m: 57.63 30.45	57.63	+0,81	595	
22.	Joao Tiago Neves 50m: 27.18 27.18	94	105553	Amadora 100m: 58.29 31.11	58.29	+0,70	575	
23.	Joao Pedro Santos 50m: 27.40 27.40	96	101954	Vilacondense 100m: 58.35 30.95	58.35	+0,83	573	
24.	Ricardo Verissimo Sousa 50m: 27.43 27.43	93	25548	Colegio Vasco da Gama 100m: 58.38 30.95	58.38	+0,75	572	
25.	Andre Filipe Teodoro 50m: 27.05 27.05	95	25350	Naval Setubalense 100m: 58.41 31.36	58.41	+0,83	571	
26.	Antonio Fraga Fragoso FTL 50m: 27.46 27.46	95	14324	Bombeiros Ponta Delgada 100m: 58.51 31.05	58.51	+0,71	568	
27.	Joao Pedro Vieira FTL 50m: 27.47 27.47	94	13856	Naval do Funchal 100m: 58.56 31.09	58.56	+0,70	567	
28.	Joao Duarte Santos FTL 50m: 27.64 27.64	95	26430	Natacao de Olhao 100m: 58.70 31.06	58.70	+0,68	563	
29.	Joao Filipe Lucas FTL 50m: 27.39 27.39	94	26879	Academica de Coimbra 100m: 58.73 31.34	58.73	+0,76	562	
30.	Bruno Miguel Alves FTL 50m: 27.22 27.22	91	105381	Desportiva de Viana 100m: 58.92 31.70	58.92	+0,71	557	
31.	Henrique Jose Marquez FTL 50m: 27.18 27.18	95	13912	Galitos 100m: 59.09 31.91	59.09	+0,75	552	
32.	Igor Guterres Carvalho FTL 50m: 27.54 27.54	88	23057	Vilacondense 100m: 59.12 31.58	59.12	+0,89	551	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 23, Masc., 100m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
33.	Antonio Miguel Vitorino FTL	96	25815	Viana Natacao	1:00.10	+0,82	524	
	50m: 28.29 28.29			100m: 1:00.10 31.81				
34.	Antonio Pedro Silva FTL	96	107227	Braga	1:00.21	+0,76	522	
	50m: 27.78 27.78			100m: 1:00.21 32.43				
35.	Miguel Angelo Alves FTL	96	104760	Naval Amorense	1:00.44	+0,73	516	
	50m: 27.95 27.95			100m: 1:00.44 32.49				
DNS	Simao Pedro Alves	94	102500	Famalicao				

Prova 24
08-12-2012 - 11:15

Femin., 100m Mariposa

Absolutos

Resultados Elimin

Rec. Nac. 25m Absoluto	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010
Rec. Nac. 25m Jun	1:01.56	Filipa Vilas Tiago	SCP	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Sen	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010

TAC - Fem Sen: 1:08.00; Jun2: 1:08.00; Jun1: 1:09.70

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ana Catarina Monteiro	93	24320	Vilacondense	1:03.89	+0,79	639	A
	50m: 30.06 30.06			100m: 1:03.89 33.83				
2.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	1:04.58	+0,70	619	A
	50m: 30.59 30.59			100m: 1:04.58 33.99				
3.	Catarina Tiago Nunes	95	100949	Uniao Piedense	1:04.64	+0,81	617	A
	50m: 30.03 30.03			100m: 1:04.64 34.61				
4.	Filipa Ferreira Silva	85	12219	Amadora	1:04.74	+0,82	614	A
	50m: 30.49 30.49			100m: 1:04.74 34.25				
5.	Bruna Leal Dantas	96	100371	Sporting	1:04.79	+0,77	613	A
	50m: 30.72 30.72			100m: 1:04.79 34.07				
6.	Sofia Alexandra Branco	98	116596	Sporting	1:05.17	+0,77	602	A
	50m: 30.75 30.75			100m: 1:05.17 34.42				
7.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	1:05.30	+0,77	599	A
	50m: 31.03 31.03			100m: 1:05.30 34.27				
8.	Carlota Freitas Olim	93	10949	Naval do Funchal	1:05.49	+0,69	593	A
	50m: 30.47 30.47			100m: 1:05.49 35.02				
9.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	1:05.55	+0,88	592	B
	50m: 31.17 31.17			100m: 1:05.55 34.38				
10.	Ines Fernandes Garcia	94	126615	Avancado EUL	1:06.02	+0,76	579	B
	50m: 31.09 31.09			100m: 1:06.02 34.93				
11.	Ariana Alves Nunes	95	13348	Portinado	1:06.11	+0,79	577	B
	50m: 30.32 30.32			100m: 1:06.11 35.79				
12.	Soraia Vanessa Ribeiro	92	15857	Gespacos	1:06.28	+0,93	572	B
	50m: 30.57 30.57			100m: 1:06.28 35.71				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 24, Femin., 100m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Carolina Santos Silva 50m: 30.86 30.86	86	23208	Natacao da Maia 100m: 1:06.61 35.75	1:06.61	+0,73	564	B
14.	Claudia Cristina Leao 50m: 31.25 31.25	96	102069	Gespacos 100m: 1:06.82 35.57	1:06.82	+0,90	559	B
15.	Ana Filipa Carmo 50m: 31.36 31.36	93	15746	Colegio Vasco da Gama 100m: 1:07.22 35.86	1:07.22	+0,82	549	B
16.	Daniela Figueiredo Metelo 50m: 31.61 31.61	97	26780	Academica de Coimbra 100m: 1:07.37 35.76	1:07.37	+0,72	545	B
17.	Susana Clara Gomes 50m: 31.32 31.32	77	119272	Naval do Funchal 100m: 1:07.41 36.09	1:07.41	+0,80	544	R
18.	Bruna Elisabete Paulino 50m: 32.04 32.04	97	102345	Alcobaca 100m: 1:07.43 35.39	1:07.43	+0,82	544	R
19.	Marta Posser Villar 50m: 32.59 32.59	85	13136	Amadora 100m: 1:07.90 35.31	1:07.90	+0,81	532	
20.	Debora Guimaraes Oliveira 50m: 31.99 31.99	96	105629	Braga 100m: 1:07.94 35.95	1:07.94	+0,77	531	
21.	Graca Maria Araujo 50m: 32.58 32.58	98	104456	Famalicao 100m: 1:08.17 35.59	1:08.17	+0,85	526	
22.	Filipa Vicente Custodias FTL 50m: 32.31 32.31	97	105780	Benedita 100m: 1:08.48 36.17	1:08.48	+0,68	519	
23.	Luana Raquel Alves FTL 50m: 31.83 31.83	97	110022	Viana Natacao 100m: 1:08.60 36.77	1:08.60	+0,94	516	
24.	Joana Marques Maia FTL 50m: 31.85 31.85	91	25067	Natacao da Maia 100m: 1:09.08 37.23	1:09.08	+0,79	506	
25.	Beatriz Neves Craveiro FTL 50m: 32.06 32.06	97	106762	Nautico de Coimbra 100m: 1:09.31 37.25	1:09.31	+0,84	501	
26.	Carla Luisa Alves FTL 50m: 32.18 32.18	98	117522	Famalicao 100m: 1:09.80 37.62	1:09.80	+0,84	490	
27.	Catia Alexandra Batista FTL 50m: 32.18 32.18	96	103036	Colegio SMLamas 100m: 1:09.96 37.78	1:09.96	+0,78	487	
28.	Teresa Manuela Aires FTL 50m: 32.56 32.56	96	105004	Sporting de Espinho 100m: 1:10.36 37.80	1:10.36	+0,87	478	
DNS	Sara Freitas Oliveira	85	23045	Porto				

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 25 Masc., 200m Estilos Absolutos
08-12-2012 - 11:25 Resultados Elimin

Rec. Nac. 25m Absoluto	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Jun	2:00.80	Diogo Filipe Carvalho	CGA	Estoril	11-02-2005
Rec. Nac. 25m Sen	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Pedro Miguel Pinotes	89	26732	Sporting	2:04.22	+0,73	695	A
	50m: 27.17 27.17	100m: 58.36 31.19	150m: 1:33.55 35.19	200m: 2:04.22 30.67				
2.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	2:05.94	+0,78	667	A
	50m: 27.14 27.14	100m: 58.78 31.64	150m: 1:35.33 36.55	200m: 2:05.94 30.61				
3.	Tomas Correia Silva	95	23367	Porto	2:06.30	+0,76	662	A
	50m: 27.05 27.05	100m: 1:00.58 33.53	150m: 1:37.26 36.68	200m: 2:06.30 29.04				
4.	Nuno Rafael Alves	90	25140	Gespacos	2:06.64	+0,81	656	A
	50m: 27.99 27.99	100m: 1:00.85 32.86	150m: 1:36.59 35.74	200m: 2:06.64 30.05				
5.	Rui Filipe Vilar	91	24159	Porto	2:06.99	+0,74	651	A
	50m: 28.39 28.39	100m: 1:00.47 32.08	150m: 1:37.09 36.62	200m: 2:06.99 29.90				
6.	Tomas Miguel Veloso	96	10868	Nautico de Coimbra	2:07.16	+0,73	648	A
	50m: 28.03 28.03	100m: 1:01.20 33.17	150m: 1:37.24 36.04	200m: 2:07.16 29.92				
7.	Andre Bras Goncalves	88	14767	Amadora	2:07.17	+0,77	648	A
	50m: 27.24 27.24	100m: 59.83 32.59	150m: 1:36.84 37.01	200m: 2:07.17 30.33				
8.	Pedro Andre Santos	94	15732	Alges	2:07.51	+0,69	643	A
	50m: 27.48 27.48	100m: 1:00.19 32.71	150m: 1:36.96 36.77	200m: 2:07.51 30.55				
9.	Ricardo Amorim Rego	84	15954	Braga	2:07.57	+0,80	642	B
	50m: 27.95 27.95	100m: 1:00.11 32.16	150m: 1:36.57 36.46	200m: 2:07.57 31.00				
10.	Joao Andre Neves	95	101408	Academica de Coimbra	2:08.25	+0,69	632	B
	50m: 27.91 27.91	100m: 1:02.58 34.67	150m: 1:37.99 35.41	200m: 2:08.25 30.26				
11.	Nuno Durao Pascoal	92	12560	Galitos	2:09.03	+0,81	620	B
	50m: 28.36 28.36	100m: 1:01.70 33.34	150m: 1:38.26 36.56	200m: 2:09.03 30.77				
12.	Pedro Barros Mendes	94	11195	Academica de Coimbra	2:09.51	+0,80	614	B
	50m: 28.35 28.35	100m: 1:01.81 33.46	150m: 1:39.41 37.60	200m: 2:09.51 30.10				
13.	Mario Rui Cruz	94	101128	Amadora	2:10.52	+0,72	599	B
	50m: 28.30 28.30	100m: 1:00.96 32.66	150m: 1:40.32 39.36	200m: 2:10.52 30.20				
14.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	2:10.63	+0,66	598	B
	50m: 28.64 28.64	100m: 1:02.35 33.71	150m: 1:41.60 39.25	200m: 2:10.63 29.03				
15.	Tiago Barros Ferreira	94	16003	Alges	2:11.63	+0,81	584	B
	50m: 29.31 29.31	100m: 1:02.21 32.90	150m: 1:40.40 38.19	200m: 2:11.63 31.23				
16.	Afonso Lopes dos Santos	95	14773	Alcobaca	2:11.69	+0,74	584	B
	50m: 28.91 28.91	100m: 1:03.10 34.19	150m: 1:41.07 37.97	200m: 2:11.69 30.62				
17.	Diogo Miguel Silva	95	104780	Uniao Piedense	2:12.62	+0,76	571	R
	FTL 50m: 27.79 27.79	100m: 1:01.58 33.79	150m: 1:39.87 38.29	200m: 2:12.62 32.75				
18.	Paulo Andre Dias	92	23406	Gespacos	2:12.95	+0,84	567	R
	FTL 50m: 28.22 28.22	100m: 1:01.77 33.55	150m: 1:39.90 38.13	200m: 2:12.95 33.05				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 25, Masc., 200m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Rafael Filipe Nunes	96	108344	Naval Amorense	2:13.04	+0,67	566	
	50m: 29.25 29.25	100m: 1:03.39	34.14	150m: 1:41.81	38.42	200m: 2:13.04	31.23	
20.	Leonardo Cardoso Figueiredo	96	105612	Porto	2:13.07	+0,65	566	
	50m: 29.26 29.26	100m: 1:03.46	34.20	150m: 1:42.78	39.32	200m: 2:13.07	30.29	
21.	Rodrigo Silverio Carmo	96	100588	Colegio Vasco da Gama	2:13.14	+0,73	565	
	50m: 29.36 29.36	100m: 1:03.95	34.59	150m: 1:41.50	37.55	200m: 2:13.14	31.64	
22.	Tomas Miguel Freitas	90	23135	Desportivo Nacional	2:13.17	+0,81	564	
	FTL							
	50m: 28.96 28.96	100m: 1:05.36	36.40	150m: 1:42.96	37.60	200m: 2:13.17	30.21	
23.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	2:13.35	+0,69	562	
	50m: 28.23 28.23	100m: 1:03.34	35.11	150m: 1:43.70	40.36	200m: 2:13.35	29.65	
24.	Ivo Andre Lopes	94	11728	Viver Santarem	2:13.47	+0,78	561	
	FTL							
	50m: 28.12 28.12	100m: 1:01.93	33.81	150m: 1:41.68	39.75	200m: 2:13.47	31.79	
25.	Joao Filipe Costa	96	25569	Sporting	2:13.54	+0,66	560	
	50m: 28.91 28.91	100m: 1:03.93	35.02	150m: 1:43.09	39.16	200m: 2:13.54	30.45	
26.	Artur Jose Reis	96	23369	Porto	2:13.64	+0,75	558	
	50m: 28.87 28.87	100m: 1:03.96	35.09	150m: 1:42.97	39.01	200m: 2:13.64	30.67	
	Antonio Miguel Vitorino	96	25815	Viana Natacao	2:13.64	+0,84	558	
	50m: 29.27 29.27	100m: 1:03.18	33.91	150m: 1:42.63	39.45	200m: 2:13.64	31.01	
28.	Paulo Andre Silva	96	105198	Vilacondense	2:18.60	+0,71	500	
	FTL							
	50m: 28.72 28.72	100m: 1:03.99	35.27	150m: 1:46.01	42.02	200m: 2:18.60	32.59	
DSQ	Joao Pedro Braga	94	25892	Naval de Ponta Delgada				
	603 - Após viragem aos 50 m saiu em posição ventral - SW 6.2							

Prova 26
08-12-2012 - 11:35

Femin., 200m Estilos

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:16.30	Diana Duarte Gomes	CNA	Leiria	05-12-2009

TAC - Fem Sen: 2:29.00; Jun2: 2:29.00; Jun1: 2:32.73

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Diana Margarida Duraes	96	102992	Porto	2:19.25	+0,79	716	A
	50m: 29.90 29.90	100m: 1:06.39	36.49	150m: 1:46.64	40.25	200m: 2:19.25	32.61	
2.	Nadia Morais Vieira	90	13092	Geslours	2:19.50	+0,80	712	A
	50m: 30.26 30.26	100m: 1:05.90	35.64	150m: 1:45.91	40.01	200m: 2:19.50	33.59	
3.	Marta Pereira Abreu	92	23091	Porto	2:20.11	+0,80	703	A
	50m: 30.79 30.79	100m: 1:04.87	34.08	150m: 1:45.64	40.77	200m: 2:20.11	34.47	
4.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:21.48	+0,72	683	A
	50m: 30.40 30.40	100m: 1:06.65	36.25	150m: 1:46.36	39.71	200m: 2:21.48	35.12	
5.	Ana Teresa Franco	91	11349	Sporting	2:22.65	+0,79	666	A
	50m: 31.77 31.77	100m: 1:10.29	38.52	150m: 1:49.26	38.97	200m: 2:22.65	33.39	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 26, Femin., 200m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Diana Patricia Ferreira	94	23500	Gespacos	2:22.70	+0,88	665	A
	50m: 30.93 30.93	100m: 1:07.74	36.81	150m: 1:49.18	41.44	200m: 2:22.70	33.52	
7.	Ana Marta Miranda	96	100377	Uniao Piedense	2:23.76	+0,91	651	A
	50m: 30.88 30.88	100m: 1:06.49	35.61	150m: 1:48.56	42.07	200m: 2:23.76	35.20	
8.	Barbara Sofia Barata	97	105454	Alges	2:24.48	+0,79	641	A
	50m: 30.97 30.97	100m: 1:08.30	37.33	150m: 1:49.94	41.64	200m: 2:24.48	34.54	
9.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	2:26.08	+0,87	620	B
	50m: 31.62 31.62	100m: 1:09.41	37.79	150m: 1:51.90	42.49	200m: 2:26.08	34.18	
10.	Ana Margarida Rodrigues	96	103868	Galitos	2:27.24	+0,76	606	B
	50m: 31.81 31.81	100m: 1:09.99	38.18	150m: 1:53.86	43.87	200m: 2:27.24	33.38	
11.	Carolina Mantua Guedes	98	110539	Sporting	2:27.45	+0,77	603	B
	50m: 31.26 31.26	100m: 1:09.51	38.25	150m: 1:53.10	43.59	200m: 2:27.45	34.35	
12.	Ines Joao Costa	95	12893	Braga	2:27.46	+0,89	603	B
	50m: 32.18 32.18	100m: 1:09.73	37.55	150m: 1:53.38	43.65	200m: 2:27.46	34.08	
13.	Rute Margarida Marques	94	25359	Amadora	2:27.69	+0,73	600	B
	50m: 32.22 32.22	100m: 1:10.41	38.19	150m: 1:52.82	42.41	200m: 2:27.69	34.87	
14.	Leonor Mourinho Neves	95	105646	Sporting	2:28.22	+0,83	594	B
	50m: 32.10 32.10	100m: 1:11.31	39.21	150m: 1:54.07	42.76	200m: 2:28.22	34.15	
15.	Joana Dias Santos	96	100397	Uniao Piedense	2:28.94	+0,87	585	B
	50m: 33.01 33.01	100m: 1:12.75	39.74	150m: 1:52.94	40.19	200m: 2:28.94	36.00	
16.	Raquel Paulo Ranito	94	25504	Sporting	2:32.02	+0,83	550	B
	FTL							
	50m: 32.01 32.01	100m: 1:10.15	38.14	150m: 1:55.89	45.74	200m: 2:32.02	36.13	
17.	Margarida Peixoto Pelaio	98	107967	Ginasio Figueirense	2:33.07	+0,78	539	R
	FTL							
	50m: 32.73 32.73	100m: 1:11.56	38.83	150m: 1:56.82	45.26	200m: 2:33.07	36.25	
18.	Maria Carolina Ribeiro	98	106805	Porto	2:34.39	+0,77	525	R
	FTL							
	50m: 31.88 31.88	100m: 1:12.26	40.38	150m: 1:59.54	47.28	200m: 2:34.39	34.85	
19.	Sofia Machado Dionisio	98	111263	Sporting	2:34.43	+0,87	525	
	FTL							
	50m: 33.24 33.24	100m: 1:13.48	40.24	150m: 1:57.46	43.98	200m: 2:34.43	36.97	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 27 Masc., 4 x 50m Estilos Absolutos
08-12-2012 - 17:00 Resultados

Rec. Nac. 25m Absoluto	1:40.05	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	05-12-2009
Rec. Nac. 25m Jun	1:47.34	Clube de Natacao Colegio Vasco da	CNCVG	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	1:40.05	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	05-12-2009

TAC - Masc Sen: 1:54.50; Jun2: 1:54.50

Pontos: FINA 2012

Lugar		NFed	Clube		Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Amadora		Amadora		1:41.67	+0,70	736	
	Rodrigo Pereira Lopes	95	+0,70	26.94	Simao Gomes Morgado	79	+0,12	23.43
	Joao Silva Gigante	88	+0,26	28.48	Ricardo Pereira Lopes	90	+0,12	22.82
2.	Porto		Porto		1:43.06	+0,57	706	
	Gil Goncalves Pinto	88	+0,57	27.25	Carlos Filipe Santos	91	+0,36	24.68
	Sergio Baptista Silva	91	+0,16	29.02	Paulo Jorge Santos	89	+0,23	22.11
3.	Estrelas S. Joao de Brito		Estrelas S. Joao de Brito		1:43.63	+0,77	695	
	Artiom Viatcheslavovitch Poliakov	93	+0,77	26.51	Duarte Rafael Mourao	84	+0,23	23.49
	Thiago Duarte Goncalves	89	+0,27	30.28	Frederico Manuel Moeda	95	+0,20	23.35
4.	Nautico de Coimbra		Nautico de Coimbra		1:44.38	+0,60	680	
	Mario Alexandre Pereira	92	+0,60	26.02	Miguel Silva Oliveira	91	+0,28	24.76
	Tomas Miguel Veloso	96	+0,09	29.86	Joao Pedro Almeida	92	+0,17	23.74
5.	Vilacondense		Vilacondense		1:45.91	+0,69	651	
	Diogo Carmo Ramos	93	+0,69	28.19	Fabio Manuel Pereira	86	+0,37	25.11
	Henrique Pereira Neiva	84	+0,27	29.37	Joao Duarte Marafona	95	+0,24	23.24
6.	Uniao Piedense		Uniao Piedense		1:46.01	+0,54	649	
	Goncalo Filipe Gregorio	93	+0,54	26.82	Diogo Andre Gaspar	90	+0,47	25.17
	Diogo Miguel Silva	95	+0,24	30.37	Vasco Miguel Gaspar	90	+0,27	23.65
7.	Braga		Braga		1:46.62	+0,62	638	
	Daniel Aparicio Pereira	83	+0,62	26.48	Ricardo Amorim Rego	84	+0,18	26.09
	Hugo Miguel Silva	94	+0,31	30.59	Ricardo Manuel Machado	93	+0,36	23.46
8.	Gespacos		Gespacos		1:47.09	+0,60	629	
	Antonio Rafael Bessa	94	+0,60	27.78	Ruben Filipe Nunes	94	+0,30	25.69
	Nuno Rafael Alves	90	+0,24	29.27	Joao Claudio Sousa	93	+0,38	24.35
9.	Academica de Coimbra		Academica de Coimbra		1:47.31	+0,85	626	
	Filipe Rainho Balseiro	94	+0,85	27.75	Joao Filipe Lucas	94	+0,36	25.72
	Ruben Paiva Carvalho	94	+0,29	30.86	Gustavo Almeida Madureira	94	+0,40	22.98
10.	Desportivo Nacional		Desportivo Nacional		1:47.75	+0,57	618	
	Diego Felipe Santos	87	+0,57	28.96	Miguel Goncalves Ferreira	93	+0,21	25.60
	Vitor Diogo Moura	90	+0,32	29.96	Tiago Ferreira Sousa	91	+0,22	23.23
11.	Naval Amorense		Naval Amorense		1:47.96	+0,62	614	
	David Miguel Leiria	93	+0,62	26.80	Miguel Angelo Alves	96	+0,38	27.27
	Rafael Lourenco Gil	96	+0,28	30.37	Tiago Ferreira Azevedo	95	+0,27	23.52
12.	Naval Setubalense		Naval Setubalense		1:48.33	+0,69	608	
	Joao Pedro Neto	95	+0,69	27.14	Andre Filipe Teodoro	95	+0,33	26.37
	Joao Pedro Teodoro	90	+0,49	29.85	Miguel Gomes Pereira	95	+0,26	24.97
13.	Desportiva Viana		Desportiva de Viana		1:49.79	+0,63	584	
	Renato Mendes Pinheiro	94	+0,63	27.41	Bruno Miguel Alves	91	+0,28	26.43
	Rafael Lages Ribas	93	+0,08	30.38	Miguel Angelo Passos	96	+0,19	25.57
14.	Belenenses		Belenenses		1:51.47	+0,62	558	
	Francisco Robalo Quintas	95	+0,62	30.17	Afonso Mateus Ribeiro	95	+0,23	26.94
	Francisco Santos Costa	93	+0,27	30.22	Miguel Duarte Moreira	96	+0,06	24.14

O Juiz Arbitro

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Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 27, Masc., 4 x 50m Estilos, Absolutos

Lugar	NFed			Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Geslours			Geslours	1:51.60	+0,71	556	
	Pedro Lobato Rijo	91	+0,71	28.18	Ricardo Miguel Antunes	94	+0,38	26.57
	Manuel Matos Sequeira	87	+0,36	31.34	Bruno Miguel Martins	93	+0,36	25.51
16.	Bombeiros Estoris			Bombeiros dos Estoris	1:52.10	+0,60	549	
	Miguel Bras Sergio	95	+0,60	28.36	Frederico Sousa Soares	96	+0,34	27.38
	Nuno Oliveira Noritake	96	+0,29	31.63	Duarte Cai-Agua Martins	95	+0,39	24.73
17.	Torres Novas			Torres Novas	1:52.88	+0,73	537	
	Diogo Antonio Lopes	95	+0,73	29.03	Duarte Brites Policarpo	95	+0,19	27.66
	Fabio Miguel Samouco	95	+0,20	30.16	Nuno Miquel Bruno	95	-0,02	26.03

Prova 28
08-12-2012

Femin., 4 x 50m Estilos

Absolutos Resultados

Rec. Nac. 25m Absoluto	1:53.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	05-12-2009
Rec. Nac. 25m Jun	2:03.55	Sporting Clube de Portugal	SCP	Guimarães	07-12-2008
Rec. Nac. 25m Sen	1:53.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	05-12-2009

TAC - Fem Sen: 2:09.00; Jun2: 2:09.00

Pontos: FINA 2012

Lugar	NFed		Clube		Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1. Porto			Porto		1:53.38	+0,59	742	
Recorde Nacional, Absoluto e Senior								
Marta Vieira Marinho	91	+0,59	29.30	Sara Freitas Oliveira	85	+1,49	27.15	
Ana Pinho Rodrigues	94	+0,09	31.28	Diana Margarida Duraes	96	+0,08	25.65	
2. Sporting			Sporting		1:57.23	+0,57	672	
RN Junior e RN Absoluto 50 Costas Igualado (1º percurso)								
Ines Camacho Fernandes	97	+0,57	28.42	Bruna Leal Dantas	96	+0,56	29.90	
Ana Teresa Franco	91	+0,28	32.57	Maria Carolina Rosa	94	+0,07	26.34	
3. Amadora			Amadora		1:57.84	+0,61	661	
Lisa Marisa Soares	95	+0,61	30.63	Filipa Ferreira Silva	85	+0,24	28.70	
Diana Duarte Gomes	89	+0,24	32.03	Jessica Teixeira Vieira	91	+0,37	26.48	
4. Alges			Alges		2:00.40	+0,74	620	
Francisca Gomes Azevedo	97	+0,74	30.77	Ines Alexandra Paiva	96	+0,21	29.83	
Ana Beatriz Marques	98	+0,42	33.67	Raquel Maurile Taveira	95	+0,18	26.13	
5. Geslours			Geslours		2:02.04	+0,65	595	
Paula Cristina Yang	95	+0,65	30.62	Nadia Morais Vieira	90	+1,72	28.58	
Ines Raquel Estevao	95	+0,47	35.16	Tatiana Ladeiro Santos	92	+0,27	27.68	
6. Gespacos			Gespacos		2:02.16	+0,71	594	
Claudia Susana Teixeira	96	+0,71	32.29	Claudia Cristina Leao	96	+0,42	30.10	
Diana Patricia Ferreira	94		32.68	Soraia Vanessa Ribeiro	92	+0,31	27.09	
7. Uniao Piedense			Uniao Piedense		2:03.33	+0,66	577	
Catarina Tiago Nunes	95	+0,66	30.33	Ana Marta Miranda	96	+0,36	29.54	
Joana Dias Santos	96	+0,44	35.22	Helena Paula Carvalho	95		28.24	
8. Portinado			Portinado		2:03.88	+0,72	569	
Maria Morgado Franco	98	+0,72	32.49	Maria Rasetar	97	+0,43	31.14	
Ariana Alves Nunes	95	+0,33	33.17	Beatriz Alves Silva	95	-0,03	27.08	
9. Nautico de Coimbra			Nautico de Coimbra		2:04.01	+0,61	567	
Adriana Correia Lopes	95	+0,61	31.28	Beatriz Neves Craveiro	97	+0,12	29.09	
Andreia Margarida Morgado	97	+0,33	37.03	Ana Luisa Carvalho	96	+0,34	26.61	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 28, Femin., 4 x 50m Estilos, Absolutos

Lugar	NFed			Clube		Tempo Final	TReac	Pts FINA	Pts
10.	Vilacondense			Vilacondense		2:04.80	+0,67	557	
	Ana Filipa Gomes	96	+0,67	32.17	Ana Catarina Monteiro		93	+0,33	28.86
	Ana Rita Graca	98	+0,59	36.39	Rita Amado Laezza		95	+0,37	27.38
11.	Naval do Funchal			Naval do Funchal		2:05.91	+0,68	542	
	Susana Clara Gomes	77	+0,68	32.84	Carlota Freitas Olim		93	+0,20	29.14
	Mariana Goncalves Gomes	96	+0,47	35.73	Joana Costa Caires		98	+0,22	28.20
12.	Braga			Braga		2:07.36	+0,85	524	
	Sara Faria Costa	97	+0,85	32.85	Debora Guimaraes Oliveira		96	+0,37	30.96
	Rita Catarina Miranda	97	+0,35	35.52	Ana Sofia Fernandes		93	+0,22	28.03

Prova 15 Masc., 400m Livres Absolutos
08-12-2012 Resultados

Rec. Nac. 25m Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Jun	3:50.52	Adriano Miguel Niz	CFV	Fafe	26-06-2004
Rec. Nac. 25m Sen	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 4:08.00; Jun2: 4:08.00; Jun1: 4:12.96

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ricardo Ferreira Cotovio	91	10921	Sporting	3:49.19	+0,70	800	
	50m: 26.26 26.26			150m: 1:24.27 29.25	250m: 2:22.96 29.23	350m: 3:21.18 28.86		
	100m: 55.02 28.76			200m: 1:53.73 29.46	300m: 2:52.32 29.36	400m: 3:49.19 28.01		
2.	Luis Emanuel Vaz	91	15628	Famalicao	3:49.69	+0,77	794	
	50m: 25.99 25.99			150m: 1:23.58 29.22	250m: 2:21.88 29.05	350m: 3:20.90 29.43		
	100m: 54.36 28.37			200m: 1:52.83 29.25	300m: 2:51.47 29.59	400m: 3:49.69 28.79		
3.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	3:54.91	+0,75	743	
	50m: 26.54 26.54			150m: 1:25.08 29.41	250m: 2:25.16 30.16	350m: 3:25.51 30.09		
	100m: 55.67 29.13			200m: 1:55.00 29.92	300m: 2:55.42 30.26	400m: 3:54.91 29.40		
4.	Ricardo Manuel Machado	93	13278	Braga	3:55.28	+0,82	739	
	50m: 26.67 26.67			150m: 1:24.38 29.40	250m: 2:25.65 30.64	350m: 3:26.19 30.14		
	100m: 54.98 28.31			200m: 1:55.01 30.63	300m: 2:56.05 30.40	400m: 3:55.28 29.09		
5.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	3:56.81	+0,74	725	
	50m: 26.51 26.51			150m: 1:26.67 30.49	250m: 2:27.07 30.08	350m: 3:28.10 30.74		
	100m: 56.18 29.67			200m: 1:56.99 30.32	300m: 2:57.36 30.29	400m: 3:56.81 28.71		
6.	Mario Andre Bonanca	90	12773	Sporting	3:57.21	+0,89	721	
	50m: 27.85 27.85			150m: 1:27.66 30.01	250m: 2:27.89 30.02	350m: 3:28.53 30.21		
	100m: 57.65 29.80			200m: 1:57.87 30.21	300m: 2:58.32 30.43	400m: 3:57.21 28.68		
7.	Andre Filipe Farinha	96	105086	Benfica	3:57.76	+0,72	716	
	50m: 27.38 27.38			150m: 1:27.05 30.14	250m: 2:27.78 30.42	350m: 3:28.48 30.16		
	100m: 56.91 29.53			200m: 1:57.36 30.31	300m: 2:58.32 30.54	400m: 3:57.76 29.28		
8.	Bernardo Leitao Graca	93	14838	Sporting	3:57.78	+0,82	716	
	50m: 27.82 27.82			150m: 1:28.51 30.27	250m: 2:28.44 29.83	350m: 3:28.72 30.10		
	100m: 58.24 30.42			200m: 1:58.61 30.10	300m: 2:58.62 30.18	400m: 3:57.78 29.06		
9.	Joao Carlos Santos	96	104253	Naval Amorense	3:57.86	+0,68	715	
	50m: 28.37 28.37			150m: 1:28.57 30.54	250m: 2:28.30 29.32	350m: 3:28.41 29.96		
	100m: 58.03 29.66			200m: 1:58.98 30.41	300m: 2:58.45 30.15	400m: 3:57.86 29.45		
10.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	3:59.41	+0,78	701	
	50m: 28.06 28.06			150m: 1:29.28 30.59	250m: 2:30.85 30.77	350m: 3:30.75 29.64		
	100m: 58.69 30.63			200m: 2:00.08 30.80	300m: 3:01.11 30.26	400m: 3:59.41 28.66		

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 15, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	4:01.11	+0,69	687	
	50m: 27.90 27.90	150m: 1:29.15	30.66	250m: 2:30.49	30.42	350m: 3:31.95	30.63	
	100m: 58.49 30.59	200m: 2:00.07	30.92	300m: 3:01.32	30.83	400m: 4:01.11	29.16	
12.	Rafael Lourenco Gil	96	105234	Naval Amorense	4:01.41	+0,75	684	
	50m: 27.96 27.96	150m: 1:28.65	30.46	250m: 2:30.25	30.73	350m: 3:31.96	30.77	
	100m: 58.19 30.23	200m: 1:59.52	30.87	300m: 3:01.19	30.94	400m: 4:01.41	29.45	
13.	Hugo Alberto Ribeiro	88	23114	Gespacos	4:01.46	+0,94	684	
	50m: 27.25 27.25	150m: 1:27.35	30.19	250m: 2:28.13	29.98	350m: 3:29.95	31.29	
	100m: 57.16 29.91	200m: 1:58.15	30.80	300m: 2:58.66	30.53	400m: 4:01.46	31.51	
14.	Joao Andre Neves	95	101408	Academica de Coimbra	4:01.74	+0,79	681	
	50m: 28.01 28.01	150m: 1:29.16	30.58	250m: 2:30.62	30.51	350m: 3:31.72	30.39	
	100m: 58.58 30.57	200m: 2:00.11	30.95	300m: 3:01.33	30.71	400m: 4:01.74	30.02	
15.	Joao Duarte Santos	95	26430	Natacao de Olhao	4:02.43	+0,69	676	
	50m: 27.64 27.64	150m: 1:28.42	30.73	250m: 2:30.64	31.11	350m: 3:32.70	30.81	
	100m: 57.69 30.05	200m: 1:59.53	31.11	300m: 3:01.89	31.25	400m: 4:02.43	29.73	
16.	Tiago Silva Oliveira	94	15465	Leixoes	4:04.60	+0,75	658	
	50m: 26.90 26.90	150m: 1:27.02	30.93	250m: 2:29.57	30.84	350m: 3:33.33	32.04	
	100m: 56.09 29.19	200m: 1:58.73	31.71	300m: 3:01.29	31.72	400m: 4:04.60	31.27	
17.	Artur Manuel Ferreira	95	101981	Porto	4:04.72	+0,86	657	
	50m: 28.17 28.17	150m: 1:29.37	30.88	250m: 2:31.33	30.61	350m: 3:33.69	31.35	
	100m: 58.49 30.32	200m: 2:00.72	31.35	300m: 3:02.34	31.01	400m: 4:04.72	31.03	
18.	David Soares Caratao	96	106822	Sporting	4:06.63	+0,70	642	
	50m: 28.66 28.66	150m: 1:30.63	31.10	250m: 2:33.02	30.92	350m: 3:35.38	31.24	
	100m: 59.53 30.87	200m: 2:02.10	31.47	300m: 3:04.14	31.12	400m: 4:06.63	31.25	
19.	Andre Rafael Marinho	93	10643	Uniao Piedense	4:06.79	+0,87	640	
	50m: 27.56 27.56	150m: 1:28.52	30.74	250m: 2:31.31	31.56	350m: 3:35.08	31.93	
	100m: 57.78 30.22	200m: 1:59.75	31.23	300m: 3:03.15	31.84	400m: 4:06.79	31.71	
20.	Paulo Fragueiro Franco	82	24393	Geslours	4:07.12	+0,78	638	
	50m: 29.17 29.17	150m: 1:31.93	31.50	250m: 2:34.79	31.27	350m: 3:36.94	31.13	
	100m: 1:00.43 31.26	200m: 2:03.52	31.59	300m: 3:05.81	31.02	400m: 4:07.12	30.18	
21.	Rui Miguel Lopes	94	106253	Natacao de Olhao	4:08.75	+0,90	625	
	FTL							
	50m: 28.29 28.29	150m: 1:29.97	30.89	250m: 2:33.25	31.84	350m: 3:37.16	32.04	
	100m: 59.08 30.79	200m: 2:01.41	31.44	300m: 3:05.12	31.87	400m: 4:08.75	31.59	
22.	Tiago Joao Meira	96	25816	Viana Natacao	4:12.42	+0,84	598	
	50m: 28.26 28.26	150m: 1:31.63	31.77	250m: 2:35.29	31.55	350m: 3:40.39	32.69	
	100m: 59.86 31.60	200m: 2:03.74	32.11	300m: 3:07.70	32.41	400m: 4:12.42	32.03	
23.	Nuno Vieira Malheiro	93	13279	Braga	4:12.56	+0,89	597	
	FTL							
	50m: 29.20 29.20	150m: 1:31.91	31.66	250m: 2:36.11	32.03	350m: 3:41.18	32.60	
	100m: 1:00.25 31.05	200m: 2:04.08	32.17	300m: 3:08.58	32.47	400m: 4:12.56	31.38	
24.	Ricardo Sousa Filipe	88	12555	Louletano/Loule Concelho	4:13.02	+0,81	594	
	FTL							
	50m: 28.89 28.89	150m: 1:32.45	32.05	250m: 2:37.00	32.19	350m: 3:42.13	32.50	
	100m: 1:00.40 31.51	200m: 2:04.81	32.36	300m: 3:09.63	32.63	400m: 4:13.02	30.89	
25.	Pedro Veiguiha Martins	96	107233	Braga	4:13.24	+0,79	593	
	FTL							
	50m: 29.03 29.03	150m: 1:32.52	31.67	250m: 2:36.59	32.26	350m: 3:41.75	32.54	
	100m: 1:00.85 31.82	200m: 2:04.33	31.81	300m: 3:09.21	32.62	400m: 4:13.24	31.49	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 15, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
26.	Andre Coelho Oliveira FTL	96	103443	Vitoria de Guimaraes	4:13.95	+0,74	588	
	50m: 28.34 28.34	150m: 1:31.84	32.21	250m: 2:37.04	32.40	350m: 3:42.99	32.97	
	100m: 59.63 31.29	200m: 2:04.64	32.80	300m: 3:10.02	32.98	400m: 4:13.95	30.96	
27.	Frederico Sousa Soares FTL	96	104260	Bombeiros dos Estoris	4:14.49	+0,76	584	
	50m: 28.59 28.59	150m: 1:31.04	31.69	250m: 2:35.38	32.18	350m: 3:42.26	33.70	
	100m: 59.35 30.76	200m: 2:03.20	32.16	300m: 3:08.56	33.18	400m: 4:14.49	32.23	

Prova 16 Femin., 400m Livres Absolutos
08-12-2012 Resultados

Rec. Nac. 25m Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009
Rec. Nac. 25m Jun	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009

TAC - Fem Sen: 4:36.00; Jun2: 4:36.00; Jun1: 4:41.52

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Angelica Maria Andre	94	15497	Leixoes	4:17.19	+0,73	762	
	50m: 29.62 29.62	150m: 1:32.93	31.95	250m: 2:38.25	32.92	350m: 3:44.19	32.94	
	100m: 1:00.98 31.36	200m: 2:05.33	32.40	300m: 3:11.25	33.00	400m: 4:17.19	33.00	
2.	Ana Goncalves Neto	95	101958	Porto	4:19.63	+1,00	740	
	50m: 30.28 30.28	150m: 1:35.21	32.77	250m: 2:40.96	32.51	350m: 3:47.54	33.58	
	100m: 1:02.44 32.16	200m: 2:08.45	33.24	300m: 3:13.96	33.00	400m: 4:19.63	32.09	
3.	Ines Alexandra Paiva	96	100378	Alges	4:19.89	+0,81	738	
	50m: 30.39 30.39	150m: 1:35.58	32.82	250m: 2:41.46	32.70	350m: 3:47.20	32.93	
	100m: 1:02.76 32.37	200m: 2:08.76	33.18	300m: 3:14.27	32.81	400m: 4:19.89	32.69	
4.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	4:21.94	+0,79	721	
	50m: 30.04 30.04	150m: 1:35.59	33.09	250m: 2:42.40	33.29	350m: 3:49.73	33.71	
	100m: 1:02.50 32.46	200m: 2:09.11	33.52	300m: 3:16.02	33.62	400m: 4:21.94	32.21	
5.	Joana Aguiar Rodrigues	93	15401	Porto	4:21.96	+0,85	721	
	50m: 29.92 29.92	150m: 1:35.55	33.06	250m: 2:41.58	32.87	350m: 3:48.60	33.74	
	100m: 1:02.49 32.57	200m: 2:08.71	33.16	300m: 3:14.86	33.28	400m: 4:21.96	33.36	
6.	Mafalda Gomes Beleza	94	26890	Sporting	4:23.61	+0,78	707	
	50m: 30.12 30.12	150m: 1:36.06	33.16	250m: 2:43.40	33.48	350m: 3:50.74	33.71	
	100m: 1:02.90 32.78	200m: 2:09.92	33.86	300m: 3:17.03	33.63	400m: 4:23.61	32.87	
7.	Florbela Cavaco Machado	96	103916	Columbofila Cantanhedense	4:24.48	+0,79	700	
	50m: 30.44 30.44	150m: 1:36.70	33.44	250m: 2:43.90	33.55	350m: 3:51.64	33.68	
	100m: 1:03.26 32.82	200m: 2:10.35	33.65	300m: 3:17.96	34.06	400m: 4:24.48	32.84	
8.	Vania Soares Neves	90	12380	Viana Natacao	4:25.85	+0,80	690	
	50m: 30.59 30.59	150m: 1:37.66	34.01	250m: 2:45.45	33.59	350m: 3:52.41	33.49	
	100m: 1:03.65 33.06	200m: 2:11.86	34.20	300m: 3:18.92	33.47	400m: 4:25.85	33.44	
9.	Julia Matos Lopes	94	12490	Viver Santarem	4:26.97	+0,83	681	
	50m: 30.81 30.81	150m: 1:36.85	33.51	250m: 2:44.67	34.12	350m: 3:53.07	34.27	
	100m: 1:03.34 32.53	200m: 2:10.55	33.70	300m: 3:18.80	34.13	400m: 4:26.97	33.90	
10.	Barbara Marques Rodrigues	97	107039	Alges	4:27.90	+0,88	674	
	50m: 30.87 30.87	150m: 1:37.72	33.70	250m: 2:45.90	34.18	350m: 3:54.15	34.27	
	100m: 1:04.02 33.15	200m: 2:11.72	34.00	300m: 3:19.88	33.98	400m: 4:27.90	33.75	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 16, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Leonor Mourinho Neves	95	105646	Sporting	4:28.65	+0,85	668	
	50m: 31.31 31.31	150m: 1:38.20 33.69	250m: 2:46.61 34.27	350m: 3:55.06 34.16				
	100m: 1:04.51 33.20	200m: 2:12.34 34.14	300m: 3:20.90 34.29	400m: 4:28.65 33.59				
12.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	4:30.44	+0,87	655	
	50m: 31.08 31.08	150m: 1:37.99 33.87	250m: 2:46.44 34.25	350m: 3:55.98 34.83				
	100m: 1:04.12 33.04	200m: 2:12.19 34.20	300m: 3:21.15 34.71	400m: 4:30.44 34.46				
13.	Maria Luis Amorim	95	102029	Porto	4:30.50	+0,94	655	
	50m: 30.35 30.35	150m: 1:37.68 34.16	250m: 2:45.80 33.69	350m: 3:55.43 35.38				
	100m: 1:03.52 33.17	200m: 2:12.11 34.43	300m: 3:20.05 34.25	400m: 4:30.50 35.07				
14.	Maria Teresa Amorim	97	20104	Porto	4:30.60	+0,91	654	
	50m: 31.07 31.07	150m: 1:38.61 34.23	250m: 2:47.55 34.53	350m: 3:57.10 34.69				
	100m: 1:04.38 33.31	200m: 2:13.02 34.41	300m: 3:22.41 34.86	400m: 4:30.60 33.50				
15.	Adriana Daniela Castro	97	104515	Porto	4:30.78	+0,84	652	
	50m: 31.42 31.42	150m: 1:39.17 34.64	250m: 2:47.77 34.51	350m: 3:56.45 33.97				
	100m: 1:04.53 33.11	200m: 2:13.26 34.09	300m: 3:22.48 34.71	400m: 4:30.78 34.33				
16.	Soraia Vanessa Ribeiro	92	15857	Gespacos	4:31.37	+0,97	648	
	50m: 30.78 30.78	150m: 1:38.32 34.33	250m: 2:46.77 34.05	350m: 3:56.76 35.20				
	100m: 1:03.99 33.21	200m: 2:12.72 34.40	300m: 3:21.56 34.79	400m: 4:31.37 34.61				
17.	Diana Margarida Duraes	96	102992	Porto	4:31.51	+0,84	647	
	50m: 29.76 29.76	150m: 1:35.70 33.50	250m: 2:45.48 35.29	350m: 3:56.38 35.47				
	100m: 1:02.20 32.44	200m: 2:10.19 34.49	300m: 3:20.91 35.43	400m: 4:31.51 35.13				
18.	Beatriz Rodrigues Conde	98	110543	Sporting	4:31.67	+0,73	646	
	50m: 31.34 31.34	150m: 1:41.23 35.01	250m: 2:50.24 33.77	350m: 3:58.31 33.95				
	100m: 1:06.22 34.88	200m: 2:16.47 35.24	300m: 3:24.36 34.12	400m: 4:31.67 33.36				
19.	Marta Alexandra Saraiva	93	14641	Uniao Piedense	4:34.53	+0,91	626	
	50m: 31.46 31.46	150m: 1:39.41 34.35	250m: 2:49.19 35.02	350m: 3:59.93 35.43				
	100m: 1:05.06 33.60	200m: 2:14.17 34.76	300m: 3:24.50 35.31	400m: 4:34.53 34.60				
20.	Maria Joao Fernandes	97	102092	Vilacondense	4:36.40	+0,81	613	
	<i>FTL</i>							
	50m: 31.56 31.56	150m: 1:41.91 35.47	250m: 2:52.97 35.24	350m: 4:02.74 34.43				
	100m: 1:06.44 34.88	200m: 2:17.73 35.82	300m: 3:28.31 35.34	400m: 4:36.40 33.66				
21.	Joana Filipa Capela	89	12794	Benfica	4:36.77	+0,74	611	
	<i>FTL</i>							
	50m: 31.73 31.73	150m: 1:40.47 34.67	250m: 2:51.00 35.43	350m: 4:01.26 34.98				
	100m: 1:05.80 34.07	200m: 2:15.57 35.10	300m: 3:26.28 35.28	400m: 4:36.77 35.51				
22.	Maria Carolina Ribeiro	98	106805	Porto	4:37.03	+0,72	609	
	50m: 31.04 31.04	150m: 1:39.77 34.87	250m: 2:50.55 35.22	350m: 4:01.88 35.79				
	100m: 1:04.90 33.86	200m: 2:15.33 35.56	300m: 3:26.09 35.54	400m: 4:37.03 35.15				
23.	Ana Silva Costa	98	104446	Famalicao	4:38.34	+0,78	601	
	50m: 31.61 31.61	150m: 1:40.27 34.49	250m: 2:51.54 35.60	350m: 4:03.37 35.96				
	100m: 1:05.78 34.17	200m: 2:15.94 35.67	300m: 3:27.41 35.87	400m: 4:38.34 34.97				
24.	Helena Paula Carvalho	95	107307	Uniao Piedense	4:38.38	+0,76	600	
	<i>FTL</i>							
	50m: 31.22 31.22	150m: 1:40.25 35.11	250m: 2:52.05 35.97	350m: 4:04.19 35.92				
	100m: 1:05.14 33.92	200m: 2:16.08 35.83	300m: 3:28.27 36.22	400m: 4:38.38 34.19				
25.	Cassandra Pedro Oliveira	95	111071	Vilacondense	4:40.43	+0,90	587	
	<i>FTL</i>							
	50m: 31.18 31.18	150m: 1:40.39 35.16	250m: 2:52.43 36.19	350m: 4:04.81 36.23				
	100m: 1:05.23 34.05	200m: 2:16.24 35.85	300m: 3:28.58 36.15	400m: 4:40.43 35.62				

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 16, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
26.	Cecilia Branco Almeida <i>FTL</i>	97	105386	Geslours	4:41.37	+0,88	582	
	50m: 32.36 32.36	150m: 1:42.05 35.12	250m: 2:53.45 35.63	350m: 4:05.93 36.52				
	100m: 1:06.93 34.57	200m: 2:17.82 35.77	300m: 3:29.41 35.96	400m: 4:41.37 35.44				
27.	Ana Raquel Ferreira <i>FTL</i>	98	102755	Ginasio Figueirense	4:41.55	+0,86	580	
	50m: 31.57 31.57	150m: 1:41.78 35.37	250m: 2:53.60 35.85	350m: 4:06.37 36.59				
	100m: 1:06.41 34.84	200m: 2:17.75 35.97	300m: 3:29.78 36.18	400m: 4:41.55 35.18				
28.	Catarina Martins Ribeiro <i>FTL</i>	98	107339	Nautico da Marinha Grande	4:46.84	+1,04	549	
	50m: 32.34 32.34	150m: 1:44.02 36.33	250m: 2:56.82 36.52	350m: 4:10.73 37.16				
	100m: 1:07.69 35.35	200m: 2:20.30 36.28	300m: 3:33.57 36.75	400m: 4:46.84 36.11				
29.	Beatriz Filipa Matos <i>FTL</i>	97	103939	Nautico de Coimbra	4:53.17	+0,86	514	
	50m: 32.71 32.71	150m: 1:44.26 36.23	250m: 2:59.04 37.81	350m: 4:15.60 38.31				
	100m: 1:08.03 35.32	200m: 2:21.23 36.97	300m: 3:37.29 38.25	400m: 4:53.17 37.57				
DSQ	Ana Sofia Fernandes <i>403 - Falsa partida - SW 4.4</i>	93	13191	Braga				

Prova 17
08-12-2012

Masc., 100m Bruços

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	22-11-2012
Rec. Nac. 25m Inf B	1:09.54	Andre Goncalo Santos	LSC	Lousada	15-05-2010
Rec. Nac. 25m Inf A	1:07.92	Andre Goncalo Santos	LSC	Viseu	12-03-2011
Rec. Nac. 25m Juv B	1:04.22	Andre Goncalo Santos	LSC	Braga	04-03-2012
Rec. Nac. 25m Juv A	1:04.84	Luis Manuel Fernandes	GDNVNF	Paços de Ferreira	12-12-2010
Rec. Nac. 25m Jun	1:01.25	Pedro Miguel Agostinho	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	22-11-2012

TAC - Masc Sen: 1:07.50; Jun2: 1:07.50; Jun1: 1:09.19

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Joao Silva Gigante	88	14783	Amadora	1:01.57	+0,66	736	
	50m: 28.70 28.70	100m: 1:01.57 32.87						
2.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	1:01.97	+0,73	722	
	50m: 29.40 29.40	100m: 1:01.97 32.57						
3.	Pedro Miguel Agostinho	92	12778	Sporting	1:02.24	+0,58	713	
	50m: 28.94 28.94	100m: 1:02.24 33.30						
4.	Joao Claudio Sousa	93	23458	Gespacos	1:03.19	+0,79	681	
	50m: 30.05 30.05	100m: 1:03.19 33.14						
5.	Nuno Rafael Alves	90	25140	Gespacos	1:03.25	+0,76	679	
	50m: 30.04 30.04	100m: 1:03.25 33.21						
6.	Diogo Filipe Matos	92	14868	Sporting	1:03.61	+0,70	668	
	50m: 29.55 29.55	100m: 1:03.61 34.06						
7.	Rui Filipe Vilar	91	24159	Porto	1:03.99	+0,75	656	
	50m: 30.51 30.51	100m: 1:03.99 33.48						
8.	Miguel Silva Oliveira	91	10822	Nautico de Coimbra	1:06.04	+0,78	597	
	50m: 30.77 30.77	100m: 1:06.04 35.27						

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 17, Masc., 100m Bruços, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final B								
9.	Gil Goncalves Pinto	88	26051	Porto	1:03.71	+0,67	665	
	50m: 30.31 30.31		100m: 1:03.71 33.40					
10.	Tiago Samuel Silva	93	23502	Porto	1:04.58	+0,75	638	
	50m: 30.40 30.40		100m: 1:04.58 34.18					
11.	Henrique Pereira Neiva	84	23019	Vilacondense	1:05.25	+0,77	619	
	50m: 30.92 30.92		100m: 1:05.25 34.33					
12.	Nuno Durao Pascoal	92	12560	Galitos	1:05.38	+0,71	615	
	50m: 31.02 31.02		100m: 1:05.38 34.36					
13.	Sergio Baptista Silva	91	15703	Porto	1:05.40	+0,71	614	
	50m: 30.90 30.90		100m: 1:05.40 34.50					
14.	Vitor Diogo Moura	90	10394	Desportivo Nacional	1:05.96	+0,75	599	
	50m: 30.74 30.74		100m: 1:05.96 35.22					
15.	Diogo Miguel Silva	95	104780	Uniao Piedense	1:06.04	+0,77	597	
	50m: 30.93 30.93		100m: 1:06.04 35.11					
16.	Joao Filipe Costa	96	25569	Sporting	1:06.15	+0,66	594	
	50m: 30.86 30.86		100m: 1:06.15 35.29					

Prova 18
08-12-2012

Femin., 100m Bruços

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Inf B	1:17.79	tempo limite			
Rec. Nac. 25m Inf A	1:15.72	Filipa Vilas Ruivo	DNMG	Caldas da Rainha	01-05-2010
Rec. Nac. 25m Juv	1:11.76	Diana Duarte Gomes	ABVE	Reboleira	28-06-2003
Rec. Nac. 25m Jun	1:08.85	Ana Pinho Rodrigues	AEJ	Ponte de Sôr	13-12-2009
Rec. Nac. 25m Sen	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 1:17.20; Jun2: 1:17.20; Jun1: 1:19.13

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Diana Duarte Gomes	89	20632	Amadora	1:09.55	+0,69	732	
	50m: 33.26 33.26		100m: 1:09.55 36.29					
2.	Ana Pinho Rodrigues	94	13372	Porto	1:09.60	+0,73	731	
	50m: 32.42 32.42		100m: 1:09.60 37.18					
3.	Maria Carolina Rosa	94	14248	Sporting	1:11.40	+0,85	677	
	50m: 33.96 33.96		100m: 1:11.40 37.44					
4.	Ana Teresa Franco	91	11349	Sporting	1:11.61	+0,79	671	
	50m: 33.64 33.64		100m: 1:11.61 37.97					
5.	Fabiana Maria Quintal	84	10396	Desportivo Nacional	1:11.97	+0,73	661	
	50m: 33.67 33.67		100m: 1:11.97 38.30					
6.	Paula Alexandra Oliveira	96	102084	Porto	1:12.16	+0,72	656	
	50m: 33.84 33.84		100m: 1:12.16 38.32					
7.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	1:12.43	+0,70	648	
	50m: 34.24 34.24		100m: 1:12.43 38.19					
8.	Diana Patricia Ferreira	94	23500	Gespacos	1:13.20	+0,90	628	
	50m: 34.17 34.17		100m: 1:13.20 39.03					

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 18, Femin., 100m Bruços, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final B								
9.	Ariana Alves Nunes	95	13348	Portinado	1:13.71	+0,84	615	
	50m: 34.57 34.57		100m: 1:13.71 39.14					
10.	Ana Beatriz Marques	98	110159	Alges	1:13.74	+0,81	614	
	50m: 34.79 34.79		100m: 1:13.74 38.95					
11.	Ana Marisa Brito	90	12800	Benfica	1:14.20	+0,72	603	
	50m: 34.43 34.43		100m: 1:14.20 39.77					
12.	Rute Margarida Marques	94	25359	Amadora	1:14.54	+0,82	595	
	50m: 34.84 34.84		100m: 1:14.54 39.70					
13.	Marta Pereira Abreu	92	23091	Porto	1:14.78	+0,79	589	
	50m: 35.08 35.08		100m: 1:14.78 39.70					
14.	Barbara Sofia Barata	97	105454	Alges	1:14.96	+0,74	585	
	50m: 34.95 34.95		100m: 1:14.96 40.01					
15.	Sofia Machado Dionisio	98	111263	Sporting	1:15.50	+0,92	572	
	50m: 35.41 35.41		100m: 1:15.50 40.09					
16.	Joana Marques Maia	91	25067	Natacao da Maia	1:15.71	+0,82	567	
	50m: 36.30 36.30		100m: 1:15.71 39.41					

Prova 19

Masc., 50m Livres

Absolutos

08-12-2012

Resultados Final

Rec. Nac. 25m Absoluto	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	26.65	Gabriel Jose Lopes	CDL	Lousã	19-06-2010
Rec. Nac. 25m Inf A	25.31	Nuno Miguel Graca	EDV	Ponte da Barca	07-07-2012
Rec. Nac. 25m Juv B	23.96	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	13-12-2009
Rec. Nac. 25m Juv A	24.16	David Miguel Ferro	SFUAP	Algés	12-02-2000
Rec. Nac. 25m Jun	22.33	Tiago Andre Venancio	FPN	Viena (AUT)	16-05-2003
Rec. Nac. 25m Sen	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 24.30; Jun2: 24.30; Jun1: 24.79

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Miguel Duarte Nascimento	95	14944	Portinado	22.24	+0,72	760	
	<i>Recorde Nacional, Junior</i>							
2.	Paulo Jorge Santos	89	25982	Porto	22.89	+0,70	697	
3.	Luis Emanuel Vaz	91	15628	Famalicao	22.99	+0,72	688	
4.	Mario Alexandre Pereira	92	10767	Nautico de Coimbra	23.04	+0,71	683	
5.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	23.26	+0,67	664	
6.	Ricardo Pereira Lopes	90	14831	Amadora	23.41	+0,66	652	
7.	Joao Silva Gigante	88	14783	Amadora	23.55	+0,66	640	
8.	Joao Filipe Carvalho	87	23026	Porto	23.75	+0,75	624	
Final B								
9.	Tiago Ferreira Sousa	91	106684	Desportivo Nacional	23.79	+0,76	621	
10.	David Miguel Leiria	93	14530	Naval Amorense	23.81	+0,78	619	
11.	Rafael Lages Ribas	93	12688	Desportiva de Viana	24.12	+0,75	596	
12.	Carlos Filipe Santos	91	15694	Porto	24.25	+0,72	586	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 19, Masc., 50m Livres, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Filipe Vieira Malheiro FTL	90	13117	Braga	24.42	+0,75	574	
14.	Ricardo Manuel Machado FTL	93	13278	Braga	24.50	+0,76	568	
15.	Vasco Vieira Lopes FTL	84	15718	Leixoes	24.74	+0,74	552	
16.	Joao Pedro Almeida FTL	92	24029	Nautico de Coimbra	24.80	+0,74	548	

Prova 20
08-12-2012

Femin., 50m Livres

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	28.93	Mariana Cunha Guerra	ASSSCC	Leiria	27-03-2010
Rec. Nac. 25m Inf A	28.32	Ines Camacho Fernandes	SCP	Ponte Sor	30-01-2010
Rec. Nac. 25m Juv	27.16	Harriet Larcher Smith	CFB	Tomar	15-03-2003
Rec. Nac. 25m Jun	26.14	Maria Carolina Rosa	SCP	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Sen	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 28.20; Jun2: 28.20; Jun1: 28.76

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Pinho Rodrigues	94	13372	Porto	26.58	+0,74	669	
2.	Jessica Teixeira Vieira	91	104235	Amadora	26.84	+0,70	650	
3.	Raquel Maurile Taveira	95	105392	Alges	26.98	+0,75	639	
4.	Isabel Pinto Abreu	96	26324	Belenenses	27.11	+0,71	630	
5.	Maria Carolina Rosa	94	14248	Sporting	27.17	+0,79	626	
6.	Adriana Daniela Castro	97	104515	Porto	27.24	+0,77	621	
7.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	27.33	+0,85	615	
8.	Rita Amado Laezza	95	12054	Vilacondense	27.47	+0,75	606	
Final B								
9.	Ana Luisa Carvalho	96	24493	Nautico de Coimbra	27.51	+0,85	603	
10.	Rosa Maria Oliveira	96	105858	Estarreja	27.63	+0,88	595	
11.	Catarina Maria Ferreira	98	106534	Desportiva Limiana	27.86	+0,78	581	
	Beatriz Alves Silva	95	26721	Portinado	27.86	+0,70	581	
13.	Patricia Miguel Mendes	96	25590	Naval Amorense	28.07	+0,76	568	
14.	Susana Clara Gomes	77	119272	Naval do Funchal	28.11	+0,74	565	
15.	Filipa Vicente Custois	97	105780	Benedita	28.19	+0,74	561	
16.	Catarina Tiago Nunes FTL	95	100949	Uniao Piedense	29.10	+0,81	510	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 21 Masc., 100m Costas Absolutos
08-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	52.16	Alexis Manacas Santos	FPN	Chartres (FRA)	24-11-2012
Rec. Nac. 25m Inf B	1:04.76	Alexandre Lages Ribas	EDV	Ponte da Barca	09-05-2010
Rec. Nac. 25m Inf A	1:00.97	Alexandre Lages Ribas	EDV	Viseu	11-03-2011
Rec. Nac. 25m Juv B	57.38	Gabriel Jose Lopes	CDL	Coimbra	13-05-2012
Rec. Nac. 25m Juv A	56.45	Diogo Gomes Sousa	CNCVG	Porto	04-12-2010
Rec. Nac. 25m Jun	53.88	Alexis Manacas Santos	SCP	Leiria	05-12-2009
Rec. Nac. 25m Sen	52.16	Alexis Manacas Santos	FPN	Chartres (FRA)	24-11-2012

TAC - Masc Sen: 1:00.50; Jun2: 1:00.50; Jun1: 1:02.01

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Adriano Miguel Niz	86	23013	Famalicao	55.70	+0,88	678	
	50m: 27.57 27.57			100m: 55.70 28.13				
2.	Rodrigo Pereira Lopes	95	26077	Amadora	55.96	+0,67	668	
	50m: 27.33 27.33			100m: 55.96 28.63				
3.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	56.81	+0,60	639	
	50m: 27.72 27.72			100m: 56.81 29.09				
4.	Andre Neves Oliveira	91	14834	Benfica	57.36	+0,66	621	
	50m: 27.73 27.73			100m: 57.36 29.63				
5.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	57.98	+0,58	601	
	50m: 27.97 27.97			100m: 57.98 30.01				
6.	Joao Pedro Neto	95	26959	Naval Setubalense	58.00	+0,72	600	
	50m: 28.30 28.30			100m: 58.00 29.70				
7.	Tiago Manuel Teixeira	96	102485	Vitoria de Guimaraes	58.31	+0,61	591	
	50m: 27.99 27.99			100m: 58.31 30.32				
8.	Daniel Aparicio Pereira	83	24394	Braga	58.59	+0,63	582	
	50m: 28.12 28.12			100m: 58.59 30.47				
Final B								
9.	Edgar Oliveira Ribeiro	93	13277	Braga	58.68	+0,77	580	
	50m: 28.56 28.56			100m: 58.68 30.12				
10.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	58.87	+0,53	574	
	50m: 27.90 27.90			100m: 58.87 30.97				
11.	Samuel Patricio Queiros	91	15701	Porto	58.90	+0,65	573	
	50m: 28.78 28.78			100m: 58.90 30.12				
12.	Antonio Rafael Bessa	94	102089	Gespacos	59.10	+0,73	567	
	50m: 28.58 28.58			100m: 59.10 30.52				
13.	Andre Duarte Vaz	93	10768	Nautico de Coimbra	59.35	+0,68	560	
	50m: 28.76 28.76			100m: 59.35 30.59				
14.	Joao Pedro Santos	95	105859	Estarreja	59.84	+0,60	547	
	50m: 28.87 28.87			100m: 59.84 30.97				
15.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	1:00.12	+0,72	539	
	50m: 28.44 28.44			100m: 1:00.12 31.68				
16.	Filipe Rainho Balseiro	94	102824	Academica de Coimbra	1:00.19	+0,67	537	
	50m: 29.38 29.38			100m: 1:00.19 30.81				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 22 Femin., 100m Costas Absolutos
08-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Inf B	1:10.23	Catarina Alexandra Jardim	GDNVNF	Ponte da Barca	05-03-2010
Rec. Nac. 25m Inf A	1:05.36	Ines Camacho Fernandes	SCP	Tavira	05-03-2010
Rec. Nac. 25m Juv	1:02.96	Ines Camacho Fernandes	SCP	Estoril, Alapraia	12-02-2011
Rec. Nac. 25m Jun	1:01.43	Ines Camacho Fernandes	SCP	Mealhada	17-12-2011
Rec. Nac. 25m Sen	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 1:08.50; Jun2: 1:08.50; Jun1: 1:09.87

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ines Camacho Fernandes	97	106821	Sporting	1:01.55	+0,86	722	
	50m: 29.35 29.35		100m: 1:01.55 32.20					
2.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	1:02.68	+0,62	684	
	50m: 29.98 29.98		100m: 1:02.68 32.70					
3.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	1:02.98	+0,58	674	
	50m: 30.33 30.33		100m: 1:02.98 32.65					
4.	Marta Vieira Marinho	91	15707	Porto	1:03.05	+0,58	672	
	50m: 30.02 30.02		100m: 1:03.05 33.03					
5.	Joana Carina Silva	97	106219	Lousada SXXI	1:03.63	+0,66	653	
	50m: 31.28 31.28		100m: 1:03.63 32.35					
6.	Lisa Marisa Soares	95	25381	Amadora	1:05.30	+0,70	605	
	50m: 31.79 31.79		100m: 1:05.30 33.51					
7.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	1:05.53	+0,63	598	
	50m: 31.49 31.49		100m: 1:05.53 34.04					
8.	Francisca Gomes Azevedo	97	100356	Alges	1:05.55		598	
	50m: 31.76 31.76		100m: 1:05.55 33.79					
Final B								
9.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	1:05.87	+0,70	589	
	50m: 32.09 32.09		100m: 1:05.87 33.78					
10.	Andreia Silva Cruz	88	11126	Naval Amorense	1:06.45	+0,78	574	
	50m: 32.47 32.47		100m: 1:06.45 33.98					
11.	Paula Cristina Yang	95	100229	Geslours	1:06.47	+0,68	573	
	50m: 32.03 32.03		100m: 1:06.47 34.44					
12.	Beatriz Neves Craveiro	97	106762	Nautico de Coimbra	1:06.87	+0,65	563	
	50m: 32.09 32.09		100m: 1:06.87 34.78					
13.	Catarina Brito Ferreira	97	104242	Naval Setubalense	1:07.24	+0,70	554	
	50m: 32.82 32.82		100m: 1:07.24 34.42					
14.	Rita Barros Frischknecht	98	106257	Alges	1:07.54	+0,67	546	
	50m: 32.23 32.23		100m: 1:07.54 35.31					
15.	Ines Lucas Alves	98	104738	Leixoes	1:07.59	+0,63	545	
	50m: 32.71 32.71		100m: 1:07.59 34.88					
16.	Adriana Correia Lopes	95	24491	Nautico de Coimbra	1:07.83	+0,60	539	
	50m: 32.63 32.63		100m: 1:07.83 35.20					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 23 Masc., 100m Mariposa Absolutos
08-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009
Rec. Nac. 25m Inf B	1:01.78	Fabio Parrilha Silva	CNAL	Penafiel	01-04-2000
Rec. Nac. 25m Inf A	59.56	Fabio Parrilha Silva	CNAL	Leiria	07-04-2001
Rec. Nac. 25m Juv B	57.32	Diogo Filipe Carvalho	CGA	Estarreja	10-07-2003
Rec. Nac. 25m Juv A	55.60	Diogo Gomes Sousa	CNCVG	Porto	05-12-2010
Rec. Nac. 25m Jun	53.87	Tiago Andre Venancio	CNS	Cantanhede	19-12-2004
Rec. Nac. 25m Sen	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009

TAC - Masc Sen: 58.50; Jun2: 58.50; Jun1: 59.67

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	52.63	+0,70	781	
	50m: 24.41 24.41			100m: 52.63 28.22				
2.	Simao Gomes Morgado	79	12217	Amadora	53.69	+0,69	736	
	50m: 24.85 24.85			100m: 53.69 28.84				
3.	Miguel Duarte Nascimento	95	14944	Portinado	53.90	+0,73	727	
	50m: 24.97 24.97			100m: 53.90 28.93				
4.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	54.14	+0,77	718	
	50m: 25.32 25.32			100m: 54.14 28.82				
5.	Pedro Andre Santos	94	15732	Alges	54.76	+0,68	693	
	50m: 25.42 25.42			100m: 54.76 29.34				
6.	Fabio Manuel Pereira	86	23049	Vilacondense	55.03	+0,80	683	
	50m: 25.51 25.51			100m: 55.03 29.52				
7.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	55.89	+0,74	652	
	50m: 26.27 26.27			100m: 55.89 29.62				
8.	Carlos Filipe Santos	91	15694	Porto	56.86	+0,74	619	
	50m: 26.06 26.06			100m: 56.86 30.80				
Final B								
9.	Fabio Andre Figueira	88	11084	Porto	56.45	+0,71	633	
	50m: 26.13 26.13			100m: 56.45 30.32				
10.	Ruben Filipe Nunes	94	23302	Gespacos	56.59	+0,84	628	
	50m: 26.80 26.80			100m: 56.59 29.79				
11.	Joao Pedro Teodoro	90	11156	Naval Setubalense	56.88	+0,71	619	
	50m: 26.02 26.02			100m: 56.88 30.86				
12.	Ricardo Pereira Lopes	90	14831	Amadora	57.11	+0,63	611	
	50m: 25.98 25.98			100m: 57.11 31.13				
13.	Miguel Goncalves Ferreira	93	11223	Desportivo Nacional	57.48	+0,84	599	
	50m: 26.79 26.79			100m: 57.48 30.69				
	Claudio Miguel Gomes	95	105039	Gafanha da Encarnacao	57.48	+0,62	599	
	50m: 26.38 26.38			100m: 57.48 31.10				
15.	Diogo Fontes Moreira	93	13359	Leixoes	57.69	+0,67	593	
	50m: 26.91 26.91			100m: 57.69 30.78				
16.	Diogo Andre Gaspar	90	25544	Uniao Piedense	57.92	+0,85	586	
	50m: 26.58 26.58			100m: 57.92 31.34				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 24 Femin., 100m Mariposa Absolutos
08-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010
Rec. Nac. 25m Inf B	1:09.60	Ines Camacho Fernandes	SCP	Cantanhede	16-05-2009
Rec. Nac. 25m Inf A	1:05.50	Ines Camacho Fernandes	SCP	Tavira	07-03-2010
Rec. Nac. 25m Juv	1:04.12	Mariana Cunha Guerra	ASSSCC	Cantanhede	11-12-2011
Rec. Nac. 25m Jun	1:01.56	Filipa Vilas Tiago	SCP	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Sen	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010

TAC - Fem Sen: 1:08.00; Jun2: 1:08.00; Jun1: 1:09.70

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Catarina Monteiro	93	24320	Vilacondense	1:02.92	+1,11	669	
	50m: 29.53 29.53			100m: 1:02.92 33.39				
2.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	1:03.73	+0,67	644	
	50m: 30.23 30.23			100m: 1:03.73 33.50				
3.	Carlota Freitas Olim	93	10949	Naval do Funchal	1:03.87	+0,72	640	
	50m: 29.83 29.83			100m: 1:03.87 34.04				
4.	Catarina Tiago Nunes	95	100949	Uniao Piedense	1:04.20	+0,83	630	
	50m: 29.19 29.19			100m: 1:04.20 35.01				
5.	Bruna Leal Dantas	96	100371	Sporting	1:04.41	+0,78	624	
	50m: 30.61 30.61			100m: 1:04.41 33.80				
6.	Filipa Ferreira Silva	85	12219	Amadora	1:04.61	+0,81	618	
	50m: 29.94 29.94			100m: 1:04.61 34.67				
7.	Sofia Alexandra Branco	98	116596	Sporting	1:04.72	+0,85	615	
	50m: 30.40 30.40			100m: 1:04.72 34.32				
8.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	1:04.91	+0,77	610	
	50m: 30.00 30.00			100m: 1:04.91 34.91				
Final B								
9.	Soraia Vanessa Ribeiro	92	15857	Gespacos	1:06.19	+0,90	575	
	50m: 31.34 31.34			100m: 1:06.19 34.85				
10.	Ana Filipa Carmo	93	15746	Colegio Vasco da Gama	1:06.69	+0,84	562	
	50m: 31.31 31.31			100m: 1:06.69 35.38				
11.	Ines Fernandes Garcia	94	126615	Avancado EUL	1:06.85	+0,74	558	
	50m: 31.11 31.11			100m: 1:06.85 35.74				
12.	Carolina Santos Silva	86	23208	Natacao da Maia	1:07.05	+0,75	553	
	50m: 31.15 31.15			100m: 1:07.05 35.90				
13.	Daniela Figueiredo Metelo	97	26780	Academica de Coimbra	1:07.46	+0,76	543	
	50m: 31.72 31.72			100m: 1:07.46 35.74				
14.	Ariana Alves Nunes	95	13348	Portinado	1:07.53	+0,78	541	
	50m: 30.99 30.99			100m: 1:07.53 36.54				
15.	Claudia Cristina Leao	96	102069	Gespacos	1:07.75	+0,98	536	
	50m: 31.72 31.72			100m: 1:07.75 36.03				
16.	Susana Clara Gomes	77	119272	Naval do Funchal	1:08.30	+0,79	523	
	FTL							
	50m: 31.46 31.46			100m: 1:08.30 36.84				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 25
08-12-2012

Masc., 200m Estilos

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Inf B	2:20.56	Tomas Miguel Freitas	CDN	Funchal	28-06-2003
Rec. Nac. 25m Inf A	2:13.38	Tomas Miguel Freitas	CDN	Funchal	17-07-2004
Rec. Nac. 25m Juv B	2:08.27	Diogo Filipe Carvalho	CGA	Fafe	10-05-2003
Rec. Nac. 25m Juv A	2:05.34	Diogo Filipe Carvalho	CGA	Aveiro	15-05-2004
Rec. Nac. 25m Jun	2:00.80	Diogo Filipe Carvalho	CGA	Estoril	11-02-2005
Rec. Nac. 25m Sen	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Pedro Miguel Pinotes	89	26732	Sporting	2:00.42	+0,69	763	
	50m: 27.12 27.12			100m: 57.83 30.71	150m: 1:32.20 34.37	200m: 2:00.42 28.22		
2.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	2:02.99	+0,78	716	
	50m: 27.00 27.00			100m: 57.76 30.76	150m: 1:34.26 36.50	200m: 2:02.99 28.73		
3.	Tomas Correia Silva	95	23367	Porto	2:04.23	+0,73	695	
	50m: 27.25 27.25			100m: 59.27 32.02	150m: 1:35.31 36.04	200m: 2:04.23 28.92		
4.	Rui Filipe Vilar	91	24159	Porto	2:04.30	+0,73	694	
	50m: 27.60 27.60			100m: 59.96 32.36	150m: 1:35.50 35.54	200m: 2:04.30 28.80		
5.	Nuno Rafael Alves	90	25140	Gespacos	2:04.68	+0,79	688	
	50m: 27.27 27.27			100m: 59.88 32.61	150m: 1:34.83 34.95	200m: 2:04.68 29.85		
6.	Ricardo Amorim Rego	84	15954	Braga	2:06.37	+0,83	660	
	50m: 27.06 27.06			100m: 59.67 32.61	150m: 1:35.72 36.05	200m: 2:06.37 30.65		
7.	Andre Bras Goncalves	88	14767	Amadora	2:06.62	+0,73	657	
	50m: 27.56 27.56			100m: 59.90 32.34	150m: 1:36.48 36.58	200m: 2:06.62 30.14		
8.	Tomas Miguel Veloso	96	10868	Nautico de Coimbra	2:06.89	+0,72	652	
	50m: 27.45 27.45			100m: 1:00.08 32.63	150m: 1:36.34 36.26	200m: 2:06.89 30.55		
Final B								
9.	Joao Andre Neves	95	101408	Academica de Coimbra	2:07.47	+0,74	644	
	50m: 27.67 27.67			100m: 1:02.04 34.37	150m: 1:37.77 35.73	200m: 2:07.47 29.70		
10.	Pedro Barros Mendes	94	11195	Academica de Coimbra	2:08.74	+0,78	625	
	50m: 28.15 28.15			100m: 1:01.39 33.24	150m: 1:38.09 36.70	200m: 2:08.74 30.65		
11.	Nuno Durao Pascoal	92	12560	Galitos	2:09.53	+0,70	613	
	50m: 27.92 27.92			100m: 1:01.52 33.60	150m: 1:39.08 37.56	200m: 2:09.53 30.45		
12.	Afonso Lopes dos Santos	95	14773	Alcobaca	2:10.91	+0,74	594	
	50m: 28.26 28.26			100m: 1:01.32 33.06	150m: 1:40.33 39.01	200m: 2:10.91 30.58		
13.	Tiago Barros Ferreira	94	16003	Alges	2:11.39	+0,79	588	
	50m: 29.20 29.20			100m: 1:01.11 31.91	150m: 1:39.48 38.37	200m: 2:11.39 31.91		
14.	Mario Rui Cruz FTL	94	101128	Amadora	2:12.30	+0,70	576	
	50m: 27.79 27.79			100m: 1:00.23 32.44	150m: 1:40.59 40.36	200m: 2:12.30 31.71		
15.	Paulo Andre Dias FTL	92	23406	Gespacos	2:12.48	+0,88	573	
	50m: 28.05 28.05			100m: 1:02.08 34.03	150m: 1:40.80 38.72	200m: 2:12.48 31.68		
16.	Diogo Miguel Silva FTL	95	104780	Uniao Piedense	2:13.49	+0,78	560	
	50m: 28.32 28.32			100m: 1:03.00 34.68	150m: 1:41.69 38.69	200m: 2:13.49 31.80		

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 26 Femin., 200m Estilos Absolutos
08-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Inf B	2:30.96	Filipa Vilas Ruivo	DNMG	Alcobaça	13-06-2009
Rec. Nac. 25m Inf A	2:25.08	Ines Camacho Fernandes	SCP	Tavira	06-03-2010
Rec. Nac. 25m Juv	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	20-03-2004
Rec. Nac. 25m Jun	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:16.30	Diana Duarte Gomes	CNA	Leiria	05-12-2009

TAC - Fem Sen: 2:29.00; Jun2: 2:29.00; Jun1: 2:32.73

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Final A

1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:14.28	+0,73	798	
	<i>Recorde Nacional, Absoluto e Senior</i>							
	50m:	29.10	29.10	100m:	1:03.08	33.98	150m:	1:41.19
								38.11
							200m:	2:14.28
								33.09
2.	Nadia Moraes Vieira	90	13092	Geslours	2:17.34	+0,70	746	
	50m:	29.39	29.39	100m:	1:03.98	34.59	150m:	1:44.09
								40.11
							200m:	2:17.34
								33.25
3.	Diana Margarida Duraes	96	102992	Porto	2:17.98	+0,85	736	
	50m:	29.78	29.78	100m:	1:04.97	35.19	150m:	1:46.50
								41.53
							200m:	2:17.98
								31.48
4.	Marta Pereira Abreu	92	23091	Porto	2:18.06	+0,85	735	
	50m:	31.10	31.10	100m:	1:05.14	34.04	150m:	1:45.47
								40.33
							200m:	2:18.06
								32.59
5.	Ana Marta Miranda	96	100377	Uniao Piedense	2:22.64	+0,92	666	
	50m:	31.10	31.10	100m:	1:06.76	35.66	150m:	1:48.51
								41.75
							200m:	2:22.64
								34.13
6.	Ana Teresa Franco	91	11349	Sporting	2:22.97	+0,81	661	
	50m:	31.70	31.70	100m:	1:10.19	38.49	150m:	1:49.73
								39.54
							200m:	2:22.97
								33.24
7.	Barbara Sofia Barata	97	105454	Alges	2:24.87	+0,82	636	
	50m:	30.74	30.74	100m:	1:08.73	37.99	150m:	1:50.47
								41.74
							200m:	2:24.87
								34.40
8.	Diana Patricia Ferreira	94	23500	Gespacos	2:27.23	+0,92	606	
	50m:	30.95	30.95	100m:	1:08.76	37.81	150m:	1:51.09
								42.33
							200m:	2:27.23
								36.14

Final B

9.	Joana Dias Santos	96	100397	Uniao Piedense	2:24.05	+0,86	647	
	50m:	32.55	32.55	100m:	1:10.75	38.20	150m:	1:50.16
								39.41
							200m:	2:24.05
								33.89
10.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	2:24.21	+0,84	645	
	50m:	31.29	31.29	100m:	1:08.29	37.00	150m:	1:50.20
								41.91
							200m:	2:24.21
								34.01
11.	Leonor Mourinho Neves	95	105646	Sporting	2:25.74	+0,88	624	
	50m:	31.69	31.69	100m:	1:10.63	38.94	150m:	1:51.87
								41.24
							200m:	2:25.74
								33.87
12.	Ana Margarida Rodrigues	96	103868	Galitos	2:26.32	+0,73	617	
	50m:	31.27	31.27	100m:	1:09.50	38.23	150m:	1:53.24
								43.74
							200m:	2:26.32
								33.08
13.	Rute Margarida Marques	94	25359	Amadora	2:26.60	+0,77	613	
	50m:	31.80	31.80	100m:	1:10.04	38.24	150m:	1:52.04
								42.00
							200m:	2:26.60
								34.56
14.	Ines Joao Costa	95	12893	Braga	2:27.64	+0,88	601	
	50m:	32.04	32.04	100m:	1:09.65	37.61	150m:	1:53.10
								43.45
							200m:	2:27.64
								34.54
15.	Carolina Mantua Guedes	98	110539	Sporting	2:28.76	+0,77	587	
	50m:	31.22	31.22	100m:	1:09.72	38.50	150m:	1:53.86
								44.14
							200m:	2:28.76
								34.90
16.	Raquel Paulo Ranito	94	25504	Sporting	2:28.96	+0,87	585	
	50m:	32.12	32.12	100m:	1:09.32	37.20	150m:	1:54.01
								44.69
							200m:	2:28.96
								34.95

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 29 Masc., 4 x 200m Livres Absolutos
08-12-2012 Resultados

Rec. Nac. 25m Absoluto	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	7:39.07	Futebol Clube do Porto/Imperio BoniFCP		Felgueiras	08-03-1998
Rec. Nac. 25m Sen	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 8:00.00; Jun2: 8:00.00

Pontos: FINA 2012

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Sporting			Sporting	7:24.51	+0,90	779	
	Mario Andre Bonanca	+0,90	54.67	1:52.94	Pedro Miguel Pinotes	+0,40	53.11	1:49.25
	Bernardo Leitao Graca	+0,30	55.50	1:52.72	Ricardo Ferreira Cotovio	+0,36	53.27	1:49.60
2.	Nautico de Coimbra			Nautico de Coimbra	7:27.90	+0,80	761	
	Miguel Silva Oliveira	+0,80	54.16	1:52.36	Andre Duarte Vaz	+0,35	54.83	1:54.42
	Mario Alexandre Pereira	+0,36	52.20	1:47.98	Tomas Miguel Veloso	+0,41	54.68	1:53.14
3.	Porto			Porto	7:29.33	+0,71	754	
	Tomas Correia Silva	+0,71	55.96	1:53.33	Rui Filipe Vilar	+0,18	54.72	1:53.49
	Fabio Andre Figueira	+0,17	54.06	1:51.61	Joao Filipe Carvalho	+0,16	52.96	1:50.90
4.	Braga			Braga	7:34.60	+0,76	728	
	Ricardo Manuel Machado	+0,76	54.19	1:51.74	Ricardo Amorim Rego	+0,20	54.35	1:53.60
	Edgar Oliveira Ribeiro	+0,41	54.23	1:52.08	Filipe Vieira Malheiro	+0,48	55.51	1:57.18
5.	Colegio Vasco da Gama			Colegio Vasco da Gama	7:36.69	+0,67	718	
	Goncalo Cardoso Carmo	+0,67	55.63	1:54.57	Ricardo Verissimo Sousa	+0,32	56.39	1:58.38
	Nuno Goncalo Quintanilha	+0,28	55.38	1:52.99	Diogo Gomes Sousa	+0,58	55.51	1:50.75
6.	Naval Amorense			Naval Amorense	7:37.83	+0,70	713	
	Recorde Nacional, Junior							
	Rafael Lourenco Gil	+0,70	54.70	1:53.00	Tiago Ferreira Azevedo	+0,33	54.58	1:52.95
	Rafael Filipe Nunes	+0,45	57.52	1:58.17	Joao Carlos Santos	+0,51	55.95	1:53.71
7.	Academica de Coimbra			Academica de Coimbra	7:40.33	+0,72	701	
	Joao Andre Neves	+0,72	55.62	1:53.89	Filipe Rainho Balseiro	+0,10	57.04	1:57.08
	Joao Nuno Pires	+0,23	56.46	1:56.56	Gustavo Almeida Madureira	+0,52	53.88	1:52.80
8.	Gespacos			Gespacos	7:46.41	+0,80	674	
	Joao Claudio Sousa	+0,80	56.24	1:55.48	Antonio Rafael Bessa	+0,48	57.92	1:58.86
	Ruben Filipe Nunes	+0,23	55.68	1:55.77	Hugo Alberto Ribeiro	+0,39	56.43	1:56.30
9.	Uniao Piedense			Uniao Piedense	7:50.38	+0,84	657	
	Andre Rafael Marinho	+0,84	55.82	1:56.81	Fabio Alexandre Freitas	+0,39	57.83	2:00.56
	Vasco Miguel Gaspar	+0,38	55.05	1:54.01	Diogo Andre Gaspar	+0,51	55.92	1:59.00
10.	Amadora			Amadora	7:50.41	+0,71	657	
	Nuno Miguel Rola	+0,71	57.04	1:58.94	Andre Bras Goncalves	+0,29	55.32	1:55.26
	Rodrigo Pereira Lopes	+0,31	55.31	1:59.15	Mario Rui Cruz	+0,39	55.76	1:57.06
11.	Vilacondense			Vilacondense	7:57.37	+0,88	629	
	Joao Pedro Santos	+0,88	57.64	2:00.33	Joao Duarte Marafona	+0,33	56.18	1:58.05
	Joao Miguel Costa	-0,01	56.35	1:57.72	Pedro Maria Bessa	+0,06	57.27	2:01.27
12.	Geslours			Geslours	7:59.33	+0,73	621	
	Paulo Fragueiro Franco	+0,73	57.67	1:57.58	Bruno Miguel Rainho	+0,35	58.23	2:02.67
	Pedro Lobato Rijo	+0,23	56.94	1:59.42	Ricardo Miguel Antunes	+0,32	57.84	1:59.66
13.	Desportivo Nacional			Desportivo Nacional	7:59.58	+0,79	620	
	Tomas Miguel Freitas	+0,79	56.65	1:57.32	Miguel Goncalves Ferreira	+0,30	58.43	2:02.25
	Duarte Nuno Vieira	+0,15	58.89	2:00.93	Diego Felipe Santos	+0,33	57.03	1:59.08

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 30 Femin., 4 x 200m Livres Absolutos
08-12-2012 Resultados

Rec. Nac. 25m Absoluto	8:14.13	Futebol Clube do Porto/Dolce Vita	FCP	Porto	05-12-2010
Rec. Nac. 25m Jun	8:29.70	Sporting Clube de Portugal	SCP	Leiria	05-12-2009
Rec. Nac. 25m Sen	8:14.13	Futebol Clube do Porto/Dolce Vita	FCP	Porto	05-12-2010

TAC - Fem Sen: 9:03.00; Jun2: 9:03.00

Pontos: FINA 2012

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1. Porto		Porto	8:24.29	+0,88	739	
Maria Luis Amorim	+0,88	2:08.17	Ana Goncalves Neto	+0,57	1:00.97	2:05.84
Joana Aguiar Rodrigues	+0,30	2:05.32	Marta Vieira Marinho	+0,39	59.58	2:04.96
2. Alges		Alges	8:31.25	+0,81	709	
Ines Alexandra Paiva	+0,81	2:06.26	Carolina Sanchez Rodrigues	+0,36	1:00.75	2:09.47
Barbara Marques Rodrigues	+0,37	2:07.50	Francisca Gomes Azevedo	+0,10	1:01.61	2:08.02
3. Columbofila Cantanhedense		Columbofila Cantanhedense	8:39.47	+0,77	676	
Mariana Cunha Guerra	+0,77	2:08.79	Vanessa Branco Machado	+0,39	1:04.10	2:14.27
Florabela Cavaco Machado	+0,38	2:07.55	Maria Malaguerra Costa	+0,19	1:01.02	2:08.86
4. Uniao Piedense		Uniao Piedense	8:41.18	+0,79	669	
Helena Paula Carvalho	+0,79	2:13.33	Marta Alexandra Saraiva		1:02.54	2:09.36
Ana Marta Miranda	+0,42	2:10.21	Catarina Tiago Nunes	+0,33	49.62	2:08.28
5. Geslours		Geslours	8:44.33	+0,88	657	
Cecilia Branco Almeida	+0,88	2:13.37	Paula Cristina Yang	+0,61	1:04.39	2:12.78
Nadia Morais Vieira	+0,64	2:07.58	Tatiana Ladeiro Santos	+0,13	1:02.04	2:10.60
6. Amadora		Amadora	8:46.88	+0,76	648	
Diana Duarte Gomes	+0,76	2:11.23	Jessica Teixeira Vieira	+0,28	1:01.84	2:11.17
Lisa Marisa Soares	+0,15	2:09.67	Rute Margarida Marques	+0,41	1:03.81	2:14.81
7. Gespacos		Gespacos	8:47.23	+0,96	646	
Soraia Vanessa Ribeiro	+0,96	2:10.96	Claudia Cristina Leao	+0,50	1:05.21	2:16.08
Andreia Sofia Torres	+0,23	2:11.36	Diana Patricia Ferreira	+0,56	1:02.08	2:08.83
8. Vilacondense		Vilacondense	8:49.29	+0,71	639	
Ana Catarina Monteiro	+0,71	2:08.26	Maria Joao Fernandes	+0,20	1:04.87	2:17.00
Ana Filipa Gomes	+0,39	2:12.23	Cassandra Pedro Oliveira	+0,32	1:02.59	2:11.80
9. Nautico de Coimbra		Nautico de Coimbra	8:51.24	+0,89	632	
Ana Luisa Carvalho	+0,89	2:11.81	Beatriz Neves Craveiro	+0,34	1:02.19	2:10.78
Adriana Correia Lopes	+0,35	2:13.09	Andreia Margarida Morgado	+0,39	1:05.19	2:15.56
10. Braga		Braga	8:57.91	+0,99	608	
Ana Sofia Fernandes	+0,99	2:12.65	Ines Joao Costa	+0,54	1:04.83	2:15.30
Sara Faria Costa	+0,48	2:15.31	Vera Patricia Fernandes	+0,33	1:04.29	2:14.65

DSQ Sporting

Sporting

a segunda nadadora não rompeu superfície da água com a cabeça antes dos 15 metros - SW 5.3

Mafalda Gomes Beleza	+0,81	1:00.33	2:04.84	Leonor Mourinho Neves	+0,49
Ines Camacho Fernandes	+0,49			Beatriz Rodrigues Conde	+0,46

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 31 Femin., 800m Livres Absolutos
09-12-2012 - 9:00 Resultados

Rec. Nac. 25m Absoluto	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002
Rec. Nac. 25m Jun	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004
Rec. Nac. 25m Sen	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002

TAC - Fem Sen: 9:32.00; Jun2: 9:32.00; Jun1: 9:43.44

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Angelica Maria Andre	94	15497	Leixoes	8:41.65	+0,76	801	
	<i>Recorde Nacional, Absoluto e Senior</i>							
	50m: 30.75	30.75	250m: 2:43.43	32.79	450m: 4:54.23	32.72	650m: 7:05.57	32.87
	100m: 1:03.61	32.86	300m: 3:16.34	32.91	500m: 5:27.02	32.79	700m: 7:38.54	32.97
	150m: 1:37.21	33.60	350m: 3:48.94	32.60	550m: 5:59.87	32.85	750m: 8:11.14	32.60
	200m: 2:10.64	33.43	400m: 4:21.51	32.57	600m: 6:32.70	32.83	800m: 8:41.65	30.51
2.	Ines Alexandra Paiva	96	100378	Alges	8:52.57	+0,82	753	
	50m: 31.20	31.20	250m: 2:44.96	33.56	450m: 5:00.02	33.37	650m: 7:14.25	33.47
	100m: 1:04.27	33.07	300m: 3:18.75	33.79	500m: 5:33.68	33.66	700m: 7:47.48	33.23
	150m: 1:38.06	33.79	350m: 3:52.55	33.80	550m: 6:07.28	33.60	750m: 8:20.81	33.33
	200m: 2:11.40	33.34	400m: 4:26.65	34.10	600m: 6:40.78	33.50	800m: 8:52.57	31.76
3.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	8:52.94	+0,80	751	
	50m: 30.69	30.69	250m: 2:45.03	33.35	450m: 5:00.26	33.70	650m: 7:15.10	33.61
	100m: 1:04.17	33.48	300m: 3:18.78	33.75	500m: 5:34.06	33.80	700m: 7:48.59	33.49
	150m: 1:38.09	33.92	350m: 3:52.65	33.87	550m: 6:07.82	33.76	750m: 8:21.74	33.15
	200m: 2:11.68	33.59	400m: 4:26.56	33.91	600m: 6:41.49	33.67	800m: 8:52.94	31.20
4.	Ana Goncalves Neto	95	101958	Porto	8:56.04	+0,98	738	
	50m: 30.55	30.55	250m: 2:44.79	33.54	450m: 4:58.47	32.93	650m: 7:13.40	33.61
	100m: 1:03.78	33.23	300m: 3:18.09	33.30	500m: 5:32.12	33.65	700m: 7:47.16	33.76
	150m: 1:37.40	33.62	350m: 3:51.63	33.54	550m: 6:06.06	33.94	750m: 8:22.00	34.84
	200m: 2:11.25	33.85	400m: 4:25.54	33.91	600m: 6:39.79	33.73	800m: 8:56.04	34.04
5.	Florbela Cavaco Machado	96	103916	Columbofila Cantanhedense	8:59.88	+0,77	722	
	50m: 31.07	31.07	250m: 2:46.11	34.03	450m: 5:01.61	33.68	650m: 7:18.91	34.70
	100m: 1:04.58	33.51	300m: 3:19.79	33.68	500m: 5:36.02	34.41	700m: 7:53.57	34.66
	150m: 1:38.31	33.73	350m: 3:53.82	34.03	550m: 6:10.06	34.04	750m: 8:27.75	34.18
	200m: 2:12.08	33.77	400m: 4:27.93	34.11	600m: 6:44.21	34.15	800m: 8:59.88	32.13
6.	Ana Catarina Monteiro	93	24320	Vilacondense	9:00.32	+0,75	721	
	50m: 31.50	31.50	250m: 2:48.20	34.36	450m: 5:05.03	34.11	650m: 7:21.63	33.94
	100m: 1:05.34	33.84	300m: 3:22.50	34.30	500m: 5:39.15	34.12	700m: 7:55.64	34.01
	150m: 1:39.59	34.25	350m: 3:56.80	34.30	550m: 6:13.44	34.29	750m: 8:29.54	33.90
	200m: 2:13.84	34.25	400m: 4:30.92	34.12	600m: 6:47.69	34.25	800m: 9:00.32	30.78
7.	Vania Soares Neves	90	12380	Viana Natacao	9:01.86	+0,73	714	
	50m: 31.15	31.15	250m: 2:48.30	34.61	450m: 5:04.87	33.74	650m: 7:21.30	34.11
	100m: 1:05.11	33.96	300m: 3:22.83	34.53	500m: 5:39.01	34.14	700m: 7:55.33	34.03
	150m: 1:39.22	34.11	350m: 3:56.87	34.04	550m: 6:13.10	34.09	750m: 8:29.49	34.16
	200m: 2:13.69	34.47	400m: 4:31.13	34.26	600m: 6:47.19	34.09	800m: 9:01.86	32.37
8.	Joana Aguiar Rodrigues	93	15401	Porto	9:05.85	+0,90	699	
	50m: 30.80	30.80	250m: 2:44.73	33.88	450m: 5:01.44	34.15	650m: 7:21.27	35.16
	100m: 1:03.92	33.12	300m: 3:18.48	33.75	500m: 5:36.04	34.60	700m: 7:56.43	35.16
	150m: 1:37.58	33.66	350m: 3:52.96	34.48	550m: 6:10.93	34.89	750m: 8:31.25	34.82
	200m: 2:10.85	33.27	400m: 4:27.29	34.33	600m: 6:46.11	35.18	800m: 9:05.85	34.60
9.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	9:09.15	+0,87	686	
	50m: 31.26	31.26	250m: 2:48.74	34.65	450m: 5:06.79	34.63	650m: 7:26.06	34.95
	100m: 1:05.29	34.03	300m: 3:23.27	34.53	500m: 5:41.54	34.75	700m: 8:00.71	34.65
	150m: 1:39.76	34.47	350m: 3:57.36	34.09	550m: 6:16.33	34.79	750m: 8:35.24	34.53
	200m: 2:14.09	34.33	400m: 4:32.16	34.80	600m: 6:51.11	34.78	800m: 9:09.15	33.91

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Leonor Mourinho Neves	95	105646	Sporting	9:10.10	+0,82	683	
	50m: 31.12 31.12	250m: 2:46.32	34.31	450m: 5:05.43	34.86	650m: 7:25.64	35.08	
	100m: 1:04.10 32.98	300m: 3:20.88	34.56	500m: 5:40.22	34.79	700m: 8:00.83	35.19	
	150m: 1:37.78 33.68	350m: 3:55.77	34.89	550m: 6:15.31	35.09	750m: 8:35.83	35.00	
	200m: 2:12.01 34.23	400m: 4:30.57	34.80	600m: 6:50.56	35.25	800m: 9:10.10	34.27	
11.	Barbara Marques Rodrigues	97	107039	Alges	9:12.12	+0,88	675	
	50m: 30.76 30.76	250m: 2:48.00	34.72	450m: 5:07.47	34.86	650m: 7:27.67	35.02	
	100m: 1:04.27 33.51	300m: 3:22.83	34.83	500m: 5:42.53	35.06	700m: 8:02.54	34.87	
	150m: 1:38.57 34.30	350m: 3:57.77	34.94	550m: 6:17.66	35.13	750m: 8:37.65	35.11	
	200m: 2:13.28 34.71	400m: 4:32.61	34.84	600m: 6:52.65	34.99	800m: 9:12.12	34.47	
12.	Maria Luis Amorim	95	102029	Porto	9:13.46	+0,92	670	
	50m: 31.15 31.15	250m: 2:48.66	34.84	450m: 5:05.99	33.49	650m: 7:26.82	35.98	
	100m: 1:04.84 33.69	300m: 3:23.09	34.43	500m: 5:40.64	34.65	700m: 8:02.57	35.75	
	150m: 1:39.43 34.59	350m: 3:57.48	34.39	550m: 6:15.69	35.05	750m: 8:38.02	35.45	
	200m: 2:13.82 34.39	400m: 4:32.50	35.02	600m: 6:50.84	35.15	800m: 9:13.46	35.44	
13.	Sofia Alexandra Branco	98	116596	Sporting	9:15.31	+0,77	664	
	50m: 31.58 31.58	250m: 2:51.04	34.58	450m: 5:11.54	34.90	650m: 7:31.38	35.09	
	100m: 1:06.40 34.82	300m: 3:26.02	34.98	500m: 5:46.04	34.50	700m: 8:06.65	35.27	
	150m: 1:41.51 35.11	350m: 4:01.13	35.11	550m: 6:21.05	35.01	750m: 8:41.83	35.18	
	200m: 2:16.46 34.95	400m: 4:36.64	35.51	600m: 6:56.29	35.24	800m: 9:15.31	33.48	
14.	Diana Margarida Duraes	96	102992	Porto	9:15.84	+0,85	662	
	50m: 31.00 31.00	250m: 2:48.24	35.05	450m: 5:08.64	35.18	650m: 7:30.07	35.30	
	100m: 1:04.45 33.45	300m: 3:23.21	34.97	500m: 5:43.89	35.25	700m: 8:05.37	35.30	
	150m: 1:38.65 34.20	350m: 3:58.20	34.99	550m: 6:19.21	35.32	750m: 8:40.74	35.37	
	200m: 2:13.19 34.54	400m: 4:33.46	35.26	600m: 6:54.77	35.56	800m: 9:15.84	35.10	
15.	Maria Teresa Amorim	97	20104	Porto	9:19.20	+0,92	650	
	50m: 31.22 31.22	250m: 2:48.42	34.87	450m: 5:08.80	35.18	650m: 7:32.52	36.19	
	100m: 1:04.51 33.29	300m: 3:23.39	34.97	500m: 5:44.44	35.64	700m: 8:08.30	35.78	
	150m: 1:38.89 34.38	350m: 3:58.40	35.01	550m: 6:20.18	35.74	750m: 8:44.38	36.08	
	200m: 2:13.55 34.66	400m: 4:33.62	35.22	600m: 6:56.33	36.15	800m: 9:19.20	34.82	
16.	Carolina Mantua Guedes	98	110539	Sporting	9:20.43	+0,78	646	
	50m: 31.76 31.76	250m: 2:51.71	35.10	450m: 5:12.54	35.25	650m: 7:35.23	35.39	
	100m: 1:06.47 34.71	300m: 3:26.81	35.10	500m: 5:48.03	35.49	700m: 8:11.25	36.02	
	150m: 1:41.45 34.98	350m: 4:01.77	34.96	550m: 6:23.81	35.78	750m: 8:46.72	35.47	
	200m: 2:16.61 35.16	400m: 4:37.29	35.52	600m: 6:59.84	36.03	800m: 9:20.43	33.71	
17.	Raquel Paulo Ranito	94	25504	Sporting	9:21.97	+0,81	640	
	50m: 32.58 32.58	250m: 2:54.09	35.42	450m: 5:15.45	34.93	650m: 7:37.98	35.57	
	100m: 1:08.05 35.47	300m: 3:29.67	35.58	500m: 5:51.09	35.64	700m: 8:12.87	34.89	
	150m: 1:43.49 35.44	350m: 4:05.10	35.43	550m: 6:26.60	35.51	750m: 8:47.43	34.56	
	200m: 2:18.67 35.18	400m: 4:40.52	35.42	600m: 7:02.41	35.81	800m: 9:21.97	34.54	
18.	Marta Alexandra Saraiva	93	14641	Uniao Piedense	9:22.85	+0,95	637	
	50m: 32.72 32.72	250m: 2:53.73	35.39	450m: 5:15.85	35.50	650m: 7:38.22	35.81	
	100m: 1:07.88 35.16	300m: 3:29.04	35.31	500m: 5:51.08	35.23	700m: 8:13.90	35.68	
	150m: 1:43.05 35.17	350m: 4:04.80	35.76	550m: 6:26.58	35.50	750m: 8:49.17	35.27	
	200m: 2:18.34 35.29	400m: 4:40.35	35.55	600m: 7:02.41	35.83	800m: 9:22.85	33.68	
19.	Bruna Leal Dantas	96	100371	Sporting	9:22.86	+0,79	637	
	50m: 32.30 32.30	250m: 2:53.03	35.29	450m: 5:15.34	35.58	650m: 7:38.24	35.94	
	100m: 1:07.00 34.70	300m: 3:28.50	35.47	500m: 5:50.88	35.54	700m: 8:13.85	35.61	
	150m: 1:42.37 35.37	350m: 4:04.16	35.66	550m: 6:26.79	35.91	750m: 8:48.94	35.09	
	200m: 2:17.74 35.37	400m: 4:39.76	35.60	600m: 7:02.30	35.51	800m: 9:22.86	33.92	
20.	Ana Silva Costa	98	104446	Famalicao	9:24.67	+0,83	631	
	50m: 32.44 32.44	250m: 2:53.39	35.26	450m: 5:15.87	35.56	650m: 7:38.74	36.01	
	100m: 1:07.60 35.16	300m: 3:28.74	35.35	500m: 5:51.27	35.40	700m: 8:14.42	35.68	
	150m: 1:42.89 35.29	350m: 4:04.55	35.81	550m: 6:27.03	35.76	750m: 8:50.05	35.63	
	200m: 2:18.13 35.24	400m: 4:40.31	35.76	600m: 7:02.73	35.70	800m: 9:24.67	34.62	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Adriana Daniela Castro	97	104515	Porto	9:27.32	+0,85	622	
	50m: 32.26 32.26	250m: 2:55.65	35.85	450m: 5:18.41	35.54	650m: 7:42.07	35.61	
	100m: 1:07.93 35.67	300m: 3:31.71	36.06	500m: 5:54.55	36.14	700m: 8:17.62	35.55	
	150m: 1:43.99 36.06	350m: 4:07.53	35.82	550m: 6:30.63	36.08	750m: 8:53.06	35.44	
	200m: 2:19.80 35.81	400m: 4:42.87	35.34	600m: 7:06.46	35.83	800m: 9:27.32	34.26	
22.	Helena Paula Carvalho	95	107307	Uniao Piedense	9:32.28	+0,84	606	
	<i>FTL</i>							
	50m: 31.80 31.80	250m: 2:53.79	36.06	450m: 5:19.65	36.48	650m: 7:45.04	36.30	
	100m: 1:06.49 34.69	300m: 3:30.12	36.33	500m: 5:55.98	36.33	700m: 8:21.50	36.46	
	150m: 1:41.97 35.48	350m: 4:06.70	36.58	550m: 6:32.62	36.64	750m: 8:57.64	36.14	
	200m: 2:17.73 35.76	400m: 4:43.17	36.47	600m: 7:08.74	36.12	800m: 9:32.28	34.64	
23.	Catia Andreia Clara	95	101886	Nautico da Marinha Grande	9:39.48	+0,93	584	
	<i>FTL</i>							
	50m: 32.26 32.26	250m: 2:54.96	35.87	450m: 5:21.32	36.89	650m: 7:49.14	37.38	
	100m: 1:07.18 34.92	300m: 3:31.23	36.27	500m: 5:57.84	36.52	700m: 8:26.01	36.87	
	150m: 1:42.88 35.70	350m: 4:07.70	36.47	550m: 6:34.64	36.80	750m: 9:03.32	37.31	
	200m: 2:19.09 36.21	400m: 4:44.43	36.73	600m: 7:11.76	37.12	800m: 9:39.48	36.16	
24.	Clarisse Matos Lopes	98	100069	Viver Santarem	9:43.20	+0,96	573	
	50m: 33.71 33.71	250m: 2:59.98	36.67	450m: 5:27.24	36.86	650m: 7:54.87	36.99	
	100m: 1:09.66 35.95	300m: 3:36.81	36.83	500m: 6:03.98	36.74	700m: 8:31.28	36.41	
	150m: 1:46.29 36.63	350m: 4:13.50	36.69	550m: 6:41.09	37.11	750m: 9:07.58	36.30	
	200m: 2:23.31 37.02	400m: 4:50.38	36.88	600m: 7:17.88	36.79	800m: 9:43.20	35.62	
25.	Ana Raquel Ferreira	98	102755	Ginasio Figueirense	9:48.61	+0,83	557	
	<i>FTL</i>							
	50m: 31.99 31.99	250m: 2:57.44	36.73	450m: 5:26.71	37.50	650m: 7:57.64	36.84	
	100m: 1:07.56 35.57	300m: 3:34.28	36.84	500m: 6:04.28	37.57	700m: 8:35.35	37.71	
	150m: 1:44.65 37.09	350m: 4:11.62	37.34	550m: 6:43.16	38.88	750m: 9:12.82	37.47	
	200m: 2:20.71 36.06	400m: 4:49.21	37.59	600m: 7:20.80	37.64	800m: 9:48.61	35.79	
26.	Beatriz Filipa Matos	97	103939	Nautico de Coimbra	9:49.74	+0,85	554	
	<i>FTL</i>							
	50m: 32.91 32.91	250m: 2:58.21	36.96	450m: 5:26.94	37.27	650m: 7:57.14	37.72	
	100m: 1:08.42 35.51	300m: 3:35.28	37.07	500m: 6:04.25	37.31	700m: 8:35.31	38.17	
	150m: 1:44.68 36.26	350m: 4:12.27	36.99	550m: 6:41.60	37.35	750m: 9:13.29	37.98	
	200m: 2:21.25 36.57	400m: 4:49.67	37.40	600m: 7:19.42	37.82	800m: 9:49.74	36.45	
27.	Marina Micaela Sequeira	98	112319	Uniao Piedense	9:53.92	+0,82	542	
	<i>FTL</i>							
	50m: 32.44 32.44	250m: 2:57.88	37.10	450m: 5:29.46	38.29	650m: 8:02.29	37.86	
	100m: 1:07.54 35.10	300m: 3:35.35	37.47	500m: 6:07.81	38.35	700m: 8:40.07	37.78	
	150m: 1:43.92 36.38	350m: 4:13.35	38.00	550m: 6:46.09	38.28	750m: 9:17.64	37.57	
	200m: 2:20.78 36.86	400m: 4:51.17	37.82	600m: 7:24.43	38.34	800m: 9:53.92	36.28	
28.	Catarina Martins Ribeiro	98	107339	Nautico da Marinha Grande	9:57.63	+1,02	532	
	<i>FTL</i>							
	50m: 33.63 33.63	250m: 3:02.28	37.19	450m: 5:33.77	38.10	650m: 8:05.41	37.80	
	100m: 1:10.23 36.60	300m: 3:39.89	37.61	500m: 6:12.13	38.36	700m: 8:43.50	38.09	
	150m: 1:47.48 37.25	350m: 4:18.04	38.15	550m: 6:50.05	37.92	750m: 9:21.28	37.78	
	200m: 2:25.09 37.61	400m: 4:55.67	37.63	600m: 7:27.61	37.56	800m: 9:57.63	36.35	

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 32 Masc., 50m Mariposa Absolutos
09-12-2012 - 9:30 Resultados Elimin

Rec. Nac. 25m Absoluto	23.50	Tiago Andre Venancio	FPN	Szczecin (POL)	11-12-2011
Rec. Nac. 25m Jun	24.83	Miguel Silva Oliveira	CNAC	Coimbra	09-05-2009
Rec. Nac. 25m Sen	23.50	Tiago Andre Venancio	FPN	Szczecin (POL)	11-12-2011

TAC - Masc Sen: 26.70; Jun2: 26.70; Jun1: 26.70

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	24.86	+0,69	674	A
2.	Joao Silva Gigante	88	14783	Amadora	25.21	+0,66	646	A
3.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	25.28	+0,73	641	A
4.	Joao Pedro Teodoro	90	11156	Naval Setubalense	25.30	+0,73	639	A
5.	Carlos Filipe Santos	91	15694	Porto	25.35	+0,74	635	A
6.	Simao Gomes Morgado	79	12217	Amadora	25.38	+0,70	633	A
7.	Fabio Manuel Pereira	86	23049	Vilacondense	25.45	+0,77	628	A
	Diogo Andre Gaspar	90	25544	Uniao Piedense	25.45	+0,78	628	A
9.	Pedro Andre Santos	94	15732	Alges	25.54	+0,67	621	B
10.	Ricardo Pereira Lopes	90	14831	Amadora	25.60	+0,62	617	B
11.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	25.61	+0,70	616	B
12.	Nelson Filipe Martinho	89	16016	Natacao de Valongo	25.63	+0,77	615	B
13.	Andre Neves Oliveira	91	14834	Benfica	25.79	+0,70	603	B
	Fabio Andre Figueira	88	11084	Porto	25.79	+0,71	603	B
15.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	25.88	+0,71	597	B
16.	Frederico Manuel Moeda	95	117080	Estrelas S. Joao de Brito	25.92	+0,70	594	B
17.	Claudio Miguel Gomes	95	105039	Gafanha da Encarnacao	25.94	+0,60	593	R
18.	Miguel Goncalves Ferreira	93	11223	Desportivo Nacional	25.95	+0,79	592	R
19.	Daniel Aparicio Pereira	83	24394	Braga	25.98	+0,77	590	
20.	Paulo Jorge Santos	89	25982	Porto	26.05	+0,73	586	
21.	Joao Filipe Lucas	94	26879	Academica de Coimbra	26.07	+0,78	584	
22.	Ricardo Sousa Filipe	88	12555	Louletano/Loule Concelho	26.09	+0,75	583	
23.	Diogo Fontes Moreira	93	13359	Leixoes	26.21	+0,76	575	
24.	Andre Filipe Teodoro	95	25350	Naval Setubalense	26.24	+0,75	573	
25.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	26.33	+0,69	567	
26.	Nuno Miguel Rola	83	11949	Amadora	26.45	+0,68	559	
27.	Joao Pedro Almeida	92	24029	Nautico de Coimbra	26.50	+0,72	556	
28.	Ricardo Verissimo Sousa	93	25548	Colegio Vasco da Gama	26.62	+0,72	549	
29.	Joao Guilherme Ferreira	93	109907	Desporto de Barcelos	26.65	+0,87	547	
30.	Joao Tiago Neves	94	105553	Amadora	26.73	+0,71	542	
	FTL							
31.	Henrique Jose Marquez	95	13912	Galitos	26.75	+0,70	541	
	FTL							
32.	Thiago Duarte Goncalves	89	12543	Estrelas S. Joao de Brito	26.95	+0,78	529	
	FTL							
33.	Joao Pedro Vieira	94	13856	Naval do Funchal	27.09	+0,74	521	
	FTL							
34.	Daniel Ribeiro Sousa	95	101888	Nautico da Marinha Grande	27.14	+0,86	518	
	FTL							
35.	Ricardo Miguel Antunes	94	100228	Geslours	27.23	+0,71	513	
	FTL							
DNS	Simao Pedro Alves	94	102500	Famalicao				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 33 Femin., 50m Mariposa Absolutos
09-12-2012 - 9:40 Resultados Elimin

Rec. Nac. 25m Absoluto	26.78	Sara Freitas Oliveira	FPN	Dubai (UAE)	16-12-2010
Rec. Nac. 25m Jun	27.57	Filipa Vilas Tiago	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	26.78	Sara Freitas Oliveira	FPN	Dubai (UAE)	16-12-2010

TAC - Fem Sen: 30.80; Jun2: 30.80; Jun1: 30.80

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	28.23	+0,73	644	A
2.	Ana Catarina Monteiro	93	24320	Vilacondense	28.57	+0,70	621	A
3.	Catarina Tiago Nunes	95	100949	Uniao Piedense	28.81	+0,81	605	A
4.	Filipa Ferreira Silva	85	12219	Amadora	29.06	+0,79	590	A
5.	Carlota Freitas Olim	93	10949	Naval do Funchal	29.29	+0,71	576	A
6.	Ines Fernandes Garcia	94	126615	Avancado EUL	29.39	+0,74	570	A
7.	Raquel Maurile Taveira	95	105392	Alges	29.55	+0,75	561	A
8.	Ariana Alves Nunes	95	13348	Portinado	29.59	+0,78	559	A
9.	Graca Maria Araujo	98	104456	Famalicao	29.66	+0,87	555	B
10.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	29.67	+0,73	554	B
11.	Ana Margarida Rodrigues	96	103868	Galitos	29.88	+0,77	543	B
12.	Sofia Alexandra Branco	98	116596	Sporting	30.03	+0,78	535	B
13.	Bruna Leal Dantas	96	100371	Sporting	30.19	+0,70	526	B
14.	Filipa Alexandra Pereira	96	121766	Clube de Vouzela	30.37	+0,83	517	B
15.	Ana Filipa Carmo	93	15746	Colegio Vasco da Gama	30.38	+0,82	516	B
16.	Teresa Manuela Aires	96	105004	Sporting de Espinho	30.46	+0,86	512	B
17.	Cintia Mariana Fernandes	97	103936	Academica de Coimbra	30.52	+0,68	509	?
	Carla Luisa Alves	98	117522	Famalicao	30.52	+0,87	509	?
19.	Marta Filipa Vinagre	95	24660	CLAC-Entroncamento	30.55	+0,74	508	
20.	Susana Clara Gomes	77	119272	Naval do Funchal	30.67	+0,74	502	
	Bruna Elisabete Paulino	97	102345	Alcobaca	30.67	+0,78	502	
22.	Filipa Vicente Custois	97	105780	Benedita	30.69	+0,70	501	
23.	Joana Carolina Oliveira	93	13131	Geslours	30.72	+0,75	499	
24.	Claudia Cristina Leao	96	102069	Gespacos	30.99	+0,94	486	
	FTL							
25.	Claudia Almeida Costa	95	14919	Aminata	31.03	+0,76	485	
	FTL							
26.	Soraya Dea Matias	95	105872	Torres Novas	31.04	+0,76	484	
	FTL							
27.	Daniela Figueiredo Metelo	97	26780	Academica de Coimbra	31.17	+0,74	478	
	FTL							
28.	Ana Carolina Trindade	97	106478	Amadora	31.21	+0,75	476	
	FTL							
29.	Catia Alexandra Batista	96	103036	Colegio SMLamas	31.45	+0,77	465	
	FTL							
30.	Joana Gabriela Silva	95	103945	Colegio SMLamas	31.76	+0,75	452	
	FTL							
31.	Catarina Isabel Lourenco	96	105459	Albicastrense	32.78	+0,78	411	
	FTL							

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 34 Masc., 200m Costas Absolutos
09-12-2012 - 9:45 Resultados Elimin

Rec. Nac. 25m Absoluto	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	22-11-2012
Rec. Nac. 25m Jun	1:58.37	Adriano Miguel Niz	CFV	Figueira da Foz	03-07-2004
Rec. Nac. 25m Sen	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	22-11-2012

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Edgar Oliveira Ribeiro	93	13277	Braga	2:04.89	+0,62	613	A
	50m: 29.01 29.01	100m: 1:01.03 32.02	150m: 1:33.28 32.25	200m: 2:04.89 31.61				
2.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	2:05.76	+0,59	600	A
	50m: 29.63 29.63	100m: 1:01.45 31.82	150m: 1:34.47 33.02	200m: 2:05.76 31.29				
3.	Adriano Miguel Niz	86	23013	Famalicao	2:06.01	+0,73	597	A
	50m: 30.73 30.73	100m: 1:03.18 32.45	150m: 1:34.29 31.11	200m: 2:06.01 31.72				
4.	Rodrigo Pereira Lopes	95	26077	Amadora	2:06.04	+0,64	596	A
	50m: 29.05 29.05	100m: 1:00.55 31.50	150m: 1:33.33 32.78	200m: 2:06.04 32.71				
5.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	2:06.11	+0,65	595	A
	50m: 29.84 29.84	100m: 1:02.07 32.23	150m: 1:34.11 32.04	200m: 2:06.11 32.00				
6.	Andre Bras Goncalves	88	14767	Amadora	2:07.13	+1,04	581	A
	50m: 29.53 29.53	100m: 1:01.60 32.07	150m: 1:34.38 32.78	200m: 2:07.13 32.75				
7.	Miguel Duarte Nascimento	95	14944	Portinado	2:07.40	+0,70	577	A
	50m: 30.43 30.43	100m: 1:03.25 32.82	150m: 1:36.10 32.85	200m: 2:07.40 31.30				
8.	Tiago Barros Ferreira	94	16003	Alges	2:07.91	+0,65	570	A
	50m: 30.80 30.80	100m: 1:03.89 33.09	150m: 1:35.77 31.88	200m: 2:07.91 32.14				
9.	Andre Duarte Vaz	93	10768	Nautico de Coimbra	2:07.99	+0,73	569	B
	50m: 30.00 30.00	100m: 1:02.38 32.38	150m: 1:35.14 32.76	200m: 2:07.99 32.85				
10.	Antonio Rafael Bessa	94	102089	Gespacos	2:08.17	+0,98	567	B
	50m: 30.38 30.38	100m: 1:03.11 32.73	150m: 1:35.70 32.59	200m: 2:08.17 32.47				
11.	Nuno Rafael Alves	90	25140	Gespacos	2:08.56	+0,75	562	B
	50m: 30.49 30.49	100m: 1:03.01 32.52	150m: 1:36.12 33.11	200m: 2:08.56 32.44				
12.	Filipe Rainho Balseiro	94	102824	Academica de Coimbra	2:08.74	+1,01	559	B
	50m: 30.28 30.28	100m: 1:03.08 32.80	150m: 1:36.14 33.06	200m: 2:08.74 32.60				
13.	Tiago Manuel Teixeira	96	102485	Vitoria de Guimaraes	2:08.80	+0,64	559	B
	50m: 30.39 30.39	100m: 1:03.66 33.27	150m: 1:36.65 32.99	200m: 2:08.80 32.15				
14.	Mario Rui Cruz	94	101128	Amadora	2:09.02	+0,65	556	B
	50m: 30.45 30.45	100m: 1:02.79 32.34	150m: 1:35.98 33.19	200m: 2:09.02 33.04				
15.	Fabio Alexandre Freitas	94	25763	Uniao Piedense	2:09.05	+0,61	555	B
	50m: 30.30 30.30	100m: 1:02.54 32.24	150m: 1:35.64 33.10	200m: 2:09.05 33.41				
16.	David Miguel Leiria	93	14530	Naval Amorense	2:09.11	+0,63	555	B
	50m: 29.12 29.12	100m: 1:01.04 31.92	150m: 1:34.08 33.04	200m: 2:09.11 35.03				
17.	Samuel Patricio Queiros	91	15701	Porto	2:09.90	+0,70	545	R
	50m: 30.44 30.44	100m: 1:03.98 33.54	150m: 1:36.80 32.82	200m: 2:09.90 33.10				
18.	Afonso Lopes dos Santos	95	14773	Alcobaca	2:10.13	+0,65	542	R
	50m: 29.98 29.98	100m: 1:03.33 33.35	150m: 1:36.68 33.35	200m: 2:10.13 33.45				
19.	Rodrigo Silverio Carmo	96	100588	Colegio Vasco da Gama	2:10.48	+0,63	537	
	50m: 31.14 31.14	100m: 1:04.05 32.91	150m: 1:37.50 33.45	200m: 2:10.48 32.98				

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 34, Masc., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Filipe Miguel Felix	96	118473	Alges	2:11.04	+0,74	530	
	50m: 31.30 31.30	100m: 1:04.88	33.58	150m: 1:38.81	33.93	200m: 2:11.04	32.23	
21.	Pedro Barros Mendes	94	11195	Academica de Coimbra	2:11.84	+0,67	521	
	50m: 30.41 30.41	100m: 1:03.57	33.16	150m: 1:37.71	34.14	200m: 2:11.84	34.13	
22.	Diogo Miguel Paulino	90	10549	Alcobaca	2:11.95	+0,59	520	
	50m: 29.63 29.63	100m: 1:02.34	32.71	150m: 1:36.44	34.10	200m: 2:11.95	35.51	
23.	Joao Filipe Costa	96	25569	Sporting	2:12.21	+0,61	516	
	50m: 31.08 31.08	100m: 1:04.06	32.98	150m: 1:38.20	34.14	200m: 2:12.21	34.01	
24.	Francisco Jose Fernandes	96	24490	Nautico de Coimbra	2:12.58	+0,75	512	
	50m: 30.52 30.52	100m: 1:03.73	33.21	150m: 1:37.75	34.02	200m: 2:12.58	34.83	
25.	Pedro Lobato Rijo	91	13025	Geslours	2:13.33	+0,73	504	
	FTL							
	50m: 30.83 30.83	100m: 1:04.21	33.38	150m: 1:38.57	34.36	200m: 2:13.33	34.76	
26.	Rafael Filipe Nunes	96	108344	Naval Amorense	2:15.01	+0,75	485	
	50m: 31.82 31.82	100m: 1:05.82	34.00	150m: 1:40.73	34.91	200m: 2:15.01	34.28	
27.	Filipe Maria Ferreira	95	14900	Natacao de Olhao	2:15.49	+0,61	480	
	FTL							
	50m: 30.71 30.71	100m: 1:05.25	34.54	150m: 1:40.66	35.41	200m: 2:15.49	34.83	
28.	Tomas Risso Fernandes	96	111208	Colegio Vasco da Gama	2:15.53	+0,77	479	
	FTL							
	50m: 31.57 31.57	100m: 1:05.95	34.38	150m: 1:41.17	35.22	200m: 2:15.53	34.36	
29.	Bruno Rafael Meireles	96	100245	Lisnave	2:16.41	+0,56	470	
	FTL							
	50m: 32.10 32.10	100m: 1:06.41	34.31	150m: 1:41.26	34.85	200m: 2:16.41	35.15	
30.	Miguel Freitas Marques	96	24979	Maritimo	2:17.22	+0,65	462	
	FTL							
	50m: 31.62 31.62	100m: 1:06.32	34.70	150m: 1:42.32	36.00	200m: 2:17.22	34.90	
DSQ	David Soares Caratao	96	106822	Sporting				
	403 - Falsa partida - SW 4.4							
DNS	Ivo Andre Lopes	94	11728	Viver Santarem				

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 35 Femin., 200m Costas Absolutos
09-12-2012 - 10:00 Resultados Elimin

Rec. Nac. 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993
Rec. Nac. 25m Jun	2:12.80	Petra Quintela Chaves	SAD	Algés	31-05-1994
Rec. Nac. 25m Sen	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993

TAC - Fem Sen: 2:28.00; Jun2: 2:28.00; Jun1: 2:30.96

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Francisca Gomes Azevedo	97	100356	Alges	2:18.98	+0,72	644	A
	50m: 32.82 32.82	100m: 1:07.92	35.10	150m: 1:43.52	35.60	200m: 2:18.98	35.46	
2.	Nadia Morais Vieira	90	13092	Geslours	2:19.11	+1,04	642	A
	50m: 33.50 33.50	100m: 1:09.19	35.69	150m: 1:44.54	35.35	200m: 2:19.11	34.57	
3.	Joana Carina Silva	97	106219	Lousada SXXI	2:19.21	+0,69	641	A
	50m: 32.79 32.79	100m: 1:07.75	34.96	150m: 1:43.48	35.73	200m: 2:19.21	35.73	
4.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	2:19.29	+0,73	639	A
	50m: 31.65 31.65	100m: 1:06.34	34.69	150m: 1:42.85	36.51	200m: 2:19.29	36.44	
5.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	2:19.96	+0,60	630	A
	50m: 32.29 32.29	100m: 1:07.31	35.02	150m: 1:43.38	36.07	200m: 2:19.96	36.58	
6.	Marta Pereira Abreu	92	23091	Porto	2:20.36	+0,69	625	A
	50m: 32.33 32.33	100m: 1:07.32	34.99	150m: 1:44.22	36.90	200m: 2:20.36	36.14	
7.	Mafalda Gomes Beleza	94	26890	Sporting	2:22.03	+0,69	603	A
	50m: 32.92 32.92	100m: 1:08.15	35.23	150m: 1:44.68	36.53	200m: 2:22.03	37.35	
8.	Tatiana Filipa Santos	95	26779	Ginasio Figueirense	2:22.46	+0,67	598	A
	50m: 33.77 33.77	100m: 1:09.56	35.79	150m: 1:46.22	36.66	200m: 2:22.46	36.24	
9.	Paula Cristina Yang	95	100229	Geslours	2:23.07	+0,70	590	B
	50m: 33.00 33.00	100m: 1:08.96	35.96	150m: 1:45.94	36.98	200m: 2:23.07	37.13	
10.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	2:23.21	+0,62	588	B
	50m: 33.25 33.25	100m: 1:09.60	36.35	150m: 1:46.37	36.77	200m: 2:23.21	36.84	
11.	Andreia Silva Cruz	88	11126	Naval Amorense	2:23.42	+0,60	586	B
	50m: 34.86 34.86	100m: 1:10.41	35.55	150m: 1:47.01	36.60	200m: 2:23.42	36.41	
12.	Beatriz Neves Craveiro	97	106762	Nautico de Coimbra	2:24.37	+1,01	574	B
	50m: 33.46 33.46	100m: 1:10.12	36.66	150m: 1:47.74	37.62	200m: 2:24.37	36.63	
13.	Lisa Marisa Soares	95	25381	Amadora	2:24.40	+0,66	574	B
	50m: 33.73 33.73	100m: 1:09.56	35.83	150m: 1:46.93	37.37	200m: 2:24.40	37.47	
14.	Ana Marta Miranda	96	100377	Uniao Piedense	2:24.50	+0,63	573	B
	50m: 33.41 33.41	100m: 1:09.74	36.33	150m: 1:47.10	37.36	200m: 2:24.50	37.40	
15.	Adriana Correia Lopes	95	24491	Nautico de Coimbra	2:26.08	+1,02	554	B
	50m: 33.00 33.00	100m: 1:09.90	36.90	150m: 1:47.97	38.07	200m: 2:26.08	38.11	
16.	Ana Luisa Santo	95	117843	Geslours	2:26.20	+0,74	553	B
	50m: 34.07 34.07	100m: 1:10.86	36.79	150m: 1:48.59	37.73	200m: 2:26.20	37.61	
17.	Maria Malaguerra Costa	98	106765	Columbofila Cantanhedense	2:27.09	+0,61	543	R
	50m: 33.75 33.75	100m: 1:10.85	37.10	150m: 1:49.13	38.28	200m: 2:27.09	37.96	
18.	Rita Barros Frischknecht	98	106257	Alges	2:27.72	+0,68	536	R
	50m: 33.16 33.16	100m: 1:09.96	36.80	150m: 1:48.57	38.61	200m: 2:27.72	39.15	
19.	Catarina Brito Ferreira	97	104242	Naval Setubalense	2:28.18	+0,77	531	
	FTL							
	50m: 33.58 33.58	100m: 1:10.70	37.12	150m: 1:49.62	38.92	200m: 2:28.18	38.56	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 35, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Claudia Isabel Semiao FTL	97	117970	Aminata	2:28.41	+0,66	529	
	50m: 33.92 33.92	100m: 1:11.96	38.04	150m: 1:50.97	39.01	200m: 2:28.41	37.44	
21.	Filipa Vicente Custeias FTL	97	105780	Benedita	2:28.46	+0,55	528	
	50m: 34.25 34.25	100m: 1:11.69	37.44	150m: 1:50.46	38.77	200m: 2:28.46	38.00	
22.	Ines Lucas Alves	98	104738	Leixoes	2:28.73	+0,66	525	
	50m: 34.86 34.86	100m: 1:12.54	37.68	150m: 1:50.42	37.88	200m: 2:28.73	38.31	
23.	Bruna Elisabete Paulino FTL	97	102345	Alcobaca	2:28.74	+0,99	525	
	50m: 34.56 34.56	100m: 1:12.67	38.11	150m: 1:50.87	38.20	200m: 2:28.74	37.87	
24.	Matilde Ferreira Nita	98	108412	Naval Amorense	2:29.13	+0,72	521	
	50m: 34.46 34.46	100m: 1:11.58	37.12	150m: 1:50.01	38.43	200m: 2:29.13	39.12	
25.	Patricia Alexandra Jeronimo FTL	95	100235	Monteges	2:29.31	+0,62	519	
	50m: 34.17 34.17	100m: 1:11.84	37.67	150m: 1:50.77	38.93	200m: 2:29.31	38.54	
26.	Ana Raquel Ferreira	98	102755	Ginasio Figueirense	2:29.85	+0,70	513	
	50m: 34.38 34.38	100m: 1:11.60	37.22	150m: 1:50.72	39.12	200m: 2:29.85	39.13	
27.	Marina Micaela Sequeira	98	112319	Uniao Piedense	2:30.60	+0,68	506	
	50m: 34.61 34.61	100m: 1:12.92	38.31	150m: 1:52.48	39.56	200m: 2:30.60	38.12	
28.	Ana Rita Martins FTL	96	106475	Amadora	2:31.06	+0,71	501	
	50m: 34.35 34.35	100m: 1:12.01	37.66	150m: 1:51.26	39.25	200m: 2:31.06	39.80	
29.	Catarina Alexandra Jardim FTL	98	104449	Famalicao	2:32.15	+0,75	490	
	50m: 34.68 34.68	100m: 1:12.61	37.93	150m: 1:52.40	39.79	200m: 2:32.15	39.75	
30.	Catia Andreia Clara FTL	95	101886	Nautico da Marinha Grande	2:33.33	+0,62	479	
	50m: 35.90 35.90	100m: 1:13.98	38.08	150m: 1:53.27	39.29	200m: 2:33.33	40.06	
31.	Rita Sofia Santos FTL	98	110589	Lousanense	2:33.62	+0,63	477	
	50m: 35.15 35.15	100m: 1:13.53	38.38	150m: 1:54.16	40.63	200m: 2:33.62	39.46	
DSQ	Ines Camacho Fernandes	97	106821	Sporting	606 - Não rompeu superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3			
DNS	Rafaela Marques Bodiao	96	26440	Natacao de Olhao				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 36 Masc., 50m Bruços Absolutos
09-12-2012 - 10:20 Resultados Elimin

Rec. Nac. 25m Absoluto	27.22	Jose Guilherme Couto	FPN	Moscovo (RUS)	06-04-2002
Rec. Nac. 25m Jun	28.56	Pedro Miguel Agostinho	SLB	S. António Cavaleiros	03-05-2009
Rec. Nac. 25m Sen	27.22	Jose Guilherme Couto	FPN	Moscovo (RUS)	06-04-2002

TAC - Masc Sen: 30.90; Jun2: 30.90; Jun1: 30.90

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Pedro Miguel Agostinho	92	12778	Sporting	28.51	+0,57	694	A
2.	Gil Goncalves Pinto	88	26051	Porto	29.56	+0,65	623	A
3.	Joao Claudio Sousa	93	23458	Gespacos	29.58	+0,80	621	A
4.	Joao Silva Gigante	88	14783	Amadora	29.64	+0,67	618	A
5.	Nuno Andre Fernandes	89	16073	Benfica	29.74	+0,75	612	A
6.	Henrique Pereira Neiva	84	23019	Vilacondense	29.80	+0,78	608	A
7.	Diogo Filipe Matos	92	14868	Sporting	29.83	+0,71	606	A
8.	Miguel Silva Oliveira	91	10822	Nautico de Coimbra	30.03	+0,74	594	A
9.	Sergio Baptista Silva	91	15703	Porto	30.07	+0,66	592	B
10.	Luis Manuel Fernandes	95	15589	Famalicao	30.15	+0,65	587	B
11.	Tiago Samuel Silva	93	23502	Porto	30.20	+0,57	584	B
12.	Thiago Duarte Goncalves	89	12543	Estrelas S. Joao de Brito	30.53	+0,68	565	B
13.	Nuno Durao Pascoal	92	12560	Galitos	30.57	+0,70	563	B
14.	Vitor Diogo Moura	90	10394	Desportivo Nacional	30.63	+0,75	560	B
15.	Leonardo Cardoso Figueiredo	96	105612	Porto	30.71	+0,62	555	B
	Artur Jose Reis	96	23369	Porto	30.71	+0,70	555	B
17.	Joao Pedro Teodoro	90	11156	Naval Setubalense	30.78	+0,70	552	R
18.	Tomas Miguel Veloso	96	10868	Nautico de Coimbra	30.82	+0,68	549	R
19.	Ricardo Filipe Ferreira	95	11613	Pimpoes/Cimai	30.84	+0,74	548	
20.	Hugo Miguel Silva	94	24567	Braga	30.89	+0,80	546	
21.	Diogo Miguel Silva	95	104780	Uniao Piedense	30.93	+0,74	544	
	FTL							
22.	Manuel Matos Sequeira	87	10631	Geslours	31.05	+0,72	537	
	FTL							
23.	Hugo Miguel Nunes	90	11211	Natacao do Tejo	31.06	+0,76	537	
	FTL							
24.	Pedro Miguel Varela	86	12947	Naval Setubalense	31.12	+0,78	534	
	FTL							
25.	Ruben Paiva Carvalho	94	10856	Academica de Coimbra	31.21	+0,69	529	
	FTL							
26.	Joao Pedro Veiga	94	10892	Nautico de Coimbra	31.25	+0,78	527	
	FTL							
27.	Joao Paulo Baptista	96	105013	Sporting de Espinho	31.40	+0,84	519	
	FTL							
28.	Fabio Miguel Samouco	95	105237	Torres Novas	31.48	+0,74	516	
	FTL							
29.	Bruno Santos Pereira	94	118267	Gafanha da Encarnacao	31.76	+0,67	502	
	FTL							
30.	Henrique Jose Marquez	95	13912	Galitos	31.78	+0,72	501	
	FTL							
31.	Tiago Andre Marques	93	18351	Sporting de Espinho	31.80	+0,75	500	
	FTL							
DNS	Fabio Andre Dias	92	14625	Naval Amorense				

O Juiz Arbitro

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Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 37 Femin., 50m Bruços Absolutos
09-12-2012 - 10:25 Resultados Elimin

Rec. Nac. 25m Absoluto	31.43	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	31.46	Ana Pinho Rodrigues	AEJ	Leiria	06-12-2009
Rec. Nac. 25m Sen	31.43	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 36.00; Jun2: 36.00; Jun1: 36.00

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Ana Pinho Rodrigues	94	13372	Porto	32.45	+0,73	699	A
2.	Diana Duarte Gomes	89	20632	Amadora	32.80	+0,70	676	A
3.	Diana Patricia Ferreira	94	23500	Gespacos	33.54	+0,87	633	A
4.	Paula Alexandra Oliveira	96	102084	Porto	33.78	+0,73	619	A
5.	Fabiana Maria Quintal	84	10396	Desportivo Nacional	33.83	+0,72	616	A
	Ana Teresa Franco	91	11349	Sporting	33.83	+0,77	616	A
7.	Ana Marisa Brito	90	12800	Benfica	33.88	+0,71	614	A
	Rute Margarida Marques	94	25359	Amadora	33.88	+0,70	614	A
9.	Ana Beatriz Marques	98	110159	Alges	34.14	+0,76	600	B
10.	Ariana Alves Nunes	95	13348	Portinado	34.24	+0,78	595	B
11.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	34.48	+0,64	582	B
12.	Rosa Maria Oliveira	96	105858	Estarreja	35.07	+0,78	553	B
13.	Barbara Sofia Barata	97	105454	Alges	35.14	+0,74	550	B
14.	Ines Raquel Estevao	95	100230	Geslours	35.25	+0,74	545	B
15.	Ines Pugsley Ferreira	97	107414	Louletano/Loule Concelho	35.26	+0,86	544	B
16.	Sofia Machado Dionisio	98	111263	Sporting	35.34	+0,86	541	B
17.	Joana Dias Santos	96	100397	Uniao Piedense	35.56	+0,88	531	R
18.	Joana Filipa Marques	95	25292	Bombeiros Ponta Delgada	35.60	+0,70	529	R
19.	Ana Filipa Gomes	96	107376	Vilacondense	35.74	+0,88	523	
20.	Mafalda Fraga Fragoso	94	14327	Bombeiros Ponta Delgada	35.77	+0,79	521	
21.	Ana Catarina Serra	95	110228	Natacao do Tejo	35.84	+0,79	518	
22.	Mariana Goncalves Gomes	96	116999	Naval do Funchal	36.03	+0,85	510	
	FTL							
23.	Rita Catarina Miranda	97	107566	Braga	36.05	+0,92	509	
	FTL							
24.	Beatriz Carvalho Ribeiro	97	109902	Desporto de Barcelos	36.07	+0,96	509	
	FTL							
25.	Joana Marques Maia	91	25067	Natacao da Maia	36.19	+0,82	503	
	FTL							
26.	Barbara Nogueira Goncalves	98	104448	Famalicao	36.38	+0,71	496	
	FTL							
27.	Catarina Alexandra Dias	95	25908	Naval de Ponta Delgada	36.43	+0,70	494	
	FTL							
28.	Ines Joao Costa	95	12893	Braga	36.44	+0,82	493	
	FTL							
29.	Ana Carolina Mateus	95	25332	Alges	36.53	+0,76	490	
	FTL							
30.	Diana Sofia Silva	97	104679	Braga	36.88	+0,91	476	
	FTL							
31.	Joana Gabriela Silva	95	103945	Colegio SMLamas	37.29	+0,75	460	
	FTL							

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 37, Femin., 50m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
32.	Andreia Margarida Morgado FTL	97	100542	Nautico de Coimbra	37.88	+0,77	439	
DNS	Maria Carolina Rosa	94	14248	Sporting				

Prova 38

Masc., 200m Livres

Absolutos

09-12-2012 - 10:45

Resultados Elimin

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	1:47.73	Tiago Andre Venancio	FPN	Viena (AUT)	12-12-2004
Rec. Nac. 25m Sen	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 1:56.50; Jun2: 1:56.50; Jun1: 1:58.83

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Mario Alexandre Pereira	92	10767	Nautico de Coimbra	1:50.55	+0,67	726	A
	50m: 25.44 25.44	100m: 53.36	27.92	150m: 1:21.90	28.54	200m: 1:50.55	28.65	
2.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	1:51.16	+0,66	714	A
	50m: 25.60 25.60	100m: 53.81	28.21	150m: 1:22.99	29.18	200m: 1:51.16	28.17	
3.	Ricardo Manuel Machado	93	13278	Braga	1:51.40	+0,77	709	A
	50m: 26.08 26.08	100m: 53.91	27.83	150m: 1:22.57	28.66	200m: 1:51.40	28.83	
4.	Luis Emanuel Vaz	91	15628	Famalicao	1:51.63	+0,78	705	A
	50m: 26.06 26.06	100m: 54.32	28.26	150m: 1:23.13	28.81	200m: 1:51.63	28.50	
5.	Ricardo Ferreira Cotovio	91	10921	Sporting	1:52.02	+0,68	698	A
	50m: 26.01 26.01	100m: 53.81	27.80	150m: 1:22.52	28.71	200m: 1:52.02	29.50	
6.	Fabio Manuel Pereira	86	23049	Vilacondense	1:52.15	+0,78	695	A
	50m: 26.87 26.87	100m: 55.48	28.61	150m: 1:24.09	28.61	200m: 1:52.15	28.06	
7.	Rafael Lourenco Gil	96	105234	Naval Amorense	1:52.56	+0,71	688	A
	50m: 27.24 27.24	100m: 56.21	28.97	150m: 1:24.91	28.70	200m: 1:52.56	27.65	
8.	Joao Filipe Carvalho	87	23026	Porto	1:52.71	+0,78	685	A
	50m: 26.13 26.13	100m: 54.62	28.49	150m: 1:23.54	28.92	200m: 1:52.71	29.17	
9.	Mario Andre Bonanca	90	12773	Sporting	1:52.75	+0,79	684	B
	50m: 26.77 26.77	100m: 55.36	28.59	150m: 1:24.41	29.05	200m: 1:52.75	28.34	
10.	Tomas Correia Silva	95	23367	Porto	1:53.03	+0,74	679	B
	50m: 26.71 26.71	100m: 55.73	29.02	150m: 1:24.56	28.83	200m: 1:53.03	28.47	
11.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	1:53.14	+0,77	677	B
	50m: 27.12 27.12	100m: 56.79	29.67	150m: 1:25.08	28.29	200m: 1:53.14	28.06	
12.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	1:53.32	+0,71	674	B
	50m: 26.18 26.18	100m: 55.08	28.90	150m: 1:24.33	29.25	200m: 1:53.32	28.99	
13.	Joao Carlos Santos	96	104253	Naval Amorense	1:53.71	+0,68	667	B
	50m: 27.58 27.58	100m: 56.41	28.83	150m: 1:25.00	28.59	200m: 1:53.71	28.71	
14.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	1:53.86	+0,73	664	B
	50m: 26.34 26.34	100m: 55.20	28.86	150m: 1:24.74	29.54	200m: 1:53.86	29.12	
15.	Joao Duarte Santos	95	26430	Natacao de Olhao	1:53.98	+0,73	662	B
	50m: 26.82 26.82	100m: 56.16	29.34	150m: 1:25.07	28.91	200m: 1:53.98	28.91	
16.	Andre Filipe Farinha	96	105086	Benfica	1:54.02	+0,72	661	B
	50m: 26.37 26.37	100m: 54.85	28.48	150m: 1:24.37	29.52	200m: 1:54.02	29.65	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 38, Masc., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Bernardo Leitaõ Graca	93	14838	Sporting	1:54.08	+0,72	660	R
	50m: 27.06 27.06	100m: 56.31	29.25	150m: 1:25.35	29.04	200m: 1:54.08	28.73	
18.	Miguel Duarte Nascimento	95	14944	Portinado	1:54.19	+0,77	658	R
	50m: 25.72 25.72	100m: 54.55	28.83	150m: 1:24.25	29.70	200m: 1:54.19	29.94	
19.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	1:54.47	+0,69	654	
	50m: 27.61 27.61	100m: 57.30	29.69	150m: 1:26.27	28.97	200m: 1:54.47	28.20	
20.	Joao Claudio Sousa	93	23458	Gespacos	1:54.69	+0,84	650	
	50m: 27.61 27.61	100m: 57.11	29.50	150m: 1:25.74	28.63	200m: 1:54.69	28.95	
21.	Mario Rui Cruz	94	101128	Amadora	1:56.56	+0,73	619	
	FTL							
	50m: 27.71 27.71	100m: 57.14	29.43	150m: 1:26.69	29.55	200m: 1:56.56	29.87	
22.	Andre Rafael Marinho	93	10643	Uniao Piedense	1:57.69	+0,83	601	
	FTL							
	50m: 26.47 26.47	100m: 55.93	29.46	150m: 1:26.79	30.86	200m: 1:57.69	30.90	
23.	Ricardo Sousa Filipe	88	12555	Louletano/Loule Concelho	1:57.87	+0,75	599	
	FTL							
	50m: 27.15 27.15	100m: 57.09	29.94	150m: 1:27.75	30.66	200m: 1:57.87	30.12	
24.	Tiago Joao Meira	96	25816	Viana Natacao	1:58.27	+0,84	593	
	50m: 27.31 27.31	100m: 56.92	29.61	150m: 1:27.32	30.40	200m: 1:58.27	30.95	
25.	Samuel Patricio Queiros	91	15701	Porto	1:58.39	+0,83	591	
	FTL							
	50m: 27.96 27.96	100m: 58.15	30.19	150m: 1:27.49	29.34	200m: 1:58.39	30.90	
26.	Ricardo Pereira Lopes	90	14831	Amadora	1:58.95	+0,65	583	
	FTL							
	50m: 26.64 26.64	100m: 55.74	29.10	150m: 1:26.59	30.85	200m: 1:58.95	32.36	
27.	Joao Pedro Almeida	92	24029	Nautico de Coimbra	1:59.04	+0,77	581	
	FTL							
	50m: 27.19 27.19	100m: 56.91	29.72	150m: 1:27.62	30.71	200m: 1:59.04	31.42	
DNS	Ivo Andre Lopes	94	11728	Viver Santarem				

Prova 39

Femin., 200m Livres

Absolutos

09-12-2012 - 10:55

Resultados Elimin

Rec. Nac. 25m Absoluto	2:00.20	Marta Vieira Marinho	FCP	Porto	04-12-2010
Rec. Nac. 25m Jun	2:02.42	Andreia Catarina Gomes	VSC	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:00.20	Marta Vieira Marinho	POR	Porto	04-12-2010

TAC - Fem Sen: 2:11.00; Jun2: 2:11.00; Jun1: 2:13.62

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Soraia Vanessa Ribeiro	92	15857	Gespacos	2:05.63	+0,92	692	A
	50m: 29.47 29.47	100m: 1:01.13	31.66	150m: 1:33.38	32.25	200m: 2:05.63	32.25	
2.	Ana Goncalves Neto	95	101958	Porto	2:05.64	+1,00	692	A
	50m: 29.88 29.88	100m: 1:02.06	32.18	150m: 1:34.12	32.06	200m: 2:05.64	31.52	
3.	Angelica Maria Andre	94	15497	Leixoes	2:05.70	+0,72	691	A
	50m: 29.49 29.49	100m: 1:01.40	31.91	150m: 1:34.03	32.63	200m: 2:05.70	31.67	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 39, Femin., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Diana Margarida Duraes	96	102992	Porto	2:06.36	+0,80	680	A
	50m: 28.62 28.62	100m: 59.77	31.15	150m: 1:32.45	32.68	200m: 2:06.36	33.91	
5.	Mafalda Gomes Beleza	94	26890	Sporting	2:06.59	+0,78	677	A
	50m: 29.22 29.22	100m: 1:01.49	32.27	150m: 1:34.50	33.01	200m: 2:06.59	32.09	
6.	Marta Vieira Marinho	91	15707	Porto	2:06.80	+0,77	673	A
	50m: 29.50 29.50	100m: 1:01.56	32.06	150m: 1:33.88	32.32	200m: 2:06.80	32.92	
7.	Florabela Cavaco Machado	96	103916	Columbofila Cantanhedense	2:06.87		672	A
	50m: 29.98 29.98	100m: 1:02.07	32.09	150m: 1:35.02	32.95	200m: 2:06.87	31.85	
8.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	2:07.63	+0,77	660	A
	50m: 29.88 29.88	100m: 1:02.14	32.26	150m: 1:34.90	32.76	200m: 2:07.63	32.73	
9.	Julia Matos Lopes	94	12490	Viver Santarem	2:07.68	+0,81	660	B
	50m: 30.70 30.70	100m: 1:03.61	32.91	150m: 1:35.97	32.36	200m: 2:07.68	31.71	
10.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	2:07.91	+0,78	656	B
	50m: 29.80 29.80	100m: 1:02.10	32.30	150m: 1:35.11	33.01	200m: 2:07.91	32.80	
11.	Carolina Sanchez Rodrigues	97	100359	Alges	2:08.67	+0,76	644	B
	50m: 29.36 29.36	100m: 1:02.09	32.73	150m: 1:34.88	32.79	200m: 2:08.67	33.79	
12.	Adriana Daniela Castro	97	104515	Porto	2:09.32	+0,80	635	B
	50m: 30.09 30.09	100m: 1:03.09	33.00	150m: 1:36.72	33.63	200m: 2:09.32	32.60	
13.	Isabel Pinto Abreu	96	26324	Belenenses	2:09.50	+0,73	632	B
	50m: 30.05 30.05	100m: 1:03.02	32.97	150m: 1:36.00	32.98	200m: 2:09.50	33.50	
14.	Beatriz Rodrigues Conde	98	110543	Sporting	2:09.61	+0,75	631	B
	50m: 29.46 29.46	100m: 1:02.14	32.68	150m: 1:35.80	33.66	200m: 2:09.61	33.81	
15.	Leonor Mourinho Neves	95	105646	Sporting	2:10.49	+0,80	618	B
	50m: 30.27 30.27	100m: 1:03.28	33.01	150m: 1:36.97	33.69	200m: 2:10.49	33.52	
16.	Joana Filipa Capela	89	12794	Benfica	2:10.60	+0,76	616	B
	50m: 30.42 30.42	100m: 1:03.41	32.99	150m: 1:37.13	33.72	200m: 2:10.60	33.47	
17.	Maria Carolina Ribeiro	98	106805	Porto	2:11.29	+0,72	607	R
	50m: 30.29 30.29	100m: 1:03.64	33.35	150m: 1:37.09	33.45	200m: 2:11.29	34.20	
18.	Andreia Catarina Gomes	94	103701	Vitoria de Guimaraes	2:11.36	+0,92	606	R
	FTL 50m: 30.35 30.35	100m: 1:03.21	32.86	150m: 1:37.17	33.96	200m: 2:11.36	34.19	
19.	Maria Teresa Amorim	97	20104	Porto	2:11.87	+0,96	599	
	FTL 50m: 30.43 30.43	100m: 1:03.48	33.05	150m: 1:37.69	34.21	200m: 2:11.87	34.18	
20.	Ana Sofia Fernandes	93	13191	Braga	2:12.10	+1,07	596	
	FTL 50m: 30.77 30.77	100m: 1:04.09	33.32	150m: 1:38.38	34.29	200m: 2:12.10	33.72	
21.	Maria Malaguerra Costa	98	106765	Columbofila Cantanhedense	2:12.69	+0,75	588	
	50m: 30.32 30.32	100m: 1:03.66	33.34	150m: 1:38.30	34.64	200m: 2:12.69	34.39	
22.	Maria Luis Amorim	95	102029	Porto	2:12.84	+0,92	586	
	FTL 50m: 30.37 30.37	100m: 1:03.91	33.54	150m: 1:38.44	34.53	200m: 2:12.84	34.40	
23.	Ana Silva Costa	98	104446	Famalicao	2:12.92	+0,77	585	
	50m: 30.40 30.40	100m: 1:04.02	33.62	150m: 1:38.47	34.45	200m: 2:12.92	34.45	
24.	Raquel Paulo Ranito	94	25504	Sporting	2:13.50	+0,84	577	
	FTL 50m: 30.85 30.85	100m: 1:04.42	33.57	150m: 1:38.47	34.05	200m: 2:13.50	35.03	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 39, Femin., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
25.	Joana Costa Caires <i>FTL</i>	98	108452	Naval do Funchal	2:13.85	+0,74	572	
	50m: 30.55 30.55	100m: 1:03.93	33.38	150m: 1:38.52	34.59	200m: 2:13.85	35.33	
26.	Helena Paula Carvalho <i>FTL</i>	95	107307	Uniao Piedense	2:17.09	+0,88	533	
	50m: 30.64 30.64	100m: 1:05.57	34.93	150m: 1:41.87	36.30	200m: 2:17.09	35.22	
27.	Ana Ribeiro Ferreira <i>FTL</i>	92	15634	Famalicao	2:17.91	+0,97	523	
	50m: 30.61 30.61	100m: 1:04.42	33.81	150m: 1:40.72	36.30	200m: 2:17.91	37.19	
DSQ	Joana Aguiar Rodrigues <i>403 - Falsa partida - SW 4.4</i>	93	15401	Porto				

Prova 40

Masc., 100m Estilos

Absolutos

09-12-2012 - 11:05

Resultados Elimin

Rec. Nac. 25m Absoluto	53.28	Diogo Filipe Carvalho	CGA	Viseu	18-04-2009
Rec. Nac. 25m Jun	56.47	Alexis Manacas Santos	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	53.28	Diogo Filipe Carvalho	CGA	Viseu	18-04-2009

TAC - Masc Sen: 1:01.00; Jun2: 1:01.00; Jun1: 1:01.00

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Joao Silva Gigante	88	14783	Amadora	57.08	+0,67	703	A
	50m: 26.60 26.60	100m: 57.08	30.48					
2.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	57.12	+0,75	701	A
	50m: 25.95 25.95	100m: 57.12	31.17					
3.	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	57.21	+0,69	698	A
	50m: 25.41 25.41	100m: 57.21	31.80					
4.	Pedro Miguel Agostinho	92	12778	Sporting	57.57	+0,67	685	A
	50m: 26.72 26.72	100m: 57.57	30.85					
5.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	57.58	+0,75	685	A
	50m: 26.53 26.53	100m: 57.58	31.05					
6.	Fabio Andre Figueira	88	11084	Porto	57.75	+0,70	679	A
	50m: 26.72 26.72	100m: 57.75	31.03					
7.	Rui Filipe Vilar	91	24159	Porto	57.80	+0,74	677	A
	50m: 26.98 26.98	100m: 57.80	30.82					
8.	Pedro Andre Santos	94	15732	Alges	58.00	+0,68	670	A
	50m: 26.17 26.17	100m: 58.00	31.83					
9.	Miguel Silva Oliveira	91	10822	Nautico de Coimbra	58.36	+0,77	657	B
	50m: 26.96 26.96	100m: 58.36	31.40					
10.	Ricardo Amorim Rego	84	15954	Braga	58.45	+0,81	654	B
	50m: 26.88 26.88	100m: 58.45	31.57					
11.	Gil Goncalves Pinto	88	26051	Porto	58.63	+0,63	648	B
	50m: 26.86 26.86	100m: 58.63	31.77					
12.	Tomas Miguel Veloso	96	10868	Nautico de Coimbra	59.01	+0,72	636	B
	50m: 28.02 28.02	100m: 59.01	30.99					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 40, Masc., 100m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	59.06	+0,73	634	B
	50m: 26.26 26.26		100m: 59.06 32.80					
14.	Andre Bras Goncalves	88	14767	Amadora	59.46	+0,70	622	B
	50m: 27.45 27.45		100m: 59.46 32.01					
15.	Nelson Filipe Martinho	89	16016	Natacao de Valongo	59.50	+0,79	620	B
	50m: 27.01 27.01		100m: 59.50 32.49					
16.	Joao Pedro Neto	95	26959	Naval Setubalense	59.87	+0,82	609	B
	50m: 27.09 27.09		100m: 59.87 32.78					
DNS	Fabio Andre Dias	92	14625	Naval Amorense				

Prova 41
09-12-2012 - 11:15

Femin., 100m Estilos

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	1:03.32	Diana Duarte Gomes	CNA	Leiria	06-12-2009
Rec. Nac. 25m Jun	1:04.11	Maria Carolina Rosa	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	1:03.32	Diana Duarte Gomes	CNA	Leiria	06-12-2009

TAC - Fem Sen: 1:10.00; Jun2: 1:10.00; Jun1: 1:10.00

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Diana Patricia Ferreira	94	23500	Gespacos	1:06.07	+0,92	667	A
	50m: 30.70 30.70		100m: 1:06.07 35.37					
2.	Fabiana Maria Quintal	84	10396	Desportivo Nacional	1:06.30	+0,74	660	A
	50m: 30.66 30.66		100m: 1:06.30 35.64					
3.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	1:06.44	+0,68	656	A
	50m: 30.46 30.46		100m: 1:06.44 35.98					
4.	Marta Pereira Abreu	92	23091	Porto	1:06.53	+0,80	653	A
	50m: 30.71 30.71		100m: 1:06.53 35.82					
5.	Catarina Tiago Nunes	95	100949	Uniao Piedense	1:06.66	+0,78	649	A
	50m: 31.08 31.08		100m: 1:06.66 35.58					
6.	Diana Duarte Gomes	89	20632	Amadora	1:06.80	+0,71	645	A
	50m: 32.64 32.64		100m: 1:06.80 34.16					
7.	Ariana Alves Nunes	95	13348	Portinado	1:07.59	+0,79	623	A
	50m: 31.30 31.30		100m: 1:07.59 36.29					
8.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	1:07.80	+0,70	617	A
	50m: 32.47 32.47		100m: 1:07.80 35.33					
9.	Ana Marta Miranda	96	100377	Uniao Piedense	1:08.00	+0,90	612	B
	50m: 31.19 31.19		100m: 1:08.00 36.81					
10.	Ana Pinho Rodrigues	94	13372	Porto	1:08.17	+0,74	607	B
	50m: 31.92 31.92		100m: 1:08.17 36.25					
11.	Barbara Sofia Barata	97	105454	Alges	1:08.61	+0,78	596	B
	50m: 31.99 31.99		100m: 1:08.61 36.62					
12.	Ana Margarida Rodrigues	96	103868	Galitos	1:09.06	+0,78	584	B
	50m: 32.00 32.00		100m: 1:09.06 37.06					
13.	Rute Margarida Marques	94	25359	Amadora	1:09.08	+0,70	583	B
	50m: 31.79 31.79		100m: 1:09.08 37.29					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 41, Femin., 100m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Lisa Marisa Soares	95	25381	Amadora	1:09.28	+0,79	578	B
	50m: 31.16 31.16	100m: 1:09.28	38.12					
15.	Ines Joao Costa	95	12893	Braga	1:10.02	+0,84	560	B
	FTL 50m: 32.77 32.77	100m: 1:10.02	37.25					
DNS	Maria Carolina Rosa	94	14248	Sporting				

Prova 42 Masc., 1500m Livres Absolutos
09-12-2012 - 11:20 Resultados

Rec. Nac. 25m Absoluto	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005
Rec. Nac. 25m Jun	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec. Nac. 25m Sen	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005

TAC - Masc Sen: 16:33.00; Jun2: 16:33.00; Jun1: 16:52.86

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	15:22.79	+0,79	781	
	50m: 28.08 28.08	450m: 4:35.40	30.80	850m: 8:44.42	31.95	1250m: 12:51.76	30.53	
	100m: 59.36 31.28	500m: 5:06.26	30.86	900m: 9:15.52	31.10	1300m: 13:22.10	30.34	
	150m: 1:30.36 31.00	550m: 5:37.00	30.74	950m: 9:46.41	30.89	1350m: 13:52.45	30.35	
	200m: 2:01.06 30.70	600m: 6:08.00	31.00	1000m: 10:17.36	30.95	1400m: 14:22.85	30.40	
	250m: 2:31.83 30.77	650m: 6:38.91	30.91	1050m: 10:48.28	30.92	1450m: 14:53.25	30.40	
	300m: 3:02.78 30.95	700m: 7:10.11	31.20	1100m: 11:19.27	30.99	1500m: 15:22.79	29.54	
	350m: 3:33.78 31.00	750m: 7:41.30	31.19	1150m: 11:50.31	31.04			
	400m: 4:04.60 30.82	800m: 8:12.47	31.17	1200m: 12:21.23	30.92			
2.	Pedro Miguel Pinotes	89	26732	Sporting	15:27.12	+0,75	770	
	50m: 28.50 28.50	450m: 4:34.99	30.79	850m: 8:44.43	31.57	1250m: 12:52.61	30.98	
	100m: 59.32 30.82	500m: 5:06.02	31.03	900m: 9:15.90	31.47	1300m: 13:24.35	31.74	
	150m: 1:30.03 30.71	550m: 5:37.19	31.17	950m: 9:46.73	30.83	1350m: 13:56.16	31.81	
	200m: 2:00.69 30.66	600m: 6:08.22	31.03	1000m: 10:17.79	31.06	1400m: 14:27.48	31.32	
	250m: 2:31.55 30.86	650m: 6:39.10	30.88	1050m: 10:48.54	30.75	1450m: 14:57.90	30.42	
	300m: 3:02.64 31.09	700m: 7:10.37	31.27	1100m: 11:19.67	31.13	1500m: 15:27.12	29.22	
	350m: 3:33.54 30.90	750m: 7:41.57	31.20	1150m: 11:50.86	31.19			
	400m: 4:04.20 30.66	800m: 8:12.86	31.29	1200m: 12:21.63	30.77			
3.	Mario Andre Bonanca	90	12773	Sporting	15:43.16	+0,92	732	
	50m: 28.58 28.58	450m: 4:37.00	31.22	850m: 8:51.87	31.81	1250m: 13:07.41	31.23	
	100m: 59.67 31.09	500m: 5:08.66	31.66	900m: 9:23.87	32.00	1300m: 13:39.17	31.76	
	150m: 1:30.72 31.05	550m: 5:40.61	31.95	950m: 9:55.75	31.88	1350m: 14:10.81	31.64	
	200m: 2:01.65 30.93	600m: 6:12.37	31.76	1000m: 10:27.86	32.11	1400m: 14:42.29	31.48	
	250m: 2:32.56 30.91	650m: 6:44.38	32.01	1050m: 11:00.09	32.23	1450m: 15:13.32	31.03	
	300m: 3:03.45 30.89	700m: 7:16.89	32.51	1100m: 11:32.40	32.31	1500m: 15:43.16	29.84	
	350m: 3:34.58 31.13	750m: 7:48.49	31.60	1150m: 12:04.43	32.03			
	400m: 4:05.78 31.20	800m: 8:20.06	31.57	1200m: 12:36.18	31.75			
4.	Paulo Fragueiro Franco	82	24393	Geslours	15:45.29	+0,73	727	
	50m: 28.91 28.91	450m: 4:39.38	31.51	850m: 8:51.88	32.06	1250m: 13:08.59	31.75	
	100m: 1:00.18 31.27	500m: 5:10.84	31.46	900m: 9:23.77	31.89	1300m: 13:40.40	31.81	
	150m: 1:31.34 31.16	550m: 5:42.33	31.49	950m: 9:55.59	31.82	1350m: 14:12.42	32.02	
	200m: 2:02.52 31.18	600m: 6:13.85	31.52	1000m: 10:27.79	32.20	1400m: 14:44.26	31.84	
	250m: 2:33.88 31.36	650m: 6:45.42	31.57	1050m: 11:00.03	32.24	1450m: 15:15.38	31.12	
	300m: 3:05.46 31.58	700m: 7:16.81	31.39	1100m: 11:32.43	32.40	1500m: 15:45.29	29.91	
	350m: 3:36.56 31.10	750m: 7:48.31	31.50	1150m: 12:04.68	32.25			
	400m: 4:07.87 31.31	800m: 8:19.82	31.51	1200m: 12:36.84	32.16			

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7- - 9-12-2012

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Rafael Lourenco Gil	96	105234	Naval Amorense	15:45.51	+0,77	726	
	50m: 29.16	29.16	450m: 4:37.69	31.27	850m: 8:52.94	32.03	1250m: 13:09.01	31.84
	100m: 1:00.15	30.99	500m: 5:09.21	31.52	900m: 9:24.93	31.99	1300m: 13:40.65	31.64
	150m: 1:31.29	31.14	550m: 5:41.01	31.80	950m: 9:56.95	32.02	1350m: 14:12.25	31.60
	200m: 2:02.12	30.83	600m: 6:12.86	31.85	1000m: 10:29.10	32.15	1400m: 14:43.90	31.65
	250m: 2:33.07	30.95	650m: 6:44.85	31.99	1050m: 11:01.33	32.23	1450m: 15:15.38	31.48
	300m: 3:04.15	31.08	700m: 7:17.10	32.25	1100m: 11:33.48	32.15	1500m: 15:45.51	30.13
	350m: 3:35.44	31.29	750m: 7:49.07	31.97	1150m: 12:05.27	31.79		
	400m: 4:06.42	30.98	800m: 8:20.91	31.84	1200m: 12:37.17	31.90		
6.	Tiago Silva Oliveira	94	15465	Leixoes	15:47.33	+0,74	722	
	50m: 28.16	28.16	450m: 4:36.42	31.40	850m: 8:52.85	31.90	1250m: 13:08.57	31.97
	100m: 59.20	31.04	500m: 5:08.20	31.78	900m: 9:24.84	31.99	1300m: 13:40.40	31.83
	150m: 1:30.21	31.01	550m: 5:40.10	31.90	950m: 9:56.86	32.02	1350m: 14:12.27	31.87
	200m: 2:01.10	30.89	600m: 6:12.51	32.41	1000m: 10:28.53	31.67	1400m: 14:44.43	32.16
	250m: 2:31.90	30.80	650m: 6:44.56	32.05	1050m: 11:00.47	31.94	1450m: 15:16.50	32.07
	300m: 3:02.93	31.03	700m: 7:16.76	32.20	1100m: 11:32.44	31.97	1500m: 15:47.33	30.83
	350m: 3:33.97	31.04	750m: 7:49.04	32.28	1150m: 12:04.50	32.06		
	400m: 4:05.02	31.05	800m: 8:20.95	31.91	1200m: 12:36.60	32.10		
7.	Hugo Alberto Ribeiro	88	23114	Gespacos	15:59.19	+0,99	696	
	50m: 28.46	28.46	450m: 4:42.26	32.04	850m: 8:58.93	32.15	1250m: 13:18.65	32.69
	100m: 59.84	31.38	500m: 5:14.30	32.04	900m: 9:31.02	32.09	1300m: 13:51.18	32.53
	150m: 1:31.02	31.18	550m: 5:46.76	32.46	950m: 10:03.40	32.38	1350m: 14:23.43	32.25
	200m: 2:02.51	31.49	600m: 6:18.85	32.09	1000m: 10:35.79	32.39	1400m: 14:55.62	32.19
	250m: 2:34.16	31.65	650m: 6:50.92	32.07	1050m: 11:08.28	32.49	1450m: 15:27.93	32.31
	300m: 3:06.00	31.84	700m: 7:22.88	31.96	1100m: 11:40.83	32.55	1500m: 15:59.19	31.26
	350m: 3:38.00	32.00	750m: 7:54.86	31.98	1150m: 12:13.24	32.41		
	400m: 4:10.22	32.22	800m: 8:26.78	31.92	1200m: 12:45.96	32.72		
8.	Joao Andre Neves	95	101408	Academica de Coimbra	16:03.86	+0,76	686	
	50m: 29.69	29.69	450m: 4:50.30	32.69	850m: 9:08.64	32.47	1250m: 13:26.47	31.96
	100m: 1:02.38	32.69	500m: 5:22.51	32.21	900m: 9:40.70	32.06	1300m: 13:58.65	32.18
	150m: 1:35.06	32.68	550m: 5:55.02	32.51	950m: 10:12.71	32.01	1350m: 14:30.60	31.95
	200m: 2:07.96	32.90	600m: 6:27.17	32.15	1000m: 10:44.94	32.23	1400m: 15:02.22	31.62
	250m: 2:41.03	33.07	650m: 6:59.37	32.20	1050m: 11:17.52	32.58	1450m: 15:33.79	31.57
	300m: 3:12.97	31.94	700m: 7:31.43	32.06	1100m: 11:49.88	32.36	1500m: 16:03.86	30.07
	350m: 3:45.28	32.31	750m: 8:03.91	32.48	1150m: 12:22.20	32.32		
	400m: 4:17.61	32.33	800m: 8:36.17	32.26	1200m: 12:54.51	32.31		
9.	Bernardo Leitao Graca	93	14838	Sporting	16:06.65	+0,83	680	
	50m: 29.19	29.19	450m: 4:48.60	31.97	850m: 9:05.54	31.85	1250m: 13:25.02	32.60
	100m: 1:01.85	32.66	500m: 5:20.82	32.22	900m: 9:37.82	32.28	1300m: 13:57.99	32.97
	150m: 1:34.87	33.02	550m: 5:52.84	32.02	950m: 10:10.04	32.22	1350m: 14:30.42	32.43
	200m: 2:07.51	32.64	600m: 6:24.94	32.10	1000m: 10:42.49	32.45	1400m: 15:03.14	32.72
	250m: 2:39.56	32.05	650m: 6:57.26	32.32	1050m: 11:15.05	32.56	1450m: 15:35.50	32.36
	300m: 3:12.11	32.55	700m: 7:29.22	31.96	1100m: 11:47.57	32.52	1500m: 16:06.65	31.15
	350m: 3:44.55	32.44	750m: 8:01.38	32.16	1150m: 12:19.67	32.10		
	400m: 4:16.63	32.08	800m: 8:33.69	32.31	1200m: 12:52.42	32.75		
10.	Andre Rafael Marinho	93	10643	Uniao Piedense	16:08.54	+0,89	676	
	50m: 28.78	28.78	450m: 4:44.91	32.52	850m: 9:05.74	32.32	1250m: 13:26.47	32.52
	100m: 59.77	30.99	500m: 5:17.52	32.61	900m: 9:38.28	32.54	1300m: 13:58.90	32.43
	150m: 1:31.37	31.60	550m: 5:50.21	32.69	950m: 10:10.73	32.45	1350m: 14:31.42	32.52
	200m: 2:03.11	31.74	600m: 6:22.94	32.73	1000m: 10:43.47	32.74	1400m: 15:04.33	32.91
	250m: 2:35.34	32.23	650m: 6:55.44	32.50	1050m: 11:16.22	32.75	1450m: 15:36.74	32.41
	300m: 3:07.54	32.20	700m: 7:28.24	32.80	1100m: 11:48.73	32.51	1500m: 16:08.54	31.80
	350m: 3:40.01	32.47	750m: 8:00.86	32.62	1150m: 12:21.28	32.55		
	400m: 4:12.39	32.38	800m: 8:33.42	32.56	1200m: 12:53.95	32.67		

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Artur Manuel Ferreira	95	101981	Porto	16:11.50	+0,94	670	
	50m: 29.99	29.99	450m: 4:51.31	32.29	850m: 9:10.10	32.48	1250m: 13:32.57	32.27
	100m: 1:02.52	32.53	500m: 5:23.87	32.56	900m: 9:43.07	32.97	1300m: 14:04.96	32.39
	150m: 1:35.38	32.86	550m: 5:56.12	32.25	950m: 10:15.99	32.92	1350m: 14:37.09	32.13
	200m: 2:08.54	33.16	600m: 6:27.98	31.86	1000m: 10:48.94	32.95	1400m: 15:09.42	32.33
	250m: 2:41.55	33.01	650m: 7:00.33	32.35	1050m: 11:21.92	32.98	1450m: 15:40.93	31.51
	300m: 3:14.19	32.64	700m: 7:32.79	32.46	1100m: 11:54.20	32.28	1500m: 16:11.50	30.57
	350m: 3:46.83	32.64	750m: 8:05.52	32.73	1150m: 12:27.51	33.31		
	400m: 4:19.02	32.19	800m: 8:37.62	32.10	1200m: 13:00.30	32.79		
12.	Andre Filipe Farinha	96	105086	Benfica	16:14.92	+0,78	662	
	50m: 30.19	30.19	450m: 4:57.64	33.60	850m: 9:22.42	32.39	1250m: 13:37.89	31.67
	100m: 1:03.71	33.52	500m: 5:31.01	33.37	900m: 9:54.81	32.39	1300m: 14:09.62	31.73
	150m: 1:37.81	34.10	550m: 6:04.20	33.19	950m: 10:27.58	32.77	1350m: 14:41.54	31.92
	200m: 2:11.16	33.35	600m: 6:37.48	33.28	1000m: 10:59.46	31.88	1400m: 15:13.46	31.92
	250m: 2:44.37	33.21	650m: 7:10.59	33.11	1050m: 11:31.14	31.68	1450m: 15:43.98	30.52
	300m: 3:17.71	33.34	700m: 7:43.44	32.85	1100m: 12:02.68	31.54	1500m: 16:14.92	30.94
	350m: 3:50.82	33.11	750m: 8:16.85	33.41	1150m: 12:34.69	32.01		
	400m: 4:24.04	33.22	800m: 8:50.03	33.18	1200m: 13:06.22	31.53		
13.	Rui Miguel Lopes	94	106253	Natacao de Olhao	16:16.41	+0,79	659	
	50m: 29.66	29.66	450m: 4:50.05	32.47	850m: 9:10.42	32.18	1250m: 13:33.39	32.93
	100m: 1:01.79	32.13	500m: 5:22.55	32.50	900m: 9:43.09	32.67	1300m: 14:06.48	33.09
	150m: 1:34.99	33.20	550m: 5:54.85	32.30	950m: 10:15.85	32.76	1350m: 14:39.34	32.86
	200m: 2:08.00	33.01	600m: 6:27.49	32.64	1000m: 10:48.70	32.85	1400m: 15:12.59	33.25
	250m: 2:40.41	32.41	650m: 6:59.93	32.44	1050m: 11:21.56	32.86	1450m: 15:44.97	32.38
	300m: 3:12.52	32.11	700m: 7:32.35	32.42	1100m: 11:54.07	32.51	1500m: 16:16.41	31.44
	350m: 3:45.07	32.55	750m: 8:05.27	32.92	1150m: 12:27.28	33.21		
	400m: 4:17.58	32.51	800m: 8:38.24	32.97	1200m: 13:00.46	33.18		
14.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	16:21.34	+0,72	650	
	50m: 29.83	29.83	450m: 4:52.16	32.80	850m: 9:16.11	32.56	1250m: 13:38.27	33.08
	100m: 1:02.79	32.96	500m: 5:25.06	32.90	900m: 9:48.79	32.68	1300m: 14:10.43	32.16
	150m: 1:35.88	33.09	550m: 5:57.82	32.76	950m: 10:21.72	32.93	1350m: 14:43.03	32.60
	200m: 2:08.82	32.94	600m: 6:31.00	33.18	1000m: 10:54.68	32.96	1400m: 15:16.36	33.33
	250m: 2:41.54	32.72	650m: 7:03.78	32.78	1050m: 11:27.04	32.36	1450m: 15:49.20	32.84
	300m: 3:13.89	32.35	700m: 7:37.04	33.26	1100m: 11:59.65	32.61	1500m: 16:21.34	32.14
	350m: 3:46.47	32.58	750m: 8:10.34	33.30	1150m: 12:32.18	32.53		
	400m: 4:19.36	32.89	800m: 8:43.55	33.21	1200m: 13:05.19	33.01		
15.	Joao Nuno Pires	94	10866	Academica de Coimbra	16:21.90	+0,81	648	
	50m: 30.09	30.09	450m: 4:49.59	32.74	850m: 9:12.32	32.86	1250m: 13:37.81	33.16
	100m: 1:02.66	32.57	500m: 5:22.37	32.78	900m: 9:45.10	32.78	1300m: 14:11.18	33.37
	150m: 1:34.91	32.25	550m: 5:55.14	32.77	950m: 10:18.45	33.35	1350m: 14:44.41	33.23
	200m: 2:07.19	32.28	600m: 6:28.03	32.89	1000m: 10:51.74	33.29	1400m: 15:17.81	33.40
	250m: 2:39.60	32.41	650m: 7:00.90	32.87	1050m: 11:24.94	33.20	1450m: 15:50.86	33.05
	300m: 3:12.04	32.44	700m: 7:33.74	32.84	1100m: 11:58.38	33.44	1500m: 16:21.90	31.04
	350m: 3:44.33	32.29	750m: 8:06.64	32.90	1150m: 12:31.44	33.06		
	400m: 4:16.85	32.52	800m: 8:39.46	32.82	1200m: 13:04.65	33.21		
16.	Bruno Miguel Rainho	96	111214	Geslours	16:22.15	+0,91	648	
	50m: 29.83	29.83	450m: 4:51.37	32.84	850m: 9:13.52	32.43	1250m: 13:38.77	33.67
	100m: 1:01.78	31.95	500m: 5:24.53	33.16	900m: 9:46.58	33.06	1300m: 14:12.08	33.31
	150m: 1:34.25	32.47	550m: 5:56.96	32.43	950m: 10:19.42	32.84	1350m: 14:45.37	33.29
	200m: 2:07.04	32.79	600m: 6:29.87	32.91	1000m: 10:52.15	32.73	1400m: 15:18.19	32.82
	250m: 2:39.88	32.84	650m: 7:02.95	33.08	1050m: 11:25.73	33.58	1450m: 15:51.44	33.25
	300m: 3:12.41	32.53	700m: 7:35.76	32.81	1100m: 11:59.59	33.86	1500m: 16:22.15	30.71
	350m: 3:45.27	32.86	750m: 8:08.15	32.39	1150m: 12:32.31	32.72		
	400m: 4:18.53	33.26	800m: 8:41.09	32.94	1200m: 13:05.10	32.79		

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Ruben Filipe Nunes	94	23302	Gespacos	16:22.27	+0,89	648	
	50m: 29.55	29.55	450m: 4:48.48	32.89	850m: 9:12.69	33.09	1250m: 13:39.06	33.38
	100m: 1:01.19	31.64	500m: 5:21.31	32.83	900m: 9:45.76	33.07	1300m: 14:12.54	33.48
	150m: 1:33.48	32.29	550m: 5:54.18	32.87	950m: 10:19.21	33.45	1350m: 14:45.86	33.32
	200m: 2:05.81	32.33	600m: 6:27.06	32.88	1000m: 10:52.33	33.12	1400m: 15:19.26	33.40
	250m: 2:38.07	32.26	650m: 7:00.01	32.95	1050m: 11:25.71	33.38	1450m: 15:52.18	32.92
	300m: 3:10.39	32.32	700m: 7:33.25	33.24	1100m: 11:59.44	33.73	1500m: 16:22.27	30.09
	350m: 3:42.82	32.43	750m: 8:06.53	33.28	1150m: 12:32.60	33.16		
	400m: 4:15.59	32.77	800m: 8:39.60	33.07	1200m: 13:05.68	33.08		
18.	Duarte Nuno Vieira	95	104151	Desportivo Nacional	16:30.48	+0,73	632	
	50m: 29.76	29.76	450m: 4:53.72	33.14	850m: 9:18.60	33.07	1250m: 13:44.45	33.31
	100m: 1:02.48	32.72	500m: 5:26.91	33.19	900m: 9:51.81	33.21	1300m: 14:17.89	33.44
	150m: 1:35.37	32.89	550m: 6:00.37	33.46	950m: 10:25.08	33.27	1350m: 14:51.34	33.45
	200m: 2:08.69	33.32	600m: 6:33.45	33.08	1000m: 10:58.17	33.09	1400m: 15:24.50	33.16
	250m: 2:41.74	33.05	650m: 7:06.33	32.88	1050m: 11:31.18	33.01	1450m: 15:57.82	33.32
	300m: 3:14.73	32.99	700m: 7:39.34	33.01	1100m: 12:04.39	33.21	1500m: 16:30.48	32.66
	350m: 3:47.92	33.19	750m: 8:12.37	33.03	1150m: 12:37.44	33.05		
	400m: 4:20.58	32.66	800m: 8:45.53	33.16	1200m: 13:11.14	33.70		
19.	Pedro Veiguiinha Martins	96	107233	Braga	16:42.48	+0,78	609	
	50m: 30.37	30.37	450m: 4:56.09	34.01	850m: 9:29.10	34.26	1250m: 13:56.89	33.41
	100m: 1:02.07	31.70	500m: 5:29.84	33.75	900m: 10:01.98	32.88	1300m: 14:30.90	34.01
	150m: 1:33.83	31.76	550m: 6:03.89	34.05	950m: 10:34.74	32.76	1350m: 15:04.76	33.86
	200m: 2:07.09	33.26	600m: 6:37.82	33.93	1000m: 11:07.94	33.20	1400m: 15:38.42	33.66
	250m: 2:40.58	33.49	650m: 7:12.19	34.37	1050m: 11:41.49	33.55	1450m: 16:11.86	33.44
	300m: 3:14.43	33.85	700m: 7:46.44	34.25	1100m: 12:15.82	34.33	1500m: 16:42.48	30.62
	350m: 3:48.27	33.84	750m: 8:20.82	34.38	1150m: 12:50.83	35.01		
	400m: 4:22.08	33.81	800m: 8:54.84	34.02	1200m: 13:23.48	32.65		
20.	Rafael Rocha Ferreira	96	103871	Galitos	16:42.94	+0,92	608	
	50m: 30.52	30.52	450m: 4:57.90	34.07	850m: 9:29.84	33.82	1250m: 13:58.08	33.50
	100m: 1:03.24	32.72	500m: 5:32.01	34.11	900m: 10:03.34	33.50	1300m: 14:31.26	33.18
	150m: 1:36.37	33.13	550m: 6:06.12	34.11	950m: 10:37.36	34.02	1350m: 15:04.86	33.60
	200m: 2:09.26	32.89	600m: 6:40.09	33.97	1000m: 11:10.71	33.35	1400m: 15:38.19	33.33
	250m: 2:42.81	33.55	650m: 7:14.05	33.96	1050m: 11:44.40	33.69	1450m: 16:11.08	32.89
	300m: 3:16.51	33.70	700m: 7:48.02	33.97	1100m: 12:17.73	33.33	1500m: 16:42.94	31.86
	350m: 3:50.24	33.73	750m: 8:21.92	33.90	1150m: 12:51.14	33.41		
	400m: 4:23.83	33.59	800m: 8:56.02	34.10	1200m: 13:24.58	33.44		
21.	Gustavo Lopes Ribeiro	95	100433	Academica de Coimbra	16:51.83	+0,93	593	
	<i>FTL</i>							
	50m: 30.58	30.58	450m: 4:56.91	33.74	850m: 9:27.82	34.46	1250m: 14:01.57	34.52
	100m: 1:03.85	33.27	500m: 5:30.27	33.36	900m: 10:02.26	34.44	1300m: 14:36.33	34.76
	150m: 1:36.31	32.46	550m: 6:04.12	33.85	950m: 10:36.27	34.01	1350m: 15:10.44	34.11
	200m: 2:09.13	32.82	600m: 6:37.57	33.45	1000m: 11:10.26	33.99	1400m: 15:45.02	34.58
	250m: 2:42.03	32.90	650m: 7:11.32	33.75	1050m: 11:44.26	34.00	1450m: 16:19.86	34.84
	300m: 3:15.61	33.58	700m: 7:45.21	33.89	1100m: 12:18.28	34.02	1500m: 16:51.83	31.97
	350m: 3:49.28	33.67	750m: 8:19.56	34.35	1150m: 12:52.54	34.26		
	400m: 4:23.17	33.89	800m: 8:53.36	33.80	1200m: 13:27.05	34.51		
22.	Nuno Vieira Malheiro	93	13279	Braga	16:55.90	+0,94	585	
	<i>FTL</i>							
	50m: 30.92	30.92	450m: 4:58.55	33.85	850m: 9:32.00	33.96	1250m: 14:07.14	34.87
	100m: 1:03.89	32.97	500m: 5:32.48	33.93	900m: 10:06.26	34.26	1300m: 14:41.21	34.07
	150m: 1:37.23	33.34	550m: 6:06.73	34.25	950m: 10:40.59	34.33	1350m: 15:15.04	33.83
	200m: 2:10.37	33.14	600m: 6:41.06	34.33	1000m: 11:15.26	34.67	1400m: 15:48.99	33.95
	250m: 2:43.69	33.32	650m: 7:15.47	34.41	1050m: 11:49.83	34.57	1450m: 16:22.88	33.89
	300m: 3:17.17	33.48	700m: 7:49.87	34.40	1100m: 12:24.06	34.23	1500m: 16:55.90	33.02
	350m: 3:50.85	33.68	750m: 8:24.02	34.15	1150m: 12:58.15	34.09		
	400m: 4:24.70	33.85	800m: 8:58.04	34.02	1200m: 13:32.27	34.12		

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 31 Femin., 800m Livres Absolutos
09-12-2012 Resultados

Rec. Nac. 25m Absoluto	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002
Rec. Nac. 25m Jun	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004
Rec. Nac. 25m Sen	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002

TAC - Fem Sen: 9:32.00; Jun2: 9:32.00; Jun1: 9:43.44

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Angelica Maria Andre	94	15497	Leixoes	8:41.65	+0,76	801	
	<i>Recorde Nacional, Absoluto e Senior</i>							
	50m:	30.75	30.75	250m:	2:43.43	32.79	450m:	4:54.23
	100m:	1:03.61	32.86	300m:	3:16.34	32.91	500m:	5:27.02
	150m:	1:37.21	33.60	350m:	3:48.94	32.60	550m:	5:59.87
	200m:	2:10.64	33.43	400m:	4:21.51	32.57	600m:	6:32.70
2.	Ines Alexandra Paiva	96	100378	Alges	8:52.57	+0,82	753	
	50m:	31.20	31.20	250m:	2:44.96	33.56	450m:	5:00.02
	100m:	1:04.27	33.07	300m:	3:18.75	33.79	500m:	5:33.68
	150m:	1:38.06	33.79	350m:	3:52.55	33.80	550m:	6:07.28
	200m:	2:11.40	33.34	400m:	4:26.65	34.10	600m:	6:40.78
3.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	8:52.94	+0,80	751	
	50m:	30.69	30.69	250m:	2:45.03	33.35	450m:	5:00.26
	100m:	1:04.17	33.48	300m:	3:18.78	33.75	500m:	5:34.06
	150m:	1:38.09	33.92	350m:	3:52.65	33.87	550m:	6:07.82
	200m:	2:11.68	33.59	400m:	4:26.56	33.91	600m:	6:41.49
4.	Ana Goncalves Neto	95	101958	Porto	8:56.04	+0,98	738	
	50m:	30.55	30.55	250m:	2:44.79	33.54	450m:	4:58.47
	100m:	1:03.78	33.23	300m:	3:18.09	33.30	500m:	5:32.12
	150m:	1:37.40	33.62	350m:	3:51.63	33.54	550m:	6:06.06
	200m:	2:11.25	33.85	400m:	4:25.54	33.91	600m:	6:39.79
5.	Florbela Cavaco Machado	96	103916	Columbofila Cantanhedense	8:59.88	+0,77	722	
	50m:	31.07	31.07	250m:	2:46.11	34.03	450m:	5:01.61
	100m:	1:04.58	33.51	300m:	3:19.79	33.68	500m:	5:36.02
	150m:	1:38.31	33.73	350m:	3:53.82	34.03	550m:	6:10.06
	200m:	2:12.08	33.77	400m:	4:27.93	34.11	600m:	6:44.21
6.	Ana Catarina Monteiro	93	24320	Vilacondense	9:00.32	+0,75	721	
	50m:	31.50	31.50	250m:	2:48.20	34.36	450m:	5:05.03
	100m:	1:05.34	33.84	300m:	3:22.50	34.30	500m:	5:39.15
	150m:	1:39.59	34.25	350m:	3:56.80	34.30	550m:	6:13.44
	200m:	2:13.84	34.25	400m:	4:30.92	34.12	600m:	6:47.69
7.	Vania Soares Neves	90	12380	Viana Natacao	9:01.86	+0,73	714	
	50m:	31.15	31.15	250m:	2:48.30	34.61	450m:	5:04.87
	100m:	1:05.11	33.96	300m:	3:22.83	34.53	500m:	5:39.01
	150m:	1:39.22	34.11	350m:	3:56.87	34.04	550m:	6:13.10
	200m:	2:13.69	34.47	400m:	4:31.13	34.26	600m:	6:47.19
8.	Joana Aguiar Rodrigues	93	15401	Porto	9:05.85	+0,90	699	
	50m:	30.80	30.80	250m:	2:44.73	33.88	450m:	5:01.44
	100m:	1:03.92	33.12	300m:	3:18.48	33.75	500m:	5:36.04
	150m:	1:37.58	33.66	350m:	3:52.96	34.48	550m:	6:10.93
	200m:	2:10.85	33.27	400m:	4:27.29	34.33	600m:	6:46.11
9.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	9:09.15	+0,87	686	
	50m:	31.26	31.26	250m:	2:48.74	34.65	450m:	5:06.79
	100m:	1:05.29	34.03	300m:	3:23.27	34.53	500m:	5:41.54
	150m:	1:39.76	34.47	350m:	3:57.36	34.09	550m:	6:16.33
	200m:	2:14.09	34.33	400m:	4:32.16	34.80	600m:	6:51.11

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Leonor Mourinho Neves	95	105646	Sporting	9:10.10	+0,82	683	
	50m: 31.12 31.12	250m: 2:46.32	34.31	450m: 5:05.43	34.86	650m: 7:25.64	35.08	
	100m: 1:04.10 32.98	300m: 3:20.88	34.56	500m: 5:40.22	34.79	700m: 8:00.83	35.19	
	150m: 1:37.78 33.68	350m: 3:55.77	34.89	550m: 6:15.31	35.09	750m: 8:35.83	35.00	
	200m: 2:12.01 34.23	400m: 4:30.57	34.80	600m: 6:50.56	35.25	800m: 9:10.10	34.27	
11.	Barbara Marques Rodrigues	97	107039	Alges	9:12.12	+0,88	675	
	50m: 30.76 30.76	250m: 2:48.00	34.72	450m: 5:07.47	34.86	650m: 7:27.67	35.02	
	100m: 1:04.27 33.51	300m: 3:22.83	34.83	500m: 5:42.53	35.06	700m: 8:02.54	34.87	
	150m: 1:38.57 34.30	350m: 3:57.77	34.94	550m: 6:17.66	35.13	750m: 8:37.65	35.11	
	200m: 2:13.28 34.71	400m: 4:32.61	34.84	600m: 6:52.65	34.99	800m: 9:12.12	34.47	
12.	Maria Luis Amorim	95	102029	Porto	9:13.46	+0,92	670	
	50m: 31.15 31.15	250m: 2:48.66	34.84	450m: 5:05.99	33.49	650m: 7:26.82	35.98	
	100m: 1:04.84 33.69	300m: 3:23.09	34.43	500m: 5:40.64	34.65	700m: 8:02.57	35.75	
	150m: 1:39.43 34.59	350m: 3:57.48	34.39	550m: 6:15.69	35.05	750m: 8:38.02	35.45	
	200m: 2:13.82 34.39	400m: 4:32.50	35.02	600m: 6:50.84	35.15	800m: 9:13.46	35.44	
13.	Sofia Alexandra Branco	98	116596	Sporting	9:15.31	+0,77	664	
	50m: 31.58 31.58	250m: 2:51.04	34.58	450m: 5:11.54	34.90	650m: 7:31.38	35.09	
	100m: 1:06.40 34.82	300m: 3:26.02	34.98	500m: 5:46.04	34.50	700m: 8:06.65	35.27	
	150m: 1:41.51 35.11	350m: 4:01.13	35.11	550m: 6:21.05	35.01	750m: 8:41.83	35.18	
	200m: 2:16.46 34.95	400m: 4:36.64	35.51	600m: 6:56.29	35.24	800m: 9:15.31	33.48	
14.	Diana Margarida Duraes	96	102992	Porto	9:15.84	+0,85	662	
	50m: 31.00 31.00	250m: 2:48.24	35.05	450m: 5:08.64	35.18	650m: 7:30.07	35.30	
	100m: 1:04.45 33.45	300m: 3:23.21	34.97	500m: 5:43.89	35.25	700m: 8:05.37	35.30	
	150m: 1:38.65 34.20	350m: 3:58.20	34.99	550m: 6:19.21	35.32	750m: 8:40.74	35.37	
	200m: 2:13.19 34.54	400m: 4:33.46	35.26	600m: 6:54.77	35.56	800m: 9:15.84	35.10	
15.	Maria Teresa Amorim	97	20104	Porto	9:19.20	+0,92	650	
	50m: 31.22 31.22	250m: 2:48.42	34.87	450m: 5:08.80	35.18	650m: 7:32.52	36.19	
	100m: 1:04.51 33.29	300m: 3:23.39	34.97	500m: 5:44.44	35.64	700m: 8:08.30	35.78	
	150m: 1:38.89 34.38	350m: 3:58.40	35.01	550m: 6:20.18	35.74	750m: 8:44.38	36.08	
	200m: 2:13.55 34.66	400m: 4:33.62	35.22	600m: 6:56.33	36.15	800m: 9:19.20	34.82	
16.	Carolina Mantua Guedes	98	110539	Sporting	9:20.43	+0,78	646	
	50m: 31.76 31.76	250m: 2:51.71	35.10	450m: 5:12.54	35.25	650m: 7:35.23	35.39	
	100m: 1:06.47 34.71	300m: 3:26.81	35.10	500m: 5:48.03	35.49	700m: 8:11.25	36.02	
	150m: 1:41.45 34.98	350m: 4:01.77	34.96	550m: 6:23.81	35.78	750m: 8:46.72	35.47	
	200m: 2:16.61 35.16	400m: 4:37.29	35.52	600m: 6:59.84	36.03	800m: 9:20.43	33.71	
17.	Raquel Paulo Ranito	94	25504	Sporting	9:21.97	+0,81	640	
	50m: 32.58 32.58	250m: 2:54.09	35.42	450m: 5:15.45	34.93	650m: 7:37.98	35.57	
	100m: 1:08.05 35.47	300m: 3:29.67	35.58	500m: 5:51.09	35.64	700m: 8:12.87	34.89	
	150m: 1:43.49 35.44	350m: 4:05.10	35.43	550m: 6:26.60	35.51	750m: 8:47.43	34.56	
	200m: 2:18.67 35.18	400m: 4:40.52	35.42	600m: 7:02.41	35.81	800m: 9:21.97	34.54	
18.	Marta Alexandra Saraiva	93	14641	Uniao Piedense	9:22.85	+0,95	637	
	50m: 32.72 32.72	250m: 2:53.73	35.39	450m: 5:15.85	35.50	650m: 7:38.22	35.81	
	100m: 1:07.88 35.16	300m: 3:29.04	35.31	500m: 5:51.08	35.23	700m: 8:13.90	35.68	
	150m: 1:43.05 35.17	350m: 4:04.80	35.76	550m: 6:26.58	35.50	750m: 8:49.17	35.27	
	200m: 2:18.34 35.29	400m: 4:40.35	35.55	600m: 7:02.41	35.83	800m: 9:22.85	33.68	
19.	Bruna Leal Dantas	96	100371	Sporting	9:22.86	+0,79	637	
	50m: 32.30 32.30	250m: 2:53.03	35.29	450m: 5:15.34	35.58	650m: 7:38.24	35.94	
	100m: 1:07.00 34.70	300m: 3:28.50	35.47	500m: 5:50.88	35.54	700m: 8:13.85	35.61	
	150m: 1:42.37 35.37	350m: 4:04.16	35.66	550m: 6:26.79	35.91	750m: 8:48.94	35.09	
	200m: 2:17.74 35.37	400m: 4:39.76	35.60	600m: 7:02.30	35.51	800m: 9:22.86	33.92	
20.	Ana Silva Costa	98	104446	Famalicao	9:24.67	+0,83	631	
	50m: 32.44 32.44	250m: 2:53.39	35.26	450m: 5:15.87	35.56	650m: 7:38.74	36.01	
	100m: 1:07.60 35.16	300m: 3:28.74	35.35	500m: 5:51.27	35.40	700m: 8:14.42	35.68	
	150m: 1:42.89 35.29	350m: 4:04.55	35.81	550m: 6:27.03	35.76	750m: 8:50.05	35.63	
	200m: 2:18.13 35.24	400m: 4:40.31	35.76	600m: 7:02.73	35.70	800m: 9:24.67	34.62	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Adriana Daniela Castro	97	104515	Porto	9:27.32	+0,85	622	
	50m: 32.26 32.26	250m: 2:55.65	35.85	450m: 5:18.41	35.54	650m: 7:42.07	35.61	
	100m: 1:07.93 35.67	300m: 3:31.71	36.06	500m: 5:54.55	36.14	700m: 8:17.62	35.55	
	150m: 1:43.99 36.06	350m: 4:07.53	35.82	550m: 6:30.63	36.08	750m: 8:53.06	35.44	
	200m: 2:19.80 35.81	400m: 4:42.87	35.34	600m: 7:06.46	35.83	800m: 9:27.32	34.26	
22.	Helena Paula Carvalho	95	107307	Uniao Piedense	9:32.28	+0,84	606	
	<i>FTL</i>							
	50m: 31.80 31.80	250m: 2:53.79	36.06	450m: 5:19.65	36.48	650m: 7:45.04	36.30	
	100m: 1:06.49 34.69	300m: 3:30.12	36.33	500m: 5:55.98	36.33	700m: 8:21.50	36.46	
	150m: 1:41.97 35.48	350m: 4:06.70	36.58	550m: 6:32.62	36.64	750m: 8:57.64	36.14	
	200m: 2:17.73 35.76	400m: 4:43.17	36.47	600m: 7:08.74	36.12	800m: 9:32.28	34.64	
23.	Catia Andreia Clara	95	101886	Nautico da Marinha Grande	9:39.48	+0,93	584	
	<i>FTL</i>							
	50m: 32.26 32.26	250m: 2:54.96	35.87	450m: 5:21.32	36.89	650m: 7:49.14	37.38	
	100m: 1:07.18 34.92	300m: 3:31.23	36.27	500m: 5:57.84	36.52	700m: 8:26.01	36.87	
	150m: 1:42.88 35.70	350m: 4:07.70	36.47	550m: 6:34.64	36.80	750m: 9:03.32	37.31	
	200m: 2:19.09 36.21	400m: 4:44.43	36.73	600m: 7:11.76	37.12	800m: 9:39.48	36.16	
24.	Clarisse Matos Lopes	98	100069	Viver Santarem	9:43.20	+0,96	573	
	50m: 33.71 33.71	250m: 2:59.98	36.67	450m: 5:27.24	36.86	650m: 7:54.87	36.99	
	100m: 1:09.66 35.95	300m: 3:36.81	36.83	500m: 6:03.98	36.74	700m: 8:31.28	36.41	
	150m: 1:46.29 36.63	350m: 4:13.50	36.69	550m: 6:41.09	37.11	750m: 9:07.58	36.30	
	200m: 2:23.31 37.02	400m: 4:50.38	36.88	600m: 7:17.88	36.79	800m: 9:43.20	35.62	
25.	Ana Raquel Ferreira	98	102755	Ginasio Figueirense	9:48.61	+0,83	557	
	<i>FTL</i>							
	50m: 31.99 31.99	250m: 2:57.44	36.73	450m: 5:26.71	37.50	650m: 7:57.64	36.84	
	100m: 1:07.56 35.57	300m: 3:34.28	36.84	500m: 6:04.28	37.57	700m: 8:35.35	37.71	
	150m: 1:44.65 37.09	350m: 4:11.62	37.34	550m: 6:43.16	38.88	750m: 9:12.82	37.47	
	200m: 2:20.71 36.06	400m: 4:49.21	37.59	600m: 7:20.80	37.64	800m: 9:48.61	35.79	
26.	Beatriz Filipa Matos	97	103939	Nautico de Coimbra	9:49.74	+0,85	554	
	<i>FTL</i>							
	50m: 32.91 32.91	250m: 2:58.21	36.96	450m: 5:26.94	37.27	650m: 7:57.14	37.72	
	100m: 1:08.42 35.51	300m: 3:35.28	37.07	500m: 6:04.25	37.31	700m: 8:35.31	38.17	
	150m: 1:44.68 36.26	350m: 4:12.27	36.99	550m: 6:41.60	37.35	750m: 9:13.29	37.98	
	200m: 2:21.25 36.57	400m: 4:49.67	37.40	600m: 7:19.42	37.82	800m: 9:49.74	36.45	
27.	Marina Micaela Sequeira	98	112319	Uniao Piedense	9:53.92	+0,82	542	
	<i>FTL</i>							
	50m: 32.44 32.44	250m: 2:57.88	37.10	450m: 5:29.46	38.29	650m: 8:02.29	37.86	
	100m: 1:07.54 35.10	300m: 3:35.35	37.47	500m: 6:07.81	38.35	700m: 8:40.07	37.78	
	150m: 1:43.92 36.38	350m: 4:13.35	38.00	550m: 6:46.09	38.28	750m: 9:17.64	37.57	
	200m: 2:20.78 36.86	400m: 4:51.17	37.82	600m: 7:24.43	38.34	800m: 9:53.92	36.28	
28.	Catarina Martins Ribeiro	98	107339	Nautico da Marinha Grande	9:57.63	+1,02	532	
	<i>FTL</i>							
	50m: 33.63 33.63	250m: 3:02.28	37.19	450m: 5:33.77	38.10	650m: 8:05.41	37.80	
	100m: 1:10.23 36.60	300m: 3:39.89	37.61	500m: 6:12.13	38.36	700m: 8:43.50	38.09	
	150m: 1:47.48 37.25	350m: 4:18.04	38.15	550m: 6:50.05	37.92	750m: 9:21.28	37.78	
	200m: 2:25.09 37.61	400m: 4:55.67	37.63	600m: 7:27.61	37.56	800m: 9:57.63	36.35	

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42 Masc., 1500m Livres Absolutos
09-12-2012 Resultados

Rec. Nac. 25m Absoluto	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005
Rec. Nac. 25m Jun	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec. Nac. 25m Sen	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005

TAC - Masc Sen: 16:33.00; Jun2: 16:33.00; Jun1: 16:52.86

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Absolutos

1.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	15:22.79	+0,79	781	
	50m: 28.08 28.08	450m: 4:35.40 30.80	850m: 8:44.42 31.95	1250m: 12:51.76 30.53				
	100m: 59.36 31.28	500m: 5:06.26 30.86	900m: 9:15.52 31.10	1300m: 13:22.10 30.34				
	150m: 1:30.36 31.00	550m: 5:37.00 30.74	950m: 9:46.41 30.89	1350m: 13:52.45 30.35				
	200m: 2:01.06 30.70	600m: 6:08.00 31.00	1000m: 10:17.36 30.95	1400m: 14:22.85 30.40				
	250m: 2:31.83 30.77	650m: 6:38.91 30.91	1050m: 10:48.28 30.92	1450m: 14:53.25 30.40				
	300m: 3:02.78 30.95	700m: 7:10.11 31.20	1100m: 11:19.27 30.99	1500m: 15:22.79 29.54				
	350m: 3:33.78 31.00	750m: 7:41.30 31.19	1150m: 11:50.31 31.04					
	400m: 4:04.60 30.82	800m: 8:12.47 31.17	1200m: 12:21.23 30.92					
2.	Pedro Miguel Pinotes	89	26732	Sporting	15:27.12	+0,75	770	
	50m: 28.50 28.50	450m: 4:34.99 30.79	850m: 8:44.43 31.57	1250m: 12:52.61 30.98				
	100m: 59.32 30.82	500m: 5:06.02 31.03	900m: 9:15.90 31.47	1300m: 13:24.35 31.74				
	150m: 1:30.03 30.71	550m: 5:37.19 31.17	950m: 9:46.73 30.83	1350m: 13:56.16 31.81				
	200m: 2:00.69 30.66	600m: 6:08.22 31.03	1000m: 10:17.79 31.06	1400m: 14:27.48 31.32				
	250m: 2:31.55 30.86	650m: 6:39.10 30.88	1050m: 10:48.54 30.75	1450m: 14:57.90 30.42				
	300m: 3:02.64 31.09	700m: 7:10.37 31.27	1100m: 11:19.67 31.13	1500m: 15:27.12 29.22				
	350m: 3:33.54 30.90	750m: 7:41.57 31.20	1150m: 11:50.86 31.19					
	400m: 4:04.20 30.66	800m: 8:12.86 31.29	1200m: 12:21.63 30.77					
3.	Mario Andre Bonanca	90	12773	Sporting	15:43.16	+0,92	732	
	50m: 28.58 28.58	450m: 4:37.00 31.22	850m: 8:51.87 31.81	1250m: 13:07.41 31.23				
	100m: 59.67 31.09	500m: 5:08.66 31.66	900m: 9:23.87 32.00	1300m: 13:39.17 31.76				
	150m: 1:30.72 31.05	550m: 5:40.61 31.95	950m: 9:55.75 31.88	1350m: 14:10.81 31.64				
	200m: 2:01.65 30.93	600m: 6:12.37 31.76	1000m: 10:27.86 32.11	1400m: 14:42.29 31.48				
	250m: 2:32.56 30.91	650m: 6:44.38 32.01	1050m: 11:00.09 32.23	1450m: 15:13.32 31.03				
	300m: 3:03.45 30.89	700m: 7:16.89 32.51	1100m: 11:32.40 32.31	1500m: 15:43.16 29.84				
	350m: 3:34.58 31.13	750m: 7:48.49 31.60	1150m: 12:04.43 32.03					
	400m: 4:05.78 31.20	800m: 8:20.06 31.57	1200m: 12:36.18 31.75					
4.	Paulo Fragueiro Franco	82	24393	Geslours	15:45.29	+0,73	727	
	50m: 28.91 28.91	450m: 4:39.38 31.51	850m: 8:51.88 32.06	1250m: 13:08.59 31.75				
	100m: 1:00.18 31.27	500m: 5:10.84 31.46	900m: 9:23.77 31.89	1300m: 13:40.40 31.81				
	150m: 1:31.34 31.16	550m: 5:42.33 31.49	950m: 9:55.59 31.82	1350m: 14:12.42 32.02				
	200m: 2:02.52 31.18	600m: 6:13.85 31.52	1000m: 10:27.79 32.20	1400m: 14:44.26 31.84				
	250m: 2:33.88 31.36	650m: 6:45.42 31.57	1050m: 11:00.03 32.24	1450m: 15:15.38 31.12				
	300m: 3:05.46 31.58	700m: 7:16.81 31.39	1100m: 11:32.43 32.40	1500m: 15:45.29 29.91				
	350m: 3:36.56 31.10	750m: 7:48.31 31.50	1150m: 12:04.68 32.25					
	400m: 4:07.87 31.31	800m: 8:19.82 31.51	1200m: 12:36.84 32.16					
5.	Rafael Lourenco Gil	96	105234	Naval Amorense	15:45.51	+0,77	726	
	50m: 29.16 29.16	450m: 4:37.69 31.27	850m: 8:52.94 32.03	1250m: 13:09.01 31.84				
	100m: 1:00.15 30.99	500m: 5:09.21 31.52	900m: 9:24.93 31.99	1300m: 13:40.65 31.64				
	150m: 1:31.29 31.14	550m: 5:41.01 31.80	950m: 9:56.95 32.02	1350m: 14:12.25 31.60				
	200m: 2:02.12 30.83	600m: 6:12.86 31.85	1000m: 10:29.10 32.15	1400m: 14:43.90 31.65				
	250m: 2:33.07 30.95	650m: 6:44.85 31.99	1050m: 11:01.33 32.23	1450m: 15:15.38 31.48				
	300m: 3:04.15 31.08	700m: 7:17.10 32.25	1100m: 11:33.48 32.15	1500m: 15:45.51 30.13				
	350m: 3:35.44 31.29	750m: 7:49.07 31.97	1150m: 12:05.27 31.79					
	400m: 4:06.42 30.98	800m: 8:20.91 31.84	1200m: 12:37.17 31.90					

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Tiago Silva Oliveira	94	15465	Leixoes	15:47.33	+0,74	722	
	50m: 28.16	28.16	450m: 4:36.42	31.40	850m: 8:52.85	31.90	1250m: 13:08.57	31.97
	100m: 59.20	31.04	500m: 5:08.20	31.78	900m: 9:24.84	31.99	1300m: 13:40.40	31.83
	150m: 1:30.21	31.01	550m: 5:40.10	31.90	950m: 9:56.86	32.02	1350m: 14:12.27	31.87
	200m: 2:01.10	30.89	600m: 6:12.51	32.41	1000m: 10:28.53	31.67	1400m: 14:44.43	32.16
	250m: 2:31.90	30.80	650m: 6:44.56	32.05	1050m: 11:00.47	31.94	1450m: 15:16.50	32.07
	300m: 3:02.93	31.03	700m: 7:16.76	32.20	1100m: 11:32.44	31.97	1500m: 15:47.33	30.83
	350m: 3:33.97	31.04	750m: 7:49.04	32.28	1150m: 12:04.50	32.06		
	400m: 4:05.02	31.05	800m: 8:20.95	31.91	1200m: 12:36.60	32.10		
7.	Hugo Alberto Ribeiro	88	23114	Gespacos	15:59.19	+0,99	696	
	50m: 28.46	28.46	450m: 4:42.26	32.04	850m: 8:58.93	32.15	1250m: 13:18.65	32.69
	100m: 59.84	31.38	500m: 5:14.30	32.04	900m: 9:31.02	32.09	1300m: 13:51.18	32.53
	150m: 1:31.02	31.18	550m: 5:46.76	32.46	950m: 10:03.40	32.38	1350m: 14:23.43	32.25
	200m: 2:02.51	31.49	600m: 6:18.85	32.09	1000m: 10:35.79	32.39	1400m: 14:55.62	32.19
	250m: 2:34.16	31.65	650m: 6:50.92	32.07	1050m: 11:08.28	32.49	1450m: 15:27.93	32.31
	300m: 3:06.00	31.84	700m: 7:22.88	31.96	1100m: 11:40.83	32.55	1500m: 15:59.19	31.26
	350m: 3:38.00	32.00	750m: 7:54.86	31.98	1150m: 12:13.24	32.41		
	400m: 4:10.22	32.22	800m: 8:26.78	31.92	1200m: 12:45.96	32.72		
8.	Joao Andre Neves	95	101408	Academica de Coimbra	16:03.86	+0,76	686	
	50m: 29.69	29.69	450m: 4:50.30	32.69	850m: 9:08.64	32.47	1250m: 13:26.47	31.96
	100m: 1:02.38	32.69	500m: 5:22.51	32.21	900m: 9:40.70	32.06	1300m: 13:58.65	32.18
	150m: 1:35.06	32.68	550m: 5:55.02	32.51	950m: 10:12.71	32.01	1350m: 14:30.60	31.95
	200m: 2:07.96	32.90	600m: 6:27.17	32.15	1000m: 10:44.94	32.23	1400m: 15:02.22	31.62
	250m: 2:41.03	33.07	650m: 6:59.37	32.20	1050m: 11:17.52	32.58	1450m: 15:33.79	31.57
	300m: 3:12.97	31.94	700m: 7:31.43	32.06	1100m: 11:49.88	32.36	1500m: 16:03.86	30.07
	350m: 3:45.28	32.31	750m: 8:03.91	32.48	1150m: 12:22.20	32.32		
	400m: 4:17.61	32.33	800m: 8:36.17	32.26	1200m: 12:54.51	32.31		
9.	Bernardo Leitao Graca	93	14838	Sporting	16:06.65	+0,83	680	
	50m: 29.19	29.19	450m: 4:48.60	31.97	850m: 9:05.54	31.85	1250m: 13:25.02	32.60
	100m: 1:01.85	32.66	500m: 5:20.82	32.22	900m: 9:37.82	32.28	1300m: 13:57.99	32.97
	150m: 1:34.87	33.02	550m: 5:52.84	32.02	950m: 10:10.04	32.22	1350m: 14:30.42	32.43
	200m: 2:07.51	32.64	600m: 6:24.94	32.10	1000m: 10:42.49	32.45	1400m: 15:03.14	32.72
	250m: 2:39.56	32.05	650m: 6:57.26	32.32	1050m: 11:15.05	32.56	1450m: 15:35.50	32.36
	300m: 3:12.11	32.55	700m: 7:29.22	31.96	1100m: 11:47.57	32.52	1500m: 16:06.65	31.15
	350m: 3:44.55	32.44	750m: 8:01.38	32.16	1150m: 12:19.67	32.10		
	400m: 4:16.63	32.08	800m: 8:33.69	32.31	1200m: 12:52.42	32.75		
10.	Andre Rafael Marinho	93	10643	Uniao Piedense	16:08.54	+0,89	676	
	50m: 28.78	28.78	450m: 4:44.91	32.52	850m: 9:05.74	32.32	1250m: 13:26.47	32.52
	100m: 59.77	30.99	500m: 5:17.52	32.61	900m: 9:38.28	32.54	1300m: 13:58.90	32.43
	150m: 1:31.37	31.60	550m: 5:50.21	32.69	950m: 10:10.73	32.45	1350m: 14:31.42	32.52
	200m: 2:03.11	31.74	600m: 6:22.94	32.73	1000m: 10:43.47	32.74	1400m: 15:04.33	32.91
	250m: 2:35.34	32.23	650m: 6:55.44	32.50	1050m: 11:16.22	32.75	1450m: 15:36.74	32.41
	300m: 3:07.54	32.20	700m: 7:28.24	32.80	1100m: 11:48.73	32.51	1500m: 16:08.54	31.80
	350m: 3:40.01	32.47	750m: 8:00.86	32.62	1150m: 12:21.28	32.55		
	400m: 4:12.39	32.38	800m: 8:33.42	32.56	1200m: 12:53.95	32.67		
11.	Artur Manuel Ferreira	95	101981	Porto	16:11.50	+0,94	670	
	50m: 29.99	29.99	450m: 4:51.31	32.29	850m: 9:10.10	32.48	1250m: 13:32.57	32.27
	100m: 1:02.52	32.53	500m: 5:23.87	32.56	900m: 9:43.07	32.97	1300m: 14:04.96	32.39
	150m: 1:35.38	32.86	550m: 5:56.12	32.25	950m: 10:15.99	32.92	1350m: 14:37.09	32.13
	200m: 2:08.54	33.16	600m: 6:27.98	31.86	1000m: 10:48.94	32.95	1400m: 15:09.42	32.33
	250m: 2:41.55	33.01	650m: 7:00.33	32.35	1050m: 11:21.92	32.98	1450m: 15:40.93	31.51
	300m: 3:14.19	32.64	700m: 7:32.79	32.46	1100m: 11:54.20	32.28	1500m: 16:11.50	30.57
	350m: 3:46.83	32.64	750m: 8:05.52	32.73	1150m: 12:27.51	33.31		
	400m: 4:19.02	32.19	800m: 8:37.62	32.10	1200m: 13:00.30	32.79		

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Andre Filipe Farinha	96	105086	Benfica	16:14.92	+0,78	662	
	50m: 30.19	30.19	450m: 4:57.64	33.60	850m: 9:22.42	32.39	1250m: 13:37.89	31.67
	100m: 1:03.71	33.52	500m: 5:31.01	33.37	900m: 9:54.81	32.39	1300m: 14:09.62	31.73
	150m: 1:37.81	34.10	550m: 6:04.20	33.19	950m: 10:27.58	32.77	1350m: 14:41.54	31.92
	200m: 2:11.16	33.35	600m: 6:37.48	33.28	1000m: 10:59.46	31.88	1400m: 15:13.46	31.92
	250m: 2:44.37	33.21	650m: 7:10.59	33.11	1050m: 11:31.14	31.68	1450m: 15:43.98	30.52
	300m: 3:17.71	33.34	700m: 7:43.44	32.85	1100m: 12:02.68	31.54	1500m: 16:14.92	30.94
	350m: 3:50.82	33.11	750m: 8:16.85	33.41	1150m: 12:34.69	32.01		
	400m: 4:24.04	33.22	800m: 8:50.03	33.18	1200m: 13:06.22	31.53		
13.	Rui Miguel Lopes	94	106253	Natacao de Olhao	16:16.41	+0,79	659	
	50m: 29.66	29.66	450m: 4:50.05	32.47	850m: 9:10.42	32.18	1250m: 13:33.39	32.93
	100m: 1:01.79	32.13	500m: 5:22.55	32.50	900m: 9:43.09	32.67	1300m: 14:06.48	33.09
	150m: 1:34.99	33.20	550m: 5:54.85	32.30	950m: 10:15.85	32.76	1350m: 14:39.34	32.86
	200m: 2:08.00	33.01	600m: 6:27.49	32.64	1000m: 10:48.70	32.85	1400m: 15:12.59	33.25
	250m: 2:40.41	32.41	650m: 6:59.93	32.44	1050m: 11:21.56	32.86	1450m: 15:44.97	32.38
	300m: 3:12.52	32.11	700m: 7:32.35	32.42	1100m: 11:54.07	32.51	1500m: 16:16.41	31.44
	350m: 3:45.07	32.55	750m: 8:05.27	32.92	1150m: 12:27.28	33.21		
	400m: 4:17.58	32.51	800m: 8:38.24	32.97	1200m: 13:00.46	33.18		
14.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	16:21.34	+0,72	650	
	50m: 29.83	29.83	450m: 4:52.16	32.80	850m: 9:16.11	32.56	1250m: 13:38.27	33.08
	100m: 1:02.79	32.96	500m: 5:25.06	32.90	900m: 9:48.79	32.68	1300m: 14:10.43	32.16
	150m: 1:35.88	33.09	550m: 5:57.82	32.76	950m: 10:21.72	32.93	1350m: 14:43.03	32.60
	200m: 2:08.82	32.94	600m: 6:31.00	33.18	1000m: 10:54.68	32.96	1400m: 15:16.36	33.33
	250m: 2:41.54	32.72	650m: 7:03.78	32.78	1050m: 11:27.04	32.36	1450m: 15:49.20	32.84
	300m: 3:13.89	32.35	700m: 7:37.04	33.26	1100m: 11:59.65	32.61	1500m: 16:21.34	32.14
	350m: 3:46.47	32.58	750m: 8:10.34	33.30	1150m: 12:32.18	32.53		
	400m: 4:19.36	32.89	800m: 8:43.55	33.21	1200m: 13:05.19	33.01		
15.	Joao Nuno Pires	94	10866	Academica de Coimbra	16:21.90	+0,81	648	
	50m: 30.09	30.09	450m: 4:49.59	32.74	850m: 9:12.32	32.86	1250m: 13:37.81	33.16
	100m: 1:02.66	32.57	500m: 5:22.37	32.78	900m: 9:45.10	32.78	1300m: 14:11.18	33.37
	150m: 1:34.91	32.25	550m: 5:55.14	32.77	950m: 10:18.45	33.35	1350m: 14:44.41	33.23
	200m: 2:07.19	32.28	600m: 6:28.03	32.89	1000m: 10:51.74	33.29	1400m: 15:17.81	33.40
	250m: 2:39.60	32.41	650m: 7:00.90	32.87	1050m: 11:24.94	33.20	1450m: 15:50.86	33.05
	300m: 3:12.04	32.44	700m: 7:33.74	32.84	1100m: 11:58.38	33.44	1500m: 16:21.90	31.04
	350m: 3:44.33	32.29	750m: 8:06.64	32.90	1150m: 12:31.44	33.06		
	400m: 4:16.85	32.52	800m: 8:39.46	32.82	1200m: 13:04.65	33.21		
16.	Bruno Miguel Rainho	96	111214	Geslours	16:22.15	+0,91	648	
	50m: 29.83	29.83	450m: 4:51.37	32.84	850m: 9:13.52	32.43	1250m: 13:38.77	33.67
	100m: 1:01.78	31.95	500m: 5:24.53	33.16	900m: 9:46.58	33.06	1300m: 14:12.08	33.31
	150m: 1:34.25	32.47	550m: 5:56.96	32.43	950m: 10:19.42	32.84	1350m: 14:45.37	33.29
	200m: 2:07.04	32.79	600m: 6:29.87	32.91	1000m: 10:52.15	32.73	1400m: 15:18.19	32.82
	250m: 2:39.88	32.84	650m: 7:02.95	33.08	1050m: 11:25.73	33.58	1450m: 15:51.44	33.25
	300m: 3:12.41	32.53	700m: 7:35.76	32.81	1100m: 11:59.59	33.86	1500m: 16:22.15	30.71
	350m: 3:45.27	32.86	750m: 8:08.15	32.39	1150m: 12:32.31	32.72		
	400m: 4:18.53	33.26	800m: 8:41.09	32.94	1200m: 13:05.10	32.79		
17.	Ruben Filipe Nunes	94	23302	Gespacos	16:22.27	+0,89	648	
	50m: 29.55	29.55	450m: 4:48.48	32.89	850m: 9:12.69	33.09	1250m: 13:39.06	33.38
	100m: 1:01.19	31.64	500m: 5:21.31	32.83	900m: 9:45.76	33.07	1300m: 14:12.54	33.48
	150m: 1:33.48	32.29	550m: 5:54.18	32.87	950m: 10:19.21	33.45	1350m: 14:45.86	33.32
	200m: 2:05.81	32.33	600m: 6:27.06	32.88	1000m: 10:52.33	33.12	1400m: 15:19.26	33.40
	250m: 2:38.07	32.26	650m: 7:00.01	32.95	1050m: 11:25.71	33.38	1450m: 15:52.18	32.92
	300m: 3:10.39	32.32	700m: 7:33.25	33.24	1100m: 11:59.44	33.73	1500m: 16:22.27	30.09
	350m: 3:42.82	32.43	750m: 8:06.53	33.28	1150m: 12:32.60	33.16		
	400m: 4:15.59	32.77	800m: 8:39.60	33.07	1200m: 13:05.68	33.08		

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	Duarte Nuno Vieira	95	104151	Desportivo Nacional	16:30.48	+0,73	632	
	50m: 29.76 29.76	450m: 4:53.72	33.14	850m: 9:18.60	33.07	1250m: 13:44.45	33.31	
	100m: 1:02.48 32.72	500m: 5:26.91	33.19	900m: 9:51.81	33.21	1300m: 14:17.89	33.44	
	150m: 1:35.37 32.89	550m: 6:00.37	33.46	950m: 10:25.08	33.27	1350m: 14:51.34	33.45	
	200m: 2:08.69 33.32	600m: 6:33.45	33.08	1000m: 10:58.17	33.09	1400m: 15:24.50	33.16	
	250m: 2:41.74 33.05	650m: 7:06.33	32.88	1050m: 11:31.18	33.01	1450m: 15:57.82	33.32	
	300m: 3:14.73 32.99	700m: 7:39.34	33.01	1100m: 12:04.39	33.21	1500m: 16:30.48	32.66	
	350m: 3:47.92 33.19	750m: 8:12.37	33.03	1150m: 12:37.44	33.05			
	400m: 4:20.58 32.66	800m: 8:45.53	33.16	1200m: 13:11.14	33.70			
19.	Pedro Veigunha Martins	96	107233	Braga	16:42.48	+0,78	609	
	50m: 30.37 30.37	450m: 4:56.09	34.01	850m: 9:29.10	34.26	1250m: 13:56.89	33.41	
	100m: 1:02.07 31.70	500m: 5:29.84	33.75	900m: 10:01.98	32.88	1300m: 14:30.90	34.01	
	150m: 1:33.83 31.76	550m: 6:03.89	34.05	950m: 10:34.74	32.76	1350m: 15:04.76	33.86	
	200m: 2:07.09 33.26	600m: 6:37.82	33.93	1000m: 11:07.94	33.20	1400m: 15:38.42	33.66	
	250m: 2:40.58 33.49	650m: 7:12.19	34.37	1050m: 11:41.49	33.55	1450m: 16:11.86	33.44	
	300m: 3:14.43 33.85	700m: 7:46.44	34.25	1100m: 12:15.82	34.33	1500m: 16:42.48	30.62	
	350m: 3:48.27 33.84	750m: 8:20.82	34.38	1150m: 12:50.83	35.01			
	400m: 4:22.08 33.81	800m: 8:54.84	34.02	1200m: 13:23.48	32.65			
20.	Rafael Rocha Ferreira	96	103871	Galitos	16:42.94	+0,92	608	
	50m: 30.52 30.52	450m: 4:57.90	34.07	850m: 9:29.84	33.82	1250m: 13:58.08	33.50	
	100m: 1:03.24 32.72	500m: 5:32.01	34.11	900m: 10:03.34	33.50	1300m: 14:31.26	33.18	
	150m: 1:36.37 33.13	550m: 6:06.12	34.11	950m: 10:37.36	34.02	1350m: 15:04.86	33.60	
	200m: 2:09.26 32.89	600m: 6:40.09	33.97	1000m: 11:10.71	33.35	1400m: 15:38.19	33.33	
	250m: 2:42.81 33.55	650m: 7:14.05	33.96	1050m: 11:44.40	33.69	1450m: 16:11.08	32.89	
	300m: 3:16.51 33.70	700m: 7:48.02	33.97	1100m: 12:17.73	33.33	1500m: 16:42.94	31.86	
	350m: 3:50.24 33.73	750m: 8:21.92	33.90	1150m: 12:51.14	33.41			
	400m: 4:23.83 33.59	800m: 8:56.02	34.10	1200m: 13:24.58	33.44			
21.	Gustavo Lopes Ribeiro	95	100433	Academica de Coimbra	16:51.83	+0,93	593	
	<i>FTL</i>							
	50m: 30.58 30.58	450m: 4:56.91	33.74	850m: 9:27.82	34.46	1250m: 14:01.57	34.52	
	100m: 1:03.85 33.27	500m: 5:30.27	33.36	900m: 10:02.26	34.44	1300m: 14:36.33	34.76	
	150m: 1:36.31 32.46	550m: 6:04.12	33.85	950m: 10:36.27	34.01	1350m: 15:10.44	34.11	
	200m: 2:09.13 32.82	600m: 6:37.57	33.45	1000m: 11:10.26	33.99	1400m: 15:45.02	34.58	
	250m: 2:42.03 32.90	650m: 7:11.32	33.75	1050m: 11:44.26	34.00	1450m: 16:19.86	34.84	
	300m: 3:15.61 33.58	700m: 7:45.21	33.89	1100m: 12:18.28	34.02	1500m: 16:51.83	31.97	
	350m: 3:49.28 33.67	750m: 8:19.56	34.35	1150m: 12:52.54	34.26			
	400m: 4:23.17 33.89	800m: 8:53.36	33.80	1200m: 13:27.05	34.51			
22.	Nuno Vieira Malheiro	93	13279	Braga	16:55.90	+0,94	585	
	<i>FTL</i>							
	50m: 30.92 30.92	450m: 4:58.55	33.85	850m: 9:32.00	33.96	1250m: 14:07.14	34.87	
	100m: 1:03.89 32.97	500m: 5:32.48	33.93	900m: 10:06.26	34.26	1300m: 14:41.21	34.07	
	150m: 1:37.23 33.34	550m: 6:06.73	34.25	950m: 10:40.59	34.33	1350m: 15:15.04	33.83	
	200m: 2:10.37 33.14	600m: 6:41.06	34.33	1000m: 11:15.26	34.67	1400m: 15:48.99	33.95	
	250m: 2:43.69 33.32	650m: 7:15.47	34.41	1050m: 11:49.83	34.57	1450m: 16:22.88	33.89	
	300m: 3:17.17 33.48	700m: 7:49.87	34.40	1100m: 12:24.06	34.23	1500m: 16:55.90	33.02	
	350m: 3:50.85 33.68	750m: 8:24.02	34.15	1150m: 12:58.15	34.09			
	400m: 4:24.70 33.85	800m: 8:58.04	34.02	1200m: 13:32.27	34.12			

Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 33 Femin., 50m Mariposa Absolutos
09-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	26.78	Sara Freitas Oliveira	FPN	Dubai (UAE)	16-12-2010
Rec. Nac. 25m Jun	27.57	Filipa Vilas Tiago	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	26.78	Sara Freitas Oliveira	FPN	Dubai (UAE)	16-12-2010

TAC - Fem Sen: 30.80; Jun2: 30.80; Jun1: 30.80

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	27.94	+0,69	664	
2.	Catarina Tiago Nunes	95	100949	Uniao Piedense	28.52	+0,79	624	
3.	Ana Catarina Monteiro	93	24320	Vilacondense	28.63	+0,68	617	
4.	Filipa Ferreira Silva	85	12219	Amadora	28.77	+0,77	608	
5.	Carlota Freitas Olim	93	10949	Naval do Funchal	28.95	+0,71	597	
6.	Raquel Maurile Taveira	95	105392	Alges	29.14	+0,75	585	
7.	Ines Fernandes Garcia	94	126615	Avancado EUL	29.61	+0,77	558	
8.	Ariana Alves Nunes	95	13348	Portinado	29.93	+0,79	540	
Final B								
9.	Ana Filipa Carmo	93	15746	Colegio Vasco da Gama	29.73	+0,78	551	
10.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	29.75	+0,71	550	
11.	Graca Maria Araujo	98	104456	Famalicao	29.79	+0,85	548	
12.	Ana Margarida Rodrigues	96	103868	Galitos	29.95	+0,76	539	
13.	Sofia Alexandra Branco	98	116596	Sporting	30.05	+0,77	534	
	Bruna Leal Dantas	96	100371	Sporting	30.05	+0,69	534	
15.	Filipa Alexandra Pereira	96	121766	Clube de Vouzela	30.29	+0,88	521	
16.	Teresa Manuela Aires	96	105004	Sporting de Espinho	30.69	+0,84	501	

Prova 32 Masc., 50m Mariposa Absolutos
09-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	23.50	Tiago Andre Venancio	FPN	Szczecin (POL)	11-12-2011
Rec. Nac. 25m Jun	24.83	Miguel Silva Oliveira	CNAC	Coimbra	09-05-2009
Rec. Nac. 25m Sen	23.50	Tiago Andre Venancio	FPN	Szczecin (POL)	11-12-2011

TAC - Masc Sen: 26.70; Jun2: 26.70; Jun1: 26.70

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Simao Gomes Morgado	79	12217	Amadora	23.82	+0,69	766	
2.	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	24.38	+0,69	714	
3.	Joao Silva Gigante	88	14783	Amadora	24.64	+0,64	692	
4.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	24.91	+0,74	670	
5.	Joao Pedro Teodoro	90	11156	Naval Setubalense	24.93	+0,71	668	
6.	Fabio Manuel Pereira	86	23049	Vilacondense	25.06	+0,79	658	
7.	Carlos Filipe Santos	91	15694	Porto	25.08	+0,74	656	
8.	Diogo Andre Gaspar	90	25544	Uniao Piedense	25.25	+0,76	643	
Final B								
9.	Nelson Filipe Martinho	89	16016	Natacao de Valongo	25.24	+0,75	644	
10.	Pedro Andre Santos	94	15732	Alges	25.31	+0,65	638	
11.	Ricardo Pereira Lopes	90	14831	Amadora	25.44	+0,61	629	
12.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	25.62	+0,72	616	

O Juiz Arbitro

O Secretariado

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Prova 32, Masc., 50m Mariposa, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Frederico Manuel Moeda	95	117080	Estrelas S. Joao de Brito	25.68	+0,70	611	
14.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	25.75	+0,71	606	
	Fabio Andre Figueira	88	11084	Porto	25.75	+0,72	606	
16.	Andre Neves Oliveira	91	14834	Benfica	25.89	+0,70	596	

Prova 35
09-12-2012

Femin., 200m Costas

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993
Rec. Nac. 25m Inf B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	16-03-1997
Rec. Nac. 25m Inf A	2:22.25	Keissy Joselin Sousa	FCP	Algés	15-03-1998
Rec. Nac. 25m Juv	2:17.86	Cátia Raquel Martinheira	LDC	Sines	21-12-2008
Rec. Nac. 25m Jun	2:12.80	Petra Quintela Chaves	SAD	Algés	31-05-1994
Rec. Nac. 25m Sen	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993

TAC - Fem Sen: 2:28.00; Jun2: 2:28.00; Jun1: 2:30.96

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Joana Carina Silva	97	106219	Lousada SXXI	2:14.77	+0,76	706	
	50m: 32.09 32.09		100m: 1:06.25 34.16	150m: 1:40.88 34.63	200m: 2:14.77 33.89			
2.	Cátia Raquel Martinheira	95	25940	Louletano/Loule Concelho	2:15.54	+0,98	694	
	50m: 30.94 30.94		100m: 1:04.62 33.68	150m: 1:40.00 35.38	200m: 2:15.54 35.54			
3.	Marta Pereira Abreu	92	23091	Porto	2:16.18	+0,74	684	
	50m: 32.73 32.73		100m: 1:07.26 34.53	150m: 1:42.01 34.75	200m: 2:16.18 34.17			
4.	Nadia Morais Vieira	90	13092	Geslours	2:16.64	+0,72	677	
	50m: 32.72 32.72		100m: 1:07.52 34.80	150m: 1:42.25 34.73	200m: 2:16.64 34.39			
5.	Francisca Gomes Azevedo	97	100356	Alges	2:17.17	+0,72	670	
	50m: 32.51 32.51		100m: 1:07.42 34.91	150m: 1:42.66 35.24	200m: 2:17.17 34.51			
6.	Tatiana Filipa Santos	95	26779	Ginasio Figueirense	2:22.00	+0,67	603	
	50m: 33.42 33.42		100m: 1:09.03 35.61	150m: 1:45.60 36.57	200m: 2:22.00 36.40			
7.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	2:22.03	+0,64	603	
	50m: 32.20 32.20		100m: 1:08.23 36.03	150m: 1:45.33 37.10	200m: 2:22.03 36.70			
8.	Paula Cristina Yang	95	100229	Geslours	2:22.29	+0,67	600	
	50m: 32.83 32.83		100m: 1:08.98 36.15	150m: 1:45.57 36.59	200m: 2:22.29 36.72			

Final B

9.	Lisa Marisa Soares	95	25381	Amadora	2:21.23	+0,69	613	
	50m: 33.27 33.27		100m: 1:09.32 36.05	150m: 1:45.03 35.71	200m: 2:21.23 36.20			
10.	Andreia Silva Cruz	88	11126	Naval Amorense	2:22.85	+0,59	593	
	50m: 33.28 33.28		100m: 1:09.03 35.75	150m: 1:45.73 36.70	200m: 2:22.85 37.12			
11.	Ana Marta Miranda	96	100377	Uniao Piedense	2:23.18	+1,05	589	
	50m: 33.40 33.40		100m: 1:09.53 36.13	150m: 1:46.50 36.97	200m: 2:23.18 36.68			
12.	Ana Luisa Santo	95	117843	Geslours	2:25.47	+0,75	561	
	50m: 33.67 33.67		100m: 1:10.06 36.39	150m: 1:47.65 37.59	200m: 2:25.47 37.82			
13.	Maria Malaguerra Costa	98	106765	Columbofila Cantanhedense	2:26.72	+0,63	547	
	50m: 34.36 34.36		100m: 1:12.03 37.67	150m: 1:49.75 37.72	200m: 2:26.72 36.97			
14.	Catarina Brito Ferreira	97	104242	Naval Setubalense	2:26.88	+0,72	545	
	50m: 33.65 33.65		100m: 1:10.70 37.05	150m: 1:49.20 38.50	200m: 2:26.88 37.68			

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 35, Femin., 200m Costas, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Beatriz Neves Craveiro FTL	97	106762	Nautico de Coimbra	2:29.18	+0,65	520	
	50m: 33.43 33.43	100m: 1:11.51	38.08	150m: 1:50.62	39.11	200m: 2:29.18	38.56	
DSQ	Adriana Correia Lopes 403 - Falsa partida - SW 4.4	95	24491	Nautico de Coimbra				

Prova 34
09-12-2012

Masc., 200m Costas

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	22-11-2012
Rec. Nac. 25m Inf B	2:18.15	Alexandre Lage Ribas	EDV	Ponte da Barca	03-07-2010
Rec. Nac. 25m Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	29-06-2012
Rec. Nac. 25m Juv B	2:06.53	Alexandre Lages Ribas	EDV	Ponte da Barca	06-07-2012
Rec. Nac. 25m Juv A	2:01.43	Diogo Gomes Sousa	CNCVG	Algés	04-06-2011
Rec. Nac. 25m Jun	1:58.37	Adriano Miguel Niz	CFV	Figueira da Foz	03-07-2004
Rec. Nac. 25m Sen	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	22-11-2012

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Miguel Duarte Nascimento	95	14944	Portinado	1:59.14	+0,65	706	
	50m: 27.31 27.31	100m: 56.66	29.35	150m: 1:27.32	30.66	200m: 1:59.14	31.82	
2.	Adriano Miguel Niz	86	23013	Famalicao	2:00.54	+0,71	682	
	50m: 28.92 28.92	100m: 59.30	30.38	150m: 1:30.02	30.72	200m: 2:00.54	30.52	
3.	Rodrigo Pereira Lopes	95	26077	Amadora	2:03.02	+0,68	641	
	50m: 28.60 28.60	100m: 59.28	30.68	150m: 1:30.66	31.38	200m: 2:03.02	32.36	
4.	Edgar Oliveira Ribeiro	93	13277	Braga	2:03.96	+0,68	627	
	50m: 28.98 28.98	100m: 1:00.63	31.65	150m: 1:32.63	32.00	200m: 2:03.96	31.33	
5.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	2:04.98	+1,02	611	
	50m: 29.15 29.15	100m: 1:00.38	31.23	150m: 1:32.56	32.18	200m: 2:04.98	32.42	
6.	Andre Bras Goncalves	88	14767	Amadora	2:05.92	+0,65	598	
	50m: 29.44 29.44	100m: 1:01.67	32.23	150m: 1:33.74	32.07	200m: 2:05.92	32.18	
7.	Tiago Barros Ferreira	94	16003	Alges	2:07.18	+0,63	580	
	50m: 30.14 30.14	100m: 1:02.40	32.26	150m: 1:34.88	32.48	200m: 2:07.18	32.30	
8.	Andre Duarte Vaz	93	10768	Nautico de Coimbra	2:11.30	+0,76	527	
	50m: 29.58 29.58	100m: 1:01.53	31.95	150m: 1:35.35	33.82	200m: 2:11.30	35.95	
Final B								
9.	Samuel Patricio Queiros	91	15701	Porto	2:04.43	+0,67	620	
	50m: 30.09 30.09	100m: 1:02.30	32.21	150m: 1:33.58	31.28	200m: 2:04.43	30.85	
10.	Nuno Rafael Alves	90	25140	Gespacos	2:06.53	+0,67	589	
	50m: 30.17 30.17	100m: 1:02.63	32.46	150m: 1:35.02	32.39	200m: 2:06.53	31.51	
11.	Tiago Manuel Teixeira	96	102485	Vitoria de Guimaraes	2:06.90	+1,02	584	
	50m: 28.49 28.49	100m: 1:00.42	31.93	150m: 1:33.81	33.39	200m: 2:06.90	33.09	
12.	Filipe Rainho Balseiro	94	102824	Academica de Coimbra	2:07.94	+0,61	570	
	50m: 29.95 29.95	100m: 1:02.11	32.16	150m: 1:34.90	32.79	200m: 2:07.94	33.04	
13.	Mario Rui Cruz	94	101128	Amadora	2:07.96	+0,61	570	
	50m: 30.18 30.18	100m: 1:02.83	32.65	150m: 1:35.59	32.76	200m: 2:07.96	32.37	

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 34, Masc., 200m Costas, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Afonso Lopes dos Santos	95	14773	Alcobaca	2:08.07	+0,68	568	
	50m: 29.85 29.85	100m: 1:02.27	32.42	150m: 1:34.97	32.70	200m: 2:08.07	33.10	
15.	Fabio Alexandre Freitas	94	25763	Uniao Piedense	2:08.09	+0,62	568	
	50m: 30.10 30.10	100m: 1:03.15	33.05	150m: 1:35.92	32.77	200m: 2:08.09	32.17	
16.	Antonio Rafael Bessa	94	102089	Gespacos	2:09.53	+0,60	549	
	50m: 29.92 29.92	100m: 1:01.87	31.95	150m: 1:34.84	32.97	200m: 2:09.53	34.69	

Prova 37 Femin., 50m Bruços Absolutos
09-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	31.43	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	31.46	Ana Pinho Rodrigues	AEJ	Leiria	06-12-2009
Rec. Nac. 25m Sen	31.43	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 36.00; Jun2: 36.00; Jun1: 36.00

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Pinho Rodrigues	94	13372	Porto	31.53	+0,72	762	
2.	Diana Duarte Gomes	89	20632	Amadora	32.50	+0,69	695	
3.	Paula Alexandra Oliveira	96	102084	Porto	33.10	+0,76	658	
4.	Rute Margarida Marques	94	25359	Amadora	33.31	+0,75	646	
5.	Diana Patricia Ferreira	94	23500	Gespacos	33.33	+0,85	645	
6.	Ana Marisa Brito	90	12800	Benfica	33.60	+0,71	629	
7.	Ana Teresa Franco	91	11349	Sporting	33.61	+0,71	629	
8.	Fabiana Maria Quintal	84	10396	Desportivo Nacional	33.99	+0,71	608	
Final B								
9.	Ana Beatriz Marques	98	110159	Alges	33.93	+0,77	611	
10.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	33.97	+0,70	609	
11.	Ariana Alves Nunes	95	13348	Portinado	34.38	+0,77	587	
12.	Rosa Maria Oliveira	96	105858	Estarreja	35.00	+0,80	557	
13.	Ines Pugsley Ferreira	97	107414	Louletano/Loule Concelho	35.28	+0,83	543	
14.	Barbara Sofia Barata	97	105454	Alges	35.33	+0,73	541	
15.	Sofia Machado Dionisio	98	111263	Sporting	35.36	+0,92	540	
16.	Ines Raquel Estevao	95	100230	Geslours	35.48	+0,77	534	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 36 Masc., 50m Bruços Absolutos
09-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	27.22	Jose Guilherme Couto	FPN	Moscovo (RUS)	06-04-2002
Rec. Nac. 25m Jun	28.56	Pedro Miguel Agostinho	SLB	S. António Cavaleiros	03-05-2009
Rec. Nac. 25m Sen	27.22	Jose Guilherme Couto	FPN	Moscovo (RUS)	06-04-2002

TAC - Masc Sen: 30.90; Jun2: 30.90; Jun1: 30.90

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Joao Silva Gigante	88	14783	Amadora	28.27	+0,64	712	
2.	Pedro Miguel Agostinho	92	12778	Sporting	28.45	+0,60	699	
3.	Gil Goncalves Pinto	88	26051	Porto	29.24	+0,62	643	
4.	Joao Claudio Sousa	93	23458	Gespacos	29.41	+0,78	632	
5.	Henrique Pereira Neiva	84	23019	Vilacondense	29.45	+0,74	630	
6.	Miguel Silva Oliveira	91	10822	Nautico de Coimbra	29.63	+0,74	618	
7.	Diogo Filipe Matos	92	14868	Sporting	29.75	+0,75	611	
8.	Nuno Andre Fernandes	89	16073	Benfica	30.13	+0,76	588	

Final B

9.	Tiago Samuel Silva	93	23502	Porto	29.89	+0,69	602	
10.	Sergio Baptista Silva	91	15703	Porto	29.91	+0,69	601	
11.	Luis Manuel Fernandes	95	15589	Famalicao	29.97	+0,64	598	
12.	Artur Jose Reis	96	23369	Porto	30.45	+0,71	570	
13.	Leonardo Cardoso Figueiredo	96	105612	Porto	30.52	+0,66	566	
14.	Nuno Durao Pascoal	92	12560	Galitos	30.56	+0,68	564	
15.	Vitor Diogo Moura	90	10394	Desportivo Nacional	30.61	+0,74	561	
16.	Thiago Duarte Goncalves	89	12543	Estrelas S. Joao de Brito	30.67	+0,73	558	

Prova 39 Femin., 200m Livres Absolutos
09-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	2:00.20	Marta Vieira Marinho	FCP	Porto	04-12-2010
Rec. Nac. 25m Inf B	2:12.32	Beatriz Rodrigues Conde	SCP	Algés	12-06-2010
Rec. Nac. 25m Inf A	2:09.46	Ines Camacho Fernandes	SCP	Tavira	05-03-2010
Rec. Nac. 25m Juv	2:06.53	Ana Claudia Santos	SFUAP	Mealhada	17-04-2004
Rec. Nac. 25m Jun	2:02.42	Andreia Catarina Gomes	VSC	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:00.20	Marta Vieira Marinho	POR	Porto	04-12-2010

TAC - Fem Sen: 2:11.00; Jun2: 2:11.00; Jun1: 2:13.62

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Diana Margarida Duraes	96	102992	Porto	2:02.89	+0,83	740	
	50m: 29.29 29.29		100m: 1:01.00 31.71	150m: 1:32.21 31.21	200m: 2:02.89 30.68			
2.	Mafalda Gomes Beleza	94	26890	Sporting	2:03.73	+0,81	725	
	50m: 28.86 28.86		100m: 1:00.36 31.50	150m: 1:32.28 31.92	200m: 2:03.73 31.45			
3.	Angelica Maria Andre	94	15497	Leixoes	2:03.80	+0,77	724	
	50m: 29.58 29.58		100m: 1:00.73 31.15	150m: 1:32.58 31.85	200m: 2:03.80 31.22			
4.	Marta Vieira Marinho	91	15707	Porto	2:06.10	+0,75	685	
	50m: 29.10 29.10		100m: 1:00.33 31.23	150m: 1:32.35 32.02	200m: 2:06.10 33.75			
5.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	2:08.59	+0,81	646	
	50m: 29.66 29.66		100m: 1:01.95 32.29	150m: 1:35.39 33.44	200m: 2:08.59 33.20			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 39, Femin., 200m Livres, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Soraia Vanessa Ribeiro	92	15857	Gespacos	2:09.75	+0,90	628	
	50m: 29.46 29.46	100m: 1:01.72	32.26	150m: 1:34.53	32.81	200m: 2:09.75	35.22	
7.	Ana Goncalves Neto	95	101958	Porto	2:10.12	+1,04	623	
	50m: 29.72 29.72	100m: 1:02.64	32.92	150m: 1:36.41	33.77	200m: 2:10.12	33.71	
8.	Floribela Cavaco Machado	96	103916	Columbofila Cantanhedense	2:10.79	+0,80	614	
	50m: 30.84 30.84	100m: 1:04.04	33.20	150m: 1:37.93	33.89	200m: 2:10.79	32.86	

Final B

9.	Julia Matos Lopes	94	12490	Viver Santarem	2:06.21	+0,82	683	
	50m: 30.27 30.27	100m: 1:02.80	32.53	150m: 1:34.99	32.19	200m: 2:06.21	31.22	
10.	Adriana Daniela Castro	97	104515	Porto	2:06.27	+0,77	682	
	50m: 30.30 30.30	100m: 1:02.90	32.60	150m: 1:35.13	32.23	200m: 2:06.27	31.14	
11.	Isabel Pinto Abreu	96	26324	Belenenses	2:07.21	+0,75	667	
	50m: 29.49 29.49	100m: 1:01.83	32.34	150m: 1:34.50	32.67	200m: 2:07.21	32.71	
12.	Carolina Sanchez Rodrigues	97	100359	Alges	2:07.84	+0,78	657	
	50m: 29.73 29.73	100m: 1:02.41	32.68	150m: 1:35.06	32.65	200m: 2:07.84	32.78	
13.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	2:08.45	+0,76	648	
	50m: 29.96 29.96	100m: 1:02.69	32.73	150m: 1:35.82	33.13	200m: 2:08.45	32.63	
14.	Joana Filipa Capela	89	12794	Benfica	2:09.25	+0,78	636	
	50m: 30.97 30.97	100m: 1:04.08	33.11	150m: 1:37.33	33.25	200m: 2:09.25	31.92	
15.	Beatriz Rodrigues Conde	98	110543	Sporting	2:11.77	+0,79	600	
	50m: 30.36 30.36	100m: 1:03.64	33.28	150m: 1:37.71	34.07	200m: 2:11.77	34.06	
16.	Leonor Mourinho Neves	95	105646	Sporting	2:12.07	+0,81	596	
	FTL 50m: 30.33 30.33	100m: 1:03.68	33.35	150m: 1:37.92	34.24	200m: 2:12.07	34.15	

Prova 38
09-12-2012

Masc., 200m Livres

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	2:04.75	Joao Magalhaes Nunes	CNA	Algés	30-06-2012
Rec. Nac. 25m Inf A	1:58.99	Pedro Fontoura Oliveira	CFB	Cova da Piedade	10-06-2004
Rec. Nac. 25m Juv B	1:55.53	Diogo Filipe Carvalho	CGA	Ilhavo	01-03-2003
Rec. Nac. 25m Juv A	1:51.06	Tiago Andre Venancio	CNS	Braga	22-03-2003
Rec. Nac. 25m Jun	1:47.73	Tiago Andre Venancio	FPN	Viena (AUT)	12-12-2004
Rec. Nac. 25m Sen	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 1:56.50; Jun2: 1:56.50; Jun1: 1:58.83

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 38, Masc., 200m Livres, Final

Final A

1.	Luis Emanuel Vaz	91	15628	Famalicao	1:46.73	+0,80	807
	50m: 25.14 25.14	100m: 51.95 26.81	150m: 1:19.19	27.24	200m: 1:46.73	27.54	
2.	Mario Alexandre Pereira	92	10767	Nautico de Coimbra	1:46.86	+0,66	804
	50m: 24.12 24.12	100m: 50.80 26.68	150m: 1:19.53	28.73	200m: 1:46.86	27.33	
3.	Ricardo Ferreira Cotovio	91	10921	Sporting	1:49.53	+0,69	746
	50m: 25.77 25.77	100m: 53.51 27.74	150m: 1:21.51	28.00	200m: 1:49.53	28.02	
4.	Artiom Viatcheslavovitch Poliakov	93	11114	Estrelas S. Joao de Brito	1:50.02	+0,64	736
	50m: 24.93 24.93	100m: 52.35 27.42	150m: 1:21.00	28.65	200m: 1:50.02	29.02	
5.	Fabio Manuel Pereira	86	23049	Vilacondense	1:51.87	+0,78	700
	50m: 26.53 26.53	100m: 54.86 28.33	150m: 1:23.96	29.10	200m: 1:51.87	27.91	
6.	Joao Filipe Carvalho	87	23026	Porto	1:52.40	+0,79	690
	50m: 25.99 25.99	100m: 54.55 28.56	150m: 1:23.87	29.32	200m: 1:52.40	28.53	
7.	Ricardo Manuel Machado	93	13278	Braga	1:52.48	+0,77	689
	50m: 25.85 25.85	100m: 53.98 28.13	150m: 1:22.85	28.87	200m: 1:52.48	29.63	
8.	Mario Andre Bonanca	90	12773	Sporting	1:58.83	+0,88	584
	FTL						
	50m: 26.83 26.83	100m: 56.49 29.66	150m: 1:28.07	31.58	200m: 1:58.83	30.76	

Final B

9.	Miguel Duarte Nascimento	95	14944	Portinado	1:51.00	+0,73	717
	50m: 26.01 26.01	100m: 54.56 28.55	150m: 1:23.27	28.71	200m: 1:51.00	27.73	
10.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	1:51.58	+0,76	706
	50m: 27.05 27.05	100m: 56.65 29.60	150m: 1:24.59	27.94	200m: 1:51.58	26.99	
11.	Tomas Correia Silva	95	23367	Porto	1:51.72	+0,74	703
	50m: 26.81 26.81	100m: 56.25 29.44	150m: 1:24.25	28.00	200m: 1:51.72	27.47	
12.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	1:52.11	+0,66	696
	50m: 25.69 25.69	100m: 54.15 28.46	150m: 1:23.03	28.88	200m: 1:52.11	29.08	
13.	Joao Duarte Santos	95	26430	Natacao de Olhao	1:53.32	+0,68	674
	50m: 27.07 27.07	100m: 56.45 29.38	150m: 1:25.37	28.92	200m: 1:53.32	27.95	
14.	Joao Carlos Santos	96	104253	Naval Amorense	1:53.37	+0,68	673
	50m: 27.29 27.29	100m: 56.68 29.39	150m: 1:25.34	28.66	200m: 1:53.37	28.03	
15.	Bernardo Leitao Graca	93	14838	Sporting	1:54.98	+0,76	645
	50m: 26.46 26.46	100m: 55.65 29.19	150m: 1:25.27	29.62	200m: 1:54.98	29.71	
16.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	2:00.26	+0,76	564
	FTL						
	50m: 26.66 26.66	100m: 57.08 30.42	150m: 1:28.90	31.82	200m: 2:00.26	31.36	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 41 Femin., 100m Estilos Absolutos
09-12-2012 Resultados Final

Rec. Nac. 25m Absoluto	1:03.32	Diana Duarte Gomes	CNA	Leiria	06-12-2009
Rec. Nac. 25m Jun	1:04.11	Maria Carolina Rosa	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	1:03.32	Diana Duarte Gomes	CNA	Leiria	06-12-2009

TAC - Fem Sen: 1:10.00; Jun2: 1:10.00; Jun1: 1:10.00

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Final A

1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	1:03.28	+0,70	759	
	<i>Recorde Nacional, Absoluto e Senior</i>							
	50m: 29.07	29.07	100m: 1:03.28	34.21				
2.	Marta Pereira Abreu	92	23091	Porto	1:04.78	+0,78	708	
	50m: 30.40	30.40	100m: 1:04.78	34.38				
3.	Diana Patricia Ferreira	94	23500	Gespacos	1:04.94	+0,89	702	
	50m: 30.10	30.10	100m: 1:04.94	34.84				
	Diana Duarte Gomes	89	20632	Amadora	1:04.94	+0,73	702	
	50m: 31.26	31.26	100m: 1:04.94	33.68				
5.	Fabiana Maria Quintal	84	10396	Desportivo Nacional	1:06.09	+0,70	666	
	50m: 30.89	30.89	100m: 1:06.09	35.20				
6.	Catarina Tiago Nunes	95	100949	Uniao Piedense	1:06.75	+0,79	647	
	50m: 30.04	30.04	100m: 1:06.75	36.71				
7.	Ariana Alves Nunes	95	13348	Portinado	1:07.32	+0,79	630	
	50m: 31.25	31.25	100m: 1:07.32	36.07				
8.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	1:07.69	+0,69	620	
	50m: 32.47	32.47	100m: 1:07.69	35.22				

Final B

9.	Rute Margarida Marques	94	25359	Amadora	1:06.97	+0,73	640	
	50m: 31.62	31.62	100m: 1:06.97	35.35				
10.	Ana Marta Miranda	96	100377	Uniao Piedense	1:07.20	+0,86	634	
	50m: 30.79	30.79	100m: 1:07.20	36.41				
11.	Barbara Sofia Barata	97	105454	Alges	1:08.15	+0,72	608	
	50m: 31.27	31.27	100m: 1:08.15	36.88				
12.	Ana Margarida Rodrigues	96	103868	Galitos	1:08.72	+0,78	593	
	50m: 32.18	32.18	100m: 1:08.72	36.54				
13.	Ines Joao Costa	95	12893	Braga	1:09.58	+0,85	571	
	50m: 32.39	32.39	100m: 1:09.58	37.19				

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 40	Masc., 100m Estilos					Absolutos
09-12-2012						Resultados Final
Rec. Nac. 25m Absoluto	53.28	Diogo Filipe Carvalho	CGA	Viseu		18-04-2009
Rec. Nac. 25m Jun	56.47	Alexis Manacas Santos	SCP	Leiria		06-12-2009
Rec. Nac. 25m Sen	53.28	Diogo Filipe Carvalho	CGA	Viseu		18-04-2009
TAC - Masc Sen: 1:01.00; Jun2: 1:01.00; Jun1: 1:01.00						

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Joao Silva Gigante	88	14783	Amadora	55.81	+0,66	752	
	50m: 25.69 25.69			100m: 55.81 30.12				
2.	Duarte Rafael Mourao	84	13018	Estrelas S. Joao de Brito	56.21	+0,69	736	
	50m: 25.21 25.21			100m: 56.21 31.00				
3.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	56.77	+0,74	714	
	50m: 26.34 26.34			100m: 56.77 30.43				
4.	Pedro Miguel Agostinho	92	12778	Sporting	56.95	+0,60	708	
	50m: 26.65 26.65			100m: 56.95 30.30				
5.	Rui Filipe Vilar	91	24159	Porto	57.19	+0,71	699	
	50m: 26.58 26.58			100m: 57.19 30.61				
6.	Fabio Andre Figueira	88	11084	Porto	57.37	+0,70	692	
	50m: 26.59 26.59			100m: 57.37 30.78				
7.	Pedro Andre Santos	94	15732	Alges	57.58	+0,71	685	
	50m: 26.18 26.18			100m: 57.58 31.40				
8.	Diogo Gomes Sousa	95	25455	Colegio Vasco da Gama	57.91	+0,74	673	
	50m: 26.21 26.21			100m: 57.91 31.70				
Final B								
9.	Tomas Miguel Veloso	96	10868	Nautico de Coimbra	57.83	+0,71	676	
	50m: 27.51 27.51			100m: 57.83 30.32				
10.	Miguel Silva Oliveira	91	10822	Nautico de Coimbra	57.84	+0,76	675	
	50m: 26.90 26.90			100m: 57.84 30.94				
11.	Ricardo Amorim Rego	84	15954	Braga	58.45	+0,80	654	
	50m: 27.68 27.68			100m: 58.45 30.77				
12.	Gil Goncalves Pinto	88	26051	Porto	58.46	+0,65	654	
	50m: 26.80 26.80			100m: 58.46 31.66				
13.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	58.91	+0,71	639	
	50m: 27.40 27.40			100m: 58.91 31.51				
14.	Andre Bras Goncalves	88	14767	Amadora	58.94	+0,71	638	
	50m: 27.08 27.08			100m: 58.94 31.86				
15.	Joao Pedro Neto	95	26959	Naval Setubalense	1:00.61	+0,78	587	
	50m: 27.31 27.31			100m: 1:00.61 33.30				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 43	Femin., 4 x 100m Livres					Absolutos
09-12-2012						Resultados
Rec. Nac. 25m Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto		04-12-2010
Rec. Nac. 25m Jun	3:56.01	Sporting Clube de Portugal	SCP	Leiria		06-12-2009
Rec. Nac. 25m Sen	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto		04-12-2010
TAC - Fem Sen: 4:14.00; Jun2: 4:14.00						

Pontos: FINA 2012

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos						
1. Porto		Porto	3:50.84	+0,80	733	
		Diana Margarida Duraes	+0,80 27.38 57.00	+0,59	28.10	58.97
		Ana Pinho Rodrigues	+0,23 27.08 57.44	+0,18	27.56	57.43
2. Amadora		Amadora	3:54.38	+0,80	701	
		Lisa Marisa Soares	+0,80 28.53 59.56	+0,37	28.24	58.35
		Filipa Ferreira Silva	+0,30 27.94 58.46	+0,32	27.53	58.01
3. Alges		Alges	3:56.07	+0,75	686	
		Raquel Maurile Taveira	+0,75 27.72 58.89	+0,46	27.97	58.77
		Ines Alexandra Paiva	+0,31 28.56 59.09	+0,27	28.76	59.32
4. Sporting		Sporting	3:56.64	+0,71	681	
		Ines Camacho Fernandes	+0,71 27.72 57.66	+1,50	28.23	59.87
		Mafalda Gomes Beleza	+0,30 27.52 57.78	+0,14	28.99	1:01.33
5. Geslours		Geslours	4:00.69	+0,77	647	
		Paula Cristina Yang	+0,77 29.02 1:00.70	+0,40	29.15	1:01.73
		Tatiana Ladeiro Santos	+0,26 28.49 1:00.11	+0,41	27.64	58.15
6. Vilacondense		Vilacondense	4:01.78	+0,75	638	
		Ana Catarina Monteiro	+0,75 28.88 59.71	+0,41	29.11	1:00.81
		Ana Filipa Gomes	+0,34 28.50 1:00.01	+0,26	29.20	1:01.25
7. Uniao Piedense		Uniao Piedense	4:04.75	+0,86	615	
		Joana Dias Santos	+0,86 30.07 1:02.35	+0,36	29.90	1:01.75
		Ana Marta Miranda	+0,46 29.01 1:00.62	+0,40	28.47	1:00.03
8. Columbofila Cantanhedense		Columbofila Cantanhedense	4:06.61	+0,78	601	
		Mariana Cunha Guerra	+0,78 29.22 1:00.83	+0,35	30.14	1:03.29
		Florbelia Cavaco Machado	+0,41 29.63 1:01.02	+0,38	29.29	1:01.47
9. Nautico de Coimbra		Nautico de Coimbra	4:06.88	+0,86	599	
		Ana Luisa Carvalho	+0,86 28.92 59.84	+0,35	30.33	1:03.10
		Adriana Correia Lopes	+0,37 29.03 1:01.18	+0,47	29.63	1:02.76
10. Gespacos		Gespacos	4:07.08	+0,99	598	
		Soraia Vanessa Ribeiro	+0,99 30.36 1:03.68	+0,13	28.66	1:02.85
		Andreia Sofia Torres	+0,18 28.67 1:01.15	+0,47	28.21	59.40
11. Braga		Braga	4:08.44	+0,89	588	
		Sara Faria Costa	+0,89 29.49 1:01.83	+0,70	30.11	1:02.64
		Ana Sofia Fernandes	+0,26 29.70 1:02.11	+0,38	29.55	1:01.86
12. Portinado		Portinado	4:10.46	+0,80	574	
		Ariana Alves Nunes	+0,80 29.32 1:02.65	+0,20	28.89	1:02.45
		Maria Rachadell Pereira	+0,31 28.97 1:02.46	+0,43	29.53	1:02.90
13. Leixoes		Leixoes	4:10.78	+0,86	572	
		Patricia Isabel Oliveira	+0,86 29.61 1:01.75	+0,40	29.85	1:02.70
		Rita Maria Cardoso	+0,44 32.15 1:07.46	+0,20	28.49	58.87
14. Estarreja		Estarreja	4:17.28	+0,88	530	
		Barbara Sofia Lopes	+0,88 30.81 1:05.07	+0,32	30.77	1:05.48
		Vanessa Rodrigues Valente	+0,50 30.90 1:05.05	+0,46	28.64	1:01.68

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Prova 43, Femin., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ		Naval do Funchal				
		<i>111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11</i>				
		Susana Clara Gomes	+0,77 29.10	1:01.24	Mariana Goncalves Gomes	+0,52 31.78 1:06.32
		Carlota Freitas Olim	+0,32 29.02	1:01.61	Joana Costa Caires	-0,05
DNS		Lisnave				

Prova 44 Masc., 4 x 100m Livres Absolutos
09-12-2012 Resultados

Rec. Nac. 25m Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	3:30.51	Futebol Clube do Porto/Imperio BonifCP		Felgueiras	06-03-1998
Rec. Nac. 25m Sen	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009

TAC - Masc Sen: 3:40.00; Jun2: 3:40.00

Pontos: FINA 2012

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos						
1. Amadora		Amadora	3:21.55	+0,64	752	
		Ricardo Pereira Lopes	+0,64 24.29	51.38	Simao Gomes Morgado	+0,22 23.90 50.12
		Joao Silva Gigante	+0,27 23.10	49.02	Rodrigo Pereira Lopes	+0,28 24.06 51.03
2. Porto		Porto	3:22.67	+0,70	739	
		Paulo Jorge Santos	+0,70 23.61	50.42	Fabio Andre Figueira	+0,29 24.08 50.50
		Carlos Filipe Santos	+0,21 24.03	51.07	Joao Filipe Carvalho	+0,12 23.83 50.68
3. Nautico de Coimbra		Nautico de Coimbra	3:24.41	+0,72	721	
		Miguel Silva Oliveira	+0,72 25.19	51.62	Mario Alexandre Pereira	+0,31 23.07 49.01
		Joao Pedro Almeida	+0,21 24.67	52.69	Tomas Miguel Veloso	+0,24 24.51 51.09
4. Sporting		Sporting	3:27.19	+0,70	692	
		Bernardo Leitaó Graca	+0,70 25.57	53.31	Pedro Miguel Agostinho	+0,18 24.48 51.59
		Pedro Miguel Pinotes	+0,37 24.49	51.77	Ricardo Ferreira Cotovio	+0,28 24.15 50.52
5. Colegio Vasco da Gama		Colegio Vasco da Gama	3:27.93	+0,71	685	
		Goncalo Cardoso Carmo	+0,71 25.54	52.72	Ricardo Verissimo Sousa	+0,44 25.51 54.33
		Nuno Goncalo Quintanilha	+0,36 24.01	50.54	Diogo Gomes Sousa	+0,41 24.08 50.34
6. Braga		Braga	3:28.61	+0,81	678	
		Edgar Oliveira Ribeiro	+0,81 25.06	52.90	Filipe Vieira Malheiro	+0,47 24.95 53.29
		Ricardo Amorim Rego	+0,02 24.34	51.69	Ricardo Manuel Machado	+0,38 24.29 50.73
7. Naval Amorense		Naval Amorense	3:29.42	+0,64	670	
		<i>Recorde Nacional, Junior</i>				
		Joao Carlos Santos	+0,64 25.61	52.08	Rafael Lourenco Gil	+0,70 25.73 52.77
		Miguel Angelo Alves	+0,25 25.39	53.81	Tiago Ferreira Azevedo	+0,41 24.01 50.76
8. Academica de Coimbra		Academica de Coimbra	3:31.22	+0,68	653	
		Gustavo Almeida Madureira	+0,68 24.79	51.44	Joao Andre Neves	+0,40 25.16 52.86
		Joao Filipe Lucas	+0,46 25.27	53.53	Pedro Barros Mendes	+0,39 25.25 53.39
9. Vilacondense		Vilacondense	3:32.57	+0,74	641	
		Joao Duarte Marafona	+0,74 25.41	53.72	Joao Pedro Santos	+0,25 25.34 54.07
		Pedro Miguel Silva	+0,24 24.44	51.04	Joao Miguel Costa	+0,14 25.37 53.74
10. Uniao Piedense		Uniao Piedense	3:34.25	+0,77	626	
		Diogo Andre Gaspar	+0,77 24.83	52.56	Andre Rafael Marinho	+0,40 25.44 53.67
		Diogo Miguel Silva	+0,25 25.46	54.56	Vasco Miguel Gaspar	+0,39 25.12 53.46
11. Desportivo Nacional		Desportivo Nacional	3:34.29	+0,72	625	
		Tiago Ferreira Sousa	+0,72 24.48	52.76	Tomas Miguel Freitas	+0,23 25.38 53.72
		Diego Felipe Santos	+0,27 25.38	53.63	Vitor Diogo Moura	+0,24 25.11 54.18

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Prova 44, Masc., 4 x 100m Livres, Absolutos

Lugar		NFed	Clube		Tempo Final	TReac	Pts FINA	Pts
12.	Naval Setubalense		Naval Setubalense		3:35.20	+0,73	617	
	Joao Pedro Teodoro	+0,73	24.57	51.73	Miguel Gomes Pereira	+0,26	25.86	54.62
	Joao Pedro Neto	+0,52	26.10	55.11	Andre Filipe Teodoro	+0,46	25.49	53.74
13.	Gespacos		Gespacos		3:36.42	+0,82	607	
	Joao Claudio Sousa	+0,82	26.59	53.50	Nuno Rafael Alves	+0,20	25.82	54.14
	Ruben Filipe Nunes	+0,19	25.49	53.61	Hugo Alberto Ribeiro	+0,24	26.32	55.17
14.	Leixoes		Leixoes		3:37.08	+0,78	602	
	Vasco Vieira Lopes	+0,78	26.04	55.96	Tiago Silva Oliveira	+0,34	26.07	54.22
	Diogo Fontes Moreira	+0,32	25.58	53.75	Dario Almeida Santos	+0,31	24.82	53.15
15.	Belenenses		Belenenses		3:40.00	+0,65	578	
	Francisco Robalo Quintas	+0,65	27.63	58.44	Afonso Mateus Ribeiro	+0,11	25.84	54.55
	Miguel Duarte Moreira	+0,15	25.05	53.09	Francisco Santos Costa	+0,14	25.10	53.92

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