

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42 Masc., 1500m Livres Absolutos
09-12-2012 Resultados

Rec. Nac. 25m Absoluto	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005
Rec. Nac. 25m Jun	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec. Nac. 25m Sen	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005

TAC - Masc Sen: 16:33.00; Jun2: 16:33.00; Jun1: 16:52.86

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
-------	------	-----	------	-------	-------------	-------	----------	-----

Absolutos

1.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	15:22.79	+0,79	781	
	50m: 28.08 28.08	450m: 4:35.40 30.80	850m: 8:44.42 31.95	1250m: 12:51.76 30.53				
	100m: 59.36 31.28	500m: 5:06.26 30.86	900m: 9:15.52 31.10	1300m: 13:22.10 30.34				
	150m: 1:30.36 31.00	550m: 5:37.00 30.74	950m: 9:46.41 30.89	1350m: 13:52.45 30.35				
	200m: 2:01.06 30.70	600m: 6:08.00 31.00	1000m: 10:17.36 30.95	1400m: 14:22.85 30.40				
	250m: 2:31.83 30.77	650m: 6:38.91 30.91	1050m: 10:48.28 30.92	1450m: 14:53.25 30.40				
	300m: 3:02.78 30.95	700m: 7:10.11 31.20	1100m: 11:19.27 30.99	1500m: 15:22.79 29.54				
	350m: 3:33.78 31.00	750m: 7:41.30 31.19	1150m: 11:50.31 31.04					
	400m: 4:04.60 30.82	800m: 8:12.47 31.17	1200m: 12:21.23 30.92					
2.	Pedro Miguel Pinotes	89	26732	Sporting	15:27.12	+0,75	770	
	50m: 28.50 28.50	450m: 4:34.99 30.79	850m: 8:44.43 31.57	1250m: 12:52.61 30.98				
	100m: 59.32 30.82	500m: 5:06.02 31.03	900m: 9:15.90 31.47	1300m: 13:24.35 31.74				
	150m: 1:30.03 30.71	550m: 5:37.19 31.17	950m: 9:46.73 30.83	1350m: 13:56.16 31.81				
	200m: 2:00.69 30.66	600m: 6:08.22 31.03	1000m: 10:17.79 31.06	1400m: 14:27.48 31.32				
	250m: 2:31.55 30.86	650m: 6:39.10 30.88	1050m: 10:48.54 30.75	1450m: 14:57.90 30.42				
	300m: 3:02.64 31.09	700m: 7:10.37 31.27	1100m: 11:19.67 31.13	1500m: 15:27.12 29.22				
	350m: 3:33.54 30.90	750m: 7:41.57 31.20	1150m: 11:50.86 31.19					
	400m: 4:04.20 30.66	800m: 8:12.86 31.29	1200m: 12:21.63 30.77					
3.	Mario Andre Bonanca	90	12773	Sporting	15:43.16	+0,92	732	
	50m: 28.58 28.58	450m: 4:37.00 31.22	850m: 8:51.87 31.81	1250m: 13:07.41 31.23				
	100m: 59.67 31.09	500m: 5:08.66 31.66	900m: 9:23.87 32.00	1300m: 13:39.17 31.76				
	150m: 1:30.72 31.05	550m: 5:40.61 31.95	950m: 9:55.75 31.88	1350m: 14:10.81 31.64				
	200m: 2:01.65 30.93	600m: 6:12.37 31.76	1000m: 10:27.86 32.11	1400m: 14:42.29 31.48				
	250m: 2:32.56 30.91	650m: 6:44.38 32.01	1050m: 11:00.09 32.23	1450m: 15:13.32 31.03				
	300m: 3:03.45 30.89	700m: 7:16.89 32.51	1100m: 11:32.40 32.31	1500m: 15:43.16 29.84				
	350m: 3:34.58 31.13	750m: 7:48.49 31.60	1150m: 12:04.43 32.03					
	400m: 4:05.78 31.20	800m: 8:20.06 31.57	1200m: 12:36.18 31.75					
4.	Paulo Fragueiro Franco	82	24393	Geslours	15:45.29	+0,73	727	
	50m: 28.91 28.91	450m: 4:39.38 31.51	850m: 8:51.88 32.06	1250m: 13:08.59 31.75				
	100m: 1:00.18 31.27	500m: 5:10.84 31.46	900m: 9:23.77 31.89	1300m: 13:40.40 31.81				
	150m: 1:31.34 31.16	550m: 5:42.33 31.49	950m: 9:55.59 31.82	1350m: 14:12.42 32.02				
	200m: 2:02.52 31.18	600m: 6:13.85 31.52	1000m: 10:27.79 32.20	1400m: 14:44.26 31.84				
	250m: 2:33.88 31.36	650m: 6:45.42 31.57	1050m: 11:00.03 32.24	1450m: 15:15.38 31.12				
	300m: 3:05.46 31.58	700m: 7:16.81 31.39	1100m: 11:32.43 32.40	1500m: 15:45.29 29.91				
	350m: 3:36.56 31.10	750m: 7:48.31 31.50	1150m: 12:04.68 32.25					
	400m: 4:07.87 31.31	800m: 8:19.82 31.51	1200m: 12:36.84 32.16					
5.	Rafael Lourenco Gil	96	105234	Naval Amorense	15:45.51	+0,77	726	
	50m: 29.16 29.16	450m: 4:37.69 31.27	850m: 8:52.94 32.03	1250m: 13:09.01 31.84				
	100m: 1:00.15 30.99	500m: 5:09.21 31.52	900m: 9:24.93 31.99	1300m: 13:40.65 31.64				
	150m: 1:31.29 31.14	550m: 5:41.01 31.80	950m: 9:56.95 32.02	1350m: 14:12.25 31.60				
	200m: 2:02.12 30.83	600m: 6:12.86 31.85	1000m: 10:29.10 32.15	1400m: 14:43.90 31.65				
	250m: 2:33.07 30.95	650m: 6:44.85 31.99	1050m: 11:01.33 32.23	1450m: 15:15.38 31.48				
	300m: 3:04.15 31.08	700m: 7:17.10 32.25	1100m: 11:33.48 32.15	1500m: 15:45.51 30.13				
	350m: 3:35.44 31.29	750m: 7:49.07 31.97	1150m: 12:05.27 31.79					
	400m: 4:06.42 30.98	800m: 8:20.91 31.84	1200m: 12:37.17 31.90					

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

09-12-2012 16:28 - Página 1

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Tiago Silva Oliveira	94	15465	Leixoes	15:47.33	+0,74	722	
	50m: 28.16	28.16	450m: 4:36.42	31.40	850m: 8:52.85	31.90	1250m: 13:08.57	31.97
	100m: 59.20	31.04	500m: 5:08.20	31.78	900m: 9:24.84	31.99	1300m: 13:40.40	31.83
	150m: 1:30.21	31.01	550m: 5:40.10	31.90	950m: 9:56.86	32.02	1350m: 14:12.27	31.87
	200m: 2:01.10	30.89	600m: 6:12.51	32.41	1000m: 10:28.53	31.67	1400m: 14:44.43	32.16
	250m: 2:31.90	30.80	650m: 6:44.56	32.05	1050m: 11:00.47	31.94	1450m: 15:16.50	32.07
	300m: 3:02.93	31.03	700m: 7:16.76	32.20	1100m: 11:32.44	31.97	1500m: 15:47.33	30.83
	350m: 3:33.97	31.04	750m: 7:49.04	32.28	1150m: 12:04.50	32.06		
	400m: 4:05.02	31.05	800m: 8:20.95	31.91	1200m: 12:36.60	32.10		
7.	Hugo Alberto Ribeiro	88	23114	Gespacos	15:59.19	+0,99	696	
	50m: 28.46	28.46	450m: 4:42.26	32.04	850m: 8:58.93	32.15	1250m: 13:18.65	32.69
	100m: 59.84	31.38	500m: 5:14.30	32.04	900m: 9:31.02	32.09	1300m: 13:51.18	32.53
	150m: 1:31.02	31.18	550m: 5:46.76	32.46	950m: 10:03.40	32.38	1350m: 14:23.43	32.25
	200m: 2:02.51	31.49	600m: 6:18.85	32.09	1000m: 10:35.79	32.39	1400m: 14:55.62	32.19
	250m: 2:34.16	31.65	650m: 6:50.92	32.07	1050m: 11:08.28	32.49	1450m: 15:27.93	32.31
	300m: 3:06.00	31.84	700m: 7:22.88	31.96	1100m: 11:40.83	32.55	1500m: 15:59.19	31.26
	350m: 3:38.00	32.00	750m: 7:54.86	31.98	1150m: 12:13.24	32.41		
	400m: 4:10.22	32.22	800m: 8:26.78	31.92	1200m: 12:45.96	32.72		
8.	Joao Andre Neves	95	101408	Academica de Coimbra	16:03.86	+0,76	686	
	50m: 29.69	29.69	450m: 4:50.30	32.69	850m: 9:08.64	32.47	1250m: 13:26.47	31.96
	100m: 1:02.38	32.69	500m: 5:22.51	32.21	900m: 9:40.70	32.06	1300m: 13:58.65	32.18
	150m: 1:35.06	32.68	550m: 5:55.02	32.51	950m: 10:12.71	32.01	1350m: 14:30.60	31.95
	200m: 2:07.96	32.90	600m: 6:27.17	32.15	1000m: 10:44.94	32.23	1400m: 15:02.22	31.62
	250m: 2:41.03	33.07	650m: 6:59.37	32.20	1050m: 11:17.52	32.58	1450m: 15:33.79	31.57
	300m: 3:12.97	31.94	700m: 7:31.43	32.06	1100m: 11:49.88	32.36	1500m: 16:03.86	30.07
	350m: 3:45.28	32.31	750m: 8:03.91	32.48	1150m: 12:22.20	32.32		
	400m: 4:17.61	32.33	800m: 8:36.17	32.26	1200m: 12:54.51	32.31		
9.	Bernardo Leitao Graca	93	14838	Sporting	16:06.65	+0,83	680	
	50m: 29.19	29.19	450m: 4:48.60	31.97	850m: 9:05.54	31.85	1250m: 13:25.02	32.60
	100m: 1:01.85	32.66	500m: 5:20.82	32.22	900m: 9:37.82	32.28	1300m: 13:57.99	32.97
	150m: 1:34.87	33.02	550m: 5:52.84	32.02	950m: 10:10.04	32.22	1350m: 14:30.42	32.43
	200m: 2:07.51	32.64	600m: 6:24.94	32.10	1000m: 10:42.49	32.45	1400m: 15:03.14	32.72
	250m: 2:39.56	32.05	650m: 6:57.26	32.32	1050m: 11:15.05	32.56	1450m: 15:35.50	32.36
	300m: 3:12.11	32.55	700m: 7:29.22	31.96	1100m: 11:47.57	32.52	1500m: 16:06.65	31.15
	350m: 3:44.55	32.44	750m: 8:01.38	32.16	1150m: 12:19.67	32.10		
	400m: 4:16.63	32.08	800m: 8:33.69	32.31	1200m: 12:52.42	32.75		
10.	Andre Rafael Marinho	93	10643	Uniao Piedense	16:08.54	+0,89	676	
	50m: 28.78	28.78	450m: 4:44.91	32.52	850m: 9:05.74	32.32	1250m: 13:26.47	32.52
	100m: 59.77	30.99	500m: 5:17.52	32.61	900m: 9:38.28	32.54	1300m: 13:58.90	32.43
	150m: 1:31.37	31.60	550m: 5:50.21	32.69	950m: 10:10.73	32.45	1350m: 14:31.42	32.52
	200m: 2:03.11	31.74	600m: 6:22.94	32.73	1000m: 10:43.47	32.74	1400m: 15:04.33	32.91
	250m: 2:35.34	32.23	650m: 6:55.44	32.50	1050m: 11:16.22	32.75	1450m: 15:36.74	32.41
	300m: 3:07.54	32.20	700m: 7:28.24	32.80	1100m: 11:48.73	32.51	1500m: 16:08.54	31.80
	350m: 3:40.01	32.47	750m: 8:00.86	32.62	1150m: 12:21.28	32.55		
	400m: 4:12.39	32.38	800m: 8:33.42	32.56	1200m: 12:53.95	32.67		
11.	Artur Manuel Ferreira	95	101981	Porto	16:11.50	+0,94	670	
	50m: 29.99	29.99	450m: 4:51.31	32.29	850m: 9:10.10	32.48	1250m: 13:32.57	32.27
	100m: 1:02.52	32.53	500m: 5:23.87	32.56	900m: 9:43.07	32.97	1300m: 14:04.96	32.39
	150m: 1:35.38	32.86	550m: 5:56.12	32.25	950m: 10:15.99	32.92	1350m: 14:37.09	32.13
	200m: 2:08.54	33.16	600m: 6:27.98	31.86	1000m: 10:48.94	32.95	1400m: 15:09.42	32.33
	250m: 2:41.55	33.01	650m: 7:00.33	32.35	1050m: 11:21.92	32.98	1450m: 15:40.93	31.51
	300m: 3:14.19	32.64	700m: 7:32.79	32.46	1100m: 11:54.20	32.28	1500m: 16:11.50	30.57
	350m: 3:46.83	32.64	750m: 8:05.52	32.73	1150m: 12:27.51	33.31		
	400m: 4:19.02	32.19	800m: 8:37.62	32.10	1200m: 13:00.30	32.79		

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

09-12-2012 16:28 - Página 2

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Andre Filipe Farinha	96	105086	Benfica	16:14.92	+0,78	662	
	50m: 30.19	30.19	450m: 4:57.64	33.60	850m: 9:22.42	32.39	1250m: 13:37.89	31.67
	100m: 1:03.71	33.52	500m: 5:31.01	33.37	900m: 9:54.81	32.39	1300m: 14:09.62	31.73
	150m: 1:37.81	34.10	550m: 6:04.20	33.19	950m: 10:27.58	32.77	1350m: 14:41.54	31.92
	200m: 2:11.16	33.35	600m: 6:37.48	33.28	1000m: 10:59.46	31.88	1400m: 15:13.46	31.92
	250m: 2:44.37	33.21	650m: 7:10.59	33.11	1050m: 11:31.14	31.68	1450m: 15:43.98	30.52
	300m: 3:17.71	33.34	700m: 7:43.44	32.85	1100m: 12:02.68	31.54	1500m: 16:14.92	30.94
	350m: 3:50.82	33.11	750m: 8:16.85	33.41	1150m: 12:34.69	32.01		
	400m: 4:24.04	33.22	800m: 8:50.03	33.18	1200m: 13:06.22	31.53		
13.	Rui Miguel Lopes	94	106253	Natacao de Olhao	16:16.41	+0,79	659	
	50m: 29.66	29.66	450m: 4:50.05	32.47	850m: 9:10.42	32.18	1250m: 13:33.39	32.93
	100m: 1:01.79	32.13	500m: 5:22.55	32.50	900m: 9:43.09	32.67	1300m: 14:06.48	33.09
	150m: 1:34.99	33.20	550m: 5:54.85	32.30	950m: 10:15.85	32.76	1350m: 14:39.34	32.86
	200m: 2:08.00	33.01	600m: 6:27.49	32.64	1000m: 10:48.70	32.85	1400m: 15:12.59	33.25
	250m: 2:40.41	32.41	650m: 6:59.93	32.44	1050m: 11:21.56	32.86	1450m: 15:44.97	32.38
	300m: 3:12.52	32.11	700m: 7:32.35	32.42	1100m: 11:54.07	32.51	1500m: 16:16.41	31.44
	350m: 3:45.07	32.55	750m: 8:05.27	32.92	1150m: 12:27.28	33.21		
	400m: 4:17.58	32.51	800m: 8:38.24	32.97	1200m: 13:00.46	33.18		
14.	Goncalo Cardoso Carmo	96	101124	Colegio Vasco da Gama	16:21.34	+0,72	650	
	50m: 29.83	29.83	450m: 4:52.16	32.80	850m: 9:16.11	32.56	1250m: 13:38.27	33.08
	100m: 1:02.79	32.96	500m: 5:25.06	32.90	900m: 9:48.79	32.68	1300m: 14:10.43	32.16
	150m: 1:35.88	33.09	550m: 5:57.82	32.76	950m: 10:21.72	32.93	1350m: 14:43.03	32.60
	200m: 2:08.82	32.94	600m: 6:31.00	33.18	1000m: 10:54.68	32.96	1400m: 15:16.36	33.33
	250m: 2:41.54	32.72	650m: 7:03.78	32.78	1050m: 11:27.04	32.36	1450m: 15:49.20	32.84
	300m: 3:13.89	32.35	700m: 7:37.04	33.26	1100m: 11:59.65	32.61	1500m: 16:21.34	32.14
	350m: 3:46.47	32.58	750m: 8:10.34	33.30	1150m: 12:32.18	32.53		
	400m: 4:19.36	32.89	800m: 8:43.55	33.21	1200m: 13:05.19	33.01		
15.	Joao Nuno Pires	94	10866	Academica de Coimbra	16:21.90	+0,81	648	
	50m: 30.09	30.09	450m: 4:49.59	32.74	850m: 9:12.32	32.86	1250m: 13:37.81	33.16
	100m: 1:02.66	32.57	500m: 5:22.37	32.78	900m: 9:45.10	32.78	1300m: 14:11.18	33.37
	150m: 1:34.91	32.25	550m: 5:55.14	32.77	950m: 10:18.45	33.35	1350m: 14:44.41	33.23
	200m: 2:07.19	32.28	600m: 6:28.03	32.89	1000m: 10:51.74	33.29	1400m: 15:17.81	33.40
	250m: 2:39.60	32.41	650m: 7:00.90	32.87	1050m: 11:24.94	33.20	1450m: 15:50.86	33.05
	300m: 3:12.04	32.44	700m: 7:33.74	32.84	1100m: 11:58.38	33.44	1500m: 16:21.90	31.04
	350m: 3:44.33	32.29	750m: 8:06.64	32.90	1150m: 12:31.44	33.06		
	400m: 4:16.85	32.52	800m: 8:39.46	32.82	1200m: 13:04.65	33.21		
16.	Bruno Miguel Rainho	96	111214	Geslours	16:22.15	+0,91	648	
	50m: 29.83	29.83	450m: 4:51.37	32.84	850m: 9:13.52	32.43	1250m: 13:38.77	33.67
	100m: 1:01.78	31.95	500m: 5:24.53	33.16	900m: 9:46.58	33.06	1300m: 14:12.08	33.31
	150m: 1:34.25	32.47	550m: 5:56.96	32.43	950m: 10:19.42	32.84	1350m: 14:45.37	33.29
	200m: 2:07.04	32.79	600m: 6:29.87	32.91	1000m: 10:52.15	32.73	1400m: 15:18.19	32.82
	250m: 2:39.88	32.84	650m: 7:02.95	33.08	1050m: 11:25.73	33.58	1450m: 15:51.44	33.25
	300m: 3:12.41	32.53	700m: 7:35.76	32.81	1100m: 11:59.59	33.86	1500m: 16:22.15	30.71
	350m: 3:45.27	32.86	750m: 8:08.15	32.39	1150m: 12:32.31	32.72		
	400m: 4:18.53	33.26	800m: 8:41.09	32.94	1200m: 13:05.10	32.79		
17.	Ruben Filipe Nunes	94	23302	Gespacos	16:22.27	+0,89	648	
	50m: 29.55	29.55	450m: 4:48.48	32.89	850m: 9:12.69	33.09	1250m: 13:39.06	33.38
	100m: 1:01.19	31.64	500m: 5:21.31	32.83	900m: 9:45.76	33.07	1300m: 14:12.54	33.48
	150m: 1:33.48	32.29	550m: 5:54.18	32.87	950m: 10:19.21	33.45	1350m: 14:45.86	33.32
	200m: 2:05.81	32.33	600m: 6:27.06	32.88	1000m: 10:52.33	33.12	1400m: 15:19.26	33.40
	250m: 2:38.07	32.26	650m: 7:00.01	32.95	1050m: 11:25.71	33.38	1450m: 15:52.18	32.92
	300m: 3:10.39	32.32	700m: 7:33.25	33.24	1100m: 11:59.44	33.73	1500m: 16:22.27	30.09
	350m: 3:42.82	32.43	750m: 8:06.53	33.28	1150m: 12:32.60	33.16		
	400m: 4:15.59	32.77	800m: 8:39.60	33.07	1200m: 13:05.68	33.08		

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

09-12-2012 16:28 - Página 3

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Porto, 7 - 9-12-2012

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
18.	Duarte Nuno Vieira	95	104151	Desportivo Nacional	16:30.48	+0,73	632	
	50m: 29.76 29.76		450m: 4:53.72	33.14	850m: 9:18.60	33.07	1250m: 13:44.45	33.31
	100m: 1:02.48 32.72		500m: 5:26.91	33.19	900m: 9:51.81	33.21	1300m: 14:17.89	33.44
	150m: 1:35.37 32.89		550m: 6:00.37	33.46	950m: 10:25.08	33.27	1350m: 14:51.34	33.45
	200m: 2:08.69 33.32		600m: 6:33.45	33.08	1000m: 10:58.17	33.09	1400m: 15:24.50	33.16
	250m: 2:41.74 33.05		650m: 7:06.33	32.88	1050m: 11:31.18	33.01	1450m: 15:57.82	33.32
	300m: 3:14.73 32.99		700m: 7:39.34	33.01	1100m: 12:04.39	33.21	1500m: 16:30.48	32.66
	350m: 3:47.92 33.19		750m: 8:12.37	33.03	1150m: 12:37.44	33.05		
	400m: 4:20.58 32.66		800m: 8:45.53	33.16	1200m: 13:11.14	33.70		
19.	Pedro Veiguiinha Martins	96	107233	Braga	16:42.48	+0,78	609	
	50m: 30.37 30.37		450m: 4:56.09	34.01	850m: 9:29.10	34.26	1250m: 13:56.89	33.41
	100m: 1:02.07 31.70		500m: 5:29.84	33.75	900m: 10:01.98	32.88	1300m: 14:30.90	34.01
	150m: 1:33.83 31.76		550m: 6:03.89	34.05	950m: 10:34.74	32.76	1350m: 15:04.76	33.86
	200m: 2:07.09 33.26		600m: 6:37.82	33.93	1000m: 11:07.94	33.20	1400m: 15:38.42	33.66
	250m: 2:40.58 33.49		650m: 7:12.19	34.37	1050m: 11:41.49	33.55	1450m: 16:11.86	33.44
	300m: 3:14.43 33.85		700m: 7:46.44	34.25	1100m: 12:15.82	34.33	1500m: 16:42.48	30.62
	350m: 3:48.27 33.84		750m: 8:20.82	34.38	1150m: 12:50.83	35.01		
	400m: 4:22.08 33.81		800m: 8:54.84	34.02	1200m: 13:23.48	32.65		
20.	Rafael Rocha Ferreira	96	103871	Galitos	16:42.94	+0,92	608	
	50m: 30.52 30.52		450m: 4:57.90	34.07	850m: 9:29.84	33.82	1250m: 13:58.08	33.50
	100m: 1:03.24 32.72		500m: 5:32.01	34.11	900m: 10:03.34	33.50	1300m: 14:31.26	33.18
	150m: 1:36.37 33.13		550m: 6:06.12	34.11	950m: 10:37.36	34.02	1350m: 15:04.86	33.60
	200m: 2:09.26 32.89		600m: 6:40.09	33.97	1000m: 11:10.71	33.35	1400m: 15:38.19	33.33
	250m: 2:42.81 33.55		650m: 7:14.05	33.96	1050m: 11:44.40	33.69	1450m: 16:11.08	32.89
	300m: 3:16.51 33.70		700m: 7:48.02	33.97	1100m: 12:17.73	33.33	1500m: 16:42.94	31.86
	350m: 3:50.24 33.73		750m: 8:21.92	33.90	1150m: 12:51.14	33.41		
	400m: 4:23.83 33.59		800m: 8:56.02	34.10	1200m: 13:24.58	33.44		
21.	Gustavo Lopes Ribeiro	95	100433	Academica de Coimbra	16:51.83	+0,93	593	
	<i>FTL</i>							
	50m: 30.58 30.58		450m: 4:56.91	33.74	850m: 9:27.82	34.46	1250m: 14:01.57	34.52
	100m: 1:03.85 33.27		500m: 5:30.27	33.36	900m: 10:02.26	34.44	1300m: 14:36.33	34.76
	150m: 1:36.31 32.46		550m: 6:04.12	33.85	950m: 10:36.27	34.01	1350m: 15:10.44	34.11
	200m: 2:09.13 32.82		600m: 6:37.57	33.45	1000m: 11:10.26	33.99	1400m: 15:45.02	34.58
	250m: 2:42.03 32.90		650m: 7:11.32	33.75	1050m: 11:44.26	34.00	1450m: 16:19.86	34.84
	300m: 3:15.61 33.58		700m: 7:45.21	33.89	1100m: 12:18.28	34.02	1500m: 16:51.83	31.97
	350m: 3:49.28 33.67		750m: 8:19.56	34.35	1150m: 12:52.54	34.26		
	400m: 4:23.17 33.89		800m: 8:53.36	33.80	1200m: 13:27.05	34.51		
22.	Nuno Vieira Malheiro	93	13279	Braga	16:55.90	+0,94	585	
	<i>FTL</i>							
	50m: 30.92 30.92		450m: 4:58.55	33.85	850m: 9:32.00	33.96	1250m: 14:07.14	34.87
	100m: 1:03.89 32.97		500m: 5:32.48	33.93	900m: 10:06.26	34.26	1300m: 14:41.21	34.07
	150m: 1:37.23 33.34		550m: 6:06.73	34.25	950m: 10:40.59	34.33	1350m: 15:15.04	33.83
	200m: 2:10.37 33.14		600m: 6:41.06	34.33	1000m: 11:15.26	34.67	1400m: 15:48.99	33.95
	250m: 2:43.69 33.32		650m: 7:15.47	34.41	1050m: 11:49.83	34.57	1450m: 16:22.88	33.89
	300m: 3:17.17 33.48		700m: 7:49.87	34.40	1100m: 12:24.06	34.23	1500m: 16:55.90	33.02
	350m: 3:50.85 33.68		750m: 8:24.02	34.15	1150m: 12:58.15	34.09		
	400m: 4:24.70 33.85		800m: 8:58.04	34.02	1200m: 13:32.27	34.12		

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 23880

Registered to Federacao Portuguesa De Natacao

09-12-2012 16:28 - Página 4