

Campeonato Nacional Clubes 4ª Divisão - FQ
Santarém, 10- - 11-11-2012

Prova 13 10-11-2012	Femin., 800m Livres					Absolutos Resultados
Rec Nac Absoluto	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002	
Rec Nac Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	16-05-2009	
Rec Nac Inf A	9:03.90	tempo limite				
Rec Nac Juv	9:00.27	tempo limite				
Rec Nac Jun	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004	
Rec Nac Sen	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002	

Pontos: FINA 2012

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
1.	Joana Beatriz Bernardo	99	112387	Fundacao Beatriz Santos	9:53.36	+0,93	544		21
	50m: 32.79	32.79	250m: 2:59.87	37.41	450m: 5:29.60	37.74	650m: 8:02.57	38.48	
	100m: 1:08.56	35.77	300m: 3:37.19	37.32	500m: 6:07.73	38.13	700m: 8:40.84	38.27	
	150m: 1:45.26	36.70	350m: 4:14.40	37.21	550m: 6:45.91	38.18	750m: 9:18.46	37.62	
	200m: 2:22.46	37.20	400m: 4:51.86	37.46	600m: 7:24.09	38.18	800m: 9:53.36	34.90	
2.	Barbara Sofia Lopes	98	110519	Estarreja	10:05.83	+0,95	511		19
	50m: 34.48	34.48	250m: 3:03.78	37.92	450m: 5:36.58	38.29	650m: 8:10.61	38.65	
	100m: 1:10.91	36.43	300m: 3:42.01	38.23	500m: 6:15.04	38.46	700m: 8:49.42	38.81	
	150m: 1:48.21	37.30	350m: 4:20.14	38.13	550m: 6:53.41	38.37	750m: 9:28.14	38.72	
	200m: 2:25.86	37.65	400m: 4:58.29	38.15	600m: 7:31.96	38.55	800m: 10:05.83	37.69	
3.	Joana Margarida Sousa	97	104510	Natacao de Valongo	10:09.42	+0,94	502		18
	50m: 35.37	35.37	250m: 3:08.92	38.57	450m: 5:41.57	37.65	650m: 8:15.89	37.93	
	100m: 1:12.89	37.52	300m: 3:47.41	38.49	500m: 6:19.87	38.30	700m: 8:53.93	38.04	
	150m: 1:51.59	38.70	350m: 4:25.65	38.24	550m: 6:59.43	39.56	750m: 9:32.34	38.41	
	200m: 2:30.35	38.76	400m: 5:03.92	38.27	600m: 7:37.96	38.53	800m: 10:09.42	37.08	
4.	Lucia Pedrosa Silva	98	107780	Freguesia de Paiao	10:09.89	+0,95	501		17
	50m: 32.47	32.47	250m: 3:06.48	38.93	450m: 5:41.97	38.57	650m: 8:16.95	38.51	
	100m: 1:09.69	37.22	300m: 3:45.12	38.64	500m: 6:20.53	38.56	700m: 8:55.21	38.26	
	150m: 1:48.27	38.58	350m: 4:23.41	38.29	550m: 6:59.75	39.22	750m: 9:33.56	38.35	
	200m: 2:27.55	39.28	400m: 5:03.40	39.99	600m: 7:38.44	38.69	800m: 10:09.89	36.33	
5.	M. Mascarenhas	97	107665	Naval Setubalense	10:14.38	+0,89	490		16
	50m: 31.87	31.87	250m: 3:01.71	38.85	450m: 5:39.11	39.53	650m: 8:18.04	39.63	
	100m: 1:07.24	35.37	300m: 3:40.82	39.11	500m: 6:19.21	40.10	700m: 8:57.43	39.39	
	150m: 1:44.69	37.45	350m: 4:20.15	39.33	550m: 6:58.84	39.63	750m: 9:36.24	38.81	
	200m: 2:22.86	38.17	400m: 4:59.58	39.43	600m: 7:38.41	39.57	800m: 10:14.38	38.14	
6.	Ana Sofia Filipe	95	26887	Nacional de Natacao	10:21.01	+0,91	474		15
	50m: 36.12	36.12	250m: 3:12.27	38.76	450m: 5:48.02	39.20	650m: 8:26.76	39.94	
	100m: 1:14.94	38.82	300m: 3:50.95	38.68	500m: 6:27.43	39.41	700m: 9:06.20	39.44	
	150m: 1:54.45	39.51	350m: 4:29.82	38.87	550m: 7:07.03	39.60	750m: 9:44.96	38.76	
	200m: 2:33.51	39.06	400m: 5:08.82	39.00	600m: 7:46.82	39.79	800m: 10:21.01	36.05	
7.	Ana Margarida Salgueiro	99	116616	Nautico de Abrantes	10:23.46	+1,02	469		14
	50m: 33.84	33.84	250m: 3:07.85	39.64	450m: 5:46.94	40.07	650m: 8:26.37	39.68	
	100m: 1:10.69	36.85	300m: 3:47.11	39.26	500m: 6:27.22	40.28	700m: 9:06.71	40.34	
	150m: 1:49.11	38.42	350m: 4:26.89	39.78	550m: 7:07.02	39.80	750m: 9:45.79	39.08	
	200m: 2:28.21	39.10	400m: 5:06.87	39.98	600m: 7:46.69	39.67	800m: 10:23.46	37.67	
8.	Maria Rachadell Pereira	98	104612	Portinado	10:25.44	+0,95	464		13
	50m: 32.42	32.42	250m: 3:07.09	39.56	450m: 5:47.51	40.04	650m: 8:27.78	40.09	
	100m: 1:09.44	37.02	300m: 3:46.55	39.46	500m: 6:27.64	40.13	700m: 9:07.77	39.99	
	150m: 1:48.19	38.75	350m: 4:26.95	40.40	550m: 7:07.66	40.02	750m: 9:47.49	39.72	
	200m: 2:27.53	39.34	400m: 5:07.47	40.52	600m: 7:47.69	40.03	800m: 10:25.44	37.95	
9.	Ana Carolina Monteiro	97	105518	BUZIOS-Coruche	10:30.49	+0,87	453		12
	50m: 36.14	36.14	250m: 3:12.37	39.35	450m: 5:51.95	40.19	650m: 8:34.25	40.67	
	100m: 1:14.46	38.32	300m: 3:51.89	39.52	500m: 6:31.78	39.83	700m: 9:14.55	40.30	
	150m: 1:53.58	39.12	350m: 4:31.97	40.08	550m: 7:11.97	40.19	750m: 9:54.25	39.70	
	200m: 2:33.02	39.44	400m: 5:11.76	39.79	600m: 7:53.58	41.61	800m: 10:30.49	36.24	

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Prova 13, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts	
10.	Ana Rita Mesquita	98	111875	Propaganda da Natacao	10:48.62	+0,88	416		11	
	50m: 37.09	37.09	250m:	3:17.89	40.93	450m:	6:02.14	41.11	650m: 8:48.01	41.55
	100m: 1:16.57	39.48	300m:	3:58.90	41.01	500m:	6:43.57	41.43	700m: 9:29.48	41.47
	150m: 1:56.61	40.04	350m:	4:40.04	41.14	550m:	7:24.79	41.22	750m: 10:10.94	41.46
	200m: 2:36.96	40.35	400m:	5:21.03	40.99	600m:	8:06.46	41.67	800m: 10:48.62	37.68
11.	Aline Moura Silva	99	111384	Bombeiros dos Estoris	10:55.18	+0,81	404		10	
	50m: 37.81	37.81	250m:	3:22.82	40.57	450m:	6:08.58	42.62	650m: 8:54.40	41.13
	100m: 1:18.99	41.18	300m:	4:03.51	40.69	500m:	6:50.48	41.90	700m: 9:35.55	41.15
	150m: 1:59.96	40.97	350m:	4:44.10	40.59	550m:	7:31.50	41.02	750m: 10:16.68	41.13
	200m: 2:42.25	42.29	400m:	5:25.96	41.86	600m:	8:13.27	41.77	800m: 10:55.18	38.50
12.	Maria Leonor Valente	00	108288	Fluvial Portuense	11:02.15	+0,87	391		9	
	50m: 36.84	36.84	250m:	3:24.38	41.41	450m:	6:12.32	41.91	650m: 9:00.79	41.78
	100m: 1:18.21	41.37	300m:	4:06.44	42.06	500m:	6:53.88	41.56	700m: 9:42.42	41.63
	150m: 2:00.48	42.27	350m:	4:48.65	42.21	550m:	7:36.28	42.40	750m: 10:23.32	40.90
	200m: 2:42.97	42.49	400m:	5:30.41	41.76	600m:	8:19.01	42.73	800m: 11:02.15	38.83
13.	Ines Carolina Malta	98	121815	Natacao de Vagos	11:04.41	+0,84	387		8	
	50m: 36.36	36.36	250m:	3:22.91	41.57	450m:	6:12.12	42.29	650m: 9:01.25	41.71
	100m: 1:18.17	41.81	300m:	4:05.23	42.32	500m:	6:54.51	42.39	700m: 9:42.64	41.39
	150m: 1:59.40	41.23	350m:	4:47.61	42.38	550m:	7:37.43	42.92	750m: 10:23.74	41.10
	200m: 2:41.34	41.94	400m:	5:29.83	42.22	600m:	8:19.54	42.11	800m: 11:04.41	40.67
14.	Ana Rita Correia	98	104558	Lousada SXXI	11:17.53	+0,92	365		7	
	50m: 36.62	36.62	250m:	3:24.54	43.00	450m:	6:17.93	43.93	650m: 9:11.36	43.73
	100m: 1:17.11	40.49	300m:	4:07.63	43.09	500m:	7:01.24	43.31	700m: 9:54.47	43.11
	150m: 1:58.72	41.61	350m:	4:50.71	43.08	550m:	7:43.96	42.72	750m: 10:37.16	42.69
	200m: 2:41.54	42.82	400m:	5:34.00	43.29	600m:	8:27.63	43.67	800m: 11:17.53	40.37
15.	Marcia Alexandra Sousa	97	111040	Penafiel	11:18.18	+0,86	364		6	
	50m: 36.05	36.05	250m:	3:22.77	42.80	450m:	6:16.67	43.74	650m: 9:11.29	43.49
	100m: 1:15.80	39.75	300m:	4:05.56	42.79	500m:	7:00.58	43.91	700m: 9:55.07	43.78
	150m: 1:57.24	41.44	350m:	4:48.96	43.40	550m:	7:44.18	43.60	750m: 10:38.26	43.19
	200m: 2:39.97	42.73	400m:	5:32.93	43.97	600m:	8:27.80	43.62	800m: 11:18.18	39.92
16.	Patricia Alexandra Jose	98	111736	Gualdim Pais	11:30.89	+0,96	344		5	
	50m: 37.31	37.31	250m:	3:28.83	44.11	450m:	6:24.07	43.38	650m: 9:22.49	46.17
	100m: 1:19.01	41.70	300m:	4:12.74	43.91	500m:	7:07.35	43.28	700m: 10:07.76	45.27
	150m: 2:02.13	43.12	350m:	4:57.31	44.57	550m:	7:51.18	43.83	750m: 10:50.33	42.57
	200m: 2:44.72	42.59	400m:	5:40.69	43.38	600m:	8:36.32	45.14	800m: 11:30.89	40.56
17.	Ana Luis Rodrigues	00	122578	Campinho	11:33.20	+1,09	341		4	
	50m: 37.29	37.29	250m:	3:32.38	44.74	450m:	6:30.44	44.94	650m: 9:28.28	43.90
	100m: 1:19.87	42.58	300m:	4:16.88	44.50	500m:	7:14.96	44.52	700m: 10:11.69	43.41
	150m: 2:03.54	43.67	350m:	5:00.98	44.10	550m:	7:59.71	44.75	750m: 10:53.10	41.41
	200m: 2:47.64	44.10	400m:	5:45.50	44.52	600m:	8:44.38	44.67	800m: 11:33.20	40.10
18.	Francisca Goncalves Abreu	96	25212	Elvense	11:35.12	+1,07	338		3	
	50m: 38.49	38.49	250m:	3:32.43	44.17	450m:	6:28.13	43.61	650m: 9:24.98	44.12
	100m: 1:20.47	41.98	300m:	4:16.55	44.12	500m:	7:12.26	44.13	700m: 10:09.01	44.03
	150m: 2:03.87	43.40	350m:	5:00.45	43.90	550m:	7:56.87	44.61	750m: 10:53.05	44.04
	200m: 2:48.26	44.39	400m:	5:44.52	44.07	600m:	8:40.86	43.99	800m: 11:35.12	42.07
19.	Andreia Catarina Jeronimo	98	117537	Natacao do Tejo	11:35.38	+0,80	338		2	
	50m: 35.47	35.47	250m:	3:26.20	43.55	450m:	6:23.09	44.58	650m: 9:25.36	45.33
	100m: 1:16.77	41.30	300m:	4:10.18	43.98	500m:	7:08.40	45.31	700m: 10:09.09	43.73
	150m: 1:59.42	42.65	350m:	4:54.63	44.45	550m:	7:54.81	46.41	750m: 10:53.23	44.14
	200m: 2:42.65	43.23	400m:	5:38.51	43.88	600m:	8:40.03	45.22	800m: 11:35.38	42.15
20.	Adriana Robalo Garcia	00	120668	Naval Praia da Vitoria	12:10.54	+0,89	291		1	
	50m: 39.96	39.96	250m:	3:47.41	46.97	450m:	6:53.14	46.36	650m: 9:57.37	45.65
	100m: 1:26.96	47.00	300m:	4:34.00	46.59	500m:	7:40.36	47.22	700m: 10:42.87	45.50
	150m: 2:13.70	46.74	350m:	5:20.31	46.31	550m:	8:26.13	45.77	750m: 11:27.35	44.48
	200m: 3:00.44	46.74	400m:	6:06.78	46.47	600m:	9:11.72	45.59	800m: 12:10.54	43.19