

XIV Campeonato Nacional Masters - OPEN Verão
Reguengos de Monsaraz, 29-6- - 1-7-2012

Prova 36 01-07-2012	Masc., 200m Costas				Master Esc A Resultados
RN A(25-29)	2:18.03	Fabio Manuel Pereira	CFV	Oeiras	03-07-2011

Pontos: DSV Masters 04

Lugar			Ano			Tempo final	Pts
1.	Alvaro Miguel Cardoso		84	Nadadores dos Estoris		2:39.93	477
	50m: 35.72 35.72	100m: 1:15.25	39.53	150m: 1:57.86	42.61	200m: 2:39.93	42.07

Prova 36 01-07-2012	Masc., 200m Costas				Master Esc B Resultados
RN B(30-34)	2:25.07	Miguel Malta Madeira	ESJB	Palma Maiorca (ESP)	06-07-2001

Pontos: DSV Masters 04

Lugar			Ano			Tempo final	Pts
1.	Bruno Emanuel Graca		82	Porto		2:28.16	621
	50m: 32.72 32.72	100m: 1:08.23	35.51	150m: 1:48.02	39.79	200m: 2:28.16	40.14
2.	Rui Manuel Pinto		79	Leixoes		2:44.24	456
	50m: 38.43 38.43	100m: 1:20.09	41.66	150m: 2:03.60	43.51	200m: 2:44.24	40.64
3.	Carlos Granadeiro Dias		81	Portinado		2:48.26	424
	50m: 38.92 38.92	100m: 1:21.01	42.09	150m: 2:04.82	43.81	200m: 2:48.26	43.44
4.	Jorge Jesus Bandeira		82	Ginasio Figueirense		2:50.93	404
	50m: 39.95 39.95	100m: 1:23.55	43.60	150m: 2:08.55	45.00	200m: 2:50.93	42.38

Prova 36 01-07-2012	Masc., 200m Costas				Master Esc C Resultados
RN C(35-39)	2:31.16	Rodolfo Pereira Nunes	GESP	Coimbra	20-06-2009

Pontos: DSV Masters 04

Lugar			Ano			Tempo final	Pts
1.	Nuno Filipe Laurentino		75	Alges		2:29.75	612
	<i>Rec Nac Esc C</i>						
	50m: 34.66 34.66	100m: 1:13.11	38.45	150m: 1:51.69	38.58	200m: 2:29.75	38.06
2.	Nuno Rogerio Santos		76	Nacional		2:50.96	411
	50m: 40.42 40.42	100m: 1:24.03	43.61	150m: 2:07.43	43.40	200m: 2:50.96	43.53
3.	Carlos Sobral Silva		77	Setubalense		2:58.25	363
	50m: 42.27 42.27	100m: 1:26.79	44.52	150m: 2:12.95	46.16	200m: 2:58.25	45.30
4.	Antonio Goarmon Costa		75	Nacional de Natacao		3:39.89	193
	50m: 52.82 52.82	100m: 1:48.55	55.73	150m: 2:47.16	58.61	200m: 3:39.89	52.73

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Prova 36 Masc., 200m Costas Master Esc D
01-07-2012 Resultados

RN D(40-44) 2:31.23 Jorge Eduardo Faria SAD Faro 01-06-2008

Pontos: DSV Masters 04

Lugar	Ano	Tempo final	Pts
1. Paulo Alexandre Sousa 50m: 44.02 44.02 100m: 1:30.12 46.10 150m: 2:17.65 47.53 200m: 3:04.19 46.54	72 O2-Portimao	3:04.19	398
2. Joao Miguel Faria 50m: 43.53 43.53 100m: 1:30.92 47.39 150m: 2:20.65 49.73 200m: 3:04.85 44.20	71 Leixoes	3:04.85	393
DNS Carlos Guimaraes Goncalves	70 Fluvial Portuense		

Prova 36 Masc., 200m Costas Master Esc E
01-07-2012 Resultados

RN E(45-49) 2:22.03 Jorge Viegas Faria SAD Cádiz (ESP) 18-09-2009

Pontos: DSV Masters 04

Lugar	Ano	Tempo final	Pts
1. Paulo Jorge Ferreira 50m: 47.78 47.78 100m: 1:41.35 53.57 150m: 2:36.97 55.62 200m: 3:30.36 53.39	67 Pimpoes/Cimai	3:30.36	300
2. Juan Luis Silva 50m: 49.10 49.10 100m: 1:43.51 54.41 150m: 2:39.14 55.63 200m: 3:32.42 53.28	63 Masters de Almada	3:32.42	292
3. Adriano Manuel Barradas 50m: 1:01.98 1:01.98 100m: 2:07.00 1:05.02 150m: 3:18.52 1:11.52 200m: 4:21.21 1:02.69	65 Millennium BCP	4:21.21	157

Prova 36 Masc., 200m Costas Master Esc F
01-07-2012 Resultados

RN F(50-54) 3:04.48 Luis Cavaleiro Madeira CFB Reguengos de Monsaraz 03-07-2010

Pontos: DSV Masters 04

Lugar	Ano	Tempo final	Pts
1. Paulo Paula Carvalho <i>Rec Nac Esc F</i> 50m: 38.81 38.81 100m: 1:21.50 42.69 150m: 2:03.81 42.31 200m: 2:43.26 39.45	61 Uniao Piedense	2:43.26	759
2. Antonio Costa Raposo 50m: 52.36 52.36 100m: 1:48.16 55.80 150m: 2:44.06 55.90 200m: 3:34.77 50.71	58 Portinado	3:34.77	333
3. Francisco Jorge Ferreira 50m: 50.70 50.70 100m: 1:47.33 56.63 150m: 2:45.90 58.57 200m: 3:40.72 54.82	62 Academica de Coimbra	3:40.72	307
4. Pedro Militao Fernandes 50m: 54.80 54.80 100m: 1:52.73 57.93 150m: 2:51.06 58.33 200m: 3:45.20 54.14	61 Academica de Coimbra	3:45.20	289

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Prova 36, Masc., 200m Costas

Prova 36 Masc., 200m Costas Master Esc G
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RN G(55-59) 3:03.25 Vitor Manuel Mavioso SAD Oeiras 03-07-2011

Pontos: DSV Masters 04

Lugar	Ano	Tempo final	Pts
1. Ricardo Jorge Osorio	56 Gespacos	4:00.38	245
50m: 57.86 57.86	100m: 1:58.47 1:00.61	150m: 2:59.81 1:01.34	200m: 4:00.38 1:00.57
2. Hugo Francisco Figueiredo	53 Academica de Coimbra	4:01.80	241
50m: 57.62 57.62	100m: 1:59.58 1:01.96	150m: 3:03.65 1:04.07	200m: 4:01.80 58.15

Prova 36 Masc., 200m Costas Master Esc H
01-07-2012 Resultados

RN H(60-64) 3:28.27 Antonio Cruz Meyrelles CFB Coimbra 20-06-2009

Pontos: DSV Masters 04

Lugar	Ano	Tempo final	Pts
1. Domingos Pinto Coelho	52 Alges	4:40.39	192
50m: 1:04.28 1:04.28	100m: 2:16.07 1:11.79	150m: 3:31.78 1:15.71	200m: 4:40.39 1:08.61
2. Walter Emunds	52 Portinado	4:49.19	175
50m: 1:08.78 1:08.78	100m: 2:23.24 1:14.46	150m: 3:40.00 1:16.76	200m: 4:49.19 1:09.19

Prova 36 Masc., 200m Costas Master Esc I
01-07-2012 Resultados

RN I(65-69) 3:09.42 Antonio Bessone Basto SAD Oeiras 03-07-2011

Pontos: DSV Masters 04

Lugar	Ano	Tempo final	Pts
1. Antonio Bessone Basto	45 Alges	3:13.08	738
50m: 46.82 46.82	100m: 1:36.04 49.22	150m: 2:26.09 50.05	200m: 3:13.08 46.99
2. Joaquim Fidalgo Freitas	47 Academica de Coimbra	4:12.83	329
50m: 58.59 58.59	100m: 2:03.14 1:04.55	150m: 3:10.38 1:07.24	200m: 4:12.83 1:02.45

Prova 36 Masc., 200m Costas Master Esc K
01-07-2012 Resultados

RN K(75-79) 59:00.00

Pontos: DSV Masters 04

Lugar	Ano	Tempo final	Pts
1. Joao Rodrigues Teixeira	37 Academica de Coimbra	4:41.43	297
<i>Rec Nac Esc K</i>			
50m: 1:07.23 1:07.23	100m: 2:20.59 1:13.36	150m: 3:31.74 1:11.15	200m: 4:41.43 1:09.69