

VI OPEN Inverno de Masters  
Tomar, 28- - 29-1-2012

| Prova 20          | Masc., 200m Livres |                         |       |              | 25 - 89 anos |
|-------------------|--------------------|-------------------------|-------|--------------|--------------|
| 29-01-2012 - 9:55 |                    |                         |       |              | Resultados   |
| RN Esc A(25-29)   | 1:57.11            | David Oliveira Gorgulho | CNLA  | Torres Novas | 01-02-2009   |
| RN Esc B(30-34)   | 1:54.54            | Pedro Miguel Silva      | CFV   | Cantanhede   | 26-05-2007   |
| RN Esc C(35-39)   | 1:54.01            | Pedro Miguel Silva      | CFV   | Ponte de Sor | 30-01-2011   |
| RN Esc D(40-44)   | 2:04.25            | Jorge Eduardo Faria     | ANE   | Inatel       | 14-04-2007   |
| RN Esc E(45-49)   | 2:03.77            | Jorge Eduardo Faria     | ANE   | Lisboa       | 17-04-2010   |
| RN Esc F(50-54)   | 2:11.76            | Paulo Paula Carvalho    | SFUAP | Ponte de Sor | 30-01-2011   |
| RN Esc G(55-59)   | 2:28.47            | Vitor Manuel Mavioso    | SAD   | Ponte de Sor | 30-01-2011   |
| RN Esc H(60-64)   | 2:38.58            | Stephen Thomas Dyson    | CFB   | Torres Novas | 01-02-2009   |
| RN Esc I(65-69)   | 2:36.83            | Antonio Bessone Basto   | SAD   | Lisboa       | 27-02-2011   |
| RN Esc J(70-74)   | 3:17.51            | Leonel Sousa Gomes      | SAD   | Inatel       | 08-04-2000   |
| RN Esc K(75-79)   | 3:34.50            | Leonel Sousa Gomes      | SFP   | Pedrolha     | 23-01-2005   |
| RN Esc L(80-84)   | 3:55.06            | Leonel Sousa Gomes      | AAC   | Ponte de Sor | 30-01-2011   |
| RN Esc M(85-89)   | 59:00.00           |                         |       |              |              |

| Lugar        | Ano                     |    | Tempo final               | 50m     | 100m  | 150m  | 200m  |       |
|--------------|-------------------------|----|---------------------------|---------|-------|-------|-------|-------|
| Master Esc A |                         |    |                           |         |       |       |       |       |
| 1.           | Alexandre Miguel Mendes | 86 | Estrelas S. Joao de Brito | 2:03.53 | 29.00 | 31.15 | 31.72 | 31.66 |
| 2.           | Sergio Miguel Manso     | 84 | Funcao Publica            | 2:22.12 | 33.56 | 37.20 | 36.33 | 35.03 |
| 3.           | Luis Carlos Pinto       | 83 | Ginasio de Vila Real      | 2:24.03 | 33.38 | 36.69 | 36.70 | 37.26 |
| 4.           | Paulo Jorge Marques     | 86 | Gualdim Pais              | 2:27.23 | 33.86 | 37.63 | 38.76 | 36.98 |
| 5.           | Renato Augusto Oliveira | 85 | Vitoria de Guimaraes      | 2:48.10 | 38.12 | 42.01 | 43.88 | 44.09 |
| 6.           | Francisco Miguel Gaspar | 83 | Gualdim Pais              | 3:00.32 | 34.42 | 40.74 | 52.95 | 52.21 |

| Master Esc B |                        |    |                      |         |       |       |       |       |
|--------------|------------------------|----|----------------------|---------|-------|-------|-------|-------|
| 1.           | Nuno Jose Vicente      | 78 | Torres Novas         | 2:02.66 | 28.79 | 31.20 | 31.56 | 31.11 |
| 2.           | Ivan Mauricio Couras   | 81 | Fluvial Portuense    | 2:08.22 | 29.61 | 32.45 | 32.76 | 33.40 |
| 3.           | Miguel Costa Carvalho  | 82 | Academica de Coimbra | 2:20.58 | 33.56 | 36.07 | 35.85 | 35.10 |
| 4.           | Tiago Goncalo Ribeiro  | 80 | Pimpoes/Cimai        | 2:21.50 | 32.49 | 35.52 | 36.76 | 36.73 |
| 5.           | Joao Franca Alves      | 80 | Galitos              | 2:22.27 | 32.75 | 37.05 | 38.09 | 34.38 |
| 6.           | Nelson Palma Mestre    | 80 | Academica de Coimbra | 2:23.17 | 32.49 | 36.06 | 37.83 | 36.79 |
| 7.           | Paulo Adao Coelho      | 78 | Leixoes              | 2:25.12 | 33.30 | 36.33 | 37.84 | 37.65 |
| 8.           | Agostinho Alberto Rego | 82 | Vitoria de Guimaraes | 2:37.34 | 36.74 | 40.03 | 40.91 | 39.66 |
| 9.           | Daniel Jorge Reis      | 81 | Natacao da Maia      | 2:46.23 | 36.22 | 40.97 | 43.74 | 45.30 |
| 10.          | Pedro Teixeira Pereira | 80 | Natacao da Maia      | 2:49.26 | 34.51 | 41.05 | 47.10 | 46.60 |

| Master Esc C |                           |    |                     |         |       |       |       |       |
|--------------|---------------------------|----|---------------------|---------|-------|-------|-------|-------|
| 1.           | Sergio David Silva        | 73 | Natacao da Maia     | 2:18.96 | 31.06 | 34.17 | 36.95 | 36.78 |
| 2.           | Alexandre Marques Pereira | 76 | Colegio Monte Maior | 2:27.97 | 34.82 | 36.91 | 37.94 | 38.30 |
| 3.           | Antonio Goarmon Costa     | 75 | Nacional de Natacao | 2:41.11 | 35.97 | 39.83 | 42.34 | 42.97 |
| 4.           | Nuno Andre Ramalhao       | 73 | Gespacos            | 2:43.14 | 36.67 | 40.59 | 44.12 | 41.76 |
| 5.           | Nuno Cristiano Pereira    | 73 | Leixoes             | 2:45.81 | 36.90 | 40.29 | 43.29 | 45.33 |
| 6.           | Joao Antonio Gomes        | 75 | Leixoes             | 3:06.42 | 40.57 | 46.24 | 50.01 | 49.60 |

| Master Esc D |                            |    |                      |         |       |       |       |       |
|--------------|----------------------------|----|----------------------|---------|-------|-------|-------|-------|
| 1.           | Americo Pedro Goncalves    | 71 | Galitos              | 2:17.83 | 31.04 | 34.66 | 35.75 | 36.38 |
| 2.           | Carlos Guimaraes Goncalves | 70 | Fluvial Portuense    | 2:22.32 | 32.32 | 35.24 | 36.65 | 38.11 |
| 3.           | Joao Nuno Barreto          | 71 | Academica de Coimbra | 2:23.65 | 33.66 | 37.47 | 36.75 | 35.77 |
| 4.           | Francisco Santos Barros    | 72 | Colegio Monte Maior  | 2:36.73 | 34.98 | 38.56 | 41.59 | 41.60 |
| 5.           | Vitor Santos Teixeira      | 71 | Galitos              | 2:43.74 | 36.68 | 39.86 | 44.21 | 42.99 |
| 6.           | Nuno Filipe Barros         | 71 | Natacao da Maia      | 2:51.35 | 36.83 | 42.45 | 46.13 | 45.94 |

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| Lugar | Ano |                              | Tempo final    | 50m   | 100m    | 150m    | 200m    |
|-------|-----|------------------------------|----------------|-------|---------|---------|---------|
| 7.    | 70  | Jose Manuel Brandao          | <b>2:56.46</b> | 40.03 | 43.50   | 46.66   | 46.27   |
| 8.    | 70  | Paulo Jorge Reis             | <b>2:57.25</b> | 39.29 | 44.22   | 47.14   | 46.60   |
| 9.    | 69  | Antonio Manuel Santinha      | <b>2:59.79</b> | 40.41 | 45.97   | 47.56   | 45.85   |
| 10.   | 69  | Francisco Goncalves Malheiro | <b>3:11.76</b> | 40.63 | 47.97   | 51.13   | 52.03   |
| 11.   | 72  | Antonio Humberto Goncalves   | <b>3:23.08</b> | 42.01 | 50.50   | 56.38   | 54.19   |
| 12.   | 72  | Augusto Mariano Soares       | <b>3:55.25</b> | 49.81 | 1:00.36 | 1:04.49 | 1:00.59 |

Master Esc E

|    |    |                          |                |       |       |       |       |
|----|----|--------------------------|----------------|-------|-------|-------|-------|
| 1. | 67 | Pedro Alexandre Fernando | <b>2:21.79</b> | 33.49 | 36.42 | 36.41 | 35.47 |
| 2. | 65 | Jose Samuel Duarte       | <b>2:25.70</b> | 34.37 | 36.96 | 36.98 | 37.39 |
| 3. | 65 | Fernando Antonio Xavier  | <b>2:29.45</b> | 31.72 | 37.53 | 39.83 | 40.37 |
| 4. | 64 | Ralf Pinto Soares        | <b>2:35.86</b> | 36.32 | 39.41 | 39.82 | 40.31 |
| 5. | 63 | Armando Joao Costa       | <b>2:38.05</b> | 35.84 | 41.46 | 41.42 | 39.33 |
| 6. | 66 | Paulo Alexandre Neves    | <b>2:45.44</b> | 38.98 | 41.33 | 43.57 | 41.56 |
| 7. | 64 | Emanuel Araujo Marques   | <b>3:05.82</b> | 40.79 | 45.77 | 49.29 | 49.97 |
| 8. | 64 | Rui Manuel Velez         | <b>3:09.46</b> | 40.80 | 45.98 | 50.49 | 52.19 |
| 9. | 64 | Fernando Manuel Serra    | <b>3:12.97</b> | 42.61 | 48.19 | 51.03 | 51.14 |

Master Esc F

|    |    |                       |                |       |       |       |       |
|----|----|-----------------------|----------------|-------|-------|-------|-------|
| 1. | 61 | Paulo Paula Carvalho  | <b>2:14.85</b> | 31.94 | 34.59 | 34.26 | 34.06 |
| 2. | 61 | Jaime Carlos Bento    | <b>2:18.62</b> | 31.53 | 34.76 | 36.17 | 36.16 |
| 3. | 58 | Jose Manuel Vieira    | <b>2:40.43</b> | 36.28 | 40.44 | 42.72 | 40.99 |
| 4. | 58 | Antonio Costa Raposo  | <b>2:57.04</b> | 40.13 | 44.35 | 46.69 | 45.87 |
| 5. | 60 | Antonio Coelho Moura  | <b>2:58.81</b> | 40.81 | 43.92 | 47.07 | 47.01 |
| 6. | 58 | Teofilo Manuel Relvas | <b>3:05.81</b> | 40.19 | 46.85 | 50.44 | 48.33 |

Master Esc G

|    |    |                       |                |       |       |         |       |
|----|----|-----------------------|----------------|-------|-------|---------|-------|
| 1. | 56 | Vitor Manuel Mavioso  | <b>2:28.10</b> | 32.88 | 36.40 | 39.01   | 39.81 |
|    |    | <i>Rec Nac Cat G</i>  |                |       |       |         |       |
| 2. | 57 | Mario Jose Pinto      | <b>2:35.60</b> | 35.77 | 38.83 | 41.58   | 39.42 |
| 3. | 55 | Carlos Alberto Serra  | <b>2:40.46</b> | 36.86 | 40.44 | 41.43   | 41.73 |
| 4. | 53 | Fernando Manuel Damas | <b>3:18.91</b> | 45.78 | 49.97 | 52.20   | 50.96 |
| 5. | 53 | Jose Carlos Neto      | <b>3:42.85</b> | 48.41 | 54.90 | 1:00.41 | 59.13 |

Master Esc H

|    |    |                        |                |       |       |         |         |
|----|----|------------------------|----------------|-------|-------|---------|---------|
| 1. | 51 | Antonio Manuel Tavares | <b>3:20.16</b> | 46.21 | 50.71 | 52.25   | 50.99   |
| 2. | 50 | Daniel Sobral Rabiais  | <b>3:53.53</b> | 47.38 | 57.17 | 1:04.04 | 1:04.94 |

Master Esc I

|    |    |                        |                |       |         |         |       |
|----|----|------------------------|----------------|-------|---------|---------|-------|
| 1. | 45 | Luis Vidigal Salgueiro | <b>3:02.29</b> | 39.72 | 45.16   | 47.90   | 49.51 |
| 2. | 46 | Jose Joaquim Marreiros | <b>3:50.61</b> | 52.04 | 1:01.14 | 1:00.84 | 56.59 |