

VI OPEN Inverno de Masters  
Tomar, 28- - 29-1-2012

Prova 11	Femin., 200m Estilos				25 - 89 anos
28-01-2012 - 16:40					Resultados
RN Esc A(25-29)	2:37.10	Andreia Silva Silva	CNMAL	Inatel	16-02-2008
RN Esc B(30-34)	2:30.47	Ana Paula Grilo	UDCA	Coimbra	12-07-2003
RN Esc C(35-39)	2:27.95	Ana Paula Grilo	UDCA	Inatel	04-02-2006
RN Esc D(40-44)	2:36.50	Ana Paula Grilo	INDALEN	Sines	08-01-2011
RN Esc E(45-49)	2:44.20	Maria Helena Carmo	CNCVG	Ponte de Sor	29-01-2011
RN Esc F(50-54)	3:29.49	Maria Teresa Oliveira	AAC	Cantanhede	26-05-2007
RN Esc G(55-59)	3:27.45	Ana Maria Ferreira	INATEL	Blumenau (BRA)	28-02-2007
RN Esc H(60-64)	3:23.52	Ana Maria Ferreira	SAD	Lisboa	26-02-2011
RN Esc I(65-69)	59:00.00				
RN Esc J(70-74)	59:00.00				
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Lugar	Ano		Tempo final	50m	100m	150m	200m
<b>Master Esc A</b>							
1.	86	Carolina Santos Silva <i>Rec Nac Cat A</i>	<b>2:33.61</b>	32.12	41.24	44.95	35.30
2.	83	Joana Margarida Gaspar	<b>2:57.72</b>	35.25	43.64	53.76	45.07
3.	83	Catarina Vidreiro Fernandes	<b>3:04.67</b>	40.83	49.40	53.54	40.90
<b>Master Esc B</b>							
1.	80	Joana Merca Saraiva	<b>3:19.47</b>	45.76	49.89	55.35	48.47
2.	81	Diana Margarida Jacinto	<b>3:25.15</b>	47.68	56.34	54.33	46.80
<b>Master Esc C</b>							
1.	74	Maria Luisa Costa	<b>2:43.79</b>	33.75	42.34	48.65	39.05
2.	77	Sara Mendonca Graca	<b>3:07.99</b>	36.99	49.74	57.18	44.08
3.	77	Patricia Vanessa Rossetto	<b>3:30.38</b>	46.82	59.86	57.12	46.58
<b>Master Esc D</b>							
1.	72	Sandra Lurdes Diogo	<b>3:05.63</b>	37.41	49.25	55.65	43.32
2.	68	Maria Manuela Sequeira	<b>3:20.61</b>	44.64	53.32	54.55	48.10
3.	71	Cristina Fernandes Silva	<b>3:51.13</b>	52.90	1:01.50	1:03.56	53.17
4.	72	Fernanda Maria Santinha	<b>3:51.89</b>	57.84	1:02.95	59.41	51.69
<b>Master Esc F</b>							
1.	61	Elena Nikolaevna Kraeva <i>Rec Nac Cat F</i>	<b>2:59.74</b>	41.04	42.91	53.04	42.75
2.	62	Wanda Maria Giau	<b>3:57.76</b>	53.16	1:03.06	1:05.36	56.18
<b>Master Esc G</b>							
1.	54	Luisa Maria Pintao	<b>3:42.91</b>	54.31	1:00.42	1:00.37	47.81
2.	55	Maria Margarida Torres	<b>4:09.93</b>	59.78	1:08.84	1:02.51	58.80