

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 26.7. - 29.7.2012

Event 15 Men, 400m Medley Open
27-07-2012 - 9:00 Startlist Prelim

Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Inf B	4:59.28	Tomas Miguel Freitas	CDN	Restelo	25-07-2003
Rec Nac Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Rec Nac Juv B	4:40.16	Diogo Filipe Carvalho	CGA	Lisboa	17-05-2003
Rec Nac Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004
Rec Nac Jun	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Rec Nac Sen	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009

TAC SEN Masc Sen: 4:50.00 / TAC JUN2 Masc 18: 4:50.00 / TAC JUN1 Masc 17: 4:56.00 / TAC JUV A Masc Juv A: 5:08.00 /
TAC JUV B Masc Juv B: 5:17.00

Pista	Nome	YB	Clube	Tp inscrição	
Heat 1 of 8					
1	Afonso Miguel Lamy	97	Amadora	5:16.95	___:___:___
2	Luis Pedro Silva	97	Nautico de Coimbra	5:14.70	___:___:___
3	Bruno Miguel Ramos	97	Amadora	5:13.94	___:___:___
4	Joao Andre Gomes	97	Alcobaca	5:13.34	___:___:___
5	Pedro Miguel Rodrigues	97	Alcobaca	5:13.71	___:___:___
6	David Emanuel Martins	97	Braga	5:14.18	___:___:___
7	Andre Resende Pinheiro	97	Porto	5:15.15	___:___:___
8	Carlos Braganca Castro	97	Naval de Ponta Delgada	5:17.00	___:___:___

Heat 2 of 8					
0	Tiago Rafael Martins	97	Geslours	5:12.88	___:___:___
1	Joao Miguel Cardoso	97	Geslours	5:10.99	___:___:___
2	Joao Luis Travanca	97	Porto	5:09.66	___:___:___
3	Jorge Miguel Nunes	97	Porto	5:08.98	___:___:___
4	Marco Andre Fernandes	97	Gespacos	5:08.26	___:___:___
5	Jose Ricardo Sousa	97	Lousada SXXI	5:08.48	___:___:___
6	Jose Eduardo Felicio	97	Rio Maior	5:09.62	___:___:___
7	Paulo Filipe Miranda	97	Fafe	5:10.70	___:___:___
8	Rodrigo Carlos Albuquerque	97	Braga	5:12.51	___:___:___
9	Alexandre Miguel Laureano	97	Alcobaca	5:13.30	___:___:___

Heat 3 of 8					
0	Leonardo Peralta Reis	96	Benedita	5:06.48	___:___:___
1	Tomas Riso Fernandes	96	Colegio Vasco da Gama	5:05.47	___:___:___
2	Miguel Rocha Costa	97	Geslours	5:05.19	___:___:___
3	Andre Coelho Oliveira	96	Vitoria de Guimaraes	5:04.56	___:___:___
4	Artur Jose Reis	96	Porto	5:03.73	___:___:___
5	Nuno Leal Horta	97	Louletano/Loule Concelho	5:03.96	___:___:___
6	Pedro Alexandre Oliveira	96	Nautico da Marinha Grande	5:04.61	___:___:___
7	Diogo Miguel Nelas	97	Braga	5:05.38	___:___:___
8	Francisco Gouveia Sousa	96	Naval do Funchal	5:06.20	___:___:___
9	Jose Miguel Santos	97	Nautico de Coimbra	5:07.54	___:___:___

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Heat 4 of 8

0	Jose Pedro Bugalho	96	Alcobaca	5:03.17	___:___:___
1	Bruno Miguel Rainho	96	Gesloures	5:02.79	___:___:___
2	Gil Silva Santos	96	Gespacos	5:01.98	___:___:___
3	Guilherme Miguel Teixeira	97	Benfica	5:01.30	___:___:___
4	Vitor Joao Pereira	97	Leixoes	5:00.63	___:___:___
5	Leonardo Cardoso Figueiredo	96	Natacao da Maia	5:01.27	___:___:___
6	Eduardo Salgado Ramos	97	Porto	5:01.30	___:___:___
7	Luis Carlos Oliveira	97	Natacao da Maia	5:02.07	___:___:___
8	Frederico Sousa Soares	96	Bombeiros dos Estoris	5:03.10	___:___:___
9	Andre Antunes Carvalho	96	Colegio Monte Maior	5:03.36	___:___:___

Heat 5 of 8

0	Miguel Monteiro Cruchinho	97	Sporting	5:00.30	___:___:___
1	Pedro Ribeiro Santos	96	Academico Viseu	4:58.44	___:___:___
2	Joao Pedro Neves	96	Aminata	4:57.42	___:___:___
3	Pedro Veiguinha Martins	96	Braga	4:56.20	___:___:___
4	Vincenzo D'egidio	96	CN Lucano Savigi - PZ	4:54.58	___:___:___
5	Joao Miguel Costa	95	Vilacondense	4:55.22	___:___:___
6	Gabriel Jose Lopes	97	Lousanense	4:56.22	___:___:___
7	Paulo Andre Silva	96	Vilacondense	4:57.61	___:___:___
8	Joao Miguel Lopes	96	Electrico	4:59.96	___:___:___
9	Tiago Martim Alves	97	Desportiva de Viana	5:00.55	___:___:___

Heat 6 of 8

0	Miguel Bras Sergio	95	Bombeiros dos Estoris	4:52.50	___:___:___
1	Renato Filipe Nascimento	94	Louletano/Loule Concelho	4:49.61	___:___:___
2	Miguel Monteiro Diogo	93	Nautico de Coimbra	4:46.16	___:___:___
3	Paulo Andre Dias	92	Gespacos	4:40.37	___:___:___
4	Simon Frank	90	Sweden	4:28.00	___:___:___
5	Yannick Chatelain	94	Languedoc Roussillon	4:35.76	___:___:___
6	Jose Luis Gabriel	96	Academico Viseu	4:43.79	___:___:___
7	Rafael Filipe Nunes	96	Naval Amorense	4:47.43	___:___:___
8	Eduardo Filipe Carvalho	97	SCC/Oryzon Energias	4:50.42	___:___:___
9	Joao Pedro Santos	95	Estarreja	4:54.33	___:___:___

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Heat 7 of 8

0	Mauro Filipe Viegas	95	Natacao de Olhao	4:52.15	___:___:___
1	Tomas Miguel Freitas	90	Desportivo Nacional	4:49.42	___:___:___
2	Joao Andre Neves	95	Academica de Coimbra	4:45.80	___:___:___
3	Rui Filipe Vilar	91	Porto	4:39.29	___:___:___
4	Lorenzo Tarocchi	95	Team N.Tos Empoli	4:26.90	___:___:___
5	Andre Bras Goncalves	88	Amadora	4:35.48	___:___:___
6	Pedro Andre Santos	94	Alges	4:43.09	___:___:___
7	Alexandre Adobati	90	Selection Haute Marne	4:47.16	___:___:___
8	Simon Baumann	90	Ile de France	4:50.00	___:___:___
9	Andre Machado Vale	95	Viana Natacao	4:54.16	___:___:___

Heat 8 of 8

0	Diogo Miguel Silva	95	Uniao Piedense	4:51.52	___:___:___
1	Jorge Miguel Carmo	90	Colegio Vasco da Gama	4:47.98	___:___:___
2	Andre Duarte Vaz	93	Nautico de Coimbra	4:44.17	___:___:___
3	Ruben Filipe Nunes	94	Gespacos	4:38.15	___:___:___
4	Arnaud Rondan	88	Languedoc Roussillon	4:20.48	___:___:___
5	Nuno Rafael Alves	90	Gespacos	4:32.81	___:___:___
6	Pedro Barros Mendes	94	Academica de Coimbra	4:41.99	___:___:___
7	Joao Pedro Gil	97	Naval Amorense	4:47.05	___:___:___
8	Mario Rui Cruz	94	Amadora	4:49.93	___:___:___
9	Joao Miguel Ferreira	97	Foca	4:54.08	___:___:___